Searching for stochastic gravitational waves below a nanohertz

William DeRocco^{[1](https://orcid.org/0000-0003-0110-6184)} and Jeff A. Dror $\mathbf{D}^{1,2}$

¹Department of Physics, University of California Santa Cruz, 1156 High Street, Santa Cruz, California 95064, USA and Santa Cruz Institute for Particle Physics, 1156 High Street, Santa Cruz, California 95064, USA
²Department of Physics, University of Florida, Gainesville, Florida 32611, USA

(Received 8 May 2023; revised 4 October 2023; accepted 11 October 2023; published 8 November 2023)

The stochastic gravitational-wave background is imprinted on the times of arrival of radio pulses from millisecond pulsars. Traditional pulsar timing analyses fit a timing model to each pulsar and search the residuals of the fit for a stationary time correlation. This method breaks down at gravitational-wave frequencies below the inverse observation time of the array; therefore, existing analyses restrict their searches to frequencies above 1 nHz. An effective method to overcome this challenge is to study the correlation of secular drifts of parameters in the pulsar timing model itself. In this paper, we show that timing model correlations are sensitive to sub-nHz stochastic gravitational waves and perform a search using existing measurements of pulsar spin decelerations and pulsar binary orbital decay rates. We do not observe a signal at our present sensitivity, constraining the stochastic gravitational-wave relic energy density to $\Omega_{\rm GW}(f) < 3.8 \times 10^{-9}$ at 450 pHz with sensitivity that scales as the frequency squared until approximately 10 pHz. We place additional limits on the amplitude of a power-law spectrum of $A_{\star} \lesssim$ 1.8×10^{-14} for a reference frequency of $f_* = 1 \text{ yr}^{-1}$ and the spectral index expected from supermassive
block hole binaries $\kappa = 13/3$. If detection of a supermassive block hole binary signal above 1 nHz is black hole binaries, $\gamma = 13/3$. If detection of a supermassive black hole binary signal above 1 nHz is confirmed, this search method will serve as a critical complementary probe of the dynamics of galaxy evolution.

DOI: [10.1103/PhysRevD.108.103011](https://doi.org/10.1103/PhysRevD.108.103011)

I. INTRODUCTION

The detection of gravitational waves (GWs) across the frequency spectrum is one of the most pressing goals for fundamental physics in the 21st century. Using a combination of cosmic microwave background [[1](#page-10-0)], pulsar timing [\[2](#page-10-1)–[6](#page-10-2)], and laser interferometry [[7](#page-10-3)] data, existing searches cover a huge range of frequencies from as low as 10[−]¹⁸ Hz to as high as a kilohertz, with proposals to explore even higher frequencies [[8](#page-10-4)–[10\]](#page-10-5). Nevertheless, our frequency coverage has two prominent gaps: one at 10^{-16} Hz–nHz and one at 100 nHz–10 Hz. While there has been a significant effort to cover the latter gap using a combination of ground- and spacebased techniques $[11-22]$ $[11-22]$ $[11-22]$ $[11-22]$, the sub-nHz gap is still largely unexplored. Below 1 nHz, the frequency of gravitational waves is below the current inverse observation times of experiments (∼30 yr), which we refer to as the "ultralow"-frequency regime. Such GWs do not appear as periodic variations in data but rather as secular drifts in experimental observables. As we demonstrated in Ref. [\[23](#page-10-8)], these drifts are detectable in the fit parameters of pulsar timing models, providing a

new means to probe the frequency spectrum in the sub nHz gap.¹

Gravitational waves in the ultralow-frequency regime are strongly motivated by the existence of supermassive black hole (SMBH) binaries [\[37](#page-11-0)], which are expected to give rise to a signal within reach of current pulsar timing array (PTA) analyses. Recent measurements of a signal at frequencies above 1 nHz by NANOGrav [\[2\]](#page-10-1), EPTA [[4\]](#page-10-9), and PPTA [[3](#page-10-10)] hint at this source, and if the spatial correlations of this signal are confirmed, it will mark the first detection of gravitational waves in the nanohertz regime. If the discovery is confirmed, it implies a likely signal waiting to be found below 1 nHz. Various possible cosmic sources can also give rise to ultralow-frequency gravitational waves, such as cosmic strings [[38,](#page-11-1)[39\]](#page-11-2), bubble collisions [[40](#page-11-3)], and a turbulent QCD phase

