# Off-equatorial stable circular orbits for spinning particles

Sajal Mukherjee<sup>[1,\\*](#page-0-0)</sup> and K. Rajesh Nayak<sup>1,2,[†](#page-0-1)</sup>

<sup>1</sup>Department of Physical Sciences, IISER-Kolkata, Mohanpur-741246, India<br><sup>2</sup>Center of Exaellance in Space Sciences India, IISER Kolkata, Mohanpur 741246  $^{2}$ Center of Excellence in Space Sciences India, IISER-Kolkata, Mohanpur-741246, India

<span id="page-0-2"></span>(Received 26 April 2018; revised manuscript received 18 August 2018; published 15 October 2018)

In this article, we investigate the motion of a spinning particle at a constant inclination, different from the equatorial plane, around a Kerr black hole. We mainly explore the possibilities of stable circular orbits for different spin supplementary conditions. The Mathisson-Papapetrou equations are extensively applied and solved within the framework of linear spin approximation. We explicitly show that for a given spin vector of the form  $S^a = (0, S^r, S^{\theta}, 0)$ , there exists a unique circular orbit at  $(r_c, \theta_c)$  defined by the simultaneous minima of energy, angular momentum, and Carter constant. This corresponds to the innermost stable circular orbit (ISCO) which is located on a nonequatorial plane. We further establish that the location  $(r_c, \theta_c)$  of the ISCO for a given spinning particle depends on the radial component of the spin vector  $(S<sup>r</sup>)$ as well as the angular momentum of the black hole (J). The implications of using different spin supplementary conditions are investigated.

DOI: [10.1103/PhysRevD.98.084023](https://doi.org/10.1103/PhysRevD.98.084023)

### I. INTRODUCTION

In this era of gravitational wave astronomy, modeling the relativistic two body problem is of vital interest. Due to the nonlinearity of the system, the relativistic two body problem cannot be solved exactly within the framework of Einstein's equations and one has to rely on approximations or numerical solutions. Two of the well-known approximations are the post-Newtonian approximation [\[1\]](#page-13-0) and the effective one body approach [\[2,3\].](#page-13-1) Even if these methods are good enough to explain the system in the linear region where the relativistic effects are small, in the nonlinear domain these approximations break down. This is when the numerical tools become inevitable. In recent years, numerical relativity has become an essential part of gravitational wave astronomy [\[4,5\]](#page-13-2). With the advance of computational techniques, the numerical methods are improving at a rapid rate and new physics emerges every moment beyond analytic understandings [\[6\]](#page-13-3). Besides these successes, numerical relativity has its fair share of limitations. In particular, numerical relativity is not very efficient when the mass ratios become extremely large or small in a binary system [\[7\].](#page-13-4) In these scenarios, the approximate techniques such as the effective one body formalism are useful.

With these motivations, we study the motion of spinning objects within the pole-dipole approximation in curved spacetime. In actual astrophysical situations, this corresponds to the orbiting of a compact object representing a black hole or neutron star of mass  $M_1$  ( $\sim$  few solar mass) around a massive black hole of mass  $M_2 \sim 10^4$  to  $10^6$   $M_{\odot}$ ) such that  $M_2 \gg M_1$ . This is usually referred to as the extreme mass ratio inspiral which is a promising source of gravitational waves for proposed space-based detectors such as LISA [\[8\].](#page-13-5) In these scenarios, the internal structures of the orbiting body are approximated to a dipole and all other higher moments are ignored. Even in this lowest order approximation, pole-dipole particles can have striking deviation from a geodesic trajectory. In curved spacetime, the orbits of these particles are described by the Mathisson-Papapetrou equations [\[9,10\]](#page-13-6). These equations have a long and substantial history spanning a few decades, and an extensive literature survey can be found in [\[11\]](#page-13-7). We also refer our readers to [\[12](#page-13-8)–16] for further insights. Though the exact solutions of these equations are extremely complicated, there are several approaches for solving them with suitable approximations. In the present article, we have used the linear spin approximations in which we write the Mathisson-Papapetrou equations up to the linear order in spin and neglect higher order terms. With this approximation, one can solve the orbit equations for an arbitrary inclination angle  $(\theta)$  and investigate the possible existence of circular orbits on  $\theta$  = constant planes. In passing, we note that for a single-pole particle, there is no circular orbit, either stable or unstable, that can exist in the Kerr spacetime at a constant inclination angle except for  $\theta = \pi/2$  [\[17\]](#page-13-9).

In general, for binaries with unequal masses, especially with extreme mass ratios, the system undergoes a precession and orbits start to wobble along the off-equatorial planes whenever the angular momenta are not aligned with each other. Here, we have shown that under specific

<span id="page-0-0"></span>[<sup>\\*</sup>](#page-0-2) sm13ip029@iiserkol.ac.in

<span id="page-0-1"></span>[<sup>†</sup>](#page-0-2) rajesh@iiserkol.ac.in

conditions, it is possible to have orbits without any wobbling. Apart from the wobbling in the off-equatorial directions, relativistic orbits can precess while confined to a particular orbital plane. This is usually known as the periastron precession, and in our Solar System, it is called perihelion precession [\[18,19\].](#page-13-10) As in the present context we are only concentrating on the circular orbits, periastron precession would identically vanish. What we consider are families of stable circular orbits with an innermost stable circular orbit (ISCO). We investigate the properties associated with these orbits for different spin supplementary conditions. The occurrence of such conditions is natural as the motion of a spinning object depends on the choice of a reference point and each choice would lead to a distinct spin supplementary condition. In this article, we mainly concentrate on the Mathisson-Pirani [\[20\]](#page-13-11) or the Tulczyjew-Dixon spin supplementary condition [\[21\]](#page-13-12) and the Newton-Wigner spin supplementary condition [\[22\]](#page-13-13). Even if the Tulczyjew-Dixon and Mathisson-Pirani conditions are distinct from each other for the exact Mathisson-Papapetrou equations, they both merge in the limit of linear spin approximation.

The rest of the manuscript is organized as follows. In Sec. [II](#page-1-0), we elaborately describe the motion of a spinning particle for different spin supplementary conditions while exclusively using the linear spin approximation. We then introduce the conserved quantities for a spinning particle such as energy, angular momentum, and the Carter con-stant. Section [III](#page-5-0) is devoted to the study of the motion of spinning particles numerically and we discuss the existence of circular orbits at constant altitude. In Sec. [IV,](#page-8-0) we discuss the stability of these circular orbits located in the nonequatorial planes and further carry out detailed numerical analysis to investigate any possible existence of the ISCO for various rotation parameters of the black hole. Finally, we close the article with a brief remark in Sec. [V.](#page-12-0)

Notation and conventions: Throughout the paper, we have used the  $(-, +, +, +)$  signature with the fundamental constants  $c = 1 = G$ . In addition, any four-vector  $X^{\mu}$ projected on the tetrad frame is given as  $X^{(\mu)} = e^{(\mu)}_v X^{\nu}$ , where  $e_{\nu}^{(\mu)}$  is the tetrad field.

## II. BASIC EQUATIONS FOR A SPINNING PARTICLE

<span id="page-1-0"></span>The trajectory of a single-pole test particle in a gravitational field is given by the geodesic equation which is obtained by setting the acceleration to zero. Unlike Newtonian gravity, general relativity does not treat gravity as a force, instead, it depicts it as an in-built manifestation of the spacetime itself. This is, in fact, one of the very basic postulates of Einstein's gravity [\[23\].](#page-13-14) The motion of a particle can deviate from geodesic trajectories in the presence of a force. This force can be external or internal if the particle has higher order mass multipoles. In a realistic situation, the astrophysical objects are expected to have complex internal structure. The first order correction to the single-pole test particle would be to add a dipole moment along with the monopole to incorporate the internal angular momentum of the object. By dipole moment, we mean that the center of mass of the spinning body in its rest frame does not coincide with the observed center of mass in the observer's frame. This is because for a spinning particle in curved spacetime, in general, the center of mass is observer dependent [\[24\]](#page-13-15). The motion of these particles is described by the Mathisson-Papapetrou equations and for a fourmomentum  $P^a$  and spin tensor  $S^{ab}$ , these can be written as

$$
\frac{DP^a}{d\tau} = -\frac{1}{2}R^a{}_{bcd}U^bS^{cd} \quad \text{and} \quad \frac{DS^{ab}}{d\tau} = P^aU^b - P^bU^a.
$$
\n(1)

Here,  $U^a$  is the four-velocity of the particle and  $R^a{}_{bcd}$  is the Riemann curvature tensor. For a limiting case of  $S^{ab} \to 0$ , one gets back the geodesic equations, i.e., acceleration,  $a^{i} = U^{b} \nabla_{b} U^{i} = 0$ . The coupling of the spin tensor with the background geometry contributes to an acceleration and hence, the particle deviates from the usual geodesic trajectory.

In the case of spinning particles, the four-momentum and four-velocity are not proportional to each other. This will lead to total of 14 unknown variables (four for each velocity and momentum and six for antisymmetric spin tensor), while we have only ten equations in hand. In order to solve this set of equations consistently, we require an additional four constraints. These are called the spin supplementary condition and they are widely studied in the literature. Here we briefly introduce some of these conditions and describe their important features.

