# **Negative compressibility of a nonequilibrium nonideal Bose-Einstein condensate**

Vladislav Yu. Shishkov\* and Evgeny S. Andrianov

*Dukhov Research Institute of Automatics (VNIIA), 22 Sushchevskaya, Moscow 127055, Russia;*

*Moscow Institute of Physics and Technology, 9 Institutskiy pereulok, Dolgoprudny 141700, Moscow region, Russia;*

*Center for Photonics and Quantum Materials, Skolkovo Institute of Science and Technology, Moscow, Russia; and Laboratories for Hybrid Photonics, Skolkovo Institute of Science and Technology, Moscow, Russia*

(Received 30 June 2022; revised 20 October 2022; accepted 18 November 2022; published 6 December 2022)

An ideal equilibrium Bose–Einstein condensate (BEC) is usually considered in the grand canonical  $(\mu VT)$ ensemble, which implies the presence of the chemical equilibrium with the environment. However, in most experimental scenarios, the total amount of particles in BEC is determined either by the initial conditions or by the balance between dissipation and pumping. As a result, BEC may possess the thermal equilibrium but almost never the chemical equilibrium. In addition, many experimentally achievable BECs are non-ideal due to interaction between particles. In the recent work [Shiskov *et al.*, Phys. Rev. Lett. **128**[, 065301 \(2022\)\]](https://doi.org/10.1103/PhysRevLett.128.065301), it has been shown that invariant subspaces in the system Hilbert space appear in non-equilibrium BEC in the fast thermalization limit. In each of these subspaces, Gibbs distribution is established with a certain number of particles that makes it possible to investigate properties of non-ideal non-equilibrium BEC independently in each invariant subspace. In this work, we analyze the BEC stability due to change in dispersion curve caused by non-linearity in BEC. Generally, non-linearity leads to the redshift or blueshift of the dispersion curve and to the change in the effective mass of the particles. We show that the redshift of the dispersion curve can lead to the negative compressibility of BEC and onset of instability, whereas the change in the effective mass always makes BEC more stable. We find the explicit condition for the particle density in BEC, at which the negative compressibility appears. We show that the appearance of BEC instability is followed by the formation of stable and spatially inhomogeneous BEC.

DOI: [10.1103/PhysRevE.106.064108](https://doi.org/10.1103/PhysRevE.106.064108)

### **I. INTRODUCTION**

The first Bose–Einstein condensates (BECs) were experimentally demonstrated in 1995 [\[1,2\]](#page-4-0), almost 70 years after the theoretical prediction  $[3,4]$ . Nowadays, BECs have a wide range of applications in low-energy optoelectronics [\[5–7\]](#page-4-0), including fast optical switching operating at quantum limit [\[8\]](#page-4-0), as well as driving chemical reactions [\[9\]](#page-5-0). Besides practical applications, recently, great interest has been attracted to the fundamental problems concerning physical properties of BECs. One such fundamental problem is the stability of BEC. Several different mechanisms for instability formation in BEC such as mechanical collapse [\[10–21\]](#page-5-0), dynamical instability  $[22-30]$ , and modulational instability  $[31-46]$  $[31-46]$  have been proposed and experimentally verified.

In many experimental implementations, BEC may be in temperature equilibrium, but the chemical equilibrium is almost never established. For example, in BECs formed by trapped atoms, the total number of particles is determined by the initial conditions and does not change as the system moves toward the thermal equilibrium [\[2](#page-4-0)[,47,48\]](#page-6-0). In BECs based on excitons and polaritons, there is not even thermal equilibrium because the total number of particles is determined by the balance of the rates of external pumping and losses, as, for example, in polariton BECs [\[6](#page-4-0)[,49–62\]](#page-6-0).

In most realizations, BEC is not only non-equilibrium but also is non-ideal due to the presence of non-linear effects. The nature of non-linearity can be different depending on the implementation of the condensate. In inorganic semiconductors, the non-linearity of polariton BECs is caused by the Coulomb interaction between exciton components. This interaction leads to the depletion of the condensate and the appearance of a linear region in its dispersion curve. For polariton BECs based on organic dyes [\[6,](#page-4-0)[49–62\]](#page-6-0), non-linearity has a different nature since the spatial localization of Frenkel excitons suppresses the Coulomb interaction between the excitons. The non-linearity of such polaritons is associated with the saturation of the exciton component, which leads to the change in the permittivity  $[63,64]$ . In this case, non-linearity does not lead to a significant distortion of the dispersion curve of polaritons, i.e., no linear region in the vicinity of  $\mathbf{k} = \mathbf{0}$ appears [\[62,63,65–71\]](#page-6-0). Instead, the dispersion curve shifts as a whole. Vibron-polaritons are other systems with similar non-linear collective interaction between particles. BEC based on vibron polaritons has not been reached experimentally yet, and this problem is of interest to a large number of researches at the present time. This interest is partially due to possible application of BEC for polariton chemistry [\[9\]](#page-5-0). For vibron-polariton systems, the non-linearity is associated with the anharmonicity of the vibrational subsystem. This

<sup>\*</sup>vladislavmipt@gmail.com

<span id="page-1-0"></span>the dispersion curve on the number of particles. In this regard, the important problem of the influence of non-ideal and non-equilibrium nature of BEC on such macroscopic characteristics as stability and compressibility arises. The problem has so far remained difficult for investigation because the consistent description of BEC in the grand canonical ensemble  $(\mu VT$  ensemble) is impossible, since the latter assumes both temperature and chemical equilibrium between the condensate and the environment which may be absent in many situations. For these reasons, the BEC description requires the first principles methods such as the Gross– Pitaevskii equation [\[72\]](#page-6-0), the Lindblad equation [\[73–76\]](#page-6-0), and the Maxwell–Boltzmann equations [\[77–85\]](#page-7-0). However, it is important to have the analytical expressions of the influence of non-linearity on the properties of a non-equilibrium BEC.

Generally, the thermalization process by itself leaves the total number of particles unchanged in non-equilibrium BECs [\[74\]](#page-6-0). Thus, the total number of particles is the integral of motion for this relaxation process. Due to the presence of the integral of motion, the invariant subspaces appear in the system Hilbert space [\[86\]](#page-7-0). These invariant subspaces are characterized by a certain number of particles distributed in the system as a whole  $[86,87]$ . In the fast thermalization limit, a Gibbs distribution with an equilibrium temperature is established in each invariant subspace regardless of other relaxation processes [\[87,88\]](#page-7-0). The Gibbs distribution with the fixed total number of particles corresponds to the canonical ensemble (NVT ensemble). Thus, in the case of fast thermalization, the  $NVT$  ensemble plays a key role in the dynamics of non-equilibrium BEC and can make it possible to analyze BEC stability and obtain analytical estimates for compressibility.

In this paper, we consider non-ideal two-dimensional (2D) BEC in a canonical (*NVT*) ensemble. We find the compressibility of BEC and show that the compressibility of an ideal BEC always remains positive and increases with the number of particles in the condensate. For a non-ideal BEC, when the non-linearity leads to a redshift, a negative compressibility of the condensate may occur. Negative compressibility indicates the instability of a non-ideal homogeneous BEC, which is followed by the formation of stable, but spatially inhomogeneous BEC. We also show that the change in the effective mass always makes BEC more stable.

# **II. BEC NON-LINEARITY AND CHANGE IN THE DISPERSION CURVE**

We consider a non-ideal 2D Bose gas localized in the region *V* (*V* has the dimension of area) with the degeneracy *g* of each state. Such a non-ideal Bose gas is described by the Hamiltonian

$$
\hat{H} = \hat{H}^{\text{ideal}} + \hat{H}^{\text{non-ideal}},\tag{1}
$$

where  $\hat{H}^{\text{ideal}}$  is the ideal part and  $\hat{H}^{\text{non-ideal}}$  is the non-ideal part of the Hamiltonian.



