# **Radiation and relaxation of oscillons**

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We study oscillons, extremely long-lived localized oscillations of a scalar field, with three different potentials: quartic, in sine-Gordon model and in a new class of convex potentials. We use an absorbing boundary at the end of the lattice to remove emitted radiation. The energy and the frequency of an oscillon evolve in time and are well fitted by a constant component and a decaying, radiative part obeying a power law as a function time. The power spectra of the emitted radiation show several distinct frequency peaks where oscillons release energy. In two dimensions, and with suitable initial conditions, oscillons do not decay within the range of the simulations, which in quartic theory reach 10<sup>8</sup> time units. While it is known that oscillons in three-dimensional quartic theory and sine-Gordon model decay relatively quickly, we observe a surprising persistence of the oscillons in the convex potential with no sign of demise up to 10<sup>7</sup> time units. This leads us to speculate that an oscillon in such a potential could actually live infinitely long both in two and three dimensions.

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## I. INTRODUCTION

The theorem by Derrick states that there are no nontrivial static solutions of finite energy in scalar theories above one dimension [1]. This does not say anything about time-dependent solutions. Example of such are Q-balls [2], whose stability is guaranteed by a conservation law (for more recent studies on Q-balls, see e.g. [3,4]) and that have been studied e.g. as a dark matter candidate (see for instance [5]). There is, however, no obvious reason why oscillations of a real scalar field can persist and stay localized, yet such configurations, oscillons exist in many models (we will use the term oscillon, presented originally in [6], in a slightly loose manner throughout this study). There is a stable breather solution in onedimensional sine-Gordon model that during its period deforms to a separated kink and antikink. There is no such exactly stable solution in  $\phi^4$  theory [7]. However, even though the solution radiates energy away, there remains a possibility that the radiation rate is so suppressed that it will take indefinitely long for the dissipation to complete.

Oscillons were first found already in the '70s [8,9] and then rediscovered in the '90s when the dynamics of phase transitions was studied [6]. There has been substantial interest in oscillons recently. On the theoretical side of understanding the dynamics of oscillons, there have been a number of studies of oscillons of  $\phi^4$  theory in smallamplitude approximation [10–13]. Furthermore, the attractor basin of oscillons and its fractal nature have been studied both analytically [14] and numerically [15]. Very recently there has been interest in oscillons coupled to gravity, oscillatons [16–18]. Oscillons have also been found in dilaton-scalar theories [19]. A new class of solutions, called flat-top oscillons by the authors, were reported in [20]. While the body of work mentioned above has been on a classical level, the study in [21] considered quantum corrections oscillons are subject to, redeeming oscillons considerably less robust against the quantum effects than often previously has been assumed.

Though stability or finite lifetime are of considerable theoretical interest, from the point of view of a many phenomenological consequences, it is not important if the nontrivial solutions are actually stable like the breather in one-dimensional sine-Gordon model as long as they are far longer-lived than the natural time scale related to the process on which they will have an effect. A natural realm of oscillons to appear is in the early Universe and such a process there could be baryogenesis. The role oscillons could potentially have on baryogenesis is providing the necessary nonequilibrium needed for successful creation of matter-antimatter asymmetry analogous to Q-balls whose cosmological impact has been studied extensively (for a review, see e.g. [22]). In this context it is very interesting that an oscillon solution has been found in the bosonic sector of the standard model [23–25]. When the scalar and vector masses in the theory are set to be  $m_H =$  $2m_W$ , the oscillon is sufficiently long-lived that it has not been seen to decay in any numerical simulation to date [23-25]. Oscillons have also been found in two and threedimensional Abelian-Higgs model in deep type I regime [26,27]. A number of studies have considered oscillons in the early Universe. While the oscillons in the standard model or Abelian-Higgs model are obviously objects in several fields, a recent study [28] found that oscillons can also form in two scalar fields in models that are relevant from the point of view of hybrid inflation (on that topic, see also [29]). Other recent studies of formation of oscillons

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after an inflationary epoch but in single field models include [30–32]. Regarding the subsequent evolution of oscillons after their formation in a cosmological setting, both numerical [33] and analytical [34] considerations in one dimension have shown that oscillons can persist for a considerably long time in expanding backgrounds (see also [20]). The proposal of oscillons facilitating vacuum tunneling in the context of the string landscape [35] is an application quite far from the original idea of oscillons affecting the bubble nucleation process, the resonant nucleation studied e.g. in [36] (for a study of bubble collisions, see also [37]). A recent study considered the formation of oscillons in the quintessence field at the present epoch of the Universe [38].

Lastly, regarding the significance of the oscillons, it should be mentioned that they are an interesting link between particles and solitons. Several numerical studies in one dimension have considered the formation of kinkantikink pairs. It has been found that scattering of breathers can create a kink and an antikink [39]. Oscillons can also decay to a kink and antikink when the potential of the model is distorted [40], as well as oscillons being an intermediate state in the process of formation of the kinkantikink pair [41].

In an earlier work [42], we studied oscillons in two dimensions on the lattice with periodic boundary conditions. The aim of this study is to examine in detail the evolution of oscillons and the properties of the radiation they emit, in order to better understand the reasons for their longevity with the use of absorbing boundary conditions.

Previous work in a theory with a quartic potential has identified stable periodic solutions with incoming radiation, called quasibreathers, which are closely related to oscillons [43,44]. There is a critical oscillation frequency at which the quasibreather has the minimum energy [43,44], and once the incoming radiation is removed, the frequency of the resulting solution evolves towards its critical value according to a power law in time [44]. Power laws featured also strongly in [45,46] where the radiation rates of oscillons were studied, starting from the assumption of a strictly Gaussian form for the oscillon, and a decay width calculated by comparison to linear theory. An equation relating the energy loss rate to the rate of change of the oscillon amplitude was derived, with power law solutions for the time evolution. Note that oscillons in the small-amplitude expansion [12,13] behave differently, in that they shed energy in an exponentially suppressed way as the amplitude goes to zero, and do not obey a simple power law.

In this paper, we determine these power laws in three models in two and three dimensions, consisting of a single canonically normalized real scalar field  $\phi$  with potentials listed in Table I, and examine the power spectra of the emitted radiation. Our power spectra show that for the quartic and sine-Gordon theories the radiation is

TABLE I. Potentials for the three models considered in this paper. In the convex potential, p is a real parameter, with p < 1. For the data shown p = 0.45.

model	potential $V(\phi)$
quartic $(\phi^4)$ sine-Gordon convex	$rac{1}{4}(\phi^2-1)^2 \ rac{1}{\pi^2}(1+\cos(\pi\phi)) \ rac{\phi^2}{1+\phi^{2p}}$

predominantly emitted at an integer multiple of the basic oscillation frequency, either 3 or 2 depending whether the potential is symmetric or not. For the convex potential, the radiation is emitted just above the threshold set by the mass parameter. A fundamental assumption made in [46] in developing a theory of oscillons in the quartic theory was that the radiation is predominantly emitted just above threshold, which we see is incorrect. Nonetheless, good fits to the time evolution of the energy, frequency and amplitude were obtained in that work.

