Cosmology with a spin

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Using the chiral representation for spinors we present a particularly transparent way to generate the most general spinor dynamics in a theory where gravity is ruled by the Einstein-Cartan-Holst action. In such theories torsion need not vanish, but it can be reinterpreted as a four-fermion self-interaction within a torsion-free theory. The self-interaction may or may not break parity invariance, and may contribute positively or negatively to the energy density, depending on the couplings considered. We then examine cosmological models ruled by a spinorial field within this theory. We find that while there are cases for which no significant cosmological novelties emerge, the self-interaction can also turn a mass potential into an upside-down Mexican hat potential. Then, as a general rule, the model leads to cosmologies with a bounce, for which there is a maximal energy density, and where the cosmic singularity has been removed. These solutions are stable, and range from the very simple to the very complex.

DOI: 10.1103/PhysRevD.87.063504

PACS numbers: 98.80.-k, 04.50.Kd

I. INTRODUCTION

The greatest tragedy of twentieth century physics was by and large that gravity refused to partake in the successes of quantum field theory and the gauge principle. This has led to numerous schemes purporting to supersede both classical relativity and standard quantization, but none of them was fully successful. A very basic question can be asked: if gravity is to be seen as a gauge theory, which symmetry group is being gauged? It is possible to regard general relativity as the symmetry broken phase of a gauge theory of groups for which the Lorentz group is a subgroup. Particular examples are the Poincaré group [1,2] and the de Sitter and anti-de Sitter groups [3–5].

A commonality of all these approaches is that they recover the so-called "spin-connection" formulation of general relativity, in which the gravitational field is described by two independent ingredients. The first, referred to as the spin connection, acts a gauge field for the Lorentz group whilst the second is a Lorentz valued spacetime one-form called the cotetrad. It is from the latter that the familiar metric tensor may be constructed. This formulation is elegant and desirable, but it does open up the doors to spacetime torsion. In the presence of spinors one is naturally led to build actions directly dependent on the spin connection. These produce a source term in the torsion equation of motion, and thus torsion is forced upon gauge theories of gravity, whenever spinors are present.

It turns out that, at least in the minimal theories with this feature, the torsion is algebraically related to the spin density. Therefore it can explicitly be integrated out of the theory, at least classically. It is found that the theory is equivalent to a torsion-free theory endowed with a

four-fermion self-interaction. However, even without considering more elaborate theories, with propagating torsion for example, one has to face a number of different possibilities in the fermionic couplings. Terms which usually are boundary terms no longer drop out of the equations whenever torsion is present. Therefore these theories present a richness of possibilities, and the question naturally arises as to how to constrain them.

The first part of this paper (Secs. II and III) deals with the formal aspects of this matter. Availing ourselves of the chiral representation for spinors, we present a particularly transparent way to generate the most general spinorial dynamics in a theory where gravity is ruled by the Einstein-Cartan-Holst action. We also work out explicitly the four-fermion self-interaction in the equivalent torsionfree theory. The self-interaction may or may not break parity invariance, and may contribute positively or negatively to the energy density, depending on the couplings considered (see Refs. [1,6-13] for related literature).

In the second part of this paper (Secs. IV, V, and VI) we examine cosmological models ruled by a spinor field within this theory. We find that the dynamics can be reduced to a closed set of ordinary differential equations (ODEs), representing the metric and some of the degrees of freedom contained in the spinor bilinears (Sec. IV). We then seek solutions to these equations. Solutions exhibiting parity symmetry (which we label "ambidextrous") are particularly simple to integrate. In the presence of torsion, for one sign for a given combination of the couplings, we find a bouncing universe, driven by a torsion-induced phantom phase (Sec. V). In these solutions there is a maximal energy density, and the cosmic singularity has been removed. These solutions are stable, and range from the very simple to the very complex, as we show for more general, nonambidextrous solutions in Sec. VI.

In a concluding section we list open issues to be addressed in future work. We also include two appendices

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where the notation used in this paper is thoroughly explained.

II. THE THEORY

In this paper we will look at the gravitational effect of a specific type of spinorial matter in cosmology. We first discuss our choice for the action describing the gravitational field. We shall use a first-order formalism for gravity where the gravitational field is described by the spacetime one-forms $e^{I} \equiv e^{I}{}_{\mu}dx^{\mu}$ and $\omega^{IJ} \equiv \omega^{IJ}{}_{\mu}dx^{\mu}$. The field e^{I} is referred to as the cotetrad and transforms homogeneously under local SO(1, 3) transformations whereas the field ω^{IJ} , referred to as the spin connection, transforms as a gauge field under similar transformations. We restrict ourselves to Lagrangians which are generally covariant, locally Lorentz invariant, and polynomial in our basic fields and their derivatives. Throughout this paper we shall rely heavily on the language of differential forms and we refer the reader to Ref. [14] for an introduction to these methods in gravitational theory. For compactness of notation we write the wedge product $a \wedge b$ of two differential forms simply as *ab*. The previous requirements on the gravitational Lagrangian restrict the number of possible terms considerably. Indeed it may be shown that up to boundary terms, the only "ingredients" that can be used are: cotetrad e^{I} , the curvature of the spin connection $R^{IJ} \equiv d\omega^{IJ} + \omega^{I}{}_{K}\omega^{KJ}$, and the SO(1, 3) invariant objects ϵ_{IJKL} and $\eta_{IJ} = \text{diag}(-1, 1, 1, 1)$. Each of these quantities transform homogeneously under SO(1, 3) transformations and so one can combine these quantities to construct differential forms that are Lorentz scalars. We consider the following action:

$$S_G[e^I, \omega^{IJ}] = \kappa \int \left(\epsilon_{IJKL} + \frac{2}{\gamma} \eta_{IK} \eta_{JL} \right) e^I e^J R^{KL}, \quad (1)$$

where $\kappa = 1/(32\pi G)$. The first term is the familiar Palatini action, whilst the second term is referred to as the Holst term, with γ the Immirzi parameter. We do not include a cosmological constant term. The only further actions which are functionals only of e^{I} and R^{IJ} and polynomial in these fields are boundary terms quadratic in R^{IJ} [15].

We now consider actions describing spinorial matter. If gravitation is essentially related to local Lorentz invariance then this matter will be described by Weyl spinors, i.e., vectors in the left- and right-handed representations of the group SL(2, C) [16]. We may now look to construct the most general action for SL(2, C) spinors that produce the familiar spinor equations of motion in flat spacetime. We will use the label "(*l*)" to denote quantities associated with the left-handed representation and "(*r*)" to denote quantities associated with the right-handed representation. As in the gravitational case, we will look to construct actions which are polynomial in fields and locally Lorentz invariant. These actions should contain spacetime derivatives of the spinor fields so that they have dynamics. With this in mind, consider the following spacetime oneforms constructed from left-handed Weyl spinors ϕ and right-handed Weyl spinors χ :

$$K^{I(l)} \equiv \phi^{\dagger} \bar{\sigma}^{I} D^{(l)} \phi, \qquad (2)$$

$$K^{I(r)} \equiv \chi^{\dagger} \sigma^{I} D^{(r)} \chi, \qquad (3)$$

where

$$D^{(l)}\phi \equiv d\phi - \frac{i}{2}\omega^{IJ}\mathcal{L}_{IJ}\phi + \cdots, \qquad (4)$$

$$D^{(r)}\chi \equiv d\chi - \frac{i}{2}\omega^{IJ}\mathcal{R}_{IJ}\chi + \cdots.$$
 (5)

