# Decoherence in an accelerated universe

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(Received 14 November 2011; published 14 March 2012)

In this paper we study the decoherence of the semiclassical branches of an accelerated universe. We use a third quantization formalism to analyze the decoherence between two branches of a parent universe caused by their interaction with the vacuum fluctuations of the space-time and with other parent universes in a multiverse scenario.

DOI: [10.1103/PhysRevD.85.063511](http://dx.doi.org/10.1103/PhysRevD.85.063511) PACS numbers: 98.80.Qc, 03.65.Yz

## I. INTRODUCTION

Decoherence plays a fundamental role in quantum mechanics and cosmology. Through a decoherence process, a subset of preferred states is effectively selected from the whole quantum superposition and so that decoherence becomes the ultimate reason for the emergence of a classical universe in quantum cosmology [\[1](#page-10-0)–[3\]](#page-10-1). However, in a closed system the choice between the relevant and the irrelevant variables is rather arbitrary and different subsystems can effectively be considered as the environment of a particular quantum system.

Decoherence and dissipative processes between a system and its environment make the state of the system evolve into a state of higher entropy [\[1\]](#page-10-0). In quantum cosmology, such an entropy increasing provides us with an arrow of time and it is thus responsible for the irreversibility in the Universe [\[4](#page-10-2)].

The interaction between an homogeneous and an isotropic universe and the density fluctuations and gravitational waves has been studied in Refs. [\[5](#page-10-3)–[10\]](#page-10-4) (see also, Refs. [[11](#page-10-5)[–13\]](#page-10-6)). In this case, the relevant variables are the scale factor and the homogeneous degrees of freedom of the scalar field. What is considered as irrelevant degrees of freedom, which are traced out from the state of the Universe, induces however observable effects on the properties of the semiclassical branch of the Universe.

The following effects can be pointed out: the decoherence of different branches of the Universe [[6](#page-10-7)[,7\]](#page-10-8), the shift of the coupling constants and the reduction of the value of the cosmological constant [[8](#page-10-9)[,9\]](#page-10-10), and the modification of the coherence properties of the fields that propagate in the space-time [[8](#page-10-9),[10](#page-10-4)].

In this paper, we review the effects that decoherence processes can produce on the state of an homogeneous and isotropic branch of an accelerating universe. In Sec. [II](#page-0-0), we apply the formalism developed in Refs. [[6,](#page-10-7)[7\]](#page-10-8) to analyze the decoherence between the expanding and contracting branches of the Universe due to the interaction with a scalar field, for quintessence-dominated, vacuumdominated, and phantom-dominated universes. The third

quantization formalism is used in Sec. [III](#page-3-0) to study the interaction between parent universes and between a parent universe and a plasma of baby universes which represent, in a first approximation, the quantum fluctuations of the space-time of the parent universe, following the parallel quantum optics developments. In Sec. [IV,](#page-9-0) we draw some conclusions.

# <span id="page-0-0"></span>II. DECOHERENCE OF THE BRANCHES OF AN ACCELERATING UNIVERSE

In Refs. [[1,](#page-10-0)[6](#page-10-7)[,7\]](#page-10-8), the inhomogeneous modes of a scalar field are taken as the irrelevant variables in order to obtain a reduced density matrix that represented the quantum state of the homogeneous universe. The inhomogeneous modes were coupled to the metric of a spatially closed space-time [\[14\]](#page-10-11), which is assumed to be in the semiclassical regime. The result is that the expanding and contracting branches of the Universe are quickly decoupled for large values of the scale factor. Thus, the Universe is either in an expanding or in a contracting state but not in a quantum superposition of both.

In a flat universe, the formalism used in Ref. [\[6\]](#page-10-7) cannot be directly applied because the inhomogeneous modes of the massless scalar field are coupled to a zero curvature term of the metric [[14\]](#page-10-11). However, we can consider a scalar field with a mass term which is minimally coupled to the curvature scalar. Except for this feature, in order to analyze the decoherence of the branches of the accelerated universe, we can follow the same procedure used in Ref. [[6\]](#page-10-7).

Let us consider therefore a flat homogeneous and isotropic universe which is dominated by a perfect fluid with equation of state  $p = w\rho$ , where p and  $\rho$  are the pressure and the energy density of the fluid, respectively, and  $w$  is a constant parameter. Let us also consider a scalar field  $\varphi$ with mass, *m*. The Wheeler De Witt equation can be written, with the usual choice of the factor ordering [\[1\]](#page-10-0), as

<span id="page-0-1"></span>
$$
\left(a^2\partial_{aa}^2 + a\partial_a + \frac{\Omega_0^2}{\hbar^2}a^{2q} - \partial_{\varphi\varphi}^2 + \frac{m^2}{\hbar^2}a^6\varphi^2\right)\phi(a,\varphi) = 0,
$$
\n(1)

where *a* is the scale factor,  $\phi(a, \varphi)$  is the wave function of<br>the Universe  $Q_1^2 = 4\pi G a_0$  is a constant which is proporthe Universe,  $\Omega_0^2 = 4\pi G \rho_0$  is a constant which is proportional to the energy density of the Universe at a given tional to the energy density of the Universe at a given boundary hypersurface  $\rho_0$  [[15](#page-10-12)], and  $q = \frac{3}{2}(1 - w)$ . The solutions of the gravitational part of Eq. (1) are given in solutions of the gravitational part of Eq. [\(1](#page-0-1)) are given in terms of Bessel functions [[16](#page-10-13),[17](#page-10-14)],

$$
\phi_0(a) \propto \mathcal{H}_0^{(1,2)}(\tilde{\Omega}_0 a^q),\tag{2}
$$

<span id="page-1-0"></span>with  $\tilde{\Omega}_0 = \Omega_0/q^h$ , and  $\mathcal{H}_n^{(1)}$  and  $\mathcal{H}_n^{(2)}$  are the Hankel<br>functions of the first and second kinds of order *n*. The functions of the first and second kinds of order  $n$ . The boundary condition used in Eq. ([2](#page-1-0)) is the tunneling boundary condition [[18](#page-10-15)]. In the asymptotic limit of large values of the scale factor [[19](#page-10-16)], we have

$$
\mathcal{H}_0^{(1,2)}(\tilde{\Omega}_0 a^q) \sim a^{-q/2} e^{\pm i[\tilde{\Omega}_0 a^q - (\pi/4)]},\tag{3}
$$

<span id="page-1-1"></span>where the  $+$  and  $-$  signs correspond to the Hankel function of the first and second kinds, respectively. The solutions given by Eq. ([3\)](#page-1-1) describe the expanding and contracting branches of the semiclassical universe, as can be checked by noting that the momentum operator is given by

$$
\hat{p}_a\phi(a) \equiv -i\hbar\partial_a\phi(a) \propto \pm \frac{\partial S_0}{\partial a},
$$

with  $S_0 = \Omega_0 a^q$  the classical action, and the semiclassical momentum becomes  $p_a^s = -a(\partial a/\partial t)$ ; then  $a(\partial a/\partial t) \propto \pm \partial S_a/\partial a$ , where the time variable t is defined in terms of  $\pm \partial S_0/\partial a$ , where the time variable t is defined in terms of the scale factor through the classical equation,  $a(\partial a/\partial t)$  =  $\pm \Omega_0 a^{q-1}$  [\[18\]](#page-10-15). Thus, the Hankel function of the second kind corresponds to the expanding branch of the Universe and the Hankel function of the first kind describes its contracting branch.

