

Thermodynamic uncertainty relation for quantum first-passage processesYoshihiko Hasegawa ^{*}*Department of Information and Communication Engineering, Graduate School of Information Science and Technology,
The University of Tokyo, Tokyo 113-8656, Japan*

(Received 9 November 2021; revised 6 March 2022; accepted 5 April 2022; published 20 April 2022)

We derive a thermodynamic uncertainty relation for first passage processes in quantum Markov chains. We consider first passage processes that stop after a fixed number of jump events, which contrasts with typical quantum Markov chains which end at a fixed time. We obtain bounds for the observables of the first passage processes in quantum Markov chains by the Loschmidt echo, which quantifies the extent of irreversibility in quantum many-body systems. Considering a particular case, we show that the lower bound corresponds to the quantum Fisher information, which plays a fundamental role in uncertainty relations in quantum systems. Moreover, considering classical dynamics, our bound reduces to a thermodynamic uncertainty relation for classical first passage processes.

DOI: [10.1103/PhysRevE.105.044127](https://doi.org/10.1103/PhysRevE.105.044127)**I. INTRODUCTION**

The thermodynamic uncertainty relation (TUR) provides a fundamental limit of thermodynamic machines. It states that the precision of a machine, which is quantified by fluctuations of thermodynamic currents, is bounded from below by the thermodynamic cost, such as entropy production and dynamical activity. TURs have been derived for classical systems [1–17] and quantum systems [18–28]. Recently, TURs have become a central topic in nonequilibrium thermodynamics. Besides their theoretical significance, TURs have practical advantages and are used in estimating the entropy production of thermodynamic machines solely from their stochastic trajectories [29–32].

The first passage process is a stochastic process and has been extensively studied in various fields ranging from physics to finance [33,34]. Recently, it has been attracting much attention in quantum dynamics as well [35,36]. Conventionally, we consider the dynamics of stochastic processes that starts at 0 and ends at a fixed time τ ($\tau > 0$). However, in first passage processes, the dynamics stops when the system satisfies some predefined conditions, and therefore the end time of the dynamics, known as the first passage time, is considered a random variable. The predefined conditions could be the system reaching some practically meaningful states, e.g., absorbing states such as extinction, or the number of jump events surpassing a threshold. Recently, first passage processes have become increasingly important in stochastic thermodynamics [37–39]. For instance, it is possible to extract work by a gambling demon, which monitors its state and determines when to stop the dynamics [40]. For TURs in first passage processes, relations for classical stochastic thermodynamics were derived in Refs. [6,41,42]. These relations show that the fluctuations of the first passage time are bounded from below

by dynamical activity or entropy production. TURs for first passage processes are particularly important in biochemical clocks [1,43]. The precision of such clocks is ideally evaluated through the first passage time for them to accomplish a single chemical reaction cycle. Although various studies of the first passage problem have been conducted in classical stochastic thermodynamics, studies of quantum variants are in a very early stage. It was recently proposed that quantum clocks can be implemented by quantum heat engines [18,44], which strongly demands a TUR for the quantum first passage processes.

In this manuscript, we consider a TUR for quantum Markov chains that stop after a fixed number of jump events, which is a particular case of first passage processes. Using the techniques developed in Ref. [45], we obtain a TUR for the first passage time in quantum Markov chains, whose lower bound comprises the Loschmidt echo. The obtained bound concerns two dynamics: the original and perturbed dynamics. When the perturbed dynamics is identical to the original dynamics, except that the timescale of the perturbed dynamics is slightly faster or slower than that of the original dynamics, the Loschmidt echo reduces to the quantum Fisher information. This information plays a fundamental role in several uncertainty relations in quantum systems. Considering the classical limit of the derived TUR, we show that our relation reduces to a classical TUR for the classical first passage processes derived so far. Considering a two-level atom driven by a classical laser field as an application, we show that the fluctuations of the first passage time for a quantum Markov chain become smaller than its classical counterpart.

II. METHODS

The Loschmidt echo is an indicator of quantum chaos in many-body systems. Let H be a Hamiltonian and let H_* be a perturbed Hamiltonian. When the system is closed, given the

^{*}hasegawa@biom.t.u-tokyo.ac.jp

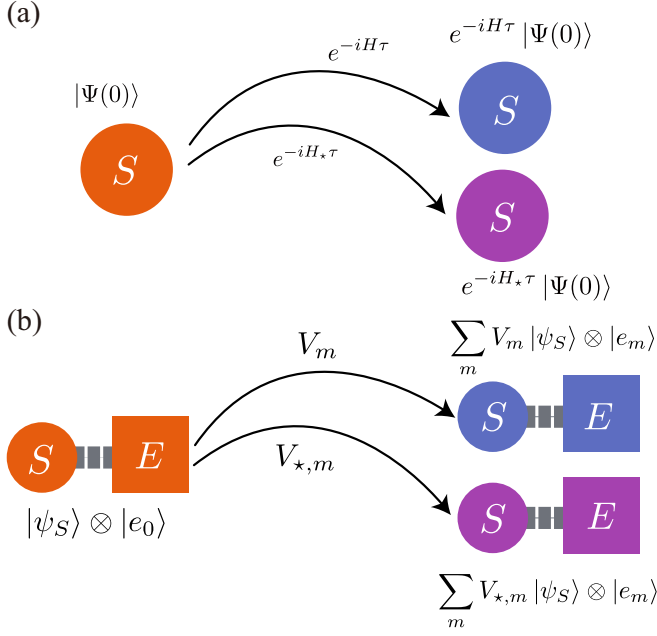


FIG. 1. Loschmidt echo for (a) closed and (b) open dynamics. S represents the system and E represents the environment. (a) Loschmidt echo defined by the fidelity between $e^{-iH\tau} |\Psi(0)\rangle$ and $e^{-iH_\star\tau} |\Psi(0)\rangle$ at $t = \tau$, where H and H_\star are the original and perturbed Hamiltonians, respectively. (b) Loschmidt echo defined by the fidelity between $\sum_m V_m |\psi_S\rangle \otimes |e_m\rangle$ and $\sum_m V_{\star,m} |\psi_S\rangle \otimes |e_m\rangle$, where V_m and $V_{\star,m}$ are the Kraus operators of the original and perturbed dynamics, respectively.

initial state $|\Psi(0)\rangle$, the Loschmidt echo η is defined by

$$\eta \equiv |\langle \Psi(0) | e^{iH_\star\tau} e^{-iH\tau} | \Psi(0) \rangle|^2. \quad (1)$$

The Loschmidt echo η defined in Eq. (1) can be regarded as the fidelity between $e^{-iH\tau} |\Psi(0)\rangle$ and $e^{-iH_\star\tau} |\Psi(0)\rangle$, which are time-evolved states at τ induced by H and H_\star , respectively, as shown in Fig. 1(a). If the system is sensitive to the perturbation, the fidelity decays quickly to 0, indicating that the Loschmidt echo is conceptually similar to the Lyapunov exponent. Because the highly susceptible fidelity under a small perturbation is related to the irreversibility of the dynamics, the Loschmidt echo can be used to quantify the irreversibility.

The Loschmidt echo in Eq. (1) is for closed quantum systems. However, we can define the Loschmidt echo for open quantum systems. Let us consider a Kraus representation,

$$\rho_S \rightarrow \sum_m V_m \rho_S V_m^\dagger, \quad (2)$$

where ρ_S is a density operator and V_m is a Kraus operator satisfying a completeness relation $\sum_m V_m^\dagger V_m = \mathbb{I}_S$, with \mathbb{I}_S being the identity operator in S . This time evolution induced by the Kraus representation can be expressed by a unitary time evolution in a larger space comprising the system S and environment E ,

$$U_{SE} |\psi_S\rangle \otimes |e_0\rangle = \sum_m V_m |\psi_S\rangle \otimes |e_m\rangle, \quad (3)$$

where $|e_m\rangle$ constitutes an orthonormal basis of E , $|\psi_S\rangle$ and $|e_0\rangle$ are initial states of S and E , respectively, and U_{SE} is a

unitary operator acting on $S + E$. Tracing out E in Eq. (3), we recover the original Kraus representation of Eq. (2). Suppose that a Kraus operator for the perturbed dynamics is $V_{\star,m}$. Then the fidelity can be calculated between $\sum_m V_m |\psi_S\rangle \otimes |e_m\rangle$ and $\sum_m V_{\star,m} |\psi_S\rangle \otimes |e_m\rangle$, as shown in Fig. 1(b). Throughout this manuscript, we use \star in subscripts to express the perturbed dynamics.

