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Hearing the signal of dark sectors with gravitational wave detectors

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Motivated by advanced LIGO (aLIGO)'s recent discovery of gravitational waves, we discuss signatures of new physics that could be seen at ground- and space-based interferometers. We show that a first-order phase transition in a dark sector would lead to a detectable gravitational wave signal at future experiments, if the phase transition has occurred at temperatures few orders of magnitude higher than the electroweak scale. The source of gravitational waves in this case is associated with the dynamics of expanding and colliding bubbles in the early universe. At the same time we point out that topological defects, such as dark sector domain walls, may generate a detectable signal already at aLIGO. Both bubble and domain-wall scenarios are sourced by semiclassical configurations of a dark new physics sector. In the first case, the gravitational wave signal originates from bubble wall collisions and subsequent turbulence in hot plasma in the early universe, while the second case corresponds to domain walls passing through the interferometer at present and is not related to gravitational waves. We find that aLIGO at its current sensitivity can detect smoking-gun signatures from domain-wall interactions, while future proposed experiments including the fifth phase of aLIGO at design sensitivity can probe dark sector phase transitions.

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I. INTRODUCTION

The sublime discovery of gravitational waves at advanced LIGO (aLIGO) [1] is yet another striking confirmation of Einstein's theory of gravity. Because of the weakness of gravitational interactions and the fact that gravity couples to all particles that carry energy and momentum, gravitational waves (GWs) are at the same time witness to and remnant of some of the most violent phenomena in our Universe, e.g., neutron-star inspirals, black-hole inspirals, pulsars, or phase transitions. They herald intense dynamics, potentially from a distant past.

In recent years, a strong effort was made to discover gravitational waves using ground-based experiments. After somewhat uneventful runs of, for example, LIGO [2], Virgo [3], or the European Pulsar Timing Array [4], in 2015 aLIGO [5] started operations with increased sensitivity in gravitational wave frequencies of 10^{0} – 10^{3} Hz and a reach well into the characteristic strain of supernovae, pulsars, and binary inspirals.

While aLIGO was primarily designed to detect gravitational waves from a multitude of astrophysical sources, it retains a remarkable sensitivity to new physics effects. Adding gravitational wave detection experiments as an additional arrow to the quiver of experiments to search for new physics interactions will help to probe very weakly coupled sectors of new physics. With obvious shortcomings in our understanding of fundamental principles of nature dangling, e.g., the lack of a dark matter candidate or the observed matter-antimatter asymmetry, and in absence of evidence for new physics at collider experiments, so-called dark sectors become increasingly attractive as add ons to the Standard Model. If uncharged under the Standard Model gauge group, dark sectors could even have a rich particle spectrum without leaving an observable imprint in measurements at particle colliders. Hence, this could leave us in the strenuous situation where we might have to rely exclusively on very feeble possibly only gravitational interactions to infer their existence.

For dark sectors to address the matter-antimatter asymmetry via electroweak baryogenesis, usually a strong firstorder phase transition is required.¹ It is well known that a first-order phase transition is accompanied by three mechanisms that can give rise to gravitational waves in the early universe [7–14]: collisions of expanding vacuum bubbles, sounds waves, and magnetohydrodynamic turbulence of bubbles in the hot plasma. However, for previously studied models, e.g., (next to) minimal supersymmetric Standard Model [15], strongly coupled dark sectors [16], or the electroweak phase transition with the Higgs potential modified by a sextic term [17], the resulting GW frequencies after redshifting are expected to have frequencies of some two or more orders of magnitude below the reach of aLIGO. On the other hand, if electroweak symmetry

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¹For an interesting recent mechanism to do baryogenesis with dark sector phase transitions see [6].

breaking is triggered in the dark sector at temperatures significantly above the electroweak scale, e.g., by radiatively generating a vacuum expectation value (vev) using the Coleman-Weinberg mechanism, GW with frequencies are within the aLIGO reach, i.e., 1–100 Hz. However, we will explain that the overall amplitude of the signal is too small for aLIGO at present sensitivity, but it can be probed by the next generation of interferometers.²

At the same time, already now, aLIGO can probe beyond the Standard Model physics. We will investigate the consequences of topological defects, such as a domain wall passing through the interferometer. We will model this by introducing a nonvanishing effective photon mass localised on the domain wall, while vanishing elsewhere.³ The signatures of passing domain walls can be well separated from black-hole mergers and motivates an extension of ongoing search strategies.

In Sec. II we discuss the implementation of first-order phase transitions in dark sectors with radiative symmetry breaking. Section III is dedicated to the modeling and phenomenology of the domain wall interacting with aLIGO. We offer a summary in Sec. IV.

II. FIRST-ORDER PHASE TRANSITION IN A DARK SECTOR AT HIGH SCALES

A. Dark sector model at zero temperature

Let us consider a very simple minimal model of the hidden (or dark) sector consisting of a complex scalar Φ which is a SM singlet, i.e., it does not couple to any of the Standard Model gauge groups but is charged under the gauge group of the dark sector—in the simplest case, a U(1) gauge group. The SM Higgs doublet *H* is coupled via the Higgs-portal interactions to the complex scalar

$$\Phi = \frac{1}{\sqrt{2}}(\phi + i\phi_2). \tag{1}$$

In unitary gauge one is left with two real scalars,

$$H = \frac{1}{\sqrt{2}}(0,h), \qquad \Phi = \frac{1}{\sqrt{2}}\phi,$$
 (2)

and the tree-level scalar potential reads

$$V_0(h,\phi) = \frac{\lambda_{\phi}}{4}\phi^4 + \frac{\lambda_H}{4}h^4 - \frac{\lambda_P}{4}h^2\phi^2.$$
 (3)

Note that we have assumed that the theory is scale invariant at the classical level [20], and as the result, none of the mass scales are present in the theory; they can only be generated quantum mechanically, i.e., via radiative corrections. (Of course, one can also consider more general examples of hidden sectors, which are not classically scale invariant and still have first-order phase transitions.)

