Small-correlated-against-large estimator for the lensing of the cosmic microwave background

Victor C. Chan¹, Renée Hložek,^{2,1} Joel Meyers¹,³ and Alexander van Engelen⁴

¹David A. Dunlap Department of Astronomy and Astrophysics, University of Toronto,

Toronto, Ontario M5S 3H4, Canada

²Dunlap Institute for Astronomy and Astrophysics, University of Toronto,

Toronto, Ontario M5S 3H4, Canada

³Department of Physics, Southern Methodist University, Dallas, Texas 75275, USA

⁴School of Earth and Space Exploration, Arizona State University, Tempe, Arizona 85287, USA

(Received 21 April 2023; accepted 5 September 2023; published 20 February 2024)

Weak gravitational lensing of the cosmic microwave background (CMB) carries imprints of the physics operating at redshifts much lower than that of recombination and serves as an important probe of cosmological structure formation, dark matter physics, and the mass of neutrinos. Reconstruction of the CMB lensing deflection field through use of quadratic estimators has proven successful with existing data, but is known to be suboptimal on small angular scales ($\ell > 3000$) for experiments with low-noise levels. Future experiments will provide better observations in this regime, but these techniques will remain statistically limited by their approximations. We show that correlations between fluctuations of the largescale temperature gradient power of the CMB sourced by $\ell < 2000$ and fluctuations of the local smallscale temperature power reveal a lensing signal that is prominent in even the real-space pixel statistics across a CMB temperature map. We present the development of the small-correlated-against-large estimator (SCALE), a novel estimator for the CMB lensing spectrum that offers promising complementary analysis alongside other reconstruction techniques in this regime. The SCALE method computes correlations between both the large-/small-scale temperature gradient power in harmonic space, and it is able to quantitatively recover unbiased statistics of the CMB lensing field without the need for map-level reconstruction. SCALE can outperform quadratic estimator signal-to-noise by a factor of up to 1.5 in current and upcoming experiments for CMB lensing power spectra $C_{6000 < L < 8000}^{\phi\phi}$

DOI: 10.1103/PhysRevD.109.043527

I. INTRODUCTION

Gravitational lensing of the cosmic microwave background (CMB) by cosmological structures along the line of sight has become a standard observational tool to probe the content and evolution of the Universe; see Ref. [1] for a review. Improvements in measurements of the CMB with telescopes like the Atacama Cosmology Telescope (ACT) [2], the South Pole Telescope (SPT) [3], and the Planck satellite [4] have unveiled the fluctuations in the temperature and polarization signal of this primordial light down to arc minute scales. Gravitational lensing distorts our view of this primordial radiation, imparting nonstationary statistics that can be teased apart from the primordial fluctuations [5–7].

Extracting (or "reconstructing") this signal from CMB temperature T and/or polarization E and B maps can proceed via a number of approaches. The pioneering work of Refs. [8,9] developed the concept of the quadratic estimator (QE) for the lensing signal, which combines pairs of observed maps TT, EE, BB, TE, TB, and EB to reconstruct the lensing potential field. Lensing reconstruction via the QE

has been successful with existing data. The iterative EB estimator [10,11] is especially effective at large angular scales ($L \leq 1000$) due to the transfer of power from E modes into B modes, the latter of which contains only a meager signal in the primary CMB caused by a possible epoch of cosmic inflation. Application of the QE on Planck data has allowed for a 40σ detection of gravitational lensing [6], and there has also been recent success from ACT [12,13]. However, the effectiveness of the QE may soon be limited as experiments push to smaller scales and lower noise. Indeed, the recent analysis of a set of very deep SPTpol data showed improved results compared with the more standard QE approach [14]. The QE formalism, which approximates the full maximum likelihood estimate of the signal, is statistically suboptimal on small angular scales and in low-noise regimes [10,11,15–18].

The derivation of the QE procedure relies on the assumption that lensing is a weak effect, in the sense that it has only a small effect on the statistics of the CMB sky. This is an appropriate approximation for most of the regimes in which the QE has historically been applied,



FIG. 1. Top: the input power spectrum for simulated raw CMB maps is shown in solid purple. The resulting lensed CMB power spectrum after applying a lensing field corresponding to the spectrum below is shown in solid teal. Noise spectra corresponding to different experiments are shown in black, and the lensed/ unlensed spectra combined with configuration-D (defined below, in Table II) noise are shown in their respective colors and dense dotted lines. Bottom: the input lensing convergence power spectrum for simulated lensing potential fields. Also shown is the optimal reconstruction noise $N_L^{(0)}$ for the Hu-DeDeo-Vale *TT* (HDV) [23] and iterative Hu and Okamoto *EB* quadratic estimators (HuOk) [8,9] computed with noise from configuration D.

but at lower noise levels, this approximation quickly begins to break down. On small angular scales, at $\ell \gg 2000$, the power resulting from gravitational lensing dominates over the primordial unlensed power spectrum, as can be seen in Fig. 1. In this lensing-dominated regime, QE techniques are suboptimal in the limit of low-noise levels. Figure 1 also shows that the additive bias $N_L^{(0)}$ from the *TT* reconstruction noise becomes lower than that of the iterative *EB* estimator at small angular scales ($L \gtrsim 2000$) due to increasing noise from the *EB* estimator. The noise power is greater than the signal power at these scales; however, this bias can be removed with well-established methods [19,20]. Bias from higher-order reconstruction noise $N_L^{(1)}$ also needs to be estimated and removed at small angular scales [21]. Recent advances in computation and statistical methodology allow for the computation of the full maximum likelihood lensing map [15,17,22] thereby surpassing the performance of QE techniques in simulated data.

Quadratic estimators can also be shown to be suboptimal in the small-scale, low-noise limit because they are weighted by the sky-averaged variance of the large-scale modes, despite precise measurement of the large-scale modes. Because of cosmic variance on large scales, this weighting contributes to excess variance in the lensing reconstruction. This limitation can be circumvented with the so-called "gradient inversion" approach to reconstruction [16,18,24] which, unlike the QE technique, is not limited by cosmic variance exhibited by the large-scale temperature fluctuations.

Quadratic estimators and other estimators like the gradient inversion estimator aim to reconstruct a map of the underlying lensing potential *explicitly*. A reconstructed map of the lensing field is valuable for delensing [21,25–28] and for cross-correlation with other maps of large-scale structure [e.g. [7,29–37]], but the lensing power spectrum carries valuable information even without an associated map-level reconstruction. Phenomena that impact matter clustering can be constrained using measurements of the matter power spectrum, without requiring a map of overdensities. Examples include the effects of neutrino mass and related quantities [38–41], dark matter interactions [42–44], ultralight dark matter [45,46], warm dark matter [47], and baryonic feedback [48].

Our goal is to devise a simple estimator that can leverage the low-noise and high-resolution maps expected from future CMB surveys to measure the small-scale lensing power spectrum. We present the small-correlated-againstlarge estimator (SCALE), a new method of obtaining the small-scale lensing power constructed from the crosscorrelation between maps of the local large- and smallscale temperature power. It was previously shown in Ref. [49] how cross-correlating the large-scale temperature gradient with the small-scale temperature power can be used to estimate the lensing power. We discuss some key differences between SCALE and the method used in Ref. [49] in Sec. IV. This estimator is complementary to reconstruction techniques aimed at estimating a map of the lensing potential. It is similar in spirit to the maximum likelihood, maximum *a posteriori*, gradient inversion, and Bayesian techniques [15,17,18,22] in that it aims to make optimal use of lensing information at small scales of a CMB temperature map. In contrast to the QE method, SCALE is designed to work on small angular scales, which leverages the ongoing improvements to detectors and telescopes in the coming decade [50–54]. SCALE specifically aims to avoid the extra variance incurred by QE techniques due to cosmic variance of the large-scale CMB temperature gradient, while also circumventing the highly correlated nature of QE errors at small angular scales. In contrast to the gradient inversion method described above, the SCALE pipeline consists of high- and low-pass filtered maps that are squared and then cross-correlated to estimate the lensing power spectrum directly, rather than a map of the lensing potential.

We start with a brief review of CMB lensing in Sec. II and develop a simple test in real space to illustrate the principles of our proposed method in Sec. III. We further develop this method and present the SCALE procedure in Sec. IV. After introducing our data simulations in Sec. V, we present our results in Sec. VI and conclude in VII.

II. REVIEW OF CMB LENSING

In the absence of foregrounds and noise, the observed CMB temperature field \tilde{T} at a particular line of sight $\hat{\mathbf{n}}$ is the unlensed temperature T at a lensing deflection angle $\mathbf{d}(\hat{\mathbf{n}})$ away from the line of sight. The lensing deflection angle $\mathbf{d} = \nabla \phi$ is the gradient of the lensing potential ϕ when working within the Born approximation. We denote a gradient across the sky (i.e., along the plane perpendicular to the line of sight) with ∇ . The lensed temperature is

$$\tilde{T}(\hat{\mathbf{n}}) = T(\hat{\mathbf{n}} + \nabla \phi(\hat{\mathbf{n}})) = T(\hat{\mathbf{n}}) + \nabla \phi(\hat{\mathbf{n}}) \cdot \nabla T(\hat{\mathbf{n}}) + \dots$$
(1)

The lensing potential is directly related to the lensing convergence $\kappa = -\nabla^2 \phi/2$, with power spectra related by $C_L^{\kappa\kappa} = (L(L+1))^2 C_L^{\phi\phi}/4$. In our conventions, the Fourier transform of the temperature gradient is

$$\nabla T(\hat{\mathbf{n}}) = i \int \frac{\mathrm{d}^2 \boldsymbol{\ell}}{2\pi} \boldsymbol{\ell} T(\boldsymbol{\ell}) e^{i\boldsymbol{\ell}\cdot\hat{\mathbf{n}}}.$$
 (2)

Note that the majority of the CMB temperature gradient comes from modes with $\ell \lesssim 2000$ [23]. Taking Eq. (1) into Fourier space, we apply Eq. (2) in combination with the convolution theorem to get

$$\widetilde{T}(\boldsymbol{\ell}) = \int d\widehat{\mathbf{n}} \, \widetilde{T}(\widehat{\mathbf{n}}) e^{-i\boldsymbol{\ell}\cdot\widehat{\mathbf{n}}}
= T(\boldsymbol{\ell}) - \int \frac{d^2\boldsymbol{\ell}'}{2\pi} \boldsymbol{\ell}' \cdot (\boldsymbol{\ell} - \boldsymbol{\ell}') \phi(\boldsymbol{\ell} - \boldsymbol{\ell}') T(\boldsymbol{\ell}') + \mathcal{O}(\phi^2).$$
(3)

In Eq. (3), we see that at first order in ϕ the lensed temperature field \tilde{T} is a convolution between the lensing potential field ϕ and the original unlensed temperature field T. Taking the two-point autocorrelation of the temperature field [e.g., steps (4.7)–(4.11) in Ref. [1]] yields the lensed power spectrum,

$$\begin{split} \tilde{C}_{\ell}^{TT} &\approx \left(1 - \int \frac{\mathrm{d}^{2} \boldsymbol{\ell}'}{(2\pi)^{2}} C_{\ell'}^{\phi\phi} (\boldsymbol{\ell} \cdot \boldsymbol{\ell}')^{2} \right) C_{\ell}^{TT} \\ &+ \int \frac{\mathrm{d}^{2} \boldsymbol{\ell}'}{(2\pi)^{2}} [\boldsymbol{\ell}' \cdot (\boldsymbol{\ell} - \boldsymbol{\ell}')]^{2} C_{\ell'}^{TT} C_{|\boldsymbol{\ell} - \boldsymbol{\ell}'|}^{\phi\phi}. \end{split}$$
(4)

Note that the first term is a cross term between the zerothand second-order terms of Eq. (3), and the second term is a product of the first-order term with itself. Similar to Eq. (3), it expresses that the lensed CMB temperature power contains a convolution between the lensing potential power and the original CMB temperature power. The effects of weak gravitational lensing on the CMB do not add or remove from the total CMB temperature variance $\int d\ell \ell C_{\ell}^{TT}/2\pi$ across the sky. Instead, lensing serves to redistribute power C_{ℓ}^{TT} between angular modes ℓ in a way that "smooths out" the peaks and troughs in the observed power spectrum (as can be seen in Fig. 1); the power redistributed to scales $\ell \gtrsim 4000$ dominates the signal compared to the unlensed temperature modes that are suppressed by diffusion damping. Traditional estimators of the lensing potential take advantage of the correlations between angular modes that have been introduced, and they work to reconstruct the lensing potential field through measurement of these off-diagonal couplings. We can make approximations to simplify Eq. (4) in the small-scale limit $\ell \gg 2000$. The CMB temperature gradient variance, which we denote $\langle |\nabla T_L|^2 \rangle$, is made up of an integral over the larger-scale modes $C_{\ell \leq 2000}^{TT}$ of the original CMB temperature field, given by $\int d\ell \ell^2 C_{\ell}^{TT}/2\pi$. This background temperature gradient is approximately constant at small scales, which can be enforced with $\ell' \ll \ell$ in Eq. (4). One can apply these approximations to arrive at a simplified representation of the lensed CMB temperature power on small scales (e.g., Sec. 4.1.3 of Ref. [1]),

$$\tilde{C}_{\ell\gg2000}^{TT} \approx \ell^2 C_{\ell}^{\phi\phi} \int \frac{\mathrm{d}\ell'}{\ell'} \frac{\ell'^4 C_{\ell'}^{TT}}{4\pi} + C_{\ell,r}^{TT}$$
$$= \frac{1}{2} \langle |\nabla T_L|^2 \rangle \ell^2 C_{\ell}^{\phi\phi} + C_{\ell,r}^{TT}. \tag{5}$$

Here, we define $C_{\ell,r}^{TT}$, which represents all remaining contributions to the observed temperature power that are not expected to strongly correlate with the large-scale gradient of the CMB temperature field. This includes the first term of Eq. (4), which contains a small amount of the unlensed CMB temperature power suppressed by diffusion damping crossed with a second-order lensing contribution. We may also include contributions from instrument noise, foregrounds, and other secondaries in $C_{\ell,r}^{Tr}$.

