Action principle for the generalized harmonic formulation of general relativity

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An action principle for the generalized harmonic formulation of general relativity is presented. The action is a functional of the spacetime metric and the gauge source vector. An action principle for the Z4 formulation of general relativity has been proposed recently by Bona, Bona-Casas, and Palenzuela. The relationship between the generalized harmonic action and the Bona, Bona-Casas, and Palenzuela action is discussed in detail.

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I. INTRODUCTION

Einstein's equations can be expressed as an initial value problem using the familiar $3 + 1$ $3 + 1$ splitting [1[,2\]](#page-7-1). For numerical applications, one must supplement the $3 + 1$ equations with coordinate conditions. Typically, the full set of partial differential equations (PDE's) obtained in this way is not well-posed (see, for example, Refs. [\[3,](#page-7-2)[4](#page-7-3)]). Equations that are not well-posed can be used for formal analyses, but they cannot be used for numerical applications. Generalized harmonic (GH) gravity is a reformulation of Einstein's theory as a set of PDE's that is well-posed. The GH equations are currently in use by a number of numerical relativity groups (see, for example, Refs. [\[5](#page-7-4)–[7\]](#page-7-5)).

Einstein completed development of his general theory of relativity in a series of papers published in 1915 [[8](#page-7-6)[–10\]](#page-7-7). In the same year, Hilbert derived the field equations for general relativity by postulating a simple action principle motivated by general covariance [[11](#page-7-8)]. The Hilbert action provides an economical and efficient way to define the theory. Throughout history, physicists have used variational principles as a way of organizing and simplifying their descriptions of dynamical systems. Most physicists view the action as fundamental, and the classical equations of motion as derived quantities. The action is typically the starting point for a quantum analysis.

Generalized harmonic gravity is a generalization of general relativity in the harmonic gauge. The generalization to (in principle) arbitrary gauge conditions was first pointed out by Friedrich [\[12\]](#page-7-9), and later by Garfinkle [[13\]](#page-7-10). To my knowledge, the action for GH gravity has not been previously discussed. An action for general relativity in harmonic gauge was written down by Stone and Kuchař [\[14\]](#page-7-11). Their action was not complete in the sense that the harmonic coordinate conditions were not included among the equations of motion. Other efforts to write well-posed formulations of Einstein's equations in terms of a variational principle can be found in Refs. [[15](#page-7-12)[–17\]](#page-7-13).

Although generalized harmonic gravity is not a new theory, merely a reformulation of general relativity, the action principle presented in this paper provides a new perspective on the generalized harmonic system. This new perspective can help us understand the connection between GH gravity and other formulations of the Einstein equations. The GH action can serve as the basis for practical numerical calculations using variational or symplectic integrators [[18](#page-7-14)[–20\]](#page-7-15).

It is worth noting that any system of equations can be derived from a variational principle: Simply multiply each equation by an undetermined multiplier, add them together, and integrate over spacetime (for PDE's) or time (for ordinary differential equations). Such an action principle does not add any insights, and probably has no practical benefit. What we want in an action principle is an encoding of the equations of motion without the addition of extra unphysical variables that do not appear in the original differential equations. Not all systems of equations can be derived from such a variational principle. For example, it appears that the Baumgarte-Shapiro-Shibata-Nakamura formulation of Einstein's theory [[21](#page-7-16),[22](#page-7-17)] cannot be derived from an action principle using only the Baumgarte-Shapiro-Shibata-Nakamura variables.

The action for GH gravity is presented in Sec. [II](#page-1-0). One of the features that emerges from this analysis is the need to introduce a background connection. The GH equations are not usually written in terms of a background connection; equivalently, the background connection is usually set to zero. In numerical relativity applications this can be justified by choosing the background connection to be flat and interpreting the coordinates as Cartesian. Note that Kreiss, Reula, Sarbach, and Winicour introduce a background metric in their studies of constraint-preserving boundary conditions for the generalized harmonic equations [\[23,](#page-7-18)[24\]](#page-7-19).

The Z4 system is a reformulation of Einstein's equations that, with suitable coordinate conditions, is well-posed [\[25](#page-7-20)[,26\]](#page-7-21). Bona, Bona-Casas, and Palenzuela (BBP) have recently proposed an action principle for Z4 [[17](#page-7-13)]. In Sec. [III,](#page-3-0) I discuss the relationship between the equations of motion obtained from the BBP action and the Z4 equations and point out their differences. The differences are subtle and interesting. The key difference stems from the fact that the BBP action, like the familiar Palatini variational principle [[27\]](#page-7-22), treats the spacetime metric and the connection as independent variables. As a result, the Ricci tensor that appears in the equations of motion for the BBP action is constructed from the independent connection and not from the Christoffel symbols. It is not clear whether or not the equations of motion for the BBP action have the nice properties of the Z4 equations. This shortcoming of the BBP variational principle can be corrected if we make a suitable change of variables and eliminate the connection as an independent variable. The result is the GH action.

In the Appendix, I discuss the inverse problem of the calculus of variations. This provides a complementary perspective to the conclusions reached in Sec. [III](#page-3-0). In particular, I argue that the equations of motion that follow from the BBP functional are not equivalent to the Z4 equations. A brief summary is contained in Sec. [IV.](#page-5-0)

II. ACTION FOR GH GRAVITY

Let $g_{\mu\nu}$ denote the spacetime metric and $\Gamma^{\alpha}{}_{\mu\nu}$ denote the metric-compatible connection (the Christoffel symbols). Let $\tilde{\Gamma}^{\alpha}{}_{\mu\nu}$ denote a background connection that is torsion-free and therefore symmetric in its lower indices. We will use the shorthand notation

$$
\Delta \Gamma^{\alpha}{}_{\mu\nu} \equiv \Gamma^{\alpha}{}_{\mu\nu} - \tilde{\Gamma}^{\alpha}{}_{\mu\nu} \n= \frac{1}{2} g^{\alpha\beta} (\tilde{\nabla}_{\mu} g_{\nu\beta} + \tilde{\nabla}_{\nu} g_{\mu\beta} - \tilde{\nabla}_{\beta} g_{\mu\nu})
$$
\n(1)

for the difference between these connections. The symbol $\tilde{\nabla}_{\mu}$ denotes the covariant derivative built from $\tilde{\Gamma}^{\sigma}{}_{\mu\nu}$. Note that $\Delta \Gamma^{\alpha}{}_{\mu\nu}$ is a type $\begin{pmatrix} 1 \\ 2 \end{pmatrix}$ tensor. Throughout this paper,
indices are raised and lowered with the metric α . indices are raised and lowered with the metric $g_{\mu\nu}$. Thus, for example, $\Delta \Gamma_{\mu\beta}{}^{\beta} = g_{\mu\nu} g^{\alpha\beta} \Delta \Gamma^{\nu}{}_{\alpha\beta}$.
The concretized hermonic constraints

The generalized harmonic constraints are defined by

$$
\mathcal{C}_{\mu} \equiv H_{\mu} + \Delta \Gamma_{\mu\beta}{}^{\beta},\tag{2}
$$

where H_{μ} is the gauge source vector. The action for generalized harmonic gravity is the following functional of $g_{\mu\nu}$ and H_{μ}^{1} :

$$
S[g_{\mu\nu}, H_{\mu}] = \int d^4x \sqrt{-g} g^{\mu\nu} \bigg[R_{\mu\nu} - \frac{1}{2} C_{\mu} C_{\nu} \bigg].
$$
 (3)

Here, $R_{\mu\nu}$ is the Ricci tensor built from $\int_{-\mu\nu}^{\alpha}$. Also, units have been chosen so that $16\pi G = 1$, where G is Newton's constant.

