Massive gravity is not positive

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We derive new positivity bounds at finite momentum transfer, assuming a large separation between the mass m of the lightest particle in the effective theory and the mass gap M to new heavy states. Massive gravity parametrically violates these bounds unless the cutoff is within 1 order of magnitude of the graviton mass $M \le O(10)m$. Nongravitational effective theories of massive spin-2 particles are similarly bounded.

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I. INTRODUCTION

The principles of causality, unitarity, crossing symmetry, and Lorentz invariance enforce nontrivial constraints on otherwise healthy-looking effective field theories (EFTs), which describe the emergent infrared (IR) dynamics relevant to low energy observers. The simplest of these constraints takes the form of inequalities among scattering amplitudes, or Wilson coefficients, and are therefore known as positivity bounds. These have found interesting applications in particle physics and cosmology, allowing to discern EFTs that can have a consistent ultraviolet (UV) description—the EFT landscape—from theories that do not—the EFT swampland.

Positivity bounds shape the space of EFT amplitudes, by constraining the structure of higher derivative interactions. These have played a particularly important role in our understanding of possible departures from Einstein gravity, see, e.g., [\[1](#page-9-0)–[25](#page-10-0)].

In this article, we turn our attention towards the theory of massive gravity, focusing for concreteness on the de Rham-Gabadadze-Tolley (dRGT) theory as well as on various generalizations [\[26](#page-10-1)–[28\]](#page-10-2). dRGT is a (generally covariant) EFT of a single massive spin-2 particle, whose mass m is experimentally constrained to be of the order of the smallest energy scale in our Universe, the Hubble parameter: $m \sim$ H_0 (see, e.g., [\[29\]](#page-10-3) and references therein). Our goal is to understand whether this EFT can be used to describe physics at parametrically larger scales (distances much

shorter than the Hubble radius H_0^{-1}), as relevant for any practical and cosmological application.

Positivity has already been employed in this context [\[30](#page-10-4)–[32\]](#page-10-5). Bounds restricted to forward scattering imply that the two free parameters of dRGT massive gravity, c_3 and d_5 , must live in a certain finite compact region [[30](#page-10-4)] and that the ultimate energy-cutoff M of the theory is smaller than $M \ll (m^3 m_{\text{Pl}})^{1/4}$ [\[31,](#page-10-6)[33](#page-10-7)], with m_{Pl} the reduced Planck mass.¹ This scale corresponds to distances M^{-1} roughly larger than the size of our Solar System.

In this work we extend massive gravity positivity bounds to regimes of large momentum transfer, $|t| \gg m^2$, exploiting two basic observations. Firstly, inelastic matrix elements are bounded by elastic ones; so finite-t dispersive integrals must be smaller than forward ones. Secondly, for the unknown part of dispersive integrals with c.m. energy squared, $s \geq M^2 \gg |t|$, crossing symmetry is simple and resembles near-forward or massless scattering.

The positivity bounds emerging from this analysis lead to a much stronger condition on the regime of validity of dRGT. We find that the cutoff of massive gravity is parametrically close to its mass, and tied to it by the linear relation,

$$
M \lesssim O(10) \ m, \tag{1}
$$

independently of all the other parameters in the theory. This conclusion cannot be avoided by the mechanism of Vainshtein screening [[34](#page-10-8)–[36](#page-10-9)], as all Vainshtein radii from compact sources are smaller than the size of the Universe.

In Sec. [II](#page-1-0) we lay out our assumptions and derive a simple version of positivity constraints that is suitable to study

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¹Since M is much smaller than the strong coupling scale for longitudinal polarizations $\Lambda_3 \equiv (m^2 m_{\rm Pl})^{1/3}$ in dRGT [\[26\]](#page-10-1), the new degrees of freedom must UV complete massive gravity in the weakly coupled regime.

massive higher-spin scattering. We apply these bounds to dRGT in Sec. [III.](#page-3-0) In Sec. [IV](#page-4-0) we show that the bounds apply also to general deformations from dRGT with higherderivative interactions, detuned potentials, and nongravitational theories. Finally, in Sec. [V](#page-6-0) we summarize our results and discuss future directions. Appendices [A](#page-7-0), [B](#page-7-1), and [C](#page-8-0) report some technical aspects: the definition of the dRGT theory (A), the bound on the error of certain approximations (B), and two-sided positivity bounds for the scalarvector EFT (C).

We work in the $\eta_{\mu\nu} = \text{diag}(-, +, +, +)$ metric signature. The Mandelstam invariants in the in-out convention are $-s=(p_1+p_2)^2=(p_3+p_4)^2$, $-t=(p_1-p_3)^2=(p_2-p_4)^2$, $-u = (p_1 - p_4)^2 = (p_2 - p_3)^2$ with $s + t + u = 4m^2$. The angle $|\cdot\rangle$ and square $|\cdot|$ brackets represent spinorhelicity variables. The scattering amplitudes M are defined by factoring out the momentum-conservation Dirac-delta function, i.e., $S = \mathbb{I} + iT$ with, e.g., $\langle 3^{\lambda_3} 4^{\lambda_4} | T | 1^{\lambda_1} 2^{\lambda_2} \rangle =$ $(2\pi)^4 \delta^4(p_1 + p_2 - p_3 - p_4) \langle 3^{\lambda_3} 4^{\lambda_4} | \mathcal{M} | 1^{\lambda_1} 2^{\lambda_2} \rangle$ for a 4-body interaction. The helicity indices inside in the partial wave states are treated as labels of the states, so that $\langle \lambda_1 \lambda_2 |$ is the "bra" vector dual to the "ket" $|\lambda_1 \lambda_2\rangle$, keeping, i.e., the same ordering.

II. POSITIVITY

We study the $2 \rightarrow 2$ scattering of massive gravitons in flat spacetime. In what follows we list our assumptions and show how they can be efficiently employed to obtain parametric bounds of the form of Eq. [\(1\)](#page-0-0).

(i) Unitarity of the S-matrix reads as follows:

$$
\frac{\mathcal{M} - \mathcal{M}^{\dagger}}{i} = \mathcal{M}^{\dagger} \mathcal{M} \succeq 0, \tag{2}
$$

for physical energies $s \geq 4m^2$. This equation, evaluated on any complete set of states, is ultimately responsible for positivity. In practical applications only truncated sets of states can be considered (e.g., finite number of partial waves, states of definite helicity, etc…), and each of these sets accesses different partial information.

We work with generic initial $|1^{\lambda_1}2^{\lambda_2}\rangle$ and final $|3^{\lambda_3}4^{\lambda_4}\rangle$ 2-particle states of arbitrary momentum and helicity λ_i . Here $|3^{\lambda_3} 4^{\lambda_4}\rangle \equiv R(\theta)|1^{\lambda_3} 2^{\lambda_4}\rangle$ is defined by a rotation $R(\theta) = \exp(-iJ_2\theta)$ of an initial state with given helicity. Positivity of $|\mathcal{M}(|1^{\lambda_1}2^{\lambda_2}) +$ $e^{i\alpha}$ $(3^{\lambda_3}4^{\lambda_4})$ $|^{2}$ for all α , implies

$$
2|\langle 3^{\lambda_3}4^{\lambda_4}|\mathcal{M}^{\dagger}\mathcal{M}|1^{\lambda_1}2^{\lambda_2}\rangle| \leq \langle 1^{\lambda_1}2^{\lambda_2}|\mathcal{M}^{\dagger}\mathcal{M}|1^{\lambda_1}2^{\lambda_2}\rangle
$$

$$
+\langle 3^{\lambda_3}4^{\lambda_4}|\mathcal{M}^{\dagger}\mathcal{M}|3^{\lambda_3}4^{\lambda_4}\rangle.
$$

$$
(3)
$$

This has a simple, but powerful, physical interpretation: inelastic $\mathcal{M}^{\dagger} \mathcal{M}$ matrix elements must be smaller than elastic ones. By Eq. [\(2\)](#page-1-1) the same statement holds for $(M - M^{\dagger})/i$. When reduced to equal helicities $(\lambda_1, \lambda_2) = (\lambda_3, \lambda_4)$, Eq. [\(3\)](#page-1-2) implies that $\mathcal{M}^{\dagger} \mathcal{M}$ in nonforward scattering must be smaller than in the forward one (generalizing [\[37,](#page-10-10)[38](#page-10-11)] to all helicities). When limited to the forward limit, instead, it implies that scattering of inelastic helicity must be suppressed with respect to the elastic one.

