Gauge-independent scales related to the standard model vacuum instability

J. R. Espinosa, 1,2 M. Garny, 3 T. Konstandin, 4 and A. Riotto⁵

¹Institut de Física d'Altes Energies (IFAE), The Barcelona Institute of Science and Technology (BIST),

 2 ICREA, Passeig de Lluís Companys 23, 08010 Barcelona, Spain

³CERN Theory Department, CH-1211 Geneva, Switzerland

 5 Department of Theoretical Physics and Center for Astroparticle Physics (CAP),

24 quai E. Ansermet, CH-1211 Geneva 4, Switzerland

(Received 7 September 2016; published 6 March 2017)

The measured (central) values of the Higgs and top quark masses indicate that the standard model (SM) effective potential develops an instability at high field values. The scale of this instability, determined as the Higgs field value at which the potential drops below the electroweak minimum, is about 10^{11} GeV. However, such a scale is unphysical as it is not gauge invariant and suffers from a gauge-fixing uncertainty of up to 2 orders of magnitude. Subjecting our system, the SM, to several probes of the instability (adding higher order operators to the potential, letting the vacuum decay through critical bubbles, heating up the system to very high temperature, and inflating it) and asking in each case physical questions, we are able to provide several gauge-invariant scales related with the Higgs potential instability.

DOI: [10.1103/PhysRevD.95.056004](http://dx.doi.org/10.1103/PhysRevD.95.056004)

I. INTRODUCTION

After the LHC runs made so far, with the discovery of a light Higgs boson [\[1\]](#page-22-0) and no signal of additional new physics, we face the possibility that the standard model (SM) might describe physics up to very high energy scales, possibly up to the Planck scale. The value of the Higgs mass, measured with great precision by the LHC, which gives the combined value $M_h = 125.09 \pm 0.21$ (stat) \pm 0.11 (syst) GeV [\[2\]](#page-22-1), turns out to be of particular interest in this context. Large radiative corrections from the heavy top quark destabilize the Higgs potential at large field values making the electroweak (EW) vacuum metastable. For the current value (from the $LHC + Tevatron$ combination) $M_t = 173.34 \pm 0.27$ (stat) ± 0.71 (syst) GeV [\[3\]](#page-22-2) we most likely live in such an unstable vacuum [\[4\]](#page-22-3). Intriguingly, we seem to be rather close to the boundary of stability [\[4](#page-22-3)–9] and this translates into a very long lifetime (many orders of magnitude larger than the age of the Universe) against decay by quantum tunneling. One concludes that this metastability does not represent an inconsistency of the SM and cannot be used to argue in favor of new physics. The potential instability has also very interesting cosmological implications [10–[13\]](#page-22-4) and might have a deeper significance (for some attempts in that direction see [\[5,14,15\]](#page-22-5)).

The instability scale defined as the field value at which the Higgs potential gets lower than the EW vacuum is quite large, of order 10^{11} GeV for the central experimental values of M_h and M_t quoted above. However, this instability scale turns out to be a gauge-dependent quantity [the previous numerical value corresponds to the potential evaluated, at next-to-next-to-leading order, in Landau gauge [\[4,5\]\]](#page-22-3). Such gauge dependence issues [\[16\]](#page-22-6) have been well known since the early days of the effective potential [\[17\]](#page-22-7) but the problem has attracted some attention recently [18–[20\]](#page-22-8) in the wake of the Higgs discovery and the realization that we might be living in a metastable vacuum. The uncertainty in the instability scale due to this gauge dependence was estimated in [\[18\]](#page-22-8) to be potentially sizeable, of up to 2 orders of magnitude.

The goal of this paper is to address this issue by deriving physical gauge-independent scales associated to the instability scale (with varying degrees of how direct the connection is). Following previous discussions and to ease the comparison with earlier literature we use Fermi (or Lorentz) gauge, using the gauge-fixing parameter ξ to track the gauge dependence of our results. The gauge dependence of the effective potential (or more fundamentally of the effective action) is described by the so-called Nielsen identity, which we review in Sec. [II.](#page-1-0) After showing explicitly the gauge dependence of the instability scale in Fermi gauge in Sec. [III](#page-3-0) we then discuss several ways of extracting physical scales associated with the potential instability. This instability can be cured by heavy physics that affects the potential through nonrenormalizable operators, say $\lambda_6|H|^6/\Lambda^2$, where Λ is the mass scale characterizing the heavy physics. Even though the potential is a

Campus UAB, E-08193 Bellaterra, Barcelona, Spain ²

 4 DESY, Notkestraße 85, 22607 Hamburg, Germany

Published by the American Physical Society under the terms of the [Creative Commons Attribution 4.0 International](https://creativecommons.org/licenses/by/4.0/) license. Further distribution of this work must maintain attribution to the author(s) and the published article's title, journal citation, and DOI.

gauge-dependent object, the mass scale Λ required to stabilize the potential turns out to be gauge independent. We discuss this particular proposal (exploring also nonrenormalizable operators of higher orders) in Sec. [IV.](#page-4-0) We show how in this way the instability scale can be determined unambiguously and lies within 1 order of magnitude of the naive instability scale calculated in Landau gauge.

A different scale related to the instability can be obtained from the radius R_c of the critical bubble for vacuum decay. We discuss this in Sec. [V,](#page-8-0) giving a gauge-independent definition of this radius, including also gravity effects. The energy scale associated to this critical radius is the scale at which new physics can have a direct impact on the vacuum lifetime. In the case of the SM it is much heavier that the instability scale itself, being rather close to the Planck scale.

In Sec. [VI](#page-14-0) we also study the behavior of the unstable potential at very high temperatures and obtain a critical temperature at which there is a degeneracy between the EW minimum and the one at very high field values. This temperature, which can be proven to be gauge invariant, turns out to be too loosely related to the instability scale in the SM and not too illuminating.

Finally, in Sec. [VII](#page-15-0) we discuss how to probe the instability scale via inflation, which causes fluctuations in the Higgs field proportional to the Hubble rate H_I and makes it probe the unstable region if H_I is large (comparable to the instability scale). We prove that the probability of finding the Higgs in a certain field range, after a given number of *e*-folds of inflation, is a gauge-invariant quantity. Then we discuss how to extract a value for the Hubble rate that reflects closely the scale of the potential instability with the advantage of being a gauge-invariant quantity.

After drawing some conclusions, we collect some technical details and results in several appendixes. In Appendix [A](#page-18-0) we calculate the renormalization group (RG) equations for the Wilson coefficients of higher order operators added to the effective potential. In Appendix [B](#page-18-1) we derive the ξ -dependence of the different functions that appear in the effective action (and the energy-momentum tensor derived from it) when using a derivative expansion, up to $\mathcal{O}(\partial^4)$. In Appendix [C](#page-20-0) we discuss the validity of the Nielsen identity at finite temperature, deriving explicit results for the SM at one loop.

II. THE NIELSEN IDENTITIES

The dependence of the Higgs effective potential on the gauge-fixing parameters ξ derives from the gauge dependence of the effective action S itself. Nevertheless, the potential and the effective action are very useful and it is possible to extract from them physical quantities that are gauge independent.

The Nielsen identity $[21-23]$ $[21-23]$ describes the ξ -dependence of the effective action and plays a central role in discussing how to obtain gauge-independent quantities. For cases with a Higgs background only, the identity reads

$$
\xi \frac{\partial}{\partial \xi} S[h(x), \xi] = -\int d^4 y K[h(y)] \frac{\delta S}{\delta h(y)}, \qquad (1)
$$

where $K[h(y)]$ is a known functional of h, given in [\[21\]](#page-22-9). According to this identity, the effective action evaluated on a solution of the equation of motion (EoM) for h (that is, $\delta S/\delta h = 0$) is ξ independent. A particular instance of this general result is the ξ -independence of the values of the effective potential at its extrema, a well-known result.

If one writes the effective action in a derivative expansion

$$
S[h] = \int d^4x \left[-V(h) + \frac{1}{2}Z(h)(\partial_\mu h)^2 + \mathcal{O}(\partial^4) \right], \quad (2)
$$

a series of Nielsen identities for the coefficient functions in this expansion can be derived from the identity in Eq. [\(1\)](#page-1-1). We show this explicitly, up to fourth order in the expansion, in Appendix [B.](#page-18-1) At the lowest order in this derivative expansion, i.e., for constant field configurations, one finds a Nielsen identity for the effective potential,

$$
\xi \frac{\partial V}{\partial \xi} + C(h)V' = 0,\tag{3}
$$

where $C(h)$ is the value of $K[h]$ for constant h. As anticipated above, this identity implies the ξ -independence of the values of the potential at the extremal points. The identity [\(3\)](#page-1-2) can be rewritten as

$$
\xi \frac{dV}{d\xi} = \xi \frac{\partial V}{\partial \xi} + \frac{\partial V}{\partial h} \xi \frac{\partial h}{\partial \xi} = 0, \tag{4}
$$

showing that the explicit ξ-dependence of the effective potential can be compensated by an implicit ξ -dependence of the field as

$$
\xi \frac{dh}{d\xi} = C(h). \tag{5}
$$

A change in ξ is therefore equivalent to the field redefi-nition [\(5\).](#page-1-3) This way of looking at the effect of a change in ξ makes it obvious that the values of the potential at the extremal points are gauge independent.

Next, we derive Nielsen identities for the equation of motion and for the energy-momentum tensor $T^{\mu\nu}$ that allow us to understand the ξ -dependence of the solutions of the EoM and prove the ξ -independence of $T^{\mu\nu}$, both of which are needed for later discussions. We begin with the Nielsen identity for the effective action given in Eq. [\(1\)](#page-1-1). To derive a Nielsen identity for the equation of motion, we take a functional derivative with respect to $h(x)$, getting

GAUGE-INDEPENDENT SCALES RELATED TO THE … PHYSICAL REVIEW D 95, 056004 (2017)

$$
\xi \frac{\partial}{\partial \xi} \frac{\delta S}{\delta h(x)} + \int d^4 y \left(\frac{\delta^2 S}{\delta h(y) \delta h(x)} K[h(y)] + \frac{\delta S}{\delta h(y)} \frac{\delta K[h(y)]}{\delta h(x)} \right) = 0.
$$
\n(6)

Evaluating the effective action for a field $\bar{h}(x,\xi)$ that solves the EoM, $\delta S/\delta h = 0$, the last term in the equation above drops, while the first two terms can be combined into a total derivative,

$$
\xi \frac{d}{d\xi} \frac{\delta S[\bar{h}, \xi]}{\delta h(x)} = 0,\tag{7}
$$

provided \bar{h} fulfils

$$
\xi \frac{d}{d\xi} \bar{h}(x,\xi) = K[\bar{h}(x)]. \tag{8}
$$

As the total derivative [\(7\)](#page-2-0) is 0, this in fact shows that the solution of the EoM for $\xi + d\xi$ is $\bar{h} + K[\bar{h}]d \log \xi$. In other words, the solution $\bar{h}(x, \xi)$ of [\(8\)](#page-2-1) describes how a solution of the EoM changes when varying the gauge parameter ξ ¹

Let us next discuss the ξ -independence of the energymomentum tensor, which is defined through the variation of the action under changes of the metric tensor, as

$$
T^{\mu\nu}(x) = -\frac{2}{\sqrt{-g}} \frac{\delta S}{\delta g_{\mu\nu}(x)},\tag{9}
$$

where q is the determinant of the metric. We are ultimately interested in a flat background, but keep the metric explicit in order to derive the energy-momentum tensor. In order to derive a Nielsen identity for the energy-momentum tensor we take a derivative of [\(1\)](#page-1-1) with respect to $g_{\mu\nu}(x)$,

$$
\xi \frac{\partial}{\partial \xi} T^{\mu\nu}(x) - \frac{2}{\sqrt{-g(x)}} \int d^4 y \left(\frac{\delta S}{\delta h(y) \delta g_{\mu\nu}(x)} K[h(y)] + \frac{\delta S}{\delta h(y)} \frac{\delta K[h(y)]}{\delta g_{\mu\nu}(x)} \right) = 0.
$$
\n(10)

When evaluated for $\bar{h}(x, \xi)$, a solution of the EoM, the first two terms can again be combined into a total derivative, while the last term vanishes, and we get

$$
\xi \frac{d}{d\xi} T^{\mu\nu}(x)|_{h=\bar{h}(x,\xi)} = 0. \tag{11}
$$

This means that the explicit gauge parameter dependence is precisely compensated by the change of the field value when varying ξ. Therefore, the total ξ-dependence vanishes, such that on shell the energy-momentum tensor is gauge-fixing independent.

For the particular case in which we are interested, the SM in Fermi gauge, we have in fact two ξ parameters appearing in the EW gauge-fixing Lagrangian,

$$
\mathcal{L}_{gf} = -\frac{1}{2\xi_B} (\partial^\mu B_\mu)^2 - \frac{1}{2\xi_W} (\partial^\mu W_\mu^a)^2, \tag{12}
$$

and the effective potential depends on both of them. We have a Nielsen identity for each, with

$$
\xi_i \frac{\partial V}{\partial \xi_i} + C_i(h)V' = 0,\tag{13}
$$

for $\xi_i = \xi_B$, ξ_W , with the $C_i(h)$ functions given by

$$
C_B(h) = \frac{ig'}{2} \int d^4y \langle c(x) \chi^0(x) \bar{c}(y) \partial_\mu B^\mu(y) \rangle, \quad (14)
$$

$$
C_W(h) = \frac{ig}{2} \int d^4 y \langle c_a(x) \chi_a(x) \bar{c}_b(y) \partial_\mu W_b^\mu(y) \rangle, \quad (15)
$$

where c, \bar{c} (c_a, \bar{c}_a) are the $U(1)_Y$ [SU $(2)_L$] ghost fields and χ_a the Goldstone boson fields while B_μ and W_μ^a are the $U(1)_Y$ and $SU(2)_L$ gauge bosons, respectively, and h is a constant background.

Let us write the tree-level potential as

$$
V_0(h) = -\frac{1}{2}m^2h^2 + \frac{1}{4}\lambda h^4.
$$
 (16)

The renormalized one-loop potential (in $\overline{\text{MS}}$ scheme) is obtained as [\[24\]](#page-22-10)

$$
V_1(\phi) = \sum_{\alpha} N_{\alpha} J_{\alpha}^0(M_{\alpha}^2) = \frac{\kappa}{4} \sum_{\alpha} N_{\alpha} M_{\alpha}^4 \left[\log \frac{M_{\alpha}^2}{\mu^2} - C_{\alpha} \right],\tag{17}
$$

where $\kappa = 1/(16\pi^2)$, μ is the renormalization scale and the index α runs over different particle species, with N_a degrees of freedom (taken as negative for fermions). The squared masses M_{α}^2 are the corresponding masses in an h background. The main contributions to the potential come from

¹It is worth noting that the value of the action for any field configuration, even off shell, is invariant under the combined ξ and field change implied by (8) , as is evident from Eq. (1) .

This requires that the Nielsen identity not only holds in flat Minkowski space but for an arbitrary background metric (at least in the neighborhood of flat space). Such generalized Nielsen identity can be obtained by writing all terms in a general coordinate invariant form. Gauge fixing of gravity is not required for a nondynamical background metric, which is all we need here to define the energy-momentum tensor. The usual proof of the Nielsen identity is then directly carried over to the nonflat case. To calculate explicitly $K[h, g]$ is nevertheless much more cumbersome.

top quarks:
$$
N_t = -12
$$
, $M_t^2 = \frac{1}{2}y_t^2h^2$,
\n W^{\pm} bosons: $N_W = 6$, $M_W^2 = \frac{1}{4}g^2h^2$,
\n Z^0 bosons: $N_Z = 3$, $M_Z^2 = \frac{1}{4}(g^2 + g^2)h^2$,
\nHiggs bosons: $N_h = 1$, $M_h^2 = -m^2 + 3\lambda h^2$,
\nneutral Goldstone bosons: $N_{B_{\pm}} = 1$, $M_{B_{\pm}}^2 = \frac{1}{2}[M_G^2 \pm \sqrt{M_G^4 - 4(\xi_W M_W^2 + \xi_B M_B^2)M_G^2}]$,
\ncharged Goldstone bosons: $N_{A_{\pm}} = 2$, $M_{A_{\pm}}^2 = \frac{1}{2}(M_G^2 \pm \sqrt{M_G^4 - 4\xi_W M_G^2 M_W^2})$,

where we use the auxiliary squared masses

$$
M_B^2 = \frac{1}{4}g'^2h^2, \qquad M_G^2 = \frac{1}{h}\frac{\partial V_0}{\partial h} = -m^2 + \lambda h^2. \tag{19}
$$

Finally, the C_{α} s are constants: $C_{\alpha} = 3/2$ for scalars and fermions and $C_a = 5/6$ for gauge bosons.

Fermi gauge is afflicted by infrared divergences beyond those generic in all gauges (with massless Goldstone bosons) that remain even after the resummation cure that fixes the latter [\[25,26\]](#page-22-11). For a discussion of this issue (more precisely an IR divergence in the first derivative of the effective potential) and its solution(s), see [\[27\]](#page-22-12). In order to avoid this complication we use a Fukuda-Kugo IR regulator μ_{IR} as described in Sec. IVB of [\[27\].](#page-22-12) In this case one needs to add to the potential also ghost contributions with $N_{c_Z} = -2$, $N_{c_W} = -4$, $M_{c_Z}^2 = \mu_{\text{IR}} M_Z$, $M_{c_W}^2 = \mu_{\text{IR}} M_W$, $C_{c_i} = 3/2$. We checked that none of our results depends on the choice of μ_{IR} .

