Current small-scale CMB constraints to axionlike early dark energy

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The south pole telescope (SPT) SPT-3G 2018 cosmic microwave background (CMB) data set (temperature and polarization) is used to place constraints on an axionlike model of early dark energy (EDE). These data do not favor axionlike EDE and place an upper limit on the maximum fraction of the total energy density $f_{\rm EDE}$ < 0.172 (at the 95% confidence level, C.L.). This is in contrast with Atacama Cosmology telescope's (ACT) fourth data release (DR4) which gives $f_{EDE} = 0.150^{+0.050}_{-0.078}$. When combining CMB measurements with measurements of the baryon acoustic oscillations and luminosity distance to type Ia supernovae, we show that the tension with the $SH₀ES$ measurement of the Hubble parameter goes up from 2.6 σ with Planck to 2.9 σ with Planck + SPT-3G 2018. The additional inclusion of ACT DR4 data leads to a reduction of the tension to 1.6σ , but the discrepancy between ACT DR4 and $Planck + SPT-3G$ 2018 casts some doubt on the statistical consistency of this joint analysis. The importance of improved measurements of the CMB at both intermediate and small scales (in particular, the shape of the damping tail) as well as the interplay between temperature and polarization measurements in constraining EDE are discussed. Upcoming ground-based measurements of the CMB will play a crucial role in determining whether EDE remains a viable model to address the Hubble tension.

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I. INTRODUCTION

Since the turn of the millennium, we have been living in the age of "precision cosmology" [[1\]](#page-13-0). Measurements of the cosmic microwave background (CMB), the clustering of large scale structure—and, in particular, the baryon acoustic oscillations (BAO), type Ia supernovae (SNeIa), and the primordial abundance of light elements produced during big bang nucleosynthesis have largely confirmed the core cosmological model. This model consists of baryons, photons, neutrinos, cold dark matter, and a cosmological constant $(Λ)$, i.e., " Λ CDM." By performing fits to a suite of high precision data sets, we are able to obtain percent-level precision in estimates of the values of the six free cosmological parameters of the models (see, e.g., Ref. [\[2\]](#page-13-1)).

As our measurements have become increasingly sensitive, a few hints of potential cracks in ΛCDM have recently appeared. The most significant of these is a mismatch between "direct" (i.e., kinematical) measurements of the current expansion rate—known as the Hubble constant, H_0 —and the "indirect" (i.e., dynamical) measurements of H_0 inferred through observations that depend on a detailed model of the cosmological dynamics. For a flat ΛCDM cosmology, using Cepheid variable calibrated SNeIa absolute luminosities (i.e., SH_0ES [[3](#page-13-2)]) and the value of H_0 inferred from Planck [[4](#page-13-3)] gives a ∼10% discrepancy with a $~\sim$ 5 σ statistical significance. Other indirect probes, such as measurements of the BAO, are consistent with the value of H_0 inferred from CMB data. There is a larger spread of values from various direct probes, but all of them are larger than those from indirect probes (see, e.g., Ref. [[5](#page-13-4)]). Intense experimental efforts are making it increasingly unlikely that a single source of systematic error could be responsible for these discrepancies (see, e.g., Ref. [\[6\]](#page-13-5) for a recent discussion). This clearly motivates the need to look for a possible explanation of this tension via some physics beyond ΛCDM, with the wealth of high-precision cosmological data at our disposal.

Several extensions of ΛCDM which address the Hubble tension have been proposed (for reviews see Refs. [[7](#page-13-6)[,8\]](#page-13-7)). Attempts to modify the late expansion history to ease the Hubble tension run into the fact that luminosity distances to SNeIa and BAO span a wide range of redshifts [\[9](#page-13-8)–[11](#page-13-9)]. On the other hand, modifications to the energy budget of the prerecombination universe has had some success at easing

FIG. 1. A triangle plot summarizing our main results. The combination of the Planck temperature power spectrum restricted to multipoles $\ell \leq 650$ ("PTT650," which is statistically equivalent to WMAP [\[23\]](#page-13-22)) and SPT-3G 2018 limits EDE to nearly the same extent as the full Planck data set. This is in contrast with ACT DR4 which shows a strong preference for EDE. The combination of PTT650 + SPT-3G 2018 + ACT DR4 is shown in orange. The gray bands correspond to the SH_0ES + Pantheon $+$ determination of the Hubble constant [\[3](#page-13-2)].

the Hubble tension. One such model which has stood out is an axionlike early dark energy (EDE) [[12](#page-13-10)–[14](#page-13-11)]. This model augments ΛCDM with a cosmological scalar field which is initially held fixed in its potential by Hubble friction, becomes dynamical around matter-radiation equality (i.e., with a mass parameter of order 10^{-28} eV [[15](#page-13-12)]), and then dilutes faster than matter. The presence of this field briefly increases the Hubble parameter leading to a decrease in the sound horizon which, in turn, increases the value of H_0 inferred from CMB and BAO data. For a thorough review of the original proposal and subsequent improvements and analyses, we refer to Refs. [[16](#page-13-13),[17](#page-13-14)].

Past investigations of EDE with CMB data have led to a mixed picture: on the one hand, *Planck* CMB measurements place an upper limit on the EDE energy density with a correspondingly small change to the posterior distribution for the Hubble constant ($H_0 = 67.34^{+0.59}_{-0.65}$ km/s/Mpc → $H_0 = 68.51_{-1.4}^{+0.76}$ km/s/Mpc). On the other hand, CMB measurements from Atacama Cosmology telescope's (ACT) fourth data release (DR4) (temperature and polarization), alone or in combination with Wilkinson Microwave Anisotropy Probe (WMAP), Planck polarization and the south pole telescope (SPT) SPT-3G 2018 polarization data lead to $H_0 = 74.2^{+1.9}_{-2.1}$ km/s/Mpc with a $\gtrsim 3\sigma$ preference for EDE [\[15](#page-13-12)]. The inclusion of the full Planck temperature power spectrum moves the inferred value of H_0 nearly back to its Λ CDM value, and the contribution of EDE is compatible with zero at 1σ . However, previous work has shown that part of the apparent constraining power from Planck is due to prior volume effects [[18](#page-13-15)–[20](#page-13-16)]. The difference between analyses of Planck and ACT DR4 motivates further investigation with an independent CMB data set, such as SPT-3G 2018.

