Perturbations in bouncing cosmologies: Dynamical attractor versus scale invariance

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For bouncing cosmologies such as the ekpyrotic/cyclic scenarios we show that it is possible to make predictions for density perturbations which are independent of the details of the bouncing phase. This can be achieved, as in inflationary cosmology, thanks to the existence of a dynamical attractor, which makes local observables equal to the unperturbed solution up to exponentially small terms. Assuming that the physics of the bounce is not extremely sensitive to these corrections, perturbations can be evolved even at the nonlinear level. The resulting spectrum is not scale invariant and thus incompatible with experimental data. This can be explicitly shown in synchronous gauge where, contrary to what happens in the commonly used Newtonian gauge, all perturbations remain small going towards the bounce and the existence of the attractor is manifest.

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I. INTRODUCTION

From cosmological observations, we know that the current Universe is to a good approximation flat, homogeneous and isotropic on large scales. It is well known that in the standard big bang cosmology this requires an enormous amount of fine-tuning on the initial state emerging from the Planck era. This problem is usually solved postulating a period of inflation which acts like a dynamical attractor for the cosmological evolution. From a generic initial condition sufficiently close to a flat, homogeneous and isotropic state the Universe evolves towards this symmetric configuration. Another logical possibility that has been explored is that a dynamical attractor is present in a contracting phase which precedes the present expansion. After this phase, the Universe would reach a state of high curvature and then bounce and start expanding. Although string-inspired, the ekpyrotic/cyclic scenarios [1,2] are fully described in the contracting phase well before the bounce by a 4D effective field theory. The only light degree of freedom (besides the graviton) is a scalar field which moves along a steep negative potential and drives the cosmic contraction.¹ Even in the presence of perturbations, if the potential is steep enough, inhomogeneities and anisotropies become less and less relevant going towards the bounce and the cosmic evolution gets closer and closer to the unperturbed one.

The crucial question is whether this class of models can give rise to an approximately scale-invariant spectrum of adiabatic density perturbations as clearly required by experiments. The answer to this question is not straightforward because there is no explicit model of a bouncing phase; it is just assumed that at sufficiently high energy UV corrections will stop the contraction and lead to an expanding phase. It is therefore important to understand if one can make predictions which are robust, i.e., independent of the details of the unknown bouncing phase. In inflationary cosmology, we face a closely related issue because perturbations, that are created during inflation, are observed much later and there are cosmological phases in between, like reheating, whose details are completely unknown. It is well understood that in models with a single fluctuating field all predictions are independent of the details of the unknown cosmological phases. There are two reasons why this is true. First of all, we are interested in modes which are well outside the horizon during the unknown regimes of the cosmological evolution. This would not be enough however. The situation is further simplified by the absence of isocurvature perturbations: Every observer will eventually go through the same cosmological history. Following the dynamical attractor, after a mode goes outside the horizon, the Universe locally approaches the unperturbed solution up to exponentially small terms. This ''parallel Universes'' approach [4] allows to follow perturbations through the unknown cosmological regimes at any order in perturbation theory. On the contrary, if we add another field into the game, separate regions of the Universe will be characterized by different values of this new field and will thus undergo a different evolution, so that the final state depends on the details of the whole cosmological history. The fate of the isocurvature component can be very different: It can be washed away by thermal equilibrium or, on the contrary, become the leading source of adiabatic perturbations as in the curvaton and variable decay width scenarios.

The purpose of this paper is to understand whether the same kind of arguments used for single field inflation can be applied to evolve density perturbations through the unknown bouncing phase of the ekpyrotic/cyclic scenario.

¹In the pre-big bang scenario [3] the (Einstein frame) contraction is driven by the kinetic energy of the dilaton, which has no potential. As we will discuss, this can be seen as a limiting case of the ekpyrotic/cyclic models and the conclusions we will draw are different.

In Newtonian gauge the most generic scalar perturbation is (at linear order) a superposition of the two independent solutions for the Newtonian potential Φ . It has been pointed out in the context of the ekpyrotic/cyclic scenario [5] that, in the limit of a very steep potential, one of these two solutions has an approximately scale-invariant spectrum in the contracting phase. Unfortunately the most naive evolution from the contracting to the expanding phase suggests that this scale-invariant mode is orthogonal to the ''growing mode'' in the expanding phase, the one relevant for observations. However, it has been claimed that a generic mixing of the two solutions at the bounce would induce an observationally viable spectrum. In this paper (Sec. III) we show that this generality cannot be defended in any way. For example, if we change gauge and describe the most generic perturbation in terms of the variable ζ (proportional to the curvature of comoving surfaces), none of the two independent modes is scale invariant. This tells us that for a contracting cosmology the concept of scale invariance of a particular variable has no physical meaning before one specifies how this variable is related to what we will eventually observe.

As we discussed, in the presence of a dynamical attractor in the contracting phase, close to the bounce the cosmological solution is locally (i.e., on regions smaller than the Hubble radius) homogeneous, isotropic and flat, and the scalar follows its unperturbed evolution, up to exponentially small terms. This leads us to make a simple assumption (Sec. IV), which is implicitly made also in the case of an inflationary Universe when evolving perturbations through unknown phases. If the physics of the bounce is not tremendously sensitive to these exponentially small corrections, every observer will go through the bounce in the same way, following the unperturbed evolution. This allows to predict, not only at linear level but at any order in the perturbation, the statistical properties of the fluctuations in the expanding phase. Unfortunately, the conclusion is that *the spectrum of density fluctuations is not scale invariant* and thus it is ruled out by experiments. This can be explicitly shown in synchronous gauge where, contrary to what happens in the commonly used Newtonian gauge, all perturbations remain small going towards the bounce and the existence of the attractor is manifest. If our assumptions are not satisfied, which is a logical possibility, then all predictions, like the scale invariance of the 2-point function or the level of non-Gaussianity of the perturbations, strongly depend on the details of the bounce and no robust prediction can be made.

We stress that we are *not* giving any prescription to match perturbations across the bounce (for example, we are not claiming that ζ must be continuous $[6-9]$, although the final result for density perturbations in the expanding phase is the same). Given a generic initial condition before the bounce there is no way to evolve it through the unknown phase without specifying all the details. The point here is that we do not have a *generic* initial condition but a very special one, because of the presence of the dynamical attractor. Locally the solution is exponentially close to the unperturbed solution and this is a powerful simplification. Again the situation is similar to inflationary cosmology; nobody knows how to evolve a generic initial state through reheating because we do not know what reheating looks like, but there is no need for this as inflation leads to a very specific state, locally (but not on large scales) indistinguishable from the unperturbed solution.

II. INTUITIVE ARGUMENT AND ITS LIMITATIONS

In this section we want to approach the problem by a (critical) review of the basic heuristic argument for a scaleinvariant spectrum of density perturbations in a bouncing cosmology [5,10,11]. This will show that there are qualitative differences with respect to an inflationary scenario that must be taken into account. For the time being we neglect how perturbations will evolve through the bounce. The argument is an estimate of the fluctuations of the scalar field ϕ , which is driving the contraction of the Universe towards the bounce. As the field is pulled by a steep negative potential, it seems natural to assume that gravity is negligible in the dynamics of the fluctuations of ϕ . Extending the discussion of Refs. [6,7], we will argue that this is not the case.