We can derive an uncertainty relation from the Loschmidt echo. Using the lower bound for the Hellinger distance [46], we obtain the bounds for observables and the Loschmidt echo [45]. Let $|\Psi\rangle$ and $|\Psi_\star\rangle$ be two pure states and let \mathcal{F} be a Hermitian observable that is applied to $|\Psi\rangle$ or $|\Psi_\star\rangle$. We define the mean and standard deviation of \mathcal{F} by $\langle \mathcal{F} \rangle \equiv \langle \Psi | \mathcal{F} | \Psi \rangle$ and $[\mathcal{F}] \equiv \sqrt{\langle \mathcal{F}^2 \rangle - \langle \mathcal{F} \rangle^2}$, respectively. $\langle \mathcal{F} \rangle_\star$ and $[\mathcal{F}]_\star$ should be evaluated for $|\Psi_\star\rangle$ instead of $|\Psi\rangle$. Then the following relation holds [45]:

$$\left(\frac{[\mathcal{F}] + [\mathcal{F}]_\star}{\langle \mathcal{F} \rangle - \langle \mathcal{F} \rangle_\star} \right)^2 \geq \frac{1}{\eta^{-1} - 1}, \quad (4)$$

where $\eta = |\langle \Psi_\star | \Psi \rangle|^2$. Equation (4) is a tighter version of the inequality derived in Ref. [47]. We obtained a quantum TUR for quantum Markov chains that end at a fixed time using Eq. (4), where the observable is a counting observable and the lower bound is defined by the Loschmidt echo. The results obtained in Ref. [45] can be regarded as a quantum analog of TUR because the entropy production in stochastic thermodynamics also characterizes the extent of irreversibility due to the time-reversal operation.

Now, we derive a TUR for first passage processes in quantum Markov chains using Eq. (4). In particular, we consider quantum Markov chains that stop after K jump events, where $K \in \{1, 2, 3, \dots\}$. Let $\rho_S(t)$ be a density operator of the principal system S at time t . We assume that the dynamics of $\rho_S(t)$ is governed by the Lindblad equation,

$$\dot{\rho}_S = \mathcal{L}\rho_S \equiv -i[H_S, \rho_S] + \sum_{m=1}^M \mathcal{D}(\rho_S, L_m), \quad (5)$$

where \mathcal{L} is the Lindblad superoperator, H_S is a system Hamiltonian, L_m represents jump operators, M is the number of jump operators, and \mathcal{D} is the dissipator defined by

$$\mathcal{D}(\rho_S, L) \equiv L\rho_S L^\dagger - \frac{\{L^\dagger L, \rho_S\}}{2}. \quad (6)$$

Here, $\{\cdot, \cdot\}$ denotes the anticommutator. The solution of Eq. (5) corresponds to the dynamics when we do not measure the environment E . However, when we measure the environment E , the system exhibits stochastic dynamics depending on the measurement record. Such stochastic dynamics conditioned on the measurement record is referred to as a quantum trajectory. Figures 2(a) and 2(b) show trajectories of classical and quantum Markov chains, respectively. For the classical trajectory, the state only varies via stochastic jumps, whereas the system undergoes smooth continuous evolution and sudden discontinuous jumps for the quantum trajectory. We can represent Eq. (5) by the following alternative expression:

$$\dot{\rho}_S = -i(H_{\text{eff}}\rho_S - \rho_S H_{\text{eff}}^\dagger) + \sum_{m=1}^M L_m \rho_S L_m^\dagger, \quad (7)$$

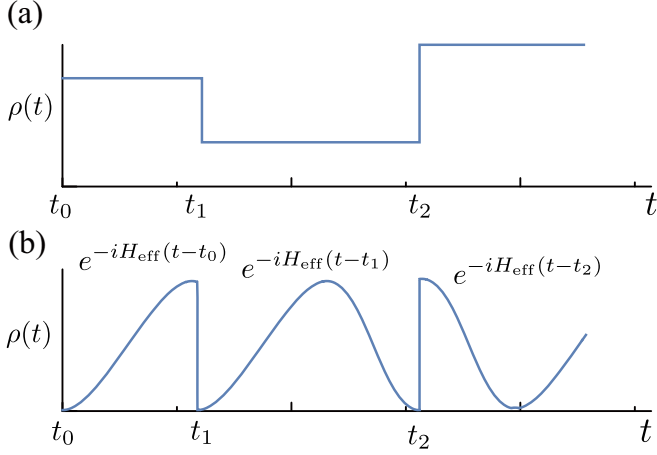


FIG. 2. Comparison of trajectories in (a) classical and (b) quantum Markov chains. In a quantum Markov chain, between the i th and $(i+1)$ th jump events, the state can change via $e^{-iH_{\text{eff}}(t-t_i)}$, where t_i is the time stamp of the i th jump event. On the other hand, the state remains unchanged between consecutive jump events for a classical Markov chain.

where H_{eff} is an effective Hamiltonian,

$$H_{\text{eff}} \equiv H_S - \frac{i}{2} \sum_{m=1}^M L_m^\dagger L_m. \quad (8)$$

Equation (7) shows that the dynamics of ρ_S is governed by two contributions: the effective Hamiltonian term $-i(H_{\text{eff}}\rho_S - \rho_S H_{\text{eff}}^\dagger)$, which induces a continuous smooth state change, and the jump operator term $\sum_{m=1}^M L_m \rho_S L_m^\dagger$, which causes a discontinuous jump. Suppose that the state of S right after a jump event is $|\psi_S\rangle$. Continuous evolution in the quantum trajectory is given by $e^{-iH_{\text{eff}}t} |\psi_S\rangle$, which is not normalized, and the next jump is induced by the m th jump operator L_m after a waiting time w . Therefore, from the state after the first jump event to the state after the second jump event, the state is transformed as

$$|\psi_S\rangle \rightarrow \frac{Y(w, m) |\psi_S\rangle}{\sqrt{\langle \psi_S | Y^\dagger(w, m) Y(w, m) | \psi_S \rangle}}, \quad (9)$$

where $Y(w, m) \equiv L_m e^{-iH_{\text{eff}}w}$. $Y(w, m)$ satisfies a completeness relation $\sum_{m=1}^M \int_0^\infty dw Y^\dagger(w, m) Y(w, m) = \mathbb{I}_S$, which can be shown by

$$\begin{aligned} & \sum_{m=1}^M \int_0^\infty dw e^{iwH_{\text{eff}}^\dagger} L_m^\dagger L_m e^{-iwH_{\text{eff}}} \\ &= - \int_0^\infty dw \frac{d}{dw} [e^{iwH_{\text{eff}}^\dagger} e^{-iwH_{\text{eff}}}] \\ &= \mathbb{I}_S - e^{iwH_{\text{eff}}^\dagger} e^{-iwH_{\text{eff}}} \Big|_{w \rightarrow \infty}. \end{aligned} \quad (10)$$

Therefore, the Kraus representation describing the evolution from the first to the second jump events is given by

$$\mathcal{Z}(\bullet) \equiv \sum_{m=1}^M \int_0^\infty dw Y(w, m) \bullet Y^\dagger(w, m). \quad (11)$$

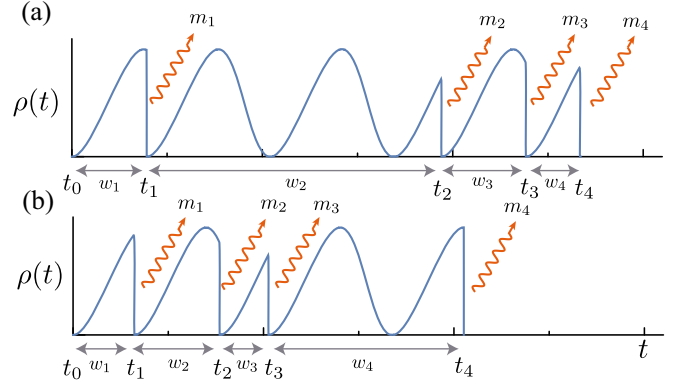


FIG. 3. Quantum Markov chain that stops after a fixed number of jump events ($K=4$). (a),(b) Different realizations of the process, both stopping when they undergo $K=4$ jump events. m_i , t_i , and w_i denote the i th output, time stamp of the i th output, and waiting time between the $(i-1)$ th and i th jump events, respectively.

