Neutrino fog for dark matter-electron scattering experiments

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The search for sub-GeV dark matter via scattering on electrons has ramped up in the last few years. Like in the case of dark matter scattering on nuclei, electron-recoil-based searches also face an ultimate background in the form of neutrinos. The so-called "neutrino fog" refers to the range of open dark matter parameter space where the background of neutrinos can potentially prevent a conclusive discovery claim of a dark matter signal from being made. In this study, we map the neutrino fog for a range of electron recoil experiments based on silicon, germanium, xenon, and argon targets. In analogy to the nuclear recoil case, we also calculate the "edge" to the neutrino fog, which can be used as a visual guide to determine where neutrinos become an important background—this boundary excludes some parts of the key theory milestones used to motivate these experiments.

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I. INTRODUCTION

Direct searches for dark matter (DM) in the low-mass (MeV-GeV) range have seen a surge in popularity over the last decade [1-7]. New technologies like the sensitive semiconductor-based charge-coupled devices (CCD) [8-13], as well as previously established techniques like noble liquid time projection chambers [14-21] and cryogenic crystalline phonon detectors [22–24], have all advanced to the stage where they can detect energy depositions at low enough energies to facilitate the identification of events ionizing only a few primary electrons (and even down to a single electron [17]). Energy thresholds at the level of tens of eV or less are required to extend the search into the "light dark matter" regime which, in the last decade or so, has simultaneously become increasingly interesting from a theory perspective. Many studies have revealed that there exists a range of simple and plausible cosmological scenarios that explain the observed DM abundance in the form of very light feebly interacting particles-see, e.g.,

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Refs. [25–38]—while escaping naive bounds on the lightest mass allowed for a thermal relic DM particle [39,40].

In order to fully test these models, novel detectors exploiting DM-electron recoils will continue to grow in size, reaching the 10-100 kg scale in the case of futuristic proposals for solid-state experiments [41,42] and potentially up to the 100 ton-year scale for the ultimate liquidxenon "observatory" [43]. This will inevitably come with challenges associated with tackling problematic backgrounds and limited event discrimination, both of which will inhibit their discovery potential for DM models that generate events at very low energies. Assuming that these experiments will continue, however, one thing is certain, and that is that the neutrino background is on the horizon. It was foreseen long ago that low-background nuclear-recoil detectors could eventually reach sensitivity sufficient to detect neutrinos from astrophysical sources if DM was not detected sooner [44-47]. DM remains undetected; still, experiments proceed, so it seems as though this situation is almost upon us. Indeed, multi-ton-scale liquid xenon experiments are now poised to make the first detection of solar neutrinos via coherent elastic neutrino-nucleus scattering (CE ν NS) towards the end of their planned datataking campaigns—see, e.g., Refs. [48,49] for some further discussion and potential obstacles to this anticipated discovery.

Neutrinos are the ultimate background for DM experiments utilizing signatures arising from recoils [50]. However,

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in addition to being the final background, they are also foreseen to be a problematic one. Due to a numerical coincidence between the typical nuclear recoil energies generated by the very light but relativistic solar neutrinos and the heavy but nonrelativistic dark matter, the event rate spectra of these two signals in the nuclear recoil channel happen to line up very closely. In fact, for some DM masses and some sources of solar neutrinos, the two signals are almost identical [50]. This leads to the now widely known concept of the "neutrino floor"-the region of parameter space where the presence of the neutrino background could prevent the conclusive identification of a DM signal; see Refs. [51-63] for many previous studies on different aspects of this concept. More precisely, the central problem is that the neutrino background must be modeled with the finite systematic uncertainty associated with our incomplete knowledge of it, and this turns out to be significant given the low numbers of events we expect from neutrinos. A sensitivity "floor" then arises because putative signal events coming from DM are indistinguishable from the expected fluctuations in the background rate.

However, as pointed out in previous studies [64-68], and then formalized in Ref. [69], the neutrino background and the DM signals are never exactly the same, so there can never be a hard sensitivity "floor." This has inspired the recent rebranding of the situation in terms of a neutrino "fog." Once an experiment reaches the neutrino fog, further progress through the parameter space is slowed but not halted entirely. Extending the metaphor further, the "opacity" of the neutrino fog can be quantified in terms of how slowly an experiment progresses through the parameter space-doing so reveals the specific regions of parameter space that are more difficult to push through due to the presence of specific overlapping neutrino backgrounds that confound the positive discovery of DM. The neutrino fog has been mapped for nuclear-recoil experiments in the \gtrsim GeV mass range [69], so our goal here is to do the same for electron recoil experiments in the sub-GeV mass regime.

Compared to nuclear recoils, sub-GeV DM-electron recoils exist at extremely low energies and, therefore, require specific experimental setups to identify. A range of experiments are currently being developed, which form the inspiration for the simplified detector cases we consider here. We focus on two different classes of low-background electron-recoil searches that make use of solid-state semiconductor targets and liquid noble gases as these set the leading limits.¹ For the former, we consider both silicon and germanium-based detectors, as is the case for SENSEI [8–10], DAMIC [11,12], and their potential successor Oscura [41], utilizing silicon Skipper-CCDs, as well as crystalline phonon detectors like SuperCDMS [23,24],

EDELWEISS [22], and TESSERACT [42]. For nobleliquid targets, we consider the examples of xenon dualphase time projection chambers (TPCs) such as LZ [73,74], XENONnT [75], and PandaX [76], and their potential successors DARWIN [77] and XLZD [78], as well as argon-based detectors like DarkSide [79]. Work on the design and construction of next-generation detectors is already underway, and the community's plan appears to be to, at the very least, reach some proposed theory "milestones." These consist of parts of the parameter space of DM-electron cross sections and DM masses that can be predicted by minimal models which correctly satisfy the observed cosmological abundance of DM. To see some examples in the context of the current and near-future experimental landscape, we refer to the recent Snowmass white paper on the subject [6], as well as those included in Fig. 1, which shows the main result of this paper.

