Afterglow of the dynamical Schwinger process: Soft photons amass

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We consider the conversion of an electric field into photons as a secondary probe of the dynamical Schwinger process. In spatially homogeneous electric fields, quantum fluctuations of electron-positron (e^+e^-) pairs are lifted on the mass shell leaving asymptotically a small finite pair density. The $e^+e^$ dynamics, in turn, couples to the quantized photon field and drives its on-shell mode occupation. The spectral properties of the emerging asymptotic photons accompanying the Schwinger process are calculated in lowest-order perturbation theory. Soft photons in the optical range are produced amass in the subcritical region, thus providing a promising discovery avenue, e.g. for laser parameters of the Extreme Light Initiative (ELI-NP) to be put in operation soon.

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I. INTRODUCTION

The Schwinger process refers to lifting virtual pair fluctuations on the mass shell by a suitable external field. Considering electron-positron (e^+e^-) pairs, Schwinger [1] evaluated, within the quantum electrodynamics (QED) approach, the decay of the vacuum under the impact of an electric background field, thus formalizing the pioneering investigations of Sauter [2]. The history of this interesting branch of strong-field physics and its modern developments are reviewed in [3], where also many relevant citations can be found. By now, a multitude of scenarios has been explored, where such a pair (or, generically, particle) creation mechanism is of utmost importance. Examples include Hawking radiation [4,5], Unruh radiation [6], cosmological particle production [7] and hadron production from chromoelectric flux tubes [8]. Focusing on the electromagnetic-that is QED-sector of the standard model of particle physics, much hope is placed on the rapidly evolving technology of ultra-high-intense laser facilities [9] to achieve in the future electric field strengths sufficiently large to get a direct experimental access to e^+e^- pairs "created from vacuum." Various field models have been considered which could provide a route towards a detection of such pairs, among them the superposition of differently shaped laser fields [10–15]. Since the plain Schwinger process yield in a spatially homogeneous electric field is $\propto \exp(-\pi E_c/E_0)$ with $E_c = m^2/e = 1.3 \times 10^{16} \text{ V/cm}$ (for electrons and positrons with mass m and charges $\mp e$ in natural units), the presently attainable fields $E_0 \ll E_c$ can yield only exceedingly small numbers [16] due to the small tunneling probability. Spatial inhomogeneities further diminish the pair abundancies [17], up to a critical suppression [18]. One option is, therefore, to elucidate whether secondary probes are suitable to identify the pair creation. This is the motivation of the present paper: We consider real photon production accompanying the pair creation process. Similar to the McLerran-Toimela formula [19], which is widely used for

evaluating the photon emissivity of the thermalized quarkgluon plasma, we restrict ourselves to the leading-order e^2 yield at asymptotically large times where a clear particleantiparticle definition is applicable. (To emphasize the asymptotic character of the calculated photon spectrum, we consider here the time-limited action of the background field.) Clearly, the e^+e^- fluctuation dynamics regarding the out-state is distinctively different from a plasma dynamics, even when accounting for thermal off-equilibrium effects [20]. Despite this, but similar to a (nearly) thermalized plasma, our system facilitates the emission of real photons of all wavelengths, with details depending on the background field dynamics.

A different, in some sense opposite (similar to the relation of Breit-Wheeler pair production and Schwinger pair production), approach is followed in [21]: Photon production is considered as scattering off the vacuum as a consequence of the interaction of several, e.g. three, incoming real photon beams with a vacuum loop. The impact of the frequency composition of the newly created photons is markedly different and to be contrasted with our continuous spectral distribution emerging off the spatially extended system. The process considered in [21] refers to an exclusive 1-photon out-state, while we have in mind the inclusive 1-photon spectrum due to the above-mentionedvery restricted—analogy to a plasmalike system.

The analogy to a radiating plasma system has been utilized, e.g. in [22], as evidenced by a kinetic theory formula for $2 \rightarrow 2$ processes with on-shell particles and the folding of two distribution functions by the $e^+e^- \rightarrow 2\gamma$ cross section. Another approach is pursued in [23], where recollisions of once produced e^+e^- lead to hard photons, again via the $e^+e^- \rightarrow 2\gamma$ cross section. This is to be contrasted with [24], where the evolution of the photon correlation function is considered, formulated as leading order in the BBKGY hierachy, which-after employing some truncation and diagonalization-results in a kinetic equation similar to that in the e^+e^- sector. The authors of

A. OTTO and B. KÄMPFER

[24] find a soft photon spectrum inversely proportional to the photon frequency and proportional to total $e^+e^$ number, quite different from our result presented below, which predicts a large number of photons in the optical regime, thus overcoming the unfavorably small number of residual (and, hence, hardly measurable) e^+e^- pairs at present and near-future laser installations.