In the semiclassical regime, the wave function of the Universe can be written as

$$
\phi(a,\,\varphi) = C(a)e^{\pm iS_0(a)}\chi(a,\,\varphi),\tag{4}
$$

<span id="page-1-3"></span>where  $C(a) = a^{-(q/2)}$ . The function  $\chi(a, \varphi)$  satisfies the following Schrödinger equation [6.7]. following Schrödinger equation  $[6,7]$  $[6,7]$  $[6,7]$ :

$$
\frac{1}{2a^3} \left( -\frac{\partial^2}{\partial \varphi^2} + m^2 a^6 \right) \chi = i \frac{\partial \chi}{\partial t}.
$$
 (5)

<span id="page-1-2"></span>Following the above references, we shall look for Gaussian solutions

$$
\chi = A(a)e^{-B(a)\varphi^2}.
$$
 (6)

Inserting Eq. [\(6](#page-1-2)) into Eq. [\(5\)](#page-1-3), we obtain a differential equation for the coefficients  $A(a)$  and  $B(a)$  that can be solved with the normalization condition,  $\int d\varphi \chi \chi^* = 1$ , which is valid in the semiclassical regime where Eq. [\(6\)](#page-1-2) can be considered. It is obtained

$$
A = \pi^{-1/4} (B + B^*)^{1/4} e^{i\alpha(t)}, \tag{7}
$$

$$
B = \pm i \frac{\Omega_0}{2} a^{q+1} \frac{\dot{x}}{x}, \qquad (8)
$$

<span id="page-1-4"></span>where  $\dot{x} \equiv \partial x / \partial a$ , and

$$
a^2\ddot{x} + (1+q)a\dot{x} - \frac{m^2}{\Omega_0^2}a^{2(3-q)}x = 0.
$$
 (9)

For a universe dominated by a cosmological constant  $(w = -1$  and  $q = 3)$ , the solutions to Eq. ([9](#page-1-4)) can be written as

$$
x = a^{-3/2} (c_1 a^{k_1} + c_2 a^{-k_1}), \tag{10}
$$

with

$$
k_1 = \frac{3}{2} \sqrt{1 + \frac{4m^2}{9\Omega_0^2}} \approx \frac{3}{2}.
$$

Choosing appropriate constants  $c_1$  and  $c_2$  to fulfill the condition,  $B + B^* > 0$ , which is required by the condition of normalization for the function [\(6\)](#page-1-2), the value of the function  $B(a)$  can be approximated, in the semiclassical regime, as

$$
B_0^{\pm} \approx \frac{\Omega_0}{2} \left( 3 \pm i \frac{m^2}{3\Omega_0^2} a^3 \right),\tag{11}
$$

where the positive and negative signs correspond to the solution of the function  $\chi$  for the expanding and the contracting branches of the Universe, respectively.

In the quintessence regime, for which  $-\frac{1}{3} > w > -1$ , the solutions of Eq. [\(9](#page-1-4)) can be written in terms of the modified Bessel functions of order  $\nu$ ,  $\mathcal{K}_{\nu}$ , and  $I_{\nu}$ . In the semiclassical regime, it reads

$$
(B_Q^-)^* = B_Q^+ \approx \frac{\Omega_0}{2} \left( i \frac{m}{\Omega_0} + \pi (3 + 2|\beta|) a^{-\beta} e^{-2\lambda a^{\beta}} \right),
$$
\n(12)

where  $q = \frac{3}{2}(1 - w) = 3 - \beta$  (with  $1 > \beta > 0$ ), and  $\lambda = w/Q_1 |\beta|$  $m/\Omega_0|\beta|$ .

In the phantom regime, for which  $w < -1$  and  $\beta < 0$ , the functions  $B_F^{\pm}$  can be approximated in the semiclassical regime by

$$
(B_F^-)^* = B_F^+ \approx \frac{\Omega_0}{2}(-2iqa^q + c_0),\tag{13}
$$

with  $q = 3 + |\beta|$ , and  $c_0$  is a positive constant.

The quantum state of the Universe can be generally given by means of a density matrix [\[20](#page-10-17)[,21\]](#page-10-18). It allows us to describe pure as well as mixed states, providing us therefore with more complete quantum description of the state of the Universe. The reduced density matrix, which represents the quantum state of a particular subsystem of the whole Universe, can be computed by integrating out the irrelevant degrees of freedom that correspond to the environment. In the case we are dealing with, the reduced density matrix can be written as [\[6](#page-10-7)]

$$
\rho_r(a, a') = \int_{-\infty}^{\infty} d\varphi \chi^*(a, \varphi) \chi(a', \varphi), \qquad (14)
$$

<span id="page-2-1"></span><span id="page-2-0"></span>which is given, except for irrelevant phases, by [\[6](#page-10-7)]

$$
\rho_r(a, a') \propto \left[ \frac{(B(a) + B^*(a))(B(a') + B^*(a'))}{(B^*(a) + B(a'))^2} \right]^{1/4} . \quad (15)
$$

For the case  $w = -1$ , Eq. ([15](#page-2-0)) can be approximated in the semiclassical limit as

$$
\rho_r(a, a') \approx \frac{1}{\sqrt{1 \mp \frac{im^2}{18\Omega_0^2} (a^3 - a'^3)}}.
$$
 (16)

The diagonal values of the reduced density matrix, for which  $a \approx a'$ , become nearly unity. However, far from<br>the diagonal elements for which  $a \gg a'$  the reduced the diagonal elements, for which  $a \gg a'$ , the reduced<br>density matrix asymptotically vanishes  $|a| \approx a^{-3/2}$ density matrix asymptotically vanishes  $|\rho_r| \sim a^{-3/2}$ . That means that the decoherence process between the branches with different values of the scale factor is rather effective for large values of the scale factor, such as expected.

In the quintessence regime  $-\frac{1}{3} \ge \omega \ge -1$ , the decoher-<br>ce process turns out to be even more effective. The In the quincessence regime  $\frac{3}{3} - \omega = 1$ , the acconcre-<br>ence process turns out to be even more effective. The reduced density matrix [\(15\)](#page-2-0) can then be approximated as

$$
\rho_r(a, a') \approx \sqrt{c} \left[ \frac{(aa')^{3-\beta} e^{-2\lambda(a^{\beta} - a'^{\beta})}}{(\mp i \frac{m}{2}(a^3 - a'^3) + \frac{c}{2}(a^{3-\beta} e^{-2\lambda a^{\beta}} + a'^{3-\beta} e^{-2\lambda a'^{\beta}}))^2} \right]^{1/4}.
$$
\n(17)

<span id="page-2-2"></span>For the diagonal values we have  $\rho_r(a, a) \approx 1$ , and for the off-diagonal values,

$$
|\rho_r(a, a')| \sim \left(\frac{a'}{a}\right)^{q/2} a^{-\beta} e^{-\lambda a^{\beta}} \to 0 (a \gg a' > 1).
$$
 (18)

<span id="page-2-3"></span>Finally, for the phantom regime,  $w < -1$  and  $\beta < 0$ . For large values of the scale factor in that regime, but still before reaching the achronal region around the big rip singularity, where the semiclassical approximation is no longer valid [\[22\]](#page-10-19),

$$
\rho_r(a, a') \approx \frac{1}{\sqrt{1 \pm i \frac{q}{c_0} (a^q - a'^q)}},\tag{19}
$$

and  $|\rho_r| \sim a^{-(q/2)}$ , for  $a \gg a'$ . When the Universe approaches the big rin singularity the state of the Universe proaches the big rip singularity, the state of the Universe is given by a quantum superposition of states [[22](#page-10-19)], concordant with the expected quantum nature of the Universe in such a region [\[22,](#page-10-19)[23\]](#page-10-20).

It can be concluded that, both in a contracting and an expanding branch of an accelerated universe, the decoherence process between the scale factor and a scalar field is effective enough to remove the quantum interference between the different semiclassical branches that correspond to different values of the scale factor.

