Large deviations and fluctuation theorem for the quantum heat current in the spin-boson model

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We study the heat current flowing between two baths consisting of harmonic oscillators interacting with a qubit through a spin-boson coupling. An explicit expression for the generating function of the total heat flowing between the right and left baths is derived by evaluating the corresponding Feynman-Vernon path integral by performing the noninteracting blip approximation (NIBA). We recover the known expression, obtained by using the polaron transform. This generating function satisfies the Gallavotti-Cohen fluctuation theorem, both before and after performing the NIBA. We also verify that the heat conductance is proportional to the variance of the heat current, retrieving the well-known fluctuation dissipation relation. Finally, we present numerical results for the heat current.

I. INTRODUCTION

The flow of a nonvanishing macroscopic current of energy, charge, matter, or information that breaks time-reversal invariance is a fingerprint of nonequilibrium behavior. A paradigmatic model for such a situation consists of a small system, with a finite number of degrees of freedom, that connects two large reservoirs in different thermodynamic states. The ensuing stationary state can not be described by the standard laws of thermodynamics: in particular, the steady-state statistics are not given by a Gibbs ensemble. The theoretical analysis of simple models, whether classical or quantum, provides us with a wealth of information about far-from-equilibrium physics and has stimulated numerous studies in the last two decades [1–8].

Quantum systems based on nanoscale integrated circuits are very effective for the study of quantum phenomena and are good candidates for possible applications. This is due to their macroscopic size and the ensuing ability to manipulate them. For any application minimizing or controlling the heat flow is essential. Therefore there has been a great deal of experimental [9–16] and theoretical interest [17–20] in studying the heat flow in such circuits. The vast majority of theoretical studies have been focused on the weak coupling regime, for which well-controlled approximation schemes are available. For example, in the case of a small system interacting with an environment, it is possible to integrate out the bath from the full dynamics and express the resulting system dynamics in terms of a Lindblad equation [3,4,21]. In this case, heat currents can be studied in terms of energy changes of the system. However, the weak coupling assumption deviates from exact treatments quantitatively and qualitatively already at moderately low couplings [22].

There have been various earlier studies in the strong coupling regime. Based on the polaron transform, the authors of Ref. [23] obtained an analytical expression for the heat current through an N level system. The polaron transform provides a shortcut for the noninteracting blip approximation (NIBA) [24,25]. The full generating function for a spin-boson system was derived, using the polaron transform, in Refs. [26,27] and reviewed in Ref. [28]. The authors of Refs. [29–31] derived a nonequilibrium polaron-transformed Redfield equation that unifies strong and weak coupling behavior. In Refs. [32–34] the authors start from the generating function of the heat current to study its first moment. Numerical studies include simulations based on hierarchical equations of motion [35–40] the quasiadiabatic propagator path integral (QuAPI) [41,42], the iterative full counting statistics path integral [43], the multiconfiguration time-dependent Hartree (MCTDH) approach [44], the stochastic Liouvillian algorithm [45], and other Monte Carlo approaches [46]. Other recent contributions are Refs. [15,47–52].

In this paper we consider a qubit coupled to two (or more) thermal baths. We derive the full generating function for the spin boson by directly applying the noninteracting blip approximation (NIBA), without passing through the polaron transform as was done in the original derivation [26,27]. We show that we recover the result by Refs. [26,27]. Following Ref. [34], this generating function can be written explicitly

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as Feynman-Vernon-type path integral. Relying on a modified version of the NIBA, an expression for the first moment of the generating function, i.e., the average heat current, was obtained by directly applying the NIBA in Ref. [34]. Furthermore, we discuss the Gallavotti-Cohen relation (see Refs. [7,53–57] and references therein), which holds before and after the NIBA, as derived in Refs. [26,27], in terms of an explicit time reversal. Finally, we find a fluctuation-dissipation relation between the variance of the heat current and the thermal conductance.

The paper is structured as follows. In Sec. II, we briefly introduce the spin-boson model that we will analyze. In Sec. III, the generating function of the heat current is calculated after performing the NIBA approximation. In Sec. IV we discuss the Gallavotti-Cohen relation before and after the NIBA. In Sec. V we invert the Laplace transform of the generating functions for small α and obtain a fluctuation-dissipation relation between the variance of the heat current and the heat conductance. Finally, in Sec. VI we numerically evaluate the first moment of the generating function. Technical details are provided in the Appendixes.

II. MODEL

The spin-boson model is a prototype for understanding quantum coherence in presence of dissipation [58–62]. It can be viewed as a variant of the Caldeira-Leggett model in which a quantum particle interacts with a bath of quantum-mechanical oscillators. In the spin-boson model, a two-level system modeled by a spin-1/2 degree of freedom is put in contact with one or more heat-baths. The literature in the subject is vast and we refer the reader to some reviews and to the references therein [2,62–64].

In this paper, we will study two baths made of harmonic oscillators that interact with a qubit via the spin-boson interaction. Although there is no direct interaction between the baths, energy will be transferred through the qubit. The Hamiltonian governing the total evolution of the qubit and of the baths is given by

$$H = H_S + H_L + H_R + H_{LS} + H_{RS}. \quad (1)$$

The qubit Hamiltonian is given by

$$H_S = -\hbar \frac{\Delta}{2}\sigma_x + \frac{\epsilon}{2}\sigma_z. \quad (2)$$

The left bath and right bath Hamiltonians are given by

$$H_L = \sum_{b\in C} \frac{p_{b,L}^2}{2m_{b,L}} + \frac{1}{2}m_{b,L}\omega_{b,L}^2 q_{b,L}^2 \quad (3)$$

$$H_R = \sum_{b\in R} \frac{p_{b,R}^2}{2m_{b,R}} + \frac{1}{2}m_{b,R}\omega_{b,R}^2 q_{b,R}^2. \quad (4)$$

Finally, the system-bath interactions are of the spin-boson type [62]

$$H_{LS} = -\sigma_z \sum_{b\in L} C_{b,L}q_{b,L} \quad (5)$$

$$H_{RS} = -\sigma_z \sum_{b\in H} C_{b,R}q_{b,R}. \quad (6)$$

The effects of the environment are embodied in the spectral density of the environmental coupling [2] (one for each bath):

$$J^{R/L}(\omega) = \sum_{b\in R/L} \frac{\left(C_b^{R/L}\right)^2}{2m_b\omega_b}\delta(\omega-\omega_b). \quad (7)$$

We will assume a Ohmic spectrum with an exponential cut-off determined by the frequency Ω

$$J^{R/L}(\omega) = \frac{2}{\pi}\eta_{R/L}\omega \exp\left(-\frac{\omega}{\Omega}\right). \quad (8)$$

We denote by U_t the unitary evolution operator of the total system and assume that the baths are initially at thermal equilibrium and are prepared in Gibbs states at different temperatures. For an initial state of the qubit $|i\rangle$ and a final state $|f\rangle$, the generating function of the heat current is defined as

$$G_{i,f}(\vec{\alpha}, t) = \operatorname{tr}_{R,L}\langle f| e^{i(\alpha_R H_R + \alpha_L H_L)/\hbar}U_t e^{-i(\alpha_R H_R + \alpha_L H_L)/\hbar}$$
$$\times \; (\rho_{\beta_L} \otimes \rho_{\beta_R} \otimes |i\rangle\langle i|)\, U_t^\dagger |f\rangle, \quad (9)$$

with $\vec{\alpha} = (\alpha_R, \alpha_L)$. The trace is taken over all the degrees of freedom of the baths. This generating function will allow us to calculate all the moments of the heat current: for example, by taking the first derivative of α_L and setting $\vec{\alpha}$ to zero gives the change in expected energy of the cold bath

$$-i\hbar\partial_{\alpha_L}G_{i,f}(\vec{\alpha})|_{\vec{\alpha}=0} = \operatorname{tr}_{R,L}[H_L\rho(t)] - \operatorname{tr}[H_L\rho(0)] = \Delta E_L.$$
$$(10)$$

III. CALCULATION OF THE GENERATING FUNCTION

The full generating function (9) was calculated in Refs. [26,27] using the polaron transform. In this section we aim to perform this calculation by explicitly applying the NIBA to (9). The first step of the calculation is to rewrite the trace in Eq. (9) as a Feynman-Vernon-type path integral [2]. After integrating over the left and the right bath, see Appendix A, the expression for the generating function is given by [34]

$$G_{i,f}(\vec{\alpha}, t) = \int_{i,f} dX dY e^{\frac{i}{\hbar}S_0[X] - \frac{i}{\hbar}S_0[Y]}\mathcal{F}_{\vec{\alpha}}[X, Y], \quad (11)$$

where $\mathcal{F}_{\vec{\alpha}}$ is the influence functional. The paths X and Y are the forward and backwards path of the qubit, they take values ± 1. The forward path X corresponds to the forward evolution operator U_t in (11), and Y corresponds to $U_t^\dagger$. In the absence of interactions with the baths, the dynamics of the qubit are fully described by the free qubit action S_0

$$S_0[X] = -\frac{\epsilon}{2}\int dt\, X(t) - i\log(i\Delta dt/2)\int |dX(t)|. \quad (12)$$

The integral $\int |dX(t)|$ counts the amount of jumps in the path. Thus, when the path X makes n jumps, the second term gives the weight $(i\Delta dt/2)^n$. The effect of the influence functional is to generate interactions between the forward and backward paths; it also embodies the dependence on the parameters $\vec{\alpha}$.