Our paper is organized as follows. In Sec. II, we present a formula for calculating the photon spectrum which arises, in first-order perturbation theory, as a consequence of Schwinger pair production. Based on such an approach to the time-integrated final-stage photon yield (the "afterglow"), we provide in Sec. III numerical evaluations for the Sauter pulse and a periodic pulse modulated by a timelimited envelope as important examples of field configurations, which have been also employed formerly in studying the plain Schwinger pair production. Here, we exemplify furthermore that the superposition of external fields with different time scales can result in order-ofmagnitude amplifications of the emergent photon yield, similarly to the dynamically assisted Schwinger process. Our summary can be found in Sec. IV. This main body of the paper uncovers the phenomenological aspects of our approach, up to an estimate of an ELI-NP-related prediction. All formal aspects of our approach are relegated to the appendices. Appendix A spells out in detail the foundations of our photon spectrum formula by exploiting suitable transits between the Heisenberg picture and interaction picture to arrive at a solution to the photon wave equation and its relation to the fermion dynamics. Appendix B discusses the soft-photon spectrum and recalls the Bogoliubov transformation which is needed to make relevant formulas for fermion dynamics explicitly.

II. A FORMULA FOR THE PHOTON SPECTRUM

The impact of an external electric field on the quantum vacuum consists of inducing a vacuum current which in turn is a source of real-photon fluctuations. In the QED sector, the remainder of the vacuum current is a finite—and in general nontrivial— e^+e^- pair distribution, referring to the Schwinger process. We calculate the spectrum of emerging photons by solving the quantized Maxwell wave equation in first-order perturbation theory as

$$f_{\gamma}(\boldsymbol{k}) = \frac{e^2}{(2\pi)^6} \frac{1}{2\omega} \int d^3 p \sum_{\lambda,r,s} |\epsilon_{\lambda}^{\mu}(\boldsymbol{k}) C_{rs\mu}(\boldsymbol{p}, \boldsymbol{k})|^2, \quad (1)$$
$$C_{rs\mu}(\boldsymbol{p}, \boldsymbol{k}) = \lim_{\varepsilon \to 0} \int_{-\infty}^{\infty} dt f_{\varepsilon}(t)$$
$$\times \bar{v}_r(t, -\boldsymbol{p}) \gamma_{\mu} u_s(t, \boldsymbol{p} - \boldsymbol{k}) e^{-i\omega t} \quad (2)$$

highlighting the time-asymptotic photon yield and valid for a spatially homogeneous system. The photons propagate on the light cone, i.e. the frequency ω and wave three-vector kare related by $\omega^2 - k^2 = 0$ and their polarization fourvector ϵ_{λ} is orthogonal to the wave four-vector; $\lambda = 1, 2$ counts the polarization states. $f_{\varepsilon} = e^{-\varepsilon |t|}$ is an adiabatic switch-on/switch-off function of the external field, and \bar{v}_r and u_r are the time-dependent Dirac wave functions in that field. The details of formal operations to arrive at (1) and (2) are spelled out in Appendix A. Equations (1) and (2) allow, for the first time, a systematic study of the photon emission accompanying the Schwinger process. For instance, one can show (see Appendix B) that the soft photons are insensitive to details of the transient Fermion dynamics encoded in u_r and v_r ; instead, they reflect essentially the difference of the *in-* and *out*-vacua. In contrast, the hard photons do resolve the actual background field dynamics, albeit in a time-integrated manner. Here, we meet severe interferences of the various contributions to the time integral in (2). In lacking analytical expressions for $\omega \gg m$, we resort to numerical solutions pointing to an exponential shape.

III. NUMERICAL RESULTS

A. Sauter pulse

The Sauter pulse with electric field $E(t) = E_0/\cosh^2(t/\tau)$ and potential $A(t) = E_0\tau(1 + \tanh(t/\tau))$ is an often used external field model which has an analytical solution of the time evolution of the e^+e^- pair density $N_{e^+e^-}(t)$ [12]; for $\tau > 50/m$, it recovers the seminal Schwinger result. Even if only $N_{e^+e^-}(t \to \pm \infty)$ has a sensible interpretation in terms of *in* and *out* asymptotic particle and antiparticle states, a curious fact is that the mode occupation in an adiabatic basis displays $N_{e^+e^-}(t \approx 0) \gg N_{e^+e^-}(t \to \infty)$ for deep-subcritical fields $E_0 \ll E_c$ [25,26]. Our main result (1,2) does not allow us to address such an issue. Instead, we exhibit in Fig. 1 an example of an asymptotic photon spectrum for parameters E_0



FIG. 1. Asymptotic phase-space distribution $f_{\gamma}(\mathbf{k})$ displayed as a function of k_{\perp} at $k_{\parallel} = 0$ for the Sauter pulse with $E_0 = 0.2E_c$ and $\tau = 2/m$. Solid blue curve: full result; dashed red curve: contribution from the asymptotic time integral in (2) with $A_{asy} \propto (\int_{-\infty}^{-t_m} + \int_{t_m}^{\infty}) dt$; dotted green curve: contribution from the intermediate time integral $A_{int} \propto \int_{-t_m}^{t_m} dt$; dash-dotted cyan curve: the interference term of A_{asy} and A_{int} ; $A_{asy,int}$ are insensitive to variations of the matching time around $t_m = 20\tau$. The inset exhibits the contour plot of the phase-space distribution $f_{\gamma}(k_{\perp}, k_{\parallel})$.