In the minimal Standard Model classical scale invariance is broken by the Higgs mass parameter μ_{SM}^2 . Scale invariance is easily restored by reinterpreting this scale in terms of the vev of a ϕ , coupled to the SM via the Higgs-portal interaction, $-(\lambda_P/4)h^2\phi^2$ in (3). Now, as soon as an appropriate nonvanishing value for $\langle \phi \rangle \ll M_{\rm UV}$ is generated (as we will see momentarily), we get $\mu_{\rm SM}^2 = \lambda_P \langle |\phi| \rangle^2$, which triggers electroweak symmetry breaking. (For more detail on this, see a recent discussion in [21,22] and references therein.)

From now on we will concentrate on the dark sector alone and neglect the backreaction of the SM; these corrections can be straightforwardly included, but will not be essential to our discussion. The zero-temperature one-loop effective potential for ϕ reads [20]

$$V(\phi;\mu) = \frac{\lambda_{\phi}(\mu)}{4}\phi^4 + \frac{ng_{\rm D}(\mu)^4}{64\pi^2}\phi^4 \left(\log\left(\frac{\phi^2}{\mu^2}\right) - \frac{25}{6}\right), \quad (4)$$

where μ is the renormalization group scale, g_D is the U(1) dark sector gauge coupling, and the second term on the rhs are the one-loop contributions arising from the hidden U(1) gauge bosons Z'. In this case the factor of *n* appearing on the rhs of (4) is n = 3. The vacuum of the effective potential above occurs at $\langle \phi \rangle \neq 0$. Minimizing the potential (4) with respect to ϕ at $\mu = \langle \phi \rangle$ gives the characteristic Coleman-Weinberg (CW) type $\lambda_{\phi} \propto g_{CW}^4$ relation between the scalar and the gauge couplings,

$$\lambda_{\phi} = \frac{11}{16\pi^2} g_{\rm D}^4 \quad \text{at } \mu = \langle \phi \rangle \equiv w.$$
 (5)

From now on we will refer to the nonvanishing vev of ϕ in the zero-temperature theory as w. With this matching condition at $\mu = w$ the zero-temperature effective potential (4) for the U(1) CW theory takes the form,

$$V(\phi) = \frac{n}{64\pi^2} g_{\rm D}^4 \phi^4 \left(-\frac{1}{2} + \log\left(\frac{\phi^2}{w^2}\right) \right).$$
(6)

It is plotted in Fig. 1, which shows the existence of a single vacuum at $\phi = w$ generated via radiative corrections. The physical mass of the CW scalar is found by expanding (6) around $\phi \rightarrow w + \phi$,

$$m_{\phi}^2 = \frac{ng_{\rm D}^4}{8\pi^2} w^2, \tag{7}$$

and the mass of the Z' vector boson is $M_{Z'} = \frac{1}{2}g_D w \gg m_{\phi}$.

The above formulas are easily generalized also to non-Abelian CW gauge groups. For example in a classically scale-invariant SU(2) gauge theory with the scalar field in

²These future experiments also include the advanced LIGO/ VIRGO detectors operating in years 2020+ at the projected final sensitivity [18] as was also pointed out very recently in [19].

³This is not a gravitational effect, but effectively it looks like local ripples affecting the propagation of photons.



FIG. 1. The zero-temperature effective potential V of the CW theory equation (6) in the units of $\frac{3}{64\pi^2}g_D^4$.

the adjoint representation considered, e.g., in [23], one just sets n = 6 and hence

$$V(\phi) = \frac{6}{64\pi^2} g_{\rm D}^4 \phi^4 \left(-\frac{1}{2} + \log\left(\frac{\phi^2}{w^2}\right) \right).$$
(8)

The only difference between (6) and (8) is that in the SU(2) case there are two W' bosons contributing to the loops, hence the total of 6 degrees of freedom compared to 3 on the rhs of (6).

In the rest of this section we will concentrate on the SU(2) with the adjoint scalar case in hand, i.e., n = 6. One can also easily switch to the U(1) theory conventions, and other examples of CW hidden sectors, such as the SU(2) with the scalar in the fundamental representation, and the $U(1)_{B-L}$ classically scale-invariant extensions of the Standard Model were considered in [22].

B. Thermal effects

The effective potential at finite temperature along the ϕ direction is given by the zero-temperature effective potential (8) plus the purely thermal correction ΔV_T which vanishes at T = 0,

$$V_T(\phi) = V(\phi) + \Delta V_T(\phi). \tag{9}$$

The second term is computed at one loop in perturbation theory and is given by the well-known expression [24]:

$$\frac{T^4}{2\pi^2} \sum_i \pm n_i \int_0^\infty \mathrm{d}q \, q^2 \log\left(1 \mp \exp(-\sqrt{q^2 + m_i^2(\phi)/T^2})\right).$$
(10)

The n_i denote the numbers of degrees of freedom present in the theory and the upper sign is for bosons and the lower one is for fermions. The ϕ -dependent masses of these degrees of freedom are denoted as $m_i(\phi)$. In our case there



FIG. 2. Thermal effective potential $\hat{V}(\gamma, \Theta)$ of the dark sector in Eq. (12) as a function of $\gamma = \phi/w$ plotted for different temperatures $\Theta = 0.40, 0.35, 0.31, 0.25, 0.20$, and 0 (from top to bottom). We have shifted $\hat{V}(\gamma, \Theta)$ by a constant so that the effective potential at the origin is zero for all values of Θ .

are n = 6 degrees of freedom corresponding to W'_{\pm} vector bosons of mass $m(\phi) = g_{\rm D}\phi$. In terms of the rescaled dimensionless variables,

$$\gamma = \phi/w, \qquad \Theta = T/(g_{\rm D}w), \qquad (11)$$

we have

$$\hat{V}(\gamma, \Theta) \coloneqq \frac{V_T(\phi)}{g_D^4 w^4} = \frac{3}{32\pi^2} \gamma^4 \left(-\frac{1}{2} + \log(\gamma^2) \right) + \frac{6\Theta^4}{2\pi^2} \int_0^\infty \mathrm{d}q q^2 \log \times \left(1 - \exp\left(-\sqrt{q^2 + \gamma^2/\Theta^2}\right) \right).$$
(12)

We plot this thermal effective potential in Figs. 2 and 3 as a function of the rescaled scalar field $\gamma = \phi/w$ for a sequence



FIG. 3. Thermal effective potential $\hat{V}(\gamma, \Theta)$ as in Fig 2 now zooming at the values around the critical temperature, $\Theta = 0.315$, 0.312, and 0.309 (from top to bottom).

