Nucleon-pion-state contribution in lattice calculations of the nucleon charges g_A , g_T and g_S

Oliver Bär

Yukawa Institute for Theoretical Physics, Kyoto University, Kitashirakawa Oiwakechou, Sakyo-ku, Kyoto 606-8502, Japan (Received 12 July 2016; published 13 September 2016)

We employ leading-order covariant chiral perturbation theory to compute the nucleon-pion-state contribution to the 3-point correlation functions one typically measures in lattice QCD to extract the isovector nucleon charges g_A , g_T and g_S . We estimate the impact of the nucleon-pion-state contribution on both the plateau and the summation method for lattice simulations with physical pion masses. The nucleonpion-state contribution results in an overestimation of all charges with both methods. The overestimation is roughly equal for the axial and the tensor charge, and about 50% larger for the scalar charge.

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I. INTRODUCTION

Lattice QCD has made enormous progress in recent years due to computational advances and algorithmic improvements [\[1\].](#page-9-0) This has led many lattice QCD collaborations to pursue numerical lattice simulations with pion masses close to or at their physical values [2–[5\].](#page-9-1) Such "physical point simulations" require no or only a short chiral extrapolation, so uncertainties associated with this step are essentially eliminated. This benefit is worth the high numerical costs these kind of simulations involve.

As advantageous as physical point simulations are, some complications become more severe with smaller pion masses. The signal-to-noise problem [\[6\]](#page-9-2) gets worse and prevents large Euclidean time separations in many correlation functions. In addition, the smaller the pion mass, the more pronounced is the contamination due to multiparticle states in correlation functions one measures in lattice simulations. For example, the lattice simulations carried out so far strongly suggest that many nucleon structure observables suffer severely from excited-state contaminations.¹ The associated systematic uncertainty may significantly compromise the huge numerical effort that goes into physical point simulations.

It has been pointed out in Refs. [\[10,11\]](#page-9-3) that chiral perturbation theory (ChPT) can be employed to compute multiparticle-state contributions involving light pions. Following Refs. [\[12,13\]](#page-9-4) we apply this idea here to the nucleon 3-point (pt) functions used to measure the nonsinglet axial, tensor and scalar charge of the nucleon. We compute the nucleon-pion-state $(N\pi)$ contributions to these observables in covariant ChPT to leading order (LO) in the chiral expansion. The low-energy coefficients (LECs) entering at this order are known very well from phenomenology, so we obtain definite results for the $N\pi$ contribution to all three charges, estimated either by the plateau or by the summation method. Even if higher-order corrections and contributions from resonances will be substantial, we obtain quantitative estimates for the impact of the nucleon-pion states on the determination of the various nucleon charges.

II. NUCLEON 3-PT CORRELATORS IN CHPT

A. Basic definitions

In the following we consider QCD with degenerate quark masses for the light up and down quark. The spatial volume is assumed to be finite with spatial extent L , and periodic boundary conditions are imposed. We work in Euclidean space-time and the time extent is taken infinite.

We are interested in the 3-pt functions

$$
G_{3pt,X}(t,t') = \int d^3x \int d^3y \Gamma'_{X,\alpha\beta} \langle N_\beta(\vec{x},t) O_X(\vec{y},t') \bar{N}_\alpha(\vec{0},0) \rangle.
$$
\n(2.1)

Here N , \overline{N} are interpolating fields for the nucleon and Γ'_X denotes a spin projection matrix specified below. O_X denotes the vector current $(X = V)$, the axial vector current (A) , the tensor (T) or the scalar density (S) . We consider the flavor nonsinglet case only, so O_X carries an open flavor index which is suppressed in [\(2.1\).](#page-0-0) More precisely, we choose the nucleon to be the proton which implies

$$
O_X = \bar{q} \Gamma_X \sigma^3 q, \qquad (2.2)
$$

with the quark doublets $q = (u, d)^T$, $\bar{q} = (\bar{u}, \bar{d})$, the third Pauli matrix σ^3 , and the usual gamma matrix combinations $\Gamma_X = \gamma_{\mu}, \gamma_{\mu} \gamma_5, \sigma_{\mu\nu}, 1$ for $X = V, A, T, S$. In the following we will be interested only in the spatial components in case of the axial vector current and the tensor, and in the zero ¹

See the recent reviews $[7-9]$ $[7-9]$ and references therein.

TABLE I. The projection matrices Γ'_X entering the definition [\(2.1\)](#page-0-0), with $\Gamma = (1 + \gamma_0)/2$ and k, l, $m = 1, 2, 3$ (spatial indices only).

		k.	
$\overline{1}$	$\gamma_k \gamma$	$i\epsilon_{klm}\Gamma\gamma_5\gamma_m$	

component in case of the vector current. The projection matrices Γ'_X for these operators are collected in Table [I.](#page-1-0) For the axial vector current and the tensor we consider the averaged correlation function where the average is taken over the spatial components.² Since we consider equal up- and down-type quark masses the vector current is conserved. Thus, the 3-pt function involving its zero component is simply the 2-pt function times the conserved charge and not very interesting. However, charge conservation provides a nontrivial check on the calculation in Sec. [II C](#page-2-0).