Since these previous analyses were published, the SPT-3G 2018 temperature likelihood was made public [[21](#page-13-17)]. Here we explore how the SPT-3G 2018 temperature power spectrum constrains $EDE¹$ Our main result is shown in Fig. [1,](#page-1-0) where we display the posterior distributions for the Hubble constant, H_0 , and the maximum fraction of the total energy density in EDE, f_{EDE} . There we can see that both *Planck* and PTT650 + SPT-3G 2018² show no preference for EDE, whereas $PTT650 + ACT DR4$ shows a significant preference [\[15](#page-13-12)[,24,](#page-13-18)[25](#page-13-19)]. Taken at face value, it supports the idea that the hint of EDE in ACT DR4 may be a statistical fluctuation, or a systematic error. The combination of ACT DR4 and SPT-3G 2018 data reduces the preference for EDE over ΛCDM, when compared to ACT DR4 alone.

The rest of the paper is organized as follows: In Sec. [II](#page-1-1) we describe our analysis setup and the various data sets we have used. In Sec. [III](#page-2-0) we present constraints from *Planck*, ACT DR4, and SPT-3G 2018 on both ΛCDM and EDE, and highlight the role of the small angular scale measurements of the CMB power spectra in breaking parameter degeneracies. We also explore constraints on EDE from the temperature power spectrum (TT) and polarization power spectra (TE/EE) separately, finding that when taken individually, they lead to no significant constraints on EDE, but exhibit a mild disagreement at the \sim 2.5 σ level, at the origin of the constraints on EDE from SPT. In Sec. [IV,](#page-8-0) we include non-CMB data sets, and obtain the most up-to-date constraints to EDE from a combination of cosmological data and quantify the ability for EDE to resolve the Hubble tension when using the different CMB data sets. We give our conclusions in Sec. [V.](#page-9-0) Appendix [A](#page-10-0) provides a comparison between new and old SPT-3G 2018 results. All relevant χ^2 statistics and additional triangles plots are provided in Appendix [B](#page-11-0).

Note that for the rest of the paper we use the "reduced" Hubble parameter, $h \equiv H_0/(100 \text{ km/s/Mpc}).$

II. ANALYSIS METHOD AND DATA SETS

To evaluate the cosmological constraints we perform a series of Markov-chain Monte Carlo (MCMC) runs using either MontePython-v 3^3 [\[26,](#page-13-20)[27\]](#page-13-21) or CosmoMC,⁴

¹A recent study [\[22\]](#page-13-23) performed an analysis of a model of Early Modified Gravity (EMG) with some similarities to the EDE model in light of the same datasets. Ref. [[22](#page-13-23)] reports a preference for EMG at $\sim 2\sigma$ in a combined analysis of Planck + SPT-3G $2018 + ACT DR4$ driven (mostly) by ACT DR4, but a residual 3σ tension with SH₀ES.

 2 PTT650' refers to the *Planck* temperature power spectrum restricted to $\ell \leq 650$. This subset of the full *Planck* data set is statistically equivalent to WMAP [[23](#page-13-22)].

³[https://github.com/brinckmann/montepython_public.](https://github.com/brinckmann/montepython_public) [https://github.com/cmbant/CosmoMC.](https://github.com/cmbant/CosmoMC)

interfaced with versions of either $CLASS^5$ [\[28,](#page-13-24)[29\]](#page-13-25) or CAMB, respectively, which have been modified to solve for the dynamics of an oscillating cosmological scalar field. CosmoMC was used only when analyzing the SPT-3G 2018 temperature and polarization separately. We have confirmed that the EDE CMB power spectra computed in CAMB and CLASS agree to better than a fractional difference of 0.001. We make use of a Metropolis-Hasting algorithm and for analyses that include Planck large-scale measurements of the E-mode polarization we use uninformative flat priors on $\{\omega_h, \omega_{\text{cdm}}, h\}$ $ln(10^{10}A_s), n_s, \tau_{reio}$; for analyses that do not include the Planck large-scale CMB E-mode power spectrum, we use a Gaussian prior on $\tau_{\text{reio}} = 0.0540 \pm 0.0074$ [\[21\]](#page-13-17).⁶
We adopt the *Planck* collaboration convention

We adopt the *Planck* collaboration convention in modeling free-streaming neutrinos as two massless species and one massive with $m_{\nu} = 0.06$ eV [[4\]](#page-13-3) and use the standard pivot scale, $k_p \equiv 0.05$ Mpc⁻¹. We use Halofit to estimate the nonlinear matter clustering [[30\]](#page-13-26). We consider chains to be converged using the Gelman-Rubin [\[31\]](#page-13-27) criterion $|R-1| \lesssim 0.05$.⁷ To analyze the chains and produce our figures we use GetDist [321] and we obtain the minimal x^2 figures we use GetDist [\[32\]](#page-13-28), and we obtain the minimal χ^2 values using the same method as employed in Ref. [[7](#page-13-6)].

We make use of the following likelihoods:

- (i) Planck: The Plik low- ℓ CMB temperature and polarization autocorrelations (TT, EE) and the high- ℓ TT/TE/EE data [[33](#page-13-29)]. In some analyses we combine ground-based CMB measurements with a subset of the *Planck* TT power spectrum with $\ell \leq 650$, which we denote by PTT650. This subset of the Planck data has been shown to be in statistical agreement with the WMAP [[23](#page-13-22)]. We take this agreement between two independent instruments/ pipelines as evidence that this subset of the data has negligible systematic errors. When assessing the tension between different data sets we include the gravitational lensing potential reconstruction from Planck 2018 [[34](#page-13-30)].
- (ii) SPT-3G 2018: The most recent SPT-3G 2018 TT/ TE/EE likelihood [[21](#page-13-17)] which includes temperature and polarization power spectra.⁸ When computing the temperature/polarization-only SPT-3G 2018 constraints we use the original likelihood which is incorporated into CosmoMC along with a version of CAMB which solves for the dynamics of EDE. When using the full SPT-3G 2018 data set we use

the likelihood which has been adapted into the clik format paired with the MontePython format.⁹ In order to compare with previous results we also use the previous SPT-3G 2018 TE/EE release [[35](#page-14-0)] which has been adapted into the clik format paired with the MontePython format.¹⁰

