String dynamics and metastability of all-heavy tetraquarks

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Multiquark states have been advocated to explain recent experimental data in the heavy-light sector, and there are already speculations about multiquarks containing only heavy quarks and antiquarks. With a rigorous treatment of the four-body problem in current quark models, full-charm $(cc\bar{c}\,\bar{c})$ and full-beauty $(bb\bar{b}\,\bar{b})$ tetraquarks are found to be unbound. Thus their stability should rely on more subtle effects that are not included in the simple picture of constituent quarks. The case of $(bc\bar{b}\,\bar{c})$ might be more favorable if the naive color-additive model of confinement is replaced by a string-inspired interaction.

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I. INTRODUCTION

Recent discoveries of new particles hint at combinations of quarks in a way not seen before: pentaquarks [1], and four-quark states [2], namely particles with hidden heavy flavor and a pair of light quarks, $(Q\bar{Q}q\bar{q})$. However, in this sector, as well as for other multiquark states like dibaryons or pentaquarks, the experimental candidates are resonances, lying above their dissociation threshold. These resonances have been discussed in many papers, but in theoretical studies some special attention is also paid to configurations which would be stable against spontaneous breaking, or at least metastable, i.e., lying below their nearest threshold.

In particular, several recent papers speculated on the existence of tetraquarks made of four heavy constituents, $(QQ\bar{Q}\bar{Q}\bar{Q})$, in either the charm or beauty sector [3–6]. Earlier papers on the subject include Refs. [7–9] (the first one as early as 1975!), as well as papers in which the equal-mass case was compared to other flavor configurations [10,11]. These studies are rather timely, as the evidence for several XYZ states has demonstrated that hadron and electron colliders provide good opportunities to extend our knowledge of heavy-flavor spectroscopy. Experimentally, states with hidden heavy flavor offer some advantages, as they can be detected with the help of triggers such as J/ψ which are very efficient. Other configurations are seemingly more delicate, as illustrated by the difficulties encountered in the search for double-charm baryons and double-charm tetraquarks.

On the theory side, binding a multiquark configuration is not as obvious as it may look at first sight. For instance, Lipkin (private communications and, e.g., Ref. [12,13]) used to stress that for a set of two mesons at rest there are only two three-dimensional kinetic-energy operators, while a tetraquark involves three of them.¹ So, one should get some good dynamical effect to overcome this handicap. In the case of atomic physics, the situation is also rather delicate: in 1945, Wheeler speculated about the existence of the positronium molecule $Ps_2 = (e^+, e^+, e^-, e^-)$ (the paper was published in 1946 [14]); a first calculation by Ore concluded that this four-electron configuration is likely unstable [15]; but the following year, the very same Ore, working with Hylleraas, published an elegant analytic proof of the stability [16]. In fact, the stability or instability of few-charge systems depends rather critically on the masses which are involved; see, e.g., Ref. [17]. In particular, the very tiny binding of Wheeler's positronium molecule contrasts with the comfortable binding of the hydrogen molecule H₂.

The constituent quark model follows rather closely the patterns of few-charge systems, when the dynamics is taken as an additive flavor-independent and spin-independent interaction; see Sec. II. The chromomagnetic interaction offers some opportunities for multiquarks, which will be briefly reviewed in Sec. III. Another improvement comes from the string model, which suggests a multibody variant of the linear part of the chromoelectric potential, which gives more attraction, provided the quarks (and the

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¹The argument was given for pedagogical purpose. Lipkin was of course fully aware that, thanks to the virial theorem, the kinetic energy tends to readjust itself independently of the number of operators.

antiquarks) are not constrained by Fermi statistics. This gives $(bc\bar{b}\,\bar{c})$ some opportunities that equal-mass configurations such as $(bb\bar{b}\,\bar{b})$ or $(cc\bar{c}\,\bar{c})$ do not have. The case of $(bb\bar{c}\,\bar{c})$ or c.c. is more delicate, as it benefits from *C*-conjugation breaking, which makes H₂ more stable than Ps₂, but is submitted to the constraints of the Fermi statistics.