The same decoherence process turns out to be also effective to eliminate the interference between the contracting and expanding branches. If the state of the Universe is given by a quantum superposition of the states that correspond to those branches, i.e.

$$
\phi(a) \approx C(a)e^{-iS_c(a)}\chi^+(a,\varphi) + C^*(a)e^{iS_c(a)}\chi^-(a,\varphi),
$$
\n(20)

with  $\chi^+ = (\chi^-)^*$ , then the reduced density matrix will<br>show four terms [6]: the terms  $\rho_{xx}$  and  $\rho_{00}$  which describe show four terms [\[6](#page-10-7)]: the terms  $\rho_{11}$  and  $\rho_{22}$ , which describe the quantum state of the expanding and contracting branches, respectively, are given by the expressions given above [Eqs. ([16](#page-2-1)), ([17](#page-2-2)), and ([19](#page-2-3))]. The crossed terms, which correspond to the interference between the branches, are given by [[6](#page-10-7)]

$$
(\rho_{21})^* = \rho_{12} = \int_{-\infty}^{\infty} d\varphi \chi^+(a, \varphi) (\chi^-(a', \varphi))^*. \tag{21}
$$

They turn out to be [\[6\]](#page-10-7)

$$
\rho_{12}(a, a') \propto \left[ \frac{(B^+(a) + \bar{B}^+(a))(B^-(a') + \bar{B}^-(a'))}{(B^+(a) + \bar{B}^-(a'))^2} \right]^{1/4},
$$
\n(22)

where  $\bar{B} \equiv B^*$ . In that case, even for similar values of the scale factors,  $a \approx a'$ , the elements of the reduced density<br>matrix  $a_{12}$  and  $a_{21}$  asymptotically vanish when the scale matrix,  $\rho_{12}$  and  $\rho_{21}$ , asymptotically vanish when the scale factor grows along the semiclassical regime. For instance, for a phantom-dominated universe,  $\rho_{12}$  turns out to be

$$
\rho_{12} \approx \frac{1}{\sqrt{1 - i\frac{q}{c_0}(a^q + a'^q)}},\tag{23}
$$

and the diagonal values,

$$
|\rho_{12}(a,a)| \approx a^{-q/2}.
$$
 (24)

It means that the expanding and contracting branches of a phantom universe, which correspond to the regions far before and after the big rip singularity, decouple from each other in the semiclassical regime. However, unlike the results obtained in previous works [[6](#page-10-7)[,7\]](#page-10-8), the decoherence between different branches is, in the present model, of the same order as the decoherence within the same branch.

Therefore, the decoherence process between the scale factor and a scalar field with mass is seen to be effective enough to remove the interference terms between the different semiclassical branches of an accelerated universe. It eliminates both the interference terms between the expanding and contracting branches, and those between different branches that correspond to different values of the

scale factor in the same expanding or contracting region of the Universe.

In the case of a universe dominated by phantom energy, the big rip singularity makes it impossible for a semiclassical description of the Universe in the neighborhood of the singularity. There, the state of the Universe is given by a quantum superposition of states [\[22\]](#page-10-19) and the quantum effects are predominant [[23](#page-10-20)]. Moreover, the evolution becomes nonunitary in the achronal region around the big rip because of the presence of wormholes whose creation is induced by the exotic character of the phantom energy [\[24–](#page-10-21)[26\]](#page-10-22). Therefore, a generalized quantum theory [[15](#page-10-12)] has to be used to give a proper quantum description of the whole phantom universe.

# <span id="page-3-0"></span>III. DECOHERENCE IN A THIRD QUANTIZATION SCHEME

## A. Parent and baby universes

In a third quantization formalism [[27](#page-10-23)], the field to be quantized is the wave function of the Universe. Then, the state of the multiverse can be studied as a quantum field theory in the superspace. In this section, we will mainly follow the standard interaction scheme used in quantum optics and quantum mechanics. However, the results in the context of the multiverse will require new interpretations which will be given whenever possible.

<span id="page-3-1"></span>Let us consider the Wheeler–De Witt equation ([1\)](#page-0-1) with no scalar field and without any factor ordering terms, i.e.

$$
\ddot{\phi} + \Omega^2(a)\phi = 0,\tag{25}
$$

where the overdots mean derivative with respect to the scale factor, and the value of  $\Omega_0$  is given in Eq. ([1\)](#page-0-1). Equation [\(25\)](#page-3-1) can be seen as the classical equation of motion for a harmonic oscillator with a time dependent frequency, with the scale factor playing the role of the time variable. The wave function of the multiverse then satisfies the Schrödinger equation  $[17,27]$  $[17,27]$  $[17,27]$  $[17,27]$  $[17,27]$ ,

 $H |\Psi\rangle = i\hbar \frac{\partial}{\partial a} |\Psi\rangle,$  (26)

<span id="page-3-4"></span>with

$$
H = \frac{1}{2}\hat{P}_{\phi}^{2} + \frac{\Omega^{2}(a)}{2}\hat{\phi}^{2}.
$$
 (27)

<span id="page-3-7"></span> $\hat{\phi}$  and  $\hat{P}_{\phi}$ , respectively, are the operators of the wave function of a single universe and its conjugate momentum in the Schrödinger picture. Going into the Heisenberg picture, these operators can be written as

$$
\hat{\phi}(a) = A(a, a_0)\hat{\phi} + B(a, a_0)\hat{P}_{\phi},
$$
\n(28)

$$
\hat{P}_{\phi}(a) = \dot{A}(a, a_0)\hat{\phi} + \dot{B}(a, a_0)\hat{P}_{\phi},
$$
 (29)

<span id="page-3-6"></span>where the functions  $A(a, a_0)$  and  $B(a, a_0)$  satisfy Eq. [\(25\)](#page-3-1) with the initial conditions,  $A(a_0, a_0) = B(a_0, a_0) = 1$  and  $A(a_0, a_0) = B(a_0, a_0) = 0$ . The boundary condition that we impose on the quantum state of the multiverse is that the number of universes in the multiverse is constant along the evolution of the scale factor within a single universe. Then the state of the multiverse is given in terms of the Lewis states, which are defined by the following creation and annihilation operators for universes [\[17](#page-10-14)[,28\]](#page-10-24):

<span id="page-3-3"></span>
$$
b(a) \equiv \sqrt{\frac{1}{2\hbar}} \left( \frac{\hat{\phi}}{R} + i(R\hat{P}_{\phi} - \dot{R}\hat{\phi}) \right), \tag{30}
$$

$$
b^{\dagger}(a) \equiv \sqrt{\frac{1}{2\hbar} \left(\frac{\hat{\phi}}{R} - i(R\hat{P}_{\phi} - \dot{R}\hat{\phi})\right)},
$$
 (31)

<span id="page-3-2"></span>where  $R = R(a)$  is a function that satisfies the auxiliary<br>equation  $\ddot{R} + Q^2(a)R - \frac{1}{a} = 0$  In terms of the operators equation,  $\ddot{R} + \dot{\Omega}^2(a)R - \frac{1}{R^3} = 0$ . In terms of the operators [\(30\)](#page-3-2) and [\(31\)](#page-3-3), the third quantized Hamiltonian ([27](#page-3-4)) turns out to be

$$
H = \hbar[\beta_{-}b^2 + \beta_{+}b^{\dagger 2} + \beta_{0}(b^{\dagger}b + \frac{1}{2})], \quad (32)
$$

<span id="page-3-5"></span>where [\[17\]](#page-10-14)

$$
\beta_{+}^{*} = \beta_{-} = \frac{1}{4} \left\{ \left( \dot{R} - \frac{i}{R} \right)^{2} + \Omega^{2} R^{2} \right\},\tag{33}
$$

$$
\beta_0 = \frac{1}{2} \left( \dot{R}^2 + \frac{1}{R^2} + \Omega^2 R^2 \right).
$$
 (34)

We can consider large universes with a characteristic length of order of the Hubble length of our Universe. They will be called parent universes [\[27\]](#page-10-23). For large values of the scale factor, the nondiagonal terms in the Hamiltonian [\(32\)](#page-3-5) vanish and the values of the coefficient  $\beta_0$  asymptotically coincide with that of the proper frequency of the Hamiltonian [[17](#page-10-14)]. Then the quantum correlations between the number states disappear and the quantum transitions between different numbers of universes are therefore forbidden for parent universes. Let us also notice that in that limit the adiabatic approximation is satisfied,  $\frac{\dot{\Omega}}{\Omega} \ll \Omega$ , and no creation of further universes<br>can occur along the evolution of a parent universe can occur along the evolution of a parent universe.