FIG. 2. Contour plot of the asymptotic photon phase-space occupancy $f_{\gamma}(k_{\perp} = \omega, k_{\parallel} = 0)$ for $\omega = 10^{-5}m$ normalized to the asymptotic e^+e^- phase-space occupancy $f_{e^+e^-} = d^6N_{e^+e^-}/d^3xd^3p$ at p = 0 for the Sauter pulse. The diagonal dashed lines display loci of constant Keldysh parameters $\gamma = \frac{E_c}{E_0} \frac{1}{m\tau}$. In the tunneling regime, $\gamma < 1$.

and τ in the subcritical region, $E_0 < E_c$, $\tau > 1/m$. The individual contributions $(\int_{-\infty}^{-t_m} + \int_{t_m}^{\infty}) dt$ and $\int_{-t_m}^{t_m} dt$ to the coefficient (2) are separately displayed as a function of k_{\perp} (the component of k perpendicular to E = (0, 0, E(t))) at $k_{\parallel} = 0$ (the component of k parallel to E; the full $k_{\perp} - k_{\parallel}$ distribution is exhibited in the inset as a contour plot). Clearly visible are (i) the $1/\omega^3$ shape of the soft-photon distribution and (ii) the onset of the exponential decline of hard photons. In the optical-UV range, e.g. $\omega \sim 10^{-5}m$, we see a large phase-space occupancy of $f_{\gamma} = 10^5$. (In the spirit of the infrared catastrophe, the number of unobservably soft photons diverges logarithmically, while the energy emitted per unit volume remains finite.)

Figure 2 exhibits the photon numbers at $\omega = 10^{-5}m$ normalized to the residual e^+e^- pair number at $\mathbf{p} = 0$. Remarkably, with respect to an experimental verification, the soft-photon numbers exceed by far the residual pair numbers¹ in the displayed patch of parameter space, e.g. $f_{\gamma}(\omega = 10^{-5}m)/f_{e^+e^-}(\mathbf{p} = 0) = 3.2 \times 10^8$ at $E_0 =$ $0.2E_c$ and $m\tau = 2$. (Due to the ω^{-3} scaling of f_{γ} for $\omega < 0.1m$, one can deduce from Fig. 2 the distribution of other soft-photon frequencies.) While encouraging a detection of the Schwinger process by a secondary probe, we see a monotonous reduction of the soft photon number relative to the pair number upon decreasing values of E_0 , when keeping the dynamical time scale τ fixed. However, extrapolating results of Fig. 2 to the regime of the nuclear physics pillar of the Extreme Light Initiative (ELI-NP) [28], $E_0 = 10^{-3}E_c$, $\tau = 5 \times 10^5/m$ [14], the ratio $f_{\gamma}(\omega =$ $10^{-5}m)/f_{e^+e^-}(\mathbf{p}=0)$ becomes favorably 10^4 since both E_0 and τ are diminished. The employed values of E_0 and τ are deduced from the two-10 PW laser configuration as core of ELI-NP which is, according to the delivery plan (cf. [28]), envisaged to become operational in 2018. To extrapolate we exploit the apparent relation $\log f_{\gamma} =$ $a \log E_0/E_c + b \log m\tau + c$ valid for small Keldysh parameters $\gamma \ll 1$. Therefore, real photons in the optical range, together with their nearly isentropic radiation pattern (see inset of Fig. 1) are identified as promising signature of the Schwinger effect. Their yield can be enhanced further by multiscale field configurations.

B. Superposition of fields with different time scales

The superposition of a strong, slowly varying field with a weaker, fast-varying field is known to yield a residual pair number which can considerably exceed the residual pair number of each field alone—this is the dynamically assisted Schwinger effect [29] or assisted dynamical Schwinger effect [15]. Reference [17] states, in more general terms, that an increasing timelike inhomogeneity of a background field enhances the pair production. Figure 3 unravels an analog effect for the photons when considering the field model,

$$E(t) = E_1 / \cosh^2(t/\tau) + E_2 / \cosh^2(Nt/\tau).$$
(3)



FIG. 3. Asymptotic photon phase-space occupancy $f_{\gamma}(k)$ as a function of k_{\perp} at $k_{\parallel} = 0$ for the superposition [2] of Sauter pulses (dashed curves) and an oscillating field according to (4) (solid curves) with an envelope K(t) according to [14] (flat-top interval $50 \cdot 2\pi \cdot \tau$ and (de)ramping time(s) $5 \cdot 2\pi \cdot \tau$). Parameters are $E_1 = 0.1E_c$, $\tau = 2/m$ and (i) $E_2 = 0$ (lower blue curves) and (ii) $E_2 = 0.05E_c$ and N = 4 (upper red curves). Note the exponential shape for hard photons with $\omega > 0.5m$ created in the Sauter pulse.