In addition to (2.1) we will also need the 2-pt function

$$
G_{2\text{pt}}(t) = \int d^3x \Gamma_{\alpha\beta} \langle N_{\beta}(\vec{x}, t) \bar{N}_{\alpha}(\vec{0}, 0) \rangle, \qquad (2.3)
$$

with $\Gamma = (1 + \gamma_0)/2$, and the ratio of the two correlation functions,

$$
R_X(t, t') = \frac{G_{3pt, X}(t, t')}{G_{2pt}(t)}.
$$
 (2.4)

Performing the standard spectral decomposition of the two correlation functions and taking all times t, t' and $t - t'$ to be large, it is straightforward to show that the ratio R_X goes to a constant. This constant is the forward matrix element $\langle N(\vec{p}=0)|O_{\vec{X}}|N(\vec{p}=0)\rangle/2M_N$ called the nucleon charge g_X . In addition there are exponentially suppressed corrections from resonances and multihadron states that have the same quantum numbers as the nucleon. For sufficiently small pion masses the dominant multihadron states are twoparticle nucleon-pion states with the nucleon and the pion having opposite momenta. Taking into account only these corrections the asymptotic behavior of the ratio reads

$$
R_X(t, t') = g_X \left[1 + \sum_{\vec{p}_n} (b_{X,n} e^{-\Delta E_n(t-t')} + \tilde{b}_{X,n} e^{-\Delta E_n t'} + \tilde{c}_{X,n} e^{-\Delta E_n t}) \right].
$$
\n(2.5)

According to our assumptions about the finite spatial volume the momenta are discrete and the sum runs over all momenta allowed by the boundary conditions. $\Delta E_n =$ $E_{N\pi,n} - M_N$ is the energy gap between the nucleon-pion state and the ground state. For weakly interacting pions $E_{N_{\pi,n}}$ equals approximately the sum $E_{N,n} + E_{\pi,n}$ of the nucleon and pion energy. The coefficients $b_{X,n}$, $\tilde{b}_{X,n}$ and $\tilde{c}_{X,n}$ in [\(2.5\)](#page-1-1) are dimensionless ratios of various matrix elements involving the nucleon interpolating fields and the operator O_X ³. The projection matrices Γ'_X in Table [I](#page-1-0) are chosen such that the leading constant in R_X is simply the nucleon charge. Other conventions differing from ours by a factor of 2 and/or a factor i can be also be found in the literature. Such a choice modifies the overall constant in a trivial way, but it has no effect on the coefficients in [\(2.5\)](#page-1-1).

B. The chiral effective theory

The correlation functions defined in the previous section and their ratio can be computed in chiral perturbation theory. In fact, the 2-pt function has already been computed in Ref. [\[12\];](#page-9-4) here we present the results for the 3-pt functions and the ratio R_X . We carry over the setup used for computing the 2-pt function and summarize only very briefly a few formulas. For details the reader is referred to Ref. [\[12\]](#page-9-4).

The calculations are performed to leading order in the chiral expansion in the covariant formulation of baryon ChPT [\[14,15\]](#page-9-6). To that order the chiral effective Lagrangian consists of two parts only, $\mathcal{L}_{eff} = \mathcal{L}_{N\pi}^{(1)} + \mathcal{L}_{\pi\pi}^{(2)}$. Expanding this Lagrangian in powers of pion fields and keeping this Lagrangian in powers of pion fields and keeping interaction terms with one pion field only we obtain

$$
\mathcal{L}_{eff} = \bar{\Psi} (\gamma_{\mu} \partial_{\mu} + M_N) \Psi + \frac{1}{2} \pi^a (-\partial_{\mu} \partial_{\mu} + M_\pi^2) \pi^a
$$

+
$$
\frac{ig_A}{2f} \bar{\Psi} \gamma_{\mu} \gamma_5 \sigma^a \Psi \partial_{\mu} \pi^a.
$$
 (2.6)

The nucleon fields $\Psi = (p, n)^T$ and $\bar{\Psi} = (\bar{p}, \bar{n})$ contain the Dirac fields for the proton p and the neutron n. M_N , M_{π} denote the nucleon and pion masses, while g_A and f are the axial charge and the pion decay constant. To be precise these are the chiral limit values, but to LO they can be replaced by their values at the physical pion mass.

The expressions for the nucleon interpolating fields in ChPT are also known [\[16\].](#page-9-7) To LO and up to one power in pion fields one finds

$$
N(x) = \tilde{\alpha} \bigg(\Psi(x) + \frac{i}{2f} \pi^a(x) \sigma^a \gamma_5 \Psi(x) \bigg), \qquad (2.7)
$$

²The results in Sec. [II C](#page-2-0) assume a slightly simpler form for the averaged correlator than for the one with fixed spatial components. However, the final results for the nucleon-pion-state contribution are the same in both cases.

³The coefficient $\tilde{c}_{X,n}$ in the ratio [\(2.5\)](#page-1-1) is proportional to the excited-to-excited-state matrix element $\langle N(\vec{p}_n)\pi(-\vec{p}_n)|O_X|$ $N(\vec{p}_n)\pi(-\vec{p}_n)$. Contributions involving such matrix elements with different momenta in the initial and final nucleon-pion state will be ignored throughout this paper.

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$$
\bar{N}(0) = \tilde{\beta}^* \left(\bar{\Psi}(0) + \frac{i}{2f} \bar{\Psi}(0) \gamma_5 \sigma^a \pi^a(0) \right). \tag{2.8}
$$

These are the effective fields for local nucleon interpolating fields composed of three quarks without derivatives [\[17,18\]](#page-9-8). The interpolating fields do not necessarily need to be pointlike; "smeared" fields map to the same chiral expressions provided two conditions are met: (i) the smearing procedure is compatible with chiral symmetry and (ii) the extension of the smeared fields ("smearing radius") is small compared to the Compton wavelength of the pion. In that case smeared fields can be mapped onto point like fields in ChPT just like their pointlike counter-parts at the quark level [\[12,19\]](#page-9-4). However, the LECs $\tilde{\alpha}$, β entering the chiral expression in [\(2.7\)](#page-1-2) are different. If the same interpolating fields are used at both source and sink we have $\tilde{\alpha} = \beta$.

