# Differentially rotating neutron stars in scalar-tensor theories of gravity

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We present the first numerical models of differentially rotating stars in alternative theories of gravity. We chose a particular class of scalar-tensor theories of gravity that is indistinguishable from general relativity in the weak-field regime but can lead to significant deviations when strong fields are considered. We show that the maximum mass that a differentially rotating neutron star can sustain increases significantly for scalarized solutions and such stars can reach larger angular momenta. In addition, the presence of a nontrivial scalar field has the effect of increasing the required axis ratio for reaching a given value of angular momentum, when compared to a corresponding model of the same rest mass in general relativity. We find that the scalar field also makes rapidly rotating models less quasitoroidal than their general-relativistic counterparts. For large values of the angular momentum and values of the coupling parameter that are in agreement with the observations, we find a second turning point for scalarized models along constant angular momentum sequences, which could have interesting implications for the stability of remnants created in a binary neutron star merger.

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### I. INTRODUCTION

The gravitational wave observations of merging neutron stars open new horizons towards testing our fundamental understanding of the laws of nature, such as the behavior of matter at extreme densities and the strong-field regime of gravity. Such mergers are being studied with fully nonlinear three-dimensional, general-relativistic simulations, which are computationally very demanding (see Refs. [1-3] and references therein). Very valuable conclusions on the fate of binary neutron star mergers can also be reached by examining equilibrium sequences of rotating neutron stars (see e.g., Refs. [4–7]). The remnants formed after a binary neutron star merger have strong differential rotation, which can temporarily delay the collapse to a black hole. In the case of neutron star formation through core collapse, even though the standard scenario is a slowly rotating nascent neutron star, a rapidly and differentially rotating neutron star cannot be excluded for some progenitors.

Methods for studying equilibrium models of differentially rotating neutron stars in general relativity (GR) are well established (see Refs. [2,8] and reference therein). In contrast to the uniformly rotating case, where a model is defined uniquely by three parameters, in the case of differential rotation different types of equilibrium models can exist [9-11], such as quasitoroidal configurations and additional types. In the case of binary neutron star mergers, simulations show that the remnant is still quasispherical, but with a rotational profile such that the maximum angular velocity appears off center (see, e.g., Refs. [12-14]).

To date, models of differentially rotating neutron stars have been constructed only in GR. Even though Einstein's theory of gravity is very well tested in the weak-field regime (mainly with the Solar System experiments), constraints in the strong-field regime (such as through gravitational waves from the coalescence and merger of compact objects) still have large error bars (e.g., Refs. [15,16]). Further tests using gravitational waves in the near future, could narrow the constraints in the strong-field regime. For binary neutron star mergers, the uncertainties in the equation of state (EOS) and in the correct theory of gravity need to be disentangled. In the present work we take a step in this direction by examining, for the first time, differentially rotating equilibrium models of neutron stars in a well-known alternative theory of gravity: the scalar-tensor theory. Our equilibrium sequences could be used to extend the universal (EOS-independent) relations found in GR [4–7] and thus obtain some insight regarding the outcome

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of neutron star mergers, without performing nonlinear simulations.

Neutron star models in scalar-tensor theories became particularly popular after the discovery by Damour and Esposito-Farèse [17] that in certain classes of scalar field coupling functions a nontrivial structure of the solutions is present. That is, in addition to the GR neutron stars that are always solutions of the field equations, additional branches of neutron stars with a nontrivial scalar field exist for a certain range of the parameters. Moreover, these theories are perturbatively equivalent to GR in the weak-field regime so that they satisfy all Solar System experiments. Most importantly, these scalarized solutions are energetically favored over the corresponding GR solutions [17–19]. Slowly rotating neutron stars were constructed in Refs. [20–23] and the case of rapid rotation was examined in Refs. [24,25], where it was shown that neutron star models with high rotation rates can deviate significantly from the corresponding GR models (in contrast to the case of nonrotating or slowly rotating models). Currently, the binary pulsar experiments heavily constrain the values of the free parameters of the theory [26-28] which leaves very little space for deviations from GR in the nonrotating case, while the regime of rapid rotation opens new prospects in testing scalar-tensor theories. We note that in the case of a binary neutron star merger, scalarization can occur dynamically during inspiral [29,30].