Before continuing, let me comment on the presence of the background connection. Since the Lagrangian must be a scalar density, then C_{μ} must be a covector. If we omit $\tilde{\Gamma}^{\sigma}{}_{\mu\nu}$ from the definition ([2](#page-1-1)), then H_{μ} must transform in such a way that $H_{\mu} + g_{\mu\nu}g^{\alpha\beta}\Gamma^{\nu}{}_{\alpha\beta}$ is a covector. Recall
that under a change of speculing coordinates, the trans that under a change of spacetime coordinates, the trans-

formation rule for the Christoffel symbols $\Gamma^{\nu}{}_{\alpha\beta}$ includes an inhomogeneous term. This inhomogeneous term, which is multiplied by $g_{\mu\nu}g^{\alpha\beta}$, must be canceled by a corresponding term from H_{μ} . It follows that the transformation rule for H_u must include an inhomogeneous term that depends on the metric. It is not possible for the transformation of H_u to depend on the metric unless H_u itself depends on the metric. However, for the moment, we would like to treat the metric $g_{\mu\nu}$ and the gauge source H_{μ} as independent variables in the action principle. For this reason, the background connection is needed to compensate for the inhomogeneity in the transformation rule for $\Gamma^{\alpha}{}_{\mu\nu}$.

With the background connection included in the definition of the constraints \mathcal{C}_{μ} , the gauge source H_{μ} is a covector. Although it is not logically *necessary* for H_{μ} to transform as a covector, as long as we are willing to give it a suitable dependence on $g_{\mu\nu}$, it is at least *convenient* for H_{μ} to transform as a covector. For example, we might find that a certain source H_{μ} works well for numerical simulations of black holes with a code that uses a Cartesian coordinate grid. Perhaps we would like to reproduce these results with a code that uses a spherical coordinate grid. If H_{μ} is a covector, we can easily determine the correct form for the gauge source in spherical coordinates.

Also observe that for most practical numerical applications, it would be natural to choose $\tilde{\Gamma}^{\sigma}{}_{\mu\nu}$ to be the flat connection. In this case the background connection components $\tilde{\Gamma}^{\sigma}{}_{\mu\nu}$ would be zero in Cartesian coordinates, but nonzero in spherical coordinates.

Now consider the variation of the action ([3](#page-1-2)). The functional derivatives of $S[g_{\mu\nu}, H_{\mu}]$ are

$$
\frac{\delta S}{\delta H_{\mu}} = -\sqrt{-g}C^{\mu},\tag{4a}
$$
\n
$$
\frac{\delta S}{\delta g_{\mu\nu}} = -\sqrt{-g}\left[G^{\mu\nu} - \nabla^{(\mu}C^{\nu)} + C^{(\mu}\Delta\Gamma^{\nu)\beta}{}_{\beta} - C^{\sigma}\Delta\Gamma_{\sigma}{}^{\mu\nu}\right.
$$
\n
$$
-\frac{1}{2}C^{\mu}C^{\nu} + \frac{1}{2}g^{\mu\nu}\nabla_{\sigma}C^{\sigma} + \frac{1}{4}g^{\mu\nu}C_{\sigma}C^{\sigma}\right],\tag{4b}
$$

where $G^{\mu\nu} = R^{\mu\nu} - Rg^{\mu\nu}/2$ is the Einstein tensor.
Parentheses around indices denote symmetrization Note Parentheses around indices denote symmetrization. Note that ∇_{μ} is the covariant derivative built from the Christoffel symbols $\Gamma^{\alpha}{}_{\mu\nu}$. It is related to the background covariant derivative by $\nabla_{\mu} V_{\nu} = \tilde{\nabla}_{\mu} V_{\nu} - \Delta \Gamma^{\sigma}{}_{\mu\nu} V_{\sigma}$,
which holds for any covector V. The vacuum Finstein which holds for any covector V_μ . The vacuum Einstein equations are obtained by setting the functional derivatives [\(4\)](#page-1-3) to zero. Equation ([4a\)](#page-1-3) tells us that $C^{\mu} = 0$; hence, C^{μ} are constraints for the generalized harmonic system. With $C^{\mu} = 0$, Eq. ([4b](#page-1-3)) reduces to the vacuum Einstein equations $G^{\mu\nu} = 0$. Matter fields can be included in a straightfor-
ward way ward way.

¹The background connection $\tilde{\Gamma}^{\sigma}{}_{\mu\nu}$ appears in the action as an external field and is not varied.

A convenient form of the equations of motion is obtained by choosing $\sqrt{-g}g^{\mu\nu}$ and $-\sqrt{-g}H^{\mu}$ as independent variables in the variational principle, rather than a dent variables in the variational principle, rather than $g_{\mu\nu}$ and H_{μ} . This leads to the vacuum equations

$$
0 = \frac{\delta S}{\delta(-\sqrt{-g}H^{\mu})} = C_{\mu},
$$
\n(5a)

$$
0 = \frac{\delta S}{\delta(\sqrt{-g}g^{\mu\nu})} = R_{\mu\nu} - \tilde{\nabla}_{(\mu}C_{\nu)} + \frac{1}{2}C_{\mu}C_{\nu}.
$$
 (5b)

Note that the generalized harmonic equation are usually written in the form $R_{\mu\nu} - \nabla_{(\mu} C_{\nu)} = 0$. Neither Eq. [\(4b\)](#page-1-3)
nor Eq. (5b) is identical to the usual equation. The differnor Eq. ([5b](#page-2-0)) is identical to the usual equation. The differences are terms proportional to the constraints \mathcal{C}_μ . These terms depend on the choice of independent variables and are not particularly important. As we will see, the presence or absence of these terms does not affect the properties that makes the generalized harmonic equations useful.