The quantities \mathcal{L}_{IJ} and \mathcal{R}_{IJ} are the left- and right-handed generators of SL(2, C) (see Appendix A for explicit expressions), whilst the ellipsis in each case denotes terms associated with coupling to different gauge fields. For instance, for spinor fields of the standard model of particle physics $D^{(l)}$ will contain the weak force gauge field whilst $D^{(r)}$ will not. Therefore ϕ and χ may have additional Yang-Mills indices, though we assume that the \dagger operator itself has sufficient additional structure so that the kinetic terms are scalars under the relevant Yang-Mills transformations. The one-forms $K^{I(l)}$ and $K^{I(r)}$ transform as complex SO(1, 3) vectors and so in requiring real actions we may consider the following combinations:

$$S_{(l)}[\phi, \omega^{IJ}, e^{I}] = \int \epsilon_{JKLM} e^{J} e^{K} e^{L} [a_{(l)}(K^{M(l)} + K^{M(l)*}) + ib_{(l)}(K^{M(l)} - K^{M(l)*})],$$
(6)

$$S_{(r)}[\chi, \omega^{IJ}, e^{I}] = \int \epsilon_{JKLM} e^{J} e^{K} e^{L}[a_{(r)}(K^{M(r)} + K^{M(r)*}) + ib_{(r)}(K^{M(r)} - K^{M(r)*})],$$
(7)

where the $a_{l,r}$ and $b_{l,r}$ are real constants. We note by inspection that the following relations hold:

$$K^{I(l)} + K^{I(l)*} = D(\phi^{\dagger} \bar{\sigma}^{I} \phi), \qquad (8)$$

$$K^{I(r)} + K^{I(r)*} = D(\chi^{\dagger} \sigma^{I} \chi).$$
(9)

Therefore the $a_{(l)}$ and $a_{(r)}$ terms of the action may be written collectively as follows:

$$\int \boldsymbol{\epsilon}_{IJKL} e^{I} e^{J} e^{K} D(a_{(l)} \phi^{\dagger} \bar{\sigma}^{L} \phi + a_{(r)} \chi^{\dagger} \sigma^{L} \chi)$$

$$= 3 \int (a_{(l)} \phi^{\dagger} \bar{\sigma}^{L} \phi + a_{(r)} \chi^{\dagger} \sigma^{L} \chi) \boldsymbol{\epsilon}_{IJKL} T^{I} e^{J} e^{K}$$

$$- \int d[\boldsymbol{\epsilon}_{IJKL} (a_{(l)} \phi^{\dagger} \bar{\sigma}^{L} \phi + a_{(r)} \chi^{\dagger} \sigma^{L} \chi) e^{I} e^{J} e^{K}],$$
(10)

where

$$T^I \equiv De^I = de^I + \omega^I{}_J e^J. \tag{11}$$

The two-form T^{I} is referred to as the spacetime torsion and is assumed to be vanishing in the conventional secondorder metric formulation of gravity [17]. We see from (10) that the $a_{(l)}$ and $a_{(r)}$ only contribute to the equations of motion (i.e., are not described only by a boundary term) when $T^{I}(x^{\mu})$ is nonvanishing. We may additionally consider an action $S_{U}[\phi, \chi, e^{I}]$ describing "potential" terms built from combinations of ϕ and χ :

$$S_U = -\frac{1}{4!} \int U(\phi, \chi) \epsilon_{IJKL} e^I e^J e^K e^L.$$
(12)

Note that the inclusion of factors such as 4! in the above equation and 3! later on are to ensure neatness when actions are written in standard form (see Appendix B). Our total spinor action then is $S_{\Psi} \equiv S_{(l)} + S_{(r)} + S_U$, i.e.,

$$S_{\Psi}[e^{I}, \omega^{IJ}, \phi, \chi] = \int \epsilon_{IJKL} e^{J} e^{K} \Big\{ i e^{I} [b_{(l)} (K^{L(l)} - K^{L(l)*}) \\ + b_{(r)} (K^{L(r)} - K^{L(r)*})] \\ + 3T^{I} (a_{(l)} \phi^{\dagger} \bar{\sigma}^{L} \phi + a_{(r)} \chi^{\dagger} \sigma^{L} \chi) \\ - \frac{1}{4!} U e^{I} e^{L} \Big\}.$$
(13)

Additional notational simplification is possible if we describe spinors in terms of Dirac spinors. Following the field redefinition $\chi \rightarrow \sqrt{b_{(l)}/b_{(r)}}\chi$ we define the Dirac spinor $\Psi = (\phi_{\alpha}, \chi^{\alpha'})$ and so the action S_{Ψ} becomes

$$S_{\Psi}[e^{I}, \omega^{IJ}, \Psi]$$

$$= \frac{1}{3!} \int \epsilon_{IJKL} e^{J} e^{K} \left(i e^{I} \left(\frac{1}{2} (\bar{\Psi} \gamma^{L} D \Psi - D \bar{\Psi} \gamma^{L} \Psi) \right) \right)$$

$$+ \frac{3}{2} T^{I} (\alpha V^{L} + \beta A^{L}) - \frac{1}{4!} \int U \epsilon_{IJKL} e^{I} e^{J} e^{K} e^{L}$$

$$+ S_{\text{int}} (\chi, \phi, B_{\mu}, \ldots), \qquad (14)$$

where $\bar{\Psi} \equiv \Psi^{\dagger} \gamma^{0}$ and U is specifically considered a function formed from scalars formed from Dirac spinors and the basic objects of spin(1, 3) $\simeq SL(2, C)$, e.g., $\bar{\Psi}\Psi$ or $\bar{\Psi}\gamma^{5}\Psi$. The covariant derivative is defined as $D\Psi \equiv$ $d\Psi - \frac{i}{2}\omega^{IJ}\mathcal{J}_{IJ}\Psi$ where \mathcal{J}_{IJ} are the generators of spin(1, 3) (see Appendix A). The action S_{int} contains interaction terms between ϕ , χ , and Yang-Mills gauge fields B_{μ} . Additionally we have defined the following quantities:

$$V^{L} \equiv \bar{\Psi}\gamma^{L}\Psi = \phi^{\dagger}\bar{\sigma}^{L}\phi + \chi^{\dagger}\sigma^{L}\chi,$$

$$A^{L} \equiv \bar{\Psi}\gamma^{5}\gamma^{L}\Psi = \phi^{\dagger}\bar{\sigma}^{L}\phi - \chi^{\dagger}\sigma^{L}\chi, \qquad b_{(l)} \equiv \frac{1}{12},$$

$$\alpha \equiv \frac{1}{12}\left(a_{(l)} + a_{(r)}\frac{b_{(l)}}{b_{(r)}}\right), \qquad \beta \equiv \frac{1}{12}\left(a_{(l)} - a_{(r)}\frac{b_{(l)}}{b_{(r)}}\right).$$

The vectors V^L and A^L are referred to, respectively, as the vector and axial current density of the spinor field Ψ . These quantities will be of particular importance. One may additionally consider terms coupling spinor invariants to curvature and torsion, for instance $\bar{\Psi}\Psi T^I T_I$, but we will not consider them in this present work. Our combined action will therefore be $S \equiv S_G + S_{\Psi}$. For ease of comparison with similar actions considered in the literature, we present the form of this action in "standard" tensor notation in Appendix B.

