Recovering the inflationary potential

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A procedure is developed for the recovery of the inflationary potential over the interval that affects astrophysical scales (\approx 1 Mpc to 10⁴ Mpc). The amplitudes of the scalar and tensor metric perturbations and their power-spectrum indices, which in principle can be inferred from large-angle CBR anisotropy and other cosmological data, determine the value of the inflationary potential and its first two derivatives. From these, the inflationary potential can be reconstructed in a Taylor series and the consistency of the inflationary hypothesis tested. Examples are presented, and the effect of observational uncertainties is discussed.

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I. INTRODUCTION

The detection of anisotropy in the cosmic background radiation (CBR) by the Differential Microwave Radiometer (DMR) on the Cosmic Background Explorer (COBE) satellite [1] has provided the first evidence for the existence of the primeval density perturbations that seeded all the structure seen in the Universe today. Another experiment has now confirmed the COBE detection [2], and numerous experiments are underway to probe anisotropy on angular scales from arcminutes to tens of degrees. [CBR anisotropy on angular scale θ arises primarily due to metric perturbations on length-scale 100 Mpc (θ/deg) , so that CBR anisotropy can probe metric fluctuations on scales from about 10 Mpc to $10⁴$ Mpc.

The COBE DMR detection has opened the door for the study of the primeval density perturbations and, thereby, the microphysics that produced them. At the moment, there are three viable models of structure formation: the cold dark matter models, wherein the perturbations arise from quantum fluctuations excited during inflation and expanded to astrophysical length scales $(t \sim 10^{-34}$ sec); the models wherein the seed perturbations are topological defects [3], such as textures, cosmic strings, and global monopoles produced in a very early phase transition $(t \sim 10^{-36} \text{ sec})$; and the PIB model [4], wherein the perturbations are local fluctuations in the baryon number of unknown origin. The PIB model distinguishes itself from the others in requiring no nonbaryonic dark matter ($\Omega_0 = \Omega_B \sim 0.2$).

The cold dark matter models motivated by inflation have been relatively successful, though not without shortcomings [5]. In these models there are, in addition to density (scalar metric) perturbations, gravity wave (tensor metric) perturbations that also give rise to CBR temperature anisotropy. This is a curse and a blessing: CBR anisotropy cannot be assumed to reflect the underlying density perturbations alone; on the other hand, if the tensor and scalar contributions can be separated, much can be learned about the underlying inflationary potential.

The separation of the contribution of scalar and tensor

perturbations to CBR anisotropy involves exploiting their diferent dependencies upon angular scale and, possibly, their contributions to the polarization of the CBR anisotropy [8,9]. In addition, since the scalar perturbations alone seed the formation of structure, measurements of the distribution of matter in the Universe derived from redshift surveys, peculiar-velocity measurements, and so on can be used to determine their spectrum independently.

The concern of this paper is what can be learned about the inflationary potential from the spectral indices and amplitudes of the scalar and tensor metric perturbations. Aspects of this question have also been addressed elsewhere. The authors of Ref. [6a] discussed what can be learned from the scalar perturbations alone. The relationship of the steepness of the potential to the ratio of the amplitudes of the tensor and scalar perturbations was pointed out in Refs. [6b]. The importance of measuring the spectra of both tensor and scalar perturbations to the reconstruction of the potential was emphasized in Refs. [6c]. Our approach follows the perturbative formalism set up in Ref. [7], which is applicable to infiationary potentials that are relatively smooth over the interval that determines metric perturbations on astrophysical scales. It is not applicable to potentials with "specially engineered features" [10].

II. THE METHOD

We use four observables to characterize the scalar and tensor metric perturbations: their contributions to the variance of the CBR quadrupole anisotropy, S for scalar and T for tensor, and the power-law indices of their fluctuation spectra, *n* for scalar and n_T for tensor. (For scale-invariant perturbations $n = 1$ and $n_T = 0$. The norizon-crossing amplitudes of density perturbations
vary with scale as $\lambda^{(1-n)/2}$ and of the gravity-wave perurbations as $\lambda^{-n}T^{2}$.)