The equations of motion ([4\)](#page-1-3) are equivalent to Einstein's equations. Of course, this assumes that each equation holds for all time. In particular, the constraints $\mathcal{C}_\mu = 0$ must hold for all time. We would like to reinterpret these equations as an initial value problem. For this purpose we follow the analysis of Lindblom, Scheel, Kidder, Owen and Rinne [[6\]](#page-7-23), and derive two key results from Eq. ([4b](#page-1-3)). Let n_{μ} denote the unit normal to a foliation of spacetime by spacelike hypersurfaces, and let $h_{\mu\nu} = g_{\mu\nu} + n_{\mu}n_{\nu}$ denote the metric
induced on these hypersurfaces. The first result is obtained induced on these hypersurfaces. The first result is obtained by contracting Eq. ([4b\)](#page-1-3) with n_{ν} , which yields

$$
G^{\mu\nu}n_{\nu} - \frac{1}{2}n^{\sigma}\nabla_{\sigma}C^{\mu} = \frac{1}{2}(h^{\mu\sigma}n_{\rho} - h^{\sigma}_{\rho}n^{\mu})\nabla_{\sigma}C^{\rho} - n_{\nu}\left[C^{(\mu}\Delta\Gamma^{\nu)\beta}{}_{\beta} - C^{\sigma}\Delta\Gamma_{\sigma}^{\mu\nu} - \frac{1}{2}C^{\mu}C^{\nu} + \frac{1}{4}g^{\mu\nu}C_{\sigma}C^{\sigma}\right].
$$
 (6)

The second result is obtained by letting the covariant derivative ∇_{ν} act on Eq. [\(4b\)](#page-1-3) and using the Ricci identity.
This gives This gives

$$
\nabla^{\sigma}\nabla_{\sigma}\mathcal{C}^{\mu} = -R^{\mu}_{\sigma}\mathcal{C}^{\sigma} + 2\nabla_{\nu}\bigg[\mathcal{C}^{(\mu}\Delta\Gamma^{\nu)\beta}{}_{\beta} - \mathcal{C}^{\sigma}\Delta\Gamma_{\sigma}^{\mu\nu} - \frac{1}{2}\mathcal{C}^{\mu}\mathcal{C}^{\nu} + \frac{1}{4}g^{\mu\nu}\mathcal{C}_{\sigma}\mathcal{C}^{\sigma}\bigg],
$$
\n(7)

where the term $\nabla_{\nu} G^{\mu\nu}$ has been set to zero by the contracted Bianchi identity tracted Bianchi identity.

The first term on the left-hand side of Eq. [\(6](#page-2-1)) is the Hamiltonian and momentum constraints, which we denote $\mathcal{M}^{\mu} \equiv G^{\mu\nu} n_{\nu}$. The second term on the left-hand
side is proportional to $n^{\sigma} \nabla \mathcal{C}^{\mu} = (\partial \mathcal{C}^{\mu} - \mathcal{B}^i \partial \mathcal{C}^{\mu})$ side is proportional to $n^{\sigma} \nabla_{\sigma} C^{\mu} = (\partial_{t} C^{\mu} - \beta^{i} \partial_{i} C^{\mu})/(\alpha + n^{\sigma} \Gamma^{\mu} C^{\nu})$ Fach of the terms on the right-hand side $\alpha + n^{\sigma} \Gamma^{\mu}{}_{\sigma\nu} C^{\nu}$. Each of the terms on the right-hand side
of Eq. (6) is proportional to the constraints C^{μ} or their of Eq. [\(6\)](#page-2-1) is proportional to the constraints \mathcal{C}^{μ} or their spatial derivatives. It follows that Eq. ([6\)](#page-2-1) has the form

$$
\mathcal{M}^{\mu} - \frac{1}{2\alpha} \partial_t \mathcal{C}^{\mu} = \{ \text{terms } \sim \mathcal{C}, \partial_i \mathcal{C} \},\tag{8}
$$

where $\partial_i C$ denotes spatial derivatives of C^{μ} .

Now consider the initial value problem. Equation [\(8\)](#page-2-2) tells us that if C^{μ} and \mathcal{M}^{μ} vanish initially, then $\partial_{\mu}C^{\mu}$ vanishes initially. Then Eq. ([7](#page-2-3)) implies that \mathcal{C}^{μ} will remain zero throughout the evolution defined by Eq. ([4b](#page-1-3)). In turn, Eq. [\(8](#page-2-2)) tells us that \mathcal{M}^{μ} will remain zero throughout the evolution. The same conclusion can be reached by splitting the derivatives in Eq. [\(7](#page-2-3)) into space and time. Together with Eq. ([8\)](#page-2-2) one finds the results

$$
\partial_t C^\mu = \{ \text{terms} \sim \mathcal{M}, C, \partial_t C \}, \tag{9a}
$$

$$
\partial_t \mathcal{M}^\mu = \{ \text{terms} \sim \mathcal{M}, \partial_i \mathcal{M}, \mathcal{C}, \partial_i \mathcal{C}, \partial_i \partial_j \mathcal{C} \}. \tag{9b}
$$

These equations are consequences of Eq. [\(4b\)](#page-1-3) alone. Therefore, if the constraints \mathcal{C}^{μ} and \mathcal{M}^{μ} vanish initially, then the evolution Eq. [\(4b\)](#page-1-3) will maintain the values $C^{\mu} = \mathcal{M}^{\mu} = 0$ throughout the evolution.

Observe that Eqs. [\(4b\)](#page-1-3) and ([5b\)](#page-2-0) are not equivalent. If we take the trace-reversed version of Eq. [\(5b\)](#page-2-0) and raise its indices, the result differs from Eq. ([4b](#page-1-3)) by terms that are linear and quadratic in the constraints \mathcal{C}_{μ} . The difference does not depend on derivatives of the C's. As a result, the arguments that led to Eqs. ([9\)](#page-2-4) hold for the evolution Eq. ([5b](#page-2-0)) as well. In fact, we are free to drop any terms in Eq. [\(4b\)](#page-1-3) or ([5b](#page-2-0)) that are linear or quadratic in the constraints.

The discussion above shows that the relations [\(9](#page-2-4)) hold for any equation of the form

$$
R_{\mu\nu} - \tilde{\nabla}_{(\mu} C_{\nu)} = \{\text{terms} \sim C\}.
$$
 (10)

The terms proportional to \mathcal{C}_μ can include, for example, constraint damping terms. From the definition of the Ricci tensor we have

$$
R_{\mu\nu} = -\frac{1}{2} g^{\alpha\beta} \tilde{\nabla}_{\alpha} \tilde{\nabla}_{\beta} g_{\mu\nu} + \tilde{\nabla}_{(\mu} \Delta \Gamma_{\nu)\beta}{}^{\beta}
$$

$$
- g^{\alpha\beta} \tilde{R}^{\sigma}{}_{\alpha\beta(\mu} g_{\nu)\sigma} + g^{\alpha\beta} [-\Delta \Gamma_{\sigma\alpha\beta} \Delta \Gamma^{\sigma}{}_{\mu\nu}
$$

$$
+ 2\Delta \Gamma^{\sigma}{}_{\alpha(\mu} \Delta \Gamma_{\nu)\beta\sigma} + \Delta \Gamma^{\sigma}{}_{\mu\alpha} \Delta \Gamma_{\sigma\nu\beta}]. \tag{11}
$$

