Extremal Kerr black hole dark matter from Hawking evaporation

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The Hawking process results in a monotonic decrease of the black hole mass, but a biased random walk of the black hole angular momentum. We demonstrate that this stochastic process leads to a significant fraction of primordial black holes becoming extremal Kerr black holes (EKBHs) of one to a few Planck masses regardless of their initial mass. For these EKBHs, the probability of ever absorbing a photon or other particle from the cosmic environment is small, even in the cores of galaxies. Assuming that EKBHs are stable, they behave as cold dark matter, and can comprise all of the dark matter if they are formed with the correct initial abundance.

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I. INTRODUCTION

Black holes (BHs) have long been considered a promising class of dark matter candidates [1-11]. To constitute all the dark matter, they must be formed before big bang nucleosynthesis (BBN), i.e., before the temperature of the Universe has fallen below ~1 MeV, and endure from their epoch of formation to the present [6,11,12]. They must be stable, or at least have lifetimes much longer than the current age of the Universe.

Given evidence for the role of dark matter in the Universe back to the epoch of BBN, plausible candidates include BHs formed in the early Universe, with masses therefore unrelated to those of the stellar mass black holes that emerge from core-collapse supernovae. Most recent attention has focused on BHs of large mass, $M \gg 10^{15}$ g because they are expected to be stable, with decay lifetimes much longer than the current age of the Universe [4].

As first pointed out in [8], if BH evaporation leaves behind Planck mass stable relics, then they could be the dark matter. Barrow *et al.* discussed [13] this possibility of Planck relics from BH evaporation and concluded that a substantial relic density could remain if the initial mass function of primordial BHs was relatively narrow, and this was followed up by others (e.g., [14]). Others argued more recently [15–17] that BH decay inevitably resulted in a Planck relic.

In this paper we argue that the Hawking process itself is likely to "strand" a small fraction of all primordial BHs as extremal Kerr black holes (EKBH), which are expected to be stable. Recently, Dai and Stojkovic [18] have argued that EKBHs undergo superradiance and therefore are not stable, even though they do not undergo the Hawking process. We comment on this possibility below. One way or another, the scenario we present should be instructive for how BH decay even in semiclassical general relativity may result in naturally Planck relic dark matter if Planck relics are stable.

BHs are expected to decrease in mass via the Hawking evaporation process [19–28]. For a Schwarzschild (i.e., uncharged, nonrotating) BH of mass $M_{\rm BH}$, the Hawking temperature is

$$T_{\rm Schw} = \frac{M_{\rm Pl}^2}{8\pi M} \simeq 1.1 \times 10^{13} \text{ GeV} \frac{\text{g}}{M} \tag{1}$$

(in units where $\hbar = c = k = 1$) and the horizon radius is

$$R_{\rm Schw} = \frac{2M}{M_{\rm Pl}^2}.$$
 (2)

PHYS. REV. D 109, 104066 (2024)

Assuming that the spectrum of radiation is that of a black body, this results in a Hawking luminosity (for one massless degree of freedom)

$$\mathcal{L}_{\text{Schw}} = 4\pi R_{\text{Schw}}^2 \sigma T_{\text{Schw}}^4 = \frac{M_{\text{Pl}}^4}{15360\pi M^2}, \qquad (3)$$

and a Hawking lifetime of

$$t_{\rm Schw} = \frac{5120\pi^3 M^3}{M_{\rm Pl}^4} = 4 \left(\frac{M}{10^9 \text{ g}}\right)^3 \text{ s.}$$
(4)

The Hawking temperature characterizes the effective temperature as inversely proportional to PBH mass and is constrained by soft gamma ray constraints at the $\sim 10^{17}$ gm PBH mass scale, incorporating appropriate spectral corrections due to nonthermal aspects of the complex emission processes [29]. The direct gamma ray signals associated with Hawking evaporation include the 511 keV gamma-ray line, produced by electron-positron pair-annihilation. The INTEGRAL detection of the Large Magellanic Cloud provides one of the strongest bounds attainable with present observations [30]. Similar limits come from Voyager constraints [31] as well as the diffuse soft gamma x-ray background [32].

The temperature of a black hole is not, however, determined exclusively by its mass [33-36]. For a rotating (but uncharged) Kerr black hole with angular momentum *J*, the temperature is

$$T_{\rm Kerr} = \frac{M_{\rm Pl}^2}{4\pi M} \frac{\sqrt{1-a_*^2}}{1+\sqrt{1-a_*^2}},\tag{5}$$

where

$$a_* \equiv \frac{JM_{\rm Pl}^2}{M^2}.\tag{6}$$

If the Hawking process involved only photons (they predominate), was entirely in the orbital angular momentum zero channel (it predominates), and was unbiased as to whether each photon was emitted spin-aligned or antialigned with the black-hole spin (it is not, but we will return to this point), then the evolution of J would be an unbiased random walk with step-size 1 (i.e., \hbar).