$$\mathcal{F}_{\vec{\alpha}}[X, Y] = e^{\frac{i}{\hbar}(S_{i,\alpha_L}^C[X,Y] + S_{i,\alpha_R}^R[X,Y])}e^{-\frac{1}{\hbar}(S_{r,\alpha_L}^C[X,Y] + S_{r,\alpha_R}^R[X,Y])}, \quad (13)$$

where the real part of the interaction action is given by [65]

$$
\begin{aligned}
S_{r,\alpha_{R/L}}^{R/L}[X,Y] = \int_{t_i}^{t_f} dt \int_{t_i}^{t} ds \big(& (X_t X_s + Y_t Y_s) k_r^{R/L}(t-s) \\
& - X_t Y_s k_r^{R/L}(t-s+\alpha_{R/L}) \\
& - X_s Y_t k_r^{R/L}(t-s-\alpha_{R/L}) \big)
\end{aligned}
\tag{14}
$$

and the imaginary part is defined as

$$
\begin{aligned}
S_{i,\alpha_{R/L}}^{R/L}[X,Y] = \int_{t_i}^{t_f} dt \int_{t_i}^{t} ds \big(& (X_t X_s - Y_t Y_s) k_i^{R/L}(t-s) \\
& + X_t Y_s k_i^{R/L}(t-s+\alpha_{R/L}) \\
& - X_s Y_t k_i^{R/L}(t-s-\alpha_{R/L}) \big).
\end{aligned}
\tag{15}
$$

The kernels that appear in these expressions are

$$
k_i^j(t-s) = \sum_b \frac{\left(C_{b,j}^j\right)^2}{2 m_{b,j} \omega_{b,j}} \sin[\omega_{b,j}(t-s)]
\tag{16}
$$

and

$$
k_r^j(t-s) = \sum_b \frac{\left(C_{b,j}^j\right)^2}{2 m_{b,j} \omega_{b,j}} \coth\left(\frac{\hbar \omega_{b,j} \beta_j}{2}\right) \sin[\omega_{b,j}(t-s)],
\tag{17}
$$

for $j = R, L$. The integral of the bath degrees of freedom being performed, the generating function is given as the qubit path integral (11) over two binary paths. This remaining expression can not be calculated exactly; in the next section, we will evaluate the generating function by resorting to the noninteracting blip approximation (NIBA).

Performing the NIBA

Originally, the idea of the NIBA was proposed in Ref. [60], see also Ref. [62], to compute transition probabilities between states of the qubit: this corresponds to taking $\alpha = 0$ in (9). The paths X and Y being binary, there are only two possibilities at a given time: either $X = Y$, this is a sojourn, or $X = -Y$, this is a blip. The NIBA approximation relies on two assumptions (explained in Ref. [62]):

(i) The typical blip-interval time Δt_B is much shorter than the typical sojourn-interval time Δt_S: $\Delta t_B \ll \Delta t_S$.

(ii) Bath correlations decay over times much smaller than the typical sojourn interval Δt_S.

For an Ohmic spectrum (8), these assumptions are valid for two regimes: (i) for $\epsilon = 0$ and weak coupling and (ii) for large damping and/or at high temperatures [2].

Under these assumptions, the only nonzero contributions to the time integrals in the interaction part of the action (14) and (15) are obtained when

(i) t and s are in the same blip interval;

(ii) t and s are in the same sojourn interval;

(iii) t is in a sojourn and s is an adjacent blip interval;

(iv) t and s are both in sojourn intervals separated by one blip.

Other terms cannot contribute since then t and s will be situated in intervals separated by at least one sojourn, which does give a contribution under assumption (ii).

The strategy to perform the NIBA is to break up the integrals (14) and (15) over the whole time interval into a sum of the surviving parts, which can be evaluated separately. In the present work, we extend the NIBA to include nonzero α (see also Ref. [34]), which leads to a time shift in some of the kernels in the action (14) and (15). In the framework of our approximation, we consider values of $\alpha_{R/L}$, such that $\alpha_{R/L} \ll \Delta t_S$. Following the same reasoning as for $\alpha_{R/L} = 0$, it is clear that under said additional assumption, the same terms as before have a chance of being nonzero. In Appendix B, we explicitly calculate the five different surviving terms[1] after the NIBA. The resulting expression for the generating function can be written in terms of a transfer matrix $M(\alpha, t)$:

$$
\begin{aligned}
& G_{\uparrow\uparrow}(\vec{\alpha}, t) + G_{\uparrow\downarrow}(\vec{\alpha}, t) \\
& = (1 \quad 1) \sum_{n=0}^{+\infty} (-1)^n \left(\frac{\Delta}{2}\right)^{2n} \int dt_1 \dots dt_{2n} \mathbf{M}(\alpha, \Delta t_{2n}) \\
& \quad \times \mathbf{M}(\alpha, \Delta t_{2n-2}) \dots \mathbf{M}(\alpha, \Delta t_2) \begin{pmatrix} 1 \\ 0 \end{pmatrix},
\end{aligned}
\tag{18}
$$

where $\Delta t_{2j} = t_{2j} - t_{2j-1}$. The transfer matrix $\mathbf{M}$ is given by

$$
\mathbf{M}(\vec{\alpha}, t) = 2 \begin{pmatrix} A(t) & -B(\vec{\alpha}, t) \\ -C(\vec{\alpha}, t) & D(t) \end{pmatrix}.
\tag{19}
$$

Note that only the off-diagonal elements of the transfer matrix depend on α. The functions $A, B, C,$ and D that appear as matrix elements in $\mathbf{M}$ are determined once the NIBA has been performed. Their values are given by

$$
A(t) = \cos \frac{1}{\hbar}[Z_L^+(t) + Z_R^+(t) - \epsilon t] e^{-\frac{1}{\hbar}[\Gamma_L^+(t) + \Gamma_R^+(t)]}
\tag{20a}
$$

$$
\begin{aligned}
B(\vec{\alpha}, t) = & e^{-\frac{1}{\hbar}[\Gamma_L^-(\alpha_L, t) + \Gamma_R^-(\alpha_R, t) + 2i(R_L(\alpha_L, t) + R_R(\alpha_R, t))]} \\
& \times \cos \frac{1}{\hbar}[Z_L^-(\alpha_L, t) + 2iF_L(\alpha_L, t) + Z_R^-(\alpha_L, t) \\
& + 2iF_R(\alpha_L, t) + \epsilon t]
\end{aligned}
\tag{20b}
$$

$$
\begin{aligned}
C(\vec{\alpha}, t) = & e^{-\frac{1}{\hbar}[\Gamma_L^-(\alpha_L, t) + \Gamma_R^-(\alpha_R, t) + 2i(R_L(\alpha_L, t) + R_R(\alpha_R, t))]} \\
& \times \cos \frac{1}{\hbar}[Z_L^-(\alpha_L, t) + 2iF_L(\alpha_L, t) + Z_R^-(\alpha_L, t) \\
& + 2iF_R(\alpha_L, t) - \epsilon t]
\end{aligned}
\tag{20c}
$$

$$
D(t) = \cos \frac{1}{\hbar}[Z_L^+(t) + Z_R^+(t) + \epsilon t] e^{-\frac{1}{\hbar}[\Gamma_L^+(t) + \Gamma_R^+(t)]}.
\tag{20d}
$$

All the auxiliary functions $Z_j^\pm, \Gamma_j^\pm, R_j,$ and F_j, where the index $j = L, R$ refers to the left or the right bath, are determined in Appendix B. Assuming a Ohmic spectral density with exponential cutoff with frequency Ω (7), the explicit expressions of these functions are given in the following equations:

$$
Z_j^+(t) = \frac{2\eta_j}{\pi} \int_0^\infty d\omega \, \frac{\sin(\omega t)}{\omega} e^{-\omega/\Omega}
\tag{21a}
$$

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[1] For c the blip can be before or after the sojourn. These give different contributions and are calculated separately. Hence there are five different surviving terms.
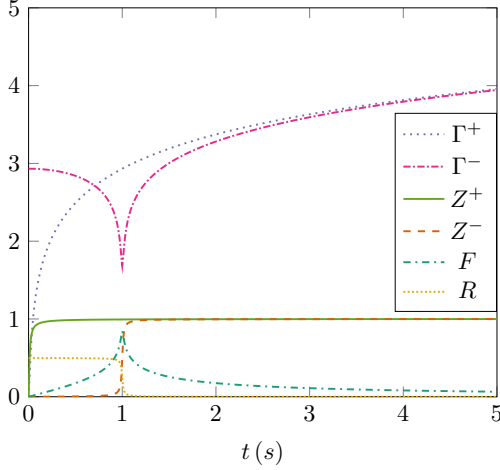
FIG. 1. Behavior of the functions (22) appearing in the definitions of the matrix elements (20) for $\alpha = 1$, $\eta = 1$ and $\beta = (0.1 \, \mathrm{K} k_B)^{-1}$.

$$Z_j^-(\alpha_j, t) = \frac{2\eta_j}{\pi} \int_0^\infty d\omega \, \frac{\sin(\omega t)}{\omega} \cos(\omega \alpha_j) e^{-\omega/\Omega} \quad (21b)$$

$$\Gamma_j^+(t) = \frac{2\eta_j}{\pi} \int_0^\infty d\omega \, \frac{1 - \cos(\omega t)}{\omega} \coth\left(\frac{\omega \hbar \beta_j}{2}\right) e^{-\omega/\Omega} \quad (22a)$$

$$\Gamma_j^-(\alpha_j, t) = \frac{2\eta_j}{\pi} \int_0^\infty d\omega \left(\frac{1 - \cos(\omega t)\cos(\omega \alpha_j)}{\omega} \right.$$
$$\left. \coth\left(\frac{\omega \hbar \beta_j}{2}\right) e^{-\omega/\Omega} \right) \quad (22b)$$

$$R_j(\alpha_j, t) = \frac{\eta_j}{\pi} \int_0^\infty d\omega \, \frac{\sin(\omega \alpha_j)}{\omega} \cos(\omega t) e^{-\omega/\Omega} \quad (23a)$$

$$F_j(\alpha_j, t) = \frac{\eta_j}{\pi} \int_0^\infty d\omega \, \frac{\coth\left(\frac{\omega \hbar \beta_j}{2}\right)}{\omega} \sin(\omega t) \sin(\omega \alpha_j) e^{-\omega/\Omega}. \quad (23b)$$

The behavior of these functions is shown in Fig. 1.

