

Variable gravity: A suitable framework for quintessential inflationMd. Wali Hossain,^{1,*} R. Myrzakulov,^{2,†} M. Sami,^{1,‡} and Emmanuel N. Saridakis^{3,4,§}¹*Centre for Theoretical Physics, Jamia Millia Islamia, New Delhi 110025, India*²*Eurasian International Center for Theoretical Physics, Eurasian National University, Astana 010008, Kazakhstan*³*Physics Division, National Technical University of Athens, 15780 Zografou Campus, Athens, Greece*⁴*Instituto de Física, Pontificia Universidad de Católica de Valparaíso, Casilla 4950 Valparaíso, Chile*

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In this paper, we investigate a scenario of variable gravity and apply it to the unified description of inflation and late-time cosmic acceleration dubbed quintessential inflation. The scalar field called “cosmon,” which in this model unifies both the concepts, reduces to the inflaton at early epochs. We calculate the slow-roll parameters, the Hubble parameter at the end of inflation, the reheating temperature, and the tensor-to-scalar ratio, and we demonstrate the agreement of the model with observations and the Planck data. As for the postinflationary dynamics, the cosmon tracks the background before it exits the scaling regime at late times. The scenario gives rise to the correct epoch sequence of standard cosmology, namely, radiative regime, matter phase, and dark energy. We show that the long kinetic regime after inflation gives rise to enhancement of the relic gravity wave amplitude, resulting in violation of the nucleosynthesis constraint at the commencement of the radiative regime in the case of an inefficient reheating mechanism, such as gravitational particle production. Instant preheating is implemented to successfully circumvent the problem. As a generic feature, the scenario gives rise to a blue spectrum for gravity waves on scales smaller than the comoving horizon scale at the commencement of the radiative regime.

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I. INTRODUCTION

Theoretical and observational consistencies demand that the standard model of the Universe be complemented by early phase of accelerated expansion, dubbed inflation [1–14], and late-time cosmic acceleration [15–25]. Inflation is a remarkable paradigm, a single simple idea which addresses logical consistencies of a hot big bang and provides a mechanism for the primordial perturbations needed to seed the structures in the Universe. As for late-time cosmic acceleration, it is now accepted as an observed phenomenon though its underlying cause still remains obscure, whereas similar confirmation of inflation is still awaited. Thus, the hot big bang and the two phases of accelerated expansion represent a theoretically accepted framework for the description of our Universe.

Without a doubt, inflation is a great idea; the phenomenon should therefore live forever such that the late-time cosmic acceleration is nothing but its reincarnation *à la* quintessential inflation [26–60]. The idea was first proposed by Peebles and Vilenkin in 1999 [26] and was later implemented in the framework of braneworld cosmology [27–31]. At the theoretical level, it sounds pretty simple to implement such a proposal in the language of a single scalar field. The field potential should be shallow at early

times, facilitating slow roll, followed by steep behavior thereafter and turning shallow again at late times. The steep potential is needed for the radiative regime to commence, such that the field is subdominant during the radiation era and does not interfere with nucleosynthesis. It should continue to remain in hiding during the matter phase till its late phases, in order not to obstruct structure formation. It is then desirable to have a scaling regime, in which the field mimics the background by being invisible, and allowing the dynamics to be free from initial conditions, which in turn require a particular steep behavior of the potential. At late times, the field should overtake the background, giving rise to late-time cosmic acceleration, which is the case if slow roll is ensured or if the potential mimics shallow behavior effectively.

There are several obstacles in implementing the above unification scheme. First, since inflation survives in this scenario until late times, the potential is typically of a runaway type and one therefore requires an alternative mechanism of reheating in this case. One could invoke reheating due to gravitational particle production after inflation [61–68], which is a universal phenomenon. However, the latter is an inefficient process and it might take a very long time for the radiative regime to commence. Clearly, in this case, the scalar field spends a long time in the kinetic regime such that the field energy density redshifts with the scale factor as a^{-6} , corresponding to the equation of state of stiff matter. It is known that the amplitude of gravitational waves produced at the end of

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inflation is enhanced during the kinetic regime, and if the latter is long, the relic gravitational waves [27,28,69–88] might come into conflict with the nucleosynthesis constraint at the commencement of the radiative regime [27,28,88]. Hence, one should look for yet another alternative reheating mechanism, such as instant preheating [89–91], to circumvent said problem.

A second obstacle to the unification is that if we want the scalar field to mimic the background for most of the thermal history, the field potential should behave like a steep exponential potential, at least approximately, such as the inverse power-law potentials. Since the scaling regime is an attractor in such cases, an exit mechanism from the scaling regime to late-time acceleration should be in place in the scenario.

Let us examine how to build the unified picture. The single scalar field models aiming for quintessential inflation can be broadly put into two classes: (1) models in which the field potential has a required steep behavior for most of the history of the Universe but turn shallow at late times, for instance, the inverse power-law potentials [27–29,33]; and (2) models in which the field potential is shallow at early epochs, giving rise to inflation, followed by the required steep behavior.

In the first class of potentials, we cannot implement inflation in the standard framework, since slow roll needs to be assisted in this case. For example, one could invoke Randall-Sundrum (RS) braneworld [92,93] corrections [27–29] to facilitate inflation with steep potential at early epochs. In this case, as the field rolls down to the low energy regime, the braneworld corrections disappear, giving rise to a graceful exit from inflation, and thereafter the scalar field has the required behavior. However, gravitational particle production [65,66] is extremely inefficient in the braneworld inflation [27] and one could in principle introduce the instant preheating to tackle the relic gravitational waves problem [28]. Unfortunately, the steep braneworld inflation is inconsistent with observations, namely, the tensor-to-scalar ratio of perturbations is too high in this case. Thus, the scenario fails in the early phase, although the late-time evolution is compatible with theoretical consistency and observational requirements [27,28].

In the second class of potentials, that is, shallow at early epochs followed by steep behavior, we need a mechanism to exit from the scaling regime. A possible way out is provided by introducing neutrino matter, such that neutrino masses are field dependent [94–98]. Such a scenario can be motivated from the Brans-Dicke framework, with an additional assumption on the matter Lagrangian in the Jordan frame, namely, treating massive neutrinos differently from other forms of matter in such a way that the field is minimally coupled to cold dark matter/baryon matter in the Einstein frame, whereas the neutrino masses grow with the field [94]. In such a scenario, neutrinos do not show up in the radiation era; their energy density tracks radiation being

subdominant. However, in the subsequent matter phase at late times, as they become nonrelativistic, their masses begin to grow and their direct coupling to the scalar field builds up such that the effective potential acquires a minimum at late times, giving rise to late-time acceleration, provided the field rolls slowly around the effective minimum. At this point, a question arises, namely, whether we could do without neutrino matter and the extra assumption, in which case the field would couple to matter directly in the Einstein frame and the effective potential would also acquire a minimum. For simplicity, let us assume that we are dealing with a constant coupling Q à la coupled quintessence [99]. In that case it is possible to achieve slow roll around the minimum of the effective potential, provided that Q is much larger than the slope of the potential, such that the effective equation-of-state parameter has a desired negative value [$w_{\text{eff}} = -Q/(Q + \alpha)$, where α is the slope of the potential]. The scaling solution (which is accelerating thanks to nonminimal coupling), an attractor of the dynamics, is approached soon after the Universe enters into the matter dominated regime and consequently, we cannot have a viable matter phase in this case. It is therefore necessary that the matter regime be left intact and the transition to accelerated expansion take place only at late times. The latter can be triggered by massive neutrino matter with field-dependent masses [100–102].

In this paper we consider a scenario of quintessential inflation in the framework of the variable gravity model [94–98]. We first revisit the model in the Jordan frame (Sec. II) and then we transition to the Einstein frame (Sec. III) for detailed investigations of cosmological dynamics by considering the canonical form of the action (Sec. III A). Behavior of the canonical field with respect to the noncanonical field is also examined (Sec. III B). In the Einstein frame we examine the inflationary phase (Sec. IV), kinetic regime and late-time transition to dark energy (Sec. V). Reference [94] provides a broad outline of inflation and late-time acceleration in the framework of the model under consideration. In this paper, we present a complete evolution history by invoking a suitable preheating mechanism. We investigate issues related to the spectrum of relic gravity waves (Sec. IV A) as generic observational features of quintessential inflation. The relic gravity wave amplitude is defined by the inflationary Hubble parameter, whereas the spectrum of the wave crucially depends upon the postinflationary evolution. We investigate the problems related to the long kinetic regime in the scenario and discuss the instant preheating (Sec. IV B) to tackle the problem. Postinflationary evolution (Sec. V A) is investigated with canonical action and the epoch sequences (Sec. V B) are achieved with a viable matter phase. Detailed dynamical analysis is performed to check the nature of stability of all fixed points (Sec. V C). Finally in Sec. VI we summarize the results.

II. VARIABLE GRAVITY IN JORDAN FRAME

In this section we revisit and analyze the variable gravity model [94,95] to be used for our investigations. The scenario of variable gravity is characterized by the following action in the Jordan frame:

$$\mathcal{S}_J = \int d^4x \sqrt{\tilde{g}} \left[-\frac{1}{2} \tilde{F}(\chi) \tilde{R} + \frac{1}{2} \tilde{K}(\chi) \partial^\mu \chi \partial_\mu \chi + \tilde{V}(\chi) \right] + \tilde{\mathcal{S}}_m + \tilde{\mathcal{S}}_r + \tilde{\mathcal{S}}_\nu, \quad (1)$$

where tildes represent the quantities in the Jordan frame. In the above action χ is the cosmon field with $\tilde{V}(\chi)$, and apart from the coupling $\tilde{K}(\chi)$ we have considered an effective Planck mass $\tilde{F}(\chi)$ driven by the field. Additionally, $\tilde{\mathcal{S}}_m$ and $\tilde{\mathcal{S}}_r$ are the matter and radiation actions, respectively, and $\tilde{\mathcal{S}}_\nu$ is the action for neutrino matter, which we have considered separately since massive neutrinos play an important role in this model during late times. During the radiation era or earlier, neutrinos are ultrarelativistic or relativistic, which implies that neutrinos behave as radiation during and before radiation era, with their mass being constant. After the radiation era, neutrinos start losing their energy and become nonrelativistic, behaving like ordinary matter with zero pressure. During late times, neutrino mass starts growing with the field, and along with the cosmon field χ they give rise to a late-time de Sitter solution [100–114].

In this construction the variation in the particles' masses comes from the nonminimal coupling of the field with matter. For radiation this nonminimal coupling does not affect its continuity equation, since the energy-momentum tensor for radiation is traceless. We consider different couplings of the field with matter, radiation, and neutrinos, that is we consider the nonminimal coupling $\mathcal{A}^2(\chi)$ between the cosmon field and matter, and the nonminimal coupling $\mathcal{B}^2(\chi)$ between the cosmon field and the neutrinos. Without loss of generality we consider the nonminimal coupling between the field and radiation to be $\mathcal{A}(\chi)^2$ too. To sum up, we shall use the following actions:

$$\tilde{\mathcal{S}}_m = \tilde{\mathcal{S}}_m(\mathcal{A}^2 \tilde{g}_{\alpha\beta}; \Psi_m), \quad (2)$$

$$\tilde{\mathcal{S}}_r = \tilde{\mathcal{S}}_r(\mathcal{A}^2 \tilde{g}_{\alpha\beta}; \Psi_r), \quad (3)$$

$$\tilde{\mathcal{S}}_\nu = \tilde{\mathcal{S}}_\nu(\mathcal{B}^2 \tilde{g}_{\alpha\beta}; \Psi_\nu). \quad (4)$$

Variation of the action (1) with respect to the metric leads to the Einstein field equation

$$\begin{aligned} \tilde{F} \left(\tilde{R}_{\alpha\beta} - \frac{1}{2} \tilde{R} \tilde{g}_{\alpha\beta} \right) &= \tilde{K} \partial_\alpha \chi \partial_\beta \chi - \frac{1}{2} \tilde{K} \tilde{g}_{\alpha\beta} \partial^\rho \chi \partial_\rho \chi \\ &\quad - \tilde{V} \tilde{g}_{\alpha\beta} + \tilde{\nabla}_\alpha \tilde{\nabla}_\beta \tilde{F} - \tilde{\nabla}^2 \tilde{F} \tilde{g}_{\alpha\beta} \\ &\quad + \tilde{T}_{\alpha\beta} = \tilde{F} \tilde{G}_{\alpha\beta}, \end{aligned} \quad (5)$$

where $\tilde{T}_{\alpha\beta}$ includes the contributions from matter, radiation, and neutrinos, that is, $\tilde{T}_{\alpha\beta} = \tilde{T}_{\alpha\beta}^{(m)} + \tilde{T}_{\alpha\beta}^{(r)} + \tilde{T}_{\alpha\beta}^{(\nu)}$.

Variation of action (1) with respect to the cosmon field χ provides its equation of motion of the field, namely,

$$\tilde{K} \tilde{\square} \chi + \frac{1}{2} \frac{\partial \tilde{K}}{\partial \chi} \partial^\mu \chi \partial_\mu \chi = \frac{\partial \tilde{V}}{\partial \chi} - \frac{1}{2} \frac{\partial \tilde{F}}{\partial \chi} \tilde{R} + \tilde{q}_\chi, \quad (6)$$

where $\tilde{q}_\chi = \tilde{q}_{\chi,m} + \tilde{q}_{\chi,\nu} + \tilde{q}_{\chi,r}$ and

$$\tilde{q}_{\chi,m} = \frac{1}{\sqrt{-\tilde{g}}} \frac{\delta \tilde{\mathcal{S}}_m}{\delta \chi} = \frac{\mathcal{A}'}{\mathcal{A}} \tilde{T}^{(m)} = -\frac{\partial \ln \mathcal{A}}{\partial \chi} (\tilde{\rho}_m - 3\tilde{p}_m), \quad (7)$$

$$\tilde{q}_{\chi,\nu} = \frac{1}{\sqrt{-\tilde{g}}} \frac{\delta \tilde{\mathcal{S}}_\nu}{\delta \chi} = \frac{\mathcal{B}'}{\mathcal{B}} \tilde{T}^{(\nu)} = -\frac{\partial \ln \mathcal{B}}{\partial \chi} (\tilde{\rho}_\nu - 3\tilde{p}_\nu), \quad (8)$$

$$\tilde{q}_{\chi,r} = \frac{1}{\sqrt{-\tilde{g}}} \frac{\delta \tilde{\mathcal{S}}_r}{\delta \chi} = 0. \quad (9)$$

Here the primes represent derivatives with respect to χ and the energy-momentum tensors are defined as

$$\tilde{T}_{\alpha\beta}^{(i)} = -\frac{2}{\sqrt{-\tilde{g}}} \frac{\delta \tilde{\mathcal{S}}_i}{\delta \tilde{g}^{\alpha\beta}}. \quad (10)$$

One can easily see that [94]

$$\tilde{q}_{\chi,m} = -\frac{\partial \ln m_p}{\partial \chi} (\tilde{\rho}_m - 3\tilde{p}_m) = -\frac{m_p n_p}{\chi}, \quad (11)$$

$$\tilde{q}_{\chi,\nu} = -\frac{\partial \ln m_\nu}{\partial \chi} (\tilde{\rho}_\nu - 3\tilde{p}_\nu) = -(2\tilde{\gamma} + 1) \frac{m_\nu n_\nu}{\chi}, \quad (12)$$

where m_p and m_ν are the masses of matter particles and neutrinos and n_p and n_ν are the number densities of the matter particles and the neutrinos, respectively. In the above expression we have followed [94], and for convenience we have defined $\tilde{\gamma}$ through

$$m_\nu \propto \chi^{2\tilde{\gamma}+1}. \quad (13)$$

Comparing (11) and (12) with (7) and (8), respectively, we can see that $m_p \sim \mathcal{A}$ and $m_\nu \sim \mathcal{B}$. Thus, choosing suitable \mathcal{A} and \mathcal{B} we can match our considerations with those of [94]. In particular, according to [94], particles' masses vary linearly with the cosmon field, apart from the neutrinos. That is, $\mathcal{A}(\chi)^2 = \chi^2/M_{\text{Pl}}^2$, which leads to $m_p \sim \mathcal{A} \sim \chi$. Neutrino mass varies slightly differently from the other particles. In particular, $\mathcal{B}(\chi)^2 = (\chi/M_{\text{Pl}})^{4\tilde{\gamma}+2}$, which gives $m_\nu \sim \mathcal{B} \sim \chi^{2\tilde{\gamma}+1}$, with $\tilde{\gamma}$ a constant.