FIG. 1. Change in the dispersion curve due to non-linearity. The blue solid line denotes the original dispersion curve, the orange dotted line shows the change in the dispersion curve due to (a)  $\hat{H}^{\text{shift}}$ and (b)  $\hat{H}$ <sup>stiffness</sup>. The change in the dispersion curve corresponds to (a)  $\Delta \omega_N > 0$ ,  $\delta \alpha_N = 0$  ( $\varkappa_1 > 0$ ,  $\varkappa_2 = 0$ ) and (b)  $\Delta \omega_N = 0$ ,  $\delta \alpha_N > 0$  $(\varkappa_1 = 0, \varkappa_2 > 0).$ 

The ideal part of the Hamiltonian,  $\hat{H}^{\text{ideal}}$ , has the form

$$
\hat{H}^{\text{ideal}} = \sum_{\mathbf{k},\lambda} \hbar \omega_{\mathbf{k}} \hat{a}_{\mathbf{k},\lambda}^{\dagger} \hat{a}_{\mathbf{k},\lambda}, \tag{2}
$$

where **k** is the wave vector of Bose gas particles, the frequency  $\omega_{\mathbf{k}}$  corresponds to this wave vector,  $\omega_{\mathbf{k}} = \omega_0 + \alpha \mathbf{k}^2$ , and  $\lambda$ enumerates different states with the same wave vector.

Due to the non-linearity, an increase in the number of particles leads to a change in the dispersion curve. As noted in the Introduction, in polariton systems based on organic dyes, the non-linearity is associated with a change in the permittivity [\[63,64\]](#page-6-0). In this case, changes in the dispersion curve near  $k = 0$  can be divided into two parts: change in the energy of the ground state of polaritons (the energy of each state of polaritons changes by the same value) and change in the effective mass of polaritons (Fig. 1). The main contribution to the change of the dispersion curve is proportional to the total number of the polaritons  $[63]$ . We describe this change in the dispersion curve phenomenologically through the non-linear part of the Hamiltonian (1) in the following form:

$$
\hat{H}^{\text{non-ideal}} = \hat{H}^{\text{shift}} + \hat{H}^{\text{stiffness}} \tag{3}
$$

with

$$
\hat{H}^{\text{shift}} = \frac{\hbar \varkappa_1}{2V} \hat{N}(\hat{N} - 1),\tag{4}
$$

$$
\hat{H}^{\text{stiffness}} = \frac{\hbar \varkappa_2}{V} (\hat{N} - 1) \sum_{\mathbf{k}, \lambda} \alpha \mathbf{k}^2 \hat{a}_{\mathbf{k}, \lambda}^{\dagger} \hat{a}_{\mathbf{k}, \lambda},
$$
 (5)

where  $\hat{N}$  is the operator of the total number of particles distributed in the system as a whole,  $\varkappa_1$  and  $\varkappa_2$  characterize the non-linearity of the Bose gas. We assume that  $\varkappa_1$  and  $\varkappa_2$  do not depend on *V* .

The Hamiltonians  $\hat{H}^{\text{shift}}$  and  $\hat{H}^{\text{stiffness}}$  lead to the shift in the energy of the ground state of the system and to the change in the effective mass of particles, as shown in Fig. 1. Indeed, the <span id="page-2-0"></span>Heisenberg equation for  $\hat{a}_{\mathbf{k},\lambda}$  has the form

*da*ˆ**<sup>k</sup>**,λ

$$
\frac{d\hat{a}_{\mathbf{k},\lambda}}{dt} = -i \left[ \left( \omega_{0} + \frac{\varkappa_{1} \hat{N}}{V} \right) + \left( 1 + \frac{\varkappa_{2} \hat{N}}{V} \right) \alpha \mathbf{k}^{2} \right] \hat{a}_{\mathbf{k},\lambda} \n- i \frac{\varkappa_{2}}{V} \sum_{\mathbf{q},\lambda'} \alpha \mathbf{q}^{2} \hat{a}_{\mathbf{q},\lambda'}^{\dagger} \hat{a}_{\mathbf{q},\lambda'} \hat{a}_{\mathbf{k},\lambda}.
$$
\n(6)

For a fixed number of particles N, the non-linearity  $\hat{H}^{\text{shift}}$  leads to a shift of the entire dispersion curve by the frequency

$$
\Delta \omega_N = \frac{\varkappa_1 N}{V}.\tag{7}
$$

This shift is proportional to the particle density, which is typical for BEC implementations based on polaritons  $\sum_{\mathbf{q},\lambda'} \mathbf{q}^2 \langle \hat{a}_{\mathbf{q},\lambda'}^{\dagger} \hat{a}_{\mathbf{q},\lambda'} \rangle$  is much less compared to  $\langle \hat{N} \rangle \mathbf{k}^2$ . In this [\[62,63,65–71\]](#page-6-0). For sufficiently large **k** in BEC, the term case, the non-linearity of  $\hat{H}$ <sup>stiffness</sup> leads to a relative change in the effective mass

$$
\delta \alpha_N = \frac{\varkappa_2 N}{V}.
$$
 (8)

## **III. THE ROLE OF NVT ENSEMBLE IN EQUILIBRIUM AND NON-EQUILIBRIUM BEC**

Below, we analyze the stability of BEC and the Bose gas before condensation employing formalism of *NV T* ensemble. *NV T* ensemble directly corresponds the case, where the condensate does not exchange the particles with the environment. As it was discussed in the Introduction, this situation is mostly realized in experiments with trapped atoms [\[2](#page-4-0)[,47,48\]](#page-6-0). However, *NVT* ensemble may play an important role in the evolution of the non-equilibrium BEC [\[88,89\]](#page-7-0), when the condensate dissipates, but remains sustained due to an external pumping. The analysis with *NV T* ensemble is relevant to the non-equilibrium BEC, when the effective thermalization rate of BEC overcomes its dissipation rate [\[87–89\]](#page-7-0). This situation can be realized in experiments with polaritons [\[57](#page-6-0)[,90,91\]](#page-7-0).

The evolution of non-equilibrium BECs in the presence of dissipation, pumping, and thermalization processes can be described through the Lindblad master equation [\[73](#page-6-0)[,87–89\]](#page-7-0)

$$
\frac{\partial \hat{\rho}(t)}{\partial t} = \frac{i}{\hbar} [\hat{\rho}(t), \hat{H}_{\text{LP}}] + L_{\text{diss}}(\hat{\rho}(t)) \n+ L_{\text{pump}}(\hat{\rho}(t)) + L_{\text{therm}}(\hat{\rho}(t)),
$$
\n(9)

where  $\hat{\rho}(t)$  is the density matrix of the BEC,  $L_{\text{pump}}$ ,  $L_{\text{diss}}$ ,  $L_{\text{diss}}$ are the Lindblad superoperators that describe pumping of the BEC, the dissipation of BEC, and thermalization of the BEC, respectively. This equation reliably takes into account the open nature of the condensates, including the thermalization processes. Generally, this equation is difficult to solve due to the great amount of degrees of freedom of the condensate. One way to overcome this difficulty is to use one of the mean-field approaches, i.e., Maxwell–Boltzmann equations [\[77–85\]](#page-7-0). Exact way to solve the Lindblad equation (9) has been developed in [\[87,88\]](#page-7-0). There, it has been shown that, in the fast thermalization limit, the complexity of the Lindblad equations can be substantially reduced due to the presence of the integral of motion in the thermalization process. The general form of the solution of the Lindblad equation  $(9)$  in the fast thermalization

limit is

$$
\hat{\rho}(t) = \sum_{N=0}^{+\infty} P_N(t)\hat{\rho}_N,\tag{10}
$$

where the summation goes over the total number of polaritons and  $\hat{\rho}_N$  is the thermalized density matrix of the states with exactly *N* polaritons, which forms an invariant subspace [\[87,88\]](#page-7-0). Therefore, the dynamics of non-equilibrium BEC in this case is determined by the corresponding thermodynamical *NV T* ensemble [\[87,88\]](#page-7-0). Thus, the analysis of BEC stability in an *NV T* ensemble is relevant not only for equilibrium BEC, but also for non-equilibrium BEC with the fast thermalization.