We will denote by $\tilde{\phi}$ the Laplace transform of a function $\phi(\vec{\alpha}, t)$, defined as follows:

$$\tilde{\phi}(\vec{\alpha}, \lambda) = \int_0^\infty dt \, e^{-\lambda t} \phi(\vec{\alpha}, t). \quad (24)$$

Then, taking the Laplace transform of (18) leads us to

$$\tilde{G}_{\uparrow\uparrow}(\vec{\alpha}, \lambda) + \tilde{G}_{\uparrow\downarrow}(\vec{\alpha}, \lambda)$$
$$= \lambda^{-1} (1 \quad 1) \left(\sum_{n=0}^{+\infty} (-1)^n \left(\frac{\Delta}{2}\right)^{2n} \lambda^{-n} \tilde{\mathbf{M}}^n(\alpha, \lambda) \right) \binom{1}{0}. \quad (25)$$

We call $\lambda_+(\vec{\alpha}, \lambda)$ and $\lambda_-(\vec{\alpha}, \lambda)$ the eigenvalues of the 2×2 matrix $\tilde{\mathbf{M}}(\vec{\alpha}, \lambda)$, with corresponding left eigenvectors $v_+(\vec{\alpha}, \lambda)$ and $v_-(\vec{\alpha}, \lambda)$ and right eigenvectors $w_+(\vec{\alpha}, \lambda)$ and $w_-(\vec{\alpha}, \lambda)$. We can write $\tilde{\mathbf{M}}^n$ in terms of it eigenvectors and eigenvalues as

$$\tilde{\mathbf{M}}^n = \lambda_+^n(\vec{\alpha}, t) w_+(\vec{\alpha}, t) v_+^T(\vec{\alpha}, t) + \lambda_-^n(\vec{\alpha}, t) w_-(\vec{\alpha}, t) v_-^T(\vec{\alpha}, t). \quad (26)$$
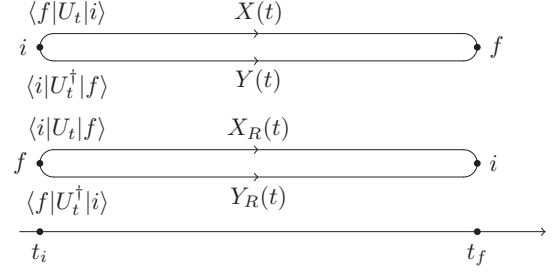

FIG. 2. Illustration of the (top) forward spin-state paths and the (bottom) time-reversed paths.

We have

$$\lambda_{\pm}(\vec{\alpha}, \lambda) = \tilde{A}(\lambda) + \tilde{D}(\lambda)$$
$$\pm \sqrt{(\tilde{A}(\lambda) - \tilde{D}(\lambda))^2 + 4\tilde{B}(\vec{\alpha}, \lambda)\tilde{C}(\vec{\alpha}, \lambda)}. \quad (27)$$

Finally, the Laplace transform of the generating function takes a simpler form in the eigenbasis of $\tilde{\mathbf{M}}$:

$$\tilde{G}_{\uparrow\uparrow}(\vec{\alpha}, \lambda) + \tilde{G}_{\uparrow\downarrow}(\vec{\alpha}, \lambda)$$
$$= \frac{Q_+(\vec{\alpha}, \lambda)}{\lambda + \left(\frac{\Delta}{2}\right)^2 \lambda_+(\vec{\alpha}, \lambda)} + \frac{Q_-(\vec{\alpha}, \lambda)}{\lambda + \left(\frac{\Delta}{2}\right)^2 \lambda_-(\vec{\alpha}, \lambda)}, \quad (28)$$

where we defined the amplitudes

$$Q_{\pm} = (1 \quad 1) w_{\pm} v_{\pm}^T \binom{1}{0}. \quad (29)$$

Using the relations

$$2R_j(\alpha_j, t) \pm Z^-(\alpha_j, t) = Z^+(\alpha_j \pm t) \quad (30a)$$

$$2F_j(\alpha_j, t) \pm \Gamma^-(\alpha_j, t) = \Gamma^+(\alpha_j \mp t) \quad (30b)$$

one can check that Eq. (28) recovers the result derived by Refs. [26,27].

IV. FLUCTUATION THEOREM PRE- AND POST-NIBA

The authors of Ref. [26] proved a fluctuation relation for the generating function after the NIBA was performed. They showed that the leading eigenvalue of the transfer matrix $\tilde{\mathbf{M}}$ is invariant under $\vec{\alpha} \to i(\beta_L, \beta_R) - \vec{\alpha}$. Here we show said fluctuation relation directly on $\mathbf{M}$ by considering a proper time reversal.

A. Time reversal

There are multiple ways to define a time reversal for a stochastic process, see Ref. [66]. In this work, we define a reversal for the qubit state paths $X(t)$ and $Y(t)$ as

$$X_R(t) = Y(t_f + t_i - t) \quad (31a)$$

$$Y_R(t) = X(t_f + t_i - t), \quad (31b)$$

see Fig. 2. In the time-reversed path the forward and backward path interchange and run from t_f to t_i. To illustrate this time reversal, let us note that for $\vec{\alpha} = 0$, the generating function (9) can be written as

$$G_{i,f}(0) = \mathrm{tr}_{R,C}(\rho_{\beta_L} \otimes \rho_{\beta_R} \langle i|U|f\rangle \langle f|U^\dagger|i\rangle). \quad (32)$$

Expressing the trace as a path integral and computing the trace over the bath variables gives

$$G_{i,f}(\vec{0}) = \int_{i,f} dX\,dY\, e^{-\frac{i}{\hbar}S_0[X] + \frac{i}{\hbar}S_0[Y]} \mathcal{F}_R[X,Y] \qquad (33)$$

with influence functional

$$\mathcal{F}_R[X,Y] = e^{\frac{i}{\hbar}(S_{i,R}^L + S_{i,R}^R)[X,Y] - \frac{1}{\hbar}(S_{r,R}^L + S_{r,R}^R)[X,Y]}, \qquad (34)$$

where we defined the real part of the action as

$$S_{r,R}^{R/L}[X,Y] = \int_{t_i}^{t_f} dt \int_{t_i}^{t} ds \big((X_t X_s + Y_t Y_s) k_r^{R/L}(t-s) \\ - X_t Y_s k_r^{R/L}(t-s) - X_s Y_t k_r^{R/L}(t-s) \big) \qquad (35)$$

and the imaginary part

$$S_{i,R}^{R/L}[X,Y] = \int_{t_i}^{t_f} dt \int_{t_i}^{t} ds \big((Y_t Y_s - X_t X_s) k_i^{R/L}(t-s) \\ + X_t Y_s k_i^{R/L}(t-s) - X_s Y_t k_i^{R/L}(t-s) \big). \qquad (36)$$

Now taking $X(t) \rightarrow X_R(t)$ and $Y(t) \rightarrow Y_R(t)$, retrieves the expression for the generating function (11) for $\vec{\alpha} = 0$.

B. Gallavotti-Cohen symmetry

Let us define the time-reversed generating function as

$$G_{fi}^R(\alpha_R, \alpha_L, t) = \text{tr}_{R,L} \langle i | e^{i(\alpha_R H_R + \alpha_L H_L)/\hbar} U_t^\dagger e^{-i(\alpha_R H_R + \alpha_L H_L)/\hbar} \\ \times (\rho_{\beta_L} \otimes \rho_{\beta_R} \otimes |f\rangle\langle f|) U_t |i\rangle. \qquad (37)$$

Before performing the NIBA, it is straightforward to show from the definition of the generating function (11) and (37) that the Gallavotti-Cohen relation holds:

$$G_{if}(i\beta_R \hbar - \alpha_R, i\beta_L \hbar - \alpha_L, t) = G_{fi}^R(\alpha_R, \alpha_L, t), \qquad (38)$$

see Ref. [57] for a detailed discussion on the Gallavotti-Cohen relation for interacting systems. After integrating out the bath, the above equation can be checked using the time reversal defined in (31).

It is possible to show that the Gallavotti-Cohen relation (38) still holds after performing the NIBA. In order to do so we perform the NIBA on the time-reversed generating function $G_{fi}^R(\alpha_R, \alpha_L, t)$ following the same procedure as outlined in Sec. III. The result is of the form (18), with transfer matrix

$$\bar{\mathbf{M}}(\vec{\alpha}, t) = 2 \begin{pmatrix} D(t) & -C(\vec{\alpha}, t) \\ -B(\vec{\alpha}, t) & A(t) \end{pmatrix}. \qquad (39)$$

On the other hand, one can calculate that

$$\mathbf{M}(i\hbar(\beta_R, \beta_L) - \vec{\alpha}, t) = 2 \begin{pmatrix} A(t) & -C(\vec{\alpha}, t) \\ -B(\vec{\alpha}, t) & D(t) \end{pmatrix}. \qquad (40)$$

Note that in the time reversal (31), we interchange the meaning of X and Y, as illustrated in Fig. 2. Interchanging the roles of X and Y means flipping the diagonal elements in transfer matrix. Thus $\mathbf{M}[i\hbar(\beta_R, \beta_L) - \vec{\alpha}, t]$ and $\bar{\mathbf{M}}(\vec{\alpha}, t)$ are equivalent, proving that the Gallavotti-Cohen relation remains true after the performing the NIBA, as was shown by Ref. [26].

V. FLUCTUATION-DISSIPATION RELATION

In this section we aim to calculate the first and second moment of the heat current in the steady state. In steady state we only need to focus on one bath as the magnitude of the heat current is the same for both baths. Therefore, let us set $\alpha_R = 0$ and write $\alpha = \alpha_L$. We invert the Laplace transform of the generating function up to second order in α. This allows us direct access to the first and second moment of the heat current. In order to be self-contained, in Appendix C we present a derivation of the thermal conductance κ (C16), which will appear in the fluctuation-dissipation relation.