We shall consider four matter components in the Universe, namely, radiation, baryonic+cold dark matter

(CDM), neutrinos, and the contribution of the cosmon field. Furthermore, we stress that the late-time dark energy is attributed to two contributions, namely, to both the cosmon and the neutrino fields. Thus, the total energy-momentum tensor, which can be calculated from action (1), reads

$$\tilde{T}_{\alpha\beta} = \tilde{T}_{\alpha\beta}^{(m)} + \tilde{T}_{\alpha\beta}^{(r)} + \tilde{T}_{\alpha\beta}^{(\nu)} + \tilde{T}_{\alpha\beta}^{(\chi)}, \quad (14)$$

where

$$\begin{aligned} \tilde{T}_{\alpha\beta}^{(\chi)} = & \tilde{K}\partial_{\alpha}\chi\partial_{\beta}\chi - \tilde{g}_{\alpha\beta}\left(\frac{1}{2}\tilde{K}\partial^{\rho}\chi\partial_{\rho}\chi + \tilde{V}\right) \\ & + \tilde{\nabla}_{\alpha}\tilde{\nabla}_{\beta}F - \tilde{\nabla}^2\tilde{F}\tilde{g}_{\alpha\beta} + (\tilde{F}_0 - \tilde{F})\tilde{G}_{\alpha\beta}, \end{aligned} \quad (15)$$

with $\tilde{F}_0 = \tilde{F}(\chi_0)$ the present value of $\tilde{F}(\chi)$.¹

The evolution equations of the various sectors in the model at hand read

$$\dot{\tilde{\rho}}_m + 3\tilde{H}(\tilde{\rho}_m + \tilde{p}_m) = -\tilde{q}_{\chi m}\dot{\chi} = (\tilde{\rho}_m - 3\tilde{p}_m)\frac{\dot{\chi}}{\chi}, \quad (16)$$

$$\begin{aligned} \dot{\tilde{\rho}}_{\nu} + 3\tilde{H}(\tilde{\rho}_{\nu} + \tilde{p}_{\nu}) &= -\tilde{q}_{\chi\nu}\dot{\chi} \\ &= (2\tilde{\gamma} + 1)(\tilde{\rho}_{\nu} - 3\tilde{p}_{\nu})\frac{\dot{\chi}}{\chi}, \end{aligned} \quad (17)$$

$$\dot{\tilde{\rho}}_r + 3\tilde{H}(\tilde{\rho}_r + \tilde{p}_r) = 0, \quad (18)$$

which follow from the equations

$$\tilde{T}^{(m)\alpha}_{\beta;\alpha} = \tilde{q}_{\chi,m}\chi_{,\beta}, \quad (19)$$

$$\tilde{T}^{(\nu)\alpha}_{\beta;\alpha} = \tilde{q}_{\chi,\nu}\chi_{,\beta}, \quad (20)$$

$$\tilde{T}^{(r)\alpha}_{\beta;\alpha} = \tilde{q}_{\chi,r}\chi_{,\beta}. \quad (21)$$

From Eqs. (16), (17), and (18) we can extract the continuity equation for the cosmon field, which is written as

$$\begin{aligned} \dot{\tilde{\rho}}_{\chi} + 3\tilde{H}(\tilde{\rho}_{\chi} + \tilde{p}_{\chi}) &= \tilde{q}_{\chi m}\dot{\chi} = -\{(\tilde{\rho}_m - 3\tilde{p}_m) \\ &+ (2\tilde{\gamma} + 1)(\tilde{\rho}_{\nu} - 3\tilde{p}_{\nu})\}\frac{\dot{\chi}}{\chi}. \end{aligned} \quad (22)$$

¹Equation (15) is calculated by writing Eq. (5) as the standard one, that is,

$$\begin{aligned} \tilde{F}_0\tilde{G}_{\alpha\beta} = & \tilde{K}\partial_{\alpha}\chi\partial_{\beta}\chi - \frac{1}{2}\tilde{K}\tilde{g}_{\alpha\beta}\partial^{\rho}\chi\partial_{\rho}\chi - \tilde{V}\tilde{g}_{\alpha\beta} + \tilde{\nabla}_{\alpha}\tilde{\nabla}_{\beta}\tilde{F} \\ & - \tilde{\nabla}^2\tilde{F} - \tilde{F}\tilde{G}_{\alpha\beta} + \tilde{T}_{\alpha\beta}, \end{aligned}$$

where F_0 gives the present value of Newton's constant.

Finally, the consistency check of Eqs. (16), (17), (18), and (22) follows from the conservation equation of the total energy $\tilde{\rho}_T = \tilde{\rho}_m + \tilde{\rho}_{\nu} + \tilde{\rho}_r + \tilde{\rho}_{\chi}$:

$$\dot{\tilde{\rho}}_T + 3\tilde{H}(\tilde{\rho}_T + \tilde{p}_T) = 0. \quad (23)$$

We close this section by mentioning that, although the above model looks similar to extended quintessence [99,115–117], or as a special case of the generalized Galileon models, there is a crucial difference, namely, that the particle masses depend on χ ; that is, the matter energy density and pressure depend on χ too. This has an important phenomenological consequence: the appearance of an effective interaction among the scalar field, matter, and neutrinos, described by relations (16), (17), and (22). In the discussion to follow, it would be convenient to work in the Einstein frame.

III. VARIABLE GRAVITY IN EINSTEIN FRAME

In this section we examine the variable gravity model in the Einstein frame and analyze the aspects related to the early phase, thermal history, and late-time evolution. Let us consider the following conformal transformation,

$$g_{\mu\nu} = \Omega^2\tilde{g}_{\mu\nu}, \quad (24)$$

where $\Omega^2 = \tilde{F}(\chi)/M_{\text{Pl}}^2$ is the conformal factor and $g_{\mu\nu}$ is the Einstein-frame metric.

Using the conformal transformation (24), one can easily show that

$$\begin{aligned} \tilde{R} &= \Omega^2(R + 6\Box\ln\Omega - 6g^{\mu\nu}\partial_{\mu}\ln\Omega\partial_{\nu}\ln\Omega) \\ &= \frac{\tilde{F}}{M_{\text{Pl}}^2}\left\{R + 3\Box\ln\left(\frac{\tilde{F}}{M_{\text{Pl}}^2}\right) - \frac{3}{2\tilde{F}^2}g^{\mu\nu}\partial_{\mu}\tilde{F}\partial_{\nu}\tilde{F}\right\}, \end{aligned} \quad (25)$$

$$\sqrt{-\tilde{g}} = \Omega^{-4}\sqrt{g}. \quad (26)$$

Therefore, under the conformal transformation (24) the Jordan-frame action (1) becomes

$$\begin{aligned} \mathcal{S}_E = & \int d^4x\sqrt{g}\left[M_{\text{Pl}}^2\left(-\frac{1}{2}R + \frac{1}{2\chi^2}K(\chi)\partial^{\mu}\chi\partial_{\mu}\chi\right) + V(\chi)\right] \\ & + \mathcal{S}_m + \mathcal{S}_r + \mathcal{S}_{\nu}, \end{aligned} \quad (27)$$

where

$$V(\chi) = \frac{M_{\text{Pl}}^4\tilde{V}}{\tilde{F}^2}, \quad (28)$$

$$K(\chi) = \chi^2 \left[\frac{\tilde{K}}{\tilde{F}} + \frac{3}{2} \left(\frac{\partial \ln \tilde{F}}{\partial \chi} \right)^2 \right]. \quad (29)$$

In this work following [94], we consider the choice,

$$\tilde{F}(\chi) = \chi^2, \quad (30)$$

$$\tilde{K}(\chi) = \frac{4}{\tilde{\alpha}^2} \frac{m^2}{\chi^2 + m^2} + \frac{4}{\alpha^2} \frac{\chi^2}{\chi^2 + m^2} - 6, \quad (31)$$

where $\tilde{\alpha}$ and α are constants (the tilde in $\tilde{\alpha}$ has nothing to do with the frame choice). The parameter m is an intrinsic mass scale which plays a crucial role in inflation, when $\chi \lesssim m$, but can be neglected during and after the radiation era when χ grows to a higher value such that $\chi \gg m$. Hence, for the late-time behavior of the model we can use the approximation $\chi \gg m$, which gives approximately a constant $\tilde{K}(\chi)$:

$$\tilde{K} \approx \frac{4}{\tilde{\alpha}^2} - 6. \quad (32)$$

One can easily see that in the Einstein frame, neutrino matter is nonminimally coupled to the cosmon field, whereas matter and radiation are minimally coupled. Indeed, we have

$$\mathcal{S}_m = \tilde{\mathcal{S}}_m(\Omega^{-2} \mathcal{A}^2 \tilde{g}_{\alpha\beta}; \Psi_m) = \tilde{\mathcal{S}}_m(g_{\alpha\beta}; \Psi_m), \quad (33)$$

$$\mathcal{S}_r = \tilde{\mathcal{S}}_r(\Omega^{-2} \mathcal{A}^2 \tilde{g}_{\alpha\beta}; \Psi_r) = \tilde{\mathcal{S}}_r(g_{\alpha\beta}; \Psi_r), \quad (34)$$

$$\mathcal{S}_\nu = \tilde{\mathcal{S}}_\nu(\Omega^{-2} \mathcal{B}^2 \tilde{g}_{\alpha\beta}; \Psi_\nu) = \tilde{\mathcal{S}}_\nu((\chi/M_{\text{Pl}})^{4\tilde{\gamma}} g_{\alpha\beta}; \Psi_\nu). \quad (35)$$

Thus, from (33), (34), and (35) we deduce that only the neutrino mass is field dependent in the Einstein frame, while the other particles' masses remain constant as they should be [94,95], that is,

$$\dot{\rho}_m + 3H(\rho_m + p_m) = 0, \quad (36)$$

$$\dot{\rho}_r + 3H(\rho_r + p_r) = 0, \quad (37)$$

$$\dot{\rho}_\nu + 3H(\rho_\nu + p_\nu) = 2\tilde{\gamma}(\rho_\nu - 3p_\nu) \frac{\dot{\chi}}{\chi}. \quad (38)$$

Equations (36) and (37) imply that $\rho_m \sim a^{-3}$ and $\rho_r \sim a^{-4}$, as usual. However, interestingly enough, the neutrino behavior changes from era to era. During the radiation epoch or earlier, neutrinos behave as radiation; that is, the rhs of Eq. (38) becomes zero and thus $\rho_\nu \sim a^{-4}$. On the other hand, after the radiation epoch, neutrinos start becoming nonrelativistic and behaving like nonrelativistic matter, that is, $p_\nu \sim 0$ during and after the matter era. However, note that Eq. (38) implies that the neutrino mass depends on the field when the rhs of Eq. (38) is nonzero,

and therefore, we deduce that during or after the matter era, the neutrino density ρ_ν does not evolve as $\sim a^{-3}$.

In order to proceed further, we consider a quadratic potential in the Einstein frame [94,95],

$$\tilde{V}(\chi) = \mu^2 \chi^2. \quad (39)$$

It proves convenient to redefine the field χ in terms of a new field ϕ as

$$\chi = \mu e^{\frac{\alpha\phi}{2M_{\text{Pl}}}}. \quad (40)$$

In this case, action (27) becomes

$$\mathcal{S}_E = \int d^4x \sqrt{g} \left[-\frac{M_{\text{Pl}}^2}{2} R + \frac{1}{2} k^2(\phi) \partial^\mu \phi \partial_\mu \phi + V(\phi) \right] + \mathcal{S}_m + \mathcal{S}_r + \mathcal{S}_\nu(\mathcal{C}^2 g_{\alpha\beta}; \Psi_\nu), \quad (41)$$

with

$$k^2(\phi) = \frac{\alpha^2(\tilde{K} + 6)}{4} = \frac{\alpha^2 + \tilde{\alpha}^2 \mu_m^2 e^{\frac{\alpha\phi}{M_{\text{Pl}}}}}{\tilde{\alpha}^2 (\mu_m^2 e^{\frac{\alpha\phi}{M_{\text{Pl}}}} + 1)} \quad (42)$$

$$\mathcal{C}(\phi)^2 = (\mu/M_{\text{Pl}})^{4\tilde{\gamma}} e^{2\tilde{\gamma}\alpha\phi/M_{\text{Pl}}}, \quad (43)$$

where we have defined $\mu_m \equiv \mu/m$, and according to [94] $\mu_m \approx 0.01$. Let us note that the action (41) is a particular case of the Horndeski class with higher derivative terms absent and the coefficient of the kinetic term having dependence on the field ϕ alone. Secondly, the system is free of ghosts, as $k(\phi)$ is positive definite in our choice.

Variation of the action (41) with respect to the metric gives

$$M_{\text{Pl}}^2 G_{\alpha\beta} = M_{\text{Pl}}^2 \left(R_{\alpha\beta} - \frac{1}{2} R g_{\alpha\beta} \right) = T_{\alpha\beta}^{(\phi)} + T_{\alpha\beta}^{(m)} + T_{\alpha\beta}^{(r)} + T_{\alpha\beta}^{(\nu)}, \quad (44)$$

where

$$T_{\mu\nu}^{(\phi)} = -\frac{1}{2} k^2 g_{\mu\nu} \partial^\rho \phi \partial_\rho \phi + k^2 \partial_\mu \phi \partial_\nu \phi - V(\phi) g_{\mu\nu}, \quad (45)$$

and

$$V(\phi) = M_{\text{Pl}}^4 e^{-\alpha\phi/M_{\text{Pl}}}. \quad (46)$$

Moreover, variation of (41) with respect to the rescaled cosmon field ϕ gives its equation of motion, namely,

$$k^2 \square \phi + k \frac{\partial k}{\partial \phi} \partial^\mu \phi \partial_\mu \phi = \frac{\partial V}{\partial \phi} + \frac{\tilde{\gamma} \alpha}{M_{\text{Pl}}} (\rho_\nu - 3p_\nu). \quad (47)$$

Finally, note that in terms of the field ϕ , Eq. (38) becomes

$$\dot{\rho}_\nu + 3H(\rho_\nu + p_\nu) = \tilde{\gamma}\alpha(\rho_\nu - 3p_\nu)\frac{\dot{\phi}}{M_{\text{Pl}}}, \quad (48)$$

which can then be reexpressed in terms of the neutrino mass m_ν as [108,109]

$$\dot{\rho}_\nu + 3H(\rho_\nu + p_\nu) = \frac{\partial \ln m_\nu}{\partial \phi}(\rho_\nu - 3p_\nu)\dot{\phi}. \quad (49)$$

Thus, comparing Eqs. (48) and (49) we deduce that

$$m_\nu = m_{\nu,0}e^{\tilde{\gamma}\alpha\phi/M_{\text{Pl}}}, \quad (50)$$

where $m_{\nu,0} = m_\nu(\phi = 0) = m_\nu(\chi = \mu)$. Since at the present time $\chi \approx M_{\text{Pl}}$, we can write

$$m_{\nu,0} = m_\nu(z = 0) \times \left(\frac{\mu}{M_{\text{Pl}}}\right)^{2\tilde{\gamma}}, \quad (51)$$

where z is the redshift and $m_\nu(z = 0)$ is the present value of the neutrino mass.