Let us consider next the quantum fluctuations of the space-time of a parent universe, whose contribution to the wave function of the Universe becomes important at the Planck scale [[29](#page-10-25)]. Some of these fluctuations can be viewed as tiny regions of the space-time that branch off from the parent universe and rejoin the large regions thereafter; thus, they can be then interpreted as virtual baby universes [\[27](#page-10-23)]. In that case [\[17\]](#page-10-14),  $\beta_{+}^{*} = \beta_{-} \rightarrow -\frac{\omega_{0}}{4}$  and  $\beta_{-} \rightarrow \frac{\omega_{0}}{4}$  in Eq. (32), where  $\omega_{0}$  is a constant that depends  $\beta_0 \rightarrow \frac{\omega_0}{2}$ , in Eq. ([32](#page-3-5)), where  $\omega_0$  is a constant that depends<br>on the properties of the baby universe. The state of the on the properties of the baby universe. The state of the gravitational vacuum is then represented by a squeezed state, with a *particle* creation of baby universes or fluctuations occurring along the expansion of the parent universe [\[30\]](#page-10-26).

Thus, parent and baby universes, which will be considered in the subsequent sections, can be described in the context of a third quantization formalism as the states of a harmonic oscillator. The advantage of such a formalism then becomes clear: we can apply the well-studied machinery of harmonic oscillators and quantum field theory for the description of a parent universe or a plasma of baby universes. For instance, the propagator for the quantum state of a parent universe can be calculated from the propagator for the harmonic oscillator with time dependent frequency [\[31\]](#page-10-27) (see also Refs. [\[32](#page-10-28)[,33\]](#page-10-29)),

$$
K(\Phi_f, a; \Phi_i, a_0) = \left[\frac{1}{2\pi i\hbar R(a)R(a_0)\sin\alpha(a, a_0)}\right]^{1/2}
$$
  
 
$$
\times \exp\left[\frac{i}{2\hbar} \left(\frac{\dot{R}(a)}{R(a)}\Phi_f^2 - \frac{\dot{R}(a_0)}{R(a_0)}\Phi_i^2\right)\right]
$$
(35)

$$
\exp\left[\frac{1}{2\hbar\sin\alpha(a,a_0)}\left\{\left(\frac{1}{R^2(a)}\Phi_f^2 + \frac{1}{R^2(a_0)}\Phi_i^2\right)\cos\alpha(a,a_0) - \frac{2}{R(a)R(a_0)}\Phi_i\Phi_f\right\}\right],
$$
\n(36)

where  $\Phi_f$  and  $\Phi_i$  are the wave functions of the parent universe evaluated at two hypersurfaces given by the values of the scale factors a and  $a_0$ , respectively, and  $\alpha(a, a_0)$ is defined as [\[17](#page-10-14)[,28\]](#page-10-24)

$$
\alpha(a,a_0)=\int_{a_0}^a\frac{da'}{R^2(a')}.
$$

Another example is the density matrix that describes a heat bath of baby universes at temperature  $T$ . It can be written as the density matrix of a canonical ensemble of harmonic oscillators (see, for instance, Ref. [\[2](#page-10-30)]),

$$
\rho_B(\phi_f, \phi_i) = \prod_n \frac{\omega_n}{2\pi \sinh(\omega_n/kT)} \exp\left(-\frac{\omega_n}{2\sinh(\omega_n/kT)}\right)
$$

$$
\times \left[ (\phi_{f,n}^2 + \phi_{i,n}^2) \cosh(\omega_n/kT) - 2\phi_{f,n} \phi_{i,n} \right],
$$
(37)

where  $\phi_{f,n}$  and  $\phi_{i,n}$  are the wave functions of the baby universes, which are represented by harmonic oscillators with frequency  $\omega_n$ , and the index n labels the species of baby universes considered in the space-time foam.

### B. Parent-baby interaction

Let us now pose the interaction scheme between a parent universe and its environment. First, we shall study the interaction between a parent universe and the quantum fluctuations of its space-time, these being represented by a plasma of baby universes. The gravitational vacuum will be considered in two different states: (i) the state of a heat bath with temperature  $T$ , and (ii) a squeezed vacuum state. Then, we shall analyze the interaction of a parent universe with the rest of the parent universes in the context of a multiverse.

The third quantization formalism of the Universe allows us to follow a formal parallelism with the developments made in quantum optics. Thus, we can represent the interaction between a parent universe and the quantum fluctuations of its space-time by a total Hamiltonian given by

$$
H = H_P + H_{\varepsilon} + H_{\text{int}} \tag{38}
$$

<span id="page-4-0"></span>where  $H_P$  is the Hamiltonian of the parent universe,  $H_{\varepsilon}$  is the Hamiltonian of the plasma of baby universes, and  $H_{int}$ is the interaction Hamiltonian. The former Hamiltonian is represented by a harmonic oscillator with a frequency that depends on the scale factor,

$$
H_P = \frac{1}{2}P_{\Phi}^2 + \frac{\Omega^2(a)}{2}\Phi^2,\tag{39}
$$

with  $q = \frac{3}{2}(1 - w)$ , and  $\Omega(a) = \frac{\Omega_0}{q} a^{q-1}$ , where  $\Omega_0^2$  is proportional to the current energy density of our Universe.

For the case of baby universes, the frequency of the harmonic oscillator can effectively be considered a constant determined by the energy and the characteristic length of the baby universe, which can go from the Planck length to the scale of laboratory physics in the dilute-gas approximation [[1](#page-10-0),[8](#page-10-9)[,9,](#page-10-10)[34\]](#page-10-31). It is therefore very small compared with the large value of the length of the parent universe, which is of the order of the Hubble length of our Universe. Thus, the plasma of baby universes is represented in our model by a set of harmonic oscillators with constant frequency  $\omega_i$ , where the index i labels the different species of baby universes, i.e.

$$
H_{\varepsilon} = \sum_{i=1}^{N} \frac{1}{2} p_{\phi_i}^2 + \frac{\omega_i^2}{2} \phi_i^2.
$$
 (40)

The interaction Hamiltonian,  $H_{int}$  in Eq. ([38](#page-4-0)), can be written as

$$
H_{\text{int}} = \sum_{i} \lambda_i \Phi_P \otimes f(\phi_i), \tag{41}
$$

where  $\lambda_i$  is an effective coupling constant between the parent universe and the baby universe  $i$ , which is assumed to be small so that the Born-Markov approximation can be assumed to hold in the interaction scheme. The form of  $f(\phi_i)$  depends on the kind of interaction which is considered to take place between the parent and the baby uniered to take place between the parent and the baby universes. For instance, in the cases considered by Coleman [\[8,](#page-10-9)[9](#page-10-10)] and others [[35](#page-10-32)], simply connected wormholes are considered and thus single baby universes are nucleated,  $f(\phi_i) \equiv \phi_i$ . In the case considered by González-Díaz  $f(\phi_i) \equiv \phi_i$ . In the case considered by Gonzalez-Diaz [\[10](#page-10-4)[,36\]](#page-10-33), where doubly connected wormholes are created and therefore the baby universes are nucleated in pairs,  $f(\phi_i) \equiv \phi_i^2$ . We shall consider these two cases in the

analysis to follow. In general,  $f(\phi_i)$  can be a complicated<br>function and these two extreme cases can be considered as function and these two extreme cases can be considered as the first terms of its series development.