Our work builds on two previous studies of the DM-electron neutrino floor, Refs. [86,87]. The former evaluated the effects of the neutrino background on the projected sensitivity of some specific detector models, based on Si and Ge semiconductor devices, and liquid xenon. That study revealed the importance of considering the misidentified neutrino-nucleus recoils which can also generate few-electron ionization signatures that are challenging to distinguish from true electron recoil events-we also incorporate this lack of knowledge into our analysis using a similar model for the ionization yield from nuclear recoils. The second of those two studies involved similar calculations for sub-GeV DM detection using a germanium target, while including the effects of uncertainties in the DM velocity distribution, and the ability of some detectors to discriminate between electron and nuclear recoils on the discovery limits. We build on these previous works by using recent state-of-the-art methods of computing the DM-electron scattering event rate and instead mapping the whole of the continuous neutrino fog using the methodology of Ref. [69].

The paper is structured as follows: In Sec. II, we introduce the different types of experiments whose corresponding neutrino fogs we will calculate. Then, in Sec. III, we outline the main ingredients for our DM and neutrino event rate calculations observable by those experiments. Finally, in Sec. IV, we define the concept of the neutrino fog and present our results, before concluding in Sec. V.

II. EXPERIMENTS

The solid-state detector, DAMIC-M [12,13] currently sets the strongest limits on DM-electron cross sections for DM masses below 15.1 MeV,² superseding SENSEI at the time of writing. SENSEI currently uses a single 2 g silicon

¹There are also interesting upcoming experiments based on gas targets [70–72], which we defer to future studies.

²This is the case for models where DM interacts via a heavy mediator and is true for the full mass range in the light-mediator case. We introduce the distinction between them in Sec. III.

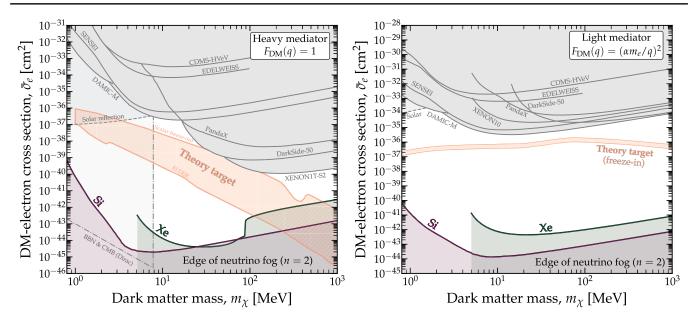


FIG. 1. Summary of the main result obtained in this paper—the neutrino fog "edges" for silicon and liquid xenon (LXe) experiments for the commonly used heavy (left) and light (right) DM-electron interaction models. We define the "edge of the neutrino fog" as the cross section at which the scaling of a DM discovery limit scales as $\sigma \propto (MT)^{-1/n}$ with n > 2—implying slower scaling than the Poisson expectation (full visualizations of the value of *n* as a function of both m_{χ} and $\bar{\sigma}_e$ are shown in Fig. 2). To provide additional context, we have shown the community's key theory milestones for each case, i.e., models that explain the DM abundance while having the possibility of DM-electron scattering. These correspond to the window between a simple scalar-DM freeze-out scenario [6,25,29,80,81] and the ELDER model [30,32] for the heavy-mediator case—and for the light-mediator case, the DM freeze-in scenario [1,6]. Constraints from existing experiments are shown in gray: SENSEI [10], DAMIC-M [12,13], CDMS-HVeV [23,24], EDELWEISS [22], PandaX [21], DarkSide-50 [19], XENON10 [1], XENON1T-S2 [20], and XENON1T for solar-reflected DM [82–84]. Since big-bang nucleosynthesis (BBN) and the cosmic microwave background (CMB) observations are often incompatible with very-low-mass DM, we have shown an indicative example of such a bound under the assumption that DM is a Dirac fermion with a mediator 3 times its mass [85].

Skipper-CCD, with plans to expand to 100 g [10]. The DAMIC-M limit [12] was set with 85.23 g-days of data, whereas their recent daily modulation-based search [13] used 39.97 g-days. The joint proposal of these two collaborations is Oscura [41], which is planned to be a 10 kg silicon Skipper-CCD experiment that will test most of the well-motivated regions of the parameter space, displayed in Fig. 1. Germanium is also a common target choice, used in experiments such as SuperCDMS and EDELWEISS. The small semiconductive band gap in these targets means detectors can probe recoil energies down to \approx 3.6 eV for silicon and 2.9 eV for germanium. Furthermore, Skipper-CCDs have improved sensitivity to single electrons by allowing repeated charge readouts from each pixel [88].