A straightforward method to estimate the small-scale lensing power is to simply divide the observed excess small-scale temperature power by the average unlensed temperature gradient power on large scales. That is, we can rework Eq. (5) and estimate the small-scale lensing power spectrum as

$$C_{\ell}^{\phi\phi} \approx \frac{\tilde{C}_{\ell}^{TT} - C_{\ell,r}^{TT}}{\ell^2 \left(\frac{1}{2} \left\langle |\boldsymbol{\nabla}T|^2 \right\rangle \right)},\tag{6}$$

for $\ell \gg 2000$. The motivation for our SCALE technique is that we can do better than Eq. (6), even without reconstructing a map of the lensing field. In any given patch of sky, the large-scale temperature gradient power around the line of sight $\hat{\mathbf{n}}$ will deviate from the sky average due to random fluctuations. As a consequence, the local smallscale temperature power that results from lensing will also deviate from the sky average. By correlating the spatial variations in the locally measured large-scale temperature gradient power with the spatial variations in the small-scale temperature power, we can construct an improved estimate of the small-scale lensing power. Furthermore, variations in the observed small-scale temperature power that are due to sources other than lensing (such as nonstationary noise or astrophysical foregrounds) are not expected to correlate with variations in the large-scale temperature gradient power, since these effects result from survey choices or local physics unrelated to the long wavelength fluctuations responsible for the large-scale temperature gradients.

In summary, we propose a new lensing estimator with a similar form to Eq. (6). The key difference is allowing the local small-scale lensed temperature power to fluctuate according to the steepness of the background temperature gradient in the same part of the sky,

$$\tilde{C}_{\ell\gg2000}^{TT,\text{local}}(\hat{\mathbf{n}}) \approx \frac{1}{2} |\nabla T_L(\hat{\mathbf{n}})|^2 \ell^2 C_{\ell}^{\phi\phi} + C_{\ell,r}^{TT}.$$
(7)

Equation (6) is recovered by taking the sky average of this version. We consider combinations of CMB temperature maps because temperature-based lensing reconstruction outperforms polarization-based estimators on small angular scales, due to the fact that polarization maps become dominated by noise at these angular scales (see Fig. 1). The lensing estimator we propose shares some similarities with techniques used to measure the kinetic Sunyaev-Zel'dovich (kSZ) effect through variations in small-scale temperature power [55].

In the following section, we present a simple proof of concept that takes advantage of the local map-space correlations between the small-scale temperature power and the square of the observed temperature gradient amplitude in order to tease out the statistics of the underlying lensing potential field.

III. INTRODUCTORY CONCEPTS IN REAL SPACE

Before describing the harmonic-space implementation of SCALE in this work, we start with an illustrative real-space

description of the concept to provide the intuition and motivation for the techniques we develop in the following section. We introduce the notation $\bar{X}(\hat{\mathbf{n}})$ along with shorthand \bar{X} to indicate the local average of a quantity X near a line of sight $\hat{\mathbf{n}}$.

The total observed small-scale CMB power along a given line of sight $\overline{T_S^2}(\hat{\mathbf{n}})$ is given by the two-dimensional (2D) angular integral over Eq. (7). We also specify the large-scale temperature gradient amplitude $|\nabla T_L(\hat{\mathbf{n}})|$ to still be approximately constant near each single line of sight while allowing for the small fluctuations between different lines of sight as described in the previous section. Since we do not expect the lensing potential field to strongly correlate with the remaining contributions to the small-scale temperature power, we generally expect

$$\overline{T_{S}^{2}}(\hat{\mathbf{n}}) \simeq a_{1} \overline{|\boldsymbol{\nabla} T_{L}(\hat{\mathbf{n}})|^{2}} + a_{0}, \qquad (8)$$

where we have the following contributions:

- (1) A term containing the lensing contribution that scales with the amplitude of the large-scale CMB temperature gradient $|\nabla T_L(\hat{\mathbf{n}})|^2$.
- (2) A term containing all remaining contributions which do *not* scale with the CMB temperature gradient.

Equation (8) motivates a simple, map-space approach to gather local statistics for $\overline{T_S^2}(\hat{\mathbf{n}})$ and $|\nabla T_L(\hat{\mathbf{n}})|^2$ and to take advantage of their correlations to bring out the lensing signal. The expectation is that $a_1 \rightarrow 0$ in a CMB temperature map *without* lensing, and a_1 should increase with a stronger lensing signal [i.e., $a_1 \propto C_L^{\phi\phi}$, cf. (7)]. Contributions to the temperature map such as noise and foregrounds that do not come from lensing should directly contribute to a_0 , but not a_1 because they are not expected to correlate with the large-scale CMB temperature gradient. We should therefore be able to infer the small-scale lensing power from the measured value of a_1 .

A. Map reduction to local patches

Of the two observable quantities in Eq. (8), we begin with measuring background temperature gradient $\overline{\mathbf{V}T_L}$ as well as the small-scale temperature T_S from a single input CMB temperature map. Local statistics of $|\overline{\mathbf{V}T_L}|^2$ and $\overline{T_S^2}$ then need to be gathered in small cutouts of the observed field.

To ensure that we are only including the smooth component of the temperature gradient, we filter the maps in Fourier space. We compute maps of the observed CMB temperature gradient using

$$\nabla T_L(\boldsymbol{\ell}) = i\boldsymbol{\ell} T(\boldsymbol{\ell}). \tag{9}$$

We apply a low-pass top hat filter before returning the map to pixel space: $\nabla T_L(\ell > \ell_{\nabla T}) = 0.$

It is not immediately obvious what scale $\ell_{\nabla T}$ should be used in the low-pass filter. Enough modes should be

included such that the resulting ∇T_L maps contain enough information about the background temperature gradient, and $\ell_{\nabla T}$ should be small enough such that there are no direct correlations from similar shared modes between ∇T_L and the small-scale temperature $T(\ell \gg 2000)$. The largescale CMB temperature gradient ∇T_L that we are looking for is mostly constituted by modes $\ell \lesssim 2000$, so we consider a low-pass cutoff at $\ell_{\nabla T} = 3000$. It is important to keep in mind that pixels near the boundary of the ∇T_L map may be unusable if the original T map does not have the appropriate repeating boundary conditions.

In order to pick out only the small-scale lensing power contributions that we wish to correlate with the background temperature gradient, the original CMB temperature map also needs to be filtered, this time with a high-pass window $(\ell_{\min} < \ell < \ell_{\max})$ for the scales relevant to the analysis. A variety of choices for ℓ_{\min} and ℓ_{\max} can be made as long as scales are in a regime where lensing is dominant $(\ell \gg 2000)$, and we require $\ell_{\min} > \ell_{\nabla T}$ to ensure that any correlations between the large-scale gradient and small-scale power fields are strictly from lensing. The choice in ℓ_{\min} and ℓ_{\max} affect the expected a_1 and a_0 in Eq. (8) through the angular integral for the total CMB temperature power.

We then split both filtered maps into patches in order to estimate the quantities $|\nabla T_L|^2$ and $\overline{T_S^2}$ along different lines of sight $\hat{\mathbf{n}}$. The required patch size is also not obvious, but needs to be small such that the assumption of $|\nabla T_L|^2$ being constant within a patch is reasonable. In considering the characteristic angular scale $\theta \sim 2\pi/\ell$ for $\ell = 2000$, the patches should be ≤ 10 arc minutes wide. The patches also need to be large enough that there are sufficient pixels of the map within each patch to make good estimates of $|\nabla T_L|^2$ and $\overline{T_S^2}$. This is also dependent on the resolution of the original map, which will be discussed further in Sec. V. For the example shown here, we choose a patch size of 10×10 arc minutes, which is 20×20 pixels in our simulated maps with resolution 0.5 arc minutes.

The quantity $|\nabla T_L(\hat{\mathbf{n}})|^2$ can now be computed for every patch across the map. For each of the two perpendicular directions on the map \hat{x} and \hat{y} , we first compute the average gradient across each patch $\overline{\nabla T_L}(\hat{\mathbf{n}}) = \overline{\nabla_x T_L} \hat{x} + \overline{\nabla_y T_L} \hat{y}$. We can then readily compute $|\nabla T_L(\hat{\mathbf{n}})|^2 = (\overline{\nabla_x T_L})^2 + (\overline{\nabla_y T_L})^2$ for each patch.

B. Lensing from patch statistics

The remaining quantity to compute within each patch is $\overline{T_S^2}(\hat{\mathbf{n}})$. We compute the autovariance of the high-pass filtered T_S map within each patch. The $|\nabla T_L|^2$ and $\overline{T_S^2}$ from each patch, in principle, provides a very noisy and approximate estimate of the overall small-scale lensing power present in the map, following a distribution about Eq. (8). By combining the statistics of many noisy patches



FIG. 2. Schematic of a procedure to reduce a CMB temperature map to local, real-space statistics which can then be correlated to infer lensing effects. Maps in the original resolution are denoted in green borders, and the light brown borders indicate a degraded resolution after computing relevant statistics within local patches of width 40 arc minutes. Note that the patches shown here are for visual presentation, and they are larger than those chosen later on.

across the map, there is opportunity to more rigorously quantify the slope in Eq. (8) and relate it to the 2D angular integral of Eq. (5) in the appropriate space of chosen $\ell_{\nabla T}$, ℓ_{\min} , and ℓ_{\max} . A flowchart visualizing the steps in our real-space method is presented in Fig. 2.

The outputs of this real-space procedure applied to both a lensed and unlensed realization of the CMB temperature are shown in Fig. 3 to illustrate the relationship between them. A positive correlation between $\overline{T_s^2}$ and $|\overline{\nabla T_L}|^2$ can be clearly seen in the ensemble of lensed patches, while no significant correlation is seen in the sample of unlensed patches. Two example patches are also highlighted in Fig. 3, and the corresponding cutouts of the lensed CMB temperature filtered to the relevant scales of the small-scale temperature and the large-scale gradient are shown. The cutouts show that, even upon visual inspection,



FIG. 3. Local small-scale (6000 < ℓ < 8000) temperature variance $\overline{T_s^2}$ vs average large-scale (ℓ < 3000) temperature gradient amplitude squared $|\overline{\mathbf{V}T_L}|^2$ for lensed (teal) and unlensed (purple) realizations are shown here as faint, small points. A low-variance/small-gradient patch from the lensed realization (orange x), and a high-variance/large-gradient patch from the lensed realization (maroon+) are highlighted. The larger points are centered on the medians within bins of $|\overline{\mathbf{V}T_L}|^2$ containing an equal number of patches, with error bars corresponding to 68% quantiles. The lines of best fit through the binned points are also shown. Left: 10 × 10 arc minutes cutouts of the lensed CMB temperature map filtered for small scales (6000 < ℓ < 8000) corresponding to the highlighted patches. Bottom: 10 × 10 arc minutes cutouts of the lensed CMB temperature map filtered for large scales (ℓ < 3000) corresponding to the highlighted patches. The average gradient direction and relative amplitudes across each patch are shown with the overlaid arrows.

typical areas on the lensed CMB with a steep background temperature gradient usually have a higher small-scale temperature power than typical areas with a relatively weak background temperature gradient.

There are several challenges that must be overcome in order to use this real-space method as a reliable estimator of CMB lensing. First, it is important to note that the strictly positive nature of the autovariance forces the observed distribution of $T_s^2(\hat{\mathbf{n}})$ across the map to be positively skewed. It is also nontrivial to determine a choice in patch size that optimally includes as many pixels per patch while keeping the large-scale gradient and lensing statistics consistent within each patch. In fact, we show in Sec. IV and Figs. 4 and 5 that there is no single patch size that can be chosen to effectively capture all the correlations between the large- and small-scale temperature fluctuations. These factors, combined with the fact that the temperatures observed in neighboring real-space pixels across each patch are highly correlated, suggests that the expected distribution of observed $\overline{T_s^2}(\hat{\mathbf{n}})$ about Eq. (8) is nontrivial. One option to make this distribution better behaved is to compute the covariance of two observations of the same CMB temperature field. By splitting up timeordered CMB observations into two or more maps of the same area of sky, one can take advantage of the fact that the maps contain the same CMB realization (which should contain the same lensing information and correlations) and different noise realizations (which should not covary across maps).

One more challenge with quantifying this method is the loss of information coming from the local large-scale gradient direction when computing $\overline{|\nabla T_L(\hat{\mathbf{n}})|^2}$. One may choose to construct individual filters for each real-space patch and its observed gradient direction in order to focus on the expected lensing signal(s). Directional filtering is motivated by the fact that lensing induces small-scale temperature gradient fluctuations proportional to the local large-scale gradient amplitude and direction. One such example is choosing a filter $f_{\ell} = \cos \alpha = \hat{\nabla} \cdot \hat{\ell}$ in addition to the high-pass filter for the small-scale temperature. In practice, this means that the small-scale temperature patches must each be filtered separately and uniquely based on the observed gradient direction in each patch $\hat{\nabla}T_L(\hat{\mathbf{n}})$. This approach once again faces the previous challenge of the large-scale temperature gradient fluctuations not being fully represented within a single patch size. We find that applying such a filter introduces edge effects along the borders of each patch, which alters information from an already limited set of pixels within each patch. For these reasons, we choose to present Fig. 3 without additional gradient information in the filtering of the smallscale temperature field.

While we limit our current presentation of this real-space procedure to a qualitative analysis, it provides significant intuition and motivation for the development of SCALE. Figure 3 demonstrates that the small-scale CMB temperature fluctuations are intricately tied to the statistics of the underlying lensing field as well as the large-scale temperature fluctuations of the CMB itself. In other words, information about the lensing field naturally comes out when correlating small-scale CMB temperature fluctuations to large-scale CMB temperature fluctuations. While the observed CMB temperature field is expected to be contaminated by foregrounds and noise, we do not expect such contributions to be strongly correlated between small and large scales. These properties of a lack of noise correlation and the direct lensing correlation between the large-scale gradient and small-scale temperature are central to SCALE. This estimator overcomes the weaknesses of the real-space method, and we will show that it provides a quantitative estimate of the underlying small-scale lensing statistics in the following section.

IV. THE SCALE METHOD

The small-scale lensing signal is reflected in CMB temperature maps through local correlations between the small- and large-scale temperature power fluctuations across the sky. For a given map of the observed CMB temperature field $T(\mathcal{C})$, we begin by constructing the fields containing the relevant information at small and large scales. Here, we will sketch the procedure of forming the optimal direct estimate of the lens-induced correlation between small-scale gradient power and large-scale gradient power, in a way that minimizes the variance of the result. The full details of the derivation are presented in the Appendix.