Finally, from the rhs of Eq. (47), we can define the effective potential

$$V_{\text{eff}}(\phi) = V(\phi) + (\hat{\rho}_\nu - 3\hat{p}_\nu)e^{(\tilde{\gamma}\alpha\phi/M_{\text{Pl}})}, \quad (52)$$

where $\hat{\rho}_\nu = \rho_\nu e^{-(\tilde{\gamma}\alpha\phi/M_{\text{Pl}})}$ and $\hat{p}_\nu = p_\nu e^{-(\tilde{\gamma}\alpha\phi/M_{\text{Pl}})}$ are independent of ϕ . This effective potential V_{eff} has a minimum at

$$\phi_{\text{min}} = \frac{M_{\text{Pl}}}{\alpha(1 + \tilde{\gamma})} \ln \left[\frac{M_{\text{Pl}}^4}{\tilde{\gamma}(\hat{\rho}_\nu - 3\hat{p}_\nu)} \right], \quad (53)$$

which is the key feature in the scenario under consideration. By setting the model parameters, it is possible to achieve the minimum at late times such that the field rolls slowly around the minimum of the effective potential. The role of neutrino matter is solely related to the transition to stable de Sitter around the present epoch. Figure 1 shows the nature of the effective potential (52) and the inset shows the minimum of the effective potential.

Using Eq. (53) we get the minimum value of the effective potential (52) for $\phi = \phi_{\text{min}}$,

$$V_{\text{eff,min}} = \left(1 + \frac{1}{\tilde{\gamma}}\right) V_{\text{min}}, \quad (54)$$

where $V_{\text{min}} = V(\phi_{\text{min}})$.

Equation (54) can be represented in terms of the neutrino mass by using Eqs. (50) and (51),

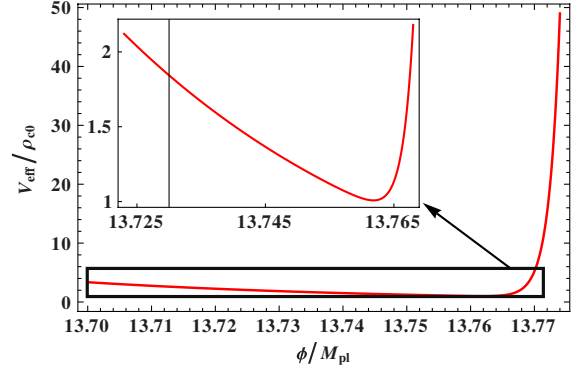


FIG. 1 (color online). Effective potential (52) is plotted against the noncanonical field ϕ . $\tilde{\gamma} = 30$, $\alpha = 20$, $\hat{\rho}_\nu/\rho_{c0} = 10^{-3587}$, and $\hat{p}_\nu/\rho_{c0} = 0$ are the chosen values of different parameters, where $\rho_{c0} = 3H_0^2 M_{\text{Pl}}^2$. Here we should note that if we change the values of the parameter $\hat{\rho}_\nu/\rho_{c0}$ then the nature of the effective potential does not change and only the position of the minimum shifts. The inset shows the minimum of the effective potential.

$$V_{\text{eff,min}} = \left(1 + \frac{1}{\tilde{\gamma}}\right) \left(\frac{m_\nu(z = 0)}{m_{\nu,\text{min}}}\right)^{1/\tilde{\gamma}} \mu^2 M_{\text{Pl}}^2, \quad (55)$$

where $m_{\nu,\text{min}} = m_\nu(\phi = \phi_{\text{min}})$ & $\mu \approx H_0$.

Since to get late time cosmic acceleration field has to settle down at the minimum of the effective potential and hence $V_{\text{eff,min}} \sim H_0^2 M_{\text{Pl}}^2$. Also during the present epoch we can take $m_\nu(z = 0) = m_{\nu,\text{min}}$, which implies $\tilde{\gamma} \gg 1$.

A. Canonical form of the action

Let us now transform the scalar-field part of the action (41) to its canonical form through the transformation

$$\sigma = \mathbb{k}(\phi), \quad (56)$$

$$k^2(\phi) = \left(\frac{\partial \mathbb{k}}{\partial \phi}\right)^2, \quad (57)$$

where $k^2(\phi)$ is given by (42). Thus, (41) becomes

$$\mathcal{S}_E = \int d^4x \sqrt{g} \left[-\frac{M_{\text{Pl}}^2}{2} R + \frac{1}{2} \partial^\mu \sigma \partial_\mu \sigma + V(\mathbb{k}^{-1}(\sigma)) \right] + \mathcal{S}_m + \mathcal{S}_r + \mathcal{S}_\nu(\mathcal{C}^2 g_{\alpha\beta}; \Psi_\nu), \quad (58)$$

where $\mathcal{C}(\sigma)$ is the conformal coupling in the Einstein frame between the canonical field σ and neutrinos. As we can see, the scalar field has now the canonical kinetic term.

The ϕ dependence of the canonical field σ can be calculated from Eq. (57), and is written as

$$\begin{aligned} \frac{\sigma(\phi)}{M_{\text{Pl}}} &= \frac{\alpha\phi}{\tilde{\alpha}M_{\text{Pl}}} - \frac{1}{\tilde{\alpha}} \ln \left\{ 2\alpha^2 + e^{\alpha\phi/M_{\text{Pl}}}\mu_m^2(\alpha^2 + \tilde{\alpha}^2) + 2\alpha\sqrt{(1 + e^{\alpha\phi/M_{\text{Pl}}}\mu_m^2)(\alpha^2 + e^{\alpha\phi/M_{\text{Pl}}}\mu_m^2\tilde{\alpha}^2)} \right\} \\ &+ \frac{1}{\alpha} \ln \left\{ \alpha^2 + \tilde{\alpha}[\tilde{\alpha} + 2e^{\alpha\phi/M_{\text{Pl}}}\mu_m^2\tilde{\alpha} + 2\sqrt{(1 + e^{\alpha\phi/M_{\text{Pl}}}\mu_m^2)(\alpha^2 + e^{\alpha\phi/M_{\text{Pl}}}\mu_m^2\tilde{\alpha}^2)}] \right\} + C, \end{aligned} \quad (59)$$

where C is an integration constant. We consider $\sigma(\phi = 0) = 0$,² which gives

$$C = \frac{1}{\tilde{\alpha}} \ln \left\{ 2\alpha^2 + \mu_m^2(\alpha^2 + \tilde{\alpha}^2) + 2\alpha\sqrt{(1 + \mu_m^2)(\alpha^2 + \mu_m^2\tilde{\alpha}^2)} \right\} - \frac{1}{\alpha} \ln \left\{ \alpha^2 + \tilde{\alpha}[\tilde{\alpha} + 2\mu_m^2\tilde{\alpha} + 2\sqrt{(1 + \mu_m^2)(\alpha^2 + \mu_m^2\tilde{\alpha}^2)}] \right\}. \quad (60)$$

Additionally, if we consider $\tilde{\alpha}$ very small (according to [94] $\tilde{\alpha} \lesssim 0.02$) and α large compared to $\tilde{\alpha}$ and μ_m [94], we can approximate it as

$$C \approx \frac{2}{\tilde{\alpha}} \ln(2\alpha) - \frac{2}{\alpha} \ln(\alpha + \tilde{\alpha}). \quad (61)$$

Finally, note that in order to write the explicit form of $V(\sigma) = V(\mathbb{k}^{-1}(\sigma))$ in (58), we need to invert (61) in order to obtain the explicit form of $\phi(\sigma)$, and then substitute into $V(\phi)$ in (46). However, (61) is a transcendental equation and thus it cannot be inverted. Fortunately, in the following elaboration $V(\sigma)$ will appear only through its derivative $dV(\sigma)/d\sigma$, which using (56), (57) acquires the simple form

$$\frac{dV(\sigma)}{d\sigma} = \frac{1}{k(\phi)} \frac{dV(\phi)}{d\phi}. \quad (62)$$

In order to check whether the behavior of the field can comply with requirements spelled out in the aforesaid discussion, it would be convenient to check for the asymptotic behavior of the potential.

B. Asymptotic behavior

In the previous subsection we extracted the expressions for $\sigma(\phi)$, $k(\phi)$, and $dV(\sigma)/d\sigma$, where σ is the redefined scalar field, in terms of which the action takes the canonical form. Since the involved expressions are quite complicated, it would be useful to obtain their asymptotic approximations. In particular, we are interested in the two limiting regimes, that is, for small χ [$\chi \ll m$ or equivalently $\phi \ll -2M_{\text{Pl}} \ln(\mu_m)/\alpha$] and large χ [$\chi \gg m$ or equivalently $\phi \gg -2M_{\text{Pl}} \ln(\mu_m)/\alpha$], respectively.

For small χ from (31), (42), we have

$$k^2(\phi) \approx \frac{\alpha^2}{\tilde{\alpha}^2}, \quad (63)$$

²The choice of $\sigma(\phi = 0)$ also gives $\chi \rightarrow 0$ as $\sigma \rightarrow -\infty$, similar to the ϕ field. Therefore, the value of C we are getting here can also be obtained from Eq. (61) by putting $e^{\alpha\phi/M_{\text{Pl}}} = 0$ and considering $\sigma(\chi \rightarrow 0) = \phi(\chi \rightarrow 0)$.

and then Eq. (61) gives

$$\sigma(\phi) \approx \frac{\alpha}{\tilde{\alpha}} \phi. \quad (64)$$

Although, as we discussed at the end of the previous subsection, the explicit form of $V(\sigma)$ cannot be obtained, since it requires the inversion of the transcendental equation (61) of $\sigma(\phi)$. Its asymptotic form can be easily extracted, since now $\sigma(\phi)$ takes the simple form (64) which can be trivially inverted. In particular, for small χ the potential becomes

$$V_s(\sigma) \approx V_{s0} e^{-\tilde{\alpha}\sigma/M_{\text{Pl}}}, \quad (65)$$

which for small slope can facilitate slow roll which can continue for large values of χ . Similarly, for very large values of χ ($\chi \gg m$), Eqs. (31), (42) lead to

$$k^2(\phi) \approx 1, \quad (66)$$

and then Eq. (59) gives

$$\sigma \approx \phi - \frac{2}{\tilde{\alpha}} \ln\left(\frac{\mu_m}{2}\right) + \frac{2}{\alpha} \ln\left(\frac{\tilde{\alpha}\mu_m}{\alpha + \tilde{\alpha}}\right). \quad (67)$$

Thus, for large χ the potential reads

$$V_l(\sigma) \approx V_{l0} e^{-\alpha\sigma/M_{\text{Pl}}}, \quad (68)$$

which gives rise to the scaling solution for $\alpha > \sqrt{3}$; we shall take $\alpha \approx 10$ to satisfy the nucleosynthesis constraint.

From the above asymptotic expressions, we deduce that the behavior of the canonical field σ with respect to the noncanonical field ϕ changes from a straight line with slope $\alpha/\tilde{\alpha}$ (for small ϕ) to a straight line with slope 1, and y axis intercepts at $-\frac{2}{\tilde{\alpha}} \ln(\frac{\mu_m}{2}) + \frac{2}{\alpha} \ln(\frac{\tilde{\alpha}\mu_m}{\alpha + \tilde{\alpha}})$ (for large ϕ). This behavior is always true as long as $\alpha > \tilde{\alpha}$ and $\alpha > \mu_m$. In Fig. 2 we present the change in σ -field behavior, in terms of the ϕ field. We next investigate the dynamics of unification in detail, which includes the inflationary phase, thermal history, and late-time cosmic acceleration. We shall also examine the issues related to relic gravity waves, a generic feature of the scenario under consideration. To this effect,

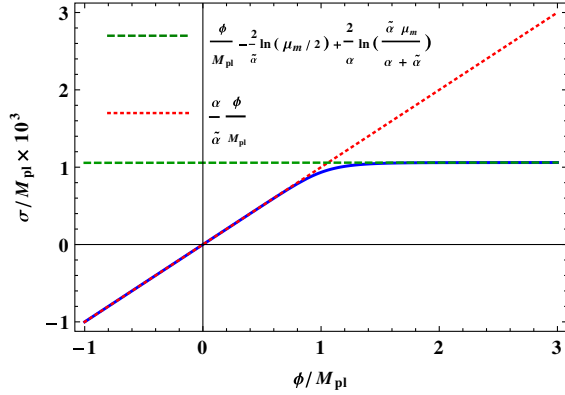


FIG. 2 (color online). The blue (solid) line represents the behavior of the σ field [Eq. (61)]. The red (dotted) line represents Eq. (64) and the green (dashed) line represents Eq. (67). The figure clearly shows the transition of the σ field from Eq. (64) to Eq. (67). To plot this figure we have taken $\alpha = 10$, $\tilde{\alpha} = 0.01$, and $\mu_m = 0.01$. If one changes the value of α and $\tilde{\alpha}$ maintaining $\alpha > \tilde{\alpha}$, then only the transition point changes, but the behavior remains the same. This plot can be extrapolated for small and large values of the ϕ field and nature remains the same. If we take values $\tilde{\alpha} > \alpha$, then the nature also remains the same but the slopes of the straight lines are changed.

we shall invoke the instant preheating to circumvent the excessive production of gravity waves.

IV. INFLATION

Having presented the scenario of variable gravity [94] in the Jordan and Einstein frames, in this section we proceed to a detailed investigation of the inflationary stage. As discussed earlier, at early times or equivalently for negative values/small positive values of the field, the potential $V(\phi)$ given by Eq. (46) reduces to the canonical potential $V_s(\sigma)$ of (65), which facilitates slow roll for small values of $\tilde{\alpha} \lesssim \sqrt{2}$, where consistency with observations demands that $\tilde{\alpha} \ll 1$. On the other hand, for very large values of ϕ , where $k(\phi) \rightarrow 1$ and the potential is given by (68), we obtain the required scaling behavior in the radiation and matter era, for $\alpha \gtrsim 10$.

The σ -field slow-roll parameters can be easily expressed in terms of ϕ as

$$\epsilon = \frac{M_{\text{Pl}}^2}{2} \left(\frac{1}{V} \frac{dV}{d\sigma} \right)^2 = \frac{M_{\text{Pl}}^2}{2k^2(\phi)} \left(\frac{1}{V} \frac{dV}{d\phi} \right)^2 = \frac{\alpha^2}{2k^2(\phi)}, \quad (69)$$

$$\eta = \frac{M_{\text{Pl}}^2}{V} \frac{d^2V}{d\sigma^2} = 2\epsilon - \frac{M_{\text{Pl}}}{\alpha} \frac{d\epsilon(\phi)}{d\phi}, \quad (70)$$

where we have made use of (62). Since $\alpha^2, \tilde{\alpha}^{-2} \gg 1$, the slow-roll regime lasts for large values of ϕ (since $k^2 = \alpha^2/2$) such that $X \equiv \mu^2/m^2 e^{\alpha\phi/M_p} \gg 1$, and thereafter the field crosses to the kinetic regime where $k \approx 1$.