An important technical development in our work is the construction of absorbing boundary conditions for a massive field, which provides an economical alternative to the adiabatic damping technique, introduced in [47], and also used in [44], which sets a location dependent friction coefficient on the lattice. Absorbing boundaries provide an alternative approach to remove the dispersive waves from the lattice, requiring no extra lattice sites for its operation.

The paper is organized as follows. The numerical setup is briefly reviewed in the following section. While the equations of the absorbing boundary conditions are presented in the Appendix, we briefly discuss their implications for simulations together with the data obtained using quartic theory as an example. We then proceed to present the results for the power laws and the radiation power spectra in the three theories in two and three dimensions. We find a surprising stability for the oscillon in the convex potential, which leads us to conjecture that it may be stable in three dimensions.

### **II. NUMERICAL SETUP**

The Lagrangian for a single real scalar field  $\phi$  is given by

$$\mathcal{L} = \frac{1}{2} \partial_{\mu} \phi \partial^{\mu} \phi - V(\phi), \qquad (1)$$

and the equation of motion thus reads

$$\ddot{\phi} - \nabla^2 \phi + V'(\phi) = 0. \tag{2}$$

This field equation is evolved using a leapfrog update and a three-point spatial Laplacian accurate to  $O(dx^2)$ . We perform (1 + 1)-dimensional simulations assuming radial symmetry. These permit the choice of a much finer lattice spacing compared with (2 + 1)-dimensional simulations

carried out in a previous study [42]. We kept the ratio of time step and lattice spacing fixed and matching to the one used in (2 + 1)-dimensional simulations, dt:dx = 1:5. The size of the one-dimensional grid was chosen so that the physical distance from the core of the oscillon to the absorbing boundary was always 100 units. The simulations are performed on a grid of 10 001 lattice points and dx = 0.01, dt = 0.002.

We set the field  $\phi$  and the field momentum  $\Pi = \dot{\phi}$  at the origin r = 0 to have the same value as on the next lattice site with a nonzero value of the radius r. The updates used at the far end of the grid, where the absorbing boundary is located, are derived in the appendix, while we comment the simulations with the absorbing boundaries shortly in the next section. We use three consecutive points in the grid to evaluate the gradients with the precision also accurate to  $O(dx^2)$ .

### **III. QUARTIC POTENTIAL**

We study here the degenerate double-well quartic potential which defines the model that we refer to also as  $\phi^4$ theory

$$V(\phi) = \frac{1}{4}\lambda(\phi^2 - v^2)^2,$$
 (3)

which sets the mass of the theory to be  $m^2 = 2\lambda v^2$ . Scaling out the vacuum expectation value and coupling the potential can be written

$$V(\phi) = \frac{1}{4}(\phi^2 - 1)^2 \tag{4}$$

so that the minima are located at  $\phi = \pm 1$  and the local maximum at  $\phi = 0$ . We use the following Gaussian initial data to create an oscillon:

$$\phi(r) = 1 - C \cdot \exp(-r^2/r_0^2), \tag{5}$$

where *r* is the distance to the center of an oscillon. The width of the distribution is set to be  $r_0 \simeq 2.9$  (in units of  $(\sqrt{\lambda}\eta)^{-1}$ ) in two and  $r_0 \simeq 3.0$  in three dimensions, suggested optimal choices in [48]. The maximum displacement in two dimensions is set to be C = 1 so that the center of the oscillon starts from the local maximum of the potential, while we use C = -1 in three dimensions again following [48].

## A. Properties in $\phi^4$ theory in two dimensions

As we kick off the oscillon by the somewhat arbitrary initial condition (5), it naturally sheds at least some fraction of the energy in the form of propagating waves moving away. As long as that emission is not too violent and at least further distance away from the oscillon core spreading and consequently damped in two or higher dimensions these waves can be assumed to be well characterized just by a linear approximation of the equation of motion (2), see (A1). Once the wave reaches the boundary of the grid, it is absorbed and the energy carried by the wave removed from the lattice. We thus expect monotonically decreasing total energy in the system, and this is also what we observe. Figure 1 shows the total energy (top line) in the lattice at the very early stage of the simulation. The total energy in the lattice will always include the radiative component emitted by the oscillon which has not yet reached the boundary of the grid. Thus we measure also the energy inside the radius  $r = 5r_0$  from the center of the oscillon and refer this as the energy of the oscillon. The oscillon is generally well localized inside this volume, but it covers less than 15% of the lattice used here. The energy inside this shell is also depicted in Fig. 1 (bottom line). In the beginning it takes a finite time for the wave to reach the boundary and even then the decrease in total energy is more gradual compared with the energy inside the shell; this is caused by the dispersion of the emitted waves. However, after the initial transient phase, these two ways to measure energy track each other well; there is only a time delay between them. This also provides a crucial check for the adequacy of the absorbing boundary conditions we use. Any reflected waves will travel back and reach the inner shell consequently increasing energy measured inside the radius there. There is no sign of such a burst at a visible level in Fig. 1 and we expect only a very minor reflection taking place at the boundary. We monitor the total energy and the energy inside the aforementioned shell throughout the simulations.

While at the early stage there is seemingly linear decrease in energy of the oscillon as shown in Fig. 1, this rate of energy loss flattens out. Figure 2 shows the energy inside the radius  $r = 5r_0$  over the simulation that reaches over  $10^8$  time units. First of all, there is no sign of the demise of the oscillon by this point in time. The energy is naturally monotonically decreasing function of time, but the rate of



FIG. 1. The total energy in the lattice (top) and energy inside a shell of radius  $r = 5r_0$  (bottom) in  $\phi^4$  theory in two dimensions.



FIG. 2. The energy inside a shell of radius  $r = 5r_0$  in  $\phi^4$  theory in two dimensions over the span of the simulation up to  $10^8$  time units.

decrease slows down raising the question if the energy approaches asymptotically a constant value, which we denote by  $E_0$  from now on. We searched for a power law of the form  $(E(t) - E_0) \sim t^{-\delta}$ . In practice, we performed least-square fit with three free parameters, the asymptotic energy  $E_0$ , the exponent  $\delta$  and an amplitude in the power law for the data. The best fit for the data presented in Fig. 2 is shown in Fig. 3 where we plot the difference of the energy inside the shell and the constant  $E_0 = 4.613$  on a logarithmic scale. The grey line is a guide to eye of a slope -0.152. There is very good agreement to this over three orders of magnitude in time providing strong evidence for the power law decay of the radiative component governed by a small exponent  $\delta = 0.1520 \pm 0.0005$  (we quote



FIG. 3. The difference of the energy inside a shell of radius  $r = 5r_0$  and the constant  $E_0 = 4.613$  in  $\phi^4$  theory in two dimensions. The grey straight line is a guide to eye of a power law  $(E - E_0) \sim t^{-\delta}$  with the slope  $\delta = 0.152$ .