We can investigate the fate of a black hole under this simplified assumption—does it remain Schwarzschild like if it begins uncharged and with J = 0. Since $T_{\text{Schw}} \ll M$ for $M \gg M_{\text{Pl}} \simeq 2.17 \times 10^{-5}$ g, a radiating Schwarzschild black hole will emit N particles

$$N(M) \simeq \frac{1}{\gamma} \int_{M_i}^{M} \frac{-\mathrm{d}M}{T_{\rm Schw}} = \frac{4\pi}{\gamma M_{\rm Pl}^2} (M_i^2 - M^2), \qquad (7)$$

where M_i is the black hole's initial mass, M is the black hole's current mass, and

$$\gamma = \frac{\pi^4}{30\zeta(3)} \approx 2.70. \tag{8}$$

In the meantime, the black hole's spin will undergo an unbiased random walk, and the expected root mean square angular momentum will grow to

$$\langle J^2 \rangle^{1/2} = \sqrt{N(\epsilon)} = \frac{2}{M_{\rm Pl}} \sqrt{\frac{\pi}{\gamma}} (M_i^2 - M^2)^{1/2}$$
(9)

A black hole becomes an EKBH once $a_{\star} = 1$ or when $JM_{\rm Pl}^2 = M^2$. Using Eq. (9), and for $M_i \gg M_{\rm Pl}$, this occurs when $M \simeq 1.5 \sqrt{M_i M_{\rm Pl}}$. In other words, the typical Schwarzschild black hole would be expected to become an EKBH by the time its mass falls from some initial value M_i to $M \simeq \sqrt{M_i M_{\rm Pl}}$.

In order for these EKBHs to be stable against Hawking radiation before BBN, we would require $t_{\text{Schw}} \lesssim 1$ s, implying $M_i \lesssim 10^7$ g. Essentially every single Schwarzschild black hole ever formed with initial mass between M_{Pl} and 10^7 g would have become an EKBH by 1 s under this assumption of unbiased emission of photons.

Hawking particle emission is *not* however expected to be unbiased with respect to the alignment between the spin of the photon and the spin of the black hole. Rather, the emission *is* calculated to be biased to prefer the emission of photons with spins parallel to that of the black hole [19,24]. This will reduce the probability of a black hole evolving to extremality.

According to [37], for $a_* \ll 1$, the probabilities of emitting photons (in the *s*-state) with spin (and thus angular momentum) aligned/antialigned with *J* are

$$P_{\uparrow\downarrow}(a_*) = \frac{1}{2} \mp a_* + \mathcal{O}(a_*^2).$$
 (10)

To evaluate the efficacy of this bias in suppressing the formation of EKBH, we must extend these approximate formulas to $|a_*| = 1$. Consider

$$P_{\uparrow\downarrow}(a_*) = \frac{1}{2} \mp a_* \pm \frac{a_*|a_*|}{2}.$$
 (11)

This correctly reduces to Eq. (10) for $|a_*| \ll 1$, is monotonic on $a_* \in [-1, 1]$, and gives $P_{\uparrow\downarrow}(\mp a_*) = 0$ as required.

Of course, a Kerr black hole does not just emit photons but will emit all particles with masses $m < T_{\text{Kerr}}$. They will similarly preferentially be emitted in the *s*-wave, and with spins preferentially aligned with the angular momentum of the black hole [19,24]. For simplicity we focus on the *s*wave photons with the expectation that we will correctly capture the qualitative behavior.

The authors of [28,35,38] have studied the effect of this spin-down bias on the expected evolution of a_* . They conclude that even black holes with initial $|a_*|$ very near

1 would be expected to evolve to very near $a_* = 0$ once Hawking evaporation becomes significant. However, the question we address here is not the expected evolution of the black hole, but the evolution of a large number of black holes governed by the stochastic nature of the Hawking process. Unsurprisingly, spin-down bias substantially reduces the probability of reaching extremality, but by how much? Do enough black holes become EKBHs for these to constitute the dark matter, and what would we expect their mass distribution to be?

II. THE DISTRIBUTION OF EKBH

To answer these questions, we simulated the evolution of a large number of initially Schwarzschild black holes as they evaporated through the Hawking process. Starting from an initial mass of $M(t = 0) \gg M_{\text{Pl}}$, and J(t = 0) = 0, each black hole was followed until either:

- (a) the mass of the BH reaches some cutoff value M_{cut} [16,33,39];
- (b) the black hole becomes extremal, i.e., $|J| \ge (M/M_{\text{Pl}})^2$ (at which point we set $|J| = (M/M_{\text{Pl}})^2$).

We assume that the terminal $M = M_{\text{cut}}$ black holes will decay away, and focus on the properties of the EKBH.¹

As expected the black holes remained nearly Schwarzschild (i.e., $a_*^2 \ll 1$) for the majority of their evolution until M fell to just a few times $M_{\rm Pl}$, i.e., until the last few Hawking particle emissions. Using 2×10^9 simulations of black holes, we found that approximately 21.70% of them became extremal, independent of the value of M_0 , so long as $M_0 \gg M_{\rm Pl}$.