The leading electron-recoil limits for the heavy-mediator case $F_{\rm DM} = 1$ in the > 15.1 MeV region come from liquid noble dual-phase TPCs, which have grown in target mass from a few kilograms to a few tonnes in the last two decades. DarkSide uses liquid argon (LAr), while XENONnT, PandaX-4T, and LZ use liquid xenon (LXe). These detectors are capable of measuring two quantities per event: a prompt scintillation signal (S1) emitted at the interaction site and a delayed ionization signal (S2) when the drifted charge arrives at the gas phase. The lowest energy thresholds are reached using an S2-only analysis. TPCs have the ability to differentiate electron and nuclear recoils by measuring the ratio of the signals S1/S2, but by using only the S2 signal, this discrimination is sacrificed in favor of considering a larger number of events at very low energies that only have a measurable S2. Despite this, liquid noble TPCs have still achieved the lowest observed background rate per unit mass, allowing them to lead the search for DM across most of the mass range to date. The XLZD project aims at a tenfold increase in exposure over current detectors, with 40 to 60 tons of active target mass, potentially reaching ultimate exposures on the order of 100 ton-years or more [78].

The information about the recoiling electron that is accessible to each of these types of experiments will be different, and there are many experimental details that are not necessarily well defined at present to allow us to create an exhaustive model of each detector. Instead, we make some broad assumptions that will allow us to illustrate the important effects of the neutrino background on the discovery of the DM signal—similar to the simplifying assumptions used in other studies of the neutrino floor.

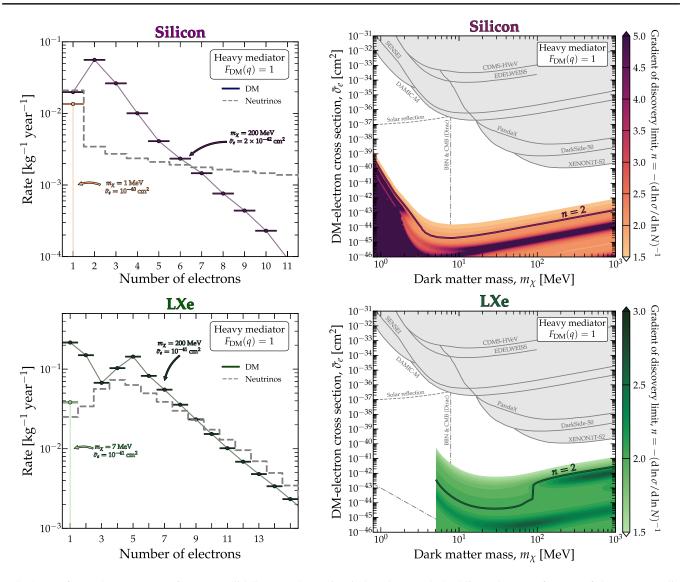


FIG. 2. Left panels: event rates for DM (solid lines) and neutrino-induced (gray dashed line) electrons for two of the target media studied here—silicon and liquid xenon. In each case, we show two example DM masses assuming a heavy mediator, with cross sections chosen to show cases that have a stronger overlap with the neutrino background. Right panels: corresponding neutrino fogs for the two targets and under the heavy-mediator case (light-mediator cases are shown in Fig. 5). The color scale shows the value of *n* calculated from the scaling of the DM discovery as a function of exposure, i.e., $\sigma \propto (MT)^{-1/n}$. We also highlight the *n* = 2 contour which we showed in Fig. 1.

One aspect that will become important later is the fact that most analyses of DM-electron scattering work by measuring discrete numbers of ionized electrons, n_e , which are functions of the initial recoil energy of the electron, E_e . This is a signal that we will assume is observable in this study. Examples of these signals are shown in the left-hand panels of Fig. 2 and will be derived in the next section.

Thus, in light of the community's current plans, we will map the neutrino fogs for Si, Ge, LAr, and LXe targets. As with all previous studies of the neutrino floor and neutrino fog in other contexts, we assume that the detectors are idealized in all ways other than the factors that are nonnegotiable from basic physics. Most importantly, we impose a hard single-electron cutoff so as not to incorporate DM masses that are not kinematically able to ionize even one electron. On the other hand, we will assume that there are no important non-neutrino backgrounds. Given that these so-called "ultimate" detectors are pitched as being limited solely by the neutrino background, this is a reasonable assumption here. Of course, our detector models will still be somewhat idealistic, but the motivation behind this choice is to map the best-case scenario neutrino fog, i.e., the parameter space where the neutrino background is guaranteed to be important, regardless of other experimental specifics which may evolve as technology improves.

The most important factor for our detector models turns out to be the *nuclear*-recoil background due to $CE\nu NS$. Given that in the energy range of interest, the neutrinonucleus recoil events generated by the low-energy solar neutrino fluxes will dominate the neutrino background, these events make a substantial impact on the shape of and features within the neutrino fog, so we must understand how nuclear recoil events manifest inside experiments that are nominally searching for electron recoils. To incorporate them, we need a model for the quenching factor or ionization yield, i.e., how much ionization energy is observed for a given initial nuclear recoil energy. This ionization yield Y is a function of energy, where the electron equivalent energy E_e is given in terms of the nuclear recoil energy E_r as $E_e = Y(E_r) \times E_r$. The exact nature of this function for different detectors is not always determined in full-in particular, its shape towards low energies is a subject of active investigation by experimental collaborations; see, e.g., the recent SuperCDMS measurement at 100 eV [89] in silicon. Thus, we will not attempt an exhaustive study of different ionization yield models here, which in any case was done already in Ref. [86]. Instead, we take the baseline or fiducial models for xenon, silicon. and germanium outlined in Ref. [86], which are reasonable estimates without being overly optimistic with regard to their very-low-energy sensitivity. These are based on the well-known Lindhard model, which is fit to data towards higher energies and then given a hard cutoff at low energies based on an extrapolation from that higher-energy data.