#### **IV. PARTITION FUNCTION OF NON-IDEAL BEC**

For definiteness, below we consider the degeneracy  $g = 1$ and  $g = 2$ . The latter situation is typical for BECs based on polaritons, which have two polarizations and, accordingly, each state with a certain wave vector **k** has degeneracy 2. The density of states, ν, is

$$
\nu = \frac{gV}{4\pi\hbar\alpha}, \ \ [\nu] = eV^{-1}.
$$
 (11)

We assume that  $v k_B T \gg 1$ , that is the number of states in the energy interval  $(\hbar \omega_{\mathbf{k}=0}, \hbar \omega_{\mathbf{k}=0} + k_B T)$  is much greater than one.

The partition function,  $Z_N^{\text{ideal}}$ , of an ideal Bose gas in the *NV T* ensemble is

$$
Z_N^{\text{ideal}}(T) = \sum e^{-\sum_{\mathbf{k},\lambda} n_{\mathbf{k},\lambda} \hbar(\omega_{\mathbf{k}} - \omega_0)/k_B T}, \qquad (12)
$$

where  $T$  is the temperature of the Bose gas,  $k_B$  is the Boltzmann constant,  $n_{\mathbf{k},\lambda}$  is the number of particles in the state with wave vector **k** and polarization  $\lambda$ , and  $\sum'$  is the sum over all possible configurations of particles, provided that total number of particles distributed in the system as a whole equals *N*. The partition function obeys the recursive relation [\[88,92–](#page-7-0) [97\]](#page-7-0)

$$
Z_N^{\text{ideal}}(T) = \sum_{n=0}^{N-1} Z_n^{\text{ideal}}(T) \left( \frac{g}{N} + \frac{\nu k_B T}{N(N-n)} \right), \quad (13)
$$

where  $Z_0^{\text{ideal}}(T) = 1$ .

Depending on the relation between  $v k_B T$  and *N*, two regions can be separated in the  $\{N, V, T\}$  plane: Bose gas is far from the condensation state ( $N \ll v k_B T$ ), the Bose gas is in the BEC state ( $N \gg v k_B T$ ) [\[88\]](#page-7-0). From Eq. (13) it follows that

$$
Z_N^{\text{ideal}}(T) \approx \frac{\left(\nu k_B T\right)^N}{N!} \tag{14}
$$

before BEC formation ( $N \ll v k_B T$ ) and

$$
Z_N^{\text{ideal}}(T) \approx \left(1 - \frac{vk_BT}{N}\right) e^{\pi^2 vk_BT/6}, \text{ for } g = 1,
$$
 (15)

$$
Z_N^{\text{ideal}}(T) \approx (N - v k_B T \ln N) e^{\pi^2 v k_B T/6}, \text{ for } g = 2 \qquad (16)
$$

after BEC formation  $(N \gg v k_B T)$  [\[88\]](#page-7-0).

<span id="page-3-0"></span>The partition function in the *NVT* ensemble of the nonideal BEC with the non-linearity  $(3)$  is

$$
Z_N(T) = \sum' e^{-\sum_{\mathbf{k},\lambda} n_{\mathbf{k},\lambda} \hbar(\omega_{\mathbf{k}} - \omega_0)/k_B T} \times e^{-\hbar \Delta \omega_N (N-1)/2k_B T} e^{-\delta \alpha_N (N-1) \sum_{\mathbf{k},\lambda} n_{\mathbf{k},\lambda} \hbar(\omega_{\mathbf{k}} - \omega_0)/Nk_B T}.
$$
\n(17)

Comparing the expressions  $(12)$  and  $(17)$  we obtain (see Appendix)

$$
Z_N(T) = Z_N^{\text{ideal}}(T^*)e^{-\hbar\Delta\omega_N(N-1)/2k_BT},\qquad(18)
$$

where  $T^* = T/(1 + \delta \alpha_N(N - 1)/N)$ . Note that since  $\delta \alpha_N$  depends on *V* [Eq.  $(8)$ ], therefore,  $T^*$  also depends on *V*.

The explicit expressions for the partition functions [\(14\)](#page-2-0)–  $(16)$  and  $(18)$  enable us to find the compressibility of the nonideal BEC and investigate its stability.

### **V. COMPRESSIBILITY OF A NON-IDEAL BEC**

The compressibility,  $\beta_T$ , can be found according to  $\beta_T = -(V k_B T \partial^2 \ln Z_N / \partial V^2)^{-1}$  [\[98\]](#page-7-0). From Eq. (18) it follows that  $\partial^2 \ln Z_N(T) / \partial V^2 = \partial^2 \ln Z_N^{\text{ideal}}(T^*) / \partial V^2$  –  $(N/V^2)(\hbar \Delta \omega_N/k_B T)$ , where  $T^*$  depends on *V*. Therefore, the compressibility of the non-ideal Bose gas before the condensate formation  $[N \ll v k_B T/(1 + \delta \alpha_N)]$  is [see Eq. [\(14\)](#page-2-0)]

$$
\beta_T \approx \frac{V}{Nk_B T} \left( 2 - \frac{1}{(1 + \delta \alpha_N)^2} + \frac{\hbar \Delta \omega_N}{k_B T} \right)^{-1} . \tag{19}
$$

After the formation of BEC ( $N \gg v k_B T/(1 + \delta \alpha_N)$ ), the compressibility becomes [see Eqs.  $(15)$ – $(16)$ ]

$$
\beta_T \approx \frac{V}{k_B T} \left[ \left( \frac{vk_B T}{N} \right)^2 \frac{(1 + 2\delta\alpha_N)^2}{(1 + \delta\alpha_N)^4} + \frac{\hbar \Delta\omega_N}{k_B T} N + \right. \\
\left. + \left( 2 + \frac{\pi^2}{6} \right) \frac{vk_B T}{N} \frac{\delta\alpha_N^2}{(1 + \delta\alpha_N)^3} \right]^{-1}, \text{ for } g = 1, \quad (20)
$$
\n
$$
\beta_T \approx \frac{V}{k_B T} \left[ \left( \frac{vk_B T \ln N}{N} \right)^2 \frac{(1 + 2\delta\alpha_N)^2}{(1 + \delta\alpha_N)^4} + \frac{\hbar \Delta\omega_N}{k_B T} N + \right.
$$

$$
+\left(2+\frac{\pi^2}{6}\right)\frac{vk_BT\ln N}{N}\frac{\delta\alpha_N^2}{(1+\delta\alpha_N)^3}\bigg]^{-1},\text{ for }g=2.
$$
\n(21)

For the ideal BEC, when  $\Delta \omega_N = 0$  and  $\delta \alpha_N = 0$ , the compressibility is always positive, and, hence, the ideal BEC is stable. However, when ideal BEC is formed,  $\beta_T \propto N^2$ . Therefore, as the the total number of particles grows, the volume occupied by the BEC becomes more sensitive to the changes in pressure. This situation is exactly opposed to the behavior of an ideal Bose gas before the BEC formation. In the latter case,  $\beta_T \propto N^{-1}$  and an increase in the number of particles leads to a decrease in the compressibility. Thus, above the condensation threshold, as the total number of particles increases, the volume fluctuations strongly increase, and BEC becomes less stable. Indeed, the square of the thermal fluctuations of the volume,  $(\Delta V)^2$ , is proportional to the compressibility of  $\beta_T$ , so  $(\Delta V)^2 = V k_B T \beta_T$  [\[98\]](#page-7-0).