Since much of our understanding of dispersion relations relies on elastic scattering, Eq. [\(3\)](#page-1-2) provides an intuitive way of readily extending previous results to inelastic scattering.

(ii) Causality/Analyticity The center of mass scattering matrix elements

$$
\mathcal{M}_{\lambda_1\lambda_2}^{\lambda_3\lambda_4}(s,t) \equiv \langle 3^{\lambda_3} 4^{\lambda_4} | \mathcal{M} | 1^{\lambda_1} 2^{\lambda_2} \rangle \quad (\text{c.m.}), \quad (4)
$$

are analytic functions in the complex (Mandelstam) s plane at fixed $t \leq 0$, except for branch cuts and poles located on the real axis (in fact, our results rely only on analyticity for large enough $|s| > R(t)$ with $|R(t)| < M^2$ at small enough $|t| < M^2$, as proven in Ref. [\[39\]](#page-10-12)). These discontinuities are associated with physical thresholds (intermediate states exchanged in the s or u channels) as well as kinematic singularities. The latter, classified long ago [[40](#page-10-13)], originate either from the fact that helicity states are ill-defined when the momenta vanish, at $s = 4m^2$ in the c.m. frame, or from angular-momentum selection rules. $\frac{2}{3}$ For instance, the elastic-helicity scattering amplitude,

$$
\mathcal{M}_{\lambda_1 \lambda_2}(s, t) \equiv \mathcal{M}_{\lambda_1 \lambda_2}^{\lambda_1 \lambda_2}(s, t), \tag{5}
$$

in the theory of a massive spin-2 particle, exhibits only simple dynamical poles at $s = m^2$ and $3m^2 - t$ and a kinematic higher order pole at $s = 4m^2$, see Fig. [1](#page-2-0).

(iii) Crossing symmetry This is a simple relation between amplitudes as functions of momenta and holds in generic reference frames. In the forward or massless limit, it involves exchanging any two legs of an amplitude. At finite momentum exchange and mass, however, an additional boost must be performed to bring back the amplitude into the c.m. frame. In a crossing transformation that takes one particle in the in/out state into an antiparticle of the out/in state, the resulting Wigner rotations generically mix all helicities,

 $2By$ rotational invariance, in forward and backward scattering, the amplitude must behave like $\sqrt{-t/(s-4m^2)}^{\vert \lambda_{12} - \lambda_{34} \vert}$ and the amplitude must behave like $\sqrt{-t/(s-4m^2)}^{\vert \lambda_{12}-\lambda_{34}\vert}$ and $\sqrt{-u/(s-4m^2)}^{\vert \lambda_{12}+\lambda_{34}\vert}$, respectively, where $\lambda_{ij} \equiv \lambda_i - \lambda_j$. For $m = 0$ these are the only kinematic singularities and are encoded in little-group scaling factors.

FIG. 1. Analytic structure of elastic-helicity amplitudes: IR poles and subtraction points are schematically represented by orange dots and are well within the contour C. UV branch cuts are explicitly displayed, whereas IR ones are omitted.

$$
\mathcal{M}_{\lambda_1 \lambda_2}^{\lambda_3 \lambda_4}(s,t) = \sum_{\lambda'_i=-S}^{S} X_{\lambda_1 \lambda_2 \lambda_3 \lambda_4}^{\lambda'_1 \lambda'_2 \lambda'_3 \lambda'_4}(s,t) \mathcal{M}_{\lambda'_1 \bar{\lambda}'_4}^{\lambda'_3 \bar{\lambda}'_2}(u,t), \quad (6)
$$

with S the spin of the particle and X the crossing matrix— writable in terms of a string of Wigner-d matrices [[40](#page-10-13)–[43](#page-10-14)], where for later convenience we have defined $\bar{\lambda}_i \equiv -\lambda_i$.

In this work, we exploit the fact that for large center of mass energy m^2 , $-t \ll s$, the structure of X greatly simplifies,

$$
X_{\lambda_1\lambda_2\lambda_3\lambda_4}^{\lambda'_1\lambda'_2\lambda'_3\lambda'_4}(s,t) \propto \prod_i \left(\frac{\sqrt{|t|}m}{s}\right)^{|\lambda_i-\lambda'_i|},\tag{7}
$$

providing $a_y\sqrt{|t|}m/s$ suppression for any helicity change from the $\lambda_1 \overline{\lambda}_4 \rightarrow \lambda_1 \overline{\lambda}_2$ (high-energy) configuration. So, for elastic helicity, Eq. [\(6\)](#page-2-1) becomes

$$
\mathcal{M}_{\lambda_1 \lambda_2}(u,t) = \mathcal{M}_{\lambda_1 \overline{\lambda}_2}(s,t) + \left(c_{\lambda'_1 \lambda'_2 \lambda'_3 \lambda'_4}^{\lambda_1 \lambda_2} \frac{\sqrt{|t|}m}{s} + O\left(\frac{tm^2}{su}\right)\right) \mathcal{M}_{\lambda'_1 \lambda'_2}^{\lambda'_3 \lambda'_4}(s,t),
$$
\n(8)

where in the first term of the second line we sum over the eight inelastic amplitudes $\lambda'_1 \lambda'_2 \lambda'_3 \lambda'_4$ with only one ± 1 helicity change with respect to $\lambda_1 \overline{\lambda}_2 \lambda_1 \overline{\lambda}_2$. Moreover, c's in [\(8\)](#page-2-2) are all known and bounded, $c \le \sqrt{6}$ for spin-2 particles. Notice that some of the inelastic amplitudes on the rhs of Eq. (8) are further suppressed by powers of t due to angular momentum conservation close to the forward limit, see footnote 2.

(iv) Hermitian analyticity Amplitudes in the upper and lower s-plane are related by complex conjugation, e.g.,

$$
\mathcal{M}_{\lambda_1\lambda_2}^{\lambda_3\lambda_4}(s+i\epsilon,t)=\mathcal{M}_{\lambda_3\lambda_4}^{\lambda_1\lambda_2*}(s-i\epsilon,t) \qquad (9)
$$

for s and t real.

(v) Polynomial boundedness The amplitude at fixed $t \leq 0$ is polynomially bounded in s; in particular, the Froissart-Martin bound [[44](#page-10-15),[45](#page-10-16)] for a gapped theory implies that

$$
\lim_{s \to \infty} \mathcal{M}_{\lambda_1 \lambda_2}(s, t) / s^2 \to 0. \tag{10}
$$

A similar bound has been extended recently to massless gravity in various dimensions [[46](#page-10-17)].

(vi) EFT separation of scales We assume we are dealing with a relativistic EFT where $m \ll M$, so that one can systematically calculate amplitudes in the low energy window,

$$
m \ll E \ll M,\tag{11}
$$

to any desired accuracy, provided one works at sufficiently high loop order and includes operators of sufficiently large dimension. In the context of massive gravity, at sufficiently small energy, the EFT is well described by a Lagrangian comprised of the Einstein-Hilbert term and the dRGT potential.

Furthermore, because the theory is weakly coupled all the way to the cutoff (see footnote 1), we assume that it is possible to neglect the effects of IR loops; these can systematically be taken into account; see Refs. [[37](#page-10-10),[47](#page-10-18)–[51\]](#page-10-19).