- (i) The Papapetrou and Corinaldesi condition,  $S^{0i} = 0$ [\[25\]](#page-14-0). This would simply imply that there is no dipolar mass moment; i.e., the center of mass in the particle's frame coincides with the observed center of mass in the chosen frame.
- (ii) The Mathisson-Pirani supplementary condition,  $S^{ab}U_b = 0$  [\[20\]](#page-13-11). This condition is well studied up to some extent, and the predicted orbits are with helical structure. Initially it was believed to be unphysical, while recently it is has been shown that they have a physical interpretation [\[26,27\]](#page-14-1). The rest mass with respect to  $U^a$  is given as  $m =$  $-P^aU_a = \text{constant}.$
- (iii) The Tulczyjew-Dixon supplementary condition  $S^{ab}P_b = 0$  [\[21\]](#page-13-12) is extensively studied in several works [28–[31\].](#page-14-2) This gives an exact physical solution of Mathisson-Papapetrou equations. In this case, the dynamical mass  $\mu = \sqrt{-P^a P_a}$  is conserved.<br>The Newton-Wigner condition  $S^{ab}\omega_i = 0.172$
- (iv) The Newton-Wigner condition  $S^{ab}\omega_b = 0$  [\[22\]](#page-13-13) gives a Hamiltonian approach to the motion of spinning particles [\[32\]](#page-14-3) (an attempt to construct Hamiltonian

formalism with different supplementary conditions is given in Ref. [\[33\]\)](#page-14-4). The  $\omega^a$  is given as  $\omega^a = P^a/\mu + \phi^b$ , where  $\phi^b$  is a timelike vector. This would help to improve the phenomenological approach to understand gravitational wave dynamics. At the same time, it neither conserves total spin nor mass of the test particle.

A detailed discussion on various spin supplementary conditions and their connections to internal properties of the spinning particles can be found in Ref. [\[34\]](#page-14-5). However, in the present context, we start with the Tulczyjew-Dixon or Mathisson-Pirani constraint and investigate various possibilities of circular orbits at constant altitudes. Following this, we shall study the similar situations with the Newton-Wigner spin supplementary condition and compare the respective results.

### A. Tulczyjew-Dixon or Mathisson-Pirani spin supplementary condition

In this section, we shall briefly discuss the evolution equations for a spinning particle in the Kerr spacetime within the framework of linear spin approximation. We explicitly use the Tulczyjew-Dixon or Mathisson-Pirani condition which are the same in this limit. The difference between the four-momentum and velocity are of higher order in S, i.e.,  $\mathcal{O}(S^2)$ . With these conditions, the Mathisson-Papapetrou equations simplify to [\[35\]](#page-14-6)

<span id="page-2-1"></span>
$$
\frac{DU^k}{d\tau} = -\frac{1}{2m} R^k{}_{bcd} U^b S^{cd} + \mathcal{O}(S^2),
$$
  

$$
\frac{DS^{ab}}{d\tau} = 0 + \mathcal{O}(S^2), \text{ and } m = \mu + \mathcal{O}(S^2).
$$
 (2)

Now, for computational convenience we use the standard spin four-vector  $S^a$  instead of the spin tensor  $S^{ab}$  given by

$$
S^a = \frac{\epsilon^{abcd}}{2\sqrt{-g}} U_b S_{cd}, \qquad S^{ab} = \frac{1}{\sqrt{-g}} \epsilon^{abcd} U_c S_d, \quad (3)
$$

where " $g$ " is the determinant of the metric and is always negative. The explicit form of the metric tensor in Boyer-Lindquist coordinates  $(t, r, \theta, \phi)$  is given as

$$
ds^{2} = -\frac{\Delta}{\Sigma} (dt - a\sin^{2}\theta d\phi)^{2} + \frac{\Sigma}{\Delta} dr^{2} + \Sigma d\theta^{2}
$$

$$
+ \frac{\sin^{2}\theta}{\Sigma} (-adt + (r^{2} + a^{2})d\phi)^{2}.
$$
 (4)

<span id="page-2-0"></span>Here, " $\Delta$ " and "Σ" have usual meanings, i.e.,  $\Delta = r^2$  –  $2Mr + a^2$  and  $\Sigma = r^2 + a^2 \cos^2 \theta$ . For further analysis, we use the tetrad formalism [\[36\]](#page-14-7) with the components of the tetrads given by

$$
e_{\mu}^{(0)} = \left(\sqrt{\frac{\Delta}{\Sigma}}, 0, 0, -a\sin^2\theta\sqrt{\frac{\Delta}{\Sigma}}\right),
$$
  
\n
$$
e_{\mu}^{(1)} = \left(0, \sqrt{\frac{\Sigma}{\Delta}}, 0, 0\right),
$$
  
\n
$$
e_{\mu}^{(2)} = (0, 0, \sqrt{\Sigma}, 0),
$$
  
\n
$$
e_{\mu}^{(3)} = \left(\frac{-a\sin\theta}{\sqrt{\Sigma}}, 0, 0, \frac{r^2 + a^2}{\sqrt{\Sigma}}\sin\theta\right).
$$
 (5)

The inverse of the tetrad given in Eq. [\(5\)](#page-2-0) can be easily computed with the relation

$$
e^{a}_{(\mu)} = \eta_{(\mu)(\nu)} g^{ab} e^{(\nu)}_b, \tag{6}
$$

where  $\eta_{(\mu)(\nu)}$  is given as



<span id="page-2-2"></span>For a complete description of the evolution of the system, we start with a spinning particle with the spin vector of the form  $S = (S^t, S^r, S^{\theta})$  moving in a circular orbit<br> $(S^t - \ddot{S} - \theta)$  at a constant of  $\ddot{\theta} = \ddot{\theta} - \theta$ . Following  $(\dot{r} = \ddot{r} = 0)$  at a constant altitude  $(\dot{\theta} = \ddot{\theta} = 0)$ . Following the Tulczyjew-Dixon supplementary condition we get the Tulczyjew-Dixon supplementary condition, we get

$$
S^{(0)}U^{(0)} - S^{(3)}U^{(3)} = 0,
$$
\n(7)

where "()" indicates any projection on the tetrad frame. Using Eq. [\(2\)](#page-2-1) and the conditions for circular orbits, it is easy to establish that both the time and  $\phi$  components of the acceleration would identically vanish, i.e.,  $DU^{(0)}/d\tau = 0 = DU^{(3)}/d\tau$ . Eurthermore, from the change of Eq. (2), we  $0 = DU^{(3)}/d\tau$ . Furthermore, from the rhs of Eq. [\(2\)](#page-2-1), we<br>must have  $S^{(1)(2)} = S^{(3)}U^{(0)} - S^{(0)}U^{(3)} = 0$  which contramust have  $S^{(1)(2)} = S^{(3)}U^{(0)} - S^{(0)}U^{(3)} = 0$  which contra-<br>dicts the constraint given in Eq. (7). Taking both of dicts the constraint given in Eq. [\(7\).](#page-2-2) Taking both of these factors into account, we have two possibilities, either  $S^{(0)} = S^{(3)}$  or  $S^{(0)} = S^{(3)} = 0$ . For the first case, we get  $\overline{\Omega} = U^{(3)}/U^{(0)} = 1$ , which is only possible for a lightlike<br>trajectory. Thus, for timelike orbits, we could only have trajectory. Thus, for timelike orbits, we could only have  $S^{(0)} = S^{(3)} = 0$  and the resulting spin vector follows  $S \equiv (0, S^r, S^{\theta}, 0)$ . In this case, the spin three-vector would not be parallel or antiparallel to the rotational axis of the black hole, instead it has a nonzero inclination with respect to it.

<span id="page-2-3"></span>Furthermore, the nonzero components correspond to the radial and angular equations and can be reduced to

$$
\Lambda_1 + \Lambda_2 \bar{\Omega}^2 + 2\Lambda_3 \bar{\Omega} \n= -e_{(1)}^1 [3R_{(1)(3)(1)(3)} \bar{\Omega} S^{(2)} + R_{(1)(3)(0)(2)} S^{(1)} (1 + \bar{\Omega}^2)],
$$
\n(8)

<span id="page-3-0"></span>
$$
\tilde{\Lambda}_1 + \tilde{\Lambda}_2 \bar{\Omega}^2 + 2 \tilde{\Lambda}_3 \bar{\Omega} \n= -e_{(2)}^2 [3R_{(1)(3)(1)(3)} \bar{\Omega} S^{(1)} - R_{(1)(3)(0)(2)} S^{(2)} (1 + \bar{\Omega}^2)],
$$
\n(9)

with

$$
\Lambda_{1} = \Gamma_{33}^{1}(e_{(0)}^{3})^{2} + \Gamma_{00}^{1}(e_{(0)}^{0})^{2} + 2\Gamma_{03}^{1}(e_{(0)}^{3}e_{(0)}^{0}),
$$
\n
$$
\Lambda_{2} = \Gamma_{33}^{1}(e_{(3)}^{3})^{2} + \Gamma_{00}^{1}(e_{(3)}^{0})^{2} + 2\Gamma_{03}^{1}(e_{(3)}^{3}e_{(3)}^{0}),
$$
\n
$$
\Lambda_{3} = \Gamma_{33}^{1}(e_{(0)}^{3}e_{(3)}^{3}) + \Gamma_{00}^{1}(e_{(0)}^{0}e_{(3)}^{0}) + \Gamma_{03}^{1}(e_{(0)}^{3}e_{(3)}^{0} + e_{(3)}^{3}e_{(0)}^{0}),
$$
\n
$$
\tilde{\Lambda}_{1} = \Gamma_{33}^{2}(e_{(0)}^{3})^{2} + \Gamma_{00}^{2}(e_{(0)}^{0})^{2} + 2\Gamma_{03}^{2}(e_{(0)}^{3}e_{(0)}^{0}),
$$
\n
$$
\tilde{\Lambda}_{2} = \Gamma_{33}^{2}(e_{(3)}^{3})^{2} + \Gamma_{00}^{2}(e_{(3)}^{0})^{2} + 2\Gamma_{03}^{2}(e_{(3)}^{3}e_{(3)}^{0}),
$$
\n
$$
\tilde{\Lambda}_{3} = \Gamma_{33}^{2}(e_{(0)}^{3}e_{(3)}^{3}) + \Gamma_{00}^{2}(e_{(0)}^{0}e_{(3)}^{0}) + \Gamma_{03}^{2}(e_{(0)}^{3}e_{(3)}^{0} + e_{(3)}^{3}e_{(0)}^{0}),
$$
\n(10)

where the Γ's are the Christoffel symbols,  $S^{(1)}$  and  $S^{(2)}$  are the projection of radial  $(S<sup>r</sup>)$  and angular  $(S<sup>\theta</sup>)$  spin components, respectively, on the tetrad fame, and we define  $\overline{\Omega} =$  $\frac{U^{(3)}}{U^{(0)}}$  to be the angular velocity of the particle in the tetrad frame. These equations describe the circular motion with only one parameter,  $\overline{\Omega}$ . The extremal values of  $\overline{\Omega}$  are bounded by the angular velocity of photons,  $\Omega_{ph} = \pm 1$ . Now in principle one can solve Eq. [\(8\)](#page-2-3) for  $\overline{\Omega}$  and substitute in Eq. [\(9\)](#page-3-0) and get the relation between r and  $\theta$  for different spin values,

<span id="page-3-6"></span>
$$
\begin{aligned} \n\bar{\Omega} &= \bar{\Omega}(r, \theta, S^{(1)}, S^{(2)}, a), \\ \n\theta &= \theta(r, S^{(1)}, S^{(2)}, a). \n\end{aligned} \tag{11}
$$

We use the numerical approach to solve these equations in the next section.