To simplify the algebra it is useful to approximate the potential over some range of ϕ with the exponential form [5]

$$
V(\phi) = -V_0 e^{-\sqrt{2/p}(\phi/M_P)}, \qquad M_P = (8\pi G)^{-1/2}.
$$
 (1)

In the ekpyrotic/cyclic scenario the potential is very steep, i.e., $p \ll 1$. The Friedmann equations and the equation of motion for a homogeneous ϕ configuration,

$$
\ddot{\phi} + 3H\dot{\phi} + V'(\phi) = 0, \tag{2}
$$

are exactly solved by the background

$$
a(t) = (t/t_0)^p, \qquad H(t) = \frac{p}{t},
$$

$$
\phi_0(t) = M_P \sqrt{2p} \log \frac{t}{t_0},
$$
 (3)

where $t_0 = -\sqrt{p(1-3p)} \cdot M_p / \sqrt{V_0}$. The scalar ϕ is moving from $+\infty$ to $-\infty$ and *t* is negative and running towards 0 which corresponds to the unknown bouncing phase. This solution has a constant, large pressure-toenergy density ratio, $w = (2/3p) - 1 \gg 1$.

It can be shown that for $p < 1/3$ this solution is a *dynamical attractor*, in the sense that the system rapidly approaches it starting from a generic homogeneous and isotropic initial condition [12]. Roughly speaking, in the presence of a very steep potential the kinetic energy of the scalar becomes bigger and bigger in the evolution, so that

the asymptotic state does not depend on the initial kinetic energy. In the following, we will explicitly see that the same conclusion remains true in the presence of (sufficiently small) departures from isotropy and homogeneity. As discussed, this property will turn out to be crucial for our argument.

Since in the limit $p \ll 1$ the scale factor changes very slowly with time, one could be tempted to say that the gravitational backreaction is small and to study perturbations in the scalar ϕ on the fixed gravity background. The equation of motion on a fixed Friedmann-Robertson-Walker (FRW) metric would be

$$
\delta \ddot{\phi}_{\vec{k}} + 3H \delta \dot{\phi}_{\vec{k}} + \left(\frac{k^2}{a^2} + V''(\phi)\right) \delta \phi_{\vec{k}} = 0, \qquad (4)
$$

where \vec{k} is the comoving wave vector. For the background above we get

$$
\delta \ddot{\phi}_{\vec{k}} + \frac{3p}{t} \delta \dot{\phi}_{\vec{k}} + \left(\frac{k^2}{a^2} - \frac{2(1-3p)}{t^2}\right) \delta \phi_{\vec{k}} = 0. \quad (5)
$$

It is evident that the contraction of the Universe gives a subleading contribution for $p \ll 1$. Moreover, for small *t* the gradient term can be neglected so that the mode freezes. The equation reduces to $\delta \ddot{\phi}_{\vec{k}} - \frac{2}{l^2} \delta \phi_{\vec{k}} = 0$, which gives the two behaviors $\delta \phi_{\vec{k}} \sim t^{-1}$ and \hat{t}^2 . Therefore the leading solution for small *t*, properly normalized to match the usual Minkowski limit for large negative *t*, is

$$
\delta \phi_{\vec{k}} \simeq \frac{1}{\sqrt{k}} \cdot \frac{1}{kt}.\tag{6}
$$

This implies a scale-invariant spectrum in position space as $\langle \delta \phi(x)^2 \rangle \sim \int d \log k k^3 |\delta \phi_{\vec{k}}|^2.$

It is however easy to realize that the argument above is not physically motivated, even at the heuristic level. In fact, there is no limit in which the fluctuations of ϕ can be decoupled from the metric perturbations since ϕ is what drives the evolution of the Universe and its potential is steep. Taking the naive decoupling limit $M_p \rightarrow \infty$, one obviously ends up with a trivial background. The only correct decoupling limit would be to have a flat potential for ϕ ; in this case Eq. (4) is correct because fluctuations of ϕ do not gravitate except for gradient terms. This is the reason why in slow-roll inflation the intuitive argument above gives a correct estimate of the density perturbations up to slow-roll corrections.

In our case, there is no sense in which the dynamics of perturbations is dominated by the potential term: Gravity is a crucial ingredient and must be taken into account. Let us clarify this statement in a gauge which is quite close to the intuition of keeping $\delta\phi$ as the dynamical variable characterizing scalar perturbations,

$$
\delta \phi(\vec{x}, t) = \phi(\vec{x}, t) - \phi_0(t), \qquad g_{ij} = a^2(t) \delta_{ij}.
$$
 (7)

Unless otherwise specified we concentrate on scalar

modes, setting tensor modes to zero. In this gauge gravitational effects are suppressed in inflation by slow-roll parameters, so that it explicitly realizes the decoupling limit discussed above.

The other components of the metric, g_{00} and g_{0i} , are Lagrange multipliers and as such are determined as a function of $\delta\phi$ through the constraint Einstein equations. Substituting them into the action for gravity and the scalar field and specializing to our background solution, we get a Lagrangian for $\delta\phi$ of the form [13] (see Appendix A for the derivation of this result)

$$
S = -\frac{1}{2} \int d^3x dt \sqrt{-g} (\partial_\mu \delta \phi)^2.
$$
 (8)

This is the Lagrangian for a scalar in the given background but *without any potential term*, so that from this point of view it is difficult to argue that the potential is driving the dynamics of the perturbations. Of course the equation of motion deriving from this Lagrangian is exactly Eq. (2) without the mass term. The effect of metric perturbations is so important that it exactly cancels out the potential. Note that the very simple Lagrangian above is exact only in a scaling solution $a(t) \propto t^p$, like the collapsing background described above ($p \ll 1$) or inflation with an exponential potential $(p \gg 1)$. In both cases the action will receive small corrections proportional to the variation of the equation of state in one Hubble time, i.e., subleading, respectively, in the fast-roll or slow-roll expansion.

From the action above, the properly normalized solu-From the action above, the property normalized solutions for small *t* are now $\delta \phi_{\vec{k}} \sim 1/\sqrt{k}$ and $\delta \phi_{\vec{k}} \sim \sqrt{k}t$. None of these implies a scale-invariant spectrum.

To get further insight into the problem, in the next section we will perform a detailed analysis of scalar perturbations in two different gauges.

III. STANDARD GAUGES AND THE APPARENT RAPID GROWTH OF PERTURBATIONS

The study of scalar perturbations can be performed in different gauges. In each one, after satisfying the constraint equations, the perturbation is parametrized by a single scalar function, which satisfies, at linear order, a second order linear differential equation. The most generic scalar fluctuation will therefore be described by a linear combination of the two independent solutions of this equation. Usually one of the solutions dominates over the other at late times (''growing'' and ''decaying'' mode). However, in some cases the same physical perturbation is described in one gauge as growing mode and in another as decaying (we will see an example of this in the following). Neglecting the decaying mode is therefore quite misleading, especially in a contracting background like the one at hand, and thus will be avoided.

To make contact with the literature, in this section we are going to perform the calculation in two commonly used gauges. Doing so we will stress some subtle point which

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has been usually overlooked. However, it will turn out that in both gauges perturbation theory breaks down for $t \rightarrow 0$ in the background under study. In the next section we will therefore move to synchronous gauge in which the perturbativity of the calculation remains manifest.