- (iii) ACT DR4: The ACT DR4 [\[36\]](#page-14-1) TT/TE/EE likelihood.¹¹ In analyses that include the full *Planck* TT power spectrum, we removed any overlap with ACT DR4 TT up until $\ell = 1800$ to avoid introducing correlations between the two data sets [[37\]](#page-14-2).
- (iv) *BAO*: BAO data from SDSS DR7 at $z = 0.15$ [\[38\]](#page-14-3) and BOSS DR12 at $z = 0.38, 0.51, 0.61$ [[39](#page-14-4)].
- (v) **Pantheon** +: The Pantheon + catalog of uncalibrated luminosity distance of SNeIa in the range $0.01 < z < 2.26$ [[3](#page-13-2)].
- (vi) M_b : A Gaussian prior from the late-time measurement of the absolute calibration of the SNeIa from $SH_0ES, M_b = -19.253 \pm 0.027$ [\[40\]](#page-14-5), correspond-
ing to $H_0 = (73.04 + 1.04)$ km/s/Mnc in ACDM ing to $H_0 = (73.04 \pm 1.04) \text{ km/s/Mpc}$ in Λ CDM.
"axionlike" EDE model consists of a minimally

The "axionlike" EDE model consists of a minimally coupled cosmological scalar field, ϕ , with a canonical kinetic term and a potential of the form [\[14\]](#page-13-11)

$$
V(\phi) = m^2 f^2 (1 - \cos \phi / f)^3.
$$
 (1)

When constraining the EDE cosmology we vary three additional parameters: the logarithm of the redshift at which the EDE component contributes its maximum fraction of the total energy density, $log_{10} z_c \in [3, 4]$, the value of this maximum fraction, $f_{\text{EDE}} \equiv \rho_{\text{EDE}}(z_c)$ $\rho_{\text{tot}}(z_c) \in [0, 0.5]$, and the initial value of the EDE field value, $\phi_i/f \equiv \theta_i \in [0, 3.1]$. We use a shooting algorithm to take the values of $\log_{10} z_c$ and f_{EDE} to find the associated values of m and f . The accuracy settings are chosen to ensure that we resolve the oscillations in the field value in both the background and perturbations.

III. CONSTRAINTS FROM PLANCK, ACT DR4, AND SPT-3G 2018

Measurements of the CMB power spectra give us exquisite information about the acoustic oscillations in the tightly coupled photon-baryon fluid before the photons decoupled [\[58\]](#page-14-6): the angular "wavelength" tells us the angular size of the acoustic horizon at photon decoupling (θ_s) , the relative heights of the peaks tell us the relative density of baryons (ω_b) and cold dark matter (ω_{cdm}) , the broadband shape tells us the overall amplitude (A_s) and slope (n_s) of the primordial curvature perturbations, the angular size of the horizon at matter/radiation equality (θ_{eq}) , and the angular size of the scale at which photon

⁵[https://lesgourg.github.io/class_public/class.html.](https://lesgourg.github.io/class_public/class.html)
⁶Here $\omega = Q_0 h^2$ and $\omega = Q_0 h^2$ are the physi

Here $\omega_b \equiv \Omega_b h^2$ and $\omega_{\text{cdm}} \equiv \Omega_m h^2$ are the physical baryon and cold dark matter energy densities, respectively; A_s is the amplitude of the scalar perturbations, n_s is the scalar spectral index, and $\tau_{\rm reio}$ is the optical depth to reionization.

This condition is chosen because of the non-Gaussian (and sometimes multimodal) shape of the posteriors of the parameters. For all \triangle CDM runs we have $|R - 1| < 0.01$.

[https://pole.uchicago.edu/public/data/balkenhol22/.](https://pole.uchicago.edu/public/data/balkenhol22/)

⁹https://github.com/SouthPoleTelescope/spt3g_y1_dist.
¹⁰[https://pole.uchicago.edu/public/data/dutcher21.](https://pole.uchicago.edu/public/data/dutcher21)
¹¹[https://github.com/ACTCollaboration/pyactlike.](https://github.com/ACTCollaboration/pyactlike)

diffusion causes perturbations to damp away $(\theta_D, i.e.,$ the "Silk" damping tail) [\[41\]](#page-14-7).

Let us recall that the key angular scales at play, namely the angular size of the sound horizon θ_s and the diffusion scale at recombination θ_D , are computed according to the Planck collaboration's conventions [[42](#page-14-8)]:

$$
\theta_s \equiv \frac{r_s(z_*)}{D_A(z_*)},\tag{2}
$$

$$
r_s(z_*) = \int_{z_*}^{\infty} \frac{dz'}{H(z')\sqrt{3(1+R)}},
$$
 (3)

$$
D_A(z_*) = \frac{1}{1+z_*} \int_0^{z_*} \frac{dz'}{H(z')},\tag{4}
$$

$$
\theta_D(z_*) \equiv \frac{\pi}{k_D(z_*) D_A(z_*)},\tag{5}
$$

$$
k_D^{-2} \equiv -\frac{1}{6} \int_{z_*}^{\infty} \frac{dz'}{iH(z')} \frac{R^2 + 16(1+R)/15}{(1+R)^2} \tag{6}
$$

where z_* is the redshift at recombination, $R = 3\rho_b/(4\rho_\gamma)$, and the rate of change of the photon's optical depth can be written $\dot{\tau} = n_e \sigma_T a$, where n_e is the free electron fraction and σ_T is the Thomson scattering cross section. From these equations it is clear that in the EDE cosmology the presence of additional energy density prerecombination, which boosts $H(z)$, directly impacts the sound horizon and damping scale. In addition, the nonzero equation of state and sound speed of the EDE component prevents it from clustering, in turn suppressing the growth of perturbations in the CDM [[17](#page-13-14)].

The CMB has been observed from both satellites and from ground-based observatories. The most precise measurements come from the *Planck* satellite, which extend to angular scales ∼0.07° (multipoles around $2 \le \ell \le 2500$). Ground-based measurements from the ACT and SPT collaborations have higher angular resolution, measuring angular scales up to ~0.04° (300 ≤ ℓ ≤ 4000). For the angular scales which overlap between Planck and these ground-based observatories we gain independent measurements with different systematic uncertainties, for those smaller scales only accessible to the ground-based observatories we gain information about the damping tail as well as a larger lever arm with which to estimate the slope of the primordial curvature perturbations.