As a result of the interaction between the parent universe and the plasma of baby universes, the properties of the parent universe are modified so that its evolution effectively becomes nonunitary. The master equation for the reduced density matrix of the parent universe, when the degrees of freedom of the baby universes are traced out, can be written as [\[2](#page-10-30)[,37\]](#page-10-34)

<span id="page-5-0"></span>
$$
\partial_a \rho_P = -i[\tilde{H}_P, \rho_P] - i\gamma[\Phi, \{P_\Phi, \rho_P\}] - D[\Phi, [\Phi, \rho_P]]
$$

$$
- f[\Phi, [P_\Phi, \rho_P]]. \tag{42}
$$

The unitary part of the effective evolution of the parent universe, given by the first term in Eq. [\(42\)](#page-5-0), corresponds to the evolution of a new harmonic oscillator,  $\tilde{H}_P =$ <br> $H^- + (\tilde{O}^2/2) \Phi^2$  with a frequency which is shifted with  $H_P + (\tilde{\Omega}^2/2)\Phi^2$ , with a frequency which is shifted with respect to the initial value  $\Omega(a)$ . The corresponding Lamb respect to the initial value  $\Omega(a)$ . The corresponding Lamb shift is given by

$$
\tilde{\Omega}^2(a) = -2 \int_{a_0}^{a} da' \eta(a, a') A(a, a'), \tag{43}
$$

<span id="page-5-2"></span><span id="page-5-1"></span>where  $\eta(a, a')$  is the imaginary part of the correlation function function,

$$
\langle \phi^k(a)\phi^k(a')\rangle_b = \nu(a,a') - i\eta(a,a'),\tag{44}
$$

with  $k = 1$  and  $k = 2$ , for linear and quadratic interactions, respectively, and  $A(a, a_0)$  is a solution of the Wheeler– De Witt equation [\(25\)](#page-3-1) [see Eqs. [\(28\)](#page-3-6) and ([29](#page-3-7))]. The shift for the frequency of the harmonic oscillator that represents the state of the parent universe corresponds to a shift of its energy density. Therefore, the Lamb shift given by Eq. [\(43\)](#page-5-1) can be viewed to be equivalent to the mechanism proposed by Coleman in order to set the most probable value of the cosmological constant to zero. It is currently known that the value of the cosmological constant is not zero but very small, in fact, of the order of the current critical density.

Three terms can be distinguished in the nonunitary part of the master equation [\(42\)](#page-5-0). The dissipation coefficient [\[37\]](#page-10-34),  $\gamma(a)$ , is given by

$$
\gamma(a) = \int_{a_0}^a da' \eta(a, a') B(a, a'),\tag{45}
$$

where  $B(a, a_0)$  is defined by Eqs. [\(28\)](#page-3-6) and ([29](#page-3-7)). In quantum mechanics,  $\gamma$  is related to the momentum damping and to the velocity of the wave packet. However, the wave function of the Universe is not defined upon the space-time but in the superspace so that the interpretation of  $\gamma$  does not become so clear for the state of the multiverse.

The normal-diffusion coefficient [[37](#page-10-34)],  $D(a)$  in Eq. ([42\)](#page-5-0), is given by

$$
D(a) = \int_{a_0}^{a} da' \nu(a, a') A(a, a'), \tag{46}
$$

where  $\nu(a, a')$  is the real part of the kernel ([44](#page-5-2)). In quantum<br>mechanics D gives a measure of the decoherence length of mechanics, D gives a measure of the decoherence length of a Gaussian wave packet [\[37\]](#page-10-34). In the case of the Universe, this coefficient provides us therefore with a measure of the effectiveness of the decoherence process of two different branches of the Universe,  $\Phi$  and  $\Phi'$ , caused by the interaction with the quantum fluctuations of the gravitational vacuum. Finally, the anomalous-diffusion coefficient [\[37\]](#page-10-34) in Eq. ([42](#page-5-0)) is given by

$$
f(a) = -\int_{a_0}^{a} da' \nu(a, a')B(a, a').
$$
 (47)

<span id="page-5-3"></span>Let us now derive the results of the third quantization formalism for linear and quadratic interactions. Two states are considered for the gravitational vacuum: (i) a thermal state and (ii) a squeezed vacuum state.

### 1. Case 1: Linear interaction

The wave functions that represent the baby universes are given by the solutions corresponding to the harmonic oscillator with constant frequency. These can be written, in terms of the creation and annihilation operators of baby universes,  $b_i^{\dagger}$  and  $b_i$ , as

$$
\phi_i(a) = \sqrt{\frac{1}{2\omega_i}} (e^{-i\omega_i(a-a_0)} b_i + e^{i\omega_i(a-a_0)} b_i^{\dagger}), \qquad (48)
$$

where  $a$  is the scale factor of the parent universe, and  $b_i^{\dagger}$  and  $b_i$  are the creation and annihilation of baby universes evaluated at the hypersurface given by the value  $a_0$ . Then for the case of linear interaction  $k = 1$  in the correlation function ([44\)](#page-5-2). In the case of a thermal bath of baby universes,  $\langle b_i^2 \rangle_b = \langle (b_i^{\dagger})^2 \rangle_b = 0$  and  $\langle b_i^{\dagger} b_i \rangle_b = N_i(T) = \langle b_i, b_i^{\dagger} \rangle_b = 1$  with  $\langle b_i b_i^{\dagger} \rangle_b - 1$ , with

$$
N_i(T) = \frac{1}{e^{(\omega_i/T)} - 1},
$$
\n(49)

<span id="page-5-5"></span>where  $T$  is the temperature of the space-time foam [[38\]](#page-10-35), in units of  $\frac{k_B}{\hbar} = 1$ . The noise kernel [\[37\]](#page-10-34),  $\nu(a, a')$ , and<br>the dissipation kernel [37],  $n(a, a')$  in Eq. (44), can be the dissipation kernel [[37](#page-10-34)],  $\eta(a, a')$ , in Eq. [\(44\)](#page-5-2), can be written as written as

<span id="page-5-4"></span>
$$
\nu(a - a') = \sum_{i} \frac{\lambda_i^2}{2\omega_i} (2N_i + 1) \cos \omega_i (a - a'),
$$

$$
= \int_0^\infty d\omega J(\omega) \coth\left(\frac{\omega}{2T}\right) \cos \omega (a - a'), \qquad (50)
$$

$$
\eta(a - a') = \sum_{i} \frac{\lambda_i^2}{2\omega_i} \sin \omega_i (a - a'),
$$

$$
= \int_0^\infty d\omega J(\omega) \sin \omega (a - a'), \qquad (51)
$$

where

$$
J(\omega) \equiv \sum_{i} \frac{\lambda_i^2}{2\omega_i} \delta(\omega - \omega_i)
$$

is the spectral density of baby universes in the space-time foam. It encapsulates the physical properties of the plasma of baby universes. The interaction scheme given so far can be generally applied to more realistic problems by substituting the spectral density  $J(\omega)$  by a heuristic function that accounts more realistically for the spectral structure at the environment. For the quantum fluctuations of the gravitational vacuum, it is expected that the presence of baby universes in the space-time foam be exponentially suppressed for large values of the energy of the baby universe. Therefore, we assume the following spectral density for the bath of baby universes,  $J(\omega) = J_0^2 \omega^3 e^{-\omega/\Lambda}$ , where  $J_0$  and  $\Lambda$  are two constants, the latter representing the cutoff for  $\Lambda$  are two constants, the latter representing the cutoff for the energy of the vacuum fluctuations, and the factor  $\omega^3$ has been introduced to make the value of  $J(\omega)$  sufficiently convergent at  $\omega \rightarrow 0$ .