¹Reference [27] provides an important example of particles in an intense external field which emit also multiple photons—even hard ones.

A. OTTO and B. KÄMPFER

Being aware of the rather schematic character of the Sauter pulses employed above, we include here a field model which may be realized in the antinodes of pairwise counterpropagating linearly polarized (laser) photon beams resulting in a purely electric background field E(t) with potential A(t) when ignoring the magnetic field components and the spatial inhomogeneity outside the antinodes. To be specific, our field model is

$$E(t) = K(t) \{ E_1 \sin(t/\tau) + E_2 \sin(Nt/\tau) \}, \qquad (4)$$

where K(t) is a C^{∞} smooth envelope function in [14]. In both cases, the Sauter pulse [2] and the model (4), the increased temporal inhomogeneity amplifies significantly (about 4 orders of magnitude in Fig. 3) the resulting asymptotic photon number. Whether other suitable field combinations enhance additionally the discovery potential of the Schwinger effect by a secondary probe needs more realistic modeling, including the back reaction. Similar to the Sauter pulse (cf. inset in Fig. 1) the emission is nearly isotropic, thus providing favorable observation conditions perpendicular to the background field(s) and their generating (laser) beams.

IV. SUMMARY

We consider, in leading order, the photon emission accompanying the process of shaking real electron-positron pairs off the vacuum by the time-limited action of an external (spatially homogeneous) electric field. In contrast to photon emission at all wavelengths off a plasma at nonzero temperature (may it be an electron-positron plasma or a quark-gluon plasma), where rates are accessible in various formalisms, the nonperturbative character of pair creation due to the dynamical Schwinger process restricts us to the consideration of the final state occupancies, both of e^+e^- -pairs and photons. Nevertheless, the found photon spectra uncover all wavelengths too. Soft photons in the optical regime are produced amass and their abundancies can even exceed the abundancy of e^+e^- pairs in the subcritical region. Such a feature provides a promising signal of the Schwinger process and overcomes the unfavorably small number of residual $e^+e^$ pairs. The nonlinear amplification of the final photon yield by the superposition of two fields with different scales is for photons similar to the known effect in the residual pair sector, thus further enhancing the discovery potential of the secondary photon probe which should be exploited at ELI-NP.

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APPENDIX A: THE PHOTON SPECTRUM

The differential spectrum of single photons with momenta k summed over polarizations λ at time instant t is defined by

$$\frac{\mathrm{d}^{3}N_{\gamma}(t,\boldsymbol{k})}{\mathrm{d}^{3}k} = \frac{1}{(2\pi)^{3}} \sum_{\lambda} \langle 0|a_{\lambda,H}^{\dagger}(t,\boldsymbol{k})a_{\lambda,H}(t,\boldsymbol{k})|0\rangle \quad (A1)$$

where $a_{\lambda,H}^{\dagger}/a_{\lambda,H}$ are corresponding creation/annihilation operators in the Heisenberg picture (*H*); in the interaction picture (I)² the photon field operator $\mathcal{A}_{I}^{\mu}(t, \mathbf{x})$ obeys the general decomposition

$$\mathcal{A}_{I}^{\mu}(t,\boldsymbol{x}) = \int \frac{\mathrm{d}^{3}k}{\sqrt{2\omega}(2\pi)^{3}} \times \sum_{\lambda} [a_{\lambda}(\boldsymbol{k})\varepsilon_{\lambda}^{\mu}(\boldsymbol{k})\mathrm{e}^{-ikx} + a_{\lambda}^{\dagger}(\boldsymbol{k})\varepsilon_{\lambda}^{\mu*}(\boldsymbol{k})\mathrm{e}^{ikx}] \quad (A2)$$

with $k^2 = \omega^2 - k^2 = 0$ and $\epsilon_{\lambda}^{\mu}(k)k_{\mu} = 0$, pointing to onshell photons propagating on the light cone with two transverse polarizations (μ is a Lorentz index). The vacuum definition employed in (A1) reads $a_{\lambda}(k)|0\rangle = 0$ with respect to the photons; the photons, in turn, are sourced by a Dirac current operator driving the photon dynamics according to the wave equation,

$$\partial^2 \mathcal{A}^{\mu}_H(t, \mathbf{x}) = e j^{\mu}_H(t, \mathbf{x}), \tag{A3}$$