Now the goal is to show for what values of the ratio m/M the above assumptions are compatible with each other, in the context of dRGT. Because of the simple analytic structure and the simple behavior under crossing discussed in (ii) and (iii) respectively, we focus on elastic-helicity amplitudes. We introduce the integral

$$
\mathcal{A}_{\lambda_1\lambda_2}(t) = \frac{1}{2} \oint_C \frac{ds}{2\pi i} \frac{\mathcal{M}_{\lambda_1\lambda_2}(s,t) + \mathcal{M}_{\lambda_1\bar{\lambda}_2}(s,t)}{(s-2m^2+t/2)^3}, \tag{12}
$$

along a contour C in $s \in \mathbb{C}$ running around the origin at $4m^2 \ll |s| \ll M^2$, so that it avoids the amplitude poles while remaining within the region of validity of the EFT, as shown in Fig. [1](#page-2-0). Then, $A_{\lambda_1\lambda_2}$ can be calculated explicitly in terms of the free parameters of the EFT: c_3 and d_5 in the case of dRGT.³

Because of analyticity (ii), C can be deformed to run along the branch cuts and a big circle at infinity, which vanishes due to Eq. (10) in (v) . Hermitian analyticity (iv) puts $\mathcal{A}_{\lambda_1\lambda_2}$ in the form of a dispersive integral of $(M - M^{\dagger})/i$, and by crossing symmetry (iii) it can be rewritten as a single

 ${}^3\mathcal{A}_{\lambda_1\lambda_2}$ is independent of the subtraction points since, in dRGT, the leading amplitudes give $(\mathcal{M}_{\lambda_1 \lambda_2}(s, t) + \mathcal{M}_{\lambda_1 \bar{\lambda}_2}(s, t)) \sim s^2$ at fixed t, as opposed to s^3 , meaning that $\mathcal{A}_{\lambda_1\lambda_2}$ can be computed as the $s \rightarrow \infty$ residue of the EFT amplitudes themselves.

integral over the physical values of the Mandelstam variable s.

The EFT scale separation (vi) allows us to work at $m^2 \ll |t| \ll M^2$ so that crossing symmetry within the integral in $|s| \geq M^2$ takes the simple approxi-mate form [\(8\).](#page-2-2) Using unitarity (i) we rewrite $(\mathcal{M} \mathcal{M}^{\dagger}/i$ as in Eq. [\(2\)](#page-1-1) to obtain the following UV representation for $\mathcal{A}_{\lambda_1\lambda_2}$,

$$
\mathcal{A}_{\lambda_1\lambda_2}(t) = \int_{M^2}^{\infty} \frac{ds}{2\pi} \frac{1}{(s - 2m^2 + t/2)^3}
$$

$$
\times \left[\langle 3^{\lambda_1} 4^{\lambda_2} | \mathcal{M}^{\dagger} \mathcal{M} | 1^{\lambda_1} 2^{\lambda_2} \rangle \right.
$$

$$
+ \langle 3^{\lambda_1} 4^{\overline{\lambda}_2} | \mathcal{M}^{\dagger} \mathcal{M} | 1^{\lambda_1} 2^{\overline{\lambda}_2} \rangle \right]
$$

$$
+ \frac{\sqrt{|t|}m}{M^2} \Delta_{\lambda_1\lambda_2}, \qquad (13)
$$

where $\Delta_{\lambda_1\lambda_2}$ captures departures from elastic crossing in Eq. [\(8\),](#page-2-2) for $s \geq M^2$, and is bounded by a known linear function of other $A_{\lambda_i\lambda_j}(0)$, see Appendix [B](#page-7-1).

The positivity bounds follow directly from the UV representation of $\mathcal{A}_{\lambda_1 \lambda_2}$ in Eq. [\(13\)](#page-3-1). In the forward limit $t \to 0$, $|3^{\lambda}4^{\lambda'}\rangle \to |1^{\lambda}2^{\lambda'}\rangle$ so that $\mathcal{A}_{\lambda_1\lambda_2}(t \to 0)$ is a sum of squares, implying

$$
\mathcal{A}_{\lambda_1\lambda_2}(0) \ge 0,\tag{14}
$$

with the equal sign obtained only in the free theory. For $t \neq 0$ instead, we use the fact that the matrix elements of $M^{\dagger}M$ are smaller than those at $t = 0$, see Eq. [\(3\),](#page-1-2) and obtain

$$
\frac{|\mathcal{A}_{\lambda_1\lambda_2}(t)|}{\mathcal{A}_{\lambda_1\lambda_2}(0)} \le \frac{1 + O\left(\frac{\sqrt{|t|}m}{M^2}\right)}{\left(1 + \frac{t/2}{M^2 - 2m^2}\right)^3}.
$$
 (15)

The term $O(\sqrt{|t|}m/M^2)$ stems from $\Delta_{\lambda_1\lambda_2}$ in Eq. [\(13\)](#page-3-1) and, as discussed in Appendix [B](#page-7-1), is bounded by the sum of the eight known IR terms, $(\sqrt{|t|}m/M^2) \bar{c}_{\lambda'_1\lambda'_2\lambda'_3\lambda'_4}'(\mathcal{A}_{\lambda'_1\lambda'_2}(0)+\mathcal{A}_{\lambda'_3\lambda'_4}(0))/2\mathcal{A}_{\lambda_1\lambda_2}(0),$ summed as described below Eq. (8) , and where we defined $\bar{c}_{\lambda'_1\lambda'_2\lambda'_3\lambda'_4}^{\lambda_1\lambda_2} \equiv |c_{\lambda'_1\lambda'_2\lambda'_3\lambda'_4}^{\lambda_1\lambda_2} + c_{\lambda'_1\lambda'_2\lambda'_3\lambda'_4}^{\lambda_1\lambda_2}|/2$. In this way, Eq. [\(15\)](#page-3-2) can be used to formulate positivity bounds with complete control of terms of order $\sqrt{|t|}m/M^2$.

We remark that in the general case of scattering identical massless particles of arbitrary spin, we can write the exact inequality,

$$
\frac{|\mathcal{A}_{\lambda_1\lambda_2}(t)|}{\mathcal{A}_{\lambda_1\lambda_2}(0)} \le (1 + t/2M^2)^{-3} \quad (m = 0), \qquad (16)
$$

similarly to the massless scalar case of Ref. [[37\]](#page-10-10).

The problem of finding all positivity constraints for massive spin-2 particles is quite complex, since crossing symmetry mixes hundreds of different amplitudes with each other, producing a nested network of positivity relations. These can, in principle, be solved with the methods of, e.g., [[10](#page-9-1)[,37](#page-10-10)[,47](#page-10-18),[48,](#page-10-20)[52](#page-10-21)–[54](#page-10-22)], but the advantage of working at leading order in $\sqrt{|t|}m/M^2$ is captured by the simplicity of Eq. (15) , which singles out six independent inequalities for the elastic helicities $1^{\lambda_1}2^{\lambda_2}$ = 1^02^0 , 1^02^+ , 1^+2^+ , $1^{\pm}2^{\pm}$, $1^{\pm}2^0$, $1^{\pm}2^+$ (where we denote by $0, +$, and \neq , the longitudinal, transverse, and transverse-transverse helicities, with other elastic configurations related to these ones by accidental parity, time-reversal, and crossing in dRGT). The inequalities in Eq. [\(15\)](#page-3-2), via the IR representation Eq. [\(12\),](#page-2-4) will be sufficient to constrain the parameter space of dRGT in the next section.

III. POSITIVITY IN dRGT

Scattering amplitudes in dRGT massive gravity are suppressed by m^2 in the forward limit and, for some helicities, grow rapidly at large |t|. For $|t| \gg m^2$ this behavior is incompatible with Eq. [\(15\)](#page-3-2), for $|t|/M^2$ small enough.