We begin by constructing large-scale temperature gradient fields for two perpendicular directions on the map $\nabla T_L(\mathcal{C})$ by applying the top hat filter $W_{\lambda}(\mathcal{C})$ combined with a Wiener filter to the original temperature field,

$$W_{\lambda}(\boldsymbol{\ell}) = \begin{cases} 1, \quad \ell_{2,\min} \leq |\boldsymbol{\ell}| < \ell_{2,\max}, \\ 0, \quad \text{else}, \end{cases}$$
(10)

$$\nabla T_L(\boldsymbol{\ell}) = \frac{i\boldsymbol{\ell} \boldsymbol{W}_{\lambda}(\boldsymbol{\ell}) C_{\boldsymbol{\ell}}^{TT} T(\boldsymbol{\ell})}{C_{\boldsymbol{\ell}}^{TT,\text{obs}}}.$$
 (11)

Note that a fiducial temperature power spectrum C_{ℓ}^{TT} is required for the Wiener filter in this step. It is not imperative that the assumed model exactly matches the underlying cosmology, as the results are not sensitive to this choice. The observed CMB temperature power spectrum $C_{\ell}^{TT,obs}$ of the map is also required for our filters. We construct a field containing the large-scale temperature power fluctuations after returning each gradient component to real space, squaring each component, and then adding them together,

$$\lambda(\hat{\mathbf{n}}) = (\nabla_{\mathbf{x}} T_L(\hat{\mathbf{n}}))^2 + (\nabla_{\mathbf{y}} T_L(\hat{\mathbf{n}}))^2.$$
(12)

Similarly, we construct small-scale temperature gradient fields in two perpendicular directions on the map $\nabla T_S(\mathcal{C})$ by applying a top hat filter $W_{\varsigma}(\mathcal{C})$ combined with an inverse-variance filter to the observed temperature field,

$$W_{\varsigma}(\boldsymbol{\ell}) = \begin{cases} 1, \quad \ell_{1,\min} \le |\boldsymbol{\ell}| < \ell_{1,\max} \\ 0, \quad \text{else}, \end{cases}$$
(13)

$$\nabla T_{S}(\boldsymbol{\ell}) = \frac{i\boldsymbol{\ell}W_{\varsigma}(\boldsymbol{\ell})T(\boldsymbol{\ell})}{C_{\ell}^{TT,\text{obs}}}.$$
(14)

We construct a field containing the small-scale temperature power fluctuations after returning each gradient component to real space, squaring each component, and then adding them together,

$$\boldsymbol{\varsigma}(\hat{\mathbf{n}}) = (\nabla_{\boldsymbol{x}} T_{\boldsymbol{S}}(\hat{\mathbf{n}}))^2 + (\nabla_{\boldsymbol{y}} T_{\boldsymbol{S}}(\hat{\mathbf{n}}))^2. \tag{15}$$

The field ς strictly contains the small-scale temperature power fluctuations at the scales allowed by the filter $W_{\varsigma}(\mathscr{C})$. We expect this field to correlate with the large-scale temperature power fluctuations captured by the field λ . Such correlations are only expected as a result of lensing on the original CMB temperature field because the filters are chosen to have disjoint support in \mathscr{C} . As a result the crossspectrum between each field $C_{L}^{\varsigma\lambda}$ is a four-point function



FIG. 4. A comparison of a CMB temperature realization before and after lensing in the absence of noise and foregrounds. The same area of sky is shown for all panels, including a visualization of the λ and ς maps derived from each version. Panels on the same row are shown with the same color map and limits. A grid with 20 arc minutes spacing is overlaid, which illustrates patches twice the width of the chosen patches for the real-space proof of concept.



FIG. 5. A visualization of several \check{L} bands of width $\Delta \check{L} = 300$ centered at each \check{L} highlights the correlations between λ and ς induced by lensing. The same lensed CMB realization from Fig. 4 is shown, with the same color maps and limits for λ and ς . SCALE quantifies the correlations between the top and bottom panels in its estimates of the underlying lensing statistics. A grid with 20 arc minutes spacing is overlaid, which illustrates patches twice the width of the chosen patches for the real-space proof of concept.

that estimates the power of the lensing potential $C_L^{\phi\phi}$. Each mode \check{L} of the cross-spectrum represents a particular scale over which the fields λ and ζ correlate. This is illustrated in Figs. 4 and 5. The λ fields look visually similar between unlensed and lensed realizations of the CMB, but in the absence of noise, the ζ fields show much stronger fluctuations in the lensed realization (unlensed small-scale power is suppressed by diffusion damping). Fluctuations in the lensed ζ field visibly correlate with the λ field. Further filtering the λ and ζ fields illustrates the \check{L} modes probed by the cross-spectrum, and the lensing-induced correlation between λ and ζ becomes striking.

Figure 5 also visualizes how the real-space method from Sec. III was combining the information from many modes of $\check{L} \gtrsim 500$ within each patch and was including information from modes $\check{L} \lesssim 500$ when performing the fit with many patches.

The introduction of noise (and foregrounds) adds power to both λ and ζ fields, and it can become the dominant source of power in the ζ field. Noise contributions to λ and ζ are not expected to correlate with each other, meaning the cross-spectrum $C_{L}^{\zeta\lambda}$ is expected to be largely insensitive to noise (though noise will contribute to its variance).

For the SCALE cross-spectrum to be an unbiased estimate of the lensing power, it needs to be normalized to take into account the filtering that was applied, as well as the expected action of lensing on the fields,

$$\Psi_{\check{L}} = A_{\check{L}} C_{\check{L}}^{\varsigma\lambda}. \tag{16}$$

The normalization $A_{\check{L}}$ is computed as a double integral of both the observed temperature power spectrum $C_{\ell}^{TT, \text{obs}}$ and the fiducial temperature power spectrum C_{ℓ}^{TT} used in the Wiener filter above,

$$A_{\check{L}} = \left[2 \int \frac{d^{2} \boldsymbol{\ell}_{1}}{(2\pi)^{2}} W_{\varsigma}(\boldsymbol{\ell}_{1}) W_{\varsigma}(\check{\boldsymbol{L}} - \boldsymbol{\ell}_{1}) (\boldsymbol{\ell}_{1} \cdot (\boldsymbol{\ell}_{1} - \check{\boldsymbol{L}})) \frac{1}{C_{\ell_{1}}^{TT,obs}} \frac{1}{C_{|\check{\boldsymbol{L}} - \boldsymbol{\ell}_{1}|}^{TT,obs}} \int \frac{d^{2} \boldsymbol{\ell}_{2}}{(2\pi)^{2}} W_{\lambda}(\boldsymbol{\ell}_{2}) W_{\lambda}(\check{\boldsymbol{L}} - \boldsymbol{\ell}_{2}) (\boldsymbol{\ell}_{2} \cdot (\boldsymbol{\ell}_{2} - \boldsymbol{\ell}_{1})) \right] \times ((\check{\boldsymbol{L}} - \boldsymbol{\ell}_{2}) \cdot (\boldsymbol{\ell}_{1} - \boldsymbol{\ell}_{2})) (\boldsymbol{\ell}_{2} \cdot (\boldsymbol{\ell}_{2} - \check{\boldsymbol{L}})) \frac{(C_{\ell_{2}}^{TT})^{2}}{C_{\ell_{2}}^{TT,obs}} \frac{(C_{|\check{\boldsymbol{L}} - \boldsymbol{\ell}_{2}|}^{TT,obs}}{C_{|\check{\boldsymbol{L}} - \boldsymbol{\ell}_{2}|}^{TT,obs}} \right]^{-1}.$$

$$(17)$$

The bounds of each integral correspond to the scales allowed by the small-scale window function W_{ζ} and the large-scale window function W_{λ} . See the Appendix for the steps leading to the definition of $A_{\check{L}}$ in Eq. (A10). The expected value of $\langle \Psi_{\check{L}} \rangle$ can be similarly computed with the lensing power $C_{\ell}^{\phi\phi}$,

$$\langle \Psi_{\check{L}} \rangle = 2A_{\check{L}} \int \frac{d^{2} \boldsymbol{\ell}_{1}}{(2\pi)^{2}} W_{\varsigma}(\boldsymbol{\ell}_{1}) W_{\varsigma}(\check{L} - \boldsymbol{\ell}_{1}) (\boldsymbol{\ell}_{1} \cdot (\boldsymbol{\ell}_{1} - \check{L})) \frac{1}{C_{\ell_{1}}^{TT, \text{obs}}} \frac{1}{C_{|\check{L} - \boldsymbol{\ell}_{1}|}^{TT, \text{obs}}} \\ \times \int \frac{d^{2} \boldsymbol{\ell}_{2}}{(2\pi)^{2}} W_{\lambda}(\boldsymbol{\ell}_{2}) W_{\lambda}(\check{L} - \boldsymbol{\ell}_{2}) (\boldsymbol{\ell}_{2} \cdot (\boldsymbol{\ell}_{2} - \boldsymbol{\ell}_{1})) ((\check{L} - \boldsymbol{\ell}_{2}) \cdot (\boldsymbol{\ell}_{1} - \boldsymbol{\ell}_{2})) (\boldsymbol{\ell}_{2} \cdot (\boldsymbol{\ell}_{2} - \check{L})) \frac{(C_{\ell_{2}}^{TT})^{2}}{C_{|\check{L} - \boldsymbol{\ell}_{2}|}^{TT, \text{obs}}} C_{|\check{\ell}_{1} - \boldsymbol{\ell}_{2}|}^{\phi\phi}$$

$$(18)$$

Note that unlike for, e.g., the QE estimator, with the SCALE estimator we do not directly recover the signal of immediate interest (namely, $C_{\ell}^{\phi\phi}$ in this case). This means that nontrivial physical changes to $C_{\ell}^{\phi\phi}$, such as from extensions to the cosmological model, would appear in the Ψ_{i} statistic in the SCALE estimator only indirectly, via this integral relation. Nevertheless, we will show below that the expected $\Psi_{\check{L}}$ is readily computed for any cosmological model and shows excellent agreement with simulated reconstructions.

The expected noise variance of Ψ_{L} , i.e., the variance in the absence of any lensing, is $N_{\check{L}} \approx 4A_{\check{L}}$, and the expected minimum uncertainty on an estimated $\hat{\Psi}_{\check{L}}$ in the limit of low covariance between \check{L} modes is

$$\Delta \hat{\Psi}_{\check{L}} = \sqrt{\frac{\Psi_{\check{L}}^2 + 4A_{\check{L}}}{f_{\rm sky}\Delta\check{L}(2\check{L}+1)}}.$$
(19)

The details of $A_{\check{L}}$, $\langle \Psi_{\check{L}} \rangle$, and its expected variances are derived in the Appendix leading up to Eq. (A25). We also demonstrate that the inverse variance and Wiener filters are the optimal filters to minimize the noise variance N_{L} of the SCALE estimator. Note that in this procedure we correlate the small-scale gradient power with the large-scale gradient power; whereas, in Fig. 3 we demonstrate that the smallscale temperature power is strongly correlated to the largescale gradient through lensing. The use of small-scale gradient power is motivated by the discussion at the end of Sec. III, where we argue that lensing imparts a directional perturbation to the small-scale temperature field that is correlated with the large-scale temperature gradient in both amplitude and direction. We further find that, if we follow the optimization steps with the small- and largescale temperatures (rather than their gradients) in the Appendix, we inevitably conclude that the optimal filters would include factors of ℓ for each field, which implies that the two gradient powers are being correlated.

The general flow of the SCALE pipeline is illustrated in Fig. 6 and summarized here beginning with a temperature map $T(\hat{\mathbf{n}})$:

- (1) Transform $T(\hat{\mathbf{n}})$ into harmonic space $T(\boldsymbol{\ell})$, apply the operations described by Eq. (11), and return ∇T_L to map space.
- (2) Compute $\lambda(\hat{\mathbf{n}})$ using Eq. (12).
- (3) Apply the operations described by Eq. (14) to $T(\mathcal{C})$ and return ∇T_s to map space.
- (4) Compute $\varsigma(\hat{\mathbf{n}})$ using Eq. (15).
- (5) Compute the cross-spectrum $C_{\check{L}}^{\lambda\varsigma}$. (6) Apply the normalization $\Psi_{\check{L}} = A_{\check{L}}C_{\check{L}}^{\lambda\varsigma}$.

The end result $\Psi_{\check{L}}$ is a set of separate estimates of the lensing power spectrum $C_{\ell}^{\phi\phi}$ weighted by the normalization $A_{\check{t}}$ along a range of scales set by $W_{c}(\mathscr{C})$ and $W_{\lambda}(\mathscr{C})$. We note that the nature of our effectively four-point correlator is reminiscent of the trispectrum calculations for $N_L^{(1)}$ [56],



FIG. 6. Schematic of the steps taken in SCALE pipeline.

which are typically discarded in CMB lensing power spectrum analyses. This provides a hint that the non-Gaussian signatures of CMB lensing are being considered as part of the SCALE signal. This is further shown by Ref. [49], wherein they derive the lensing signal present in the three- and four-point functions of the small-scale CMB temperature field. The cross-spectrum between large and small scales is particularly shown to extract information from the connected four-point function corresponding to two large- ℓ and two low- ℓ modes [see Eqs. (37)–(42) and Fig. 9(a) therein]. A lensing estimator featuring the crossspectrum between the large-scale temperature gradient and the small-scale temperature power is also presented in Ref. [49], and some key differences in SCALE are the usage of small-scale gradient power and the inclusion of the optimal filters, as well as the normalization $A_{\check{L}}$ to correct for bias. We show below that our method allows us to extract lensing information from the cross-spectrum out to higher \check{L} . Finally, it is shown in Ref. [49] that the cross-spectrum between large- and small-scale temperature can be treated as approximately Gaussian, meaning that Eq. (19) should accurately predict SCALE uncertainties. We also note that the SCALE procedure draws parallels with the estimator constructed in Ref. [55], wherein the locally measured small-scale ($\ell \gtrsim 3000$) temperature power varies across the sky due to the patchiness of the kinetic Sunyaev-Zel'dovich effect. The main difference is that here we correlate the fluctuations in power between large and small scales, whereas the kSZ estimator of Ref. [55] studies the angular power spectrum of the locally measured small-scale temperature power.

V. SIMULATED OBSERVABLES

We test SCALE on simulated CMB maps to determine the robustness of the method. The input power spectra for the simulated maps (shown in Fig. 1) in all of our analyses were generated with $CAMB^{1}$ [57,58] and the parameters listed in Table I. We choose parameters to approximately match results from the Planck results [4], as well as accuracy factors suggested by [59]. We generate all simulated raw CMB maps using the rand_map method from PIXELL² at a resolution of 0.5 arc minutes. Simulated maps are generally $10^{\circ} \times 10^{\circ}$ and centered at the equator. These smaller maps are well within the flat-sky approximation and can be quickly simulated in large quantities. The rand_map method imposes repeating boundary conditions in each realization, so the filtering steps do not generate any edge effects. When gathering power spectrum and/or cross-spectrum statistics, we choose bins of $\Delta \ell$, ΔL , and $\Delta \check{L}$ that are integer multiples of the fundamental mode $\ell_{\rm fun} = 36$ for our maps. This is to ensure that we gather values at bin widths that are commensurate with both the grids in which the realizations themselves were generated and in which the correlation statistics are evaluated. We apply lensing to the raw CMB maps using PIXELL's LENSING package and a lens potential field corresponding to the $C_{I}^{\kappa\kappa}$ spectrum shown in Fig. 1.