III. EQUATIONS OF MOTION AND FIRST IMPLICATIONS

We now derive the equations of motion. As usual these will be defined by the requirement of stationarity of the action *S* under small variations of the dynamical fields. Varying with respect to the spin connection ω^{IJ} we have that

$$\frac{\delta S}{\delta \omega^{KL}} = 0$$

$$= -2\kappa \Big(\epsilon_{IJKL} + \frac{2}{\gamma} \eta_{I[K} \eta_{L]J} \Big) T^{I} e^{J}$$

$$+ \frac{1}{4!} \epsilon_{IMNP} e^{I} e^{M} e^{N} \epsilon^{DP}{}_{KL} A_{D}$$

$$- \frac{1}{4} \epsilon_{[K|MNQ} e^{M} e^{N} e_{[L]} (\alpha V^{Q} + \beta A^{Q}). \quad (15)$$

Therefore we see that the torsion T^I is sourced by axial *and* vector currents A^L and V^L . For computational convenience it will be useful to decompose the spin connection as follows $\omega^{IJ} = \tilde{\omega}^{IJ} + C^{IJ}$. The quantity $\tilde{\omega}^{IJ}$ is defined to be the solution to the spin connection when $V^L = A^L = 0$, i.e., it is a solution to the equation $T^I = 0$. Therefore $\tilde{\omega}^{IJ}$ depends only upon e^I and its partial derivatives. By implication the torsion may be expressed in terms of the contorsion one-form $C^{IJ} = C^{IJ}{}_{\mu}dx^{\mu}$ as follows: $T^I = C^{IJ}e_J$. Furthermore we define the contorsion scalar $C^{IJM}e_{M\mu}dx^{\mu} \equiv C^{IJ}{}_{\mu}dx^{\mu}$; after calculation it may be seen that (15) implies the following solution for this quantity:

$$C_{TLK} = \frac{\gamma^2}{8\kappa(\gamma^2 + 1)} \bigg[\varepsilon^D_{TLK} \frac{1}{2} \bigg(A_D + \frac{1}{\gamma} (\alpha V_D + \beta A_D) \bigg) \\ - \frac{1}{\gamma} A_{[L} \eta_{T]K} + \alpha V_{[L} \eta_{T]K} + \beta A_{[L} \eta_{T]K} \bigg].$$
(16)

In summary then we have solved for ω^{IJ} in terms of $\tilde{\omega}^{IJ}$ and C^{IJ} , which themselves may be expressed entirely in terms of e_I , V^I , A^I and their derivatives. In this sense we have eliminated torsion from the theory as the remaining

equations of motion may be expressed entirely in terms of variables familiar from the second-order formalism. We now find the Einstein equations which follow from varying the action with respect to the cotetrad e^{I} :

$$\begin{aligned} \frac{\delta S}{\delta e^{I}} &= 0 = 2\kappa\epsilon_{JIKL}e^{J}\tilde{R}^{KL} - \frac{i}{4}\epsilon_{IJKL}e^{J}e^{K}(\bar{\Psi}\gamma^{L}\tilde{D}\Psi - \tilde{D}\,\bar{\Psi}\,\gamma^{L}\Psi) - \frac{U}{6}\epsilon_{MJIL}e^{J}e^{M}e^{L} \\ &+ 2\kappa\left(\epsilon_{JIKL} + \frac{2}{\gamma}\,\eta_{JK}\eta_{IL}\right)C^{K}_{\ MP}C^{ML}_{\ Q}e^{J}e^{P}e^{Q} + \frac{1}{2}\epsilon_{IKNL}\left(\frac{1}{4}\epsilon^{EL}_{\ AB}A_{E} + \frac{1}{2}\delta^{L}_{A}(\alpha V_{B} + \beta A_{B})\right)C^{AB}_{\ P}e^{N}e^{K}e^{P}. \end{aligned}$$

Objects with a "~" above them denote quantities constructed from the "zero-torsion" spin connection, obtained by replacing ω^{IJ} with $\tilde{\omega}^{IJ}$ wherever they occur within the object. Finally we write down the spinor equation of motion which comes from considering variations with respect to $\bar{\Psi}$:

$$\begin{aligned} \frac{\delta S}{\delta \bar{\Psi}} &= 0 \\ &= 4i\epsilon_{IJKL}e^{J}e^{K}e^{I}\gamma^{L}D\Psi + 6\alpha\epsilon_{IJKL}e^{J}e^{K}T^{I}\gamma^{L}\Psi \\ &+ 6(1+\beta)\epsilon_{IJKL}e^{J}e^{K}T^{I}\gamma^{5}\gamma^{L}\Psi - \frac{\delta U}{\delta \bar{\Psi}}\epsilon_{IJKL}e^{J}e^{K}e^{I}e^{L}. \end{aligned}$$

$$(17)$$

A. The four-fermion interaction

It is instructive to write the Einstein and Dirac equations in standard tensor notation. By calculation we find that

$$4\kappa \tilde{G}_{\mu\nu} = -\frac{i}{2} e_{L\mu} (\bar{\Psi}\gamma^L \tilde{D}_{\nu}\Psi - \tilde{D}_{\nu}\bar{\Psi}\gamma^L\Psi) + \frac{i}{2} e_L^{\sigma} (\bar{\Psi}\gamma^L \tilde{D}_{\sigma}\Psi - \tilde{D}_{\sigma}\bar{\Psi}\gamma^L\Psi) g_{\mu\nu} - W g_{\mu\nu},$$
(18)

$$i\gamma^L e_L^{\mu} \tilde{D}_{\mu} \Psi = \frac{\delta W}{\delta \bar{\Psi}},\tag{19}$$

where W is the "effective potential," incorporating the effects of the nonvanishing contorsion form

$$W \equiv U + \frac{3\pi G\gamma^2}{2(1+\gamma^2)} \left[\left(1 - \beta^2 + \frac{2}{\gamma} \beta \right) A_I A^I - \alpha^2 V_I V^I - 2\alpha \left(\beta - \frac{1}{\gamma} \right) A_I V^I \right].$$
(20)

(Here we have used the fact that $\kappa = 1/32\pi G$.) For simplicity we restrict ourselves to the case where the potential U depends only on $\bar{\Psi}\Psi$. We may use the Dirac equation to simplify the Einstein equations somewhat, recasting them in the following form:

$$\frac{1}{8\pi G}\tilde{G}_{\mu\nu} = -\frac{i}{2}e_{L\mu}(\bar{\Psi}\gamma^L\tilde{D}_{\nu}\Psi - \tilde{D}_{\nu}\bar{\Psi}\gamma^L\Psi) \\ + \left(W + \frac{\partial U}{\partial(\bar{\Psi}\Psi)}\bar{\Psi}\Psi - 2U\right)g_{\mu\nu}.$$
 (21)

Equations (19) and (21) are the classical equations of motion for a Dirac spinor field nonminimally coupled to gravity.

Equation (20) is the central result in the first part of our paper (theoretical set up). It shows that the torsion effects predicted by our theory can be recast in the form of fourfermion self-interactions. This is not new (see Refs. [1,6,7] for instance), but we have applied this idea to a more general framework. It is useful to consider the various limits of the theory. Minimal coupling for the spinor is obtained by removing terms in (6) and (7) which are pure boundary terms when the torsion vanishes. This amounts to setting $a_{(l)} = a_{(r)} = 0$, i.e., $\alpha = \beta = 0$. More generally, when $\gamma = 0$, the self-interaction vanishes, and we recover the torsion-free, second order formulation. Indeed setting $\gamma = 0$ in (1) is equivalent to setting the term multiplying $1/\gamma$ to zero, i.e., setting the torsion to zero; this is the theory underlying the cosmological models studied in Ref. [18]. In contrast, when $\gamma \to \infty$ we recover Einstein-Cartan-Sciama-Kibble theory for which the cosmological effect of spinorial matter has been considered in some detail [19-21]. However vector-vector and a parityviolating axial-vector interactions do appear for more general couplings, as we have shown here.