For the computation of the 3-pt functions we need the expressions for the vector and axial vector currents, the scalar density and the tensor. The first three are obtained from the known effective Lagrangian in the presence of external source fields for the currents and densities [\[14\]](#page-9-6). Taking derivatives with respect to the external fields for vector and axial vector current we obtain from the Lagrangian $\mathcal{L}_{eff} = \mathcal{L}_{N\pi}^{(1)} + \mathcal{L}_{\pi\pi}^{(2)}$ the expressions

$$
V_{\mu}^{a} = \bar{\Psi}\gamma_{\mu}\sigma^{a}\Psi - \frac{g_{A}}{f}\epsilon^{abc}\pi^{b}\bar{\Psi}\gamma_{\mu}\gamma_{5}\sigma^{c}\Psi - 2i\epsilon^{abc}\partial_{\mu}\pi^{b}\pi^{c},
$$
\n(2.9)

$$
A^a_\mu = g_A \bar{\Psi} \gamma_\mu \gamma_5 \sigma^a \Psi - \frac{1}{f} \epsilon^{abc} \pi^b \bar{\Psi} \gamma_\mu \sigma^c \Psi - 2i f \partial_\mu \pi^a. \tag{2.10}
$$

The first two terms in each expression on the right-hand side stem from $\mathcal{L}_{N_{\pi}}^{(1)}$, and the remaining one from $\mathcal{L}_{\pi\pi}^{(2)}$. For the scalar density S^a we obtain a vanishing contribution: $\mathcal{L}_{N\pi}^{(1)}$ does not depend on the scalar source field and the contribution from $\mathcal{L}_{\pi\pi}^{(2)}$ vanishes identically in SU(2) ChPT. The leading nonvanishing term stems from the higher-order Lagrangian $\mathcal{L}_{N\pi}^{(2)}$. Following the notation in Ref. [\[20\]](#page-9-9) we obtain

$$
S^a = -4Bc_5\bar{\psi}\sigma^a\psi.
$$
 (2.11)

The prefactor is a product of two LECs: B is the familiar LEC proportional to the quark condensate that enters also $\mathcal{L}_{n\pi}^{(2)}$. The coefficient c_5 is a LEC in $\mathcal{L}_{N\pi}^{(2)}$ and has mass dimension -1 such that $Bc₅$ is dimensionless. To the order we are working here we will find $g_S = -4Bc_5$, see below.

Mesonic ChPT with a tensor source field has been constructed in Ref. [\[21\],](#page-9-10) but the generalization to covariant baryon ChPT is, to our knowledge, missing. However, following the construction steps in Ref. [\[20\]](#page-9-9) it is straightforward to obtain the tensor in baryon ChPT. Some details are summarized in the Appendix; here we just quote the final result. To leading chiral dimension we find only one term for the nonsinglet tensor in ChPT,

$$
T^a_{\mu\nu} = -4\beta c_8 \bar{\psi} \sigma_{\mu\nu} \sigma^a \psi. \tag{2.12}
$$

In analogy to the scalar density we have chosen to write the LEC as the product of $4B$ and an unknown LEC c_8 associated with the tensor field. The product is dimensionless and will be identified with the tensor charge in the next section. Obviously, the expression in [\(2.12\)](#page-2-1) transforms as a tensor field. However, it is important that this is the only tensor contributing to leading chiral dimension.

C. The 3-pt functions in ChPT

With the expressions (2.6) – (2.12) it is straightforward to compute the 3-pt functions perturbatively in ChPT. To leading order only the diagram depicted in Fig. [1](#page-2-2) leads to the single-nucleon-state contribution $G_{3pt,X}^N$, and we obtain

$$
G_{3pt,X}^N = g_X G_{2pt}^N.
$$
 (2.13)

 $G_{2pt}^N = 2\alpha\beta^* \exp(-M_N t)$ denotes the leading single-
nucleon state contribution in the 2 nt function [12] and nucleon-state contribution in the 2-pt function [\[12\],](#page-9-4) and we made the identification $g_S = -4c_5B$ and $g_T = -4c_8B$ as mentioned before.

Figure [2](#page-3-0) shows the diagrams with a nonzero nucleon-pion-state contribution to the 3-pt functions. Figures $2(a)-2(h)$ $2(a)-2(h)$ contribute to all four correlators $(X = V, A, T, S)$. Figures [2\(i\)](#page-3-0)–2(l) contribute to both the vector and axial vector current, and the remaining four diagrams [Figs. $2(m)-2(p)$ $2(m)-2(p)$] contribute to the vector current only. It will be convenient to write the nucleon-pion-state contribution $G_{3pt,X}^{N\pi}$ in the form (we drop the subscript *n* on the coefficients in this section)

$$
G_{3pt,X}^{N\pi} = G_{3pt,X}^{N} \sum_{\vec{p}_n} (b_X e^{-\Delta E_n(t-t')} + \tilde{b}_X e^{-\Delta E_n t'} + c_X e^{-\Delta E_n t}).
$$
\n(2.14)

As already mentioned, vector current conservation implies that the 3-pt function is given by the conserved charge times the 2-pt function. In terms of the coefficients in [\(2.14\)](#page-2-3) this statement reads

FIG. 1. Leading Feynman diagram for the 3-pt function. Squares represent the nucleon interpolating fields at times t and 0, the diamond stands for the operator insertion at time t' . Solid lines represent nucleon propagators.

FIG. 2. Feynman diagrams for the LO nucleon-pion contribution in the 3-pt functions. Circles represent a vertex insertion at an intermediate space time point, and an integration over this point is implicitly assumed. The dashed lines represent pion propagators.

$$
b_{V_0} = \tilde{b}_{V_0} = 0, \qquad c_{V_0} = c_{2pt}.
$$
 (2.15)

We have checked this result explicitly, and it provided a nontrivial test on the programs we have written to compute the diagrams for general fields O_X and Γ'_X .

