


## Heat flux direction controlled by power-law oscillators under non-Gaussian fluctuations

E. H. Colombo<sup>1,\*</sup>, L. A. C. A. Defaveri<sup>2,†</sup> and C. Anteneodo<sup>2,3,‡</sup>

<sup>1</sup>*IFISC (CSIC-UIB), Campus Universitat Illes Balears, 07122, Palma de Mallorca, Spain*

<sup>2</sup>*Department of Physics, PUC-Rio, Rio de Janeiro, Brazil*

<sup>3</sup>*Institute of Science and Technology for Complex Systems, Rio de Janeiro, Brazil*

 (Received 3 July 2019; published 12 September 2019)

Chains of particles coupled through anharmonic interactions and subject to non-Gaussian baths can exhibit paradoxical outcomes such as heat currents flowing from colder to hotter reservoirs. Aiming to explore the role of generic nonharmonicities in mediating the contributions of non-Gaussian fluctuations to the direction of heat propagation, we consider a chain of power-law oscillators, with interaction potential  $V(x) \propto |x|^\alpha$ , subject to Gaussian and Poissonian baths at its ends. Performing numerical simulations and addressing heuristic considerations, we show that a deformable potential has bidirectional control over heat flux.

DOI: [10.1103/PhysRevE.100.032118](https://doi.org/10.1103/PhysRevE.100.032118)

### I. INTRODUCTION

Traditional concepts of equilibrium thermodynamics face important challenges in the realm of nonequilibrium processes. For instance, theoretical and experimental studies of open systems have led to review the definitions of fundamental quantities such as heat and work, circumventing apparent violations of standard laws [1–5].

In particular, the exploration of heat conduction through a medium connected to baths with generalized properties, beyond Gaussian fluctuations, has revealed counterintuitive phenomena, which called for investigation of how concepts such as heat flux and temperature itself should be read in this scenario [5–8]. Assuming that the source of heat is non-Gaussian (thus described by an infinite set of cumulants as stated by the Marcinkiewicz theorem [9]), one finds that each cumulant can be interpreted as a source of stochasticity that plays a role in heat flux [5]. Importantly, the role of higher-order cumulants (beyond the second-order one) is not extrinsic but mediated by system properties [6,10].

For a one-dimensional chain, within the classical framework of Fourier’s law [11], heat flux direction is an extrinsic property, established by the thermal baths. Namely, the flux  $J$  is given by

$$J = \kappa \Delta T = \kappa(T_L - T_R), \quad (1)$$

where  $\Delta T$  is the temperature difference between the left and right baths (see Fig. 1), and only the conductance  $\kappa$  is characteristic of the propagation medium. The validity of Fourier’s law in one-dimensional systems has been a constant matter of debate [3,4,12–19], concerning anomalous temperature profiles and divergence of the conductivity in the thermodynamic limit, even in equilibrium Gaussian

scenarios. When plugging athermal (nonequilibrium) baths, exhibiting non-Gaussian statistics, still more drastic apparent violations of Fourier’s law can emerge. As a matter of fact, non-Gaussianity allied to nonlinear coupling of the chain elements was shown to break down the classical picture for the direction of heat flow producing counterintuitive heat transfer from colder to hotter reservoirs [6,10]. A granular motor, as previously studied in Refs. [20,21], is a concrete example of a system that exhibits non-Gaussian features, being a suitable candidate for a nonequilibrium bath [22,23]. For this case, the

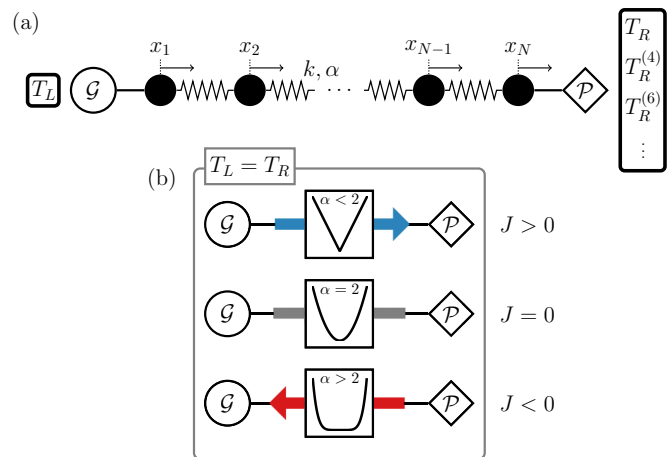


FIG. 1. (a) Chain of oscillators coupled at its ends to Gaussian and Poissonian baths at standard temperatures  $T_L$  and  $T_R$ , respectively, but in the Poissonian case there are additional sources of stochasticity. Parameters  $k$  and  $\alpha$  control the intensity and nonlinearity of the interactions, respectively, and the variable  $x_i$  measures the displacement of the  $i$ th particle from its equilibrium position. (b) Visual abstract of the main results on heat transport, representing the consequences of subharmonic ( $\alpha < 2$ ), harmonic ( $\alpha = 2$ ), and superharmonic ( $\alpha > 2$ ) potentials to heat flux direction in the absence of temperature gradient.

