# Heat rectification, heat fluxes, and spectral matching 

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#### Abstract

Heat rectifiers would facilitate energy management operations such as cooling or energy harvesting, but devices of practical interest are still missing. Understanding heat rectification at a fundamental level is key to helping us find or design such devices. The match or mismatch of the phonon band spectrum of device segments for forward or reverse temperature bias of the thermal baths at device boundaries was proposed as the mechanism behind rectification. However, no explicit theoretical relation derived from first principles had been found so far between heat fluxes and spectral matching. We study heat rectification in a minimalistic chain of two coupled ions. The fluxes and rectification can be calculated analytically. We propose a definition of the matching that sets an upper bound for the heat flux. In a regime where the device rectifies optimally, matching and flux ratios for forward and reverse configurations are found to be proportional. The results can be extended to a system of $N$ particles in arbitrary traps with nearest-neighbor linear interactions.


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## I. INTRODUCTION

Heat rectification is a phenomenon in which the thermal energy that flows through a device between two reservoirs depends on the sign of their temperature bias [1-3]. Thus, an ideal heat rectifier or thermal diode would let heat flow only in one direction, for the "forward bias," and act as an insulator for the "reverse bias" configuration with the bath temperatures exchanged. Such devices would serve for different energy management and thermal control operations, such as energy harvesting, refrigeration, or to implement thermalbased transistors, logic gates, and logic circuits [2,4,5]. Proposed physical platforms for their applications go from the macroscale [1] to the microscale, for example, in nanostructures [6], trapped ions [7,8], or molecular systems [9-12].

The first experimental observations of this interesting phenomenon were due to Starr in 1936 [13]. Since then, much work has been done, but we are far from achieving useful devices $[3,14]$ in spite of the exploration of many different factors such as surface roughness or flatness at material contacts [1], thermal potential barriers [15], temperature dependence of thermal conductivity between different materials [16], nanostructured asymmetry (i.e., mass-loaded nanotubes, asymmetric geometries in nanostructures, nanos-

[^0]tructured interfaces) [17], anharmonic lattices [18,19], graded materials [20], long-range interactions [21], localized impurities [22,23], or quantum effects [3,24]. For a more extensive list of references, see the following reviews: Refs. [1-3,6].

Theoretical work started with Terraneo et al. [18]. They showed thermal rectification in a segmented chain of coupled nonlinear oscillators in contact with two thermal baths at different temperatures. The heat rectification was understood as a consequence of the match or mismatch of the phonon spectra of the different segments of the one-dimensional chain when changing the temperature bias $[2,18,25,26]$. The different dependencies of the segments' spectra, with respect to temperature, implied conduction or isolation for the forward or the reverse bias. Li et al. [25], to describe the efficiency of the rectifier, analyzed the ratio of heat fluxes $|J / \tilde{J}|$ between the forward, $J$, and reverse, $\tilde{J}$, configurations. They found numerically, for their coupled nonlinear lattices model, a logarithmic relation between this ratio and the ratio of the degrees of overlap, $|J / \tilde{J}| \sim(\mathcal{S} / \tilde{\mathcal{S}})^{\delta}$, with $\mathcal{S}$ and $\tilde{\mathcal{S}}$ being measures of the phonon-band overlap in the forward and reverse configurations. Yet this relation was not inferred from first principles. A theoretical connection between flux and matching, beyond the numerical findings, has been missing.

Nonlinear forces in the chain result in a temperature dependence of the phonon bands or power spectrum densities, possibly leading to rectification. However Pereira [27] pointed out that nonlinear forces are not a necessary condition for rectification, which only needs some structural asymmetry and a temperature dependence of some system parameters to


FIG. 1. Scheme of the model described in Sec. II. Each mass $m_{i}$ is at temperature $\tau_{i}(i=L$ and $R$ is the generic index for "left" or "right"), trapped by a harmonic potential, and connected to a thermal bath at temperature $T_{i}$ and friction coefficient $\gamma_{i}$. The masses interact by a harmonic potential with each other.
occur. Indeed, the linear regime (i.e., harmonic interactions) is quite natural and realistic in some systems, such as trapped ions. Heat transport in trapped ion chains has been studied in several works [28-31]. Simón et al. [7,8] proposed trapped ions as an experimentally feasible setting for heat rectification. They numerically demonstrated heat rectification first for linear chains of ions with graded trapping frequencies [7], and later they demonstrated heat rectification in a minimalistic two-ion model [8]. For two trapped ions the asymmetry may be provided by different species and the effective baths are implemented by Doppler cooling lasers that imply a temperature dependence of the couplings. The model is also quite interesting because the analytical treatment of several quantities, such as the flux, allows us to find optimal rectification conditions [8]. Moreover trapped ions constitute a well-developed and tested architecture for fundamental research, quantum information processing, and quantum technologies such as detectors or metrology. This architecture is, in principle, scalable in driven ion circuits (see, e.g., Refs. [32]). Controllable heat rectification in this context would be a useful asset for energy management in trapped-ion-based technologies.

In this paper we find, for the two-ion linear ion chain, that a properly defined matching of the phononic spectra is an upper bound for the thermal flux. In Sec. II, we provide an overview of the model. In Sec. III, we find a general relation between the thermal flux and the matching of the spectral densities. In Sec. IV, matching and the flux are compared numerically. Finally, in Sec. V, we present the conclusions and a generalization.