In this article, we wish to extend some of the existing results on fully heavy tetraquark states, and explain why their binding depends on their detailed flavor content. We also address the question of metastability, which is also relevant for the *XYZ* states. Many scenarios lead to $(bc\bar{b}\,\bar{c})$ that is below the $(b\bar{c}) + (c\bar{b})$ threshold, but leave the decay into bottomonium and charmonium permitted. This is similar to the question of the metastability of the hydrogen-antihydrogen molecule [18].

II. CHROMOELECTRIC MODEL

A. Color-additive model

In the limit of very heavy quarks, the chromomagnetic forces vanishes. It is thus interesting to consider the case of a purely chromoelectric interaction

$$H = \sum_{i} \frac{\boldsymbol{p}_{i}^{2}}{2m_{i}} - \text{c.o.m.} + V,$$

$$V = -\frac{16}{3} \sum_{i < j} \tilde{\lambda}_{i} . \tilde{\lambda}_{j} v(r_{ij}).$$
(1)

This is of course a very crude modeling, with nonrelativistic kinematics, two-body forces, color treated as a global operator, etc., but, at least, it can be used as a benchmark. Here, $\tilde{\lambda}_i, \tilde{\lambda}_j$ should be suitably modified for quark-antiquark pairs. The normalization is such that v(r) is the quarkonium potential, something like $v(r) = -a/r + \lambda r \ a \ la$ Cornell [19], or $v(r) = A \ln(r/c) \ a \ la$ Quigg and Rosner [20], or $v(r) = A r^{\alpha} + B \ a \ la$ Martin [21].

The latter choice was adopted by Zouzou *et al.* [10] who studied $(QQ\bar{q} \bar{q})$ as a function of the quark mass ratio M/m and found that a pretty large M/m is needed to achieve stability below the threshold for decay into two flavored mesons. With current quark models, stability is achieved with $(bb\bar{u} \bar{d})$. The stability of $(cc\bar{u} \bar{d})$ (first obtained by Janc and Rosina [22], and confirmed in further work [23]) makes use of a favorable chromomagnetic interaction, and would require a larger M/m if the chromomagnetic term is removed. Thus the result of Llyod and Vary [9], claiming the existence of a stable $(cc\bar{c} \bar{c})$, was received with some skepticism.

The stability of $(QQ\bar{q} \bar{q})$ in the limit of large quark-toantiquark mass ratio, as a consequence of flavor independence, is nowadays an old prediction (about 35 years), but it has never been tested! The physics of double charm is seemingly difficult, even with modern detectors. The existence of the simpler (QQq) configuration, i.e., doubly charmed baryons is not even established [24].

B. A mathematical digression

The analogy between the stability of few-charge systems and multiquarks in an additive chromoelectric potential offers good guidance for identifying the favorable configurations. However, there are some differences, not so much due to the radial shape of the potential but rather to the color algebra replacing the simpler algebra of electric charges.

In Refs. [25,26], there was an attempt to explain why unlike in the case of the positronium molecule—the equalmass systems are unstable in the chromoelectric model with frozen color wave functions. In both the atom and quark cases, the four-body system and its threshold, after simple rescaling, are governed by a generic Hamiltonian

$$H = \sum_{i} p_{i}^{2} - \text{c.o.m.} + \sum_{i < j} g_{ij} v(r_{ij}), \qquad \sum_{i < j} g_{ij} = 2, \quad (2)$$

with v(r) = -1/r in the atomic case, and the quarkonium potential in the hadron case. Of course, all such Hamiltonians give a ground-state near the two-atom or two-meson threshold. A symmetric distribution of the couplings, $g_{ij} = 1/3 \forall i, j$, gives the largest energy, and any asymmetry in $\{g_{ij}\}$ lowers its energy. And one realizes that the algebra of color is less favorable than the algebra of charge products in molecules, namely, that $\{g_{ij}\}$ is less asymmetric for a tetraquark than for the positronium molecule; in other words, multiquark spectroscopy is penalized by the non-Abelian nature of color.

It is important to stress that the color configurations, though they give the same cumulated strength $\sum g_{ij}$, are *not* equivalent for the confining energy. Thus a color configuration which is potentially favorable for the chromomagnetic interaction (to be discussed below) might be far from optimal for the chromoelectric one [27].