#### B. Newton-Wigner spin supplementary condition

In this section, we discuss the Newton-Wigner formalism in detail and explicitly use it in the framework of linear spin approximation while the background geometry is described by a Kerr black hole. As already described earlier, we define a timelike vector  $\omega^a$  such that

$$
\omega^a = P^a / \mu + \phi^a, \qquad (12)
$$

where  $\phi^a$  is a unit timelike vector. In this case, the Newton-Wigner constraint can be written in terms of  $\omega^a$  as

$$
S^{ab}\omega_b = S^{ab}(\nu_b + \phi_b) = 0,\tag{13}
$$

where  $\nu^b$  defines the normalized momentum,  $P^b = \mu \nu^b$ . It should noted that neither mass ( $\mu$  or  $m$ ) nor the total spin are conserved in this formalism, while their differences appear only in the  $\mathcal{O}(S^2)$ . In the present context, neglecting terms containing  $\mathcal{O}(S^2)$ , we may consider them as conserved quantities. In addition, we constrain  $\phi^a$  to satisfy

<span id="page-3-1"></span>
$$
\nu^a \nu_a = -1
$$
,  $\phi^a \phi_a = -1$ , and  $\nu^a \phi_a = -k$ , (14)

<span id="page-3-2"></span>where  $k$  is a constant. We may now express the vectors in the chosen tetrad given in Eq. [\(5\)](#page-2-0),

$$
\nu^{a} = a_{0}e_{(0)}^{a} + a_{3}e_{(3)}^{a},
$$
  
\n
$$
\phi^{a} = c_{0}e_{(0)}^{a} + c_{3}e_{(3)}^{a}.
$$
\n(15)

<span id="page-3-3"></span>Using Eq. [\(14\)](#page-3-1) along with Eq. [\(15\)](#page-3-2), we obtain

$$
c_0 = a_0 k + a_3 \sqrt{k^2 - 1},
$$
  
\n
$$
c_3 = a_3 k + a_0 \sqrt{k^2 - 1}.
$$
\n(16)

<span id="page-3-4"></span>As in the previous case, here also we introduce a spin fourvector to simplify the calculations. However, in this case, the vector needs to be defined with respect to  $\omega^a$  instead of the four-momentum  $(P^a)$  or velocity  $(U^a)$ :

$$
S^{ab} = \frac{\epsilon^{abcd}\omega_c S_d}{\sqrt{-g}(-\omega^m \omega_m)} = \frac{\epsilon^{abcd}\omega_c S_d}{\sqrt{-g}(1+k)}.
$$
 (17)

<span id="page-3-5"></span>The denominator of the above equation would contribute a factor of 2 which has been incorporated in the spin vector. The special case  $k = 1$  corresponds to a trivial case with  $c_0 = a_0$  and  $c_3 = a_3$ . In the present case,  $\omega^a$  plays the same role as velocity or momentum does in the Tulczyjew-Dixon condition. As is evident from Eq. [\(15\)](#page-3-2),  $\omega^a$  would have the specific form,  $\omega \equiv (0, \omega^r, \omega^{\theta}, 0)$ . Hereby, the spin vector would obey the same structure as in Tulczyjew-Dixon spin supplementary condition following the identical reason given there. From Eqs. [\(16\)](#page-3-3) and [\(17\),](#page-3-4) we can write the orbit equations as

$$
\Lambda_1 + \Lambda_2 \bar{\Omega}_{NW}^2 + 2\Lambda_3 \bar{\Omega}_{NW} = -e_{(1)}^1 [R_{(1)(3)(1)(3)} (3\bar{\Omega}_{NW} + \alpha_1)S^{(2)} + R_{(1)(3)(0)(2)} S^{(1)} (1 + \bar{\Omega}_{NW}^2 + \beta)],
$$
  
\n
$$
\tilde{\Lambda}_1 + \tilde{\Lambda}_2 \bar{\Omega}_{NW}^2 + 2\tilde{\Lambda}_3 \bar{\Omega}_{NW} = -e_{(2)}^2 [R_{(1)(3)(1)(3)} (3\bar{\Omega}_{NW} + \alpha_2)S^{(1)} - R_{(1)(3)(0)(2)} S^{(2)} (1 + \bar{\Omega}_{NW}^2 + \beta)].
$$
\n(18)

The  $\alpha$ 's and  $\beta$  are given as

$$
\alpha_1 = \sqrt{\frac{k-1}{k+1}} \{2 + \bar{\Omega}_{\text{NW}}^2\}, \quad \alpha_2 = \sqrt{\frac{k-1}{k+1}} \{1 + 2\bar{\Omega}_{\text{NW}}^2\},
$$
  
and 
$$
\beta = 2\bar{\Omega}_{\text{NW}} \sqrt{\frac{k-1}{k+1}}.
$$
 (19)

As one can see, the general dependence of these equations on k is weak as the prefactor goes as  $\sqrt{\frac{k-1}{k+1}}$  $\sqrt{\frac{k-1}{k+1}}$  and for a large value of  $k$  it is close to unity. Hence, the orbit equations in both these formalisms would differ by a small amount. The equations corresponding to the Tulczyjew-Dixon or Mathisson-Pirani spin supplementary condition can be easily obtained by setting  $\alpha_1$ ,  $\alpha_2$ , and  $\beta$  to zero. Now we may rewrite Eq. [\(18\)](#page-3-5) similar to the previous case as in Eq. [\(11\)](#page-3-6) and numerically solve them to compute the nonequatorial circular orbits:

<span id="page-4-3"></span>
$$
\bar{\Omega}_{NW} = \bar{\Omega}_{NW}(r, \theta, S^{(1)}, S^{(2)}, a), \n\theta = \theta(r, S^{(1)}, S^{(2)}, a).
$$
\n(20)

Similar to the previous case, we shall solve these equations in the next section.

### C. Conserved quantities: Energy, momentum, and Carter constant

<span id="page-4-2"></span>The Killing vectors are closely connected with the integrals of motion. For a geodesic motion, the scalar product of the four-momentum with Killing vector is conserved. In the case of spinning particles, the conserved quantities get modified depending on the spin of the particle. For a Killing vector field  $\mathcal{K}^a$ , the corresponding conserved quantity is written as [\[37,38\]](#page-14-8)

$$
\mathcal{C} = \mathcal{K}^a P_a - \frac{1}{2} S^{ab} \mathcal{K}_{a;b},\tag{21}
$$

where the semicolon (;) is defined as the covariant derivative. As the Kerr spacetime has two Killing vectors, a timelike ( $\xi^a$ ) and a spacelike ( $\eta^a$ ), the corresponding conserved quantities are given by

$$
E = -C_t = -\xi^a P_a + \frac{1}{2} S^{ab} \xi_{a;b} \quad \text{and}
$$
  

$$
J_z = C_\phi = \eta^a P_a - \frac{1}{2} S^{ab} \eta_{a;b}.
$$
 (22)

Unlike the geodesics, neither energy  $(-\xi^a P_a)$  nor the angular momentum  $(\eta^a P_a)$  is conserved in the case of a spinning particle. Instead, we have the conserved quantities  $-C_t$  and  $C_\phi$  and they become energy and angular momentum only for specific case  $S = 0$ .

In addition to the above conserved quantities, there is another constant of motion related to the total angular momentum of a particle. This is called the Carter constant [\[39](#page-14-9)–41]. A general prescription to define the total angular momentum is more involved in general relativity. In fact, it did not receive much attention until Carter came up with this nontrivial constant to describe the geodesic motion in a Kerr black hole. It turns out that this constant is closely related to the total angular momentum of a particle and for a static spacetime it is exactly same as the square of the total angular momentum [\[42](#page-14-10)–44]. The presence of this constant makes the trajectories completely integrable in the Kerr spacetime. Even though so far there is no general notion of a Carter-like constant in the case of spinning particles, one can establish an approximate formula for the Carter constant valid only up to linear order in spin [\[45\].](#page-14-11) This formula is evaluated in the framework of Einstein's theory of general relativity. It is explicitly used by Tanaka et al. to demonstrate that the adiabatic approximation can be applicable in the case of a spinning particle up to linear order on the equatorial plane [\[46\]](#page-14-12). This is given by

$$
\frac{Q}{m^2} = \left\{ \left( \Sigma \left[ (U^{(0)})^2 - (U^{(1)})^2 \right] - r^2 \right) \right\} - \frac{2a \sin \theta}{\sqrt{\Sigma}} \left\{ r (U^{(0)} S^{(1)(3)} - 2U^{(3)} S^{(1)(0)} + U^{(1)} S^{(3)(0)}) \right\} + a \cos \theta U^{(3)} S^{(2)(3)} \right\} - \frac{2\sqrt{\Delta}}{\sqrt{\Sigma}} \left\{ a \cos \theta (2U^{(0)} S^{(2)(3)} - U^{(3)} S^{(2)(0)} + U^{(2)} S^{(3)(0)}) - r U^{(0)} S^{(1)(0)} \right\}.
$$
\n(23)