The analysis of perturbations in inflation is greatly simplified by using the variable ζ introduced in Ref. [14], because it is conserved outside the horizon under simple assumptions on the stress energy tensor. We therefore start our analysis in the ζ -gauge defined by

$$
\phi(\vec{x}, t) = \phi_0(t), \qquad g_{ij} = [1 + 2\zeta(\vec{x}, t)]a^2(t)\delta_{ij}.
$$
 (9)

In this gauge the scalar field is unperturbed so that the relation with the gauge introduced in the previous section is simply a time reparametrization

$$
t \to t - \frac{\delta \phi}{\dot{\phi}_0} \Rightarrow \zeta = -\frac{H}{\dot{\phi}_0} \delta \phi. \tag{10}
$$

In our scaling background solution $\delta\phi$ and ζ are simply related by a constant factor

$$
\zeta = -\sqrt{\frac{p}{2}} \frac{1}{M_P} \delta \phi \tag{11}
$$

so that the Lagrangian for ζ is again very simple:

$$
S = -\frac{M_P^2}{p} \int d^3x dt \sqrt{-g} (\partial_\mu \zeta)^2.
$$
 (12)

The other components of the metric are fixed as functions of ζ through the constraint equations. At linear order they are (see Appendix A for details)

$$
g_{00} = -1 - 2\frac{\dot{\zeta}}{H} = -1 - \frac{2t}{p}\dot{\zeta}
$$
 (13)

$$
g_{0i} = -\partial_i \left(\frac{\zeta}{H} - \frac{\dot{\phi}_0^2}{2H^2 M_P^2} \frac{a^2}{\partial^2} \dot{\zeta}\right)
$$

=
$$
-\partial_i \left(\frac{t}{p} \zeta - \frac{1}{p} \frac{(t/t_0)^{2p}}{\partial^2} \dot{\zeta}\right),
$$
 (14)

where, as usual, $1/\partial^2$ is defined in Fourier transform. Note that ζ is related to the Ricci scalar of the spatial metric induced on comoving surfaces (i.e., spatial hypersurfaces of constant ϕ) simply by

$$
^{(3)}R = 4\frac{k^2}{a^2}\zeta_{\vec{k}},\tag{15}
$$

as in this gauge comoving surfaces are surfaces of constant *t*.

The equation of motion for ζ deriving from its action above is

$$
\ddot{\zeta}_{\vec{k}} + \frac{3p}{t} \dot{\zeta}_{\vec{k}} + \frac{k^2}{(t/t_0)^{2p}} \zeta_{\vec{k}} = 0, \tag{16}
$$

which can be integrated in terms of *J* and *Y* Bessel func-

tions with argument $k\tau$, where τ is the conformal time defined as usual by $dt = a(t)d\tau$. The full solution is

$$
\zeta_{\vec{k}}(\tau) = \frac{1}{a} \sqrt{-k\tau} [A_{\vec{k}} J_{(1-3p)/(2-2p)}(-k\tau) + B_{\vec{k}} Y_{(1-3p)/(2-2p)}(-k\tau)],
$$
\n(17)

where $A_{\vec{k}}$ and $B_{\vec{k}}$ are integration constants, to be determined below. It has been claimed that the variable ζ is not suitable for discussing density perturbations in a contracting phase, because it shows no ''classical instability'' and therefore is not ''amplified'' [5,6]. The meaning of this is unclear since the two modes for ζ above parametrize the most generic scalar perturbation of the system.

Following the standard procedure [15], we then quantize the system by writing the quantum field operator as $\hat{\zeta}_{\vec{k}}(\tau) = \zeta_{\vec{k}}(\tau) \hat{a}_{\vec{k}} + \zeta_{\vec{k}}^*(\tau) \hat{a}_{-\tau}^{\dagger}$ $\int_{-\vec{k}}^{\vec{l}}$, where $\zeta_{\vec{k}}(\tau)$ is the above classical solution, and the creation-annihilation operators obey the standard commutation rule $[\hat{a}_{\vec{k}}, \hat{a}^{\dagger}_{\vec{k}}]$ $^{\dagger}_{\vec{k}'}] =$ $(2\pi)^3 \delta^3(\vec{k} - \vec{k}')$. Since for large negative τ the Universe reduces to Minkowski space-time, we impose that the classical solution $\zeta_{\vec{k}}(\tau)$ asymptotes to the standard Minkowski wave function $\propto \frac{1}{\sqrt{2k}} e^{-ik\tau}$ of a massless scalar field. Also, we assume that the initial state is the usual Minkowski vacuum. The proper normalization can be read from the action Eq. (12) written in conformal time,

$$
\zeta_{\vec{k}}(\tau) \to \frac{\sqrt{p}}{\sqrt{2}M_P} \frac{1}{a} \cdot \frac{1}{\sqrt{2k}} e^{-ik\tau} \qquad \text{for } \tau \to -\infty. \tag{18}
$$

This fixes the linear combination of the two independent solutions to be

$$
\zeta_{\vec{k}}(\tau) = \frac{1}{a} \frac{1}{\sqrt{2k}} \frac{\sqrt{\pi}}{2M_P} \cdot \sqrt{p} \sqrt{-k\tau} [J_{(1-3p)/(2-2p)}(-k\tau) + iY_{(1-3p)/(2-2p)}(-k\tau)].
$$
\n(19)

At small *t* we recover the two behaviors that solve Eq. (16) neglecting gradient terms

$$
\zeta_{\vec{k}} \sim \frac{1}{M_P} (ik^{-(1/2)+p} t_0^p + k^{(1/2)-p} t^{1-3p} t_0^{2p}),\tag{20}
$$

where we expanded the exponents up to linear order in *p*. The first term comes from the *Y* function while the second comes, for generic p , both from Y and J . Even though ζ remains finite for $t \rightarrow 0$, the off-diagonal term g_{0i} in Eq. (14) diverges like t^{-p} , so that linear theory cannot be justified in this gauge for small *t*.

The late time spectrum of ζ is

$$
\langle \hat{\zeta}_{\vec{k}}(t) \hat{\zeta}_{\vec{k}}(t) \rangle = (2\pi)^3 \delta^3(\vec{k} + \vec{k}') |\zeta_{\vec{k}}(t)|^2, \qquad (21)
$$

with

$$
|\zeta_{\vec{k}}(t)|^2 \sim \frac{1}{M_P^2} (k^{-1+2p} t_0^{2p} + k^{1-2p} t^{2-6p} t_0^{4p}),\tag{22}
$$

which does not contain any scale-invariant component. This remains true even if one includes all further terms in the $k\tau$ expansion of the complete solution Eq. (19) as they only add positive powers of *k*. This result can be written in a more transparent form as a function of the physical wave vector $k_{\text{ph}} = k/a$,

$$
\langle \zeta(x)^2 \rangle \sim \int d \log k_{\rm ph} p \frac{H^2}{M_P^2} [(k_{\rm ph}/H)^{2+2p} + (k_{\rm ph}/H)^{4-2p}].
$$
\n(23)

We stress again that the complete solution for ζ describes the most generic scalar fluctuation of the system. But, as discussed in Sec. I, a scale-invariant spectrum is obtained for the Newtonian potential Φ so that the situation is at first puzzling.