The functions $C_{B,W}(h)$ that enter in the Nielsen identity in Eq. [\(3\),](#page-1-2) calculated at one loop, are

$$
C_B^{(1)}(h) = \frac{\xi_B}{8} g^2 h \left[\frac{I_{B_+}^0 - I_{B_-}^0}{M_{B_+}^2 - M_{B_-}^2} \right],
$$
 (20)

$$
C_W^{(1)}(h) = \frac{\xi_W}{8} g^2 h \left[\frac{I_{B_+}^0 - I_{B_-}^0}{M_{B_+}^2 - M_{B_-}^2} + 2 \frac{I_{A_+}^0 - I_{A_-}^0}{M_{A_+}^2 - M_{A_-}^2} \right],
$$
 (21)

with

$$
I_{\alpha}^{0}(M_{\alpha}^{2}) \equiv 2 \frac{\partial}{\partial M_{\alpha}^{2}} J_{\alpha}^{0}(M_{\alpha}^{2}) = \kappa M_{\alpha}^{2} \left(\log \frac{M_{\alpha}^{2}}{\mu^{2}} - C_{\alpha} + \frac{1}{2} \right). \tag{22}
$$

With the previous expressions it is straightforward to check that the one-loop Nielsen identities

$$
\xi_i \frac{\partial V_1(h)}{\partial \xi_i} + C_i^{(1)} \frac{\partial V_0(h)}{\partial h} = 0 \tag{23}
$$

are indeed fulfilled. For the numerical analyses in the following sections we set $\xi_B = \xi_W = \xi$ at the EW scale (more precisely at $\mu = M_t$) as was done in [\[18\],](#page-22-8) and discuss the dependence of different quantities with ξ .

III. GAUGE DEPENDENCE OF THE INSTABILITY SCALE

As discussed in the introduction, for the measured values of the Higgs and top quark masses, the standard model develops an instability at high field values. One can take as the scale of the instability the field value h_I at which the effective potential drops below the value of the electroweak minimum. Given the order of magnitude of the scales involved this corresponds in practice to $V(h_I) = 0$, with $h_I \approx 10^{11}$ GeV for the central values of M_h and M_t . It is well known that h_I is not a gauge-independent quantity and it was calculated recently, using Fermi and R_{ξ} gauges [\[18\]](#page-22-8), that the gauge dependence leads to an uncertainty of up to 2 orders of magnitude in h_I (if one takes extreme values $\xi \sim 300$, at the limit of validity of the perturbative regime). For illustration, the gauge dependence of h_I in Fermi gauge is shown in Fig. [1.](#page-3-1) The black solid line corresponds to the result extracted from the one-loop RG improved effective

FIG. 1. Gauge dependence of several quantities normalized to their value for $\xi = 0$. Black lines give the scale $h_1(\xi)$ at which the effective potential drops below the value of the electroweak minimum taking into account the running of the gauge-fixing parameters (solid) or keeping them fixed (dashed). For comparison, we also show the value of the effective potential at the maximum, $V_{\text{max}}^{1/4}$, with or without resummation of IR divergences, as indicated.

potential, taking into account also the running of the gauge-fixing parameters. It turns out that even when fixing $\xi_B = \xi_W = \xi$ to large values at the EW scale, the running significantly reduces their value in the UV [\[18\]](#page-22-8) reducing the impact of gauge dependence. This is illustrated by the black dashed line, for which the running of the gaugefixing parameters has been neglected. These two lines reproduce the results of [\[18\].](#page-22-8)

One might ask whether the gauge dependence, especially for very large values of ξ , signals a poor perturbative description rather than the expected gauge dependence of h_I . To address this question we also show the value of the potential evaluated at the maximum in Fig. [1](#page-3-1), which is a gauge-independent quantity. Its residual gauge dependence due to the perturbative computation of the potential is indeed small (blue dotted line). This dependence is further reduced to the few % level for the effective potential with IR resummed Goldstone mass parameter [\[25,26\]](#page-22-11) (orange dot-dashed line) in agreement with expectations [\[27\]](#page-22-12). In addition, we checked that the gauge dependence of h_I agrees, at the same level of accuracy, with the one expected from the Nielsen identity, obtained by solving the differential equation Eq. [\(8\).](#page-2-1) Note that the gauge dependence of h_I in R_ξ gauges is of similar magnitude, but goes in the opposite direction [\[18\],](#page-22-8) such that the value of h_I varies over a large range.

One pragmatic attitude concerning the gauge dependence of h_I is simply to ignore the problem altogether: an order of magnitude estimate of the instability scale, especially when it is so high, might be good enough and the Landau gauge calculation should give a quite reasonable estimate of that scale (why would one take such large values of the gauge-fixing parameter as $\xi \sim 300$?). Moreover, the same problem affects the vacuum expectation value of the Higgs boson in the electroweak vacuum. That is, the usual $v_{EW} = 246 \text{ GeV}$ is also a gaugedependent quantity. However, as long as one calculates physical quantities the gauge dependence should drop out. Residual gauge dependence might still be left over from truncating perturbative expansions, in which case taking large values of the gauge-fixing parameters would be ill advised. Nevertheless, as a point of principle, it is interesting to think of what physical scales are there that can be associated to the presence of the instability of the potential. We discuss several possibilities in the following sections.

IV. STABILIZATION BY IRRELEVANT OPERATORS

In this section we explore one physical scale, independent of the gauge-fixing parameter, that reflects in a very clean way the underlying instability scale in the SM effective potential. The basic idea is to probe the behavior of the theory at high field values by adding a fictitious higher-dimensional operator to the Higgs potential,

characterized by a suppression scale Λ ³. At tree level the potential is

$$
V_0(h) = -\frac{1}{2}m^2h^2 + \frac{\lambda}{4}h^4 + c_n \frac{h^n}{2^{n/2}\Lambda^{n-4}},\qquad(24)
$$

and we consider only even powers of *n*, with $n \geq 6$, as the nonrenormalizable operator should arise from powers of $(H^{\dagger}H)$.

After including radiative corrections the SM part of the potential develops the instability at some scale [at leading order this is captured by $\lambda(h)$ turning negative] but, for positive c_n , the new term stabilizes the effective potential at even larger field values. By varying Λ (keeping c_n fixed) it is possible to find a critical value of Λ_c for which the highscale minimum at h_c [$V'(h_c, \xi; \Lambda_c) = 0$] and the EW minimum at v_{EW} are degenerate,

$$
V(h_c, \xi; \Lambda_c) = V(v_{\text{EW}}, \xi; \Lambda_c) \approx 0. \tag{25}
$$

Since the shape of the effective potential depends on the particular value of the gauge-fixing parameter ξ (as indicated) one might expect that the critical value Λ_c required to fulfil the conditions above would also be ξ dependent. Interestingly this is not the case and Λ_c is a gauge-independent scale. This follows from the fact that the value of the potential at an extremal point is independent of ξ. The argument is illustrated by Fig. [2:](#page-5-0) a change in ξ affects the unstable potential $V(h, \xi)$ shown in the upper left panel as a field redefinition and $V(h, \xi + \Delta \xi)$ is shown in green in the upper right corner. The lower left panel shows instead the effect of adding to the original potential a nonrenormalizable term adjusted to the critical value $V(h, \xi; \Lambda_c)$, such that the potential has two degenerate minima. It is then obvious that the ξ transformation of this potential, $V(h, \xi + \Delta \xi; \Lambda_c)$, still has two degenerate minima and therefore Λ_c is also the critical scale for the potential $V(h, \xi + \Delta \xi)$ and one concludes that Λ_c is ξ independent. On the other hand, the field value h_c at which the high-scale minima appear does depend on the gauge fixing. This suggests the use of Λ_c instead of h_I as a physical measure of the instability scale.

We describe below how to implement this idea in practice. The effect of the higher-dimensional operator in the one-loop effective potential is straightforward to take into account, simply using the modified Higgs and Goldstone field-dependent squared masses

³Generically, if there is really new physics at the scale Λ the use of an effective theory to study the impact of the heavy physics on the instability scale (as in [\[28\]](#page-22-13)) can be problematic and requires a wide separation between the two scales; see [\[29\]](#page-22-14) for a discussion of this point. See also [\[30\]](#page-22-15) for a recent analysis (based on functional RG methods) of the potential instability in the presence of higher-dimensional operators.

FIG. 2. Illustration of the ξ-independence of the scale Λ_c defined in the text. Upper left panel: $V(h, \xi)$. Upper right panel: $V(h, \xi + \Delta \xi)$ in green, shows the rescaling effect of changing $\xi \to \xi + \Delta \xi$. Lower left panel: $V(h, \xi; \Lambda_c)$ shows the effect of the nonrenormalizable term suppressed by Λ_c that gives two degenerate minima. Lower right panel: shows in green the effect of ξ change on previous potential. The degenerate minima stay degenerate.

$$
M_H^2(h) = V_0''(h) = -m^2 + 3\lambda h^2 + \frac{n(n-1)c_n h^{n-2}}{2^{n/2} \Lambda^{n-4}},
$$

$$
M_G^2(h) = \frac{1}{h} V_0'(h) = -m^2 + \lambda h^2 + \frac{n c_n h^{n-2}}{2^{n/2} \Lambda^{n-4}},
$$
 (26)

where primes denote h-derivatives. In addition, we take into account IR resummation of the Goldstone mass, as discussed in [\[27\],](#page-22-12) to minimize residual gauge dependences. At the order we work, this amounts to adding to M_G^2 the one-loop Goldstone self-energy Π_q given by

$$
\frac{1}{\kappa} \Pi_g = \frac{dM_H^2}{dh^2} M_H^2 (L_H - 1) - 6y_t^2 M_t^2 (L_t - 1) \n+ \frac{3}{2} g^2 M_W^2 \left(L_W - \frac{1}{3} \right) + \frac{3}{4} (g^2 + g'^2) M_Z^2 \left(L_Z - \frac{1}{3} \right),
$$
\n(27)

where $L_X = \log(M_X^2/\mu^2)$.

The RG improved effective potential resums large logarithms between the electroweak and high-scale minima in the usual way (see e.g. [\[4\]](#page-22-3)). For our purpose it is enough to use the one-loop potential (with IR resummed Goldstone mass) with SM parameters running at two loops (the renormalization group equations in Fermi gauge can be found in [\[18\]\)](#page-22-8) while we treat the effect of the nonrenormalizable operator at leading order, with c_n running at one loop. The one-loop beta function for c_n , $\beta_{c_n} \equiv dc_n/d \log \mu$, neglecting corrections of order $m^2/\Lambda^2 \ll 1$, is given by (see Appendix [A\)](#page-18-0)

$$
\beta_{c_n} = 3\kappa \left(n\lambda + y_t^2 - \frac{g'^2}{4} - \frac{3g^2}{4} \right) nc_n + \frac{\kappa}{8} \sum_{m=6}^{n-2} m p(n, m) [mp(n, m) + n] c_m c_{p(n, m)},
$$
(28)

where $p(n, m) \equiv n + 4 - m$. Once we introduce the higher order operator in the SM potential the theory is not renormalizable and further operators of even higher order are generated radiatively. This is reflected in the RG equation above, through the $c_m c_{p(n,m)}$ terms. We impose the boundary condition $c_n(\Lambda) = 1$, $c_{m\neq n}(\Lambda) = 0$. Close to the scale Λ the operator h^n dominates and we can safely neglect the rest for our analysis.

FIG. 3. Renormalization group improved (and IR resummed) effective potential $V(h, \xi)$ normalized to h^4 for the SM in Fermi gauge. The different curves in each panel show the dependence on the gauge-fixing parameter $\xi = 0, 2, 4, 8, \ldots, 256$. The four panels correspond to different choices of the scale Λ of the dimension-six operator $\propto h^6/\Lambda^2$, as indicated.

The nonrenormalizable couplings are completely irrelevant at the electroweak scale. For the renormalizable couplings we impose boundary conditions at the electroweak scale, more precisely at $\mu_0 \equiv M_t = 173.34 \text{ GeV}$, using the best-fit values given in [\[5\].](#page-22-5) We first consider the lowest choice $n = 6$, and then discuss what happens for higher n.

A closeup of the instability region of the RG improved effective potential for $n = 6$ is shown in Fig. [3](#page-6-0). The upper left plot corresponds to the standard model (without higher-dimensional operators, i.e., $\Lambda \rightarrow \infty$) for several values of ξ from 0 to 256. We see that the scale h_I [at which $V(h_I) = 0$] is indeed ξ dependent. In the other plots we added to the potential the $c_6h^6/(8\Lambda^2)$ operator, with $c_6(\Lambda) = 1$. For $\Lambda = 5 \times 10^{12}$ GeV (upper right plot), the value of the potential at the high-scale minimum is negative, i.e. deeper than the electroweak minimum. For $\Lambda = 10^{12}$ GeV the potential is positive at the high-scale minimum, such that the electroweak vacuum becomes the absolute minimum. For $\Lambda = \Lambda_c = 2.4 \times 10^{12}$ GeV both minima are exactly degenerate (lower left plot). It is apparent that this degeneracy occurs for all values of ξ at the same value of Λ_c , as discussed above.⁴ On the other hand, the field value h_c at which the minimum occurs does depend on ξ, as expected.

In Fig. [4](#page-7-0) we compare the critical scale Λ_c obtained for $n = 6$ with the instability scale h_I at which $V = 0$, comparing directly with the results in [\[18\],](#page-22-8) reproduced by the black lines. Even when varying the gauge-fixing parameter over a large range, $\xi = (0, 250)$, we find that the Λ_c scale determined from the RG improved one-loop potential is stable at the level of 6%, with the residual gauge dependence due to the perturbative truncation of the potential. This is to be contrasted with the gauge dependence of the instability scale defined via the field value, which varies by half an order of magnitude over the same range of ξ . Let us also mention that we checked that (i) the effect of the running of the $c_{m>6}$ higher-dimensional

⁴The value of the potential at the minimum is gauge invariant for any value of Λ. The apparent gauge dependence in the upper and lower right plots is due to the fact that the minimum of the ratio $V/h⁴$ shown in the plots is offset from the true minimum of V for $V \neq 0$.

FIG. 4. Gauge (in)dependence of the instability scale of the standard model, as a function of the gauge-fixing parameter ξ . The black lines reproduce the results from [\[18\],](#page-22-8) and correspond to the field value h_I for which $V(h_I) = 0$ (the dashed line is obtained if the running of ξ is neglected). The red line shows the critical value Λ_c of a dimension-six operator that stabilizes the SM potential giving a large scale minimum degenerate with the EW one. The residual ξ -dependence of Λ_c is ~6% within the range shown.

operators generated by the running even when only c_6 is present at the scale Λ, is minor, affecting Λ_c by less than 2%. (ii) The value of Λ_c is also stable at the percent level when varying (by a factor 2 up or down) the renormalization scale used to resum large logarithms.

There is freedom to choose the dimension n of the nonrenormalizable operator we use to extract the scale Λ_c . In Fig. [5](#page-7-1) we show the critical value Λ_c obtained for various choices of $n = 6, 8, \dots$ For large *n* the critical value

FIG. 5. Critical scale Λ_c of a h^n/Λ^{n-4} operator that stabilizes the SM potential giving a large scale minimum degenerate with the EW one, for various values of *n*. The residual ξ -dependence for $\xi \in (0, 250)$ is below the 10% level for all *n*. For large *n* the critical scale approaches $\Lambda_I \simeq 10^{11}$ GeV.

asymptotes to $\Lambda_I \simeq 10^{11}$ GeV. The reason is that in this limit the effect of the higher-dimensional operator can be considered almost as a step function. Therefore, one may identify the asymptotic large-*n* value that we call Λ_I as the physical scale beyond which the electroweak vacuum becomes unstable. Irrespective of the precise physical interpretation of this scale, it is important that it can be determined in an unambiguous way, independent of the gauge fixing. It is interesting to note that Λ_I is actually rather close to the naive instability scale h_I obtained in Landau gauge by demanding $V(h_I) = 0$. As we show below this is not a coincidence but depends on some of the assumptions we have made, in particular for the scaling of c_n with *n*.