FIG. 2. Polariton stability diagram below (a) and above (b) the BEC formation  $(g = 1)$ . Unstable regions are shaded with gray and correspond to the negative isothermal compressibility. (b) corresponds to  $N = 10^3 v k_B T$ .

Let us consider the case when the non-linearity does not lead to a change of the effective mass ( $\delta \alpha_N = 0$ ). In this case, the compressibility is always positive at blueshift ( $\Delta \omega_N > 0$ ). However, in the case of redshift ( $\Delta \omega_N < 0$ ), non-linearity can lead to the negative compressibility and instability (Fig. 2). In this case, there is a certain critical number of particles, at which the instability emerges. We denote this critical number of particles for a Bose gas below the condensation threshold as  $N_c^{\text{Bose}}$  and above the condensation threshold as  $N_c^{\text{BEC}}$ . From Eqs.  $(19)$ – $(21)$  it follows that

$$
N_c^{\text{Bose}} = \frac{V k_B T}{\hbar |\varkappa_1|} \iff \hbar \Delta \omega_{N_c^{\text{Bose}}} = -k_B T, \qquad (22)
$$

$$
N_c^{\text{BEC}} = (N_c^{\text{Bose}})^{1/4} (v k_B T)^{1/2}, \text{ for } g = 1,
$$
 (23)

$$
\frac{N_c^{\text{BEC}}}{\sqrt{\ln N_c^{\text{BEC}}}} = (N_c^{\text{Bose}})^{1/4} (v k_B T)^{1/2}, \text{ for } g = 2.
$$
 (24)

Thus, instability can appear both in non-ideal BEC and non-condensed Bose gas. In a non-condensed Bose gas, instability occurs when the frequency redshift reaches  $k_B T/\hbar$ [see Eqs.  $(22)$  and  $(7)$ ]. In BEC, instability arises at a much smaller number of particles. Indeed, from the expressions  $(23)$ – $(24)$  it follows that  $N_c^{\text{BEC}} \ll N_c^{\text{Bose}}$  for  $\nu k_B T \ll N_c^{\text{Bose}}$ . Moreover,  $N_c^{\text{BEC}} \propto V^{3/4}$ , therefore, the critical concentration of particles, *N*/*V* , at which instability occurs in BEC falls as  $V^{-1/4}$ , whereas, in a non-condensed Bose gas, the critical concentration does not depend on *V* .

The analysis presented above shows that the homogeneous BEC becomes unstable if  $N > N_c^{\text{BEC}}$ . In this case, the inhomogeneous BEC can be stable. To show this, we denote the concentration of the particles in BEC as  $n(N, V) = N/V$ and the corresponding critical concentration as  $n_c^{\text{BEC}}(V) =$  $N_c^{\text{BEC}}/V$ . Suppose that the unstable homogeneous BEC  $[n(N, V) > n_c^{BEC}(V)]$  splits into *M* equal parts. The concentration of the particles in each part remains the same because  $n(N, V) = n(N/M, V/M)$ , but the critical concentrabecause  $n(N, V) = n(N/M, V/M)$ , but the critical concentration in each part increases as  $n_c^{BEC}(V/M) = \sqrt[4]{M} \times n_c^{BEC}(V)$ . For large enough *M* the inhomogeneous BEC may become stable because the critical concentration can rise above the concentration of BEC.

A change in the effective mass of the particles has a different effect on the stability of the system before and after BEC formation. Before the BEC formation, the change in the <span id="page-4-0"></span>dispersion curve strongly affects the stability of the system: if the non-linearity leads to an increase in the effective mass  $(\delta \alpha_N > 0)$ , then a larger redshift  $\Delta \omega_N$  is required to reach the instability, but, in the opposite case ( $\delta \alpha_N < 0$ ), the stability region with respect to  $\Delta\omega_N$  narrows [Fig. [2\(a\)\]](#page-3-0). This behavior is expected. Indeed, with the increase in the effective mass, the additional pressure due to non-linearity is positive, thus, the system becomes more stable. However, if the effective mass decreases with the increase of the number of particles, then the corresponding additional pressure is negative, thus, the system becomes more unstable.

The change in the effective mass has a less significant effect on the BEC stability [Fig.  $2(b)$ ]. This is because the change in the shape of the dispersion curve leads to two opposite effects, that almost compensate each other. For instance, let us consider  $\delta \alpha_N > 0$ . On the one hand, at  $\delta \alpha_N > 0$ , the effective mass increases, which leads to the increase in pressure. On the other hand, ν decreases, therefore, the fraction of particles in the ground state rises, that reduces the pressure. A more detailed analysis of Eqs.  $(20)$ – $(21)$  shows that, regardless of the sign of  $\delta \alpha_N$ , the final additional pressure is always positive in BEC.

## **VI. CONCLUSION**

We considered a non-ideal two-dimensional Bose–Einstein condensate (BEC) in a canonical ensemble, when the nonlinearity leads to a change in the dispersion curve, namely, an increase in the effective mass and a shift of the dispersion curve. We obtained the explicit expression for the partition function of the two-dimensional non-ideal BEC, which made it possible to study compressibility. We demonstrated that a change in the effective mass due to the non-linearity has little effect on stability of BEC. We also showed that when non-linear interactions in BEC result in a blueshift of the dispersion curve, the compressibility always remains positive. However, in the case of redshift, the BEC compressibility becomes negative at a sufficiently high particle concentration. In this case the homogeneous BEC becomes unstable, whereas the inhomogeneous BEC can be stable. Thus, the BEC can become unstable at redshift because negative compressibility leads to pressure fluctuations arising in different parts of the BEC are not compensated by the surrounding condensate, but,

- [1] M. H. Anderson, J. R. Ensher, M. R. Matthews, C. E. Wieman, and E. A. Cornell, Observation of Bose–Einstein condensation in a dilute atomic vapor, Science **269**[, 198 \(1995\).](https://doi.org/10.1126/science.269.5221.198)
- [2] K. B. Davis, M.-O. Mewes, M. R. Andrews, N. J. van Druten, D. S. Durfee, D. M. Kurn, and W. Ketterle, Bose–Einstein [Condensation in a Gas of Sodium Atoms,](https://doi.org/10.1103/PhysRevLett.75.3969) Phys. Rev. Lett. **75**, 3969 (1995).
- [3] [S. N. Bose, Plancks gesetz und lichtquantenhypothese,](https://doi.org/10.1007/BF01327326) Z. Phys. **26**, 178 (1924).
- [4] A. Einstein, Quantentheorie des einatomigen idealen Gases. Zweite Abhandlung, in *Albert Einstein: Akademie-Vorträge*, edited by D. Simon (John Wiley & Sons, Ltd, 2005), pp. 245–257.

on the contrary, begin to grow with time. One can suppose that this may lead to a non-uniform distribution of BEC particles.

The instability of Bose gas at redshift occurs both in the BEC and in the Bose gas prior to condensation. In the latter case, the instability occurs when the frequency redshift exceeds  $k_B T/\hbar$ . However, the BEC formation significantly reduces the concentration of particles required for the onset of the instability. Moreover, the critical concentration of the particles before the formation of a BEC does not depend on the occupied region, but after the formation of a BEC, the critical concentration of particles decreases with an increase in the size of the condensate.