¹Note that other proposals to use pulsar timing models to probe this regime appear in the literature [\[24](#page-10-11)–[33](#page-10-12)], however, they were substantially less sensitive than the methodology presented in Ref. [\[23\]](#page-10-8). See also Refs. [[15](#page-10-13),[34](#page-10-14)–[36\]](#page-10-15) for discussions of using astrometric lensing as a complementary probe of this frequency range.

transition [\[41,](#page-11-4)[42](#page-11-5)] (see also Ref. [\[43\]](#page-11-6) and references therein), providing further motivation to probe this frequency range.

In Ref. [[23](#page-10-8)], we studied GW detection using measurements of the pulsar timing model, focusing on two key parameters: the second time derivative of the pulsar period (\tilde{P}) and the first derivative of the binary period (P_b) . By searching for correlations in the parameter values for different pulsars in the sky, we demonstrated the method could detect GWs with comparable amplitude to traditional techniques at 1 nHz and is robust against astrophysical uncertainties. We then applied this method to search for localized, continuous gravitational-wave sources. This paper extends this analysis to search for a stochastic gravitational-wave background (SGWB), the signal induced by a sum of incoherent GW sources.

Detecting an SGWB in the ultralow-frequency regime requires revisiting how stochastic GWs are imprinted on the timing of pulsars. To this end, we derive expressions for the correlation between timing model parameters. We exploit this result to search for the SGWB in existing datasets of pulsar timing parameters. While we do not detect a signal in the data used for our analyses, we find sensitivity comparable to that of existing PTA analyses near 1 nHz and comment on future detection prospects.

The paper is organized as follows. In Sec. [II,](#page-1-0) we review the results of Ref. [[23](#page-10-8)], presenting two observables within the pulsar timing model that are particularly sensitive to ultralow-frequency gravitational waves. In Sec. [III,](#page-2-0) we calculate the impact of a stochastic background on these observables and discuss the behavior of the signal. In Sec. [IV,](#page-3-0) we present the datasets and statistical methodology we employ to search for a signal. In Sec. [V,](#page-4-0) we apply the search to three possible gravitational-wave spectra and discuss the results in Sec. [VI.](#page-7-0)

II. GRAVITATIONAL-WAVE DETECTION USING PARAMETER DRIFTS

Pulsar timing arrays measure the pulse arrival times on the order of 100 stable millisecond pulsars over decadeslong timescales. The times of arrival (TOA) are measured with high accuracy and are sensitive to small deviations induced by gravitational waves. In a conventional PTA analysis, a timing model is first fit to the arrival times to model deterministic trends in the TOA, due to, e.g., quadratic spin-down of the pulsar. Once the timing model parameters are fit, the model prediction for the TOA is subtracted from the data to produce the "timing residuals." GWs with frequencies above the inverse observation time of the array induce correlations in these residuals that serve as the target of conventional analyses. In contrast, GWs with frequencies below the inverse observation time of the array appear as deterministic trends in the data. As a result, if the timing model is sufficiently extensive, the fitting procedure removes ultralow-frequency GWs from the residuals. Nevertheless, the best-fit values of the fit parameters themselves remain sensitive to GWs.

The set of timing model parameters used to describe a particular pulsar varies but always includes the pulsar period (P) , its first time derivative (P) , and potentially its second time derivative (\ddot{P}) . The parameters for pulsars in a binary system include the binary period (P_b) and its time derivative (\dot{P}_b) . In Ref. [[23](#page-10-8)], we advocated for studying two timing model parameters sensitive to the presence of GWs to search for ultralow-frequency GWs: \dot{P}_b and \ddot{P} . For these parameters, the best-fit values (denoted by subscript "obs" for "observed") comprise a sum of distinct, independent physical effects.