Concretely, we look for poles of Eq. (28), by constructing a function

$$\lambda(\alpha) = \lambda_0 + \lambda_1 \alpha + \lambda_2 \alpha^2 + O(\alpha^3), \qquad (41)$$

which solves

$$\lambda(\alpha) + \left(\frac{\Delta}{2}\right)^2 \lambda_-(\alpha, \lambda(\alpha)) = 0 \qquad (42)$$

at all orders in α. Hence for small α, we have, in the long time limit

$$G_{i,f}(\alpha, t) = \text{Res} \left(\frac{e^{\lambda t} Q_-(\alpha, \lambda)}{\lambda(\alpha) + \left(\frac{\Delta}{2}\right)^2 \lambda_-(\alpha, \lambda)}, \lambda(\alpha) \right) \\ = \frac{e^{\lambda(\alpha)t} Q_-[\alpha, \lambda(\alpha)]}{1 + \left(\frac{\Delta}{2}\right)^2 \dot{\lambda}_-[\alpha, \lambda(\alpha)]}. \qquad (43)$$

(Note that in the large time limit the contribution of the λ_+ is exponentially subdominant). Keeping in mind that $\lambda_-(0, \lambda) = 0$, the zeroth order of Eq. (42) gives.

$$\lambda_0 = 0. \qquad (44)$$

Equation (42) to the first order in α translates to

$$\lambda_1 + \left(\frac{\Delta}{2}\right)^2 \lambda'_-(0, \lambda_0) + \left(\frac{\Delta}{2}\right)^2 \dot{\lambda}_-(0, \lambda_0) \lambda_1, \qquad (45)$$

where the accent denotes the derivative to the first variable and a dot to the second. The steady-state heat current is given by $-i\hbar\lambda_1$. After some algebra we find that

$$\lambda_1 = i \left(\frac{\Delta}{2}\right)^2 \frac{p_+ \pi_\downarrow + p_- \pi_\uparrow}{\hbar(p_+ + p_-)}, \qquad (46)$$

where we defined

$$C_L(t) = e^{-\frac{1}{\hbar}\Gamma_L^+(t) + \frac{i}{\hbar}Z_L^+(t)} \qquad (47a)$$

$$C_R(t) = e^{-\frac{1}{\hbar}\Gamma_R^+(t) + \frac{i}{\hbar}Z_R^+(t)} \qquad (47b)$$

and $\hat{C}_L(\omega)$, $\hat{C}_R(\omega)$ their Fourier transforms. The fractions $p_\pm/(p_+ + p_-)$ give the steady-state population for the qubit in the up or down state, with

$$p_+ = \int_{-\infty}^{\infty} dt\, C_L(t) C_R(t) e^{i\epsilon t} \qquad (48a)$$

$$p_- = \int_{-\infty}^{\infty} dt\, C_L(t) C_R(t) e^{-i\epsilon t}, \qquad (48b)$$

and the power emitted from the up $\pi_\downarrow$ and down state $\pi_\uparrow$

$$\pi_\uparrow = \frac{\hbar}{2\pi} \int_{-\infty}^{\infty} d\omega\, \omega \hat{C}_L(\omega) \hat{C}_R(\epsilon - \omega) \qquad (49a)$$

$$\pi_\downarrow = \frac{\hbar}{2\pi} \int_{-\infty}^{\infty} d\omega\, \omega \hat{C}_L(\omega) \hat{C}_R(-\epsilon - \omega). \qquad (49b)$$

The convolution in the first line can be interpreted as the sum over qubit relaxation rates with energy ω going to the left bath and $-\omega + \epsilon$ to the right bath, and the second line similarly in terms of a qubit excitation [26]. Additionally, we define

$$\Sigma^+ = \frac{\hbar^2}{2\pi} \int_{-\infty}^{\infty} d\omega \, \omega^2 \hat{C}_L(\omega) \hat{C}_R(\epsilon - \omega) \qquad (50\text{a})$$

$$\Sigma^- = \frac{\hbar^2}{2\pi} \int_{-\infty}^{\infty} d\omega \, \omega^2 \hat{C}_L(\omega) \hat{C}_R(-\epsilon - \omega). \qquad (50\text{b})$$

Similarly, an expression can be obtained for λ_2. In equilibrium, when $\beta_R = \beta_C$,

$$\lambda_2 = -\frac{\Delta^2}{4\hbar^2} \frac{p_- \Sigma^+ + p_+ \Sigma^- + 4\pi_\uparrow \pi_\downarrow}{p_+ + p_-}. \qquad (51)$$

Writing the explicit expression for $Q_-[\alpha, \lambda(\alpha)]$, straightforward algebra shows that

$$Q_-[\alpha, \lambda(\alpha)] = 1 + O(\alpha^3), \qquad (52)$$

and we obtain that the generating function is given by

$$G_{i,f}(\alpha) = e^{(\lambda_1 \alpha + \lambda_2 \alpha^2 + O(\alpha^3))t} \left\{ 1 - \left(\frac{\Delta}{2}\right)^2 \right.$$
$$\times \left[\dot{\lambda}'_-(0,0) + \lambda''_-(0,0)\lambda_1 \right] \alpha$$
$$+ \left(\left(\frac{\Delta}{2}\right)^2 \dot{\lambda}'_-(0,0) \right)^2 \alpha^2$$
$$\left. - \left(\frac{\Delta}{2}\right)^2 \dot{\lambda}''_-(0,0)\alpha^2 + O(\alpha^3) \right\}. \qquad$$

The first moment of the heat current is

$$\langle \Delta E \rangle = -i\hbar t \lambda_1, \qquad (53)$$

which correctly leads to the heat current defined in (C3). The variance of the heat current is then given by

$$\text{Var}[\Delta E] = -\hbar^2 t \{ 2\lambda_2 - 2[\dot{\lambda}'_-(0,0) + \lambda''_-(0,0)\lambda_1)]\lambda_1 \} + O(t). \qquad (54)$$

In equilibrium, $\lambda_1 = 0$, we find that

$$\lim_{t\to\infty} \frac{1}{t} \text{Var}[\Delta E] = -2\hbar^2 \lambda_2 \qquad (55)$$

$$= \frac{\Delta^2}{2} \frac{p_- \Sigma^+ + p_+ \Sigma^- + 4\pi_\uparrow \pi_\downarrow}{p_+ + p_-}. \qquad (56)$$

Comparing to (C16), we find the following identity:

$$\lim_{t\to\infty} \frac{1}{t} \text{Var}[\Delta E] = 2\kappa, \qquad (57)$$

which proves the fluctuation-dissipation relation.

VI. NUMERICAL EVALUATION OF THE GENERATING FUNCTION

In this section we numerically study the heat current predicted by (18), earlier numerical studies on the spin-boson model include, e.g., Refs. [23,26–31,67,68].
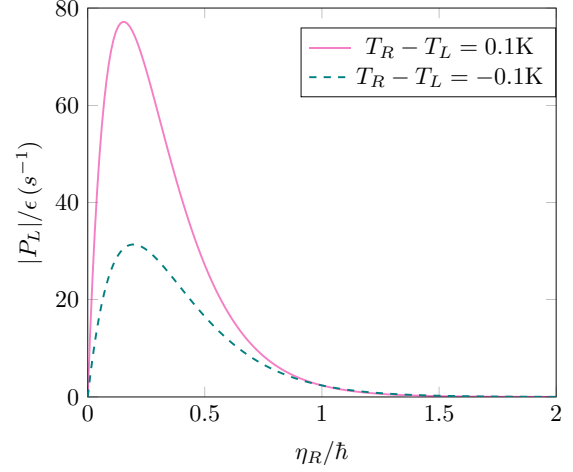

FIG. 3. Numerical evaluation of the heat current (C1). The purple lines are for $T_R = 0.2$ K, $T_L = 0.1$ K and the blue lines for $T_R = 0.1$ K, $T_L = 0.2$ K. The other parameters in the model are $\epsilon = 1$ K $\times k_B$, $\hbar\Delta = 0.01\epsilon$, $\Omega = 100\epsilon/\hbar$, and $\eta_L = \hbar$.

The heat current (C3) is completely determined by the functions $Z_{L/R}^+(t)$ and $\Gamma_{L/R}^+(t)$, defined in (22) and (21). For the Ohmic spectral density $J(\omega)$ with exponential cutoff (8), these functions have analytic solutions [62]

$$Z_j^+(t) = \eta_j \tan^{-1}(\Omega t) \qquad (58)$$

$$\Gamma_j^+(t) = \frac{1}{2}\eta_j \log(1 + \Omega^2 t^2) + \eta_j \log\left(\frac{\hbar\beta_j}{\pi t}\sinh\frac{\pi t}{\hbar\beta_j}\right), \qquad (59)$$

with $j = L, R$.

For our numerical analysis we consider the parameters $\epsilon = 1$ K $\times k_B$, $\hbar\Delta = 0.01\epsilon$, and $\Omega = 100\epsilon/\hbar$. Figure 3 shows the absolute value of the heat current to the left bath for a positive temperature gradient $\Delta T = T_R - T_L = 0.1$ K (full line) and for a negative gradient -0.1 K (dashed line) in function of the coupling strength η_R, with $\eta_L = \hbar$ constant. The curves show rectification of the heat current, as was already observed by Refs. [23,67]: the current changes direction when the temperatures of the bath are exchanged, but the magnitudes are not equal.

Let P_L be the power to the left bath and P_L^R be the power to the left bath as the temperatures of the baths are exchanged. To quantify the amount of rectification, we define the rectification index as [16]

$$R = \frac{\max(|P_L|, |P_L^R|)}{\min(|P_L|, |P_L^R|)}. \qquad (60)$$

The rectification index is shown in Fig. 4 for different range of temperatures of the right bath in function of the coupling parameter η_R. Larger temperature gradients lead to higher rectification.

