## Instability of hairy black holes in shift-symmetric Horndeski theories

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Recently it was pointed out that in shift-symmetric scalar-tensor theories a black hole can have nontrivial scalar hair which depends linearly on time. We develop black hole perturbation theory for such solutions and compute the quadratic action of odd parity perturbations. We show that around all the solutions known so far with such time-dependent scalar hair the perturbations trigger instabilities or are presumably strongly coupled.

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### I. INTRODUCTION

Black holes are intriguing objects for many reasons. From a theoretical viewpoint, black holes have a rich mathematical structure with regard to their uniqueness [1,2] in and beyond general relativity in four spacetime dimensions. The stability of black holes is also of great interest. Black holes carry entropy and comply with the laws of thermodynamics [3,4], which is expected to shed light on quantum aspects of gravity. From an astrophysical viewpoint, it is strongly suggested that there is a black hole at the center of our Galaxy [5]. Not only such supermassive black holes but also smaller astrophysical ones are considered to be promising sources of gravitational waves, the future detection of which would provide us with unique information concerning astrophysics and gravitational physics. Among those various aspects, in this paper, we focus on the question as to whether black holes can have nontrivial hair and whether they are stable in scalar-tensor theories of gravity.

The discovery of the accelerated expansion of the Universe [6,7] gives rise to a growing motivation for studying gravitational theories with a scalar field, as it could be caused by a dynamical scalar field called dark energy [8]. Alternatively, it is also argued that cosmic acceleration may be caused by a modification of gravity [9]. Modified gravity can be described at least effectively by adding a scalar degree of freedom to the gravitational action. Thus, theories composed of a metric and a scalar field are ubiquitous, and it is important to explore aspects of scalar-tensor theories.

In many scalar-tensor theories, it has been shown that black holes cannot support nontrivial scalar hair. This was first pointed out in the context of the Brans-Dicke theory [10], and later the theorem was extended to more general scalar-tensor theories [11] including k-essence [12,13]. It was also proven that a Galileon cannot develop a nontrivial

configuration around a static and spherically symmetric black hole [14]. The proof relies essentially on the symmetry under a constant shift of the scalar field,  $\phi \rightarrow \phi + c$ , and hence the same conclusion would hold true in general shift-symmetric scalar-tensor theories. See [15] for a review.

The underlying assumption of the no-hair proof of [14] is that the scalar field is static. However, it was noticed that the scalar field can be linearly dependent on time while the metric remains static in the shift-symmetric theories [16].<sup>1</sup> Utilizing this fact, the authors of [16] have worked out several exact black hole solutions dressed with nontrivial scalar hair in the theory with the derivative coupling to the Einstein tensor. Later, those solutions were generalized [22] in a certain shift-symmetric subclass of the Horndeski theory [23–25]. See [26] for a biscalar extension of the hairy solutions and [27] for a charged generalization.

The purpose of the present work is to study the stability of the hairy black hole solutions of [16,22]. To do so we compute the action rather than the equations of motion for metric perturbations. The action approach was taken also in [28–30] to show the appearance of ghosts in some modified gravity theories. Black hole perturbation theory in the action approach has been formulated in the context of the Horndeski theory [31,32], giving the useful stability conditions in terms of the arbitrary functions in the Horndeski action (see also [33]). The results of [31,32] cannot, however, be applied to the black hole solutions with time-dependent scalar hair, as the background scalar field is assumed to be static in [31,32]. We therefore extend the formulation of [31,32] to allow for the linear time dependence of the background scalar within the shift-symmetric subclass of the Horndeski theory.

The organization of this paper is as follows. In Sec. II, we review the black hole solutions with time-dependent scalar hair in the Horndeski theory, following [22]. In Sec. III, we

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<sup>&</sup>lt;sup>1</sup>By relaxing the asymptotic conditions, one can construct hairy solutions with a static scalar field [17–19]. See [20,21] for yet another loophole.

#### OGAWA, KOBAYASHI, and SUYAMA

compute the quadratic action for odd parity perturbations and give the stability conditions. In Sec. IV, we apply the stability conditions to the hairy black holes and draw our conclusions on their stability.

## II. HAIRY BLACK HOLES IN SHIFT-SYMMETRIC SCALAR-TENSOR THEORIES

# A. Shift (and reflection) symmetric scalar-tensor theories

The Horndeski theory is the most general scalar-tensor theory with second-order field equations in four dimensions [23]. We work in the subclass of the Horndeski theory having symmetries under  $\phi \rightarrow \phi + c$  and  $\phi \rightarrow -\phi$ . The action we consider is thus given by

$$S = \int d^4x \sqrt{-g} (\mathcal{L}_2 + \mathcal{L}_4), \qquad (1)$$

where

$$\mathcal{L}_2 = G_2(X),\tag{2}$$

$$\mathcal{L}_4 = G_4(X)R + G_{4X}[(\Box \phi)^2 - (\nabla_{\mu} \nabla_{\nu} \phi)^2].$$
 (3)

Here,  $G_2$  and  $G_4$  are arbitrary functions of  $X := -(\partial \phi)^2/2$ , R is the Ricci scalar, and we use the notation  $G_{4X} := \partial G_4/\partial X$ . This is the most general second-order scalar-tensor theory having shift and reflection symmetries. The shift symmetry is essential for black holes to have time-dependent scalar hair. However, the reflection symmetry is rather thought of as a simplifying assumption used to remove the so-called  $\mathcal{L}_3$  and  $\mathcal{L}_5$  terms from the theory.