In the following discussion we will take the independent cosmological parameters to be ω_{cdm} , ω_b , A_s , n_s , θ_s , and $\tau_{\rm reio}$. Since θ_s is so well measured from the data when we compute parameter degeneracies we fix it to its ΛCDM *Planck* best fit value $100\theta_s = 1.041085$ [\[4\]](#page-13-3).

A. Constraints on ΛCDM

Within ΛCDM there is an important complementarity between intermediate scale measurements of the CMB which do not include information about the damping tail (i.e., $\ell \lesssim 1000$) and measurements which extend to smaller scales (e.g., Ref. [[43](#page-14-9)]).

Requiring that the shape of the damping tail remains relatively unchanged, one obtains the correlation

$$
\frac{\delta \theta_D}{\theta_D} \simeq 0.2 \frac{\delta n_s}{n_s}.\tag{7}
$$

This can be simply understood by noting that an increase in θ_D causes the damping to start on larger scales leading to a decrease in the small-scale amplitude; similarly, for $l \gtrsim 500$ (i.e., $k > k_p = 0.05$ Mpc⁻¹) an increase in n_s leads to an increase in the small-scale amplitude. This implies that θ_D and n_s will be positively correlated (see also Ref. [[43](#page-14-9)]). In addition we can use Eq. [\(5\)](#page-3-0) to relate θ_D to ΛCDM parameters:

$$
\frac{\delta\theta_D}{\theta_D} \simeq -0.2 \frac{\delta\omega_b}{\omega_b} - 0.015 \frac{\delta\omega_{\text{cdm}}}{\omega_{\text{cdm}}}.\tag{8}
$$

Note that since ω_{cdm} contributes to the expansion rate before and after recombination it causes $k_D(z_*)$ to increase and $D_A(z_*)$ to decrease, leading to a small overall effect on θ_D . Given the relatively small uncertainty in ω_{cdm} when determined from these data sets it makes a negligible contribution to the variation of θ_D . Combining these we find that the small scale data gives a negative correlation between n_s and ω_b ,

$$
\frac{\delta n_s}{n_s} \simeq -\frac{\delta \omega_b}{\omega_b}.\tag{9}
$$

This indicates that on its own, a measurement of θ_D is not sufficient to break the degeneracy between n_s and ω_b . However, this degeneracy can be broken by adding information from intermediate scales. By requiring that the ratio of the heights of the first (H_1 at $\ell_1 \simeq 215$) and second acoustic peak (H_2 at $\ell_2 \simeq 530$) in the temperature power spectrum remain unchanged, one can derive

$$
\delta \frac{\mathcal{H}_1}{\mathcal{H}_2} \simeq -2 \frac{\delta n_s}{n_s} + 1.4 \frac{\delta \omega_b}{\omega_b} - 0.09 \frac{\delta \omega_{\text{cdm}}}{\omega_{\text{cdm}}},
$$

$$
\frac{\delta_{\pi_2}^{\mathcal{H}_1} = 0}{n_s} \frac{\delta n_s}{\omega_s} \simeq 0.7 \frac{\delta \omega_b}{\omega_b} - 0.045 \frac{\delta \omega_{\text{cdm}}}{\omega_{\text{cdm}}}.
$$
(10)

As in Eq. [\(8\)](#page-3-1) the contribution from variations in the CDM physical density is typically negligible. When using only intermediate data, the parameter dependence of θ_D in Eq. [\(8\)](#page-3-1) combined with Eq. [\(10\)](#page-3-2) gives

$$
\frac{\delta \theta_D}{\theta_D} \simeq -0.3 \frac{\delta n_s}{n_s}.\tag{11}
$$

FIG. 2. The triangle plot showing the one-dimensional (1D) and 2D posterior distributions when fitting a variety of CMB data to ΛCDM. The dashed black lines correspond to the scaling Eqs. [\(10\)](#page-3-2) and [\(11\)](#page-3-4) and the dotted black lines correspond to the scaling in Eqs. [\(7\)](#page-3-3), [\(8\)](#page-3-1), and [\(9\).](#page-3-5)

These scaling relations allow us to see that the sign of the correlation between n_s and ω_b changes when going from intermediate to small scales. This is confirmed by the dashed and dotted lines in Fig. [2](#page-4-0): SPT-3G 2018 and ACT DR4 mainly contain information from the damping tail and show a negative correlation between n_s and ω_b . However, once data sets that include intermediate scale information are considered (i.e., $PTT650 + SPT-3G$ 2018, $PTT650 + ACT DR4$, and *Planck*) the correlation flips to positive. These scaling relations allow us to accurately match the slope of the degeneracies, indicated by the black dashed and dotted lines.

Figure [2](#page-4-0) makes it clear that ACT DR4 is in some tension with both Planck and SPT-3G 2018 under ΛCDM. Several studies have found that Planck and SPT-3G 2018 are statistically consistent, but inconsistent at the \sim 2–3σ level, with ACT DR4 (see, e.g., Refs. [[37](#page-14-2),[44](#page-14-10)]). The ACT collaboration has suggested that this may be due to an unexplained systematic error in the temperature/polarization calibration [[37](#page-14-2)] or due to physics beyond ΛCDM (see, e.g., Refs. [\[15,](#page-13-12)[24,](#page-13-18)[25\]](#page-13-19)).

As pointed out in Ref. [[37](#page-14-2)], one way to see the tension in the ACT DR4 data is in the $\omega_b - n_s$ plane. Unlike ACT DR4 (in light blue), the SPT-3G 2018 constraints (in gray) are in statistical agreement with Planck (in red). When we add low to intermediate scale temperature data from Planck to ACT DR4 (in dark blue) and SPT-3G 2018 (in orange) the constraints considerably tighten, and both are in agreement with the full Planck constraints.

Another way to see the tension between ACT DR4 and *Planck* is to compare their posteriors for θ_D . We find that ACT DR4 gives $100\theta_D = 0.16327 \pm 0.00051$ and *Planck*
gives $100\theta_D = 0.16161 + 0.00019$ a tension of about gives $100\theta_D = 0.16161 \pm 0.00019$ —a tension of about 3.25σ . On the other hand SPT-3G 2018 is consistent with 3.25 σ . On the other hand SPT-3G 2018 is consistent with Planck with $100\theta_D = 0.16202 \pm 0.00051$. When PTT650
is combined with ACT DR4 we see that the posterior is combined with ACT DR4 we see that the posterior distribution for θ_D shifts to smaller values. Given that PTT650 does not directly measure θ_D , this shift is caused by constraints placed on ω_b and n_s which, in turn, pulls the value of θ_D down.