The influence of a third bath, with temperature T_E, weakly coupled to the qubit on the rectification index R is shown in Fig. 5. The left bath has constant coupling $\eta_L = \hbar$, the third bath has coupling $\eta_E = 0.1\hbar$ and the coupling of the right bath ranges from $0\hbar$ to $1.5\hbar$. The presence to the third bath leads to $P_R \neq -P_L$, which causes changes in the behavior
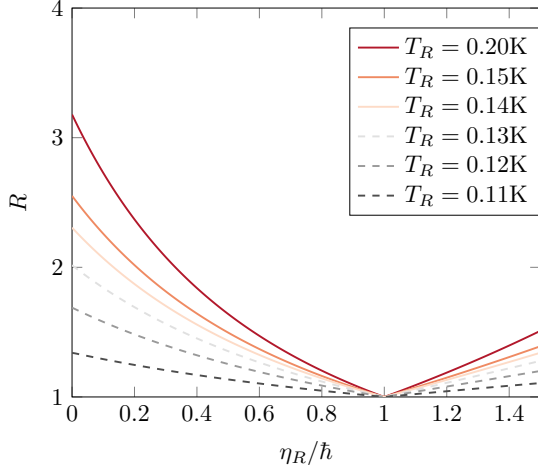
FIG. 4. Rectification index R, as defined in (60), for different values of T_R and $T_L = 0.1$ K. The other parameters are given in the caption of Fig. 3.

of the rectification index R. The black (full) line in Fig. 5 displays the rectification index without the third bath, the other curves show the rectification under the influence of the third bath. There are two clear qualitative deviations from the two-bath situation. First, the rectification no longer reaches a minimum at $\eta_R = 1$, the minima are shifted to other values of η_R and even additional minima appear. Second, divergences occur when the presence of the third bath leads to $P_L = 0$ and $P_L^R \neq 0$, or the other way around. For example, at $\eta_R = 0$ and $T_E = 0.1$ K the power $P_L = 0$, since $T_E = T_L$ and there is no interaction with the right bath. When the temperatures are reversed, $T_E \neq T_L^R = T_R$ leading to $P_L^R \neq 0$. Theoretical studies of electronic systems have shown similar effect on the rectification due the influence of a third bath [69,70], earlier numerical studies for the three-bath model in the spin-boson case are in Ref. [68].
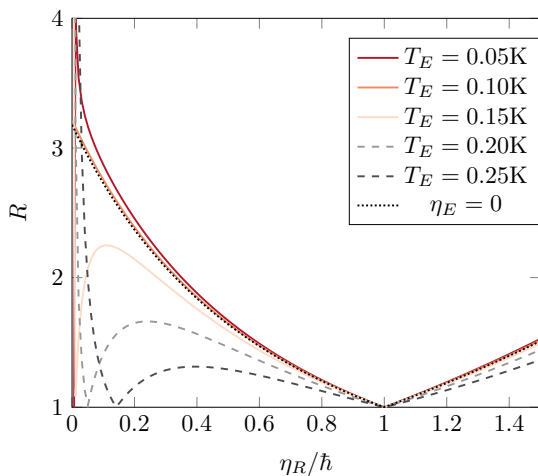

FIG. 5. Influence of a third bath on the rectification index R, as defined in (60). The coupling to the third bath is $\eta_E = 0.1\hbar$, $T_L = 0.1$ K, and $T_R = 0.2$ K. The other parameters are given in the caption of Fig. 3.

VII. DISCUSSION

In this paper we have studied the heat current through a qubit between two thermal baths. Earlier studies performed calculations that were done using the polaron transform [23,26–31], or when explicitly performing the noninteracting blip approximation (NIBA) were focused on the first moment [34]. Here we rederived the explicit expression for the generating function of the heat current by directly performing the NIBA. The Laplace transform of the cumulant generating function of the heat current is a large deviation function (or rate function) that allows one to quantify rare events. In equilibrium, it can be shown that rate functions are simply related to the traditional thermodynamic potentials such as entropy or free energy [71]. Far from equilibrium, large deviation functions can be defined for a large class of dynamical processes and are good candidates for playing the role of generalized potentials [7].

In classical physics, a few exact solutions for the large deviations in some integrable interacting particles models have been found and a nonlinear hydrodynamic theory, known as macroscopic fluctuation theory, has been developed [7,8]. In the quantum case, the role of large deviation functions is played by the full counting statistics (FCS) [72–77] for which a path integral formulation akin to macroscopic fluctuation theory has been formulated [78]. The FCS exhibits universal features and phase transitions [79] and obeys the fluctuation theorem [80–83]. However, in the quantum realm, exact results for interacting systems are very rare, among the most noticeable is a series of remarkable calculations performed for the XXZ open spin chain interacting with boundary reservoirs within the Lindblad framework [84,85].

In the present work, our aim was to study the heat transport in the spin-boson model, starting from the microscopic model that embodies the qubit and the reservoirs. We hence do not rely on a Markovian assumption, but eventually that the tunneling element is small, as is inherent to the NIBA.

Our analysis begins with the exact expression of the generating function in terms of a Feynman-Vernon-type path integral from which we derived a full analytical formula for the generating function of the heat current. We recover the earlier results derived using the polaron transform [26,27].

As a numerical example we studied the first moment of the generating function, the heat current. We saw that this shows rectification when the coupling strength of the qubit to both baths is not equal, as was already found by Refs. [23,67]. When the temperature gradient is flipped, the current changes direction, but it does not have the same magnitude in both directions and therefore breaks the Fourier law of heat conduction.

A very important property satisfied by the generating function is the Gallavotti-Cohen fluctuation theorem that embodies at the macroscopic scale the time-reversal invariance of the microscopic dynamics. The fluctuation theorem implies in particular the fluctuation-dissipation relation and the Onsager reciprocity rules when different currents are present [53,54,57,86,87].

The fact that the formal definition of generating function does obey the Gallavotti-Cohen symmetry is rather straightforward to obtain. This relation remains true after

the NIBA [26,27]. This means that NIBA respects the fundamental symmetries of the underlying model, or equivalently, that the spin-boson problem with NIBA is by itself a thermodynamically consistent model. One consequence is that the fluctuation-dissipation relation is retrieved under the NIBA. Indeed, we explicitly calculated the first and second moment of the heat. When the temperature difference between the baths is small, we found the heat conductance κ as the first moment of heat per unit time divided by temperature difference. The variance of the heat at equilibrium, when both temperatures are the same, is then per unit time proportional to κ. We emphasize that the Gallavotti-Cohen relation is valid far from equilibrium and it implies relations between response coefficients at arbitrary orders [88].

APPENDIX A: DERIVATION OF EQ. (11)

The expression for the generating function (9) can be rewritten by defining

$$
\begin{aligned}
\bar{H} &= e^{i(\alpha_R H_R + \alpha_L H_L)/\hbar} H e^{-i(\alpha_R H_R + \alpha_L H_L)/\hbar} \\
&= H_S + H_L + H_R + \bar{H}_{SL} + \bar{H}_{SR}
\end{aligned}
\tag{A1}
$$

with

$$
\bar{H}_{SL/R} = -\sigma_z \sum_{b \in L/R} L_b \sqrt{\frac{\hbar}{2m\omega_{b,L/R}}} (b_b e^{-i\omega_b \alpha_{L/R}} + b_b^\dagger e^{i\omega_b \alpha_{L/R}}).
\tag{A2}
$$

Let $\bar{U}_{t,\alpha_R,\alpha_L}$ be the corresponding evolution operator, the generating function (9) is

$$
G_{i,f}(\vec{\alpha}, t) = \mathrm{tr}\langle f | \bar{U}_{t,\alpha_R,\alpha_L}(\rho_{\beta_L} \otimes \rho_{\beta_R} \otimes |i\rangle\langle i|) U_t^\dagger | f\rangle. \tag{A3}
$$

With this expression the influence functional can be derived in the usual way [2], leading to (13).

APPENDIX B: SURVIVING TERMS OF THE NIBA

It is convenient to define the sojourn index

$$
\chi_t = X_t + Y_t \tag{B1}
$$

such that during a sojourn $X_t = Y_t = \frac{1}{2}\chi_t$ and the blip index

$$
\xi_t = X_t - Y_t. \tag{B2}
$$

such that during a blip $X_t = -Y_t = \frac{1}{2}\xi_t$. Since we will be performing two time integrals, we will be needing the second primitive functions $K_i^{R/L}$, $K_r^{R/L}$ of $k_i^{R/L}(t-s)$ and $k_r^{R/L}(t-s)$. The second primitive is defined as

$$
K_{i/r}^{R/L} = \int dt\,ds\, k_{i/r}^{R/L}(t-s). \tag{B3}
$$

Note that the primitive functions have an extra minus sign, due to the fact that we are integrating over $-s$

$$
K_i^{R/L}(t) = \sum_b \frac{(C_{b,R/L})^2}{2m_b \omega_{b,R/L}^3} \sin(\omega_{b,R/L} t) \tag{B4a}
$$

$$
K_r^{R/L}(t) = \sum_b \frac{(C_{b,R/L})^2}{2m_b \omega_{b,R/L}^3} \coth\left(\frac{\hbar \omega_{b,R/L} \beta_{R/L}}{2}\right) \cos(\omega_{b,R/L} t). \tag{B4b}
$$

1. Blip-blip

We consider a blip interval that runs from a time t^* to $t^* + \Delta t_b$.

a. Imaginary part of the action

Notice that in the same blip interval $X_t = X_s = -Y_t = -Y_s$, hence $X_t X_s = Y_t Y_s = 1$ and $X_t Y_s = Y_t X_s = -1$. This means that the term proportional to $X_t X_s - Y_t Y_s$ in the imaginary part of the action (15) will not contribute. The remaining terms, which we denote by $R(\vec{\alpha}, t) = R^R(\alpha_R, t) + R^L(\alpha_L, t)$, give

$$
\begin{aligned}
R^j(\alpha_j, t) - \frac{1}{2} K_i^j(\alpha_j) &= -\frac{1}{4} \int_{t^*}^{t^*+\Delta t_B} \int_{t^*}^{t^*+\Delta t_B} dt\,ds\, k_i^j(t-s+\alpha_j) = \frac{1}{4}\left[K_i^j(\Delta t_B + \alpha_j) + K_i^j(-\Delta t_B + \alpha_j) - 2K_i^j(\alpha_j) \right] \\
&= \frac{1}{2} \sum_b \frac{C_{b,j}^2}{2m_{b,j} \omega_{b,j}^3} \sin(\omega_b \alpha_j) \cos(\omega_{b,j} \Delta t_B) - \frac{1}{2} K_i^j(\alpha_j),
\end{aligned}
\tag{B5}
$$

where $j = R$ or L. We isolated the $\frac{1}{2} K_i^j(\alpha_j)$ term to anticipate a cancellation with sojourn-sojourn terms.