The theory with a nonminimal derivative coupling to the Einstein tensor,

$$S = \int d^4x \sqrt{-g} [\zeta R - \eta (\partial \phi)^2 + \beta G^{\mu\nu} \partial_\mu \phi \partial_\nu \phi - 2\Lambda], \quad (4)$$

with  $\zeta$ ,  $\eta$ ,  $\beta$ , and  $\Lambda$  being constants, is often considered in the literature (see, e.g., [17,19,34,35]). This theory is a specific case of the general theory (1), as is confirmed by taking

$$G_2 = -2\Lambda + 2\eta X, \qquad G_4 = \zeta + \beta X, \tag{5}$$

and performing integration by parts.

#### B. Black holes with time-dependent scalar hair

We consider a static and spherically symmetric metric as a background solution. The background metric  $\overline{g}_{\mu\nu}$  is therefore of the form

$$\overline{g}_{\mu\nu}dx^{\mu}dx^{\nu} = -A(r)dt^2 + \frac{dr^2}{B(r)} + r^2d\Omega^2, \qquad (6)$$

where  $d\Omega^2 = d\theta^2 + \sin^2 \theta d\varphi^2$ . The scalar field can, however, be dependent linearly on time as a consequence of the shift symmetry,

$$\phi(r,t) = qt + \psi(r), \tag{7}$$

where q is a constant, and nonvanishing q is crucial for a hairy solution [16].

Several exact hairy black hole solutions have been obtained in the theories with the specific action (4) and the general one (1). To study the stability of those solutions, we formulate the black hole perturbation theory with time-dependent scalar hair in the theory (1). To do so, we do not rely on the concrete form of the solution known so far but only use the assumption that the metric and the scalar field are of the form (6) and (7) and satisfy the background field equations.

The background field equations can be derived as follows. We substitute the metric

$$\overline{g}_{\mu\nu}dx^{\mu}dx^{\nu} = -A(r)dt^2 + \frac{dr^2}{B(r)} + 2C(r)dtdr + D(r)r^2d\Omega^2,$$
(8)

and the scalar field (7) to the action (1). Varying the action with respect to *A*, *B*, *C*, and *D* and then setting C = 0 and D = 1, we obtain the gravitational field equations. We write the corresponding equations as

$$\mathcal{E}_A = 0, \quad \mathcal{E}_B = 0, \quad \mathcal{E}_C = 0, \quad \mathcal{E}_D = 0, \quad (9)$$

the explicit forms of which are found in Appendix A. One can also derive the scalar-field equation of motion by varying the action with respect to  $\psi$ . In formulating black hole perturbation theory below, use of those equations is crucial to simplify the second-order action. For this purpose, it is useful to know that not all of the equations are independent. Actually, thanks to the Bianchi identities,  $\mathcal{E}_D = 0$  and the scalar-field equation are automatically satisfied once the other equations are assumed.

Let us now summarize the hairy black hole solutions obtained so far in the literature. The solutions can be classified into several groups. The key equation for the classification is

$$\frac{d}{dr}[X\mathcal{H}(X)(1-r^2F(X))] = 0,$$
 (10)

which can be derived by combining the gravitational field equations (9) under the assumption that  $q \neq 0$  [22]. Here we defined, for convenience,

$$\mathcal{H}(X) \coloneqq 2(G_4 - 2XG_{4X}),\tag{11}$$

$$F(X) \coloneqq \frac{\partial_X(G_2\mathcal{H})}{8X(G_{4X}^2 + G_4G_{4XX})}.$$
 (12)

Equation (10) can be integrated to give an algebraic equation for X:

$$X\mathcal{H}(1-r^2F) = \text{const.}$$
(13)

From this equation, one can determine X = X(r), which, in general, depends on the concrete form of  $G_2$  and  $G_4$ , and also on the integration constant in the right-hand side. One can then use the other components of the gravitational field equations to fix A = A(r) and B = B(r). Note, however, that the procedure to find exact solutions goes almost independently of the concrete form of  $G_2$  and  $G_4$  if one focuses on the special cases where F(X) = 0 or  $\mathcal{H}(X) = 0$ is fulfilled. Accordingly, X = const for such solutions. Actually, it turns out that all the known solutions satisfy either F(X) = 0 or  $\mathcal{H}(X) = 0$  as displayed below.