This discussion suggests that a cosmological model which introduces additional freedom in setting the damping scale may better accommodate the ACT DR4 preference for a higher θ_D (leading to higher n_s and smaller ω_b under ΛCDM) while also providing an improved fit to the intermediate scales probed by PTT650. On the other hand, SPT-3G 2018 does not share this preference for a large θ_D indicating that it may not favor the same beyond ΛCDM physics as ACT DR4.

B. Constraints on EDE

Any cosmological model that introduces additional energy density solely before recombination¹² with fixed θ_s generically predicts an increase in θ_D [[17](#page-13-14)], therefore opening the possibility of constraining a generic EDE resolution of the Hubble tension with high angular resolution measurements, such as those from ACT DR4 and SPT-3G 2018.

In Fig. [3](#page-5-0) we show the 2D posterior distributions of $\{h, f_{\text{EDE}}, \omega_b, n_s, 100\theta_D\}$ when analyzing SPT-3G 2018 (left panel) or ACT DR4 (right panel), alone or in combination with PTT650. We compare these posteriors to those obtained when analyzing Planck and the results of these MCMC analyses are reported in Table [I.](#page-6-0) A triangle plot comparing all cosmological parameters reconstructed from the three experiments is provided in Fig. [10](#page-11-1) in the Appendix.

There is a stark difference between the results of analyses of SPT-3G 2018 and ACT DR4. As shown in the left panel of Fig. [3,](#page-5-0) SPT-3G 2018 data alone do not favor EDE and the combination of PTT650 and SPT-3G 2018 provides upper limits on $f_{\text{EDE}} < 0.127$ that are in agreement (albeit weaker) with the full Planck data set, f_{EDE} < 0.091 [[45](#page-14-11)[,46\]](#page-14-12). This is in contrast with the ACT DR4 data, shown in the right panel, which shows a $2 - 3\sigma$ preference for $f_{\text{EDE}} > 0$ with or without PTT650 as reported previously [[15,](#page-13-12)[24](#page-13-18),[25](#page-13-19)].

The constraints to EDE using SPT-3G 2018 (light blue) show a positive correlation between n_s and θ_D , with a slope which is consistent with keeping the amplitude of the small-scale power spectrum fixed (i.e., Eq. [\(7\),](#page-3-3) shown by

 12 In the case of the EDE model we are considering here, this is true as long as $\log_{10} z_c \gtrsim 3.3$.

FIG. 3. A triangle plot showing the 1D and 2D posterior distributions for EDE fits several different CMB data sets. The left panel shows fits including SPT-3G 2018 and the right panel shows fits including ACT DR4. The dotted line shows the expected degeneracy between n_s and ω_b from small-scale CMB data in Eq. [\(7\).](#page-3-3)

the dotted line). The PTT650 constraints (gray) show no correlation between n_s and θ_D . We can also see that the parameter degeneracy between n_s and ω_b for SPT-3G 2018 and PTT650 are nearly orthogonal. The resulting joint constraints tighten the posterior distributions for ω_b , n_s , and θ_D , and the positive correlation between f_{EDE} and θ_D leads to a tighter upper limit on f_{EDE} . It is also interesting to note that the SPT-3G 2018 upper limit on θ_D remains unchanged when we add PTT650, indicating that even in the joint constraints the angular damping scale is being constrained by the small-scale measurements.

In the case of ACT DR4, on the other hand, one can see that the degeneracy between $100\theta_D$ and f_{EDE} is much more pronounced, leading to wider posterior distributions for θ_D and n_s . This improves the overlap with *Planck*, and explains why, once PTT650 is added, the preference for EDE further increases. However, note that the strong negative correlation between θ_D and ω_b in Eq. [\(8\)](#page-3-1) is absent when fit to EDE. As a result, the preference for a lower ω_b seen in ACT DR4 persists despite the presence of EDE and broader θ_D . This leads to a small cost in the fit to the PTT650 data, $(\chi^2_{\text{PTT650}})_{\text{EDE}} - (\chi^2_{\text{PTT650}})_{\text{ACDM}} = 0.59$
with $f_{\text{max}} = 0.11$ and $h = 0.737$ compared to $h = 0.675$ with $f_{\text{EDE}} = 0.11$ and $h = 0.737$ compared to $h = 0.675$. We also note that, unlike for SPT-3G 2018, the upper limit to θ_D changes significantly when we add PTT650 to ACT DR4. This indicates that the joint constraints are not directly probing the angular damping scale, but instead the upper limit on θ_D is driven by constraints on the parameters it depends on.

To understand the difference between ACT DR4 and SPT-3G 2018, it is instructive to look at a comparison between their residuals. Figure [4](#page-6-1) shows the 68% C.L. region of the residuals at each multipole, ℓ , computed from 100 random samples from the MCMC posteriors in both EDE (filled bands) and ΛCDM (dashed lines), taken with respect to the corresponding Planck 2018 best fit ΛCDM power spectra. It is striking that the residuals are noticeably different between SPT-3G 2018 and ACT DR4 (in both EDE and ΛCDM), which is illustrating some level of inconsistency between the two data sets.

For SPT-3G 2018, there is essentially no difference in the residuals when fit to EDE or ΛCDM, confirming the fact that the SPT-3G 2018 data do not favor EDE over ΛCDM. They show a mild decrement at the higher multipoles in TT and EE and are compatible with zero at all multipoles. For ACT DR4, the ΛCDM and EDE residuals also have a qualitatively similar shape in TT and EE, displaying a characteristic "step" around $\ell \approx 1500$ to an enhancement of power, with only small differences in TT and EE at intermediate multipoles ($\ell \sim 500$). The most notable difference is in the temperature/E-mode cross power spectrum (TE) residuals, that oscillate around zero in ΛCDM but are offset from zero in EDE. This agrees with Ref. [[24](#page-13-18)] which found that for this data combination the TE spectrum is the main driver of the preference for EDE.