The change in the binary period is given by

$$
\frac{\dot{P}_{b,\text{obs}}}{P_b} = \frac{\dot{P}_{b,\text{int}}}{P_b} - \frac{v_{\perp}^2}{d} - a_{\text{MW}} - a_{\text{GW}},\tag{1}
$$

where the left-hand side is the observed value. The first term on the right-hand side is the intrinsic decrease in the binary period from gravitational-wave emission, λ which can be calculated with independent measurements of the companion mass and orbital parameters. The second is a kinematic effect due to proper motion on the sky (v_+) of a pulsar a distance d away. These can be measured independently using timing data at higher frequencies or verylong baseline interferometry techniques. The third term is due to acceleration induced by the Milky Way potential. While typically negligible, this contribution can be estimated from models of the Galactic mass distribution. The final term is the target of our analysis, the acceleration induced by ultralow-frequency GWs. Subtracting the first three contributions from the observed value gives a measurement of a_{GW} .

The case of \ddot{P} is considerably simpler; all non-GW contributions can be estimated to be far below current experimental error bounds (see Appendix B of Ref. [\[23\]](#page-10-8)). Therefore, the only term contributing to a nonzero \ddot{P}_{obs}/P is due to the jerk induced by GWs,

$$
\frac{\ddot{P}_{\text{obs}}}{P} = j_{\text{GW}}.\tag{2}
$$

Gravitational waves induce a strain, which we denote as $h_{ij}^{TT}(\mathbf{x}, t)$ in the traceless-transverse gauge, which is observ-
able as an apparent line of sight velocity between the Solar able as an apparent line-of-sight velocity between the Solar System barycenter (SSB) and a pulsar.³ This velocity is given as an integral over the line of sight (see, e.g., Appendix A of Ref. [[23](#page-10-8)]),

²Note that these are *not* the ultralow-frequency GWs of interest, but rather the gravitational radiation generated by binary motion.

While $v_{\rm GW}$ acts like a velocity when considering a single line of sight, the quadrupolar structure of gravitational waves induces correlations between different lines of sight that are not the dipolar correlations that would be induced by simple motion along an axis.

$$
v_{\text{GW}}^{(a)}(t) = \frac{1}{2} \hat{\mathbf{n}}_a^i \hat{\mathbf{n}}_a^j \int_{t-d_a}^t dt' \left[\frac{\partial}{\partial t'} h_{ij}^{\text{TT}}(t', \mathbf{x}) \right]_{\mathbf{x} = \mathbf{x}_0^{(a)}(t')}, \quad (3)
$$

where $\hat{\mathbf{n}}_a$ denotes the direction vector pointing from the SSB to the pulsar, d_a is the SSB-pulsar distance, $\mathbf{x_0}^{(a)}(t') \equiv (t - t') \hat{\mathbf{n}}_a$, and we introduce an index a to specify values for pulsar a. Note that the derivative acts specify values for pulsar a . Note that the derivative acts only on the first argument of h_{ij}^{TT} . One can calculate $a_{\text{GW}}^{(a)}$ and $j_{\text{GW}}^{(a)}$ by taking temporal derivatives of Eq. [\(3\)](#page-1-1).

III. STOCHASTIC SIGNALS AT ULTRALOW FREQUENCIES

The stochastic gravitational-wave background has been studied extensively at higher frequencies (see, e.g., Ref. [\[44\]](#page-11-7) for a review). However, the signal changes dramatically in regimes at which the frequency falls below the inverse observation time. We carry out the analysis assuming the timing model fit incorporates \ddot{P} and \dot{P}_b as fit parameters. If this is the case, ultralow-frequency signals have been removed from the residuals by the fitting procedure and now reside in the fit parameters themselves.⁴

The timing model parameters in Eqs. [\(1\)](#page-1-2) and [\(2\)](#page-1-3) are sensitive to the secular motion of the SSB-pulsar system. The corresponding acceleration and jerk induced by ultralow-frequency GWs are given by derivatives of Eq. [\(3\)](#page-1-1) if the GW is well approximated by its Taylor expansion around $t = 0$. We take this requirement to correspond to restricting the frequency to be less than $f_T \equiv 1/4T_{\text{max}}$, where T_{max} is the maximum observation time of a pulsar in a dataset.

To carry out a search for an SGWB, we must understand how $a_{\text{GW}}^{(a)}$ and $j_{\text{GW}}^{(a)}$ are distributed. Since they arise as time derivatives of $v_{\text{GW}}^{(a)}$, they are functionals of the gravitational field; since the SGWB h_{ij} behaves as a Gaussian random field, they obey a Gaussian distribution of mean zero with correlations entirely specified by their covariance matrix.