Let us approximate the potential in the instability region as

$$
V(h,\Lambda) \simeq \frac{1}{4}\lambda(h)h^4 + c_n \frac{h^n}{2^{n/2}\Lambda^{n-4}},
$$
 (29)

where the bulk of the radiative corrections to the potential is captured in the running quartic $\lambda(h)$ (that includes also finite one-loop contributions), evaluated at the renormalization scale $\mu = h$. This approximation is sufficient to determine the leading scaling of Λ_c and its limiting value Λ _I with different parameters. In particular this approximation ignores the ξ-dependence of the radiatively corrected potential, but this is not an issue once we have a general argument for the ξ -independence of Λ_c . From the conditions $V(h_c, \Lambda_c) = 0$ and $V'(h_c, \Lambda_c) = 0$ we get

$$
\lambda(h_c) \simeq \frac{\beta_\lambda(h_c)}{n-4}, \qquad \Lambda_c \simeq h_c \left[\frac{-4nc_n}{2^{n/2}\beta_\lambda(h_c)} \right]^{1/(n-4)}.
$$
 (30)

Taking the large-n limit we see that $\lambda(h_c) \rightarrow 0$, so that $h_c \rightarrow h_l$, the point at which the quartic coupling crosses 0: $\lambda(h_I) = 0$. To take the large-n limit of Λ_c , which determines Λ_I , we need to specify how c_n scales with *n*. The generic expectation, based on simple \hbar power counting, is that at tree level $c_n \sim g^{n-2}$ where g represents a generic coupling between the Higgs field and the physics at the scale Λ . With this *n* dependence included we get the limit

$$
\Lambda_I \simeq \frac{g}{\sqrt{2}} h_I. \tag{31}
$$

In the numerical analysis of Fig. [5](#page-7-1) we simply took $q = 1$ but in general one does expect some dependence on the coupling strength g. After all, in order for the new physics represented by the nonrenormalizable operator to stabilize the potential, the coupling strength of that new physics to the Higgs field should matter.⁵ Up to that unavoidable

⁵In fact, how the scale of new physics (able to stabilize the potential) could vary, depending on the coupling strength, has been analyzed before, using particular models; see [\[31\].](#page-22-16)

model dependence we are nevertheless able to extract a gauge-independent scale to be very closely associated with the scale of instability of the SM potential.

In this context, it is interesting to known what is the highest scale where some (perturbative) new physics has to appear if one demands absolute vacuum stability. The highest scale is obtained for the lowest order $n = 6$, and we take $c_6 \sim g^4$ in accordance with the expected scaling with the coupling strength to the new physics [the validity of the effective description requires $q \geq \mathcal{O}(1)$, so as to keep sufficiently separate Λ and the potential minimum]. For the central value of the SM parameters one obtains (see Fig. [3\)](#page-6-0) $\Lambda_c \lesssim 2.4 \times 10^{12}$ GeV $\times g^2 \lesssim 3.8 \times 10^{14}$ GeV, where we assumed $g < 4\pi$ to get this rough estimate of the largest possible scale where new physics has to appear to ensure absolute vacuum stability.⁶

V. GAUGE INVARIANCE AND THE TUNNELING CRITICAL BUBBLE

In quantum field theory, false vacuum decay proceeds by the nucleation of bubbles that probe the lower-energy phase, are large enough to grow (with the bulk energy gain overcoming the surface tension), and eventually engulf the whole of space [\[33\]](#page-22-17). The tunneling probability density (which determines the false vacuum lifetime) actually measures how likely it is to nucleate such bubbles per unit time and unit volume.

This decay rate Γ is calculated by first finding the so-called bounce solution h_b to the Euclidean EoM [\[34\]](#page-22-18). This solution is $O(4)$ spherically symmetric, $h_b(\rho)$, with $\rho^2 = t_E^2 + r^2$, where t_E is Euclidean time and $r^2 = \vec{x}^2$. It has boundary conditions $h_b = v_f$ at $t_E \to \pm \infty$ (where v_f is the expectation value of the field in the false vacuum) and a turning point (assigned without loss of generality to $t_E = 0$) with $\partial h_b/\partial t_E = 0$ for all \vec{x} . The decay rate scales as $\Gamma \sim e^{-S_4}$, where S_4 is the Euclidean action for this bounce solution, $S_4 = S_E[h_b]$ (see e.g. [\[35\]](#page-22-19) for a nice introduction). The gauge independence of S_4 and Γ has been discussed in the literature before [\[36](#page-22-20)–38] and follows the usual pattern: the explicit ξ-dependence that appears in the effective action, described by the Nielsen identity (now for the Euclidean action),

$$
\xi \frac{\partial S_E}{\partial \xi} + \int d^4x K_E[h(x)] \frac{\delta S_E}{\delta h} = 0, \tag{32}
$$

is compensated by an implicit dependence on ξ of the solutions of the EoM/bounce equation, given by

$$
\xi \frac{dh_b}{d\xi} = K_E[h_b],\tag{33}
$$

and leading to

$$
\frac{dS_4}{d\xi} = 0.\t(34)
$$

Here, rather than on S_4 , we are interested in the radius of the critical bubble, which provides another physical scale associated to the potential instability. The critical bubble, the most likely bubble profile for vacuum decay, corresponds to the bounce solution evaluated at $t_E = 0$, $h_B(r) \equiv h_b(\sqrt{0^2 + r^2})$. It is an $O(3)$ spherically symmetric bubble configuration with zero total energy (as the tunneling process must conserve energy). In fact, the analytic continuation of the Euclidean bounce to Minkowski spacetime (with $\rho^2 = t_E^2 + r^2 \to -t^2 + r^2$, where $r^2 = \vec{x}^2$ is the square of the distance to the bubble center) gives the real time evolution of the nucleated bubble (see [\[39\]](#page-22-21) for details). The field profile, $h_B(r)$, could be used to define the radius R_c of the critical bubble, e.g. as the radius at which the field is halfway between the false vacuum value at infinity and its value at the center of the bubble, $h_B(R_c) = [h_B(0) - v_f]/2$. However, it is clear that such a definition leads to a ξ -dependent R_c as the bounce solution depends on ξ in a nontrivial way, according
to Eq. (33)⁷ to Eq. [\(33\).](#page-8-1)

A ξ-independent critical radius can be defined if, instead of using the field bubble profile, one uses the energy density profile. Let us show how this works using a derivative expansion approximation for the effective action, although it is clear that the general derivation does not rely on such expansion.

Let us assume then that the derivative expansion of the effective action converges and gives a sufficiently good approximation at second order in derivatives. The Euclidean effective action for the $O(4)$ symmetric bounce $h_b(\rho)$ reads

$$
S_E = 2\pi^2 \int_0^\infty d\rho \rho^3 \left[\frac{1}{2} Z(h_b) (\partial_\rho h_b)^2 + V(h_b) - V_f \right], \quad (35)
$$

where $V_f = V(v_f)$ is the potential value in the false vacuum. The bounce solution $h_b(\rho)$ satisfies the Euclidean EoM

$$
Z(h_b)\Box_E h_b + \frac{1}{2}Z'(h_b)(\partial_\rho h_b)^2 = V'(h_b), \qquad (36)
$$

⁶The presence of the dimension-5 (Weinberg) operator with a similar suppression scale would not spoil this upper bound. As is well known [\[32\],](#page-22-22) heavy Majorana neutrinos tend to make the potential more unstable and therefore call for even lower values of Λ_c .

⁷In practice, the ξ -dependence of the critical radius defined in this way might be small in the SM case, given that $C(h) \propto h$ up to small logarithmic effects [see Eqs. [\(20\)](#page-3-2) and [\(21\)\]](#page-3-3). However, we give a definition of the critical radius that is ξ independent from first principles.

ESPINOSA, GARNY, KONSTANDIN, and RIOTTO PHYSICAL REVIEW D 95, 056004 (2017)

with $\Box_E h_b \equiv \partial_{\rho}(\rho^3 \partial_{\rho} h_b)/\rho^3$ and depends on ξ because both Z and V are gauge-dependent objects. Their gauge dependence is described by the corresponding Nielsen identities that are obtained by expanding the functional $K_F[h(x)]$ of Eq. [\(32\)](#page-8-2) in gradients⁸

$$
K_E[h(x)] = C(h) + D(h)(\partial_\mu h \partial^\mu h) + \tilde{D}(h)(\partial_\mu \partial^\mu h) + O(\partial^4),
$$
\n(37)

with spacetime indices contracted using the Euclidean metric. As the Nielsen identity of Eq. [\(32\)](#page-8-2) holds for generic fields $h(x)$, one can extract the ξ -dependence of V and Z by canceling the terms of order ∂^0 , $(\partial h)^2$ and $(\partial^2 h)$ separately. One gets the usual relation for the effective potential

$$
\xi \frac{\partial V}{\partial \xi} + C(h, \xi) V' = 0,\tag{38}
$$

where primes denote field derivatives, while for Z one gets

$$
\xi \frac{\partial Z}{\partial \xi} = -CZ' - 2ZC' - 2DV' + 2(\tilde{D}V')'. \tag{39}
$$

That the functions C, D and \tilde{D} indeed fulfil these relations as a consequence of the Nielsen identity can be checked on a case by case basis (see e.g. [\[36,40\]](#page-22-20) and Appendix C of [\[27\]](#page-22-12) where this is shown explicitly at one loop for the Abelian Higgs model in Fermi gauge). In addition, the bounce solution depends on ξ according to Eq. [\(33\)](#page-8-1), which in this spherically symmetric case takes the form

$$
\xi \frac{dh_b(\rho)}{d\xi} = C(h_b) + D(h_b)(\partial_\rho h_b)^2 + \tilde{D}(h_b)\Box_E h_b + O(\partial^4). \tag{40}
$$

Making use of the relations above it is then straightforward to show that

$$
\xi \frac{d}{d\xi} S_E[h_b] = 0,\t\t(41)
$$

to order $\mathcal{O}(\partial^4)$, as expected. The proof is extended to fourth order in the derivative expansion in Appendix [B](#page-18-1) and of course holds in full generality even when the derivative expansion is not applicable.

As explained above, the critical bubble is given by $h_B(r) = h_b(t_E = 0, r)$, where r is the distance in threedimensional space to the center of the bubble. The real time evolution of the bubble, after nucleation, is given by the analytic continuation of the $t_E = 0$ bounce, $h_B(t, r) = h_b(\sqrt{-t^2 + r^2})$, which automatically satisfies the Minkowski EoM

$$
-Z(h_B)\Box h_B - \frac{1}{2}Z'(h_B)[(\partial_t h_B)^2 - (\partial_r h_B)^2] = V'(h_B),
$$
\n(42)

with $\Box h_B = \partial_t^2 h_B - \partial_r (r^2 \partial_r h_B)/r^2$. At $t = 0$, $\partial_t h_B = 0$ but $\partial_t^2 h_B = -\partial_r h_B/r$ so that Eq. [\(42\)](#page-9-0) does agree with the bounce equation [\(36\)](#page-8-3). Notice also that the ξ -dependence of $h_B(r)$ follows directly from [\(40\)](#page-9-1) and is given by

$$
\xi \frac{dh_B(r)}{d\xi} = C(h_B) + D(h_B)(\partial_r h_B)^2 - \tilde{D}(h_B)\Box h_B + O(\partial^4). \tag{43}
$$

The energy density for the critical bubble is

$$
E_B(r) = \frac{1}{2}Z(h_B)(\partial_r h_B)^2 + V(h_B) - V_f.
$$
 (44)

Using Eqs. [\(38\),](#page-9-2) [\(39\)](#page-9-3) and [\(43\)](#page-9-4) we get

$$
\xi \frac{d}{d\xi} E_B(r) = (\tilde{D}V')'(\partial_r h_B)^2 - \tilde{D}V' \Box h_B = \mathcal{O}(\partial^4), \qquad (45)
$$

where, for the last step, we use the EoM for h_B , Eq. [\(42\)](#page-9-0), and its r-derivative to show that V' and V'' are quantities of order $\mathcal{O}(\partial^2)$. This completes the check that the energy density profile is ξ independent to the order we work. The previous discussion, based on the derivative expansion at second order in derivatives, can be extended to higher orders as shown in Appendix [B](#page-18-1).

Even when the derivative expansion is not convergent, the energy density profile must be ξ independent in any self-consistent calculation: as shown in Sec. [II,](#page-1-0) the energymomentum tensor is ξ independent, and therefore, the energy density of the critical bubble must be ξ independent too. As the total energy density of the critical bubble integrates to 0 , 9

$$
E_{B, \text{tot}} = 4\pi^2 \int_0^\infty r^2 E_B(r) dr = 0, \tag{46}
$$

with $E_B(r)$ starting negative at $r = 0$, turning positive at some r and going to 0 at $r \to \infty$, there must exist a distance $r = R_c$ at which $E_B(r)$ reaches a maximum. That is,

$$
\left. \frac{dE_B(r)}{dr} \right|_{R_c} = 0, \qquad \left. \frac{d^2 E_B(r)}{dr^2} \right|_{R_c} < 0. \tag{47}
$$

This value R_c is our definition of radius of the critical bubble and is ξ independent by construction. More

⁸To avoid confusion, note that our definition of $D(h)$ and $\tilde{D}(h)$ is different form that used in [\[40\].](#page-23-0)

⁹To prove this explicitly, integrate by parts to show $\int_0^\infty r^2 (V[h_B] - V_f) dr = - \int_0^\infty r^3 V' \partial_r h_B dr / 3$ and use the EoM to substitute V' and obtain in this way a relation between potential and surface energies.

explicitly, if we use the energy density expression in Eq. (44) , taking its *r*-derivative and simplifying it using the field equation of motion, we arrive at the simple (implicit) result for the critical radius

$$
R_c = \frac{3Z\partial_r h_B}{2V'}\bigg|_{R_c}.\tag{48}
$$

It can be checked, using the ξ -dependence of Z, V and h_B that indeed one has $dR_c/d\xi=0$, to $\mathcal{O}(\partial^2)$. After nucleation at $t = 0$, the bubble radius can still be defined via the maximum of the energy density, which at $t > 0$ includes also a nonzero contribution from the kinetic term $Z(h_B)(\partial_t h_B)^2/2$, and is ξ invariant at all times. Although this definition is frame dependent, for macroscopic values t , $r \gg R_c$, it can be shown that $R(t) \simeq \sqrt{R_c^2 + t^2} \simeq t$ [in agreement with the fact that $h_B(r, t)$ is a function of $r^2 - t^2$ [\[39\]](#page-22-21)].

A. The thin-wall critical bubble

We discuss now the case of a thin-wall critical bubble which, as usual, allows a good analytic understanding of the parametric dependence of several quantities of interest. The critical bubble wall is thin when the energy difference between false and true vacua is small compared to the potential barrier that separates them. In this case the field profile of the bubble interpolates between the two vacua (true vacuum inside the bubble, false outside) with a very rapid transition, such that the wall thickness is much smaller than the bubble size.

Without making assumptions about the derivative expansion we write the general expression for the Euclidean action for the bounce solution $h_b(\rho)$ as

$$
S_E = 2\pi^2 \int_0^\infty d\rho \,\rho^3 [\mathcal{L}_K(h_b) + V(h_b) - V_f], \quad (49)
$$

where \mathcal{L}_K contains all the derivative terms beyond the simple $Z(h)(\partial h)^2/2$. We have to assume that the action S_E is to a certain extent local. For example the two-point function $\delta^2 S_E/\delta h^2$ falls off exponentially on a length scale of the order of the inverse Higgs mass. This does not imply that the derivative expansion converges since the bubble thickness is typically of the same scale.

In the thin-wall case it is easy to see heuristically that the critical radius should be ξ independent: the effective action for the inner and outer parts of the bubble depends only on the constant pieces of the bounce profile. The ξ-dependence of these parts is given by the function C as in Eq. [\(40\)](#page-9-1) evaluated for a constant field value, with negligible contributions from the derivative terms (important only in the bubble wall). Since ξ-changes map the inner and outer parts of the critical bubble onto themselves, the bubble size is then ξ independent up to the negligible bubble wall thickness.

This is of course consistent with the analytic estimate of the critical radius in the thin-wall case. The total Euclidean action receives a contribution from the inside region of the bubble which is approximately given by

$$
S_{E,\text{in}} \simeq 2\pi^2 \int_0^{R_c} d\rho \rho^3 [V(h_b) - V_f] \simeq -\frac{1}{2} \pi^2 R_c^4 \epsilon_V, \qquad (50)
$$

where $\epsilon_V \equiv V_f - V_t$, is the potential difference between the true and false minima. On the other hand, the wall contributes an amount proportional to the surface of the critical bubble. We can write it in terms of the wall tension as

$$
S_{E,\text{wall}} = 2\pi^2 \int_{R_c - \Delta}^{R_c + \Delta} d\rho \rho^3 [\mathcal{L}_K(h_b) + V(h_b) - V_f]
$$

$$
\equiv 2\pi^2 R_c^3 \sigma,
$$
 (51)

which can be considered as the definition of σ , and gives the right scaling with R_c . All the (possibly complicated) dependence of $\mathcal{L}_K(h_b)$ on field gradients is modeled by the wall tension. Finally, the exterior of the bubble, for which $V(h_h) - V_f \approx 0$, gives a 0 contribution to the total action, $S_{E, \text{out}} \simeq 0$.

Extremizing the Euclidean action $S_4 = S_{E,in} + S_{E,wall} +$ $S_{E, \text{out}}$ with respect to the size of the critical bubble then yields the standard results

$$
R_c = \frac{3\sigma}{\epsilon_V}, \qquad S_4 = \frac{27\pi^2 \sigma^4}{2\epsilon_V^3}.
$$
 (52)

Obviously ϵ_V is gauge independent, as the values of the potential at its minima are ξ independent. Since the action S_4 is also ξ independent, this is then also true for the wall tension σ and the size of the critical bubble R_c . The same result for R_c can be obtained by examining the total energy of the critical bubble

$$
E_{B, \text{tot}} = 4\pi \int_0^\infty r^2 E_B(r) dr \simeq 4\pi \left(\sigma R_c^2 - \frac{1}{3} \epsilon_V R_c^3 \right) = 0,
$$
\n(53)

which can be solved for R_c with the same result as in [\(52\)](#page-10-0). This critical radius coincides with the location of the maximum in the energy density profile (that we used to define R_c in the general case) as

$$
E_B(r) \simeq \begin{cases} -\epsilon_V & (r < R_c), \\ \sigma \delta(r - R_c) & (r = R_c), \\ 0 & (r > R_c), \end{cases} \tag{54}
$$

peaks at $r = R_c$.

