

# Sound speed as a source of the gravitational field in modified gravity

P. P. Avelino<sup>\*</sup>

*Departamento de Física e Astronomia, Faculdade de Ciências,  
Universidade do Porto, Rua do Campo Alegre 687, PT4169-007 Porto, Portugal;  
Instituto de Astrofísica e Ciências do Espaço, Universidade do Porto,  
CAUP, Rua das Estrelas, PT4150-762 Porto, Portugal  
and Université Côte d'Azur, Observatoire de la Côte d'Azur, CNRS, Laboratoire Lagrange, France*



(Received 18 April 2024; accepted 1 July 2024; published 22 July 2024)

In the context of  $f(R, T)$  gravity and other modified theories of gravity, the knowledge of the first order variation of the trace  $T$  of the energy-momentum tensor with respect to the metric is essential for an accurate characterization of the gravitational field. In this paper, by considering a paradigmatic example of a perfect fluid whose dynamics is described by a pure k-essence matter Lagrangian in  $f(R, T) = R + \mathcal{F}(T)$  gravity, we show that the first order variation of the trace of the energy-momentum tensor cannot in general be determined from the proper density, proper pressure, and 4-velocity of the fluid alone, and that the sound speed of the fluid can directly influence the dynamics of gravity. We also confirm that the second variation of the matter Lagrangian with respect to the metric should not in general be neglected. These results can be particularly relevant for cosmological studies of  $f(R, T)$  gravity in which some of the material content of the Universe is modeled as a perfect fluid.

DOI: [10.1103/PhysRevD.110.024064](https://doi.org/10.1103/PhysRevD.110.024064)

## I. INTRODUCTION

The evidence for the current acceleration of the Universe is overwhelming [1–5]. There are also strong reasons to believe that a period of acceleration in the early Universe might be the solution to some of the most profound cosmological conundrums (see, for example, [6] and references therein). In general relativity a period of acceleration, no matter how short, requires the Universe to be dominated by a dark energy component violating the strong energy condition. Although dark energy may be the real origin for the early and late time acceleration of the expansion of the Universe, the true cause may be more profound and require an alternative theory of gravity [7–9].

The exploration of extensions of general relativity, aimed at providing more natural explanations for the early and late time dynamics of the Universe, is an extremely active area of research [7–13]. Within this realm, significant attention is directed toward broad categories of modified theories of gravity that consider the possibility of a nonminimal coupling between geometry and matter [14–22]. In some of these, such as in the case of  $f(R, T)$  gravity, the dynamics of the gravitational and matter fields may depend on the first variation of the trace of the energy-momentum tensor with respect to the metric [15,20].

The material content of the Universe is often described as a collection of fluids, which, as will happen in the present

article, are frequently assumed to be perfect [23]. Although in the context of general relativity the sound speed of these fluids does not explicitly appear in the Einstein equations, we will show that this is not generally the case in the context theories of gravity in which the dynamics of the gravitational and matter fields depends on the first variation of the trace of the energy-momentum tensor with respect to the metric. In this paper  $f(R, T)$  gravity will be considered as a prime example of such theories.

In [20] it has been claimed that the second variation of the matter Lagrangian of a perfect fluid with respect to the metric tensor cannot generally be neglected in the context of  $f(R, T)$  gravity. This claim is also supported by even more recent results obtained in the context of matter-type modified gravity theories [22], where it has been shown that neglecting this term may compromise the Lagrangian formulation of the theory. In [20] it was also argued that the first variation of the matter energy-momentum tensor with respect to the metric tensor can be expressed in terms of the pressure, the energy-momentum tensor itself, and the matter fluid 4-velocity. In the present paper we will revisit these issues, considering a perfect fluid whose dynamics is described by a pure k-essence matter Lagrangian in  $f(R, T) = R + \mathcal{F}(T)$  gravity. This will turn out to be a well-controlled model since it will be shown to be equivalent to a pure k-essence model of an isentropic, irrotational perfect fluid with conserved particle number and constant entropy per particle in general relativity. We shall assess the contribution of the second variation of the

<sup>\*</sup>Contact author: [pedro.avelino@astro.up.pt](mailto:pedro.avelino@astro.up.pt)

matter Lagrangian of a perfect fluid with respect to the metric tensor, and confirm that it cannot generally be neglected in the context of  $f(R, T)$  gravity. Furthermore, we will investigate the potential impact of the sound speed on the dynamics of the gravitational and matter fields. We shall see that, although in general relativity the sound speed does not explicitly appear as a source of gravity, this might not be the case in the context of  $f(R, T)$  gravity and other theories of gravity.