In this paper, we considered Bose gas in a 2D case, however, this theory can be straightforwardly extended to the three-dimensional (3D) case. Indeed, one can see that the relation between the partition functions for ideal and non-ideal Bose gases  $[Eq. (18)]$  $[Eq. (18)]$  $[Eq. (18)]$  do not depend on the dimension and there are effective methods to calculate the partition function for the ideal Bose gas [\[88,99,100\]](#page-7-0). Further investigation of 3D case we leave for future works.

#### **ACKNOWLEDGMENTS**

The research was financially supported by a grant from Russian Science Foundation (Project No. 20-72-10145). V.Yu.Sh. thanks the Foundation for the Advancement of Theoretical Physics and Mathematics "Basis".

#### **APPENDIX: DERIVATION OF EQ. [\(18\)](#page-3-0)**

In expression  $(17)$  we combine the first and the third exponents and obtain

$$
Z_N(T) = \sum' e^{-\sum_{\mathbf{k},\lambda} n_{\mathbf{k},\lambda} \hbar(\omega_{\mathbf{k}} - \omega_0)(1 + \delta \alpha_N (N-1)/2)/k_B T}
$$
  
×  $e^{-\hbar \Delta \omega_N (N-1)/2k_B T}$ . (A1)

Since the sum  $\sum'$  runs only over the states with  $\sum_{\mathbf{k},\lambda} n_{\mathbf{k},\lambda} =$ *N*, we can treat *N* as the constant in the right-hand side of Eq. (A1). We introduce  $T^* = T/(1 + \delta \alpha_N (N - 1)/N)$ ,

$$
Z_N(T) = e^{-\hbar \Delta \omega_N (N-1)/2k_B T} \sum e^{-\sum_{\mathbf{k},\lambda} n_{\mathbf{k},\lambda} \hbar (\omega_{\mathbf{k}} - \omega_0)/k_B T^*}. \quad (A2)
$$

We use the definition of the  $Z_N^{\text{ideal}}(T)$  [Eq. [\(12\)](#page-2-0)] and obtain Eq. [\(18\)](#page-3-0).