Clearly, the large-field slow-roll regime is of great physical interest. In this case the slow-roll parameters are simplified to

$$\epsilon = \eta = \frac{\tilde{\alpha}^2}{2} X \rightarrow X_{\text{end}} = \frac{2}{\tilde{\alpha}^2} \quad (71)$$

and the kinetic function is given by

$$k^2(\phi) \approx \frac{\alpha^2}{\tilde{\alpha}^2 X} \rightarrow k_{\text{end}} \approx \frac{\alpha}{\sqrt{2}}. \quad (72)$$

We mention that k^2 interpolates between $\alpha/\tilde{\alpha}$ and 1, as the field evolves from early epochs to late times. At the end of inflation $k_{\text{end}} \approx 6$, and then it quickly relaxes to $k = 1$, marking the beginning of the kinetic regime. This transition takes place very fast, since the kinetic function decreases exponentially with the field.

It is convenient to express the physical quantities in terms of the noncanonical field ϕ too. It is then straightforward to write down the Friedman equation in the slow-roll regime as

$$H^2 = \frac{M_{\text{Pl}}^2}{3} e^{-\alpha\phi/M_{\text{Pl}}} \equiv \frac{\mu^2}{3m^2} \frac{M_{\text{Pl}}^2}{X}, \quad (73)$$

which we shall use in the following discussion.

The number of e -foldings is given by

$$\begin{aligned} \mathcal{N}(\phi) &= \frac{1}{\alpha M_{\text{Pl}}} \int_{\phi}^{\phi_{\text{end}}} k^2(\phi) d\phi', \\ &= \frac{\alpha(\phi_{\text{end}} - \phi)}{\tilde{\alpha}^2} \\ &\quad + \left(\frac{1}{\alpha^2} - \frac{1}{\tilde{\alpha}^2} \right) \ln \left(\frac{m^2 + \mu^2 e^{\alpha\phi_{\text{end}}/M_{\text{Pl}}}}{m^2 + \mu^2 e^{\alpha\phi/M_{\text{Pl}}}} \right), \end{aligned} \quad (74)$$

where ϕ_{end} is the value of the ϕ field at the end of inflation. Now from Eq. (71) we have $e^{\alpha\phi_{\text{end}}/M_{\text{Pl}}} = 2m^2/(\tilde{\alpha}^2\mu^2)$ which approximates Eq. (74) by neglecting the α^{-2} term with respect to $\tilde{\alpha}^{-2}$:

$$\mathcal{N}(\phi) \approx \frac{1}{\tilde{\alpha}^2} \left[\ln(1 + X^{-1}) - \ln \left(1 + \frac{\tilde{\alpha}^2}{2} \right) \right]. \quad (75)$$

For the given e -foldings from Eq. (75), we can calculate the value of ϕ when inflation started.

The number of e -foldings in the large- X approximation is given by

$$\mathcal{N}(\phi_{\text{in}}) \approx \frac{1}{\tilde{\alpha}^2 X_{\text{in}}}, \quad (76)$$

where ϕ_{in} designates the field value where inflation commences. The Cosmic Background Explorer (COBE) normalized value of density perturbations [118,119],

$$\delta_H^2 = \frac{1}{150\pi^2} \frac{1}{M_{\text{Pl}}^4} \frac{V_{\text{in}}}{\epsilon} \simeq 2 \times 10^{-10}, \quad (77)$$

then allows us to estimate V_{in} and the important ratio of parameters, $\tilde{\alpha}^2 \mu^2 / m^2$, in terms of the number of e -foldings, namely,

$$\frac{\tilde{\alpha}^2 \mu^2}{m^2} = \frac{150 \times \pi^2 \times 10^{-10}}{\mathcal{N}^2} \quad (78)$$

$$V_{\text{in}} = \mathcal{N} \frac{\tilde{\alpha}^2 \mu^2}{m^2} M_{\text{Pl}}^4 = \frac{150 \times \pi^2 \times 10^{-10}}{\mathcal{N}} M_{\text{Pl}}^4. \quad (79)$$

Let us also note the important relationship between H_{in} and H_{end} using the expressions of X_{in} and X_{end} :

$$\frac{H_{\text{end}}^2}{H_{\text{in}}^2} = \frac{V_{\text{end}}}{V_{\text{in}}} = \frac{X_{\text{in}}}{X_{\text{end}}} = \frac{1}{2\mathcal{N}}, \quad (80)$$

which in particular can be used to estimate the Hubble parameter at the end of inflation,

$$H_{\text{end}}^2 = \frac{M_{\text{Pl}}^2 \tilde{\alpha}^2 \mu^2}{6 m^2} = \frac{25\pi^2 \times 10^{-10}}{\mathcal{N}^2} M_{\text{Pl}}^2. \quad (81)$$

As mentioned in the Introduction, the scenario under consideration does not belong to the class of oscillatory models. In this case we need to look for an alternative reheating mechanism, and a possible candidate is the gravitational particle production [65,66]. The space-time geometry undergoes a crucial transition at the end of inflation, involving essentially a nonadiabatic process that gives rise to particle production. Assuming thermalization of the energy thus produced, the energy density of radiation produced in this process at the end of inflation is given by

$$\rho_{\text{rad}} \simeq 0.01 \times g_p H_{\text{end}}^4, \quad (82)$$

where g_p is the number of different species produced at the end of inflation, varying typically between 10 and 100. Thus, assuming $g_p \sim 100$, we obtain the radiation temperature

$$T_{\text{end}} \simeq 1.5 \times \frac{10^{-4}}{\mathcal{N}} M_{\text{Pl}}. \quad (83)$$

Up to now we have kept the number of e -foldings arbitrary. This number typically depends upon the reheating temperature and also the scale of inflation. It can be estimated by considering a typical length scale which leaves the Hubble scale during inflation at $a = a_{\text{in}}$ and reenters the horizon today:

$$\begin{aligned} k &= a_{\text{in}} H_{\text{in}} = a_0 H_0 \rightarrow \frac{k}{a_0 H_0} = \frac{a_{\text{in}}}{a_{\text{end}}} \frac{H_{\text{in}}}{H_0} \\ &= e^{-\mathcal{N}} \frac{T_0}{T_{\text{end}}} \frac{H_{\text{in}}}{H_0}, \end{aligned} \quad (84)$$

which gives $\mathcal{N} \simeq 70$. Therefore, the temperature at the end of inflation is given by

$$T_{\text{end}} \simeq 3.6 \times 10^{12} \text{ GeV}. \quad (85)$$

We then estimate the spectral index n_s and the ratio of tensor-to-scalar perturbations r as

$$n_s \simeq 1 - 6\epsilon + 2\eta = 1 - \frac{2}{\mathcal{N}} \simeq 0.97, \quad (86)$$

$$r \simeq 16\epsilon = \frac{8}{\mathcal{N}} \simeq 0.11. \quad (87)$$

Equations (86) and (87) can be combined into a single equation, namely,

$$r = 4(1 - n_s). \quad (88)$$

In Fig. 3 we present the 68% and 95% contours on the n_s - r plane, using the data of Planck+WP+BAO [120]. On top of them, we depict the n_s and r values calculated in our model using (86) and (87), respectively, having considered the e -foldings (\mathcal{N}) between 55 and 70. It seems that the value $\mathcal{N} = 55$ is ruled out up to the 2σ level for this model. But the values slightly higher than 55 are well within the 2σ level. The line shown in Fig. 3 follows Eq. (88). In the subsection to follow, we consider the problem related to excessive production of relic gravity waves.

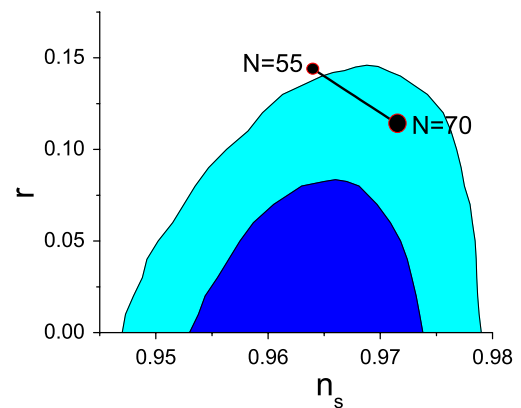


FIG. 3 (color online). 1σ (blue, inner contour) and 2σ (cyan, outer contour) contours for Planck+WP+BAO data are shown on the n_s - r plane. We have also shown the possible positions of n_s and r for the e -foldings (\mathcal{N}) 55 to 70 for the model under consideration. The point for $\mathcal{N} = 55$ on the n_s - r plane is outside the 2σ contour but slightly higher values of the e -foldings result in points within the 2σ contour.

A. Relic gravity waves and nucleosynthesis constraint on reheating temperature

Let us assume that gravitational particle production is the sole mechanism for reheating [61–68]. In this case using Eqs. (73) and (82) and considering $\mathcal{N} = 70$, we have

$$\left(\frac{\rho_\phi}{\rho_r}\right)_{\text{end}} \simeq \frac{M_{\text{Pl}}^2 H_{\text{end}}^2}{0.01 \times g_\rho H_{\text{end}}^4} \simeq 2 \times 10^{11}; \quad (g_\rho \simeq 100). \quad (89)$$

This ratio is typically 10^{16} in braneworld models [27,28]. Hence, it takes a long time for the radiative regime to commence. In those models similar to our situation, the potential is very steep after inflation and therefore $\rho_\phi \sim 1/a^6$ till radiation takes over. During this regime, called the kinetic regime, the gravity wave (produced during inflation) amplitude is enhanced and violates nucleosynthesis constraints at the commencement of the radiative regime [27,28]. We have to check it here also.

The quantum mechanical production of gravity waves during inflation is a generic feature of the scenario. The tensor perturbations h_{ij} satisfy the Klein-Gordon equation $\square h_{ij} = 0$ [69,70], which gives

$$\ddot{\varphi}_k(\tau) + 2\frac{\dot{a}}{a}\dot{\varphi}_k(\tau) + k^2\varphi_k(\tau) = 0, \quad (90)$$

where $h_{ij} \sim \varphi_k e^{ikx} e_{ij}$ (e_{ij} is the polarization tensor); τ ($d\tau = dt/a$) is conformal time; and k is the comoving wave number. As pointed out in the preceding discussion, inflation is approximately exponential, and so $a = \tau_0/\tau$ and $H_{\text{in}} = -1/\tau_0$ is the Hubble parameter during inflation. The “in” state $\varphi_{\text{in}}^{(+)}(k, \tau)$ corresponds to the positive frequency solution of Eq. (90) in the adiabatic vacuum [$\varphi_{\text{in}}^{(+)}(k, \tau) = (\pi\tau_0/4)^{1/2}(\tau/\tau_0)^{3/2}H_{3/2}^{(2)}(k\tau)$]. After inflation has ended, the Universe makes a transition from a quasi-de Sitter phase to the phase characterized by power-law expansion. In the standard scenario, the postinflationary evolution is described by the radiative regime, whereas in the quintessential inflation, the after-inflation transition is to the kinetic phase with a stiff equation-of-state parameter [27,28]. This transition involves a nonadiabatic change of geometry. We shall assume that postinflationary dynamics is described by a power-law expansion, $a = (t/t_0)^p \equiv (\tau/\tau_0)^{1/2-\mu}$, where $\mu \equiv 3/2((w-1)/(3w+1))$, with w being the postinflationary equation-of-state parameter. Let us notice that $\mu = 0$ in the kinetic regime ($w = 1$). The “out” state contains both positive and negative frequency solutions to (90),

$$\varphi_{\text{out}} = \alpha\varphi_{\text{out}}^{(+)} + \beta\varphi_{\text{out}}^{(-)}, \quad (91)$$

where α and β are Bogoliubov coefficients [27]. The out state is given by $\varphi_{\text{out}}^{(+,-)} = (\pi\tau_0/4)^{1/2}(\tau/\tau_0)^\mu H_{|\mu|}^{(2,1)}(k\tau)$. The

energy density of relic gravity waves depends upon β [27,72],

$$\rho_g = \langle T_{00} \rangle = \frac{1}{\pi^2 a^2} \int dk k^3 |\beta|^2. \quad (92)$$

During the kinetic regime, $|\beta_{\text{kin}}|^2 \sim (k\tau_{\text{kin}})^{-3}$; as a result, using (92) we obtain

$$\rho_g = \frac{32}{3\pi} h_{\text{GW}}^2 \rho_b \left(\frac{\tau}{\tau_{\text{kin}}}\right), \quad (93)$$

where ρ_b is the background energy density made by radiation and scalar stiff matter. While deriving (93), we made use of the fact that $H_{\text{in}} = -1/\tau_0$. Since, at the equality of radiation and field’s energy density ($\tau = \tau_{\text{eq}}$), $\tau_{\text{eq}}/\tau_{\text{kin}} = (T_{\text{kin}}/T_{\text{eq}})^2$ and $\rho_b = 2\rho_r$, we have from Eq. (93),

$$\left(\frac{\rho_g}{\rho_r}\right)_{\text{eq}} = \frac{64}{3\pi} h_{\text{GW}}^2 \left(\frac{T_{\text{end}}}{T_{\text{eq}}}\right)^2, \quad (94)$$

where h_{GW} is the dimensionless gravity amplitude which needs to be fixed in each model, imposing COBE normalization [118,119],

$$h_{\text{GW}}^2 = \frac{H_{\text{in}}^2}{8\pi M_{\text{Pl}}^2} = \frac{\mathcal{N}}{24\pi} \left(\frac{\tilde{\alpha}^2 \mu^2}{m^2}\right) = \frac{\mathcal{N} H_{\text{end}}^2}{4\pi M_{\text{Pl}}^2} \simeq 2.8 \times 10^{-11}. \quad (95)$$

Let us notice from (94) that the longer the kinetic regime lasts, the smaller T_{eq} is, and therefore, the larger the ratio of energy densities of relic gravity waves and radiation at equality. It may also be worthwhile to note from (92) that $\rho_g \sim 1/a^4$ for $\omega > 1/3$, whereas $\rho_g \sim \rho_b$ if $\omega < 1/3$, and during the radiation era, ρ_g also approximately tracks the background. It is the specific behavior of ρ_g during the kinetic regime which causes the problem.