where $\tilde{R}^{\sigma}{}_{\alpha\beta\mu}$ is the Riemann tensor built from the background connection $\tilde{\Gamma}^{\alpha}{}_{\mu\nu}$. Then the evolution Eq. [\(10\)](#page-2-5) becomes

$$
g^{\alpha\beta}\tilde{\nabla}_{\alpha}\tilde{\nabla}_{\beta}g_{\mu\nu} = -2\tilde{\nabla}_{(\mu}H_{\nu)} - 2g^{\alpha\beta}\tilde{R}^{\sigma}_{\alpha\beta(\mu}g_{\nu)\sigma} + 2g^{\alpha\beta}[-\Delta\Gamma_{\sigma\alpha\beta}\Delta\Gamma^{\sigma}_{\mu\nu} + 2\Delta\Gamma^{\sigma}_{\alpha(\mu}\Delta\Gamma_{\nu)\beta\sigma} + \Delta\Gamma^{\sigma}_{\mu\alpha}\Delta\Gamma_{\sigma\nu\beta}] + \{\text{terms} \sim \mathcal{C}\}. \tag{12}
$$

This is a wave equation for each component of the spacetime metric. The initial value problem for the GH system is

described as follows: Specify initial data for $g_{\mu\nu}$ and H_{μ} that satisfies $C^{\mu} = \mathcal{M}^{\mu} = 0$, then evolve the metric with the wave equation ([12](#page-2-6)). Observe that the gauge source vector H_{μ} is freely specifiable, apart from the restriction $\mathcal{C}_{\mu} = 0$ at the initial time.

III. BBP ACTION

The functional

$$
S[g_{\mu\nu}, Z_{\mu}, \bar{\Gamma}^{\sigma}{}_{\mu\nu}] = \int d^4x \sqrt{-g} g^{\mu\nu} [\bar{R}_{\mu\nu} + 2\bar{\nabla}_{\mu} Z_{\nu}] \tag{13}
$$

was proposed by Bona, Bona-Casas, and Palenzuela in Ref. [[17\]](#page-7-13) as an action principle for the Z4 formulation of general relativity. This action is a functional of the spacetime metric $g_{\mu\nu}$, a covariant vector Z_{μ} , and a torsion-free connection $\overline{\Gamma}^{\sigma}{}_{\mu\nu}$. The covariant derivative $\overline{\nabla}_{\mu}$ is built from this connection. Likewise, the Ricci tensor that appears in this connection. Likewise, the Ricci tensor that appears in the Lagrangian is defined by

$$
\bar{R}_{\mu\nu} = \partial_{\sigma} \bar{\Gamma}^{\sigma}{}_{\mu\nu} - \partial_{\nu} \bar{\Gamma}^{\sigma}{}_{\mu\sigma} + \bar{\Gamma}^{\rho}{}_{\mu\nu} \bar{\Gamma}^{\sigma}{}_{\rho\sigma} - \bar{\Gamma}^{\rho}{}_{\mu\sigma} \bar{\Gamma}^{\sigma}{}_{\nu\rho}.
$$
\n(14)

(This definition differs slightly from that of Ref. [[17](#page-7-13)]. As defined here, $\bar{R}_{\mu\nu}$ is not necessarily symmetric.) We will frequently use the abbreviation

$$
\Omega^{\sigma}{}_{\mu\nu} \equiv \bar{\Gamma}^{\sigma}{}_{\mu\nu} - \Gamma^{\sigma}{}_{\mu\nu},\tag{15}
$$

for the difference between the connection $\overline{\Gamma}^{\sigma}{}_{\mu\nu}$ and the Christoffel symbols $\Gamma^{\sigma}{}_{\mu\nu}$. Note that indices are raised and lowered with $g_{\mu\nu}$ and its inverse. Thus, for example, $\bar{\Gamma}_{\sigma\mu\nu} \equiv g_{\sigma\rho} \bar{\Gamma}^{\rho}{}_{\mu\nu}$.

Variation of the BBP action yields the vacuum equations

$$
0 = \frac{\delta S}{\delta(\sqrt{-g}g^{\mu\nu})} = \bar{R}_{(\mu\nu)} + 2\bar{\nabla}_{(\mu}Z_{\nu)},\tag{16a}
$$

$$
0 = \frac{1}{\sqrt{-g}} \frac{\delta S}{\delta Z_{\mu}} = -2\Omega^{\mu\sigma}{}_{\sigma},\tag{16b}
$$

$$
0 = \frac{1}{\sqrt{-g}} \frac{\delta S}{\delta \bar{\Gamma}^{\sigma}{}_{\mu\nu}} = \Omega^{\rho}{}_{\rho\sigma} g^{\mu\nu} - 2\Omega^{(\mu\nu)}{}_{\sigma} + \delta^{(\mu}_{\sigma} \Omega^{\nu)\rho}{}_{\rho} - 2Z_{\sigma} g^{\mu\nu}.
$$
 (16c)

For convenience, we have chosen the independent variables to be $\sqrt{-g}g^{\mu\nu}$, Z_{μ} , and $\bar{\Gamma}^{\sigma}{}_{\mu\nu}$. It is straightforward to include matter fields include matter fields.

Equations [\(16](#page-3-1)), which follow from the BBP action, are equivalent to Einstein's general relativity. To show this, we first solve Eq. [\(16c](#page-3-1)) for $\bar{\Gamma}^{\sigma}{}_{\mu\nu}$. This equation can be rearranged to give

$$
2g^{\mu\nu}Z_{\sigma} = \Omega^{\rho}{}_{\rho\sigma}g^{\mu\nu} - 2\Omega^{(\mu\nu)}{}_{\sigma} + \delta^{(\mu}_{\sigma}\Omega^{\nu)\rho}{}_{\rho}. \tag{17}
$$

By setting $\nu = \sigma$ we obtain

$$
\Omega^{\mu\rho}{}_{\rho} = \frac{4}{3}Z^{\mu},\tag{18}
$$

where the spacetime dimension is assumed to be 4. Now take the trace over the indices μ and ν in Eq. ([17\)](#page-3-2) to yield

$$
\Omega^{\rho}{}_{\rho\mu} = \frac{10}{3} Z_{\mu}.
$$
 (19)

Putting the results [\(17](#page-3-2))–([19](#page-3-3)) together gives

$$
\Omega_{\mu\nu\sigma} + \Omega_{\nu\mu\sigma} = \frac{4}{3} (Z_{\sigma} g_{\mu\nu} + Z_{(\mu} g_{\nu)\sigma}).
$$
 (20)

Now write down two more copies of this equation with index replacements $\mu \to \nu$, $\nu \to \sigma$, $\sigma \to \mu$ in the first
copy and $\mu \to \sigma$, $\nu \to \mu$, $\sigma \to \nu$ in the second. Add the copy and $\mu \to \sigma$, $\nu \to \mu$, $\sigma \to \nu$ in the second. Add the second copy to Eq. (20) then subtract the first copy. This second copy to Eq. (20) , then subtract the first copy. This yields

$$
\Omega^{\sigma}{}_{\mu\nu} = \frac{4}{3} \delta^{\sigma}_{(\mu} Z_{\nu)} \tag{21}
$$

for the solution of Eq. [\(16c\)](#page-3-1).