To quote the results for $X = A$, T, S we introduce some shorthand notation. Since some overall factors are common to all coefficients we write the coefficients according to

$$
b_X = \frac{1}{16(fL)^2 E_{\pi} L} \left(1 - \frac{M_N}{E_N} \right) B_X, \qquad (2.16)
$$

$$
c_X = \frac{1}{16(fL)^2 E_{\pi}L} \left(1 - \frac{M_N}{E_N}\right) C_X. \tag{2.17}
$$

In our calculation we explicitly found

$$
\tilde{b}_X = b_X \tag{2.18}
$$

for all correlators, so we need to quote only b_X . Note that the coefficients vanish if the momentum of the nucleon (and the pion) is zero. This has to be the case since the nucleon-pion state with both particles at rest does not contribute to the correlators for symmetry reasons.

For the "reduced" coefficients C_X we find the following results:

$$
C_A = (\bar{g}_A - 1)^2 \frac{2}{3} \left(\frac{M_N}{E_N} - \frac{1}{2} \right), \tag{2.19}
$$

$$
C_T = (\bar{g}_A - 1)^2 \frac{1}{3} \left(2 - \frac{M_N}{E_N} \right),
$$
 (2.20)

$$
C_S = (\bar{g}_A - 1)^2 \left(-\frac{M_N}{E_N} \right). \tag{2.21}
$$

For notational simplicity only we have introduced the combination

$$
\bar{g}_A = g_A \frac{E_{N\pi} + M_N}{E_{N\pi} - M_N}, \qquad E_{N\pi} = E_N + E_{\pi}, \qquad (2.22)
$$

which appears also in the results for the coefficients B_X ,

$$
B_A = \frac{8}{3} (\bar{g}_A - 1) \left(\bar{g}_A - \frac{1}{2} g_A \frac{M_\pi^2}{2 E_\pi M_N - M_\pi^2} \right) - 4 \left(\frac{E_{N\pi} + M_N}{E_{N\pi} - M_N} - \frac{1}{g_A} \right),
$$
(2.23)

$$
B_T = \frac{8}{3} (\bar{g}_A - 1) \left(\bar{g}_A + \frac{1}{4} g_A \frac{M_\pi^2}{2 E_\pi M_N - M_\pi^2} \right), \qquad (2.24)
$$

$$
B_S = 4(\bar{g}_A - 1) \left(\bar{g}_A + \frac{1}{2} g_A \frac{M_\pi^2}{2E_\pi M_N - M_\pi^2} \right). \tag{2.25}
$$

The axial vector correlation function was also calculated in Ref. [\[13\]](#page-9-11) using heavy baryon (HB) ChPT. If we expand $E_N \sim M_N + p^2/2M_N$ in our result for the axial vector current and drop all but the dominant terms we reproduce the result in Ref. [\[13\]](#page-9-11).

Taking the ratio of the 3-pt and 2-pt function we find R_X given by the form anticipated in [\(2.5\)](#page-1-1), with the coefficients

$$
\tilde{c}_X = c_X - c_{2pt}.\tag{2.26}
$$

The coefficient stemming from the 2-pt function reads [\[12\]](#page-9-4)

$$
c_{2pt} = \frac{1}{16(fL)^2 E_{\pi} L} \left(1 - \frac{M_N}{E_N} \right) C_{2pt},
$$

\n
$$
C_{2pt} = 3(\bar{g}_A - 1)^2.
$$
\n(2.27)

The coefficients b_x , \tilde{c}_x depend on two LECs only, f and g_A , the coefficients B_X , C_X depend only on g_A . The LECs associated with the interpolating field, on the other hand, cancel in the ratio. Thus, the LO result we have found here is universal and applies to pointlike and smeared interpolating fields. However, at the next order in the chiral expansion this universality property will be lost.

The ratios $b_X/b_{X'}$ and $\tilde{c}_X/\tilde{c}_{X'}$ are related and depend only on g_A . Since g_A is known rather well from phenomenology our LO calculation makes concrete predictions for the relative size of the nucleon-pion-state contributions. These relations are particularly simple in the HB limit, where we find the equality

$$
b_A^{HB} = -\tilde{c}_A^{HB} \tag{2.28}
$$

for the coefficients in the axial vector case and, in addition,

$$
b_A^{HB} = b_T^{HB} = \frac{2}{3} b_S^{HB}, \qquad \tilde{c}_A^{HB} = \tilde{c}_T^{HB} = \frac{2}{3} \tilde{c}_S^{HB}, \qquad (2.29)
$$

relating them to the coefficients for the tensor and scalar. We would thus conclude that the nucleon-pion-state contributions are equal for the axial vector and the tensor, and 50% larger for the scalar. Away from the heavy baryon limit the simple relations [\(2.29\)](#page-4-0) will be modified; see the next section.

A final comment concerns the summation over the lattice momenta in [\(2.5\).](#page-1-1) Momenta that are related by the symmetries of the spatial lattice lead to the same contribution; hence it is convenient to sum over the absolute value $p_n = |\vec{p}_n|$. Imposing periodic boundary conditions, the absolute value can assume the values $p_n = (2\pi/L)\sqrt{n}$,
 $n = n^2 + n^2 + n^2$ with the *n*, being integers. Therefore, in $n \equiv n_1^2 + n_2^2 + n_3^2$, with the n_k being integers. Therefore, in the ratio we can perform the replacement the ratio we can perform the replacement

$$
\sum_{\vec{p}} \to \sum_{p_n} m_n,\tag{2.30}
$$

where the multiplicities m_n count the number of vectors \vec{p}_n with the same p_n . Multiplicities for $n \le 20$ are given in

TABLE II. Multiplicities m_n in Eq. [\(2.30\)](#page-4-2) for $n \leq 8$ (see Ref. [\[22\]\)](#page-9-12).

	n 0 1 2 3 4 5 6 7 8			
	m_n 1 6 12 8 6 24 24 0 12			

Ref. [\[22\]](#page-9-12) (for convenience we summarize the first eight in Table [II](#page-4-1)).