## II. PHYSICAL MODEL

The minimalistic two-ion model describes two ions in individual traps subjected to Doppler cooling lasers [8] and a mutual Coulomb interaction (see Fig. 1). In the small-oscillations regime, which is realistic for ions in multisegmented Paul traps, the model boils down mathematically to two harmonically coupled masses: $m_{L}$ and $m_{R}$ (the subscripts refer to left and right and, when needed, will be described generically by the index $i=R$ and $L$ ). Each mass is confined into a harmonic potential with spring constants $k_{L}$ and $k_{R}$ respectively, and in contact with thermal baths at different temperatures, $T_{L}$ and $T_{R}$. The two masses are coupled through a spring with constant $k$ [8]. $x_{L}$ is the position of mass $m_{L}$, and $x_{R}$ is the position of mass $m_{R}$.

Without any coupling to the baths the system Hamiltonian is

$$
\begin{equation*}
H=\frac{p_{L}^{2}}{2 m_{L}}+\frac{p_{R}^{2}}{2 m_{R}}+V\left(x_{L}, x_{R}\right) \tag{1}
\end{equation*}
$$

with $\quad V\left(x_{L}, x_{R}\right)=\left[k_{L}\left(x_{L}-x_{e L}\right)^{2}+k_{R}\left(x_{R}-x_{e R}\right)^{2}+k\left(x_{R}-\right.\right.$ $\left.\left.x_{L}-x_{e}\right)^{2}\right] / 2$, where $\left\{x_{i}, p_{i}\right\}_{i=L, R}$ are the position and momentum of each mass, $x_{e L}$ is the center of the left ion trap, $x_{e R}$ is the center of the right ion trap, and $x_{e}$ is the natural length of the linear coupling. Changing coordinates to the displacements from equilibrium positions of the system, $q_{i}=x_{i}-x_{i}^{\text {eq }}$, where $x_{i}^{\text {eq }}$ are the solutions to $\partial_{x_{i}} V\left(x_{L}, x_{R}\right)=0$, the Hamiltonian can be written as

$$
\begin{align*}
H= & \frac{p_{L}^{2}}{2 m_{L}}+\frac{p_{R}^{2}}{2 m_{R}}+\frac{k+k_{L}}{2} q_{L}^{2} \\
& +\frac{k+k_{R}}{2} q_{R}^{2}-k q_{L} q_{R}+V\left(x_{L}^{\mathrm{eq}}, x_{R}^{\mathrm{eq}}\right) \tag{2}
\end{align*}
$$

For later use let us define $V_{i}=\left(k+k_{i}\right) q_{i}^{2} / 2$ and $V_{L R}=$ $-k q_{L} q_{R}$. The constant term $V\left(x_{L}^{\mathrm{eq}}, x_{R}^{\mathrm{eq}}\right)$ does not affect the evolution of the system and so it can be ignored. The baths are modeled as Langevin baths; therefore, the friction coefficients $\gamma_{L}$ and $\gamma_{R}$ and the Gaussian white-noise-like forces $\xi_{L}$ and $\xi_{R}$ are introduced into the equations of motion,

$$
\begin{align*}
& \dot{q}_{L}=\frac{p_{L}}{m_{L}}, \quad \dot{q}_{R}=\frac{p_{R}}{m_{R}} \\
& \dot{p}_{L}=-\left(k+k_{L}\right) q_{L}+k q_{R}-\frac{\gamma_{L}}{m_{L}} p_{L}+\xi_{L}(t),  \tag{3}\\
& \dot{p}_{R}=-\left(k+k_{R}\right) q_{R}+k q_{L}-\frac{\gamma_{R}}{m_{R}} p_{R}+\xi_{R}(t),
\end{align*}
$$

where the following averages over noise realizations are assumed: $\left\langle\xi_{i}(t)\right\rangle=0,\left\langle\xi_{L}(t) \xi_{R}\left(t^{\prime}\right)\right\rangle=0,\left\langle\xi_{L}(t) \xi_{L}\left(t^{\prime}\right)\right\rangle=$ $2 D_{L} \delta\left(t-t^{\prime}\right)$, and $\left\langle\xi_{R}(t) \xi_{R}\left(t^{\prime}\right)\right\rangle=2 D_{R} \delta\left(t-t^{\prime}\right)$. The coefficients $D_{L}$ and $D_{R}$ obey $D_{L}=\gamma_{L} k_{B} T_{L}$ and $D_{R}=\gamma_{R} k_{B} T_{R}$, where $k_{B}$ is the Boltzmann constant.

A compact notation for the equations of motion is

$$
\begin{equation*}
\dot{\vec{r}}(t)=\mathbb{A} \vec{r}(t)+\mathbb{Z} \vec{\xi}(t), \tag{4}
\end{equation*}
$$

where $\vec{r}(t) \equiv\left(\vec{q}, \mathbb{M}^{-1} \vec{p}\right)^{\top}=\left(q_{L}, q_{R}, \dot{q_{L}}, \dot{q_{R}}\right)^{\top}$ (the superscript $\top$ means "transpose"), $M=\operatorname{diag}\left(m_{L}, m_{R}\right)$, and

$$
\begin{align*}
& \mathbb{A}=\left(\begin{array}{cc}
\mathbb{O}_{2 \times 2} & \mathbb{1}_{2 \times 2} \\
-\mathbb{M}^{-1} \mathbb{K} & -\mathbb{M}^{-1} \mathbb{V}
\end{array}\right), \\
& \mathbb{L}=\binom{\mathbb{O}_{2 \times 2},}{M^{-1}},  \tag{5}\\
& \mathbb{K}=\left(\begin{array}{cc}
\frac{k+k_{L}}{2} & -k \\
-k & \frac{k+k_{R}}{2}
\end{array}\right) .
\end{align*}
$$