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of temperature values. It easy to see from these figures that there is a barrier separating the two vacua and thus the phase transition is of the first order. The value of the critical temperature where both minima are degenerate and the position of the second minimum are determined numerically to be at⁴

$$\Theta_c = \frac{T_c}{g_{\rm D} w} \simeq 0.312, \qquad \gamma_c = \frac{\phi_c}{w} \simeq 0.95, \qquad (13)$$

so that the order parameter $\phi_c/T_c \simeq 3.04/g_D > 1$, ensuring that a *first-order* phase transition indeed took place in our weakly coupled model of a dark sector. This fact is a characteristic feature of Coleman-Weinberg models where the mass parameter at the origin is set to zero as a consequence of classical scale invariance.

C. Phase transition

Among the key parameters for the calculation of the gravitational wave spectrum are the rate of variation of the bubble nucleation rate β and the amount of the vacuum energy $\rho_{\rm vac}$ released during the phase transition. Specifically, following [9] we are interested in the dimensionless quantities β/H_* and α defined below in Eqs. (26) and (27).

The thin-wall approximation [25,26] allows for an analytical computation (or estimate) of the parameters characterising the phase transition, and we will consider it first in Sec. II D. In our model the thin-wall approximation, however, will be seen to break down already at moderately small values of the coupling $g_D \lesssim 1$. Therefore, we will also consider in Sec. II E a different approximation of the effective potential by a triangular shape.

The probability of bubble formation is proportional to $\exp[-S_4(\phi_{cl})]$ where S_4 is the four-dimensional Euclidean action corresponding to the tunneling trajectory and ϕ_{cl} is the spherical bubble solution [25,27]. The all-important effects of thermal corrections are taken into account by replacing S_4 with the three-dimensional effective action so that the probability of tunneling from a vacuum at the origin $\phi = 0$ to the true vacuum ϕ_+ per unit time per unit volume is

$$P = A(T) \exp\left[-S_3(\phi_{\rm cl})/T\right] \sim T^4 \exp\left[-S_3(\phi_{\rm cl})/T\right].$$
 (14)

Employing spherical symmetry, the 3D action is

$$S_3 = 4\pi \int_0^\infty r^2 dr \left(\frac{1}{2} \left(\frac{d\phi}{dr}\right)^2 + V_T(\phi)\right), \quad (15)$$

so that the bubble $\phi_{cl}(r)$ configuration is the solution of

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$$\frac{d^2\phi_{\rm cl}}{dr^2} + \frac{2}{r}\frac{d\phi_{\rm cl}}{dr} = V'_T(\phi_{\rm cl}),\tag{16}$$

with the boundary conditions $\phi_{cl}(\infty) = 0$, $d_r \phi_{cl}(0) = 0$. In the formulas above V_T is the temperature-dependent effective potential (9).

After the Universe cools down to a temperature below T_c the vacuum at the origin becomes metastable, and the bubbles of true vacuum ϕ_+ can start appearing. The phase transition occurs when the temperature T_* is reached where the nucleation rate of the bubbles $P \sim 1$. This occurs when $S_3/T_* \sim 100$.

If this regime can be reached at temperatures just below the critical temperature T_c we would have an ϵ -deviation from the degenerate vacua. This is depicted by the lowest curve in Fig. 3. Here the parameter ϵ is the split in the energy density between the two vacua,

$$\epsilon = \frac{1}{g_{\rm D}^4 w^4} (V_T(0) - V_T(\phi)).$$
(17)

For small ϵ it is suggestive to employ the thin-wall approximation [25,26]. To get a first impression of the results, this is what we will do in the following. However, we stress here that the smallness of ϵ is not sufficient for the thin-wall approximation to be valid. Indeed, the potential barrier as seen from the false vacuum must be large compared to the difference in energy between the true and false vacuum, and this will turn out to be not the case in our model at weak coupling. Hence, we will supplement the thin-wall approximation below with a more appropriate treatment in Sec. II E.

D. Thin-wall approximation

The action in the thin-wall regime is given by the sum of the volume and the surface terms:

$$S_3 = 4\pi \int_0^R r^2 dr V_T(\phi_+) + 4\pi R^2 \int_0^{\phi_+} \sqrt{2V_T(\phi)} d\phi, \quad (18)$$

where *R* is the bubble radius and the bubble interpolates between the true vacuum ϕ_+ for r < R and the false $\phi = 0$ vacuum at r > R. The bubble wall, $R \pm \delta r$, is thin, $\delta r \ll 1$ for $\epsilon \ll 1$.

The value of the radius R of the bubble is then found by extremizing the action S_3 with respect to R. For the volume contribution [first term on the rhs of (18)] we have

$$-\epsilon g_{\rm D}^4 w^4 \frac{4\pi}{3} R^3, \tag{19}$$

while the surface-tension term gives

$$4\pi R^2 g_{\rm D}^2 w^3 \int_0^{\gamma_+} \sqrt{2V_T(\gamma, \Theta_c)} d\gamma \simeq 4\pi R^2 g_{\rm D}^2 w^3 \times 0.0338,$$
(20)

⁴Note that unlike in the more familiar SM Higgs effective potential applications, neither the high-temperature nor the low-temperature approximations for evaluating T dependence are applicable here.

with the integral having been evaluated numerically. The bubble radius is found by extremizing the action,

$$R = \frac{2 \times 0.0338}{g_{\rm D}^2 w} \frac{1}{\epsilon},\tag{21}$$

and for the action we have

$$S_3 = \frac{16\pi}{3} \frac{(0.0338)^3}{g_{\rm D}^2} \frac{w}{\epsilon^2}.$$
 (22)

The phase transition completes when

$$\frac{S_3}{T_*} \approx \frac{S_3}{T_c} = \frac{16\pi}{3} \frac{1}{0.312} \left(\frac{0.0338}{g_{\rm D}}\right)^3 \frac{1}{\epsilon^2} \sim 100.$$
(23)

This implies

$$\epsilon \simeq \frac{1}{g_{\rm D}^{3/2}} 0.00455.$$
 (24)

We can now compute the β -parameter characterizing the phase transition and in particular the strength of the gravitational wave signal (as we will recall in the next section),

$$\frac{\beta}{H_*} = T \frac{d}{dT} \left(\frac{S_3}{T}\right)_{T=T_*}.$$
(25)

Here T_* is the temperature at which the probability of nucleating one bubble per horizon volume per unit time is ~1 (in our case of the thin-wall regime it is just below T_c) and H_* is the Hubble constant at that time. A strong gravitational wave signal requires a small β/H_* so this is the regime we are most interested in.