For simplicity we shall here made an approximation that the field after inflation instantaneously comes to the kinetic regime ($\rho_\phi \sim 1/a^6$). In fact, $\rho_\phi \sim 1/a^2$ at $\phi = \phi_{\text{end}}$ and soon thereafter, the field enters the kinetic regime, which happens rather fast because the potential is steep. Thus, we shall assume that $H_{\text{end}} \simeq H_{\text{kin}}$ and $T_{\text{end}} \simeq T_{\text{kin}}$. Numerical calculations show that the kinetic regime commences quickly (see Fig. 4) after the end of inflation; our estimates do not change significantly by adopting said approximation. Since $T_{\text{eq}} \sim T_{\text{end}}/a_{\text{eq}}$, we have

$$\left(\frac{\rho_\phi}{\rho_r}\right)_{\text{end}} = \left(\frac{T_{\text{end}}}{T_{\text{eq}}}\right)^2. \quad (96)$$

Then we have the following relation:

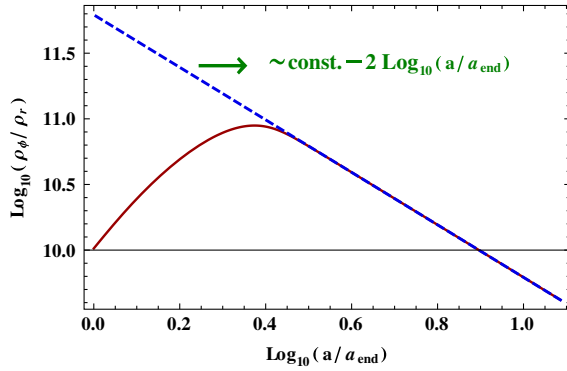


FIG. 4 (color online). Postinflationary evolution of ρ_ϕ from the end of inflation, $a_{\text{end}} = 1$, on the logarithmic scale. The blue dotted straight line corresponds to const/a^2 on the log scale. It touches the curve ρ_ϕ/ρ_r around 0.4 on the x axis, which signals the commencement of the kinetic regime. The kinetic regime is established rather quickly after inflation ends.

$$\left(\frac{\rho_\phi}{\rho_r}\right)_{\text{end}} = \frac{3\pi}{64} \left(\frac{\rho_g}{\rho_r}\right)_{\text{eq}} \frac{1}{h_{\text{GW}}^2}. \quad (97)$$

As for ρ_g/ρ_r at equality, nucleosynthesis dictates that it should be less than 0.2 [27]. We know the left-hand side, so if we estimate the gravity wave amplitude, we can find out whether the gravitational particle production can do the job. Indeed, we find using Eq. (95),

$$\left(\frac{\rho_\phi}{\rho_r}\right)_{\text{end}} \lesssim \frac{3\pi}{64} \times 0.2 \times \frac{4\pi M_{\text{Pl}}^2}{\mathcal{N} H_{\text{end}}^2} \simeq 10^9. \quad (98)$$

Comparing the estimate with the one obtained by using (89), we conclude that even if we take $g_p \sim 100$, the gravitational particle production does not meet the requirement imposed by the nucleosynthesis constraint at the commencement of the radiative regime. It should also be noted that the kinetic regime does not set instantaneously; incorporating evolution from the end of inflation to the beginning of the kinetic regime further worsens the situation. Gravitational particle production is clearly an inefficient process and we should therefore look for an alternative way of reheating. Instant preheating provides us with an efficient mechanism which suits the quintessential inflation scenario under consideration.

Let us also quote the spectral energy density of the gravitational wave (see Ref. [27] for details),

$$\Omega_{\text{GW}}(\lambda) = \frac{1}{\rho_c} \frac{d\rho_g}{d \ln k}, \quad (99)$$

where ρ_c is the critical energy density.

In different epochs, the form of Ω_{GW} is given by

$$\Omega_{\text{GW}}^{(\text{MD})} = \frac{3}{8\pi^3} h_{\text{GW}}^2 \Omega_{m0} \left(\frac{\lambda}{\lambda_h}\right)^2, \quad \lambda_{\text{MD}} < \lambda \leq \lambda_h, \quad (100)$$

$$\Omega_{\text{GW}}^{(\text{RD})}(\lambda) = \frac{1}{6\pi} h_{\text{GW}}^2 \Omega_{r0}, \quad \lambda_{\text{RD}} < \lambda \leq \lambda_{\text{MD}}, \quad (101)$$

$$\Omega_{\text{GW}}^{(\text{kin})}(\lambda) = \Omega_{\text{GW}}^{(\text{RD})} \left(\frac{\lambda_{\text{RD}}}{\lambda}\right), \quad \lambda_{\text{kin}} < \lambda \leq \lambda_{\text{RD}}, \quad (102)$$

where

$$\lambda_h = 2cH_0^{-1}, \quad (103)$$

$$\lambda_{\text{MD}} = \frac{2\pi}{3} \lambda_h \left(\frac{\Omega_{r0}}{\Omega_{m0}}\right)^{1/2}, \quad (104)$$

$$\lambda_{\text{RD}} = 4\lambda_h \left(\frac{\Omega_{m0}}{\Omega_{r0}}\right)^{1/2} \frac{T_{\text{MD}}}{T_{\text{rh}}}, \quad (105)$$

$$\lambda_{\text{kin}} = cH_{\text{kin}}^{-1} \left(\frac{T_{\text{rh}}}{T_0}\right) \left(\frac{H_{\text{kin}}}{H_{\text{rh}}}\right)^{1/3}, \quad (106)$$

where MD, RD, and kin represent matter dominated, radiation dominated, and kinetic-energy dominated epochs; and λ represents wavelength. H_0 is the present value of the Hubble parameter and Ω_{m0} and Ω_{r0} are the present values of matter and radiation energy densities. T_{rh} and H_{rh} are the reheating temperature and Hubble parameter, respectively, which are approximately the same as the temperature and Hubble parameter at the end of the inflation, respectively.

B. Instant preheating

In this subsection, we shall describe instant preheating applied to the scenario under consideration. We shall demonstrate its viability to tackle the problem associated with relic gravity waves.

Inflation ends when $\phi = \phi_{\text{end}}$ which, for convenience, we can shift to the origin by translating the field, $\phi' = \phi - \phi_{\text{end}}$, without the loss of generality. In what follows we will keep using ϕ , remembering that the translated field $\phi < 0$. We next assume that ϕ interacts with a new field χ , which interacts with a Fermi field via Yukawa interaction,

$$\mathcal{L}_{\text{int}} = -\frac{1}{2} g^2 \phi^2 \chi^2 - h \bar{\psi} \psi \chi, \quad (107)$$

where χ does not have bare mass, its effective mass is given by $m_\chi = g|\phi|$, and couplings g and h are assumed to be positive. In the model under consideration, the field ϕ soon comes to the kinetic regime after inflation has ended as the potential is steep there. In this case, the production of χ particles may commence provided m_χ changes nonadiabatically [89,90],

$$\dot{m}_\chi \gtrsim m_\chi^2 \rightarrow \dot{\phi} \gtrsim g\phi^2. \quad (108)$$

The condition for particle production (108) can be satisfied provided

$$|\phi| \lesssim |\phi_p| = \sqrt{\frac{\dot{\phi}_{\text{end}}}{g}}. \quad (109)$$

Using slow-roll equations (69) and (70), it can be noticed that

$$\dot{\phi}_{\text{end}} = \frac{\alpha}{k_{\text{end}}^2} \sqrt{\frac{V_{\text{end}}}{3}}, \quad k_{\text{end}} = \frac{\alpha}{\sqrt{2}}. \quad (110)$$

Since $\phi_p \lesssim M_{\text{Pl}}$, from Eq. (109) we have a constraint on the coupling g ,

$$\frac{\dot{\phi}_{\text{end}}}{g} \lesssim M_{\text{Pl}}^2 \rightarrow g \gg \frac{2}{\alpha M_{\text{Pl}}^2} \sqrt{\frac{V_{\text{end}}}{3}}. \quad (111)$$

Further, we can estimate the production time,

$$\delta t_p \sim \frac{|\phi|}{\dot{\phi}} = g^{-1/2} \dot{\phi}_{\text{end}}^{-1/2}. \quad (112)$$

Using the uncertainty relation gives us the estimate for wave number, $k_p \approx \delta t_p^{-1} \approx \sqrt{g \dot{\phi}_{\text{end}}}$. We then can find out the occupation number for χ particles [62,90],

$$n_k \sim e^{-\pi k^2/k_p^2}, \quad (113)$$

which gives the number density of χ particles,

$$N_\chi = \frac{1}{(2\pi)^3} \int_0^\infty n_k d^3\mathbf{k} = \frac{(g \dot{\phi}_{\text{end}})^{3/2}}{(2\pi)^3}. \quad (114)$$

The energy density of created particles χ is given by

$$\rho_\chi = N_\chi m_\chi = \frac{(g \dot{\phi}_{\text{end}})^{3/2}}{(2\pi)^3} g |\phi_p| = \frac{g^2 V_{\text{end}}}{6\pi^3 \alpha^2}. \quad (115)$$

If the particle energy produced at the end of inflation is supposed to be thermalized, then using Eq. (73) and Eq. (115) we find

$$\left(\frac{\rho_\phi}{\rho_r}\right)_{\text{end}} \approx \frac{6\pi^3 \alpha^2}{g^2}. \quad (116)$$

Using (116), we can find the lower limit on the coupling g by invoking the relic gravity constraint on ρ_ϕ/ρ_r from (98),

$$g \gtrsim 6\alpha \times 10^{-5}. \quad (117)$$

Let us further note that

$$\begin{aligned} \delta t_p H_{\text{end}} &\approx \sqrt{\frac{\alpha}{2g M_{\text{Pl}}^2}} \left(\frac{V_{\text{end}}}{3}\right)^{1/4} < \frac{4.5 \times 10^{-5/2}}{\mathcal{N}} \\ &\Rightarrow \delta t_p \ll H_{\text{end}}^{-1}, \end{aligned} \quad (118)$$

since $\mathcal{N} \sim 70$. This tells us that during particle production expansion can be ignored. Let us also notice that $\phi_p \approx 4 \times 10^{-4}$, which implies that particle production takes place almost instantaneously after inflation has ended. Since ϕ runs fast after inflation has ended, the mass of χ grows larger, making it decay into $\bar{\psi}\psi$, and the decay width is given by

$$\Gamma_{\bar{\psi}\psi} = \frac{h^2 m_\chi}{8\pi} = \frac{h^2}{8\pi} g |\phi|. \quad (119)$$

We should now worry about the backreaction of χ on the postinflationary dynamics of ϕ . Around $\phi = 0$ where inflation ends, $\rho_\phi \sim 1/a^2$, and therefore the field potential and the dissipative term in the evolution equation for ϕ evolve slower than ρ_χ . On the other hand, the decay rate has larger and larger values of ϕ as m_χ gets larger. Hence, the decay of χ into fermions would be accomplished before the backreaction of χ on ϕ evolution becomes important, provided that

$$\Gamma_{\bar{\psi}\psi} \gg H_{\text{end}} \rightarrow h^2 \gtrsim 8\pi \frac{H_{\text{end}}}{g |\phi|}. \quad (120)$$

Since $\phi \lesssim M_{\text{Pl}}$, the above estimate implies that $h \gtrsim 2g^{-1/2} \times 10^{-6}$, which gives the lower bound on the numerical value of the coupling h . Figure 5 shows the allowed values of g and h . It is clear that this is a wide region in the parameter space, where the instant preheating is quite efficient.

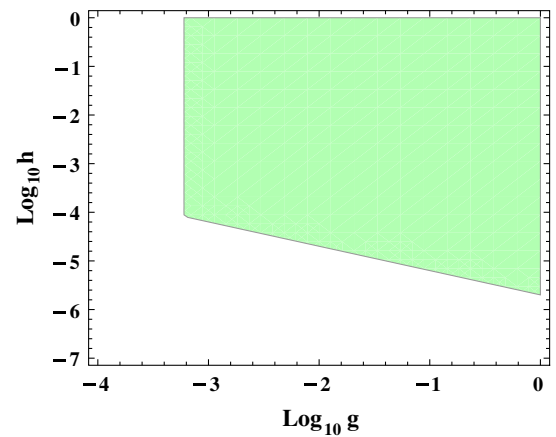


FIG. 5 (color online). Figure depicts the parameter space of (g, h) . The shaded region shows the allowed values of the parameters where preheating is efficient. α is considered to be 10.

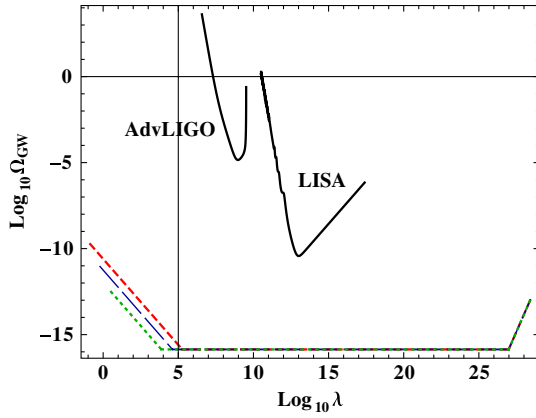


FIG. 6 (color online). Spectral energy density of the relic gravity wave background for different reheating temperatures. Red (dashed), blue (long dashed), and green (dotted) lines are for $g = 5 \times 10^{-4}$, 0.01, and 0.3, respectively. α is taken to be 10. Also we have considered $\mathcal{N} = 70$ for this plot, but it has been checked that the behavior does not change significantly for the variation of \mathcal{N} from 50 to 70. Black solid curves represent the expected sensitivity curves of Advanced LIGO and LISA.

Figure 6 shows the spectral energy density (Ω_{GW}) of the relic gravitational wave background along with the sensitivity curve of AdvLIGO [121,122] and LISA [123,124]. To plot Fig. 6 we have taken the present values of matter and radiation energy density to be 0.3 and 9×10^{-5} , respectively.

Next, we turn to late-time dynamics of the model.

V. LATE-TIME COSMOLOGY: DARK ENERGY

In this section we investigate the cosmological behavior at late times, where as we mentioned in the Introduction, the scenario at hand leads to an effective dark-energy driven acceleration of the Universe.

A. Evolution equations

We consider the spatially flat Friedmann-Robertson-Walker (FRW) cosmology,

$$ds^2 = -N^2 dt^2 + a(t)^2 \delta_{ij} dx^i dx^j. \quad (121)$$

Varying the action (58) with respect to the metric $g_{\mu\nu}$ and setting $N = 1$, we obtain the two Friedmann equations:

$$3H^2 M_{\text{Pl}}^2 = \frac{1}{2} \dot{\sigma}^2 + V(\sigma) + \rho_m + \rho_r + \rho_\nu, \quad (122)$$

$$(2\dot{H} + 3H^2) M_{\text{Pl}}^2 = -\frac{1}{2} \dot{\sigma}^2 + V(\sigma) - \frac{1}{3} \rho_r - p_\nu, \quad (123)$$

where, as we mentioned, the neutrino pressure p_ν behaves as radiation during the early times, but it behaves like nonrelativistic matter during the late times. Varying the

action (58) with respect to the field σ leads to its equation of motion³:

$$\ddot{\sigma} + 3H\dot{\sigma} = -\frac{dV(\sigma)}{d\sigma} - \frac{\partial \ln m_\nu}{\partial \sigma} (\rho_\nu - 3p_\nu). \quad (124)$$

Additionally, note that relation (50), using (56) and (57), gives

$$\frac{\partial \ln m_\nu}{\partial \sigma} = \frac{\tilde{\gamma}\alpha}{M_{\text{Pl}} k(\phi)}. \quad (125)$$

Let us make an important comment here. During the radiative regime, the last term in the rhs of Eq. (124) does not contribute as during that era neutrinos behave like radiation and the energy momentum tensor is traceless. On the contrary, at late times, neutrinos behave as nonrelativistic matter. As a result, the last term in the rhs of (124) is nonzero and the nonminimal coupling between the scalar field and the neutrinos builds up, which plays a vital role in the model under consideration.