Also, $\vec{\xi}(t)=\left[\xi_{L}(t), \xi_{R}(t)\right]^{\top}$ (note that $\mathbb{L}$ is a $4 \times 2$ matrix), $\mathbb{\square}=\operatorname{diag}\left(\gamma_{L}, \gamma_{R}\right), \mathbb{O}_{2 \times 2}$ is the $2 \times 2$ matrix with all the components 0 , and $\mathbb{1}_{2 \times 2}$ is the $2 \times 2$ identity matrix. The baths are implemented by optical molasses (Doppler cooling lasers), which sets an effective temperature for each bath, $T\left(=T_{L}, T_{R}\right)$, and effective friction coeffcients, $\gamma\left(=\gamma_{L}, \gamma_{R}\right)$, which are controlled with the laser intensity $I$ and the frequency detuning $\delta$ with respect to the selected internal atomic
transition,

$$
\begin{align*}
\gamma(I, \delta) & =-4 \hbar\left(\frac{\delta+\omega_{0}}{c}\right)^{2}\left(\frac{I}{I_{0}}\right) \frac{2 \delta / \Gamma}{\left[1+(2 \delta / \Gamma)^{2}\right]^{2}} \\
T(\delta) & =-\frac{\hbar \Gamma}{4 k_{B}} \frac{1+(2 \delta / \Gamma)^{2}}{(2 \delta / \Gamma)} \tag{6}
\end{align*}
$$

where $\omega_{0}$ is the (angular) frequency of the transition, $c$ is the speed of light, $I_{0}$ is the saturation intensity, and $\Gamma$ is the decay rate of the excited state. If $\Gamma$ and $I$ are fixed, $\gamma$ depends on $\delta$ and, thus, indirectly, on the temperature $T$. In the two-ion model we deal in general with two different species which involve two different atomic transitions, so the laser wavelengths and the decay rates $\Gamma$ depend on the species. Then, exchanging the temperatures by modifying the detunings, keeping the laser intensities constant, does not necessarily imply an exchange of the friction coefficients. Nevertheless, it is possible to adjust the laser intensities so that the friction coefficients get exchanged and this is the assumption in Ref. [8] and hereafter.

## A. Covariance and spectral density

We are mostly interested in quantities such as the fluxes or particle temperatures in the steady state (s.s.) regime that is achieved after sufficiently long time. These quantities can be computed from the "marginal" correlation matrix $\mathbb{P}^{\text {s.s. }}=$ $\left\langle\vec{r}(t) \vec{r}^{\top}(t)\right\rangle_{\text {s.s. }}$, which in the stationary regime does not depend on $t$.

Using the steady-state condition and Novikov's theorem, the marginal covariance matrix in the steady state obeys [7,33]

$$
\begin{equation*}
\mathbb{A P}^{\text {s.s. }}+\mathbb{P}^{\text {s.s. }} \mathbb{A}^{\top}=-2 \mathbb{L D} \mathbb{L}^{\top}, \tag{7}
\end{equation*}
$$

where $\mathbb{D}=\operatorname{diag}\left(D_{L}, D_{R}\right)$. This equation may be used to solve for $\mathbb{P}^{\text {s.s. }}$. Alternatively the Fourier space may also be used. $\mathbb{P}^{\text {s.s. }}=\mathbb{C}^{\text {s.s. }}(0)$ is a particular case $(\tau=0)$ of the steadystate covariance matrix $\mathbb{C}^{\text {s.s. }}(\tau)=\left\langle\vec{r}(t) \vec{r}^{\top}(t+\tau)\right\rangle_{\text {s.s. }}$, which, according to the Wiener-Khinchin theorem [33]

$$
\begin{equation*}
\mathbb{C}^{\text {s.s. }}(\tau)=\left\langle\vec{r}(t) \vec{r}^{\top}(t+\tau)\right\rangle_{\text {s.s. }}=\mathcal{F}^{-1}\left[\mathbb{S}_{\vec{r}}(\omega)\right](\tau) \tag{8}
\end{equation*}
$$

is the inverse Fourier transform of the the spectral density matrix

$$
\begin{equation*}
\mathbb{S}_{\vec{r}}(\omega) \equiv\left\langle\vec{R}(\omega) \vec{R}^{\top}(-\omega)\right\rangle, \tag{9}
\end{equation*}
$$

where $\vec{R}(\omega)=\left(X_{L}, X_{R}, W_{L}, W_{R}\right)^{\top}$ is the Fourier transform (vector) of $\vec{r}$, namely,

$$
\begin{equation*}
\mathbb{P}^{\text {s.s. }}=\mathbb{C}^{\text {s.s. }}(0)=\frac{1}{2 \pi} \int_{-\infty}^{\infty} \mathbb{S}_{\vec{r}}(\omega) d \omega \tag{10}
\end{equation*}
$$

$S_{\vec{r}}(\omega)$ may be computed as

$$
\begin{equation*}
\mathbb{S}_{\vec{r}}(\omega)=2(\mathbb{A}-i \omega)^{-1} \mathbb{\mathbb { D }} \mathbb{L}^{\top}(\mathbb{A}+i \omega)^{-\top} \tag{11}
\end{equation*}
$$