Before dealing with the more general case of a rotating black hole, we first investigate the properties of the above constant in a Schwarzschild black hole. By setting  $a = 0$ , Eq. [\(23\)](#page-4-0) becomes

$$
\frac{Q}{m^2} = r^2 \{ (U^{(2)})^2 + (U^{(3)})^2 \} + 2\sqrt{\Delta} U^{(0)} S^{(1)(0)}.
$$
 (24)

The above equation can be further simplified to a familiar form by using the explicit forms of the tetrads suggesting <span id="page-4-0"></span>the first term to be the square of the total angular momentum  $(L)$ , while the second term can be written in terms of the spin vector

<span id="page-4-1"></span>
$$
r^{2}\{(U^{(2)})^{2} + (U^{(3)})^{2}\} = \frac{L^{2}}{m^{2}} = (U_{\theta})^{2} + \frac{(U_{\phi})^{2}}{\sin^{2}\theta}.
$$
 (25)

So we may conclude,

$$
Q = L^2 + 2m^2 \Delta r \sin \theta U^t U^{\phi} S^{\theta}.
$$
 (26)

It is interesting to see that the extra term is proportional to the spin vector ( $S^{\theta}$ ) and for a limit  $S \to 0$ ,  $Q \to L^2$ . Now we compute the total angular momentum (orbital  $+$  spin) of a spinning test particle and explicitly show that this matches Eq. [\(26\).](#page-4-1)

We have already discussed how a Killing vector is useful to exploit various symmetries in a geometry. Unlike a Kerr black hole, Schwarzschild spacetime is endowed with spherical symmetry and contains three spacelike Killing vectors:

$$
\eta_1^a = x \frac{\partial}{\partial y} - y \frac{\partial}{\partial x}, \qquad \eta_2^a = y \frac{\partial}{\partial z} - z \frac{\partial}{\partial y},
$$
  
and 
$$
\eta_3^a = z \frac{\partial}{\partial x} - x \frac{\partial}{\partial z}.
$$
 (27)

Now from Eq. [\(21\)](#page-4-2), we write down each of the conserved quantities explicitly:

$$
\frac{J_x}{m} = \{-\sin\phi U_\theta - \cot\theta \cos\phi U_\phi\} + (S^r U^t - S^t U^r) \left(\frac{\cos\phi \cos 2\theta}{2 \sin \theta} - \frac{\cos\phi}{2 \sin \theta}\right)
$$
  
\n
$$
-r \sin\theta \sin\phi (1 - 2M/r) (S^t U^\phi - S^\phi U^t) - r \cos\theta \cos\phi (1 - 2M/r) (S^\theta U^t - S^t U^\theta),
$$
  
\n
$$
\frac{J_y}{m} = \{\cos\phi U_\theta - \cot\theta \sin\phi U_\phi\} + (S^r U^t - S^t U^r) \left(\frac{\sin\phi \cos 2\theta}{2 \sin \theta} - \frac{\sin\phi}{2 \sin \theta}\right)
$$
  
\n
$$
+r \sin\theta \cos\phi (1 - 2M/r) (S^t U^\phi - S^\phi U^t) - r \cos\theta \sin\phi (1 - 2M/r) (S^\theta U^t - S^t U^\theta),
$$
  
\n
$$
\frac{J_z}{m} = U_\phi + (r - 2M) \sin\theta (U^t S^\phi - U^\theta S^t) + \cos\theta (S^t U^r - S^r U^t). \tag{28}
$$

Г

With the above equations, it is easy to show that

$$
J^2 = J_x^2 + J_y^2 + J_z^2 = L^2 + 2m^2 \Delta r \sin \theta U^{\dagger} U^{\phi} S^{\theta}
$$
  
+  $\mathcal{O}(S^2) \approx Q.$  (29)

So as we claimed earlier, the Carter constant for a spinning particle with the linear spin approximation is similar to the total angular momentum of the particle.

In the case of a rotating geometry, we shall describe a new quantity as an effective Carter constant,  $K_s =$  $Q-(J_z-aE)^2$ . Note that this quantity would vanish in the case of a geodesic trajectory on the equatorial plane. In the present context, one can also compute  $K<sub>s</sub>$  for circular orbits of spinning particles lying close to the equatorial plane. With a series expansion around  $\theta = \pi/2 + \eta$ , one can accommodate the terms linear in  $\eta$ ,

$$
K_s \approx 2aS^z - \frac{2S^{(1)}}{r^2\sqrt{\Delta}} \{ EJ_z r^3 - 2aM(J_z - aE)^2 \} \eta + \mathcal{O}(\eta^2).
$$
\n(30)

The first term is a coupling between the spin component of the particle with the angular momentum of the black hole, while the second term is related to the square of the momenta. It is interesting to note that the second term is proportional to both  $S^{(1)}$  and  $\eta$ . It should be noted that the approximation  $\theta = \frac{\pi}{2} + \eta$  is used only to demonstrate the properties of the K. However, the results deduced in the properties of the  $K_s$ . However, the results deduced in the article are valid for any arbitrary angle  $\theta$ .

Before closing this section, we would like to remind the readers about a significant departure of spinning particles from the nonspinning trajectories. For geodesic orbits, the Carter constant identically vanishes on the equatorial plane. However, spinning particles with aligned spin, i.e., with  $S^{(1)}$  to be zero, stay on the equatorial plane even if the Carter constant is nonzero there [\[46\]](#page-14-12).

### <span id="page-5-0"></span>III. NONEQUATORIAL ORBITS : CONSTRAINING RADIAL  $(r)$  AND ANGULAR  $(\theta)$ **COORDINATES**

Before delving into the spinning particle, we first investigate the possibilities of circular geodesics on the nonequatorial plane of a Kerr black hole. We start with the effective potential in the radial  $(V_r)$  and angular  $(V_\theta)$ directions [\[47,48\]:](#page-14-13)

$$
V(\theta) = K - L_z^2 \cot^2 \theta + a^2 (E^2 - m^2) \cos^2 \theta,
$$
  
\n
$$
V(r) = E^2 r^4 - (L_z^2 - a^2 E^2) r^2 + 2(L_z - aE)^2 r - (m^2 r^2 + K) \Delta,
$$
\n(31)

where  $K$  is the effective Carter constant for a geodesic. The necessary and sufficient conditions for a circular orbit are given by  $V(r) = 0$  and  $\frac{dV(r)}{dr} = 0$ . In addition to this, a circular orbit at constant altitude also has to satisfy  $V(\theta) = 0$  and  $\frac{dV(\theta)}{d\theta} = 0$ ,

$$
\frac{dV(\theta)}{d\theta} = 2\cos\theta \left\{ L_z^2 \csc^3\theta - a^2 (E^2 - m^2) \sin\theta \right\} = 0. \tag{32}
$$

This immediately suggests either  $\theta = \pi/2$  or  $L_z^2 =$ This indicately suggests enter  $\theta = \pi/2$  or  $L_z = a^2(E^2 - m^2)\sin^4\theta$ . In the first case with  $\theta = \pi/2$ , it is easy

<span id="page-6-0"></span>

FIG. 1. Nonequatorial circular orbits are shown for spinning particles in a Kerr spacetime. In addition, we would also like to point out that the innermost unstable circular orbits are slightly deviated from the geodesic limits due to the nonvanishing spin. For example, with  $a = 0.5M$ , the innermost direct and retrograde unstable circular orbits for a geodesic trajectory exist at  $r_{\text{direct}} =$ 2.3473M and  $r_{\text{retro}} = 3.53209M$ , respectively, while in our case it is shifted to  $r_{\text{direct}}^s = 2.36403M$  and  $r_{\text{retro}}^s = 3.52603M$ . Similarly, with  $a - M$  the limits for a geodesic are given as  $r_{\text{reco}} = M$  and  $r_{\text{reco$ with  $a = M$ , the limits for a geodesic are given as  $r_{\text{direct}} = M$  and  $r_{\text{retro}} = 4M$  for direct and retrograde, respectively, and in our study it becomes  $r_{\text{direct}}^s = 1.00001M$  and  $r_{\text{zero}}^s = 4.00287M$ . The limit with the nonrotating case shifted to  $r_{\text{direct}}^s = 3.04916M$  and  $r_s^s = -3.05118M$  which is close to  $r_s = r_s = 3M$  defines the innermost unstable circular o  $r_{\text{zero}}^s = 3.05118M$ , which is close to  $r_{\text{direct}} = r_{\text{retro}} = 3M$ , defines the innermost unstable circular orbit in the Schwarzschild black<br>hole (a) The corotating circular orbits are shown in the nonequatorial planes for d hole. (a) The corotating circular orbits are shown in the nonequatorial planes for different angular momentum of the black hole. For a large angular momentum of the black hole, the orbits are dragged close to the horizon. The spin components are fixed at  $S^{(i)} = (0, -0.015M, -0.01M, 0)$  while the angular momentum "a" is shown in the inset. (b) The counterrotating circular orbits are shown for  $S^{(i)} = (0, -0.015M, -0.01M, 0)$ . They move away from the horizon as one increases the value of the black hole's angular momentum. As the spinning particle moves close to the horizon, it gets more deviated from the equatorial plane. The black hole's momenta are shown in the inset.

to show that  $V(\theta)$  vanishes only when  $K = 0$ . Now one can employ the radial potential  $V(r)$  to show that  $K = 0$  indeed describes a circular orbit on the equatorial plane. On the other hand, for  $L_z^2 = a^2 (E^2 - m^2) \sin^4 \theta$ , bound circular orbits are<br>unlikely to appear as they consist with  $F^2 - m^2 \ge 0$  and this unlikely to appear as they consist with  $E^2 - m^2 < 0$  and this is inconsistent with  $L_z^2 > 0$ . Hence, one may conclude that circular orbits for geodesic trajectories can only exist on the equatorial plane of a Kerr black hole [\[17\].](#page-13-9) However, if one relaxes the constraint of vanishing  $\dot{\theta}$ , i.e.,  $\dot{\theta} \neq 0$ , spherical orbits are likely to appear in the Kerr background [\[49\].](#page-14-14)

The situation is quite different in the case of a spinning particle and nonequatorial circular orbits can be obtained from Mathisson-Papapetrou equations. Next we shall discuss these orbits for both the spin supplementary conditions.