Before analyzing the relation between the results obtained for ζ and Φ , it is important to appreciate that the second term in Eq. (20) cannot be simply disregarded as decaying. Although it drops off in time like t^{1-3p} , thus giving a negligible contribution to the intrinsic curvature of comoving surfaces [see Eq. (15)], it dominates the perturbation in the *extrinsic* curvature of comoving surfaces. In fact, at linear order the extrinsic curvature is

$$
K_j^i = \frac{1}{2} g^{ik} (\dot{g}_{kj} - \partial_k g_{0j} - \partial_j g_{k0})
$$

=
$$
(H + \dot{\zeta}) \delta_j^i - \frac{1}{p} \frac{\partial_i \partial_j}{\partial^2} \dot{\zeta} - \frac{t}{p} \frac{\partial_i \partial_j}{\partial^2} \zeta.
$$
 (24)

The leading contribution comes from the term $\zeta_{\vec{k}} \sim t^{1-3p}$ in Eq. (20), which gives a perturbation in K_j^i diverging as t^{-3p} towards the bounce. Note that this is however a small perturbation with respect to the unperturbed extrinsic curvature which diverges faster, as $H \sim t^{-1}$. We see that the two terms in Eq. (20) are both physically relevant as they dominate, respectively, the intrinsic and extrinsic curvature. Further terms in the small *t* expansion of Eq. (19) are instead subleading in their contribution to physical curvatures.

Let us now see how these perturbations are reinterpreted in the commonly employed Newtonian gauge. This gauge is defined by

$$
ds^{2} = -(1 + 2\Phi)dt^{2} + (1 - 2\Psi)a^{2}(t)d\vec{x}^{2}.
$$
 (25)

The most generic scalar perturbation can be described by the Newtonian potential Φ . All other variables are related to Φ through the constraint Einstein equations. In particular, $\Psi = \Phi$ at linear order in the absence of anisotropic stress, as in our case. The equation of motion for Φ in our background is (see, for example, Ref. [5])

$$
\ddot{\Phi}_{\vec{k}} + \frac{2+p}{t} \dot{\Phi}_{\vec{k}} + \frac{k^2}{(t/t_0)^{2p}} \Phi_{\vec{k}} = 0.
$$
 (26)

Following the usual procedure as done for ζ we get the properly normalized solution

$$
\Phi_{\vec{k}}(\tau) = \frac{1}{a} \frac{1}{\sqrt{2k}} \frac{\sqrt{\pi}}{2M_P} \cdot \frac{p}{1-p} \frac{1}{\sqrt{-k\tau}} [J_{(1+p)/(2-2p)}(-k\tau) + iY_{(1+p)/(2-2p)}(-k\tau)],
$$
\n(27)

with late time behavior

$$
\Phi_{\vec{k}} \sim \frac{1}{M_P} (k^{-3/2 - p} t^{-1 - p} + i k^{-1/2 + p} t_0^p). \tag{28}
$$

We see that the first term, which diverges approaching the bounce (thus casting doubt on the linear approximation), has an approximately scale-invariant dependence on *k* as first pointed out in Ref. $[5]^2$ But how is it possible that here we have an almost scale-invariant spectrum, while there is no sign of scale invariance in ζ ? After all, we said that the most generic perturbation can be described using either ζ or Φ . It is straightforward to verify that the scale-invariant term in the expression for Φ dominates the extrinsic curvature of comoving surfaces. In fact, from the relation between $\delta \phi$ and Φ in this gauge [5]

$$
\delta \phi = \frac{2M_P^2}{\dot{\phi}_0} (\dot{\Phi} + H\Phi),\tag{29}
$$

we obtain the contribution of the first term in Eq. (28) to the extrinsic curvature of the $\delta \phi = 0$ surfaces

$$
K_j^i \sim H^{-1} \frac{k_i k_j}{a^2} \Phi_{\vec{k}} \propto t^{-3p} k^{1/2},\tag{30}
$$

which is the same *t* and *k* dependence we obtained in the previous gauge, Eq. (24) .³ Notice that the different dependence on *k* of the two variables ζ and Φ corresponds to the fact that their relation with physical quantities like curvatures can involve a different number of derivatives. *This tells us that the scale invariance of a scalar fluctuation has no well-defined meaning before specifying which variable is relevant for observation*. The scale-invariant term in Eq. (28) gives a vanishing contribution to the intrinsic curvature equation (15). This is clear from the explicit relation between ζ and Φ

$$
\zeta = \frac{2}{3(1+w)} \cdot \frac{1}{a} \frac{d}{dt} \left(\frac{\Phi}{H/a}\right),\tag{31}
$$

that is why there is no sign of scale invariance in ζ . The fact

²Note that even though this seems to validate the naive argument discussed in the previous section, the time dependence of the second solution, $\Phi = \text{const}$, is not a solution of Eq. (5). The same happens for $\delta\phi$ in Newtonian gauge which has the same time dependence as Φ [see Eq. (29)].

 3 To be precise, only the anisotropic piece of the extrinsic curvature in Eq. (24) is recovered in this way. To get the isotropic component proportional to ζ , we have to keep further terms (\sim t^{1-3p}) in the small *t* expansion of Φ in addition to those of Eq. (28). This again tells us that it is not obvious to get the physical importance of a term by simply looking at its contribution to Φ ; a term diverging as t^{-1-p} and one decaying as t^{1-3p} give comparable extrinsic curvatures.

that ζ vanishes for the first term in Eq. (28) could suggest that we are losing it in going to the variable ζ , but as we saw its geometric effect in perturbing the extrinsic curvature is completely captured by ζ . This is also a nice example of how misleading the description of a solution as decaying or growing can be; the behavior $\Phi \sim t^{-1-p}$ would be considered as growing in Newtonian gauge, but we saw that the same physical fluctuation is decaying in ζ gauge, $\zeta \sim t^{1-3p}$.

IV. SYNCHRONOUS GAUGE: MAKING THE DYNAMICAL ATTRACTOR MANIFEST

We are now going to discuss the relation between the scalar perturbations produced in the contracting phase and what is observed today. The behavior at late times of scalar fluctuations in an expanding phase can be obtained from our Eqs. (20) and (28) (with generic coefficients), remembering that now *t* is positive and going towards $+\infty$. Note that now the time-independent piece in both Φ and ζ dominates each variable, with the time-dependent piece going to zero (now $p = 2/3$ in matter dominance and $p =$ 1/2 in radiation dominance).

In the present expanding phase, all the ambiguity described above about the different intuition in the two gauges and the distinction between growing and decaying modes is absent. This is because once the fluctuation reenters the horizon all physical quantities depend (apart from exponentially small corrections) only on the $\zeta \sim$ Φ ~ const mode; the concept of growing and decaying modes has thus a clear physical meaning. To have a viable model, the constant mode must have an approximately scale-invariant spectrum. Even though the timeindependent term of Φ in Eq. (28) does not have a scaleinvariant spectrum in the contracting phase, it has been argued that the bounce can induce a generic ''mixing'' between the two solutions, so that the scale-invariant spectrum of the $\Phi \sim t^{-1-p}$ piece before the bounce is inherited also by the $\Phi = \text{const}$ solution in the expanding phase. It is however clear from the discussion above that it is difficult to defend this point of view, as in the ζ -gauge there is no term with a scale-invariant spectrum. It is therefore crucial to identify the relevant variable in which this mixing, if any, happens.