\*[ecolombo@ifisc.uib-csic.es](mailto:ecolombo@ifisc.uib-csic.es)  
<sup>†</sup>[lucianno-defaveri@puc-rio.br](mailto:lucianno-defaveri@puc-rio.br)  
<sup>‡</sup>[celia.fis@puc-rio.br](mailto:celia.fis@puc-rio.br)

collisions between bath particles and system contact can be modeled as a Poisson shot noise.

In a broad view of the problem, this coupling produces an effective temperature difference defined by a complex interplay between the system and the surrounding baths. It has been previously shown that in the particular case of a chain of particles coupled via the Fermi-Pasta-Ulam-Tsingou (FPUT) potential  $V(x) = \frac{1}{2}k_1x^2 + \frac{1}{4}k_3x^4$ , with  $k_1 \gg k_3 > 0$ , subjected to baths at each end obeying Poisson shot noise and Gaussian statistics, respectively, there is a correction to the flux through the chain with respect to the Gaussian-Gaussian case [6,10]. This correction is unidirectional, from the Poisson to the Gaussian bath (see Fig. 1), reflecting the interplay between nonlinearity and non-Gaussianity. Nevertheless, a systematic investigation of the general role of nonlinearity in mediating the contributions of non-Gaussian fluctuations in heat transport is still lacking.

Thus, we consider an interaction potential of the power-law form

$$V_\alpha(x) = k \frac{|x|^\alpha}{\alpha}, \quad (2)$$

where  $k \geq 0$  and  $\alpha$  is a real parameter, yielding the force

$$F_\alpha(x) = -k|x|^{\alpha-2}x. \quad (3)$$

We consider  $\alpha \in [1, +\infty)$ , which includes two classes of nonlinearities: for  $\alpha > 2$  ( $\alpha < 2$ ) the force is super(sub)-linear with the displacement  $x$ , while the harmonic interaction is given by  $\alpha = 2$ .

Equation (2) allows us to scan between the paradigmatic cases of triangular potential, whose periodic extension (saw-tooth) is used in ratchet modeling ( $\alpha = 1$ ) and infinite square well ( $\alpha \rightarrow \infty$ ), including the harmonic and quartic anharmonicities. Generic values of  $\alpha$ , not necessarily integer, can mimic realistic scenarios beyond simple harmonic oscillations, emerging due to nonlinear responses, at the macroscopic or atomic level [24–27].

The relevant features that we will discuss occur around  $\alpha = 2$ , for which the stiffness,  $k_\alpha(x) = k|x|^{\alpha-2}$  [such that  $F_\alpha(x) = -k_\alpha(x)x$ ], goes to zero ( $\alpha > 2$ ) or diverges ( $\alpha < 2$ ) at the origin. We restrict our study to the region  $\alpha \geq 1$  in order to avoid a divergent force at the origin. Actually, if there were interest in investigating the region  $\alpha < 1$ , like in the case  $\alpha \rightarrow 0$  (logarithmic potential), studied in the context of optical lattices [28], the potential given by Eq. (2) can be regularized [see Eq. (17)].

Our results reveal that the role of higher-order cumulants is critically determined by the potential shape, which promotes negative corrections (for  $\alpha > 2$ ), as reported for the case of FPUT chains [6] or positive ones (for  $\alpha < 2$ ). Thus, a deformable potential can fully control the flux direction. By investigating the heat flux statistics, we show in detail that the effect arises from the competition between frequent (small) and rare (large) flux fluctuations, which is ruled by  $\alpha$ .

We begin by defining the system in the following section (Sec. II). Next, in Sec. III we present the numerical results for the statistics of heat flux, which are accompanied by analytical considerations discussed in Sec. IV. Last in Sec. V we address final remarks.

## II. SYSTEM

We consider a one-dimensional chain of nonlinear oscillators coupled to Gaussian and Poisson baths at each extremity. A pictorial representation of the system is given in Fig. 1(a).