In between these extreme cases we find a class of theories parametrized by the Immirzi parameter and the nonminimal coupling constants α and β . The form of W for the case where $\beta = 0$ has been worked out [8–10], and our general result falls within the results in Refs. [11,13]. The exotic case $\gamma = \pm i$ sees the interaction diverge. This corresponds to setting the (anti)self-dual current to zero in the minimally coupled case, and more generally what is inside the bracket in Eq. (20). However, our insistence upon real actions restricts us to real values for γ .

B. An application: A classical spinor field

It is expected that the equations of motion (19) and (21) should ultimately be regarded as operator equations for the spinorial and gravitational quantum fields. We shall simply

assume that the classical gravitational field that we observe is sourced in (21) by expectation values of spinor invariants such as $\overline{\Psi}\Psi$ and $A_I A^I$. It was noted in Ref. [20] that in the first-order formulation of gravity there is an ambiguity in taking expectation values, wherein it is arguably more natural to take expectation values in the equation of motion $\delta S/\delta \omega^{IJ} = 0$. Upon solving for the (classical) contorsion, this would yield contributions proportional to $\langle A_I \rangle \langle A^I \rangle$. If, however, one had started from the second-order formalism with four-fermion interaction, it would be expected that contributions in the Einstein equations would be of the form $\langle A_I A^I \rangle$. This is an important issue as $\langle A_I \rangle \langle A^I \rangle$ and $\langle A_I A^I \rangle$ will typically not be identical [22]. We note that our ability to cast our model as a second order theory has relied on being able to solve for the contorsion form algebraically; for modest modifications to gravity this is no longer possible (see for instance Ref. [23]) and so one may doubt the primacy of the second-order formulation of gravity and its implications for the gravitational effect of fermions.

We circumvent this possible ambiguity by restricting ourselves to spinors called *classical spinors*. These are defined to be quantum fields described by a spinorial operator $\Psi = (\phi, \chi)$ and assumed to be in a state where the expectation value $\langle f(\Psi) \rangle \approx f(\langle \Psi \rangle)$. If this is the case then the above ambiguity in the averaging of $A_I A^I$ disappears. Henceforth we will confine ourselves to situations where the approximation \approx is sufficiently good to be regarded as equality, and the field $\langle \Psi \rangle \equiv \Psi_{\rm cl}$ will be referred to as a classical spinor. It should be noted that familiar fields such as those describing quarks and leptons are not classical in this sense on cosmological scales, therefore spinor fields considered in this paper must be independent from the fields of the standard model. If we consider explicit components (in the representation of the Dirac matrices given in Appendix A), $\Psi_{cl} = (a, b, c, d)$, where a, b, c, d are assumed to be complex numbers, we have that

$$\langle A_I A^I \rangle = 4(a^*c + b^*d)(a^*c + b^*d)^*,$$
 (22)

$$\langle V_I V^I \rangle = -4(a^*c + b^*d)(a^*c + b^*d)^*,$$
 (23)

$$\langle V_I A^I \rangle = 0, \tag{24}$$

$$\langle \bar{\Psi}\Psi \rangle = (a^*c + b^*d) + (a^*c + b^*d)^*,$$
 (25)

$$\langle \bar{\Psi} \gamma^5 \Psi \rangle = (a^* c + b^* d) - (a^* c + b^* d)^*.$$
 (26)

Therefore, for the classical spinor, a nonvanishing $\langle A_I A^I \rangle$ is always spacelike, a nonvanishing $\langle V_I V^I \rangle$ is always timelike, and they are of equal magnitude. All of the above quantities depend upon a single complex number:

$$a^*c + b^*d \equiv \frac{1}{2}(E + Bi),$$
 (27)

hence we have

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$$\langle A_I A^I \rangle = -\langle V_I V^I \rangle = (E^2 + B^2), \qquad (28)$$

$$\langle \bar{\Psi}\Psi \rangle = E,$$
 (29)

$$\langle \bar{\Psi} \gamma^5 \Psi \rangle = iB. \tag{30}$$

We have explicitly derived these identities in order to motivate the introduction of variables E and B, but they could have been obtained more directly with knowledge of the Pauli-Fierz relation:

$$(\bar{\Psi}Q\gamma_I\Psi)(\bar{\Psi}Q\gamma^I\Psi) = -(\bar{\Psi}Q\Psi)(\bar{\Psi}Q\Psi) + (\bar{\Psi}Q\gamma_5\Psi)(\bar{\Psi}Q\gamma_5\Psi), \quad (31)$$

where $Q \in \{1, \gamma_5\}$. Given the assumption of a classical spinor, the form of the function *W* simplifies considerably:

$$W = U(E) + \xi(E^2 + B^2), \tag{32}$$

where

$$\xi = \frac{3\pi G\gamma^2}{2(\gamma^2 + 1)} \left(1 + \alpha^2 + \frac{2}{\gamma}\beta - \beta^2 \right).$$
(33)

We stress that within the set of couplings considered ξ can be positive or negative. Recalling that A^I must be spacelike, this means that the contribution to the overall energy due to torsion may be positive or negative in our model, a fact that will have far reaching consequences in this paper.

IV. COSMOLOGICAL EQUATIONS

We would like to set up a model based on the Friedman-Robertson-Walker (FRW) metric and a classical spinor field, sourcing torsion. It is not immediately obvious that this is possible. Consider the axial current A^{I} for a generic classical spinor. Since this is spacelike, there is not a frame where its spatial components vanish, and therefore any spinor field picks up a preferred direction. However, this does not imply that the metric has to be anisotropic. In fact, as Isham and Nelson showed [24], the metric may still be the FRW metric even if the spinor is anisotropic, as long as K = 0, i.e., it is the spatially flat FRW metric. Otherwise it is impossible to satisfy the Einstein equations, precisely because the A^i cannot be made to vanish. We shall therefore assume K = 0 throughout this paper. In a sense this is a solution to the flatness problem: the existence of a spinor in a Friedmann universe would preclude the existence of spatial curvature.

The cosmological consequences of a classical spinor have variously been considered in the literature. In Ref. [18] the cosmological effect of a classical spinor with potential $U(\bar{\Psi}\Psi)$ and with $\gamma = 0$ (i.e., vanishing torsion) up to small perturbations around a spatially flat FRW universe was considered. This analysis has subsequently been extended to the Einstein-Cartan minimal coupling case $\gamma = \infty$, $\alpha = \beta = 0$ [21]. Further to this, nonminimal coupling $\alpha \neq 0$, $\beta = 0$ has been considered at the level of the cosmological background in Ref. [25] though we note that our sign for the four-fermion interaction in W does not agree.