Throughout this paper, we will work in units where  $c = 16\pi G = \hbar = 1$  with  $c$ ,  $\hbar$ , and  $G$  being, respectively, the speed of light in vacuum, the reduced Planck constant, and Newton's gravitational constant. We also adopt the metric signature  $(-, +, +, +)$ . The Einstein summation convention will be used when a Greek index appears twice in a single term, once in an upper (superscript) and once in a lower (subscript) position.

## II. $f(R, T)$ GRAVITY

Consider the action

$$S = \int d^4x \sqrt{-g} [f(R, T) + \mathcal{L}_m], \quad (1)$$

where  $g$  is the determinant of the metric  $g_{\mu\nu}$ ,  $\mathcal{L}_m$  is the Lagrangian of the matter fields, and  $f(R, T)$  is a generic function of the Ricci scalar  $R$  and of the trace of the energy-momentum tensor  $T$ . The corresponding equations of motion for the gravitational field are given by [15]

$$2(R_{\mu\nu} - \Delta_{\mu\nu})f_{,R} - g_{\mu\nu}R = \mathfrak{T}_{\mu\nu}, \quad (2)$$

where  $R_{\mu\nu}$  is the Ricci tensor,  $R = g^{\alpha\beta}R_{\alpha\beta}$ ,  $\Delta_{\mu\nu} \equiv \nabla_\mu \nabla_\nu - g_{\mu\nu} \square$ ,  $\square \equiv \nabla^\mu \nabla_\mu$ , a comma denotes a partial derivative, and

$$\mathfrak{T}_{\mu\nu} = T_{\mu\nu} + (f - R)g_{\mu\nu} - 2f_{,T}(T_{\mu\nu} + \mathbb{T}_{\mu\nu}). \quad (3)$$

Here,

$$\mathbb{T}_{\mu\nu} = g^{\alpha\beta} \frac{\delta T_{\alpha\beta}}{\delta g^{\mu\nu}}, \quad (4)$$

and the components of the energy-momentum tensor,

$$T_{\mu\nu} = -\frac{2}{\sqrt{-g}} \frac{\delta(\sqrt{-g}\mathcal{L}_m)}{\delta g^{\mu\nu}} = g_{\mu\nu}\mathcal{L}_m - 2 \frac{\delta\mathcal{L}_m}{\delta g^{\mu\nu}}, \quad (5)$$

are related by

$$\frac{\delta T}{\delta g^{\mu\nu}} = T_{\mu\nu} + \mathbb{T}_{\mu\nu}, \quad (6)$$

where  $T = g^{\alpha\beta}T_{\alpha\beta}$ . Using Eq. (5), it can also be shown that

$$\frac{\delta T}{\delta g^{\mu\nu}} = -T_{\mu\nu} + g_{\mu\nu}\mathcal{L}_m - 2g^{\alpha\beta} \frac{\delta^2\mathcal{L}_m}{\delta g^{\mu\nu}\delta g^{\alpha\beta}}, \quad (7)$$

or, equivalently, that

$$\mathbb{T}_{\mu\nu} = -2T_{\mu\nu} + g_{\mu\nu}\mathcal{L}_m - 2g^{\alpha\beta} \frac{\delta^2\mathcal{L}_m}{\delta g^{\mu\nu}\delta g^{\alpha\beta}}. \quad (8)$$

### A. $R + \mathcal{F}(T)$ gravity

If  $f_{,R} = 1$ , then  $f(R, T) = R + \mathcal{F}(T)$ , where  $\mathcal{F}(T)$  is a generic function of  $T$ . In this case, the Einstein equations,

$$G_{\mu\nu} = R_{\mu\nu} - \frac{1}{2}g_{\mu\nu}R = \frac{1}{2}\mathfrak{T}_{\mu\nu}, \quad (9)$$

are satisfied except for the replacement  $T_{\mu\nu} \rightarrow \mathfrak{T}_{\mu\nu}$ . Here,

$$\mathfrak{T}_{\mu\nu} = T_{\mu\nu} + T_{\mu\nu}^*, \quad (10)$$

with

$$T_{\mu\nu}^* = \mathcal{F}g_{\mu\nu} - 2\mathcal{F}_{,T}(T_{\mu\nu} + \mathbb{T}_{\mu\nu}), \quad (11)$$