### A. Tulczyjew-Dixon or Mathisson-Pirani spin supplementary condition

Here we numerically solve Eq. [\(11\)](#page-3-6) and obtain  $(r, \theta)$  for a given value of the spin parameter. For each polar angle "θ," there is only one possible radial coordinate "r" that satisfies the equation of motion. The plot for  $\theta$  as a function of r is shown in Fig. [1](#page-6-0) for a given spin vector  $S^{(i)} =$  $(0, 0.015M, -0.01M, 0)$  and angular momentum  $a =$  $\{0, 0.5M, M\}$  for both corotating and counterrotating orbits. These orbits behave as a small perturbation from the geodesic trajectories as they appear very close to the equatorial plane. It is shown that the deviation from the equatorial plane not only depends on the sign of the spin vector but also on its direction of rotations. The counterrotating orbits shown in Fig. [1\(b\)](#page-6-0) cease to exist beyond  $r \approx 4M$  for a maximally rotating Kerr black hole ( $a = M$ ), while corotating orbits continue to appear even close to the horizon as shown Fig. [1\(a\).](#page-6-0) Let us now briefly discuss the dependence of orbital inclination on the spin vector. The corresponding slope for these orbits close to the equatorial plane can be computed using the orbit equation. For convenience, we set  $a = M$  and then differentiate the equation with respect to  $r$ . Afterwards, we evaluate  $d\theta/dr$  at  $\theta = \pi/2$  and this is given as

$$
\frac{d\theta}{dr} \approx -\frac{12MS^{(1)}\bar{\Omega}}{M^2r + 2Mr(r-M)\bar{\Omega} + (rM^2 + r^3)\bar{\Omega}^2 + 6M^2S^{(2)}(1+\bar{\Omega}^2)}.
$$
\n(33)

<span id="page-7-0"></span>

FIG. 2. Nonequatorial circular orbits for a spinning are shown in a maximally rotating Kerr black hole. For a vanishing  $S^{(1)}$ , all the orbits reside in the equatorial plane. (a) The corotating circular orbits are shown for  $S^{(2)} = -0.01M$  while  $S^{(1)}$  varies as shown in the inset. (b) The counterrotating circular orbits for a spinning particle are shown in the above figure,  $S^{(2)}$  is fixed at  $-0.01M$  while  $S^{(1)}$ changes accordingly.

For a corotating trajectory with  $S^{(1)} < 0$ , the orbits get close to the  $\theta = 0$  axis while the behavior is completely opposite for a counterrotating orbit. In addition, the polar angle strongly depends on the spin component  $S^{(1)}$  while it has a weak dependence on  $S^{(2)}$ . By substituting  $S^{(1)}$  with zero, the slope would identically vanish and the particle would reside in the equatorial plane. It is depicted in Fig. [2](#page-7-0). However, with  $S^{(2)}$  set to zero and  $S^{(1)}$  to nonzero, the particle will have nonequatorial trajectories.

#### B. Newton-Wigner spin supplementary condition

In the Newton-Wigner condition, one has to solve Eq. [\(20\)](#page-4-3) along with Eq. [\(18\)](#page-3-5) to compute the nonequatorial orbits; these are shown in Fig. [3](#page-7-1). It should be noted that the dependence of these results on  $k$  is weak and almost negligible. This is related to the prefactor  $\sqrt{\frac{k-1}{k+1}}$  $\sqrt{\frac{k-1}{k+1}}$  which has a maximum value of 1 as discussed earlier. The overall behavior is similar to the previous case, while the numerical values differ by a small amount, as shown in Fig. [4\(a\).](#page-8-1) The difference between these two spin supplementary conditions becomes significant only for larger values of spin as shown in Fig. [4\(b\).](#page-8-1)

It is evident from Figs. [1](#page-6-0) and [3](#page-7-1) that the radial coordinate  $(r)$  for each nonequatorial orbit is related to a specific value of angular coordinate  $(\theta)$ . For a given spin value, if one chooses to have a circular orbit at  $\theta = \theta_s$ , the

<span id="page-7-1"></span>

FIG. 3. Nonequatorial circular orbits, both corotating and counterrotating, are shown for spinning particles with the Newton-Wigner constraint in a Kerr spacetime. The value of k is fixed at 2. Similar to the previous case, one can show that the innermost unstable circular orbits are in fact within close proximity to the geodesic trajectories. For example, with  $a = M$ , the innermost unstable circular orbits for direct and retrograde directions are located at  $r_{\text{direct}}^s = 1.01865M$  and  $r_{\text{retro}}^s = 4.0024M$ , respectively. (a) The above figure shows the corotating circular orbits in nonequatorial planes with the spin vector rem  $S^{(i)} = (0, -0.015M, -0.01M, 0)$ . (b) The counterrotating circular orbits are shown with the Newton-Wigner condition.

<span id="page-8-1"></span>

FIG. 4. Figure shows a comparative study of nonequatorial orbits for different spin supplementary conditions with the angular momentum of the black hole fixed at  $a = 0.8M$ . (a) The above figure shows the corotating circular orbits for  $S^{(i)}$  $(0, -0.015M, -0.01M, 0)$  with two different spin supplementary conditions. Though the nature of the plots remain same as seen from Figs. [1](#page-6-0) and [3,](#page-7-1) they differ in a small scale. (b) The dependence of Mathisson-Papapetrou equations for different spin supplementary conditions certainly increases with an increase of the spin parameters. A considerable amount of difference is achieved with  $S^{(i)} = (0, -0.05M, -0.045M, 0).$ 

<span id="page-8-2"></span>

FIG. 5. The circular orbits are shown explicitly in the nonequatorial planes. The origin is located at  $(0, 0, r_s \cos \theta_s)$  while the radius is  $R_s = r_s \sin \theta_s$ . The scale of  $r_s \cos \theta_s$  is raised by the square of the logarithmic to realize the difference properly.

corresponding radial coordinate takes a particular value of  $r = r<sub>s</sub>$ . We can estimate the radius of such circular orbits at constant altitude as  $R_s = r_s \sin \theta_s$ . As one gets closer to the horizon, it deviates more from the equatorial plane, and also the radius  $(R<sub>s</sub>)$  starts to decrease. This can be better explained in a graphical representation as shown in Fig. [5](#page-8-2).

## IV. CIRCULAR ORBITS AND STABILITY ANALYSIS

<span id="page-8-0"></span>In this section, we shall discuss the stability of the nonequatorial circular orbits for a spinning particle. Before investigating the spinning particle, we revisit the stability properties of the geodesic trajectories around a Schwarzschild and Kerr black hole. In this case, the energy and angular momentum are easily derivable from the radial potential:

$$
E_{\rm sbh}^2 = \frac{1}{r} \frac{(r - 2M)^2}{(r - 3M)} \quad \text{and} \quad L_{\rm sbh}^2 = \frac{Mr^2}{(r - 3M)}, \quad (34)
$$

where  $M$  is the mass of the black hole. Both energy and momentum reach simultaneous minima at  $r = 6M$ , which is precisely the ISCO for a timelike particle [\[50,51\]](#page-14-15). Beyond this limit, no stable circular orbit is possible in a Schwarzschild spacetime. A similar situation appears around a Kerr black hole with energy  $E_{\text{kbh}}$  and momentum  $L_{\rm kbh}$ . But in that case, the ISCO depends on the angular momentum of the black hole. For example, at  $a = 0.4M$ , the ISCO for a corotating geodesic appears at  $r = 4.614M$ . A schematic diagram to demonstrate the ISCO is given in Fig. [6.](#page-9-0)

In the case of a spinning particle, neither energy nor momentum is a conserved quantity, instead, some spindependent functions such as  $C_t$ ,  $C_\phi$ , and  $K_s$  become constants of motion. Even then, one can further ask whether it is possible to have a simultaneous minima for these conserved quantities similar to a nonspinning particle; i.e., can the existence of ISCO be extended for a spinning particle as well? If possible, the conserved quantities have to the satisfy the following equations at the ISCO located at  $(r_c, \theta_c)$ ,

<span id="page-8-3"></span>
$$
\left(\frac{\partial C_t}{\partial r}\right)_{r=r_c} = 0, \quad \left(\frac{\partial C_\phi}{\partial r}\right)_{r=r_c} = 0, \text{ and } \left(\frac{\partial K_s}{\partial r}\right)_{r=r_c} = 0,
$$
\n(35)

<span id="page-8-4"></span>
$$
\left(\frac{\partial C_t}{\partial \theta}\right)_{\theta=\theta_c} = 0, \quad \left(\frac{\partial C_{\phi}}{\partial \theta}\right)_{\theta=\theta_c} = 0, \text{ and } \left(\frac{\partial K_s}{\partial \theta}\right)_{\theta=\theta_c} = 0.
$$
\n(36)

<span id="page-9-0"></span>

FIG. 6. Energy and angular momentum of a timelike geodesic is shown in a rotating as well as in a nonrotating gravitational field. The ISCO always appears at a point where energy and angular momentum both simultaneously become minimum.