The Hamiltonian of the chain is

$$H = \sum_{i=1}^N \left[ \frac{1}{2m} p_i^2 + \sum_{i=1}^{N-1} V_\alpha(x_{i+1} - x_i) \right], \quad (4)$$

where  $x_i$  and  $p_i$  represent the displacement and momentum of the  $i$ th particle in the lattice, respectively, and the potential  $V_\alpha$ . Therefore, the equations of motion for the central particles ( $2, \dots, i, \dots, N-1$ ) are

$$m \ddot{x}_i = F_\alpha(x_i - x_{i+1}) + F_\alpha(x_i - x_{i-1}), \quad (5)$$

where  $m$  is the mass of the oscillators. The equations for the particles in contact with the baths read

$$m \ddot{x}_1 + \gamma \dot{x}_1 = F_\alpha(x_1 - x_2) + \xi_L(t), \quad (6)$$

$$m \ddot{x}_N + \gamma \dot{x}_N = F_\alpha(x_N - x_{N-1}) + \xi_R(t), \quad (7)$$

where  $\gamma$  is the friction coefficient, and  $\xi_L$  and  $\xi_R$  are noises that mimic the injection of stochasticity by the baths.

On the left end of the chain, we connect a standard delta-correlated thermal bath  $\mathcal{G}$  with Gaussian statistics. Therefore, its cumulants are given by  $\langle \xi_L(t_1) \cdots \xi_L(t_n) \rangle_c = K_n^{(L)} \prod_{i=2}^n \delta(t_i - t_{i-1})$ , where

$$K_n^{(L)} = \begin{cases} 2\gamma T_L, & n = 2, \\ 0, & n \neq 2. \end{cases} \quad (8)$$

On the right end, a generalized bath, with an infinite number of cumulants, is introduced. It is implemented by a Poissonian symmetric shot noise  $\mathcal{P}$ , set up by a series of delta-correlated instantaneous (negative and positive) force pulses with exponentially distributed amplitude  $\Phi_i$  and time lag  $\tau_i = t_{i+1} - t_i$ , such that

$$\xi_R(t) = \sum_i \Phi_i \delta(t - t_i), \quad (9)$$

with

$$p_t(\tau_i) = \lambda e^{-\lambda \tau_i} \quad \text{and} \quad p_\Phi(\Phi_i) = \bar{\Phi}^{-1} e^{-|\Phi_i|/\bar{\Phi}}, \quad (10)$$

where  $\lambda$  is the shot rate and  $\bar{\Phi}$  is the average absolute value of the amplitude. Under this definition, the cumulants are  $\langle \xi_R(t_1) \cdots \xi_R(t_n) \rangle_c = K_n^{(R)} \prod_{i=2}^n \delta(t_i - t_{i-1})$ , where

$$K_n^{(R)} = \begin{cases} \lambda n! \bar{\Phi}^n, & \text{even } n \geq 2, \\ 0, & \text{otherwise.} \end{cases} \quad (11)$$

The discrete character of the bath generates an infinite set of cumulants that constitute, as previously demonstrated [5,6,29], sources of stochasticity that have been associated to the concept of higher-order temperatures, namely,  $T_R^{(n)} \propto K_n^{(R)} = \lambda n! \bar{\Phi}^n$  [8]. In particular, the canonical temperature is given by  $T_R \equiv T_R^{(2)} = K_2^{(R)}/(2\gamma) = \lambda \bar{\Phi}^2/\gamma$ . This constitutes a fluctuation-dissipation relation, analogous to Eq. (8).