We have computed numerically the dependence of ϵ on T which is plotted in Fig. 4. This is very well described by a numerical fit,

$$\epsilon(\Theta_*) \simeq -0.0496(\Theta_* - 0.312) - 0.1424(\Theta_* - 0.312)^2,$$

where 0.312 is our value for the critical temperature Θ_c .



Now using the expression for the action (23), the bound $S_3/T_* \simeq 100$ and the fit for $\epsilon(\Theta_*)$ above, we find

$$\frac{\beta}{H_*} = \frac{S_3}{T_*} \frac{(-2)}{\epsilon} \left(\Theta_* \frac{d\epsilon}{d\Theta_*} \right)_{\Theta_c} \approx \frac{3.1}{\epsilon} \approx 680 g_{\rm D}^{3/2}, \qquad (26)$$

where in the final expression we have used Eq. (24).

Finally, we need to determine the second key parameter affecting the gravitational wave spectrum—the ratio of the vacuum energy density released in the phase transition to the energy density of the radiation bath,

$$\alpha = \frac{\rho_{\rm vac}}{\rho_{\rm rad}^*}.$$
 (27)

Here $\rho_{\rm rad}^* = g_* \pi^2 T_*^4 / 30$ and g_* is the number of relativistic degrees of freedom in the plasma at T_* .

The vacuum energy, on the other hand, is easy to estimate again in the thin-wall approximation as

$$\rho_{\rm vac} = g_{\rm D}^4 w^4 \epsilon \simeq 0.00455 g_{\rm D}^{5/2} w^4.$$
 (28)

Then we have

$$\alpha = \frac{1}{g_* g_{\mathrm{D}}^{3/2}} \frac{0.137}{\pi^2} \frac{1}{\Theta_*^4} \simeq \frac{1.46}{g_* g_{\mathrm{D}}^{3/2}},\tag{29}$$

where we have used $\Theta_* \simeq \Theta_c \simeq 0.312$.

As already mentioned above, to safely apply the thinwall approximation we need not only $\epsilon \ll 1$ but also $\delta \ll 1$, where we have defined

$$\delta = \frac{V_T(0) - V_T(\phi)}{V_T(\phi_{\max}) - V_T(0)}$$
$$= \frac{g_D^4 w^4}{V_T(\phi_{\max}) - V_T(0)} \epsilon$$
$$= \frac{1}{\hat{V}(\gamma_{\max}, \Theta)} \epsilon, \qquad (30)$$

and $\phi_{\text{max}} = w \gamma_{\text{max}}$ is the maximum of the barrier.

As all terms in the potential are dimensionless and arise from one loop we generically expect

$$\hat{V}(\gamma_{\max}, \Theta) \sim \frac{1}{16\pi^2}.$$
(31)

This therefore implies

$$\delta \sim 16\pi^2 \epsilon \sim 16\pi^2 \frac{0.00455}{g_{\rm D}^{3/2}}.$$
 (32)

This becomes of order one for $g_D \simeq 0.8$ and the thin-wall approximation is problematic in the weak-coupling regime $g_D \lesssim 1$.



E. Beyond the thin-wall approximation

To understand what happens at smaller values of the coupling we adapt the tunneling approximation of Ref. [28] to the case of our three-dimensional thermal bubbles. In [28] the authors approximate the potential by a triangle for which the tunneling solutions can be found analytically. We will follow this approach to describe the case of broad and low-height barriers we are interested in.

The triangle potential can be characterized by the slope on the left- and right-hand side of the peak of the triangle, λ_p and λ_m , as well as the distance between the false vacuum and the top of the potential, $\Delta \phi_p$, and the distance from the top to the true vacuum $\Delta \phi_m$. For convenience, as in [28], we introduce the abbreviations,

$$c = \frac{\lambda_p}{\lambda_m}, \qquad a = (1+c)^{1/3}, \qquad \kappa = \frac{\lambda_p}{(\Delta \phi_p)^3}.$$
 (33)

The strategy to solve the equation of motion (16) is as follows. One can easily find solutions to the equations of motion on the right- and left-hand side of the triangle. On the right-hand side one needs to implement the boundary condition $\phi'(0) = 0$. There are two regimes for the field value at 0. Either the field reaches the true minimum or it does not. The latter happens if $\Delta \phi_m$ is sufficiently large. This is what happens for our potential and we will only consider this case in the following. Importantly in this situation there is no dependence on $\Delta \phi_m$. On the left side the field will reach $\phi(R) = 0$. Since the potential is linear, *R* will be finite and therefore we also have $\phi'(R) = 0$. Finally, one can match the two solutions continuously at the top of the triangle.