The vacuum equation of motion ([16b](#page-3-1)) implies

$$
\Omega^{\mu\rho}{}_{\rho} = 0. \tag{22}
$$

With the result ([21](#page-3-5)) we see that Eqs. [\(16b\)](#page-3-1) and ([16c\)](#page-3-1), together, have the solution

$$
Z_{\mu} = 0,\t(23a)
$$

$$
\Omega^{\sigma}{}_{\mu\nu} = 0. \tag{23b}
$$

The second of these equations tells us that the connection $\bar{\Gamma}^{\sigma}{}_{\mu\nu}$ is equal to the Christoffel symbols. The results [\(23\)](#page-3-6) show that the equation of motion [\(16a\)](#page-3-1) is equivalent to the vacuum Einstein equations, $R_{\mu\nu} = 0$.
The Z_A equations are usually

The Z4 equations are usually written as $R_{\mu\nu}$ + $2\nabla_{(\mu}Z_{\nu)}=0$ and $Z_{\mu}=0$. The equation $R_{\mu\nu}^{\mu\nu}+\nabla Z_{\nu}=0$ has the same key properties as Eq. (4b) or $2\nabla_{(\mu}Z_{\nu)} = 0$ has the same key properties as Eq. [\(4b\)](#page-1-3) or
(5b) for the GH system. By the same analysis that led [\(5b\)](#page-2-0) for the GH system. By the same analysis that led to Eqs. [\(9](#page-2-4)), one can show that the equation $R_{\mu\nu}$ + $2\nabla \cdot Z_{\mu} = 0$ implies $2\nabla_{(\mu}Z_{\nu)}=0$ implies

$$
\partial_t Z^{\mu} = \{ \text{terms} \sim \mathcal{M}, Z, \partial_i Z \}, \tag{24a}
$$

$$
\partial_t \mathcal{M}^\mu = \{ \text{terms} \sim \mathcal{M}, \, \partial_i \mathcal{M}, Z, \, \partial_i Z, \, \partial_i \partial_j Z \}. \tag{24b}
$$

Thus, if $Z_{\mu} = 0$ and $\mathcal{M}_{\mu} = 0$ initially, then Z_{μ} and \mathcal{M}_{μ} will remain zero throughout the evolution defined by $R_{\mu\nu} + 2\nabla_{(\mu}Z_{\nu)} = 0.$
Unfortunately the

Unfortunately, the equation [\(16a](#page-3-1)) that comes from the BBP action does not appear to have this property, for two reasons. First, the trace-reversed Ricci tensor $\bar{G}_{\mu\nu}$: $\overline{R}_{\mu\nu} - g_{\mu\nu} \overline{R}_{\alpha\beta} g^{\alpha\beta}/2$, built with the connection $\overline{\Gamma}^{\sigma}{}_{\mu\nu}$,
does not satisfy the contracted Bianchi identities. Second does not satisfy the contracted Bianchi identities. Second, the Hamiltonian and momentum constraints are not equivalent to the normal projections of $\bar{G}_{\mu\nu}$. The argument showing that Z_{μ} and \mathcal{M}_{μ} will remain zero, assuming they are zero initially, does not obviously hold for the equation $\bar{R}_{(\mu\nu)} + 2\bar{\nabla}_{(\mu}Z_{\nu)} = 0.$
Since Eqs. (16b)

Since Eqs. ([16b](#page-3-1)) and [\(16c\)](#page-3-1), together, imply $\bar{\Gamma}^{\sigma}{}_{\mu\nu}$ $\Gamma^{\sigma}{}_{\mu\nu}$ and $Z_{\mu} = 0$, we are free to replace the connection $\overline{\Gamma}^{\sigma}{}_{\mu\nu}$ with the Christoffel symbols $\Gamma^{\sigma}{}_{\mu\nu}$ when solving the equations of motion. It follows that Eqs. ([16](#page-3-1)) are equivalent to the system

$$
0 = R_{\mu\nu} + 2\nabla_{(\mu} Z_{\nu)},
$$
 (25a)

$$
0 = -2Z_{\sigma}g^{\mu\nu},\tag{25b}
$$

obtained by setting $\bar{\Gamma}^{\sigma}{}_{\mu\nu} = \Gamma^{\sigma}{}_{\mu\nu}$ in Eqs. ([16a](#page-3-1)) and ([16c\)](#page-3-1).
These are the Z4 equations. However, these equations do These are the Z4 equations. However, these equations do not appear to coincide with the extrema of any action functional. In other words, there is no functional (to my knowledge) whose functional derivatives are linear combinations of $R_{\mu\nu} + 2\nabla_{(\mu}Z_{\nu)}$ and $-2Z_{\sigma}g^{\mu\nu}$. This point is discussed more thoroughly in the Appendix discussed more thoroughly in the Appendix.

Note, in particular, that the functional obtained by setting $\bar{\Gamma}^{\sigma}{}_{\mu\nu} = \Gamma^{\sigma}{}_{\mu\nu}$ in the BBP action ([13](#page-3-7)) does not yield
For (25) for its extrema. This is an example of a general Eqs. ([25](#page-4-0)) for its extrema. This is an example of a general rule: One cannot always reduce an action principle by using results from the equations of motion. Consider an action $S[u, v]$ that is a functional of two sets of variables, u^i and v^a . If the equations of motion $\delta S/\delta u^i = 0$ can be solved for the variables u^i as functions of v^a , then it is indeed permissible to use the solutions $u^i = u^i(v)$ to eliminate u^i from the action. On the other hand, one or more of nate u^i from the action. On the other hand, one or more of the equations $\delta S/\delta u^i = 0$ might yield, for example, v^1 as a function of the other v 's and the u 's. It is *not* permissible to use this result to eliminate $v¹$ from the action.

In light of these remarks, consider the BBP action [\(13\)](#page-3-7) and the equations of motion ([16\)](#page-3-1). As the result [\(21\)](#page-3-5) shows, the equation [\(16c\)](#page-3-1) has the solution

$$
\bar{\Gamma}^{\sigma}{}_{\mu\nu} = \Gamma^{\sigma}{}_{\mu\nu} + \frac{4}{3} \delta^{\sigma}_{(\mu} Z_{\nu)}.
$$
 (26)

In this case we have solved the equation $\delta S/\delta \bar{\Gamma}^{\sigma}{}_{\mu\nu} = 0$
for $\bar{\Gamma}^{\sigma}{}_{\mu\nu}$ and we are allowed to use this solution to simplify for $\bar{\Gamma}^{\sigma}{}_{\mu\nu}$ and we are allowed to use this solution to simplify the action. The result is

$$
S[g_{\mu\nu}, Z_{\mu}] = \int d^4x \sqrt{-g} g^{\mu\nu} \bigg[R_{\mu\nu} - \frac{4}{3} Z_{\mu} Z_{\nu} \bigg], \quad (27)
$$

and the equations of motion become

$$
0 = \frac{\delta S}{\delta(\sqrt{-g}g^{\mu\nu})} = R_{\mu\nu} - \frac{4}{3}Z_{\mu}Z_{\nu},\qquad(28a)
$$

$$
0 = \frac{1}{\sqrt{-g}} \frac{\delta S}{\delta Z_{\mu}} = -\frac{8}{3} Z^{\mu}.
$$
 (28b)

These equations are physically correct—they are equivalent to vacuum general relativity. They do not, however, have the form of the usual Z4 equations.