For an SGWB, $a_{\text{GW}}^{(a)}$ and $j_{\text{GW}}^{(a)}$ are intrinsically random variables. For gravitational waves with frequencies well above f_T , their values (along with higher derivatives) are sampled repeatedly within the TOA, and their variance is approximately given by its ergodic average (even in the case of data from a single pulsar). In contrast, in the ultralowfrequency regime, they take on approximately constant values for the observation time of the experiment; as such, their values exhibit significant cosmic variance. Owing to this, instead of using temporal correlations to estimate their variance, one must study pulsar-pulsar correlations.

To study the acceleration and jerk distribution, we begin with the Fourier transform of the gravitational-wave field split into the $+$ and \times polarization,

$$
h_{ij}^{\text{TT}} = \sum_{A=+,\times} \int_{-\infty}^{\infty} df \int d^2 \hat{\mathbf{n}} \tilde{h}_A(f, \hat{\mathbf{n}}) e_{ij}^A(\hat{\mathbf{n}}) e^{-2\pi i f(t-\hat{\mathbf{n}} \cdot \mathbf{x})}, \quad (4)
$$

where $e_{ij}^A(\hat{\mathbf{n}})$ is the $+$ or \times polarization tensor. Inserting Eq. [\(4\)](#page-2-1) into Eq. [\(3\)](#page-1-1) gives an expression for the apparent relative velocity between the SSB and the pulsar,

$$
v_{\text{GW}}^{(a)} = \sum_{A=-,\times} \int_{-\infty}^{\infty} df \int d^2 \hat{\mathbf{n}} \tilde{h}_A(f, \hat{\mathbf{n}}) F_a^A(\hat{\mathbf{n}}) e^{-2\pi i f t} \times \left[1 - e^{2\pi i f d_a(1 + \hat{\mathbf{n}} \cdot \hat{\mathbf{n}}_a)}\right],
$$
\n(5)

where the $F_a(\hat{\bf n})$ are the "pattern functions" associated with a gravitational plane wave,

$$
F_A(\hat{\mathbf{n}}) \equiv \frac{\hat{\mathbf{n}}_a^i \hat{\mathbf{n}}_a^j \hat{e}_{ij}^A(\hat{\mathbf{n}})}{2(1 + \hat{\mathbf{n}} \cdot \hat{\mathbf{n}}_a)}.
$$
(6)

The power spectrum of the gravitational field is defined via its correlator,

$$
\langle \tilde{h}_A^*(f, \hat{\mathbf{n}}) \tilde{h}_{A'}(f', \hat{\mathbf{n}}') \rangle = \delta(f - f') \frac{\delta^2(\hat{\mathbf{n}}, \hat{\mathbf{n}}')}{4\pi} \delta_{AA'} \frac{1}{2} S_h(f), \quad (7)
$$

and upon substitution into Eq. [\(5\),](#page-2-2) this yields the velocity two-point function,

$$
\langle v_{\text{GW}}^{(a)} v_{\text{GW}}^{(b)} \rangle = \frac{1}{2} \int_{-\infty}^{\infty} S_h(f) C(\theta_{ab}, f) df, \tag{8}
$$

where θ_{ab} is the angle between the two pulsars,

$$
C(\theta_{ab}, f) \equiv \int \frac{d^2 \hat{\mathbf{n}}}{4\pi} \mathcal{K}_{ab}(f, \hat{\mathbf{n}}) \sum_{A} F_a^A(\hat{\mathbf{n}}) F_b^A(\hat{\mathbf{n}}), \quad (9)
$$

and

$$
\mathcal{K}_{ab}(f,\hat{\mathbf{n}}) \equiv \left[1 - e^{-2\pi i f d_a (1 + \hat{\mathbf{n}} \cdot \hat{\mathbf{n}}_a)}\right] \left[1 - e^{2\pi i f d_b (1 + \hat{\mathbf{n}} \cdot \hat{\mathbf{n}}_b)}\right].
$$
 (10)

The result in Eq. [\(8\),](#page-2-3) is well known in the literature (see, e.g., Refs. [\[46](#page-11-8)–[48\]](#page-11-9)). This correlator can be extended to acceleration and jerk by taking time derivatives of Eq. [\(5\)](#page-2-2) prior to averaging. Carrying out the calculation and introducing a high-frequency cutoff at f_T results in

$$
\langle a_{\text{GW}}^{(a)} a_{\text{GW}}^{(b)} \rangle = \int_0^{f_T} S_h(f) (2\pi f)^2 \text{Re} C(\theta_{ab}, f) df \qquad (11)
$$