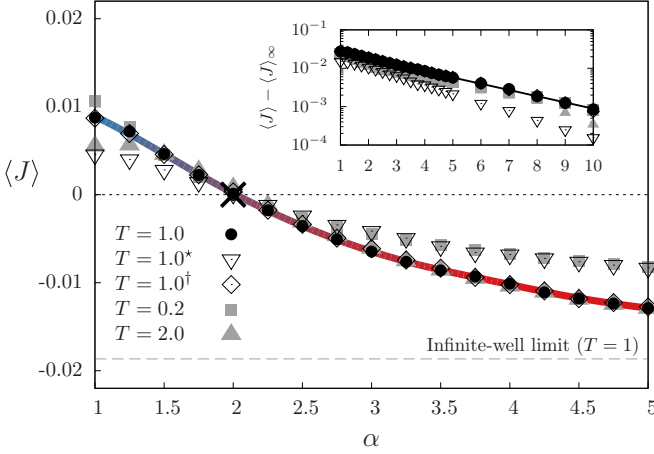


FIG. 2. Average flux  $\langle J \rangle$ , for a three-particle chain with  $\Delta T = 0$  and  $T = T_L = T_R$  (indicated in the figure), considering Gaussian (left) and Poissonian (right) baths, for different values of  $\alpha$  in Eq. (2). The “ $\times$ ” symbol represents the harmonic case for which  $\langle J \rangle = 0$ . The solid colored line highlights flux direction for the  $T = 1$  case, according to Fig. 1. Horizontal lines highlight the zero flux level (dotted) and the infinite-well limit (dashed) for  $T = 1$ . Results for the regularized potential in Eq. (17), with  $x_0 = 0.1^\dagger, 1.0^*$ , are also shown for comparison. The inset shows the excess flux with respect to the infinite-well limit (obtained numerically by a scaling procedure), putting into evidence an exponential decay (solid black line) towards the limit level.

### III. NUMERICAL RESULTS

We integrate the equations of motion by means of a stochastic Runge-Kutta scheme [30], setting  $m = \gamma = k = 1$ . As initial conditions, particles are at their equilibrium positions with zero velocities, that is,  $x_i = p_i = 0$ . We use  $\Phi = 1/2$  and  $\lambda = \gamma T_R / \Phi^2$  for the Poisson bath. We restrict our present study to the case where the standard temperatures at the ends coincide ( $T_R = T_L$ ), in order to highlight the phenomena that emerge when nonharmonicity and generalized bath properties are put together.

Heat transport is analyzed by means of the average flux that passes through the chain. In the long-time regime, when a steady state is attained, the injected and rejected heats are the same. Thus, the flux that leaves the system can be written as

$$J = F_\alpha (x_N - x_{N-1})(v_N + v_{N-1})/2, \quad (12)$$

and its time-averaged value is

$$\langle J \rangle = \lim_{t \rightarrow \infty} \frac{1}{t} \int_0^t J(t) dt. \quad (13)$$

Figure 2 displays the behavior of the mean current as a function of  $\alpha$  exponent, when  $\Delta T = 0$ . For the harmonic confinement ( $\alpha = 2$ ), there is no flux, while transport occurs otherwise, as a result of the intertwining between system and bath properties.

For  $\alpha > 2$ , the flux becomes negative (i.e., heat flows from right to left), as if the effective temperature of the Poisson bath were larger than  $T_R$  given by its second cumulant, due to the effect of the higher-order ones. Contrastingly, for  $\alpha < 2$ , the role of this set of higher-order cumulants is reverted, reducing

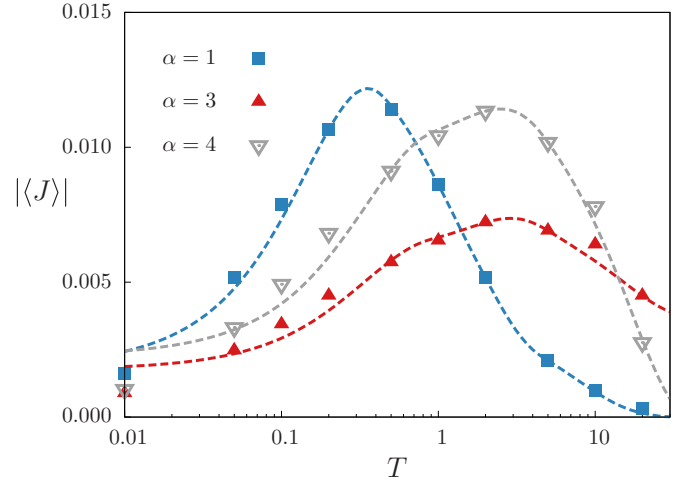


FIG. 3. Average flux magnitude  $|\langle J \rangle|$ , for a three-particle chain with  $\Delta T = 0$  as a function of  $T = T_L = T_R$  [varying  $\lambda$ ; see Eq. (11)], considering Gaussian (left) and Poissonian (right) baths, for  $\alpha$  corresponding to the sub- and superharmonic cases, in Eq. (2). The dashed lines are guides to the eye.

the effective temperature and hence the flux direction. Thus, a deformable potential (around  $\alpha = 2$ ) has bidirectional control over heat transfer.

In Fig. 2 we show in detail that this nonlinear control is robust against the temperature level  $T (= T_L = T_R)$  to which the chain is subjected, but its impact is maximized for an intermediate value of  $T$ , as depicted in Fig. 3.