After some algebra the result for the three-dimensional action of the bubble can be written in a relatively compact form as

$$S_3 = \frac{16\sqrt{6}a^3\pi\Delta\phi_p}{5[(1-a)^2(1+2a)]^{2/3}\sqrt{\kappa}}.$$
 (34)

Decreasing the coupling g_D , the temperature at which bubbles form also decreases. As one can infer from Fig. 2, for smaller temperatures the ratio of the slopes λ_m/λ_p goes towards larger values. It therefore makes sense to approximate Eq. (34) for this case as,

$$S_3 = \frac{8\sqrt{3}\pi\Delta\phi_p}{5\sqrt{c}\sqrt{\kappa}} = \frac{8\sqrt{3}\pi\Delta\phi_p^{5/2}}{5\sqrt{\lambda_m}}.$$
 (35)

For small temperatures we have checked that to a reasonable approximation, the expressions

$$\Delta \phi_p \sim x \Theta w \sim x T/g_{\rm D}, \qquad \lambda_m \sim \frac{3}{64\pi^2} g_{\rm D}^4 w^3, \qquad (36)$$

can be used with

$$x \sim 0.5 - 1.2.$$
 (37)

Inserting these formulas into Eq. (35) we find

$$\frac{S_3}{T} = \frac{64\pi^2}{5g_{\rm D}^{9/2}} \frac{T^{5/2}}{w^{1/2}} x^{5/2}.$$
(38)

For the β parameter we therefore have

$$\frac{\beta}{H_*} = T \frac{d}{dT} \left(\frac{S_3}{T} \right) \Big|_{T=T_*} = \frac{3}{2} \frac{D}{T_*} = \frac{3}{2} \frac{S_3}{T} \Big|_{T=T_*}.$$
(39)

Since S_3/T_* is essentially fixed at ~100, the same holds for β/H_* in our model. Accordingly we cannot decrease it significantly below this value.

To complete our estimate we now also need to determine the α parameter in (27). For small temperatures the difference in vacuum energy is simply given by the difference at zero temperature,

$$\rho_{\rm vac} = \frac{3}{64\pi^2} g_{\rm D}^4 w^4. \tag{40}$$

Using Eq. (38) we have for the temperature,

$$T_* \sim 0.1 g_{\rm D}^3 \left(\frac{S_3}{T_*}\right)^{2/3} w.$$
 (41)

This gives

$$\alpha = \frac{3g_{\rm D}^4}{64\pi^2} \frac{30}{g_*\pi^2 T_*^4} \sim \frac{60}{g_*g_{\rm D}^8} \left(\frac{S_3}{T_*}\right)^{-8/3} \sim \frac{0.0003}{g_*g_{\rm D}^8}.$$
 (42)

We stress that this is a rather crude estimate which is supposed to be valid only for small $g_D \ll 0.1$.

However, there are two messages we can take from this calculation. The first is that with decreasing g_D the transition temperature T_* drops dramatically. In line with this the α parameter rapidly increases.

Finally, for larger values of $g_D \ge 0.1$, we have computed the phase transition parameters β/H_* and α numerically, still using the triangle approximation. Their values are plotted in Fig. 5. We note that for values below $g_D \sim 0.6$, the parameter $\alpha \gtrsim 1$ and the amount of energy in the surrounding plasma is lower than the field energy released in the phase transition. This is important for the gravitational wave signal as we will briefly discuss below.

F. Gravitational waves signal

As was already discussed and studied in the literature [7–14], there are three types of processes during and following the first-order phase transition involved in the production of gravitational waves: (1) collisions of bubble walls $h^2\Omega_c$, (2) sound waves in the plasma $h^2\Omega_{sw}$, and (3) magnetohydrodynamics turbulence (MHD) following bubble collisions $h^2\Omega_{mhd}$.

We assume they contribute to the stochastic GW background approximately linearly, i.e.,

$$h^2 \Omega_{\rm GW} \simeq h^2 \Omega_{\rm c} + h^2 \Omega_{\rm sw} + h^2 \Omega_{\rm mhd},$$
 (43)



FIG. 5. Numerical values for β/H_* (left) and α (right) for values $g_D \ge 0.1$ in the triangle approximation (blue lines). In the right panel the green line indicates the value of α_{∞} according to Eq. (50) and the golden line indicates $\alpha = 1$.

where the three contributions to the signal are given by [14]

$$h^{2}\Omega_{c} = 1.67 \times 10^{-5} \left(\frac{H_{*}}{\beta}\right)^{2} \left(\frac{\kappa_{c}\alpha}{1+\alpha}\right)^{2} \left(\frac{100}{g_{*}}\right)^{\frac{1}{3}} \times \left(\frac{0.11v_{w}^{3}}{0.42+v_{w}^{2}}\right) \frac{3.8(f/f_{env})^{2.8}}{1+2.8(f/f_{env})^{3.8}},$$
(44)

$$h^{2}\Omega_{\rm sw} = 2.65 \times 10^{-6} \left(\frac{H_{*}}{\beta}\right) \left(\frac{\kappa_{\rm sw}\alpha}{1+\alpha}\right)^{2} \left(\frac{100}{g_{*}}\right)^{\frac{1}{3}} v_{w}$$
$$\times \left(\frac{f}{f_{\rm sw}}\right) \left(\frac{7}{4+3(f/f_{\rm sw})^{2}}\right)^{7/2} \tag{45}$$

and

$$h^{2}\Omega_{\rm mhd} = 3.35 \times 10^{-4} \left(\frac{H_{*}}{\beta}\right) \left(\frac{\kappa_{\rm mhd}\alpha}{1+\alpha}\right)^{\frac{3}{2}} \left(\frac{100}{g_{*}}\right)^{\frac{1}{3}} v_{w}$$
$$\times \frac{(f/f_{\rm mhd})^{3}}{[1+(f/f_{\rm mhd})]^{\frac{11}{3}}(1+8\pi f/h_{*})}.$$
 (46)

For the peak frequencies and the Hubble rate after redshifting for the three processes above we use, respectively,

$$f_{\rm env} = 16.5 \times 10^{-6} \, \text{Hz} \left(\frac{0.62}{1.8 - 0.1 v_w + v_w^2} \right) \left(\frac{\beta}{H_*} \right) \\ \times \left(\frac{T_*}{100 \, \text{GeV}} \right) \left(\frac{g_*}{100} \right)^{\frac{1}{6}}, \tag{47}$$

$$f_{\rm sw} = 1.9 \times 10^{-5} \,\,\mathrm{Hz}\left(\frac{1}{v_w}\right) \left(\frac{\beta}{H_*}\right) \left(\frac{T_*}{100 \,\,\mathrm{GeV}}\right) \left(\frac{g_*}{100}\right)^{\frac{1}{6}},$$
(48)

$$f_{\rm mhd} = 1.42 f_{\rm sw}.$$
 (49)

These expressions depend on the set of key parameters associated with the phase transition: the rate of the phase transition β/H_* , the energy ratio α , together with the latent

heat fractions $0 < \kappa < 1$ for each of the three processes and the bubble wall velocity v_w . The bubbles are supersonic for $1/\sqrt{3} < v_w \le 1$, and subsonic for $v_w \le 1/\sqrt{3}$.