- [5] D. Sanvitto and S. Kéna-Cohen, The road towards polaritonic devices, Nat. Mater. **15**[, 1061 \(2016\).](https://doi.org/10.1038/nmat4668)
- [6] J. Keeling and S. Kéna-Cohen, Bose–Einstein condensation of [exciton-polaritons in organic microcavities,](https://doi.org/10.1146/annurev-physchem-010920-102509) Annu. Rev. Phys. Chem. **71**, 435 (2020).
- [7] A. Kavokin, T. C. Liew, C. Schneider, P. G. Lagoudakis, S. Klembt, and S. Hoefling, Polariton condensates for clas[sical and quantum computing,](https://doi.org/10.1038/s42254-022-00447-1) Nat. Rev. Phys. **4**, 435 (2022).
- [8] A. V. Zasedatelev, A. V. Baranikov, D. Sannikov, D. Urbonas, F. Scafirimuto, V. Y. Shishkov, E. S. Andrianov, Y. E. Lozovik, U. Scherf, T. Stöferle *et al.*, Single-photon nonlinearity at room temperature, [Nature \(London\)](https://doi.org/10.1038/s41586-021-03866-9) **597**, 493 (2021).
- <span id="page-5-0"></span>[9] S. Pannir-Sivajothi, J. A. Campos-Gonzalez-Angulo, L. A. Martínez-Martínez, S. Sinha, and J. Yuen-Zhou, Driving [chemical reactions with polariton condensates,](https://doi.org/10.1038/s41467-022-29290-9) Nat. Commun. **13**, 1645 (2022).
- [10] C. A. Sackett, J. M. Gerton, M. Welling, and R. G. Hulet, Measurements of Collective Collapse in a Bose-Einstein Con[densate with Attractive Interactions,](https://doi.org/10.1103/PhysRevLett.82.876) Phys. Rev. Lett. **82**, 876 (1999).
- [11] E. Timmermans, P. Tommasini, R. Côté, M. Hussein, and A. Kerman, Rarified Liquid Properties of Hybrid Atomic-[Molecular Bose-Einstein Condensates,](https://doi.org/10.1103/PhysRevLett.83.2691) Phys. Rev. Lett. **83**, 2691 (1999).
- [12] R. Nath, P. Pedri, and L. Santos, Phonon Instability with Respect to Soliton Formation in Two-Dimensional Dipolar [Bose-Einstein Condensates,](https://doi.org/10.1103/PhysRevLett.102.050401) Phys. Rev. Lett. **102**, 050401 (2009).
- [13] D. C. E. Bortolotti, S. Ronen, J. L. Bohn, and D. Blume, Scattering Length Instability in Dipolar Bose-Einstein Condensates, Phys. Rev. Lett. **97**[, 160402 \(2006\).](https://doi.org/10.1103/PhysRevLett.97.160402)
- [14] H. Buljan, M. Segev, and A. Vardi, Incoherent Matter-Wave Solitons and Pairing Instability in an Attractively Interact[ing Bose-Einstein Condensate,](https://doi.org/10.1103/PhysRevLett.95.180401) Phys. Rev. Lett. **95**, 180401 (2005).
- [15] E. A. Donley, N. R. Claussen, S. L. Cornish, J. L. Roberts, E. A. Cornell, and C. E. Wieman, Dynamics of collapsing and [exploding Bose–Einstein condensates,](https://doi.org/10.1038/35085500) Nature (London) **412**, 295 (2001).
- [16] P. K. Debnath and B. Chakrabarti, Instability of collective excitations and power laws of an attractive Bose–Einstein [condensate in an anharmonic trap,](https://doi.org/10.1103/PhysRevA.82.043614) Phys. Rev. A **82**, 043614 (2010).
- [17] G. S. Jeon, L. Yin, S. W. Rhee, and D. J. Thouless, Pairing instability and mechanical collapse of a Bose gas with an attractive interaction, Phys. Rev. A **66**[, 011603\(R\) \(2002\).](https://doi.org/10.1103/PhysRevA.66.011603)
- [18] T. Miyakawa, T. Suzuki, and H. Yabu, Induced instability for boson-fermion mixed condensates of alkali-metal atoms due [to the attractive boson-fermion interaction,](https://doi.org/10.1103/PhysRevA.64.033611) Phys. Rev. A **64**, 033611 (2001).
- [19] E. J. Mueller and G. Baym, Finite-temperature collapse of a [Bose gas with attractive interactions,](https://doi.org/10.1103/PhysRevA.62.053605) Phys. Rev. A **62**, 053605 (2000).
- [20] A. Eleftheriou and K. Huang, Instability of a Bose–Einstein [condensate with an attractive interaction,](https://doi.org/10.1103/PhysRevA.61.043601) Phys. Rev. A **61**, 043601 (2000).
- [21] H. Stoof, Atomic Bose gas with a negative scattering length, Phys. Rev. A **49**[, 3824 \(1994\).](https://doi.org/10.1103/PhysRevA.49.3824)
- [22] R. M. W. van Bijnen, D. H. J. O'Dell, N. G. Parker, and A. M. Martin, Dynamical Instability of a Rotating Dipo[lar Bose-Einstein Condensate,](https://doi.org/10.1103/PhysRevLett.98.150401) Phys. Rev. Lett. **98**, 150401 (2007).
- [23] H. Saitoand M. Ueda, Split Instability of a Vortex in an Attrac[tive Bose-Einstein Condensate,](https://doi.org/10.1103/PhysRevLett.89.190402) Phys. Rev. Lett. **89**, 190402 (2002).
- [24] G. P. Berman, A. Smerzi, and A. R. Bishop, Quantum Instability of a Bose-Einstein Condensate with Attractive Interaction, Phys. Rev. Lett. **88**[, 120402 \(2002\).](https://doi.org/10.1103/PhysRevLett.88.120402)
- [25] R. Hanai, P. B. Littlewood, and Y. Ohashi, Dynamical instability of a driven-dissipative electron-hole condensate in [the BCS-BEC crossover region,](https://doi.org/10.1103/PhysRevB.96.125206) Phys. Rev. B **96**, 125206 (2017).
- [26] N. Bobrovska, M. Matuszewski, K. S. Daskalakis, S. A. Maier, and S. Kéna-Cohen, Dynamical instability of a nonequilibrium exciton-polariton condensate, [ACS Photonics](https://doi.org/10.1021/acsphotonics.7b00283) **5**, 111 (2018).
- [27] F. Baboux, D. De Bernardis, V. Goblot, V. Gladilin, C. Gomez, E. Galopin, L. Le Gratiet, A. Lemaître, I. Sagnes, I. Carusotto *et al.*, Unstable and stable regimes of polariton condensation, Optica **5**[, 1163 \(2018\).](https://doi.org/10.1364/OPTICA.5.001163)
- [28] S. Baharian and G. Baym, Bose–Einstein condensates in toroidal traps: Instabilities, swallow-tail loops, and selftrapping, Phys. Rev. A **87**[, 013619 \(2013\).](https://doi.org/10.1103/PhysRevA.87.013619)
- [29] R. Kanamoto, H. Saito, and M. Ueda, Quantum phase transition in one-dimensional Bose–Einstein condensates with attractive interactions, Phys. Rev. A **67**[, 013608 \(2003\).](https://doi.org/10.1103/PhysRevA.67.013608)
- [30] E. Wamba, K. Porsezian, A. Mohamadou, and T. C. Kofané, Instability domain of Bose–Einstein condensates with quan[tum fluctuations and three-body interactions,](https://doi.org/10.1016/j.physleta.2012.11.035) Phys. Lett. A **377**, 262 (2013).
- [31] J.-K. Xue, Modulational instability of the trapped Bose– Einstein condensates, [Phys. Lett. A](https://doi.org/10.1016/j.physleta.2005.05.018) **341**, 527 (2005).
- [32] B. Baizakov, V. Konotop, and M. Salerno, Regular spatial structures in arrays of Bose–Einstein condensates induced by modulational instability, [J. Phys. B: At., Mol. Opt. Phys.](https://doi.org/10.1088/0953-4075/35/24/312) **35**, 5105 (2002).
- [33] I. Kourakis, P. K. Shukla, M. Marklund, and L. Stenflo, Modulational instability criteria for two-component Bose–Einstein condensates, [Eur. Phys. J. B](https://doi.org/10.1140/epjb/e2005-00271-7) **46**, 381 (2005).
- [34] N. P. Robins, W. Zhang, E. A. Ostrovskaya, and Y. S. Kivshar, [Modulational instability of spinor condensates,](https://doi.org/10.1103/PhysRevA.64.021601) Phys. Rev. A **64**, 021601(R) (2001).
- [35] V. V. Konotop and M. Salerno, Modulational instability in [Bose–Einstein condensates in optical lattices,](https://doi.org/10.1103/PhysRevA.65.021602) Phys. Rev. A **65**, 021602(R) (2002).
- [36] G. Theocharis, Z. Rapti, P. G. Kevrekidis, D. J. Frantzeskakis, and V. V. Konotop, Modulational instability of Gross-Pitaevskii-type equations in  $1 + 1$  dimensions, Phys. Rev. A **67**, 063610 (2003).
- [37] G.-R. Jin, C. K. Kim, and K. Nahm, Modulational instability of two-component Bose–Einstein condensates in an optical lattice, Phys. Rev. A **72**[, 045601 \(2005\).](https://doi.org/10.1103/PhysRevA.72.045601)
- [38] E. V. Doktorov, V. M. Rothos, and Y. S. Kivshar, Full-time dynamics of modulational instability in spinor Bose–Einstein condensates, Phys. Rev. A **76**[, 013626 \(2007\).](https://doi.org/10.1103/PhysRevA.76.013626)
- [39] P. J. Everitt, M. A. Sooriyabandara, M. Guasoni, P. B. Wigley, C. H. Wei, G. D. McDonald, K. S. Hardman, P. Manju, J. D. Close, C. C. N. Kuhn, S. S. Szigeti, Y. S. Kivshar, and N. P. Robins, Observation of a modulational instability in Bose– Einstein condensates, Phys. Rev. A **96**[, 041601\(R\) \(2017\).](https://doi.org/10.1103/PhysRevA.96.041601)
- [40] I. Ferrier-Barbut, M. Wenzel, M. Schmitt, F. Böttcher, and T. Pfau, Onset of a modulational instability in trapped dipo[lar Bose–Einstein condensates,](https://doi.org/10.1103/PhysRevA.97.011604) Phys. Rev. A **97**, 011604(R) (2018).
- [41] P. Molignini, L. Papariello, A. U. J. Lode, and R. Chitra, Superlattice switching from parametric instabilities in a [driven-dissipative Bose–Einstein condensate in a cavity,](https://doi.org/10.1103/PhysRevA.98.053620) *Phys.* Rev. A **98**, 053620 (2018).
- [42] X.-Y. Qi and J.-K. Xue, Modulational instability of a modified Gross-Pitaevskii equation with higher-order nonlinearity, Phys. Rev. E **86**[, 017601 \(2012\).](https://doi.org/10.1103/PhysRevE.86.017601)
- [43] E. Wamba, S. Sabari, K. Porsezian, A. Mohamadou, and T. C. Kofané, Dynamical instability of a Bose–Einstein condensate

<span id="page-6-0"></span>with higher-order interactions in an optical potential through a variational approach, Phys. Rev. E **89**[, 052917 \(2014\).](https://doi.org/10.1103/PhysRevE.89.052917)