*I*. 
$$F(X) = 0$$

With an appropriate rescaling of the time coordinate, we obtain the following solution for F(X) = 0:

$$A = B = 1 - \frac{\mu}{r} - \frac{\Lambda_{\text{eff}}}{3} r^2,$$
 (14)

where  $\mu$  is an integration constant and

$$\Lambda_{\rm eff}(X) \coloneqq -\frac{1}{2} \frac{G_2 G_{4XX} + G_{2X} G_{4X}}{G_{4X}^2 + G_4 G_{4XX}} (= \text{const}).$$
(15)

Interestingly, the metric is identical to the Schwarzschild-de Sitter solution in general relativity, though in this case, the scalar field exhibits a nontrivial profile. Note that the effective cosmological constant has nothing to do with the true cosmological constant. This solution was first discovered in the theory (4) in [16] and then was generalized in the context of the Horndeski theory (1) in [22].

$$2. \mathcal{H}(X) = 0$$

The solution satisfying  $\mathcal{H}(X) = 0$  is more complicated and is given by

$$A = \frac{\Lambda_{\rm eff}}{F} + \left(1 - \frac{\Lambda_{\rm eff}}{F}\right) \mathcal{T}(r) - \frac{\mu}{r},\tag{16}$$

$$B = (1 - Fr^2)A, \tag{17}$$

with

$$\mathcal{T}(r) \coloneqq \begin{cases} \frac{1}{2\sqrt{F}r} \ln \left| \frac{1+\sqrt{F}r}{1-\sqrt{F}r} \right| & (F > 0) \\ \frac{\arctan\left(\sqrt{-F}r\right)}{\sqrt{-F}r} & (F < 0), \end{cases}$$
(18)

where  $\mu$  is an integration constant and an appropriate rescaling of the time coordinate is understood. The above

solution includes the Schwarzschild black hole in an Einstein static universe [16] as a special case.

### **III. PERTURBATIONS OF A BLACK HOLE** WITH TIME-DEPENDENT SCALAR HAIR

We now calculate the quadratic action for metric perturbations. Regge and Wheeler [36] and Zerilli [37] were the first to develop black hole perturbation theory. We follow their works and decompose the metric perturbations into odd and even modes according to their transformation properties under two-dimensional rotation. In this paper, we only consider the odd parity sector in which the scalar field does not acquire fluctuations. While Regge, Wheeler, and Zerilli worked out the equations of motion for the master variables, we compute the quadratic action for the perturbations [38]. By taking the action approach, one can derive stability conditions in a transparent manner. Looking at the quadratic action is particularly important in modified gravity theories because one must care about the sign of the kinetic terms of the dynamical variables and associated ghost instabilities. In [31,32], the quadratic actions for odd and even parity perturbations around a static and spherically symmetric background are derived from the Horndeski theory, making the underlying assumption that the background scalar field is also static. We now extend the work of [31,32] to admit time-dependent scalar hair, following closely the previous works of [28,29] and [31,32].

#### A. Odd parity metric perturbations

The metric perturbations  $h_{\mu\nu} = g_{\mu\nu} - \overline{g}_{\mu\nu}$  in the odd parity sector can be written using spherical harmonics  $Y_{lm}(\theta, \varphi)$  as

$$h_{tt} = 0, \qquad h_{tr} = 0, \qquad h_{rr} = 0,$$

$$h_{ta} = \sum_{l,m} h_{0,lm}(t,r) E_{ab} \partial^b Y_{lm}(\theta,\varphi),$$

$$h_{ra} = \sum_{l,m} h_{1,lm}(t,r) E_{ab} \partial^b Y_{lm}(\theta,\varphi),$$

$$h_{ab} = \frac{1}{2} \sum_{l,m} h_{2,lm}(t,r) [E_a{}^c \nabla_c \nabla_b Y_{lm}(\theta,\varphi) + E_b{}^c \nabla_c \nabla_a Y_{lm}(\theta,\varphi)], \qquad (19)$$

where  $E_{ab} \coloneqq \sqrt{\det \gamma} \varepsilon_{ab}$  with  $\gamma_{ab}$  being the two-dimensional metric on a unit sphere and  $\varepsilon_{ab}$  being the totally antisymmetric symbol with  $\varepsilon_{\theta\varphi} = 1$ .

Not all of the above perturbation variables are physical; by performing the gauge transformation  $x^a \rightarrow x^a + \xi^a$ , where

$$\xi_a = \sum_{l,m} \Lambda_{lm}(t, r) E_a{}^b \nabla_b Y_{lm}, \qquad (20)$$

## OGAWA, KOBAYASHI, and SUYAMA

with an appropriate choice of  $\Lambda_{lm}$ , one can eliminate  $h_2$ , leaving  $h_0$  and  $h_1$ . This is the Regge-Wheeler gauge, which is always possible for  $l \ge 2$  modes. However, for the dipole perturbations (l = 1),  $h_{ab}$  vanishes identically, and the gauge is not fixed completely. We therefore consider the dipole mode separately. Note that there are no odd parity perturbations for l = 0.

# B. Quadratic action for odd parity perturbations with $l \ge 2$

Substituting the perturbed metric into the action (1) and expanding it to second order, we obtain the quadratic action for the odd parity perturbations. After lengthy but straightforward calculations, we arrive at, for a given set of (l, m),<sup>2</sup>

$$S^{(2)} = \int dt dr \mathcal{L}^{(2)}, \qquad (21)$$

with

$$\frac{2l+1}{2\pi}\mathcal{L}^{(2)} = a_1h_0^2 + a_2h_1^2 + a_3\left(\dot{h}_1^2 - 2h_0'\dot{h}_1 + h_0'^2 + \frac{4h_0\dot{h}_1}{r}\right) + a_4h_0h_1,$$
(22)