We employ the input-output formalism for the first passage process with a fixed number of jump events as in Ref. [48]. The input-output formalism is also known as the continuous matrix product state. If we replace V_m in Eq. (2) by $Y(w, m)$, the Kraus representation of Eq. (11) can be represented as an interaction between the principal system S and the environment E as follows:

$$|\Psi\rangle = \sum_{m=1}^M \int_0^\infty dw Y(w, m) |\psi_S\rangle \otimes |w, m\rangle, \quad (12)$$

where $|w, m\rangle$ constitutes an orthonormal basis in E as $\langle w', m' | w, m \rangle = \delta(w' - w) \delta_{m'm}$.

We consider a quantum Markov chain that stops after K jump events. Let $|\Psi_K\rangle$ be a composite state in $S + E$ after K jump events. Let m_i be the output of the i th jump event, t_i be the time stamp of the i th jump event ($t_0 = 0$), and w_i be the waiting time between the $(i-1)$ th and i th jump events (i.e., $w_i \equiv t_i - t_{i-1}$). Figures 3(a) and 3(b) are examples of the process, where the trajectories stop when they undergo $K=4$ jump events. We observe that the first passage time is a random variable, and it is different for these two cases. Repeating Eq. (12) K times, $|\Psi_K\rangle$ is expressed by

$$\begin{aligned} |\Psi_K\rangle &= \sum_{m_K, \dots, m_1} \int_0^\infty dw Y(w_K, m_K) \cdots Y(w_1, m_1) |\psi_S\rangle \\ &\otimes |(w_K, m_K), \dots, (w_1, m_1)\rangle, \end{aligned} \quad (13)$$

where $\int_0^\infty d\mathbf{w}$ is an abbreviation for $\int_0^\infty dw_1 \int_0^\infty dw_2 \cdots \int_0^\infty dw_K$. We used Eq. (5) in Ref. [45] for expressing the input-output state for constant-time quantum Markov chains. Equation (13) shows a constant jump case of Eq. (5) in Ref. [45].

When we perform a continuous measurement, we obtain records of jump events $\mathbf{m} \equiv [m_1, m_2, \dots, m_K]$ and their time stamp $\mathbf{t} \equiv [t_1, t_2, \dots, t_K]$, as shown in Fig. 3. Knowing $\mathbf{w} \equiv [w_1, w_2, \dots, w_K]$ is equivalent to the time stamp \mathbf{t} , \mathbf{m} and \mathbf{t} can be obtained by applying the projector $|\mathbf{w}, \mathbf{m}\rangle \langle \mathbf{w}, \mathbf{m}|$, where $|\mathbf{w}, \mathbf{m}\rangle \equiv |(w_K, m_K)\rangle \otimes \cdots \otimes |(w_1, m_1)\rangle$, to $|\Psi_K\rangle$ in Eq. (13). We consider the following Hermitian observable

on E :

$$\mathcal{O} \equiv \sum_m \int_0^\infty dw h(\mathbf{w}, \mathbf{m}) |\mathbf{w}, \mathbf{m}\rangle \langle \mathbf{w}, \mathbf{m}|, \quad (14)$$

where $h(\mathbf{w}, \mathbf{m})$ is an arbitrary real function of \mathbf{w} and \mathbf{m} .

The Loschmidt echo considers the fidelity between the original $|\Psi_K\rangle$ and the perturbed $|\Psi_{\star,K}\rangle$ composite states in $S + E$, as shown in Fig. 1(b). Let $H_{\star,S}$ and $L_{\star,m}$ be the perturbed Hamiltonian and jump operators, respectively. The perturbed state $|\Psi_{\star,K}\rangle$ is expressed by Eq. (13), where $Y(\mathbf{w}, \mathbf{m})$ should be replaced by the perturbed operator $Y_\star(\mathbf{w}, \mathbf{m}) \equiv L_{\star,m} e^{-iH_{\star,\text{eff}} w}$ with $H_{\star,\text{eff}} \equiv H_{\star,S} - \frac{i}{2} \sum_{m=1}^M L_{\star,m}^\dagger L_{\star,m}$. Then the Loschmidt echo η becomes

$$\eta = |\text{Tr}[\mathcal{Z}_\star^K(\rho_S(0))]|^2, \quad (15)$$

where $\rho_S(0)$ is the initial state in S and \mathcal{Z}_\star is a mapping defined by

$$\mathcal{Z}_\star(\bullet) \equiv \sum_m \int_0^\infty dw Y(\mathbf{w}, \mathbf{m}) \bullet Y_\star^\dagger(\mathbf{w}, \mathbf{m}). \quad (16)$$

Here, \mathcal{A}^K denotes exponentiation of a mapping \mathcal{A} , i.e.,

$$\mathcal{A}^K \equiv \underbrace{\mathcal{A} \circ \mathcal{A} \circ \cdots \circ \mathcal{A}}_K, \quad (17)$$

where \circ denotes a composition. Note that the mapping \mathcal{Z}_\star is not a Kraus representation because $\text{Tr}[\mathcal{Z}_\star(\rho_S)] \neq 1$, in general. \mathcal{Z}_\star is the fixed jump number analog of a two-sided Lindblad operator [49,50], which is used to calculate the Loschmidt echo in the fixed end time system. Composition of the mapping can be reduced to a matrix multiplication when we convert \mathcal{Z}_\star from the Hilbert space to the Liouville space (Appendix A), thereby making it easy to calculate η .

Substituting $\mathcal{F} = \mathbb{I}_S \otimes \mathcal{O}$ in Eq. (14) and η in Eq. (15) into Eq. (4), we obtain

$$\left(\frac{[\mathcal{O}] + [\mathcal{O}]_\star}{\langle \mathcal{O} \rangle - \langle \mathcal{O} \rangle_\star} \right)^2 \geq \frac{1}{|\text{Tr}[\mathcal{Z}_\star^K(\rho_S(0))]|^{-2} - 1}, \quad (18)$$

which is the main result in this manuscript. Equation (18) is a TUR for first passage processes in quantum Markov chains. The above calculations assume an initially pure state $\rho_S(0) = |\psi_S\rangle \langle \psi_S|$, but it is straightforward to generalize to an initially mixed state through purification as was done in Ref. [45]. It is important to note that the Loschmidt echo can be computed using information of the principal system only, i.e., H_S , $H_{\star,S}$, L_m , and $L_{\star,m}$. Moreover, by using an ancilla qubit, we can show that the Loschmidt echo of Eq. (15) becomes a measurable quantity of a physical process (Appendix B).