According to [94], as we mentioned in (66), during and after the radiation era, we can take $\chi \gg m$ and $k(\phi) \approx 1$. Thus, the neutrino mass (50) at late times exhibits an effective behavior

$$m_{\nu,\text{eff}}(\sigma) = m_{\nu,0} e^{\tilde{\gamma}\alpha\sigma/M_{\text{Pl}}}, \quad (126)$$

which shows the same behavior as Eq. (50) that gives rise to the same type of effective potential like Eq. (52). In this case, the neutrino conservation equation (49) effectively reads

$$\dot{\rho}_\nu + 3H(\rho_\nu + p_\nu) = \frac{\tilde{\gamma}\alpha}{M_{\text{Pl}}} \dot{\sigma} (\rho_\nu - 3p_\nu). \quad (127)$$

We stress here that in the scenario at hand, the late-time acceleration is attributed to the combined effect of the neutrinos and scalar field. That is, the effective dark-energy sector includes these two contributions; namely, its energy density and pressure read

$$\rho_{\text{DE}} \equiv \rho_\nu + \rho_\sigma = \rho_\nu + \frac{1}{2} \dot{\sigma}^2 + V(\sigma), \quad (128)$$

$$p_{\text{DE}} \equiv p_\nu + p_\sigma = p_\nu + \frac{1}{2} \dot{\sigma}^2 - V(\sigma), \quad (129)$$

and they obey the continuity equation

³Variation of S_ν with respect to σ reads as

$$\frac{1}{\sqrt{-g}} \frac{\delta S_\nu}{\delta \sigma} = \frac{1}{\sqrt{-g}} \frac{\delta S_\nu}{\delta \phi} \frac{\partial \phi}{\partial \sigma} = \frac{C_\phi}{C} \frac{T^{(\nu)}}{k(\phi)}.$$

$$\dot{\rho}_{\text{DE}} + 3H(\rho_{\text{DE}} + p_{\text{DE}}) = 0. \quad (130)$$

There is still one missing piece of information in order for the above cosmological equations to close, namely, the behavior of the neutrino equation-of-state parameter $w_\nu \equiv p_\nu/\rho_\nu$, which determines the neutrino pressure p_ν that enters into p_{DE} , and then into the conservation equation (130).

As we discussed in detail in Sec. III, before and during the radiation era neutrinos are relativistic and behave as radiation, while during and after the matter era neutrinos become nonrelativistic and w_ν becomes 0. Thus, a complete and detailed investigation of the thermal history of the Universe requires the exact behavior of w_ν , that is, its specific form interpolating between these two regimes. Expressing the Universe's evolution through the redshift z , for convenience, one can have several $w_\nu(z)$ parametrizations with the above required properties, namely, the interpolation of the equation-of-state parameter between $1/3$ and 0 [114]. In this work we desire to have a better control on the features of this transition, namely, the epoch around which the transition is realized and the duration of realization. We shall use the following ansatz for $w_\nu(z)$,

$$w_\nu(z) = \frac{p_\nu}{\rho_\nu} = \frac{1}{6} \left\{ 1 + \tanh \left[\frac{\ln(1+z) - z_{\text{eq}}}{z_{\text{dur}}} \right] \right\}. \quad (131)$$

In the above expression z_{eq} determines the moment around which the transition takes place; the choice for the transition redshift where matter and radiation energy densities become equal is reasonable. Additionally, z_{dur} determines how fast this transition is realized. In particular, having in mind that varying mass, neutrinos become nonrelativistic after their mass turns constant [100,101], and imposing the physical requirement that the varying mass of neutrinos has to be nonrelativistic at the recent cosmological past, we deduce that we need a large value of z_{dur} such that the transition is smooth. However, the exact z_{dur} determination requires exact knowledge of the redshift z_{NR} after which neutrinos become nonrelativistic, which according to [100,101] is $z_{\text{NR}} \in (2-10)$ for $m_\nu \in (0.015-2.3)$ eV, while according to [113] it is $z_{\text{NR}} < 4$.

Finally, in order to compare with observations, we introduce the dimensionless density parameters for the radiation, matter, neutrinos, and scalar field, respectively, as

$$\Omega_m = \frac{\rho_m}{3H^2 M_{\text{Pl}}^2}, \quad (132)$$

$$\Omega_r = \frac{\rho_r}{3H^2 M_{\text{Pl}}^2}, \quad (133)$$

$$\Omega_\nu = \frac{\rho_\nu}{3H^2 M_{\text{Pl}}^2}, \quad (134)$$

$$\Omega_\sigma = \frac{\rho_\sigma}{3H^2 M_{\text{Pl}}^2}, \quad (135)$$

and thus, according to (128),

$$\Omega_{\text{DE}} = \Omega_\sigma + \Omega_\nu. \quad (136)$$

Lastly, the equation-of-state parameters of the total matter content in the Universe of the scalar-field sector and of the dark-energy sector can be written as

$$w_{\text{eff}} = -1 - \frac{2\dot{H}}{3H^2}, \quad (137)$$

$$w_\sigma = \frac{p_\sigma}{\rho_\sigma}, \quad (138)$$

$$w_{\text{DE}} = \frac{w_{\text{eff}} - \frac{1}{3}\Omega_r}{\Omega_{\text{DE}}}. \quad (139)$$

In what follows we shall present our numerical results.

B. Postinflationary dynamics: The epoch sequence

Let us now examine the thermal history of the Universe; that is, we are interested in its transient behavior from inflation to the present epoch. Due to the complexities of the cosmological equations of the previous subsection, no exact analytical solutions are possible and one needs to perform a numerical elaboration. In particular, we numerically evolve the cosmological equations (122)–(125), (130), and (131), focusing on the evolution of observables like the various density and equation-of-state parameters. For the numerical evolution we consider $\alpha = 10$, $\tilde{\gamma} = 30$, and⁴ $z_{\text{dur}} = 3.6$ and 10 , and for the initial conditions of the radiation and scalar field we use the ratio of ρ_r and ρ_σ that we obtain at the end of inflation. Additionally, for matter and neutrinos we impose $\Omega_{m0} \approx 0.3$ and $\Omega_{\nu0} \approx 0.01$ at the present epoch. Finally, the value of z_{dur} is set in order for the neutrinos to become nonrelativistic in the recent past (considering $z_{\text{NR}} \sim 2-10$ [101]).

In Fig. 7 we depict the evolution of Ω_m , Ω_r , Ω_ν , and Ω_σ . The figure shows the evolution of the Universe from the kinetic regime (where the scalar-field kinetic energy

⁴The parameter $\tilde{\gamma}$ enters in the expression of the minimum of the effective potential (52) given by $V_{\text{eff,min}} = (1 + 1/\tilde{\gamma})V_{\text{min}}$, which tells us that $\tilde{\gamma} \gg 1$ for also enters in the expression of the equation-of-state parameter of dark energy whose value at the attractor point is given by $w_{\text{DE}} = -\tilde{\gamma}/(1 + \tilde{\gamma})$. There is nothing special about $\tilde{\gamma} = 30$. It could be any large value such that w_{DE} falls within the observed value of the equation-of-state parameter (for instance, $\tilde{\gamma} = 30$ and $w_{\text{DE}} \approx 0.97$).

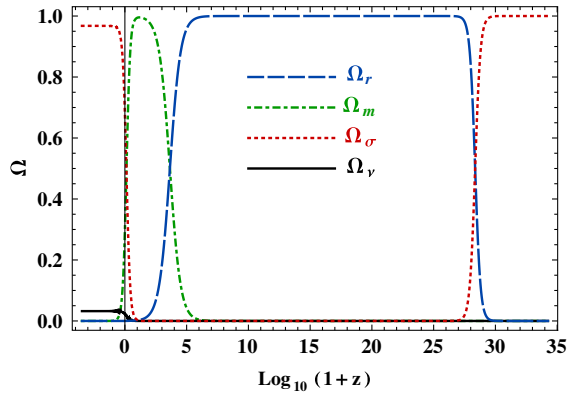


FIG. 7 (color online). Evolution of different density parameters (Ω). Ω_r (blue long-dashed line), Ω_m (green dot-dashed), Ω_ν (black solid), and Ω_σ (red dotted) represent the density parameters for radiation, matter, neutrinos, and the scalar field σ , respectively. Cosmological sequences start from a scalar field kinetic regime to a late-time dark-energy dominated era. We have used the numerical values, $\alpha = 10$, $\tilde{\gamma} = 30$, and $z_{\text{dur}} = 3.6$ for plotting the figure. Since at the end of inflation $k_{\text{end}} = \alpha/\sqrt{2}$, we take the initial value of $\lambda \sim \mathcal{O}(1)$.

is dominant) after the end of inflation followed by the radiation and matter eras. Finally, the Universe enters into the dark-energy epoch and late-time acceleration commences. Apart from the above standard thermal history of the Universe, which acts as a consistency test for our scenario, we observe that Ω_ν starts growing in the recent past which is a novel feature that the scenario at hand brings in.

In Fig. 8, we present the postinflationary evolution of the energy densities: matter (ρ_m), radiation (ρ_r), neutrinos (ρ_ν) and scalar field (ρ_σ). The figure shows that the field energy density soon after the end of inflation enters the kinetic regime which is attributed to the steep behavior of the potential. Initially scalar field energy density is much larger than that of radiation; the field therefore overshoots the background and freezes. It remains in the locking regime till the radiation density becomes of the order of field energy density. The field then begins evolving and tracks radiation and matter. At late times, the field takes over matter and becomes the dominant component of the Universe. Let us notice the important role played by the neutrino matter. Since neutrinos become nonrelativistic in the recent past, the interaction between neutrinos and field becomes non-zero. Because of this interaction term, the field effective potential acquires a minimum [Eq. (52)] and the field eventually settles in that minimum of the effective potential, which causes the scalar field to exit from scaling regime to the de Sitter phase. As the neutrino mass settles to its present value, the numerical value of V_{eff} in the minimum is of the order of the present value of dark energy, provided we choose the parameter $\tilde{\gamma}$ appropriately; not much fine-tuning is involved in this

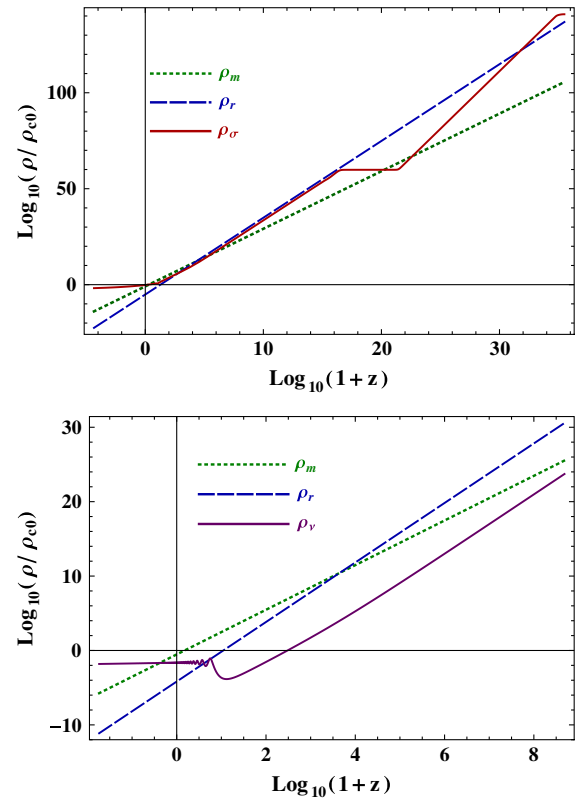


FIG. 8 (color online). Evolutions of different energy densities (ρ). ρ_r (blue dashed line), ρ_m (green dot-dashed), ρ_σ (red solid in upper panel), ρ_ν (purple solid in lower panel) represent the densities of radiation, matter, scalar field σ , and neutrino, respectively. ρ_{c0} is the critical energy density of the Universe at present. This figures show the tracker behavior of the scalar field which tracks radiation and matter up to the recent past and then takes over matter and becomes the dominant component of the Universe. The figure in the lower panel shows that at late times when neutrinos become nonrelativistic, ρ_ν takes over radiation and slowly grows thereafter. At the present epoch ρ_ν is still subdominant, but it will take over matter in the future. To plot this figure, we have considered $\alpha = 10$, $\tilde{\gamma} = 30$, and $z_{\text{dur}} = 10$. Since at the end of inflation $k_{\text{end}} = \alpha/\sqrt{2}$, we can take the initial value of $\lambda \sim \mathcal{O}(1)$.

process. Figure 8, therefore, presents the desired post-evolutionary evolution of our Universe.

In Fig. 9 we depict the evolution of the various equation-of-state parameters. As we observe, during the radiation dominated era $w_r = 1/3$ and $w_\nu = 1/3$, and in the recent universe w_σ, w_{DE} and $w_{\text{eff}} \sim -1$, that is the dark-energy component behaves like a cosmological constant.

Last but not least, for completeness, we show in Fig. 10 the evolution of the growing neutrino mass (normalized with its present value). When neutrinos are relativistic, they behave like radiation and the interaction term between the neutrino and field is zero; therefore, the mass ratio is constant. In the recent past ($z \sim 4-10$), neutrinos become nonrelativistic and the interaction term builds up, giving rise to the growth of neutrino mass.

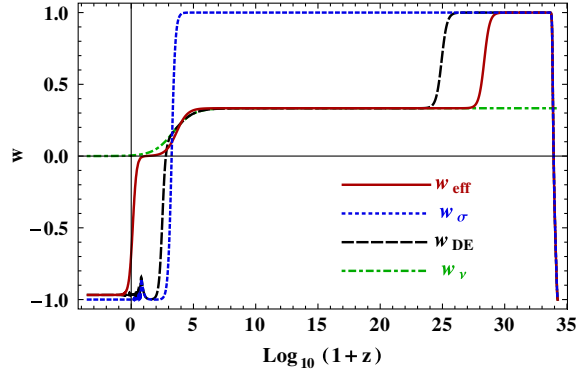


FIG. 9 (color online). Evolutions of equation-of-state parameters (w). w_σ (blue dotted line), w_{DE} (black dashed), w_{eff} (red solid), and w_ν (green dot-dashed) represent the scalar field σ , dark energy, effective, and neutrino equation of states, respectively, and are represented by Eqs. (155), (156), (154), and (131). At the present time, w_σ and w_{DE} are very close to -1 . To plot this figure we have considered $\alpha = 10$, $\tilde{\gamma} = 30$, and $z_{\text{dur}} = 3.6$. Since at the end of inflation $k_{\text{end}} = \alpha/\sqrt{2}$, we have taken the initial value of $\lambda \sim \mathcal{O}(1)$.

C. Asymptotic behavior: Fixed points and stability issues

In order to reveal the late-time behavior of the scenario at hand, in this subsection, we perform a detailed phase-space analysis of the cosmological equations (122)–(125), (130), and (131). In this way we can bypass the complexities of the cosmological equations, which do not allow for a complete analytical treatment, and extract the late-time, asymptotic behavior of the Universe.