Or, it can be stated the other way around; i.e., if we could establish that the above sets of equations are satisfied at some  $(r_c, \theta_c)$ , then it has to be the ISCO for a spinning particle in the Kerr spacetime. But unfortunately, to find any analytical solutions to the above equations is a formidable task and one has to rely on some numerical techniques which we shall carry out in this section. To complete the task, we first introduce the velocity components  $U^{(0)}$  and  $U^{(3)}$  as

$$
U^{(0)} = \frac{1}{\sqrt{1 - \bar{\Omega}^2}} \quad \text{and} \quad U^{(3)} = \frac{\bar{\Omega}}{\sqrt{1 - \bar{\Omega}^2}}. \quad (37)
$$

Substituting the values of  $\overline{\Omega}$ , r, and  $\theta$ , we plot the variation of  $C_t$ ,  $C_\phi$ , and  $K_s$ , as shown in Figs. [7](#page-10-0) and [9](#page-11-0). It can be noted that all of them have a simultaneous minima in a nonequatorial orbit. This corresponds to the ISCO for the spinning particles and unlike geodesics, it appears in an offequatorial plane. The ISCO for the Newton-Wigner spin supplementary condition is shown in Fig. [10](#page-11-1) and the comparison between two spin supplementary conditions is depicted in Fig. [11](#page-12-1). It is easy to notice that the difference for different spin supplementary conditions is small in the linear spin approximation. In addition, one may also interpret from Fig. [7](#page-10-0) that the behavior of both of these conserved quantities is distinctly different for  $a = M$ compared to other values of a. To clarify this point, we have shown  $C<sub>t</sub>$  for different values of a in the range of 0.9 *M* to 1.0 *M*, as given in Fig. [8\(a\).](#page-10-1) Clearly for  $a = M$ , the familiar structure to find the ISCO from a graphical representation is absent and the minimum value of  $C_t$  is taken up to which the motion is described. This is a consequence of the spacetime geometry and can be shown to exist even for a geodesic trajectory, as it is depicted in Fig. [8\(b\).](#page-10-1) Due to the existence of the horizon at  $r = M$  for an extremal black hole, the radial coordinate is not extensible beyond  $r = M$  and that is exactly where the ISCO is located. This would essentially change the behavior of the plots near the  $a = M$  limit. A similar outcome can be anticipated even for a spinning particle.

For a more rigorous proof, it is instructive to simultaneously solve Eqs. [\(35\)](#page-8-3) and [\(36\)](#page-8-4) and conclude that there indeed exists a common solution ( $r_c$ ,  $\theta_c$ ) to these equations. To complete this task, we have employed the technique involving the Lagrangian multiplier which is useful to compute any extrema of the function  $f(x, y)$  while x and y further satisfy  $g(x, y) = 0$ . Let us now define a new function  $\mathcal{L}(x, y)$  such as

$$
\mathcal{L}(x, y) = f(x, y) - \lambda g(x, y) \tag{38}
$$

with  $\lambda$  is given as a constant which we indented to evaluate. To find the respective minima in both  $x$  and  $y$ , the following expressions have to be satisfied:

$$
\frac{\partial \mathcal{L}(x, y)}{\partial x} = \frac{\partial f(x, y)}{\partial x} - \lambda \frac{\partial g(x, y)}{\partial x} = 0
$$
  
and 
$$
\frac{\partial \mathcal{L}(x, y)}{\partial y} = \frac{\partial f(x, y)}{\partial y} - \lambda \frac{\partial g(x, y)}{\partial y} = 0.
$$
 (39)

Solving for  $\lambda$ , we may conclude the validity of the following expression:

$$
\frac{\partial f(x, y)}{\partial x} \frac{\partial g(x, y)}{\partial y} - \frac{\partial f(x, y)}{\partial y} \frac{\partial g(x, y)}{\partial x} = 0. \tag{40}
$$

Therefore, it is easy to predict that whenever the above equation along with  $g(x, y) = 0$  is satisfied, there exists a minimum to the function  $f(x, y)$  at  $(x_c, y_c)$ . We use this technique in the present context with  $f(x, y)$  corresponding to the conserved quantities and  $g(x, y)$  is the constraint arriving from the orbit equation. These results are reproduced in Table [I](#page-12-2) with respective mean and deviation for different momenta of the black hole. It can be easily noticed that there exists a common solution to Eqs. [\(35\)](#page-8-3) and [\(36\)](#page-8-4) at  $r_c$  and  $\theta_c$  within a maximum error of  $\mathcal{O}(10^{-5})$ . The mean  $\bar{r}_c$ used in Table [I](#page-12-2) is given as  $\bar{r}_c = \sum_{i=1}^3$  $\frac{r_c^i}{3}$  and the deviation is

<span id="page-10-0"></span>

FIG. 7. The conserved energy and total angular momentum is shown for corotating orbits with  $S^{(1)} = -0.015M$  and  $S^{(2)} = -0.01M$  in the Tulczyjew-Dixon spin supplementary condition. The ISCO is shown as the minimum of energy and angular momentum, which is placed in a nonequatorial plane. The variation of the ISCO is shown for different angular momenta of the black hole. The black hole's angular momentum is zero for the upper branch and  $a = M$  for the lower branch. In between, a is increasing from top to bottom. It is shown that for large values of a, the ISCO exists in a more deviated nonequatorial plane while for  $a \to 0$ , the ISCO exists very close to the equatorial plane.

<span id="page-10-1"></span>

FIG. 8. The conserved quantity is shown for a nearly extremal Kerr black hole for both a spinning particle as well as a geodesic. (a) Above figure shows C<sub>t</sub> for a spinning particle with  $S^{(i)} = -0.015M$  and  $S^{(2)} = -0.01M$ . Close to  $a = M$  limit, the diagrams are distinctly different compare to other values of the angular momentum. (b) The conserved energy is shown for a geodesic in the Kerr black hole. For,  $a = M$  the ISCO exists at  $r = M$  for a corotating orbit. However, from the figure one can find that for  $a = M$ , the curve is sharply different from the rest.

<span id="page-11-0"></span>

FIG. 9. The Carter constant is shown for  $S^{(1)} = -0.015M$  and  $S^{(2)} = -0.01M$  with the angular momentum of the geometry varied as shown in the figure. Similar to the other constants such as energy and angular momentum, the Carter constant also reaches a minimum in r and  $\theta$ . It clearly suggests that the particle will eventually settle down in a nonequatorial orbit.

<span id="page-11-1"></span>

FIG. 10. The conserved quantities are shown in the Newton-Wigner spin supplementary condition. Similar to the previous case of Tulczyjew-Dixon spin supplementary condition, the minima appear in a nonequatorial plane.

defined as  $\langle r_c \rangle = \sqrt{\sum_{i=1}^3 \frac{(\bar{r}_c - r_c^i)^2}{3}}$  $\frac{(\bar{r}_c - r_c^i)^2}{3}$  $\sqrt{\sum_{i=1}^{3} \frac{(\bar{r}_c - r_c^i)^2}{3}}$ , where  $r_c^i$  corresponds to different solutions obtained for various equations relating E,  $J_z$ , and  $K_s$ . Similarly, one can estimate  $\bar{\theta}_c$  and  $\langle \theta_c \rangle$  and show that the solutions coincide within an error bound show that the solutions coincide within an error bound of  $O(10^{-8})$ .

For a consistency check, it should be reminded that for very small spin values, the ISCO should approximately match with the usual geodesic trajectories on the equatorial plane of a Kerr black hole. For example, with the spin parameter  $S = (0, -1.5 \times 10^{-4} M, -1.0 \times 10^{-4} M, 0)$  and a black hole with spin  $a = 0.5M$ , if we conduct the similar

<span id="page-12-1"></span>

FIG. 11. The innermost stable circular orbit s are shown for different spin supplementary conditions. (a) The radial coordinates for the innermost stable circular orbits are shown in the above figure for different angular momenta of the black hole while the spin parameters are fixed at  $S^{(1)} = -0.015M$  and  $S^{(2)} = -0.01M$ . (b) The difference of innermost stable circular orbits for different spin supplementary conditions increases with the increase of spin parameters. In this case, we set  $S^{(1)} = -0.05M$  and  $S^{(2)} = -0.045M$ .

<span id="page-12-2"></span>TABLE I. The solutions to Eqs. [\(35\)](#page-8-3) and [\(36\)](#page-8-4) are computed numerically for various momentum parameters of the black hole, and the spin vector follows  $S^{(1)} = -0.015M$  and  $S^{(2)} = -0.01M$ .