FIG. 4. The amplitude as a function of time in  $\phi^4$  theory in two dimensions. The inset shows the data points in the fit  $A - A_0$  for  $A_0 = 0.33$  for time greater than 10<sup>5</sup>. The grey straight line is the best-fit power law  $(A - A_0) \sim t^{-\varrho}$  with the slope  $\varrho = 0.13$ .

hereafter uncertainties in quantities based on 68% confidence intervals derived from standard regression analysis applied to the subset of the data used for the fit). Moreover, there exist asymptotic value for the energy  $E_0$  of the oscillon with a value  $E_0 = 4.613 \pm 0.003$ , thus  $E_0 \gtrsim 4.6$ .

The decrease in energy is a consequence of the decline in the amplitude of the oscillations, i.e. the maximum excursion the field makes at the center of the oscillon, which we take to be towards the local maximum of the potential, initially set by C = 1. The amplitude A as a function of time is shown in Fig. 4. Also this quantity is fitted relatively well by a power law,  $(A(t) - A_0) \sim t^{-\varrho}$ . The best-fit values for the asymptotic value of the amplitude is  $A_0 = 0.33 \pm 0.06$  and for the exponent governing the power law  $\rho = 0.13 \pm 0.02$ . The comparison between the best fit and the data is shown in the inset in Fig. 4. This suggests that the oscillations would still undergo a substantial decrease in size before reaching the asymptotic value  $A_0$ . It should be noted that as the amplitude is not an integrated quantity like the energy of the oscillon, the uncertainty in the fit is prominently larger, and there remains scatter as can be seen in the inset in Fig. 4.

With decreasing amplitude the frequency of the oscillon increases. We measure the frequency through the oscillation period, determined from the field's three consecutive crossings of the minimum of the potential at the center of the oscillon. Based on the time step used we expect the accuracy in determining the frequency from the data to be around 0.0001. Figure 5 shows the frequency as a function of time over the simulation. At the end of the simulation the frequency is  $\omega = 0.964$ , still considerably below the threshold for radiation,  $\omega/m = 1$ .

Previous numerical studies of quasi- or pseudobreathers have established that there exists a critical frequency  $\omega^*$ 



FIG. 5. The oscillation frequency as a function of time in  $\phi^4$  theory in two dimensions. The inset shows the data points in the fit  $\omega^* - \omega$  for  $\omega^* = 0.981$  for time greater than  $10^5$ . The grey straight line is the best-fit power law  $(\omega^* - \omega_0) \sim t^{-\gamma}$  with the slope  $\gamma = 0.182$ .

such that  $\omega^* < 1$  and above which the oscillon disintegrates when the dimensionality in  $\phi^4$  theory is more than two [43,44]. Furthermore, it has been suggested that the approach of the frequency towards its critical value is governed by a power law as  $(\omega^* - \omega(t)) \sim t^{-\gamma}$  in [44]. Thus we searched again a power law by performing the least-square fit to the data. The best fit yields the critical frequency  $\omega^* = 0.981 \pm 0.003$  and the exponent governing the power law  $\gamma = 0.18 \pm 0.02$ . The data points for  $\omega^* - \omega(t)$  are depicted in the inset of Fig. 5. There remains a considerable scatter from the central value, the grey straight line that demonstrates the best-fit power law  $t^{-\gamma}$ , but there is evidence for a critical frequency  $\omega^* < 1$ .

In addition to the oscillation frequency, the whole power spectrum of an oscillon is of interest and insight to the properties of oscillons can be gained by a study in frequency space. We denote the oscillation frequency now by  $\omega_0$  to distinguish it from other frequencies present and secondly, to highlight that it can be considered a constant for any practical purposes in relatively short time intervals considered here. A separable ansatz consisting of a sum of multiplies of this frequency each with a separate spatial dependence has seen to converge quickly [43,44,49]

$$\phi(r,t) = \sum_{n=0}^{\infty} f_n(r) \cos(n\omega_0 t).$$
(6)

In an earlier work [50], we used a method inspired by one-particle spectral function at zero momentum in classical approximation (for spectral function, see [51,52]). This technique, employed to trace oscillons moving with varying speed, could be utilized here as well. As the spectral function involves a volume average, it produces generally quite a clean signal and reduces background noise. However, we wish to study the frequencies present at different locations on the grid and thus choose to obtain the straightforward Fourier transform of the field  $\phi(r)$  on a fixed lattice site over a time interval.

Figure 6 shows the Fourier transform of the field at the center of the oscillon,  $\phi(r = 0)$  over the interval of length 5000 in time units starting at time  $t = 1.024 \cdot 10^8$ . The oscillation frequency  $\omega_0$  (thus at this time  $\omega_0 = 0.964$ ) is naturally the most pronounced mode, its multiples appearing in the spectra with starkly smaller amplitudes. This suppression is clearly exponential, illustrated by the grey straight line superimposed above the peaks in Fig. 6. One should note here that when performing the discrete Fourier transform in a limited time interval it is likely that we do not capture the height of the very narrow peaks very precisely. The exponential fit to the data with the slope -2.2 should be thus considered rather indicative than quantitative. The results are qualitatively very similar to those obtained in [42] where periodic boundary conditions were utilized in a two-dimensional lattice. However, the signal here is very clean; there is hardly any noise present, but the curve shown is a smooth line. We point out that fast Fourier transform of Jacobi functions in an interval yields a very similar signal, including the exponential suppression of the amplitudes at which the higher multiples of the basic frequency appear as well as similar patterns between the peaks. An example is given in Fig. 7 where Jacobi function  $dn(\omega, 1/2)$  is shown. The resemblance is not coincidental-Jacobi functions are solutions to a type of elliptic nonlinear differential equations that result also by omitting the spatial dependence in the equation of motion (2) in  $\phi^4$  theory. Elliptic partial differential equations have



FIG. 6. The power spectrum of the field at the center of the oscillon, r = 0, in  $\phi^4$  theory in two dimensions. The grey straight line is a guide to eye of the exponential  $\exp(-b\omega)$  with the slope b = 2.2. The inset shows the spectrum around the oscillation frequency  $\omega_0 \simeq 0.96$ .



FIG. 7. The Fourier transform of the Jacobi function dn(t, 1/2). The height of the first peak is normalized to  $10^4$  and its location to unity.

also been shown to describe quasibreathers in  $\phi^4$  theory [11].

The use of absorbing boundary on the grid offers the opportunity to examine the outgoing radiation far away from the oscillon and circumvent the influence of the frequency directly related to oscillations at  $\omega = \omega_0$ . Figure 8 shows the Fourier transform of the field in the same time interval as in Fig. 6, but at location r = 80. This choice guarantees that the observation point is a considerable distance away from the oscillon core, but not at the edge of the lattice either where the equation of motion (2) is modified to create the absorbing boundary. There is signal at radiation frequency  $\omega = 1$  and just above it, but the most prominent peak is at the frequency  $\omega \approx 1.93$ , thus



FIG. 8. The power spectrum of the field far away from the oscillon core at r = 80, in  $\phi^4$  theory in two dimensions. The inset shows the spectrum around the location of the most prominent peak at  $\omega \simeq 1.93$ .

coinciding with the second frequency  $2\omega_0$  in the expansion (6). There is a peak in the spectra also at  $3\omega_0$  and just a visible structure at  $4\omega_0$ , but the signal at  $\omega = 2\omega_0$  is the most dominant, the height of the peak being over 30 times larger than that at other frequencies, though still almost 6 orders of magnitude below the main peak at the oscillon core. This observation is evidence for that it is the first mode in (6) for which the frequency is above the radiation threshold (here n = 2) that is primarily responsible for carrying away the energy from the oscillon.