⁴If \ddot{P} or \dot{P}_b is *not* included in the fit, the residuals can, in principle, still be used to search for ultralow-frequency GWs. In this case, the residual two-point correlator is not stationary and looks quite different from its traditional form. We derive the residual correlator and show how it reduces to the stationary form for frequencies above $1/T$ in Appendix [A.](#page-7-1) We note that it has been suggested in the literature that one could sample the stationary correlator at frequencies below $1/T$ (see, e.g., Ref. [[45](#page-11-10)]). This will not capture the full influence of the gravitational-wave signal.

and

$$
\langle j_{\text{GW}}^{(a)} j_{\text{GW}}^{(b)} \rangle = \int_0^{f_T} S_h(f) (2\pi f)^4 \text{Re} C(\theta_{ab}, f) df, \quad (12)
$$

where we have used $S_h(-f) = S_h(f)$ to restrict the integrals to positive frequencies and use $\text{ReC}(\theta_{ab}, f)$ to denote the real part of $C(\theta_{ab}, f)$.

The function \mathcal{K}_{ab} also appears in traditional pulsar searches, but its effects are typically neglected, setting this factor to unity. This is a good approximation for $fd_a \gg 1$ since \mathcal{K}_{ab} is a highly oscillatory function, and contributions from the oscillating components are negligible. In this limit, the spatial correlations are frequency independent, and the final result is the well-known Hellings-Downs correlation matrix [\[46\]](#page-11-8),

$$
C(\theta_{ab}, f) \to C(\theta_{ab}) = x_{ab} \log x_{ab} - \frac{1}{6} x_{ab} + \frac{1}{3} + \frac{1}{3} \delta_{ab}, \qquad (13)
$$

where $x_{ab} = \frac{1}{2}(1 - \cos \theta_{ab})$. In this limit, the acceleration
and jerk correlations assume simplified forms and jerk correlations assume simplified forms,

$$
\langle a_{\rm GW}^{(a)} a_{\rm GW}^{(b)} \rangle \to C(\theta_{ab}) \int_0^{f_T} S_h(f) (2\pi f)^2 df \quad \text{and} \quad (14)
$$

$$
\langle j_{\text{GW}}^{(a)} j_{\text{GW}}^{(b)} \rangle \to C(\theta_{ab}) \int_0^{f_T} S_h(f) (2\pi f)^4 df. \tag{15}
$$

We exploit this simplification in Sec. [V B.](#page-6-0)

In the ultralow-frequency regime, \mathcal{K}_{ab} cannot always be set to unity. The exponential terms in \mathcal{K}_{ab} cease oscillating for frequencies below either of the SSB-pulsar distances, resulting in a frequency-dependent correlator distinct from the Hellings-Downs average (see, e.g., Ref. [[49](#page-11-11)] for further discussion on this point). This effect is important for frequencies below the inverse distance to the nearest millisecond pulsar, which we denote f_d . For the datasets we use, $f_d \approx 100$ pHz.

IV. METHODS

We now use the results of the previous section to search for a stochastic gravitational-wave background. To this end, we carry out a log-likelihood ratio test using the acceleration and jerk correlators [Eqs. [\(11\)](#page-2-4) and [\(12\)](#page-3-1)] to calculate the expected signal and compare it to the data. In this way, we are able to place strong constraints on the SGWB at subnHz frequencies, as described below.

A. \dot{P}_h and \ddot{P} datasets

To search for signals in \dot{P}_b and \ddot{P}_c , we use the same datasets as in Ref. [[23](#page-10-8)]. We briefly summarize the salient features of these datasets. Details of the pulsars used can be found in Appendix [B.](#page-8-0)