(see Refs. [8,33] for further details).
The diagonal matrix elements will be quite relevant for the analysis of the flux and matching. In particular, the spectral densities $S_{L} \equiv \mathbb{S}_{3,3}(\omega)=\left\langle W_{L}(\omega) W_{L}(-\omega)\right\rangle$ for the left ion and $S_{R} \equiv \mathbb{S}_{4,4}(\omega)=\left\langle W_{R}(\omega) W_{R}(-\omega)\right\rangle$ for the right ion, where $W_{i}(\omega)$ is the Fourier transform of $\dot{q}_{i}(t), i=L$ and $R$, are (proportional to) power spectral densities of the kinetic energies since $m_{i}\left\langle\dot{q}_{i} \dot{q}_{i}\right\rangle / 2=m_{i} \int S_{i} d \omega /(4 \pi)$ [see Eq. (10)]. The spectral densities $S_{L}$ and $S_{R}$ in terms of velocity transforms are related to the other diagonal elements $\mathbb{S}_{1,1}(\omega)$ and $\mathbb{S}_{2,2}(\omega)$,
given in terms of displacement transforms, using the Fourier transform of the derivative,

$$
\begin{align*}
& S_{L}=\omega^{2}\left\langle X_{L}(\omega) X_{L}(-\omega)\right\rangle, \\
& S_{R}=\omega^{2}\left\langle X_{R}(\omega) X_{R}(-\omega)\right\rangle \tag{12}
\end{align*}
$$

a property that we use later on to relate spectral overlap and flux.

## B. Expressions for the flux

We find now expressions for the flux, starting with the local energy for the left particle, defined as

$$
\begin{equation*}
H_{L}=\frac{1}{2 m_{L}} p_{L}^{2}+V_{L}\left(q_{L}\right)+\frac{1}{2} V_{L R}\left(q_{L}, q_{R}\right) \tag{13}
\end{equation*}
$$

Differentiating with respect to time, we find the continuity equation

$$
\begin{align*}
\dot{H}_{L}= & \frac{p_{L} \dot{p}_{L}}{m_{L}}+\frac{d V_{L}\left(q_{L}\right)}{d q_{L}} \dot{q}_{L}+\frac{1}{2} \frac{\partial V_{L R}\left(q_{L}, q_{R}\right)}{\partial q_{L}} \dot{q}_{L} \\
& +\frac{1}{2} \frac{\partial V_{L R}\left(q_{L}, q_{R}\right)}{\partial q_{R}} \dot{q}_{R} . \tag{14}
\end{align*}
$$

Using the equations of motion (4) in Eq. (14), and simplifying, we get

$$
\begin{align*}
\dot{H}_{L}= & \frac{p_{L}}{m_{L}} F_{\mathrm{ext}}-\frac{1}{2} \frac{\partial V_{L R}\left(q_{L}, q_{R}\right)}{\partial q_{L}} \dot{q}_{L} \\
& +\frac{1}{2} \frac{\partial V_{L R}\left(q_{L}, q_{R}\right)}{\partial q_{R}} \dot{q}_{R} \tag{15}
\end{align*}
$$

where $F_{\text {ext }}=-\frac{\gamma_{L}}{m_{L}} p_{L}+\xi_{L}(t)$ includes the dissipative and the stochastic contributions. The first term in Eq. (15) due to the external force is the incoming flux of energy from the bath $J_{\text {in }}=p_{L} F_{\text {ext }} / m_{L}$. The second and third terms are the energy flux from particle $R$ to particle $L$,

$$
\begin{equation*}
J_{L R}=-\frac{1}{2} \frac{\partial V_{L R}\left(q_{L}, q_{R}\right)}{\partial q_{L}} \dot{q}_{L}+\frac{1}{2} \frac{\partial V_{L R}\left(q_{L}, q_{R}\right)}{\partial q_{R}} \dot{q}_{R} \tag{16}
\end{equation*}
$$

In the steady state, $\left\langle\dot{H}_{L}\right\rangle=0$ and so the incoming flux and the flux of energy from the left particle to the right particle obey $-\left\langle J_{\text {in }}\right\rangle=\left\langle J_{L R}\right\rangle$. Then, the steady-state flux can be computed in two different ways. We calculate $\left\langle J_{L R}\right\rangle$ first. Substituting $V_{L R}=-k q_{L} q_{R}$ in Eq. (16), we get

$$
\begin{equation*}
J_{L R}=\frac{1}{2} k\left(q_{R} \dot{q}_{L}-q_{L} \dot{q}_{R}\right) \tag{17}
\end{equation*}
$$

Since we are interested in average values, we define

$$
\begin{equation*}
J=-\left\langle J_{L R}\right\rangle=\frac{k}{2}\left[\left\langle q_{L} \dot{q}_{R}\right\rangle-\left\langle\left(q_{R} \dot{q}_{L}\right)\right\rangle\right] \tag{18}
\end{equation*}
$$

We apply the Wiener-Khinchin theorem to Eq. (18) to find the heat flux in the steady state:

$$
\begin{align*}
J & =\frac{k}{4 \pi} \int\left[\left\langle X_{L}(\omega) W_{R}(-\omega)\right\rangle-\left\langle X_{R}(\omega) W_{L}(-\omega)\right\rangle\right] d \omega \\
& =\frac{k i}{4 \pi} \int \omega\left[\left\langle\left(X_{R}(\omega) X_{L}(-\omega)\right)\right\rangle-\left\langle X_{L}(\omega) X_{R}(-\omega)\right\rangle\right] d \omega \\
& =\frac{-k}{2 \pi} \int \omega \operatorname{Im}\left[\left\langle\left(X_{R}(\omega) X_{L}(-\omega)\right)\right\rangle\right] d \omega \tag{19}
\end{align*}
$$

where in the second line we have used the Fourier transform property $W_{i}(\omega)=i \omega X_{i}(\omega)$. Since the positions are real, $X_{i}(\omega)=\overline{X_{i}(-\omega)}$.