where a dot (a prime) stands for differentiation with respect to t (r). The coefficients  $a_1$ ,  $a_2$ ,  $a_3$ , and  $a_4$  are given by

$$a_1 = \frac{l(l+1)}{r^2} \left[ \frac{d}{dr} \left( r \sqrt{\frac{B}{A}} \mathcal{H} \right) + \frac{(l-1)(l+2)}{2\sqrt{AB}} \mathcal{F} \right], \quad (23)$$

$$a_2 = -\frac{(l-1)l(l+1)(l+2)}{2}\frac{\sqrt{AB}}{r^2}\mathcal{G}, \qquad (24)$$

$$a_3 = \frac{l(l+1)}{2} \sqrt{\frac{B}{A}} \mathcal{H},\tag{25}$$

$$a_4 = \frac{(l-1)l(l+1)(l+2)}{r^2} \sqrt{\frac{B}{A}} \mathcal{J},$$
 (26)

where we defined

$$\mathcal{F} = 2\left(G_4 - \frac{q^2}{A}G_{4X}\right),\tag{27}$$

$$\mathcal{G} = 2\left(G_4 - 2XG_{4X} + \frac{q^2}{A}G_{4X}\right),$$
 (28)

$$\mathcal{H} = 2(G_4 - 2XG_{4X}), \tag{29}$$

$$\mathcal{J} = 2qG_{4X}\psi',\tag{30}$$

and used the background equations (9) to simplify the expressions. Note here that  $\mathcal{H}$  is the same as the one introduced earlier in Eq. (11). We see that q appears in several places in the coefficients; in particular, the term  $a_4h_0h_1$  arises due to nonvanishing q and hence is completely new.

The Lagrangian shows that  $h_1$  is dynamical while  $h_0$  is not. Thus, variation with respect to  $h_0$  yields a constraint equation. However, we cannot solve straightforwardly the constraint for  $h_0$  because it contains  $h'_0$ . To remove the nondynamical degree of freedom from the Lagrangian, we instead rewrite the Lagrangian by introducing an auxiliary field  $\chi$  as [28,29]

$$\frac{2l+1}{2\pi}\mathcal{L}^{(2)} = \left[a_1 - \frac{2(ra_3)'}{r^2}\right]h_0^2 + a_2h_1^2 + a_3\left[-\chi^2 + 2\chi\left(\dot{h}_1 - h_0' + \frac{2}{r}h_0\right)\right] + a_4h_0h_1.$$
(31)

It is easy to verify that Eq. (22) is recovered by eliminating the auxiliary field  $\chi$  from (31). Varying the new Lagrangian (31) with respect to  $h_0$  and  $h_1$ , one obtains the two equations that can now be solved for  $h_0$  and  $h_1$ , giving

$$h_0 = -\frac{2r\{2a_2[r(\chi a_3)' + 2\chi a_3] + r\dot{\chi}a_3a_4\}}{4a_2[r^2a_1 - 2(ra_3)'] - r^2a_4^2}, \quad (32)$$

$$h_1 = \frac{4a_3\dot{\chi}[r^2a_1 - 2(ra_3)'] + 2ra_4[r(\chi a_3)' + 2a_3\chi]}{4a_2[r^2a_1 - 2(ra_3)'] - r^2a_4^2}.$$
 (33)

Substituting Eqs. (32) and (33) back into Eq. (31), we finally find the quadratic Lagrangian written in terms of only the dynamical variable  $\chi$ ,

$$\frac{2l+1}{2\pi}\mathcal{L}^{(2)} = \frac{l(l+1)}{2(l-1)(l+2)}\sqrt{\frac{B}{A}}[b_1\dot{\chi}^2 - b_2\chi'^2 + b_3\dot{\chi}\chi' - l(l+1)b_4\chi^2 - V\chi^2],$$
(34)

where the coefficients  $b_i$  are given by

$$b_1 = \frac{r^2 \mathcal{F} \mathcal{H}^2}{A \mathcal{F} \mathcal{G} + B \mathcal{J}^2},\tag{35}$$

$$b_2 = \frac{r^2 B^2 \mathcal{GH}^2}{A \mathcal{F} \mathcal{G} + B \mathcal{J}^2},\tag{36}$$

$$b_3 = \frac{2r^2 B^2 \mathcal{H}^2 \mathcal{J}}{A \mathcal{F} \mathcal{G} + B \mathcal{J}^2},\tag{37}$$

<sup>&</sup>lt;sup>2</sup>Since different (l, m) modes do not mix, one can treat each single (l, m) separately. Thanks to the spherical symmetry, the action is independent of m, and hence, one may set m = 0 from the beginning without loss of generality. We omit the subscripts l, m when unnecessary.

INSTABILITY OF HAIRY BLACK HOLES IN SHIFT- ...

$$b_4 = \mathcal{H}.\tag{38}$$

The explicit form of the effective potential V is given in Appendix B because of its long expression. Once a solution to the Euler-Lagrange equation for  $\chi$  is given, one can use Eqs. (32) and (33) to determine  $h_0$  and  $h_1$  and thus can fix all the perturbation variables in the Regge-Wheeler gauge.

A comment is now in order. If  $\mathcal{H} = 0$ , all the coefficients in the Lagrangian (34) vanish. This implies that fluctuations are strongly coupled around the background solutions with  $\mathcal{H} = 0$ .