b. Real part of the action

For the real part, all terms contribute. The result is $C(\vec{\alpha}, \Delta t_B) = C^R(\alpha_R, \Delta t_B) + C^L(\alpha_L, \Delta t_B)$, with

$$
\begin{aligned}
C^j(\alpha, \Delta t_B) &\equiv \frac{1}{4} \int_{t^*}^{t^*+\Delta t_B} \int_{t^*}^{t} dt\,ds \big[2k_r^j(t-s) + k_r(t-s+\alpha) + k_r(t-s-\alpha) \big] \\
&= \frac{1}{4} \big[-2K_r^j(\Delta t_B) + 2K_r^j(0) - K_r^j(\Delta t_B + \alpha) - K_r^j(\Delta t_B - \alpha) + 2K^j(\alpha) \big] \\
&= \frac{1}{2} \sum_b \frac{C_{b,j}^2}{2m_{b,j}\omega_{b,j}^3} \coth\left(\frac{\omega_{b,j}\hbar\beta}{2}\right)[\cos(\omega_{b,j}\alpha) + 1][1 - \cos(\omega_{b,j}\Delta_B)].
\end{aligned} \tag{B6}
$$

2. Blip-sojourn

We consider a blip interval running from $t^* - \Delta t_b$ to t^* and the ensuing sojourn interval from t^* to $t^* + \Delta t_s$.

a. Imaginary part

The contribution from the imaginary part of the action is $\chi\xi X_-(\vec{\alpha}, \Delta t_B)$, $X_-(\vec{\alpha}, \Delta t_B) = X_-^R(\alpha_R, \Delta t_B) + X_-^L(\alpha_L, \Delta t_B)$ with

$$
\begin{aligned}
X_-^j(\alpha, \Delta t_B) &= \frac{1}{4} \int_{t^*}^{t^*+\Delta t_S} dt \int_{t^*-\Delta t_B}^{t^*} ds \big[2k_i^j(t-s) - k_i^j(t-s+\alpha) - k_i^j(t-s-\alpha) \big] \\
&= \frac{1}{4} \big(2K_i^j(\Delta t_S) - 2K_i^j(\Delta t_S + \Delta t_B) + 2K_i^j(\Delta t_B) - 2K_i^j(0) - K_i^j(\Delta t_S + \alpha) + K_i^j(\Delta t_S + \Delta t_B + \alpha) \\
&\quad - K_i^j(\Delta t_B + \alpha) + K_i^j(\alpha) - K_i^j(\Delta t_S - \alpha) + K_i^j(\Delta t_S + \Delta t_B - \alpha) - K_i^j(\Delta t_B - \alpha) + K_i^j(-\alpha) \big).
\end{aligned} \tag{B7}
$$

Following the NIBA, we have $K_i(\Delta t_S) = K_i(\Delta t_S + \Delta t_B) = K_i(\Delta t_S + \Delta t_B + \alpha)$, which leads to a significant simplification in the above equation, we find

$$
X_-^j(\alpha, \Delta t_B) = \frac{1}{4} \big[2K_i^j(\Delta t_B) - K_i^j(\Delta t_B - \alpha) - K_i(\Delta t_B + \alpha) \big] \tag{B8}
$$

$$
= \frac{1}{2} \sum \frac{C_{b,j}^2}{2m_{b,j}\omega_b^3} \sin(\omega_{b,j}\Delta t_B)[1 - \cos(\omega_{b,j}\alpha)]. \tag{B9}
$$

b. Real part

The real part gives $\chi\xi F_-(\vec{\alpha}, \Delta t_B)$, $F_-(\vec{\alpha}, \Delta t_B) = F_-^R(\alpha_R, \Delta t_B) + F_-^L(\alpha_L, \Delta t_B)$

$$
\begin{aligned}
F_-^j(\alpha, \Delta t_B) &= \frac{1}{4}\chi\xi \int_{t^*}^{t^*+\Delta t_S} dt \int_{t^*-\Delta t_B}^{t^*} ds \big[k_r^j(t-s+\alpha) - k_r^j(t-s-\alpha) \big] \\
&= \frac{1}{4}\chi\xi \big(K_r^j(\Delta t_S + \alpha) + K_r^j(\Delta t_B + \alpha) - K_r^j(\Delta t_B + \Delta t_S + \alpha) - K_r^j(\alpha) \\
&\quad - K_r^j(\Delta t_S - \alpha) - K_r^j(\Delta t_B - \alpha) + K_r^j(\Delta t_B + \Delta t_S - \alpha) + K_r^j(-\alpha) \big).
\end{aligned} \tag{B10}
$$

Under the same argument as for the imaginary part, we get

$$
F_-^j(\alpha, \Delta t_B) = \frac{1}{4} \big(K_r^j(\Delta t_B + \alpha) - K_r^j(\Delta t_B - \alpha) \big) \tag{B11}
$$

$$
= -\frac{1}{2} \sum_b \frac{(C_{b,j})^2}{2m_b\omega_b^3} \coth\left(\frac{\omega_b\hbar\beta}{2}\right) \sin(\omega_b\Delta t_B) \sin(\omega_b\alpha). \tag{B12}
$$

3. Sojourn-blip

The blip interval runs from $t^* - \Delta t_s$ to t^* and the blip interval t^* to $t^* + \Delta t_b$.

a. Imaginary part

This calculation is similar to the blip-sojourn term, but with less cancelations.

$$
\begin{aligned}
X_+^j(\alpha, \Delta t_b) &= \frac{1}{4} \int_{t^*}^{t^*+\Delta t_B} dt \int_{t^*-\Delta t_S}^{t^*} ds \left[2k_i^j(t-s) + k_i^j(t-s+\alpha) + k_i^j(t-s-\alpha) \right] \\
&= \frac{1}{4} \Big(2K_i^j(\Delta t_S) - 2K_i^j(\Delta t_S + \Delta t_B) + 2K_i^j(\Delta t_B) - 2K_i^j(0) + K_i^j(\Delta t_S + \alpha) - K_i^j(\Delta t_S + \Delta t_B + \alpha) \\
&\quad + K_i^j(\Delta t_B + \alpha) - K_i^j(\alpha) + K_i^j(\Delta t_S - \alpha) - K_i^j(\Delta t_S + \Delta t_B - \alpha) + K_i^j(\Delta t_B - \alpha) - K_i^j(-\alpha) \Big). \qquad \text{(B13)}
\end{aligned}
$$

Again, under NIBA, we have $K_i^j(\Delta t_S) = K_i^j(\Delta t_S) = K_i^j(\Delta t_S + \Delta t_B)K_i^j(\Delta t_S + \Delta t_B + \alpha)$, which gives

$$
X^+(\alpha, \Delta t_b) = \frac{1}{4}\left[2K_i^j(\Delta t_B) + K_i^j(\Delta t_B - \alpha) + K_i^j(\Delta t_B + \alpha) \right] = \frac{1}{2} \sum \frac{(C_{b,j})^2}{2m_b \omega_b^3} \sin(\omega_b \Delta t_B)[1 + \cos(\omega_b \alpha)]. \qquad \text{(B14)}
$$

b. Real part

$$
\begin{aligned}
F_+^j(\alpha, \Delta t_b) &= \frac{1}{4} \chi \xi \int_{t^*}^{t^*+\Delta t_S} dt \int_{t^*-\Delta t_B}^{t^*} ds \left[-k_r^j(t-s+\alpha) + k_r^j(t-s-\alpha) \right] \\
&= \chi \xi \frac{1}{4} \Big(-K_r^j(\Delta t_S + \alpha) - K_r^j(\Delta t_B + \alpha) + K_r^j(\Delta t_B + \Delta t_S + \alpha) + K_r^j(\alpha) \\
&\quad + K_r^j(\Delta t_S - \alpha) + K_r^j(\Delta t_B - \alpha) - K_r^j(\Delta t_B + \Delta t_S - \alpha) - K_r^j(-\alpha) \Big). \qquad \text{(B15)}
\end{aligned}
$$

Under the same argument as for the imaginary part, we get

$$
F_+^j(\alpha, \Delta t_b) = \frac{1}{4} \left(-K_r^j(\Delta t_B + \alpha) + K_r^j(\Delta t_B - \alpha) \right) = \frac{1}{2} \sum \frac{(C_{b,j})^2}{2m_b \omega_b^3} \coth\left(\frac{\omega_b \hbar \beta}{2} \right) \sin(\omega_b \Delta t_B) \sin(\omega_b \alpha). \qquad \text{(B16)}
$$

Note that $F_+ = -F_-$.

4. Sojourn-sojourn

The first sojourn interval runs from t^* to $t^* + \Delta t_{S_1}$ and the blip interval $t^* + \Delta t_{S_1}$ to $t^* + \Delta t_{S_1} + \Delta t_{S_2}$.

a. Imaginary part

We find

$$
\begin{aligned}
B^j(\alpha) &\equiv \frac{1}{4} \int_{t^*}^{t^*+\Delta t_S} \int_{t^*}^{t^*+\Delta t_S} dt\, ds\, k_i^j(t-s+\alpha) = \frac{1}{4} \left(2K_i^j(\alpha) - K_i^j(\Delta t_s + \alpha) - K_i^j(-\Delta t_s + \alpha) \right) \\
&= \frac{1}{2} K_i^j(\alpha) = \frac{1}{2} \sum_b \frac{(C_{b,j})^2}{2m_b \omega_b^3} \sin(\alpha). \qquad \text{(B17)}
\end{aligned}
$$

b. Real part

$$
\begin{aligned}
D^j(\alpha) &= \frac{1}{4} \int_{t^*}^{t^*+\Delta t_S} dt \int_{t^*}^{t} ds \left(2k_r^j(t-s) - k_r^j(t-s+\alpha) - k_r^j(t-s-\alpha) \right) \\
&= \frac{1}{4} \left(2K_r^j(0) - 2K_r^j(\Delta t_S) + K_r^j(\Delta t_S + \hbar\alpha) - K_r^j(\alpha) + K_r^j(\Delta t_S - \hbar\alpha) - K_r^j(-\alpha) \right) = \frac{1}{2} \left[K_r^j(0) - K_r^j(\alpha) \right] \qquad \text{(B18)} \\
&= \frac{1}{2} \sum \frac{(C_{b,j})^2}{2m_b \omega_b^3} \coth\left(\frac{\omega_b \hbar \beta_j}{2} \right)[1 - \cos(\alpha)]. \qquad \text{(B19)}
\end{aligned}
$$

There will also be cancellations between D and C.