An alternative expression for the flux may be computed from the incoming flux,

$$
\begin{equation*}
J_{\mathrm{in}}=\frac{p_{L}}{m_{L}}\left[-\frac{\gamma_{L}}{m_{L}} p_{L}+\xi_{L}(t)\right] . \tag{20}
\end{equation*}
$$

Averaging,

$$
\begin{equation*}
\left\langle J_{\text {in }}\right\rangle=-\frac{\left\langle p_{L}^{2}\right\rangle}{m_{L}^{2}} \gamma_{L}+\frac{\left\langle p_{L} \xi_{L}(t)\right\rangle}{m_{L}} \tag{21}
\end{equation*}
$$

Since the left particle temperature is

$$
\begin{equation*}
\tau_{L}(t)=\frac{\left\langle p_{L}^{2}(t)\right\rangle}{m_{L} k_{B}} \tag{22}
\end{equation*}
$$

Equation (21) and Novikov's theorem (see Refs. [7,8] for a full calculation) give

$$
\begin{equation*}
\left\langle J_{\text {in }}\right\rangle=k_{B} \frac{\gamma_{L}}{m_{L}}\left(T_{L}-\tau_{L}\right) \tag{23}
\end{equation*}
$$

For the steady state, $J=\left\langle J_{\text {in }}\right\rangle$ is equal to the alternative expression (19).

## C. Rectification

We use as a measure of rectification the coefficient

$$
\begin{equation*}
R=\frac{\| J|-|\tilde{J}||}{\max (|J|,|\tilde{J}|)} \tag{24}
\end{equation*}
$$

which is bounded between 0 and $1,0 \leqslant R \leqslant 1$. Keep in mind that to exchange the baths from forward to reverse bias implies here to exchange the temperatures and the friction coefficients. A parametric exploration was done over the space formed by the following parameters of the model, $m_{L}, m_{R}, k$, $k_{L}, k_{R}, \gamma_{L}$, and $\gamma_{R}$, to maximize $R$ [8].

In Ref. [8] it was found that the region for maximal rectification for fixed masses could be described analytically, and in the weak-dissipation regime $\left(\gamma_{L} / m_{L} \ll \sqrt{k / m_{L}}, \gamma_{R} / m_{R} \ll\right.$ $\sqrt{k / m_{R}}$ ) it is a straight line in the $k_{L}, k_{R}$ plane [8],

$$
\begin{equation*}
\frac{k+k_{R}}{m_{R}}=\frac{k+k_{L}}{m_{L}} \tag{25}
\end{equation*}
$$

On the maximum-rectification line (25) the rectification only depends on the mass and friction coefficient ratios $a$ and $g$,

$$
R= \begin{cases}1-\frac{a+g}{1+a g} & \text { if } a>1, g>1 \text { or } a<1, g<1  \tag{26}\\ 1-\frac{1+a g}{a+g} & \text { if } a>1, g<1 \text { or } a<1, g>1\end{cases}
$$

where

$$
\begin{equation*}
a=m_{R} / m_{L}, \quad g=\gamma_{R} / \gamma_{L} \tag{27}
\end{equation*}
$$

Increasing $a$ or $g$ increases the asymmetry of the system and the rectification. From Eq. (26) we can represent $R$ in terms of $a$ and $g$ (see Fig. 2). The fastest way of increasing $R$ is following the diagonal dotted line $a=g$. For this reason, we mostly use the condition $a=g$ and sweep over the parameter $C \equiv a=g . R$ grows with $C$ towards 1 , but there are physical limitations to make these ratios arbitrarily large. In particular changing $a$ is limited by the masses of the available ions. In numerical examples and calculations hereafter, we always fulfill Eq. (25) and fix the following values: in the forward configuration $k=1.17 \mathrm{fN} / \mathrm{m}, k_{L}=1$ $\mathrm{fN} / \mathrm{m}, \gamma_{L}=6.75 \times 10^{-22} \mathrm{~kg} / \mathrm{s}$, and $m_{L}=24.305 \mathrm{a} . \mathrm{u}$. (for $\mathrm{Mg}^{+}$), whereas $\gamma_{R}, m_{R}$, and $k_{R}$ are set to satisfy chosen values of $g$ and $a$. Similarly $k_{R}$ is set to satisfy Eq. (25). For the


FIG. 2. Rectification, $R$, given by Eq. (26) as a function of the ratios $a$ and $g$. The arrows give the gradient direction.
reverse configuration of bath temperatures we interchange the friction coefficients, $\tilde{\gamma}_{L}=\gamma_{R}$ and $\tilde{\gamma}_{R}=\gamma_{L}$, but the masses and spring constants do not change with respect to the ones for the forward configuration. The calculations of spectra using Eq. (11) depend on these values and on the bath temperatures (by the dependence on the temperature of the coefficients $D_{L}$ and $D_{R}$ ).

In Fig. 3 the rectification is depicted versus $g$ when $a=g$ (blue solid line), and for $a$ constant (red dashed line), which gives smaller rectification.