The first issue one should address in studying the evolution of the perturbations towards the bounce is the validity of perturbation theory. In Newtonian gauge both Φ and $\delta \phi$ blow up as t^{-1-p} ; in the ζ -gauge, even though ζ remains finite all the way to the bounce, the g_{0i} components of the metric Eq. (14) diverge as t^{-p} . These facts indicate that a fully nonlinear description might be required to approach the bounce in these gauges. Note, however, that as $t \rightarrow 0$ the physical curvatures induced by the perturbations are smaller and smaller with respect to *H*, which sets the scale of the unperturbed curvatures. Similarly to the inflationary scenario, the Universe becomes closer and closer to the unperturbed solution, as implied by the existence of an attractor. Thus, it is obviously useful to look for a gauge in which the smallness of perturbations remains manifest approaching the bounce.

This is achieved in synchronous gauge defined by $g_{00} =$ -1 , $g_{0i} = 0$. Performing a gauge transformation from the *-*-gauge and specializing to our scaling background, we get for the metric and the scalar field⁴

$$
ds^{2} = -dt^{2} + a^{2}(t) \left[\left(1 + 2\zeta - 2H \int_{0}^{t} dt' \frac{\dot{\zeta}}{H} \right) \delta_{ij} - \frac{2}{p} \frac{\partial_{i} \partial_{j}}{\partial^{2}} \zeta + \mathcal{O}(\zeta \cdot k^{2} t^{2 - 2p}) \right] dx^{i} dx^{j}
$$
(32)

$$
\delta \phi = -\frac{\sqrt{2p}M_P}{t} \int_0^t dt' \frac{\dot{\zeta}}{H}.
$$
 (33)

These expressions are explicitly derived in Appendix B. In the anisotropic piece of the metric only the time-dependent part of ζ is relevant as a constant term can be set to zero by a spatial gauge transformation. The terms in brackets are either constant or decaying in time, making manifest that perturbations stay small and we are approaching the unperturbed solution; perturbations are becoming locally unobservable. After a mode goes outside the horizon a local observer will still feel a residual curvature, with a consequent deviation from the unperturbed FRW solution. A curvature term blueshifts as $a^{-2} \sim t^{-2p}$, so that it becomes rapidly irrelevant with respect to $H^2 \sim t^{-2}$; this effect is described by terms going as t^{2-2p} in the solution above. In the metric above there are also terms decaying as t^{1-3p} , i.e., slower than curvature terms. They describe the effect of anisotropies, which blueshift as a^{-6} . Their time dependence is compatible with the fact that they become irrelevant as long as the unperturbed solution has $w > 1$ (so that its energy density blueshifts faster than a^{-6}) as we are assuming. The physical significance of the terms that we have sketched will be much more transparent when we will describe the full nonlinear solution close to the bounce in the next section. Finally, also $\delta\phi$ goes to zero in this gauge, as t^{1-3p} ; again this agrees with the existence of an attractor for $p < 1/3$. This shows that the divergence of the Newtonian potential is just a gauge artifact; the deviations from the unperturbed solution are getting small.

We now have a good description of the perturbed metric before the bounce, in which linear theory does not break down. We can finally address the issue of how perturbations evolve through the bounce to the expanding phase. We are not going to specify anything about the transition

⁴The synchronous gauge does not fix completely the reparametrization invariance and one should get rid of the remaining gauge modes when writing the equations of motion in this gauge. However, the solutions for ζ are here derived in a different gauge.

between the contracting and expanding regimes; our purpose is to understand at what level the final predictions are independent of the details of the bounce. The crucial simplification comes from the fact that we are interested only in modes with huge wavelength compared to the Hubble radius before we enter in the unknown bouncing phase. From the expression above, the contribution to any local observable O of a given mode with physical wave vector k_{ph} is suppressed with respect to the timeindependent part of ζ (which we call ζ^{const}) by

$$
\frac{\Delta O}{O} \sim \zeta^{\text{const}} \left(\frac{k_{\text{ph}}}{H}\right)^{1-2p}.
$$
 (34)

If we assume that the steep potential phase lasts at least 60 *e*-folds, we obtain that the modes of interest have an incredibly small effect for an observer entering the bouncing phase. The ratio $(k_{ph}/H)^{1-2p}$ is of order e^{-60} and it describes the fact that the local effect of a mode is very small in the presence of the dynamical attractor. Moreover, the initial departures from the unperturbed solution when the mode leaves the horizon are of order $\sqrt{p} \cdot H_{\text{crossing}}/M_p$ [see Eq. (23)]. This gives the size of ζ^{const} in the equation above. For the modes of interest this gives a further exponential suppression e^{-60} .

In the concrete proposed models, the scaling solution we are describing ceases to be a good approximation even before we enter the bouncing phase, because the potential is modified at large negative ϕ . The scaling solution is however valid when all cosmologically relevant modes exit the horizon; this ensures that their physical local effect gets exponentially small.

These considerations lead us to a simple assumption, which makes the predictions of this class of models independent of the details of the bounce. We assume that the unknown phase is not sensitive to these very tiny effects; *every comoving observer goes through exactly the same history (whatever it is) apart from exponentially small deviations*. With this assumption we can neglect all terms going to zero in the metric above

$$
ds^{2} = -dt^{2} + a^{2}(t)[1 + 2\zeta^{\text{const}}(\vec{x})]d\vec{x}^{2}, \qquad (35)
$$

where $\zeta^{\text{const}}(\vec{x})$ is the time-independent term of $\zeta(\vec{x}, t)$. It is important to realize that $\zeta^{\text{const}}(\vec{x})$ has an exponentially small local effect as, neglecting gradients, it can be locally reabsorbed with a rescaling of the spatial coordinates. Now the crucial point is that the form of the metric Eq. (35) will hold also in the expanding phase after the bounce, with the same time-independent rescaling of the spatial coordinates $\zeta^{\text{const}}(\vec{x})$. Assuming that we have a continuous history through the bounce, any observer is going through the same unperturbed history $(H(t), \phi(t))$ once we have neglected the exponentially small corrections. But at each point we have in the metric Eq. (35) a different normalization of the scale factor $\left[1 + \zeta^{\text{const}}(\vec{x})\right]a(t)$. This implies that $\zeta^{\text{const}}(\vec{x})$ cannot change as it is locally an integration constant of the unperturbed solution. The reader could be worried that our conclusions depend on the validity of a 4D metric description of the bounce with a continuous solution for the scale factor $a(t)$. Actually it is easy to realize that the result holds independently of the unknown physics of the bounce, even if it cannot be described in a 4 dimensional field theory language. Given an unperturbed solution, every comoving observer will follow it (apart from exponentially small deviations), so that the measured redshift factor between a given comoving time *t* before the bounce and a given time after must be the same for all observers; $\zeta^{\text{const}}(\vec{x})$ therefore cannot be modified in the unknown phase.

Our assumption therefore implies that the timeindependent term of ζ is the same before and after the bounce. The spectrum of density perturbations at horizon reentering $(\delta \rho / \rho)_*$ in the present expanding phase is thus given by the first term in Eq. (22),

$$
\langle (\delta \rho / \rho)^2_* \rangle \sim \langle \zeta \zeta \rangle \propto k^{-1+2p}.
$$
 (36)

The spectrum is not scale invariant and therefore incompatible with observations.