 $P(M_{\text{ext}})$, the probability density of a black hole becoming extremal at mass M_{ext} , is well approximated by

$$P(M_{\text{ext}}) = KM_{\text{ext}}\sqrt{\nu} \left(1 - \frac{\lfloor M_{\text{ext}}^2 \rfloor}{\tilde{M}^2}\right)^2 \exp\left(-\frac{\nu \lfloor M_{\text{ext}}^2 \rfloor^2}{M_{\text{Pl}}^4}\right)$$
(12)

where

$$K = \frac{8\sqrt{\pi}}{\gamma},\tag{13a}$$

$$\nu = \ln \left[1 + \frac{2M_{\rm Pl}^2}{\tilde{M}^2} - \frac{M_{\rm Pl}^4}{\tilde{M}^4} \right],$$
 (13b)

¹The code can be found at https://github.com/qtaylorphys/ BH_Extremal. The outline of the code is as follows: At each time step $t \to t + \delta t$, the mass M(t) is updated via $M(t + \delta t) = M(t) - \delta M(t)$, where $\delta M(t) = x(t)T_{\text{Kerr}}(M(t), a_*(t))$. Here x(t) is a random value sampled from the Planck distribution $p(x) = (1/2\zeta(3))x^2/(e^x - 1)$, and T_{Kerr} is given by Eq. (5). Meanwhile, the angular momentum J of the BH is changed by ± 1 with probabilities given by Eq. (11). We have checked that our results do not depend materially on whether $P_{\uparrow\uparrow\uparrow\uparrow\downarrow}(a_*)$ is calculated using M(t) or $M(t + \delta t)$.



FIG. 1. The mass distribution function $P_c(M_{ext})$ (scale on left vertical axis) of extremal Kerr black holes emerging from the Hawking-process evolution of an ensemble of initially Schwarzschild black holes of mass $M_0 \gg M_{Pl}$ (allowing only for *s*-wave photon emission). Numerical results from 2×10^9 EKBHs (shaded histogram) are well described by Eq. (12) (red curve), which is the result of an approximate analytic treatment of the evolution of the ensemble (see Appendix). Black dashed vertical lines mark $M_{ext}/M_{Pl} = \sqrt{n}$, for $n \in \mathbb{Z}^{>0}$, and the black holes with $\sqrt{n-1} \le M_{ext}/M_{Pl} = \sqrt{n}$, which is unphysical, we also plot the integrated weight between $\sqrt{n-1}$ and \sqrt{n} and display the values as black dots.

$$\tilde{M} = \frac{1}{2} \left(M_{\text{ext}} + \sqrt{M_{\text{ext}}^2 + \frac{\gamma}{2\pi} M_{\text{Pl}}^2} \right)$$
(13c)

and $\lfloor x \rfloor$ is the greatest integer $\leq x$. Black holes with $\sqrt{n-1} \leq M_{\text{ext}}/M_{\text{Pl}} < \sqrt{n}$ have J = n, for $n \in \mathbb{Z}^{>1}$.

The final distribution of EKBH masses $P_c(M_{ext})$, where

$$P_c(M_{\text{ext}}) = \frac{P(M_{\text{ext}})}{\int_1^\infty P(M'_{\text{ext}}) \mathrm{d}M'_{\text{ext}}}$$
(14)

is shown in Fig. 1 for $M_{\text{cut}} = M_{\text{Pl}}$. The jagtooth shape of the distribution seems extraordinary, however in the Appendix we show that this can be understood as emerging from the doubly stochastic process of black hole mass loss and black hole angular momentum-biased random walk.

We see that the distribution is heavily weighted toward the lightest possible EKBH, and so the fraction of initially Schwarzschild black holes that reach Kerr extremality is a steeply decreasing function of $M_{\rm cut}$. The average mass of the EKBH is $\bar{M} \simeq 1.3 M_{\rm Pl}$.

Of note is the structure of the distribution of final masses. The distribution is a sawtooth that monotically increases toward a local maximum as M increases from $\sqrt{n-1}M_{\rm Pl}$ to $\sqrt{n}M_{\rm Pl}$ (for integers $n \ge 2$), then falls vertically to a lower value for the next sawtooth maximum. This distribution can be explained by considering a black hole in the



FIG. 2. The evolution of a_{\star} for 25 black holes, each with an initial mass of $5M_{\rm Pl}$, as they evaporate and either become a EKBH (blue) or reach $M = M_{\rm Pl}$ (orange).

last time step before it becomes extremal. With each Hawking photon emitted, the value of *J* changes by ± 1 while the mass changes by an amount drawn randomly from the Planck distribution of the appropriate temperature. With the final photon, the black hole spin changes from J = n - 1 to J = n (in the spin up case), and the black hole becomes extremal with a mass $M \le \sqrt{n}M_{\text{Pl}}$. The evolution of a_{\star} as a function of *M* is shown in Fig. 2.