These results put into evidence the impact of the type of confinement in heat flux direction. However, it is not yet clear which are the regulatory mechanisms for the emergence of this interplay. We will show that, in the present scenario, flux direction is controlled by a competition between rare (large-scale) and frequent (short-scale) heat transport events, controlled by  $\alpha$ .

The probability density function (PDF)  $p(J)$  of the instantaneous heat flux was obtained numerically and is presented in Fig. 4(a), for different values of  $\alpha$ , chosen to illustrate cases yielding positive ( $\alpha = 1$ ), null ( $\alpha = 2$ ), and negative ( $\alpha = 3$ ) fluxes. In the inset, we show that the ratio  $p(J)/p(-J)$ , which measures asymmetry, obeys a reversibility relation [31], decaying exponentially in the limit of large fluxes. Notice that small (large) negative fluxes are less (more) likely than positive ones.

In Fig. 4(b) we show how each value of  $\alpha$  tunes the contributions of small and large scales of  $J$  to the average flux  $\langle J \rangle = \int_{-\infty}^{\infty} j p(j) dj$ , which is decomposed as

$$\langle J \rangle = \int_0^{\infty} j w(j) dj = \underbrace{\int_0^{J_0} j w(j) dj}_{\mathcal{A}_+} + \underbrace{\int_{J_0}^{\infty} j w(j) dj}_{\mathcal{A}_-}, \quad (14)$$

where  $w(j) = j[p(j) - p(-j)]$  and  $J_0$  is the point at which  $w(j)$  becomes negative. In all cases, while the short scales yield a positive bias  $\mathcal{A}_+$  (light gray), the large scales yield a negative one  $\mathcal{A}_-$  (dark gray). The positive contribution of the short scales indicates that the distributions are not symmetric

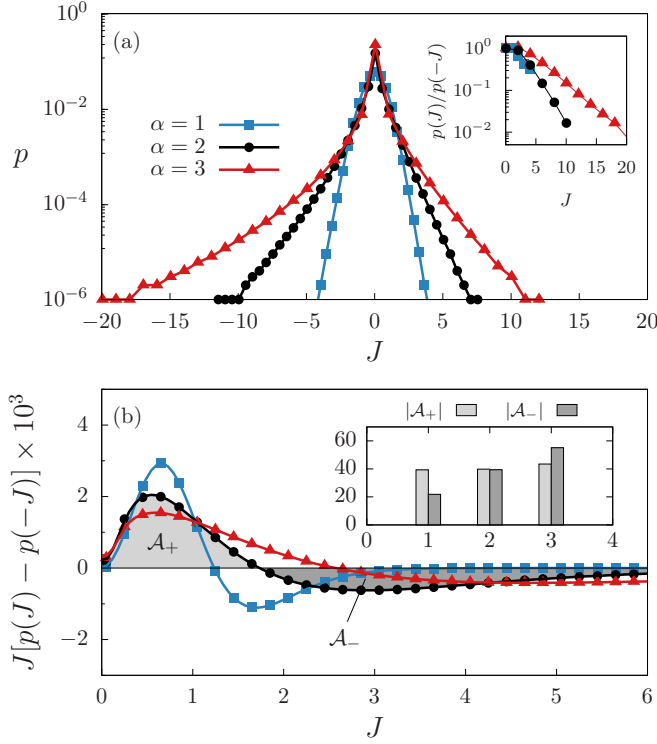


FIG. 4. (a) Probability density function  $p(J)$  for the instantaneous flux  $J = F_\alpha(x_{i+1} - x_i)(v_i + v_{i+1})/2$ , for a three-particle chain with  $T_L = T_R = 1$ , subject to Gaussian-Poisson baths, for different values of  $\alpha$ . Inset: asymmetry ratio vs  $J$ . (b) Contribution to the average flux as a function of positive  $J$ , for the same parameters. Inset: absolute value of the short-scale ( $\mathcal{A}_+$ ) and large-scale ( $\mathcal{A}_-$ ) contributions.

near the origin, which goes almost unnoticed by the naked eye. In the inset, we can see how the relative contribution of short and large scales changes with  $\alpha$ , being responsible for flux inversion. While the positive contribution (light gray bars) grows slowly with  $\alpha$  around  $\alpha = 2$ , the negative contribution (dark gray bars) noticeably increases. This shows that the occurrence of large rare events is the feature being modulated by  $\alpha$  that more strongly regulates flux direction. Note that, even in the absence of net flux (for  $\Delta T = 0$  and  $\alpha = 2$ ), there is a nonequilibrium signature in the asymmetry of the PDF, as if there were a preferential positive direction given by the more likely small  $J$  events, but which is ultimately compensated by strong rare negative ones.