III. IMPACT ON LATTICE CALCULATIONS OF THE NUCLEON CHARGES

A. Preliminaries

In the following we want to estimate the impact of the nucleon-pion-state contribution on the determination of the various charges in lattice QCD simulations. Two methods are widely used, the plateau and the summation method. Before considering them in the next two sections a few preliminary remarks need to be made.

Our result for the ratio R_X can be written as

$$
R_X(t, t') = g_X \left[1 + \sum_{n \le n_{\text{max}}} b_{X,n} (e^{-\Delta E_n(t-t')} + e^{-\Delta E_n t'}) + \tilde{c}_{X,n} e^{-\Delta E_n t} \right],
$$
\n(3.1)

where we used Eq. [\(2.18\).](#page-3-1) The coefficients $b_{X,n}$, $\tilde{c}_{X,n}$ are dimensionless and depend on four independent dimensionless parameters: g_A , f/M_N , M_π/M_N and $M_\pi L$. To leading order in the chiral expansion we can use the physical values for the two LO LECs, i.e. we set $g_A = 1.27$ and $f = f_{\pi} = 93$ MeV. Since we are mainly interested in R_X for physical pion masses we fix the pion and nucleon mass to their physical values; thus, we take $M_\pi/M_N = 140/940$ and $f/M_N = 93/940$ if not stated otherwise.

The ratio R_X also depends on n_{max} , the upper limit for the number of states taken into account in the ratio. In ChPT n_{max} is essentially determined by insisting on a sufficiently small expansion parameter p_n/Λ_χ in (finite volume) ChPT, with Λ_{γ} typically identified with $4\pi f_{\pi}$ [\[22\].](#page-9-12) In Ref. [\[12\]](#page-9-4) the condition $p_{n_{\text{max}}}/\Lambda_{\gamma} = 0.3$ was imposed for a reasonably well behaved chiral expansion, and we adopt this choice in the following as well. This bound translates into $n_{\text{max}} = 2$ and 5 for $M_{\pi}L = 4$ and 6, respectively. A second reason for this particular bound is that the energy $E_{N_{\pi,n_{\text{max}}}}$ of the nucleon-pion states satisfying it is sufficiently well below the energy of the first resonance state with an expected energy of about $1.5M_N$. In that case we may ignore mixing effects with this resonance state that is not included as a degree of freedom in the chiral effective theory.

Obviously there is some arbitrariness in imposing a bound on the momenta and the values for n_{max} following from it. In the end n_{max} must be large enough such that the contribution from the states omitted in the ratio R_X is small enough that it can be ignored. This depends essentially on the times t and t' that govern the exponential suppression in R_X . In Table [III](#page-5-0) we have collected three examples for bounds on the momentum and the associated values n_{max} . Two of the bounds imply energies $E_{N\pi,n_{\text{max}}}$ above the energy of the first resonance state. Going to such high

TABLE III. n_{max} and $E_{N\pi,n_{\text{max}}}$ as a function of $p_{n_{\text{max}}}/\Lambda_{\chi}$; see main text.

		n_{max}	
$\frac{p_{n_{\max}}}{\Lambda_{\chi}}$	$M\piL = 4$	$M_{\pi}L=6$	$E_{N\pi,n_{\text{max}}}$ M_N
0.3			\approx 1.35
0.45		12	≈ 1.6
0.6	10	22	≈ 1.9

energies will give some indication about the impact of the nucleon-pion states; still, as long as the resonance is not included in the effective theory the results should be interpreted with care.

B. Impact on the plateau method

The excited-state contribution in R_X is minimal for the operator insertion time in the middle between source and sink. Thus we may take the "midpoint" value $R_X(t, t/2)$ as an estimate for the nucleon charge g_X . This midpoint method is essentially equivalent to what is called "plateau method," so we will use this terminology here as well.

Figure [3](#page-5-1) shows $R_X(t, t/2)/g_X$, the plateau method estimate divided by the charge. Without the $N\pi$ contribution this ratio would be equal to 1, and the deviation from this value is the relative error in percent caused by the $N\pi$ contribution. Plotted are the results for all three charges $(X = A, T, S)$ for two values of $M_{\pi}L$ (4 and 6). The following observations can be made:

(i) The differences between the results for $M_{\pi}L = 4$ and $M_{\pi}L = 6$ are very small. These differences stem

from the fact that the energy interval of the nucleon pion states that we consider, $|M_N + M_{\pi}, E_{N_{\pi,n_{\text{max}}}}|$, contains only 2 and 5 states for $M_{\pi}L = 4$ and 6, respectively. In infinite volume there will be states to any energy, so some finite-volume effect in the nucleon-pion-state contribution is expected. Still, it is perhaps somewhat surprising that the differences between $M_{\pi}L = 4$ and $M_{\pi}L = 6$ are so small.

- (ii) The results for the axial vector and the tensor charge are very close, and the result for the scalar charge is about 50% larger. This is in good agreement with the expectation [\(2.29\)](#page-4-0) for the coefficients in the heavy baryon limit.
- (iii) All three curves in Fig. [3](#page-5-1) are above 1, so the nucleon-pion-state contribution leads to an overestimation of the three charges.

As an illustration of the pion-mass dependence Fig. [4](#page-5-2) shows the results for the pion mass $M_{\pi} = 200$ MeV and $M_{\pi}L = 4$. In this case the bound $p_{n_{\text{max}}}/\Lambda_{\chi} = 0.3$ on the momenta leads to $n_{\text{max}} = 1$, so only the nucleon-pion state with the smallest nonzero momentum is taken into account. While the nucleon-pion-state contribution for the axial and the tensor charge are still roughly the same and smaller compared to the scalar, the absolute size is about a factor of $1/2$ smaller compared with the results for the physical pion mass.