Another option is to solve the equations of motion ([16b\)](#page-3-1) and ([16c](#page-3-1)), together, for $\bar{\Gamma}^{\sigma}{}_{\mu\nu}$ and Z_{μ} . The solution is listed in Eqs. ([23](#page-3-6)). If we use these results to eliminate $\bar{\Gamma}^{\sigma}{}_{\mu\nu}$ and Z_u from the action we are left with the Hilbert action. The equations of motion are the vacuum Einstein equations which are, of course, physically correct. However, they are not the usual Z4 equations.

The equation of motion [\(16c](#page-3-1)), by itself, does not imply $\bar{\Gamma}^{\sigma}{}_{\mu\nu} = \bar{\Gamma}^{\sigma}{}_{\mu\nu}$ due to the presence of the fields Z_{μ} . We can try to eliminate Z_{μ} from the functional derivative $\delta S/\delta \bar{\Gamma}^{\sigma}{}_{\mu\nu}$ by changing the independent variables in the action principle. Since a change of independent variables will merely mix the equations of motion, it will not be possible to eliminate Z_{μ} from $\delta S/\delta \bar{\Gamma}^{\sigma}{}_{\mu\nu}$ unless Z_{μ} appears undifferentiated in one of the other equations of motion. With a simple modification of the action, the fields Z_{μ} will appear in the functional derivatives $\delta S/\delta Z_{\mu}$. Thus, let

$$
S[g_{\mu\nu}, Z_{\mu}, \bar{\Gamma}^{\sigma}{}_{\mu\nu}]
$$

=
$$
\int d^4x \sqrt{-g} g^{\mu\nu} [\bar{R}_{\mu\nu} + 2\bar{\nabla}_{\mu} Z_{\nu} + \lambda Z_{\mu} Z_{\nu}], \quad (29)
$$

so that the equations of motion become

$$
0 = \frac{\delta S}{\delta(\sqrt{-g}g^{\mu\nu})} = \bar{R}_{(\mu\nu)} + 2\bar{\nabla}_{(\mu}Z_{\nu)} + \lambda Z_{\mu}Z_{\nu},\qquad(30a)
$$

$$
0 = \frac{1}{\sqrt{-g}} \frac{\delta S}{\delta Z_{\mu}} = -2\Omega^{\mu\sigma}{}_{\sigma} + 2\lambda Z^{\mu}, \tag{30b}
$$

$$
0 = \frac{1}{\sqrt{-g}} \frac{\delta S}{\delta \bar{\Gamma}^{\sigma}{}_{\mu\nu}}
$$

= $\Omega^{\rho}{}_{\rho\sigma}g^{\mu\nu} - 2\Omega^{(\mu\nu)}{}_{\sigma} + \delta^{(\mu}_{\sigma}\Omega^{\nu)\rho}{}_{\rho} - 2Z_{\sigma}g^{\mu\nu}.$ (30c)

Here, λ is a constant parameter.

We can now look for a change of independent variables that will mix the equation of motion [\(30b\)](#page-4-1) with ([30c\)](#page-4-1), and, in the process, eliminate Z_{μ} from the functional derivatives $\delta S/\delta \bar{\Gamma}^{\sigma}{}_{\mu\nu}$. This is accomplished by replacing Z_{μ} with a combination of $\bar{\Gamma}^{\sigma}{}_{\mu\nu}$ and a new independent variable, a covariant vector that we call H_{μ} . For example, we can replace Z_{μ} with the linear combination

$$
Z_{\mu} = \frac{1}{\lambda} (H_{\mu} + \Omega_{\mu}{}^{\beta}{}_{\beta}) \tag{31}
$$

in the action [\(29\)](#page-4-2). The resulting equations of motion are

$$
0 = \frac{\delta S}{\delta(\sqrt{-g}g^{\mu\nu})}
$$

= $\bar{R}_{(\mu\nu)} + \lambda Z_{\mu} Z_{\nu} + \{\text{terms} \sim \Omega^{\sigma}{}_{\alpha\beta}\},$ (32a)

$$
0 = \frac{1}{\sqrt{-g}} \frac{\delta S}{\delta H_{\mu}} = -\frac{2}{\lambda} \Omega^{\mu \sigma}{}_{\sigma} + 2Z^{\mu}, \tag{32b}
$$

$$
0 = \frac{1}{\sqrt{-g}} \frac{\delta S}{\delta \bar{\Gamma}^{\sigma}{}_{\mu\nu}} = \Omega^{\rho}{}_{\rho\sigma} g^{\mu\nu} - 2\Omega^{(\mu\nu)}{}_{\sigma} + \delta^{\left(\mu}_{\sigma} \Omega^{\nu)\rho}{}_{\rho} - \frac{2}{\lambda} \Omega_{\sigma}{}^{\rho}{}_{\rho} g^{\mu\nu},
$$
(32c)

with Z_{μ} given by Eq. ([31](#page-4-3)). Equation ([32c\)](#page-4-4) has the desired property—its solution is $\overline{\Gamma}^{\sigma}{}_{\mu\nu} = \Gamma^{\sigma}{}_{\mu\nu}$ (assuming $\lambda \neq$ 4/3). However, Eq. (323) no longer includes the term $4/3$). However, Eq. ([32a\)](#page-4-4) no longer includes the term proportional to $\nabla_{(\mu} Z_{\nu)}$ that characterizes the Z4 equa-
tion (25a). This is because the change of variables (31) tion [\(25a](#page-4-0)). This is because the change of variables [\(31\)](#page-4-3) contains derivatives of the metric through the Christoffel symbols.