As discussed in Ref. [14] there are three regimes for the bubbles: non-runaway bubbles, runaway bubbles in thermal plasma, and runaway bubbles in the vacuum. In the non-runaway regime, the bubble wall reaches the terminal velocity which remains $v_w < 1$. Such non-runaway bubbles occur for $\alpha < \alpha_{\infty}$, with

$$\alpha_{\infty} \approx \frac{30}{24\pi^2} \frac{\sum_a c_a \Delta m_a^2}{g_* T_*^2},\tag{50}$$

where c_a measures the degrees of freedom counting 1 for bosons and 1/2 for fermions and Δm_a is the change in the mass of the particles during the phase transition. In this case only the first two mechanisms of gravitational wave production contribute, the MHD contribution is absent. For $\alpha \gtrsim \alpha_{\infty}$ it is possible for bubbles to accelerate without bound (the runaway bubbles) and there is no terminal velocity. In this case all three mechanisms contribute into Eq. (43). Finally, for even larger $\alpha \gg 1$ one is in a situation where the phase transition occurs essentially in vacuum. These are runaway bubbles in the vacuum and only the bubble wall collisions processes contribute to the gravitation waves signal.

We find that the signal in general tends to increase with α and that the sound wave contribution tends to be largest in our model of the dark sector. We therefore focus on the case $\alpha \sim \alpha_{\infty} \lesssim 1.^{5}$

For the sound waves the efficiency fraction κ_{sw} (for $v_w \sim 1$) gives [14]

⁵Here we note some caveats. It is difficult to pinpoint exactly where the transition between the runaway in the plasma and that in the vacuum occurs. Also, the expressions for $h^2\Omega$ from [14] which we use, have only been tested in the $\alpha \lesssim 0.1$ regime [14]. Our estimates for the signal at $\alpha \sim 0.5$ may therefore be on the optimistic side.



FIG. 6. Reach of gravitational wave detectors: We show aLIGO together with the fifth phase of aLIGO (both solid black), and the proposed detectors BBO, DECIGO, ET, and eLISA (dashed black) (the sensitivities are taken from the gravitational wave plotter http://rhcole.com/apps/GWplotter/ [29]). For the curves of the CW phase transition—going from left to right—we choose $v_w = 1$ throughout and, respectively ($\kappa = 1.0, g_D = 0.6, T_* = 100 \text{ GeV}$) (in red), ($\kappa = 1.0, g_D = 0.6, T_* = 100 \text{ TeV}$) (green), and ($\kappa = 1.0, g_D = 0.6, T_* = 500 \text{ TeV}$) (in blue).

$$\kappa_{sw} \approx \frac{\alpha}{0.73 + 0.083\sqrt{\alpha} + \alpha}.$$
 (51)

For an example value $\alpha \sim \alpha_{\infty} = 0.5$ this is ~0.4. Close to the runaway case the colliding bubbles contribution is negligible, and the MHD contribution is typically small, too, $\kappa_{\rm mhd} \sim (0.05-0.1)\kappa_{\rm sw}$ (cf. [14]).

In Fig. 6 we show the reach of future and current gravitational wave detectors, assuming the optimistic maximal value of $\kappa = 1$ for sound waves. For the number of degrees of freedom we use $g_* = 100$. Note, $\Omega_{sw} \gg \Omega_c$, Ω_{mhd} at peak frequency. Over a large part of the parameter space we find good sensitivity at BBO and DECIGO, which cover the frequencies resulting from phase transitions at temperatures of $O(1) \lesssim T_* \lesssim O(10^3)$ TeV. For even higher



FIG. 7. Reach of gravitational wave detectors for a more conservative scenario $\kappa_{sw} = 0.4$ (all other parameters as in Fig. 6).

frequencies, aLIGO in the fifth phase O5, which is projected to operate in 2020s with design sensitivity taken from Ref. [18], can also provide sensitivity to phase transitions.

We also show the more conservative case with the lower value of the sound waves efficiency, $\kappa = 0.4$ in Fig. 7. Relative to the $\kappa = 1$ plots of Fig. 6, here we have a loss of sensitivity to aLigo and eLisa experiments.

III. DOMAIN-WALL INTERACTIONS

In models with discrete symmetries domain walls occur quite naturally [30]. For example they could be formed after a cosmological phase transition where different regions of the Universe settle into different degenerate vacua (connected to each other by the discrete symmetry).

In dark sectors, both the distance in field space as well as the height of the potential in between the vacua could be relatively low. In consequence, the domain-wall tension, i.e., the energy per unit area, could be relatively small such that one could have a reasonable high density of walls without exceeding constraints on the energy density (there have even been suggestion that connect such domain walls to dark matter and dark energy [31,32]).

Here we follow the spirit of [33–35] and consider the observable consequences of the existence of such domain walls. In particular we are interested in signals observable in LIGO and other gravitational wave detectors. While dark sectors by definition are very weakly coupled to Standard Model particles, even low scale domain walls feature relatively large field values. This enhances the signal, making them potentially observable in sensitive experiments.

Interestingly such walls would give distinct transient signals with a variety of shapes (in contrast to the more constant signatures from phase transitions discussed in the previous section).

A. Domain walls

Let us consider a domain wall in a pseudo-Goldstone boson which features an additional Z_N symmetry. Following Ref. [34] we consider the following effective Lagrangian for the domain-wall field:

$$\mathcal{L}_{\phi} = \frac{1}{2} (\partial_{\mu} \phi)^2 - 2 \frac{m^2 f^2}{N_{\phi}^2} \sin^2 \left(\frac{N_{\phi} \phi}{2f} \right).$$
(52)

With this the domain-wall solutions read

$$\phi(z) = \frac{4f}{N_{\phi}} \arctan\left[\exp(mz)\right].$$
 (53)

Abundant domain walls would contribute significantly to the energy density. A very conservative constraint is that this contribution should be less than the local dark matter density. Domain walls have a density per unit area

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 $\sigma = mf^2/N_{\phi}^2$ and a network with typical distance scale L then has an energy density $\rho \sim \sigma/L$. This gives a limit on the abundance of domain walls [34],

$$\frac{f}{N_{\phi}} \lesssim \text{TeV} \times \left(\frac{L}{10^{-2} \text{ Ly}}\right)^{1/2} \left(\frac{\text{neV}}{m}\right)^{1/2} \left(\frac{\rho_{\text{DW}}}{\rho_{\text{DM}}}\right)^{1/2}.$$
 (54)

For lower energy densities of the domain-wall network one needs a correspondingly lower scale f.