We make the following choice for our cotetrads: $e^0 = dt$, $e^i = a(t)dx^i$ where indices *i*, *j*, *k*, ..., go from 1 to 3. We first obtain the nonvanishing components of the field $\tilde{\omega}^{IJ}$, the torsion-free spin connection, by solving $de^I + \tilde{\omega}^I{}_J e^J = 0$. By inspection we have $de^I = Ha\delta^I_i dt dx^i$ where $H \equiv \frac{\dot{a}}{a}$ and so we have $\tilde{\omega}^i{}_0 = He^i$. Given our ansatz for the spinor field and geometry, it may be shown that the Dirac equation takes the following form:

$$\gamma^0 \left(\dot{\Psi} + \frac{3}{2} H \Psi \right) = -i \frac{\delta W}{\delta \bar{\Psi}},\tag{34}$$

and taking the Hermitian conjugate of the above equation we get

$$\left(\dot{\Psi}^{\dagger} + \frac{3}{2}H\Psi^{\dagger}\right)\gamma^{0} = i\left(\frac{\delta W}{\delta\bar{\Psi}}\right)^{\dagger}.$$
 (35)

The simple algebraic facts we have just presented are enough to derive a closed set of ordinary differential equations for the spinor and gravitational fields. We choose to express the spinor dynamics in terms of its quadratic invariants, since these are the observables of the theory (rather than the spinor field itself). Indeed it turns out that a complete closed set of equations for our system, assuming the FRW metric with K = 0, is formed by

$$\dot{E} + 3HE = 4\xi BA^0, \tag{36}$$

$$\dot{B} + 3HB = -4\xi EA^0 - 2U'(E)A^0, \tag{37}$$

$$\dot{A}^0 + 3HA^0 = 2U'(E)B,$$
(38)

$$H^{2} = \frac{8\pi G}{3} (U + \xi (E^{2} + B^{2})) \equiv \frac{8\pi G}{3} \rho, \qquad (39)$$

where the prime denotes differentiation with respect to E. This is a minimal set specifying the dynamics, and will form the basis for a numerical study in Secs. V (where some of equations become trivial) and VI. Other equations could be added to this set. For example:

$$\dot{V}^0 + 3HV^0 = 0, \tag{40}$$

but this drops out from the gravitational dynamics altogether. Likewise one could write more ODEs ruling the dynamics of the remaining variables associated with the bilinears, but they also drop out from the cosmological dynamics. For completeness, the second Friedmann equation is given by

$$-2\frac{\ddot{a}}{a} - H^2 = 8\pi G[U'E - U + \xi(E^2 + B^2)] \equiv 8\pi G p.$$
(41)

This equation can be derived from (39) and conservation equation

$$\dot{\rho} + 3H(p+\rho) = 0 \tag{42}$$

(written in terms of *E* and *B*), which in turn follows from (36)–(38). This is, however, not true at turn-around points (where H = 0), because the conservation equation becomes degenerate (0 = 0). The second Friedmann equation is then needed, and failure to take this fact into account might lead one to mistake a bounce for a static or loitering universe. Finally we note that Eqs. (36)–(38) provide a first integral:

$$a^{6}[E^{2} + B^{2} + (A^{0})^{2}] = M^{2}.$$
 (43)

This equation was first noted in Ref. [25].

V. AMBIDEXTROUS SOLUTIONS

We can immediately identify a number of possible effects of the spinor that persist even if we add an extra fluid to the system. Single-chirality Weyl spinors, ϕ or χ , for example, are not very interesting in cosmology. They produce vanishing currents A^I and V^I , with E = B = 0. Such spinors therefore have no effect on the Friedmann equations, and if there are no other matter components in the Universe, they simply lead to Minkowski spacetime. Single-entry spinors in the Dirac representation, on the other hand, map into solutions with $|\phi|^2 = |\chi|^2$, i.e., solutions without parity violation, where left and right spinors have the same probability. These "ambidextrous" solutions do have an effect on the Friedmann equations. They are particularly simple to integrate because they display

$$A^{0} = (|\phi|^{2} - |\chi|^{2}) = 0, \tag{44}$$

which at least when $U' \neq 0$ implies B = 0 [see Eqs. (37) and (38)]. Then Eq. (36) provides the first integral:

$$E = \frac{M}{a^3},\tag{45}$$

which is nothing but (43) when we set $B = A^0 = 0$.

As we see, we must distinguish between parity violation in the solutions to the theory, and in the theory itself (i.e., in its action), here only present if $\beta \neq 1/\gamma$ [cf., the last term in Eq. (20)]. Regardless of the parameters of the theory we see that solutions with maximal parity violation (Weyl spinors) have no effect in cosmology, with or without torsion, and with or without parity violation in the actual theory. Parity invariant or ambidextrous solutions, in contrast, have an effect particularly simple to analyze, which we shall now do. In between the two extremes we find intermediate solutions, harder to work out, which we will do numerically in Sec. VI.

A. Solutions without torsion

If $\gamma = 0$, it follows that $\xi = 0$, and we obtain the wellknown case of the torsion-free theory. As pointed out in Ref. [18], classical spinors are remarkable (and bypass a number of theorems valid for scalar fields) in that any equation of state can be produced by appropriately designing the potential. For example, if

$$U = \zeta(\Psi\Psi)^n = \zeta E^n \tag{46}$$

then, since $\rho = U$ and $E \propto 1/a^3$, we have $\rho \propto 1/a^{3n}$. Since (42) implies that (for a constant equation of state $w = p/\rho$) $\rho \propto 1/a^{3(1+w)}$ we can read off

$$w_0 = n - 1 \tag{47}$$

without any further calculation. The standard results for a(t) follow [e.g., $a \propto t^{2/3^*(1+w)}$, if w > -1, etc.].

The n = 1 case corresponds to the massive Dirac field, whereas n = 4/3 corresponds to the Gürsey model [26]. In the absence of self-interactions, the former leads to a dust model, whereas the latter behaves like a radiation dominated universe. Inflation can only be precisely obtained with a flat potential (n = 0), with the problems discussed in Ref. [18].

B. Torsion driven bouncing solution

If $\gamma \neq 0$ in general we have a bouncing solution. For simplicity let us consider the n = 1 mass potential, U = mE, but the results in this and the next sections generalize to more complex potentials (although it may then be more difficult to find analytical solutions). The case $\xi > 0$ will lead to less interesting solutions, to be reviewed in Sec. VIC. If $\xi < 0$, the self-interactions resulting from torsion have the effect of dramatically reshaping the mass potential, converting the typical mass bowl into an upsidedown Mexican hat potential:

$$W = mE - |\xi|E^2.$$
(48)

Since $\rho = W \ge 0$ [as implied by the first Friedman equation, Eq. (39)] it is then not difficult to predict a bounce when $\rho = 0$. The only alternative would be a static universe, but since $p \ne 0$ when $\rho = 0$ this is not realized.

We have plotted a(t) in Fig. 1, as numerically integrated following the procedure described in Sec. IV. In this particular case it is possible to find analytical solutions, with (39) and (45) leading to

$$a(t) = \left[M \left(\frac{|\xi|}{m} + \frac{3mt^2}{4} \right) \right]^{1/3}$$
(49)

(and the other equations of the minimal set reading trivially 0 = 0). Asymptotically (large |t|), the Universe contracts like $a \propto (-t)^{2/3}$ and expands like $a \propto t^{2/3}$, typical of dust. In between there is a phase where torsion dominates causing a bounce. This occurs when



FIG. 1 (color online). The bounce for a typical ambidextrous solution with $\xi < 0$. In this case U = mE, so that the contracting phase exhibits $a \propto (-t)^{2/3}$ and the expanding phase $a \propto t^{2/3}$.

$$E = E_0 = -\frac{m}{\xi}.$$
(50)

We may write

$$\rho = \tilde{\rho} - \frac{\tilde{\rho}^2}{\rho_0},\tag{51}$$

where $\tilde{\rho} = mE$ represents the energy density before torsion effects are added, and

$$\rho_0 = \frac{16}{3} \frac{(\gamma^2 + 1)}{\gamma^2 (\beta^2 - \frac{2}{\gamma}\beta - 1 - \alpha^2)} m^2 M_{\rm PL}^2, \quad (52)$$

where we have defined the Planck mass-squared $M_{PL}^2 \equiv 1/8\pi G$, which appears due to its contribution to the quantity ξ [see Eq. (33)]. We see then that the bounce occurs when $\rho = 0$ and $\tilde{\rho} = \rho_0$. By studying further the function $\rho(\rho_0)$, we see that it has a maximum at

$$\rho_{\max} = \frac{\rho_0}{4}.$$
 (53)

As the Universe contracts the density increases like $1/t^2$, as usual, but then torsion kicks in. This maximal density is reached, and then, as the Universe compresses further, the density *decreases* until it reaches zero and a bounce occurs at a finite *a*. After the bounce the density at first *increases* with expansion, until the same maximum ρ_{max} is reached again. After that it starts to decrease with expansion, eventually according to the usual $\rho \propto 1/t^2$. The density never diverges and a big bang singularity is avoided. We have plotted this behavior in Fig. 2.