is covariantly conserved, so that

$$\nabla^\mu \mathfrak{T}_{\mu\nu} = 0. \quad (12)$$

On the other hand,

$$\nabla^\mu T_{\mu\nu} = -Q_\nu, \quad \nabla^\mu T_{\mu\nu}^* = Q_\nu, \quad (13)$$

with

$$Q_\nu = \frac{1}{1 - 2\mathcal{F}_{,T}} [\nabla_\nu \mathcal{F} - 2\mathcal{F}_{,T} \nabla^\mu \mathbb{T}_{\mu\nu} + 2(T_{\mu\nu} + \mathbb{T}_{\mu\nu}) \nabla^\mu \mathcal{F}_{,T}], \quad (14)$$

thus showing that  $T_{\mu\nu}$  and  $T_{\mu\nu}^*$  will be nonminimally coupled (see [22] for a nonminimal interacting two-field model perspective in the context of energy-momentum squared gravity).

In  $R + \mathcal{F}(T)$  gravity

$$\mathfrak{T}_{\mu\nu} = -\frac{2}{\sqrt{-g}} \frac{\delta[\sqrt{-g}(\mathcal{L}_m + \mathcal{F})]}{\delta g^{\mu\nu}}, \quad (15)$$

thus highlighting the fact that this model of gravity is totally equivalent to general relativity with the modified matter Lagrangian  $\mathfrak{L}_m = \mathcal{L}_m + \mathcal{F}$ . The equivalence with general relativity makes this model specially suited for investigating generic features of  $f(R, T)$  gravity in a well-controlled manner. We will then consider this model of gravity in the remainder of this paper.

### III. THE ROLE OF THE SOUND SPEED

Here, we start by considering a scalar field  $\phi$  described by a pure k-essence Lagrangian  $\mathcal{L}_m(X)$ , where

$$X = -\frac{1}{2}\nabla_\mu\phi\nabla^\mu\phi \quad (16)$$

is a standard kinetic term (see [24] for a thorough discussion of signal propagation and causality in the context of k-essence). If  $X > 0$ , the components of the associated energy-momentum tensor, given by

$$T_{\mu\nu} = \mathcal{L}_{m,X}\nabla_\mu\phi\nabla_\nu\phi + \mathcal{L}_m g_{\mu\nu}, \quad (17)$$

may be written in a perfect fluid form

$$T_{\mu\nu} = (\rho + p)u^\mu u^\nu + p g^{\mu\nu}. \quad (18)$$

In Eq. (18),  $\rho = 2X\mathcal{L}_{m,X} - \mathcal{L}_m$  and  $p = \mathcal{L}_m$  represent, respectively, the proper energy density and the proper pressure of the fluid, and  $u_\mu = -\nabla_\mu\phi/\sqrt{2X}$  are the components of its 4-velocity (satisfying  $u^\mu u_\mu = -1$ ). The trace of the energy-momentum tensor is a function of  $X$  alone, being equal to

$$T = -\rho + 3p = -2X\mathcal{L}_{m,X} + 4\mathcal{L}_m. \quad (19)$$

Here, we will start by writing the last term in Eqs. (7) and (8) as a function of the physical variables of the fluid. Taking into account that

$$\frac{\delta\mathcal{L}_m}{\delta g^{\mu\nu}} = \mathcal{L}_{m,X} \frac{\delta X}{\delta g^{\mu\nu}} = -\frac{1}{2}\mathcal{L}_{m,X}\nabla_\mu\phi\nabla_\nu\phi, \quad (20)$$

it can be shown that

$$\begin{aligned} -2g^{\alpha\beta} \frac{\delta^2\mathcal{L}_m}{\delta g^{\mu\nu}\delta g^{\alpha\beta}} &= X\mathcal{L}_{m,XX}\nabla_\mu\phi\nabla_\nu\phi \\ &= 2X^2\mathcal{L}_{m,XX}u_\mu u_\nu \\ &= \frac{\rho + p}{2} \left( \frac{1 - c_s^2}{c_s^2} \right) u_\mu u_\nu, \end{aligned} \quad (21)$$

where the sound speed squared is given by

$$c_s^2 = \frac{dp}{d\rho} = \frac{p_{,X}}{\rho_{,X}} = \frac{\mathcal{L}_{m,X}}{2X\mathcal{L}_{m,XX} + \mathcal{L}_{m,X}}. \quad (22)$$

Hence, we confirm the claim made in [20] that the second variation of the matter Lagrangian of a perfect fluid with respect to the metric tensor components cannot be generally neglected in the context of  $f(R, T)$  gravity. However, it provides a contribution which cannot be inferred from the knowledge of the proper density, proper pressure, and 4-velocity alone, since it also depends on the

sound speed of the fluid. Notice that this term is never zero, except if  $c_s^2 = 1$ . Also notice that all the calculations leading to the result given in Eq. (21) were made off shell (this is in fact required in order to obtain the correct result).