## D. Spectral densities and rectification: Example

In Ref. [8], the spectra of the ions $S_{L}$ and $S_{R}$ for several sets of parameters exhibiting large and small rectification were studied. Indeed the system presented large rectification if, for a bath configuration, there was a good match between the


FIG. 3. Rectification for different values of $g=\gamma_{R} / \gamma_{L}$. The blue solid line gives the maximal rectification, which is found when $a=g$ [see Eq. (25)]. For the red dashed line the mass ratio is kept constant, $a=1.648$ (corresponding to $\mathrm{Ca}^{+}$and $\mathrm{Mg}^{+}$ions). The blue squares correspond to the values of $C=1$ (the two ions and the friction coefficients are equal, so $R \sim 0$ ) and $C=10, R \sim 0.8$. The spectra for $C=10$ are depicted in Fig. 4 .


FIG. 4. Spectral densities for both ions multiplied by their masses, $m_{L} S_{L}$ (red dashed line) and $m_{R} S_{R}$ (blue solid line) vs $\omega$ for $C=10$ corresponding to forward and reverse configurations. $T_{L}=\tilde{T}_{R}=2 \mathrm{mK}$ and $T_{R}=\tilde{T}_{L}=1 \mathrm{mK}$. ( $\tilde{T}_{i}$ are the temperatures of the reverse configuration.) The vertical lines are the real part of the frequencies of the dissipative normal modes of the system [8]. The areas are proportional to the particle kinetic energies (or temperatures). The rectification coefficient is $R \approx 0.8$ : in the forward configuration the spectra match well, while in the reverse configuration there is a clear mismatching.
phonon spectra of the ions and mismatch when the baths were exchanged.

Figure 4 shows the spectra $m_{L} S_{L}$ and $m_{R} S_{R}$ for $C=10$, i.e., for high rectification, $R \sim 0.8$ (see Fig. 3). For forward bias there is almost perfect matching between the spectral densities but a mismatch for the reverse configuration. This is a clear example of the qualitative relation between flux and spectral matching. In the following section we give this relation a more quantitative form.

## III. RELATIONS BETWEEN SPECTRAL MATCHING AND HEAT FLUX

The matching $M$ or overlap between the spectral densities has to be defined. A relevant definition would be one related to the flux, by a direct dependence or by an inequality. We may expect as an ansatz a form depending on the product of the spectra,

$$
\begin{equation*}
M=\int F\left[S_{L}(\omega) S_{R}(\omega) ; \omega\right] d \omega \tag{28}
\end{equation*}
$$

The following discussion presents a natural, simple choice for the function $F$.

We need to average over realizations of the noise. First, we define $X_{R j}(\omega)$ and $X_{L j}(\omega)$ as the Fourier transforms of
the displacements $q_{L j}(t)$ and $q_{R j}(t)$, respectively, in the $j$ th realization. We separate real and imaginary parts,

$$
\begin{align*}
& X_{R j}(\omega)=a_{j}+b_{j} i \\
& X_{L j}(\omega)=c_{j}+d_{j} i \tag{29}
\end{align*}
$$

Notice that $X_{L j}(-\omega)=c_{j}-d_{j} i$ because the displacements are real. Therefore,

$$
\begin{equation*}
\left\langle X_{R}(\omega) X_{L}(-\omega)\right\rangle=\sum_{j}^{N} \frac{a_{j} c_{j}+b_{j} d_{j}+i\left(c_{j} b_{j}-a_{j} d_{j}\right)}{N} \tag{30}
\end{equation*}
$$

where $N$ is the number of realizations, which is supposed to be very large. We are only interested in the imaginary part of Eq. (30) according to the flux expression (19). The square of the imaginary part is

$$
\begin{align*}
\left(c_{j} b_{j}-a_{j} d_{j}\right)^{2} & =a_{j}^{2} d_{j}^{2}+b_{j}^{2} c_{j}^{2}-2 a_{j} c_{j} b_{j} d_{j} \\
& \leqslant a_{j}^{2} c_{j}^{2}+b_{j}^{2} d_{j}^{2}+b_{j}^{2} c_{j}^{2}+a_{j}^{2} d_{j}^{2} \\
& =\left(a_{j}^{2}+b_{j}^{2}\right)\left(c_{j}^{2}+d_{j}^{2}\right) \tag{31}
\end{align*}
$$

From this inequality we conclude that

$$
\begin{equation*}
\left|\left(c_{j} b_{j}-a_{j} d_{j}\right)\right| \leqslant \sqrt{a_{j}^{2}+b_{j}^{2}} \sqrt{c_{j}^{2}+d_{j}^{2}} \tag{32}
\end{equation*}
$$

The absolute value of the imaginary part of the correlation function in Eq. (30) is

$$
\begin{equation*}
\left|\operatorname{Im}\left[\left\langle X_{R}(\omega) X_{L}(-\omega)\right\rangle\right]\right|=\left|\sum_{j}^{N} \frac{c_{j} b_{j}-a_{j} d_{j}}{N}\right| \tag{33}
\end{equation*}
$$

and, from Eq. (32), it obeys

$$
\begin{equation*}
\left|\sum_{j}^{N} \frac{c_{j} b_{j}-a_{j} d_{j}}{N}\right| \leqslant \sum_{j}^{N} \frac{\sqrt{a_{j}^{2}+b_{j}^{2}} \sqrt{c_{j}^{2}+d_{j}^{2}}}{N} \tag{34}
\end{equation*}
$$