Equation (18) holds for arbitrary perturbed dynamics specified by $H_{\star,S}$ and $L_{\star,m}$. Next, we consider a specific perturbed dynamics where Eq. (18) reduces to a more intuitive form. Let us consider the following perturbed operators:

$$L_{\star,m} = \sqrt{1 + \varepsilon} L_m, \quad (19)$$

$$H_{\star,S} = (1 + \varepsilon) H_S, \quad (20)$$

where ε is a real value parameter. We take the $\varepsilon \rightarrow 0$ limit. Because the Lindblad equation for the perturbed dynamics specified by Eqs. (19) and (20) is given by $\dot{\rho} = (1 + \varepsilon)\mathcal{L}(\rho_S)$, the perturbed dynamics is the same as the original dynamics,

except for the timescale. We may define a first passage time observable \mathcal{O}_f , which is a subset of \mathcal{O} , where the subscript f denotes the capital of the first passage time. The timescale of the perturbed dynamics is $(1 + \varepsilon)$ times faster than that of the original dynamics. We assume that the first passage time observable \mathcal{O}_f scales as

$$\langle \mathcal{O}_f \rangle_\star = \frac{1}{1 + \varepsilon} \langle \mathcal{O}_f \rangle, \quad (21)$$

$$[\mathcal{O}_f]_\star = \frac{1}{1 + \varepsilon} [\mathcal{O}_f]. \quad (22)$$

For instance, when $h(\mathbf{w}, \mathbf{m}) = \sum_{i=1}^K w_i = t_K$ in Eq. (14), the observable corresponds to the first passage time to reach K jump events. Apparently, this first passage time satisfies Eqs. (21) and (22). With this scaling relation, the left-hand side of Eq. (18) becomes

$$\frac{[\mathcal{O}_f] + [\mathcal{O}_f]_\star}{\langle \mathcal{O}_f \rangle - \langle \mathcal{O}_f \rangle_\star} = \frac{\varepsilon + 2}{\varepsilon} \frac{[\mathcal{O}_f]}{\langle \mathcal{O}_f \rangle}. \quad (23)$$

Next, we evaluate the right-hand side of Eq. (18). When we employ the perturbed Hamiltonian and jump operators in Eqs. (20) and (19), respectively, the ε dependence of the composite state of the perturbed dynamics can be expressed as

$$|\Psi_{\star,K}\rangle = |\Psi_K(\varepsilon)\rangle. \quad (24)$$

When $\varepsilon = 0$, Eq. (24) reduces to the unperturbed state, $|\Psi_K(\varepsilon = 0)\rangle = |\Psi_K\rangle$. Let us consider the quantum Fisher information [51,52], which is obtained by the following calculation:

$$\begin{aligned} \mathcal{I}_K(\alpha) &= 4 \langle \partial_\alpha \Psi_K(\alpha) | \partial_\alpha \Psi_K(\alpha) \rangle \\ &\quad + 4 | \langle \partial_\alpha \Psi_K(\alpha) | \Psi_K(\alpha) \rangle |^2, \end{aligned} \quad (25)$$

where $|\partial_\alpha \Psi_K(\alpha)\rangle \equiv (d/d\alpha) |\Psi_K(\alpha)\rangle$. It is known that the fidelity and quantum Fisher information are related via [53]

$$\mathcal{I}_K(\alpha) = \frac{8}{\varepsilon^2} [1 - |\langle \Psi_K(\alpha + \varepsilon) | \Psi_K(\alpha) \rangle|], \quad (26)$$

where we consider the $\varepsilon \rightarrow 0$ limit. Substituting Eqs. (23) and (26) into Eq. (18), we obtain

$$\frac{[\mathcal{O}_f]_\star^2}{\langle \mathcal{O}_f \rangle_\star^2} \geq \frac{1}{\mathcal{I}_K(0)}. \quad (27)$$

Equation (27) provides a TUR for the first passage time in quantum Markov chains. As will be shown later, when we only consider classical stochastic processes, we obtain $\mathcal{I}_K(0) \rightarrow K$. The quantum Fisher information gives the fundamental limit of the quantum parameter estimation [51,52,54,55]. Moreover, it plays a central role in the quantum speed limit [56–58] and a quantum TUR [24]. If we measure quantum systems and obtain a measurement output, the obtained output can be treated classically, and we observe that the quantum nature does not come into play. Therefore, we let $\mathcal{I}_K(\alpha; \mathcal{M}_{SE})$ be the classical Fisher information, which is obtained by applying a positive operator-valued measure (POVM) \mathcal{M}_{SE} to $|\Psi_K(\alpha)\rangle$. Because a record of continuous measurement can be obtained by measuring $|\Psi_K(\alpha)\rangle$ by the

projector $|\mathbf{w}, \mathbf{m}\rangle \langle \mathbf{w}, \mathbf{m}|$, $\mathcal{I}_K^{\text{cm}}(\alpha)$ is represented as

$$\mathcal{I}_K^{\text{cm}}(\alpha) = \mathcal{I}_K(\alpha; \mathbb{I}_S \otimes \{|\mathbf{w}, \mathbf{m}\rangle \langle \mathbf{w}, \mathbf{m}|\}). \quad (28)$$

Because the quantum Fisher information is larger than the classical counterpart, we have

$$\mathcal{I}_K^{\text{cm}}(\alpha) \leq \mathcal{J}_K(\alpha). \quad (29)$$

We have derived Eq. (27) using the lower bound of the Hellinger distance and considering a particular perturbed dynamics specified by Eqs. (19) and (20). As shown in Appendix D, Eq. (27) can also be derived through the classical Cramér-Rao inequality, which was employed to derive classical TURs [10,59].

Next, we obtain the classical limit of Eq. (27). We consider a classical Markov chain with N_S states, B_1, B_2, \dots, B_{N_S} , and take γ_{ji} to be a time-independent transition rate from B_i to B_j . Equation (27) then reduces to the following simple relation:

$$\frac{[\langle \mathcal{O}_f \rangle]^2}{\langle \mathcal{O}_f^2 \rangle} \geq \frac{1}{K}, \quad (30)$$

as shown in Appendix C. Equation (30) corresponds to a specific case of the result reported in Ref. [42]. Equation (30) shows that for first passage processes that stop after K jump events, the lower bound does not depend on the details of the dynamics or the initial distribution.

III. EXAMPLE

We apply the main result, given by Eq. (18), to a two-level atom driven by a classical laser field. Let $|\epsilon_e\rangle$ and $|\epsilon_g\rangle$ be the excited and ground states, respectively. The Hamiltonian H_S and a jump operator L are given by

$$H_S = \Delta |\epsilon_e\rangle \langle \epsilon_e| + \frac{\Omega}{2} [|\epsilon_e\rangle \langle \epsilon_g| + |\epsilon_g\rangle \langle \epsilon_e|], \quad (31)$$

$$L = \sqrt{\kappa} |\epsilon_g\rangle \langle \epsilon_e|, \quad (32)$$

where Δ is the detuning between the laser field and the atomic-transition frequencies, Ω is the Rabi-oscillation frequency, and κ is the decay rate. L induces a jump from $|\epsilon_e\rangle$ to $|\epsilon_g\rangle$. We first calculate the parameter dependence of the quantum Fisher information $\mathcal{J}_K(0)$ in Eq. (27) on the decay rate κ . Figure 4(a) shows $\mathcal{J}_K(0)$ as a function of κ , with the parameters given in the caption. The dashed line denotes $\mathcal{J}_K(0)$ and the solid line shows K , which is the classical limit of the lower bound, as shown in Eq. (30). We see that $\mathcal{J}_K(0)$ reduces to K as $\kappa \rightarrow \infty$. Because jumps in the Lindblad dynamics become dominant compared to the dynamics induced by $e^{-iH_{\text{eff}}t}$ for $\kappa \rightarrow \infty$, the dynamics becomes closed to a classical Markov chain. Moreover, we observe that $\mathcal{J}_K(0)$ is always larger than K , which indicates that the lower bound of the TUR is smaller for this quantum Markov chain.