Of the six elastic-helicity configurations at our disposal, the strongest bounds will come from $\lambda_1 \lambda_2 = 00, 0+, ++$, which give (from the dRGT action reported in Appendix [A](#page-7-0)),

$$
\mathcal{A}_{00} \underset{m^2 \ll |t|}{\longrightarrow} \frac{t}{6\Lambda_3^6} (1 - 4c_3 + 36c_3^2 + 64d_5) \tag{17}
$$

$$
\mathcal{A}_{0+} \xrightarrow[m^2 \ll |t|]{} \frac{t}{96\Lambda_3^6} (1 + 24c_3 + 144c_3^2 + 384d_5) \tag{18}
$$

$$
\mathcal{A}_{++} \xrightarrow[m^2 \ll |t|]{} \frac{9t}{64\Lambda_3^6} (1 - 4c_3)^2, \tag{19}
$$

while amplitudes involving the transverse polarizations do not grow with $|t|$. This has to be contrasted with the values in the forward limit,

$$
\mathcal{A}_{00} \xrightarrow[t=0]{} \frac{2m^2}{9\Lambda_3^6} (7 - 6c_3 - 18c_3^2 + 48d_5) \tag{20}
$$

$$
\mathcal{A}_{0+} \xrightarrow[t=0]{} \frac{m^2}{48\Lambda_3^6} (91 - 312c_3 + 432c_3^2 + 384d_5) \tag{21}
$$

$$
\mathcal{A}_{++} \xrightarrow[t=0]{} \frac{m^2}{8\Lambda_3^6} (7 - 24c_3^2 + 48d_5). \tag{22}
$$

Now, an EFT with a large range of validity can, by definition, be used at energies much larger than the particle

FIG. 2. The (c_3, d_5) parameter space of dRGT massive gravity and a comparison with the forward-only positivity bounds from Ref. [[30](#page-10-4)], which carve the region inside the closed black line. Left: in the $|t| \gg m^2$ limit, each elastic helicity reduces the parameter space to a line (corresponding to the vanishing of [\(17\)](#page-3-4) in blue, [\(18\)](#page-3-6) in green, and [\(19\)](#page-3-5) in orange). In this limit, the lines do not intersect, and the theory is ruled out. Right: a close-up of the same figure, for finite values of $|t|/m^2$ (we have used the exact amplitudes, rather than the ones expanded at large $|t|/m$ reported in the main text). Different shadings correspond to the allowed parameter space for different values of M/m , represented at fixed $|t|/M^2 = 0.1$. As the ratio between the cutoff and the mass increases, the parameter space shrinks and eventually disappears, hence providing Eq. [\(23\).](#page-4-2)

mass, $m^2 \ll |t| \ll M^2$. In this limit, the bounds from applying Eqs. [\(15\)](#page-3-2)–[\(22\)](#page-3-3) would converge to three lines in the (c_3, d_5) plane, corresponding to the vanishing of [\(17\)](#page-3-4)–[\(19\).](#page-3-5) These three lines have no common intersection, as illustrated in the left panel of Fig. [2](#page-4-1).

This implies that in dRGT massive gravity, the cutoff of the theory cannot be arbitrarily large compared to the mass. To quantify this, we run a bootstrap algorithm for the ratio m^2/M^2 , assuming only the existence of a range $|t| \ll M^2$ for which dRGT is a valid description of massive spin-2 scattering. For each value of m^2/M^2 , we determine the set of points (c_3, d_5) that are compatible with the finite-t bound in Eq. [\(15\)](#page-3-2); if the set is not empty, then we lower m^2/M^2 and repeat; if the set is empty, then the value is inconsistent with the assumptions (i)–(vi) and is discarded. The results of this algorithm are illustrated in the right panel of Fig. [2](#page-4-1).

In this way, we find that the cutoff scales linearly with the mass and is limited to being parametrically close to it,

$$
M \le 30 \ m \times \left(\frac{0.1}{-t/M^2}\right)^{1/2}.\tag{23}
$$

We have presented the bound in this way to highlight the fact that it becomes stronger as the theory is evaluated at larger energies $|t|/M^2$, closer and closer to the cutoff, while still being described by dRGT. Since m^2/M^2 is small, for $-t/M^2 \le 0.1$ it implies $m\sqrt{-t}/M^2 \le 0.01$, and we have checked that the error described below Eq. [\(15\)](#page-3-2) is indeed negligible.

IV. BEYOND dRGT: HIGHER ORDERS IN THE ENERGY EXPANSION

In the previous section we have assumed that dRGT accurately describes massive spin-2 scattering within the EFT. In general, there might be terms of higher order in the energy expansion, beyond those of dRGT, that also contribute to the scattering amplitudes via terms with more powers of the energy. These enter $\mathcal{A}_{\lambda_1\lambda_2}(t)$ as higher powers in t . As long as these terms are suppressed by powers of M , and are controlled by coefficients $~\sim O(1)$ with respect to dRGT, our arguments are modified only by higher powers of the small ratio $|t|/M^2$. In this section, we relax this assumption and study the possibility that above some intermediate scale E_* , with $m \ll E_* < M$, dRGT transitions into a different theory, controlled by the most general higher-derivative EFT. Can such a theory exist?

If such a theory is dominated by large coefficients in just a few terms of higher-order in the energy expansion, then we could apply the same arguments as in Sec. [III](#page-3-0) to $\mathcal{A}_{\lambda_1 \lambda_2} (E^2 \ll |t| \ll M^2) / \mathcal{A}_{\lambda_1 \lambda_2} (0)$ (and to the generalizations of $\mathcal{A}_{\lambda_1\lambda_2}(t)$ to more subtractions) and exclude it, since a fixed order polynomial in t/E_*^2 would quickly exceed 1 in [\(15\)](#page-3-2).

A. Detuned potential

An example of such a theory is provided by detuning the graviton potential from its dRGT values, i.e., of all the dRGT relations in Appendix [A](#page-7-0)we only keep the Fierz-Pauli mass tuning $b_1 = -b_2$. Then the 2-to-2 amplitudes depend on four parameters, (c_1, c_2, d_1, d_3) , which we can constrain as follows.

The amplitude for $\lambda_1 \lambda_2 = 00$ at zeroth order in the mass grows as \propto $(c_2 + 3c_1/2 - 1/4)s^4t$. We can therefore define the analog of Eq. [\(12\)](#page-2-4) with four subtractions $\mathcal{A}_{\lambda_1\lambda_2}^{(4)}$ (i.e., exponent 5 at the denominator), that also satisfies Eq. (15) , and implies at $|t| \gg m^2$ that $c_2 = -3c_1/2 + 1/4 +$ $O(m^2/M^2)$. Moreover, at $t = 0$, $A_{\lambda_1 \lambda_2} \ge A_{\lambda_1 \lambda_2}^{(4)} (M^2 (2m^2)^2$, see Ref. [\[47\]](#page-10-18), implying $d_3 = -d_1/2 + 3/32 +$ $O(m^2/M^2)$ (after imposing the c_2 tuning). These are the dRGT relations spanned by (c_1, d_1) and deliver the Λ3-theory, reproducing Ref. [\[32\]](#page-10-5) and further showing that detuned massive gravity is also incompatible with positivity bounds as soon as m^2 and M^2 are parametrically separated.⁴

B. General higher derivative terms

Rather than a normal EFT with a finite number of leading higher-energy terms, we can even address the case of a theory with a tower of infinitely many higher derivative terms with large coefficients, arranged such that their contributions to $\mathcal{A}_{\lambda_1\lambda_2}$ resum to a small function of t/M . To answer this question we provide an alternative derivation of the bound that led to the nonintersecting lines in the left panel of Fig. [2](#page-4-1) (for which we used $|t| \gg m^2$ in Sec. [III](#page-3-0)). In this derivation we will not assume that $\mathcal{A}_{\lambda_1\lambda_2}$ is at most linear in t , as in dRGT, but allow for arbitrary powers of t with arbitrary coefficients. On the other hand, in this derivation, we will work at zeroth order in m , keeping Λ_3 fixed (this is known as the *decoupling limit*, in which the transverse polarizations decouple).