The above reasoning on the ground state of Eq. (1) as a function of $\{g_{ij}\}$ holds for a single color channel. It is observed in explicit computations that the mixing of color states does not help much.

C. Solving the four-body problem

To compute the ground-state of a three-body baryon in the quark model, a crude variational approximation is often sufficient. The accuracy is not very crucial given the crudeness of the model, and the exact wave function has a simple structure. The situation would be even better for a N-body baryon in the large-N extension of QCD.

For a tetraquark close to its threshold, this is drastically different. One has to precisely estimate $(q_1q_2\bar{q}_3\bar{q}_4)$ and its thresholds, to see whether there is a bound state. Moreover, the $(q_1q_2\bar{q}_3\bar{q}_4)$ wave function has a $[(q_1\bar{q}_3)(q_2\bar{q}_4)]$

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component and a $[(q_1\bar{q}_4)(q_2\bar{q}_3)]$ one, corresponding to its "molecular" part, perhaps a $[(q_1q_2)(\bar{q}_3\bar{q}_4)]$ diquarkantidiquark component, and a collective component that prevails in the event of deep binding. This has been discussed in detail in Ref. [28]. A similar situation is encountered in atomic physics: the deeply bound He atom (α, e^-, e^-) is well described by a simple product of two functions. For the weakly bound $H^-(p, e^-, e^-)$, one has to introduce a much more subtle wave function to demonstrate the stability against dissociation into $H + e^-$ [17].

More precisely, a simple Gaussian trial wave function

$$\exp[-a(\mathbf{x}^2 + \mathbf{y}^2 + z^2)/2] = \exp\left[-a\sum r_{ij}^2/4\right],$$
 (3)

where x, y and z are properly normalized Jacobi variables describing the internal motion, would not distinguish among the various coupling distributions $\{g_{ij}\}$ envisaged in Eq. (2), and neither will a wave function assumed to be a function of $x^2 + y^2 + z^2$ only, which in the technical language of the four-body problem, is named the hyperscalar approximation.

In practice, solving the toy model (2) or the four-quark problem in constituent models requires sophisticated tools. In Ref. [29] the hyperspherical harmonic expansion was pushed up to deal with systems of two quarks and two antiquarks with the same flavor, $(QQ\bar{Q}\bar{Q}\bar{Q})$. It was later on generalized to consider pairs of quarks with different flavors and masses, $(Q\bar{Q}q\bar{q})$ and $(QQ\bar{q}\bar{q})$, where q stands for a light quark [23]. Another approach is based on correlated Gaussians, in which the single wave function (3) is replaced by a sum of correlated Gaussians

$$\sum_{n} \alpha_n \Big[\exp[-\sum_{ij} a_{ij}^{(n)} \mathbf{r}_{ij}^2 / 4] + \cdots \Big], \tag{4}$$

where the ellipsis represents terms deduced by symmetry. The Pauli principle leads to the restrictions on the allowed combinations of spin-color-orbital basis states contributing to the $(Q'Q'\bar{Q}\bar{Q})$ wave function. In the $(Q\bar{Q}Q'\bar{Q}')$ case, *C*-conjugation selects the spin-color-orbital configurations that can be combined in the wave function.

Note that the dynamics of $(Q'Q'\bar{Q}\bar{Q})$ is simpler, with a single threshold. In the case of $(QQ'\bar{Q}\bar{Q})$ with $Q \neq Q'$, the lowest threshold is $(Q\bar{Q}) + (Q'\bar{Q}')$ for a flavorindependent interaction, according to a theorem by Nussinov, Bertlmann and Martin [30,31], and this often remains true when flavor independence is broken by a chromomagnetic term. This means for, e.g., $(c\bar{c}q\bar{q})$ configurations tentatively describing the *XYZ* states, that one has to work in the continuum, without a guarantee that a bound-state approximation is justified.