To confirm that the fluctuation of the first passage observable \mathcal{O}_f is smaller for the quantum Markov chain, we perform a computer simulation. We randomly generate Δ , Ω , and κ and calculate $[\langle \mathcal{O}_f \rangle]^2 / \langle \mathcal{O}_f^2 \rangle$. Specifically, we consider \mathcal{O}_f with $h(\mathbf{w}, \mathbf{m}) = \sum_{i=1}^K w_i = t_K$, which gives the first passage time needed to undergo K jump events. We plot $[\langle \mathcal{O}_f \rangle]^2 / \langle \mathcal{O}_f^2 \rangle$ as a function of the quantum Fisher information $\mathcal{J}_K(0)$ with triangles, where the dashed line denotes the lower bound,

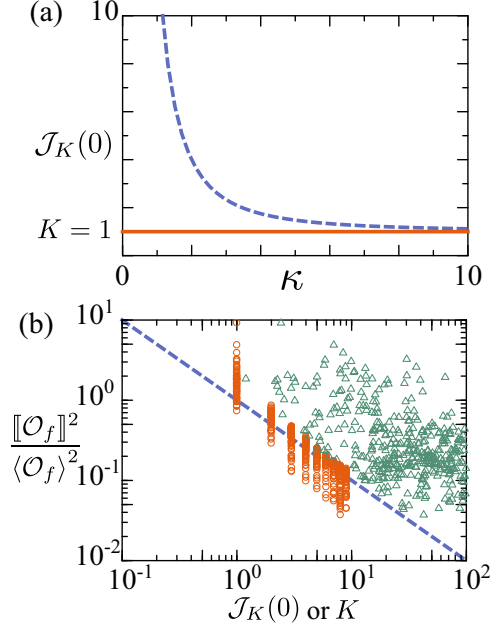


FIG. 4. (a) Quantum Fisher information $\mathcal{J}_K(0)$ as a function of κ . The dashed line denotes $\mathcal{J}_K(0)$ and the solid line denotes K , which is the classical limit of $\mathcal{J}_K(0)$. The parameters are $\Delta = \Omega = 1.0$ and $K = 1$. (b) Precision $[\langle \mathcal{O}_f \rangle]^2 / \langle \mathcal{O}_f^2 \rangle$ as a function of the quantum Fisher information $\mathcal{J}_K(0)$ (triangles) and the jump number K (circles) for random realizations. The dashed line corresponds to $1/\mathcal{J}_K(0)$ for the triangles and $1/K$ for the circles. The parameters are randomly selected from $\Delta \in [0.1, 3.0]$, $\Omega \in [0.1, 3.0]$, and $\kappa \in [1.0, 3.0]$.

as shown in Fig. 4(b). We confirm that all realizations are above the dashed line, which numerically verifies Eq. (27). We have shown that Eq. (27) reduces to Eq. (30) in a classical case, where the lower bound is given by $1/K$. Therefore, we also check whether $[\langle \mathcal{O}_f \rangle]^2 / \langle \mathcal{O}_f^2 \rangle$ can be bounded from below by $1/K$. We plot $[\langle \mathcal{O}_f \rangle]^2 / \langle \mathcal{O}_f^2 \rangle$ as a function of K with circles, where the dashed line now describes $1/K$, as shown in Fig. 4(b). We observe that some circles are below the dashed line, which indicates that the observable \mathcal{O}_f cannot be bounded from below by $1/K$. As explained in Fig. 4(a), this enhancement of precision can be ascribed to the fact that $\mathcal{J}_K(0)$ is larger than K for smaller κ , where the state change in the dynamics is mostly induced by H_{eff} . Therefore, the precision enhancement in the quantum Markov chain is due to the state change via the effective Hamiltonian. Quantum-induced precision enhancement has been reported for quantum Markov chains with a fixed end time [20,24]. Recently, it was reported that quantum coherence can improve the precision of a quantum heat engine [28].

IV. CONCLUSION

In this manuscript, we derived a TUR for a first passage time in quantum Markov chains. Furthermore, we used a derivation technique developed in Ref. [45], where the fluctuation of observables is bounded from below by the Loschmidt echo. Our approach is quite general, and it can be applied to many quantum systems, which could not be handled with

the previous derivations. A possible application of our approach is an extension to non-Markovian systems such as time-delayed systems [60]. Moreover, recently, the notion of quantum thermodynamics has been generalized to quantum field theory [61,62]. Because the input-output formalism itself is a quantum field, we expect that uncertainty relations for quantum field theory can be derived using our technique.

ACKNOWLEDGMENT

This work was supported by the Ministry of Education, Culture, Sports, Science and Technology (MEXT) KAKENHI Grant No. JP19K12153.

APPENDIX A: LIOUVILLE SPACE REPRESENTATION

The mapping \mathcal{Z}_\star in the Hilbert space is shown in Eq. (16). Because the calculation of \mathcal{Z}_\star^K is a computationally expensive task, we can use the Liouville space representation of \mathcal{Z}_\star . The Liouville space representation is advantageous because the mapping can be realized via matrix multiplication. In the Hilbert space, the density operator is

$$\rho = \sum_{i,j} \varrho_{ij} |i\rangle \langle j|, \quad (\text{A1})$$

where $|i\rangle$ is an orthonormal basis. It can be represented in the Liouville space as follows [63]:

$$\text{vec}(\rho) = \sum_{i,j} \varrho_{ij} |j\rangle \otimes |i\rangle. \quad (\text{A2})$$

Let **A**, **B**, and **C** be arbitrary matrices in the Hilbert space. Then the following relation holds:

$$\text{vec}(\mathbf{ABC}) = (\mathbf{C}^\top \otimes \mathbf{A})\text{vec}(\mathbf{B}), \quad (\text{A3})$$

where \top denotes the transpose. When the dimensions of the operators in the Hilbert space are $d \times d$, their corresponding Liouville space representations have the dimensions of $d^2 \times d^2$. Using Eq. (A3), we obtain \mathcal{Z}_\star [Eq. (16)] in the Liouville space as follows:

$$\mathfrak{Z}_\star \equiv \sum_{m=1}^M \int_0^\infty dw Y_\star^*(w, m) \otimes Y(w, m), \quad (\text{A4})$$

where the superscript $*$ denotes complex conjugate. Then, exponentiation of a mapping, $\mathcal{Z}_\star^K(\rho_S)$, is simply realized by a matrix power $\mathfrak{Z}_\star^K \text{vec}(\rho_S)$.

APPENDIX B: MEASUREMENT OF LOSCHMIDT ECHO

Here we show a method for obtaining the Loschmidt echo given by Eq. (15) through measurement of a physical process.

We first review the well-known approach for calculating the Loschmidt echo for closed quantum dynamics. We can measure the Loschmidt echo for closed quantum dynamics by introducing an ancilla qubit. Let H and H_\star be Hamiltonian operators of the original and the perturbed dynamics, respectively, with which we want to calculate the Loschmidt echo, and let $|0\rangle$ and $|1\rangle$ be the two states of the ancilla qubit. The Loschmidt echo for closed quantum dynamics is given by Eq. (1). We define the Hamiltonian in the composite system

comprising the ancilla and system as follows:

$$\tilde{H} \equiv |0\rangle \langle 0| \otimes H + |1\rangle \langle 1| \otimes H_\star = \begin{bmatrix} H & 0 \\ 0 & H_\star \end{bmatrix}. \quad (\text{B1})$$

The initial state of the composite system is $|\tilde{\Psi}(0)\rangle = \frac{1}{\sqrt{2}}(|0\rangle + |1\rangle) \otimes |\Psi(0)\rangle$, where $|\Psi(0)\rangle$ is the initial state of the original system. The state of the ancilla after the time evolution is given by

$$\begin{aligned} & \text{Tr}_S[e^{-i\tilde{H}\tau} |\tilde{\Psi}(0)\rangle \langle \tilde{\Psi}(0)| e^{i\tilde{H}\tau}] \\ &= \frac{1}{2} \begin{bmatrix} 1 & \langle \Psi_\star(\tau) | \Psi(\tau) \rangle \\ \langle \Psi(\tau) | \Psi_\star(\tau) \rangle & 1 \end{bmatrix}, \end{aligned} \quad (\text{B2})$$

where Tr_S is the trace operation with respect to the principal system S , $|\Psi(\tau)\rangle = e^{-iH\tau} |\Psi(0)\rangle$, and $|\Psi_\star(\tau)\rangle = e^{-iH_\star\tau} |\Psi(0)\rangle$. From Eq. (B2), we see that the Loschmidt echo $|\langle \Psi_\star(\tau) | \Psi(\tau) \rangle|$ can be obtained by measuring the $|0\rangle \langle 1|$ (or $|1\rangle \langle 0|$) element of the ancilla.