#### IV. HEURISTIC CONSIDERATIONS

Our numerical results showed that, depending on the nonlinearity of the conducting medium, the role of Poisson higher-order cumulants can change in a critical way, with inversion of its contribution to heat flux direction. For FPUT chains, it has been previously shown through approximate methods that the higher-order cumulants generate a negative correction to heat flux [6,10]. Despite the fact that these calculations are performed under strong approximations, an educated guess of our results about flux inversion can be extracted as follows.

From the perspective of non-Gaussian stochastic energetics [5], through a perturbation approach at the overdamped limit (neglecting inertial effects), with small  $\Delta T$  and weak nonlinearity, it has been shown that the heat flux is given by

$$J = \sum_{n \geq 2} J_n = - \sum_{n \geq 2} \kappa_n \Delta K_n, \quad (15)$$

with  $\Delta K_n = K_n^{(R)} - K_n^{(L)}$ , and

$$\kappa_n = \frac{1}{2n!} \langle V^{(n)}(z) \rangle_{\text{eq}} \equiv \frac{1}{2n! Z} \int_{-\infty}^{\infty} V^{(n)} e^{-V(z)/T} dz, \quad (16)$$

where  $V^{(n)}$  is the  $n$ th derivative of the potential and  $Z$  the partition function. Equation (15) represents a generalization of Eq. (1).

In the harmonic case, the non-Gaussian contributions are turned off, since the series becomes truncated at  $n = 2$  due to null higher-order derivatives. For arbitrary  $\alpha$ , the potential  $V_\alpha(x)$  in Eq. (2) is in general nonanalytic at  $x = 0$ . However, it can be cast in the regularized form

$$V_\alpha(x; x_0) = k[(x^2 + x_0^2)^{\alpha/2} - x_0^\alpha]/\alpha, \quad (17)$$

with  $x_0 > 0$ . Substitution of  $V_\alpha$ , even in this regularized form, into Eq. (16) leads to nonconvergent series of Borel type. We bypass this issue, by directly checking the behavior of the coefficients  $\kappa_n$  at the vicinity of the harmonic case, with the purpose of obtaining an indication of flux inversion. Then we expand the potential around  $\alpha = 2 + \varepsilon$  (with  $|\varepsilon| \ll 1$ ), namely,  $V_\alpha(x; x_0) \approx kx^2/\alpha + k[\varepsilon/\alpha]f(x) + O(\varepsilon^2)$ , where  $f(x)$  is independent of  $\alpha$ . At first order, the coefficients in Eq. (16) become  $\kappa_n \propto \varepsilon$ , flipping sign around  $\alpha = 2$  ( $\varepsilon = 0$ ). The change of sign holds when summing up Eq. (15), producing the flux inversion phenomenon, with linear dependence  $J \propto (2 - \alpha)$ , as observed in Fig. 2. Importantly, note that the nonmonotonic dependence on temperature reported in Fig. 3 is not captured by the overdamped (and weak nonlinear) approximation made to obtain Eq. (16), that after some calculations yields  $|J| \sim T$  (for  $\alpha = 4$ ).

Through another perturbation approach, for an FPUT-chain interacting potential  $V(x) = \frac{1}{2}k_1x^2 + \frac{1}{4}k_3x^4$  (with  $k_1 \gg k_3 > 0$ ), it has been shown [10] that the excess current  $\delta J$  generated by the higher-order cumulants from the Poissonian bath  $\mathcal{P}$ , at first order in  $k_3$ , is

$$\delta J = \langle J \rangle_{\mathcal{G-P}} - \langle J \rangle_{\mathcal{G-G}} = -Ck_3, \quad (18)$$

where the proportionality factor  $C > 0$  depends on  $k_1$ ,  $\gamma$ ,  $\lambda$ , and  $\Phi$ . That is, the Poisson character of the bath, interplaying with the quartic anharmonicity, gives a negative contribution to the net current, as if it were at an effective temperature which is higher than  $T_R$ . In our case, the regularized potential in Eq. (17) admits a Taylor expansion near the origin  $V_\alpha(x; x_0) = k \frac{x_0^\alpha}{2} \sum_{n=1}^{\infty} \frac{\Gamma(\alpha/2)}{n! \Gamma(\alpha/2 - n + 1)} \left(\frac{x}{x_0}\right)^{2n} = k[\frac{1}{2}x_0^{\alpha-2}x^2 + \frac{1}{8}(\alpha-2)x_0^{\alpha-4}x^4 + \dots]$ , which converges for  $|x| < x_0$ . When  $x_0 \rightarrow 0$  (or  $x$  is large enough), the regularized potential recovers Eq. (2). Consistently we observe that the numerical results are not significantly affected by the introduction of small  $x_0$  (see Fig. 2). However, we also observe that, when  $x_0$  increases, smoothing the potential at the origin, the contributions of higher-order cumulants are reduced (see Fig. 2). This expansion allows us to identify the