B. The SM case

The energy scale $\mu_d \sim 1/R_c$ associated to vacuum decay and determined by the critical bubble radius is of relevance for discussing the impact of heavy physics beyond the SM on the lifetime of the EW vacuum. In particular, if new physics starts to be relevant at such a scale, then it can impact the lifetime of the false vacuum even if μ_d were much higher than the instability scale Λ_I . In fact this is precisely what happens in the SM.

As we have seen, at field values much higher than the EW scale the SM effective potential can be well approximated as

$$
V(h) \simeq \frac{1}{4} \lambda_{\rm eff} h^4,\tag{55}
$$

with λ_{eff} < 0. As is well known [\[41\],](#page-23-1) the bounce solution for such a potential can be calculated analytically (assuming a constant λ_{eff}) and is

$$
h_b(\rho) = \frac{2\sqrt{2}}{R\sqrt{-\lambda_{\text{eff}}}} \left(\frac{1}{1+\rho^2/R^2}\right),\tag{56}
$$

where *, which determines the critical bubble size, is* arbitrary. For any value of R one gets the same Euclidean action for the bounces, with $S_E[h_b] = 8\pi^2/(-3\lambda_{\text{eff}})$. The energy profile for the critical bubble is

$$
E_B(r) = \frac{16(r^2/R^2 - 1)}{(-\lambda_{\text{eff}})R^4(1 + r^2/R^2)^4},\tag{57}
$$

and has a maximum at $r = \sqrt{5/3}R \approx 1.3R$ so that R basically coincides with the critical radius defined through the maximum of $E_B(r)$.

As appreciated long ago [\[42\]](#page-23-2), the scale invariance of the bounce solution is broken by radiative effects: λ_{eff} is not really constant but receives potentially large radiative corrections enhanced by powers of large logarithms \propto log(h/μ), where μ is the renormalization scale. In order to resum such logarithms one chooses $\mu \approx h$, in practice evaluating a running $\lambda_{\text{eff}}(\mu)$ at $\mu = h$. The Euclidean action that suppresses the EW vacuum decay is minimal at the field value (or renormalization scale) at which λ_{eff} reaches its most negative value, that is, $d\lambda_{\text{eff}}/d \log \mu = \beta_{\lambda_{\text{eff}}} = 0$, with $\lambda_{\text{eff}} < 0$. The scale at which that happens singles out one special size for the critical bubble, with $1/R_c \sim \mu_d$ and $\beta_{\lambda_{\text{eff}}}(\mu_d)=0$.

For the measured M_h and M_t (at the central values of their experimental intervals) one gets [\[4\]](#page-22-3) $\mu_d \approx 10^{17}$ GeV, to be compared with the instability scale $\Lambda_I \simeq 10^{11}$ GeV. Figure [6](#page-11-0) shows the energy density profile of the critical bubble, for two values of ξ illustrating also the ξ-independence of the profile. The critical radius derived from it is therefore also ξ independent, as show in Fig. [7](#page-11-1), as a function of ξ . For comparison, notice that the value of the

FIG. 6. Spatial profile of the energy density [\(44\)](#page-9-5) for the critical bubble for two different values $\xi = 0$, 200 in Fermi gauge. These results are obtained solving the bounce equation [\(42\)](#page-9-0) numerically (using the RG improved and IR resummed one-loop effective potential and the corresponding correction to the kinetic term) and choosing the field value in the bubble center $h_B(r = 0)$ such that the bounce action is minimized.

FIG. 7. Dependence of the inverse critical radius $1/R_c$ and the field value at the center of the critical bubble $h_B(r = 0)$ on the gauge-fixing parameter. The bubble radius varies at the 10% level for $\xi = 0$, 200, consistent with the expected gauge independence and residual perturbative uncertainties. The value $h_B(r=0)$, on the other hand, is gauge dependent. For comparison we also show the radius $1/R_{1/2}$ at which the field value has dropped to $h_B(r=0)/2$, which in this particular case is nearly ξ independent also; see footnote 7.

field at the center of the bubble is ξ dependent, as expected. The hierarchical separation between μ_d and Λ_l is a consequence of the near scale independence of the effective potential and the Euclidean action for the bounce (see [\[43,44\]](#page-23-3) for some recent discussions on this). From this fact it follows that beyond the standard model (BSM) physics modifying the effective potential at the scale μ_{BSM} with

 $\mu_{\text{BSM}} \leq \mu_d$ can have a large impact on the EW vacuum lifetime even if $\mu_{BSM} \gg \Lambda_I$.

The simplest (and best motivated) example of such a scenario has been discussed long ago: a seesaw scenario with heavy right-handed neutrinos of mass M_{ν_R} [\[32\].](#page-22-22) This model requires large neutrino Yukawa couplings (to fit light neutrino masses m_{ν}) that cause the running λ_{eff} to become even more negative above the M_{ν_R} threshold, further destabilizing the EW vacuum. In fact, the prediction of a too-short-lived EW vacuum can be used [\[7\]](#page-22-23) to rule out $M_{\nu_{\rm p}} \geq 10^{13-14}$ GeV for $m_{\nu} \simeq 0.1-1$ eV.

In principle, even new physics at $\mu_{\text{BSM}} > \mu_d$ could impact the EW vacuum lifetime, as recently emphasized in [\[45,46\]](#page-23-4). All that is required is that the BSM physics makes the Higgs effective potential even more unstable at $h > \mu_d$ (and this implies already Planckian physics) so that bounces with even smaller Euclidean action are possible. However, it is difficult to find plausible reasons why physics at the Planck scale (presumably more fundamental) should worsen the potential instability (unlike what happened in the well-motivated seesaw scenario where one understands the origin of the instability as due to new Yukawa couplings). In connection to this, it has also been noticed [\[44\]](#page-23-5) that, while BSM physics with $\mu_{BSM} \gg \Lambda_I$ can easily make the EW vacuum more unstable, it is much harder to make the potential more stable. The reason is that increasing the Euclidean action at high scales suppresses bounces that cause tunneling to such large scales but does not modify the bounce at the scale μ_d , which still dominates vacuum decay and therefore leads to the standard EW vacuum lifetime.

C. Including gravity

We now extend our considerations by including gravity [\[39,47\]](#page-22-21). This is particularly relevant since in the SM the tunneling bubbles do not experience a flat geometry, but an anti–de Sitter one. For discussions on the effect of gravitational corrections on the EW vacuum decay see [\[15,48](#page-22-24)–52]. We start by writing the most general rotationally invariant Euclidean metric

$$
ds^2 = d\zeta^2 + \rho^2(\zeta)d\Omega_3^2,\tag{58}
$$

where ζ is a radial coordinate measuring distances along radial curves normal to three-spheres; $d\Omega_3^2$ is the line element angular distance on a unit three-sphere and ρ is the radius of curvature of each three-sphere. Of this metric we need the corresponding Ricci scalar

$$
R = \frac{6}{\rho^2}(-\rho \rho'' - \rho'^2 + 1),\tag{59}
$$

where primes stand for differentiation with respect to ζ . The EoM/bounce equation for h is ξ independent also in curved spacetime. The reason is that the background metric is obtained through Einstein's equations and is sourced by the energy-momentum tensor. Being that the latter is ξ independent, so is the metric. This implies that the EoM in curved spacetime differs from the flat spacetime one only by an object, the metric, that is invariant under ξ changes.

Vacuum decay is controlled by the difference $S_E[h_b] - S_{E,f}$ between two Euclidean actions, the one for the bounce and the background one in the false vacuum. The bounce action can be written as

$$
S_E[h_b] = 2\pi^2 \int d\zeta \rho^3 \left(\mathcal{L}_K + V - \frac{1}{2} m_P^2 R \right), \quad (60)
$$

where $m_P^2 = 1/(8\pi G)$ is the reduced Planck mass (squared) and G is Newton's constant. \mathcal{L}_K and V are the Lagrangian containing the derivative terms and the effective potential term, respectively. Although our results below hold beyond the derivative expansion, for simplicity we take $\mathcal{L}_K = Z(h)h^2/2$, with $h' \equiv dh/d\zeta$, and give below many expressions simplified to this order of the expansion. The background action is $S_{E,f} = -24\pi^2 m_P^4/V_f$ for a de Sitter (dS) false vacuum ($V_f > 0$, where V_f is the false vacuum potential) as in the SM case and $S_{E,f} = 0$ for a Minkowski one.

By inserting Eq. [\(59\)](#page-12-0) into Eq. [\(60\)](#page-12-1), we obtain

$$
S_E[h_b] = 2\pi^2 \int d\zeta [\rho^3 (\mathcal{L}_K + V) + 3m_P^2 (\rho^2 \rho'' + \rho \rho'^2 - \rho)]
$$

= $2\pi^2 \int d\zeta [\rho^3 (\mathcal{L}_K + V) - 3m_P^2 \rho (1 + \rho'^2)],$ (61)

where in the last step we have simplified the curvature term by integrating by parts.¹⁰ From this action one gets the Euclidean EoM for the field, which gives the bounce equation

$$
Zh'' + 3\frac{\rho'}{\rho} Zh' + \frac{1}{2}Z'h'^2 = V',\tag{62}
$$

where, with an abuse of notation we use $Z' \equiv \partial Z/\partial h$ and $V' \equiv \partial V/\partial h$, while $\rho' \equiv d\rho/d\zeta$ and $h' \equiv dh/d\zeta$.

The next step is to employ the $\zeta \zeta$ -component of the Euclidean Einstein equations

$$
G_{\zeta\zeta} = \frac{3}{\rho^2} (1 - \rho'^2) = -\frac{1}{m_P^2} T_{\zeta\zeta},
$$
 (63)

where $G_{\zeta\zeta}$ is the $\zeta\zeta$ -component of Einstein's tensor and $T_{\zeta\zeta}$ is the $\zeta\zeta$ -component of the energy-momentum tensor, with $T_{\zeta\zeta} = Zh^2/2 - V$. Using now Eq. [\(63\)](#page-12-2) in Eq. [\(60\),](#page-12-1) we can further simplify the action as

¹⁰Possible boundary terms play no role in this calculation and we simply ignore them throughout.

ESPINOSA, GARNY, KONSTANDIN, and RIOTTO PHYSICAL REVIEW D 95, 056004 (2017)

$$
S_E[h_b] = 2\pi^2 \int d\zeta \left[\rho^3 (\mathcal{L}_K + V - T_{\zeta\zeta}) - 6\rho m_P^2\right]
$$

$$
= 4\pi^2 \int d\zeta (\rho^3 V - 3\rho m_P^2). \tag{64}
$$

The important remark at this point is that, since the energy-momentum tensor is ξ independent, so must be Einstein's equations and the various components of the metric. Having previously shown that the effective action calculated on the bounce is ξ independent provided that it is evaluated on configurations such that $\zeta dh_b/d\zeta=K[h_b],$ by reasoning as in the flat case, we conclude that the action is ξ independent. The background action, $S_{E,f} = -24\pi^2 m_P^4/V_f$, is trivially ξ independent as the potential value in the false vacuum, V_f , is ξ independent.

Concerning the ξ-independence of the critical bubble radius in the presence of gravity, one can still use a bubble profile that is ξ independent if, instead of using the field itself, one resorts to the profile of $T_{\zeta\zeta}$. Although defining a local energy density is in general not possible in the presence of gravity, spherical symmetry allows one to give a well-behaved definition [\[53\]](#page-23-6). The total energy/mass of the critical bubble is given by the integral (see e.g. [\[48\]](#page-23-7) for a recent discussion)

$$
E = 4\pi \int_0^\infty d\rho \rho^2 T_{\zeta\zeta} = 4\pi \int_0^\infty d\rho \rho^2 \left(\frac{1}{2} Z h^2 + V - V_f\right),\tag{65}
$$

where $T_{\zeta\zeta}$ is now the Minkowski one. Although $T_{\zeta\zeta}$ comes from matter alone, E includes gravitational self-interaction contributions (a similar formula is used in defining the total mass of a spherically symmetric star). In this respect, it is instructive to apply [\(65\)](#page-13-0) to the thin-wall case taking the radius R of the bubble as arbitrary (and setting $Z = 1$ and $V_f = 0$ here for simplicity). Defining the wall tension as

$$
\sigma \equiv \int_0^\infty d\xi \bigg(\frac{1}{2}h^2 + V\bigg),\tag{66}
$$

we can use $h^2/2 + V = \sigma \delta(\xi - \bar{\xi})$, where $\bar{\xi}$ corresponds to the position of the bubble wall, $R = \rho(\bar{\xi})$. The total mass/ energy of such a bubble is then

$$
E(R) = 4\pi \int_0^R d\rho \rho^2 (-\epsilon_V) + 4\pi \int_{\tilde{\xi}-\delta}^{\tilde{\xi}+\delta} d\xi \rho^2 \rho' \sigma \delta(\xi - \bar{\xi})
$$

=
$$
-\frac{4\pi}{3} \epsilon_V R^3 + 4\pi \sigma R^2 \frac{1}{2} (\rho'_+ + \rho'_-),
$$
 (67)

where $-\epsilon_V$ is the value of the potential inside the bubble, and, in evaluating the second (wall) integral we have taken care of the fact that ρ' , given by Eq. [\(63\),](#page-12-2) jumps at the wall with

$$
\rho'_{-} \equiv \rho'(\bar{\xi} - \delta) = \sqrt{1 + 8\pi G \epsilon_{V} R^{2} / 3},
$$

$$
\rho'_{+} \equiv \rho'(\bar{\xi} + \delta) = \sqrt{1 - 2GE(R) / R},
$$
 (68)

with ρ' corresponding to the Schwarzschild solution with total mass $E(R)$. Solving for $E(R)$ one gets

$$
E(R) = -\frac{4\pi}{3}\epsilon_V R^3 + 4\pi\sigma R^2 \sqrt{1 + 8\pi G \epsilon_V R^2 / 3} - 8\pi^2 G \sigma^2 R^3
$$
\n(69)

which shows explicitly the gravitational contributions to the total energy of the bubble (and reproduces the result given in $[54]$.

The critical radius in this thin-wall case can then be obtained by solving $E(R_c) = 0$, with the result

$$
R_c = \frac{R_{c,0}}{1 - 2\pi G \epsilon_V R_{c,0}^2/3},\tag{70}
$$

where $R_{c,0} = 3\sigma/\epsilon_V$ is the critical bubble radius without gravitational effects, as in Eq. (52) . This R_c agrees with the original result of Coleman-De Luccia [\[39\]](#page-22-21) and shows how gravitational effects force $R_c > R_{c,0}$. This result highlights one important difference with respect to the flat case: gravity contributes a negative energy density inside the bubble, where the geometry of space is distorted and for large bubble radius the enclosed volume grows only like R^2 rather than $R³$. While energy conservation requires critical bubbles to always have zero energy, it is not guaranteed that a critical bubble exists (just making its radius large enough) so that it becomes possible that the gravitational contribution prevents the tunneling from happening through critical bubbles [\[39\]](#page-22-21).

It is straightforward to show that the total energy of the critical bubble [\[48\]](#page-23-7) in the general case, without the thinwall assumption, as given in Eq. (65) , is 0. Simply integrate by parts as explained in footnote 9, paying attention now to the ζ -dependence of ρ and use the bounce equation [\(62\)](#page-12-3) to arrive at a relation between the kinetic and potential contributions that ensures $E = 0$. The radius defined as the maximum of $T_{\zeta\zeta}$, $\partial_{\rho}T_{\zeta\zeta} = (1/\rho')\partial_{\zeta}T_{\zeta\zeta} = 0$ is then obtained, after using the bounce equation [\(62\),](#page-12-3) as

$$
R_c = \rho' \frac{3Zh'_B}{2V'}\bigg|_{R_c},\tag{71}
$$

which generalizes the result of Eq. [\(48\)](#page-10-1) including gravity effects. Here

$$
\rho'|_{R_c} = \sqrt{1 + \frac{8\pi G}{3}R_c^2 \left(\frac{1}{2}Zh'_B{}^2 - V\right)\Big|_{R_c}}.\tag{72}
$$

We see once again that R_c thus defined is indeed ξ independent, as can be explicitly checked using the

 ξ -derivatives of Z, V and h_B extracted from the Nielsen identity.¹¹

Concerning the impact of gravity on R_c it would be wrong to identify the ρ' factor as the only effect, as the value of the ratio $3Zh'_B/(2V')$ has to be evaluated at R_c , not $R_{c,0}$, and also because gravity affects the bounce equation [\(62\)](#page-12-3), thus modifying $3Zh'_B/(2V')$ as a function of radial distance.