In order to transform the cosmological equations into an autonomous system, we define the dimensionless auxiliary variables:

$$x = \frac{\dot{\sigma}}{\sqrt{6}HM_{\text{Pl}}}, \quad (140)$$

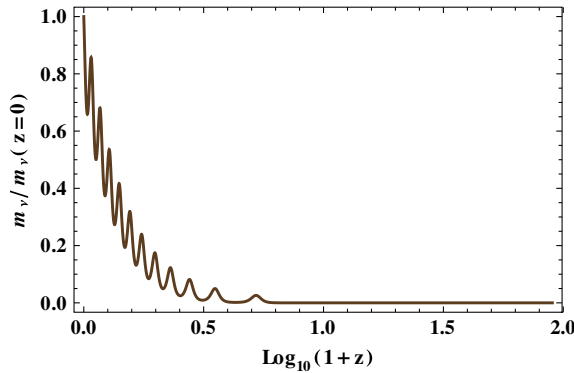


FIG. 10 (color online). Evolution of normalized neutrino mass [$m_\nu/m_\nu(z=0)$] vs redshift. We have used the numerical values, $\alpha = 10$, $\tilde{\gamma} = 30$, and $z_{\text{dur}} = 3.6$ for plotting the figure.

$$y = \frac{\sqrt{V}}{\sqrt{3}HM_{\text{Pl}}}, \quad (141)$$

$$\lambda = -\frac{M_{\text{Pl}}}{V(\sigma)} \frac{dV(\sigma)}{d\sigma} = -\frac{M_{\text{Pl}}}{k(\phi)} \frac{1}{V(\phi)} \frac{\partial V(\phi)}{\partial \phi} = \frac{\alpha}{k(\phi)}, \quad (142)$$

where in the last definition we used relation (62), and the $k(\phi)$ term is given by (42). In order to simplify our analysis, we shall use approximations that are valid at late times. Since in this section we are dealing with late-time cosmology [$\chi \gg m$ or equivalently $\phi \gg -2M_{\text{Pl}} \ln(\mu_m)/\alpha$], instead of the full $k(\phi)$, we can use its late-time approximate value. Expanding (42) and keeping up to first order in $e^{-\alpha\phi/M_{\text{Pl}}}$, we find

$$k^2(\phi) \approx 1 + \frac{\alpha^2 - \tilde{\alpha}^2}{\tilde{\alpha}^2 \mu_m^2} e^{-\alpha\phi/M_{\text{Pl}}}, \quad (143)$$

which satisfies the discussed requirements that after the end of inflation $k^2(\phi)$ goes rapidly towards 1 for $\alpha > \tilde{\alpha}$ and $\tilde{\alpha} \ll 1$. [Note that we could have used an even more approximate expression (66), namely, $k^2(\phi) \approx 1$, since for postinflationary evolution this approximation is also very close to the exact behavior that arises from the exact numerical evolution of the cosmological system.] Thus, the auxiliary variable λ from (142) becomes

$$\lambda = \alpha \left[1 + \frac{\alpha^2 - \tilde{\alpha}^2}{\tilde{\alpha}^2 \mu_m^2} e^{-\alpha\phi/M_{\text{Pl}}} \right]^{-1/2}. \quad (144)$$

Additionally, in order to compare with observations, we will use the dimensionless density parameters Ω_m , Ω_r , Ω_ν , Ω_σ given by (132).

In summary, using the six dimensionless variables w_ν , x , y , λ , Ω_m , and Ω_r , we can transform our cosmological system of equations (122)–(125), (130), and (131) into its autonomous form:

$$\begin{aligned} \frac{dx}{dN} &= \frac{x}{2} (3w_\nu \Omega_\nu + \Omega_r - 3y^2 - 3) + \frac{3x^3}{2} + \sqrt{\frac{3}{2}} y^2 \lambda \\ &+ \sqrt{\frac{3}{2}} (3w_\nu - 1) \tilde{\gamma} \lambda \Omega_\nu, \end{aligned} \quad (145)$$

$$\frac{dy}{dN} = \frac{y}{2} (3x^2 - \sqrt{6}x\lambda + 3 + 3w_\nu \Omega_\nu + \Omega_r) - \frac{3y^3}{2}, \quad (146)$$

$$\frac{d\Omega_r}{dN} = -\Omega_r (1 - 3x^2 + 3y^2 - 3w_\nu \Omega_\nu - \Omega_r), \quad (147)$$

$$\frac{d\Omega_m}{dN} = \Omega_m (3x^2 - 3y^2 + 3w_\nu \Omega_\nu + \Omega_r), \quad (148)$$

TABLE I. Fixed points with their nature of stability and eigenvalues for the autonomous system (145)–(150). We always consider here $z_{\text{dur}} > 0$ to get the proper behavior of w_ν . Values of the field equations of state w_σ , dark-energy equations of state w_{DE} , and effective equations of state w_{eff} corresponding to each fixed point are also listed. Here $A = \sqrt{72 - 16\alpha^4\tilde{\gamma}(1 + \tilde{\gamma})^2 + 3\alpha^2(-7 + 4\tilde{\gamma}(3 + 5\tilde{\gamma}))}$, and “arbitr” stands for “arbitrary.”

Cr.P.	x	y	λ	Ω_r	Ω_m	Ω_ν	w_ν	w_σ	w_{DE}	w_{eff}	Stability	Eigenvalues
P_1	1	0	α	0	0	0	$\frac{1}{3}$	1	1	1	Unstable node for $\alpha < 0$ Saddle node for $\alpha > 0$	$3, 2, 2, \frac{2}{z_{\text{dur}}}, -\sqrt{6}\alpha, 3 - \sqrt{\frac{3}{2}}\alpha$
P_2	-1	0	α	0	0	0	$\frac{1}{3}$	1	1	1	Unstable node for $\alpha > 0$ Saddle for $\alpha < 0$	$3, 2, 2, \frac{2}{z_{\text{dur}}}, \sqrt{6}\alpha, 3 + \sqrt{\frac{3}{2}}\alpha$
P_3^\pm	$\frac{\alpha}{\sqrt{6}}$	$\pm\sqrt{1 - \frac{\alpha^2}{6}}$	α	0	0	0	$\frac{1}{3}$	$\frac{\alpha^2}{3} - 1$	$\frac{\alpha^2}{3} - 1$	$\frac{\alpha^2}{3} - 1$	Saddle	$\frac{2}{z_{\text{dur}}}, (\alpha^2 - 6)/2, \alpha^2 - 4, \alpha^2 - 4, \alpha^2 - 3, -\alpha^2$
P_4^\pm	$\frac{2\sqrt{2}}{\sqrt{3}\alpha}$	$\pm\frac{2}{\sqrt{3}\alpha}$	α	0	0	$1 - \frac{4}{\alpha^2}$	$\frac{1}{3}$	$\frac{1}{3}$	$\frac{1}{3}$	$\frac{1}{3}$	Saddle	$-4, 1, 0, \frac{2}{z_{\text{dur}}}, -\frac{\alpha + \sqrt{64 - 15\alpha^2}}{2\alpha}, -\frac{\alpha - \sqrt{64 - 15\alpha^2}}{2\alpha}$
P_5^\pm	$\frac{\sqrt{3}}{\sqrt{2}\alpha}$	$\pm\frac{\sqrt{3}}{\sqrt{2}\alpha}$	α	0	$1 - \frac{3}{\alpha^2}$	0	$\frac{1}{3}$	0	0	0	Saddle	$-3, -1, -1, \frac{2}{z_{\text{dur}}}, -\frac{3(\alpha + \sqrt{24 - 7\alpha^2})}{4\alpha}, -\frac{3(\alpha - \sqrt{24 - 7\alpha^2})}{4\alpha}$
P_6^\pm	$\frac{2\sqrt{2}}{\sqrt{3}\alpha}$	$\pm\frac{2}{\sqrt{3}\alpha}$	α	Ω_r	0	$1 - \frac{4}{\alpha^2} - \Omega_r$	$\frac{1}{3}$	$\frac{1}{3}$	$\frac{1}{3}$	$\frac{1}{3}$	Saddle	$-4, 1, 0, \frac{2}{z_{\text{dur}}}, -\frac{\alpha + \sqrt{64 - 15\alpha^2}}{2\alpha}, -\frac{\alpha - \sqrt{64 - 15\alpha^2}}{2\alpha}$
Q_1	1	0	α	0	0	0	0	1	1	1	Saddle	$3, 2, -\frac{2}{z_{\text{dur}}}, -\sqrt{6}\alpha, 3 - \sqrt{\frac{3}{2}}\alpha, 3 + \sqrt{6}\alpha\tilde{\gamma}$
Q_2	-1	0	α	0	0	0	0	1	1	1	Saddle	$3, 2, -\frac{2}{z_{\text{dur}}}, \sqrt{6}\alpha, 3 + \sqrt{\frac{3}{2}}\alpha, 3 - \sqrt{6}\alpha\tilde{\gamma}$
Q_3^\pm	$\frac{\alpha}{\sqrt{6}}$	$\pm\sqrt{1 - \frac{\alpha^2}{6}}$	α	0	0	0	0	$\frac{\alpha^2}{3} - 1$	$\frac{\alpha^2}{3} - 1$	$\frac{\alpha^2}{3} - 1$	Stable for $\alpha^2 < \min\{3, \frac{2}{1+\tilde{\gamma}}\}$ Saddle otherwise	$-\frac{2}{z_{\text{dur}}}, -\alpha^2, \alpha^2 - 4, \alpha^2 - 3, \frac{1}{2}(\alpha^2 - 6), \alpha^2(1 + \tilde{\gamma}) - 3$
Q_4^\pm	$\frac{2\sqrt{2}}{\sqrt{3}\alpha}$	$\pm\frac{2}{\sqrt{3}\alpha}$	α	$1 - \frac{4}{\alpha^2}$	0	0	0	$\frac{1}{3}$	$\frac{1}{3}$	$\frac{1}{3}$	Saddle	$-4, 1, -\frac{2}{z_{\text{dur}}}, -\frac{\alpha + \sqrt{64 - 15\alpha^2}}{2\alpha}, \frac{\alpha - \sqrt{64 - 15\alpha^2}}{2\alpha}, 1 + 4\tilde{\gamma}$
Q_5^\pm	$\frac{\sqrt{3}}{\sqrt{2}\alpha}$	$\pm\frac{\sqrt{3}}{\sqrt{2}\alpha}$	α	0	$1 - \frac{3}{\alpha^2}$	0	0	0	0	0	Stable for $\tilde{\gamma} < 0$ and $\sqrt{3} < \alpha \leq 2\sqrt{\frac{6}{7}}$ or $-2\sqrt{\frac{6}{7}} \leq \alpha < -\sqrt{3}$ Saddle for $\tilde{\gamma} > 0$	$-1, 3\tilde{\gamma}, -\frac{2}{z_{\text{dur}}}, -\frac{3(\alpha + \sqrt{24 - 7\alpha^2})}{4\alpha}, -\frac{3(\alpha - \sqrt{24 - 7\alpha^2})}{4\alpha}, -3$
Q_6	$-\frac{1}{\sqrt{6}\alpha\tilde{\gamma}}$	0	α	$1 - \frac{1}{2\alpha^2\tilde{\gamma}^2}$	0	$\frac{1}{3\alpha^2\tilde{\gamma}^2}$	0	1	$\frac{1}{3}$	$\frac{1}{3}$	Saddle	$1, -\frac{2}{z_{\text{dur}}}, \frac{1}{2}(4 + \frac{1}{\tilde{\gamma}}), \frac{1}{\tilde{\gamma}}, -\frac{\alpha\tilde{\gamma} + \sqrt{2 - 3\alpha^2\tilde{\gamma}^2}}{2\alpha\tilde{\gamma}}, -\frac{\alpha\tilde{\gamma} - \sqrt{2 - 3\alpha^2\tilde{\gamma}^2}}{2\alpha\tilde{\gamma}}$
Q_7	$-\sqrt{\frac{2}{3}}\alpha\tilde{\gamma}$	0	α	0	0	$1 - \frac{2\alpha^2\tilde{\gamma}^2}{3}$	0	1	$\frac{2\alpha^2\tilde{\gamma}^2}{3}$	$\frac{2\alpha^2\tilde{\gamma}^2}{3}$	Saddle	$-\frac{2}{z_{\text{dur}}}, 2\alpha^2\tilde{\gamma}, 2\alpha^2\tilde{\gamma}^2, -\frac{3}{2} + \alpha^2\tilde{\gamma}^2, -1 + 2\alpha^2\tilde{\gamma}^2, \frac{3}{2} + \alpha^2\tilde{\gamma}(1 + \tilde{\gamma})$
Q_8^\pm	$\frac{\sqrt{3}}{\sqrt{2}\alpha(1+\tilde{\gamma})}$	$\pm\frac{\sqrt{3+2\alpha^2\tilde{\gamma}(1+\tilde{\gamma})}}{\sqrt{2}\sqrt{\alpha^2(1+\tilde{\gamma})^2}}$	α	0	0	$\frac{-3+\alpha^2(1+\tilde{\gamma})}{\alpha^2(1+\tilde{\gamma})^2}$	0	$-\frac{\alpha^2\tilde{\gamma}(1+\tilde{\gamma})}{3+\alpha^2\tilde{\gamma}(1+\tilde{\gamma})}$	$-\frac{\tilde{\gamma}}{1+\tilde{\gamma}}$	$-\frac{\tilde{\gamma}}{1+\tilde{\gamma}}$	For attractor conditions see Fig. 11	$-\frac{2}{z_{\text{dur}}}, -\frac{3}{1+\tilde{\gamma}}, -4 + \frac{3}{1+\tilde{\gamma}}, -\frac{3\tilde{\gamma}}{1+\tilde{\gamma}}, \frac{-3\alpha(1+2\tilde{\gamma})+\sqrt{3}A}{4\alpha(1+\tilde{\gamma})}, -\frac{3\alpha(1+2\tilde{\gamma})+\sqrt{3}A}{4\alpha(1+\tilde{\gamma})}$
R_1	0	0	λ	0	0	1	$\frac{1}{3}$	Arbitr	$\frac{1}{3}$	$\frac{1}{3}$	Saddle	$2, -1, 1, 0, 0, \frac{2}{z_{\text{dur}}}$
R_2	0	0	λ	0	1	0	$\frac{1}{3}$	Arbitr	Arbitr	0	Saddle	$-\frac{3}{2}, \frac{3}{2}, -1, -1, 0, \frac{2}{z_{\text{dur}}}$
R_3	0	0	λ	Ω_r	0	$1 - \Omega_r$	$\frac{1}{3}$	Arbitr	Arbitr	$\frac{1}{3}$	Saddle	$2, -1, 1, 0, 0, \frac{2}{z_{\text{dur}}}$
R_4	0	0	λ	1	0	0	0	Arbitr	Arbitr	$\frac{1}{3}$	Saddle	$2, -1, 1, 1, 0, -\frac{2}{z_{\text{dur}}}$
R_5	0	0	λ	0	1	0	0	Arbitr	Arbitr	0	Saddle	$-\frac{3}{2}, \frac{3}{2}, -1, 0, 0, -\frac{2}{z_{\text{dur}}}$

(Table continued)

TABLE I. (Continued)

Cr.P.	x	y	λ	Ω_r	Ω_m	Ω_ν	w_ν	w_σ	w_{DE}	w_{eff}	Stability	Eigenvalues
S_1	1	0	0	0	0	0	$\frac{1}{3}$	1	1	1	Saddle	$3, 3, 2, 2, 0, \frac{2}{z_{\text{dur}}}$
S_2	-1	0	0	0	0	0	$\frac{1}{3}$	1	1	1	Saddle	$3, 3, 2, 2, 0, \frac{2}{z_{\text{dur}}}$
S_3^\pm	0	± 1	0	0	0	0	$\frac{1}{3}$	-1	-1	-1	Saddle	$-4, -4, -3, -3, 0, \frac{2}{z_{\text{dur}}}$
S_4	0	0	0	0	0	1	$\frac{1}{3}$	Arbitr	$\frac{1}{3}$	$\frac{1}{3}$	Saddle	$2, -1, 1, 0, 0, \frac{2}{z_{\text{dur}}}$
S_5	1	0	0	0	0	0	0	1	1	1	Saddle	$3, 3, 3, 2, 0, -\frac{2}{z_{\text{dur}}}$
S_6	-1	0	0	0	0	0	0	1	1	1	Saddle	$3, 3, 3, 2, 0, -\frac{2}{z_{\text{dur}}}$
S_7^\pm	0	± 1	0	0	0	0	0	-1	-1	-1	Stable	$-4, -3, -3, -3, 0, -\frac{2}{z_{\text{dur}}}$
S_8	0	0	0	0	Ω_m	$1 - \Omega_m$	0	Arbitr	0	0	Saddle	$-\frac{3}{2}, \frac{3}{2}, -1, 0, 0, -\frac{2}{z_{\text{dur}}}$
S_9	0	0	0	0	0	1	0	Arbitr	0	0	Saddle	$-\frac{3}{2}, \frac{3}{2}, -1, 0, 0, -\frac{2}{z_{\text{dur}}}$

$$\frac{dw_\nu}{dN} = \frac{2w_\nu}{z_{\text{dur}}}(3w_\nu - 1), \quad (149)$$

$$\frac{d\lambda}{dN} = \sqrt{\frac{3}{2}}\lambda^2 \left(1 - \frac{\lambda^2}{\alpha^2}\right), \quad (150)$$

where $N = \ln a$.