Increasing density with expansion (or decreasing density with contraction) is a hallmark of phantom matter [27]. And indeed by plotting the equation of state $w = p/\rho$ (see Fig. 2) we see that this does cross w = -1 as the maximum density is reached. Torsion induces a phantom period around the bounce and in fact w becomes infinitely negative at the bounce, since p < 0 is finite while $\rho = 0$.



FIG. 2 (color online). The values of ρ , displayed in units of ρ_0 , and w during an ambidextrous bounce. As we can see there is a period of phantom behavior, where the density decreases as the Universe contracts, then increases as it expands.

When torsion becomes subdominant w goes to zero, as predicted in the previous subsection.

VI. PARITY-VIOLATING PERTURBATIONS

The issue arises as to whether the bouncing solution presented in the previous section is stable, when strict parity invariance is broken, with B and A^0 turned on. We will study the matter in this section, first turning on *B*-type perturbations at the bounce, then A^0 perturbations, and then both. In order to do this we will need to perform a numerical integration, following the procedure described in Sec. IV. In all cases the solution is stable, in the sense that we find small variations in the bounce commensurate with the size of the perturbations induced. What is more important, we find that even when the perturbations are very large the overall picture does not change much in the first two cases (pure B and A^0 type perturbations), the solutions simply displaying (large) oscillations around the basic bouncing solution. However, when B and A^0 perturbations are allowed free rein at the bounce they introduce a very interesting qualitative novelty should they be large enough: whilst the bounce is still present there is an asymmetry between the contracting and expanding phase.

A. *B*-type and A^0 -type perturbations

As just stated, we do not see any instability in the bouncing solution, and small additions of *B* and A^0 lead to perturbations of the same order. What is interesting is that even if the perturbations are very large (order 1 and higher) the overall picture does not qualitatively change, as long as one of *B* and A^0 are zero at the bounce. If B = 0 at the bounce we call this an A^0 -type perturbation and vice versa. In Fig. 3 we plot the effect of a large *B*-type perturbation on ρ and w. The overall picture is essentially the same, with oscillatory behavior superposed on the ambidextrous picture. This is due to the oscillatory nature of the variables *B* and A^0 (see Fig. 4, top). Obviously the value for the maximal density is now different, and most easily determined numerically, but the basic picture remains. The bounce occurs when

$$E = \frac{-m \pm \sqrt{m^2 - 4\xi^2 B^2}}{2\xi}.$$
 (54)



FIG. 3 (color online). The values of ρ and w with a large B-type perturbation at the bounce. Even though the a(t) profile doesn't change much we find interesting oscillatory behavior superposed on the basic, ambidextrous picture.



FIG. 4 (color online). A plot of B (blue, equal to 0.5 when t = 0 on left plot and 0 when t = 0 on right plot) and A^0 (red, equal to 0 when t = 0 on left plot and 0.5 when t = 0 on right plot) for B-type (left plot) and A-type (right plot) large perturbations.

The picture is similar for an A^0 -type perturbation. In Fig. 4 we plot the behavior of *B* and A^0 for *B*-type and *A*-type large perturbations, for comparison. The two variables are generally out of phase, and the modes considered here correspond to one of them having a node at the bounce. We don't plot the a(t) profile because this is basically indistinguishable form the unperturbed case described in Fig. 1.



FIG. 5 (color online). The $\{x, y\}$ trajectories of *B*-type perturbations (trajectories constrained to remain inside the unit circle, depicted). The outer trajectory corresponds to the large perturbations used in the previous plots. The center represents the exactly ambidextrous solution presented in the last section. The intermediate trajectories correspond to smaller and smaller perturbations in the initial conditions. As we see the ambidextrous solution is stable, but furthermore, even very large perturbations arrange themselves as oscillations around this solution.

Another way to represent these results is to map the dynamics onto the plane spanned by

-1.0

$$x = \frac{a^3 B}{M},\tag{55}$$

$$y = \frac{a^3 A^0}{M}.$$
 (56)

Given Eq. (43), the system is constrained to remain inside the unit circle, with the distance to the boundary providing a measure of a^3E . In this plot, the origin corresponds to the exactly ambidextrous solution presented in the last section. The {x, y} trajectories away from the origin represent the parity-violating perturbations. In Figs. 5 and 6 we show



FIG. 6 (color online). The equivalent of Fig. 5 for an *A*-type perturbation.

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these trajectories for *B*-type and *A*-type perturbations, respectively. The outer trajectories correspond to the rather large perturbations used in the previous plots. The inner trajectories correspond to smaller and smaller perturbations in the initial conditions. As we see the ambidextrous solution is stable; but more interestingly even very large perturbations arrange themselves as oscillations around this solution, which therefore seems a generic feature.

B. Generic perturbations

The only qualitative novelty appears if we mix the two types of perturbations, and let their amplitude be very large. If we set up the perturbations away from the bounce in general it does not happen that one of B or A^0 vanish at the bounce. Then, it still happens that the ambidextrous solution is stable against small perturbations, and that even very large perturbations consist of oscillations around this solution. However a novelty appears: there appears an asymmetry between the contracting and expanding phase, as we illustrate in Fig. 7. For example, the maximal energy density reached is different in the two phases, as is the defining "constant" $a^3\rho$ associated with the two dust universes. Depending on the initial conditions chosen, this may be smaller or larger in the expanding phase. We also depict the evolution in an $\{x, y\}$ plot in Fig. 8. The evolution is still an oscillation around the ambidextrous solution (origin) but now the amplitude on either side of the bounce is different.

C. Other solutions

There are a number of other solutions which are not particularly interesting, but which we list here for completeness.

Should $\xi > 0$, then there is not a bounce and the singularity is not avoided. Indeed as we go back in time, the singularity is reached faster because the torsion adds to the pressure. The dust phase described above is then preceded by a period of kination (to borrow terminology from



FIG. 8 (color online). The $\{x, y\}$ diagram for the evolution of the system under a generic large parity-violating perturbation. We see that the two circles, corresponding to the period when torsion has died down, differ for the contracting and expanding phase. The evolution during the bounce is also more complex and asymmetric.

scalar field cosmologies), i.e., a period with $\rho \propto 1/a^6$ and $a \propto t^{1/3}$. This is true for ambidextrous solutions, but does not qualitatively change for more general solutions. If the theory is massless there is only a period of kination, and this happens for the more general case with nonvanishing *B*. In that case $B \propto 1/a^3$ and it does not affect this conclusion. It could also be that $U = U_0$ is a constant, in which case the period of kination with *E* and *B* decaying like $1/a^3$ is followed by a de Sitter phase. None of this is very surprising or interesting. The strength of this paper is in the $\xi < 0$ solutions.



FIG. 7 (color online). For general large perturbations (where neither B nor A^0 have a node at the bounce) we observe an asymmetry between the contracting and expanding phase, with the maximal density different in the two phases.