#### C. Stability conditions

To simplify the equations, let us suppress the l-dependent factor in Eq. (34), which is unimportant for the stability, and consider the Lagrangian density,

$$\tilde{\mathcal{L}} = \frac{1}{2} \sqrt{\frac{B}{A}} \{ b_1 \dot{\chi}^2 - b_2 \chi'^2 + b_3 \dot{\chi} \chi' - [l(l+1)b_4 + V] \chi^2 \}.$$
(39)

One can define the conjugate momentum as  $\pi = \partial \tilde{\mathcal{L}} / \partial \dot{\chi}$ , and then the Hamiltonian is given by

$$H = \frac{1}{2} \int dr \sqrt{\frac{B}{A}} \left\{ \frac{1}{b_1} \left( \sqrt{\frac{A}{B}} \pi - \frac{1}{2} b_3 \chi' \right)^2 + b_2 \chi'^2 + [l(l+1)b_4 + V]\chi^2 \right\}.$$
 (40)

In order for the first and second terms to be positive, it is required that

$$b_1 > 0, \qquad b_2 > 0.$$
 (41)

Those ensure the positivity of the kinetic and radial gradient energies, respectively. To avoid instabilities of large l modes,

$$b_4 > 0 \tag{42}$$

is required as well. Those three conditions are equivalent to

$$\mathcal{F} > 0, \qquad \mathcal{G} > 0, \qquad \mathcal{H} > 0. \tag{43}$$

Equation (43) can be used for any black hole solutions with linearly time-dependent scalar hair in a sufficiently wide subclass of the Horndeski theory (1) and thus generalizes the result of [31].

#### **D.** Dipole perturbation

The procedure to derive the quadratic action (34) for the master variable is not well defined for the l = 1 modes since division by (l-1) is involved in the intermediate

#### PHYSICAL REVIEW D 93, 064078 (2016)

computations. This necessitates doing the perturbation analysis for the dipole modes separately, which is the purpose of this subsection. To this end, we start with the action (21). This is nothing but the action expanded to second order in terms of the original perturbation variables and is valid even for the dipole modes. Plugging l = 1 into the background-dependent coefficients  $a_i$  (i = 1, ..., 4), we find  $a_2$  and  $a_4$  become zero and end up with

$$\frac{3}{2\pi}\mathcal{L}^{(2)} = \frac{2}{r^2}(ra_3)'h_0^2 + a_3\left(\dot{h}_1^2 - 2h_0'\dot{h}_1 + h_0'^2 + \frac{4h_0\dot{h}_1}{r}\right),\tag{44}$$

where  $a_3 = \mathcal{H}\sqrt{B/A}$ . As is the case in the higher multipole modes, the quadratic Lagrangian becomes zero when  $\mathcal{H} = 0$ , which signals the strong coupling of the system. Below, we assume  $\mathcal{H} \neq 0$ . Contrary to the higher multipole modes, the angular components of the metric perturbation automatically vanish for the dipole modes, and the above Lagrangian is valid in any gauge [30]. Indeed, we can explicitly verify the invariance of the Lagrangian (up to the total derivative) under the gauge transformation,

$$h_0 \rightarrow h_0 + \dot{\Lambda}, \qquad h_1 \rightarrow h_1 + \Lambda' - \frac{2}{r}\Lambda, \qquad (45)$$

where  $\Lambda(t, r)$  is an arbitrary function specifying the gauge transformation for the angular coordinates. By using this gauge degree of freedom, we can always choose a gauge for which  $h_1 = 0$ . We impose this gauge condition after we obtain the Euler-Lagrange equations for  $h_0$  and  $h_1$ . There is still a gauge degree of freedom for  $\Lambda$  such that  $\Lambda = C(t)r^2$ , where C(t) is an arbitrary function of t. This residual gauge is used later to eliminate the gauge mode appearing in  $h_0$ .

The Euler-Lagrange equations for  $h_0$  and  $h_1$  take the forms of

$$\dot{h}_0' - \frac{2}{r}\dot{h}_0 = 0, \tag{46}$$

$$a_3h_0'' + a_3'h_0' - \frac{2(ra_3)'}{r^2}h_0 = 0.$$
(47)

Clearly, these equations look exactly the same as those in the case of the time-independent scalar field (q = 0)derived in [31]. Dependence of the second equation on q is only through X contained in  $\mathcal{H}$ . As a result, the solution takes exactly the same form as the one given in [31], which is given as

$$h_0 = \frac{3Jr^2}{4\pi} \int^r \frac{d\overline{r}}{\overline{r}^4} \mathcal{H} \sqrt{\frac{A}{B}} + \tilde{C}(t)r^2, \qquad (48)$$

where J is an integration constant, and  $\tilde{C}(t)$  is an arbitrary function of t. As mentioned before, the second term is a

#### OGAWA, KOBAYASHI, and SUYAMA

gauge mode and can be removed by setting  $\Lambda = -\int^t \tilde{C}(t')dt'r^2$ . The first term cannot be eliminated by any gauge transformation. Physically, this represents a metric of the slowly rotating black hole, that is, metric to first order in its angular momentum *J*. For a class of solutions with F(X) = 0 discussed in Sec. II B 1, both *X* and *A*/*B* are independent of *r*. Then, we have

$$h_0 = -\frac{J}{4\pi \mathcal{H}(X)r},\tag{49}$$

where *X* here is a solution of F(X) = 0. The metric  $h_0$  takes exactly the same form as the Kerr metric expanded up to first order in the angular momentum. This result is consistent with a recent study [39] in which it is shown by a different approach that the metric around a slowly rotating black hole is identical to that in general relativity for a wide class of shift-symmetric Horndeski theories.