with gauge conditions $\mathcal{A}_{H}^{0} = 0$, $\nabla \cdot A_{H} = 0$ which are equivalent to $\epsilon_{\lambda}^{0}(\mathbf{k}) = 0$ and $\epsilon_{\lambda}(\mathbf{k}) \cdot \mathbf{k} = 0$. Equation (A3) is solved by a suitable unitary operator $U_{\text{int}}(t, t_{0})$ via $\mathcal{A}_{H}(t, \mathbf{x}) = U_{\text{int}}^{\dagger}(t, t_{0})\mathcal{A}_{I}(t, \mathbf{x})U_{\text{int}}(t, t_{0})$ and $j_{H}^{\mu}(t, \mathbf{x}) =$ $U_{\text{int}}^{\dagger}(t, t_{0})j_{I}^{\mu}(\mathbf{x})U_{\text{int}}(t, t_{0})$, where the current operator j_{I}^{μ} is constrained to $j_{I}^{\mu}(t, \mathbf{x}) =: \bar{\Psi}_{I}(t, \mathbf{x})\gamma^{\mu}\Psi_{I}(t, \mathbf{x})$:. The notation $:\cdots:$ stands for normal ordering with respect to the vacuum $|0\rangle$ and the operators c_{r} and d_{r} introduced below in (A4). This constraint omits the vacuum expectation value of $\bar{\Psi}_{I}\gamma^{\mu}\Psi_{I}$, which is nonzero in a background field and creates a c-number component of \mathcal{A}_{H} which counteracts to the externally applied background field A. We neglect that backreaction (see e.g. [30]) since we are interested here in the quantum part of the radiation field, which is henceforth dealt with in the probe limit.

The needed Dirac wave operator can be decomposed in the interaction picture as

²For the reader's convenience, we recall the transformation of operators *O* between the various pictures. The Heisenberg picture (H) follows from (i) the Schrödinger picture (S) by $O_H(t) = U^{\dagger}(t, t_0)O_S(t_0)U(t, t_0)$ or from (ii) the interaction picture (I) by $O_H(t)=U^{\dagger}_{int}(t,t_0)O_I(t)U_{int}(t,t_0)$, and (I) from (iii) (S) by $O_I(t) = U^{\dagger}_0(t,t_0)O_S(t_0)U_0(t,t_0)$; (iii) causes $a_{\lambda,I}(t,\mathbf{k})=U^{\dagger}_0(t,t_0)a_{\lambda}(\mathbf{k})\times e^{-i\omega t_0}U_0(t,t_0)=a_{\lambda}(\mathbf{k})e^{-i\omega t}$ and (ii) causes $a_{\lambda,H}(t,\mathbf{k})=U^{\dagger}_{int}(t,t_0)a_{\lambda,I}(t,\mathbf{k})U_{int}(t,t_0)=U^{\dagger}_{int}(t,t_0)a_{\lambda}(\mathbf{k})e^{-i\omega t}U_{int}(t,t_0)$.

AFTERGLOW OF THE DYNAMICAL SCHWINGER PROCESS: ...

$$\Psi_{I}(t,\boldsymbol{x}) = \int \frac{\mathrm{d}^{3}p}{(2\pi)^{3}} \sum_{r} [c_{r}(\boldsymbol{p})u_{r}(t,\boldsymbol{p},\boldsymbol{x}) + d_{r}^{\dagger}(\boldsymbol{p})v_{r}(t,\boldsymbol{p},\boldsymbol{x})]$$
(A4)

which extends the vacuum definition by $c_r|0\rangle = d_r|0\rangle = 0$; c_r and d_r^{\dagger} carry the operator character and u_r and v_r , the bispinor structure.

In the interaction picture, the fermion dynamics obeys the Dirac equation

$$\{i\gamma^{\mu}(\partial_{\mu}+ieA_{\mu})+m\}\Psi_{I}(t,\boldsymbol{x})=0. \tag{A5}$$

We assume our purely electric background field A_{μ} to be spatially homogenous, but time dependent, which allows us to split off the **x** dependence of the wave functions by replacing $u_r(t, \mathbf{p}, \mathbf{x}) \rightarrow u_r(t, \mathbf{p})e^{i\mathbf{p}\mathbf{x}}$ and $v_r(t, \mathbf{p}, \mathbf{x}) \rightarrow v_r(t, \mathbf{p})e^{-i\mathbf{p}\mathbf{x}}$ in (A4) with

$$\{i\gamma^0\partial_t - \gamma(\boldsymbol{p} - \boldsymbol{e}\boldsymbol{A}(t)) - m\}u_r(t, \boldsymbol{p}) = 0 \quad (A5')$$

(same for $v_r(t, -p)$) and initial conditions $u_r(t \to -\infty, p) \propto u_r(p) e^{-i\sqrt{m^2+p^2}t}$ and $v_r(t \to \infty, p) \propto v_r(p) e^{i\sqrt{m^2+p^2}t}$.