The four-body problem is notoriously delicate, as illustrated by the difficulties encountered and eventually overcome by Ore for the positronium molecule. Approximations are thus welcome, especially if they point out the main degrees of freedom. For instance the hydrogen molecule is well understood within the Born-Oppenheimer approximation; see, e.g., Ref. [32]. The Born-Oppenheimer method translates in the quantum domain standard approximations of classical physics based on the differences of time scales: sequential radioactivity following primary fusion, melting of a ice sphere within a large vessel, or spontaneous penetration of a horseshoe in the ice [33], for which a quasiequilibrium state is assumed at any time. The Born-Oppenheimer method has been applied to (QQq) and heavy hybrids, and has been generalized to XYZ states; see, e.g., Ref. [34].

Some other approximations imply a redefinition of the dynamics—which might be justified from elaborate QCD studies—but are not direct consequences of the simple models such as Eq. (1). This is notoriously the case for the diquark model. Take for instance the harmonicoscillator model of baryons. With standard Jacobi variables, it reads

$$H = (\mathbf{p}_x^2 + \mathbf{p}_y^2)/m + 3K(\mathbf{x}^2 + \mathbf{y}^2)/2, \qquad (5)$$

with a factor coming from $r_{12}^2 + r_{23}^2 + r_{31}^2 = 3(x^2 + y^2)/2$. In the naive diquark approximation, one solves first the problem for (1, 2) alone, and then for [(1, 2), 3], and one misses a factor $(3/2)^{1/2}$ for the part of the ground-state energy associated with x. The effect is not completely negligible, and is *antivariational*.

If one repeats the same exercise with an equal-mass tetraquark and a color $\overline{3}3$ wave function, one gets

$$H = (\mathbf{p}_x^2 + \mathbf{p}_y^2 + \mathbf{p}_z^2)/m + 3K(\mathbf{x}^2 + \mathbf{y}^2)/4 + K\mathbf{z}^2/2, \quad (6)$$

and, again, the approximation is antivariational, with $(3/4)^{1/2} \rightarrow 1/2$ for each diquark, and the open question of whether this becomes worse for a nonharmonic interaction.

In Ref. [3], there was an interesting statement that the binding energy of a QQ diquark of color $\overline{3}$ is half that of a $Q\overline{Q}$ singlet: the change in a $Q\overline{Q}$ potential $V = gr^{\alpha}$ from g to g/2 results in a rescaling by a factor $2^{-2/(\alpha+2)}$, according to the seminal paper [20]. This means a reasonable logarithmic regime $\alpha \to 0$. On the other hand, for the diquark-antidiquark binding, the mass dependence is found $\propto m^p$, with p = 0.712, which if identified with the behavior $m^{\alpha/(\alpha+2)}$ of a power-law interaction, suggests a nearly Coulombic regime. The mass increase from the quark-quark case to the diquark-antidiquark one does not justify such a change of regime.

Another difficulty arises when adding to the Hamiltonian a regularized form of the spin-spin interaction. Then, accurately solving the few-body problem with a superposition of linear confinement and short-range terms becomes rather delicate.²

To sum up, the technical aspects of multiquark spectroscopy should not be underestimated, even if they are less exciting and challenging than the question of the underlying dynamics. For instance, years ago, Semay and Silvestre-Brac designed an empirical potential model, sometimes referred to as AL1, to describe heavy and light hadrons. They then solved the $(cc\bar{u}\,\bar{d})$ problem to look at possible bound states, and found no binding [35], using an expansion on the eigenstates of a neighboring harmonic oscillator, a method which was widely used in nuclear physics. The very same potential was used later by Janc and Rosina [22] and Barnea *et al.* [29] who found a 1^+ state below the DD^* threshold. The binding is expected to increase for the $(bb\bar{u}\,\bar{d})$ system. But for its hidden-beauty analogue $(b\bar{b}q\bar{q})$, the competition between the two thresholds discussed above would not drive binding for the beauty partner of the X(3872) [36].