These residuals can be understood in light of the parameter constraints, although it can appear counterintuitive: at the parameter level the ACT DR4 fit prefers

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FIG. 4. The power spectrum residuals (with respect to the *Planck* 2018 best fit Λ CDM power spectra) for PTT650 + Λ CT DR4 and $PTT650 + SPT-3G 2018$ fit to EDE (filled bands) and ΛCDM (dashed lines). The bands were generated by drawing samples from the MCMC chains and computing the 68% confidence interval at each multipole.

a larger value of θ_D which leads to a *suppression* of power on small scales. This seems to contradict the enhanced power we see in Fig. [4](#page-6-1). However, as listed in Table [I](#page-6-0), the PTT650 + ACT DR4 mean values for A_s and n_s are larger than those for the Λ CDM best fit to *Planck* (A_s^{Λ CDM = than those for the ACDM best fit to Planck $(A_s^{\text{A}} \infty) =$
2.10058 × 10⁻⁹ and $n_s^{\text{ACDM}} = 0.96605$: $\Delta A_s / \sigma_{A_s} \approx 0.4$
and $\Delta n_s / \sigma_{\infty} \approx 1.6$ for ACDM and $\Delta A_s / \sigma_{\infty} \approx 0.5$ and and $\Delta n_s/\sigma_{n_s} \simeq 1.6$ for Λ CDM and $\Delta A_s/\sigma_{A_s} \simeq 0.5$ and $\Delta n_s/\sigma_{n_s} \simeq 1.2$ for EDE. The increase in the small-scale amplitude due to these shifts is counteracted by the increased damping from the increase in θ_D , leading to the residual excess of about 2% seen in Fig. [4](#page-6-1). On the other hand the reduction in power for the $PTT650 + SPT-3G$ 2018 residuals is explained by an increase in θ_D relative to the ACDM *Planck* best fit value $(\theta_D^{\Lambda CDM} = 0.16139)$:
 $\Delta \theta_R / \sigma_R = 1.5$ for ACDM and $\Delta \theta_R / \sigma_R = 1.25$ for FDF $\Delta\theta_D/\sigma_{\theta_D}=1.5$ for Λ CDM and $\Delta\theta_D/\sigma_{\theta_D}=1.25$ for EDE.

In order to estimate the extent to which ACT DR4 and SPT-3G 2018 are statistically compatible, we make use of the Tensiometer package¹³ [\[47\]](#page-14-13) and compute the "parameter shift" tension between these two datasets in both EDE and ΛCDM. In the case of ΛCDM the disagreement is at the 1.7 σ level and increases to the 2.9 σ level in EDE. Although the tension remains at a statistically "acceptable" level (i.e., one could argue that they are statistical fluctuations), future measurements of the CMB damping tail will be important to assess this inconsistency, and the true level of constraints on EDE.

¹³[https://github.com/mraveri/tensiometer.](https://github.com/mraveri/tensiometer)

FIG. 5. A triangle plot showing the posterior distributions for EDE fits to SPT-3G 2018 temperature and polarization data, separately.

C. EDE constraints using TT vs TE/EE

Given the results in the previous subsection it is of interest to further explore what drives the constraints to EDE by considering how the model fits different subsets of the data. One natural way to do this is to look at constraints from temperature and polarization power spectra separately.

The division of the data into temperature and polarization provides insights into these constraints for several reasons. First it has been established that the different physical origins for temperature and polarization perturbations imply that they will produce different degeneracies between cosmological parameters (see, e.g., Refs. [[48](#page-14-14)–[51\]](#page-14-15)). In addition to this, several studies have pointed out that assuming the same noise levels, CMB polarization better constrains cosmology than temperature [\[52](#page-14-16),[53\]](#page-14-17). It is well known that at small angular scales the astrophysical foregrounds are expected to have a reduced impact on polarization compared to temperature (see, e.g., Ref. [\[54](#page-14-18)]), so we expect such a split to have potentially significantly different systematic errors. Finally, it is of practical use since it allows us to compare what we find here to previous analyses of SPT-3G 2018 data on EDE which have only had access to polarization information.

The results of this analysis for SPT-3G 2018 and ACT DR4 are shown in Fig. [5.](#page-7-0) The SPT-3G 2018 constraints in the left panel shows some "curious" results. First, the temperature and polarization measurements are, separately, consistent with large values of f_{EDE} and correspondingly large values of $h = 0.8 \pm 0.1$. However,
when the TT/TE/EE data set is used one finds that the when the TT/TE/EE data set is used, one finds that the uncertainty on both parameters is significantly smaller, with $f_{\rm EDE} = 0.089^{+0.037}_{-0.053}$ and $h = 0.709^{+0.018}_{-0.022}$. This is reminiscent of what happens for Planck, where TT and TE/EE constraints are weaker than the TT/TE/EE data set [\[15](#page-13-12),[17\]](#page-13-14). On the other hand, the ACT DR4 constraints in the right panel show that both temperature and polarization posteriors are similar to those using the TT/TE/EE data set.

The increase in sensitivity to f_{EDE} when using both SPT-3G 2018 temperature and polarization does not appear to come from a simple parameter degeneracy. The only parameter with a slightly discrepant posterior distribution is n_s , with polarization preferring a slightly larger value than the temperature measurements. Looking at the 2D posterior distribution in the $n_s - f_{\text{EDE}}$ plane in the left panel of Fig. [5](#page-7-0) we can see that the overlap between the 1σ TT (gray) and TE/EE (red) contours is, in fact, larger for large values of f_{EDE} , and includes parameter space where f_{EDE} can be as large as 0.4, indicating that the SPT-3G 2018 constraint on f_{EDE} cannot be simply described through differences in their constraints on n_s .

Going beyond a comparison between parameters, we plot the residuals in Fig. [6](#page-8-1) with respect to the ΛCDM best fit to Planck data. We show the EDE residuals with filled bands and the ΛCDM ones with dashed lines. There it is clear that when using SPT-3G 2018 temperature measurements (blue band) the residuals prefer to have excess/deficit in power at larger/smaller scales, whereas the polarization prefers the opposite, in both EDE and ΛCDM. The residuals for the total data set split the difference, leading to significantly tighter constraints than each part separately.

FIG. 6. The SPT-3G 2018 fractional residuals with respect to the Planck best fit ΛCDM model [\[4\]](#page-13-3). The dashed lines show residuals from ΛCDM and the filled regions show residuals from EDE. The residuals were generated by drawing samples from the MCMC chains and computing the 68% confidence interval at each multipole.