## **B.** Properties in $\phi^4$ theory in three dimensions

In three dimensions, we start with a slightly broader width but considerably more energetic initial profile than in two dimensions as we set C = -1 and thus the amplitude of the excursion away from the minimum is towards the steeper side of the potential. The energy inside the radius  $r = 5r_0$  throughout the simulation is shown in Fig. 9. There is a very abrupt drop in energy at the very beginning, but then the decrease slows down and energy stabilizes above the value  $E \approx 40$  for a considerable period of time, until the oscillon disintegrates around time t =7200 which appears in the data as the second stark drop in energy.

Even though the oscillon clearly has a finite lifetime here, the steady decrease in energy is relatively well captured by a power law. This is demonstrated in Fig. 10 where the difference between the energy inside the shell and a constant  $E_0 = 41.56$  is shown on a logarithmic scale. The best-fit value for the exponent is  $\delta = 0.65 \pm 0.01$ , thus the strength of the emitted radiation decays far faster in time than in two dimensions. This is naturally only of secondary importance because the asymptotic value for the energy  $E_0 = 41.56 \pm 0.05$  is well below the value when the oscillon destabilizes, which is approximately at E = 42.7.



FIG. 9. The energy inside a shell of radius  $r = 5r_0$  in  $\phi^4$  theory in three dimensions.



FIG. 10. The difference of the energy inside a shell of radius  $r = 5r_0$  and the constant 41.56 in  $\phi^4$  theory in three dimensions. The grey straight line is a guide to eye of a power law given by  $(E - E_0) \sim t^{-\delta}$  with the slope  $\delta = 0.65$ .

The evolution of the amplitude A of the oscillations is shown in Fig. 11. On top of the general downward trend that follows closely the time evolution of the energy, the most notable feature is the growing fluctuation in this quantity in the course of time. This amplified oscillation in the amplitude around the central value with a decreasing frequency makes a simple power law fit to the data challenging. The best-fit to the data in the interval 500 < time < 5000 yields  $A_0 = -1.4 \pm 0.3$  and  $\varrho =$  $0.066 \pm 0.007$ , but it should be emphasized that the values in the fit are very sensitive to the selection of the time interval. The residuals of the fit are shown on a linear scale in the inset in Fig. 11. This highlights further the growing



FIG. 11. The amplitude as a function of time in  $\phi^4$  theory in three dimensions. The grey line is a guide to eye of a power law given by  $(A - A_0) \sim t^{-\varrho}$  with  $A_0 = -1.374$  and  $\varrho = 0.066$ . The inset shows the residuals in the afore mentioned fit.

fluctuations, the beat, in the amplitude; to capture the time evolution of the amplitude entirely and adequately a model with extra parameters to account for these oscillations would be required. The negative value of the asymptotic amplitude  $A_0$  indicates strongly the finite lifetime of the oscillon.

The oscillation frequency as a function of time is shown in Fig. 12. The frequency approaches  $\omega \simeq 0.97$  towards the end of the simulation before the oscillon decays. The fluctuations in the amplitude are naturally imprinted into the frequency. However, these do not prevent reaching a reasonable power law fit to the data over the whole span of the oscillon lifetime. In the best fit, the asymptotic value of the frequency is  $\omega^{\star} = 1.030 \pm 0.003$  and the exponent governing the power law  $\gamma = 0.20 \pm 0.01$ . The power law is demonstrated in the inset in Fig. 12. Like in the case of the amplitude, the asymptotic value of the frequency  $\omega^*$  remains physically meaningless as  $\omega^* > 1$ ; the oscillon has a finite lifetime and decays even before the frequency reaches the threshold for radiation  $\omega = 1$ . For more extensive studies of oscillons in quartic theory in three dimensions, in particular, the effect of the initial radius and amplitude, see [46].

While the decay of the oscillon in three dimensions restricts the length of the time interval we can observe the evolution, this fate merely enhances the importance to examine the frequency spectrum of the oscillon before its demise. Because of the relatively fast energy loss, the oscillation frequency shifts steadily and to overcome this effect we perform the Fourier transform over the interval of length 200 in time units (the choice of the shorter interval naturally compromises the resolution we can expect on the frequency axis compared with the analysis in two dimensions). We choose to start the interval at time t = 4000,



FIG. 12. The oscillation frequency as a function of time in  $\phi^4$  theory in three dimensions. The inset shows the data points in the fit  $\omega^* - \omega$  for  $\omega^* = 1.030$  for time greater than 100. The grey straight line is a guide to eye of a power law  $(\omega^* - \omega) \sim t^{-\gamma}$  with the slope  $\gamma = 0.2$ .



FIG. 13. The power spectrum of the field at the center of the oscillon, r = 0, in  $\phi^4$  theory in three dimensions. The grey straight line is a guide to eye of the exponential  $\exp(-b\omega)$  with the slope b = 1.8.

thus this interval is in the middle of the phase of relative subdued radiation appearing as the plateau in energy in Fig. 9.

The power spectrum at the center of the oscillon, r = 0, is shown in Fig. 13. It is qualitatively similar to the spectrum in two dimensions (Fig. 6) with peaks located at multiples of the oscillation frequency, which is here located approximately at  $\omega_0 \simeq 0.955$ . There are even similar patterns between the peaks as those seen in two dimensions. In addition, the suppression of the amplitudes which the peaks appear is still exponential as well, the best-fit value of the slope being -1.8, very comparable with the value obtained in the two-dimensional theory. Unsurprisingly, the form of the power spectrum is dictated by the potential rather than the dimensionality of the theory.

The major difference between two and three dimensions is the far larger emitted radiation taking place in the latter resulting to a greatly larger width of the peaks in frequency space. This has been considered analytically in [45,46] in the case of the oscillation frequency.

Figure 14 shows the Fourier transform of the field  $\phi$  obtained in the same time interval as in Fig. 13, but at the location r = 80. The strength of radiation shows simply in the far larger absolute values of the amplitudes compared with the situation in two dimensions, see Fig. 8. There are three distinctive peaks present in the spectrum. There is a substantial structure rising immediately above the threshold for radiation at  $\omega = 1$ . The origin of it can be traced to the large width of the peak of the basic oscillation frequency in Fig. 13, the part of this peak for which  $\omega > 1$  overflows in the form of free radiation (for a quantitative study, see [46]). The radiation signal at  $\omega \approx 1$  is far stronger than in two dimensions. However, also in three



FIG. 14. The power spectrum of the field far away from the oscillon core at r = 80, in  $\phi^4$  theory in three dimensions.

dimensions the dominant peak is at the frequency corresponding the double of the oscillation frequency,  $2\omega_0$ . The height of this peak is several factors larger than the one at  $\omega = 1$ . Moreover, as waves moving at frequency  $\omega = 2\omega_0$ carry a far larger amount of energy than those barely in the free, propagating domain at  $\omega \ge 1$ , we conclude that the dominant channel for the energy loss in three dimensions is also through the frequency band at  $\omega \simeq 2\omega_0$ . Finally, there is inferior, but still a visible peak in the spectra at  $\omega = 3\omega_0$ .