For every CMB map, we generate noise realizations with experiment-relevant values listed in Table II. Configuration A represents a stage-III-like survey like ACT and SPT, while configuration B is illustrative of the Simons Observatory (SO) [51]. Configuration C gives noise and beam corresponding to CMB stage-IV-like properties [50], and configuration D shows a slightly more futuristic experiment corresponding with some tests made for the gradient inversion estimator in [18]. Configuration E represents a low-noise, high-resolution experiment like the proposed CMB-HD [54]. We also briefly consider tests in the noise-free limit.

We consider a range of current to future experiments, and we present a particular focus of results for configuration D. We generally choose a window function for $W_{c}(\ell)$ to include modes $\ell_1 \in [6000, 8000]$ (unless otherwise shown)

TABLE I. The set of nondefault arguments given to CAMB when simulating power spectra chosen to approximately match results from [4]. Lensing accuracy parameters were chosen as suggested by [59].

Parameter	Value
НО	67.5 km/s
ombh2	0.022
omch2	0.122
tau	0.06
As	2×10^{-9}
ns	0.965
r	0
lmax	20 000
lens_potential_accuracy	8

TABLE II. The set of simulated noise configurations chosen to be representative of existing or upcoming experiments from ACT (configuration A) [2] to CMB-HD (configuration E) [54].

Configuration	ns w (µK-arc min)	<i>b</i>) (arc min)	Analogous experiments
A	10.5	1.3	ACT [2]
В	6.3	1.4	SO [51]
С	1.5	1.4	CMB-S4 [50]
D	1.0	1.0	Comparison with [18]
E	0.5	0.25	CMB-HD [54]

for a balance between being in a regime where the lensing signal is expected to be high and noise is not too dominant (refer to Fig. 1). This reasoning is demonstrated against several choices of ℓ_1 windows in Sec. VI, but we expect the SCALE methodology to be effective as long as ℓ_1 satisfies our small-scale approximations (i.e., $\ell_1 \gg 2000$). We also generally choose $W_{\lambda}(\ell)$ to include modes $\ell_2 \in [0, 3000]$ to ensure that λ maps include most of the information about the large-scale temperature gradient power.

We later compare the results of our SCALE lensing method to those of the Hu-DeDeo-Vale [23] quadratic estimator with the TT fields. We choose to compare with a quadratic estimator since it provides a well-understood and established benchmark. We choose the HDV quadratic estimator, in particular, due to its behavior in the smallscale regime. Small angular scale ($\ell \gtrsim 2000$) contributions to the gradient power are removed in the HDV implementation to avoid a bias introduced by higher-order cross terms between the temperature gradient and the lensing convergence in this regime; this is less of a concern with the original Hu and Okamoto estimators applied at larger angular scales (refer to Fig. 1 and [23]). The HDV quadratic estimator and its principles have also been applied in studies of cluster lensing including some using Planck [60], SPT [61], and ACT [62] data, as well as forecasts of

https://camb.info/.

²https://github.com/simonsobs/pixell.

lensing results with the proposed CMB-HD experiment [63]. We perform reconstructions of the lensing convergence field $\hat{\kappa}$ with the HDV method for a subset of simulated lensed CMB maps, along with computations of the optimal noise $N_L^{(0)}$ and realization dependent noise $\hat{N}_L^{(0)}$ using the SYMLENS³ package. In particular, we choose xmask with $\ell_{\min} = 2$ and $\ell_{\max} = 3000$, ymask with $\ell_{\min} = 2$ and $\ell_{\max} = 10000$, and kmask with $L_{\min} =$ 100 and $L_{\text{max}} = 10\,000$. The first two masks are applied to each version of the temperature field of the TT quadratic estimator, and the final mask is applied to the reconstructed convergence field. We apply our method to 100 000 realizations for each suite of tests to obtain stable statistics of the SCALE output. In particular, we found that we need at least 100 000 simulations to reach a converged inverse covariance matrix that we use later to compute signal-tonoise ratio. We apply the HDV quadratic estimator on a subset containing 10 000 of the full set of realizations when making comparisons, choosing a smaller sample size because it is computationally more intensive to run quadratic estimators. We also found that the inverse covariance matrix for the HDV output converges with a sample size of 10000. Each set of simulations applying the SCALE procedure shares the following general flow:

- (1) Generate primordial CMB temperature power spectrum C_{ℓ}^{TT} , lensing power spectrum $C_{L}^{\phi\phi}$, and lensed CMB temperature power spectrum \tilde{C}_{ℓ}^{TT} with CAMB.
- (2) Generate N_{ℓ}^{TT} according to one of the experiment configurations in Table II.
- (3) Compute $A_{\check{L}}$ and $\langle \Psi_{\check{L}} \rangle$ with the above power spectra. $A_{\check{L}}$ are different for lensed/unlensed maps, and $\langle \Psi_{\check{L}} \rangle = 0$ for unlensed maps.
- (4) For each of 100 000 simulations:
 - (a) Generate realization of CMB temperature *T* with C_{ℓ}^{TT} and lensing field ϕ with $C_{L}^{\phi\phi}$.
 - (b) Apply lensing to the CMB temperature field to get the lensed temperature field \tilde{T} . (Not done in the null test.)
 - (c) Generate noise field N with N_{ℓ}^{TT} and add to \tilde{T} . (Add to T in the null test with no lensing.)
 - (d) Follow the steps in Fig. 6 to estimate $\hat{\Psi}_{\check{L}}$ for this given realization.

The next three steps are unnecessary for SCALE, but are performed for 10 000 iterations if we wish to compare SCALE with the HDV quadratic estimator.

- (e) Reconstruct the lensing convergence field $\hat{\kappa}$ with the HDV quadratic estimator described above.
- (f) Estimate the lensing power spectrum $\hat{C}_L^{\kappa\kappa}$ with the reconstructed $\hat{\kappa}$ field.
- (g) Compute the realization-dependent reconstruction noise $\hat{N}_L^{(0)}.$

TABLE III. Summary of notation relevant to the SCALE method for quick reference. Symbols appearing first take precedence in the case of apparent conflict.

Symbol	Description		
Т	CMB temperature field		
$ ilde{T}$	Lensed CMB temperature field		
T_L	Large-scale temperature field		
T_{S}^{-}	Small-scale temperature field		
λ	Large-scale temperature gradient power field		
ς	Small-scale temperature gradient power field		
ϕ	CMB lensing potential field		
κ	CMB lensing convergence field		
l	CMB multipole		
L	Lensing field multipole		
Ľ	SCALE cross-spectrum multipole		
ℓ_1	Small-scale filter multipole		
ℓ_2	Large-scale filter multipole		
ĥ	Line-of-sight direction		
C_{ℓ}^{XY}	Cross- (or auto) spectrum of fields X and Y		
N_{ℓ}^{XX}	Noise spectrum of XX		
$\Psi_{\tilde{L}}$	Normalized SCALE cross-spectrum		
$\Delta \Psi_{\check{L}}$	Minimum expected SCALE uncertainty		
$A_{\check{L}}$	SCALE normalization		
X	Vector quantity X		
∇X	Gradient of field X		
\bar{X}	Average of quantity X (possibly around $\hat{\mathbf{n}}$)		
ΔX	Size/width of bin for quantity X		
Â	Estimated quantity or reconstructed field X		
$\langle X \rangle$	Expected value of quantity X		

We provide a summary of all our SCALE-relevant notation in Table III for quick reference. The summary statistics for SCALE $\hat{\Psi}_{\check{L}}$ and the HDV quadratic estimator $\hat{C}_L^{\kappa\kappa} - \hat{N}_L^{(0)}$ over 100 000 simulations are collected and presented in the following section. We make our code publicly available [64] along with example scripts and an example tutorial notebook.

VI. RESULTS

The SCALE estimator is exceptional at detecting the presence of small-scale lensing in CMB temperature maps. We illustrate this in Fig. 7, which shows the summary statistics of recovered $\Psi_{\tilde{L}}$ from 100 000 simulations of $10^{\circ} \times 10^{\circ}$ lensed and unlensed CMB temperature maps in the experiment D noise configuration. The combination of all bins in Fig. 7 corresponds to a detection of lensing in 100 deg² maps over the null test with an approximate SNR of 9. We also show the expected theoretical $\langle \Psi_{\tilde{L}} \rangle$ computed with Eq. (18). The vertical extent of the error bars represents the 68% width of the distribution (centered at the median within the \tilde{L} bin) of estimated $\Psi_{\tilde{L}}$ band powers, and they describe the statistical scatter of estimated band powers for a given CMB realization of similar total area.

³https://github.com/simonsobs/symlens.



FIG. 7. Comparison of expected and recovered $\Psi_{\tilde{L}}$ band powers with $\Delta \check{L} = 72$ from 100 000 simulations of 100 deg² temperature maps in noise configuration D. Estimates of recovered $\hat{\Psi}_{\tilde{L}}$ are the median and 68% scatter of the band power at each bin.

The scatter of these band powers is comparable to, but slightly in excess of, the minimal expectation $\Delta \Psi_{\tilde{L}}$ given by Eq. (19). Even with relatively small maps of the CMB temperature, the SCALE estimator is able to make a clear distinction of whether or not lensing is present in maps generated with the parameters described in Sec. V and Fig. 1.

In principle, the SCALE method can be applied to any ℓ_1 regime so long as the small-scale lensing approximations are appropriate. Figure 8 shows comparisons between expected $\langle \Psi_{\tilde{L}} \rangle$ computed with Eqs. (18) and (19) and recovered $\hat{\Psi}_{\tilde{L}}$ band-power statistics from simulations for different shifts in the small-scale ℓ_1 window while keeping



FIG. 8. Top: comparisons of expected $\Psi_{\tilde{L}}$ and spread from theory (solid lines with dotted error bars) and median recovered $\Psi_{\tilde{L}}$ and 68% spread from simulation (points with capped error bars) when shifting the center of the ℓ_1 window that defines the small-scale filter while keeping the width of the filter constant at $\Delta \ell_1 = 2000$. Error bars shown are reduced by a factor of 2 for improved visual comparison. Bottom: the bias of the recovered $\Psi_{\tilde{L}}$ when compared to the expected $\Psi_{\tilde{L}}$ shown as a percentage of the total signal. At fixed window width, increasing the central ℓ_1 reduces the strength of the recovered signal.

 $\Delta \ell_1 = 2000$. This roughly corresponds to shifting (in the same direction) which C_{ℓ}^{TT} , N_{ℓ}^{TT} , and $C_{L}^{\kappa\kappa}$ modes contribute to Ψ_{i} . The expected and recovered band powers agree to the same extent as the results from Fig. 7. The recovered band powers begin to exhibit a positive bias as the ℓ_1 window is shifted toward lower ℓ , which can be explained by a departure from the small-scale lensing approximations made in Sec. II. In particular, the Taylor series expansion in Eq. (1) becomes inaccurate at scales $\ell \sim 2000$ because of the similarity of scales with the average deflection angle [1]. Higher accuracy in this regime would require consideration of higher-order terms of the expansion. The overall amplitude of each $\Psi_{\check{L}}$ curve decreases as the ℓ_1 window shifts to higher ℓ , which reflects the shape of the $C_L^{\kappa\kappa}$ lensing power spectrum in Fig. 1. The statistical spread of $\Psi_{\tilde{L}}$ band powers grows as the ℓ_1 window is shifted to higher ℓ because of increased contributions from experiment noise N_{ℓ}^{TT} at high ℓ (see Fig. 1). The default 6000 < $\ell_1 < 8000$ window presented in Fig. 7 offers a balance between satisfying the small-scale lensing approximations while not appearing to be statistically dominated by experiment noise.

Mathematically, Eqs. (17) and (18) are constructed such that the SCALE output is a normalized estimate of the average lensing power within and slightly around the smallscale ℓ_1 window. The ℓ_1 window width determines how many $C_L^{\kappa\kappa}$ modes contribute to what we consider signal, but the amplitude of $\Psi_{\check{L}}$ centered at the same $\overline{\ell_1}$ should not change significantly after normalization with A_{L} . Similarly, we add more contributions from N_{ℓ}^{TT} modes, but they are not expected to strongly correlate between large/small scales. The overall effect of widening the ℓ_1 window is to use the increased presence of the lensing signal to reduce statistical scatter of recovered $\Psi_{\tilde{L}}$ band powers. Figure 9 illustrates this quite well by comparing $\Psi_{\tilde{L}}$ after narrowing or widening $\Delta \ell_1$ while keeping the window centered at $\overline{\ell_1} = 7000$. The overall amplitude of the normalized Ψ_{I} curves appears mostly unchanged, and a wider window does indeed result in tighter distributions of recovered Ψ_{L} band powers. The changes we do see in the amplitude of $\Psi_{\tilde{L}}$ are set by the shape of the underlying lensing power spectrum (i.e., the slope of $C_L^{\kappa\kappa}$ is slightly steeper on one side of the bin center when compared to the other).

While the goal of conventional methods is to reconstruct the underlying lensing field, the SCALE method's output $\Psi_{\tilde{L}}$ is an indirect estimate of the statistics of the lensing field. Figure 5 illustrates the space of \tilde{L} modes in which the small-scale temperature power fluctuations correlate with those on the large scales. These \tilde{L} modes are *not equivalent* to the space of L modes describing the lensing field itself. As shown in Eq. (18), each band power of $\Psi_{\tilde{L}}$ contains information from a wide range of lensing field statistic modes $C_L^{\kappa\kappa}$. Figure 10 shows the covariance between estimated $\Delta \tilde{L} = 72$ band powers using SCALE on



FIG. 9. As a complement to Fig. 8, the comparisons of expected $\Psi_{\tilde{L}}$ and spread from theory (solid lines with dotted error bars) and median recovered $\Psi_{\tilde{L}}$ and 68% spread from simulation (points with capped error bars) when altering the size of the small-scale filter window $\Delta \ell_1$ used to compute the signal, this time keeping the center of the ℓ_1 window at $\overline{\ell_1} = 7000$. For a fixed central ℓ_1 , reducing the width of the ℓ window merely increases the error bar on the recovered signal.