Using Eqs. (8), (17), (18), and (21), one finds that

$$\mathbb{T}_{\mu\nu} = \frac{\rho + p}{2} \left( \frac{1 - 5c_s^2}{c_s^2} \right) u_\mu u_\nu - p g_{\mu\nu}, \quad (23)$$

or, equivalently, that

$$\frac{\delta T}{\delta g^{\mu\nu}} = \frac{\rho + p}{2} \left( \frac{1 - 3c_s^2}{c_s^2} \right) u_\mu u_\nu. \quad (24)$$

On the other hand, Eqs. (10), (18), and (23) imply that

$$\begin{aligned} \mathfrak{Z}_{\mu\nu} &= (\tilde{\rho} + \tilde{p})u_\mu u_\nu + \tilde{p}g_{\mu\nu} \\ &= \left( (\rho + p) \left[ 1 + \mathcal{F}_{,T} \left( \frac{3c_s^2 - 1}{c_s^2} \right) \right] \right) u_\mu u_\nu \\ &\quad + (p + \mathcal{F})g_{\mu\nu}, \end{aligned} \quad (25)$$

where

$$\tilde{\rho} = (\rho + p) \left[ 1 + \mathcal{F}_{,T} \left( \frac{3c_s^2 - 1}{c_s^2} \right) \right] - (p + \mathcal{F}), \quad (26)$$

$$\tilde{p} = p + \mathcal{F}. \quad (27)$$

Again notice that our model is equivalent to general relativity with the modified matter Lagrangian  $\mathfrak{Z}_m = \mathcal{L}_m + \mathcal{F}$ , in which case, the  $\mathfrak{Z}_{\mu\nu}$  would represent the components of the corresponding energy-momentum tensor.

Consider the identifications

$$\tilde{\rho} = \mathfrak{Z}_m, \quad (28)$$

$$\tilde{p} = 2X\mathfrak{Z}_{m,X} - \mathfrak{Z}_m, \quad (29)$$

$$u_\mu = -\nabla_\mu\phi/\sqrt{2X}, \quad (30)$$

$$\tilde{\mu} = \sqrt{2X}, \quad (31)$$

$$\tilde{n} = \sqrt{2X}\mathfrak{Z}_{m,X}, \quad (32)$$

where  $\tilde{\rho}$ ,  $\tilde{p}$ ,  $u_\mu$ ,  $\tilde{n} = d\tilde{\rho}/d\tilde{\mu}$  and  $\tilde{\mu} = d\tilde{p}/d\tilde{n}$  define, respectively, the proper energy density, proper pressure, 4-velocity, proper particle number density, and chemical potential of the perfect fluid described by the matter Lagrangian  $\mathfrak{Z}_m(X)$ . The equation of motion of the scalar field,

$$\nabla_\mu(\mathfrak{Z}_{m,X}\nabla^\mu\phi) = \nabla_\mu(\tilde{n}u^\mu) = 0, \quad (33)$$

ensures particle number conservation. On the other hand, Eqs. (28), and (32) imply that the first law of thermodynamics for an isentropic fluid with a conserved particle number,

$$d\left(\frac{\tilde{p}}{\tilde{n}}\right) + \tilde{p}d\left(\frac{1}{\tilde{n}}\right) = 0, \quad (34)$$

is verified. Therefore, the pure k-essence Lagrangian  $\mathfrak{L}_m(X)$  describes an irrotational perfect fluid with conserved particle number and constant entropy per particle.