The Loschmidt echo for a Lindblad equation can be calculated in a similar way. For a system that ends at a constant time, the Loschmidt echo can be calculated by the procedure shown in Ref. [50]. Here we show how we can measure the Loschmidt echo for a constant jump case. Similar to Eq. (B1), we prepare an ancilla qubit and define the Hamiltonian and jump operators in the ancilla and system as follows:

$$\tilde{H}_S \equiv |0\rangle \langle 0| \otimes H_S + |1\rangle \langle 1| \otimes H_{\star,S} = \begin{bmatrix} H_S & 0 \\ 0 & H_{\star,S} \end{bmatrix}, \quad (\text{B3})$$

$$\tilde{L}_m \equiv |0\rangle \langle 0| \otimes L_m + |1\rangle \langle 1| \otimes L_{\star,m} = \begin{bmatrix} L_m & 0 \\ 0 & L_{\star,m} \end{bmatrix}. \quad (\text{B4})$$

We define the density operator in the ancilla and system as follows:

$$\tilde{\rho}(t) = \frac{1}{2} \begin{bmatrix} \rho_{00}(t) & \rho_{01}(t) \\ \rho_{10}(t) & \rho_{11}(t) \end{bmatrix}, \quad (\text{B5})$$

where the initial state is set to be $\rho_{00}(0) = \rho_{01}(0) = \rho_{10}(0) = \rho_{11}(0) = \rho_S(0)$. Similar to the closed quantum case, let $\tilde{\rho}(t)$ evolve through \tilde{H}_S [Eq. (B3)] and \tilde{L}_m [Eq. (B4)]. Specifically, suppose that $\tilde{\rho}(t)$ is governed by the following Lindblad equation:

$$\dot{\tilde{\rho}} = -i[\tilde{H}_S, \tilde{\rho}] + \sum_{m=1}^M \mathcal{D}(\tilde{\rho}, \tilde{L}_m). \quad (\text{B6})$$

Let us consider a continuous measurement in Eq. (B6). From Eq. (11), the Kraus representation describing the evolution from the first to the second jump events is

$$\tilde{\mathcal{Z}}(\bullet) \equiv \sum_{m=1}^M \int_0^\infty dw \tilde{Y}(w, m) \bullet \tilde{Y}^\dagger(w, m), \quad (\text{B7})$$

where $\tilde{Y}(w, m) \equiv \tilde{L}_m e^{-i\tilde{H}_{\text{eff}} w}$ with $\tilde{H}_{\text{eff}} \equiv \tilde{H}_S - \frac{i}{2} \sum_{m=1}^M \tilde{L}_m^\dagger \tilde{L}_m$. Using Eqs. (B3) and (B4), $\tilde{Y}(w, m)$ becomes

$$\tilde{Y}(w, m) = \begin{bmatrix} Y(w, m) & 0 \\ 0 & Y_\star(w, m) \end{bmatrix}. \quad (\text{B8})$$

Substituting Eqs. (B5) and (B8) into Eq. (B7) yields

$$\tilde{\mathcal{Z}}(\tilde{\rho}) = \sum_{m=1}^M \int_0^\infty dw \frac{1}{2} \begin{bmatrix} Y(w, m) \rho_{00} Y^\dagger(w, m) & Y(w, m) \rho_{01} Y_\star^\dagger(w, m) \\ Y_\star(w, m) \rho_{01} Y^\dagger(w, m) & Y_\star(w, m) \rho_{11} Y_\star^\dagger(w, m) \end{bmatrix}. \quad (\text{B9})$$

Taking the trace with respect to the principal system in Eq. (B9), we obtain the ancilla state after a single jump event,

$$\text{Tr}_S[\tilde{\mathcal{Z}}(\tilde{\rho})] = \sum_{m=1}^M \int_0^\infty dw \frac{1}{2} \begin{bmatrix} 1 & \text{Tr}[Y(w, m) \rho_{01} Y_\star^\dagger(w, m)] \\ \text{Tr}[Y_\star(w, m) \rho_{01} Y^\dagger(w, m)] & 1 \end{bmatrix}. \quad (\text{B10})$$

Notably, the $|\text{o}\rangle\langle\text{l}|$ element of the state of the ancilla is identical to $\mathcal{Z}_\star(\bullet)$ given in Eq. (16) (when multiplied by 2). Therefore, the Loschmidt echo for $K = 1$ can be obtained by simply measuring the $|\text{o}\rangle\langle\text{l}|$ (or $|\text{l}\rangle\langle\text{o}|$) element of the ancilla after a single jump event. Although the procedure explained above is for a single jump event, i.e., $K = 1$, it is straightforward to generalize to $K > 1$ cases. Therefore, we can measure the Loschmidt echo η [Eq. (15)] by first considering the ancilla qubit and performing a continuous measurement on the composite system comprising the ancilla and system. After K jump events, we measure the $|\text{o}\rangle\langle\text{l}|$ (or $|\text{l}\rangle\langle\text{o}|$) element of the ancilla. By repeating this procedure many times and calculating the average of the measurements, we obtain $\frac{1}{2} \text{Tr}[\mathcal{Z}_\star^K(\rho_S(0))]$ which directly gives the Loschmidt echo.

We numerically verify this approach of calculating the Loschmidt echo. We use a two-level atom driven by a classical laser field, i.e., the same model as in Sec. III. Figure 5 shows the Loschmidt echo η as a function of K obtained by the analytic and ancilla approaches, which are shown by circles and crosses, respectively. The settings for the calculation are shown in the caption of Fig. 5. For the ancilla approach, η is calculated by the $|\text{o}\rangle\langle\text{l}|$ element of the ancilla state after K jump events. We can see that the ancilla approach yields very close values for $K \leq 7$, which numerically confirm the validity of the ancilla approach. The disagreements for $K \geq 8$ are due to undersampling and hence can be improved by increasing the number of samples.

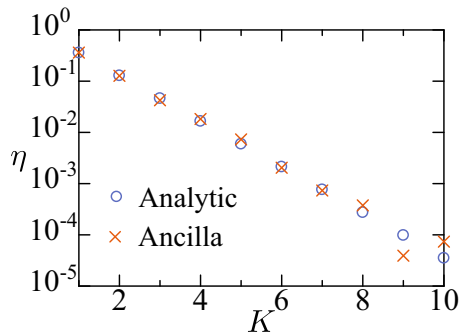


FIG. 5. Loschmidt echo η as a function of the number of jump events, K , calculated by the analytic approach (circles) based on Eq. (15) and the ancilla approach (crosses) introduced in Appendix B. The initial state is $\rho_S(0) = |\epsilon_g\rangle\langle\epsilon_g|$. The parameters are $\Delta = 1.0$, $\Omega = 1.0$, and $\kappa = 2.0$ for the original process and $\Delta = 0.4$, $\Omega = 1.2$, and $\kappa = 0.5$ for the perturbed process. For the ancilla approach, the number of trials used to calculate each η is 10 000.

APPENDIX C: CLASSICAL BOUND

We derive the classical limit of Eq. (27). We can represent N_S states, B_1, B_2, \dots, B_{N_S} , in a classical Markov chain by an orthonormal basis $\{|b_1\rangle, |b_2\rangle, \dots, |b_{N_S}\rangle\}$. To emulate classical Markov chains with quantum Markov chains, we consider the following Hamiltonian and jump operators in the Lindblad equation:

$$H_S = 0, \quad (\text{C1})$$

$$L_{ji} = \sqrt{\gamma_{ji}} |b_j\rangle\langle b_i| \quad (i \neq j). \quad (\text{C2})$$

Let ε be a small perturbation parameter as defined in Eqs. (19) and (20). The Hamiltonian and the jump operators for the perturbed dynamics become

$$H_{\star,S} = 0, \quad (\text{C3})$$

$$L_{\star,ji} = \sqrt{1 + \varepsilon} \sqrt{\gamma_{ji}} |b_j\rangle\langle b_i| \quad (i \neq j). \quad (\text{C4})$$