The structure of the paper is as follows. In Sec. II we review briefly the theory behind constructing equilibrium differentially rotating neutron stars in scalar-tensor theories. The numerical results are presented in Sec. III. Conclusions are presented in Sec. IV.

# II. ROTATING STARS IN SCALAR-TENSOR THEORIES OF GRAVITY

The general form of the Einstein frame action in scalartensor theories (STT) is

$$S = \frac{1}{16\pi G_*} \int d^4x \sqrt{-g} (R - 2g^{\mu\nu}\partial_\mu\varphi\partial_\nu\varphi - 4V(\varphi)) + S_m[\Psi_m; \mathcal{A}^2(\varphi)g_{\mu\nu}], \qquad (1)$$

where *R* is the Ricci scalar with respect to the Einstein frame metric  $g_{\mu\nu}$ ,  $V(\varphi)$  is the scalar field potential and  $\mathcal{A}^2(\varphi)$  is the Einstein frame coupling function between the matter and the scalar field that appears in the action of the matter  $S_m$ . The matter fields are collectively denoted by  $\Psi_m$ . After varying the action one can obtain the following field equations:

$$R_{\mu\nu} - \frac{1}{2}g_{\mu\nu}R = 8\pi G_* T_{\mu\nu} + 2\partial_\mu \varphi \partial_\nu \varphi - g_{\mu\nu}g^{\alpha\beta}\partial_\alpha \varphi \partial_\beta \varphi - 2V(\varphi)g_{\mu\nu}, \qquad (2)$$

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$$\nabla^{\mu}\nabla_{\mu}\varphi = -4\pi G_{*}k(\varphi)T + \frac{dV(\varphi)}{d\varphi},$$
(3)

where  $k(\varphi)$  is defined as

$$k(\varphi) = \frac{d\ln(\mathcal{A}(\varphi))}{d\varphi}.$$
(4)

In the present paper we will consider a class of STT with zero scalar field potential  $V(\varphi) = 0$  and coupling function

$$k(\varphi) = \beta \varphi, \tag{5}$$

where  $\beta$  is a constant. This case is particularly interesting, since the resulting STT is perturbatively equivalent to GR in the weak-field regime while, nonlinear effects, such as the scalarization of neutron stars, can be observed for strong fields.

We consider equilibrium configurations, in which the matter and scalar field (and hence the spacetime) are stationary and axisymmetric. In this case, the metric can take the following general form:

$$ds^{2} = -e^{\gamma + \sigma}dt^{2} + e^{\gamma - \sigma}r^{2}\sin^{2}\theta(d\phi - \omega dt)^{2} + e^{2\alpha}(dr^{2} + r^{2}d\theta^{2}),$$
(6)

where all metric functions depend only on r and  $\theta$ . The explicit form of the dimensionally reduced field equations was given in Refs. [24,25,31]. In this section, we will discuss in detail only the equation for hydrostationary equilibrium, since it depends directly on the chosen rotation law. This equation can be derived from the conservation of the energy-momentum tensor that takes the following form in the Einstein frame:

$$\nabla_{\mu}T^{\mu}{}_{\nu} = k(\varphi)T\partial_{\nu}\varphi. \tag{7}$$

For a perfect fluid

$$T_{\mu\nu} = (\varepsilon + p)u_{\mu}u_{\nu} + pg_{\mu\nu}, \qquad (8)$$

where p and  $\varepsilon$  are the Einstein frame pressure and energy density of the fluid. One can easily show that the Einstein frame fluid four-velocity takes the form

$$u^{\mu} = \frac{e^{-(\sigma+\gamma)/2}}{\sqrt{1-v^2}} [1,0,0,\Omega],$$
(9)

where the angular velocity is defined as

$$\Omega = \frac{u^{\phi}}{u^t},\tag{10}$$

and the proper velocity v of the fluid is given by

$$v = (\Omega - \omega)r\sin\theta e^{-\sigma}.$$
 (11)

For a uniformly rotating star,  $\Omega$  is a constant throughout the star, while for differential rotation  $\Omega = \Omega(r, \theta)$ .