In Ref. [7] it was shown that these quantities can be related to the value of the inflationary potential, its steepness, and the change in its steepness evaluated around the epoch that the scales of astrophysical interest crossed

outside the horizon during inflation (about 50 e-folds before the end of inflation):

$$
V_{50} \equiv V(\phi_{50}),
$$

\n
$$
x_{50} \equiv \frac{m_{\rm Pl} V'(\phi_{50})}{V_{50}},
$$

\n
$$
x'_{50} \equiv x'(\phi_{50}) = \frac{m_{\rm Pl} V''(\phi_{50})}{V_{50}} - \frac{x_{50}^2}{m_{\rm Pl}},
$$
\n(1)

 ϕ_{50} is the value of the scalar field that drives inflation 50 e-folds before the end of inflation (or however many efolds before the end of inflation the astrophysically relevant scales crossed outside the horizon), $m_{\rm Pl} = 1.22 \times 10^{19}$ GeV is the Planck mass, and a prime indicates a derivative with respect to ϕ .

The formulas relating the observables S, T, n, and n_T and the properties of the inflationary potential are
 $5/\sqrt{2}$

$$
S = \frac{5(|a_{2m}^{S}|^2)}{4\pi}
$$

= 2.22 $\frac{V_{50}}{m_{\text{Pl}}^4 x_{50}^2} \left[1 + 1.1(n - 1) + \frac{7}{6} [n_T - (n - 1)]\right]$,

$$
T = \frac{5(|a_{2m}^{T}|^2)}{4\pi} = 0.606 \frac{V_{50}}{m_{\text{Pl}}^4} (1 + 1.2n_T),
$$

$$
n = 1 - \frac{x_{50}^2}{8\pi} + \frac{m_{\text{Pl}} x_{50}'}{4\pi},
$$

$$
n_T = -\frac{x_{50}^2}{8\pi},
$$
 (2)

where $S(T)$ is the contribution of scalar (tensor) perturbations to the variance of the CBR quadrupole temperature anisotropy and angular brackets indicate the ensemble average [13]. Since the four observables can be expressed in terms of three properties of the potential, a consistency check exists: $T/S = -7n_T$.

These formulas have been computed to lowest order in the deviation from scale invariance, i.e., $O(n_T, n - 1)$, and only apply to smooth potentials. Note too, that n_T must be less than zero (more power on large scales), though the scalar power-law index n can be greater than 1. From Eq. (2) one can solve, for the potential and its first two derivatives; to the appropriate order,

$$
V_{50} = 1.65T(1 - 1.2n_T)m_{\text{Pl}}^4
$$

\n
$$
|V'_{50}| = 5.01\sqrt{-n_T}(V_{50}/m_{\text{Pl}}) = 8.3\sqrt{-n_T}Tm_{\text{Pl}}^3
$$

\n
$$
V''_{50} = 4\pi[(n - 1) - 3n_T](V_{50}/m_{\text{Pl}}^2)
$$

\n
$$
= 21[(n - 1) - 3n_T]Tm_{\text{Pl}}^2
$$

At present, the COBE DMR detection serves mainly to determine the sum of the scalar and tensor contributions to the quadrupole anisotropy:¹

$$
T + S = \left[\frac{16 \pm 4\mu K}{2.726K}\right]^2 \approx 3.4 \times 10^{-11} \ . \tag{4}
$$

In Ref. [7] detailed formulas for the tensor and scalar contributions to the higher multipoles are given, very r ough, for $l \ll 200$ and standard recombination

$$
\frac{l(l+1)\langle |a_m^S|^2 \rangle}{4\pi} \sim S(l/2)^{n-1},
$$

$$
\frac{l(l+1)\langle |a_m^T|^2 \rangle}{4\pi} \sim T(l/2)^{n_T}.
$$
 (5)

Thus, in principle, a separation of the tensor and scalar contributions to the individual multipole amplitudes determines n_T and $n - 1$. Since n_T is directly related to the ratio of the tensor to scalar contributions of the quadrupole anisotropy, measurements of S and T also determines n_T .

The recovery of the inflationary potential proceeds by constructing its Taylor series:

$$
V(\phi) = V_{50} + (\phi - \phi_{50})V'_{50} + (\phi - \phi_{50})^2V''_{50}/2! + \cdots ;
$$
\n(6)

as before, ϕ_{50} is the value of the scalar field 50 e-folds before the end of inflation. Measurements of T , S , n , and n_T only determine the square of V'_{50} , so the sign of V'_{50} cannot be determined; as a matter of convention we always take it to be negative. The sign of V' is not physical since it can be changed by the field redefinition: $\phi \rightarrow -\phi$.