Together with the typical velocity v of the domain walls this gives an event rate,

Event Rate
$$\sim \frac{1}{10 \text{ years}} \left(\frac{10^{-2} \text{ Ly}}{L}\right) \left(\frac{v}{10^{-3}}\right).$$
 (55)

Here the crucial ingredient is the velocity of the domain wall. Inside the galaxy objects typically have velocities of this order of magnitude and indeed Earth moves with such a velocity around the center of the Galaxy. Anything considerably smaller seems a bit fine-tuned. In principle, domain walls could move faster but truly stable ones should be slowed down by the expansion of the Universe.⁶ Therefore $v \sim 10^{-3}$ seems a reasonable velocity.

All in all we want the typical domain-wall scale f to be \lesssim TeV which is low but still doable.

B. Interaction with photons

To have an observable effect in LIGO the domain-wall field should have an interaction with Standard Model particles, preferably with photons. Essentially LIGO measures a phase shift between the two arms of the interferometer. A simple modification of electrodynamics that leads to a phase shift is a photon mass term inside the domain wall,

$$\mathcal{L}_{A} = -\frac{1}{4} F^{\mu\nu} F_{\mu\nu} - \frac{1}{2} m_{0,\gamma}^{2} \sin^{2} \left(\frac{N_{A} \phi}{f} \right) A^{\mu} A_{\mu}.$$
 (56)

Crucially, far away from the plane of the domain wall the effective photon mass is zero in agreement with observation, as long as N_A/N_{ϕ} is integer.

If the photon is effectively massive in some region of space inside the detector, this leads to a phase shift. Approximately one finds,⁷

$$\Delta \varphi_i = \int_{L_i} dx \Delta k(x), \qquad (57)$$

where $\Delta k(x)$ is the space dependent change in wave number and L_i denotes the path along the arm *i* of the interferometer. The observable quantity is the phase difference between the two paths,

$$\Delta \varphi = \Delta \varphi_1 - \Delta \varphi_2. \tag{58}$$

To evaluate this expression we have to determine the change in the wave number in the presence of a mass term. Since the energy of the photon is conserved we have

$$\Delta k(x) = \sqrt{\omega^2 - m_{\gamma}^2(x)} - \omega \approx -\frac{m_{\gamma}^2(x)}{2\omega}, \qquad (59)$$

where the approximate sign holds for $m_{\gamma} \ll \omega$. Moreover we have abbreviated

$$m_{\gamma}^2(x) = m_{0,\gamma}^2 \sin^2\left(\frac{N_A \phi(x)}{f}\right). \tag{60}$$

For a completely flat domain wall as in Eq. (53) the field value of the wall only depends on the distance to the wall,

$$\phi(x) = \phi(x \cdot n - z_0 - vt). \tag{61}$$

Here, *n* is the unit vector normal to the wall, z_0 is the distance of the wall from the origin at t = 0, and *v* is the velocity of the wall with respect to the origin.

C. Simple examples

We can choose the arms of the interferometer to be in the x and y direction, respectively. For simplicity we now take the wall to be parallel to the z direction. Its direction in the x - y plane we specify by the angle α with respect to the x direction. For one round trip through the cavity we then obtain the phase shift,

$$\begin{split} \Delta\varphi(t) &= -\frac{m_{0,\gamma}^2}{\omega} \left[\int_0^L dx \left[\sin^2 \left(\frac{N_A \phi(x \sin(\alpha) - z_0 - vt)}{f} \right) \right] \\ &- \int_0^L dy \left[\sin^2 \left(\frac{N_A \phi(y \cos(\alpha) - z_0 - vt)}{f} \right) \right] \right]. \\ &= -\frac{m_{0,\gamma}^2}{\omega m} \\ &\times \left[\int_0^{mL} d\hat{x} \left[\sin^2 \left(\frac{N_A \phi((\hat{x} \sin(\alpha) - \hat{z}_0 - v\hat{t})/m)}{f} \right) \right] \\ &- \int_0^{mL} d\hat{y} \left[\sin^2 \left(\frac{N_A \phi((\hat{y} \cos(\alpha) - \hat{z}_0 - v\hat{t})/m))}{f} \right) \right] \right], \end{split}$$

$$(62)$$

⁶If the two vacua connected by the domain wall are not exactly equal in energy, the domain wall is in a sense a bubble wall, which could be accelerated by the energy difference and therefore be fast.

⁷Here we use a WKB-type approximation and neglect reflections on the domain wall. In cavities as employed in LIGO this effect could be non-negligible. Moreover we neglect the small deflection in the propagation direction caused by the domain wall.



FIG. 8. L = 4000 m, $\omega \approx 1$ eV, m = 10 neV, $m_{\gamma,0} = 1$ neV, $N_A/N_{\phi} = 1$, $\alpha = \pi/2.2, \pi/2.5, \pi/3$ (black, blue, red), v chosen such that signal has roughly a length of 0.02 s ~ 1/(50 Hz); this corresponds to $v = 1 \times 10^{-3}$.

where in the second equation we have rescaled to dimensionless variables $\hat{x} = mx$, $\hat{y} = my\hat{z}_0 = mz_0$, $\hat{t} = mt$. We note that the actual signal is independent of f.