100 000 simulations with noise configuration D, as well as the covariance between estimated $\Delta L = 100$ band powers of noise-subtracted lensing power spectra $\hat{C}_L^{\phi\phi} - \hat{N}_L^{(0),\phi\phi}$ from 10 000 reconstructions using the HDV quadratic estimator on a subset of simulations.

Each set of recovered $\Psi_{\tilde{L}}$ band powers appears to contain correlations induced by lensing that have weak correlations between low- \tilde{L} modes, and those at higher \tilde{L} modes appear mostly independent from other modes. This is in contrast to the estimated band powers of the quadratic estimator, which have relatively strong correlations between all bands.

Each covariance matrix C allows us to compute a signal-to-noise ratio

$$SNR = \sqrt{a^{\mathrm{T}} \mathbf{C}^{-1} a},$$
 (20)

using either $a = \langle \Psi_{\tilde{L}} \rangle$ for SCALE or $a = C_L^{\phi\phi}$ for the quadratic estimator. Using covariance matrices for SCALE and HDV QE outputs of 100 000 and 10 000 simulations, respectively, with the noise configurations in Table II, we compute the expected signal-to-noise ratios and compare them in Fig. 11 as well as Table IV. We scale the covariance matrices used to compute each of these signal-to-noise values by a factor of map-area ratios from 100 to 20 000 deg².

The results from the quadratic estimator directly retrieve information from modes of the lensing field between 6000 < L < 8000 along with some covariance from modes outside of this band; however, we note that we have neglected to consider the effect of subtracting the higher-order $N_L^{(1)}$ bias in this simple calculation as is typically done in QE analyses. The same modes of the lensing field are the main contribution



FIG. 10. Top: correlation matrix of the SCALE estimator output Ψ_L over 100 000 simulations in noise configuration D. The typical variance at a \check{L} bin of width $\Delta \check{L} = 72$ is of order $\sim (10^{-25})^2$. Bottom: correlation matrix of the HDV quadratic estimator reconstructed noise-subtracted lensing potential power spectra $\hat{C}_L^{\phi\phi} - \hat{N}_L^{(0),\phi\phi}$ for a subset containing 10 000 of the above simulations. The typical variance at a *L* bin of width $\Delta L = 100$ is of order $\sim (10^{-25})^2$.

to the SCALE results with the 6000 $< \ell_1 < 8000$ window due to our choice of $W_{\varsigma}(\ell)$, but the set of $\Psi_{\check{L}}$'s includes contributions from modes of the lensing field outside of this band as shown in Eq. (18).

The reverse is also true: lensing modes within 6000 < L < 8000 would also contribute to a lesser extent in other implementations of SCALE with a different choice in ℓ_1 range. These modes would make up a small part of the SCALE signal if we choose instead to filter for $W_{\varsigma}(8000 < \ell < 10\,000)$ rather than the filter choice we make in this paper for $W_{\varsigma}(6000 < \ell < 8000)$. These contributions to



FIG. 11. Comparison of the values of the signal-to-noise ratio [Eq. (20)] across noise configurations between the SCALE estimator for a small-scale window $W_{\varsigma}(6000 < \ell < 8000)$ and the HDV quadratic estimator applied to 6000 < L < 8000. SCALE bars indicate the median and 68% range of the bootstrap distribution for SNRs computed 1000 times with a set of 100 000 simulations. HDV bars indicate the median and 68% range of the bootstrap distribution for SNRs computed 1000 times with a set of 10 000 simulations. Each realization has a map area of 100 deg², and SNR values are scaled up to 20 000 deg².

the SCALE estimator from modes outside the filtered band make a direct comparison between both SCALE and other approaches difficult, as it is nontrivial to restrict SCALE to include information only from a certain subset of L modes from the lensing field.

Finally, we consider in a simple example the SCALE method's ability to discriminate between cosmological models that predict changes in the shape/amplitude of the matter power spectrum P(k) and, by extension, the lensing power $C_L^{\phi\phi}$ or $C_L^{\kappa\kappa}$ by adjusting the total sum of neutrino masses $\sum m_{\nu}$. A higher neutrino mass produces effects similar to warm or fuzzy dark matter, suppressing

TABLE IV. Computed signal-to-noise ratio [Eq. (20)] across noise configurations between the SCALE estimator for a smallscale window $W_{\varsigma}(6000 < \ell < 8000)$ and the HDV quadratic estimator applied to 6000 < L < 8000. Values are the median and 68% range of the bootstrap distribution for SNRs computed 1000 times with a set of 100 000 simulations for SCALE and 10 000 simulations for the HDV QE. No uncertainty is shown if the 68% range of the bootstrap distribution is smaller than the significant figures provided. Each realization has a map area of 100 deg², and SNR values are scaled up to 20 000 deg².

Configurations	HDV QE SNR	SCALE SNR
A	2.9	2.1
В	6.8	5.0
С	$55.1^{+4.7}_{-4.2}$	$67.6^{+0.4}_{-0.4}$
D	$87.3^{+4.5}_{-4.2}$	$127.0^{+2.1}_{-1.9}$
E	$135.7^{+3.0}_{-3.0}$	$154.0^{+2.2}_{-2.0}$
Noise-free	$152.2^{+2.9}_{-3.1}$	$153.6_{-2.5}^{+2.4}$



FIG. 12. Comparison of SCALE vs HDV QE fractional error bands alongside fractional changes in the lensing convergence power $C_L^{\kappa\kappa}$ with neutrino mass. Note that $\sum m_{\nu} = 0.06$ eV is the fiducial model used in our previous analyses.

structure formation at small scales, but one key feature is that the lensing power $C_L^{\kappa\kappa}$ is suppressed similarly at high *L*. Figure 12 compares a couple of models with neutrino mass heavier than our fiducial model. We see that the fractional changes in $C_L^{\kappa\kappa}$ do not contain much shape information, but in principle, different choices of small-scale windows can elucidate potential shape information. We place *approximate* fractional error bands of $\Delta L = 2000$ for SCALE and the HDV QE on the assumption that the SNR values for noise configuration D can be taken at face value. In other words, each fractional error band shown in Fig. 12 is calculated as 1/SNR, centered on the fiducial curve.

While Fig. 12 is not meant to be a forecast of either SCALE or QE performance, it provides some insight into the distinguishing power of each method. We note that the SCALE estimator exists in a separate space of \check{L} modes that are each an estimate of a weighted sum of $C_L^{\phi\phi}$ (and by extension $C_L^{\kappa\kappa}$) as prescribed by Eq. (18). We leave full parameter constraints and a more thorough comparison between methods for future work.

VII. DISCUSSION AND CONCLUSION

In this paper, we

- (i) showed that fluctuations in the local small-scale $(\ell \gg 3000)$ CMB temperature power are intricately tied to the variations in the local large-scale temperature gradient through correlations induced by lensing;
- (ii) confirmed that this correlation is readily detectable in the pixel-space statistics of a lensed CMB temperature map, and there is no discernable correlation in a CMB temperature map without lensing (see Fig. 3);
- (iii) visualized correlations between a cross-spectrum of large-/small-scale CMB temperature power in Fig. 5;
- (iv) created the SCALE, which efficiently applies various filters to pick out the relevant small/large scale in

a CMB temperature map and computes their cross-spectrum (Fig. 6);

- (v) demonstrated that the SCALE method effectively recovers the expected statistics of underlying lensing fields, which matches well with insignificant bias against analytic forms (Fig. 7);
- (vi) tested the properties of the SCALE estimator against different choices of filtering scales (Figs. 8 and 9); and
- (vii) determined that the SCALE method can outperform (by a factor of up to 1.5 in signal-to-noise value of detection) estimates of the CMB lensing power spectrum $C_L^{\phi\phi}$ through reconstruction with quadratic estimators in noise configurations similar to future experiments.

We find that significant lensing signals at modes L >3000 can be recovered by exploiting the dependence of the CMB temperature power at similar scales $\ell > 3000$ on fluctuations of the CMB temperature gradient [Eq. (1), illustrated by Fig. 5]. A key advantage of this method is the expectation that any noise, foregrounds, and other CMB secondaries present in observations of the CMB temperature are not expected to correlate with the CMB gradient fluctuations themselves. Foregrounds, in particular, are known to be a nuisance at all angular scales (e.g., [65,66]), but there have been significant advancements in foreground cleaning techniques in tandem with multifrequency observations from space experiments such as Planck. We expect foregrounds to be well controlled at angular scales relevant to the construction of the large-scale λ maps [67–70]. We expect the effects of foregrounds and foreground cleaning to change the noise structure in the small-scale ζ maps, but these contributions should not correlate with λ if the foregrounds have been cleaned properly at large angular scales. We do expect the need to account for masking in the normalization $A_{\tilde{L}}$ and expected value $\langle \Psi_{\check{t}} \rangle$. This would look similar to an additional factor in the filtering, but it would be a convolution because the mask is applied in real space. We may expect a mask to induce spurious correlations between λ and ζ at \check{L} relevant to the scale of mask apodization ($\check{L} \sim 200$ for an apodization scale of 1°), but we do not expect this to be the case for all \check{L} because such a mask would have support in harmonic space only at the largest scales. At relevant small scales, telescope systematic effects such as the differential and boresight pointing become more important and need to be modeled correctly to remain below a level of 1σ [71].

We first demonstrated the correlation between large/ small scales in the CMB temperature field with real-space statistics to detect the presence of lensing in a small temperature map covering 100 deg². The SCALE procedure builds on the intuitions of the real-space method from Sec. III, and it can successfully quantify the correlations induced by lensing in line with expectations.

A simple comparison of signal-to-noise ratios for configurations similar to present and future experiments reveals that the SCALE method demonstrates a marked improvement over the effectiveness of traditional quadratic estimators at low-noise levels in the small-scale regime. We do not expect that SCALE will serve as a replacement for existing lensing reconstruction techniques. Map-level reconstruction is useful for delensing and cross-correlation studies, and there are existing reconstruction techniques that are optimal across a wide range of angular scales. SCALE provides the most benefit in the small-scale and low-noise lensing regime, so the most precise lensing measurements are likely to come from a combination of different techniques applied to different scales. This could be achieved, for example, by utilizing an estimate of the lensing map from a quadratic estimator, using the estimated lensing map to delens the CMB temperature, and then applying SCALE to estimate the power spectrum of the low-noise, small-scale lensing modes that remain in the delensed map. We wish to highlight the simplicity of the SCALE pipeline's steps, which allows it to be quickly applied to any given CMB temperature map. This is in contrast to the maximum likelihood and maximum a pos*teriori* methods that have been shown to be optimal, but they are computationally expensive to perform. These methods, in addition to the Bayesian and gradient inversion methods, reconstruct the underlying lensing field ϕ , which can then be cross-analyzed with other observations such as galaxy clusters. SCALE does not reconstruct a map of the lensing field, but it is a simple and fast method of effectively recovering the statistics of the underlying lensing field to levels of accuracy and precision beyond what is capable with QE techniques.

The SCALE method presents an optimistic outlook for the future of CMB lensing science, providing a fresh opportunity to make high-quality estimates of lensing statistics using a relatively straightforward procedure in a regime that has historically been limited in CMB-only techniques due to limits in techniques and observational noise. The small-scale regime is particularly exciting because the lensing statistics here are sensitive to a wide range of dark matter and gravitational clustering phenomena.

Our code is publicly available from GitHub [64].

ACKNOWLEDGMENTS

The authors would like to thank Kendrick Smith for early discussions that inspired this work. The authors would also like to thank the anonymous referee for thoughtful feedback. We would also like to thank Dongwon Han, Mat Madhavacheril, Neelima Sehgal, Blake Sherwin, and Marius Millea for fruitful discussions. V. C. C. and R. H. would like to thank Jo Bovy, Keith Vanderlinde, and Marten van Kerkwijk for insightful feedback about this work. V. C. C. would like to thank Emily Deibert, Tomás

Cassanelli, Taylor Kutra, Natalie Price-Jones, Thierry Serafin Nadeau, Jennifer Scora, Ariel Amaral, James Lane, Steffani Grondin, Samantha Berek, Ayush Pandhi, Dang Pham, Phil Van-Lane, Mairead Heiger, Anika Slizewski, Alexander Laroche, Alex Laguë, Margaret Ikape, Martine Lokken, Harrison Winch, Simran Nerval, Jason Leung, Vismay Shah, Visal Sok, Bruce Wu, Keir Rogers, Yilun Guan, Fraser Evans, and Ziggy Pleunis for thoughtful discussions during this study. V. C. C. received support from the Ontario Graduate Scholarship/Queen Elizabeth II/Walter John Helm Graduate Scholarships in Science and Technology. Canadian coauthors acknowledge support from the Natural Sciences and Engineering Research Council of Canada (NSERC). R. H. is supported by Natural Sciences and Engineering Research Council of Canada Discovery Grant Program and the Connaught Fund. J.M. is supported by the U.S. Department of Energy under Award No. DE-SC0010129. A.v.E. acknowledges support from NASA Grants No. 80NSSC23K0747 and No. 80NSSC23K0464. Some computational resources for this research were provided by SMU's Center for Research Computing. The Dunlap Institute is funded through an endowment established by the David Dunlap family and the University of Toronto. The authors at the University of Toronto acknowledge that the land on which the University of Toronto is built is the traditional territory of the Haudenosaunee, and most recently, the territory of the Mississaugas of the New Credit First Nation. Computations were performed on the SciNet supercomputer at the SciNet HPC Consortium. SciNet is funded by the Canada Foundation for Innovation, the Government of Ontario, Ontario Research Fund-Research Excellence, and the University of Toronto.

APPENDIX: DERIVATION OF SCALE

We wish to construct an estimator of the small-scale lensing power. We will construct the estimator using the cross correlation between a field constructed from the square of small-scale temperature fluctuations and a field constructed from the square of large-scale temperature fluctuations. In the very-small-scale regime, where the effects of lensing dominate the temperature power spectrum, the temperature power is proportional to the product of the large-scale temperature gradient power and the small-scale lensing deflection power. The motivation of the estimator that we construct here is that the small-scale lensing-induced temperature power is non-Gaussian; the locally measured small-scale temperature power is correlated with variations in the large-scale temperature gradient, and the relation between the two is proportional to the small-scale lensing power.