Because we have quantized J but not $M_{\rm BH}$, the black holes with $\sqrt{n-1} \le M_{\rm BH}/M_{\rm Pl} < \sqrt{n}$ and J = n have $a_*^2 > 1$. This is unphysical, and reflects the need to properly deal with the quantum mechanical nature of the decay. One way to resolve this issue [40] is to take the final mass of the black hole to be $\sqrt{n}M_{\rm Pl}$ so that $a_* = \pm 1$ exactly. For illustrative purposes we therefore also plot in Fig. 1 the



FIG. 3. The time δt between CMB photons hitting different mass EKBHs as a function of the age of the Universe (solid curves), compared to the Hubble time (dotted curve).

integrated weight under each "tooth" of the mass distribution function, which corresponds to this resolution (ignoring the low-likelihood possibility that the final photon jumps the black hole across an entire tooth).

While the final black holes are extremal and no longer radiating, if they were to absorb any energy they would be kicked out of extremality, begin to radiate again, and would once again be more likely to decay away than return to extremality. This would be a problem if these black holes were of a much larger mass, but with a geometric cross section $\sigma = 16\pi M_{BH}^2/M_{Pl}^4$ these black holes are extremely weakly interacting, and are unlikely to ever be knocked out of extremality once they reach it [41]. For example, the last time that a typical primordial 10⁹ g Schwarzschild black hole would have even encountered a cosmic microwave background (CMB) photon was well before recombination [41]; see Fig. 3.

III. EKBHS AS DARK MATTER

The formation of black holes during the early Universe has been a rich area of study with many proposed mechanisms [42–56]. One common mechanism for the formation of these primordial black holes (PBHs) comes from density perturbations in the early Universe [2,51,57–69]. A black hole will form if the density of the perturbed region reaches some critical density δ_c . The resulting BH mass will be proportional to the horizon mass [6]

$$M_H \sim 5 \times 10^{20} M_{\rm Pl} \left(\frac{t}{10^{-23} \ \rm s} \right)$$
 (15)

In order for EKBHs to be the dark matter, and in order not to disturb BBN, they need to have been in place before the temperature of the Universe has fallen to 1 MeV, when $M_H \sim 5 \times 10^{43} M_{\rm Pl}$. However, since a BH will only evaporate through Hawking emission when its Hawking temperature is greater than the ambient temperature [21,70], the initial black holes must be light enough that $T_H(M_i) \gg$ 1 MeV, i.e., $M_i \ll 5 \times 10^{20} M_{\rm Pl}$. The upper limit on M_i is lowered even more due to the decay lifetimes τ of EKBHs being constrained to less than 1 second. Thus $M_i \leq 10^{13} M_{\rm Pl}$.

Naively one might then simply solve for the initial number density of black holes n_{BH}^{i} required to constitute all of the dark matter using

$$n_{\rm BH}^{i} = \frac{\Omega_{\rm DM}\rho_c}{P_{\rm ext}\bar{M}}(1+z_i)^3 \tag{16}$$

where the current average density of dark matter is $\rho_{\rm DM} = \Omega_{\rm DM} \rho_c \simeq 2.5 \times 10^{-30} \text{ g/cm}^3$, z_i is the redshift of BH formation, $P_{\rm ext} \approx 0.11$ is the probability of a primordial black hole becoming extremal, and $\bar{M} \approx 10^{-5}$ g is the average mass of the EKBH that ultimately remains after BH decay. For EKBHs made at $t = 10^{-22}$ s after the big

bang, the initial number density of black holes is $n_{\rm BH}^i = 2.27 \times 10^{12} \,{\rm cm}^{-3}$. Before these black holes become extremal, however, they radiate away almost all their mass and contribute to the overall radiation energy density of the Universe.²

$$\frac{\mathrm{d}\rho_{\mathrm{rad}}}{\mathrm{d}t} = -\frac{\mathrm{d}M_{\mathrm{BH}}}{\mathrm{d}t} n_{\mathrm{BH}}^{i} \left(\frac{a}{a_{i}}\right)^{-3} - 4\rho_{\mathrm{rad}}\left(\frac{\dot{a}}{a}\right) \qquad(17)$$

where

$$-\frac{\mathrm{d}M_{\mathrm{BH}}}{\mathrm{d}t} = \sigma A_{\mathrm{BH}} T_{\mathrm{BH}}^4 \tag{18}$$

is the energy radiated away from the black hole.

Because decaying BHs remain nearly-Schwarzschild (i.e., $a_*^2 \ll 1$) throughout their lifetime until nearly their final moments, and because each Hawking particle typically reduces the mass by only a small fraction (i.e., $T_{\rm BH} \ll M_{\rm BH}$), we can approximate the time evolution of the BH mass as nearly the expected evolution of the mass. For a Schwarzschild BH, this gives

$$M_{\rm Schw}(t) = \left[M_{\rm Schw}^3(t_i) - \frac{M_{\rm Pl}^4}{5120\pi}(t-t_i)\right]^{1/3} \quad (19)$$

To find $\rho(t)$, we utilize the Friedmann equation

$$\left(\frac{-\dot{T}}{T}\right)^2 = \frac{8\pi}{3M_{\rm Pl}^2}(\rho_{\rm rad} + \rho_{\rm m}),\tag{20}$$

where we used $a/a_0 = T_0/T$. Taking the time derivative of both sides

$$\frac{\ddot{T}}{T} - 3\left(\frac{\dot{T}}{T}\right)^2 = -\frac{4\pi}{3M_{\rm Pl}^2} M_{\rm BH}(t) n_{\rm BH}^i \left(\frac{T}{T_i}\right)^3.$$
 (21)