D. Improved chromoelectric models

The color-additive interaction (1) can be improved to account for mechanisms suggested by nonperturbative QCD, in particular lattice simulations. In the case of baryons, Dosch *et al.* [37], and many others, proposed to replace the so-called "1/2" rule, where the linear term λr of mesons becomes

$$V_{1/2} = \lambda (r_{12} + r_{23} + r_{31})/2, \tag{7}$$

by the Y-shape interaction (see Fig. 1),

$$V_Y = \lambda \min_{r} (r_{1J} + r_{2J} + r_{3J}).$$
(8)

As $V_Y \gtrsim V_{1/2}$ [37], the change $V_{1/2} \rightarrow V_Y$ pushes up the masses, but this is hidden by other uncertainties in the quark model of baryons.

In the case of tetraquarks, the string-inspired linear confinement is not always a repulsive correction as compared to the color-additive model. A connected contribution, sometimes called a "butterfly" diagram (see Fig. 2),

$$V_{YY} = \lambda \min_{J,K} (r_{1J} + r_{2J} + r_{JK} + r_{3K} + r_{4K}), \qquad (9)$$

is obviously favorable if the two quarks are far away from the two antiquarks, as it merges two strings into a single one.

But the most dramatic effect comes from the "flip-flop" term (see Fig. 3),

$$V_{\rm FF} = \lambda \min(r_{13} + r_{24}, r_{14} + r_{23}). \tag{10}$$



FIG. 1. *Y*-shape interaction for the confinement of three quarks.



FIG. 2. Double *Y*-shape, or "butterfly" interaction for the confinement of two quarks and two antiquarks.



FIG. 3. Flip-flop model for the confinement of two quarks and two antiquarks.

A precursor with quadratic confinement was introduced by Lenz *et al.* [38] for the study of meson-meson scattering. Then the model, in its linear version, was applied to tetraquarks and other multiquarks, with a good surprise and a warning [39].

The good surprise is that this interaction provides more attraction, and enables to bind mass configurations (m_1, m_2, m_3, m_4) that are left unbound by the color-additive model.

The warning is that, when the tetraquark confinement is estimated as

$$V = \min(V_{YY}, \lambda(r_{13} + r_{24}), \lambda(r_{14} + r_{23})), \quad (11)$$

each term is associated with a different color wave function. It is a kind of Born-Oppenheimer effective interaction where the electrons of atomic physics are replaced by the gluon field, and the nuclei by the heavy quarks and antiquarks. For identical quarks, restrictions apply. When one attempts to restore the proper Fermi statistics, the extra attraction is lost [40]. The role of Fermi statistics was not mentioned in Ref. [4], and hence we believe that they predicted binding for a $(QQ'\bar{Q}\bar{Q}')$ fictitious system with $Q \neq Q'$ but both having the same mass as the *b* quark. This is similar to our finding in Ref. [39].

In a purely linear model, with kinetic energy and the string potential (11), once $(QQ'\bar{Q}\bar{Q}')$ is stable, this remains true against any change of the string constant λ and quark mass M. As shown in the Appendix, the knowledge of the binding of $(QQ'\bar{Q}\bar{Q}')$ below its threshold provides a minimum extension of the stability domain of $(bc\bar{b}\,\bar{c})$ around the point $m_b = m_c$, in the plane of the masses. Beyond this extension, the question can be raised of

²We thank Emiko Hiyama for discussions on this point and many other topics.

the metastability of possible $(bc\bar{b}\,\bar{c})$ resonances lying below their highest threshold $(b\bar{c}) + (c\bar{b})$ but above the $(b\bar{b}) + (c\bar{c})$ one.

III. CHROMOMAGNETIC INTERACTION

This is the best-known contribution to the energy of hadrons. During the 1970s, it provided a convincing explanation of the hyperfine splittings [41], and the first speculation on multiquarks bound mainly by chromomagnetic forces [42].

In its most schematic version, it reads

$$V_{\rm CM} = -C \sum_{i < j} \frac{\tilde{\lambda}_i . \tilde{\lambda}_j \boldsymbol{\sigma}_1 \boldsymbol{\sigma}_2}{m_i m_j} \delta^{(3)}(\boldsymbol{r}_{ij}).$$
(12)

The remarkable feature of this Hamiltonian, stressed in Ref. [42], is that the sum of strengths, $C\langle \sum_{i<j} \tilde{\lambda}_i. \tilde{\lambda}_j \sigma_1 \sigma_2 \rangle$, might be larger than the cumulated values in the hadrons constituting the threshold, and thus lead to binding. This contrasts with the rule $\sum g_{ij} = 2$ in the additive chromoelectric model of Eq. (1), which reflects the overall color neutrality.