VII. CONCLUSIONS

We conclude with an appraisal of what we have discovered and what remains to be done. We found that the overall picture of cosmologies driven by spin hinges on the sign of one combination of parameters, ξ as defined in Eq. (33). If $\xi > 0$, as is the case of Einstein-Cartan theory with minimal coupling, nothing dramatically new happens. For example, for a mass potential (or any potential leading to w < -1/3) the only novelty is that an early period of kination precipitates the onset of a singularity as we go back in time. But if $\xi < 0$ the singularity is avoided and even for a simple mass potential a bounce is generic, even against very large perturbations of the basic solution. This double picture is closely related to the attractive or repulsive nature of the four-fermion interaction. As is well known, in the Einstein-Cartan theory with minimal coupling this interaction is attractive (at least for classical spinors), with the result that singularities are easier to form than in the torsion-free theory [28]. By identifying a nonminimal coupling leading to $\xi < 0$ we have reversed the situation, rendering the spinor self-interaction repulsive, and opening up the doors to singularity avoidance. It is curious to note that such scenarios are closely related to the presence of parity-violating terms in the action.

Several questions can be raised. We presented an extensive set of solutions, displaying simple and complicated bounces which may be symmetric or not. But have we found all possible solutions? It is tempting to speculate on the existence of a de Sitter or inflationary fixed point. Indeed the effects of torsion when $\xi < 0$ and $B \neq 0$ are qualitatively similar to those of the C-field in steady-state cosmology: a sea of negative energy (here represented by torsion) which interacts with a positive energy component (when $B \neq 0$ and $A^0 \neq 0$). Such situations often lead to inflation, i.e., a sustained period of accelerated expansion. We have been unable to find such a solution. The reason is probably that in our case the same field has both a positive and a negative energy component, so the situation is not quite the same. Nonetheless we defer to a future paper a more complete analysis, based on phase space portraits of autonomous dynamical systems. We stress that there is accelerated expansion at the bounce $(\ddot{a} > 0)$ but this is not inflation, which is a sustained period of accelerated expansion (this seems to have been missed in Ref. [29]). The possibility cannot be dismissed, however, that a long inflationary transient is present somewhere in the phase space.

Is the bounce we have found stable against anisotropy domination? This is a valid concern because even for small perturbations the shear tensor σ_{ij} contributes to the Friedmann equation as $\sigma^2 = \sigma_{ij}\sigma^{ij}/2$, and $\sigma \propto 1/a^3$. Therefore, unless the equation of state is super stiff (w > 1) the anisotropy tends to dominate during the contraction, leading to a mixmaster phase or even a singularity, rather than a smooth bounce. In our case we are in a borderline situation, since *if torsion and shear do not interact* then they both scale as $1/a^6$. Therefore the solution we have presented is certainly stable against small, but not large shear perturbations. However the situation may be more subtle, and we defer further analysis to a future publication. As we noted before, a spinor field already is anisotropic; however, this need not be reflected in the metric (at least if K = 0).

Even ignoring the issue of anisotropy, the obvious next step is to work out the fluctuations in this type of model, finding the amplitude, spectral index and tensor or scalar ratio as a function of the free parameters of the model. This has been examined in the past for spinor-driven cosmologies in the context of inflation [18,21,30] (which may be achieved by making U very flat). As the work of Ref. [18] shows, spinors and scalar fields are very different in this respect: for the same background kinematics one gets a spectral index $n_s = 4$ for the former where for the latter $n_{\rm S} = 1$ is found. For this reason the status of our model regarding fluctuations is far from obvious. It is interesting to point out that for scalar fields a w = 0 (dust-like) bounce does have a scale-invariant mode [31,32]. However these models suffer from fine-tuning problems related to the fact that the spectrum of the curvature and potential fluctuations is not the same. In future work we hope to examine how this might change if the bounce were to be driven by a spinor field. In this work we will also consider a more realistic scenario, where to the spinor field a radiation component is added. This does not qualitatively change any of the conclusions in this paper regarding the bounce. But it will affect its details, and in fact it will be essential for a proper description of fluctuations in these models.

The major concern remains as to what might be the physical basis for spinor models (but this criticism could be levelled at most early universe models, including those based on scalar fields). It obviously would be more conservative to take the "spin-fluid" approach, such as that pioneered by Weyssenhoff (see for example Refs. [33–38] for some very interesting cosmological work based on this approach¹), or by considering the cosmological effect of thermalized fermionic matter [13,20]. However, it may be argued that it is also legitimate to consider a spinor field as envisaged here (see Appendix of Ref. [18], for example). In addition we note that the theory can be phrased wholly in terms of the bilinear invariants (such as the ODEs presented in Sec. IV). With this remark in mind in future work we hope to refine the argument in Ref. [18]. Notice that the sign issues presented in Sec. III B change dramatically depending on whether the underlying field can be considered to be classical (for example $\Psi^{\dagger}\Psi$ is positive definite classically but $\langle \Psi^{\dagger}\Psi \rangle$ of course need not be so in the quantum theory). It is interesting to note that perhaps

¹Note though that there appears to be an essential friction between the Weyssenhoff spin fluid and any underlying theory based on minimally coupled fermions. The reason for this is that the object C_{IJK} does not possess the same symmetries in the two cases [19].

the most in-depth analysis to date of classical spinors at the level of the cosmological background and cosmological perturbations has been in the context of nonstandard and dark spinors [39–41].

We close by pointing out that the model presented here has equations very similar to those found in loop quantum cosmology and the brane-world scenario, but only when B = 0. If $B \neq 0$ we seem to be generalizing the dynamics in those models.

ACKNOWLEDGMENTS

We would like to thank Stephon Alexander, John Barrow, Laurent Freidel, Friedrich Hehl, Antonino Marcianò, Ugo Moschella, and Hans Westman for helpful discussions and an anonymous referee for very useful suggestions. This work was funded by STFC through a consolidated grant.

APPENDIX A: CONVENTIONS

In this section we describe the conventions used in this paper for various quantities. Often this information is omitted in papers about the role of torsion in cosmology, making comparison of results difficult.

We use distinct symbols ϵ_{IJKL} and $\epsilon^{\mu\nu\sigma\delta}$. The object ϵ_{IJKL} is a spacetime scalar antisymmetric in all indices and with $\epsilon_{0123} = 1$; the object is invariant under local SO(1, 3) transformations. The object $\epsilon^{\mu\nu\sigma\delta}$ is a spacetime density antisymmetric in all indices and with $\epsilon^{0123} = 1$; the object is numerically invariant under local coordinate transformations. The determinant *e* of the cotetrad $e^I = e^I_{\mu} dx^{\mu}$ is subsequently defined as follows:

$$e = \frac{1}{4!} \epsilon_{IJKL} \varepsilon^{\mu\nu\delta\sigma} e^I_{\mu} e^J_{\nu} e^K_{\delta} e^L_{\sigma}$$
(A1)

and hence

$$\varepsilon^{\mu\nu\delta\sigma}e^{I}_{\mu}e^{J}_{\nu}e^{K}_{\delta}e^{L}_{\sigma} = e\varepsilon^{IJKL} = -e\epsilon^{IJKL}.$$
 (A2)

Furthermore we use the convention that $\eta_{IJ} = \text{diag}(-1, 1, 1, 1)$ which implies that the spacetime metric $g_{\mu\nu} = \eta_{IJ} e^I_{\mu} e^J_{\nu}$ has mostly positive signature. In using spinors in this paper we will use the Weyl or chiral representation, i.e.,

$$\Psi = \begin{pmatrix} \phi_a \\ \chi^{a'} \end{pmatrix}, \tag{A3}$$

where *a* and *a'* are indices of the left- and right-handed representation of SL(2, C), respectively, [16]. We choose the following convention for the gamma matrices γ^{I} :

$$\gamma^{I} = \begin{pmatrix} 0 & (\sigma^{I})_{aa'} \\ (\bar{\sigma}^{I})^{a'a} & 0 \end{pmatrix}, \qquad \gamma^{5} = \begin{pmatrix} -1 & 0 \\ 0 & 1 \end{pmatrix},$$
$$\bar{\sigma}^{I} = (\mathbf{1}, -\sigma^{i}), \qquad \qquad \sigma^{I} = (\mathbf{1}, \sigma^{i}),$$

where the σ^i are the Pauli sigma matrices. The *spin*(1, 3) generators \mathcal{J}^{IJ} take the following form:

$$\mathcal{J}^{IJ} = -\frac{i}{4} [\gamma^I, \gamma^J]. \tag{A4}$$

We now detail our curvature conventions. Our basic object representing curvature is the two-form R^{IJ} :

$$R^{IJ} = d\omega^{IJ} + \omega^{I}{}_{K}\omega^{KJ}.$$
 (A5)