Solving Eq. (21) numerically gives T(t) for $t < \tau$, enabling us to find $\rho_{rad}(t = \tau)$, as a function of the initial mass and number density of the black holes. (For simplicity we assume that all the black holes were formed at the same time with a unique mass.)

$$1 = \frac{\rho_{\rm m}(t_{\rm eq})}{\rho_{\rm rad}(t_{\rm eq})} \simeq \frac{\rho_{\rm BH}(t=\tau)}{\rho_{\rm rad}(t=\tau)} \frac{1+z_{\tau}}{1+z_{\rm eq}}$$
(22)

where we have substituted in ρ_{BH} for ρ_m since the matter energy density is dominated by the energy density from DM. Equation (22) is then used to find the values for n_i that satisfy the equality.



FIG. 4. The evolution of $\rho_{\rm BH}(t)/\rho_{\rm rad}(t)$ as black holes formed at $t_i = 10^{-15}$ s with an initial mass M_i evaporate. Here $\rho_{\rm rad}$ is taken to be the radiation energy density in a radiation-dominated Universe (with the 106.75 effective relativistic degrees of freedom of the Standard Model at high temperature).

For a single set of black holes made at time $t = 10^{-15}$ s, the behavior of $\rho_{\rm BH}/\rho_{\rm rad}$ as the black holes evaporate is shown in Fig. 4.

IV. CONCLUSIONS AND CONSIDERATIONS

We have shown that the biased random walk of a black hole's angular momentum can result in extremal Kerr black holes when the mass of these black holes is initially of order $M_{\rm Pl}$. If the minimum mass of a stable black hole is $M_i < 10^{13} M_{\rm Pl}$, then of the initial number of black holes simulated around 21.70% become extremal Kerr black holes with average mass $\bar{M} = 1.3 M_{\rm Pl}$. Using this percentage and average mass, we have calculated the initial density, as a function of initial mass, of EKBHs needed to be the dark matter in the Universe today.

For our analysis, however, we have considered that the contribution of the black hole entropy is only due to the outer horizon of the Kerr black holes. References [71,72] show that the inner horizon of black holes effects the entropy of the black hole, ultimately resulting in the temperature of a black hole being only proportional to mass. This will make all black holes with inner horizons radiate like a Schwarzschild black hole, making them unstable. In [18], it is argued that waves incident on black hole horizons undergo super-radiance and take away energy from the black hole. This would also cause the EKBH to radiate and make them unsatisfactory as dark matter candidates. However, the calculation of [18] assumed a single isolated EKBH, whereas dark matter of mass $\mu M_{\rm Pl}$ would have a cosmological average abundance of $2/\mu \times 10^{-19}$ cm⁻³, and thus a mean separation of just ~15 km. Their individual Kerr metrics would dominate the instantaneous local geometry at most over that distance.

²For simplicity, we will take the number of effective relativistic degrees of freedom of the Universe to always be equal to the number for the Standard Model of particle physics at high temperature, 106.75.

The prospect that the dark matter is stabilized by its own many-body effects is intriguing.

While EKBHs are a good candidate for the dark matter in the Universe, they are a troubling candidate. Their small geometric cross section is a double-edged sword: while this ensures the stability of EKBH's due to their low interaction rate with other objects in the Universe, it also means that detecting such dark matter would also be extremely difficult, though perhaps not impossible [9,40,73–75].

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APPENDIX: APPROXIMATING THE EXTREMAL MASS DISTRIBUTION

We want to approximate analytically the distribution of extremal black hole masses that emerges from the numerical evolution of an ensemble of EKBH's (blue dots in Fig. 1). The evolution of a black hole is driven by two stochastic processes: the random decrease in the black hole's mass, and the biased random walk of the black hole's angular momentum.³

Note that for convenience, in this appendix we set $M_{\rm Pl} = 1$ in addition to $\hbar = c = k = 1$, and take the minimum mass of a black hole to be $M_{\rm cut} = 1$.

1. Approximating the mass trajectory

We start by defining an affine parameter λ that increases monotonically as the black hole decays. The black hole starts out at $\lambda = 0$ with mass $M(0) = M_0$ and angular momentum J(0) = 0.

Our first approximation is related to the evolution of the mass of the black hole $M(\lambda)$. Though this evolution is stochastic in the simulations, $M(\lambda)$ stays in the vicinity of a deterministic curve $\overline{M}(\lambda)$, with only small discrepancies until near the end of the evolution. For the majority of the black hole's Hawking process evolution, $M(\lambda) \gg 1$, hence $T(\lambda) \ll M(\lambda)$. Also $|a_{\star}(\lambda)| = |J(\lambda)/M^2(\lambda)| \ll 1$, so the black hole is nearly Schwarzschild.