In the first study of the H = (uuddss) dibaryon, several simplifying approximations were made: SU(3) symmetry, a first-order treatment of V_{CM} (otherwise the contact term should be regularized, as done in several more recent studies), and moreover, the assumption that the short-range correlation factor $C_{ij} = C\langle \delta^{(3)}(\mathbf{r}_{ij}) \rangle$ assumes the *same* value in the hexaquark and in ordinary baryons. These hypotheses were shown to artificially enhance the possibility of binding; see, e.g., Ref. [43,44], etc.

Unfortunately, the computation of the short-range correlations C_{ij} remains almost as difficult as it was in 1977, and its value in multiquarks is most often inferred from ordinary hadrons, as in Refs. [3,45].

Another warning is that in Jaffe's paper on H, as in some subsequent papers [5,45], only the chromomagnetic part is taken into account. This means that somehow, it is implicitly assumed that there is a draw between the multiquark and its threshold when only the kinetic and chromoelectric parts are included. This is not always the case [27,43].

IV. OUTLOOK

Let us summarize the most relevant issues concerning multiquark hunting:

- (1) On the experimental side, identifying fully-heavy tetraquark bound states or resonances would be very welcome, to probe the confinement dynamics and confront different approaches to QCD.
- (2) The double hidden-flavor configurations could perhaps be more easily accessible with most detectors,

with well-identified real or virtual quarkonia in the final state.

- (3) However, many interesting issues deal with open flavor states, such as $(bb\bar{c}\,\bar{c})$, and if a J/ψ trigger remains a powerful tool in experimental setups, it should not become an addiction that restricts the investigations in the space of flavors. Before $(bb\bar{c}\,\bar{c})$, lighter states remain to be revealed, and a simultaneous search of double-charm baryons and double-charm tetraquarks $(cc\bar{q}\,\bar{q})$ is clearly a priority.
- (4) On the theoretical side, there is a very rich physics in the light-quark sector, that potential models hardly take into account: the more important role of chromomagnetic effects, chiral dynamics, longrange Yukawa forces [46], relativistic effects [47], etc. The fully heavy tetraquarks give a chance to probe whether potential models, which are very successful for quarkonia, can be extended for higher configurations.
- (5) For any choice of the four-quark dynamics, calculating the energy and wave function of the tetraquark system is far from obvious. In a four-body system, there is a sharp competition between building a collective configuration and splitting into two clusters.
- (6) The chromoelectric model with additive potentials bear many similarities with few-charge systems in atomic physics, especially for the mass dependence of the binding energies. It differs, however, in the case of equal masses: while the positronium molecule Ps_2 is weakly bound, $(cc\bar{c}\ \bar{c})$ remains unbound with additive chromoelectric potentials.
- (7) The adiabatic version of the string model of confinement, though very appealing, holds for nonidentical quarks, and provides more attraction than the usual pairwise models. In particular, the configuration $(bc\bar{b}\,\bar{c})$ makes full use of the string dynamics.
- (8) The chromomagnetic interaction is just one piece of the story. If one accounts for both chromoelectric and chromomagnetic terms, one hardly avoids a careful treatment of the four-body problem, as each term suggests a different type of clustering and/or color coupling.
- (9) The diquark-antidiquark models require additional assumptions. If one compares the diquark picture to a standard quark model, one realizes that the former artificially lowers the chromoelectric contribution to the multiquark energy. Some further hypotheses are sometimes made about the chromomagnetic interaction inside the diquarks or between diquarks [48].
- (10) The stability and instability patterns observed for $(Q_1Q_2\bar{Q}_3\bar{Q}_4)$ tetraquarks can give some guidance for higher configurations, for instance pentaquarks $(Q_1Q_2(QQ')\bar{Q}_4)$ or hexaquarks $(Q_1Q_2(QQ')(QQ'))$, starting from the limit where one or two sets of quarks are strongly correlated. It is

our intent to extend our investigations to fully heavy pentaquarks and hexaquarks.