|                               | Angular momentum of the black hole              |   |   |   |   |
|-------------------------------|---|---|---|---|---|
| Expressions                   | $a=0$   | $a = 0.3M$                                      | $a = 0.5M$                                    | $a = 0.7M$                                      | $a = 0.9M$                                      |
| $dC_t/dr = 0$                 | $r_c = 6.01632M$                                | $r_c = 4.99410M$                                | $r_c = 4.24766M$                              | $r_c = 3.40649M$                                | $r_c = 2.33143M$                                |
|                               | $\theta(r_c) = 1.56831$                         | $\theta(r_c) = 1.56780$                         | $\theta(r_c) = 1.56727$                       | $\theta(r_c) = 1.56639$                         | $\theta(r_c) = 1.56432$                         |
| $dC_{\phi}/dr = 0$            | $r_c = 6.01637M$                                | $r_c = 4.99416M$                                | $r_c = 4.24772M$                              | $r_c = 3.40655M$                                | $r_c = 2.33149M$                                |
|                               | $\theta(r_c) = 1.56831$                         | $\theta(r_c) = 1.56780$                         | $\theta(r_c) = 1.56727$                       | $\theta(r_c) = 1.56639$                         | $\theta(r_c) = 1.56432$                         |
| $dK_s/dr = 0$                 | $r_c = 6.01631M$                                | $r_c = 4.99408M$                                | $r_c = 4.24763M$                              | $r_c = 3.40645M$                                | $r_c = 2.33137M$                                |
|                               | $\theta(r_c) = 1.56831$                         | $\theta(r_c) = 1.56780$                         | $\theta(r_c) = 1.56727$                       | $\theta(r_c) = 1.56639$                         | $\theta(r_c) = 1.56432$                         |
| $dC_t/d\theta = 0$            | $\theta_c = 1.56831$                            | $\theta_c = 1.56780$                            | $\theta_c = 1.56727$                          | $\theta_c = 1.56639$                            | $\theta_c = 1.56430$                            |
|                               | $r(\theta_c) = 6.01632M$                        | $r(\theta_c) = 4.99410M$                        | $r(\theta_c) = 4.24766M$                      | $r(\theta_c) = 3.40649M$                        | $r(\theta_c) = 2.33142M$                        |
| $dC_{\phi}/d\theta = 0$       | $\theta_c = 1.56831$                            | $\theta_c = 1.56780$                            | $\theta_c = 1.56727$                          | $\theta_c = 1.56639$                            | $\theta_c = 1.56430$                            |
|                               | $r(\theta_c) = 6.01637M$                        | $r(\theta_c) = 4.99416M$                        | $r(\theta_c) = 4.24772M$                      | $r(\theta_c) = 3.40655M$                        | $r(\theta_c) = 2.33149M$                        |
| $dK_s/d\theta = 0$            | $\theta_c = 1.56831$                            | $\theta_c = 1.56780$                            | $\theta_c = 1.56727$                          | $\theta_c = 1.56639$                            | $\theta_c = 1.56430$                            |
|                               | $r(\theta_c) = 6.01632M$                        | $r(\theta_c) = 4.99408M$                        | $r(\theta_c) = 4.24763M$                      | $r(\theta_c) = 3.40644M$                        | $r(\theta_c) = 2.33137M$                        |
| Mean                          | $\bar{r_c} = 6.01633M$                          | $\bar{r_c} = 4.99411M$                          | $\bar{r_c} = 4.24767 M$                       | $\bar{r_c} = 3.4065M$                           | $\bar{r_c} = 2.33143M$                          |
|                               | $\bar{\theta_c} = 1.56831$                      | $\bar{\theta_c} = 1.56780$                      | $\bar{\theta_c} = 1.56727$                    | $\bar{\theta}_c = 1.56639$                      | $\theta_c = 1.56430$                            |
| Deviation (in $M^{-1}$ units) | $\langle r_c \rangle = 2.6 \times 10^{-5}$      | $\langle r_c \rangle = 3.4 \times 10^{-5}$      | $\langle r_c \rangle = 3.8 \times 10^{-5}$    | $\langle r_c \rangle = 4.4 \times 10^{-5}$      | $\langle r_c \rangle = 4.7 \times 10^{-5}$      |
|                               | $\langle \theta_c \rangle = 1.5 \times 10^{-8}$ | $\langle \theta_c \rangle = 2.5 \times 10^{-8}$ | $\langle \theta_c \rangle = 4 \times 10^{-8}$ | $\langle \theta_c \rangle = 7.2 \times 10^{-8}$ | $\langle \theta_c \rangle = 1.7 \times 10^{-7}$ |

prescription as stated above, we find  $\bar{r}_c = 4.23315M$  and  $\bar{q} = 1.57076$  within the error bounds  $\langle r \rangle = 3.8 \times 10^{-9}M$  $\bar{\theta}_c = 1.57076$  within the error bounds  $\langle r_c \rangle = 3.8 \times 10^{-9} M$ and  $\langle \theta_c \rangle = 3.7 \times 10^{-14}$ , respectively. However, the estimated radius of the innermost stable circular orbit for a geodesic exists at  $r_{\text{isco}} = 4.233M$  on the equatorial plane of the black hole with rotation parameter  $a = 0.5M$ . This demonstrates that for a spinning particle with  $S \approx \mathcal{O}(10^{-4}M)$ , the innermost stable circular orbits exist on a plane within a difference  $\mathcal{O}(10^{-5})$  from the equatorial plane while the radial distance located within a difference of  $\mathcal{O}(10^{-4})$  from the usual geodesic orbit. By further decrease in the spin parameter,  $r_c$  and  $\theta_c$  would match even more closely with the given ISCO for any geodesic trajectory.

#### V. DISCUSSION

<span id="page-12-0"></span>The circular motion of spinning particles is discussed on the  $\theta$  = constant plane in a Kerr background. We numerically solve the Mathisson-Papapetrou equations and explicitly show the existence of such orbits in a rotating geometry for different spin supplementary conditions. The deviation from the equatorial plane is proportional to the radial spin component  $(S<sup>r</sup>)$  of the particle as well as the angular

momentum of the black hole, but the direction of the deviation is related to the sign of  $S^{(1)}\overline{\Omega}$ . More precisely, as shown in Fig. [1,](#page-6-0) for  $S^{(1)} < 0$  the counterrotating orbits deviate in the direction of  $\theta = \pi$ , while an opposite phenomenon appears for corotating orbits. The study of different spin supplementary conditions is carried out in the linear spin framework. The nature of the plots remains similar as shown in Figs. [1](#page-6-0) and [3,](#page-7-1) and the difference is very small for different spin supplementary conditions. We provide a better understanding of the stabilities of these circular orbits in terms of conserved quantities such as energy, angular momentum, and Carter constant. Similar to the geodesics, there exists a point  $(r_c, \theta_c)$  where all the conserved quantities reach their respective minima simultaneously and this corresponds to the ISCO. This suggests that spinning particles not only can move in the nonequatorial circular orbits, they may even settle down in such planes. Due to such interesting consequences it may be possible to detect those orbits in a real astrophysical domain. The motion of extended objects around the supermassive black hole Sgr  $A^*$  in our Galaxy [\[52,53\]](#page-14-16) or the extreme mass ratio binaries may serve as promising candidates to witness any imprints of off-equatorial stable circular orbits for a spinning particle. Furthermore, as the complete analysis is carried out within the linear spin limit, the results produced in the article could be easily employed for any astrophysical event as long as the spin vector satisfies  $S \ll \mathcal{O}(M)$ . However, it would be intriguing from a theoretical perspective to search for any possibilities of such orbits whenever the linear constraint is relaxed and  $\mathcal{O}(S^2)$  is also considered.

#### ACKNOWLEDGMENTS

The authors extend their gratitude to the Inter-University Centre for Astronomy and Astrophysics, Pune for using their library and computation facilities during a visit under their associateship program. They also wish to thank the anonymous referee for some constructive suggestions to improve the manuscript.