- [44] R. Tamilthiruvalluvar, E. Wamba, S. Subramaniyan, and K. Porsezian, Impact of higher-order nonlinearity on modulational instability in two-component Bose–Einstein condensates, Phys. Rev. E **99**[, 032202 \(2019\).](https://doi.org/10.1103/PhysRevE.99.032202)
- [45] I. A. Bhat, S. Sivaprakasam, and B. A. Malomed, Modulational instability and soliton generation in chiral Bose– [Einstein condensates with zero-energy nonlinearity,](https://doi.org/10.1103/PhysRevE.103.032206) Phys. Rev. E **103**, 032206 (2021).
- [46] E. Wamba, A. Mohamadou, and T. C. Kofané, A variational approach to the modulational instability of a Bose–Einstein condensate in a parabolic trap, [J. Phys. B: At., Mol. Opt. Phys.](https://doi.org/10.1088/0953-4075/41/22/225403) **41**, 225403 (2008).
- [47] A. Griffin, D. W. Snoke, and S. Stringari, *Bose–Einstein Condensation* (Cambridge University Press, Cambridge, 1996).
- [48] M. Andrews, C. Townsend, H.-J. Miesner, D. Durfee, D. Kurn, and W. Ketterle, Observation of interference between two Bose condensates, Science **275**[, 637 \(1997\).](https://doi.org/10.1126/science.275.5300.637)
- [49] H. Deng, G. Weihs, D. Snoke, J. Bloch, and Y. Yamamoto, Polariton lasing vs. photon lasing in a semiconductor microcavity, [Proc. Natl. Acad. Sci.](https://doi.org/10.1073/pnas.2634328100) **100**, 15318 (2003).
- [50] J. Kasprzak, M. Richard, S. Kundermann, A. Baas, P. Jeambrun, J. Keeling, F. Marchetti, M. Szymańska, R. André, J. Staehli *et al.*, Bose–Einstein condensation of exciton polaritons, [Nature \(London\)](https://doi.org/10.1038/nature05131) **443**, 409 (2006).
- [51] M. Combescot and S.-Y. Shiau, *Excitons and Cooper Pairs: Two Composite Bosons in Many-Body Physics* (Oxford University Press, New York, 2015).
- [52] T. Byrnes, N. Y. Kim, and Y. Yamamoto, Exciton–polariton condensates, Nat. Phys. **10**[, 803 \(2014\).](https://doi.org/10.1038/nphys3143)
- [53] E. Wertz, L. Ferrier, D. Solnyshkov, R. Johne, D. Sanvitto, A. Lemaître, I. Sagnes, R. Grousson, A. V. Kavokin, P. Senellart *et al.*, Spontaneous formation and optical manipulation of extended polariton condensates, Nat. Phys. **6**[, 860 \(2010\).](https://doi.org/10.1038/nphys1750)
- [54] R. Balili, V. Hartwell, D. Snoke, L. Pfeiffer, and K. West, Bose–Einstein condensation of microcavity polaritons in a trap, Science **316**[, 1007 \(2007\).](https://doi.org/10.1126/science.1140990)
- [55] E. Estrecho, T. Gao, N. Bobrovska, M. D. Fraser, M. Steger, L. Pfeiffer, K. West, T. C. H. Liew, M. Matuszewski, D. W. Snoke *et al.*, Single-shot condensation of exciton polaritons and the hole burning effect, [Nat. Commun.](https://doi.org/10.1038/s41467-018-05349-4) **9**, 1 (2018).
- [56] M. Klaas, E. Schlottmann, H. Flayac, F.P. Laussy, F. Gericke, M. Schmidt, M.v. Helversen, J. Beyer, S. Brodbeck, H. Suchomel, S. Hofling, S. Reitzenstein, and C. Schneider, Photon-Number-Resolved Measurement of an [Exciton-Polariton Condensate,](https://doi.org/10.1103/PhysRevLett.121.047401) Phys. Rev. Lett. **121**, 047401 (2018).
- [57] Y. Sun, P. Wen, Y. Yoon, G. Liu, M. Steger, L. N. Pfeiffer, K. West, D. W. Snoke, and K. A. Nelson, Bose–Einstein Condensation of Long-Lifetime Polaritons in Thermal Equilibrium, Phys. Rev. Lett. **118**[, 016602 \(2017\).](https://doi.org/10.1103/PhysRevLett.118.016602)
- [58] H. Deng, H. Haug, and Y. Yamamoto, Exciton-polariton [Bose-Einstein condensation,](https://doi.org/10.1103/RevModPhys.82.1489) Rev. Mod. Phys. **82**, 1489 (2010).
- [59] A. Imamoglu, R. J. Ram, S. Pau, Y. Yamamoto *et al.*, Nonequilibrium condensates and lasers without inversion: Exciton-polariton lasers, Phys. Rev. A **53**[, 4250 \(1996\).](https://doi.org/10.1103/PhysRevA.53.4250)
- [60] M. Wei, S. K. Rajendran, H. Ohadi, L. Tropf, M. C. Gather, G. A. Turnbull, and I. D. Samuel, Low-threshold polariton

[lasing in a highly disordered conjugated polymer,](https://doi.org/10.1364/OPTICA.6.001124) Optica **6**, 1124 (2019).