At this order, besides the simplification of crossing symmetry discussed in (iii), the EFT amplitudes also simplify because the theory effectively reduces to that of a massless shift-symmetric scalar, a photon, and a graviton. At high energy we are thus able to write all-orders Ansätze, the relevant ones being,

$$
\langle 3^0 4^0 | \mathcal{M} | 1^0 2^0 \rangle = H(s, t), \tag{24}
$$

$$
\langle 3^+4^- | \mathcal{M} | 1^+2^- \rangle = \langle 32 \rangle^2 [14]^2 G_{+-}(s, t), \qquad (25)
$$

$$
\langle 3^0 4^+ | \mathcal{M} | 1^0 2^+ \rangle = \langle 41 \rangle^2 [12]^2 G_{0+}(s, t), \qquad (26)
$$

where we have factored out little group scalings, and H and $G_{\lambda_1\lambda_2}$ are functions that contain only dynamical singularities. Moreover, within the decoupling limit and within the EFT range of validity, they are also analytic functions since none of the three-point functions between one neutral Goldstone boson and the gauge boson give rise to on-shell poles. Crossing symmetry implies that $G_{0+}(s,t) = G_{0+}(u,t), G_{+-}(s,t) = G_{+-}(t,s)$, while H is fully $s-t-u$ crossing symmetric. Therefore, their most general tree-level low-energy expressions are

$$
H(s,t) = h_0(s^2 + t^2 + u^2)/2 + h_1stu + \dots \quad (27)
$$

$$
G_{+-}(s,t) = f_0 + f_1(s+t) + f_2(s^2 + t^2) + \dots \tag{28}
$$

$$
G_{0+}(s,t) = g_0 + g_1t + g_2(s^2 + u^2) + g_2'su + \dots
$$
 (29)

References [\[10](#page-9-1)[,47](#page-10-18)[,52,](#page-10-21)[53](#page-10-23)] have derived bounds for all the coefficients in the most general EFT for scalars. These can be readily applied to the ratios h_i/h_0 , constraining them from above and below in appropriate units of M , independently of the value of all the other coefficients. Similarly, Refs. [[19](#page-10-24)[,55](#page-10-25)[,56\]](#page-10-26) derived two-sided bounds for spin-1 particles, which can be read in terms of f_i/f_0 .

In Appendix [C](#page-8-0) we perform a similar analysis, for amplitudes involving both spin-1 and spin-0 particles. We exploit the fact that, again because of crossing symmetry, the form factors in Eqs. [\(24\)](#page-5-0)–[\(26\)](#page-5-1) also control other amplitudes, namely, $\langle 3^{-4+}|\mathcal{M}|1^{0}2^{0}\rangle = \langle 41\rangle^{2}[13]^{2}G_{0+}(t, s)$ and $\langle 3^+4^+ | \mathcal{M} | 1^+2^+ \rangle = \langle 34 \rangle^2 [12]^2 G_{+-}(u, t)$. This allows us to study inelastic channels to find lower and upper bounds on the q_i 's.

A simple—albeit nonoptimal—subset of these bounds reads,

$$
-8h_0 \le h_1 M^2 \le \frac{3}{2}h_0,\tag{30}
$$

$$
-f_0 \le f_1 M^2 \le f_0,\tag{31}
$$

$$
-\frac{5}{2}g_0 \le g_1 M^2 \le \frac{1}{3}(10g_0 + 4h_0 + 7f_0),\tag{32}
$$

and holds regardless of higher derivative terms, which are also similarly bounded.

In a theory that reduces to dRGT at low energies, and departs from it only by higher derivative terms, the most relevant terms $h_{0,1}$, $f_{0,1}$, and $g_{0,1}$ must match with dRGT, i.e.,

$$
-h_1 t = \mathcal{A}_{00}(|t| \gg m^2), \qquad g_1 t = \mathcal{A}_{0+}(|t| \gg m^2),
$$

$$
\frac{3}{2} f_1 t = \mathcal{A}_{++}(|t| \gg m^2),
$$

where the expressions on the rhs are given by [\(17\),](#page-3-4) [\(18\)](#page-3-6), and [\(19\).](#page-3-5) The coefficients h_0 , g_0 , and f_0 are mass suppressed and thus vanish at the order $O(m^0)$ that we assume

⁴Further, using $A_{\lambda_1 \lambda_2}$ with $\lambda_1 \lambda_2 = 00, 0+, ++$ reduces this theory parameter space to three lines, $128d_1 - 43 + 36c_1 108c_1^2 = 0$, $16d_1 - 6c_1 - 9c_1^2 = 0$ and $c_1 = 1$, up to $O(m^2/M^2)$. Interestingly, including finite m^2/M^2 effects, we find that in detuned massive gravity the bound on M/m is exactly as in dRGT: $M \lesssim 30m\sqrt{0.1M^2/|t|}$, with error controlled by the chosen ratio $|t|/M^2$.

in this section. Therefore, combining these explicit expressions with the bounds in Eqs. [\(30\)](#page-5-2)–[\(32\)](#page-5-3) leads to exactly the same situation as in the left panel of Fig. [2](#page-4-1), but this time, independently of all higher derivative terms. This holds also for detuned massive gravity with higher energy terms, here with different expressions for h_1 , g_1 , f_1 in terms of (c_1, d_1) .

C. Nongravitational spin-2 theories

It is interesting to extend our bounds to nongravitational massive spin-2 theories, i.e., theories without diffeomorphism invariance, that would describe the dynamics of, e.g., glueballs in gauge theories. One practical way to define these theories is by starting with a gravitational theory such as massive gravity with a generic potential (but keeping the Fierz-Pauli mass tuning) and then add diffeomorphism hard-breaking terms. The lowest-dimensional hard-breaking interaction for a parity even massive spin-2 particle corresponds to a single on-shell three-point function with two momentum insertions, schematically $\partial^2 h^3$, different from the one in the Einstein-Hilbert term. This new vertex can be chosen to be [[57](#page-10-27)–[59\]](#page-10-28)

$$
\delta \mathcal{L} = \zeta \frac{m_{\rm Pl}^2}{2} \epsilon^{\mu \nu \rho \sigma} \epsilon^{\alpha \beta \gamma \delta} h_{\sigma \delta} \partial_{\rho} h_{\mu \alpha} \partial_{\gamma} h_{\nu \beta} \tag{33}
$$

(parity odd spin-2 particles admit another trilinear with an ϵ tensor [\[57\]](#page-10-27)). Restricting to parity even for simplicity, the new trilinear dramatically changes the $m \ll E \ll M$ behavior of scattering amplitudes.⁵ In particular, for the transverse-transverse polarizations (denoted $\frac{1}{x}$ and $=$) the leading energy behavior $m \ll E \ll M$ reads, e.g.,

$$
\mathcal{M}_{++} = -\frac{8}{3}\zeta^2 \frac{s^3}{\Lambda_3^6}, \qquad \mathcal{M}_{+} = \frac{8}{3}\zeta^2 \frac{(s+t)^3}{\Lambda_3^6}, \quad (34)
$$

and likewise for the mixed transverse-longitudinal, e.g., $\mathcal{M}_{\neq +} = -s^2(s+t)\zeta^2/\Lambda_3^6$, or for only longitudinal modes, $\mathcal{M}_{0+} = \zeta st^2(s+t)/6\Lambda_3^6m^2, \dots$, [after the scalar-sector tuning as required by positivity $c_2 = -3c_1/2 + 1/4 +$ $o(m^2/M^2)$ and $d_3 = 3/32 - d_1/2 + o(m^2/M^2)$.

Scattering with such a fast leading-energy scaling is in fact inconsistent with [\(15\)](#page-3-2) (and as well as with the results of Ref. $[15]$ $[15]$ $[15]$) unless ζ is strongly suppressed or the cutoff is parametrically close to the mass. Indeed, for $|t| \gg m^2$ we have

$$
\mathcal{A}_{++} = 4t \frac{\zeta^2}{\Lambda_3^6}, \qquad \mathcal{A}_{+-} = \frac{t}{2} \frac{\zeta^2}{\Lambda_3^6}, \qquad \mathcal{A}_{0+} = \frac{2t \zeta (1 - 4\zeta)}{3 \Lambda_3^6},
$$

whereas the values in the forward limits are mass suppressed: after enforcing the scalar-sector tuning, $\mathcal{A}_{\neq}(0) = (1 - 8c_1\zeta + 32\zeta^2)m^2/\Lambda_3^6, \quad \mathcal{A}_{\neq -} = (4 - 4\zeta - 4\zeta^2)$ $6\zeta^2 + c_1(-3 + 6\zeta)m^2/\Lambda_3^6$, and $\mathcal{A}_{0\neq} = (1 - 4\zeta)(4 - 3c_1 +$ 8ζ) $2m^2/3\Lambda_3^6$. Analogously for the scalar-vector, where $\mathcal{A}_{0+}(|t| \gg m^2) = t^2 \zeta / 6 \Lambda_3^6 m^2$, whereas the forward arc $\mathcal{A}_{0+}(0)$ is mass suppressed, thus demanding again $|\zeta| \ll 1$.
However, as soon as $|\zeta| \ll 1$, e.g., by setting $\zeta =$

However, as soon as $|\zeta| \ll 1$, e.g., by setting $\zeta = \bar{\zeta}m^2/M^2$ for a finite $\bar{\zeta}$, this new coupling essentially drops out from the constraints [\(15\)](#page-3-2) for the longitudinal-only polarizations $\lambda_1 \lambda_2 = 00, ++$. It survives in the 0+ but only proportionally to a t/M^2 factor, which is of the same order of other higher derivative corrections, hence irrelevant. Indeed, the bounds [\(30\),](#page-5-2) [\(31\)](#page-5-4), and [\(32\)](#page-5-3) still apply on the h_1 , f_1 , and g_1 , regardless of the higher orders in t that affect instead $(h, f, g)_{i \geq 2}$. All in all, for such a small ζ , we simply recover the same gravitational constraints for the longitudinal modes that we have already studied. See them explicitly in footnote 4.