The individual decrements in $M(\lambda)$, $\delta M(\lambda)$, are each stochastic draws from a black body distribution of

temperature $T(\lambda)$. However, since a large number of these decrements are needed to substantially decrease $M(\lambda)$, the stochasticity of $\delta M(\lambda)$ gets averaged out as seen in Fig. 5. We can thus replace the stochastic mass decrement by a deterministic Schwarzschild approximation:

$$\delta \bar{M}(\lambda) \approx \gamma \bar{T}(\lambda),$$
 (A1)

where

$$\gamma = \frac{\pi^4}{30\zeta(3)}$$
 and $\bar{T}(t) = \frac{1}{8\pi\bar{M}(t)}$.

This deterministic approximation Eq. (A1) for the black hole mass decrement allows us to define λ in such a way that $\overline{M}(\lambda)$ obeys a simple differential equation:

$$\frac{\mathrm{d}M(\lambda)}{\mathrm{d}\lambda} = \frac{\gamma}{8\pi\bar{M}(\lambda)},\tag{A2}$$

which has the solution

$$\bar{M}(\lambda) = M_0 \sqrt{1 - \frac{\gamma \lambda}{4\pi M_0^2}}.$$
 (A3)

We will always restrict ourselves to $\lambda < 4\pi M_0^2/\gamma$, so that $\overline{M}(\lambda)$ as given by Eq. (A2) is real and positive.

We can easily relate the affine parameter λ to the time *t*, because for a Schwarzschild black hole Eq. (3) gives

$$\frac{\mathrm{d}\bar{M}}{\mathrm{d}t} = -\frac{1}{15360\pi} \frac{1}{\bar{M}^2}.$$
 (A4)

Comparing to Eq. (A1)

$$\frac{\mathrm{d}\lambda}{\mathrm{d}t} = 1920\pi^2 \gamma M_0 \sqrt{1 - \frac{\gamma\lambda}{4\pi M_0^2}},\tag{A5}$$

so that

$$t(\lambda) = \frac{M_0}{240\pi\gamma^2} \left[1 - \sqrt{1 - \frac{\gamma\lambda}{4\pi M_0^2}} \right].$$
 (A6)

Near the end of the black hole's evolutionary trajectory, the mass decrements are no longer small compared to the black hole mass, and it is no longer necessarily the case that $|a_{\star}(\lambda)| \ll 1$, indeed for an EKBH we have $|a_{\star}(\lambda)| \rightarrow 1$. There are therefore noticeable differences between the actual $M(\lambda)$ and $\overline{M}(\lambda)$. However, in order to enable an analytical approach, we will ignore these differences and assume $M(\lambda) \approx \overline{M}(\lambda)$.

³In principle, we should add a third random process—the random walk of the black hole's electromagnetic charge. Indeed, to really understand the formation of extremal black holes near the Planck mass we might rightly consider the random walk of all the black hole's $SU(3) \times SU(2) \times U(1)$ gauge charges, however we defer those complications to future considerations.



FIG. 5. The average mass values of 488 EKBH trajectories plotted against Eq. (A3).

2. Trajectory end time distribution

Unlike the evolution of the black holes mass, the evolution of the angular momentum cannot be approximated as deterministic. With each photon emission, the spin *J* changes by ± 1 with probability given by (11), which we can rewrite in terms of the probability to emit a photon with spin up (+1) or down (-1):

$$\rho_{\uparrow}(J,M) = \begin{cases} \frac{(J-M^2)^2}{2M^4} & J \ge 0\\ \frac{(J-M^2)^2 - 2J^2}{2M^4} & J < 0 \end{cases}$$
(A7)

$$\rho_{\downarrow}(J,M) = 1 - \rho_{\uparrow}(J,M) \tag{A8}$$

In the simulations, the black hole evolutionary trajectory starts with J = 0 at $\lambda = 0$ and ends at some λ_f when $|J| \ge M^2$ (or M = 1). We can study this in the approximation that M changes deterministically as $\overline{M}(\lambda)$. We can model the terminal- λ distribution with a survival probability, $\Sigma(\lambda)$, or the cumulative probability that the spin trajectory has not reached λ_f . This is related to the probability density $\mathcal{P}(\lambda)$ of trajectory termination λ , i.e., λ_f , by

$$\Sigma(\lambda) = 1 - \int_0^\lambda d\lambda' \mathcal{P}(\lambda') \tag{A9}$$

Note that $\Sigma(0) = 1$. If we find $\Sigma(\lambda)$, then $\mathcal{P}(\lambda) = -d\Sigma(\lambda)/d\lambda$. We can then change variables to get the probability density at end times of final masses, $\mathcal{P}(M)$.

The survival probability satisfies

$$\frac{\mathrm{d}\Sigma(\lambda)}{\mathrm{d}\lambda} = -k(\lambda)\Sigma(\lambda),\tag{A10}$$

where $k(\lambda)$ is the rate of loss, or the rate at which a trajectory reaches the end conditions at λ . In other words, the fraction of surviving trajectories will be diminished by

 $k(\lambda)\Sigma(\lambda)$ in times between λ and $\lambda + d\lambda$. With the boundary conditions specified above,

$$\Sigma(\lambda) = \exp\left(-\int_0^\lambda d\lambda' k(\lambda')\right), \qquad (A11)$$

and hence

$$\mathcal{P}(\lambda) = -\frac{\mathrm{d}\Sigma(\lambda)}{\mathrm{d}\lambda} = k(\lambda) \exp\left(-\int_0^\lambda \mathrm{d}\lambda' k(\lambda')\right). \quad (A12)$$

We are only interested in $\lambda < \lambda_{\text{max}} = (4\pi/\gamma)(M_0^2 - 1)$, so that $\overline{M}(\lambda) > 1$. Because only about 21% of trajectories end up as extremal, we can approximate the exponential term in (A12) with 1.