We want to stress that our assumption is not trivial. The Hubble constant must change sign during the bounce; one can therefore envisage a model in which the bounce is sufficiently ''slow'' so that *H* remains small for a while and all interesting modes come back into the horizon and start oscillating before freezing again [16]. From all we said it should be clear that *whether or not we obtain a scaleinvariant spectrum does now depend on the unknown physics at the bounce and it is not a generic prediction*. For example, we saw that ζ contains no scale-invariant term, so that it is not possible, without specifying the model, to state that a generic mixing of modes will give a viable prediction.

Another possibility to get around our conclusion without allowing all the modes to come back into the horizon is to assume that the physics at the bounce is sensitive to the exponentially small corrections we have neglected. The local effect of the perturbations, which has been exponentially suppressed during the contraction as a consequence of the attractor behavior, could be amplified and ''resurrected.'' This is physically hard to believe and it would require a certain amount of fine-tuning to pump up a tremendously small effect and stop at the desired 10^{-5} level before entering the nonlinear regime. Anyway also this possibility does not generically give a scale-invariant spectrum.

To avoid confusion it is important to underline that our approach does not tell us how to evolve a *generic* scalar perturbation to the expanding phase. A generic fluctuation will be characterized by two constants associated with the two independent modes. Different comoving observers will follow different histories; for example, at the same value of *H* they will see a different value of the scalar field. How the bounce occurs will depend on these differences

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and to know the final state we must obviously specify the details of the bounce. Fortunately the existence of an attractor solution drives every observer to see the same history, which is locally indistinguishable from the unperturbed one: At the same value of *H* we have the same value of ϕ and $\dot{\phi}$ apart from exponentially small terms. With this crucial simplification the evolution of perturbations through the bounce is fixed by the unperturbed solution.

An approximately scale-invariant 2-point function is not the only constraint a model of the early Universe must satisfy. Present data constrain the non-Gaussianity of the perturbations to be below 10^{-3} [17] and this also needs to be explained. In the next section we extend our procedure to the nonlinear case, so that perturbations can be followed to our present expanding phase also at nonlinear level. If our assumption of neglecting the exponentially small terms is disregarded, the predictions for the higher moments of the perturbations will again depend on the unknown physics at the bounce.

V. NONLINEARLY THROUGH THE BOUNCE

Given our assumptions, we have shown in the last section that a bouncing model is not compatible with data. It seems therefore useless to proceed with our analysis at the nonlinear level. We do it for several reasons. First of all, it clarifies the physical meaning of our argument, making it clear that it is not based on any linear approximation. Second, it shows the analogy with the similar problem of following perturbations at the nonlinear level in inflation, for example, to calculate the higher moments of the spectrum. Finally, it is interesting to understand how predictions can be made even if the cosmological evolution goes through a high curvature and strong coupling regime at the bounce, which at first sight seems to jeopardize any perturbative approach.

We have already stressed many times that after a mode leaves the horizon its effect becomes rapidly negligible for a local observer, analogously to what happens in inflation. A perturbation induces an intrinsic curvature of comoving surfaces. This effect blueshifts quite slowly, as a^{-2} , so that it becomes rapidly irrelevant with respect to the unperturbed contraction: $k^2/(a^2H^2) \sim t^{2-2p}$. Once the curvature has become negligible, a local observer will see a homogeneous, flat but anisotropic Universe: Perturbations leaving the horizon have left an anisotropic initial condition. In synchronous gauge, the metric of an anisotropic homogeneous, flat space can be put in the form

$$
ds^{2} = -dt^{2} + a^{2}(t) \sum_{i} e^{2\beta_{i}(t)} dx^{i} dx^{i}, \qquad \sum_{i} \beta_{i} = 0, \quad (37)
$$

where $\beta_i(t)$ describe the anisotropic expansion. Their evolution is simply given by

$$
\dot{\beta}_i = c_i a^{-3},\tag{38}
$$

and their effect in the Friedmann equation blueshifts as

 a^{-6} .

$$
3M_P^2 H^2 = 3M_P^2 \left(\frac{\dot{a}}{a}\right)^2 = \rho + \frac{1}{2a^6} (c_1^2 + c_2^2 + c_3^2). \tag{39}
$$

These equations together with the equation of motion for the scalar field, $\ddot{\phi} + 3H\dot{\phi} + V'(\phi) = 0$, are all we need to describe the anisotropic evolution of the Universe. It is straightforward to check that Eqs. (32) and (33) are a linearized solution of the equations above. The given nonlinear description of an anisotropic Universe has been used in Refs. [12,18] to show that a contracting phase with *w >* 1 has an attractor towards which nearby solutions flow. All curvatures and anisotropies get diluted away, the fluctuations in the scalar drop to zero and we locally get back to the unperturbed solution up to exponentially small terms. In fact, even though it is not easy to get explicit solutions because the perturbation induces also fluctuations in the equation of state *w*, we see that the qualitative features we got in linear analysis remain valid. For instance, in Eq. (39) the unperturbed energy density goes as $\rho \sim a^{-2/p}$, so that the anisotropic terms give a relative correction going like $a^{-6+2/p} \sim t^{2-6p}$, which becomes irrelevant for $p < 1/3$. We therefore expect that the unperturbed solution is recovered up to corrections that drop off like powers of t^{1-3p} , in close analogy with the linear case.

Following the same argument we used in the previous section, we can neglect the exponentially small terms. Although distant regions of the Universe experience the same unperturbed history, as in the linear case their local metric is characterized by different, locally unobservable, integration constants. In general these constants describe the rescalings of the three spatial coordinates (along axes that can rotate from point to point) and thus the metric takes the form

$$
ds^{2} = -dt^{2} + e^{2\zeta(\vec{x})}e^{2\gamma_{ij}(\vec{x})}a^{2}(t)dx^{i}dx^{j}, \qquad \gamma_{ii} = 0.
$$
\n(40)

The anisotropic piece γ_{ij} comes from the fact that we have not restricted the analysis to scalar perturbations, as we instead did in the previous sections. Given a generic scalartensor initial configuration, going towards the bounce the system is driven to the form as Eq. (40) up to exponentially small terms. The prescription to follow the longwavelength perturbations to the expanding phase is now clear: As in the linear case, the metric will have the same form as Eq. (40) after the bounce with the same spacedependent constants. They cannot change between the contracting and expanding phase because their variation would imply observable deviations from the unperturbed solution, while we know that every comoving observer is following the unperturbed history up to exponentially small terms.

In the long-wavelength approximation, i.e., for modes well outside the horizon, the variables ζ and γ are *nonlinearly* conserved independently of the phases the

Universe goes through. This property is crucial to follow the perturbations created during inflation and to make the nonlinear observables, for instance the 3-point function of density perturbations, independent of the unknown physics of reheating [4,13]. The same property holds also in our case, always assuming that the unknown bouncing phase is not sensitive to the exponentially small deviations from the unperturbed solution. Notice that the same assumption is implicitly made in the case of reheating.