In conclusion, theories of massive spin-2 particles cannot have a parametric separation of scales M/m , independently of how they are modified at high energy.

V. CONCLUSIONS AND OUTLOOK

The EFT of massless gravitons is a priori consistent from the smallest energy scale in the Universe $H_0 \sim 10^{-42}$ GeV, to the largest one $m_{\text{Pl}} \sim 10^{18}$ GeV, i.e., over about 60 orders of magnitude. The results presented in this paper show that consistency of the EFT of a massive graviton is instead confined into a narrow energy window, spanning from the graviton mass by at most 1 order of magnitude. This constitutes an improvement of 15 orders of magnitude with respect to previous bounds.

We devised new and simple positivity bounds based on an approximate crossing symmetry that is valid in weakly coupled EFTs with a hierarchy between mass m and cutoff M. The simple relations we obtain can be employed within dispersion relations (based on unitarity and causality) to study complex problems, such as massive higher-spin scattering. They lead to Eq. [\(15\),](#page-3-2) which bounds the energy growth of elastic-helicity amplitudes to lie within a certain envelop. With this, we found that massive gravity cannot sustain a parametrically large mass hierarchy, see Eq. [\(23\)](#page-4-2) and Fig. [2](#page-4-1), as it would fail our positivity bounds. This conclusion is robust with respect to the inclusion of an arbitrary number of higher derivative terms, as well as higher order corrections to our version of simplified crossing symmetry. A similar conclusion holds for nongravitational massive spin-2 particles.

While our results exclude massive gravity with just the graviton and nothing else in the spectrum below $O(10)m$,

⁵An interesting limit is obtained by decoupling the Einstein-Hilbert term, $m_{\text{Pl}} \rightarrow \infty$, while keeping the other interactions ζ/m_{Pl} , c_i/m_{Pl} , and d_i/m_{Pl}^2 finite, and where the strong-coupling scale of longitudinal modes is raised to Λ_3 by performing the aforementioned limit of the dRGT tunings. In this corner of parameter space the theory becomes invariant under linear diffeomorphisms [[58](#page-10-29)], and its (in)consistency has been already studied in Ref. [[60](#page-10-30)].

they do not exclude theories with no parametrically large separation of scales, such as Kaluza-Klein (KK) gravitons gravitons that arise from the compactification of extra dimensions, or theories that do not fulfil our assumptions (i) –(vi). Moreover, the quantitative bound in Eq. (23) becomes inaccurate if one pushes it to the regime $m^2 \sim t \sim M^2$, where it seems to become stronger. In the context of gravity, however, more stringent bounds would be incompatible with the inherently flat-space formulation of the dispersive approach, as curvature corrections can no longer be neglected for $M \sim m \sim H_0$. The extension of positivity bounds to theories in nonflat backgrounds is very interesting [[61](#page-11-0),[62](#page-11-1)], albeit rather subtle [\[63\]](#page-11-2).

It would be interesting to apply the techniques developed in this paper to theories with massive higher spin $J \geq 3$ states, along the lines of [[64](#page-11-3)]. It was shown there that, contrary to massive gravity [[30\]](#page-10-4), forward-only positivity bounds were already sufficient to rule out theories dominated by the most relevant interactions, but did not exclude the possibility that an EFT with a parametric separation between m and M could exist, if dominated by less relevant interactions. The all-derivative order argument presented in Sec. [IV](#page-4-0) should be sufficient to close this door and exclude any EFT for a single massive higher-spin particle.

Another interesting direction is to extend the analysis beyond our approximation and derive a version of Eq. [\(23\)](#page-4-2) that remains valid even for $m \sim M$ [\[65](#page-11-4)]. While this is not motivated in the framework of massive gravity, as discussed above, it would teach us about the properties of spin-2 resonances, such as glueballs in gauge theories and QCD.

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APPENDIX A: dRGT

For an on-shell formulation of massive gravity and dRGT see, e.g., [[66](#page-11-5)]. For the original off-shell formulation, consider the effective Lagrangian [[27](#page-10-31),[28](#page-10-2)]

$$
S = \int d^4x \sqrt{-g} \left[\frac{m_{\rm Pl}^2}{2} R - \frac{m_{\rm Pl}^2 m^2}{8} V(g, h) \right], \quad \text{(A1)}
$$

where $V(g, h) = V_2 + V_3 + V_4$ is expressed in terms of an auxiliary metric $g_{\mu\nu} \equiv \eta_{\mu\nu} + h_{\mu\nu}$ as $V_2 = b_1 \langle h^2 \rangle + b_2 \langle h \rangle^2$, $V_3 = c_1\langle h^3 \rangle + c_2\langle h^2 \rangle \langle h \rangle + c_3\langle h^3 \rangle$, $V_4 = d_1\langle h^4 \rangle + d_2\langle h^3 \rangle \times$ $\langle h \rangle + d_3 \langle h^2 \rangle^2 + d_4 \langle h^2 \rangle \langle h \rangle^2 + d_5 \langle h \rangle^4$, with $\langle h \rangle \equiv h_{\mu\nu} g^{\mu\nu}$,

 $\langle h^2 \rangle \equiv g^{\mu\nu} h_{\nu\rho} g^{\rho\sigma} h_{\sigma\mu}$, etc. The coefficients depend on c_3 and d_5 , after imposing the ghost-free conditions $b_1 = 1 = -b_2$, $c_1 = 2c_3 + 1/2, c_2 = -3c_3 - 1/2, d_1 = -6d_5 + 3c_3/2 +$ $5/16$, $d_2 = 8d_5 - 3c_3/2 - 1/4$, $d_3 = 3d_5 - 3c_3/4 - 1/16$, and $d_4 = -6d_5 + 3c_3/4$. These terms correspond to the leading effects in the energy expansion.

APPENDIX B: BOUNDING THE ERROR

In this appendix we show how the error in the last line of [\(13\)](#page-3-1) is bounded by known quantities. Using crossing, Hermitian analyticity and renaming dummy indices, it can be written as,

$$
\frac{\sqrt{|t|}m}{M^2} \Delta_{\lambda_1 \lambda_2} \equiv \int_{M^2}^{\infty} \frac{ds/2\pi}{(s - 2m^2 + t/2)^3} \left[\delta X_{\lambda_1 \lambda_2 \lambda_1 \lambda_2}^{\lambda_1' \bar{\lambda}_4' \lambda_3' \bar{\lambda}_2'} + \delta X_{\lambda_1 \bar{\lambda}_2 \lambda_1 \bar{\lambda}_2}^{\lambda_1' \bar{\lambda}_4' \lambda_3' \bar{\lambda}_2'} \right] \times \langle 3^{\lambda_3'} 4^{\lambda_4'} |\mathcal{M}^{\dagger} \mathcal{M}| 1^{\lambda_1'} 2^{\lambda_2'} \rangle, \quad (B1)
$$

where, from Eq. [\(8\)](#page-2-2), $\delta X \equiv X(t) - X(0)$ inside [\(B1\)](#page-7-2) can be expanded at leading order in $m, -t \ll s$ as $\delta X_{\lambda_1 \lambda_2 \lambda_1 \lambda_2}^{\lambda_1 \bar{\lambda}_4 \lambda_3 \bar{\lambda}_2}$ $\sqrt{-t} \frac{m}{s} c_{\lambda'_1 \lambda'_2 \lambda'_3 \lambda'_4}^{ \lambda_1 \lambda_2} + O(t m^2 / M^4)$. Using Eq. [\(3\)](#page-1-2) we can bound the discontinuities in the UV in terms of the elastic and forward ones,

$$
2|\langle 3^{\lambda'_3}4^{\lambda'_4}|\mathcal{M}^{\dagger}\mathcal{M}|1^{\lambda'_1}2^{\lambda'_2}\rangle|
$$