Figure [5](#page-6-0) shows the dependency of the results on n_{max} for the axial vector ratio. The results are shown for the three n_{max} values specified in Table [III](#page-5-0) and for $M_{\pi}L = 4$ (the counterparts for $M_{\pi} L = 6$ lie essentially on top of the curves in Fig. [5](#page-6-0)). The result for the lowest n_{max} starts to be the dominant part of the $N\pi$ contribution at about 2 fm. Recall that the smallest n_{max} corresponds to the lower tail of

FIG. 3. The plateau estimate $R_X(t, t/2)$ normalized by g_X for all three charges ($X = A$ in black, T in blue, S in red). Results for $M_{\pi} = 140 \text{ MeV}$ and $M_{\pi}L = 4$ (solid lines) and $M_{\pi}L = 6$ (dashed lines). n_{max} is according to the first row in Table [III](#page-5-0).

FIG. 4. The plateau estimate $R_X(t, t/2)$ normalized by q_X for all three charges ($X = A, T, S$, same color code as in Fig. [3\)](#page-5-1). Results for $M_{\pi} = 200 \text{ MeV}, M_{\pi}L = 4 \text{ and } n_{\text{max}} = 1.$

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FIG. 5. The plateau estimates $R_A(t, t/2)$ normalized by g_A for M_{π} = 140 MeV, $M_{\pi}L = 4$ and the three different n_{max} values specified in Table [III](#page-5-0) ($n_{\text{max}} = 2$ in black, $n_{\text{max}} = 5$ in blue and $n_{\text{max}} = 10$ in red).

the nucleon-pion states that ends below the first resonance. Apparently, this lower tail does not capture properly the $N\pi$ contribution at and below 1.5 fm where it only makes about one half or even less of the $N\pi$ contribution with the largest n_{max} .

Figure [5](#page-6-0) tells an important message: Unless the sourcesink separation is larger than about 1.5 fm the nucleon-pion states with energies above the first resonance state contribute significantly to the ratio. Therefore, the impact of this resonance needs to be included before definite conclusions about the overall excited-state contamination in the ratio can

FIG. 6. The plateau estimates $R_S(t, t/2)$ normalized by g_S for M_{π} = 140 MeV, $M_{\pi}L = 4$ and the three different n_{max} values specified in Table [III](#page-5-0) (same color code as in fig. [5\)](#page-6-0).

be drawn. Still, unless there are large cancellations caused by the resonance state, we may estimate the $N\pi$ contribution to g_A to be at the +5% to +10% level.

Figure [6](#page-6-1) is the analogous plot for the ratio R_S . It looks qualitatively the same as Figure [5,](#page-6-0) but the size of the corrections is about twice as large compared to the axial vector case. The $N\pi$ contribution to R_T (not shown) is about 25% larger than the corresponding one to R_A .

C. Impact on the summation method

Suggested originally in Ref. [\[23\],](#page-9-13) the summation method was first applied in Ref. [\[24\]](#page-9-14) in the determination of g_A . The main observation underlying this method is that the ratio $R_X(t, t')$ apparently has a stronger exponential suppression
once the sum over all insertion times t' is taken. The once the sum over all insertion times t' is taken. The asymptotic behavior anticipated in $[24]$ reads⁴

$$
S_A(t) \equiv \sum_{t'=0}^{t} R_A(t, t') \rightarrow g_A[1 + \mathcal{O}(e^{-\Delta E t})]t + \text{const} + \mathcal{O}(e^{-\Delta E t}).
$$
\n(3.2)

Here ΔE denotes the energy gap between the ground and first excited state. Without the excited-state contribution the sum shows a simple linear t dependence with the slope given by the charge. The presence of excited states results in exponentially suppressed corrections. In practice the slope is obtained by fitting a linear function to lattice data for various sink times t.

With the results for the $N\pi$ contribution to the ratio $R_X(t, t')$ we can study their impact on the summation
method. Since our underlying space time manifold here is method. Since our underlying space time manifold here is continuous the sum in [\(3.2\)](#page-6-2) is replaced by the integral and the slope can be computed directly by taking the time derivative. However, one caveat needs to be kept in mind: $S_{\text{X}}(t)$ involves the 3-pt function at short time differences $t - t'$ and t' , and these are not properly captured by the chiral effective theory. Even though we can compute the nucleon-pion-state contribution to $S_X(t)$ it is unclear how much their contribution is distorted by the short-distance contributions to $S_X(t)$.

That being said, we consider the generalized sum $S_X(t, t_m)$ introduced in Ref. [\[25\],](#page-9-15) where the sum (integral) over t' is taken over the interval $[t_m, t - t_m]$, with $t_m \le t/2$.
For t sufficiently large the nucleon-nion-state contribution For t_m sufficiently large the nucleon-pion-state contribution is expected to give the dominant excited-state correction to $S_X(t, t_m)$, and it can be computed within ChPT. In the end we can send t_m to zero bearing in mind the caveat mentioned before.

With the result for the ratio R_X in [\(3.1\)](#page-4-3) the integral $S_X(t, t_m) = \int_{t_m}^{t-t_m} dt' R_X(t, t')$ reads

⁴ This is a lattice QCD formula. The summation is over the discrete operator insertion times and g_A denotes the bare axial charge.

$$
S_X(t, t_m) = g_X \left[\left(1 + \sum_{n \le n_{\text{max}}} \tilde{c}_n e^{-\Delta E_n t} \right) (t - 2t_m) + \sum_{n \le n_{\text{max}}} \frac{2b_n}{\Delta E_n} \left(e^{-\Delta E_n t_m} - e^{-\Delta E_n (t - t_m)} \right) \right].
$$
 (3.3)

Setting t_m equal to zero we recover the t dependence in [\(3.2\).](#page-6-2) As a function of t (keeping t_m fixed) the slope $s_X(t, t_m) \equiv dS_X(t, t_m)/dt$ is given by

$$
s_X(t, t_m) = g_X \left[1 + \sum_{n \le n_{\text{max}}} \tilde{c}_n \{ 1 - \Delta E_n (t - 2t_m) \} e^{-\Delta E_n t} + \sum_{n \le n_{\text{max}}} 2b_n e^{-\Delta E_n (t - t_m)} \right].
$$
\n(3.4)

Note that the dependence of $s_X(t, t_m)$ on t_m decreases the larger t is, and it vanishes in the infinite t limit, as expected.