III. RATES

A. Dark matter-electron scattering

DM models with sub-GeV masses are often too light to deposit sufficient energy to generate detectable nuclear recoil signals, so the more interesting alternative signal for DM detection in this mass range is the measurement of the electrons ionized from their atoms in direct DM-electron scattering events [1,2]. An electron recoil occurs when a particle interacts with an atomic electron in the medium. If the particle deposits an energy $E_{dep} > I_{njl}$ —where I_{njl} is the ionization energy for the shell with the principal quantum number *n*, and total and orbital angular momentum quantum numbers *j* and *l*—then the electron will be ionized with energy $E_e = E_{dep} - I_{njl}$, leading to a detectable signal.

To obtain accurate event rates that are aligned with the current state of the art in the field, we make use of two recent codes for each type of experiment: DarkELF [90]³ for solid-state targets and AMPSCI [92,93] for liquid xenon and argon. We refer the reader to each of those original

references for a full discussion of the event rate calculations and their associated assumptions and uncertainties. That being said, we will also briefly sketch the main ingredients of a DM-electron scattering rate calculation so as to aid discussion later.

One must begin with an atomic or molecular form factor K to calculate the DM electron recoil event rates. This is a function of electron recoil energy and momentum transfer that characterizes the probability that an electron sitting in a particular atomic orbital will get ionized from the atom. The total atomic form factor is the sum of the contribution from each shell, weighted by the shell occupancy, expressed as a matrix element,

$$K_{njl}(E_e,q) = \sum_m \sum_f |\langle f|e^{iq\cdot r}|njlm\rangle|^2 E_H \rho_f(E_e), \quad (1)$$

where q is the momentum transfer, $\rho_f(E_e)$ is the density of final (ionized) states, and $E_H = m_e c^2 \alpha^2 \approx 27$ eV is the Hartree energy, introduced to make *K* dimensionless [94]. This quantity is nontrivial to calculate for two reasons. First, for high values of q, the atomic electron wave functions $|njlm\rangle$ must be calculated relativistically [95]. Second, the ionized electron wave function $\langle f |$ cannot be accurately approximated as a plane wave due to the continued influence of the atomic cloud from which it has been ionized [94]. In practice, energy eigenstates should be used for the final state. These are typically normalized on the energy scale, with ρ_f included in the definition of the wave function [92]. In the case of liquid xenon and argon targets, we source only the ionization form factors and use them to compute the event rates as detailed below. The package AMPSCI [92,93] computes the form factor using a relativistic Hartree-Fock approximation accounting for many-body effects.

With the atomic form factor in hand, this can then be integrated over the kinematically allowed range for the momentum transfer to the electron, as well as over the DM velocity distribution, f(v), to form the velocity-averaged cross section:

$$\frac{\mathrm{d}\langle\sigma v\rangle}{\mathrm{d}E_e} = \frac{\bar{\sigma}_e}{2m_e} \int \mathrm{d}v \frac{f(v)}{v} \int_{q_-}^{q_+} a_0^2 q \mathrm{d}q |F_{\mathrm{DM}}(q)|^2 K_{njl}(E_e,q).$$
(2)

The momentum limits depend on energy and the DM speed as

$$q_{\pm} = m_{\chi} v \pm \sqrt{m_{\chi}^2 v^2 - 2m_{\chi} E_{\rm dep}},$$
 (3)

where $a_0 = 1/m_e \alpha$ is the Bohr radius, m_{χ} is the DM mass, and $\bar{\sigma}_e$ is a reference scattering cross section between DM and a free electron defined at a momentum transfer of $q = \alpha m_e$ [2]. The function $F_{\text{DM}}(q)$ is the so-called

³The utilization of other codes, such as EXCEED-DM [91] or QEdark [3], does not appreciably alter our results, as shown in Appendix B.

"DM form factor" which is used to encapsulate the momentum dependence of the DM-electron cross section away from the reference value, which depends on the mass of the mediator particle for the interaction—this is discussed further below. The integral over velocity includes f(v), the DM velocity distribution. We adopt the truncated Gaussian distribution of velocities that arises under the standard halo model assumption for the shape of the Milky Way's DM halo⁴ with recommended parameter values for the width of the distribution, the escape speed, and the Earth's velocity [100]. The differential event rate per unit detector mass (assuming a target nucleus of mass m_A) is then simply written as

$$\frac{\mathrm{d}R_{\chi}}{\mathrm{d}E_{e}} = \frac{1}{m_{A}} \frac{\rho_{\chi}}{m_{\chi}} \frac{\mathrm{d}\langle \sigma v \rangle}{\mathrm{d}E_{e}},\tag{4}$$

where $\rho_{\chi} = 0.3 \text{ GeV/cm}^3$ is the value of the local DM density adopted by convention.