We also consider the following initial density operator which emulates the classical probability distribution:

$$\rho_S(t) = \sum_i p_i(t) |b_i\rangle\langle b_i|, \quad (\text{C5})$$

where $p_i(t)$ is the classical probability distribution of being $|b_i\rangle$ at time t . Let $Y(w, i, j) \equiv L_{ji} e^{-iH_{\text{eff}} w}$ [with $Y_\star(w, i, j)$ being defined in the same way]. Substituting Eqs. (C1)–(C5) into Eq. (16), \mathcal{Z}_\star in Eq. (16) becomes

$$\begin{aligned} \mathcal{Z}_\star(\rho_S) &= \sum_{i \neq j} \int_0^\infty dw Y(w, i, j) \rho_S Y_\star^\dagger(w, i, j) \\ &= \sum_{i \neq j} \int_0^\infty dw \sqrt{1 + \varepsilon} \gamma_{ji} \\ &\quad \times \exp \left[-\frac{w}{2} (2 + \varepsilon) \sum_{k(\neq i)} \gamma_{ki} \right] p_i |b_j\rangle\langle b_j| \\ &= \sum_j \sum_{i(\neq j)} \frac{2\sqrt{1 + \varepsilon}}{(2 + \varepsilon)} \frac{\gamma_{ji}}{\sum_{k(\neq i)} \gamma_{ki}} p_i |b_j\rangle\langle b_j| \\ &= \sum_j \frac{2\sqrt{1 + \varepsilon}}{(2 + \varepsilon)} [\mathcal{B} \mathbf{p}]_j |b_j\rangle\langle b_j|, \end{aligned} \quad (\text{C6})$$

where $\mathbf{p} = [p_1, p_2, \dots, p_N]^\top$ and \mathcal{B} is a matrix defined by

$$\mathcal{B}_{ij} \equiv \begin{cases} 0, & i = j \\ \frac{\gamma_{ij}}{\sum_{k(\neq j)} \gamma_{kj}}, & i \neq j. \end{cases} \quad (\text{C7})$$

Therefore, we obtain

$$\text{Tr}[\mathcal{Z}_*^K(\rho_S)] = \sum_j \left(\frac{2\sqrt{1+\varepsilon}}{2+\varepsilon} \right)^K [\mathcal{B}^K \mathbf{p}]_j. \quad (\text{C8})$$

From Eq. (C7), \mathcal{B} is a stochastic matrix $\sum_i \mathcal{B}_{ij} = 1$, yielding

$$\text{Tr}[\mathcal{Z}_*^K(\rho_S)] = \left(\frac{2\sqrt{1+\varepsilon}}{2+\varepsilon} \right)^K. \quad (\text{C9})$$

\mathcal{O}_f in the classical systems also satisfies the scaling condition of Eq. (23). From Eqs. (23) and (C9), Eq. (18) becomes

$$\frac{[\mathcal{O}_f]^2}{\langle \mathcal{O}_f \rangle^2} \geq \frac{1}{\left(\frac{\varepsilon+2}{\varepsilon} \right)^2 \left[\left(\frac{2\sqrt{1+\varepsilon}}{2+\varepsilon} \right)^{-2K} - 1 \right]} \xrightarrow{\varepsilon \rightarrow 0} \frac{1}{K}, \quad (\text{C10})$$

where we used l'Hôpital's rule for calculating the limit. Equation (C10) is a classical case of the main result [Eq. (30)].

APPENDIX D: DERIVATION BASED ON CLASSICAL CRAMÉR-RAO INEQUALITY

Equation (27), which is a particular case of the main result [Eq. (18)], can also be derived through the classical Cramér-Rao inequality. The classical Cramér-Rao inequality states

$$\frac{[\mathcal{O}]_\alpha^2}{(\partial_\alpha \langle \mathcal{O} \rangle_\alpha)^2} \geq \frac{1}{\mathcal{I}_K^{\text{cm}}(\alpha)}, \quad (\text{D1})$$

where \mathcal{O} is defined in Eq. (14), and $\langle \mathcal{O} \rangle_\alpha \equiv \langle \Psi_K(\alpha) | \mathcal{O} | \Psi_K(\alpha) \rangle$ and $[\mathcal{O}]_\alpha \equiv \sqrt{\langle \mathcal{O}^2 \rangle_\alpha - \langle \mathcal{O} \rangle_\alpha^2}$. When we only consider the first passage time observable \mathcal{O}_f , the left-hand side of Eq. (D1) becomes

$$\frac{[\mathcal{O}_f]_\alpha^2}{(\partial_\alpha \langle \mathcal{O}_f \rangle_\alpha)^2} = \frac{1}{(1+\alpha)^2} \frac{[\mathcal{O}_f]^2}{\left(\partial_\alpha \frac{1}{1+\alpha} \langle \mathcal{O}_f \rangle \right)^2} = (1+\alpha)^2 \frac{[\mathcal{O}_f]^2}{\langle \mathcal{O}_f \rangle^2}. \quad (\text{D2})$$

Using Eqs. (29) and (D2), we obtain Eq. (27).

-
- [1] A. C. Barato and U. Seifert, Thermodynamic Uncertainty Relation for Biomolecular Processes, *Phys. Rev. Lett.* **114**, 158101 (2015).
- [2] T. R. Gingrich, J. M. Horowitz, N. Perunov, and J. L. England, Dissipation Bounds All Steady-State Current Fluctuations, *Phys. Rev. Lett.* **116**, 120601 (2016).
- [3] P. Pietzonka, A. C. Barato, and U. Seifert, Universal bounds on current fluctuations, *Phys. Rev. E* **93**, 052145 (2016).
- [4] J. M. Horowitz and T. R. Gingrich, Proof of the finite-time thermodynamic uncertainty relation for steady-state currents, *Phys. Rev. E* **96**, 020103(R) (2017).
- [5] S. Pigolotti, I. Neri, E. Roldán, and F. Jülicher, Generic Properties of Stochastic Entropy Production, *Phys. Rev. Lett.* **119**, 140604 (2017).
- [6] J. P. Garrahan, Simple bounds on fluctuations and uncertainty relations for first-passage times of counting observables, *Phys. Rev. E* **95**, 032134 (2017).
- [7] A. Dechant and S.-i. Sasa, Current fluctuations and transport efficiency for general Langevin systems, *J. Stat. Mech: Theory Expt.* (2018) 063209.
- [8] A. C. Barato, R. Chetrite, A. Faggionato, and D. Gabrielli, Bounds on current fluctuations in periodically driven systems, *New J. Phys.* **20**, 103023(2018).
- [9] I. D. Terlizzi and M. Baiesi, Kinetic uncertainty relation, *J. Phys. A: Math. Theor.* **52**, 02LT03 (2019).
- [10] Y. Hasegawa and T. Van Vu, Uncertainty relations in stochastic processes: An information inequality approach, *Phys. Rev. E* **99**, 062126 (2019).
- [11] Y. Hasegawa and T. Van Vu, Fluctuation Theorem Uncertainty Relation, *Phys. Rev. Lett.* **123**, 110602 (2019).
- [12] T. Van Vu and Y. Hasegawa, Uncertainty relations for underdamped Langevin dynamics, *Phys. Rev. E* **100**, 032130 (2019).
- [13] T. Van Vu and Y. Hasegawa, Thermodynamic uncertainty relations under arbitrary control protocols, *Phys. Rev. Research* **2**, 013060 (2020).
- [14] A. Dechant and S.-i. Sasa, Fluctuation-response inequality out of equilibrium, *Proc. Natl. Acad. Sci. USA* **117**, 6430 (2020).
- [15] V. T. Vo, T. Van Vu, and Y. Hasegawa, Unified approach to classical speed limit and thermodynamic uncertainty relation, *Phys. Rev. E* **102**, 062132 (2020).
- [16] T. Koyuk and U. Seifert, Thermodynamic Uncertainty Relation for Time-Dependent Driving, *Phys. Rev. Lett.* **125**, 260604 (2020).
- [17] A. Dechant and S. ichi Sasa, Continuous time-reversal and equality in the thermodynamic uncertainty relation, *Phys. Rev. Research* **3**, L042012 (2021).
- [18] P. Erker, M. T. Mitchison, R. Silva, M. P. Woods, N. Brunner, and M. Huber, Autonomous Quantum Clocks: Does Thermodynamics Limit Our Ability to Measure Time? *Phys. Rev. X* **7**, 031022 (2017).
- [19] K. Brandner, T. Hanazato, and K. Saito, Thermodynamic Bounds on Precision in Ballistic Multiterminal Transport, *Phys. Rev. Lett.* **120**, 090601 (2018).
- [20] F. Carollo, R. L. Jack, and J. P. Garrahan, Unraveling the Large Deviation Statistics of Markovian Open Quantum Systems, *Phys. Rev. Lett.* **122**, 130605 (2019).
- [21] J. Liu and D. Segal, Thermodynamic uncertainty relation in quantum thermoelectric junctions, *Phys. Rev. E* **99**, 062141 (2019).
- [22] G. Guarnieri, G. T. Landi, S. R. Clark, and J. Goold, Thermodynamics of precision in quantum nonequilibrium steady states, *Phys. Rev. Research* **1**, 033021 (2019).
- [23] S. Saryal, H. M. Friedman, D. Segal, and B. K. Agarwalla, Thermodynamic uncertainty relation in thermal transport, *Phys. Rev. E* **100**, 042101 (2019).
- [24] Y. Hasegawa, Quantum Thermodynamic Uncertainty Relation for Continuous Measurement, *Phys. Rev. Lett.* **125**, 050601 (2020).
- [25] H. M. Friedman, B. K. Agarwalla, O. Shein-Lumbroso, O. Tal, and D. Segal, Thermodynamic uncertainty relation in atomic-scale quantum conductors, *Phys. Rev. B* **101**, 195423 (2020).
- [26] Y. Hasegawa, Thermodynamic Uncertainty Relation for General Open Quantum Systems, *Phys. Rev. Lett.* **126**, 010602 (2021).