#### **IV. SINE-GORDON MODEL**

Sine-Gordon model is of considerable interest from the point of view of oscillating solutions both on theoretical and phenomenological grounds: in one-dimension it has a stable breather solution and it is also the potential of axion field (formation of oscillating energy concentrations in axion field were studied in [53]). In [54], a fine-tuned initial ansatz was reported to create almost dissipationless breather in two dimensions. Here we start with the same Gaussian ansatz as in  $\phi^4$  theory given by (5) with  $r_0 \simeq 2.9$  and C = 1. We scale the potential of sine-Gordon model

 $V(\phi) = \frac{\Lambda^4}{\alpha^2} (1 - \cos(\alpha \phi))$ 

to

$$V(\phi) = \frac{1}{\pi^2} (1 + \cos(\pi\phi)),$$
 (8)

(7)

so that locations of the minima are the same as in  $\phi^4$  theory, but here the mass  $m^2 = 1$ .

#### A. Properties in two dimensions

Figure 15 shows the energy inside the shell with radius  $r = 5r_0$  in the simulation up to  $5 \cdot 10^7$  time units. This is



FIG. 15. The energy inside a shell of radius  $r = 5r_0$  in sine-Gordon model in two dimensions over the span of the simulation up to  $5 \cdot 10^7$  time units.

qualitatively very similar to the case in quartic theory. We sought again for a power law using least-square fit. The result is presented in Fig. 16 where the constant  $E_0 = 4.769$  is subtracted from the energy inside the shell. The resulting curve has the slope -0.119 on the logarithmic scale, demonstrated by the grey straight line in the figure. We lack some of the dynamical range reached in the simulation in  $\phi^4$  theory, but there is evidence for a power law roughly over three orders of magnitude in time with an exponent  $\delta = 0.119 \pm 0.003$ . The rate of decrease is marginally smaller than what we observed in  $\phi^4$  theory, and the asymptotic energy of the oscillon,  $E_0 = 4.77 \pm 0.01$ , is now slightly larger, but generally oscillons in both models are comparatively similar lumps of energy.



FIG. 16. The difference of the energy inside a shell of radius  $r = 5r_0$  and the constant  $E_0 = 4.769$  in sine-Gordon model in two dimensions. The grey straight line is a guide to eye of a power law  $(E - E_0) \sim t^{-\delta}$  with the slope  $\delta = 0.119$ .



FIG. 17. The amplitude as a function of time in sine-Gordon model in two dimensions. The inset shows the data points in the fit  $A - A_0$  for  $A_0 = 0.37$  for time greater than  $10^5$ . The grey straight line is the best-fit power law  $(A - A_0) \sim t^{-\varrho}$  with the slope  $\varrho = 0.13$ .

The amplitude of the oscillations behaves also very similar way compared with the quartic theory in two dimensions. Figure 17 shows the amplitude over the course of time. The inset demonstrates the best-fit power law where  $A_0 = 0.37 \pm 0.10$  and  $\varrho = 0.13 \pm 0.05$ . The derived errors in the fit are quite large, it can be seen that there is substantial scatter around the central value for time  $<10^6$ , the oscillon in sine-Gordon model has a larger asymptotic amplitude  $A_0$  than in  $\phi^4$  theory.

The evolution of the frequency as a function of time is shown in Fig. 18. Like in the case of energy, the rate of



FIG. 18. The oscillation frequency as a function of time in sine-Gordon model in two dimensions. The inset shows the data points in the fit  $\omega^* - \omega$  for  $\omega^* = 0.991$  for time greater than  $10^5$ . The grey straight line is the best-fit power law  $(\omega^* - \omega_0) \sim t^{-\gamma}$  with the slope  $\gamma = 0.122$ .

change is less than in quartic theory and the oscillation frequency reaches value  $\omega = 0.961$  at the end of the simulation at time point  $t = 5.12 \cdot 10^7$ . The search for a critical frequency and an associated power law here yields quite a stringent results. There is a remarkably good fit to the data with  $\omega^* = 0.991 \pm 0.002$  and  $\gamma = 0.120 \pm$ 0.004. The data points for  $\omega^* - \omega(t)$  are shown in the inset of Fig. 18 together with the grey straight line that demonstrates the power law  $t^{-\gamma}$ . This suggests now that there exists a critical frequency  $\omega^* < 1$  in twodimensional sine-Gordon model that would correspond an oscillon with a minimum energy.

The power spectrum of the oscillon in sine-Gordon model is shown in Fig. 19 obtained by a Fourier transform in an interval of length 500 in time units starting at time  $t = 5.12 \cdot 10^7$ . There are no even multiples of the oscillation frequency  $\omega_0$  present in the spectra. This is simply due to the symmetry of the potential (7) in sine-Gordon model with respect to its minima-there cannot be nonzero terms  $f_n(r)$  in (6) for an even n. The remaining peaks are exponentially suppressed as a function of frequency  $\omega$ . This suppression is even quantitatively very similar to the one in quartic theory. The small difference in the slope we measure is well within the limits of uncertainty we can expect in evaluating the height of the narrow peaks.

Figure 20 shows the Fourier transform of the field in the same time interval as Fig. 19, but at location r = 80. Now the most dominant peak is at  $\omega = 2.88 = 3\omega_0$ , the first radiative mode as the even multiples of  $\omega_0$ , including  $2\omega_0$ , do not exist. There is still a visible pinnacle at  $5\omega_0$  and a substantial peak just above the radiation frequency  $\omega = 1$ , but exactly like in  $\phi^4$  theory that one is more than order of magnitude suppressed compared with the prominent one at



FIG. 19. The power spectrum of the field at the center of the oscillon, r = 0, in sine-Gordon model in two dimensions. The grey straight line is a guide to eye of the exponential  $\exp(-b\omega)$  with the slope b = 2.1. The inset shows the spectrum around the oscillation frequency  $\omega_0 \simeq 0.96$ .



FIG. 20. The power spectrum of the field far away from the oscillon core at r = 80, in sine-Gordon model in two dimensions. The inset shows the spectrum around the location of the most prominent peak at  $\omega \simeq 2.88$ .

the frequency  $3\omega_0$ . Also in sine-Gordon model, it is the first nonzero multiple of the basic frequency  $\omega_0$  above the threshold for radiation that leaks the energy from the oscillon.

The Gaussian ansatz (5) does not create long-lived oscillons in sine-Gordon model in three dimensions. For an investigation with fine-tuned initial conditions see [54].