Let us first define a field ς defined by the locally measured small-scale temperature gradient power

$$\varsigma(\check{\boldsymbol{L}}) = \int \frac{\mathrm{d}^2 \boldsymbol{\ell}_1}{2\pi} g(\boldsymbol{\ell}_1, \check{\boldsymbol{L}}) (\boldsymbol{\ell}_1 \cdot (\boldsymbol{\ell}_1 - \check{\boldsymbol{L}})) T(\boldsymbol{\ell}_1) T(\check{\boldsymbol{L}} - \boldsymbol{\ell}_1),$$
(A1)

where g is a filter applied to the small-scale temperature fluctuations, to be determined in what follows. We will expand the small-scale temperature fluctuations to first order in the lensing gradient

$$\tilde{T}(\boldsymbol{\ell}) = \int \frac{\mathrm{d}^2 \boldsymbol{\ell}_2}{2\pi} (\boldsymbol{\ell}_2 \cdot (\boldsymbol{\ell}_2 - \boldsymbol{\ell})) T(\boldsymbol{\ell}_2) \boldsymbol{\phi}(\boldsymbol{\ell} - \boldsymbol{\ell}_2), \quad (A2)$$

where we have dropped the unlensed small-scale temperature, since it is assumed to be negligible compared to the lensing contribution on very small scales. Inserting this into ς gives

$$\boldsymbol{\varsigma}(\check{\boldsymbol{L}}) = \int \frac{\mathrm{d}^{2}\boldsymbol{\ell}_{1}}{2\pi} g(\boldsymbol{\ell}_{1},\check{\boldsymbol{L}})(\boldsymbol{\ell}_{1}\cdot(\boldsymbol{\ell}_{1}-\check{\boldsymbol{L}})) \int \frac{\mathrm{d}^{2}\boldsymbol{\ell}_{2}}{2\pi} \int \frac{\mathrm{d}^{2}\boldsymbol{\ell}_{3}}{2\pi} (\boldsymbol{\ell}_{2}\cdot(\boldsymbol{\ell}_{2}-\boldsymbol{\ell}_{1}))(\boldsymbol{\ell}_{3}\cdot(\boldsymbol{\ell}_{3}-\check{\boldsymbol{L}}+\boldsymbol{\ell}_{1})) \times T(\boldsymbol{\ell}_{2})T(\boldsymbol{\ell}_{3})\phi(\boldsymbol{\ell}_{1}-\boldsymbol{\ell}_{2})\phi(\check{\boldsymbol{L}}-\boldsymbol{\ell}_{1}-\boldsymbol{\ell}_{3}).$$
(A3)

We will be interested in an estimate of the small-scale lensing power, rather than the realization of the lensing potential, so we will take an average over lensing realizations

$$\varsigma(\check{\boldsymbol{L}}) = \int \frac{\mathrm{d}^2 \boldsymbol{\ell}_1}{2\pi} g(\boldsymbol{\ell}_1, \check{\boldsymbol{L}})(\boldsymbol{\ell}_1 \cdot (\boldsymbol{\ell}_1 - \check{\boldsymbol{L}})) \int \frac{\mathrm{d}^2 \boldsymbol{\ell}_2}{(2\pi)^2} (\boldsymbol{\ell}_2 \cdot (\boldsymbol{\ell}_2 - \boldsymbol{\ell}_1))((\check{\boldsymbol{L}} - \boldsymbol{\ell}_2) \cdot (\boldsymbol{\ell}_1 - \boldsymbol{\ell}_2))T(\boldsymbol{\ell}_2)T(\check{\boldsymbol{L}} - \boldsymbol{\ell}_2)C_{|\boldsymbol{\ell}_1 - \boldsymbol{\ell}_2|}^{\phi\phi}.$$
 (A4)

The local large-scale temperature gradient power can be expressed in harmonic space as

$$\lambda(\check{\boldsymbol{L}}) = \int \frac{\mathrm{d}^2 \boldsymbol{\ell}_3}{2\pi} h(\boldsymbol{\ell}_3, \check{\boldsymbol{L}})(\boldsymbol{\ell}_3 \cdot (\boldsymbol{\ell}_3 - \check{\boldsymbol{L}})) T(\boldsymbol{\ell}_3) T(\check{\boldsymbol{L}} - \boldsymbol{\ell}_3), \tag{A5}$$

where *h* is a filter applied to the large-scale temperature fluctuations. On large angular scales, lensing is only a small correction, and so we work to zeroth order in the lensing potential for the temperature fluctuations appearing in λ .

Our aim is to isolate the small-scale lensing power by analyzing correlations between the ς and λ fields. The product of ς and λ is

$$\varsigma(\check{\boldsymbol{L}})\lambda(\check{\boldsymbol{L}}') = \int \frac{\mathrm{d}^{2}\boldsymbol{\ell}_{1}}{2\pi}g(\boldsymbol{\ell}_{1},\check{\boldsymbol{L}})(\boldsymbol{\ell}_{1}\cdot(\boldsymbol{\ell}_{1}-\check{\boldsymbol{L}}))T(\boldsymbol{\ell}_{1})T(\check{\boldsymbol{L}}-\boldsymbol{\ell}_{1})\int \frac{\mathrm{d}^{2}\boldsymbol{\ell}_{3}}{2\pi}h(\boldsymbol{\ell}_{3},\check{\boldsymbol{L}}')(\boldsymbol{\ell}_{3}\cdot(\boldsymbol{\ell}_{3}-\check{\boldsymbol{L}}'))T(\boldsymbol{\ell}_{3})T(\check{\boldsymbol{L}}'-\boldsymbol{\ell}_{3}).$$
(A6)

The cross-spectrum of ς and λ is given for $\check{L} \neq 0$ by

$$\langle \boldsymbol{\varsigma}(\check{\boldsymbol{L}})\boldsymbol{\lambda}(\check{\boldsymbol{L}}')\rangle = \int \frac{\mathrm{d}^{2}\boldsymbol{\ell}_{1}}{2\pi} \int \frac{\mathrm{d}^{2}\boldsymbol{\ell}_{3}}{2\pi} g(\boldsymbol{\ell}_{1},\check{\boldsymbol{L}})(\boldsymbol{\ell}_{1}\cdot(\boldsymbol{\ell}_{1}-\check{\boldsymbol{L}}))h(\boldsymbol{\ell}_{3},\check{\boldsymbol{L}}')(\boldsymbol{\ell}_{3}\cdot(\boldsymbol{\ell}_{3}-\check{\boldsymbol{L}}'))\langle T(\boldsymbol{\ell}_{1})T(\check{\boldsymbol{L}}-\boldsymbol{\ell}_{1})T(\boldsymbol{\ell}_{3})T(\check{\boldsymbol{L}}'-\boldsymbol{\ell}_{3})\rangle.$$
(A7)

Choosing disjoint ranges of multipoles for the small- and large-scale temperature fluctuations means that the disconnected part of the temperature four-point function vanishes for $\check{L} \neq 0$. The signal of interest is the one that is first order in the lensing power spectrum, whose dominant contribution comes from the terms of first order in the lensing potential in the gradient expansion of the small-scale temperature fluctuations

$$\begin{split} \langle \boldsymbol{\varsigma}(\check{\boldsymbol{L}})\boldsymbol{\lambda}(\check{\boldsymbol{L}}')\rangle &= \int \frac{\mathrm{d}^{2}\boldsymbol{\ell}_{1}}{2\pi}g(\boldsymbol{\ell}_{1},\check{\boldsymbol{L}})(\boldsymbol{\ell}_{1}\cdot(\boldsymbol{\ell}_{1}-\check{\boldsymbol{L}}))\int \frac{\mathrm{d}^{2}\boldsymbol{\ell}_{2}}{(2\pi)^{2}}(\boldsymbol{\ell}_{2}\cdot(\boldsymbol{\ell}_{2}-\boldsymbol{\ell}_{1}))((\check{\boldsymbol{L}}-\boldsymbol{\ell}_{2})\cdot(\boldsymbol{\ell}_{1}-\boldsymbol{\ell}_{2}))C_{|\boldsymbol{\ell}_{1}-\boldsymbol{\ell}_{2}|}^{\phi\phi} \\ &\times \int \frac{\mathrm{d}^{2}\boldsymbol{\ell}_{3}}{2\pi}h(\boldsymbol{\ell}_{3},\check{\boldsymbol{L}})(\boldsymbol{\ell}_{3}\cdot(\boldsymbol{\ell}_{3}-\check{\boldsymbol{L}}))\langle T(\boldsymbol{\ell}_{2})T(\check{\boldsymbol{L}}-\boldsymbol{\ell}_{2})T(\boldsymbol{\ell}_{3})T(\check{\boldsymbol{L}}-\boldsymbol{\ell}_{3})\rangle\delta(\check{\boldsymbol{L}}+\check{\boldsymbol{L}}') \\ &= \int \frac{\mathrm{d}^{2}\boldsymbol{\ell}_{1}}{(2\pi)^{2}}g(\boldsymbol{\ell}_{1},\check{\boldsymbol{L}})(\boldsymbol{\ell}_{1}\cdot(\boldsymbol{\ell}_{1}-\check{\boldsymbol{L}}))\int \frac{\mathrm{d}^{2}\boldsymbol{\ell}_{2}}{(2\pi)^{2}}(\boldsymbol{\ell}_{2}\cdot(\boldsymbol{\ell}_{2}-\boldsymbol{\ell}_{1}))((\check{\boldsymbol{L}}-\boldsymbol{\ell}_{2})\cdot(\boldsymbol{\ell}_{1}-\boldsymbol{\ell}_{2}))C_{|\boldsymbol{\ell}_{1}-\boldsymbol{\ell}_{2}|}^{\phi\phi} \\ &\times (h(-\boldsymbol{\ell}_{2},-\check{\boldsymbol{L}})+h(\boldsymbol{\ell}_{2}-\check{\boldsymbol{L}},-\check{\boldsymbol{L}}))(\boldsymbol{\ell}_{2}\cdot(\boldsymbol{\ell}_{2}-\check{\boldsymbol{L}}))C_{\boldsymbol{\ell}_{2}}^{TT}C_{|\check{\boldsymbol{L}}-\boldsymbol{\ell}_{2}|}^{TT}\delta(\check{\boldsymbol{L}}+\check{\boldsymbol{L}}') \\ &= C_{\tilde{L}}^{\lambda\varsigma}\delta(\check{\boldsymbol{L}}+\check{\boldsymbol{L}}'). \end{split}$$
(A8)

We wish to use this cross-spectrum to obtain an unbiased estimate of the integrated small-scale lensing power. We define a quantity

$$\Psi_{\check{L}} \equiv A_{\check{L}} \langle \varsigma(\check{L}) \lambda(-\check{L}) \rangle, \tag{A9}$$

with $A_{\check{L}}$ defined such that $\Psi_{\check{L}}$ is a weighted average of the small-scale lensing power

$$A_{\check{L}} = \left[\int \frac{\mathrm{d}^{2} \boldsymbol{\ell}_{1}}{(2\pi)^{2}} g(\boldsymbol{\ell}_{1}, \check{\boldsymbol{L}})(\boldsymbol{\ell}_{1} \cdot (\boldsymbol{\ell}_{1} - \check{\boldsymbol{L}})) \int \frac{\mathrm{d}^{2} \boldsymbol{\ell}_{2}}{(2\pi)^{2}} (\boldsymbol{\ell}_{2} \cdot (\boldsymbol{\ell}_{2} - \boldsymbol{\ell}_{1}))((\check{\boldsymbol{L}} - \boldsymbol{\ell}_{2}) \cdot (\boldsymbol{\ell}_{1} - \boldsymbol{\ell}_{2})) \times (h(-\boldsymbol{\ell}_{2}, -\check{\boldsymbol{L}}) + h(\boldsymbol{\ell}_{2} - \check{\boldsymbol{L}}, -\check{\boldsymbol{L}}))(\boldsymbol{\ell}_{2} \cdot (\boldsymbol{\ell}_{2} - \check{\boldsymbol{L}}))C_{\boldsymbol{\ell}_{2}}^{TT}C_{|\check{\boldsymbol{L}} - \boldsymbol{\ell}_{2}|}^{TT} \right]^{-1}.$$
(A10)

Let us briefly change to a full-sky notation, which makes the calculation of the variance more transparent. We wish to estimate the small-scale lensing power from the cross-spectrum of the ζ and λ fields

$$A_{\check{L}}\langle \varsigma_{\check{L}\,\check{M}}\lambda_{\check{L}'-\check{M}'}\rangle \equiv \Psi_{\check{L}}\delta_{\check{L}\check{L}'}\delta_{\check{M}\check{M}'}.\tag{A11}$$

An estimator for $\Psi_{\tilde{L}}$ can be constructed as

$$\hat{\Psi}_{\check{L}} \equiv A_{\check{L}} \frac{1}{2\check{L}+1} \sum_{\check{M}} \varsigma_{\check{L}\check{M}} \lambda_{\check{L}-\check{M}}, \tag{A12}$$

such that in an isotropic universe

$$\langle \hat{\Psi}_{\check{L}} \rangle = A_{\check{L}} \frac{1}{2\check{L} + 1} \sum_{\check{M}} \langle \varsigma_{\check{L}\check{M}} \lambda_{\check{L} - \check{M}} \rangle = \Psi_{\check{L}}.$$
(A13)

The variance of this estimator can then be computed to be

$$\begin{split} \langle (\hat{\Psi}_{\check{L}} - \Psi_{\check{L}})^2 \rangle &= A_{\check{L}}^2 \frac{1}{(2\check{L}+1)^2} \sum_{\check{M}\check{M}'} \langle \varsigma_{\check{L}\check{M}} \lambda_{\check{L}-\check{M}} \varsigma_{\check{L}\check{M}'} \lambda_{\check{L}-\check{M}'} \rangle - \Psi_{\check{L}}^2 \\ &= A_{\check{L}}^2 \frac{1}{(2\check{L}+1)^2} \left[\left(\sum_{\check{M}} \langle \varsigma_{\check{L}\check{M}} \lambda_{\check{L}-\check{M}} \rangle \right)^2 + \sum_{\check{M}} (\langle \varsigma_{\check{L}\check{M}} \lambda_{\check{L}-\check{M}} \rangle)^2 + \sum_{\check{M}} \langle \varsigma_{\check{L}\check{M}} \varsigma_{\check{L}-\check{M}} \rangle \langle \lambda_{\check{L}\check{M}} \lambda_{\check{L}-\check{M}} \rangle \right] - \Psi_{\check{L}}^2 \\ &= \frac{1}{2\check{L}+1} [\Psi_{\check{L}}^2 + N_{\check{L}}], \end{split}$$
(A14)

where we have defined

$$N_{\check{L}} \equiv A_{\check{L}}^2 \langle \varsigma_{\check{L}\,\check{M}} \varsigma_{\check{L}-\check{M}} \rangle \langle \lambda_{\check{L}\,\check{M}} \lambda_{\check{L}-\check{M}} \rangle. \tag{A15}$$