VI. CONCLUSIONS

The standard cosmological model has been extremely successful at explaining the evolution of the structures we observe in the Universe, from the early epochs we measure using the anisotropies in the cosmic microwave background to the large scale structures in the distribution of galaxies we see locally. However, this model requires a mechanism to create initial perturbations that correlate points with separations larger than the horizon. Such initial seeds will then grow under the action of gravity to form the structures we observe.

The natural assumption is to postulate that the initial seeds were created during an early phase in the history of the Universe and somehow ''stretched'' outside the horizon. The ''stretching'' of perturbations can be accomplished in two different ways. One can have a period of accelerated expansion in which the length scale of perturbations grows rapidly, becoming larger than the horizon which evolves only slowly. This is done in inflationary models. The other possibility is to have the Universe contract slowly so that the horizon shrinks faster than does the scale of perturbations.

One fact is certain, whatever the scenario, accelerated expansion or slow contraction, this period has to end and give rise to the standard hot big bang phase. In inflationary scenarios the transition epoch is called reheating and could involve rather complicated physics. The beauty of inflation lays on the fact that the predictions of the model are independent of the details of reheating. The insensitivity to reheating stems from the fact that the wavelengths of interest to astronomy were extremely large compared to the horizon at the time and to the presence of a dynamical attractor. If the details of reheating were crucial to determining the predictions of inflation the scenario would not be that appealing.

If perturbations were created during a contracting phase, with the Universe evolving towards a big crunch, the connection between the contracting phase and subsequent hot big bang phase may seem more problematic. The Universe has to go through a bounce with curvatures diverging as it approaches. This has been considered problematic by many detractors of such scenarios; in our mind, however, such criticisms are a bit unfair. Just as for inflationary models the important point is that their predictions are insensitive to the details of reheating, the real question for bouncing models is not how the bounce happened but whether or not one can show that their predictions are independent of the yet unknown UV physics responsible for the bounce. If one could argue that predictions are independent of the details of the bounce itself then bouncing models would be in almost as good a shape as inflation.

In this paper we have studied whether the predictions for density perturbations in the ekpyrotic/cyclic scenario are robust, i.e., independent of the details of the unknown bouncing phase. The presence of a dynamical attractor in the contracting phase leads to a simple and natural assumption, namely, that the physics of the bounce is independent of the exponentially small deviations from the unperturbed solution present as the bounce approaches. Even though seldom stated, this is the exact same assumption one makes in inflationary models about reheating. This assumption allowed us to calculate all the statistical properties of the fluctuations in the expanding phase. Unfortunately, the spectrum is not scale invariant and thus incompatible with the data.

If this assumption is evaded, all predictions (scale invariance of the spectrum, level of non-Gaussianities, etc.) strongly depend on the physics in the high curvature regime of the bounce. In this case, predictions cannot be made without a full resolution of the singularity. In a sense our conclusions are more pessimistic than just the statement that in order to make bouncing models viable one needs to understand the details of the bounce. We have shown that from the perspective of a local observer the bounce has to be exponentially sensitive to the initial state.

In the literature many prescriptions have been proposed to match the two independent modes in the contracting phase to those in the expanding one [6–9,19,20]. These prescriptions usually involve variables (like the Newtonian potential Φ) which diverge going towards the bounce and thus hide both the perturbativity of fluctuations and the existence of a dynamical attractor, features which are instead manifest in the synchronous gauge. Moreover, as different variables like Φ and ζ behave very differently in the contracting phase, one is lead to different ''natural'' prescriptions depending on which variable and gauge is used. We think that these mathematical prescriptions are not based on well motivated physical assumptions, and we consider the attractor as the only physical guide across the bounce. In fact it should be now clear that prescriptions giving a scale-invariant spectrum describe a bouncing phase which is sensitive to exponentially small departures from the unperturbed solution, or in which all relevant modes come back into the horizon. In both cases results are anyway completely dependent on the unknown UV physics.

For example, some of the proponents of the ekpyrotic/ cyclic scenario have developed a matching procedure based on analytic continuation in the full 5D setup [21]

(see also Ref. [22]). The result is that ζ has a jump at the bounce proportional to the comoving energy density perturbation ϵ_m , $\Delta \zeta \sim \epsilon_m / (k_{ph} L)^2$, where *L* is a UV length scale characterizing the physics of the bounce. The variable ϵ_m goes to zero during the contracting phase as t^{1-3p} and it is therefore exponentially small at the bounce. Therefore from the 4D perspective this prescription describes a bounce which is exponentially sensitive to the incoming state; ϵ_m is in fact multiplied by a huge *k*-dependent term. This extreme sensitivity to initial conditions is clearly problematic; for instance, it amplifies also all preexisting anisotropies which were diluted away during the contracting phase thanks to the presence of the attractor.

We conclude stressing that the situation is slightly different for pre-big bang scenarios [3]. In this case there is no potential for the scalar (dilaton) and only its kinetic energy is driving the (Einstein frame) contracting phase; this corresponds to the limit $p \rightarrow 1/3$ in our solutions of Sec. II. The kinetic energy blueshifts as a^{-6} , exactly like the contribution of anisotropies to the Friedmann equation (39). This implies that we are somewhat borderline with respect to the existence of the attractor. In fact the anisotropic perturbation in synchronous gauge and the fluctuation in the scalar field, instead of going to zero, diverge logarithmically. The situation now resembles an inflationary cosmology in the presence of isocurvature perturbations; separated regions of the Universe are characterized by a different mixture of two independent modes and therefore go through the bounce in a different way depending on the relative size of the two solutions. Our conclusions cannot be applied and it is necessary to specify the details of the high curvature regime to evolve the fluctuations across the bounce.

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APPENDIX A: THE QUADRATIC ACTION FOR SCALAR FLUCTUATIONS

The complete action for gravity and a minimally coupled scalar field ϕ is

$$
S = \frac{1}{2} \int d^4x \sqrt{-g} [R - (\partial_\mu \phi)^2 - 2V(\phi)].
$$
 (A1)

(For notational simplicity we are setting $M_p = 1$; at the end of the computation M_p can be restored by dimensional analysis.) In order to find an action for the scalar fluctuations of this coupled system around a given background it is convenient to work in the Arnowitt-Deser-Misner (ADM) formalism. This has been done in Ref. [13], and in this section we briefly review the results derived there. In terms of the ADM variables the metric is

$$
ds^{2} = -N^{2}dt^{2} + h_{ij}(dx^{i} + N^{i}dt)(dx^{j} + N^{j}dt),
$$
 (A2)

and the action Eq. (A1) reads

$$
S = \frac{1}{2} \int d^4x \sqrt{h} [NR^{(3)} - 2NV(\phi) + N^{-1} (E_{ij} E^{ij} - E^2) + N^{-1} (\dot{\phi} - N^i \partial_i \phi)^2 - Nh^{ij} \partial_i \phi \partial_j \phi].
$$
 (A3)