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APPENDIX: METASTABILITY OF C-SYMMETRIC, UNEQUAL-MASS CONFIGURATIONS

Here we show that the stability of an equal-mass configuration $(QQ'\bar{Q}\bar{Q}')$, where the quarks Q and Q' have the same mass M but are distinguishable, implies the stability of any $(Q_1Q_2\bar{Q}_1\bar{Q}_2)$ with respect to its threshold $(Q_1\bar{Q}_2) + \text{c.c.}$, provided the Hamiltonian is flavor independent and the masses obey $2/M = 1/M_1 + 1/M_2$.

The reasoning is very similar to the proof that the stability of Ps₂ implies that of H₂ [17]. In an obvious notation, the $(Q_1Q_2\bar{Q}_1\bar{Q}_2)$ Hamiltonian reads

$$H = X_1(p_1^2 + p_3^2) + X_2(p_2^2 + p_4^2) + V, \qquad (A1)$$

where $X_1 = 1/(2M_1)$ and $X_2 = 1/(2M_2)$. It can be decomposed into

$$H = H_s + H_a,$$

$$H_s = \frac{X_1 + X_2}{2} (\mathbf{p}_1^2 + \mathbf{p}_3^2 + \mathbf{p}_2^2 + \mathbf{p}_4^2) + V,$$

$$H_a = \frac{X_1 - X_2}{2} (\mathbf{p}_1^2 + \mathbf{p}_3^2 - \mathbf{p}_2^2 - \mathbf{p}_4^2),$$
 (A2)

where H_s is symmetric and H_a is antisymmetric with respect to *C*-conjugation, i.e., simultaneous $1 \leftrightarrow 2$ and $3 \leftrightarrow 4$. The asymmetric part H_a lowers the energy of *H* as compared to the ground-state energy of the symmetric part H_s alone, which is the Hamiltonian of $(QQ'\bar{Q}\bar{Q}')$. Moreover, the threshold of H_s and the $(Q_1\bar{Q}_2) + c.c.$ threshold of H have the same energy, since they are governed by the same inverse reduced mass. Thus, if the brackets denote the lowest energy

$$[QQ'\bar{Q}\bar{Q}'] < 2[Q\bar{Q}] \Rightarrow [Q_1Q_2\bar{Q}_1\bar{Q}_2] < 2[Q_1\bar{Q}_2].$$
(A3)

For a purely linear potential, the stability of $(QQ'\bar{Q}\bar{Q}')$, if true for some quark mass M, holds for any other mass, as a change of mass induces the same scaling factor for the mesons and for the tetraquark. For a more complicated interaction, Eq. (A3) requires the condition $2/M = 1/M_1 + 1/M_2$ on the inverse masses.

The knowledge of the binding in the equal-mass case, measured by the parameter ϵ defined as

$$[QQ'\bar{Q}\bar{Q}'] = 2[Q\bar{Q}](1-\epsilon), \tag{A4}$$

indicates a minimal range of masses M_1 and M_2 around $M_1 = M_2 = M$ for which stability remains. In the case of a purely linear interaction, it is given by

$$1/M_1 + 1/M_2 = 2/M,$$

 $M_1^{-1/3} + M_2^{-1/3} \ge 2(1 - \epsilon)M^{-1/3}$ (A5)

which can be solved in closed form. For instance, with an energy $[QQ'\bar{Q}\bar{Q}'] \approx 4.639$ [39] for a unit-mass tetraquark bound by a string potential of unit strength, to be compared to a threshold $2[Q\bar{Q}] = 4.676$ (twice the negative of the first zero of the Airy function), the stability of $(Q_1Q_2\bar{Q}_1\bar{Q}_2)$ is guaranteed for at least $1/1.72 < M_1/M_2 < 1.72$.

In the case of a more general flavor-independent interaction, the second equation of Eq. (A5) should be replaced by an exact estimate of the two-meson lowest threshold as a function of M_1 and M_2 .

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