- [61] A. V. Zasedatelev, A. V. Baranikov, D. Urbonas, F. Scafirimuto, U. Scherf, T. Stöferle, R. F. Mahrt, and P. G. Lagoudakis, A room-temperature organic polariton transistor, [Nat. Photonics](https://doi.org/10.1038/s41566-019-0392-8) **13**, 378 (2019).
- [62] J. D. Plumhof, T. Stöferle, L. Mai, U. Scherf, and R. F. Mahrt, Room-temperature Bose–Einstein condensation of [cavity exciton–polaritons in a polymer,](https://doi.org/10.1038/nmat3825) Nat. Mater. **13**, 247 (2014).
- [63] T. Yagafarov, D. Sannikov, A. Zasedatelev, K. Georgiou, A. Baranikov, O. Kyriienko, I. Shelykh, L. Gai, Z. Shen, D. Lidzey *et al.*, Mechanisms of blueshifts in organic polariton condensates, [Commun. Phys.](https://doi.org/10.1038/s42005-019-0278-6) **3**, 18 (2020).
- [64] S. Schwab, W. Christopherson, R. Twieg, M. Crescimanno, and K. Singer, Mechanisms for nonlinear refractive index [in organic cavity polaritons,](https://doi.org/10.1103/PhysRevB.104.085307) Phys. Rev. B **104**, 085307 (2021).
- [65] R. P. Sabatini, F. Maasoumi, S. K. Prasad, B. Zhang, C. Clark, T. W. Schmidt, W. W. Wong, and G. Lakhwani, Organic polari[ton lasing with molecularly isolated perylene diimides,](https://doi.org/10.1063/5.0012461) Appl. Phys. Lett. **117**, 041103 (2020).
- [66] A. Putintsev, A. Zasedatelev, K. E. McGhee, T. Cookson, K. Georgiou, D. Sannikov, D. G. Lidzey, and P. Lagoudakis, Nano-second exciton-polariton lasing in organic microcavities, [Appl. Phys. Lett.](https://doi.org/10.1063/5.0019195) **117**, 123302 (2020).
- [67] M. Dusel, S. Betzold, T. H. Harder, M. Emmerling, J. Beierlein, J. Ohmer, U. Fischer, R. Thomale, C. Schneider, S. Hofling *et al.*, Room-temperature topological polariton laser in an organic lattice, Nano Lett. **21**[, 6398 \(2021\).](https://doi.org/10.1021/acs.nanolett.1c00661)
- [68] T. Cookson, K. Georgiou, A. Zasedatelev, R. T. Grant, T. Virgili, M. Cavazzini, F. Galeotti, C. Clark, N. G. Berloff, D. G. Lidzey *et al.*, A yellow polariton condensate in a dye filled microcavity, Adv. Opt. Mater. **5**[, 1700203 \(2017\).](https://doi.org/10.1002/adom.201700203)
- [69] D. Sannikov, T. Yagafarov, K. Georgiou, A. Zasedatelev, A. Baranikov, L. Gai, Z. Shen, D. Lidzey, and P. Lagoudakis, Room temperature broadband polariton lasing from a dyefilled microcavity, Adv. Opt. Mater. **7**[, 1900163 \(2019\).](https://doi.org/10.1002/adom.201900163)
- [70] M. Wei, A. Ruseckas, V. T. Mai, A. Shukla, I. Allison, S.- C. Lo, E. B. Namdas, G. A. Turnbull, and I. D. Samuel, Low threshold room temperature polariton lasing from [fluorene-based oligomers,](https://doi.org/10.1002/lpor.202100028) Laser Photonics Rev. **15**, 2100028 (2021).
- [71] K. Daskalakis, S. Maier, R. Murray, and S. Kéna-Cohen, [Nonlinear interactions in an organic polariton condensate,](https://doi.org/10.1038/nmat3874) Nat. Mater. **13**, 271 (2014).
- [72] [I. Carusotto and C. Ciuti, Quantum fluids of light,](https://doi.org/10.1103/RevModPhys.85.299) Rev. Mod. Phys. **85**, 299 (2013).
- [73] A. Kavokin, J. Baumberg, G. Malpuech, and F. Laussy, *Microcavities* (Oxford University Press, New York, 2017).
- [74] F. Laussy, Exciton Polaritons in Microcavities: New Frontiers, in *Springer Series in Solid-State Sciences*, Vol. 172, edited by D. Sanvitto and V. Timofeev (Springer Science & Business Media, New York, 2012), Chap. 1, pp. 1–42.
- [75] F. Laussy, G. Malpuech, and A. Kavokin, Spontaneous coher[ence buildup in a polariton laser,](https://doi.org/10.1002/pssc.200304064) Phys. Status Solidi (c) **1**, 1339 (2004).
- [76] F. P. Laussy, G. Malpuech, A. Kavokin, and P. Bigenwald, [Spontaneous Coherence Buildup in a Polariton Laser,](https://doi.org/10.1103/PhysRevLett.93.016402) Phys. Rev. Lett. **93**, 016402 (2004).
- <span id="page-7-0"></span>[77] G. Malpuech, A. Di Carlo, A. Kavokin, J. Baumberg, M. Zamfirescu, and P. Lugli, Room-temperature polariton lasers based on GaN microcavities, [Appl. Phys. Lett.](https://doi.org/10.1063/1.1494126) **81**, 412 (2002).
- [78] L. Banyai and P. Gartner, Real-Time Bose-Einstein Condensa[tion in a Finite Volume with a Discrete Spectrum,](https://doi.org/10.1103/PhysRevLett.88.210404) Phys. Rev. Lett. **88**, 210404 (2002).
- [79] H. T. Cao, T. D. Doan, D. B. Thoai, and H. Haug, Condensation kinetics of cavity polaritons interacting with a thermal phonon bath, Phys. Rev. B **69**[, 245325 \(2004\).](https://doi.org/10.1103/PhysRevB.69.245325)
- [80] T. D. Doan, H. T. Cao, D. B. Thoai, and H. Haug, Coherence of condensed microcavity polaritons calculated within Boltzmann-master equations, Phys. Rev. B **78**[, 205306 \(2008\).](https://doi.org/10.1103/PhysRevB.78.205306)
- [81] F. Tassone, C. Piermarocchi, V. Savona, A. Quattropani, and P. Schwendimann, Bottleneck effects in the relaxation and [photoluminescence of microcavity polaritons,](https://doi.org/10.1103/PhysRevB.56.7554) Phys. Rev. B **56**, 7554 (1997).
- [82] P. Kirtonand J. Keeling, Nonequilibrium Model of Photon Condensation, Phys. Rev. Lett. **111**[, 100404 \(2013\).](https://doi.org/10.1103/PhysRevLett.111.100404)
- [83] P. Kirton and J. Keeling, Thermalization and breakdown [of thermalization in photon condensates,](https://doi.org/10.1103/PhysRevA.91.033826) Phys. Rev. A **91**, 033826 (2015).
- [84] A. Strashko, P. Kirton, and J. Keeling, Organic Polariton Las[ing and the Weak to Strong Coupling Crossover,](https://doi.org/10.1103/PhysRevLett.121.193601) Phys. Rev. Lett. **121**, 193601 (2018).
- [85] K. B. Arnardottir, A. J. Moilanen, A. Strashko, P. Törmä, and [J. Keeling, Multimode Organic Polariton Lasing,](https://doi.org/10.1103/PhysRevLett.125.233603) Phys. Rev. Lett. **125**, 233603 (2020).
- [86] V. Y. Shishkov, E. Andrianov, A. A. Pukhov, A. P. Vinogradov, and A. A. Lisyansky, Zeroth law of thermodynamics for thermalized open quantum systems having constants of motion, Phys. Rev. E **98**[, 022132 \(2018\).](https://doi.org/10.1103/PhysRevE.98.022132)
- [87] V. Y. Shishkov, E. S. Andrianov, A. V. Zasedatelev, P. G. Lagoudakis, and Y. E. Lozovik, Exact Analytical Solution for the Density Matrix of a Nonequilibrium Polariton Bose-Einstein Condensate, Phys. Rev. Lett. **128**[, 065301 \(2022\).](https://doi.org/10.1103/PhysRevLett.128.065301)
- [88] V. Y. Shishkov, E. S. Andrianov, and Y. E. Lozovik, Analytical framework for non-equilibrium phase transition to Bose–Einstein condensate, Quantum **6**[, 719 \(2022\).](https://doi.org/10.22331/q-2022-05-24-719)
- [89] F. P. Laussy, A quantum theory for Bose–Einstein condensation of the ideal gas, [Quantum Views](https://doi.org/10.22331/qv-2022-09-26-67) **6**, 67 (2022).
- [90] T. Hakala, A. Moilanen, A. Väkeväinen, R. Guo, J.-P. Martikainen, K. Daskalakis, H. Rekola, A. Julku, and P. Törmä, Bose–Einstein condensation in a plasmonic lattice, Nat. Phys. **14**[, 739 \(2018\).](https://doi.org/10.1038/s41567-018-0109-9)
- [91] A. Väkeväinen, A. Moilanen, M. Nečada, T. Hakala, K. Daskalakis, and P. Törmä, Sub-picosecond thermalization dynamics in condensation of strongly coupled lattice plasmons, [Nat. Commun.](https://doi.org/10.1038/s41467-020-16906-1) **11**, 1 (2020).
- [92] A. Fraser, XV. The condensation of a perfect Bose–Einstein gas.–II, [The London, Edinburgh, and Dublin Philosophical](https://doi.org/10.1080/14786445108560984) Magazine and Journal of Science **42**, 165 (1951).
- [93] P. Borrmann and G. Franke, Recursion formulas for quantum statistical partition functions, [J. Chem. Phys.](https://doi.org/10.1063/1.464180) **98**, 2484 (1993).
- [94] F. Brosens, J. T. Devreese, and L. F. Lemmens, Thermodynamics of coupled identical oscillators within the path-integral formalism, [Phys. Rev. E](https://doi.org/10.1103/PhysRevE.55.227) **55**, 227 (1997).
- [95] C. Weiss and M. Wilkens, Particle number counting statistics in ideal Bose gases, [Opt. Express](https://doi.org/10.1364/OE.1.000272) **1**, 272 (1997).
- [96] K. Chase, A. Mekjian, and L. Zamick, Canonical and microcanonical ensemble approaches to Bose–Einstein condensation: The thermodynamics of particles in harmonic traps, [Eur. Phys. J. B](https://doi.org/10.1007/s100510050691) **8**, 281 (1999).
- [97] V. Kocharovsky, V. Kocharovsky, M. Holthaus, C. Ooi, A. Svidzinsky, W. Ketterle, and M. Scully, Fluctuations in ideal and interacting Bose–Einstein condensates: From the laser phase transition analogy to squeezed states and Bogoliubov quasiparticles, [Adv. At. Mol. Opt. Phys.](https://doi.org/10.1016/S1049-250X(06)53010-1) **53**, 291 (2006).
- [98] L. D. Landau and E. M. Lifshitz, *Statistical Physics*, Vol. 5 (Elsevier, Amsterdam, 2013).
- [99] V. V. Kocharovsky and V. V. Kocharovsky, Analytical theory of mesoscopic Bose–Einstein condensation in an ideal gas, Phys. Rev. A **81**[, 033615 \(2010\).](https://doi.org/10.1103/PhysRevA.81.033615)
- [100] S. V. Tarasov, V. V. Kocharovsky, and V. V. Kocharovsky, Universal scaling in the statistics and thermodynamics of a Bose–Einstein condensation of an ideal gas in an arbitrary trap, Phys. Rev. A **90**[, 033605 \(2014\).](https://doi.org/10.1103/PhysRevA.90.033605)