- [27] M. F. Sacchi, Thermodynamic uncertainty relations for bosonic Otto engines, *Phys. Rev. E* **103**, 012111 (2021).
- [28] A. A. S. Kalae, A. Wacker, and P. P. Potts, Violating the thermodynamic uncertainty relation in the three-level maser, *Phys. Rev. E* **104**, L012103 (2021).
- [29] J. Li, J. M. Horowitz, T. R. Gingrich, and N. Fakhri, Quantifying dissipation using fluctuating currents, *Nat. Commun.* **10**, 1666 (2019).
- [30] S. K. Manikandan, D. Gupta, and S. Krishnamurthy, Inferring Entropy Production from Short Experiments, *Phys. Rev. Lett.* **124**, 120603 (2020).
- [31] T. Van Vu, V. T. Vo, and Y. Hasegawa, Entropy production estimation with optimal current, *Phys. Rev. E* **101**, 042138 (2020).
- [32] S. Otsubo, S. Ito, A. Dechant, and T. Sagawa, Estimating entropy production by machine learning of short-time fluctuating currents, *Phys. Rev. E* **101**, 062106 (2020).
- [33] S. Redner, *A Guide to First-passage Processes* (Cambridge University Press, Cambridge, 2001).
- [34] M. Ding and G. Rangarajan, First passage time problem: A Fokker-Planck approach, in *New Directions in Statistical Physics: Econophysics, Bioinformatics, and Pattern Recognition*, edited by L. T. Wille (Springer, Berlin, 2004), pp. 31–46.
- [35] H. Friedman, D. A. Kessler, and E. Barkai, Quantum walks: The first detected passage time problem, *Phys. Rev. E* **95**, 032141 (2017).
- [36] R. Yin, K. Ziegler, F. Thiel, and E. Barkai, Large fluctuations of the first detected quantum return time, *Phys. Rev. Research* **1**, 033086 (2019).
- [37] K. Saito and A. Dhar, Waiting for rare entropic fluctuations, *Europhys. Lett.* **114**, 50004 (2016).
- [38] I. Neri, E. Roldán, and F. Jülicher, Statistics of Infima and Stopping Times of Entropy Production and Applications to Active Molecular Processes, *Phys. Rev. X* **7**, 011019 (2017).
- [39] I. Neri, Second Law of Thermodynamics at Stopping Times, *Phys. Rev. Lett.* **124**, 040601 (2020).
- [40] G. Manzano, D. Subero, O. Maïllet, R. Fazio, J. P. Pekola, and E. Roldán, Thermodynamics of Gambling Demons, *Phys. Rev. Lett.* **126**, 080603 (2021).
- [41] A. Pal, S. Reuveni, and S. Rahav, Thermodynamic uncertainty relation for first-passage times on Markov chains, *Phys. Rev. Research* **3**, L032034 (2021).
- [42] K. Hiura and S.-i. Sasa, Kinetic uncertainty relation on first-passage time for accumulated current, *Phys. Rev. E* **103**, L050103 (2021).
- [43] A. C. Barato and U. Seifert, Cost and Precision of Brownian Clocks, *Phys. Rev. X* **6**, 041053 (2016).
- [44] M. T. Mitchison, Quantum thermal absorption machines: Refrigerators, engines and clocks, *Contemp. Phys.* **60**, 164 (2019).
- [45] Y. Hasegawa, Irreversibility, Loschmidt Echo, and Thermodynamic Uncertainty Relation, *Phys. Rev. Lett.* **127**, 240602 (2021).
- [46] T. Nishiyama, A tight lower bound for the Hellinger distance with given means and variances, [arXiv:2010.13548](https://arxiv.org/abs/2010.13548).
- [47] A. S. Holevo, A generalization of the Rao–Cramér inequality, *Teoriya Veroyatnostei i ee Primeneniya* **18**, 359 (1973).
- [48] J. Kiukas, M. Guță, I. Lesanovsky, and J. P. Garrahan, Equivalence of matrix product ensembles of trajectories in open quantum systems, *Phys. Rev. E* **92**, 012132 (2015).
- [49] S. Gammelmark and K. Mølmer, Fisher Information and the Quantum Cramér-Rao Sensitivity Limit of Continuous Measurements, *Phys. Rev. Lett.* **112**, 170401 (2014).
- [50] K. Mølmer, Hypothesis Testing with Open Quantum Systems, *Phys. Rev. Lett.* **114**, 040401 (2015).
- [51] M. G. A. Paris, Quantum estimation for quantum technology, *Intl. J. Quantum Inf.* **07**, 125 (2009).
- [52] J. Liu, H. Yuan, X.-M. Lu, and X. Wang, Quantum Fisher information matrix and multiparameter estimation, *J. Phys. A: Math. Theor.* **53**, 023001 (2020).
- [53] S. L. Braunstein and C. M. Caves, Statistical Distance and the Geometry of Quantum States, *Phys. Rev. Lett.* **72**, 3439 (1994).
- [54] C. W. Helstrom, *Quantum Detection and Estimation Theory* (Academic, New York, 1976).
- [55] M. Hotta and M. Ozawa, Quantum estimation by local observables, *Phys. Rev. A* **70**, 022327 (2004).
- [56] S. Deffner and S. Campbell, Quantum speed limits: From Heisenberg’s uncertainty principle to optimal quantum control, *J. Phys. A: Math. Theor.* **50**, 453001 (2017).
- [57] F. Fröwis, Kind of entanglement that speeds up quantum evolution, *Phys. Rev. A* **85**, 052127 (2012).
- [58] M. M. Taddei, B. M. Escher, L. Davidovich, and R. L. de Matos Filho, Quantum Speed Limit for Physical Processes, *Phys. Rev. Lett.* **110**, 050402 (2013).
- [59] A. Dechant, Multidimensional thermodynamic uncertainty relations, *J. Phys. A: Math. Theor.* **52**, 035001 (2019).
- [60] A. L. Grimsmo, Time-Delayed Quantum Feedback Control, *Phys. Rev. Lett.* **115**, 060402 (2015).
- [61] A. Bartolotta and S. Deffner, Jarzynski Equality for Driven Quantum Field Theories, *Phys. Rev. X* **8**, 011033 (2018).
- [62] A. Ortega, E. McKay, A. M. Alhambra, and E. Martín-Martínez, Work Distributions on Quantum Fields, *Phys. Rev. Lett.* **122**, 240604 (2019).
- [63] G. T. Landi, Quantum Information and Quantum Noise, Tech. Rep. (University of São Paulo, 2018), <http://www.fmt.if.usp.br/~gtlandi/quantum-information-and.html>.