Up to this point, we defined quantities in the Einstein frame for convenience in the calculations, which differs from the physical frame (Jordan frame) by a conformal transformation of the metric plus a redefinition of the scalar field. After completing the calculations in the Einstein frame, quantities of interest will be reported in the physical Jordan frame. Detailed relations between the two frames, especially in the case of rapidly rotating neutron stars, can be found in Ref. [24]. Here, we will only mention some of the basic relations that are directly relevant for the results presented in Sec. III.

The energy-momentum tensor, the energy density, the pressure and the four-velocity transform between the two frames as

$$T_{\mu\nu} = \mathcal{A}^{2}(\varphi)\tilde{T}_{\mu\nu},$$
  

$$\varepsilon = \mathcal{A}^{4}(\varphi)\tilde{\varepsilon},$$
  

$$p = \mathcal{A}^{4}(\varphi)\tilde{p},$$
  

$$u_{\mu} = \mathcal{A}^{-1}(\varphi)\tilde{u}_{\mu},$$
(12)

where the Jordan frame quantities are denoted with a tilde.  $\Omega$  and v remain the same in both frames.

With the above assumptions, the hydrostationary equilibrium is described by

$$\frac{\partial_i \tilde{p}}{\tilde{\varepsilon} + \tilde{p}} - \left[\partial_i (\ln u^t) - u^t u_\phi \partial_i \Omega - k(\varphi) \partial_i \varphi\right] = 0.$$
(13)

In Eq. (13) we have deliberately used the Jordan frame pressure and energy density. The reason is that the field equations and the equation for hydrostationary equilibrium have to be supplemented with an equation of state for high-density matter, which is given in terms of  $\tilde{\epsilon}$  and  $\tilde{p}$ .

For a barotropic EOS, where  $\tilde{p} = \tilde{p}(\tilde{\varepsilon})$ , the integrability condition of Eq. (13) leads to the requirement that the product  $u^t u_{\phi}$  is a function only of the angular velocity  $\Omega$ , i.e.,  $u^t u_{\phi} = F(\Omega)$ . In the present paper, we will work with one of the most standard and widely used choices for  $F(\Omega)$ , namely

$$F(\Omega) = A_{\text{diff}}^2(\Omega_c - \Omega), \qquad (14)$$

where  $A_{\text{diff}}$  is a parameter and  $\Omega_c$  is the central value of the angular velocity [32,33]. Of course other choices of  $F(\Omega)$  are possible but since this is the first study of differentially rotating neutron stars in alternative theories of gravity we will limit ourselves to the classical case and leave the exploration of other functions  $F(\Omega)$ , especially the ones relevant for neutron star mergers [2,5,7,12–14], for a future study.

Let us comment on the relation between the Jordan and the Einstein frame mass, radius and angular momentum

of the star. The tensor mass of the neutron stars is by definition the Arnowitt-Deser-Misner mass in the Einstein frame that can be calculated either via an integral throughout the star or from the asymptotics of the Einstein frame metric [8,24,34]. Moreover, for the particular coupling functions  $\mathcal{A}^2(\varphi)$  considered in the present paper, this mass coincides with the Jordan frame one. The angular momentum is by definition the same in the two frames. What differs between the two frames, though, is the expression for the radius of the star. Thus the Jordan frame stellar radius is

$$\tilde{R}_e = \mathcal{A}(\varphi) r e^{(\gamma - \sigma)/2}|_{r = r_e, \theta = \pi/2},$$
(15)

where  $r_e$  is defined to be the Einstein frame coordinate equatorial radius of the star [corresponding to the location where the pressure vanishes  $\tilde{p}(r_e, \theta = \pi/2) = 0$ ].