We note that changes to n_s would induce a tilt centered around $l_p \approx 550$ (which corresponds to a pivot wave number $k_p = 0.05$ Mpc⁻¹). This scale is significantly lower than the scale at which the SPT-3G 2018 TT vs TE/EE residuals cross, $l \approx 1500$, providing further evidence that the difference in the TT vs TE/EE constraints is not simply driven by shifts in n_s .

Figure [6](#page-8-1) suggests that there is some tension between the temperature and polarization residuals. Although it is beyond the scope of this work to determine the level of tension in the residuals/spectra, we have used Tensiometer to estimate the parameter shift tension between SPT-3G 2018 TT and TE/EE: when fitting Λ CDM we find a good agreement at the 1σ level despite the apparent discrepancy seen in the shape of the residuals, while when fitting EDE we find a disagreement at the 2.3σ level. For comparison, the same analysis applied to the Planck TT and TE/EE power spectra gives agreement at the 0.3σ level in Λ CDM but disagreement at the 2.7σ level in EDE (see Ref. [[15](#page-13-12)] for a discussion around potential systematic effects in TE/EE with a focus on EDE). Finally, we find in the case of ACT DR4 that the TT and TE/EE data are in agreement at the 0.4σ level (Λ CDM) and 0.1σ level (EDE).

A similar result was reported in Ref. [[21](#page-13-17)] when quoting constraints on primordial magnetic fields. The presence of primordial magnetic fields causes a boost in the baryon density perturbations which, in turn, induces additional fluctuations in the CMB temperature and polarization. The constraints to the amplitude of this boost, b , are weak when using SPT-3G 2018 TT or TE/EE but significantly strengthen when using TT/TE/EE (see Figs. 9 and 12 of Ref. [\[21](#page-13-17)]). Reference [\[21\]](#page-13-17) investigated this by generating mock SPT-3G 2018 bandpowers using the measured covariance matrix and found that the limits to b were within 20% of the expected constraints assuming $b = 0$. The similarity of the results presented here and in Ref. [\[21\]](#page-13-17) points to the conclusion that the SPT-3G 2018 constraints on EDE are statistically consistent. However, to be certain of this, one would have to perform a similar mock analysis to further assess the statistical consistency of the SPT-3G 2018 constraints on EDE. We leave such an in-depth analysis of the differences between the SPT-3G 2018 temperature and polarization measurements to future work.

IV. THE RESIDUAL TENSION WITH $SH₀ES$

We now turn to combining CMB observations with other cosmological data sets, to compute the strongest constraints to EDE to date, and gauge the residual level of tension with $SH₀ES$. To mitigate prior volume effects (see Refs. [\[14](#page-13-11)[,18](#page-13-15)– [20\]](#page-13-16) for further discussion), we compute the tension metric $Q_{\text{DMAP}} \equiv \sqrt{\Delta \chi^2 (w/SH_0ES) - \Delta \chi^2 (w/6SH_0ES)}$ [\[55\]](#page-14-19)
rather than assuming Gaussian posterior distributions rather than assuming Gaussian posterior distributions. We perform analyses of *Planck* alone, $Planck +$ $SPT-3G$ 2018, $Planck + SPT-3G$ 2018 + ACT DR4, always including the CMB lensing, BAO, and Pantheon $+$ data sets (denoted as external data sets, "Ext") described in Sec. [II.](#page-1-1) Cosmological parameters credible intervals are reported in the Appendix (Table [II](#page-12-0) and χ^2 statistics are provided in Table [III\)](#page-12-1).

Figure [7](#page-9-1) shows the posterior distributions of f_{EDE} and h when we combine CMB observations with the external cosmological data sets and with or without $SH₀ES$. When considering Planck EDE reduces the Hubble tension to $2.6\sigma^{14}$; when adding SPT-3G 2018 the tension goes up to 2.9 σ . When SH₀ES is left out of the analysis, we obtain a bound $f_{\rm EDE}$ < 0.071 (to be interpreted with some degree of caution given the known prior volume effects), while the inclusion of the SH₀ES prior leads to a \gtrsim 5 σ detection of $f_{\rm EDE} = 0.121^{+0.024}_{-0.019}$. The inclusion of ACT DR4, which pulls the EDE contribution up along with an increase in h , reduces the tension to 1.6σ , but the discrepancy between ACT DR4 and $Planck + SPT-3G 2018$ casts some doubts on the statistical consistency of this result.

Given that the SPT-3G 2018 is in good statistical agreement with Planck and that the inclusion of SPT-3G 2018 increases the Hubble tension over using Planck alone, it is clear that the TT/TE/EE SPT-3G 2018 data set provides evidence against the hint of EDE seen in ACT DR4.

 14 This level of tension is higher than previously reported (i.e., 1.6σ from Table 1 of Ref. [\[56\]](#page-14-20)) due to the use of SNeIa data from Pantheon+ [[3\]](#page-13-2) instead of Pantheon [[57](#page-14-21)].

FIG. 7. Posterior distribution of h and f_{EDE} with (right panel) and without (left panel) the inclusion of the $SH₀ES$ prior on M_b . The combination of Planck $+$ SPT-3G 2018 restricts the degeneracy between h and f_{EDE} compared to using *Planck* alone. The inclusion of ACT DR4 weakens the constraints to f_{EDE} , allowing for a better fit of $SH₀ES$ in the combined analysis.

The next CMB data release by the ACT collaboration is eagerly awaited to shed light on this apparent inconsistency.

V. CONCLUSIONS

In this paper we have set constraints on the axionlike EDE model using the recently released temperature and polarization power spectra from the SPT-3G 2018 collaboration [\[21\]](#page-13-17). These are particularly important given the apparent disagreement between Planck and ACT DR4: while EDE only marginally improves the fit to *Planck* over ΛCDM, with no detection of EDE in a Bayesian analysis, ACT DR4 favors a nonzero EDE contribution at the $2 - 3\sigma$ level. These results were shown to originate from some apparent (statistically mild) inconsistency between ACT DR4 and *Planck*, in particular, at high- ℓ in temperature (on top of some differences in polarization at intermediate multipoles). The new temperature and polarization measurements from SPT-3G 2018 therefore have the ability to arbitrate the difference between ACT DR4 and Planck. We have found that SPT-3G 2018 on its own does not favor EDE and places a weak constraint of $f_{\text{EDE}} < 0.172$. When combined with PTT650, they become nearly as constraining as the full Planck data set and disfavor the cosmological origin of the signal seen in ACT DR4.