In the code, the condition of extremality is $|J| \ge M^2$, if the final spin jump occurs between increment λ and $\lambda + \delta \lambda$ the mass that determines ρ_{\uparrow} is the mass $M(\lambda) \approx \overline{M}(\lambda)$ and not $\overline{M}(\lambda + \delta \lambda)$. To distinguish these two slightly different masses, we will denote the ultimate mass as M_{ext} , and the penultimate mass as $\widetilde{M}(M_{\text{ext}})$. The expected difference between them is

$$d\bar{M}(\tilde{M}) = \gamma \bar{T}(\tilde{M}) = \frac{\gamma}{8\pi \tilde{M}}$$
(A13)

Thus

$$\tilde{M}(M_{\rm ext}) = M_{\rm ext} + \frac{\gamma}{8\pi\tilde{M}}.$$
 (A14)

so that

1

$$\tilde{M}(M_{\text{ext}}) = \frac{1}{2} \left(M_{\text{ext}} + \sqrt{M_{\text{ext}}^2 + \frac{\gamma}{2\pi}} \right) \quad (A15)$$

We can determine $\lambda(M_{ext})$ from (A3), which we write as

$$\lambda(M_{\rm ext}) = \frac{4\pi}{\gamma} (M_0^2 - M_{\rm ext}^2) - 1.$$
 (A16)

Using the change of variable theorem for probability densities, the distribution of final masses $P(M_{ext})$ is

$$P(M_{\text{ext}}) = \left| \frac{\mathrm{d}\lambda}{\mathrm{d}M_{\text{ext}}} \right| \mathcal{P}(\lambda(M_{\text{ext}})) \approx \frac{8\pi M_{\text{ext}}}{\gamma} k(\lambda(M_{\text{ext}})). \quad (A17)$$

3. Approximating the trajectory loss rate

There are two major contributions to the loss function $k(\lambda)$ at late λ : (i) the spin $J = \lfloor M_{\text{ext}}^2 \rfloor$, and the angular momentum increases $J \rightarrow J + 1$; (ii) the spin $J = -\lfloor M_{\text{ext}}^2 \rfloor$, and the angular momentum decreases $J \rightarrow J - 1$. By symmetry, both of these contributions have the same probability, so we can focus on the positive spin case and multiply by a factor of 2.

Since M_{ext} is slightly smaller than \tilde{M} , we know that $\lfloor M_{\text{ext}}^2 \rfloor \leq \lfloor \tilde{M}^2 \rfloor$, with the two floor values usually equal. However there are narrow ranges of λ when $\lfloor \tilde{M}^2 \rfloor = \lfloor M_f^2 \rfloor + 1$, and in these ranges J can go as high as $\lfloor \tilde{M}^2 \rfloor$. During these times, we also have possible transitions from $J = \lfloor \tilde{M}^2 \rfloor \rightarrow \lfloor \tilde{M}^2 \rfloor + 1$ that would end the trajectory (and their negative spin counterparts). However, as we will see below, the probability of being at $J = \lfloor \tilde{M}^2 \rfloor = \lfloor M_{\text{ext}}^2 \rfloor + 1$ will be much smaller than $J = \lfloor M_{\text{ext}}^2 \rfloor$, so we can safely ignore the contribution of these transitions.

Thus the loss rate $k(\lambda)$ can be expressed as:

$$k(\lambda) = 2p_{\lambda}(J = \lfloor M_{\text{ext}}^2 \rfloor)\rho_{\uparrow}(J = \lfloor M_{\text{ext}}^2 \rfloor, \tilde{M})$$

= $p_{\lambda}(J = \lfloor M_{\text{ext}}^2 \rfloor) \frac{(\lfloor M_{\text{ext}}^2 \rfloor - \tilde{M}^2)^2}{\tilde{M}^4}.$ (A18)

 $\rho_{\rm up}$ is given by (11), and $p_{\lambda}(J)$ is the probability to be at spin J at affine parameter λ . The spin dynamics can be seen as a discrete random walk under a force $\rho_{up} - \rho_{down}$ that is approximately given by $-2J/\bar{M}^2(\lambda)$ for small J. This acts like a Hookean restoring force, biasing the walk toward J = 0. Since $\overline{M}^2(\lambda)$ decreases with λ , the effective spring constant gradually increases. Because the change in $\overline{M}(\lambda)$ per λ increment is small, and the fraction of trajectories lost per λ step is also small, we will assume the system is roughly in quasiequilibrium. In other words, we will approximate $p_{\lambda}(J)$ by the equilibrium distribution of J that would have occurred if the mass was fixed at a value $M = \overline{M}(\lambda)$, and the boundary conditions at the smallest and largest allowed spin values were reflecting rather than absorbing. If the spin dynamics were a continuous Wiener process, this equilibrium distribution under a Hookean force would be a Gaussian. In the actual system the discreteness of the dynamics complicates matters and prevents a simple closed form solution. However inspired by the continuum case, we will assume a Gaussian ansatz, $p_{\lambda}(J) \propto \exp(-E_{\lambda}(J))$, where $E_{\lambda}(J) = E_{\lambda}(0) + \nu(\bar{M}(\lambda))J^2$ for some function $\nu(M)$.