We can eliminate the Christoffel symbols $\Gamma^{\sigma}{}_{\mu\nu}$ from the change of variables [\(31](#page-4-3)) by replacing them with a background connection $\tilde{\Gamma}^{\sigma}{}_{\mu\nu}$. Therefore, let

$$
Z_{\mu} = \frac{1}{\lambda} (H_{\mu} + \bar{\Gamma}_{\mu}{}^{\beta}{}_{\beta} - \tilde{\Gamma}_{\mu}{}^{\beta}{}_{\beta}) \tag{33}
$$

in the action [\(29\)](#page-4-2). The equations of motion become

$$
0 = \frac{\delta S}{\delta(\sqrt{-g}g^{\mu\nu})}
$$

= $\bar{R}_{(\mu\nu)} + 2\bar{\nabla}_{(\mu}Z_{\nu)} + \lambda Z_{\mu}Z_{\nu} + \{\text{terms} \sim (\Omega^{\rho\sigma}{}_{\sigma} - \lambda Z^{\rho})\},$ (34a)

$$
0 = \frac{1}{\sqrt{-g}} \frac{\delta S}{\delta H_{\mu}} = -\frac{2}{\lambda} \Omega^{\mu \sigma}{}_{\sigma} + 2Z^{\mu}, \qquad (34b)
$$

$$
0 = \frac{1}{\sqrt{-g}} \frac{\delta S}{\delta \bar{\Gamma}^{\sigma}{}_{\mu \nu}}
$$

$$
= \Omega^{\rho}{}_{\rho \sigma} g^{\mu \nu} - 2\Omega^{(\mu \nu)}{}_{\sigma} + \delta^{\mu}_{\sigma} \Omega^{\nu) \rho}{}_{\rho} - \frac{2}{\lambda} \Omega_{\sigma}{}^{\rho}{}_{\rho} g^{\mu \nu}, \quad (34c)
$$

where Z_{μ} is given by Eq. [\(33\)](#page-5-1). The solution of Eq. ([34c](#page-5-2)) is $\Omega^{\sigma}{}_{\mu\nu} = 0$ for $\lambda \neq 4/3$, and we are allowed to use $\overline{\Gamma}^{\sigma}{}_{\mu\nu}$ $\Gamma^{\sigma}{}_{\mu\nu}$ in the action to eliminate $\bar{\Gamma}^{\sigma}{}_{\mu\nu}$. In the process, the definition [\(33\)](#page-5-1) becomes $Z_{\mu} = C_{\mu}/\lambda$, where C_{μ} is the generalized harmonic constraint ([2](#page-1-1)). The action becomes

$$
S[g_{\mu\nu}, H_{\mu}] = \int d^4x \sqrt{-g} g^{\mu\nu} \bigg[R_{\mu\nu} + \frac{1}{\lambda} C_{\mu} C_{\nu} \bigg], \quad (35)
$$

where the term proportional to $\nabla_{\mu} Z_{\nu}$ has been integrated to the boundary and discarded. The equations of motion are the boundary and discarded. The equations of motion are

$$
0 = \frac{\delta S}{\delta(\sqrt{-g}g^{\mu\nu})}
$$

= $R_{\mu\nu} + \frac{2}{\lambda}\nabla_{(\mu}C_{\nu)} + \frac{1}{\lambda}C_{\mu}C_{\nu} + \{\text{terms } \sim C^{\sigma}\},$ (36a)

$$
0 = \frac{1}{\sqrt{-g}} \frac{\delta S}{\delta H_{\mu}} = \frac{2}{\lambda} \mathcal{C}^{\mu}.
$$
 (36b)

When $\lambda = -2$ these are the GH equations and Eq. [\(35\)](#page-5-3) is the GH action.

The preceding analysis shows that we are naturally led to the GH action when we attempt to reformulate the BBP action without the connection $\overline{\Gamma}^{\sigma}{}_{\mu\nu}$. The GH action ([3\)](#page-1-2) can be obtained directly from the BBP action [\(13\)](#page-3-7) by the change of variables

$$
Z_{\mu} = -\frac{1}{2}C_{\mu} + \frac{1}{8}\Omega_{\mu}{}^{\rho}{}_{\rho}.
$$
 (37)

With this definition, the BBP action becomes

$$
S[g_{\mu\nu}, H_{\mu}, \bar{\Gamma}^{\sigma}{}_{\mu\nu}]
$$

=
$$
\int d^4x \sqrt{-g}g^{\mu\nu} \left[\bar{R}_{\mu\nu} - \bar{\nabla}_{\mu}C_{\nu} + \frac{1}{4} \bar{\nabla}_{\mu} \Omega_{\nu}{}^{\rho}{}_{\rho} \right].
$$
 (38)

The equation of motion $\delta S / \delta \bar{\Gamma}^{\sigma}{}_{\mu\nu} = 0$ has the solution

$$
\bar{\Gamma}^{\sigma}{}_{\mu\nu} = \Gamma^{\sigma}{}_{\mu\nu} - \delta^{\sigma}{}_{(\mu} C_{\nu)}.
$$
 (39)

Substituting this result into the action ([38](#page-5-4)) and discarding a boundary term yields the GH action [\(3](#page-1-2)).

IV. SUMMARY

The action for the generalized harmonic formulation of general relativity has the remarkably simple form displayed in Eq. [\(3\)](#page-1-2). This action can be used as the starting point for further developments, such as the Hamiltonian formulation of GH gravity. We can also use the action to develop variational and symplectic integration schemes. The BBP action presented in Ref. [\[17\]](#page-7-13) is closely related to the GH action, but the equations of motion that follow from the BBP action are not obviously equivalent to the Z4 equations. After a change of variables, the independent connection $\bar{\Gamma}^{\sigma}{}_{\mu\nu}$ can be eliminated from the BBP action, reducing it to the GH action.

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APPENDIX: THE INVERSE PROBLEM OF THE CALCULUS OF VARIATIONS

The problem of finding an action for the GH (or Z4) equations is an example of the inverse problem of the calculus of variations. This subject has a long history [\[28\]](#page-7-24). In its most basic form, the inverse problem of the calculus of variations can be stated as follows. Given a set of differential equations $E^A(\phi, \partial \phi, ...) = 0$ for the varia-
bles ϕ^A does there exist a functional $S[\phi]$ whose funcbles ϕ^A , does there exist a functional $S[\phi]$ whose functional derivatives are $F^A(\phi, \partial \phi)$ is the tional derivatives are $E^A(\phi, \partial \phi, ...)$? If so, is the functional unique? The index A runs from 1 to N and functional unique? The index A runs from 1 to N , and $\partial \phi$ represents the partial derivatives of the dependent variables ϕ^A with respect to the independent variables. For ordinary differential equations, there is only one independent variable; for partial differential equations, there are two or more independent variables. The dots in $E^A(\phi, \partial \phi, ...)$ represent higher order derivatives of ϕ^A .
An acceptable action functional for the GH or 74 equ

An acceptable action functional for the GH or Z4 equations does not need to reproduce the differential equations identically. It is acceptable if the functional derivatives of the action are a linear combination of E^A . This formulation of the inverse problem of the calculus of variations is often referred to as the variational multiplier problem [\[28](#page-7-24)[,29\]](#page-7-25). Thus, given a system $E^A(\phi, \partial \phi, ...) = 0$, we seek a functional $S[\phi]$ that satisfies tional $S[\phi]$ that satisfies

$$
M^{AB}(\phi, \partial \phi, \ldots) \frac{\delta S[\phi]}{\delta \phi^B} = E^A(\phi, \partial \phi, \ldots), \quad (A1)
$$

where M^{AB} is an invertible matrix that depends on ϕ^A and its derivatives. Equation ([A1](#page-6-0)) says that the expressions E^A are linear combinations of the functional derivatives of $S[\phi]$.
The