Next, we need to choose the filters g and h to minimize the variance of our small-scale lensing estimate. Returning to the flat-sky approximation, the noise variance can be expressed as

$$N_{\check{L}} = A_{\check{L}}^{2} \int \frac{\mathrm{d}^{2} \boldsymbol{\ell}_{1}}{(2\pi)^{2}} g(\boldsymbol{\ell}_{1}, \check{L}) (g(-\boldsymbol{\ell}_{1}, -\check{L}) + g(\boldsymbol{\ell}_{1} - \check{L}, -\check{L})) (\boldsymbol{\ell}_{1} \cdot (\boldsymbol{\ell}_{1} - \check{L}))^{2} C_{\ell_{1}}^{TT, \text{obs}} C_{|\check{L}-\boldsymbol{\ell}_{1}|}^{TT, \text{obs}} \times \int \frac{\mathrm{d}^{2} \boldsymbol{\ell}_{2}}{(2\pi)^{2}} h(\boldsymbol{\ell}_{2}, \check{L}) (h(-\boldsymbol{\ell}_{2}, -\check{L}) + h(\boldsymbol{\ell}_{2} - \check{L}, -\check{L})) (\boldsymbol{\ell}_{2} \cdot (\boldsymbol{\ell}_{2} - \check{L}))^{2} C_{\ell_{2}}^{TT, \text{obs}} C_{|\check{L}-\boldsymbol{\ell}_{2}|}^{TT, \text{obs}}.$$
(A16)

Differentiating with respect to the choice of g filter, we find

$$\begin{aligned} \frac{\partial N_{\check{L}}}{\partial g(\boldsymbol{\ell}',\check{L})} &= \frac{2A_{\check{L}}^{2}}{(2\pi)^{2}} \left(g(-\boldsymbol{\ell}',-\check{L})+g(\boldsymbol{\ell}'-\check{L},-\check{L})\right)(\boldsymbol{\ell}'\cdot(\boldsymbol{\ell}'-\check{L}))^{2} C_{\boldsymbol{\ell}'}^{TT,\text{obs}} C_{|\check{L}-\boldsymbol{\ell}'|}^{TT,\text{obs}} \right. \\ &\times \int \frac{\mathrm{d}^{2}\boldsymbol{\ell}_{2}}{(2\pi)^{2}} h(\boldsymbol{\ell}_{2},\check{L})(h(-\boldsymbol{\ell}_{2},-\check{L})+h(\boldsymbol{\ell}_{2}-\check{L},-\check{L}))(\boldsymbol{\ell}_{2}\cdot(\boldsymbol{\ell}_{2}-\check{L}))^{2} C_{\boldsymbol{\ell}_{2}}^{TT,\text{obs}} C_{|\check{L}-\boldsymbol{\ell}_{2}|}^{TT,\text{obs}} \\ &- \frac{2A_{\check{L}}^{3}}{(2\pi^{2})}(\boldsymbol{\ell}'\cdot(\boldsymbol{\ell}'-\check{L})) \int \frac{\mathrm{d}^{2}\boldsymbol{\ell}_{2}}{(2\pi)^{2}}(\boldsymbol{\ell}_{2}\cdot(\boldsymbol{\ell}_{2}-\boldsymbol{\ell}'))((\check{L}-\boldsymbol{\ell}_{2})\cdot(\boldsymbol{\ell}'-\boldsymbol{\ell}_{2})) \\ &\times (h(-\boldsymbol{\ell}_{2},-\check{L})+h(\boldsymbol{\ell}_{2}-\check{L},-\check{L}))(\boldsymbol{\ell}_{2}\cdot(\boldsymbol{\ell}_{2}-\check{L}))C_{\boldsymbol{\ell}_{2}}^{TT}C_{|\check{L}-\boldsymbol{\ell}_{2}|} \\ &\times \int \frac{\mathrm{d}^{2}\boldsymbol{\ell}_{1}}{(2\pi)^{2}}g(\boldsymbol{\ell}_{1},\check{L})(g(-\boldsymbol{\ell}_{1},-\check{L})+g(\boldsymbol{\ell}_{1}-\check{L},-\check{L}))(\boldsymbol{\ell}_{1}\cdot(\boldsymbol{\ell}_{1}-\check{L}))^{2}C_{\boldsymbol{\ell}_{1}}^{TT,\text{obs}}C_{|\check{L}-\boldsymbol{\ell}_{1}|} \\ &\times \int \frac{\mathrm{d}^{2}\boldsymbol{\ell}_{3}}{(2\pi)^{2}}h(\boldsymbol{\ell}_{3},\check{L})(h(-\boldsymbol{\ell}_{3},-\check{L})+h(\boldsymbol{\ell}_{3}-\check{L},-\check{L}))(\boldsymbol{\ell}_{3}\cdot(\boldsymbol{\ell}_{3}-\check{L}))^{2}C_{\boldsymbol{\ell}_{3}}^{TT,\text{obs}}C_{|\check{L}-\boldsymbol{\ell}_{3}|} . \end{aligned}$$
(A17)

Setting this equal to zero and rearranging, we find

$$0 = (g(-\ell', -\check{L}) + g(\ell' - \check{L}, -\check{L}))(\ell' \cdot (\ell' - \check{L}))^2 C_{\ell'}^{TT, obs} C_{|\check{L} - \ell'|}^{TT, obs} C_{|\check{L} - \ell'|}^{TT, obs} \times \int \frac{d^2 \ell_1}{(2\pi)^2} g(\ell_1, \check{L})(\ell_1 \cdot (\ell_1 - \check{L})) \int \frac{d^2 \ell_2}{(2\pi)^2} (\ell_2 \cdot (\ell_2 - \ell_1))((\check{L} - \ell_2) \cdot (\ell_1 - \ell_2)) \times (h(-\ell_2, -\check{L}) + h(\ell_2 - \check{L}, -\check{L}))(\ell_2 \cdot (\ell_2 - \check{L})) C_{\ell_2}^{TT} C_{|\check{L} - \ell_2|}^{TT} - (\ell' \cdot (\ell' - \check{L})) \int \frac{d^2 \ell_2}{(2\pi)^2} (\ell_2 \cdot (\ell_2 - \ell'))((\check{L} - \ell_2) \cdot (\ell' - \ell_2)) \times (h(-\ell_2, -\check{L}) + h(\ell_2 - \check{L}, -\check{L}))(\ell_2 \cdot (\ell_2 - \check{L})) C_{\ell_2}^{TT} C_{|\check{L} - \ell_2|}^{TT} \times \int \frac{d^2 \ell_1}{(2\pi)^2} g(\ell_1, \check{L}) (g(-\ell_1, -\check{L}) + g(\ell_1 - \check{L}, -\check{L})) (\ell_1 \cdot (\ell_1 - \check{L}))^2 C_{\ell_1}^{TT, obs} C_{|\check{L} - \ell_1|}^{TT, obs}.$$
(A18)

A similar procedure for the derivative with respect to the h filter gives

$$0 = (h(-\ell', -\check{L}) + h(\ell' - \check{L}, -\check{L}))(\ell' \cdot (\ell' - \check{L}))^2 C_{\ell'}^{TT, obs} C_{|\check{L}-\ell'|}^{TT, obs}$$

$$\times \int \frac{d^2\ell_1}{(2\pi)^2} g(\ell_1, \check{L})(\ell_1 \cdot (\ell_1 - \check{L})) \int \frac{d^2\ell_2}{(2\pi)^2} (\ell_2 \cdot (\ell_2 - \ell_1))((\check{L} - \ell_2) \cdot (\ell_1 - \ell_2))$$

$$\times (h(-\ell_2, -\check{L}) + h(\ell_2 - \check{L}, -\check{L}))(\ell_2 \cdot (\ell_2 - \check{L})) C_{\ell_2}^{TT} C_{|\check{L}-\ell_2|}^{TT} - (\ell' \cdot (\ell' - \check{L})) C_{\ell'}^{TT} C_{|\check{L}-\ell'|}^{TT}$$

$$\times \int \frac{d^2\ell_1}{(2\pi)^2} g(\ell_1, \check{L})(\ell_1 \cdot (\ell_1 - \check{L}))(\ell' \cdot (\ell' - \ell_1))((\check{L} - \ell') \cdot (\ell_1 - \ell'))$$

$$\times \int \frac{d^2\ell_2}{(2\pi)^2} h(\ell_2, \check{L})(h(-\ell_2, -\check{L}) + h(\ell_2 - \check{L}, -\check{L}))(\ell_2 \cdot (\ell_2 - \check{L}))^2 C_{\ell_2}^{TT, obs} C_{|\check{L}-\ell_2|}^{TT, obs}.$$
(A19)

These equations are difficult to solve, in general, but if we restrict attention to cases where ς includes only temperature fluctuations on scales much smaller than fluctuations appearing in λ and also much smaller than scales defined by \check{L} , then one can see that an approximate solution is provided by

$$g(\boldsymbol{\ell}, \check{\boldsymbol{L}}) = W_{\varsigma}(\boldsymbol{\ell}) \frac{1}{C_{\ell}^{TT, \text{obs}}} W_{\varsigma}(\check{\boldsymbol{L}} - \boldsymbol{\ell}) \frac{1}{C_{|\check{\boldsymbol{L}} - \boldsymbol{\ell}|}^{TT, \text{obs}}},$$
(A20)

$$h(\boldsymbol{\ell}, \boldsymbol{\check{L}}) = W_{\lambda}(\boldsymbol{\ell}) \frac{C_{\ell}^{TT}}{C_{\ell}^{TT, \text{obs}}} W_{\lambda}(\boldsymbol{\check{L}} - \boldsymbol{\ell}) \frac{C_{|\boldsymbol{\check{L}} - \boldsymbol{\ell}|}^{TT}}{C_{|\boldsymbol{\check{L}} - \boldsymbol{\ell}|}^{TT, \text{obs}}},$$
(A21)

where W_{ς} and W_{λ} are window functions that restrict the temperature fluctuations to the appropriate scales,

$$W_{\varsigma}(\boldsymbol{\ell}) = \begin{cases} 1, \quad \ell_{1,\min} \le |\boldsymbol{\ell}| < \ell_{1,\max}, \\ 0, \quad \text{else}, \end{cases}$$
(A22)

$$W_{\lambda}(\boldsymbol{\ell}) = \begin{cases} 1, \quad \ell_{2,\min} \leq |\boldsymbol{\ell}| < \ell_{2,\max}, \\ 0, \quad \text{else.} \end{cases}$$
(A23)

Using this choice of filters gives

$$A_{\check{L}} = \left[2 \int \frac{\mathrm{d}^{2} \boldsymbol{\ell}_{1}}{(2\pi)^{2}} W_{\varsigma}(\boldsymbol{\ell}_{1}) W_{\varsigma}(\check{\boldsymbol{L}} - \boldsymbol{\ell}_{1}) (\boldsymbol{\ell}_{1} \cdot (\boldsymbol{\ell}_{1} - \check{\boldsymbol{L}})) \frac{1}{C_{\ell_{1}}^{TT, \mathrm{obs}}} \frac{1}{C_{\ell_{1}}^{TT, \mathrm{obs}}} \right] \\ \times \int \frac{\mathrm{d}^{2} \boldsymbol{\ell}_{2}}{(2\pi)^{2}} W_{\lambda}(\boldsymbol{\ell}_{2}) W_{\lambda}(\check{\boldsymbol{L}} - \boldsymbol{\ell}_{2}) (\boldsymbol{\ell}_{2} \cdot (\boldsymbol{\ell}_{2} - \boldsymbol{\ell}_{1})) ((\check{\boldsymbol{L}} - \boldsymbol{\ell}_{2}) \cdot (\boldsymbol{\ell}_{1} - \boldsymbol{\ell}_{2})) (\boldsymbol{\ell}_{2} \cdot (\boldsymbol{\ell}_{2} - \check{\boldsymbol{L}})) \frac{(C_{\ell_{2}}^{TT})^{2} (C_{|\check{\boldsymbol{L}} - \boldsymbol{\ell}_{2}|}^{TT, \mathrm{obs}}}{C_{\ell_{2}}^{TT, \mathrm{obs}}} \right]^{-1}, \quad (A24)$$

and the expected value of $\hat{\Psi}_{\tilde{L}}$ is

$$\begin{split} \langle \hat{\Psi}_{\vec{L}} \rangle &= 2A_{\vec{L}} \int \frac{\mathrm{d}^{2} \boldsymbol{\ell}_{1}}{(2\pi)^{2}} W_{\varsigma}(\boldsymbol{\ell}_{1}) W_{\varsigma}(\boldsymbol{\check{L}} - \boldsymbol{\ell}_{1}) (\boldsymbol{\ell}_{1} \cdot (\boldsymbol{\ell}_{1} - \boldsymbol{\check{L}})) \frac{1}{C_{\ell_{1}}^{TT, \mathrm{obs}}} \frac{1}{C_{|\vec{L} - \boldsymbol{\ell}_{1}|}^{TT, \mathrm{obs}}} \\ & \times \int \frac{\mathrm{d}^{2} \boldsymbol{\ell}_{2}}{(2\pi)^{2}} W_{\lambda}(\boldsymbol{\ell}_{2}) W_{\lambda}(\boldsymbol{\check{L}} - \boldsymbol{\ell}_{2}) (\boldsymbol{\ell}_{2} \cdot (\boldsymbol{\ell}_{2} - \boldsymbol{\ell}_{1})) ((\boldsymbol{\check{L}} - \boldsymbol{\ell}_{2}) \cdot (\boldsymbol{\ell}_{1} - \boldsymbol{\ell}_{2})) (\boldsymbol{\ell}_{2} \cdot (\boldsymbol{\ell}_{2} - \boldsymbol{\check{L}})) \\ & \times \frac{(C_{\ell_{2}}^{TT})^{2}}{C_{\ell_{2}}^{TT, \mathrm{obs}}} \frac{(C_{|\vec{L} - \boldsymbol{\ell}_{2}|}^{TT})^{2}}{C_{|\vec{L} - \boldsymbol{\ell}_{2}|}^{TT, \mathrm{obs}}} C_{|\boldsymbol{\ell}_{1} - \boldsymbol{\ell}_{2}|}^{\phi\phi}. \end{split}$$
(A25)

The noise variance of $\hat{\Psi}_{\check{L}}$ is

$$N_{\check{L}} = 4A_{\check{L}}^{2} \int \frac{\mathrm{d}^{2}\boldsymbol{\ell}_{1}}{(2\pi)^{2}} W_{\varsigma}(\boldsymbol{\ell}_{1}) W_{\varsigma}(\check{\boldsymbol{L}} - \boldsymbol{\ell}_{1}) (\boldsymbol{\ell}_{1} \cdot (\boldsymbol{\ell}_{1} - \check{\boldsymbol{L}}))^{2} \frac{1}{C_{\ell_{1}}^{TT, \mathrm{obs}}} \frac{1}{C_{|\check{\boldsymbol{L}} - \boldsymbol{\ell}_{1}|}^{TT, \mathrm{obs}}} \\ \times \int \frac{\mathrm{d}^{2}\boldsymbol{\ell}_{2}}{(2\pi)^{2}} W_{\lambda}(\boldsymbol{\ell}_{2}) W_{\lambda}(\check{\boldsymbol{L}} - \boldsymbol{\ell}_{2}) (\boldsymbol{\ell}_{2} \cdot (\boldsymbol{\ell}_{2} - \check{\boldsymbol{L}}))^{2} \frac{(C_{\ell_{2}}^{TT})^{2}}{C_{\ell_{2}}^{TT, \mathrm{obs}}} \frac{(C_{|\check{\boldsymbol{L}} - \boldsymbol{\ell}_{2}|}^{TT})^{2}}{C_{|\check{\boldsymbol{L}} - \boldsymbol{\ell}_{2}|}^{TT, \mathrm{obs}}} \\ \simeq 4A_{\check{\boldsymbol{L}}}, \tag{A26}$$

where in the last line, we used the same approximations as in deriving the g and h filters.