Now, we apply the Cauchy-Bunyakovsky-Schwarz inequality,

$$
\begin{equation*}
\left(\sum_{j=1}^{n} \alpha_{j} \beta_{j}\right)^{2} \leqslant\left(\sum_{j=1}^{n} \alpha_{j}^{2}\right)\left(\sum_{j=1}^{n} \beta_{j}^{2}\right) \tag{35}
\end{equation*}
$$

to the right-hand side of Eq. (34), with $\sqrt{a_{j}^{2}+b_{j}^{2}}=\alpha_{j}$ and $\sqrt{c_{j}^{2}+d_{j}^{2}}=\beta_{j}$, to find

$$
\begin{align*}
& \sum_{j}^{N} \frac{\sqrt{a_{j}^{2}+b_{j}^{2}} \sqrt{c_{j}^{2}+d_{j}^{2}}}{N} \\
& \quad \leqslant \frac{1}{N} \sqrt{\left(\sum_{j}^{N} a_{j}^{2}+b_{j}^{2}\right)\left(\sum_{j}^{N} c_{j}^{2}+d_{j}^{2}\right)} \tag{36}
\end{align*}
$$

Because

$$
\begin{align*}
& \left\langle X_{R}(\omega) X_{R}(-\omega)\right\rangle=\frac{1}{N} \sum_{j}^{N}\left(a_{j}^{2}+b_{j}^{2}\right), \\
& \left\langle X_{L}(\omega) X_{L}(-\omega)\right\rangle=\frac{1}{N} \sum_{j}^{N}\left(c_{j}^{2}+d_{j}^{2}\right), \tag{37}
\end{align*}
$$

we find from Eq. (36) the following inequality for the integrand in Eq. (19),

$$
\begin{align*}
& \left|\operatorname{Im}\left[\left\langle X_{R}(\omega) X_{L}(-\omega)\right\rangle\right]\right| \\
& \quad \leqslant \sqrt{\left\langle X_{L}(\omega) X_{L}(-\omega)\right\rangle\left\langle X_{R}(\omega) X_{R}(-\omega)\right\rangle} \tag{38}
\end{align*}
$$

Since $\left\langle X_{i}(\omega) X_{i}(-\omega)\right\rangle$ is related to $S_{i}(\omega)=\left\langle W_{i}(\omega) W_{i}(-\omega)\right\rangle$ by Eq. (12), expression (38) can be written as

$$
\begin{equation*}
\omega^{2}\left|\operatorname{Im}\left[\left\langle X_{R}(\omega) X_{L}(-\omega)\right\rangle\right]\right| \leqslant \sqrt{S_{L}(\omega) S_{R}(\omega)} \tag{39}
\end{equation*}
$$

or using Eq. (19), and taking into account that $\left|\int f(x) d x\right| \leqslant$ $\int|f(x)| d x$,

$$
\begin{equation*}
|J| \leqslant \frac{k}{2 \pi} \int \frac{1}{|\omega|} \sqrt{S_{L}(\omega) S_{R}(\omega)} d \omega \tag{40}
\end{equation*}
$$

which sets an upper limit for the heat flux. This relation prompts us to define the function $F$ in Eq. (28) and the matching as

$$
\begin{equation*}
M=\frac{k}{2 \pi} \int \frac{1}{|\omega|} \sqrt{S_{L}(\omega) S_{R}(\omega)} d \omega \tag{41}
\end{equation*}
$$

This measure of the matching (41) allows for direct comparison between $J$ and $M$ since they have the same dimensions, while with other proposed definitions we can only compare their ratios [2]. When so defined, the spectral density matching sets an upper bound for the flux, $|J| \leqslant M$.

In Ref. [25] Li et al., to quantify the overlap between the power spectra between left and right segments, introduced

$$
\begin{equation*}
\mathcal{S}=\frac{\int_{0}^{\infty} S_{L}(\omega) S_{R}(\omega) d w}{\int_{0}^{\infty} S_{L}(\omega) d w \int_{0}^{\infty} S_{R}(\omega) d w} \tag{42}
\end{equation*}
$$

and demonstrated the correlation between the heat fluxes and the overlaps of the spectra. They found numerically the relation $|J / \tilde{J}| \sim(\mathcal{S} / \tilde{\mathcal{S}})^{\delta}$, with $\delta=1.62 \pm 0.10$, in their model, two weakly linearly coupled, dissimilar anharmonic segments, exemplified by a Frenkel-Kontorova chain segment and a neighboring Fermi-Pasta-Ulam chain segment.

Next, we evaluate the flux and the matching for different parameter configurations for the two-ion model to test the inequality $|J| \leqslant M$ and also to look for a relation similar to the one found by Li et al. [25] but for the matching expression introduced here.

## IV. FLUX AND MATCHING FOR THE TWO-ION MODEL

We compute the heat flux and the matching (41) for the two-ion model solving Eqs. (23) and (7) for different parameter configurations. We only consider the maximal rectification region given by the condition (25).

In Fig. 5 the flux and the matching are displayed as a function of $C=g=a$. As predicted by Eq. (40) the matching is above the flux. Both quantities behave similarly and the difference tends to a constant as $C$ increases. Also, $R$ tends to 1 , as seen in Fig. 3. The forward and reverse configurations show very different curves (a sign of rectification) as we are following the line of fastest growth of $R$.


FIG. 5. Flux and matching versus $C=a=g . T_{L}=1 \mathrm{mK}$ and $T_{R}=0.1 \mathrm{mK}$. Other parameters are as explained in Sec. II C.