#### **IV. DISCUSSION AND CONCLUSIONS**

In the previous section, we obtained the stability conditions for a black hole dressed with a time-dependent scalar field. The main conclusion derived from the stability conditions  $\mathcal{F} > 0$  and  $\mathcal{G} > 0$  is as follows: for the solutions with X = const, one has

$$\mathcal{FG} \simeq -4 \left(\frac{q^2}{A} G_{4X}\right)^2 < 0 \tag{50}$$

in the vicinity of the horizon (A = 0), and thus, either  $\mathcal{F}$  or  $\mathcal{G}$  is negative there, indicating that the black hole solutions with X = const are unstable. This result holds in the general shift-symmetric theory (1) and can be applied to the Schwarzschild-de Sitter black hole with time-dependent scalar hair presented in Sec. II B 1. Since the stability conditions are independent of  $G_2$ , the stealth Schwarzschild solution found in  $G_2 = 0$  theories [16,22] is also unstable. The same instability occurs in the vicinity of the cosmological horizon. In particular, this is true even for the special case of the de Sitter solution (with time-dependent hair).

The instability we found in this paper manifests in the short-wavelength perturbations localized sufficiently close to (but not on) the horizon because the stability conditions are violated in a local domain outside the horizon. This local nature of the instability implies that it is not a coordinate artifact (see Appendix C) nor is it due to the apparent singular behavior of the metric and the scalar field at the horizon as the instability is developed not on the horizon, but near the horizon.

Let us give a further discussion to support this conclusion in the following. We can express a physically sensible perturbation as

$$\chi(t, r_*) = \sum_{\omega} e^{i\omega t} \chi_{\omega}(r_*), \qquad (51)$$

where  $\chi_{\omega}(r_*)$  forms a complete set and  $r_*$  is the tortoise coordinate defined as  $r_* = \int dr / \sqrt{AB}$ . We claim that the complete set includes the mode whose  $\omega$  is purely imaginary with a sufficiently large absolute value. To see this, suppose that one prepares a sufficiently small-size wave packet  $\sum_{\omega} \chi_{\omega}(r_*)$  sufficiently near the horizon at the initial time t = 0. Since it is localized, the square integral can be made finite, namely  $\int dr_* |\chi(r_*)|^2 < \infty$ . Since the size of the packet is small, we may consider it as a superposition of plane waves, and the majority of them have sufficiently large wave numbers. From the Euler-Lagrange equation for  $\chi$ , we find that  $\omega$  corresponding to such a large wave number k is given by  $\pm i\sqrt{A/Bk}$  to a good approximation. Thus, a sufficiently localized wave packet near the horizon contains  $\chi_{\omega}(r_*)$  with a purely imaginary  $\omega$  having a very large absolute value.

This wave packet evolves subject to Eq. (51) and undergoes rapid exponential growth. As a result, the square integral  $\int dr_* |\chi(t, r_*)|^2$  also exhibits exponential growth within a very short time scale. This is the nature of the ghost/gradient instability arising due to the sign flip in the coefficients in the quadratic Lagrangian. Based on this observation, we conclude that the black holes considered in this paper are classically unstable.

So far, we have made a purely classical argument. We would like to emphasize that there is another consequence from the derived quadratic Lagrangian leading to a more serious problem. Since quantum mechanics describes our nature, in order for a black hole solution to exist stably, the solution must be a ground state at least locally in the state space. As we have found, the Hamiltonian density of the metric perturbations is not bounded from below in the vicinity of the horizon. Since gravity is coupled to all matter fields that have excitations only with positive energy, the unbounded Hamiltonian inevitably leads to instantaneous and enormous creation of matter and gravitational excitations near the horizon. This pathological process, yet abiding by the energy conservation, inevitably takes place since any allowed process happens in quantum mechanics. Thus, the black hole cannot be stable quantum mechanically even if we do not allow any types of classical perturbations including the ones we mention above. In this sense, the latter pathological instability is more serious than any classical instabilities. This point is well known in the field of modified gravity, and a detailed discussion is given, for instance, in Ref. [40].

Finally, a caveat must be given here. For the solutions with  $\mathcal{H} = 0$  given in Sec. II B 2, the quadratic action vanishes, which implies that the odd parity perturbations are strongly coupled on this background. This example must be investigated carefully but in any case is beyond the scope of the present paper.

In summary, we have derived the quadratic action for odd parity perturbations of a black hole dressed with timedependent scalar hair in a sufficiently wide subclass of the INSTABILITY OF HAIRY BLACK HOLES IN SHIFT- ...

Horndeski theory. Based on the quadratic action, we have shown that the perturbations of all the hairy black hole solutions with X = const known so far are either unstable or presumably strongly coupled.