5. Sojourn-(blip)-sojourn

The first sojourn interval runs from t^* to $t^* + \Delta t_{S_1}$ and the second sojourn interval from $t^* + \Delta t_{S_1} + \Delta t_B$ to $t^* + \Delta t_{S_1} + \Delta t_{B_1} + \Delta t_{S_2}$, where Δt_B is the duration of the blip.

a. Imaginary part

$$\Lambda^j(\alpha, \Delta t_B) = \frac{1}{4} \int_{t^*+\Delta t_{S_1}+\Delta t_B}^{t^*+\Delta t_{S_1}+\Delta t_B+\Delta t_{S_2}} dt \int_{t^*}^{t^*+\Delta t_{S_1}} ds \left[k_i^j(t-s+\alpha) - k_i^j(t-s-\alpha) \right]$$

$$= \frac{1}{4} \left[-K_i^j(\Delta t_B + \alpha) + K_i^j(\Delta t_B - \alpha) \right] = -\frac{1}{2} \sum_b \frac{(C_{b,j})^2}{2m_b\omega_b^3} \cos(\omega_b \Delta t_B) \sin(\omega_b \alpha). \tag{B20}$$

b. Real part

$$\Sigma^j(\alpha, \Delta t_B) = \frac{1}{4} \int_{t^*+\Delta t_{S_1}+\Delta t_B}^{t^*+\Delta t_{S_1}+\Delta t_B+\Delta t_{S_2}} dt \int_{t^*}^{t^*+\Delta t_{S_1}} ds \left[2k_r^j(t-s) - k_r^j(t-s+\alpha) - k_r^j(t-s-\alpha) \right]$$

$$= \frac{1}{4} \left[K_r^j(\Delta t_B + \alpha) + K_r^j(\Delta t_B - \alpha) - 2K_r^j(\Delta t_B) \right]$$

$$= \frac{1}{2} \sum \frac{(C_{b,j})^2}{2m_{b,j}\omega_{b,j}^3} \coth\left(\frac{\omega_{b,j}\hbar\beta_j}{2}\right) \cos(\omega_{b,j}\Delta t_B)[\cos(\omega_{b,j}\alpha) - 1]. \tag{B21}$$

6. Transfer matrix

The generating function, using the terms calculated in the previous sections, is

$$G_{S \to S}(\alpha) = \sum_{n=0}^{+\infty} (-1)^n \left(\frac{\Delta}{2}\right)^n \int dt_1 \dots dt_{2n} \sum_{\substack{\chi_1, \dots, \chi_n = \pm 1, \\ \xi_1, \dots, \xi_n = \pm 1}} \exp\left(-\frac{i}{\hbar}\epsilon \sum_i \xi_i(t_{2i} - t_{2i-1})\right)$$

$$\times \exp\left(\frac{i}{\hbar} \sum_{j=R,L} \sum_i \chi_i\xi_{i+1}X_+^j(\alpha_j, \Delta_{2i+2}) + \chi_i\xi_i X_-^j(\alpha_j, \Delta_{2i}) + \chi_i\chi_{i+1}\Lambda^j(\alpha, \Delta_{2i+2}) + R^j(\alpha, \Delta_{2i})\right)$$

$$\times \exp\left(-\frac{1}{\hbar} \sum_{j=R,L} \sum_i \chi_j\xi_{i+1}F_+^j(\alpha_j, \Delta_{2i+2}) + \chi_i\xi_i F_-^j(\alpha_j, \Delta_{2i}) + \chi_i\chi_{i+1}\Sigma^j(\alpha_j, \Delta_{2i+2}) + C'(\alpha_j, \Delta_{2i})\right). \tag{B22}$$

To express the resulting generating function in terms of a transfer matrix, it is convenient to first define for $j = R$ or L

$$Z_j^+(t) = X_+^j(\alpha, t) + X_-^j(\alpha, t) = \frac{2\eta_j}{\pi} \int_0^\Omega d\omega \frac{1}{\omega} \sin(\omega t) \tag{B23a}$$

$$Z_j^-(\alpha, t) = X_+^j(\alpha, t) - X_-^j(\alpha, t) = \frac{2\eta_j}{\pi} \int_0^\Omega d\omega \frac{1}{\omega} \sin(\omega t) \cos(\omega\alpha) \tag{B23b}$$

and

$$\Gamma_j^+(t) = C^j(\alpha, t) + D^j(\alpha, t) + \Sigma(\alpha, t) = \frac{2\eta_j}{\pi} \int_0^\Omega d\omega \frac{1}{\omega} \coth\left(\frac{\omega\hbar\beta_j}{2}\right)[1 - \cos(\omega t)] \tag{B24a}$$

$$\Gamma_j^-(\alpha, t) = C^j(\alpha, t) + D^j(\alpha, t) - \Sigma(\alpha, t) = \frac{2\eta_j}{\pi} \int_0^\Omega d\omega \frac{1}{\omega} \coth\left(\frac{\omega\hbar\beta_j}{2}\right)[1 - \cos(\omega t)\cos(\omega\alpha)], \tag{B24b}$$

which allows us to write the generating function as (18).

APPENDIX C: HEAT CURRENT

In this section we are interested in studying the heat current between the two baths. The heat current is defined as

$$\Pi(\beta_C, \beta_R) = \lim_{t \to \infty} \frac{\langle \Delta E_c \rangle}{t}, \tag{C1}$$

where β_L and β_R are the inverse temperatures of respectively the left bath and the right bath, and E_c is the energy of the left bath.

To our knowledge the results in this section were first obtained in Ref. [89] although only stated for the case of zero level splitting. Here we rederive them using the same notation as in the main body of the paper. We will show that

$\Pi(\beta, \beta) = 0$, which one would physically expect. It means that in the steady state there is no heat transfer between two baths with the same temperature. Furthermore, we calculate the thermal conductance κ, which is defined by the expansion for small temperature differences $\Delta\beta$ in both baths

$$\Pi(\beta, \beta + \Delta\beta) = \kappa\Delta\beta + O(\Delta\beta^2). \quad (C2)$$

Our starting point is a result by the authors of Ref. [34] for the form of the heat current

$$\Pi = \left(\frac{\Delta}{2}\right)^2 \left(\frac{p_-}{p_+ + p_-}\pi_\uparrow + \frac{p_+}{p_+ + p_-}\pi_\downarrow\right), \quad (C3)$$

where $\frac{p_-}{p_+ + p_-}$ is the steady-state population of the lower qubit state and $(\frac{\Delta}{2})^2\pi_\uparrow$ the heat current related to this state.

Let us introduce the characteristic functions

$$C_L(t) = e^{-\frac{1}{\hbar}\Gamma_L^+(t) + \frac{i}{\hbar}Z_L^+(t)} \quad (C4)$$

$$C_R(t) = e^{-\frac{1}{\hbar}\Gamma_R^+(t) + \frac{i}{\hbar}Z_R^+(t)}, \quad (C5)$$

which allow us to conveniently write the coefficients of (C3)

$$p_+ = \int_{-\infty}^{\infty} dt\, C_L(t)C_R(t)e^{i\epsilon t} \quad (C6a)$$

$$p_- = \int_{-\infty}^{\infty} dt\, C_L(t)C_R(t)e^{-i\epsilon t}, \quad (C6b)$$

$$\pi_\uparrow = -i\hbar\int_{-\infty}^{\infty} dt\, \frac{dC_L(t)}{dt}C_R(t)e^{i\epsilon t} \quad (C7a)$$

$$\pi_\downarrow = -i\hbar\int_{-\infty}^{\infty} dt\, \frac{dC_L^+(t)}{dt}C_R^+(t)e^{-i\epsilon t}, \quad (C7b)$$

and

$$\Sigma^+ = -\hbar^2\int_{-\infty}^{\infty} dt\, \frac{d^2C_L(t)}{dt^2}C_R(t)e^{i\epsilon t} \quad (C8a)$$

$$\Sigma^- = -\hbar^2\int_{-\infty}^{\infty} dt\, \frac{d^2C_L(t)}{dt^2}C_R(t)e^{-i\epsilon t}. \quad (C8b)$$

1. Two baths with the same temperatures

When both baths have the same temperatures, we expect the steady-state heat transfer to be zero

$$\Pi(\beta, \beta) = 0. \quad (C9)$$

Via an analytic continuation argument outlined in Appendix D, we find that

$$p_+(\beta_L, \beta_R) = \frac{1}{2}\int dt\, C_L(t + i\Delta\beta\hbar)C_R(t)e^{-\frac{i}{\hbar}\epsilon t}e^{-\epsilon\beta_R} \quad (C10)$$

and

$$\pi_\downarrow(\beta_C, \beta_R) = i\hbar\int dt\, \frac{dC_L(t + i\Delta\beta\hbar)}{dt}C_R(t)e^{\frac{i}{\hbar}\epsilon t}e^{\epsilon\beta_R} \quad (C11)$$

with $\Delta\beta = \beta_C - \beta_R$. When both temperatures are equal, these relations transform to

$$p_+(\beta, \beta) = e^{-\epsilon\beta}p_-(\beta, \beta) \quad (C12)$$

and

$$\pi_\uparrow(\beta, \beta) = -e^{-\epsilon\beta}\pi_\downarrow(\beta, \beta). \quad (C13)$$

Equations (C12) and (C13) directly give us

$$\Pi(\beta, \beta) = \left(\frac{\Delta}{2}\right)^2 \frac{1}{p_+ + p_-}(p_-\pi_\uparrow + p_+\pi_\downarrow)$$

$$= \left(\frac{\Delta}{2}\right)^2 \frac{e^{-\epsilon\beta}}{p_+ + p_-}(-p_-\pi_\downarrow + p_-\pi_\downarrow) = 0. \quad (C14)$$

2. Thermal conductance

The obtain an explicit formula for the thermal conductance κ one should expand (C3) in the difference between the temperature of both baths $\Delta\beta = \beta_L - \beta_R$. Differentiating the denominator $(A + D)$ gives no contribution as it multiplies a parenthesis $D\pi_\uparrow + A\pi_\downarrow$, which vanishes to zeroth order. We can therefore write

$$\kappa = \left(\frac{\Delta}{2}\right)^2 \frac{1}{p_+ + p_-}\big(\partial_{\beta_L}(p_-)\pi_\uparrow + p_-\partial_{\beta_L}(\pi_\uparrow)$$
$$+ \partial_{\beta_L}(p_+)\pi_\downarrow + p_+\partial_{\beta_L}(\pi_\downarrow)\big). \quad (C15)$$

All terms on the right-hand side are evaluated at $\beta_L = \beta_R = \beta$.