## V. A CONVEX POTENTIAL

Majority of the studies on oscillons has been carried out in the context of  $\phi^4$  theory (see e.g., [6,10,44,48]) or in sine-Gordon model. Both potentials (3) and (7) have degenerate vacua and inflections points. In [55], the study dealt potentials that are nearly quadratic. In particular a quadratic potential with a negative logarithmic correction was reported to support long-lived lumps (called I-balls by the authors). Very recently there has been interest in convex potentials and a study [32] considered the formation of oscillons in the following potential:

$$V(\phi) = \frac{m^2 M^2}{2\beta} \left[ \left( 1 + \frac{\phi^2}{M^2} \right)^{\beta} - 1 \right],$$
 (9)

which is motivated by a number of supergravity and superstring scenarios.

It was the work in [55] that initially lead us to study the effects of the form of potential on the existence of longlived oscillating solutions. We have chosen to study the following convex function:

$$V(\phi) = \frac{\phi^2}{1 + \phi^{2p}},$$
 (10)

which reduces into a quadratic form  $\phi^2/2$  when exponent p = 0. Figure 21 shows the potential (10) close to its



FIG. 21. Potential  $V(\phi)$  in (10) around the minimum for values p = 0.4, 0.3, 0.2 (from top to bottom), and for p = 0, when  $V(\phi) = \phi^2/2$ , shown by the grey line.

minimum for values p = 0.4, 0.3 and 0.2 together with the quadratic potential  $\phi^2/2$  indicated by the grey line. For positive values of the exponent p and in the vicinity of the minimum,  $|\phi| < 1$ ,  $V(\phi) > \phi/2$ , thus for the range of values of the field where the oscillations take place the potential  $V(\phi)$  is steeper than quadratic  $\phi^2/2$ .

The potential (10) sets far greater challenge for the absorbing boundary conditions than  $\phi^4$  theory or sine-Gordon model. This becomes readily apparent in Fig. 22 where the second derivative of the potential is shown for the same values of parameter p. Already small deviations from the vacuum  $\phi = 0$  create large variations in V'', the greater the smaller parameter p is. This is a drawback from the point of view of the absorbing boundary conditions used because they are based on the assumption that the



FIG. 22. The second derivative of the potential  $V(\phi)$  in (10) for p = 0.4, 0.3, 0.2 (from broader to narrower spikes). The grey line shows the constant  $m^2 = 1$  for a quadratic potential.

potential can be linearized in the equation of motion. Once the fluctuations create large corrections, the absorption can be expected to be only partial or, in the worst case, the update on the boundary even pumps energy into the lattice. We restrict considerations from now on to values  $1/2 > p \ge 0.4$  which yield less stark variations and for which the radiation is clearly adequately removed from the lattice. Potential (10) is also more time consuming to evaluate numerically and consequently the simulations do not reach such a long final time as the one presented in  $\phi^4$  theory, but typically order of  $10^6$  time units.

#### A. Properties in two dimensions

Also here the oscillon is initialized by a Gaussian deviation from the vacuum

$$\phi(r) = C \cdot \exp(-r^2/r_0^2),$$
(11)

with the same width as before  $r_0 \approx 2.9$ , but due to the steepness of the potential (10) we set the amplitude of the displacement to be smaller, C = 0.6. The oscillons formed are well described by a Gaussian shape though with a slightly larger width and a longer tail. After a short initial phase of radiation, the oscillon settles into a state characterized by a very constant energy. We present the data from simulation when the exponent was set to p = 0.45. The energy inside the radius  $r = 5r_0$  for this choice remains above E = 3.8. We carried out the least-square fit for the energy. Now far more fine-tuningis required for seeking the asymptotic energy  $E_0$ . Figure 23 shows the constant  $E_0 = 3.80343$  subtracted from the energy inside the shell. The radiative component decays now almost inversely proportional to time, the best-fit exponent being



FIG. 23. The difference of the energy inside a shell of radius  $r = 5r_0$  and the constant  $E_0 = 3.80343$  in the convex potential (10) for p = 0.45 in two dimensions. The grey straight line is a guide to eye of a power law  $(E - E_0) \sim t^{-\delta}$  with the slope  $\delta = 0.97$ .



FIG. 24. The power spectrum of the field at the center of the oscillon, r = 0, in the convex potential (10) for p = 0.45 in two dimensions. The grey straight line is a guide to eye of the power law  $\omega^{-\kappa}$  with the slope  $\kappa = 4.6$ . The inset shows the spectrum around the oscillation frequency  $\omega_0 \simeq 0.88$ .

 $\delta = 0.97$  and the corresponding power law demonstrated by the grey line in the figure. There is agreement with this power law over two orders of magnitude in time during which the difference  $(E(t) - E_0)$  drops below  $10^{-4}$ . The best-fit values for the asymptotic energy and the exponent governing the power law are  $E_0 = 3.80343(4)$  and  $\delta =$  $0.974 \pm 0.003$ , respectively. The diminutive uncertainty in the value of energy reflects the fine-tuning needed in the fit, and in turn the stability of the value the energy reaches in the simulation.

Nearly constant energy implies also very stable oscillation frequency. After initial phase the oscillation frequency settles to  $\omega_0 = 0.879$  and we do not observe any increase in this, but within the accuracy to determine frequencies it remains the same until the end of the simulation beyond time  $t = 4 \cdot 10^6$ . It is noteworthy that this value is considerably below the threshold for radiation. The amplitude of the oscillations settles to a value  $A \simeq 0.49$ .

We show the power spectrum of the oscillon in the potential (10) for p = 0.45 obtained in the previously used time interval starting at time  $t = 4 \cdot 10^6$  in Fig. 24. Because the potential (10) is symmetric around its minimum, there are only peaks at odd multiples of the oscillation frequency as in sine-Gordon model. But it is surprising that the suppression is governed by a power law, we plot also the frequency axis on a logarithmic scale in Fig. 24. On the basis of the stability and weak radiation from the oscillon a strong exponential suppression of radiative modes would have been likely. The power law decrease as a function of the frequency is considerably quick though, the amplitudes are suppressed roughly as  $\omega^{-5}$  though the exponent should be considered only indicative.



FIG. 25. The power spectrum of the field far away from the oscillon core at r = 80, in the convex potential (10) for p = 0.45 in two dimensions. The inset shows the spectrum around the most prominent peak at frequency  $\omega \simeq 1.07$ .

Figure 25 shows the frequencies present far away from the oscillon core at r = 80. There is a peak at frequency  $\omega = 2.64$ , thus at  $3\omega_0$ , but this one is not the dominant. Instead, the amplitude of the peak just above the radiation frequency at  $\omega = 1.07$  is over 70 times higher. The dominant radiative mode is not related to multiples of the oscillation frequency  $\omega_0$ .

#### **B.** Properties in three dimensions

We use the same Gaussian initial ansatz (11) with the same width and amplitude as in two dimensions. This initial profile creates now an oscillating lump also in three dimensions though the oscillon has a larger width and a longer tail than the Gaussian distribution. The data shown is for the same value p = 0.45 in the potential (10). After the initial stronger radiative phase, there remains energy above the value E = 13.9 within the radius  $r = 5r_0$ .