effective coefficient  $k_3 \simeq k(\alpha - 2)x_0^{\alpha-4}/2$ , that according to Eq. (18) indicates a change of sign around  $\alpha = 2$ . Although the derivation of Eq. (18) implicitly assumes  $k_3 \geq 0$  to have a confining potential, and the mathematical derivation in the vicinity of  $k_3 = 0$  is expected to hold independently of the sign of  $k_3$ , while higher-order terms would be responsible for the confinement.

In sum, from approximations developed for FPUT potentials in the vicinity of the harmonic case, we extracted information that suggests the contribution of the higher-order cumulants to the flux, giving further support to the results from numerical simulations.

## V. FINAL REMARKS

Previous studies of heat conduction that investigated the interplay between the cumulants of the baths and the non-linearity of the propagation medium focused on the FPUT model [6,8]. It was observed that the higher-order cumulants, beyond the second-order one, generate a (unidirectional) negative contribution to the heat flux, that is, from the Poisson to Gaussian bath. Because the contribution of the quartic anharmonicity is one-way, only by exploiting a positive bias of the standard temperature difference would it be possible to produce current inversion.

Our proposal of a general power-law form for the potential, with arbitrary values of  $\alpha$  beyond the quadratic and quartic cases, allows us to unveil that the nonharmonic correction to heat flow can be either negative or positive (for super- and sub-harmonic potentials, respectively), as pictorially represented in Fig. 1. This effect allows a bidirectional control over heat transfer, keeping baths properties unchanged. By deepening in heat flux statistics, we highlight the leading role of rare events. Furthermore, we provide heuristic considerations that support our findings.

It is worth recall that low-dimensional momentum (and stretch) conserving systems, subject to Gaussian (thermal) baths, yield anomalous heat transport [15,32], particularly, presenting deviations from the scaling predicted by Fourier's law,  $J \sim 1/N$  [16,19]. This extends to our case where transport is solely led by non-Gaussian fluctuations ( $\Delta T = 0$ ), but a rigorous characterization of size dependence (not shown) is computationally challenging and can be inconclusive even for extremely large chains, as discussed previously for the FPUT model under thermal baths [16]. Despite that, the main result that we present, regarding the direction of flux for three-particle chains, persists for  $N \gg 1$ . We also checked that the introduction of an on-site potential of the quartic form [33] does not affect this main feature that we report.

At last, it is interesting to notice that a device able to switch between interaction potentials of the sub- and superharmonic types, or governed by a deformable potential able to undergo a change around  $\alpha = 2$ , can control flux direction. Beyond the heat conduction problem, this nonlinear control might have implications, for instance, in the performance and functioning of thermally driven systems, like nanomachines and Brownian motors [26,34–36].

## ACKNOWLEDGMENTS

We are grateful to Welles A. M. Morgado for initial discussions. This work is partially funded by the Spanish Research Agency, through Grants No. ESOTECOS FIS2015-63628-C2-1-R (AEI/FEDER, EU) and No. MDM-2017-0711 from the Maria de Maeztu Program for units of Excellence in R&D (EHC), and by the Brazilian research agencies Coordenação de Aperfeiçoamento de Pessoal de Nível Superior (CAPES), Conselho Nacional de Desenvolvimento Científico e Tecnológico (CNPq), and Fundação de Amparo à Pesquisa do Estado do Rio de Janeiro (FAPERJ).