The so-called DM form factor F(q) is a function of momentum transfer that depends on the mass of the mediator particle involved in the DM-electron interaction, m_{ϕ} :

$$F_{\rm DM}(q) = \frac{\alpha^2 m_e^2 + m_{\phi}^2}{q^2 + m_{\phi}^2}.$$
 (5)

We adopt the usual convention in the literature, which is to work in one of two regimes: where the mediator mass is heavy, in which case $F_{\text{DM}}(q) = 1$; or light, $F_{\text{DM}}(q) = (\alpha m_e/q)^2$.

The atomic form factor is the most demanding aspect of the event rate calculation and has the largest associated theoretical uncertainties. For semiconductor targets, the event rates calculated using DarkELF are based on the energy-loss function—an approach that leverages experimental data on the targets of interest. It also accounts for in-medium screening effects, which can have a sizable impact on the measurable rate. We use the result from the "GPAW" calculation, which is based on time-dependent density functional theory, outlined in Refs. [90,101].

Once the differential event rate has been calculated, we then translate this into the observable signal by converting E_e into a discrete number of ionized electrons, n_e , with the use of an ionization yield function. For LXe, we use the formulas presented in Ref. [80], whereas for LAr, we refer to Ref. [79], with electron recoil ionization yield given in Ref. [102]. For semiconductor targets, the electron recoil energy is instead converted into the number of electrons excited above the material band gap (E_{gap}):

$$n_e = 1 + \text{floor}\left[\frac{E_e - E_{\text{gap}}}{\epsilon}\right],$$
 (6)

where for silicon $E_{gap} = 1.11$ eV and $\epsilon = 3.6$ eV, and for germanium $E_{gap} = 0.67$ eV and $\epsilon = 2.9$ eV. Some example DM-induced event rates for Si and LXe are shown in the left-hand panels of Fig. 2 for a few benchmark DM models.

B. Neutrino scattering rate

Any neutrinos reaching the detector could have been produced by various sources, including the Sun, the Earth, the atmosphere, and nuclear reactors. For the case of electron-recoil DM searches, only solar neutrinos are a relevant background [86,87]. We use values for the solar neutrino flux normalizations and uncertainties from Ref. [68]. The fluxes and theoretical systematic uncertainties are primarily calculated under the high-metallicity standard solar model (SSM), with the exception of ⁸B, for which experimental data provide a smaller uncertainty [103–111].

As mentioned in Sec. II, while neutrinos will scatter on both the electrons and the nucleons in the target medium, for DM searches based on very-low-energy electron recoil events, the misidentified electron recoils from CE ν NS create the dominant neutrino background [86]. This is because the nuclear recoil rates are several orders of magnitude larger than electron recoils for neutrinos, in our energy range of interest. For the neutrino-nucleus interactions, we use the differential cross section for CE ν NS [112–114] (only measured by COHERENT [115–117]) with respect to the nuclear recoil energy E_r , given by

$$\frac{d\sigma}{dE_r} = \frac{G_F^2}{4\pi} Q_W^2 m_N \left(1 - \frac{m_N E_r}{2E_\nu^2} \right) F^2(E_r),$$
(7)

with neutrino energy E_{ν} , the mass of the nucleus m_N , the Fermi coupling constant $G_F = 1.166 \times 10^{-5} \text{ GeV}^{-2}$, and the Helm form factor $F(E_r)$. The weak nuclear hypercharge of a nucleus containing N neutrons and Z protons is denoted by $Q_W = N - Z(1 - 4\sin^2\theta_W)$ with $\sin^2\theta_W =$ 0.2387 [118]. The effect of uncertainties related to the Weinberg angle and nuclear form factor is expected to be insignificant [119]. The differential scattering rate is then

$$\frac{\mathrm{d}R_{\nu}}{\mathrm{d}E_{r}} = N_{T} \int_{E_{\nu}^{\min}} \frac{\mathrm{d}\sigma}{\mathrm{d}E_{r}} \frac{\mathrm{d}N_{\nu}}{\mathrm{d}E_{\nu}} \mathrm{d}E_{\nu}, \qquad (8)$$

where N_T is the number of target atoms in the detector and dN_{ν}/dE_{ν} is the differential neutrino flux. The integral is performed over all neutrino energies high enough to produce a nuclear recoil of energy E_r ,

$$E_{\nu}^{\min} = \sqrt{\frac{m_N E_r}{2}}.$$
 (9)

⁴We do not explore alternative halo models here. See, e.g., Refs. [96–99] for the effects of nonstandard velocity distributions in the case of DM-electron scattering experiments.

As we did in the electron recoil case above, we must then convert these recoil energies into the detectable signal. For LXe, we convert E_r into a discrete number of ionized electrons again using the formalism of Ref. [86], adopting their "fiducial" model. For LAr, we again follow Ref. [79] with a nuclear recoil ionization yield from Ref. [102]. In the case of semiconductors, we convert nuclear recoil energy E_r to ionized electron energy E_e by making the following transformation [86],

$$\frac{\mathrm{d}R_{\nu}}{\mathrm{d}E_{e}} = \frac{\mathrm{d}R_{\nu}}{\mathrm{d}E_{r}} \times \frac{1}{Y(E_{r}) + E_{r} \frac{\mathrm{d}Y(E_{r})}{\mathrm{d}E_{r}}},\tag{10}$$

where $Y(E_r)$ is the ionization yield discussed in the previous section. After this is applied, E_e is then converted to n_e using Eq. (6), so it can be readily compared to the DM event rates we calculated before. We show the summed neutrino event rates as the dashed gray lines in the left-hand panels of Fig. 2.