Scalar and tensor metric perturbations on the astrophysically interesting scales, say, from the scale of galaxies, about 1 Mpc, to the present horizon scale, $H_0^{-1} \sim 10^4$ Mpc, were created during a small portion of the inflationary epoch corresponding to an interval of roughly 8 e-folds around 50 e-folds before the end of inflation (a precise formula relating the epoch when a scale went outside the horizon during inflation and the parameters of inflation is given in Ref. [7]). This means that astrophysical and cosmological data can only reveal information about the inflationary potential over this narrow interval, a fact which motivated the formalism developed in Ref. [7]. As a matter of principle, we will only reconstruct the potential over the interval that corresponds to these 8 efoldings of the scale factor.

The equation of motion for ϕ in the slow rollover approximation [11], $\dot{\phi} = -V'/3H$, can be recast as

$$
\frac{d\phi}{dN} = \frac{m_{\rm Pl}x}{8\pi} \tag{7}
$$

where N is the number of e -folds before the end of inflation. By expanding the steepness x around ϕ_{50} , $x(\phi)=x_{50}+(\phi-\phi_{50})x'_{50}$, one obtained ϕ as a function of $N:$

scalar and tensor contributions
\n
$$
\phi - \phi_{50} = \frac{x_{50}}{x'_{50}} \{ \exp[(N-50)m_{\text{Pl}}x'_{50}/8\pi] - 1 \},
$$
\n
$$
\approx 3.4 \times 10^{-11}.
$$
\n(4)\n
$$
= \frac{m_{\text{Pl}}\sqrt{-n_{T}/2\pi}}{n-1-n_{T}}
$$
\nof the CBR quadrupole anisotropy\n
$$
\times \{ \exp[(N-50)(n-1-n_{T})/2] - 1 \}.
$$
\n(B)

The change in the value of the scalar field over the 8 important e-folds of inflation $(=\Delta \phi)$ depends upon n and

¹The value for the variance of the CBR quadrupole anisotropy derived from the COBE DMR data depends slightly upon the spectral indices of the metric perturbations; $\partial Q/\partial n \simeq -5.4\mu K$ and $\partial Q/\partial n_T \simeq -6.1 \mu \text{K}$ where $Q^2 = S + T$.

 n_T : If the difference between $n - 1$ and n_T is very small, then $\Delta \phi \sim \sqrt{n_T m_{\text{Pl}}}$; on the other hand, if $\sqrt{n_T}$ is very small or the difference between $n - 1$ and n_T is large, then $\Delta \phi$ is much less than m_{Pl} .

This equation, together with the Taylor expansion for the potential cf. Eq. (6), and the equations relating V_{50} , V'_{50} , and V''_{50} to the observables S, T, n, and n_T , cf. Eqs. (3), are all we need to recover the inflationary potential. To begin, we will recover some familiar inflationary potentials. For these potentials, we do not worry about the scale of inflation V_{50} , which is set measurements of S and T (see below); we will only be interested in the shape of the potential. Specifying n_T and n is sufficient to recover the shape, though we also give T/S as it may be easier to measure than n_T (and, of course, is equivalent to n_T).

III. SOME EXAMPLES

A. Familiar potentials

First, consider potentials of the form $V(\phi)=a\phi^b$, often used in models of chaotic inflation [12]. For these models $[7],$

$$
T/S = 0.07b, \quad n_T = -0.01b, \quad n = 0.98 - 0.01b \; .
$$

Note the deviations from scale-invariance increase with b; since our recovery process involves an expansion in the deviation from scale-invariance, one expects the recovery of the potential to be less accurate for larger values of b. In Fig. 1, we show the original potential and the recovered potential for $b = 2, 4, 16$; even for $b = 16$ the recovery is quite accurate.

Next, consider exponential potentials, $V(\phi) = V_0 \exp(-\beta \phi/m_{\rm Pl})$, which arise in models of ex-

tended inflation [14]. For these models [7],

$$
T/S = 0.28\beta^2, \quad n_T = -\frac{\beta^2}{8\pi}, \quad n - 1 = n_T.
$$

In Fig. 2, we show the reconstruction for β =1.23, 1.94, 6.03, corresponding to $n_T = -0.06, -0.15, -0.24$. Only for $n_T = -0.24$ is the recovery of the potential less than excellent; however, this much deviation from scale invariance is probably inconsistent with models of structure formation [15].