Finally, when gravitational effects make a false dS vacuum stable and there is no possibility of vacuum decay via nucleation of bubbles of the true phase there is still the possibility of decay via Hawking-Moss instantons [\[55\].](#page-23-9) In that case the vacuum decay is controlled by the value of the potential at the maximum separating the two vacua, and this being a ξ-independent quantity so is the Hawking-Moss decay rate. There is no radius associated to this type of instanton, or more precisely, the transition occurs in a whole Hubble patch, of size determined by the false vacuum value, $V_f > 0$, again a ξ -independent quantity.

VI. STABILIZATION BY THERMAL EFFECTS

As is well known, thermal corrections tend to restore broken gauge symmetries [\[56,57\].](#page-23-10) It is therefore natural to ask at what temperature the deep minimum of the potential at high field values would be made degenerate with the lowscale minimum (that at such high T would already be at the origin $h = 0$ in field space) by thermal corrections.¹² That critical temperature T_c provides yet another physical scale associated with the potential instability.

The proof that T_c is ξ independent requires the generalization of the Nielsen identity for the thermally corrected effective potential. The fact that Nielsen identities also hold at finite temperature (suitably modified to take thermal effects into account) ultimately follows from the fact that the partition function respects the BRST [\[58\]](#page-23-11) symmetry so that Ward identities still hold at finite T . The same applies to the Nielsen identity that can be regarded as a Ward identity for the effective potential. It is in fact straightforward to generalize the Nielsen identity [\(3\)](#page-1-2) to include thermal corrections (see e.g. [\[40,59\]](#page-23-0)). One has

$$
\xi \frac{\partial V_T}{\partial \xi} + C_T(h, T, \xi) V'_T = 0, \tag{73}
$$

where $V_T = V(h, T, \xi)$ is the thermally corrected potential and $C_T(h, T, \xi)$ generalizes to finite temperature the function $C(h, \xi)$ $C(h, \xi)$ of Eq. [\(3\)](#page-1-2). Appendix C gives explicit details about the calculation of V_T and C_T in the SM.

Armed with the Nielsen identity, we can again interpret it as telling how the explicit ξ -dependence of the potential V_T is compensated by an implicit ξ -dependence of the field given by

$$
\xi \frac{dh}{d\xi} = C_T(h, T, \xi),\tag{74}
$$

so that changing ξ is equivalent to a field redefinition that does not change the physics. It is then clear that the value of the critical temperature, determined by the degeneracy of the potential at its two minima, is ξ independent: a change of ξ modifies the location of the minima but not the value of the potential there.

In the case of the critical T for the SM instability, its numerical value turns out to be many orders of magnitude larger than the instability scale for the central value of M_h and M_t , that we take to be a typical case. We find $T_c \approx 10^{29}$ GeV, which is even higher than the Planck scale and therefore of little interest: at m_P one certainly expects gravitational physics to change the potential in any case. The fact that T_c is so large is related to the fact that we are probing the potential at the scale associated to the nonstandard minimum, and this scale is much larger than the instability scale (in fact the scale of the minimum is of order 10^{30} GeV (at $T = T_c$).

Of course, for values of M_h and M_t that bring the SM potential closer to being stable (although such values are experimentally disfavored) the critical T_c could be much smaller. In principle it is even possible to make T_c lower that the instability scale Λ_I if the nonstandard minimum at high field values is sufficiently shallow. (In fact, when the value of the potential at the non-EW minimum goes to 0, also $T_c \rightarrow 0$).

An alternative possibility for using a thermal probe of the potential instability arises from the realization that thermal fluctuations in the early Universe can also trigger the decay of the EW vacuum [\[10,49,60,61\]](#page-22-4). This process is the thermal analogue of the vacuum decay by quantum fluctuations and also proceeds via nucleation of a critical bubble with the decay rate Γ controlled by an $O(3)$ symmetric bounce solution of energy $E_3(T)$, with $\Gamma \sim e^{-E_3(T)/T}$. With the use of the Nielsen identity at finite T one can then prove that $E_3(T)$ is ξ invariant in a way that parallels the proof for the $T = 0$ decay. One can then ask what the maximal temperature is that our EW vacuum can survive without decaying (and this can be used to set an upper bound to the reheating temperature; see [\[10\]](#page-22-4)).

¹¹In the derivation above we have implicitly assumed that $\rho' \neq 0$, which is correct when the false vacuum is Minkowski. In the case of a dS false vacuum (like the SM EW vacuum) one can have $\rho' = 0$ at some ζ with important implications for the bounce properties and the vacuum decay rate. For a thorough discussion of this point see $[15,48]$.
¹²Usually the thermal change of the potential, e.g. across a

phase transition, is pictured keeping the origin fixed while the broken minimum is raised as T increases. A more correct depiction should keep the potential at $h \gg T$ fixed (as thermal corrections in that field range are Boltzmann suppressed) while the symmetric minimum gets deeper as T increases. Of course both pictures are directly related by a field-independent term in the potential, but that term is T dependent and physical.

However, for the central values of M_h and M_t thermal effects stabilize the potential without destabilizing the EW vacuum and no such limit can be set [\[7,61\].](#page-22-23)

VII. PROBING THE INSTABILITY SCALE WITH INFLATION

Another way to characterize the instability scale of the SM Higgs potential in a ξ-independent way is to consider the SM in a de Sitter background with a constant Hubble rate H_I . This de Sitter stage can be the one taking place at primordial epochs, namely during the inflationary stage (believed to solve the main problems of standard cosmology), or it can be regarded as a purely fictitious one with the goal of defining a ξ-independent instability scale.

We assume that the Higgs field is minimally coupled to gravity and hence is effectively massless during inflation. (In a realistic inflationary stage, we assume no direct coupling of the Higgs field to the inflaton field). Under these circumstances, the Higgs field develops fluctuations with amplitude proportional to H_I [10–[12\].](#page-22-4) Large amplitude fluctuations of the Higgs field during the de Sitter phase are dangerous as the SM Higgs field can fluctuate beyond the instability region of the effective potential. The higher the Hubble rate is, the larger the probability is for this phenomenon to happen, thus allowing us to define a value of the Hubble rate as a ξ-independent measure of the SM instability scale.

The fluctuations of the Higgs field are governed by a Langevin-like equation obtained by the following procedure. One takes the equation of motion (in an inflationary background) for the Higgs field and splits the latter in short and long wavelengths, where the separation length scale is roughly the Hubble radius. Integrating out the short modes, one obtains a Langevin equation [\[62,63\]](#page-23-12) for the long mode field (that we keep calling h) in which the effect of the short modes is to generate a white noise η sourcing the long mode fluctuations. More precisely, the time derivative of the original field is split into $dh/dt - \eta$. Since one is interested in wavelengths larger than the Hubble radius, one can neglect the gradients of the long modes (and therefore truncate the starting equation at the lowest order in derivatives) obtaining the Langevin equation,

$$
\text{Langevin}[h] \equiv \sqrt{Z} \left(\frac{dh}{dt} - \eta \right) + \frac{1}{3H_I \sqrt{Z}} V' = 0, \quad (75)
$$

where $Z = Z(h)$ is the function that multiplies the kinetic term of h in the effective action expanded in derivatives, as in Eq. [\(2\)](#page-1-4). To arrive at Eq. [\(75\)](#page-15-1), terms which are second order in derivatives, like $(dh/dt)^2$ or d^2h/dt^2 , are neglected. The two-point correlation function for the noise term satisfies

$$
\langle \eta(t)\eta(t')\rangle = \frac{H_I^3}{4\pi^2 Z} \delta(t - t'). \tag{76}
$$

Since we previously showed that the equation of motion for the Higgs field is ξ independent and the Langevin equation stems from the equation of motion by a simple splitting of modes, the Langevin equation turns out to be ξ independent,

$$
\xi \frac{d}{d\xi} \text{Langevin}[h] = 0. \tag{77}
$$

This can be checked explicitly using the derivative expansion of the Nielsen identity (see Appendix [B](#page-18-1)), paying attention to the fact that we also have to split in long and short modes the equation, $\zeta dh/d\zeta = C(h)$, that controls the implicit ξ -dependence of the solutions of the equations of motion. This splitting leads to 13

$$
\xi \frac{dh_L}{d\xi} = C(h_L), \qquad \xi \frac{d\eta}{d\xi} = C'(h_L)\eta. \tag{78}
$$

In addition, the ξ-derivative of the Langevin equation leads to terms (proportional to the D and D functions of the derivative expansion in Appendix [B](#page-18-1)) that contain two powers of potential field derivatives. Such terms are of order higher than the linear order kept for the Langevin equation, and can be neglected.

The first equation in [\(78\)](#page-15-2) implies [\[13\]](#page-22-25) that, if we have a solution $h_L(\xi)$ of the Langevin equation for a given value of ξ, we automatically obtain a solution for $\xi + d\xi$ by the shift $h_L(\xi) + C[h_L(\xi)]d\xi/\xi$. This is true also because the other parameter entering the Langevin equation, namely the Hubble rate H_I , is ξ independent. Indeed, H_I is determined by Einstein's equations and the 00-component of the energymomentum tensor, both of which are ξ-independent objects.

Alternatively, instead of using many times the stochastic Langevin equation to sample the behavior of the Higgs field, one can define a probability density function $P(h, t)$, so that the probability of finding at a given time t the Higgs field in the interval $(h, h + dh)$ is $P(h, t)dh$. The function $P(h, t)$ is obtained as a solution to the Fokker-Planck equation

$$
\text{FOKKERPLANCK}[\mathcal{P}(h, t)]
$$
\n
$$
\equiv \frac{1}{\sqrt{Z}} \frac{\partial}{\partial h} \left\{ \frac{1}{\sqrt{Z}} \left[\frac{\partial}{\partial h} \left(\frac{H_1^3}{8\pi^2} \frac{\mathcal{P}}{\sqrt{Z}} \right) + \frac{1}{3H_1} \frac{\mathcal{P}V'}{\sqrt{Z}} \right] \right\}
$$
\n
$$
-\frac{1}{\sqrt{Z}} \frac{\partial \mathcal{P}}{\partial t} = 0,
$$
\n(79)

which follows directly¹⁴ from the Langevin equation [\(75\)](#page-15-1). As this equation describes the same physics as the Langevin equation, it is also ξ invariant,

¹³Note also that the result for $\xi d\eta/d\xi$ in [\(78\)](#page-15-2) is consistent with the correlator in [\(76\)](#page-15-3) and the ξ -dependence of Z to the same order
of approximation (see Appendix B).

To obtain (79) from (75) , one must use Stratonovich's prescription rather than Itô's; see [\[64\]](#page-23-13) for details.

GAUGE-INDEPENDENT SCALES RELATED TO THE ... PHYSICAL REVIEW D 95, 056004 (2017)

$$
\frac{\partial}{\partial \xi} \text{FOKKERPLANCK}[\mathcal{P}(h, t)] = 0,\tag{80}
$$

where we use only a partial derivative because in the Fokker-Planck equation h is a dummy variable, without any implicit dependence on ξ . To show this ξ -independence explicitly (the previous remarks for the Langevin equation also apply here) one needs to know how $P(h, t)$ changes when $\xi \rightarrow \xi + d\xi$. This can be calculated as follows: for an arbitrary function $F(h)$ we can define its average as

$$
\langle F(h) \rangle = \int F(h') \mathcal{P}(h', t, \xi) dh'. \tag{81}
$$

To find how this average depends on ξ remember that the Langevin solutions change as $h_L \rightarrow h_L + C(h_L)d \log \xi$ and therefore, for $\xi + d\xi$ the equation above reads

$$
\langle F(h) \rangle + \langle F'(h)C(h) \rangle d \log \xi
$$

=
$$
\int F(h') \left[\mathcal{P}(h', t, \xi) + \xi \frac{\partial \mathcal{P}(h', t, \xi)}{\partial \xi} d \log \xi \right] dh',
$$
(82)

from which, after integration by parts in the lhs integral we get¹⁵

$$
\xi \frac{\partial \mathcal{P}}{\partial \xi} = -\frac{\partial}{\partial h} [\mathcal{P}C]. \tag{83}
$$

We see that, contrary to what happens with the effective potential, $\mathcal P$ is not ξ independent. However, the integrated probability, defined as

$$
P(h,t) = \int_{-\infty}^{h} P(h',t)dh', \qquad (84)
$$

is ξ independent, provided the field interval of integration is changed according to the usual rule $\zeta dh/d\zeta = C(h)$. This implies, in particular, that the probability of finding the Higgs field after a given time within the interval $(-h_{\text{max}}, h_{\text{max}})$, where h_{max} is the field value corresponding to the potential maximum of the barrier separating the EW vacuum from the instability region, is ξ independent [\[13\]](#page-22-25), even though the value of h_{max} itself depends on ξ . Figure [8](#page-16-0) shows the Higgs potential (solid lines) for two values of $\xi = 0$, 200 and the Higgs probability distribution (dashed lines), after $N = 60$ e-folds with $H_I = 5 \times 10^{10}$ GeV with the Higgs field starting at the origin. Both the potential and the Higgs probability distribution change with ξ but we have checked that the integrated probability in $(-h_{\text{max}}, h_{\text{max}})$ is ξ independent with ∼9% precision.

FIG. 8. Illustration of the ξ-dependence of the fluctuating Higgs field during an inflationary period with $N = 60$ e-folds and $H_1 = 5 \times 10^{10}$ GeV and $\xi = 0$ and 200. The histograms correspond to $10⁴$ runs of the Langevin equation and the probability distribution function shown (dashed lines) is a Gaussian approximation of width $\sqrt{NH_1/(2\pi\sqrt{Z})}$, which describes well the numerical result of the Langevin runs. For comparison, the corresponding Higgs potentials are shown by the solid lines. The integrated probability between the potential maxima, ∼0.6 in this example, is ξ independent.

Figure [9](#page-17-0) illustrates this ξ-independence of the integrated probability.

This result allows us to define a ξ -independent measure of the instability scale based on the Hubble rate of inflation, H_I . One can, for instance, determine the value of H_I for which the integrated probability between two Higgs values is larger (or smaller) than some critical number within a given amount of time. One can choose for instance the critical probability to be larger than e^{-3N} (N being the number of e-folds), so that it is likely to find the Higgs field outside the safe interval $(-h_{\text{max}}, h_{\text{max}})$ in any of the ∼e^{3N} causally independent regions that are formed during the de Sitter stage. One gets [\[13\]](#page-22-25) that, for $N = 60$ and $h_{\text{max}} \simeq$ 5×10^{10} GeV (the value calculated in Landau gauge for the central values of M_h and M_t), this happens if $H_1 \geq 0.2 \times 10^{10}$ GeV, a scale that is quite close to the naive instability scale calculated in Landau gauge.¹⁰

We close this section with a final remark on the use of the Fokker-Planck equation in this context. In order to use this

¹⁵The same result can be obtained noting that the probability $\mathcal{P}(h, \xi) dh$ must equal the probability $\mathcal{P}(h + \hat{C}(h) d \log \xi)$. $\xi + d\xi d(h + C(h)d\log \xi).$

¹⁶Note that the bound is quite insensitive to the choice e^{-3N} of the critical probability. If one uses instead an $\mathcal{O}(1)$ number the bound changes by a factor $\sim \sqrt{3N} \sim \mathcal{O}(10)$ to $H_I \geq 2 \times 10^{10}$ GeV. Using e^{-3N} corresponds to the most conservative bound, and $\mathcal{O}(1)$ to the less conservative one. A more precise evaluation would require a detailed knowledge about the spatial distribution of the Higgs fluctuations with $|h| > h_{\text{max}}$ at the end of inflation. We stress that this uncertainty is unrelated to the gauge dependence. The bound is gauge-fixing independent for any choice of the critical probability.

FIG. 9. Integrated probability for the Higgs field to remain within the potential maxima, $\int_{-h_{\text{max}}(\xi)}^{h_{\text{max}}(\xi)} P(h, \xi) dh$ for a period of $N = 60 e$ -
fields of inflation as a function of the Unklet wate H, (left what) an folds of inflation, as a function of the Hubble rate H_I (left plot) and as a function of ξ for several values of H_I (right plot). In the left plot, the error bars show the residual gauge-fixing uncertainty when varying $\xi = (0, 200)$.

equation to describe the fluctuations of the Higgs field during inflation in the SM unstable potential, it is necessary to use suitable boundary conditions to describe the probability leakage towards the instability region. In practice this is done by identifying the point h_{\ast} beyond which the fluctuating field rolls down to the instability and never moves back towards the stable region and setting $P(h_*) = 0$ there. The original discussion of this problem [\[10\]](#page-22-4) used the barrier maximum, $h_* = h_{\text{max}}$, for this purpose while a more correct analysis [\[12\]](#page-22-26) identified h_{\ast} with the field value beyond h_{max} at which quantum fluctuations uphill [controlled by the term $\propto H_I^3$ in [\(79\)\]](#page-15-4) can no longer beat the classical rolling downhill [controlled by the term $\propto V'$ in [\(79\)](#page-15-4)]. This analysis was further validated by using the Langevin approach in [\[13\].](#page-22-25) The field value h_* corresponds to the point at which the two terms in the Fokker-Planck equation compensate each other giving $\frac{\partial P}{\partial t} = 0$ and can be roughly estimated as the value for which the quantum jumps $(\Delta h)_q \sim H_I/(2\pi\sqrt{Z})$ in a time interval $\Delta t \sim 1/H_I$ equal to the classical displacement $(\Delta h)_{cl} \sim V'/(3H_I^2 Z)$, leading to the condition

$$
\frac{V'}{Z} \simeq \frac{3H_I^3}{2\pi},\tag{85}
$$

to determine h_{*} . As one would expect, h_{*} is a gaugedependent quantity but it can be shown, using the leading ξ-dependence of V and Z that the condition [\(85\)](#page-17-1) is $ξ$ independent if h_{\ast} is transformed in the usual way, with $\zeta dh_*/d\zeta = C(h_*)$. Formally one can also check that the Fokker-Planck equation at h_* , using further that $P(h_*) = 0$, and $\partial \mathcal{P}/\partial t = 0$, leads to the condition

$$
\frac{H_I^3}{8\pi^2} \left[\mathcal{P}'' - \frac{3Z'\mathcal{P}'}{2Z} \right] = -\frac{V'\mathcal{P}'}{3H_I},\tag{86}
$$

which can also be shown to be ξ invariant, if one further uses the ξ -dependence of $\mathcal P$ obtained in [\(83\).](#page-16-1)

VIII. CONCLUSIONS

It has been known for a long time that the SM might develop an instability at large values of the Higgs field, possibly signaling the appearance of new physics in that range of energies, if the Higgs mass turned out to be low enough. With the discovery of the Higgs boson at the LHC, and the theoretical refinements needed for the stability bound calculations, this possibility turned out to be realized, with the Higgs mass very close (but below) the value needed for stability.