Here $R^{(3)}$ is the intrinsic curvature of spatial slices, while E_{ij} is related to the extrinsic curvature,

$$
E_{ij} = \frac{1}{2}(\dot{h}_{ij} - \nabla_i N_j - \nabla_j N_i), \qquad K_{ij} = N^{-1} E_{ij}, \quad (A4)
$$

and $E = E_i^i$. From the action above it is clear that *N* and N^i are just Lagrange multipliers. One can then solve for them the constraint equations, express them in terms of the other degrees of freedom, and substitute their value back in the action. At this stage it is useful to pick a gauge. We choose the ζ -gauge, defined at linear order in the fluctuations by

$$
\phi(\vec{x}, t) = \phi_0(t), \qquad h_{ij} = a^2(t)(1 + 2\zeta)\delta_{ij},
$$
 (A5)

where $\phi_0(t)$ and $a(t)$ are the background solutions for the scalar and the scale factor, and we have neglected tensor modes. In this gauge the constraint equations read

$$
\nabla_i[N^{-1}(E^i_j - \delta^i_j E)] = 0,\tag{A6}
$$

$$
R^{(3)} - 2V(\phi_0) - N^{-2}(E_{ij}E^{ij} - E^2) - \dot{\phi}_0^2 = 0, \quad (A7)
$$

whose solution at linear order is

$$
N = 1 + \frac{\dot{\zeta}}{H},
$$

\n
$$
N^i = \partial_i \left(-\frac{\zeta}{a^2 H} + \chi \right), \qquad \partial_i \partial_i \chi = \frac{\dot{\phi}_0^2}{2H^2} \dot{\zeta}.
$$
 (A8)

Plugging this into the action above and expanding up to second order, one gets a quadratic action for the only scalar degree of freedom ζ . After integrating by parts and using the background equations of motion (i.e., the Friedmann equation and the equation for the scalar), one finally gets

$$
S = \frac{1}{2} \int dt d^3x \frac{\dot{\phi}_0^2}{H^2} [a^3 \dot{\zeta}^2 - a(\partial_i \zeta)^2]
$$

=
$$
-\frac{1}{2} \int d^4x \sqrt{g} \frac{\dot{\phi}_0^2}{H^2} (g^{\mu\nu} \partial_\mu \zeta \partial_\nu \zeta), \qquad (A9)
$$

where $g_{\mu\nu}$ is the background FRW metric. For the scaling solution discussed in the text the quantity $\dot{\phi}_0^2/H^2$ is a constant, and the action above reduces simply to Eq. (12).

In the alternative gauge Eq. (7), which keeps $\delta \phi$ as the scalar dynamical variable, the result for the action is not as simple as in the ζ -gauge. This is because the relation

between ζ and $\delta\phi$ is in general time dependent, ζ = $-(H/\dot{\phi}_0)\delta\phi$, so that time derivatives acting on ζ in the action above also produce time derivatives of the factor $H/\dot{\phi}_0$. However, for the scaling solution we are interested in such a factor is time independent, so that again the quadratic action takes the very simple form in Eq. (8).

APPENDIX B: FROM ζ **-GAUGE TO SYNCHRONOUS GAUGE**

In this section we explicitly derive the gauge transformation that goes from ζ -gauge to synchronous gauge. In *-*-gauge the metric for a general scalar fluctuation is at linear order (see the previous section)

$$
g_{00} = -1 - 2\frac{\dot{\zeta}}{H},
$$
 (B1)

$$
g_{0i} = -\partial_i \left[\frac{\zeta}{H} - \frac{\dot{\phi}_0^2}{2H^2} \frac{a^2}{\partial^2} \dot{\zeta} \right] \equiv -\partial_i \Xi, \quad (B2)
$$

$$
g_{ij} = a^2 (1 + 2\zeta) \delta_{ij}.
$$
 (B3)

Under a gauge transformation of parameter ξ_{μ} , the metric transforms as $g_{\mu\nu} \rightarrow g_{\mu\nu} + \nabla_{\mu} \xi_{\nu} + \nabla_{\nu} \xi_{\mu}$, where the ∇ 's are the covariant derivatives associated to the unperturbed FRW metric. The nonzero Christoffel symbols in a FRW geometry are

$$
\Gamma_{ij}^0 = a^2 H \delta_{ij}, \qquad \Gamma_{0j}^i = H \delta_{j}^i, \tag{B4}
$$

so that the explicit transformation of the metric components is

$$
g_{00} \rightarrow g_{00} + 2\dot{\xi}_0, \tag{B5}
$$

$$
g_{0i} \to g_{0i} + \dot{\xi}_i + \partial_i \xi_0 - 2H\xi_i = g_{0i} + a^2 \frac{d}{dt} \frac{\xi_i}{a^2} + \partial_i \xi_0,
$$
(B6)

$$
g_{ij} \rightarrow g_{ij} + \partial_i \xi_j + \partial_j \xi_i - 2a^2 H \delta_{ij} \xi_0. \tag{B7}
$$

We want to end up in synchronous gauge, which is defined by $g_{00} = -1$ and $g_{0i} = 0$. The explicit form of g_{00} combined with its transformation law tells us that we must choose

$$
\dot{\xi}_0 = \frac{\dot{\zeta}}{H} \Rightarrow \xi_0 = \int_0^t \frac{\dot{\zeta}}{H} dt'.
$$
 (B8)

To be completely general we should also add to ξ_0 a generic function of \vec{x} , but it will turn out that it is not necessary, so we set it to zero.

Then we want to set to zero the space-time components g_{0i} . In order to do so ξ_i must satisfy

$$
\frac{d}{dt}\frac{\xi_i}{a^2} = \frac{1}{a^2}\partial_i \left[\Xi - \int_0^t \frac{\dot{\zeta}}{H} dt'\right],
$$
 (B9)

so that

$$
\xi_i = a^2 \partial_i \int_0^t dt' \frac{1}{a^2} \left[\Xi - \int_0^{t'} \frac{\dot{\zeta}}{H} dt'' \right].
$$
 (B10)

The last step is to combine Eqs. (B3) and (B7) and read off the spatial metric in synchronous gauge,

$$
g_{ij} \rightarrow a^2 \Biggl\{ \Biggl(1 + 2\zeta - 2H \int_0^t \frac{\dot{\zeta}}{H} dt' \Biggr) \delta_{ij} + 2\partial_i \partial_j \int_0^t dt' \Biggl[-\frac{\dot{\phi}_0^2}{2H^2} \frac{1}{\partial^2} \dot{\zeta} + \frac{1}{a^2} \Biggl(\frac{\zeta}{H} - \int_0^t \frac{\dot{\zeta}}{H} dt'' \Biggr) \Biggr] \Biggr\},
$$
(B11)

where we used the definition of Ξ , Eq. (B2). Specializing to our scaling background $a \propto t^p$, $H = p/t$, $\dot{\phi}_0 = \sqrt{2p}/t$ we get precisely Eq. (32).

Finally we want to express the scalar $\phi(\vec{x}, t)$ in synchronous gauge. Under a gauge transformation

$$
\phi(x) \to \phi(x) + \partial_{\mu} \phi(x) \cdot \xi^{\mu}.
$$
 (B12)

Since in ζ -gauge the scalar is unperturbed, $\phi(\vec{x}, t)$ = $\phi_0(t)$, in synchronous gauge we simply have

$$
\delta \phi \equiv \phi(\vec{x}, t) - \phi_0(t) = \dot{\phi}_0 \xi^0 = -\dot{\phi}_0 \xi_0
$$

$$
= -\dot{\phi}_0 \int_0^t \frac{\dot{\zeta}}{H} dt'.
$$
(B13)

For our scaling solution this reduces to Eq. (33).

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