The functions  $A(a, a_0)$  and  $B(a, a_0)$  in Eqs. [\(28](#page-3-6)) and [\(29\)](#page-3-7) and Eqs. [\(43\)](#page-5-1)–[\(47\)](#page-5-3) can be expressed in terms of Bessel functions. For large values of the scale factor, which correspond to the description of parent universes, they can be approximated as

<span id="page-6-5"></span>
$$
A(a, a') = \left(\frac{a'}{a}\right)^{(q-1)/2} \cos\left(\frac{\Omega_0}{q}(a^q - a'^q)\right),\tag{52}
$$

$$
B(a, a') = (aa')^{(1-q/2)} \frac{1}{\Omega_0} \sin \left( \frac{\Omega_0}{q} (a^q - a'^q) \right), \quad (53)
$$

<span id="page-6-4"></span>where  $q = \frac{3}{2}(1 - w)$ . For,  $q = 1$  ( $w = \frac{1}{3}$ ), these equations<br>are exact and correspond to the solutions of a harmonic are exact and correspond to the solutions of a harmonic oscillator with constant frequency,  $\Omega_0$ . If we consider small changes in the scale factor of the parent universe,  $a - a_0 \ll 1$  and  $a - a' \ll 1$ , then

<span id="page-6-1"></span>
$$
\tilde{\Omega}^2(a) \approx -\frac{2c_1a^2}{n_1n_2} \left(1 - n_2 \left(\frac{a_0}{a}\right)^{n_1} + n_1 \left(\frac{a_0}{a}\right)^{n_2}\right), \quad (54)
$$

$$
D(a) \approx \frac{c_2 a}{n_1} \left( 1 - \left( \frac{a_0}{a} \right)^{n_1} \right),\tag{55}
$$

<span id="page-6-2"></span><span id="page-6-0"></span>with  $n_1 = \frac{q+1}{2}$ ,  $n_2 = \frac{q+3}{2}$ , and

$$
c_1 = \int_0^\infty d\omega \omega J(\omega) \approx 24 J_0^2 \Lambda^5,\tag{56}
$$

$$
c_2 = \int_0^\infty d\omega J(\omega) \coth\left(\frac{\omega}{2T}\right) \approx 4J_0^2 \Lambda^3 T,\qquad (57)
$$

where the limit  $\frac{\omega}{T} \ll 1$  has been taken in the latter equation.<br>On the other hand, if we describe the plasma of haby

On the other hand, if we describe the plasma of baby universes by a squeezed state, which can be considered a more realistic case [\[1](#page-10-0)[,30\]](#page-10-26), then

$$
\langle b_i^{\dagger} b_i \rangle = \sinh^2 r_i \equiv \tilde{N}_i, \tag{58}
$$

$$
\langle b_i b_i^{\dagger} \rangle = \cosh^2 r_i \equiv \tilde{N}_i + 1,\tag{59}
$$

$$
\langle b_i^2 \rangle = -\frac{1}{2} e^{i\theta_i} \sinh 2r_i, \tag{60}
$$

$$
\langle (b_i^{\dagger})^2 \rangle = -\frac{1}{2} e^{-i\theta_i} \sinh 2r_i, \tag{61}
$$

where  $r_i$  and  $\theta_i$  are the squeezing parameters. The two first terms are equivalent to the case of a thermal bath of baby universes with an effective number of quanta given by  $\tilde{N}_i \equiv \sinh^2 r_i$ . Thus, the dissipation kernel,  $\eta(a, a')$ , turns out to be the same as in the thermal case, as is also given out to be the same as in the thermal case, as is also given by Eq. ([51](#page-5-4)). Then, the Lamb shift  $\Omega(a)$  is that given by Eq. [\(54\)](#page-6-0). However, the squeezed vacuum introduces new terms in the noise kernel,  $\nu(a, a')$ . This is given in the case<br>of the squeezed vacuum by of the squeezed vacuum by

$$
\nu_s(a-a') = \sum_i \frac{\hbar \lambda_i^2}{2\omega_i} \{ (2\tilde{N}_i + 1) \cos \omega_i (a - a') - \sinh 2r_i \cos(\omega_i (a + a' - 2a_0) - \theta_i) \}.
$$
 (62)

<span id="page-6-3"></span>Then the decoherence factor,  $D(a)$ , turns out to be given by Eq. ([55](#page-6-1)), with

$$
c_2^s = \int_0^\infty d\omega J(\omega)(\cosh 2r - \sinh 2r \cos \theta). \tag{63}
$$

A similar expression is obtained in Ref. [[2\]](#page-10-30) (see, also, Ref. [[39](#page-10-36)]). There a decoherence time scale is given by  $t_D^{-1} = \sqrt{c_2^s}$ . In the limit of large squeezing [[2\]](#page-10-30),  $\theta \to 0$  and  $r \to -\infty$  and we can estimate a decoherence scale for two  $r \rightarrow -\infty$ , and we can estimate a decoherence scale for two different branches of the parent universe given by

$$
a_D \approx \frac{1}{J_0 \Lambda^2 e^{|r|}}.
$$

In both, a vacuum in a thermal and in a squeezed state, the effect of decoherence due to the interaction of the parent universe with the quantum fluctuations of the space-time is similar if effectively we assume that  $T \sim \Lambda N$  in the thermal bath, and that  $e^{2|r|} \sim N$  in the squeezed vacuum, that is, for a large number of fluctuations of the space-time.

On the other hand, the time scale for the decoherence of a wave packet is analyzed differently in Ref. [\[37\]](#page-10-34). There the decoherence factor D measures the decoherence of a Gaussian wave packet at spatial positions x and  $x'$ , with a decoherence time given by [[37](#page-10-34)]  $\tau_D = 1/D(x - x')^2$ . In the case of the universe  $\Phi$  and  $\Phi'$  represent different branches case of the universe,  $\Phi$  and  $\Phi'$  represent different branches of the parent universe, and therefore, a decoherence scale of order  $a_D \sim 1/c_2(\Phi - \Phi')^2$  can be assumed, with  $c_2$  as<br>given by Eq. (57) or Eq. (63) for the case of a thermal bath given by Eq.  $(57)$  $(57)$  $(57)$  or Eq.  $(63)$  $(63)$  $(63)$  for the case of a thermal bath or a squeezed vacuum, respectively.

In any case, it can be concluded that the scale at which quantum interference between different branches of a parent universe becomes important is very small, presumably of the order of the Planck length.

# 2. Case 2: Quadratic interaction

In the case of a quadratic interaction between the parent universe and the baby universes,  $k = 2$  in the correlation function given by Eq. [\(44\)](#page-5-2). The formalism applies in the same way as in all the previous cases and the quadratic interaction only changes the functional form of the dissipation and noise kernels,  $\eta(a, a')$  and  $\nu(a, a')$ , respectively.<br>For a vacuum in a thermal state and  $a - a_0 \ll 1$  they are For a vacuum in a thermal state and  $a - a_0 \ll 1$ , they are given by

$$
\eta(a, a') = 4 \int_0^\infty d\omega J(\omega) N(a - a'), \tag{64}
$$

$$
\nu(a, a') = 2 \int_0^\infty d\omega \frac{J(\omega)}{\omega} N^2,\tag{65}
$$

<span id="page-7-0"></span>where  $N \equiv N(\omega)$  is defined in Eq. ([49](#page-5-5)). Then the Lamb<br>shift  $\tilde{O}(\omega)$  and the decoherence factor  $D(\omega)$  are those shift,  $\tilde{\Omega}(a)$ , and the decoherence factor,  $D(a)$ , are those given by Eqs. ([54\)](#page-6-0) and ([55](#page-6-1)), respectively, with new coefficients  $d_1$  and  $d_2$  instead of  $c_1$  and  $c_2$ , given by

$$
d_1 = 8T \int_0^\infty d\omega \frac{J(\omega)}{\omega} \approx 16J_0^2 \Lambda^3 T,\tag{66}
$$

$$
d_2 = 8T^2 \int_0^\infty d\omega \frac{J(\omega)}{\omega^3} \approx 8J_0^2 \Lambda T^2. \tag{67}
$$

For a squeezed vacuum state, the leading terms of the dissipation and noise kernels turn out to be

$$
\eta(a, a') \approx \int_0^\infty d\omega J(\omega) e^{2|r|} (a - a'), \tag{68}
$$

$$
\nu(a, a') \approx \int_0^\infty d\omega \frac{J(\omega)}{2\omega} e^{4|r|},\tag{69}
$$

<span id="page-7-1"></span>and then

$$
d_1^s \approx 6J_0^2 \Lambda^4 e^{2|r|},\tag{70}
$$

$$
d_2^s \approx J_0^2 \Lambda^3 e^{4|r|}.\tag{71}
$$

For the quadratic interaction, therefore, the coefficient  $d_1$ that determines the Lamb shift depends on the temperature, for a thermal vacuum, and on the squeezing parameter  $r$ , for a squeezed vacuum state. It depends thus on the strength of the fluctuations of the space-time of the parent universe, which is assumed to be large. The coefficient of the decoherence factor,  $d_2$ , depends on  $\tilde{N}_i^2$  in the quadratic interaction. However, this kind of interaction is of order  $\hbar^2$ instead of  $\hbar$  for linear interaction, and therefore the contribution of the quadratic interaction is subdominant in the semiclassical regime of the quantum state of the Universe.