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#### PHYSICAL REVIEW D 93, 064078 (2016)

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# **APPENDIX A: BACKGROUND EQUATIONS**

We define the background equations (9) following [39]. The gravitational field equations can be divided into the *q*-independent part and the terms proportional to  $q^2$  as

$$\mathcal{E}_a \coloneqq \mathcal{E}_a^{(0)} + \frac{q^2}{A} \mathcal{E}_a^{(t)},\tag{A1}$$

where a = A, B, C, D. Explicitly,

$$\mathcal{E}_{A}^{(0)} = G_2 - \frac{2}{r} \left( B' + \frac{B-1}{r} \right) G_4 - \frac{2B^2 \psi'}{r} \left( \frac{\psi'}{r} + \frac{2B'}{B} \psi' + 2\psi'' \right) G_{4X} + \frac{2B^3 \psi'^3}{r} \left( \frac{B'}{B} \psi' + 2\psi'' \right) G_{4XX}, \tag{A2}$$

$$\mathcal{E}_{A}^{(t)} = -G_{2X} + \frac{2}{r^{2}}(-1 + B + rB')G_{4X} - \frac{2B^{2}\psi'}{r}\left(\frac{\psi'}{r} + \frac{B'}{B}\psi' + 2\psi''\right)G_{4XX},\tag{A3}$$

$$\mathcal{E}_{B}^{(0)} = G_{2} + B\psi^{\prime 2}G_{2X} - \frac{2}{r}\left(\frac{A^{\prime}}{A}B + \frac{B-1}{r}\right)G_{4} - \frac{2B\psi^{\prime 2}}{r}\left(\frac{2A^{\prime}}{A}B + \frac{2B-1}{r}\right)G_{4X} + \frac{2B^{3}\psi^{4}}{r}\left(\frac{1}{r} + \frac{A^{\prime}}{A}\right)G_{4XX}, \quad (A4)$$

$$\mathcal{E}_{B}^{(t)} = \frac{2B}{r} \frac{A'}{A} G_{4X} - \frac{2B^{2} \psi'^{2}}{r} \frac{A'}{A} G_{4XX}, \tag{A5}$$

$$\mathcal{E}_{C}^{(0)} = -\frac{2}{r} \left( \frac{B-1}{r} + \frac{A'}{A} B \right) G_{4X} + \frac{2}{r} B^2 \psi'^2 \left( \frac{A}{r} + \frac{A'}{A} \right) G_{4X}, \tag{A6}$$

$$\mathcal{E}_C^{(t)} = -\frac{2A'}{rA}BG_{4XX},\tag{A7}$$

$$\mathcal{E}_{D}^{(0)} = G_{2} - \left[\frac{1}{r}\sqrt{\frac{B}{A}}\left(r\sqrt{\frac{B}{A}}A'\right)' + \frac{B'}{r}\right]G_{4} - \frac{1}{2}B^{2}\psi'^{2}\left(\frac{4}{r}\frac{B'}{B} + \frac{2(A' + rA'')}{rA} - \frac{A'^{2}}{A^{2}} + 2\frac{A'}{A}\frac{B'}{B} + \frac{4}{r}\frac{\psi''}{\psi'} + 2\frac{A'}{A}\frac{\psi''}{\psi'}\right)G_{4X} + \frac{1}{2}B^{3}\psi'^{4}\left(\frac{2}{r} + \frac{A'}{A}\right)\left(\frac{B'}{B} + 2\frac{\psi''}{\psi'}\right)G_{4XX},$$
(A8)

$$\mathcal{E}_{D}^{(t)} = \left[\frac{1}{r}\sqrt{\frac{B}{A}}\left(r\sqrt{\frac{B}{A}}A'\right)' - \frac{B}{2}\frac{A'^{2}}{A^{2}}\right]G_{4X} + \left[\frac{1}{2}\frac{A'}{A}B^{2}\psi'^{2}\left(\frac{2}{r} + \frac{A'}{A} - \frac{B'}{B} - 2\frac{\psi''}{\psi}\right) - \frac{1}{2}\frac{A'^{2}}{A^{3}}Bq^{2}\right]G_{4XX}.$$
(A9)