\n
$$
\leq \langle 1^{\lambda'_1}2^{\lambda'_2}|\mathcal{M}^{\dagger}\mathcal{M}|1^{\lambda'_1}2^{\lambda'_2}\rangle + \langle 1^{\lambda'_1}2^{\overline{\lambda}'_2}|\mathcal{M}^{\dagger}\mathcal{M}|1^{\lambda'_1}2^{\overline{\lambda}'_2}\rangle
$$

\n
$$
+\langle 3^{\lambda'_3}4^{\lambda'_4}|\mathcal{M}^{\dagger}\mathcal{M}|3^{\lambda'_3}4^{\lambda'_4}\rangle + \langle 3^{\lambda'_3}4^{\overline{\lambda}'_4}|\mathcal{M}^{\dagger}\mathcal{M}|3^{\lambda'_3}4^{\overline{\lambda}'_4}\rangle, \quad (B2)
$$

that enter in Eq. [\(13\)](#page-3-1) at $t = 0$. The error [\(B1\)](#page-7-2) is thus bounded as

$$
|\Delta_{\lambda_1 \lambda_2}| \leq \frac{(\mathcal{A}_{\lambda'_1 \lambda'_2}(0)+\mathcal{A}_{\lambda'_3 \lambda'_4}(0))|c^{\lambda_1 \lambda_2}_{\lambda'_1 \lambda'_2 \lambda'_3 \lambda'_4}+c^{\lambda_1 \bar{\lambda}_2}_{\lambda'_1 \lambda'_2 \lambda'_3 \lambda'_4}|}{4(1+\frac{t/2}{M^2-2m^2})^3}
$$

to leading order in the expansion of δX , where we have also used that $s \geq M^2$ in [\(B1\)](#page-7-2). Importantly, this is written in terms of the IR expression for A at $t = 0$, which are calculable within the EFT, rather than in terms of unknown UV quantities. The expansion of X is also known, and its coefficients are bounded, for instance, $|c| \le \sqrt{j(j+1)}$ with $j = 2$, the spin of the scattered states. Moreover, only a finite number of them enter to any order in the expansion of X —see discussion below Eq. [\(8\)](#page-2-2)—and only up to eight entries enter at leading order, as relevant for the c 's. Higher order contributions in the expansion of δX are also bounded in this way.

APPENDIX C: TWO-SIDED BOUNDS FROM MOMENTS

In this section we prove the two-sided bounds [\(30\)](#page-5-2), [\(31\)](#page-5-4), and [\(32\).](#page-5-3) Contrary to Sec. [III](#page-3-0), here we exploit the expansion of dispersion relations at $t \approx 0$, order by order in t. There are many implementations of this idea, that differ by how they extract information from the UV integrals: using positive geometry [[48](#page-10-20)], semidefinite optimization, e.g., [\[10](#page-9-1)[,52](#page-10-21),[67](#page-11-6),[68](#page-11-7)], or moment theory [\[37,](#page-10-10)[47](#page-10-18),[54](#page-10-22)]. Here we use the latter, which allows to easily derive analytic bounds.

We define s-channel dispersion relations for amplitudes stripped from their little group scalings [L.G.]

$$
{}_{n}\tilde{\mathcal{A}}^{\lambda_{3}\lambda_{4}}_{\lambda_{1}\lambda_{2}}(t) = \frac{1}{2i\pi} \oint_{\mathcal{C}} \frac{ds}{s^{n+3}} \frac{\mathcal{M}^{\lambda_{3}\lambda_{4}}_{\lambda_{1}\lambda_{2}}(s,t)}{[\mathbf{L}.\mathbf{G}]} , \qquad (C1)
$$

where [L.G.] is $\langle 32 \rangle^2 [14]^2 / s^2$ for $(+ - \rightarrow + -)$ and $\langle 41 \rangle^2 [12]^2 / s^2$ for $(0 + \rightarrow 0+)$, ..., while it is 1 for $(00 \rightarrow 00)$. We first focus on elastic scattering $_{n}\tilde{\mathcal{A}}_{\lambda_{1}\lambda_{2}}^{\lambda_{1}\lambda_{2}}(t) \equiv \tilde{\mathcal{A}}_{\lambda_{1}\lambda_{2}}^{n}(t)$. The direct evaluation of Eq. [\(C1\)](#page-8-1) provides an IR representation in terms of the Wilson coefficients defined in Eqs. [\(27\)](#page-5-5)–[\(29\),](#page-5-6) e.g.,

$$
\tilde{\mathcal{A}}_{00}^{n}(t) = \begin{cases} h_0 - h_1 t + h_2 t^2 + \dots & n = 0 \\ \frac{2}{3} h_2 t + \dots & n = 1 \\ \frac{1}{3} h_2 + \dots & n = 2 \end{cases}
$$
 (C2)

etc., while $\tilde{A}_{0+}^{0}(t) = g_0 + tg_1 + \cdots$, $\tilde{A}_{-+}^{0}(t) + \tilde{A}_{++}^{0}(t) =$ $2f_0 + f_1t + \cdots$, and $\tilde{A}_{-+}^0(t) - \tilde{A}_{++}^0(t) = f_1t + \cdots$, and so on.

The $\tilde{\mathcal{A}}_{\lambda_1\lambda_2}^n$ admit also a UV representation, from deforming the contour along the branch cuts. Further expanding in partial waves, the $\tilde{\mathcal{A}}_{00}^n$ and $\tilde{\mathcal{A}}_{0+}^n$ take the form

$$
\sum_{\ell} 8(2\ell+1) \int_{M^2}^{\infty} ds K_{\lambda_1 \lambda_2}^n(s,t) P_{\ell - |\lambda_{12}|}^{(0,2|\lambda_{12}|)} \left(1 + \frac{2t}{s}\right), \quad (C3)
$$

where $P_e^{(a,b)}(x)$ are Jacobi polynomials and the kernels $K_{\lambda_1 \lambda_2}^n$ are given by,

$$
K_{00}^{n} = \left(\frac{1}{s^{n+3}} + (-1)^{n} \frac{1}{(s+t)^{n+3}}\right) \text{Im} \mathcal{M}_{00}^{\ell} \qquad (C4)
$$

$$
K_{0+}^{n} = \left(\frac{1}{s^{n+1}} + (-1)^{n} \frac{1}{(s+t)^{n+1}}\right) \frac{\text{Im}\mathcal{M}_{0+}^{\ell}}{s^{2}}.
$$
 (C5)

A similar but longer expression holds for $\tilde{A}_{-+}^0 \pm \tilde{A}_{++}^0$.