The calculation of κ is presented in Appendix E. The idea of the calculation is to write out $\partial_\beta(p_-)\pi_\uparrow$ and $p_-\partial_\beta(\pi_\uparrow)$, and to keep track how the terms generated in the partial derivatives $\partial_\beta(p_-)$ and and $\partial_\beta(\pi_\uparrow)$ change as the integral variable t is shifted to $t + i\hbar\beta$. The result is

$$\kappa = \left(\frac{\Delta}{2}\right)^2 \frac{1}{p_+ + p_-}(p_+\Sigma^- + 4\pi_\downarrow\pi_\uparrow + p_-\Sigma^+), \quad (C16)$$

where $\tilde{C}$ and $\tilde{D}$ are the Laplace transforms of the matrix elements defined in Eq. (20) and the accent denotes the derivative to the first variable.

APPENDIX D: ANALYTIC CONTINUATION

Suppose that all functions are analytical in the strip $0 \leqslant \Im t \leqslant \hbar\beta_R$ [note that in Appendix E of Ref. [62] the authors assume an analytic continuation to negative imaginary values of t; however, they consider the function $G(t)$ related to the function $C(t)$ by $G(t) = e^{-C(t)}$]. Then any of the integrals, say D, can be written as

$$p_+ = \int dt\, C_L(t + i\beta_R\hbar)C_R(t + i\beta_R\hbar)e^{\frac{i}{\hbar}\epsilon(t + i\beta_R\hbar)}. \quad (D1)$$

The exponents in C_L and C_R are sums over bath oscillators. Each oscillator b contributes

$$\text{Term} = \frac{1}{2m_b\omega_b}\left(-\coth\frac{\omega_b\hbar\beta}{2}(1 - \cos\omega_b t) + i\cdot\sin\omega_b t\right), \quad (D2)$$

where β is β_R or β_L. Evaluating first oscillators in the right bath gives

$$\cos\omega_b(t + i\hbar\beta) = \cos\omega_b t\cosh\hbar\omega_b\beta - i\sin\omega_b t\sinh\hbar\omega_b\beta \quad (D3)$$

$$\sin\omega_b(t + i\hbar\beta) = \sin\omega_b t\cosh\hbar\omega_b\beta + i\cos\omega_b t\sinh\hbar\omega_b\beta, \quad (D4)$$

which with $\coth \frac{\omega_b \hbar \beta_R}{2}$ from above can be combined into

$$\cos \omega_b t \left(\coth \frac{\omega_b \hbar \beta_R}{2} \cosh \hbar \omega_b \beta_R - \sinh \hbar \omega_b \beta_R \right)$$

$$= \cos \omega_b t \coth \frac{\omega_b \hbar \beta_R}{2} \qquad (D5)$$

$$i \sin \omega_b t \left(- \coth \frac{\omega_b \hbar \beta_R}{2} \sinh \hbar \omega_b \beta_R + \cosh \hbar \omega_b \beta_R \right)$$

$$= -i \sin \omega_b t. \qquad (D6)$$

Hence

$$C_R(t + i\beta_R \hbar) = \overline{C_R(t)} = C_R(-t). \qquad (D7)$$

For the oscillators in the left bath we consider $(\Delta \beta = \beta_L - \beta_R)$

$$C_L(t + i\beta_R \hbar) = C_L(t - i\hbar \Delta \beta + i\beta_L \hbar) = \overline{L_C(t - i\hbar \Delta \beta)}$$

$$= C_L(-t + i\hbar \Delta \beta). \qquad (D8)$$

Inserting back into the expression for D this means

$$p_+(\beta_L, \beta_R) = \int dt\, C_L(-t + i\Delta\beta\hbar) C_R(-t) e^{\frac{i}{\hbar}\epsilon t} e^{-\epsilon \beta_R}. \quad (D9)$$

APPENDIX E: THERMAL CONDUCTANCE

1. Partial derivative of D

For p_+ one finds

$$\partial_{\beta_L} p_+ = \int dt\, \partial_{\beta_L}[\log C_L(t)]_{\beta_L = \beta} C_L(t) C_R(t) e^{\frac{i}{\hbar}\epsilon t}, \quad (E1)$$

where

$$\partial_{\beta_C} \log C_L(t) = \sum_{b \in C} \frac{1}{2m_b \omega_b} (1 - \cos \omega_b t) \frac{1}{\sinh^2 \frac{\omega_b \hbar \beta_C}{2}} \frac{\omega_b \hbar}{2}.$$

Changing t to $t + i\hbar\beta$ will change $C_L(t) C_R(t) e^{\frac{i}{\hbar}\epsilon t}$ to $C_L(-t) C_R(-t) e^{-\frac{i}{\hbar}\epsilon(-t)} e^{-\epsilon \beta}$, similarly as in Appendix D.

The logarithmic derivative on the other hand changes in the convenient way:

$$\partial_{\beta_L} \log C_L(t + i\hbar\beta; \beta_L = \beta) = \sum_{b \in L} \frac{\omega_b \hbar}{4m_b \omega_b} (1 - \cos \omega_b t) \frac{1}{\sinh^2 \frac{\omega_b \hbar \beta}{2}} + \sum_{b \in L} \frac{\omega_b \hbar}{4m_b \omega_b} \cos \omega_b t (-2)$$

$$+ \sum_{b \in L} \frac{\omega_b \hbar}{4m_b \omega_b} \sin \omega_b t (2i) \coth \frac{\omega_b \hbar \beta}{2}. \qquad (E2)$$

The two last terms can be compared to

$$\partial_t \log C_L(t) = \partial_t \left(\sum_{b \in L} \frac{1}{2m_b \omega_b} \left[-(1 - \cos \omega_b t) \coth \frac{\omega_b \hbar \beta}{2} + i \sin \omega_b t \right] \right)$$

$$= \sum_{b \in L} \frac{1}{2m_b \omega_b} \left[(-\omega_b \sin \omega_b t) \omega_b \coth \frac{\omega_b \hbar \beta}{2} + i \omega_b \cos \omega_b t \right]. \qquad (E3)$$

Equation (E2) can therefore be rewritten as

$$\partial_{\beta_L} \log C_L(t + i\hbar\beta; \beta_L = \beta) = \partial_{\beta_L} \log C_L(-t; \beta_L = \beta) + i\hbar\partial_s \log C_L(s; \beta_L = \beta)|_{s=-t}. \qquad (E4)$$

We can now change the integral variable from t to $-t$, which gives

$$\partial_\beta(p_+)\pi_\downarrow = -\partial_\beta(p_-)\pi_\uparrow - \hbar^2 \int dt\, \partial_t(C_L(t)) C_R(t) e^{\frac{i}{\hbar}\epsilon t} \int dt\, \partial_t(C_L(t)) C_R(t) e^{-\frac{i}{\hbar}\epsilon t}. \qquad (E5)$$

The sign is determined as follows: $\pi_\uparrow$ changes sign when it goes to $\pi_\downarrow$, but D does not. There is factor $i\hbar$ in the definition of $\pi_\uparrow$ and another one in the second term in $\partial_{\beta_L} \log C_L(t + i\hbar\beta)$. Taken together this gives $-(i\hbar)(-i\hbar) = -\hbar^2$.

2. Partial derivative of $\pi_\uparrow$

This term can be evaluated in practically same way as the other one. One starts from

$$\partial_\beta \pi_\downarrow = -i\partial_\beta \left(\int \cdots \partial_t[C_L(t)] \cdots \right) = -i \left(\int \cdots C_L(t) \partial_\beta[\log C_L(t)] \partial_t[\log C_L(t)] \cdots \right) - i \left(\int \cdots C_L(t) \partial_{t\beta}^2[\log C_L(t)] \cdots \right). \qquad (E6)$$

One now treats $\partial_\beta[\log C_L(t)]$ in the same way as in (E4). The first term will then give something proportional to $\{\partial_t[\log C_L(t)]\}^2$ and the second something proportional to $\partial_{tt}[\log C_L(t)]$. Combining we have

$$C_L(\{\partial_t[\log C_L(t)]\}^2 + \partial_{tt}[\log C_L(t)]) = \partial_{tt} C_L. \qquad (E7)$$

This means that we can write

$$p_+ \partial_\beta(\pi_\downarrow) = -p_- \partial_\beta(\pi_\uparrow) - \hbar^2 \int dt\, \partial_{tt}(C_L(t)) C_R(t) e^{\frac{i}{\hbar}\epsilon t} \int dt\, C_L(t) C_R(t) e^{-\frac{i}{\hbar}\epsilon t}. \qquad (E8)$$

The sign is determined as follows: $\pi_\downarrow$ changes sign when it goes to $\pi_\uparrow$, but the terms with two time derivates do not change sign. The factors $i\hbar$ and $-i\hbar$ are the same as before.

3. Combination

Inserting (E5) and (E8), using that

$$\frac{1}{2}\int dt\,\partial_{tt}[C_L(t)]C_R(t)e^{\frac{i}{\hbar}\epsilon t} = \tilde{C}''(0,0) \tag{E9}$$

$$\frac{1}{2}\int dt\,\partial_{tt}[C_L(t)]C_R(t)e^{\frac{-i}{\hbar}\epsilon t} = \tilde{B}''(0,0) \tag{E10}$$

and symmetrizing one has

$$\kappa = -\frac{(\hbar\Delta)^2}{4(p_+ + p_-)}[p_+\tilde{B}''(0,0) + 4\tilde{B}'(0,0)\tilde{C}'(0,0) + p_-\tilde{C}''(0,0)]. \tag{E11}$$

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