### **III. MAIN RESULTS**

#### A. Constant angular momentum sequences

In order to isolate the effect of differential rotation, we focus, in the present paper, on a single hadronic equation of state with average stiffness: APR4 [35]. Notice that this equation of state gives a neutron star radius of  $\sim 12$  km at a mass of 1.5  $M_{\odot}$ , which is within the range of ~10–13.3 km inferred from the first binary neutron star merger event (GW170817) detected with gravitational waves [36,37]. Radii significantly larger than ~14 km are also strongly disfavored by observations in the electromagnetic spectrum (see, e.g., Refs. [38,39]) while analyses of the implications of GW170817 for the stability of post-merger remnants have set a strict lower limit of 10.7 km on the radius of typical nonrotating neutron stars [40], a maximum radius of 13.6 km [41] as well as upper limits on the maximum mass of nonrotating neutron stars [42,43]. The APR4 EOS is thus a good candidate EOS of average stiffness, compatible with the above observational constraints and a more extensive study of the effect of varying the equation of state is left for future work. The numerical solution of the reduced field equations is performed using a new version of the RNS code [34] with differential rotation [9] extended to STT [24,25,31]. This code is based on the Komatsu-Eriguchi-Hachisu method [32,33] with the modifications introduced in Refs. [44,45] and has proved to be very reliable and robust for rapidly rotating neutron star models in GR, both uniformly and differentially rotating. Here we report results for  $\hat{A} = A_{\text{diff}}/r_e = 1.225$  that were used in previous studies of differentially rotating neutron stars in GR (in the context of the stability of post-merger remnants [5]).

In Fig. 1 we plot sequences with constant angular momentum J (in geometrical units), both in the GR case and for STT with different values of  $\beta$ . In the left panel the mass M as a function of the central energy density  $\tilde{\epsilon}_c$  is shown, while in the right panel the mass as a function of



FIG. 1. Left panel: The mass as a function of the central energy density for differentially rotating sequences of neutron stars with constant angular momentum (*J* is given in geometrical units). All the models have fixed  $\hat{A} = A_{\text{diff}}/r_e = 1.225$ . Sequences are shown for  $\beta = 0$  (GR),  $\beta = -4.5$  and  $\beta = -6$ . Right panel: Same as left panel, but as a function of radius.

the neutron star radius  $R_e$  is plotted. We have chosen to present constant-J sequences since their turning points in an  $M(\tilde{\varepsilon}_{c})$  plot are related to the change of quasiradial stability. There is no turning-point theorem for the onset of instability for differentially rotating stars, but simulations have shown that the actual dynamical instability is relatively close to the turning points [6]. The model with the smallest central energy density for each sequence with J > 0 is at the mass-shedding limit. The sequences are terminated at a central energy density only somewhat higher than the turning point. Notice that for high angular momentum (J > 6) the sequences terminate at a central energy density somewhat smaller than the actual turning point. The reason for this is the following. At axis ratios smaller than 0.5, models can become quasitoroidal (more generally, several types of differentially rotating solutions can exist [46]) and that is why in some parts of the parameter space exactly close to the turning point, the numerical method in RNS may not converge to a unique solution. This problem could be circumvented using a different formulation, as in Ref. [46].

As *J* increases, the central energy density of the model at the mass-shedding limit increases, whereas the central energy density of the model close to the turning point decreases. For high *J* the range of central energy densities for which models exist thus becomes shorter and for  $J \gtrsim 9$  there is no equilibrium sequence in GR, for the chosen rotation law (see Fig. 1) (notice that uniformly rotating models are limited to  $J \lesssim 4$  in geometrical units).

We find that scalarized differentially rotating solutions can reach larger values of J, depending on the chosen value of the parameter  $\beta$ . In Fig. 1 we show results up to J = 10, but the particular threshold value of J above which no solutions can be obtained would depend on the parameter  $\beta$ . We expect that the existence of models with higher J in scalarized solutions is related to the modification of the matter distribution inside the star, when a scalar field is present.