Finally, let us express the remaining observables in terms of the auxiliary variables w_ν , x , y , λ , Ω_m , and Ω_r . Concerning the density parameters Ω_σ and Ω_ν , they can be expressed as

$$\Omega_\sigma = x^2 + y^2 \quad (151)$$

and

$$\Omega_\nu = 1 - \Omega_\sigma - \Omega_m - \Omega_r, \quad (152)$$

where the last expression arises from the Friedmann equation (122). Additionally, according to (128), in the scenario at hand the effective dark-energy density parameter will be just

$$\Omega_{\text{DE}} = \Omega_\sigma + \Omega_\nu. \quad (153)$$

Lastly, the equation-of-state parameters of the total content of the Universe, the scalar-field sector, and the dark-energy sector, defined in (154)–(156), can be written as

$$w_{\text{eff}} = x^2 - y^2 + w_\nu \Omega_\nu + \frac{\Omega_r}{3}, \quad (154)$$

$$w_\sigma = \frac{x^2 - y^2}{x^2 + y^2}, \quad (155)$$

$$w_{\text{DE}} = \frac{w_{\text{eff}} - \frac{1}{3}\Omega_r}{\Omega_{\text{DE}}} = \frac{x^2 - y^2 + w_\nu \Omega_\nu}{1 - \Omega_m - \Omega_r}. \quad (156)$$

We first extract the critical points of the above autonomous system by equating Eqs. (145)–(150) to zero. Then in order to determine their stability properties, we follow the usual procedure and we expand around them, obtaining the perturbation equations in matrix form [125–128]. Thus, the eigenvalues of the coefficient matrix calculated for each critical point determine its type and stability.

The real and physically meaningful (that is, corresponding to $0 \leq \Omega_i \leq 1$) critical points for w_ν , x , y , λ , Ω_m , and Ω_r are presented in Table I, along with their stability conditions and the corresponding eigenvalues of the perturbation matrix. Additionally, using (152), (154), and (156), for each critical point we calculate the corresponding values of Ω_ν , w_{eff} , w_σ , and w_{DE} . Finally, note that points with $y > 0$, that is, with $H > 0$, correspond to an expanding Universe, while those with $y < 0$ correspond to a contracting one, and we denote them by the index—in the point's name (for

$y = 0$, the Universe can be either contracting or expanding).

Amongst the critical points, the stable ones are the most interesting: they are the late-time attractors of the dynamics. As we observe, there are four conditionally stable fixed points (we focus on the expanding ones):

- (i) Point Q_3^+ corresponds to a dark-energy dominated ($\Omega_{\text{DE}} = \Omega_\sigma + \Omega_\nu = 1$), quintessencelike Universe ($w_{\text{DE}} \geq -1$), which can be accelerating (if $w_{\text{eff}} < -1/3$) or not (if $w_{\text{eff}} > -1/3$). As embedded in the model, the neutrinos behave as dust ($w_\nu = 0$). This point is a good candidate for the description of the late-time Universe since it is in agreement with observations.
- (ii) Point Q_5^+ corresponds to a Universe with $0 < \Omega_m < 1$ and $0 < \Omega_{\text{DE}} < 1$; that is, it can alleviate the coincidence problem since dark-energy and dark-matter density parameters can be of the same order. However, the fact that it is a nonaccelerating Universe, with a stiff dark-energy equation-of-state parameter, which is not favored by observations, does not make it a good candidate for the description of the late-time Universe.
- (iii) Point Q_8^+ is the novel point of the scenario at hand. It corresponds to a quintessencelike Universe ($w_{\text{DE}} \geq -1$), which can be accelerating (if $w_{\text{eff}} < -1/3$, that is, if $\tilde{\gamma} > 1/2$) or not. Additionally, it has $0 < \Omega_m < 1$ and $0 < \Omega_{\text{DE}} < 1$; that is, it can alleviate the coincidence problem, and the neutrinos behave as dust. The interesting feature of this point is that its properties are determined by the neutrino-dependent quantity $\tilde{\gamma}$, which was not the case in the other critical points. The region in the $\alpha - \tilde{\gamma}$ plane for which Q_8^+ is stable is shown in Fig. 11.

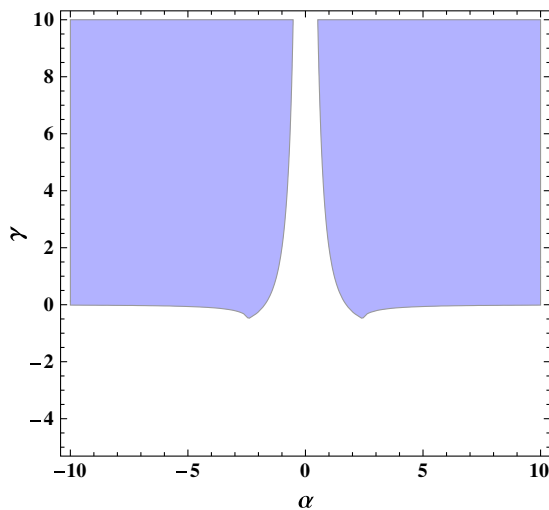


FIG. 11 (color online). Shaded region shows the allowed values of α and $\tilde{\gamma}$ for which points Q_8^\pm are stable. The regions can be extrapolated for $\alpha, \tilde{\gamma} > 10$ and $\alpha, \tilde{\gamma} < -10$.

- (iv) Point S_7^+ correspond to a de Sitter ($w_{\text{eff}} = -1$), accelerating Universe, which is dark-energy dominated ($\Omega_{\text{DE}} = 1$), with the dark energy behaving like a cosmological constant ($w_{\text{DE}} = -1$) and the neutrinos behaving as dust. (Although this point is nonhyperbolic, since it has one zero eigenvalue amongst the negative ones, an immediate application to the center manifold [129,130] analysis shows that its behavior is stable.)

Finally, note that the points P_1 and P_2 represent the scalar-field kinetic-energy dominated regime (the kinetic regime) that we mentioned in the previous subsection.

Let us make a comment here on the standard-quintessence limit of the scenario of variable gravity, which acts as a self-consistency test of our analysis. Clearly, this is obtained when $\lambda = \text{const}$, $\Omega_r = 0$, and $\Omega_\nu = 0$ (since $\Omega_\nu = 0$, the value of w_ν does not play a role); that is, one freezes these variables to these values, in Table I, and thus neglects the four corresponding eigenvalues (the system cannot get perturbed in these directions). In this case, we do recover the standard-quintessence points of [125], and in particular Q_3^+ becomes the physically interesting dark-energy dominated, quintessencelike point, while Q_5^+ becomes the stiff dark-energy one. However, we mention that in the case where the standard-quintessence limit is considered, that is, where one imposes the above requirements, P_3^+ and P_5^+ also coincide with Q_3^+ and Q_5^+ , and thus with the two stable standard-quintessence points.

In order to present the obtained results in a more transparent way, we perform a numerical elaboration of our cosmological system. In Fig. 12 we depict the projection of the phase space on the x - y plane, for $\alpha = \tilde{\gamma} = 1$, considering $\Omega_\nu = 0$ and $0 \leq x^2 + y^2 \leq 1$. In this case the Universe at late times results in the dark-energy dominated, quintessencelike Universe Q_3^+ , which moreover is accelerating for these parameter values.

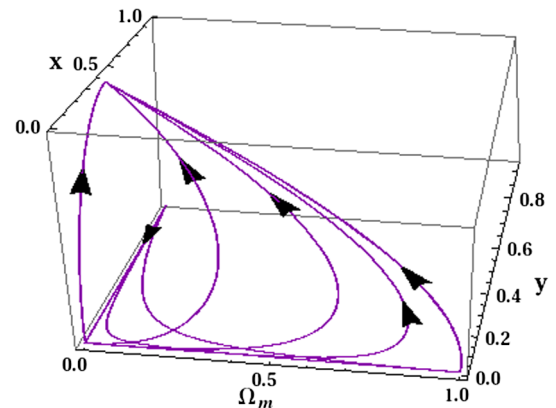


FIG. 12 (color online). Projection of the phase-space diagram on x - y - Ω_m subspace for the autonomous system (145)–(150), for $\alpha = \tilde{\gamma} = 1$ and $\Omega_\nu = 0$. In this case the Universe at late times results in the dark-energy dominated, quintessencelike Universe Q_3^+ , which moreover is accelerating for these parameter values.

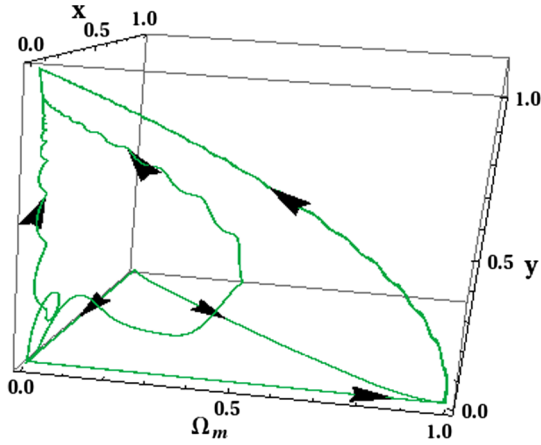


FIG. 13 (color online). Projection of the phase-space diagram on x - y - Ω_m subspace for the autonomous system (145)–(150), for $\alpha = 10$ and $\tilde{\gamma} = 30$. In this case the Universe at late times is attracted by the quintessencelike, neutrino-dependent, stable point Q_8^+ , which moreover is accelerating for these parameter values.

Similarly, in Fig. 13 we present the phase-space evolution for $\alpha = 10$ and $\tilde{\gamma} = 30$, in the case where the Universe at late times is attracted by the novel stable point Q_8^+ , that is, by a quintessencelike, neutrino-dependent Universe, which moreover is accelerating for these parameter values.

VI. CONCLUSIONS

In the present work we have investigated a scenario of variable gravity [94,95] in context with quintessential inflation—a unified description of cosmic evolution from inflation to radiation, matter, and dark-energy epochs. In variable gravity, the Planck mass is driven by a scalar field, which additionally drives the mass of the various particles. This field-dependent mass, amongst others, leads to the appearance of an effective interaction between the scalar field and matter, and the scalar field and the neutrinos. Furthermore, through suitable conformal transformations, one can formulate this model in the Einstein frame in terms of a canonical scalar field with an effective nonminimal coupling between the canonical field and the neutrinos. The cold dark matter is minimally coupled in this framework. The key assumption in the model is related to the field dependence of masses in the Jordan frame such that cold dark matter and baryonic matter have standard behavior in the Einstein frame, whereas the neutrino masses grow with the field in a specific way. The canonical scalar field at early times is shown to drive inflation with required number of e -folds \mathcal{N} (which is approximately equal to 70 in the model under consideration) and the tensor-to-scalar ratio of perturbations, $r \approx 0.11$, consistent with Planck data within a 2σ confidence level. After inflation, the field potential quickly turns into a steep exponential potential such that the field enters into the kinetic regime with field energy density

redshifting as a^{-6} . We checked that gravitational particle production as a reheating mechanism is inefficient [$(\rho_\phi/\rho_r)_{\text{end}} \approx 10^{11}$] and it takes a long time for the radiative regime to commence. The amplitude of relic gravity waves is enhanced during the kinetic regime such that the nucleosynthesis constraint [$(\rho_\phi/\rho_r)_{\text{end}} \lesssim 10^9$] is violated at the beginning of radiation domination in this case. We then implemented an instant preheating mechanism which involves the coupling of inflatons with a scalar field χ such that $m_\chi = g|\phi|$, which in turn couples to the matter field, $h\chi\bar{\psi}\psi$. At the end of inflation, the mass of χ changes nonadiabatically, giving rise to χ production. Assuming that the energy of χ production is thermalized, we can achieve $(\rho_\phi/\rho_r)_{\text{end}} \lesssim 10^9$ provided that $g \gtrsim 6\alpha \times 10^{-5}$. Since after inflation, ϕ grows fast, the produced particles are shown to decay quickly into $\bar{\psi}\psi$, avoiding any back-reaction of χ particles on the postinflationary dynamics of field ϕ , provided that $h \gtrsim 2g^{-1/2}10^{-6}$. We also noticed that particle production takes place almost instantaneously after the end of inflation ($\phi \leq \phi_p \approx 4 \times 10^{-4}$). We have shown that instant preheating takes place in a large parameter space (g, h) , and the process is quite efficient, to comply with the thermal history.

Since the field potential in the postinflationary era mimics a steep exponential potential with the chosen slope, the field exhibits the scaling behavior after the locking regime becomes subdominant. At late times when neutrinos become nonrelativistic, the direct coupling of neutrino matter with scalar field builds up, and thanks to non-minimal coupling, the field potential acquires a minimum which slowly evolves with the expansion of the Universe. The field settles in that minimum forever; the transition from the scaling regime to late-time cosmic acceleration is successfully triggered by growing neutrino matter. By performing a detailed phase-space analysis, we showed that apart from the usual stable attractors similar to those of standard quintessence cosmology, namely, the de Sitter attractor, the dark-energy dominated quintessencelike attractor, and the nonaccelerating stiff dark-energy attractor, the system can result in a new attractor, with properties depending on the neutrino behavior, corresponding to a quintessencelike Universe.

We have shown that quintessential inflation based on a variable gravity model can successfully unify inflation and dark energy. The model based on instant preheating has been shown to be consistent with observations. The possibility of detection of the relic gravity wave background by Advanced LIGO and LISA has been discussed.

As for the early Universe, the model complies with the recent Planck data, showing that within a 2σ confidence level, the scenario is consistent with observations. The scrutiny of late-time acceleration and the study of observational constraints on the model parameters are deferred to our future work. It will also be interesting to carry out detailed investigations of the stability of neutrino matter

under perturbations. One may also examine the scenario under consideration in the framework of warm inflation, which might further improve the tensor-to-scalar ratio of perturbations.

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