The inverse problem of the calculus of variations assumes that the action is a functional only of those variables ϕ^A that appear in the system of equations $E^A = 0$. (It also assumes that the number of equations is equal to the assumes that the number of equations is equal to the number of variables.) As an alternative, consider the functional $S[\phi, \Lambda] = \int \Lambda_A E^A(\phi, \partial \phi, ...)$ of ϕ^A and Λ_A . The functional derivatives of $S[\phi, \Lambda]$ include F^A . Equivalently functional derivatives of $S[\phi, \Lambda]$ include E^A . Equivalently, the conditions for the extremization of $S[\phi, \Lambda]$ imply the conditions for the extremization of $S[\phi, \Lambda]$ imply $F^A = 0$. In spite of this fact, the functional $S[\phi, \Lambda]$ is not $E^A = 0$. In spite of this fact, the functional $S[\phi, \Lambda]$ is not considered a valid action for the equations $F^A = 0$ because considered a valid action for the equations $E^A = 0$ because it depends on the extra unphysical variables Λ_A .

In the variational multiplier problem ([A1\)](#page-6-0), M^{AB} can depend on the fields ϕ^A and their derivatives but it is not allowed to be a differential operator. This restriction on M^{AB} is a natural one, since we want the functional derivatives of the action to yield the same system of differential equations as defined by $E^A = 0$. A derivative operator in M^{AB} can change the differential order of the functional derivatives so that the extremum of the action is no longer equivalent to the original differential system. Although this can happen when M^{AB} contains differential operators, it does not always happen.

Let us consider the consequences of this restriction in the context of the BBP functional ([13](#page-3-7)). The functional derivatives of the BBP action are displayed in Eqs. [\(16\)](#page-3-1). A close examination of the analysis following these equations shows that the functional derivatives [\(16b\)](#page-3-1) and [\(16c\)](#page-3-1) can be rearranged, by a linear transformation, to form the left-hand sides of Eqs. [\(23\)](#page-3-6). In other words, there is a matrix M_1^{AB} that mixes the functional derivatives of the BBP functional, leading to the result (using matrix notation in place of the indices A and B)

$$
M_1\left(\frac{\delta S}{\delta \phi}\right) = \begin{pmatrix} \bar{R}_{(\mu\nu)} + 2\bar{\nabla}_{(\mu} Z_{\nu)} \\ Z_{\sigma} \\ \Omega^{\alpha}{}_{\beta \gamma} \end{pmatrix} . \tag{A2}
$$

We can use the definitions (14) and (15) (15) to write this result in the form

$$
M_1\left(\frac{\delta S}{\delta \phi}\right) = \begin{pmatrix} \partial_{\rho} \bar{\Gamma}^{\rho}{}_{\mu\nu} - \partial_{(\mu} \bar{\Gamma}^{\rho}{}_{\nu)\rho} + \cdots \\ Z_{\sigma} \\ \Gamma^{\alpha}{}_{\beta\gamma} - \bar{\Gamma}^{\alpha}{}_{\beta\gamma} \end{pmatrix} . \tag{A3}
$$

For simplicity, only two terms are displayed in the first row.

Now we ask whether there exists a further mixing of the functional derivatives that will yield the Z4 equations $R_{\mu\nu} + 2\nabla_{(\mu}Z_{\nu)} = 0$ and $Z_{\mu} = 0$. The mixture must replace derivatives of the background connection $\overline{\Gamma}^{\sigma}{}_{\mu\nu}$ with derivatives of the Christoffel symbols $\Gamma^{\sigma}{}_{\mu\nu}$ in the first row of Eq. ([A3\)](#page-6-1). The matrix that does this is

$$
M_2 = \begin{pmatrix} 1 & 0 & \delta^{\beta}_{(\mu} \delta^{\gamma}_{\nu)} \partial_{\alpha} - \delta^{\gamma}_{\alpha} \delta^{\beta}_{(\mu} \partial_{\nu)} + \cdots \\ 0 & 1 & 0 \\ 0 & 0 & 1 \end{pmatrix}, \quad (A4)
$$

where each of the 1's is an identity tensor. In this example both M_1 and M_2 are invertible. But because M_2 contains a derivative operator, the matrix M_2M_1 does not qualify as a valid variational multiplier for the inverse problem of the calculus of variations. The conclusion is that the BBP functional [\(13\)](#page-3-7) does not qualify as an action principle for the Z4 equations.

In the present example the differential operator M_2M_1 is invertible, and it does not change the differential order of the functional derivatives of the BBP action. So perhaps the restriction that M^{AB} should not contain any derivative operators is too severe. Perhaps the only restriction on M^{AB} should be invertibility. Note, however, that if we allow M^{AB} to be a differential operator, then there exist action functionals for the Z4 equations that are more simple than the BBP functional. For example, the action of Eq. ([27](#page-4-5)) has functional derivatives

$$
\left(\frac{\delta S}{\delta \phi}\right) = \left(\begin{array}{c} R_{\mu\nu} - 4Z_{\mu}Z_{\nu}/3\\ -8\sqrt{-g}Z^{\sigma}/3 \end{array}\right),\tag{A5}
$$

as seen from Eqs. ([28\)](#page-4-6). These can be rearranged to give

$$
M\left(\frac{\delta S}{\delta \phi}\right) = \begin{pmatrix} R_{\mu\nu} + 2\nabla_{(\mu} Z_{\nu)} \\ Z_{\rho} \end{pmatrix}
$$
 (A6)

with the invertible matrix

$$
M = \begin{pmatrix} 1 & -(2g_{\sigma(\mu} Z_{\nu)} + 3g_{\sigma(\mu} \nabla_{\nu)})/(4\sqrt{-g}) \\ 0 & -3g_{\rho\sigma}/(8\sqrt{-g}) \end{pmatrix}.
$$
 (A7)

If we allow M^{AB} to mix $\delta S/\delta \phi^A$ with derivatives of $\delta S/\delta \phi^A$, then by this criterion the functional ([27](#page-4-5)) would be a valid action principle for Z4.

The view among researchers who study the inverse problem of the calculus of variations is that the variational multiplier should be an invertible matrix that depends only on the variables and their derivatives [\[28\]](#page-7-24). According to this view, neither the BBP functional ([13](#page-3-7)) nor the functional of Eq. [\(27\)](#page-4-5) qualify as action principles for Z4. The GH functional [\(3\)](#page-1-2), on the other hand, is a valid action principle for the GH formulation of general relativity. In particular, the equations of motion ([4](#page-1-3)) or ([5](#page-2-0)) follow directly from this action and have the desired properties discussed in Sec. [II.](#page-1-0)

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