In Fig. 1 results for two values of  $\beta$  are presented,  $\beta = -4.5$  and  $\beta = -6$ , but if we consider massless STT only  $\beta = -4.5$  is within the observational limits implied by Refs. [26,27]. The examination of models with  $\beta = -6$ can be justified on the following grounds. First, since this is the first study of differentially rotating neutron stars in STT, we want to study in detail the effect of varying  $\beta$  on the results. Second, considering  $\beta < -4.5$  can be justified also if the scalar field has nonzero mass. In this case the scalar field will be confined within its Compton wavelength which is directly related to its mass. Thus, for large enough values of the mass the emission of scalar gravitational radiation could be suppressed, which would reconcile the theory with the binary pulsar observations for a larger range of  $\beta$  [47–49]. The massless case for different  $\beta$  shown in Fig. 1 is actually the upper limit for the deviations from GR in the massive case for the same values of  $\beta$ , which justifies our choice of examining scalarized models with  $\beta < -4.5$ .

Even if we limit our study to the  $\beta = -4.5$  case, an interesting observation can be made. While the scalarized neutron stars with  $\beta = -4.5$  are almost indistinguishable from their GR counterparts for J = 0, a clear difference appears for higher J. In addition, the scalarized neutron stars reach larger values of J, when compared to the GR case, as discussed above. The maximum mass that a differentially rotating neutron star can sustain therefore is higher for scalarized models than for GR models (with a strong dependence on the particular value of  $\beta$ ). Notice that in the present paper we compare differentially rotating sequences of scalarized models with constant J to their GR



FIG. 2. Contour plots of the neutron star energy density for a model with  $\hat{A} = A_{\text{diff}}/r_e = 1.225$ , J = 4 (in geometrical units) and baryon mass  $M_0 = 3.0 M_{\odot}$ . Left panel:  $\beta = 0$  (GR). Right panel:  $\beta = -4.5$ . Notice that the scalarized model has a somewhat larger axis ratio and the core is less quasitoroidal.

counterparts, whereas in Refs. [24,25] sequences at the mass-shedding limit were considered. (This explains the somewhat smaller deviations from GR, for the same  $\beta$ , in the current results, with respect to those observed in Refs. [24,25]).

In Fig. 1 we also make the following observation: scalarized solutions with sufficient angular momentum (e.g., J = 4, or J = 6) posses two turning points along a constant-J sequence for values of the parameter  $\beta$  that are in agreement with the observations in the massless STT case, i.e.,  $\beta > -4.5$ , while only one turning point appears for smaller values of J. The turning point at higher central density is the same as in GR. But, a second turning-point appears at somewhat lower central density. Such a phenomenon, i.e., the appearance of two turning points, is also observed for more negative values of  $\beta$  even in the

nonrotating case, but if we consider massless STT, they are not within the observational limits. Since in GR turning points are associated with quasiradial stability and the scalarized solution is energetically favored over the GR solution (in the region where scalarized solutions appear) it will be important to study the dynamical properties of models along such constant-*J* sequences, in order to determine whether an unstable region exists between the two turning points (which would have important astrophysical consequences for the stability of binary neutron star merger remnants).

#### **B.** Structure of individual models

In Fig. 2, contour plots of the neutron star energy density are presented for a model with baryon mass  $M_b = 3.0 M_{\odot}$ 



FIG. 3. Same as Fig. 2, but for J = 7.



FIG. 4. Contour plots of the scalar field. The two models are for fixed  $\beta = -4.5$ ,  $\hat{A} = A_{\text{diff}}/r_e = 1.225$  and baryon mass  $M_0 = 3.0$ . Left panel: J = 4. Right panel: J = 7.

and angular momentum J = 4, for both the GR case (left panel) and for STT with  $\beta = -4.5$  (right panel). This specific value of the baryon mass is chosen because the merger of two standard mass neutron stars (say with a gravitational mass approximately  $1.3 - 1.4 M_{\odot}$ ) will result in a supramassive neutron star with baryon mass roughly  $3.0 M_{\odot}$  for the APR4 EOS (the merger of two neutron stars is the most likely viable astrophysical scenario for creating neutron stars of such high masses). Two main differences between GR and STT are observed: a) for the same angular momentum, the STT model has a somewhat larger axis ratio and b) the core of the STT model is less quasitoroidal than the core of the GR model. These differences should be attributed to the effect of the scalar field in the interior of the star.