The naive definition of the instability scale as the value of the Higgs field at which the Higgs effective potential drops below the value of the electroweak minimum $(\sim 10^{10}$ GeV in Landau gauge) is not physical as it depends on the choice of the gauge fixing and results in an uncertainty of 2 orders of magnitude. While such gauge dependence has also been known for a long time, it has now become more relevant and has attracted some attention in recent literature.

Current direct and indirect experimental probes do not show any evidence of new physics beyond the SM and it is becoming more and more likely that the latter might be valid up to energy scales much higher than the TeV, maybe up to the Planck scale. It is therefore timely to provide gauge-invariant and physical descriptions of the scales associated to the SM vacuum instability.

In this paper we have proposed several ways to characterize in a physical way such scales. In particular, we have shown that the mass scale Λ required to stabilize the effective potential through nonrenormalizable operators is a gauge-independent quantity. We have shown that for nonrenormalizable operators of high order, the scale Λ is close to the naive instability scale calculated in Landau gauge. We have also demonstrated the gauge invariance of three other scales: the inverse of the critical radius of the critical bubbles that mediate vacuum decay, the critical temperature at which our electroweak minimum and the one at very large Higgs field values become degenerate and finally the scale associated to the Higgs instability during inflation. Being that all these scales are gauge invariant, they allow us to draw physical conclusions on the associated physics, for instance on how new physics influences the EW vacuum lifetime.

Although we have focused on the SM potential instability, which offers the main motivation for this work, our results are of wider relevance and can be applied to other models (with gauge degrees of freedom) that feature similar instabilities and/or several potential vacua.

ACKNOWLEDGMENTS

We thank Kaladi S. Babu, Pepe Barbón, Enrico Bertuzzo, Joan Elias-Miró, Dani Figueroa, Jeff Fortin, Luca di Luzio, Werner Porod, Alessandro Strumia, Nikos Tetradis, James Unwin and especially Gian Giudice for very useful discussions. J. R. E. thanks the CERN TH-Division for hospitality and partial financial support during several stages of this project. This work has been partly supported by the ERC Grant No. 669668—NEO-NAT—ERC-AdG-2014, the Spanish Ministry MINECO under Grants No. FPA2013- 44773-P and No. FPA2014-55613-P, the Severo Ochoa excellence program of MINECO (Grant No. SEV-2012- 0234) and by the Generalitat Grant No. 2014-SGR-1450. M. G. and T. K. acknowledge partial support by the Munich Institute for Astro- and Particle Physics (MIAPP) of the DFG cluster of excellence "Origin and Structure of the Universe." We also acknowledge support by the German Science Foundation (DFG) within the Collaborative Research Center (SFB) 676 Particles, Strings and the Early Universe. A. R. is supported by the Swiss National Science Foundation (SNSF) project Investigating the Nature of Dark Matter, Grant No. 200020-159223.

APPENDIX A: RGES FOR HIGHER-DIMENSIONAL OPERATORS

Consider a tree-level Higgs potential of the form

$$
V_0(h) = -\frac{1}{2}m^2h^2 + \frac{\lambda}{4}h^4 + \sum_n \frac{c_n h^n}{2^{n/2} \Lambda^{n-4}}, \quad \text{(A1)}
$$

where summation runs over $n = 6, 8, \dots$ The radiatively corrected potential is independent of the renormalization scale, as described by the Callan-Symanzik equation

$$
\frac{dV}{d\mu} = \left(\mu \frac{\partial}{\partial \mu} + \sum_{i} \beta_{\lambda_i} \frac{\partial}{\partial \lambda_i} + \gamma h \frac{\partial}{\partial h}\right) V = 0, \quad (A2)
$$

where the λ_i 's represent all couplings and mass parameters entering the potential (including the gauge-fixing ξ parameters) and γ is the Higgs anomalous dimension $(\gamma \equiv d \log h/d \log \mu)$. The one-loop RG equation for c_n can be obtained from this equation via the explicit

 μ -dependence of the one-loop effective potential and knowledge of the anomalous dimension γ , which at one loop is not affected by the irrelevant operators. In Fermi gauge we obtain

$$
\sum_{n} \frac{\partial V_0}{\partial c_n} \beta_{c_n} = \frac{\kappa}{2} \left[M_H^4(h) + 3M_G^4(h) \right] + \gamma_r h V_0'(h), \tag{A3}
$$

where the field-dependent Higgs and Goldstone masses are given in Eq. [\(26\)](#page-4-1) and $\gamma_r \equiv \gamma - \kappa(\xi_B g^2 + 3\xi_W g^2)/4$ in the standard model. Using the one-loop anomalous dimension in Fermi gauge [\[18\]](#page-22-8) one finds for the standard model

$$
\gamma_r = \kappa \left(3y_r^2 - \frac{3}{4}g^2 - \frac{9}{4}g^2 \right). \tag{A4}
$$

Note that the ξ -dependence cancels in γ_r , such that the beta functions are gauge independent, as expected. Inserting [\(A4\)](#page-18-2) and the potential $V_0(h)$ in Eq. [\(A3\)](#page-18-3) and Taylor expanding in h, one gets the one-loop beta function given in (28) by matching the same powers of h in both sides of the equation (and taking the limit $m^2 \to 0$).

APPENDIX B: GAUGE DEPENDENCE AND DERIVATIVE EXPANSION

In this appendix we assume that a derivative expansion of the action is applicable and discuss how the gauge parameter (generically denoted as ξ) enters the action, the equation of motion, and the energy-momentum tensor up to higher order corrections in the expansion. We give explicit results up to fourth order in derivatives for the case of a single scalar field ϕ , therefore extending previous work done to $\mathcal{O}(\partial^2)$ [\[36,40\]](#page-22-20).

We start from the expanded effective action

$$
S = \int d^4x \left[\frac{1}{2} Z(h) (\partial \phi)^2 - V(\phi) + \frac{1}{4} Z_2(\phi) (\partial \phi)^4 + \frac{1}{2} Z_3(\phi) (\partial \phi)^2 (\partial^2 \phi) + \frac{1}{2} Z_4(\phi) (\partial^2 \phi)^2 + \mathcal{O}(\partial^6) \right].
$$
\n(B1)

There are only three $Z_i(\phi)$ functions at fourth order in derivatives as other possible terms can be eliminated integrating by parts. The ξ-dependence of this action is dictated by the Nielsen identity that we write as

$$
\xi \frac{\partial S}{\partial \xi} + \int d^4x K[\phi(x)] \frac{\delta S}{\delta \phi} = 0.
$$
 (B2)

The functional $K[\phi(x)]$ can also be expanded as

$$
K[\phi] = C(\phi) - D(\phi)(\partial \phi)^2 - \tilde{D}(\phi)(\partial^2 \phi) + \mathcal{O}(\partial^4),
$$
\n(B3)

and, for our purposes below, it is enough to keep up to second order in derivatives only. The explicit form of the equation of motion for ϕ is

$$
\frac{\delta S}{\delta \phi} \equiv \text{EoM}[\phi] = 0,
$$

with

$$
\text{EoM}[\phi] = -V' + \frac{1}{2}Z'(\partial\phi)^2 - \partial_\mu[Z\partial^\mu\phi] + \frac{1}{4}Z'_2(\partial\phi)^4
$$

$$
- \partial_\mu[Z_2\partial^\mu\phi(\partial\phi)^2] + \frac{1}{2}Z'_3(\partial^2\phi)(\partial\phi)^2
$$

$$
- \partial_\mu[Z_3\partial^\mu\phi(\partial^2\phi)] + \frac{1}{2}\partial^2[Z_3(\partial\phi)^2]
$$

$$
+ \frac{1}{2}Z'_4(\partial^2\phi)^2 + \partial^2[Z_4(\partial^2\phi)] + \mathcal{O}(\partial^6), \quad (B4)
$$

where primes denote field derivatives, $V'=\frac{\partial V}{\partial \phi}$, etc. This shows explicitly that, evaluated on solutions of the EoM, V' counts as being $\mathcal{O}(\partial^2)$.

Plugging all the previous expansions in the Nielsen identity, which is satisfied for generic $\phi(x)$, one can derive the following ξ -dependence of the functions appearing in the action [\(B1\)](#page-18-4),

$$
\xi \frac{\partial V}{\partial \xi} = -CV',
$$

\n
$$
\xi \frac{\partial Z}{\partial \xi} = -CZ' - 2C'Z - 2DV' + 2(\tilde{D}V')',
$$

\n
$$
\xi \frac{\partial Z_2}{\partial \xi} = -CZ'_2 - 4C'Z_2 - 2C''Z_3 - 2DZ' + \cdots,
$$

\n
$$
\xi \frac{\partial Z_3}{\partial \xi} = -CZ'_3 - 3C'Z_3 - 2C''Z_4 - 2DZ' - \tilde{D}Z' + \cdots,
$$

\n
$$
\xi \frac{\partial Z_4}{\partial \xi} = -CZ'_4 - 2C'Z_4 - 2\tilde{D}Z' + \cdots.
$$
 (B5)

The terms neglected in the last three equations involve V' and fourth-derivative terms in the expansion [\(B3\)](#page-18-5) of $K[\phi]$: they contribute only at $O(\partial^6)$ in our discussions below.

Under a change $\xi \rightarrow \xi + d\xi$, all the functions in the action change according to the equations [\(B5\)](#page-19-0) and therefore the EoM in [\(B4\)](#page-19-1) is also modified. If $\phi(\xi)$ is a solution of the original EoM, then a solution of the EoM for $\xi \to \xi + d\xi$ is $\bar{\phi}(\xi + d\xi) = \bar{\phi}(\xi) + d\bar{\phi}$ with

$$
\xi \frac{d\bar{\phi}}{d\xi} = K[\bar{\phi}(x)].
$$
 (B6)

This fact is obvious from the invariance of the action itself, as the dependence above gives $\zeta dS/d\zeta=0$, and is one clear example of the power of using an action to discuss the symmetries in a physical problem. The explicit check using the EoM expanded to fourth order in the derivative expansion, as given in Eq. [\(B4\),](#page-19-1) is more involved, but straightforward using [\(B5\)](#page-19-0) and [\(B6\)](#page-19-2). In performing this check, one needs to evaluate the ξ -dependence of field derivatives of the functions V , Z and Z_i . This can be done simply by taking field derivatives of Eqs. [\(B5\),](#page-19-0) which are identities that hold for generic $\phi(x)$. For instance, one gets

$$
\xi \frac{\partial V'}{\partial \xi} = -C'V' - CV'', \tag{B7}
$$

and so on. In this way one is able to eliminate all ξ-derivatives. In order to complete the check one must also get rid of field derivatives of the potential. The first derivative, V' , is eliminated by using the EoM [\(B4\)](#page-19-1). Higher order derivatives like V'' and V''' can then be eliminated by taking spacetime derivatives of the EoM (which holds at every spacetime point). In this way one can get rid of the combinations $\partial_{\mu}V' = V'' \partial_{\mu} \bar{\phi}$ and $\partial^2 V' = V'' \partial^2 \bar{\phi} + V''' (\partial \bar{\phi})^2$, etc. After carrying through this program one gets

$$
\frac{d}{d\xi}\text{EoM}[\bar{\phi}] = 0,\tag{B8}
$$

to order $\mathcal{O}(\partial^6)$. This completes the proof presented in [\[13\]](#page-22-25) to $\mathcal{O}(\partial^4)$ with one important improvement: we have shown now that no assumption about the subleading role of the functions $D(\phi)$ and $\tilde{D}(\phi)$ is needed. Note also that, to order $\mathcal{O}(\partial^4)$, it is enough to use $\zeta d\bar{\phi}/d\zeta = C(\bar{\phi})$.

One can also check explicitly, in the derivative expansion approximation, that the energy-momentum tensor for solutions of the EoM is ξ independent. Consider an action of the form

$$
S = \int d^4x \sqrt{-g} \mathcal{L}(\phi, g^{\mu\nu} \partial_{\mu} \phi \partial_{\nu} \phi, \Box \phi), \quad (B9)
$$

where

$$
\Box \phi = D_{\mu} D^{\mu} \phi = \frac{1}{\sqrt{-g}} \partial_{\mu} (\sqrt{-g} \partial^{\mu} \phi)
$$

$$
= \frac{1}{\sqrt{-g}} \partial_{\mu} (\sqrt{-g} g^{\mu \nu} \partial_{\nu} \phi)
$$
(B10)

is the covariant d'Alembert operator applied to a scalar field. We are ultimately interested in a flat background, but keep the metric in order to derive the energy-momentum tensor. The equation of motion is only needed on a Minkowski background, where it reads

$$
\mathcal{L}_1 - \partial^\mu(2\mathcal{L}_2\partial_\mu\phi) + \Box \mathcal{L}_3 = 0, \qquad \quad \text{(B11)}
$$

where we used the shorthand notation $\mathcal{L}_i =$ $\partial \mathcal{L}(X_1, X_2, X_3)/\partial X_i$. To derive the energy-momentum tensor we use the standard relations

$$
\frac{\partial}{\partial g_{\rho\sigma}(y)} g^{\mu\nu}(x) = -\frac{1}{2} (g^{\mu\rho} g^{\nu\sigma} + g^{\mu\sigma} g^{\nu\rho}) \delta(x - y), \quad \text{(B12)}
$$

GAUGE-INDEPENDENT SCALES RELATED TO THE … PHYSICAL REVIEW D 95, 056004 (2017)

$$
\frac{\partial}{\partial g_{\rho\sigma}(y)} (\sqrt{-g})^n = \frac{n}{2} (\sqrt{-g})^n g^{\rho\sigma} \delta(x - y).
$$
 (B13)

This gives, on a Minkowski background,

$$
\frac{\partial}{\partial g_{\rho\sigma}(y)} \Box \phi(x) = -2\delta(x-y)\partial^{\rho}\partial^{\sigma}\phi - \partial^{\rho}\delta(x-y)\partial^{\sigma}\phi
$$

$$
- \partial^{\sigma}\delta(x-y)\partial^{\rho}\phi + g^{\rho\sigma}\partial_{\eta}\delta(x-y)\partial^{\eta}\phi.
$$
(B14)

Using these relations one obtains

$$
T_{\mu\nu}[\phi] = -\frac{2}{\sqrt{-g}} \frac{\delta S}{\delta g_{\mu\nu}} = 2\partial_{\mu}\phi \partial_{\nu}\phi \mathcal{L}_2 - \partial_{\mu}\mathcal{L}_3 \partial_{\nu}\phi - \partial_{\nu}\mathcal{L}_3 \partial_{\mu}\phi - g_{\mu\nu}[\mathcal{L} - \partial_{\eta}(\mathcal{L}_3 \partial^{\eta}\phi)].
$$
 (B15)

Using the equation of motion one can check that $\partial^{\mu}T_{\mu\nu} = 0$. For the action [\(B1\)](#page-18-4), one gets

$$
T^{\mu\nu} = g^{\mu\nu} \left[V - \frac{Z}{2} (\partial \phi)^2 - \frac{Z_2}{4} (\partial \phi)^4 + Z_3 \partial_\rho \phi \partial_\sigma \phi \partial^\rho \phi + Z_4 \partial_\rho \phi \partial^\rho \partial^2 \phi + Z'_4 (\partial^2 \phi)(\partial \phi)^2 + \frac{Z_4}{2} (\partial^2 \phi)^2 + \frac{Z'_3}{2} (\partial \phi)^4 \right]
$$

-
$$
Z_3 (\partial^\mu \phi \partial^\nu \phi + \partial^\nu \phi \partial^{\mu\rho} \phi) \partial_\rho \phi - Z_4 (\partial^\mu \phi \partial^\nu + \partial^\nu \phi \partial^\mu) \partial^2 \phi - Z_4 (\partial^\mu \phi \partial^\nu + \partial^\nu \phi \partial^\mu) \partial^2 \phi
$$

+
$$
\partial^\mu \phi \partial^\nu \phi [Z + (Z_2 - Z'_3)(\partial \phi)^2 + (Z_3 - 2Z'_4)(\partial^2 \phi)] + \mathcal{O}(\partial^6).
$$
 (B16)

Using the same relations discussed above regarding the EoM, and in particular, the ξ -dependence of the solutions of the EoM given by [\(B6\),](#page-19-2) one is able to prove that

$$
\frac{d}{d\xi}T^{\mu\nu}[\bar{\phi}] = 0,\tag{B17}
$$

to order $\mathcal{O}(\partial^6)$, so that the energy and momentum densities are ξ-independent quantities.