Now, consider a cosine potential, $V(\phi) = \Lambda^4[1]$ $+\cos(\phi/f)$, the type of potential employed in the "natural inflation" models [16]. It is not possible to provide a general formula for n_T , n, and T/S ; however, there are general formula for n_T , n, and $T/5$, however, there are
two limiting regions: $f \gtrsim m_{\text{Pl}}$ and $f \lesssim m_{\text{Pl}}$. In the first regime, the cosine potential reduces to the case of chaotic inflation with $b = 2$. In the second regime [7],

$$
\frac{T}{S} = 0.07 \left[\frac{m_{\rm Pl}}{f} \right]^2 \left[\frac{\phi_{50}}{f} \right]^2 \ll 1, \quad n = 1 - \frac{1}{8\pi} \left[\frac{m_{\rm Pl}}{f} \right]^2,
$$

where $\phi_{50}/f \simeq \pi \exp(-50m_{\rm Pl}^2/16\pi f^2)$. In Fig. 3, we where $\varphi_{50}/\sqrt{m} = \pi \exp(-30m_{\text{Pl}})/10m/\sqrt{m}}$. In Fig. 3, we
show the recovered potential for $f = m_{\text{Pl}}/2$, where $n = 0.84$. Again, the recovery process works very well.

FIG. 1. Recovery of chaotic potentials, $V(\phi)=a\phi^b$, over the 8 e-folds relevant for astrophysical scales and for comparison, the original potential (broken curves): (a) $b = 2$; (b) $b = 4$; and (c) $b = 16$.

FIG. 2. Recovery of exponential potentials, $V(\phi)$ $= V_0 \exp(-\beta \phi/m_{\text{Pl}})$, and for comparison, the original potential (broken curves): (a) β =1.23; (b) β =1.94; and (c) β =6.03.

FIG. 3. Recovery of the cosine potential, $V(\phi)$ $=\Lambda^4[1+\cos(\phi/f)]$ and $f = m_{Pl}/2$, and for comparison, the original potential (broken curve).

Finally, consider the Coleman-Weinberg potentials, $V(\phi) = B \sigma^4 / 2 + B \phi^4 [\ln(\phi^2 / \sigma^2) - 0.5]$, often used in models of new inflation; for these models

$$
\frac{T}{S} \simeq 3 \times 10^{-5} \left(\frac{\sigma}{m_{\rm Pl}} \right)^4, \quad n = 0.94 \ .
$$

These potentials are extremely flat and easily recovered as shown in Fig. 4.

B. Unknown potentials

Now we turn to the recovery of an unknown potential from cosmological data. The recovery process requires knowledge of three of the quantities T, S, n, and n_T ; we will use $T+S, T/S$, and *n*, which are probably the easiest

FIG. 4. Recovery of a Coleman-Weinberg potential with $\sigma = 1 \times 10^{16}$ GeV and for comparison, the original potential (broken curve).

to measure. The quadrupole temperature anisotropy determines $S+T$; supposing that its value is 16 μ K, the COBE DMR determination, we can immediately infer V_{50} :

$$
V_{50} = (3.3 \times 10^{16} \text{ GeV})^4
$$

$$
\times \left[\frac{1 - 1.1(n - 1) + \frac{7}{6}(n - 1 - n_T)}{1 + S/T} \right].
$$
 (9)

(We remind the reader that $n_T = -0.14T/S$.) From this equation, we see that the value of V_{50} is most sensitive to T/S , varying inversely with it. That is, the scale of inflation rises with the amplitude of tensor perturbations, asymptotically approaching an energy scale of about 3×10^{16} GeV.

Once V_{50} is fixed, n and T/S determine the shape of the potential. Generically, there are four qualitatively different outcomes for the measured quantities which lead to four generic inflationary potentials: (1) $n \approx 1$ and T/S very small, corresponding to scale-invariant scale and tensor perturbations, (2) *n* significantly less than 1 and T/S very small, corresponding to tilted scalar fluctuations and scale-invariant, small amplitude gravity waves, (3) $n \approx 1$ and T/S of order unity, corresponding to scale-invariant scalar perturbations and tilted, largeamplitude gravity waves, and (4) *n* significantly less than 1 and T/S of order unity, corresponding to tilted scalar and tensor perturbations and large amplitude gravity waves.