In Fig. 3, we show a similar comparison as in Fig. 2, but for a higher angular momentum of J = 7. This time, the two main differences between GR and STT (a larger axis ratio and a core which is less quasitoroidal in STT than in GR) are much more pronounced than for the slowerrotating J = 4 model.

Finally, Fig. 4 shows the distribution of the scalar field (up to a distance of twice the coordinate equatorial radius) for the two models with J = 4 and J = 7. It is evident, that the scalar field is significantly less distorted away from spherical symmetry, when compared to the rotational distortion of the matter distribution. Even in the case of the rapidly rotating J = 7 model, in which the matter distribution is highly quasitoroidal, the scalar field remains quasispherical.

## **IV. DISCUSSION**

We presented the first numerical models of differentially rotating stars in alternative theories of gravity. Specifically, we studied models in a particular class of scalar-tensor theories of gravity that is indistinguishable from GR in the weak-field regime but can lead to significant deviations when strong fields are considered. The results were obtained using a new version of the RNS code, employing the usual one-parameter rotation law for differential rotation. The degree of differential rotation considered in this paper was chosen so as to lead to bulk properties (mass, angular momentum and size) similar to those expected for binary neutron star merger remnants (see also Ref. [5]).

Sequences with fixed angular momentum J were studied both in GR and in STT with different values of the coupling parameter  $\beta$ . We were able to construct constant-J sequences with relatively large values of the angular momentum and found that models in STT can reach values of angular momentum that are not possible in GR. At the same time, models in STT can reach higher masses than are possible in GR. Moreover, we found that scalarized solutions with sufficient angular momentum and values of  $\beta$  that are in agreement with the observations in the massless STT case, possess a second turning point along a constant-J sequence, which appears at somewhat lower central density and is not present for smaller J or in the nonrotating case. Since in GR turning points are associated with quasiradial stability and the scalarized solution is energetically favored over the GR solution (in the region where scalarized solutions appear) it will be important to study the dynamical properties of models along such constant-J sequences, in order to determine whether an unstable region exists between the two turning points. The possible existence of such an unstable region would have astrophysical consequences for the stability of binary neutron star merger remnants.

We showed that the distribution of the scalar field retains a quasispherical shape, even for very rapidly rotating models, where the matter distribution has become strongly quasitoroidal, even though that scalar field is directly sourced by the matter distribution on the right side of Eq. (3). The interaction of the scalar field with the matter through the hydrostationary equilibrium equation results in a matter distribution, which is less quasitoroidal, when compared to a corresponding GR model with the same J. This, in turn, allows for the existence of models with higher J and higher masses in STT than in GR.

The ideal astrophysical laboratories for applying our results are the remnants of binary neutron star mergers, since they have a significant degree of differential rotation. Our studies show that the scalarized differentially rotating neutron stars can sustain considerably larger masses compared to pure general relativity, for values of the coupling parameters that are in agreement with the observations. Future gravitational wave observations of neutron star mergers should allow us to determine the threshold mass for prompt collapse to a black hole with good accuracy (which will improve with an increasing number of observations). For models in pure general relativity, the onset of axisymmetric instability of differentially rotating stars has been shown to satisfy a rather accurate empirical relation between the mass and angular momentum, when a large sample of hadronic EOSs is considered [7] and this relation plays a direct role in establishing an empirical relation between the threshold mass to collapse of merger remnants

and the maximum mass of nonrotating stars [5]. Thus, any strong deviations from the expected empirical relations for hadronic EOSs would indicate either different phases of matter (strange quark matter or other strong phase transitions) or departures for general relativity. We aim at a more extensive investigation of these prospects (by including more realistic laws of differential rotation and more exotic forms of matter) in forthcoming publications.

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