In Fig. 6, we show simulation results for three different fixed values of the mass, where the points represent $E(J) = -\log p(J)$ from the numerically determined equilibrium distribution p(J) (under reflecting boundary conditions). In each case a parabola (red curve) provides an excellent fit, validating the Gaussian ansatz. Note that the spin dynamics has the property that if J = 0 at $\lambda = 0$ then only even values of J are possible at even steps in λ , and odd values of J at odd steps in λ . Thus, strictly speaking, the distribution forever oscillates between even and odd values from λ -step to λ -step. We simplify the situation by averaging over both even and odd λ -steps, which gives an approximately Gaussian stationary distribution.

To find an expression for $\nu(M)$, we note that the stationary distribution should satisfy local detailed balance: in equilibrium the probability of observing a transition from J to J + 1 should be the same as the probability of observing a transition from J + 1 to J. Namely,

$$p_{\lambda}(J)\rho_{\uparrow}(J,M) = p_{\lambda}(J+1)\rho_{\downarrow}(J+1,M).$$
(A19)

where $M = \overline{M}(\lambda)$. This in turn implies that

$$\frac{p_{\lambda}(J+1)}{p_{\lambda}(J)} = \frac{(M^2 - J)^2}{M^4 + 2(J+1)M^2 - (J+1)^2}$$
(A20)

for $0 \le J < \lfloor M^2 \rfloor$. We can thus solve for the successive differences

$$E_{\lambda}(J+1) - E_{\lambda}(J) = \ln\left[\frac{M^4 + 2(J+1)M^2 - (J+1)^2}{(M^2 - J)^2}\right]$$
(A21)



FIG. 6. Results of spin dynamics simulations at three different fixed mass values, with reflecting boundary conditions at the smallest and largest possible values of the spin, averaged over both even and odd time steps. The points show $E(J) = -\log p(J)$, where p(J) is the distribution of spin values. The curves show parabolic fits to the simulation data.



FIG. 7. Estimates of $\nu(M)$ based on spin dynamics simulations (points) versus the analytical expression in Eq. (A22) (blue curve).

for $0 \le J < \lfloor M^2 \rfloor$. To estimate $\nu(M)$ we only need to know $E_{\lambda}(1) - E_{\lambda}(0) = \nu(M)$, and hence plug in J = 0 into Eq. (A21) to find

$$\nu(M) = \ln\left[\frac{M^4 + 2M^2 - 1}{M^4}\right].$$
 (A22)

Since $E_{\lambda}(J)$ is not exactly parabolic, different choices of J would give somewhat different estimates of $\nu(M)$, but the J = 0 expression is the simplest, and works well compared to the numerics. In Fig. 7 we show $\nu(M)$ from Eq. (A22)

versus numerical estimates (based on the same type of simulations as in Fig. 6).

With proper normalization, the expression for $p_{\lambda}(J)$ is given by

$$p_{\lambda}(J) = \frac{e^{-\nu(M)J^2}}{\sum_{J'=-\lfloor M^2 \rfloor}^{\lfloor M^2 \rfloor} e^{-\nu(M)J'^2}} \approx \sqrt{\frac{\nu(M)}{\pi}} e^{-\nu(M)J^2}, \qquad (A23)$$

where we have approximated the sum in the denominator by an integral over J', letting the bounds go to $\pm \infty$ since the contribution from the Gaussian tails is negligible.

4. Analytical expression for final mass distribution

Putting together Eqs. (A17), (A18), and (A23), we get an expression for the final mass distribution

$$P(M_{\text{ext}}) = \frac{8\sqrt{\pi}}{\gamma} M_{\text{ext}} \sqrt{\nu(\tilde{M})} \left(1 - \frac{\lfloor M_{\text{ext}}^2 \rfloor}{\tilde{M}^2}\right)^2 e^{-\nu(\tilde{M})\lfloor M_{\text{ext}}^2 \rfloor^2},$$
(A24)

where $\nu(\tilde{M})$ is given by Eq. (A22) and $\tilde{M}(M_{\text{ext}})$ is given by Eq. (A15). Note that since $P(M_{\text{ext}})dM_{\text{ext}}$ is the probability of a black hole having a final mass between M_{ext} and $M_{\text{ext}} + dM_{\text{ext}}$, the integral $\int_{1}^{\infty} P(M_{\text{ext}})dM_{\text{ext}}$ gives the overall probability of a black hole becoming extremal. The integral can be evaluated numerically to give a value of 21.1% for this probability.

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