Expanding in powers of t, defining $J^2 \equiv \ell(\ell+1)$, and using $P_{\ell-\lambda}^{0,2\lambda}(1+\epsilon) = 1 + [J^2 - \lambda(1+\lambda))] \epsilon + O(\epsilon^2)$, we can write Eq. [\(C3\)](#page-8-2) in terms of moments,

$$
\mu_{n,m}^{\lambda_i \lambda_j} = \sum_J' \int_{M^2}^{\infty} \frac{ds}{s^{n+3}} J^{2m} \text{Im} \mathcal{M}_{\lambda_i \lambda_j}^{J^2}(s) \ge 0 \qquad (C6)
$$

of the two-dimensional positive measures $\text{Im}\mathcal{M}_{\lambda_i\lambda_j}^{J^2}(s)$.⁶ Matching powers of t between the IR and UV representations, Eqs. [\(C2\)](#page-8-3) and [\(C3\)](#page-8-2), we can write Wilson coefficients in terms of moments,

$$
h_0 = 2\mu_{0,0}^{00}, \qquad h_1 = 3\mu_{1,0}^{00} - 2\mu_{1,1}^{00}, \qquad \text{(C7)}
$$

$$
g_0 = 2\mu_{0,0}^{+0}, \qquad g_1 = -5\mu_{1,0}^{+0} + 2\mu_{1,1}^{+0}, \qquad (C8)
$$

$$
f_0 = \mu_{0,0}^{-+} + \mu_{0,0}^{+}, \qquad f_1 = \mu_{1,0}^{-+} - \mu_{1,0}^{+}.
$$
 (C9)

Considering $\tilde{\mathcal{A}}_{\lambda_1\lambda_2}^n$ with $n > 0$ reveals that Wilson coefficients admit more than one representation in terms of moments—a consequence of crossing symmetry. For instance, h_2 appears in $n=0$ as well as in $n=2$ of [\(C2\)](#page-8-3), while f_1 appears in both $\tilde{A}_{-+}^0 \pm \tilde{A}_{++}^0$. This leads to sum rules among moments, or null constraints [\[52](#page-10-21)[,53\]](#page-10-23). For our purpose it will be enough to use the simplest ones,

$$
8\mu_{2,1}^{00} = \mu_{2,2}^{00},
$$

\n
$$
7\mu_{1,0}^{-+} = \mu_{1,1}^{-+} + \mu_{1,1}^{++},
$$
\n(C10)

which connect moments in J^2 to moments in $1/s$.

All positivity relations satisfied by moments can be obtained by integrating positive polynomials in J^2 and $1/s$, see, e.g., [[37](#page-10-10),[54](#page-10-22)]. From positive monomials, it follows that all moments are positive, which directly leads to $g_0, h_0, f_0 \ge 0$. Instead, from the polynomial $(1 - M^2/s)$ (positive because the measure is supported for $s \geq M^2$), we find that moments in $1/s$ are monotonically decreasing,

$$
\mu_{n,m}^{\lambda_i \lambda_j} \ge M^2 \mu_{n+1,m}^{\lambda_i \lambda_j}.
$$
\n(C11)

Finally, from the positive quadratic polynomial $(a+bJ^2/s)^2$, we find positive definiteness of the Hankel matrix,

$$
\det \begin{pmatrix} \mu_{0,0}^{\lambda_i \lambda_j} & \mu_{1,1}^{\lambda_i \lambda_j} \\ \mu_{1,1}^{\lambda_i \lambda_j} & \mu_{2,2}^{\lambda_i \lambda_j} \end{pmatrix} > 0.
$$
 (C12)

These positive relations, possibly supplemented by null constraints Eq. [\(C10\)](#page-8-4), lead to lower and upper bounds for all coefficients in units of the lowest ones. Indeed, the

⁶These are defined by the following partial wave expansion: $\mathcal{M}_{\lambda_1 \lambda_2}^{\lambda_3 \lambda_4} = 8\pi \sum_{\ell} (2\ell+1) d^{\ell}_{\lambda_{12} \lambda_{34}}(\theta) \mathcal{M}^{\ell \bar{\lambda}_3 \bar{\lambda}_4}_{\lambda_1 \lambda_2}(s), \ \ \text{with} \ \ \mathcal{M}_{\lambda_i \lambda_j}^{\bar{\jmath}^2}(s) \equiv$ $\mathcal{M}^{\ell(J)}_{\lambda_i\lambda_j}^{\lambda_i\lambda_j}(s)$, and $\sum_{j'} = \sum_{j'} 8\sqrt{1+4j^2} = \sum_{\ell} 8(2\ell+1)$ with $\ell \geq |\lambda_i - \lambda_j|$. We expand in partial waves for identical massive particles and take the massless limit afterwards—this removes factors of 2 from our expressions.

conditions [\(C11\)](#page-8-5) and [\(C12\)](#page-8-6) for 00-scattering combined with [\(C10\)](#page-8-4) give $\mu_{1,1}^{00}M^2 \le 8\mu_{0,0}^{0,0}$, and therefore, $M^2h_1/h_0 \le$ $3M^2\mu_{1,0}^{00}/2\mu_{0,0}^{00} \leq 3/2$ and $M^2h_1/h_0 \geq -M^2\mu_{1,1}^{00}/\mu_{0,0}^{00} \geq -8$, proving Eq. [\(30\)](#page-5-2). Likewise, it is easy to prove [\(31\)](#page-5-4) and the lower bound of [\(32\)](#page-5-3). Although not optimized, these relations are conservative.

For the upper bound of g_1 in [\(32\)](#page-5-3) we must instead consider inelastic channels \mathcal{M}_{00}^{-+} and \mathcal{M}_{-+}^{00} . As discussed above Eq. [\(30\)](#page-5-2), these are controlled by the same function G_{0+} in [\(29\)](#page-5-6) and lead to another representation of g_1 ,

$$
g_1 = \frac{1}{2} \left(\frac{1}{1} \tilde{\mathcal{A}}_{00}^{-+} + \frac{1}{1} \tilde{\mathcal{A}}_{-+}^{00} \right) \Big|_{t=0}
$$

\n
$$
= -\frac{1}{4} \sum_{J} J^2 \int_{M^2}^{\infty} \frac{ds}{s^4}
$$

\n
$$
\times \left[\frac{\sqrt{J^2 - 2}}{J} \left((\text{Im} \mathcal{M}_{00}^{-+})_{J^2} + (\text{Im} \mathcal{M}_{-+}^{00})_{J^2} \right) + ((\text{Im} \mathcal{M}_{0+}^{+0})_{J^2} + (\text{Im} \mathcal{M}_{+0}^{0+})_{J^2}) \right],
$$
 (C13)

where $(\overline{\text{Im}}\mathcal{M}_{\lambda_1\lambda_2}^{\lambda_3\lambda_4})_{J^2} \equiv \langle \lambda_3\lambda_4 | (\mathcal{M}^{\dagger}\mathcal{M})_{\ell} | \lambda_1\lambda_2 \rangle / 2$.

Now, a bound on q_1 emerges from inequalities between elastic and inelastic partial waves implied by unitarity. Positivity of the norm for the partial wave amplitudes $\mathcal{M}(|00\rangle + |-+\rangle)$ and $\mathcal{M}(|+0\rangle + |0+\rangle)$, analogous to Eq. [\(3\),](#page-1-2) with $(J^2 – 2)^{1/2}/J \le 1$, puts Eq. [\(C13\)](#page-9-3) in the form,

$$
g_1 \le \sum_j' \frac{J^2}{4} \int_{M^2}^{\infty} \frac{ds}{s^4} \left[\text{Im} \mathcal{M}_{00}^{J^2} + \text{Im} \mathcal{M}_{-+}^{J^2} + 2 \text{Im} \mathcal{M}_{+0}^{J^2} \right].
$$

Using [\(C8\)](#page-8-7) and observing that \sum'_{j} in [\(C13\)](#page-9-3) runs over a restricted set of J-values with respect to [\(C6\)](#page-8-8), gives

$$
6\mu_{1,1}^{+0} \le 20\mu_{1,0}^{+0} + \mu_{1,1}^{00} + \mu_{1,1}^{-+}.
$$
 (C14)

This upper bound, together with [\(C7\),](#page-8-9) [\(C8\),](#page-8-7) [\(C9\)](#page-8-10), the null constraints [\(C10\)](#page-8-4), and the constraints [\(C11\)](#page-8-5) and [\(C12\)](#page-8-6), implies [\(32\).](#page-5-3) Repeating this analysis for higher moments one can bound higher order coefficients as well, e.g., $0 \le f_2 M^4 \le f_0$, etc...

In the decoupling limit discussed here, transverse modes are decoupled and, moreover, they have no impact on bounds. Beyond this limit, at finite m , they can be included back in the analysis by extending the EFT analytic structure of the form factors to include their poles. Extra poles are best addressed via the functional approach of [[10](#page-9-1)[,15,](#page-9-2)[69\]](#page-11-8) and produce relative corrections $O(m^2/M^2 \log M^2/m^2)$, as estimated in the eikonal limit [\[18\]](#page-10-32) of the functionals.

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