The dimensionless mass parameter $m_{\gamma}^2/(m\omega)$ controls the overall size of the phase shift. The sensitivity of gravitational wave detectors such as LIGO is usually quoted as a sensitivity to a gravitational strain,

$$h_{\rm sens} \sim \frac{\Delta L_{\rm sens}}{L} \sim 10^{-22},$$
 (63)

where ΔL_{sens} is the change in the length of a detector arm caused by the gravitational wave. In terms of a phase shift for a single path of the detector we therefore have

$$\Delta \varphi_{\rm sens} \sim \Delta L \omega \sim h_{\rm sens} L \omega \sim 10^{-10}. \tag{64}$$

In Figs. 8, 9, and 10 we now show a few different sample shapes that can be produced from these interactions.

From the dimensionless form of Eq. (62) we can determine the typical size of the signal. The sin is



FIG. 9. As in Fig. 8, but $m_{\gamma,0} = 0.1 \text{ neV}$, $N_A/N_{\phi} = 5$, m = 0.1 neV, $\alpha = \pi/2.2$, and $v = 3 \times 10^{-3}$.



FIG. 10. As in Fig. 8, but $m_{\gamma,0} = 0.1 \text{ neV}$, $N_A/N_{\phi} = 5$, m = 0.5 neV, $\alpha = \pi/2$, and $v = 1 \times 10^{-3}$.

maximally of order 1. The region where the sin is nonvanishing because we are inside the domain wall has length 1 in these units as well. This allows one to estimate

$$\Delta \varphi \sim \frac{m_{0,\gamma}^2}{m\omega} \quad \text{for } mL \gtrsim 1,$$
$$\sim \frac{m_{0,\gamma}^2}{m\omega} mL \sim \frac{m_{0,\gamma}^2 L}{\omega} \quad \text{for } mL \lesssim 1.$$
(65)

For special geometries, where one arm of the detector is essentially parallel to the wall, a small enhancement is possible.

Using this and a sensitivity $\Delta \phi \sim 10^{-10}$ we can test the following parameter regions:

$$m_{0,\gamma} \sim \text{neV}\left(\frac{m}{10 \text{ neV}}\right)^{1/2} \text{ for } m \gtrsim 0.1 \text{ neV},$$

~ 0.1 neV for $m \lesssim 0.1 \text{ neV}.$ (66)

D. Signatures of domain-wall crossings

Above we have already seen that domain walls can produce interesting signals which consist of a transient signal with a few oscillations. What is characteristic of those signals and how are they different from gravitational wave signals produced in black-hole or neutron-star mergers?

The first relevant feature are the typical time scales and the typical frequencies. The duration of the signal is essentially determined by the time it takes the domain wall to cross the detector. If the wall is thin compared to the size of the detector, i.e., $m \gtrsim 0.1$ neV this is simply determined by the length scale of the detector and the velocity of the domain wall,

$$t_{\text{duration}} \sim 10 \text{ ms}\left(\frac{10^{-3}}{v}\right), \text{ thin wall} : m \gtrsim 0.1 \text{ neV},$$
(67)

corresponding to frequencies of the order ~ 100 Hz. In addition to the overall length of the signal, one will have

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substructure when the wall enters/leaves one of the arms of the interferometer. The time scale for this is determined by the thickness of the wall and will have time scales of the order,

$$t_{\text{substructure}} \sim 10 \text{ ms}\left(\frac{0.1 \text{ neV}}{m}\right) \left(\frac{10^{-3}}{v}\right),$$
 (68)

corresponding to frequencies $\sim 100 \text{ Hz}(m/(0.1 \text{ neV}))$.

For thick walls, on the other hand, the duration is set by the wall thickness,

$$t_{\text{duration}} \sim 10 \text{ ms}\left(\frac{0.1 \text{ neV}}{m}\right) \left(\frac{10^{-3}}{v}\right),$$

thick wall : $m \lesssim 0.1 \text{ neV}.$ (69)

As discussed above the velocity is set by the typical velocities in the galaxies.

The second feature is the time difference between the two detectors at LIGO (or between even more detectors in the future). By the same argument as above this is simply given by the time it takes the domain wall to cross this \sim 3000 km distance,

$$t_{\text{two detectors}} \sim 10 \text{ s}\left(\frac{10^{-3}}{v}\right).$$
 (70)

This is 3 orders of magnitude larger than the delay between the signals for gravitational waves. To see a "coincidence" one therefore needs to analyze in a suitably large time window.

Indeed one can even perform an additional consistency check between the signals in different locations. This can be seen most easily in the limit when the wall is thin. Ignoring high frequency substructures the signal then has a shape as in Fig. 8 which is determined by the angle of the wall with respect to the experiment. Therefore one can measure both velocity and direction of the velocity from a single measurement; the signal for the second site can be predicted.

E. Obvious constraints on the parameter space

Although this is a very simplistic model, let us at least discuss some obvious constraints on the parameter space from other experiments/observations.

Photons radiating ϕ : The mass term for the photon also represents a four boson interaction with coupling strength,

$$\lambda_{AA\phi\phi} \sim \frac{m_{0,\gamma}^2 N_A^4}{f^2} \sim 10^{-42} \left(\frac{N_A}{1}\right)^4 \left(\frac{m_{0,\gamma}}{\text{neV}}\right)^2 \left(\frac{\text{TeV}}{f}\right)^2.$$
(71)

It seems like this can be safely ignored.

Total reflection from the domain wall: We observe radio signals from very distant astronomical sources in all directions with frequencies down to $\omega \sim (2\pi)$ few MHz ~ neV. If $m_{0,\gamma} \gtrsim$ few neV a domain wall would totally reflect all such radio waves, i.e., in the direction where it is coming from we would see no such radio waves.

F. Beyond the simplest model

Instead of adding a mass term, one could also consider an axionlike-particlelike interaction of the domain wall with $F^{\mu\nu}F_{\mu\nu}^{\dagger\dagger}$ or $\tilde{F}^{\mu\nu}F_{\mu\nu}$. Indeed such a model might be easier to motivate theoretically. Yet the calculation of potential signals (in particular when cavities are employed) needs a more careful study which we leave to future work.

IV. SUMMARY

In this article we investigated two types of signals from dark sectors observable in gravitational wave detectors: gravitational waves from first-order phase transitions and dark sector domain walls very weakly interacting with photons. In the former case future experiments are needed, whereas in the latter case already aLIGO could potentially observe a signal.

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