- A. Lewis and A. Challinor, Weak gravitational lensing of the CMB, Phys. Rep. 429, 1 (2006).
- [2] S. Aiola *et al.* (ACT Collaboration), The Atacama Cosmology Telescope: DR4 maps and cosmological parameters, J. Cosmol. Astropart. Phys. 12 (2020) 047.
- [3] J. W. Henning *et al.* (SPT Collaboration), Measurements of the temperature and E-mode polarization of the CMB from 500 square degrees of SPTpol data, Astrophys. J. 852, 97 (2018).
- [4] N. Aghanim *et al.* (Planck Collaboration), Planck 2018 results. I. Overview and the cosmological legacy of Planck, Astron. Astrophys. 641, A1 (2020).
- [5] K. T. Story *et al.* (SPT Collaboration), A measurement of the cosmic microwave background gravitational lensing potential from 100 square degrees of SPTpol data, Astrophys. J. **810**, 50 (2015).
- [6] N. Aghanim *et al.* (Planck Collaboration), Planck 2018 results. VIII. Gravitational lensing, Astron. Astrophys. 641, A8 (2020).
- [7] O. Darwish *et al.*, The Atacama Cosmology Telescope: A CMB lensing mass map over 2100 square degrees of sky and its cross-correlation with BOSS-CMASS galaxies, Mon. Not. R. Astron. Soc. 500, 2250 (2020).
- [8] W. Hu and T. Okamoto, Mass reconstruction with CMB polarization, Astrophys. J. 574, 566 (2002).

- [9] T. Okamoto and W. Hu, CMB lensing reconstruction on the full sky, Phys. Rev. D 67, 083002 (2003).
- [10] C. M. Hirata and U. Seljak, Reconstruction of lensing from the cosmic microwave background polarization, Phys. Rev. D 68, 083002 (2003).
- [11] K. M. Smith, D. Hanson, M. LoVerde, C. M. Hirata, and O. Zahn, Delensing CMB polarization with external datasets, J. Cosmol. Astropart. Phys. 06 (2012) 014.
- [12] F. J. Qu *et al.* (ACT Collaboration), The Atacama Cosmology Telescope: A measurement of the DR6 CMB lensing power spectrum and its implications for structure growth, arXiv:2304.05202.
- [13] M. S. Madhavacheril *et al.* (ACT Collaboration), The Atacama Cosmology Telescope: DR6 gravitational lensing map and cosmological parameters, arXiv:2304.05203.
- [14] M. Millea *et al.*, Optimal cosmic microwave background lensing reconstruction and parameter estimation with SPTpol data, Astrophys. J. **922**, 259 (2021).
- [15] C. M. Hirata and U. Seljak, Analyzing weak lensing of the cosmic microwave background using the likelihood function, Phys. Rev. D 67, 043001 (2003).
- [16] B. Horowitz, S. Ferraro, and B. D. Sherwin, Reconstructing small scale lenses from the cosmic microwave background temperature fluctuations, Mon. Not. R. Astron. Soc. 485, 3919 (2019).

- [17] J. Carron and A. Lewis, Maximum a posteriori CMB lensing reconstruction, Phys. Rev. D 96, 063510 (2017).
- [18] B. Hadzhiyska, B. D. Sherwin, M. Madhavacheril, and S. Ferraro, Improving small-scale CMB lensing reconstruction, Phys. Rev. D 100, 023547 (2019).
- [19] C. Dvorkin and K. M. Smith, Reconstructing patchy reionization from the cosmic microwave background, Phys. Rev. D 79, 043003 (2009).
- [20] D. Hanson, A. Challinor, G. Efstathiou, and P. Bielewicz, CMB temperature lensing power reconstruction, Phys. Rev. D 83, 043005 (2011).
- [21] M. Kesden, A. Cooray, and M. Kamionkowski, Separation of gravitational wave and cosmic shear contributions to cosmic microwave background polarization, Phys. Rev. Lett. 89, 011304 (2002).
- [22] M. Millea, E. Anderes, and B. D. Wandelt, Sampling-based inference of the primordial CMB and gravitational lensing, Phys. Rev. D 102, 123542 (2020).
- [23] W. Hu, S. DeDeo, and C. Vale, Cluster mass estimators from CMB temperature and polarization lensing, New J. Phys. 9, 441 (2007).
- [24] U. Seljak and M. Zaldarriaga, Lensing induced cluster signatures in cosmic microwave background, Astrophys. J. 538, 57 (2000).
- [25] L. Knox and Y.-S. Song, A limit on the detectability of the energy scale of inflation, Phys. Rev. Lett. 89, 011303 (2002).
- [26] U. Seljak and C. M. Hirata, Gravitational lensing as a contaminant of the gravity wave signal in CMB, Phys. Rev. D 69, 043005 (2004).
- [27] D. Green, J. Meyers, and A. van Engelen, CMB delensing beyond the B modes, J. Cosmol. Astropart. Phys. 12 (2017) 005.
- [28] S. C. Hotinli, J. Meyers, C. Trendafilova, D. Green, and A. van Engelen, The benefits of CMB delensing, J. Cosmol. Astropart. Phys. 04 (2022) 020.
- [29] B. D. Sherwin *et al.*, The Atacama Cosmology Telescope: Cross-correlation of CMB lensing and quasars, Phys. Rev. D 86, 083006 (2012).
- [30] F. Bianchini *et al.* (Herschel ATLAS Collaboration), Crosscorrelation between the CMB lensing potential measured by Planck and high-z sub-mm galaxies detected by the Herschel-ATLAS survey, Astrophys. J. 802, 64 (2015).
- [31] J. Liu and J. C. Hill, Cross-correlation of Planck CMB lensing and CFHTLenS galaxy weak lensing maps, Phys. Rev. D 92, 063517 (2015).
- [32] M. Schmittfull and U. Seljak, Parameter constraints from cross-correlation of CMB lensing with galaxy clustering, Phys. Rev. D 97, 123540 (2018).
- [33] N. C. Robertson *et al.*, Strong detection of the CMB lensing and galaxy weak lensing cross-correlation from ACT-DR4, Planck Legacy, and KiDS-1000, Astron. Astrophys. 649, A146 (2021).
- [34] E. J. Baxter *et al.*, Snowmass2021: Opportunities from cross-survey analyses of static probes, arXiv:2203.06795.
- [35] C. Chang *et al.* (DES and SPT Collaborations), Joint analysis of dark energy survey year 3 data and CMB lensing from SPT and Planck. II. Cross-correlation measurements and cosmological constraints, Phys. Rev. D 107, 023530 (2023).

- [36] X. Lin, Z. Cai, Y. Li, A. Krolewski, and S. Ferraro, Constraining the halo mass of damped Ly α absorption systems (DLAs) at z = 2-3.5 using the quasar-CMB lensing cross-correlation, Astrophys. J. **905**, 176 (2020).
- [37] G. Piccirilli, M. Migliaccio, E. Branchini, and A. Dolfi, A cross-correlation analysis of CMB lensing and radio galaxy maps, Astron. Astrophys. 671, A42 (2023).
- [38] M. Kaplinghat, L. Knox, and Y.-S. Song, Determining neutrino mass from the CMB alone, Phys. Rev. Lett. 91, 241301 (2003).
- [39] J. Lesgourgues and S. Pastor, Neutrino mass from cosmology, Adv. High Energy Phys. 2012, 608515 (2012).
- [40] D. Green and J. Meyers, Cosmological implications of a neutrino mass detection, arXiv:2111.01096.
- [41] K. N. Abazajian *et al.*, Synergy between cosmological and laboratory searches in neutrino physics: A white paper, arXiv:2203.07377.
- [42] S. Tulin and H.-B. Yu, Dark matter self-interactions and small scale structure, Phys. Rep. 730, 1 (2018).
- [43] V. Gluscevic *et al.*, Cosmological probes of dark matter interactions: The next decade, Bull. Am. Astron. Soc. 51, 134 (2019).
- [44] M. A. Buen-Abad, R. Essig, D. McKeen, and Y.-M. Zhong, Cosmological constraints on dark matter interactions with ordinary matter, Phys. Rep. 961, 1 (2022).
- [45] L. Hui, J. P. Ostriker, S. Tremaine, and E. Witten, Ultralight scalars as cosmological dark matter, Phys. Rev. D 95, 043541 (2017).
- [46] E. G. M. Ferreira, Ultra-light dark matter, Astron. Astrophys. Rev. 29, 7 (2021).
- [47] M. Drewes *et al.*, A white paper on keV sterile neutrino dark matter, J. Cosmol. Astropart. Phys. 01 (2017) 025.
- [48] N. E. Chisari *et al.*, Modelling baryonic feedback for survey cosmology, Open J. Astrophys. **2**, 4 (2019).
- [49] M. Zaldarriaga, Lensing of the CMB: Non-Gaussian aspects, Phys. Rev. D 62, 063510 (2000).
- [50] K. N. Abazajian *et al.* (CMB-S4 Collaboration), CMB-S4 science book, first edition, arXiv:1610.02743.
- [51] P. Ade *et al.* (Simons Observatory Collaboration), The Simons Observatory: Science goals and forecasts, J. Cosmol. Astropart. Phys. 02 (2019) 056.
- [52] S. Hanany *et al.* (NASA PICO Collaboration), PICO: Probe of inflation and cosmic origins, arXiv:1902.10541.
- [53] K. Abazajian *et al.*, CMB-S4 science case, reference design, and project plan, arXiv:1907.04473.
- [54] N. Sehgal *et al.*, CMB-HD: An ultra-deep, high-resolution millimeter-wave survey over half the sky, arXiv:1906.10134.
- [55] K. M. Smith and S. Ferraro, Detecting patchy reionization in the cosmic microwave background, Phys. Rev. Lett. 119, 021301 (2017).
- [56] M. Kesden, A. Cooray, and M. Kamionkowski, Lensing reconstruction with CMB temperature and polarization, Phys. Rev. D 67, 123507 (2003).
- [57] A. Lewis, A. Challinor, and A. Lasenby, Efficient computation of CMB anisotropies in closed FRW models, Astrophys. J. 538, 473 (2000).
- [58] C. Howlett, A. Lewis, A. Hall, and A. Challinor, CMB power spectrum parameter degeneracies in the era of precision cosmology, J. Cosmol. Astropart. Phys. 04 (2012) 027.

- [59] F. McCarthy, J. C. Hill, and M. S. Madhavacheril, Baryonic feedback biases on fundamental physics from lensed CMB power spectra, Phys. Rev. D 105, 023517 (2022).
- [60] S. Raghunathan, F. Bianchini, and C. L. Reichardt, Imprints of gravitational lensing in the *Planck* cosmic microwave background data at the location of WISE × SCOS galaxies, Phys. Rev. D 98, 043506 (2018).
- [61] E. J. Baxter *et al.* (DES and SPT Collaborations), A measurement of CMB cluster lensing with SPT and DES year 1 data, Mon. Not. R. Astron. Soc. **476**, 2674 (2018).
- [62] M. S. Madhavacheril *et al.* (ACT Collaboration), The Atacama Cosmology Telescope: Weighing distant clusters with the most ancient light, Astrophys. J. Lett. **903**, L13 (2020).
- [63] D. Han and N. Sehgal, Mitigating foreground bias to the CMB lensing power spectrum for a CMB-HD survey, Phys. Rev. D 105, 083516 (2022).
- [64] V. C. Chan and J. Meyers, cmbpix, https://github.com/ victorcchan/cmbpix, 10.5281/zenodo.10536021.
- [65] A. van Engelen, S. Bhattacharya, N. Sehgal, G. P. Holder, O. Zahn, and D. Nagai, CMB lensing power spectrum biases from galaxies and clusters using high-angular resolution temperature maps, Astrophys. J. 786, 13 (2014).

- [66] S. J. Osborne, D. Hanson, and O. Doré, Extragalactic foreground contamination in temperature-based CMB lens reconstruction, J. Cosmol. Astropart. Phys. 03 (2014) 024.
- [67] M. S. Madhavacheril and J. C. Hill, Mitigating foreground biases in CMB lensing reconstruction using cleaned gradients, Phys. Rev. D 98, 023534 (2018).
- [68] D. Beck, J. Errard, and R. Stompor, Impact of polarized galactic foreground emission on CMB lensing reconstruction and delensing of B-modes, J. Cosmol. Astropart. Phys. 06 (2020) 030.
- [69] Y. S. Abylkairov, O. Darwish, J. C. Hill, and B. D. Sherwin, Partially constrained internal linear combination: A method for low-noise CMB foreground mitigation, Phys. Rev. D 103, 103510 (2021).
- [70] O. Darwish, B. D. Sherwin, N. Sailer, E. Schaan, and S. Ferraro, Optimizing foreground mitigation for CMB lensing with combined multifrequency and geometric methods, Phys. Rev. D 107, 043519 (2023).
- [71] M. Mirmelstein, G. Fabbian, A. Lewis, and J. Peloton, Instrumental systematics biases in CMB lensing reconstruction: A simulation-based assessment, Phys. Rev. D 103, 123540 (2021).