IV. RESULTS

The statistical procedure to map the neutrino fog was introduced in Ref. [69]. It is based on the conventional profile likelihood ratio test for the existence of a DM signal (parametrized by a cross section σ), against the null hypothesis of events due to the neutrino background only (parametrized by a set of fluxes Φ). The test is performed assuming a fixed DM mass and is then repeated across the DM mass range of interest.

The event rates are sorted into bins in terms of number of electrons, n_e , from which we can calculate the binned likelihood $\mathcal{L}(\sigma, \Phi | \mathcal{M})$ as the product of the Poisson probabilities for the number of events observed in each bin given an expected number of events. Under the alternative hypothesis, \mathcal{M} , the expected number of events is the sum of the neutrino-induced events and the DM ones, whereas under the null hypothesis, $\mathcal{M}_{\sigma=0}$, the DM cross section is set to zero; hence, we count only neutrino events. Importantly for the test, the null hypothesis is a special case of the alternative hypothesis. We also multiply the likelihood by a set of Gaussian distributions, one for each neutrino source in Φ , which we treat as nuisance parameters with central values and uncertainties from our neutrino flux model [120].

These likelihoods are maximized to construct the profilelikelihood-ratio test statistic,

$$q_{0} = \begin{cases} -2\ln\left[\frac{\mathcal{L}(0,\hat{\Phi}|\mathcal{M}_{\sigma=0})}{\mathcal{L}(\hat{\sigma},\hat{\Phi}|\mathcal{M})}\right] & \hat{\sigma} > 0\\ 0 & \hat{\sigma} \le 0. \end{cases}$$
(11)

The likelihood \mathcal{L} is maximized at $\hat{\Phi}$ when $\sigma = 0$ and at $(\hat{\sigma}, \hat{\Phi})$ when σ is allowed to vary. We evaluate q_0 using the Asimov data set approximation, where the observed

number of events in each bin is unphysically set to be exactly equal to the expected number. The Asimov approximation is accurate enough in the high-statistics regime while remaining computationally inexpensive. Since the two models in Eq. (11) differ by only one parameter σ , in the asymptotic limit, q_0 will follow a $\frac{1}{2}\chi^2 + \frac{1}{2}\delta(0)$ distribution when $\mathcal{M}_{\sigma=0}$ is true [121,122]. This means the significance of the DM signal over the background is simply $\sqrt{q_0}$. When the alternative hypothesis is true, on the other hand, q_0 follows a noncentral χ^2 distribution [which can also be evaluated analytically; see Eq. (11) of Ref. [62]].

In this work, we construct the neutrino fog from median 3σ discovery limits by finding the smallest DM cross section for which $q_0 > 9$ in 50% of hypothetical experiments—the use of the Asimov data set ensures that the latter of those two conditions is met. These discovery limits will decrease as the exposure increases; however, the *rate* at which they decrease depends on how badly the neutrino background overlaps with the signal for that particular DM mass. This can be seen in Fig. 3, where we show the decrease in the discovery limits for three example DM

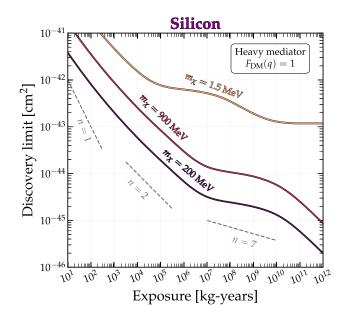


FIG. 3. Scaling of the DM discovery limit in a silicon target as a function of exposure for three specific DM masses. We see clearly here that there is a hard neutrino *floor* for masses around 1.5 MeV, which is a result of the signal being contained in a single electron-number bin. Higher masses do not show this behavior as expected because the additional spectral information contained over a range of bins allows for greater background discrimination. In those two cases, instead, the neutrino fog is less severe, though still present as implied by the values of n > 2. As a visual aid, we show three straight lines that have gradients of $\sigma \propto (\text{Exposure})^{-1/n}$ with n = 1, 2, 7. We emphasize that this plot is to illustrate the impact of the neutrino background—exposures in excess of the ton-year scale are not currently anticipated for this type of experiment.

masses in a silicon target experiment. The fact that these lines do not decrease as expected for Poissonian statistics, $\sigma \propto 1/\sqrt{\text{Exposure}}$ —and instead have temporary plateaus—is the detrimental effect of the neutrino fog.

Thus, to quantify the "opacity" of neutrino fog, we can just consider the gradient of these lines. As in Ref. [69], we calculate this as

$$n = -\left(\frac{\mathrm{d}\ln\sigma}{\mathrm{d}\ln MT}\right),\tag{12}$$

where we express the exposure as the detector mass multiplied by the running time, MT. This is, in turn, proportional to the observed number of background events, N, which we can use interchangeably in this discussion.