Since experimentally it is not feasible to have a continuum for the mass ratio $a$, in Fig. 6 we have also plotted $J$ and $M$ fixing the masses for $\mathrm{Ca}^{+}$and $\mathrm{Mg}^{+}$ions and sweeping over $g$. Both quantities behave similarly, except in the region for very low $g$, but this region is not really interesting since it corresponds to a very low $R$. Forward and reverse curves are now closer to each other, corresponding to a smaller $R$ (see again Fig. 3).

In Fig. 7 we depict the ratios of the heat fluxes $|J / \tilde{J}|$, and of the two definitions of matching, $\mathcal{S} / \tilde{\mathcal{S}}$ and $M / \tilde{M}$, versus $C$. The heat flux ratio $|J / \tilde{J}|$ can be compared to the analytical expression found from Eqs. (24) and (26), $|J / \tilde{J}|=\left(1+C^{2}\right) / 2 C$, which is approximately linear in $C$ for $C>1$ as shown in Fig. 7.

The ratio $M / \tilde{M}$ is also approximately linear in $C$, except for very low $C$, with a proportionality factor that depends on the ratio of the bath temperatures (see Fig. 8). In our model, $\mathcal{S} / \tilde{\mathcal{S}}$ is also approximately linear in $C$, giving as a result the


FIG. 6. Flux and matching versus $g$ with a constant mass ratio $a$. $T_{L}=1 \mathrm{mK}$ and $T_{R}=0.1 \mathrm{mK}$. Other parameters are as explained in Sec. II C.


FIG. 7. Forward to reverse ratios $|J / \tilde{J}|, \mathcal{S} / \tilde{\mathcal{S}}$, and $M / \tilde{M}$ versus C. $T_{L}=2 \mathrm{mK}$ and $T_{R}=1 \mathrm{mK}$. The blue squares show the results of $|J / \tilde{J}|$ using the analytical expression $|J / \tilde{J}|=\left(1+C^{2}\right) / 2 C$.
linear relation $|J / \tilde{J}| \sim \mathcal{S} / \tilde{\mathcal{S}}$ instead of the logarithmic relation found in Ref. [25]. $\mathcal{S} / \tilde{\mathcal{S}}$ correlates better than $M / \tilde{M}$ to the heat fluxes ratio. Still, $\mathcal{S}$ does not have units of flux and, unlike $M$, it does not provide a bound.

Thus, sweeping over $C=a=g$, a very simple linear relation is found numerically between the ratios $J / \tilde{J}$ and $M / \tilde{M}$ for our model,

$$
\begin{equation*}
|J / \tilde{J}| \sim M / \tilde{M} \tag{43}
\end{equation*}
$$

with a proportionality factor that depends on the ratio between temperatures $T_{L} / T_{R}$, as shown in Fig. 8.


FIG. 8. Flux ratio $J / \tilde{J}$ vs the matching ratio $M / \tilde{M}$ for different temperature intervals. The line points depend parametrically on $C$. The slope depends on the ratio of temperatures $T_{L} / T_{R}$. Dots and lines of the same color indicate same temperatures' ratio but different values of the temperatures (in mK ) as indicated in the legend. For instance, blue dots correspond to $T_{L}=1 \mathrm{mK}$ and $T_{R}=0.5 \mathrm{mK}$ and the blue line corresponds to $T_{L}=2 \mathrm{mK}$ and $T_{R}=1 \mathrm{mK}$; both cases verify $T_{L} / T_{R}=2$.


FIG. 9. $N$-particle linear chain with interaction between nearest neighbors.

## V. DISCUSSION

Using a simple, but experimentally feasible, model of two ions interacting with laser-induced heat baths, we have defined the power spectrum overlap or "spectral matching" of the ions so that it provides an upper bound to the flux. In fact, forward to reverse flux ratios are proportional to matching ratios for the parameter conditions where rectification is optimal. These findings put on a sounder basis the relation between heat rectification and the spectral match or mismatch for forward and reverse bath temperatures.

The results can be generalized to any $N$-particle chain with linear interactions between nearest neighbors and two thermal baths at the boundaries [ $5,18,22,25$ ]. The trap potentials could be anharmonic. For the $N$-particle chain in the steady state, $\left\langle\dot{H}_{i}\right\rangle=0$ (see Fig. 9), where $H_{i}$ is the local energy for the $i$ th particle. Thus, the energy flux from particle $i-1$ to particle $i$ equals the flux from particle $i$ to particle $i+1$, namely, $J_{i-1, i}=J_{i, i+1}$. The flux that crosses the chain $J$ is

$$
\begin{equation*}
J=J_{i, i+1}, \tag{44}
\end{equation*}
$$

where $i$ can be $1,2,3, \ldots, N-1$. Equations (13) to (19) and the arguments in Sec. III for ions $L$ and $R$ are valid as well for particles $i$ and $i+1$; therefore,

$$
\begin{equation*}
\left|J_{i, i+1}\right| \leqslant M_{i, i+1}, \tag{45}
\end{equation*}
$$

where $M_{i, i+1}$ is the matching (41) between the spectral densities of ions $i$ and $i+1$. Therefore,

$$
\begin{equation*}
|J| \leqslant M_{i, i+1} \tag{46}
\end{equation*}
$$

where $i$ can be $1,2,3, \ldots, N-1$. Equation (46) is the generalization of our results for an $N$-particle linear chain and it states that the flux through the chain is bounded by the spectral matching of nearest-neighbor particles.

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Correction: A misspelling introduced in the fourth sentence of the abstract during the production process has been fixed.


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