PHYSICAL REVIEW D 95, 125007 (2017)

With these ingredients we evaluate (A1) by employing $a_{\lambda,H}(t, \mathbf{k}) = U_{\text{int}}^{\dagger}(t, t_0) a_{\lambda,I}(t, \mathbf{k}) U_{\text{int}}(t, t_0)$ with Dyson's series

$$U_{\text{int}}(t, t_0) = T \exp\left(-i \int_{t_0}^t dt' f_{\varepsilon}(t') H_{\text{int},I}(t')\right)$$

$$\cong 1 - i \int_{t_0}^t dt' f_{\varepsilon}(t') H_{\text{int},I}(t') + \mathcal{O}(e^2), \quad (A6)$$

where T means the time-ordering operation and $f_{\varepsilon}(t) = e^{-\varepsilon |t|}$ is used to adiabatically turn the interaction on and off. At the end of our calculation, we let $\varepsilon \to 0$. We restrict ourselves to the leading-order nontrivial term of (A6) and utilize³

$$H_{\text{int},I}(t) = e \int d^3x \mathcal{A}_I^{\mu}(t, \boldsymbol{x}) j_{I,\mu}(t, \boldsymbol{x}).$$
(A7)

This yields for $a_{\lambda,H}$ up to order $\mathcal{O}(e^3)$

$$a_{\lambda,H}(t,\boldsymbol{k}) = \left[1 + i \int_{t_0}^t dt' H_{\text{int},I}(t')\right] a_{\lambda,I}(t,\boldsymbol{k}) \left[1 - i \int_{t_0}^t dt' H_{\text{int},I}(t')\right]$$
$$= \left[a_{\lambda}(\boldsymbol{k}) + i \int_{t_0}^t dt' \int d^3x : \bar{\Psi}_I(t',\boldsymbol{x}) [e\gamma_{\mu}\mathcal{A}_I^{\mu}(t',\boldsymbol{x}), a_{\lambda}(\boldsymbol{k})] \Psi_I(t',\boldsymbol{x}) : \right] e^{-i\omega t}$$
$$= \left[a_{\lambda}(\boldsymbol{k}) - i \frac{e\varepsilon_{\lambda}^{*\mu}(\boldsymbol{k})}{\sqrt{2\omega}} \int_{t_0}^t dt' \int d^3x : \bar{\Psi}_I(t',\boldsymbol{x})\gamma_{\mu}\Psi_I(t',\boldsymbol{x}) : e^{ikx'}\right] e^{-i\omega t}.$$
(A8)

Insertion into (A1) lets us arrive at

$$\frac{d^{3}N_{\gamma}(t)}{d^{3}k} = \frac{e^{2}}{(2\pi)^{6}} \frac{1}{2\omega} \sum_{\lambda} \varepsilon_{\lambda}^{\mu}(\boldsymbol{k}) \varepsilon_{\lambda}^{*\nu}(\boldsymbol{k}) \int_{t_{0}}^{t} dt_{1} \int_{t_{0}}^{t} dt_{2} \int d^{3}x_{1} \int d^{3}x_{2}f_{\varepsilon}(t_{1})f_{\varepsilon}(t_{2})
\times \langle 0|: \bar{\Psi}_{I}(t_{1},\boldsymbol{x}_{1})\gamma_{\mu}\Psi_{I}(t_{1},\boldsymbol{x}_{1}):: \bar{\Psi}_{I}(t_{2},\boldsymbol{x}_{2})\gamma_{\nu}\Psi_{I}(t_{2},\boldsymbol{x}_{2}): |0\rangle e^{-ik(x_{1}-x_{2})}
= \frac{e^{2}}{(2\pi)^{6}} \frac{1}{2\omega} \sum_{\lambda,r,s} \varepsilon_{\lambda}^{\mu}(\boldsymbol{k})\varepsilon_{\lambda}^{*\nu}(\boldsymbol{k}) \int d^{3}x \int \frac{d^{3}p}{(2\pi)^{3}} \int_{t_{0}}^{t} dt_{1}\bar{v}_{r}(t_{1},-\boldsymbol{p})\gamma_{\mu}u_{s}(t_{1},\boldsymbol{p}-\boldsymbol{k})f_{\varepsilon}(t_{1})e^{-i\omega t_{1}}
\times \int_{t_{0}}^{t} dt_{2}\bar{u}_{s}(t_{2},\boldsymbol{p}-\boldsymbol{k})\gamma_{\mu}v_{r}(t_{2},-\boldsymbol{p})f_{\varepsilon}(t_{2})e^{-i\omega t_{2}}.$$
(A9)

Note that $d^3N_{\gamma}(t = t_0)/d^3k = 0$. We define the dimensionless photon phase-space occupation number $f_{\gamma}(\mathbf{k}) = d^6N_{\gamma}(t \to \infty, \mathbf{k})/d^3xd^3k$ and get the basic equations (1) and (2). We emphasize again that (1) and (2) are independent of a special "driver" of the dynamics of $u_r(t)$ and $v_r(t)$, e.g. omitting in the Dirac equation the external field

A and allowing instead for a dynamical effective mass m(t), steered by the coupling to another background, one recovers the results of [31], albeit noted here in a different form.