The opacity parameter is defined such that n = 2indicates normal Poissonian background subtraction, and any value n > 2 indicates that signal discovery power is being suppressed by a background. There are four distinct regimes in the value of *n* as we increase the exposure from a very small value to a very large one. When the exposure is too small to detect the neutrino background ($N \ll 1$), the discovery limit scales as $\sigma \propto 1/N$, i.e., n = 1. As the exposure increases, however, and background events are detected, the scaling transitions to the expected Poisson regime $\sigma \propto \sqrt{1/N}$, or n = 2. The next regime occurs when the DM signal lies underneath the neutrino background fluctuations. Here, the discovery limit scales as $\sigma \propto \sqrt{(1+N\delta\Phi^2)/N}$, or n > 2 [50]. Finally, when the number of observed events is so large that the experiment can effectively measure its own background, the Poissonian regime returns. However, we emerge into this final regime only if there is some information present in the observable at hand (in our case, the recoil spectrum) that distinguishes the signal from the background. If the signal and background lead to *identical* observables, then there will be a hard neutrino floor: $n \to \infty$.

To visualize the neutrino fog, we can simply color-code the DM parameter space by the value of n. This leads to the plots in the right-hand panels of Fig. 2. We present the silicon and LXe neutrino fogs as representatives of solid and liquid detectors. The neutrino fogs for the lightmediator case, as well as for germanium and LAr, are presented in Figs. 4 and 5. The darker-colored regions represent areas where n > 2, meaning the DM and neutrino event rates have greater spectral degeneracy. In most cases, there are slight differences between the DM and neutrino signals, making it possible to distinguish the two in the high-statistics regime. Therefore, we find that once N has grown large enough, the scaling returns back to n = 2 for very low cross sections.

On the other hand, for very low DM masses in the semiconductor and LAr cases, both the DM signal and the low-energy component of the neutrino background (pep) are contained only in a single bin in n_e . Because of this, we have a hard neutrino *floor*. The reason behind this is related

to what we stated above: When the signal and a background component are contained in a single bin, there is no information available to the experiment that could ever distinguish them, even in the limit of a huge exposure. This occurs, for example, around 1.5 MeV in the silicon case. Similar features are absent for xenon and argon at higher masses, as none of the solar neutrino fluxes generates *only* single-electron events under our adopted ionization model.

Following Ref. [69], we define the cross section at which the gradient departs from n = 2 to n > 2 as the neutrino fog "edge." The two baseline neutrino fog edges for silicon and xenon are shown in Fig. 1. We define these merely for convenience and future reference so that the region of parameter space that is impacted by the neutrino background can be visualized in a more simple way.

Going back to the first figure, Fig. 1, we compared our neutrino fog edges with some example DM models and production scenarios: an elastically decoupling relic (ELDER) [30,32], scalar freeze-out [6], and the DM freezein mechanism [1,6]. These are motivated models that are targeted by the community for future experiments, and interestingly, the former two are partially obscured by the neutrino fog. Fortunately, the freeze-in scenario appears to be safe and testable well before the neutrino background becomes problematic.

V. DISCUSSION AND CONCLUSIONS

With the continued interest in sub-GeV DM detection, it is important to understand the limits that the neutrino background places on our ability to reach smaller cross sections and lighter masses and how this might impact the future of the field. In this paper, we have attempted to showcase these limits visually by mapping the so-called neutrino fog.

Oscura is the name of the planned next-generation silicon-based Skipper-CCD detector. A solar neutrino signal is expected to be detected by an experiment at this scale, but the projected sensitivity limits do not quite reach the edge of the neutrino fog as we have derived it here. Oscura should reach $\bar{\sigma}_e = 10^{-43}$ cm² for masses $m_{\chi} \sim 10$ MeV, assuming a 30 kg-year exposure [41]. Therefore, its sensitivity will barely reach the edge of the fog, but the sharp increase in opacity below the floor renders greater exposures futile anyway—DM models with masses around 1 MeV and cross sections below 10^{-42} cm² are essentially undiscoverable in any type of detector proposed to date.

While neutrinos seem to be far away from threatening solid-state experiments, for liquid argon (shown in the Appendix A) and, to some extent, liquid xenon, the onset of the fog emerges at much higher cross sections and so could potentially impact long-term projects like XLZD. The neutrino fog will also impact our ability to probe the theoretically motivated regions of the sub-GeV parameter space. If DM interacts through a heavy mediator, the window of theoretically motivated DM models is obscured by the fog above $m_{\chi} \sim 100$ MeV for all targets we study here. In the case of a light mediator, the prime theory target of freeze-in DM is not obscured by the neutrino fog, so the neutrino background will remain largely irrelevant for its discovery or exclusion.

Before concluding, it is interesting to ponder ways in which the neutrino fog may be circumvented if the community decides it is desirable to push the search for DM-electron interactions down to cross sections as low as the ones we have studied here. Going *through* the neutrino fog essentially requires that we provide experiments with additional information to distinguish the DM signal from its background. A few ideas have been presented in the past, including annual modulation [123] and directional detection [68,120,124–130], as well as improving our prior knowledge of neutrino flux normalizations [64,68,69].

Unfortunately, the annual modulations of the solar neutrino and DM fluxes are at the percent level, so they are too small to provide a practical means to push through the neutrino fog. Directionality also seems additionally challenging for DM-electron scattering, though some ideas exist in the literature, for example, detectors composed of graphene layers [131–136] or detectors using materials that exhibit anisotropic responses to recoil events [137,138]. The simplest approach, then, seems to be to wait for the upcoming generation of large neutrino observatories in order to improve our knowledge of neutrino fluxes.