### C. Parent-parent interaction

We can also consider the interaction between a parent universe and the rest of the universes of a multiverse made up of parent universes. In that case, the squeezing effect of the state of the multiverse asymptotically disappears [[17\]](#page-10-14), i.e.  $r \rightarrow 0$  as  $a \rightarrow \infty$ . It seems then most appropriate considering a thermal state of N parent universes, with  $N^{-1} =$  $e^{\omega/T} - 1$ , where T is a temperature analog in the multiverse. It includes the special case for which  $N = 0$  ( $T = 0$ ) that represents the interaction of a parent universe with the fluctuations of its ground state.

For parent universes, the coefficients of their wave functions can be approximated by Eqs. ([52](#page-6-4)) and [\(53\)](#page-6-5), and then

$$
\tilde{\Omega}^2(a) \approx -\frac{2}{a^{q-1}} \int_{a_0}^a \int_0^\infty d\Omega' J(\Omega') \sin\frac{\Omega'}{q} (a^q - a'^q)
$$
\n
$$
\times \cos\frac{\Omega_0}{q} (a^q - a'^q),
$$
\n(72)

$$
D(a) \approx \frac{1}{a^{q-1}} \int_{a_0}^a \int_0^\infty d\Omega' J(\Omega')(2N+1) a'^{q-1}
$$
  
 
$$
\times \cos \frac{\Omega'}{q} (a^q - a'^q) \cos \frac{\Omega_0}{q} (a^q - a'^q), \qquad (73)
$$

where  $J(\Omega')$  is now the spectral density of parent universes<br>in the multiverse, and  $\Omega'$  refers to the energy density of in the multiverse, and  $\Omega'$  refers to the energy density of parent universes, which is assumed to be picked around the current energy density of our Universe. For small intervals of the scale factor,

$$
\tilde{\Omega}^2(a) \approx -\frac{2c_1^p a^2}{qn} \left(q + \left(\frac{a_0}{a}\right)^n - n\left(\frac{a_0}{a}\right)\right),\tag{74}
$$

$$
D(a) \approx \frac{c_2^p a}{q} \left( 1 - \left( \frac{a_0}{a} \right)^q \right),\tag{75}
$$

<span id="page-7-2"></span>where  $n = q + 1$ , and

$$
c_1^p = \int_0^\infty d\Omega' J(\Omega') \Omega',\tag{76}
$$

$$
c_2^p = \int_0^\infty d\Omega' J(\Omega') \coth \frac{\Omega'}{2T}.
$$
 (77)

If we assume that the energy density of the parent universes of the multiverse is highly peaked around the value of the theoretical value of the energy density of our Universe,  $\Omega_0$ , then  $J(\omega') \sim \delta(\Omega' - \Omega_0)$ ,  $c_1^p \sim \Omega_0$ , and  $c_2^p \sim \coth \frac{\Omega_0}{2T}$ . The corresponding Lamb shift given by  $c_1^p$  is therefore of the same order as the energy density that corresponded to a universe without any interactions. Then the effective energy density of the Universe turns out to be approximately zero. Furthermore, with the same choice of spectral density in the multiverse, the decoherence between two different branches of a parent universe is effective for a large number of universes in the environmental multiverse, i.e., when  $c_2^p \sim \frac{2T}{\Omega_0} \gg 1$ . However, these results are highly dependent on the choice of the spectral density of the multiverse.

For other values of the interval  $a - a_0$  rather than  $a - a_0 \ll 1$ , numerical methods have to be employed and the results strongly depend on the estimation of the relative value of the energies of the universes, and on the choice taken for the spectral density. A particularly simple case is when  $q = 1$ , i.e. for universes which are dominated by a radiationlike fluid  $(p = \frac{1}{3} \rho)$ . Then, the quantum state<br>that describes the universes is that of a harmonic oscillator that describes the universes is that of a harmonic oscillator with constant frequency where the approximations used in Eqs. [\(52\)](#page-6-4) and [\(53\)](#page-6-5) become necessarily exact manipulations, with  $q = 1$ . In such a case, assuming a large interval of interaction ( $a - a_0 \rightarrow \infty$ ) and a spectral density given by  $J(\omega) = J_0^2 \omega^3 e^{-(\omega/\Lambda)}$ , it is obtained

<span id="page-8-0"></span>
$$
D = \int_0^\infty d\tau \int_0^\infty d\omega J(\omega) (2N+1) \cos \omega \tau \cos \Omega_0 \tau
$$
  
=  $\pi J_0^2 \Omega_0^2 T e^{-\Omega_0/\Lambda}$ . (78)

 $\Lambda$  in Eq. ([78](#page-8-0)) is a cutoff for the energy density of the environment and  $\Omega_0$  is the energy density of a distinguished universe which herewith refers to our own. For an environment of baby universes,  $\frac{\Omega_0}{\Lambda} \gg 1$ , and the deco-<br>herence between two branches of the parent universe is herence between two branches of the parent universe is only effective for a large number of vacuum fluctuations or, equivalently, for large values of the squeezing parameter  $r$ . For an environment made up of parent universes,  $\frac{\Omega_0}{\Lambda} \sim 1$ , and the decoherence effect is more effective even for the interaction of the parent universe with the fluctuations of its ground state, for which  $D \sim \Omega_0^3$ .<br>Moreover, assuming the same

Moreover, assuming the same spectral density as for Eq. ([78](#page-8-0)) and  $a - a_0 \rightarrow \infty$ , the Lamb shift can be expressed in terms of a Meijer G function, i.e.

<span id="page-8-3"></span>
$$
\tilde{\Omega}^2 = -2 \int_0^\infty d\tau \int_0^\infty d\omega J(\omega) \sin \omega \tau \cos \Omega_0 \tau
$$

$$
= 4\sqrt{\pi} J_0^2 \Lambda^3 G_{13}^{21} \left( \begin{array}{cc} 0 & \frac{\Omega_0^2}{4\Lambda^2} \\ 0, 3, \frac{1}{2} & \frac{\Omega_0^2}{4\Lambda^2} \end{array} \right), \tag{79}
$$

which is depicted in Fig. [1.](#page-8-1) For an environment made up of baby universes,  $\frac{\Omega_0}{\Lambda} \gg 1$  and the Lamb shift turns out to be

<span id="page-8-1"></span>

FIG. 1 (color online). The Lamb shift, Eq. ([79](#page-8-3)), in units  $4\sqrt{\pi}J_0^2\Lambda^3$ .

very small. However, for an environment of parent universes,  $\Omega_0 \sim \Lambda$  and the corresponding Lamb shift can be of the order of the original frequency, resulting then in an effective value of the energy density of the Universe very close to zero.

The multiverse of parent universes turns out to be more effective for both the decoherence between two branches and the reduction of the theoretical value of the vacuum energy density of our Universe.