- <span id="page-13-0"></span>[1] L. Blanchet, Gravitational radiation from post-Newtonian sources and inspiralling compact binaries, [Living Rev.](https://doi.org/10.12942/lrr-2014-2) Relativity 17[, 2 \(2014\)](https://doi.org/10.12942/lrr-2014-2).
- <span id="page-13-1"></span>[2] A. Buonanno and T. Damour, Effective one-body approach to general relativistic two-body dynamics, [Phys. Rev. D](https://doi.org/10.1103/PhysRevD.59.084006) 59, [084006 \(1999\).](https://doi.org/10.1103/PhysRevD.59.084006)
- [3] T. Damour, Introductory lectures on the effective one body formalism, [Int. J. Mod. Phys. A](https://doi.org/10.1142/S0217751X08039992) 23, 1130 [\(2008\).](https://doi.org/10.1142/S0217751X08039992)
- <span id="page-13-2"></span>[4] F. Pretorius, Evolution of Binary Black Hole Spacetimes, Phys. Rev. Lett. 95[, 121101 \(2005\)](https://doi.org/10.1103/PhysRevLett.95.121101).
- [5] J. G. Baker, J. Centrella, D.-I. Choi, M. Koppitz, and J. van Meter, Gravitational Wave Extraction from an Inspiraling Configuration of Merging Black Holes, [Phys. Rev. Lett.](https://doi.org/10.1103/PhysRevLett.96.111102) 96[, 111102 \(2006\).](https://doi.org/10.1103/PhysRevLett.96.111102)
- <span id="page-13-3"></span>[6] D. Garfinkle, Numerical relativity beyond astrophysics, [Rep. Prog. Phys.](https://doi.org/10.1088/0034-4885/80/1/016901) 80, 016901 (2017).
- <span id="page-13-4"></span>[7] V. Cardoso, L. Gualtieri, C. Herdeiro, and U. Sperhake, Exploring new physics frontiers through numerical relativity, [Living Rev. Relativity](https://doi.org/10.1007/lrr-2015-1) 18, 1 (2015).
- <span id="page-13-5"></span>[8] C. F. Sopuerta, Probing the strong gravity regime with eLISA: Progress on EMRIs, [arXiv:1210.0156.](http://arXiv.org/abs/1210.0156)
- <span id="page-13-6"></span>[9] M. Mathisson, Neue mechanik materieller systemes, Acta Phys. Pol. 6, 163 (1937).
- [10] A. Papapetrou, Spinning test particles in general relativity. 1., [Proc. R. Soc. A](https://doi.org/10.1098/rspa.1951.0200) 209, 248 (1951).
- <span id="page-13-7"></span>[11] O. Semerak, Spinning test particles in a Kerr field. 1., [Mon.](https://doi.org/10.1046/j.1365-8711.1999.02754.x) [Not. R. Astron. Soc.](https://doi.org/10.1046/j.1365-8711.1999.02754.x) 308, 863 (1999).
- <span id="page-13-8"></span>[12] A. Papapetrou and W. Urich, Das pol-dipol-teilchen im gravitationsfeld und elektromagnetischen feld, Z. Naturforsch. 10A, 109 (1955).
- [13] R. Hojman and S. Hojman, Spinning charged test particles in a Kerr-Newman background, [Phys. Rev. D](https://doi.org/10.1103/PhysRevD.15.2724) 15, 2724 [\(1977\).](https://doi.org/10.1103/PhysRevD.15.2724)
- [14] A. R. Prasanna and K. S. Virbhadra, Spinning charged particle in an electromagnetic field on curved space-time, [Phys. Lett. A](https://doi.org/10.1016/0375-9601(89)90271-5) 138, 242 (1989).
- [15] S. Suzuki and K.-i. Maeda, Chaos in Schwarzschild spacetime: The motion of a spinning particle, [Phys. Rev. D](https://doi.org/10.1103/PhysRevD.55.4848) 55, [4848 \(1997\)](https://doi.org/10.1103/PhysRevD.55.4848).
- [16] R. Plyatsko and M. Fenyk, Highly relativistic circular orbits of spinning particle in the Kerr field, [Phys. Rev. D](https://doi.org/10.1103/PhysRevD.87.044019) 87, [044019 \(2013\).](https://doi.org/10.1103/PhysRevD.87.044019)
- <span id="page-13-9"></span>[17] F. De Felice, On the non-existence of non-equatorial circular geodesics with constant latitude in the Kerr metric, [Phys.](https://doi.org/10.1016/0375-9601(79)90415-8) Lett. 69A[, 307 \(1979\)](https://doi.org/10.1016/0375-9601(79)90415-8).
- <span id="page-13-10"></span>[18] A. Einstein, Erklarung der perihelionbewegung der merkur aus der allgemeinen relativitatstheorie, Sitzungsber. Preuss. Akad. Wiss. Phys. Math. Kl. 47, 831 (1915).
- [19] R.M. Wald, General Relativity (University of Chicago Press, Chicago, 2010).
- <span id="page-13-11"></span>[20] F. A. E. Pirani, On the physical significance of the Riemann tensor, Acta Phys. Pol. 15, 389 (1956) [\[Gen. Relativ. Gravit.](https://doi.org/10.1007/s10714-009-0787-9) 41[, 1215 \(2009\)](https://doi.org/10.1007/s10714-009-0787-9)].
- <span id="page-13-12"></span>[21] W. Tulczyjew, Motion of multipole particles in general relativity theory, Acta Phys. Pol. 18, 393 (1959).
- <span id="page-13-13"></span>[22] T. D. Newton and E. P. Wigner, Localized states for elementary systems, [Rev. Mod. Phys.](https://doi.org/10.1103/RevModPhys.21.400) 21, 400 (1949).
- <span id="page-13-14"></span>[23] A. Einstein, *The Meaning of Relativity*, 5th ed. (Princeton University Press, Princeton, NJ, 2004).
- <span id="page-13-15"></span>[24] J. Steinhoff, Spin gauge symmetry in the action principle for classical relativistic particles, [arXiv:1501.04951.](http://arXiv.org/abs/1501.04951)
- <span id="page-14-0"></span>[25] E. Corinaldesi and A. Papapetrou, Spinning test-particles in general relativity. II.," in Nonlinear Gravitodynamics: The Lense-Thirring Effect (World Scientific, Singapore, 2003), pp. 404–413.
- <span id="page-14-1"></span>[26] F. Costa, C. A. R. Herdeiro, J. Natario, and M. Zilhao, Mathisson's helical motions for a spinning particle: Are they unphysical?, Phys. Rev. D 85[, 024001 \(2012\)](https://doi.org/10.1103/PhysRevD.85.024001).
- [27] L. F. O. Costa, G. Lukes-Gerakopoulos, and O. Semerk, On spinning particles in general relativity: Momentum-velocity relation for the Mathisson-Pirani spin condition, [Phys. Rev.](https://doi.org/10.1103/PhysRevD.97.084023) D 97[, 084023 \(2018\)](https://doi.org/10.1103/PhysRevD.97.084023).
- <span id="page-14-2"></span>[28] K. Kyrian and O. Semerak, Spinning test particles in a Kerr field, [Mon. Not. R. Astron. Soc.](https://doi.org/10.1111/j.1365-2966.2007.12502.x) 382, 1922 (2007).
- [29] M. D. Hartl, A survey of spinning test particle orbits in Kerr space-time, Phys. Rev. D 67[, 104023 \(2003\).](https://doi.org/10.1103/PhysRevD.67.104023)
- [30] E. Hackmann, C. Lmmerzahl, Y. N. Obukhov, D. Puetzfeld, and I. Schaffer, Motion of spinning test bodies in Kerr spacetime, Phys. Rev. D 90[, 064035 \(2014\).](https://doi.org/10.1103/PhysRevD.90.064035)
- [31] W. Han, Chaos and dynamics of spinning particles in Kerr spacetime, [Gen. Relativ. Gravit.](https://doi.org/10.1007/s10714-007-0598-9) 40, 1831 (2008).
- <span id="page-14-3"></span>[32] E. Barausse, E. Racine, and A. Buonanno, Hamiltonian of a spinning test-particle in curved spacetime, [Phys. Rev. D](https://doi.org/10.1103/PhysRevD.80.104025) 80[, 104025 \(2009\)](https://doi.org/10.1103/PhysRevD.80.104025); Erratum, [Phys. Rev. D](https://doi.org/10.1103/PhysRevD.85.069904) 85, 069904(E) [\(2012\).](https://doi.org/10.1103/PhysRevD.85.069904)
- <span id="page-14-4"></span>[33] V. Witzany, J. Steinhoff, and G. Lukes-Gerakopoulos, Hamiltonians and canonical coordinates for spinning particles in curved space-time, [arXiv:1808.06582.](http://arXiv.org/abs/1808.06582)
- <span id="page-14-5"></span>[34] G. Lukes-Gerakopoulos, J. Seyrich, and D. Kunst, Investigating spinning test particles: Spin supplementary conditions and the Hamiltonian formalism, [Phys. Rev. D](https://doi.org/10.1103/PhysRevD.90.104019) 90, [104019 \(2014\).](https://doi.org/10.1103/PhysRevD.90.104019)
- <span id="page-14-6"></span>[35] T. A. Apostolatos, A spinning test body in the strong field of a Schwarzschild black hole, [Classical Quantum Gravity](https://doi.org/10.1088/0264-9381/13/5/005) 13, [799 \(1996\)](https://doi.org/10.1088/0264-9381/13/5/005).
- <span id="page-14-7"></span>[36] M. Saijo, K.-i. Maeda, M. Shibata, and Y. Mino, Gravitational waves from a spinning particle plunging into a Kerr black hole, Phys. Rev. D 58[, 064005 \(1998\)](https://doi.org/10.1103/PhysRevD.58.064005).
- <span id="page-14-8"></span>[37] R. Rudiger, Conserved quantities of spinning test particles in general relativity. I, [Proc. R. Soc. A](https://doi.org/10.1098/rspa.1981.0046) 375, 185 (1981).
- [38] R. Rudiger, Conserved quantities of spinning test particles in general relativity. II, [Proc. R. Soc. A](https://doi.org/10.1098/rspa.1983.0012) 385, 229 (1983).
- <span id="page-14-9"></span>[39] B. Carter, Global structure of the Kerr family of gravitational fields, Phys. Rev. 174[, 1559 \(1968\).](https://doi.org/10.1103/PhysRev.174.1559)
- [40] B. Carter and R. G. Mclenaghan, Generalized total angular momentum operator for the Dirac equation in curved spacetime, Phys. Rev. D 19[, 1093 \(1979\)](https://doi.org/10.1103/PhysRevD.19.1093).
- [41] C. DeWitt and B. S. DeWitt, *Black Holes* (CRC Press, Boca Raton, FL, 1973), Vol. 23.
- <span id="page-14-10"></span>[42] K. Rosquist, T. Bylund, and L. Samuelsson, Carter's constant revealed, [Int. J. Mod. Phys. D](https://doi.org/10.1142/S0218271809014546) 18, 429 [\(2009\).](https://doi.org/10.1142/S0218271809014546)
- [43] C. M. Will, Carter-like Constants of the Motion in Newtonian Gravity and Electrodynamics, [Phys. Rev. Lett.](https://doi.org/10.1103/PhysRevLett.102.061101) 102[, 061101 \(2009\).](https://doi.org/10.1103/PhysRevLett.102.061101)
- [44] S. Mukherjee and K. Rajesh Nayak, Carter constant and angular momentum, [Int. J. Mod. Phys. D](https://doi.org/10.1142/S0218271817501802) 27, 1750180 [\(2018\).](https://doi.org/10.1142/S0218271817501802)
- <span id="page-14-11"></span>[45] G. Gibbons, R. H. Rietdijk, and J. Van Holten, SUSY in the sky, [Nucl. Phys.](https://doi.org/10.1016/0550-3213(93)90472-2) B404, 42 (1993).
- <span id="page-14-12"></span>[46] T. Tanaka, Y. Mino, M. Sasaki, and M. Shibata, Gravitational waves from a spinning particle in circular orbits around a rotating black hole, [Phys. Rev. D](https://doi.org/10.1103/PhysRevD.54.3762) 54, 3762 [\(1996\).](https://doi.org/10.1103/PhysRevD.54.3762)
- <span id="page-14-13"></span>[47] S. Chandrasekhar, The Mathematical Theory of Black Holes (Oxford University Press, New York, 1998), Vol. 69.
- [48] B. O'Neil, The Geometry of Kerr Black Holes (AK Peters, Wellesley, MA, 1995).
- <span id="page-14-14"></span>[49] D. C. Wilkins, Bound geodesics in the Kerr metric, [Phys.](https://doi.org/10.1103/PhysRevD.5.814) Rev. D 5[, 814 \(1972\)](https://doi.org/10.1103/PhysRevD.5.814).
- <span id="page-14-15"></span>[50] O. Yu. Tsupko, G. S. Bisnovatyi-Kogan, and P. I. Jefremov, Parameters of innermost stable circular orbits of spinning test particles: Numerical and analytical calculations, [Gravi](https://doi.org/10.1134/S0202289316020158)[tation Cosmol.](https://doi.org/10.1134/S0202289316020158) 22, 138 (2016).
- [51] F. Chaverri-Miranda, F. Frutos-Alfaro, P. Gomez-Ovarez, and A. Oliva-Mercado, Innermost stable circular orbits of a Kerr-like metric with quadrupole, [arXiv:1707.08663.](http://arXiv.org/abs/1707.08663)
- <span id="page-14-16"></span>[52] R. Schodel *et al.*, A star in a 15.2 year orbit around the supermassive black hole at the center of the Milky Way, [Nature \(London\)](https://doi.org/10.1038/nature01121) 419, 694 (2002).
- [53] A. Hees et al., Testing General Relativity with Stellar Orbits around the Supermassive Black Hole in Our Galactic Center, Phys. Rev. Lett. 118[, 211101 \(2017\)](https://doi.org/10.1103/PhysRevLett.118.211101).