#### IV. CONCLUSIONS

In this paper we considered theories of gravity in which the first order variation of the trace of the energy-momentum tensor with respect to the metric is a source of the gravitational field. Using  $f(R, T) = R + \mathcal{F}(T)$  gravity minimally coupled to a perfect fluid described by a pure k-essence matter Lagrangian as a well controlled illustrative example, we have shown that the first order variation of the trace of the energy-momentum tensor with respect to the metric depends not only on the proper density, proper pressure, and 4-velocity, but also on the sound speed of the

fluid. We found that this is so because the second variation of the matter Lagrangian with respect to the metric—which has been disregarded in several previous studies—cannot in general be neglected and has a significant dependence on the sound speed. These results are essential for an accurate description of the gravitational and matter fields in the context of  $f(R, T)$  gravity—or of other theories of gravity whose dynamics depends on the first order variation of the trace of the energy-momentum tensor with respect to the metric—when considering cosmic matter fields described by perfect fluids whose pressure is a function of the proper particle number density alone.

#### ACKNOWLEDGMENTS

We thank Rui Azevedo, Vasco Ferreira, and colleagues of the Cosmology group at Instituto de Astrofísica e Ciências do Espaço for enlightening discussions on modified gravity. We acknowledge the support by Fundação para a Ciência e a Tecnologia (FCT) through the research Grants No. UIDB/04434/2020 and No. UIDP/04434/2020. This work was also supported by FCT through the R&D project 2022.03495.PTDC, *Uncovering the nature of cosmic strings*.

- 
- [1] N. Aghanim *et al.* (Planck Collaboration), *Astron. Astrophys.* **641**, A6 (2020); **652**, C4(E) (2021).
  - [2] S. Alam *et al.* (eBOSS Collaboration), *Phys. Rev. D* **103**, 083533 (2021).
  - [3] D. Brout *et al.*, *Astrophys. J.* **938**, 110 (2022).
  - [4] T. M. C. Abbott *et al.* (DES Collaboration), [arXiv:2401.02929](https://arxiv.org/abs/2401.02929).
  - [5] A. G. Adame *et al.* (DESI Collaboration), [arXiv:2404.03002](https://arxiv.org/abs/2404.03002).
  - [6] Y. Akrami *et al.* (Planck Collaboration), *Astron. Astrophys.* **641**, A10 (2020).
  - [7] T. Clifton, P. G. Ferreira, A. Padilla, and C. Skordis, *Phys. Rep.* **513**, 1 (2012).
  - [8] E. Berti *et al.*, *Classical Quantum Gravity* **32**, 243001 (2015).
  - [9] S. Nojiri, S. D. Odintsov, and V. K. Oikonomou, *Phys. Rep.* **692**, 1 (2017).
  - [10] S. Nojiri and S. D. Odintsov, *Phys. Rep.* **505**, 59 (2011).
  - [11] G. J. Olmo, *Int. J. Mod. Phys. D* **20**, 413 (2011).
  - [12] S. Capozziello and M. De Laurentis, *Phys. Rep.* **509**, 167 (2011).
  - [13] H. Ludwig, O. Minazzoli, and S. Capozziello, *Phys. Lett. B* **751**, 576 (2015).
  - [14] T. Harko and F. S. N. Lobo, *Eur. Phys. J. C* **70**, 373 (2010).
  - [15] T. Harko, F. S. N. Lobo, S. Nojiri, and S. D. Odintsov, *Phys. Rev. D* **84**, 024020 (2011).
  - [16] Z. Haghani, T. Harko, F. S. N. Lobo, H. R. Sepangi, and S. Shahidi, *Phys. Rev. D* **88**, 044023 (2013).
  - [17] T. Harko, T. S. Koivisto, F. S. N. Lobo, G. J. Olmo, and D. Rubiera-Garcia, *Phys. Rev. D* **98**, 084043 (2018).
  - [18] P. P. Avelino and R. P. L. Azevedo, *Phys. Rev. D* **97**, 064018 (2018).
  - [19] R. P. L. Azevedo and P. P. Avelino, *Phys. Rev. D* **98**, 064045 (2018).
  - [20] Z. Haghani, T. Harko, and S. Shahidi, *Phys. Dark Universe* **44**, 101448 (2024).
  - [21] T. B. Gonçalves, J. a. L. Rosa, and F. S. N. Lobo, *Phys. Rev. D* **109**, 084008 (2024).
  - [22] O. Akarsu, M. Bouhmadi-López, N. Katırcı, E. Nazari, M. Roshan, and N. M. Uzun, *Phys. Rev. D* **109**, 104055 (2024).
  - [23] V. M. C. Ferreira, P. P. Avelino, and R. P. L. Azevedo, *Phys. Rev. D* **102**, 063525 (2020).
  - [24] E. Babichev, V. Mukhanov, and A. Vikman, *J. High Energy Phys.* **02** (2008) 101.