### D. Thermodynamical quantities

As a consequence of the interaction of a single universe with an environment made up of baby or parent universes, the universe undergoes an effectively nonunitary evolution determined by the last three terms of the master equation [\(42\)](#page-5-0). As a simple example, let us take the value  $q = 1$ , so that  $D \propto (a - a_0)$ ,  $\gamma \propto (a - a_0)^3$ , and  $f \propto (a - a_0)^2$ . For a small value of the interval  $\Delta a \equiv a - a_0$ , we can consider a small value of the interval  $\Delta a \equiv a - a_0$ , we can consider<br>only the decoherence factor  $D(a)$ . The master equation only the decoherence factor  $D(a)$ . The master equation [\(42\)](#page-5-0) can be written then, in the configuration space, as

<span id="page-8-2"></span>
$$
\partial_a \rho_P(\Phi, \Phi', a) = \left\{ -\frac{i}{2} \left( \frac{\partial^2}{\partial \Phi'^2} - \frac{\partial^2}{\partial \Phi^2} \right) - \frac{i \Omega^2(a)}{2} (\Phi^2 - \Phi'^2) - D(a)(\Phi - \Phi')^2 \right\} \rho_P(\Phi, \Phi', a), \tag{80}
$$

with  $D(a) \approx c_2(a - a_0)$ , where  $c_2$  is given by Eqs. ([57\)](#page-6-2), [\(63\)](#page-6-3), [\(67\)](#page-7-0), [\(71](#page-7-1)), and ([77](#page-7-2)) for the different kinds of interactions considered in this section, and  $\Omega(a) \approx \Omega_{ef}(a_0)$ . The master equation [\(80\)](#page-8-2) can be solved with the Gaussian ansatz [[2,](#page-10-30)[37](#page-10-34)],

$$
\rho(\Phi, \Phi', a) = e^{-A(a)(\Phi - \Phi')^2 - iB(a)(\Phi^2 - \Phi'^2) - C(a)(\Phi + \Phi')^2 - N(a)}. \tag{81}
$$

The coefficients  $A(a)$ ,  $B(a)$ , and  $C(a)$  satisfy the following differential equations  $[2]$  $[2]$  (N is a normalization factor):

$$
\dot{A} = 4AB + D(a),\tag{82}
$$

$$
\dot{B} = 2B^2 - 8AC + \frac{1}{2}\Omega^2,\tag{83}
$$

$$
\dot{C} = 4BC. \tag{84}
$$

In order to analyze the decoherence effects of the environment on the Universe, let us consider a separable initial state for the distinguished Universe, i.e. a pure state, given by [[37](#page-10-34)]

<span id="page-8-4"></span>
$$
\rho(\Phi, \Phi', a_0) = \left(\frac{1}{2\pi b^2}\right)^{1/2} e^{-(\Phi^2 + \Phi^2)/4b^2}.
$$
 (85)

In that case, the initial conditions for the coefficients  $A(a)$ ,  $B(a)$ , and  $C(a)$  are  $A(a_0) = C(a_0) = \frac{1}{8b^2}$ , and  $B(a_0) = 0$ .<br>With the assumption  $A \ll 1$  and disposaring higher With the assumption,  $\Delta a \ll 1$ , and disregarding higher orders than  $\Delta a$ , it is obtained (see Appendix A[2](#page-10-30) in Ref. [2])

$$
A(a - a_0) \approx \frac{1}{8}(1 + 16C_0(a - a_0)),
$$
 (86)

$$
B(a - a_0) \approx \frac{C_0}{\Omega_0^2} (a - a_0),
$$
 (87)

$$
C(a - a_0) \approx \frac{1}{8},\tag{88}
$$

where  $C_0 = \Omega_0^4 - \frac{c_2}{8}$  (with  $b = 1$ ). These coefficients al-<br>low us to obtain the thermodynamical properties of the low us to obtain the thermodynamical properties of the parent universe. For instance, the purity of the state,  $\zeta$ , is given by [[37](#page-10-34)]

$$
\zeta(a - a_0) = \sqrt{\frac{C(a)}{A(a)}} \approx \frac{1}{\sqrt{1 + 16C_0(a - a_0)}}.
$$
 (89)

<span id="page-9-1"></span>The linear entropy [[2](#page-10-30)],  $S_{lin} \equiv Tr(\rho - \rho^2)$ , turns out to be

$$
S_{\text{lin}} = 1 - \zeta \approx 1 - \frac{1}{\sqrt{1 + 16C_0(a - a_0)}},\qquad(90)
$$

<span id="page-9-2"></span>and the entropy of the distinguished universe, which for the initial state is zero as corresponds to a pure state [see Eq. [\(85\)](#page-8-4)], grows up due to the interaction with the environment according to

$$
S = -\frac{1}{p_0} (p_0 \ln p_0 + q_0 \ln q_0), \tag{91}
$$

where [\[2](#page-10-30)]

$$
p_0 = \frac{2\zeta}{1+\zeta},\tag{92}
$$

$$
q_0 = \frac{1 - \zeta}{1 + \zeta}.\tag{93}
$$

The linear entropy and the entropy given by Eqs. [\(90\)](#page-9-1) and [\(91\)](#page-9-2), respectively, are depicted in Fig. [2](#page-9-3) in units for which  $C_0 = 1$ , so that it is qualitatively valid for all kinds of interactions and environments considered in this section.

<span id="page-9-3"></span>

FIG. 2 (color online). Entropy and linear entropy of the state of a parent universe which is interacting with a plasma of baby universes, for a linear interaction [see Eqs. ([90](#page-9-1)) and [\(91\)](#page-9-2)].

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The interaction between the parent universe and environment (made up of baby or parent universes) makes the state of the universe to evolve into a mixed state. That means that there exists a loss of information in the state of the distinguished universe as a consequence of the interaction with the quantum fluctuations of the space-time or with other universes of the multiverse. That loss of information makes the different branches of the universe lose their quantum coherence and, together with other decoherence processes, leads to the feature that the universe can be described in terms of the semiclassical branch which we live in. It is worth noticing that such a loss of information appears as a result of the trace operation of the degrees of freedom that corresponds to the environment. The total system, formed by the parent universe and the rest of the universes (baby or parent), retains all the information of the system along the evolution of the multiverse.

## IV. CONCLUSIONS

<span id="page-9-0"></span>The interaction between the scale factor and a scalar field with mass is seen to decohere the expanding and contracting branches of a geometrically flat, homogeneous, and isotropic universe, whose expansion (or contraction) is accelerated. The decoherence turns out to be more effective in the case of a universe dominated by a quintessence fluid than when a vacuum or a phantom-dominated universe is considered. This might be related to the quantum nature of the latter universes provided that classicality can be a condition originated from decoherence. That would agree with the results obtained in other works which also suggest the quantum character of the phantom universe [\[22](#page-10-19)[,23\]](#page-10-20).

The interaction of a parent universe with the environment, being this formed by a multiverse of parent or baby universes, can be analyzed following a parallel development to what is usually made in quantum optics. Within the approximations considered in this paper, the squeezed vacuum state and the thermal state of baby universes produce similar effects provided that the squeezing of the state of baby universes be interpreted as an effective creation of a high number of fluctuations, i.e. for a large squeezing effect.

The linear interaction produces leading terms in the change of the properties of the parent universe, the effects of the quadratic interaction, being therefore subdominant. However, it does not imply that the quadratic interaction has no relevant effects on the state of the parent universe because it is actually responsible for the change of the high order coherence properties of the fields that propagate upon the space-time [[10](#page-10-4)].

The distinguished universe undergoes an effectively nonunitary evolution as due to the interaction with the environment. The decoherence and dissipation effects are even more acute if the environment is taken to be a multiverse made up of parent universes, because their energy

density is assumed to be of the order of that for the distinguished parent universe.

Similar as to what happens with the Lamb shift in quantum mechanics, here the vacuum energy of the distinguished universe is also shifted. In the case of an environment made up of baby universes, which can be considered to be similar to that previously studied by Coleman [\[8\]](#page-10-9), the corresponding Lamb shift is important for a large squeezing effect or a large number of vacuum fluctuations. The effect is greater if the environment is a multiverse of parent universes since the corresponding Lamb shift matches the theoretical predictions for the vacuum energy of a single universe. That could effectively reduce the value of the energy density of the universe to be very close to zero even for the interaction between the parent universe with the fluctuations of its ground state.

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