For the least-square fit, we use now the data on the total energy in the lattice because the oscillon is more spatially spread and due to the precision required in determining the value of the constant  $E_0$  below  $10^{-3}$  the fluctuations in the energy inside the shell become apparent (they are to a lesser extent already visible in Fig. 23). Figure 26 shows the constant  $E_0 = 13.908$  subtracted from the total energy. The decaying component decreases fast in time, the best-fit for the exponent governing the power law is  $\delta = 1.09 \pm$ 0.01 while the asymptotic value of the energy is  $E_0 =$ 13.9081 ± 0.0002. There is fairly large uncertainty in the value of the exponent, but there is good evidence that the radiative part decays faster than inversely proportional to time. The amplitude related to this energy is  $A \simeq 0.34$ .

With the aforementioned energy the oscillation frequency settles to  $\omega \simeq 0.939$ . Again we do not observe increase in the frequency within the numerical accuracy



FIG. 26. The difference of the total energy and the constant  $E_0 = 13.908$  in the convex potential (10) for p = 0.45 in three dimensions. The grey straight line is a guide to eye of a power law  $(E - E_0) \sim t^{-\delta}$  with the slope  $\delta = 1.05$ .

after the initial phase. Figure 27 shows the power spectrum of the three-dimensional oscillon obtained in the previously used time interval starting at time  $t = 4 \cdot 10^6$ . The result is very similar to Fig. 24 with peaks at odd multiples of the basic frequency  $\omega_0$ . The suppression of the higher amplitudes is again governed by a power law demonstrated by the grey straight line in the figure. The measured slope is slightly steeper than in two dimensions, but this difference is hardly significant taking into account the accuracy of the data we can expect.

Figure 28 shows the frequencies at the location r = 80. There is only barely visible structure above the background



FIG. 27. The power spectrum of the field at the center of the oscillon, r = 0, in the potential (10) for p = 0.45 in three dimensions. The grey straight line is a guide to eye of the power law  $\omega^{-\kappa}$  with the slope  $\kappa = 4.85$ . The inset shows the spectrum around the oscillation frequency  $\omega_0 \simeq 0.94$ .



FIG. 28. The power spectrum of the field far away from the oscillon core at r = 80, in the potential (10) for p = 0.45 in three dimensions. The inset shows the spectrum around the most prominent peak at frequency  $\omega \simeq 1.04$ .

at  $\omega \approx 2.82$ , three times the value of the oscillation frequency. The only peak of any note is located at frequency  $\omega = 1.04$ , thus barely above the threshold for propagating radiation.

To summarize our findings of the oscillons in the convex potential (10), the change from two to three dimensions seem to have surprisingly small effect. In both dimensions there remains a very stable lump of energy oscillating at a constant frequency which emits only tiny amount of radiation. While we do not have an explanation for their longevity, the investigation in frequency space gives one answer. As the oscillon can primarily only excite modes that are just above the threshold for radiation, i.e.  $(\omega - m) \ll 1$ , obviously such modes can carry only lesser amount of energy away from the core of the lump. Consequently, we can expect far reduced emitted radiation compared with  $\phi^4$  theory and sine-Gordon model as we indeed observe (it cannot be excluded that some of the signal we see is from relic radiation on the lattice that was not absorbed by the boundary, but reflected back to the grid).

We have considered here only very limited range of values of the parameter p in the potential (10), but the potential supports oscillons in a wider variety of the values of the exponent p governing its steepness [56]. With a different choice for lattice spacing and time step, oscillons have survived up to  $10^7$  time units [56]. This is hardly a surprising result taking into account their minuscule radiation losses.

Finally, it should be noted that nonradiating oscillons have been found in one-dimensional signum-Gordon model [57] (more recently also a new class of swaying oscillons have been discovered in the same model [58]). It is defined by the potential

$$V(\phi) = g|\phi|. \tag{12}$$

The convex potential (10) reduces to linear for p = 1/2 in the limit of large field,  $|\phi| \gg 1$ . This is not the realm where oscillations of the field take place, but it cannot be excluded right away that there were no connection between oscillons we have reported here and those described in [57]. At very least, both are examples of oscillons appearing in theories where the potential is not a smooth one.

### **VI. CONCLUSIONS**

We have studied oscillons in  $\phi^4$  theory, sine-Gordon model and in convex potentials, performing (1 + 1)dimensional simulations assuming radial symmetry. An important ingredient was the development of absorbing boundary conditions for a massive, real scalar field. Generally absorbing boundary conditions work well and radiation is removed from the lattice.

We showed that the time evolution of the energy and the frequency of oscillons is well modeled by dividing it to a constant and a decaying radiative part. There is strong evidence that the decay of the radiative part is governed by a power law in all models considered. We further determined the values of the constant components as well as values of the exponents in the power law decay, which we summarize in Table II. The power law decay has been previously reported in  $\phi^4$  theory [45,46] and for flat-top oscillons in [20]. Note that for the oscillons in the convex potentials the frequency remains constant, which is a qualitatively new behavior for an oscillon.

We also studied the evolution of the amplitude and the oscillation frequency over time, our results are summarized in Tables III and IV. The oscillon amplitude also exhibits a power law decay, which in three dimensions is strongly modulated by a beat frequency, while in the case of the convex potential it is constant.

Furthermore, we examined the power spectrum of field at the center of oscillon and near the boundary. While in  $\phi^4$ theory and in sine-Gordon model there is an exponential attenuation of higher multiples of the oscillation frequency, the oscillons in the convex potential show only a power law suppression.

TABLE II. The values of the asymptotic energy  $E_0$  and the exponent  $\delta$  in  $(E(t) - E_0) \sim t^{-\delta}$  for the oscillons in the various models studied with the initial conditions as mentioned in the text.

model	dim	$E_0$	δ
quartic theory	2	$4.613 \pm 0.003$	$0.1520 \pm 0.0005$
quartic theory	3	$41.56 \pm 0.05$	$0.65\pm0.01$
sine-Gordon	2	$4.77 \pm 0.01$	$0.119 \pm 0.003$
convex potential	2	$3.803430 \pm 4 \cdot 10^{-6}$	$0.974 \pm 0.003$
convex potential	3	$13.9081 \pm 0.0002$	$1.09\pm0.01$

TABLE III. The values of the asymptotic amplitude  $A_0$  and the exponent  $\varrho$  in  $(A(t) - A_0) \sim t^{-\varrho}$  for the oscillons in the various models studied with the initial conditions as mentioned in the text.

model	dimension	$A_0$	6
quartic theory	2	$0.33 \pm 0.06$	$0.13 \pm 0.02$
quartic theory	3	$-1.4 \pm 0.3$	$0.066 \pm 0.007$
sine-Gordon	2	$0.37\pm0.10$	$0.13\pm0.05$

Understanding the manner oscillons radiate and shed their energy away is crucial in gaining insight for their persistence and longevity. We studied the outgoing radiation in frequency space. The emitted radiation in  $\phi^4$  theory and in sine-Gordon model is strongly peaked at the first nonzero multiple of the basic frequency, while in the convex potential the oscillons radiate at a low frequency just above the threshold to release radiation. Our results in quartic theory, in particular, in two dimensions, agree well with the study of quasibreathers in the same model [44]. There it was identified that the emissions take place at the frequencies  $n\omega_0$ , with  $n \ge 2$  with the frequency  $2\omega_0$  being the dominant one. The quasibreather approach, i.e. ansatz (6), does not assign any width for the frequencies. This was considered the starting point in the work [46] when dealing with the basic oscillation frequency. Our results indicate that there is a contribution from both sources, from higher modes as well as from the spread related to the basic oscillation frequency and once again highlight the richness and complexity of oscillons. An approach that would account for both higher frequencies present in the spectra as well as the width of the frequencies might capture the problem of oscillon radiation in full.