#### **APPENDIX B: EFFECTIVE POTENTIAL**

The effective potential in Eq. (34) is given by

$$\begin{split} V(r) &= \frac{\mathcal{H}}{2(A\mathcal{F}\mathcal{G} + B\mathcal{J}^2)^2} (-B(r^2\mathcal{G}\mathcal{H}A'(\mathcal{F}\mathcal{G}A' + \mathcal{J}^2B') \\ &+ B\mathcal{J}(2r^2\mathcal{G}\mathcal{H}A'\mathcal{J}' + r\mathcal{J}(\mathcal{G}(-r\mathcal{H}A'' + rA'\mathcal{H}' + 4\mathcal{H}A') - r\mathcal{H}A'\mathcal{G}') + 4\mathcal{J}^3)) \\ &- A^2(-r\mathcal{F}'(r\mathcal{H}B' + 2B(r\mathcal{H}' + 2\mathcal{H})) + \mathcal{F}(r(r\mathcal{H}B'' + 3rB'\mathcal{H}' + 4\mathcal{H}B') + B(2r^2\mathcal{H}'' + 4r\mathcal{H}' - 4\mathcal{H})) + 4\mathcal{F}^2) \\ &+ A(r^2\mathcal{G}\mathcal{H}B'(\mathcal{F}\mathcal{G}A' + \mathcal{J}^2B') + B(\mathcal{F}\mathcal{G}(r^2\mathcal{G}(\mathcal{H}A'' + A'\mathcal{H}') - 8\mathcal{J}^2) \\ &- r^2(\mathcal{G}^2\mathcal{H}A'\mathcal{F}' + \mathcal{H}\mathcal{J}^2B'\mathcal{G}' + \mathcal{G}\mathcal{J}(\mathcal{H}\mathcal{J}B'' + \mathcal{J}B'\mathcal{H}' - 2\mathcal{H}B'\mathcal{J}'))) \\ &+ 2B^2\mathcal{J}(\mathcal{G}(r(2r\mathcal{H}'\mathcal{J}' - \mathcal{J}(r\mathcal{H}'' + 2\mathcal{H}')) + 2\mathcal{H}(2r\mathcal{J}' + \mathcal{J})) - r\mathcal{J}\mathcal{G}'(r\mathcal{H}' + 2\mathcal{H})))). \end{split}$$
(B1)

# APPENDIX C: ANALYSIS IN THE EDDINGTON-FINKELSTEIN COORDINATES

To show that the instability we find in the main text is not a coordinate artifact, we give a stability analysis in a different coordinate system. Here, we work in the ingoing Eddington-Finkelstein coordinates (v, r) that are used to see the regularity of the horizons of the hairy black hole solutions [16,22].

The null coordinate v is defined as

$$v = t + \int^{r} \frac{dr'}{\sqrt{AB}}.$$
 (C1)

The metric perturbations are now given by

$$h_{\mu\nu} = h_{ta} dt dx^{a} + h_{ra} dr dx^{a}$$
$$= h_{ta} dv dx^{a} + \left(h_{ra} - \frac{h_{ta}}{\sqrt{AB}}\right) dr dx^{a} \qquad (C2)$$

in the  $h_{ab} = 0$  gauge. Let us denote the (l, m) components of  $h_{va} \coloneqq h_{ta}$  and  $h_{ra,EF} \coloneqq h_{ra} - h_{ta}/\sqrt{AB}$  as  $\tilde{h}_0(v, r)$  and  $\tilde{h}_1(v, r)$ . By an explicit calculation, we obtain the quadratic action,

$$S_{\rm EF}^{(2)} = \int dv dr \mathcal{L}_{\rm EF}^{(2)},\tag{C3}$$

with

$$\frac{2l+1}{2\pi}\mathcal{L}_{\rm EF}^{(2)} = \tilde{a}_1\tilde{h}_0^2 + \tilde{a}_2\tilde{h}_1^2 + \tilde{a}_3\left(\dot{\tilde{h}}_1^2 - 2\tilde{h}_0'\dot{\tilde{h}}_1 + \tilde{h}_0'^2 + \frac{4\tilde{h}_0\dot{\tilde{h}}_1}{r}\right) + \tilde{a}_4\tilde{h}_0\tilde{h}_1.$$
(C4)

Here, a dot stands for  $\partial_v$ . The coefficients are given by

$$\tilde{a}_1 \coloneqq a_1 + \frac{a_2}{AB} + \frac{a_4}{\sqrt{AB}}, \qquad \tilde{a}_4 \coloneqq a_4 + \frac{2a_2}{\sqrt{AB}}, \quad (C5)$$

while  $a_2$  and  $a_3$  remain the same,  $\tilde{a}_2 = a_2$ ,  $\tilde{a}_3 = a_3$ . The Lagrangian can also be derived just by substituting  $h_0 \rightarrow \tilde{h}_0$ ,  $h_1 \rightarrow \tilde{h}_1 + \tilde{h}_0/\sqrt{AB}$ ,  $\partial_t \rightarrow \partial_v$ , and  $\partial_r \rightarrow \partial_r + (1/\sqrt{AB})\partial_v$  in Eq. (22). Thus, the quadratic Lagrangian in the Eddington-Finkelstein coordinates has the same form as that in the (t, r) coordinates derived in the main text but with different coefficients. The shift of the coefficients presented in (C5) is equivalent to redefining

$$\mathcal{F} \to \tilde{\mathcal{F}} = \mathcal{F} - \mathcal{G} + 2\sqrt{\frac{B}{A}}\mathcal{J},$$
 (C6)

$$\mathcal{J} \to \tilde{\mathcal{J}} = \mathcal{J} - \sqrt{\frac{A}{B}}\mathcal{G},$$
 (C7)

while retaining the same  $\mathcal{G}$  and  $\mathcal{H}$ .

Now, in the vicinity of the horizon,  $A \ll 1$ , we have

$$\tilde{\mathcal{F}} \simeq -\frac{2A}{q^2} X^2 G_{4X}, \qquad \mathcal{G} \simeq +\frac{2q^2}{A} G_{4X}, \qquad (C8)$$

showing that the black hole is unstable.

INSTABILITY OF HAIRY BLACK HOLES IN SHIFT- ...

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