APPENDIX B: SOFT PHOTONS

To study the soft photon limit one may split the time integral in Eq. (2) in the main text according to $\int_{-\infty}^{\infty} dt = \int_{-\infty}^{-t_m} dt + \int_{-t_m}^{t_m} dt + \int_{t_m}^{\infty} dt$, where t_m stands for

³We note the relations $H_I = H_{0,I} + H_{\text{int},I}$ with $H_{0,I} = \int d^3x \{ \bar{\Psi}_I [\gamma(-i\nabla - eA + m] \Psi_I + \frac{1}{2} [\dot{\mathcal{A}}_I^2 + (\nabla \times \mathcal{A}_I)^2] \}.$

a matching scale with the meaning that the background field *A* induces a noticeable dynamics of the fermion field only within $-t_m...t_m$, that is $\dot{A}(t \le t_m) = \dot{A}(t \ge t_m) = 0$. We set $A(t \le t_m) = 0$ and $A(t \ge t_m) = A_{\infty}$ and elaborate $\lim_{\omega \to 0} C_{rs\mu}$. Employing

$$u_{r}(t \leq -t_{m}, \boldsymbol{p}) = e^{-i\Omega(\boldsymbol{p})(t+t_{m})}u_{r}(\boldsymbol{p}),$$

$$v_{r}(t \leq -t_{m}, -\boldsymbol{p}) = e^{i\Omega(\boldsymbol{p})(t+t_{m})}v_{r}(-\boldsymbol{p}),$$

$$u_{r}(t \geq t_{m}, \boldsymbol{p}) = \alpha(t_{m}, \boldsymbol{p})e^{-i\Theta(t_{m}, \boldsymbol{p})}e^{-i\Omega(\boldsymbol{P}_{\infty})(t-t_{m})}u_{r}(\boldsymbol{P}_{\infty})$$

$$+\beta(t_{m}, \boldsymbol{p})e^{i\Theta(t_{m}, \boldsymbol{p})}e^{i\Omega(\boldsymbol{P}_{\infty})(t-t_{m})}v_{r}(-\boldsymbol{P}_{\infty}),$$

$$v_{r}(t \geq t_{m}, -\boldsymbol{p}) = -\beta^{*}(t_{m}, \boldsymbol{p})e^{-i\Theta(t_{m}, \boldsymbol{p})}e^{-i\Omega(\boldsymbol{P}_{\infty})(t-t_{m})}u_{r}(\boldsymbol{P}_{\infty})$$

$$+\alpha^{*}(t_{m}, \boldsymbol{p})e^{i\Theta(t_{m}, \boldsymbol{p})}e^{i\Omega(\boldsymbol{P}_{\infty})(t-t_{m})}v_{r}(-\boldsymbol{P}_{\infty})$$
(B1)

with $\Omega(\mathbf{p})^2 = m^2 + \mathbf{p}^2$, $\Theta(t, \mathbf{p}) = \int_{-t_m}^t dt' \Omega(\mathbf{p} - e\mathbf{A}(t'))$ and $\mathbf{P}_{\infty} = \mathbf{p} - e\mathbf{A}_{\infty}$ from a Bogoliubov transformation (see below) results in the leading-order term

$$\begin{split} \lim_{\omega \to 0} C_{rs\mu}(\boldsymbol{p}, \boldsymbol{k}) &= -i\alpha(t_m, \boldsymbol{p})\beta(t_m, \boldsymbol{p}) \left[\frac{\bar{v}_r(-\boldsymbol{P}_{\infty})\gamma_\mu v_s(-\boldsymbol{P}_{\infty})}{\omega + \frac{P_{\infty} \boldsymbol{k}}{\Omega(\boldsymbol{P}_{\infty})}} \right. \\ &\left. + \frac{\bar{u}_r(\boldsymbol{P}_{\infty})\gamma_\mu u_s(\boldsymbol{P}_{\infty})}{\omega - \frac{P_{\infty} \boldsymbol{k}}{\Omega(\boldsymbol{P}_{\infty})}} \right] + \mathcal{O}(\omega^0). \end{split} \tag{B2}$$

The relation (B2) shows that $\lim_{\omega\to 0} C \propto 1/\omega$ for a nonzero Bogoliubov coefficient $\beta(t_m, \mathbf{p})$, while $\lim_{\omega\to 0} C$ (labels and index suppressed) remains finite for $\beta(t_m, \mathbf{p}) = 0$ due to the $\mathcal{O}(\omega^0)$ term. As a consequence, in the former case $f_{\gamma} \propto 1/\omega^3$, while in the latter case $f_{\gamma} \propto 1/\omega$. $\beta(t_m, \mathbf{p}) \neq$ 0 implies an asymptotic pair density $N_{e^+e^-} \propto |\beta|^2$, that is a specific soft photon spectrum accompanying a nonzero residual pair number. In the terminology of [31], these contributions refer to bremsstrahlung terms. We emphasize here the mere use of well-defined *in-* and *out-states* and employ, correspondingly, a time-limited action of the background field.