What do the results tell about the lifetime of oscillons? The appearance of the constant  $E_0$  now raises the question of its physical interpretation. While it would be tempting to define it as the energy of a nonradiating oscillon, this kind of conclusion cannot be made straightforwardly. It is, namely, not obvious at all that there are oscillon solutions at such energy. While the energy decreases the oscillon oscillates faster and the oscillation frequency  $\omega_0$  increases. Once close enough to the threshold for radiation  $\omega = m$  oscillon demises when it reaches its minimum energy state [43,44]. This was well demonstrated in  $\phi^4$  theory in three dimensions, there the asymptotic energy  $E_0$  is well below the energy level that caused the oscillon to dissolve.

TABLE IV. The values of the critical frequency  $\omega^*$  and the exponent  $\gamma$  in  $(\omega^* - \omega(t)) \sim t^{-\gamma}$  in two dimensions for the oscillons with the initial conditions as mentioned in the text.

model	$\omega^{\star}$	γ
quartic theory	$0.981 \pm 0.003$	$0.18 \pm 0.02$
sine-Gordon model	$0.991 \pm 0.002$	$0.120 \pm 0.004$

#### RADIATION AND RELAXATION OF OSCILLONS

Because the radiative part shows a slow decay in time in two dimensions, the energy oscillons have reached at the end of simulations is still well above the asymptotic value  $E_0$  in  $\phi^4$  theory and sine-Gordon model, more precisely by 13% and 7%, respectively, (it should be noted that there are some theoretical bounds on the minimum energy of lumps [59]).

However, the case for the convex potentials presented here is definitely intriguing. We have shown that there the suppression of the radiation losses is quick, roughly inversely proportional to time. Thus only very small further decrease in energy is to be expected to occur, orders of magnitude less than in  $\phi^4$  theory or in sine-Gordon model. Furthermore, the frequency of oscillons is well below the threshold for radiation. This all makes it possible that these oscillons could go on indefinitely long. Another open question remaining is if it is possible to tailor potentials in which the emission of radiation from oscillon is strongly suppressed also in higher dimensions. The convex potential we considered is not phenomenologically particularly well motivated, but if this sort of oscillons can also appear in more realistic theories their long life-time would almost certainly make them viable to affect physics in the system there.

### **APPENDIX: ABSORBING BOUNDARIES**

In this appendix, the absorbing boundary conditions are presented. As the starting point consider the following linear wave equation

$$\ddot{\varphi} - \nabla^2 \varphi + \varphi \cdot V''|_{\varphi=0} = 0, \tag{A1}$$

where  $\varphi$  is now a small perturbation around a chosen vacuum and V'' evaluated at that point. For example, in  $\phi^4$  theory  $\phi \rightarrow v - \varphi$  and  $V''(\phi)|_{\phi=v} = 2\lambda v^2 = m^2$ . The treatment here follows closely the one presented in [60] for a massless scalar field (for absorbing boundary conditions in general, see also [61]).

#### 1. Cylindrical Wave

When one assumes radial symmetry in two space dimensions the wave Eq. (A1) reads

$$\frac{\partial^2 \varphi}{\partial t^2} - \frac{\partial^2 \varphi}{\partial r^2} - \frac{1}{r} \frac{\partial \varphi}{\partial r} + m^2 \varphi = 0.$$
 (A2)

The solutions of (A2) are Bessel functions, but considering an absorbing boundary at far distance  $(r \gg 1)$  the approximative solution reads

$$\varphi(t, r) = \frac{1}{\sqrt{r}} \exp[i(\sqrt{\omega^2 - m^2}r + \omega t)], \quad (A3)$$

where  $\omega$  is a dual variable to *t*. This solution (A3) is annihilated at the boundary  $r = r_b$  (to order  $r^{-5/2}$ ) by the operator in the parenthesis

$$\left[\frac{\partial}{\partial r} - i\sqrt{\omega^2 - m^2} + \frac{1}{2r}\right]\varphi_{|_{r=r_b}} = 0.$$
 (A4)

From the point of view of numerical implementation using leap frog update, we aim to second order equations at the boundary. Expanding the square root to second order in (A4) and replacing the variable  $\omega$  by the corresponding time derivative one obtains an absorbing boundary condition on the edge of the one-dimensional grid

$$\frac{\partial}{\partial t}\frac{\partial\varphi}{\partial r} + \frac{\partial^2\varphi}{\partial t^2} - \frac{1}{2}m^2\varphi + \frac{1}{2r}\frac{\partial\varphi}{\partial t} = 0.$$
 (A5)

The Eq. (A5) permits a straightforward time evolution using leap frog algorithm. To be more precise, the condition (A5) yields a new evolution equation for the field momentum II compared to that in the interior of the lattice, whereas the update of the field  $\phi$  stays unaltered. The last term in (A5), suppressed by inverse of physical distance r, results from the treatment in the polar coordinates. It turns out to be fairly insignificant with the numerical setup used in this study, but in a smaller grids it increases the absorption.

#### 2. Spherical Wave in Three Dimensions

When one assumes spherical symmetry in three dimensions, the solution for the wave equation

$$\frac{\partial^2 \varphi}{\partial t^2} - \frac{\partial^2 \varphi}{\partial r^2} - \frac{2}{r} \frac{\partial \varphi}{\partial r} + m^2 \varphi = 0.$$
 (A6)

is given by

$$\varphi(t,r) = \frac{1}{r} \exp[i(\sqrt{\omega^2 - m^2}r + \omega t)].$$
(A7)

This is annihilated at the boundary  $r = r_b$  by

$$\left[\frac{\partial}{\partial r} - i\sqrt{\omega^2 - m^2} + \frac{1}{r}\right]\varphi_{|_{r=r_{\rm b}}} = 0, \qquad (A8)$$

which leads to following absorbing boundary condition

$$\frac{\partial}{\partial t}\frac{\partial\varphi}{\partial r} + \frac{\partial^2\varphi}{\partial t^2} - \frac{1}{2}m^2\varphi + \frac{1}{r}\frac{\partial\varphi}{\partial t} = 0, \qquad (A9)$$

appropriate when a three-dimensional system is considered in a spherically symmetric geometry.

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