At least some of the constraining power from SPT-3G 2018 comes from its limits on the angular damping scale, θ_D , and in turn to the constraints put on n_s and ω_b , highlighting that θ_D measured with ACT DR4 differs at the $2 - 3\sigma$ level from that measured with *Planck* and SPT-3G 2018 (which are in good agreement with each other). This translates into preference for a larger value of n_s and a smaller value of ω_b under ΛCDM within ACT DR4. When EDE is included, the posterior of θ_D and n_s becomes wider in ACT DR4, improving the overlap with other CMB experiments, and driving the preference for EDE. However, ω_b remains lower than in *Planck* and SPT-3G 2018, driving f_{EDE} to zero in a combined analyses of all three experiments.

We also show that there is some "curiosity" when looking at EDE fits to SPT-3G 2018 TT and TE/EE separately. The combined analysis places significantly tighter constraints on EDE than either of them individually, with the individual constraints saturating our prior on $f_{\rm EDE}$ < 0.5, but the TT/TE/EE SPT-3G 2018 data set gives f_{EDE} < 0.172. This significant increase in sensitivity to f_{EDE} is not reflected at the level of the parameter posterior distributions. A similar result was found in Ref. [[21](#page-13-17)] when constraining the presence of primordial magnetic fields. A simulated band-power analysis showed that the actual SPT-3G 2018 constraints were within 20% of the simulated ones, indicating that the constraints are statistically consistent. Given the similarity to what we have found with EDE, it is likely that the constraints presented here are similarly statistically consistent.

Looking at the power spectra residuals, Fig. [5](#page-7-0) shows that the fit to SPT-3G 2018 TT produces residuals which have excess power at larger scales and a deficit of power at smaller scales; the opposite is true of the EE residuals. The combination of the two produces posterior distributions and residuals which are much more constrained than either individually. We leave it to future work to conclusively determine whether the residuals when fit to TT and EE are consistent with expected statistical fluctuations.

Finally, we have established that the ability for EDE to resolve the Hubble tension is reduced when SPT-3G 2018 data are included. We quantify the reduction in the tension between the CMB and the $SH₀ES$ data by computing the Q_{DMAP} tension metric [\[7](#page-13-6),[55](#page-14-19)] and find that the tension goes up from 2.6σ (with *Planck* alone) to 2.9σ (with $Planck + SPT$). The inclusion of ACT DR4 reduces the tension to 1.6σ since ACT DR4 favors larger EDE fraction, with the caveat that ACT DR4 is the outlier. Although we have not performed a profile likelihood analyses, the degradation in the Q_{DMAP} metric indicates that the additional constraining power from SPT is not solely driven by prior volume effects.

Looking towards the near future we expect to have new data releases from both the SPT and ACT collaborations as well as data from the Simons Observatory (currently under construction) and CMB-S4 (currently in an advanced planning stage). All of these ground-based CMB telescopes complement what has already been measured from space by Planck by providing us with independent measurements at intermediate angular scales and extending measurements to smaller scales. Previous work has emphasized how the new small-scale measurements may uniquely probe the impact of EDE through better constraints on the shape of the damping tail (i.e., Ref. [[17](#page-13-14)]). The results we have presented here indicate that sensitivity to EDE will come from a combination of both intermediate and small-scale measurements, in order to break parameter degeneracies, as well as from the complementarity between temperature and polarization power spectra. These results help to better focus model building efforts in order to develop theories which can successfully address the Hubble tension.

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APPENDIX A: COMPARISON TO PREVIOUS SPT-3G 2018 TEEE

In addition to releasing the SPT-3G 2018 temperature power spectrum likelihood, Ref. [[21](#page-13-17)] updated the polarization likelihood. A comparison between the ΛCDM fit to the original and updated TE/EE SPT-3G 2018 is shown in Fig. [8](#page-10-1). These results are statistically equivalent to those shown in Fig. 13 of Ref. [[21](#page-13-17)] giving us confidence that our MCMC pipeline is working correctly.

We show a comparison between the 1D posterior distribution for SPT-3G 2018 temperature and polarization data sets when fit to EDE in Fig. [9.](#page-10-2) This figure allows us to compare the first SPT-3G 2018 data release [[35\]](#page-14-0) to the latest data release [\[21\]](#page-13-17) [i.e., "Original TE/EE" (gray) vs

FIG. 8. A comparison between the first SPT-3G 2018 polarization data release ('Original TEEE') [\[35](#page-14-0)] and the recently released polarization data ('Updated TEEE') [\[21\]](#page-13-17) when fit to ΛCDM.

FIG. 9. A comparison between the 1D posterior distributions for SPT-3G 2018 temperature and polarization data sets when fit to EDE. We compare the first polarization data release ('Original TEEE') [\[35\]](#page-14-0) the recently released polarization data ('Updated TEEE') [\[21\]](#page-13-17) as well as show the constraints from the temperature power spectrum ('TT') and the full data set ('TT/TE/EE').

"Updated TE/EE" (blue)]. Unlike in the case of fitting to ΛCDM, when fitting to EDE the original and updated TE/ EE SPT-3G 2018 likelihoods produce significantly different posterior distributions. Here we can see that the updated TE/EE data set allows for a slightly larger f_{EDE} with a corresponding increase in the allowed values of h, ω_{cdm} , and n_s . The posterior distribution for $\log_{10} z_c$ is roughly the same, and the posterior for θ_i is noticeably more peaked due, in part, to the shift in ω_b to slightly larger values.

APPENDIX B: TRIANGLE PLOTS AND TABLES

In Fig. [10](#page-11-1) we present a triangle plot of all of the cosmological parameters when EDE is fit to the combination of PTT650 and ACT DR4 or SPT-3G 2018.

In Table [II](#page-12-0) we give the constraints to the cosmological parameters when fitting a variety of CMB data sets in combination with BAO and Pantheon+.

In Table [III](#page-12-1) we give the best fit χ^2 values for each data set combination shown in Table [II](#page-12-0).

FIG. 10. A triangle plot showing the posterior distributions for all of the cosmological parameters when EDE is fit to the combination of PTT650 and ACT DR4 or SPT-3G 2018.

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