Figure [7](#page-7-0) shows $s_A(t, t_m)/g_A$ for $t_m = 0.5$ fm and $t > 2t_m$. We have chosen this value to admit a comparison with the plateau method result, which is also plotted in Fig. [7](#page-7-0). Note that for $t_m = t/2$ both methods agree since $s_A(t, t/2) = R_A(t, t/2)$. For $t > t_m$, however, the $N\pi$ contribution decreases more rapidly for the summation method due to the suppression caused by the exponentials $\exp[-\Delta E_n(t - t_m)].$

The results look qualitatively the same if t_m is changed. The result for $t_m \to 0$ is also shown in Fig. [7](#page-7-0), and the curves corresponding to t_m between 0 and 0.5 fm lie between the two curves shown in the figure. Two main conclusions can be drawn from these results:

- (i) The $N\pi$ contribution leads to an overestimation of the axial charge since $s_A(t, t_m)/g_A$ is larger than one. The larger t_m the larger the overestimation, even though the dependence on t_m vanishes rapidly.
- (ii) The $N\pi$ contribution to the summation method is smaller compared to the plateau method. How much smaller depends on t, but for the range covered in Fig. [7](#page-7-0) the summation method estimate is about 30% to 60% smaller than the plateau estimate.

Figure [8](#page-7-1) shows the dependence on n_{max} . Not surprisingly, we find the same qualitative behavior as for the plateau method, cf. Fig. [5.](#page-6-0) However, the lower tail of the $N\pi$ contribution ($n_{\text{max}} = 2$) forms the dominant part of the entire contribution at significantly smaller sink times.

The same observations can be made for the tensor and scalar charges. The results are qualitatively the same as in Figs. [7](#page-7-0) and [8,](#page-7-1) but the size of the $N\pi$ correction is slightly larger for the tensor and about 50% larger for the scalar.

One needs to be careful in drawing conclusions from the results found here to actual lattice QCD data. As mentioned before, in practice the derivative with respect to sink time is obtained by a linear fit to data for sink times with finite differences. In addition, the statistical errors are usually much smaller for the data at small sink times. Thus, the fit can be significantly weighted by the data for the smallest source-sink separation [\[26\]](#page-9-16) and may match the slope at the smallest sink time used in the fit.

Moreover, knowing the nucleon-pion-state contribution to the slope for vanishing t_m might be of limited use since the short-distance contributions to the 3-pt function may have a significant impact on the slope. An observation in support of this is the following: Eq. (3.3) seems to suggest that the dominant $N\pi$ contribution to the slope stems from

FIG. 7. The summation method estimate $s_A(t, t_m)$ normalized by g_A for $M_\pi = 140 \text{ MeV}, M_\pi L = 4 \text{ and } t_m = 0 \text{ (solid blue line)}$ and $t_m = 0.5$ fm (dashed blue line). For comparison the plateau method estimate $R_A(t, t/2)/g_A$ is also shown (black solid line).

FIG. 8. The summation method estimate $s_A(t, 0)$ normalized by g_A for $M_\pi = 140$ MeV, $M_\pi L = 4$ and the three different n_{max} values specified in Table [III](#page-5-0) ($n_{\text{max}} = 2$ in black, $n_{\text{max}} = 5$ in blue and $n_{\text{max}} = 10$ in red).

the $\tilde{c}_{X,n}$ correction, since this contribution modifies directly the prefactor of $(t - 2t_m)$. This, however, is not the case. The $b_{X,n}$ contribution in [\(3.4\)](#page-7-2) dominates the slope, but this is also the contribution that will be affected by the shortdistance contribution not included in ChPT.

IV. CONCLUDING REMARKS

Some collaborations have already performed lattice simulations of the various nucleon charges on ensembles with a pion mass at or near the physical value [\[2,25,27,28\]](#page-9-1). Applying the conclusions found here to these numerical results is hampered mainly by the small source-sink separations t in these simulations. In most cases the maximal source-sink separation t_{max} is about 1.2 fm, sometimes even smaller, but in all cases not much above 1.5 fm.

As we have seen, for such small source-sink separations nucleon-pion states with energies up to about twice the nucleon mass contribute significantly to the ratios R_X . This uncomfortably high value is way above the energy of the first resonance states. These were not included as degrees of freedom in our chiral effective theory, but presumably these states have a non-negligible contribution to the ratios at small t. Some qualitative features of our results may still survive the omission of the resonances (overestimation of all charges by both the plateau and the summation method, a larger $N\pi$ contribution in the scalar charge), but this is not guaranteed.

On the other hand, the calculation presented here can be improved to remedy its limitations. A way to include the Roper resonance in the chiral effective theory has been known for some time [\[29\].](#page-9-17) The Δ resonance too can be incorporated in the effective theory [\[30](#page-9-18)–32]. With these additional dynamical degrees of freedom in the theory one may expect to be able to assess the excited-state contributions to the nucleon charges at much smaller source-sink separations with smaller and controllable errors. Whether contact with present-day lattice simulations can be made remains to be seen though. Obviously, lattice simulations with larger source-sink separations than used today would help in this respect.

Compilations of the numerous lattice calculations of g_A for larger than physical pion masses can be found in various recent reviews [\[7](#page-9-5)–9]. In almost all cases the lattice estimate is smaller than the experimental value. This underestimation is more pronounced for heavier pion masses and seems to ease for M_{π} approaching its physical value. Whether the $N\pi$ contribution plays some role in this cannot be said for sure. Still, the possibility that a diminishing discrepancy with the experimental value is caused by more than one source of error that partially cancel each other for a decreasing pion mass should not be discarded right away.