The discussion above has been performed for the Minkowski action and EoM but, for applications to tunneling rates and bounce solutions one uses instead the Euclidean action and EoM. However, the good ξindependence properties carry over to the Euclidean case. To see this explicitly, note first that in the Minkowskian proofs of ξ-independence presented above we never had to deal with the exact form of the metric. However, the Euclidean action is obtained by the replacement $t \to -it_E$, under which $(\partial \phi)^2 \to -(\partial_E \phi)^2$, $(\partial^2 \phi) \to -\partial_E^2 \phi$. These sign flips could be assigned to a parity transformation under which

$$
Z \to -Z, \quad Z_i \to Z_i, \quad V \to V, \quad C \to C, \quad D \to -D, \quad \tilde{D} \to -\tilde{D},
$$
\n(B18)

with $i = 2, 3, 4$. It is immediate to see that Eqs. [\(B5\),](#page-19-0) [\(B8\)](#page-19-3) and [\(B17\)](#page-20-1) are invariant under this parity transformation so that the ξ-invariance they express also holds in the Euclidean case.

APPENDIX C: NIELSEN IDENTITY AT FINITE TEMPERATURE

The Nielsen identity describing the gauge dependence of the effective potential extended to finite temperature takes the form given in Eq. [\(73\).](#page-14-1) Here we show the explicit forms of the effective potential V_T and the C_T function at finite T for the SM in Fermi gauge.

The calculation of V_T is by now standard. At one-loop order one gets

$$
V_T(h) = V_0(h) + V_1(h, T). \tag{C1}
$$

Here $V_0(h)$ is the tree-level potential of Eq. [\(16\)](#page-2-2). The oneloop term $V_1(h, T)$ includes both the $T = 0$ radiative corrections, as explicitly given in Eq. [\(17\)](#page-2-3), and the freegas approximation for the thermal effects and depends only on the h-dependent particle masses M_a and their number of degrees of freedom N_a (taken negative for fermions), with α labeling different particle species; see [\(18\)](#page-2-4).

Both $T = 0$ and finite-T contributions to the one-loop potential $V_1(h, T) = V_1(h, 0) + \Delta_T V_1(h, T)$ arise in a compact way in the imaginary-time formalism expression

$$
V_1(h,T) = \sum_{\alpha} N_{\alpha} J_{\alpha}(M_{\alpha}^2, T), \qquad (C2)
$$

where the functions J_{α} , defined as

$$
J_{\alpha}(M_{\alpha}^2, T) \equiv \frac{1}{2} \sum_{K} \log(K^2 + M_{\alpha}^2)
$$
 (C3)

are the finite-T generalization of the $J_{\alpha}^{0}(M_{\alpha}^{2})$ functions introduced in Eq. [\(17\)](#page-2-3). Inside the logarithm K^2 stands for the Euclidean momentum, after $k_0 \rightarrow ik_0$, while the integral sum stands for

$$
\sum_{K} \equiv T \sum_{n} \int \frac{d^{3-2\epsilon}k}{(2\pi)^{3-2\epsilon}},
$$
\n(C4)

with ϵ used for dimensional regularization. For nonzero T , k_0 takes discrete values, $k_0 = 2\pi nT$ for bosons and $k_0 = (2n + 1)\pi T$ for fermions, so that the k_0 integral is replaced by a sum with n running over all integers. Note that for $T \to 0$ we have $T \sum_n \to \int dk_0/(2\pi)$ and one recovers the $T = 0$ result (after Wick rotation), so that in fact the function [\(C3\)](#page-20-2) contains the finite temperature piece on top of the $T = 0$ one in a single formula. The thermal correction is

$$
\Delta_T V_1(h, T) = \sum_{\alpha} N_{\alpha} T \int \frac{d^3 k}{(2\pi)^3} \log \left[1 + s_{\alpha} e^{-\sqrt{k^2 + M_{\alpha}^2}/T}\right],\tag{C5}
$$

with $s_\alpha = - (+)$ for bosons (fermions). When $T \gg M_\alpha$, a high-T expansion for the potential gives

$$
V_{1}(h, T) = \sum_{\alpha(B)} N_{\alpha} \left[-\frac{\pi^{2} T^{4}}{90} + \frac{1}{24} M_{\alpha}^{2} T^{2} - \frac{1}{12\pi} M_{\alpha}^{3} T + \frac{M_{\alpha}^{4}}{64\pi^{2}} \log \frac{c_{B} T^{2}}{\mu^{2}} + \mathcal{O} \left(\frac{M_{\alpha}^{6}}{T^{2}} \right) \right] + \sum_{\alpha(F)} N_{\alpha} \left[\frac{7\pi^{2} T^{4}}{720} - \frac{1}{48} M_{\alpha}^{2} T^{2} + \frac{M_{\alpha}^{4}}{64\pi^{2}} \log \frac{c_{F} T^{2}}{\mu^{2}} + \mathcal{O} \left(\frac{M_{\alpha}^{6}}{T^{2}} \right) \right],
$$
 (C6)

where bosonic and fermionic contributions are indicated separately by (B) and (F) respectively and $c_B = 3/2 +$ $2 \log(4\pi) - 2\gamma_E$, $c_F = 3/2 + 2\log(\pi) - 2\gamma_E$ with $\gamma_E \approx 0.577$ being the Euler-Mascheroni constant. In many cases of interest (like in the study of the electroweak phase transition) a resummation of finite- T IR divergent terms (from $n = 0$ bosonic modes) is necessary. The main effect, after resumming the so-called ring diagrams is to replace the mass in the cubic term of the bosonic expansion above by a thermally screened one, $M_{\alpha}^2 \rightarrow M_{\alpha}^2 + \mathcal{O}(T^2)$; see e.g. [\[65\]](#page-23-14) for details.

The expressions for C_T in the SM (for Fermi gauge) generalize the $T = 0$ ones given in Eqs. [\(14\)](#page-2-5) and [\(15\)](#page-2-6). Going to momentum space and using the imaginary-time formalism as before we arrive at the thermally corrected expressions (at one loop),

$$
C_{B,T}^{(1)}(h) = -\frac{g'}{2} \sum_{K} \int P_c(-K) P_{\chi^0, \mu}(K) K^{\mu}
$$

\n
$$
= -\frac{\xi_B}{8} g^2 h \sum_{K} \int \frac{1}{(K^2 + M_{B_+}^2)(K^2 + M_{B_-}^2)},
$$

\n
$$
C_{W,T}^{(1)}(h) = -\frac{g}{2} \sum_{K} \int P_{c_a}(-K) P_{\chi^a, \mu}(K) K^{\mu}
$$

\n
$$
= -\frac{\xi_W}{8} g^2 h \sum_{K} \left[\frac{1}{(K^2 + M_{B_+}^2)(K^2 + M_{B_-}^2)} \right],
$$

\n
$$
+ \frac{2}{(K^2 + M_{A_+}^2)(K^2 + M_{A_-}^2)} \qquad (C7)
$$

where the intermediate expressions are written in terms of the ghost propagators and the Goldstone-gauge mixed ones and $M_{A_{\pm}}^2$, $M_{B_{\pm}}^2$ are given in Eq. [\(18\).](#page-2-4)

It is convenient to rewrite the previous expressions in terms of the functions $I_{\alpha}(M_{\alpha}^2, T)$ defined by

$$
I_{\alpha}(M_{\alpha}^2, T) \equiv 2 \frac{\partial}{\partial M_{\alpha}^2} J_{\alpha}(M_{\alpha}^2, T) = \sum_{K} \frac{1}{K^2 + M_{\alpha}^2}.
$$
 (C8)

Then we get

$$
C_{B,T}^{(1)}(h) = \frac{1}{8} \xi_B g^2 h \left[\frac{I_{B_+} - I_{B_-}}{M_{B_+}^2 - M_{B_-}^2} \right],
$$

\n
$$
C_{W,T}^{(1)}(h) = \frac{1}{8} \xi_W g^2 h \left[\frac{I_{B_+} - I_{B_-}}{M_{B_+}^2 - M_{B_-}^2} + 2 \frac{I_{A_+} - I_{A_-}}{M_{A_+}^2 - M_{A_-}^2} \right],
$$
 (C9)

a straightforward generalization of the $T = 0$ results of Eqs. (20) and (21) . The high-T expansions of these expressions are

$$
C_{B,T}^{(1)} = -\frac{\kappa}{8} \xi_B g^2 h \left[\log \frac{\mu^2}{c_B T^2} + \frac{3}{2} + \frac{4\pi T}{M_{B+} + M_{B-}} + \mathcal{O}\left(\frac{M_{B_{\pm}}^2}{T^2}\right) \right],
$$

\n
$$
C_{W,T}^{(1)} = -\frac{\kappa}{8} \xi_W g^2 h \left[2 \log \frac{\mu^2}{c_B T^2} + 3 + \frac{4\pi T}{M_{B+} + M_{B-}} + \frac{8\pi T}{M_{A+} + M_{A-}} + \mathcal{O}\left(\frac{M_{B_{\pm}}^2}{T^2}, \frac{M_{A_{\pm}}^2}{T^2}\right) \right],
$$
\n(C10)

which agree with the leading term result presented in [\[40\]](#page-23-0) (translated to Fermi gauge).

Finally, noting that

$$
\xi_B \frac{\partial V_1(h, T)}{\partial \xi_B} = \frac{\partial J_{B_+}}{\partial M_{B_+}^2} \xi_B \frac{\partial M_{B_+}^2}{\partial \xi_B} + (B_+ \to B_-),
$$

$$
\xi_W \frac{\partial V_1(h, T)}{\partial \xi_W} = \frac{\partial J_{B_+}}{\partial M_{B_+}^2} \xi_W \frac{\partial M_{B_+}^2}{\partial \xi_W} + 2 \frac{\partial J_{A_+}}{\partial M_{A_+}^2} \xi_W \frac{\partial M_{A_+}^2}{\partial \xi_W} + (B_+ \to B_-, A_+ \to A_-),
$$

and using the expressions for $M_{B_{\pm}}^2$ and $M_{A_{\pm}}^2$ given in [\(18\)](#page-2-4) plus the relation [\(C8\)](#page-21-0) and $\partial V_0 / \partial h = M_G^2 h$, it is straightforward to check the one-loop Nielsen identities

$$
\xi_B \frac{\partial V_1(h, T)}{\partial \xi_B} + C_{B,T}^{(1)} \frac{\partial V_0(h)}{\partial h} = 0, \quad (C11)
$$

$$
\xi_W \frac{\partial V_1(h, T)}{\partial \xi_W} + C_{W,T}^{(1)} \frac{\partial V_0(h)}{\partial h} = 0.
$$
 (C12)