We can define the 'orthonormal components' R^{IJ}_{KL} via the following relation:

$$R^{IJ} = \frac{1}{2} R^{IJ}{}_{\mu\nu} dx^{\mu} \wedge dx^{\nu} = \frac{1}{2} R^{IJ}{}_{KL} e^{K}_{\mu} e^{L}_{\nu} dx^{\mu} \wedge dx^{\nu}$$
(A6)

$$=\frac{1}{2}R^{IJ}{}_{KL}e^{K}e^{L}.$$
 (A7)

We define the Ricci tensor $\mathcal{R}_{\mu\nu}$ as follows:

$$R_{\mu\nu} = e_{I\mu} e_{\nu}^{J} R^{IK}{}_{JK}.$$
 (A8)

Consequently the Ricci scalar $\mathcal{R} \equiv R^{\mu}_{\mu}$ is defined as:

$$\mathcal{R} = R^{JK}_{JK} \tag{A9}$$

and we define the Einstein tensor $G_{\mu\nu}$ as

$$G_{\mu\nu} \equiv \mathcal{R}_{\mu\nu} - \frac{1}{2}\mathcal{R}g_{\mu\nu}.$$
 (A10)

APPENDIX B: ACTIONS IN STANDARD NOTATION

We now use the results of the previous section to write our actions in conventional notation. This will make it easier to make contact with antecedent results in the literature. We first begin with the gravitational action:

$$\begin{split} S_{G} &= \kappa \int \left(\epsilon_{IJKL} + \frac{2}{\gamma} \eta_{IK} \eta_{JL} \right) e^{I} e^{J} R^{KL} \\ &= \frac{\kappa}{2} \int \left(\epsilon_{IJKL} + \frac{2}{\gamma} \eta_{IK} \eta_{JL} \right) R^{KL}{}_{MN} e^{I} e^{J} e^{M} e^{N} \\ &= \frac{\kappa}{2} \int \left(\epsilon_{IJKL} + \frac{2}{\gamma} \eta_{IK} \eta_{JL} \right) \\ &\times R^{KL}{}_{MN} e^{I}_{\mu} e^{J}_{\nu} e^{M}_{\delta} e^{N}_{\sigma} dx^{\mu} \wedge dx^{\nu} \wedge dx^{\delta} \wedge dx^{\sigma} \\ &= \frac{\kappa}{2} \int \left(\epsilon_{IJKL} + \frac{2}{\gamma} \eta_{IK} \eta_{JL} \right) R^{KL}{}_{MN} e^{I}_{\mu} e^{J}_{\nu} e^{M}_{\delta} e^{N}_{\sigma} \varepsilon^{\mu\nu\delta\sigma} d^{4}x \\ &= \frac{\kappa}{2} \int \left(\epsilon_{IJKL} + \frac{2}{\gamma} \eta_{IK} \eta_{JL} \right) R^{KL}{}_{MN} \varepsilon^{IJMN} ed^{4}x \\ &= \kappa \int \left((\delta^{M}_{K} \delta^{N}_{L} - \delta^{M}_{L} \delta^{N}_{K}) + \frac{1}{\gamma} \varepsilon_{KL}{}^{MN} \right) R^{KL}{}_{MN} ed^{4}x \\ &= \kappa \int \left(2R^{MN}{}_{MN} + \frac{1}{\gamma} \varepsilon_{KL}{}^{MN} R^{KL}{}_{MN} \right) ed^{4}x \\ &= \kappa \int \left(2R + \frac{1}{\gamma} \varepsilon_{KL}{}^{MN} R^{KL}{}_{MN} \right) ed^{4}x. \end{split}$$

Clearly then we have $\kappa = 1/32\pi G$. Next we write the spinor action S_{Ψ} in a more familiar form. We first consider the action in the limit of zero torsion $T^{I} = 0$:

$$\begin{split} S_{\Psi,T^{I}=0} &= \frac{1}{3!} \int \frac{i}{2} \epsilon_{IJKL} e^{I} e^{J} e^{K} \bar{\Psi} \gamma^{L} D \Psi - \frac{U}{4} \epsilon_{IJKL} e^{I} e^{J} e^{K} e^{L} - \text{H.c.} \\ &= \frac{1}{3!} \int \left(\frac{i}{2} \epsilon_{IJKL} e^{I}_{\mu} e^{J}_{\nu} e^{K}_{\delta} \bar{\Psi} \gamma^{L} D_{\sigma} \Psi - \frac{U}{4} \epsilon_{IJKL} e^{I}_{\mu} e^{J}_{\nu} e^{K}_{\delta} e^{L}_{\sigma} \right) \varepsilon^{\mu\nu\delta\sigma} d^{4}x - \text{H.c.} \\ &= \frac{1}{3!} \int \left(\frac{i}{2} \epsilon_{IJKL} e^{I}_{\mu} e^{J}_{\nu} e^{K}_{\delta} e^{M}_{\sigma} e^{\alpha}_{M} \bar{\Psi} \gamma^{L} D_{\alpha} \Psi - \frac{U}{4} \epsilon_{IJKL} e^{I}_{\mu} e^{J}_{\nu} e^{K}_{\delta} e^{L}_{\sigma} \right) \varepsilon^{\mu\nu\delta\sigma} d^{4}x - \text{H.c.} \\ &= \frac{1}{3!} \int \left(\frac{i}{2} \epsilon_{IJKL} \varepsilon^{IJKM} e^{\alpha}_{M} \bar{\Psi} \gamma^{L} D_{\alpha} \Psi - \frac{U}{4} \epsilon_{IJKL} \varepsilon^{IJKL} \right) e^{d^{4}x} - \text{H.c.} \\ &= \int \left(\frac{i}{2} \delta^{M}_{L} e^{\alpha}_{M} \bar{\Psi} \gamma^{L} D_{\alpha} \Psi - U \right) e^{d^{4}x} - \text{H.c.} \\ &= \int \left(\frac{i}{2} e^{\mu}_{L} \bar{\Psi} \gamma^{L} D_{\mu} \Psi - U \right) e^{d^{4}x} - \text{H.c.} \end{split}$$

Finally we turn to the nonminimal coupling terms of the left-Hand side of Eq. (10). In terms of our Dirac spinor Ψ [and recalling the redefinition of χ following (10)] this action, S_{nm} can be written

$$S_{nm} = \frac{1}{12} \int \boldsymbol{\epsilon}_{IJKL} e^{I} e^{J} e^{K} (\alpha \bar{\Psi} \gamma^{L} D \Psi + \beta \bar{\Psi} \gamma^{5} \gamma^{L} D \Psi) + \text{H.c.} = \frac{1}{2} \int e^{\mu}_{L} (\alpha \bar{\Psi} \gamma^{L} D_{\mu} \Psi + \beta \bar{\Psi} \gamma^{5} \gamma^{L} D_{\mu} \Psi) e d^{4} x + \text{H.c.}$$

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