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APPENDIX: THE TENSOR FIELD IN BARYON CHPT

Mesonic chiral perturbation theory with a tensor source field has been constructed in Ref. [\[21\].](#page-9-10) Generalizing the familiar procedure employed by Gasser and Leutwyler in Ref. [\[33\]](#page-9-19) a source term for the tensor field is added to the massless QCD Lagrangian. This source term is mapped to ChPT taking into account its transformation properties under chiral symmetry, parity and charge conjugation.

In terms of chiral fields the source term has the form⁵

$$
\mathcal{L}_{\text{tensor}} = \bar{\psi}_R t_{\mu\nu} \sigma^{\mu\nu} \psi_L + \bar{\psi}_L t_{\mu\nu}^{\dagger} \sigma^{\mu\nu} \psi_R \tag{A1}
$$

with the matrix valued source field $t_{\mu\nu}$. It couples left- and right-handed fields like the source term χ involving the scalar and pseudoscalar densities. Under chiral transformations R, L the source term is invariant if the source field transforms according to $t_{\mu\nu} \to R t_{\mu\nu} L^{\dagger}$, $t_{\mu\nu}^{\dagger} \to L t_{\mu\nu}^{\dagger} R^{\dagger}$. Similarly, the tensor source field needs to be even under parity and odd under charge conjugation for $(A1)$ to be invariant under these transformations as well. Based on these symmetry properties the source term can be mapped to ChPT. Postulating the power counting $t_{\mu\nu} \sim O(p^2)$ the leading terms start at $O(p^4)$ since at least two derivatives are needed to form a Lorentz scalar with the tensor source. The complete Lagrangian through $O(p^6)$ can be found in [\[21\]](#page-9-10).

For the construction of the chiral Lagrangian in baryon ChPT following Ref. [\[20\]](#page-9-9) it is useful to introduce the combinations

$$
t_{\mu\nu,\pm} = u^{\dagger} t_{\mu\nu} u^{\dagger} \pm u t_{\mu\nu}^{\dagger} u, \tag{A2}
$$

with u being the standard chiral field containing the pion fields. The reason for this definition is that these fields transform as all the other external source fields under chiral symmetry, namely $t_{\mu\nu,\pm} \to ht_{\mu\nu,\pm} h^{-1}$, where h denotes the comparator field associated with the nonlinear realization compensator field associated with the nonlinear realization of chiral symmetry [\[34,35\].](#page-9-20)

Invariants under chiral symmetry are therefore easily constructed. Following Sec. 2.2 of Ref. [\[20\]](#page-9-9) any invariant monomial in the effective $N\pi$ Lagrangian is of the generic form

$$
\bar{\psi}A^{\mu\nu\dots}\Theta_{\mu\nu\dots}\psi + \text{H.c.} \tag{A3}
$$

⁵In this appendix we assume the Minkowski space-time metric in order to match the conventions in Refs. [\[20,21\]](#page-9-9).

Here $A^{\mu\nu...}$ is a product of pion and/or external fields and their covariant derivatives, while $\Theta_{\mu\nu}$ is a product of a Clifford algebra element and a totally symmetrized product of covariant derivatives acting on the nucleon fields. These objects obey various restrictions stemming from chiral symmetry. In addition, equations of motion can be used to remove terms in the chiral Lagrangian that are redundant.

Here we are interested only in the leading terms involving the tensor source field only once. The simplest terms with lowest chiral dimension are obtained with $A^{\mu\nu} = t^{\mu\nu}_+$. Since the tensor source is antisymmetric in the Lorentz indices there is only one independent term $\Theta_{\mu\nu} = \sigma_{\mu\nu}$ one can contract $A^{\mu\nu}$ with. Therefore, to leading chiral dimension the external source term [\(A1\)](#page-8-0) is mapped onto

$$
\mathcal{L}^{(2)}_{\text{tensor}} = c_8 \bar{\psi} t_+^{\mu\nu} \sigma_{\mu\nu} \psi + c_9 \bar{\psi} \langle t_+^{\mu\nu} \rangle \sigma_{\mu\nu} \psi. \tag{A4}
$$

Taking the derivative with respect to the tensor source field and expanding in powers of pion fields it is straightforward to derive the expression [\(2.12\)](#page-2-1) for the tensor field.

The power counting for the tensor source term deserves a comment. We assumed the source term to be of $O(p^2)$. Consequently, [\(A4\)](#page-9-21) has chiral dimension 2 as indicated by the superscript. In the mesonic chiral Lagrangian the source term starts to contribute at chiral dimension 4. Therefore, the leading tensor field proportional to $\epsilon^{abc}\partial_{\mu}\pi^{b}\partial_{\nu}\pi^{c}$ stemming from it can be ignored for our purposes.

As already stated in [\[21\]](#page-9-10), the power counting for the tensor is not motivated by physical arguments. In contrast to the counting rules for the scalar and pseudoscalar densities there is no physical realization of the symmetry breaking by a tensor in the QCD Lagrangian that can be invoked to motivate the power counting $t_{\mu\nu} \sim O(p^2)$. Other choices are possible, and any choice will affect the way operators with a different number of tensor sources are organized in the chiral expansion [\[21\]](#page-9-10). Still, irrespective of any particular counting rule the $N\pi$ Lagrangian in [\(A4\)](#page-9-21) will still be of smaller chiral dimension than the mesonic part. The reason is simple: The two Lorentz indices of the tensor source can be contracted with $\sigma^{\mu\nu}$ in the $N\pi$ Lagrangian, while two covariant derivatives of the pion field are necessary in the mesonic Lagrangian. The latter is therefore of chiral dimension 2 higher. Essentially the same argument has been given in Ref. [\[36\]](#page-9-22) where an external symmetric tensor field was coupled to the QCD Lagrangian.

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