- 
- [1] J. M. Parrondo, J. M. Horowitz, and T. Sagawa, *Nat. Phys.* **11**, 131 (2015).
  - [2] W. Niedenzu, V. Mukherjee, A. Ghosh, A. G. Kofman, and G. Kurizki, *Nat. Commun.* **9**, 165 (2018).
  - [3] B. Li, G. Casati, and J. Wang, *Phys. Rev. E* **67**, 021204 (2003).
  - [4] G. T. Landi and M. J. de Oliveira, *Phys. Rev. E* **87**, 052126 (2013).
  - [5] K. Kanazawa, T. Sagawa, and H. Hayakawa, *Phys. Rev. Lett.* **108**, 210601 (2012).
  - [6] K. Kanazawa, T. Sagawa, and H. Hayakawa, *Phys. Rev. E* **87**, 052124 (2013).
  - [7] W. A. M. Morgado and S. M. Duarte Queirós, *Phys. Rev. E* **90**, 022110 (2014).
  - [8] W. A. M. Morgado and S. M. Duarte Queirós, *Phys. Rev. E* **93**, 012121 (2016).
  - [9] H. Risken, *The Fokker-Planck Equation: Methods of Solution and Applications* (Springer, Berlin, 1996).
  - [10] M. M. Cândido, W. A. M. Morgado, and S. M. Duarte Queirós, *Phys. Rev. E* **96**, 032143 (2017).
  - [11] J. Fourier, *Theorie analytique de la chaleur, par M. Fourier* (Chez Firmin Didot, père et fils, Paris, 1822).
  - [12] Z. Rieder, J. L. Lebowitz, and E. Lieb, *J. Math. Phys.* **8**, 1073 (1967).
  - [13] A. Casher and J. L. Lebowitz, *J. Math. Phys.* **12**, 1701 (1971).
  - [14] S. Lepri, R. Livi, and A. Politi, *Phys. Rev. Lett.* **78**, 1896 (1997).
  - [15] S. Lepri, R. Livi, and A. Politi, *Phys. Rev. E* **68**, 067102 (2003).
  - [16] S. G. Das, A. Dhar, and O. Narayan, *J. Stat. Phys.* **154**, 204 (2014).
  - [17] P. I. Hurtado and P. L. Garrido, *Sci. Rep.* **6**, 38823 (2016).
  - [18] C. Olivares and C. Anteneodo, *Phys. Rev. E* **94**, 042117 (2016).
  - [19] S. Lepri, (Ed.) *Thermal Transport in Low Dimensions: From Statistical Physics to Nanoscale Heat Transfer*, Lecture Notes in Physics (Springer-Verlag, Berlin, 2016), Vol. 921.
  - [20] A. Gnoli, A. Petri, F. Dalton, G. Pontuale, G. Gradenigo, A. Sarracino, and A. Puglisi, *Phys. Rev. Lett.* **110**, 120601 (2013).
  - [21] P. Eshuis, K. van der Weele, D. Lohse, and D. van der Meer, *Phys. Rev. Lett.* **104**, 248001 (2010).
  - [22] K. Kanazawa, T. G. Sano, T. Sagawa, and H. Hayakawa, *Phys. Rev. Lett.* **114**, 090601 (2015).
  - [23] T. G. Sano, K. Kanazawa, and H. Hayakawa, *Phys. Rev. E* **94**, 032910 (2016).
  - [24] J.-C. Meiners and S. R. Quake, *Phys. Rev. Lett.* **84**, 5014 (2000).
  - [25] P. Schmelcher, *Phys. Rev. E* **98**, 022222 (2018).

- [26] L. A. C. A. Defaveri, Silvio M. Duarte Queirós, and W. A. M. Morgado, *Phys. Rev. E* **98**, 062106 (2018).
- [27] A. Dhar, A. Kundu, S. N. Majumdar, S. Sabhapandit, and G. Schehr, *Phys. Rev. E* **99**, 032132 (2019).
- [28] D. A. Kessler and E. Barkai, *Phys. Rev. Lett.* **105**, 120602 (2010).
- [29] W. A. M. Morgado and S. M. Duarte Queirós, *Phys. Rev. E* **86**, 041108 (2012).
- [30] We use an extension of the traditional Runge-Kutta scheme that accounts for time-dependent stochastic perturbations. The algorithm has precision  $O(dt^2)$ . For details, see, for instance, the implicit strong 2.0 scheme in P. E. Kloeden and E. Platen, *Numerical Solution of Stochastic Differential Equations* (Springer, New York, 1992).
- [31] G. E. Crooks, *Phys. Rev. E* **60**, 2721 (1999).
- [32] S. G. Das and A. Dhar, [arXiv:1411.5247](https://arxiv.org/abs/1411.5247).
- [33] B. Hu, B. Li, and H. Zhao, *Phys. Rev. E* **61**, 3828 (2000).
- [34] L. A. C. A. Defaveri, W. A. M. Morgado, and S. M. Duarte Queirós, *Phys. Rev. E* **96**, 052115 (2017).
- [35] P. Reimann, *Phys. Rep.* **361**, 57 (2002).
- [36] I. A. Martínez, É. Roldán, L. Dinis, D. Petrov, J. M. Parrondo, and R. A. Rica, *Nat. Phys.* **12**, 67 (2016).