Interestingly, in the case of the neutrino fog we have studied here, another possibility for pushing through it arises. Throughout our study, we have assumed that the primary source of neutrino events is actually the misidentified electron recoils arising from $CE\nu NS$ and not from direct neutrino-electron interactions, which lead to a comparatively small number of events in the energy range of interest. This means that if experiments can discriminate nuclear and electron recoils, the neutrino fog could be alleviated further. Unfortunately, this is not currently possible at such low energies, where the events are already hard enough to detect in the first place. Some detectors, like dual-phase liquid-noble TPCs, have methods to distinguish electron recoils from nuclear recoils, but to achieve sensitivity at such low energies, they currently must sacrifice their primary scintillation signal, which is what provides the information required to discriminate electrons from nuclei. Nonetheless, if a detection scheme were devised in which recoiling nuclei and electrons were distinguishable even down to the level of single-to-few primary ionized electrons, then such an experiment could be foreseen to have a much less severe neutrino fog.

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APPENDIX A: ADDITIONAL NEUTRINO FOG VISUALIZATIONS

In this appendix, we include several further visualizations of the neutrino fog that were not included in the main text. These include the argon and germanium neutrino fogs for the heavy-mediator case (Fig. 4) and all four targets assuming a light mediator (Fig. 5).

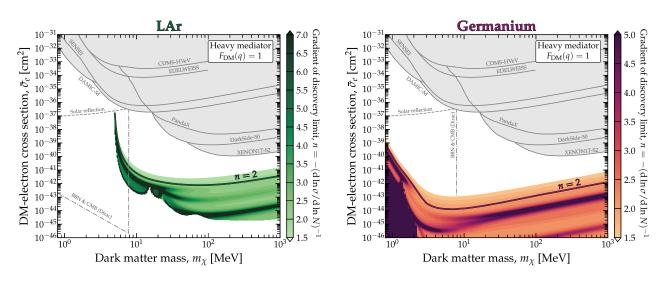


FIG. 4. Additional neutrino fog visualizations for argon and germanium targets assuming a heavy mediator. For argon, the required exposures to map the lower extent of the plot are in excess of 10^{15} kg-years, leading to numerical instability in deriving an accurate value of *n*. In this case, we simply leave this region unfilled.

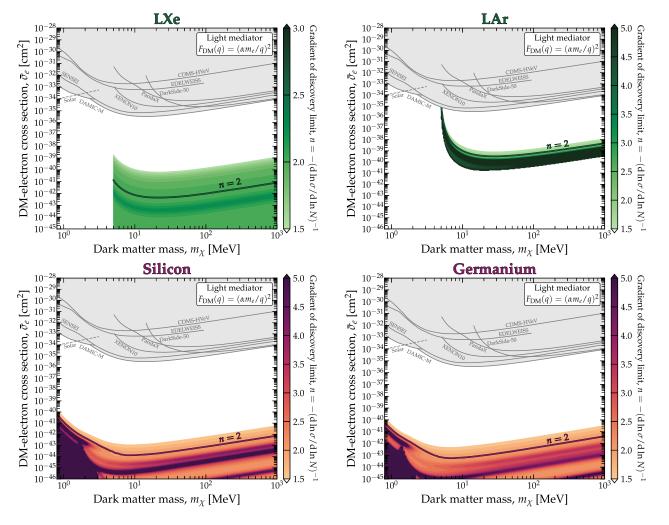


FIG. 5. Additional neutrino fog visualizations for the light-mediator case. For argon, the required exposures to map the lower extent of the plot are in excess of 10^{15} kg-years, leading to numerical instability in deriving an accurate value of *n*. In this case, we simply leave this region unfilled.

APPENDIX B: EDGE OF NEUTRINO FOG USING OTHER CODES

In Fig. 6, we compare the n = 2 edge of the neutrino fog for the cases where DM-electron ionization probabilities are calculated using other publicly available codes, QEdark [3] and EXCEED-DM [91]. The result of QCdark [139] agrees well with EXCEED-DM; thus, the corresponding neutrino fog is expected to reside close to the same of the latter. While we have presented our results for Si in Fig. 6, we observe similar deviations for the Ge target as well.

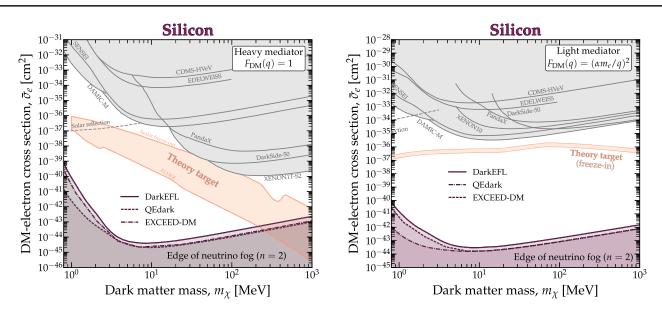


FIG. 6. The n = 2 boundaries of the neutrino fog when DM-electron scattering is calculated using DarkEFL (as utilized throughout the paper) [90], QEdark [3], and EXCEED-DM [91] for the Si target.

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