In deriving (B1) and (B2), we use the Bogoliubov transformation to solve the Dirac equation. Introducing the Hamiltonian $h(\mathbf{p}) = \gamma^0(\mathbf{p}\boldsymbol{\gamma} + m)$ in first quantization and the canonical momentum $P(t) = \mathbf{p} - e\mathbf{A}(t)$ the governing equations for u_r and v_r read

$$\{i\partial_t - h(\boldsymbol{P}(t))\}u_r(t, \boldsymbol{p}) = 0,$$

$$\{i\partial_t - h(\boldsymbol{P}(t))\}v_r(t, -\boldsymbol{p}) = 0,$$
 (B3)

$$u_r(-t_m, \boldsymbol{p}) = u_r(\boldsymbol{p}), \qquad v_r(-t_m, -\boldsymbol{p}) = v_r(-\boldsymbol{p}).$$
 (B4)

We chose our initial condition at $t = -t_m$. Since A points along the z-direction, $A(t) = A(t)e_z$, we use an ansatz for $u_r(p)$ and $v_r(-p)$

$$u_r(\mathbf{p}) = \frac{\Omega(\mathbf{p}) + h(\mathbf{p})}{\sqrt{2\Omega(\mathbf{p})(\Omega(\mathbf{p}) - p_z)}} R_r,$$
$$v_r(-\mathbf{p}) = \frac{-\Omega(\mathbf{p}) + h(\mathbf{p})}{\sqrt{2\Omega(\mathbf{p})(\Omega(\mathbf{p}) + p_z)}} R_r,$$
(B5)

where R_r denote two spinors (r = 1, 2) that are eigenvectors of $\gamma^0 \gamma^3$ with the eigenvalue -1. With this ansatz, u_r and v_r are orthogonal and have the following convenient properties,

$$h(\boldsymbol{p})u_r(\boldsymbol{p}) = \Omega(\boldsymbol{p})u_r(\boldsymbol{p}),$$

$$h(\boldsymbol{p})v_r(-\boldsymbol{p}) = -\Omega(\boldsymbol{p})v_r(-\boldsymbol{p}),$$
 (B6)

$$\partial_t u_r(\boldsymbol{P}(t)) = \frac{eE(t)\epsilon_{\perp}}{2\Omega(\boldsymbol{P}(t))^2} v_r(-\boldsymbol{P}(t)),$$

$$\partial_t v_r(-\boldsymbol{P}(t)) = -\frac{eE(t)\epsilon_{\perp}}{2\Omega(\boldsymbol{P}(t))^2} u_r(\boldsymbol{P}(t)),$$
(B7)

with $E(t) = -\dot{A}(t)$ the electric field and $\epsilon_{\perp} = \sqrt{m^2 + p_x^2 + p_y^2}$ the transverse energy. With these base spinors, the full solutions $u_r(t, \mathbf{p})$ and $v_r(t, -\mathbf{p})$ are sought in the form

$$u_r(t, \boldsymbol{p}) = \alpha(t, \boldsymbol{p}) e^{-i\Theta(t, \boldsymbol{p})} u_r(\boldsymbol{P}(t)) + \beta(t, \boldsymbol{p}) e^{i\Theta(t, \boldsymbol{p})} v_r(-\boldsymbol{P}(t)),$$
(B8)

$$v_r(t, -\mathbf{p}) = -\beta^*(t, \mathbf{p}) e^{-i\Theta(t, \mathbf{p})} u_r(\mathbf{P}(t)) + \alpha^*(t, \mathbf{p}) e^{i\Theta(t, \mathbf{p})} v_r(-\mathbf{P}(t)),$$
(B9)

which directly lead to (B1). Plugging (B8), together with (B6) and (B7), into (B3) leads to the following coupled equations for α and β (the ansatz (B9) leads to the same equations):

$$\dot{\alpha}(t, \mathbf{p}) = \frac{eE(t)\epsilon_{\perp}}{2\Omega(\mathbf{P}(t))^2} e^{2i\Theta(t,\mathbf{p})}\beta(t, \mathbf{p}), \qquad (B10)$$

$$\dot{\beta}(t, \boldsymbol{p}) = -\frac{eE(t)\epsilon_{\perp}}{2\Omega(\boldsymbol{P}(t))^2} e^{-2i\Theta(t, \boldsymbol{p})} \alpha(t, \boldsymbol{p}), \quad (B11)$$

which are solved numerically. The initial conditions (B4) translate to $\alpha(t = -t_m, \mathbf{p}) = 1$ and $\beta(t = -t_m, \mathbf{p}) = 0$. The meaning of α and β comes from $N_{e^+e^-}(t \to \infty, \mathbf{p}) = 2|\beta(t \to \infty, \mathbf{p})|^2$, i.e. β determines directly the number of pairs created by the electric background field.

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