The four generic potentials are illustrated in Fig. 5. For large T/S , cases (3) and (4), the potential is steep, the scale of inflation is relatively large, and the variation of ϕ over the relevant 8-folds is of the order of the Planck mass. For small T/S , cases (1) and (2), the potential is very flat, the scale of inflation is relatively low, and the variation of ϕ over the relevant 8-folds is much less than the Planck mass. Coleman-Weinberg potentials provide an example of case (1); cosine potentials and the potential $V(\phi) = -m^2 \phi^2 + \lambda \phi^4$ [11] provide examples of case (2);

FIG. 5. The four generic inflationary potentials: (a) $n - 1 = -2 \times 10^{-6}$ and $T/S = 1.4 \times 10^{-5}$, with the COBE DMR normalization $V_{50}^{1/4}$ = 2.0 × 10¹⁵ GeV; (b) $n = 0.85$ and $T/S = 1.4 \times 10^{-4}$, $V_{50}^{1/4}$ = 3.6 × 10¹⁵ GeV; (c) $n = 1$ and $T/S = 1$, $V_{50}^{1/4}$ = 2.9 × 10¹⁶ GeV; and (d) $n = 0.85$ and $T/S = 1$, $V_{50}^{1/4} = 2.9 \times 10^{16}$ GeV. (a)–(d) correspond to cases (1)–(4) in the text.

recently, an example of a potential corresponding to case (3) has been presented [17]; and exponential potentials provide an example of case (4) . Finally, *n* can be larger than unity; however, the two new cases, n significantly greater than one and T/S small or of order unity, are qualitatively similar to cases (2) and (4).

IV. DISCUSSIQN

The scalar and tensor contributions to the CBR quadrupole anisotropy, S and T , and the power-law indices of the spectra of scalar and tensor perturbations, n and n_T , serve to determine, indeed overdetermine, the value of the inflationary potential and its first two derivatives. In principle, measurements of these four quantities can be used both to test the consistency of the inflationary hypothesis and to recover the inflationary potential through the first three terms in its Taylor expansion. We have shown the recovery of several familiar potentials, cf. Figs. ¹—4, and the four generic types of inflationary potentials that arise, cf. Fig. 5.

In order to recover the inflationary potential measurements of at least three of the quantities n, T, S, and n_T are required. In all likelihood, the first three will be the easiest to determine; CBR anisotropy, as well as determinations of the distribution of matter and large-scale structure, should serve to measure n , and large-angle CBR anisotropy should determine S and T (in the case of T, at least an upper limit). An independent measurement of n_T seems much more difficult, but provides the consistency check: $T/S = -7n_T$.

In any case, determinations of n , S , and T are likely to have significant uncertainties, so that the recovery of the underlying inflationary potential will not be as easy or as precise as our examples would indicate. In Fig. 6, we show the effect of these uncertainties on the recovery of the shape of the inflationary potential for the following data: $n = 0.9 \pm 0.2$ and $T/S = 0.3 \pm 0.25$. Even worse is the effect of uncertainties on determining the scale of the potential. Recall, when $S + T$ is normalized to the COBE result, V_{50} varies as the inverse of T/S , which for the

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FIG. 6. An illustration of the effect of observational uncertainties on the shape of the recovered potential; here $n = 0.9 \pm 0.2$ and $T/S = 0.3 \pm 0.25$. The four curves correspond to $n = 0.7$ and $T/S = 0.05$ (solid), $n = 0.7$ and $T/S = 0.55$ (dotted), $n = 1.1$ and $T/S = 0.05$ (dashed), and $n = 1.1$ and $T/S = 0.55$ (long-dashed).

above "data" leads to an order of magnitude range in the value of V_{50} .

An accurate recovery of the inflationary potential is still a long way from reality, and, of course, it may be that inflation never even occurred. However, with the COBE DMR anisotropy measurements the first step has been taken. Moreover, the potential payoff, probing physics at unification energy scales, is worth the effort, if not the wait.

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