- [1] G. Aad et al. (ATLAS Collaboration), [Phys. Lett. B](http://dx.doi.org/10.1016/j.physletb.2012.08.020) 716, 1 [\(2012\);](http://dx.doi.org/10.1016/j.physletb.2012.08.020) S. Chatrchyan et al. (CMS Collaboration), [Phys.](http://dx.doi.org/10.1016/j.physletb.2012.08.021) Lett. B 716[, 30 \(2012\)](http://dx.doi.org/10.1016/j.physletb.2012.08.021).
- [2] G. Aad et al. (ATLAS and CMS Collaborations), [Phys. Rev.](http://dx.doi.org/10.1103/PhysRevLett.114.191803) Lett. 114[, 191803 \(2015\)](http://dx.doi.org/10.1103/PhysRevLett.114.191803).
- [3] ATLAS, CDF, CMS, and D0 Collaborations, [arXiv:](http://arXiv.org/abs/1403.4427) [1403.4427.](http://arXiv.org/abs/1403.4427)
- [4] G. Degrassi, S. Di Vita, J. Elias-Miró, J. R. Espinosa, G. F. Giudice, G. Isidori, and A. Strumia, [J. High Energy Phys. 08](http://dx.doi.org/10.1007/JHEP08(2012)098) [\(2012\) 098.](http://dx.doi.org/10.1007/JHEP08(2012)098)
- [5] D. Buttazzo, G. Degrassi, P. P. Giardino, G. F. Giudice, F. Sala, A. Salvio, and A. Strumia, [J. High Energy Phys. 12](http://dx.doi.org/10.1007/JHEP12(2013)089) [\(2013\) 089.](http://dx.doi.org/10.1007/JHEP12(2013)089)
- [6] F. Bezrukov, M. Y. Kalmykov, B. A. Kniehl, and M. Shaposhnikov, [J. High Energy Phys. 10 \(2012\) 140.](http://dx.doi.org/10.1007/JHEP10(2012)140)
- [7] J. Elias-Miró, J. R. Espinosa, G. F. Giudice, G. Isidori, A. Riotto, and A. Strumia, [Phys. Lett. B](http://dx.doi.org/10.1016/j.physletb.2012.02.013) 709, 222 (2012).
- [8] M. Holthausen, K. S. Lim, and M. Lindner, [J. High Energy](http://dx.doi.org/10.1007/JHEP02(2012)037) [Phys. 02 \(2012\) 037;](http://dx.doi.org/10.1007/JHEP02(2012)037) S. Alekhin, A. Djouadi, and S. Moch, [Phys. Lett. B](http://dx.doi.org/10.1016/j.physletb.2012.08.024) 716, 214 (2012).
- [9] A. V. Bednyakov, B. A. Kniehl, A. F. Pikelner, and O. L. Veretin, Phys. Rev. Lett. 115[, 201802 \(2015\).](http://dx.doi.org/10.1103/PhysRevLett.115.201802)
- [10] J. R. Espinosa, G. F. Giudice, and A. Riotto, [J. Cosmol.](http://dx.doi.org/10.1088/1475-7516/2008/05/002) [Astropart. Phys. 05 \(2008\) 002.](http://dx.doi.org/10.1088/1475-7516/2008/05/002)
- [11] O. Lebedev and A. Westphal, [Phys. Lett. B](http://dx.doi.org/10.1016/j.physletb.2012.12.069) **719**, 415 (2013); A. Kobakhidze and A. Spencer-Smith, [Phys. Lett. B](http://dx.doi.org/10.1016/j.physletb.2013.04.013) 722, [130 \(2013\);](http://dx.doi.org/10.1016/j.physletb.2013.04.013) M. Fairbairn and R. Hogan, [Phys. Rev. Lett.](http://dx.doi.org/10.1103/PhysRevLett.112.201801) 112[, 201801 \(2014\)](http://dx.doi.org/10.1103/PhysRevLett.112.201801); K. Enqvist, T. Meriniemi, and S. Nurmi, [J. Cosmol. Astropart. Phys. 07 \(2014\) 025;](http://dx.doi.org/10.1088/1475-7516/2014/07/025) M. Herranen, T. Markkanen, S. Nurmi, and A. Rajantie, [Phys.](http://dx.doi.org/10.1103/PhysRevLett.113.211102) Rev. Lett. 113[, 211102 \(2014\);](http://dx.doi.org/10.1103/PhysRevLett.113.211102) F. Bezrukov, J. Rubio, and M. Shaposhnikov, Phys. Rev. D 92[, 083512 \(2015\);](http://dx.doi.org/10.1103/PhysRevD.92.083512) A. Shkerin and S. Sibiryakov, [Phys. Lett. B](http://dx.doi.org/10.1016/j.physletb.2015.05.012) 746, 257 (2015); P. Burda, R. Gregory, and I. Moss, [J. High Energy Phys. 08](http://dx.doi.org/10.1007/JHEP08(2015)114) [\(2015\) 114;](http://dx.doi.org/10.1007/JHEP08(2015)114) C. Gross, O. Lebedev, and M. Zatta, [Phys. Lett.](http://dx.doi.org/10.1016/j.physletb.2015.12.014) B 753[, 178 \(2016\)](http://dx.doi.org/10.1016/j.physletb.2015.12.014); M. Herranen, T. Markkanen, S. Nurmi, and A. Rajantie, Phys. Rev. Lett. 115[, 241301 \(2015\)](http://dx.doi.org/10.1103/PhysRevLett.115.241301); P. Burda, R. Gregory, and I. Moss, [arXiv:1601.02152;](http://arXiv.org/abs/1601.02152) Y. Ema, K. Mukaida, and K. Nakayama, [arXiv:1602.00483;](http://arXiv.org/abs/1602.00483) K. Kohri and H. Matsui, [arXiv:1602.02100;](http://arXiv.org/abs/1602.02100) W. E. East, J. Kearney, B. Shakya, H. Yoo, and K. M. Zurek, [arXiv:](http://arXiv.org/abs/1607.00381) [1607.00381.](http://arXiv.org/abs/1607.00381)
- [12] A. Hook, J. Kearney, B. Shakya, and K. M. Zurek, [J. High](http://dx.doi.org/10.1007/JHEP01(2015)061) [Energy Phys. 01 \(2015\) 061;](http://dx.doi.org/10.1007/JHEP01(2015)061) J. Kearney, H. Yoo, and K. M. Zurek, Phys. Rev. D 91[, 123537 \(2015\).](http://dx.doi.org/10.1103/PhysRevD.91.123537)
- [13] J. R. Espinosa, G. F. Giudice, E. Morgante, A. Riotto, L. Senatore, A. Strumia, and N. Tetradis, [J. High Energy Phys.](http://dx.doi.org/10.1007/JHEP09(2015)174) [09 \(2015\) 174.](http://dx.doi.org/10.1007/JHEP09(2015)174)
- [14] C.D. Froggatt and H.B. Nielsen, [Phys. Lett. B](http://dx.doi.org/10.1016/0370-2693(95)01480-2) 368, 96 [\(1996\);](http://dx.doi.org/10.1016/0370-2693(95)01480-2) M. Shaposhnikov and C. Wetterich, [Phys. Lett. B](http://dx.doi.org/10.1016/j.physletb.2009.12.022) 683[, 196 \(2010\)](http://dx.doi.org/10.1016/j.physletb.2009.12.022); I. Bars, P. J. Steinhardt, and N. Turok, [Phys. Lett. B](http://dx.doi.org/10.1016/j.physletb.2013.08.071) 726, 50 (2013); A. Hebecker, A. K. Knochel, and T. Weigand, [J. High Energy Phys. 06 \(2012\) 093;](http://dx.doi.org/10.1007/JHEP06(2012)093) L. E. Ibañez, F. Marchesano, D. Regalado, and I. Valenzuela, [J. High Energy Phys. 07 \(2012\) 195;](http://dx.doi.org/10.1007/JHEP07(2012)195) L. E. Ibañez and I. Valenzuela, [J. High Energy Phys. 05 \(2013\) 064;](http://dx.doi.org/10.1007/JHEP05(2013)064) A. Hebecker, A. K. Knochel, and T. Weigand, [Nucl. Phys.](http://dx.doi.org/10.1016/j.nuclphysb.2013.05.004) B874[, 1 \(2013\);](http://dx.doi.org/10.1016/j.nuclphysb.2013.05.004) M. Ibe, S. Matsumoto, and T. T. Yanagida, [Phys. Lett. B](http://dx.doi.org/10.1016/j.physletb.2014.03.041) 732, 214 (2014); F. D'Eramo, L. J. Hall, and D. Pappadopulo, [J. High Energy Phys. 06 \(2015\) 117.](http://dx.doi.org/10.1007/JHEP06(2015)117)
- [15] J. R. Espinosa, J. F. Fortin, and M. Trepanier, [arXiv:](http://arXiv.org/abs/1508.05343) [1508.05343.](http://arXiv.org/abs/1508.05343)
- [16] D. Johnston, Nucl. Phys. **B253**[, 687 \(1985\);](http://dx.doi.org/10.1016/0550-3213(85)90553-X) G. Thompson and H. L. Yu, Phys. Rev. D 31[, 2141 \(1985\);](http://dx.doi.org/10.1103/PhysRevD.31.2141) G. Kunstatter and H. P. Leivo, [Phys. Lett. B](http://dx.doi.org/10.1016/0370-2693(87)91420-1) 183, 75 (1987); J. R. S. Do Nascimento and D. Bazeia, Phys. Rev. D 35[, 2490 \(1987\)](http://dx.doi.org/10.1103/PhysRevD.35.2490); D. Boyanovsky, D. Brahm, R. Holman, and D. S. Lee, [Phys.](http://dx.doi.org/10.1103/PhysRevD.54.1763) Rev. D 54[, 1763 \(1996\);](http://dx.doi.org/10.1103/PhysRevD.54.1763) C. Contreras and L. Vergara, [Phys.](http://dx.doi.org/10.1103/PhysRevD.55.5241) Rev. D 55[, 5241 \(1997\)](http://dx.doi.org/10.1103/PhysRevD.55.5241); 56[, 6714\(E\) \(1997\)](http://dx.doi.org/10.1103/PhysRevD.56.6714.2); W. Loinaz and R. S. Willey, Phys. Rev. D 56[, 7416 \(1997\)](http://dx.doi.org/10.1103/PhysRevD.56.7416); D. Boyanovsky, W. Loinaz, and R. S. Willey, [Phys. Rev. D](http://dx.doi.org/10.1103/PhysRevD.57.100) 57, 100 (1998); R. Haussling and S. Kappel, [Eur. Phys. J. C](http://dx.doi.org/10.1007/s100529800780) 4, 543 (1998); O. M. Del Cima, D. H. T. Franco, and O. Piguet, [Nucl. Phys.](http://dx.doi.org/10.1016/S0550-3213(99)00226-6) B551[, 813 \(1999\)](http://dx.doi.org/10.1016/S0550-3213(99)00226-6); J. Baacke and K. Heitmann, [Phys. Rev. D](http://dx.doi.org/10.1103/PhysRevD.60.105037) 60[, 105037 \(1999\);](http://dx.doi.org/10.1103/PhysRevD.60.105037) L. P. Alexander and A. Pilaftsis, [J. Phys.](http://dx.doi.org/10.1088/0954-3899/36/4/045006) G 36[, 045006 \(2009\)](http://dx.doi.org/10.1088/0954-3899/36/4/045006).
- [17] R. Jackiw, Phys. Rev. D 9[, 1686 \(1974\)](http://dx.doi.org/10.1103/PhysRevD.9.1686).
- [18] L. Di Luzio and L. Mihaila, [J. High Energy Phys. 06 \(2014\)](http://dx.doi.org/10.1007/JHEP06(2014)079) [079.](http://dx.doi.org/10.1007/JHEP06(2014)079)
- [19] N. K. Nielsen, Phys. Rev. D **90**[, 036008 \(2014\).](http://dx.doi.org/10.1103/PhysRevD.90.036008)
- [20] A. Andreassen, W. Frost, and M. D. Schwartz, [Phys. Rev. D](http://dx.doi.org/10.1103/PhysRevD.91.016009) 91[, 016009 \(2015\);](http://dx.doi.org/10.1103/PhysRevD.91.016009) [Phys. Rev. Lett.](http://dx.doi.org/10.1103/PhysRevLett.113.241801) 113, 241801 [\(2014\).](http://dx.doi.org/10.1103/PhysRevLett.113.241801)
- [21] N. K. Nielsen, Nucl. Phys. **B101**[, 173 \(1975\)](http://dx.doi.org/10.1016/0550-3213(75)90301-6).
- [22] R. Fukuda and T. Kugo, Phys. Rev. D 13[, 3469 \(1976\)](http://dx.doi.org/10.1103/PhysRevD.13.3469).
- [23] I. J. R. Aitchison and C. M. Fraser, [Ann. Phys. \(N.Y.\)](http://dx.doi.org/10.1016/0003-4916(84)90209-4) **156**, 1 [\(1984\).](http://dx.doi.org/10.1016/0003-4916(84)90209-4)
- [24] S. R. Coleman and E. J. Weinberg, [Phys. Rev. D](http://dx.doi.org/10.1103/PhysRevD.7.1888) 7, 1888 [\(1973\).](http://dx.doi.org/10.1103/PhysRevD.7.1888)
- [25] S. P. Martin, Phys. Rev. D 90[, 016013 \(2014\)](http://dx.doi.org/10.1103/PhysRevD.90.016013).
- [26] J. Elias-Miró, J. R. Espinosa, and T. Konstandin, [J. High](http://dx.doi.org/10.1007/JHEP08(2014)034) [Energy Phys. 08 \(2014\) 034.](http://dx.doi.org/10.1007/JHEP08(2014)034)
- [27] J. R. Espinosa, M. Garny, and T. Konstandin, [arXiv:](http://arXiv.org/abs/1607.08432) [1607.08432.](http://arXiv.org/abs/1607.08432)
- [28] B. Grzadkowski and J. Wudka, [Phys. Rev. Lett.](http://dx.doi.org/10.1103/PhysRevLett.88.041802) 88, 041802 [\(2002\);](http://dx.doi.org/10.1103/PhysRevLett.88.041802) B. Grzadkowski, J. Pliszka, and J. Wudka, [Phys.](http://dx.doi.org/10.1103/PhysRevD.69.033001) Rev. D 69[, 033001 \(2004\)](http://dx.doi.org/10.1103/PhysRevD.69.033001).
- [29] C. P. Burgess, V. Di Clemente, and J. R. Espinosa, [J. High](http://dx.doi.org/10.1088/1126-6708/2002/01/041) [Energy Phys. 01 \(2002\) 041.](http://dx.doi.org/10.1088/1126-6708/2002/01/041)
- [30] A. Eichhorn, H. Gies, J. Jaeckel, T. Plehn, M. M. Scherer, and R. Sondenheimer, [J. High Energy Phys. 04 \(2015\) 022.](http://dx.doi.org/10.1007/JHEP04(2015)022)
- [31] P. Q. Hung and M. Sher, [Phys. Lett. B](http://dx.doi.org/10.1016/0370-2693(96)00123-2) 374, 138 (1996); J. A. Casas, V. Di Clemente, and M. Quiros, [Nucl. Phys.](http://dx.doi.org/10.1016/S0550-3213(00)00199-1) B581, [61 \(2000\).](http://dx.doi.org/10.1016/S0550-3213(00)00199-1)
- [32] J. A. Casas, V. Di Clemente, A. Ibarra, and M. Quirós, Phys. Rev. D 62[, 053005 \(2000\)](http://dx.doi.org/10.1103/PhysRevD.62.053005).
- [33] I. Y. Kobzarev, L. B. Okun, and M. B. Voloshin, Yad. Fiz. 20, 1229 (1974) [Sov. J. Nucl. Phys. 20, 644 (1975)].
- [34] S. R. Coleman, Phys. Rev. D 15[, 2929 \(1977\)](http://dx.doi.org/10.1103/PhysRevD.15.2929); 16[, 1248\(E\)](http://dx.doi.org/10.1103/PhysRevD.16.1248) [\(1977\).](http://dx.doi.org/10.1103/PhysRevD.16.1248)
- [35] V.A. Rubakov, Classical Theory of Gauge Fields (Princeton University Press, Princeton, NJ, 2002).
- [36] D. Metaxas and E.J. Weinberg, [Phys. Rev. D](http://dx.doi.org/10.1103/PhysRevD.53.836) 53, 836 [\(1996\).](http://dx.doi.org/10.1103/PhysRevD.53.836)
- [37] A. D. Plascencia and C. Tamarit, [J. High Energy Phys. 10](http://dx.doi.org/10.1007/JHEP10(2016)099) [\(2016\) 099.](http://dx.doi.org/10.1007/JHEP10(2016)099)
- [38] Z. Lalak, M. Lewicki, and P. Olszewski, [Phys. Rev. D](http://dx.doi.org/10.1103/PhysRevD.94.085028) 94, [085028 \(2016\).](http://dx.doi.org/10.1103/PhysRevD.94.085028)
- [39] S. R. Coleman and F. De Luccia, [Phys. Rev. D](http://dx.doi.org/10.1103/PhysRevD.21.3305) 21, 3305 [\(1980\).](http://dx.doi.org/10.1103/PhysRevD.21.3305)

ESPINOSA, GARNY, KONSTANDIN, and RIOTTO PHYSICAL REVIEW D 95, 056004 (2017)

- [40] M. Garny and T. Konstandin, [J. High Energy Phys. 07](http://dx.doi.org/10.1007/JHEP07(2012)189) [\(2012\) 189.](http://dx.doi.org/10.1007/JHEP07(2012)189)
- [41] K. M. Lee and E. J. Weinberg, [Nucl. Phys.](http://dx.doi.org/10.1016/0550-3213(86)90150-1) **B267**, 181 [\(1986\).](http://dx.doi.org/10.1016/0550-3213(86)90150-1)
- [42] P.B. Arnold, *[Phys. Rev. D](http://dx.doi.org/10.1103/PhysRevD.40.613)* **40**, 613 (1989).
- [43] L. Di Luzio, G. Isidori, and G. Ridolfi, [Phys. Lett. B](http://dx.doi.org/10.1016/j.physletb.2015.12.009) 753, [150 \(2016\)](http://dx.doi.org/10.1016/j.physletb.2015.12.009).
- [44] J. R. Espinosa, Proc. Sci., TOP2015 (2016) 043 [\[arXiv:](http://arXiv.org/abs/1512.01222) [1512.01222\].](http://arXiv.org/abs/1512.01222)
- [45] V. Branchina, E. Messina, and M. Sher, [Phys. Rev. D](http://dx.doi.org/10.1103/PhysRevD.91.013003) 91, [013003 \(2015\).](http://dx.doi.org/10.1103/PhysRevD.91.013003)
- [46] Z. Lalak, M. Lewicki, and P. Olszewski, [J. High Energy](http://dx.doi.org/10.1007/JHEP05(2014)119) [Phys. 05 \(2014\) 119.](http://dx.doi.org/10.1007/JHEP05(2014)119)
- [47] E. J. Weinberg, Classical Solutions in Quantum Field Theory: Solitons and Instantons in High Energy Physics (Cambridge University Press, Cambridge, 2012).
- [48] A. Masoumi, S. Paban, and E. J. Weinberg, [Phys. Rev. D](http://dx.doi.org/10.1103/PhysRevD.94.025023) 94, [025023 \(2016\).](http://dx.doi.org/10.1103/PhysRevD.94.025023)
- [49] A. Salvio, A. Strumia, N. Tetradis, and A. Urbano, [arXiv:1608.02555.](http://arXiv.org/abs/1608.02555)
- [50] G. Isidori, V. S. Rychkov, A. Strumia, and N. Tetradis, Phys. Rev. D 77[, 025034 \(2008\)](http://dx.doi.org/10.1103/PhysRevD.77.025034).
- [51] V. Branchina, E. Messina, and D. Zappala, [arXiv:](http://arXiv.org/abs/1601.06963) [1601.06963.](http://arXiv.org/abs/1601.06963)
- [52] A. Rajantie and S. Stopyra, [arXiv:1606.00849.](http://arXiv.org/abs/1606.00849)
- [53] C. W. Misner, K. S. Thorne, and J. A. Wheeler, *Gravitation* (W. H. Freeman and Company, San Francisco, 1973), p. 1279; see box 23.1.
- [54] S. Weinberg, [Phys. Rev. Lett.](http://dx.doi.org/10.1103/PhysRevLett.48.1776) **48**, 1776 (1982).
- [55] S. W. Hawking and I. G. Moss, Phys. Lett. **110B**[, 35 \(1982\).](http://dx.doi.org/10.1016/0370-2693(82)90946-7)
- [56] D. A. Kirzhnits and A. D. Linde, [Ann. Phys. \(N.Y.\)](http://dx.doi.org/10.1016/0003-4916(76)90279-7) 101, 195 [\(1976\).](http://dx.doi.org/10.1016/0003-4916(76)90279-7)
- [57] L. Dolan and R. Jackiw, Phys. Rev. D 9[, 3320 \(1974\)](http://dx.doi.org/10.1103/PhysRevD.9.3320).
- [58] C. Becchi, A. Rouet and R. Stora, [Annals Phys.](http://dx.doi.org/10.1016/0003-4916(76)90156-1) 98, 287 (1976); [59] A. K. Das, Finite Temperature Field Theory (World
- Scientific, Singapore, 1997), p. 404.
- [60] G. W. Anderson, [Phys. Lett. B](http://dx.doi.org/10.1016/0370-2693(90)90849-2) 243, 265 (1990); P. B. Arnold and S. Vokos, Phys. Rev. D 44[, 3620 \(1991\);](http://dx.doi.org/10.1103/PhysRevD.44.3620) J. R. Espinosa and M. Quiros, [Phys. Lett. B](http://dx.doi.org/10.1016/0370-2693(95)00572-3) 353, 257 (1995); A. Strumia and N. Tetradis, [J. High Energy Phys. 11 \(1999\) 023.](http://dx.doi.org/10.1088/1126-6708/1999/11/023)
- [61] L. Delle Rose, C. Marzo, and A. Urbano, [J. High Energy](http://dx.doi.org/10.1007/JHEP05(2016)050) [Phys. 05 \(2016\) 050.](http://dx.doi.org/10.1007/JHEP05(2016)050)
- [62] A. A. Starobinsky and J. Yokoyama, [Phys. Rev. D](http://dx.doi.org/10.1103/PhysRevD.50.6357) 50, 6357 [\(1994\).](http://dx.doi.org/10.1103/PhysRevD.50.6357)
- [63] N. C. Tsamis and R. P. Woodard, [Nucl. Phys.](http://dx.doi.org/10.1016/j.nuclphysb.2005.06.031) B724, 295 [\(2005\).](http://dx.doi.org/10.1016/j.nuclphysb.2005.06.031)
- [64] H. Risken, The Fokker-Planck Equation (Springer, New York, 1996).
- [65] P. B. Arnold and O. Espinosa, [Phys. Rev. D](http://dx.doi.org/10.1103/PhysRevD.47.3546) 47, 3546 [\(1993\);](http://dx.doi.org/10.1103/PhysRevD.47.3546) 50[, 6662\(E\) \(1994\)](http://dx.doi.org/10.1103/PhysRevD.50.6662.2).