The binary pulsar catalog used for the \dot{P}_b data was initially compiled by Ref. [\[50\]](#page-11-12) to search for the Milky Way potential [\[51](#page-11-13)–[59](#page-11-14)] (see also Ref. [\[60\]](#page-11-15) for a similar analysis). Each of the 14 binary pulsars in the dataset has estimates of the intrinsic and kinematic contribution to its observed \dot{P}_b [first two terms on the right-hand side of Eq. (1)]. We estimate the contribution due to the Milky Way potential [third term of Eq. [\(1\)](#page-1-2)] using the MWPotential2014 model implemented in the GALPY PYTHON package [\[61\]](#page-11-16). We assume a 20% uncertainty on the value of a_{MW} , in line with typical uncertainties of the Galactic fit parameters in MWPotential2014. To estimate a_{GW} for each pulsar, we subtract away the intrinsic, kinematic, and Galactic contributions to $\dot{P}_{b,\text{obs}}$. The dominant source of uncertainty changes from pulsar to pulsar, with the most sensitive pulsar $($ J1713 + 0747) reaching an estimated acceleration of $a_{\text{GW}} = (0.7 \pm 3.0) \times 10^{-20} \text{ sec}^{-1}$.

The dataset used for the \ddot{P} analysis consists of 46 pulsars, whose observed \ddot{P} were calculated in Ref. [[62](#page-11-17)] using data from the EPTA [[52](#page-11-18)] and PPTA [\[51](#page-11-13)] Collaborations. The authors of Ref. [[62](#page-11-17)] included the effect of dispersionmeasure (DM) variations and (high-frequency) red noise in their analysis; hence, uncertainties deriving from them are already incorporated into the quoted uncertainty on the \ddot{P} measurements. The DM spectrum was assumed to take the Kolmogorov turbulence form, with an amplitude as measured in Ref. [\[63\]](#page-11-19). The red noise (RN) redshift spectrum $S_{RN}(f)$ was taken as a power law, described by amplitude (A_{RN}) , high-frequency spectral index (γ) , and breaking frequency (f_c) ,

$$
S_{\rm RN}(f) = \frac{A_{\rm RN}^2}{3f_\star} \left(\frac{f}{f_\star}\right)^2 \left[1 + (f/f_c)^2\right]^{-\gamma/2},\qquad(16)
$$

where we define $f_{\star} = 1 \text{ yr}^{-1}$ as the reference frequency throughout. These parameters were marginalized over during the fitting procedure with prior estimates taken from EPTA and PPTA fits.

The red noise was added by sampling the power spectrum at frequencies n/T , where n is an integer starting at 1 [\[64](#page-11-20)]. This procedure does not account for the likely possibility that the red noise spectrum extends to frequencies below $1/T^5$. Such ultralow-frequency red noise is imprinted on the timing model, similar to the SGWB. To estimate the influence of such red noise, it is straightforward to use the formalism introduced in Sec. [III.](#page-2-0) Assuming a redshift power spectrum $S_{RN}(f)$, we find the red noise below $1/T$ contributes a variance to \ddot{P} ,

$$
\sigma_{\rm RN}^2 \equiv \left\langle \left(\frac{\Delta \ddot{P}}{P}\right) \right\rangle = \int_0^{f_T} df \, (2\pi f)^4 S_{\rm RN}(f). \quad (17)
$$

This serves as an additional source of Gaussian noise. We calculate the integral using the best-fit values from the EPTA [\[52\]](#page-11-18) and PPTA [\[51\]](#page-11-13) datasets and add σ_{RN} in

 5 We thank the anonymous referee for alerting us to this subtlety.

quadrature with the uncertainty on \ddot{P}_{obs}/P .⁶ For pulsars fit by both collaborations, we use the estimate in Eq. [\(17\)](#page-3-2), which yields a larger value. Since σ_{RN} depends on f_T , it contains a significant degree of uncertainty. To account for this, we also present results that inflate σ_{RN} by an order of magnitude. We note that, in principle, a similar expression applies in \dot{P}_b , however, in that case, the analogous estimate to that in Eq. [\(17\)](#page-3-2) is negligible. We display the values of σ_{RN} for each pulsar in Table [II](#page-9-0).

Three pulsars in the set (J1024-0719, B1821-24A, and $B1937 + 21$) are poorly suited for a search for gravitational-wave signals due to a wide binary companion, location within a dense cluster, or significant ultralowfrequency red noise. We omit these three from our analysis. The most sensitive pulsar in this search is J0613-0200 and provides an estimate of $j_{GW} = (0.6 \pm 0.6) \times 10^{-30} \text{ sec}^{-2}$.

B. Statistical analysis

To carry out the analysis, we construct a likelihood individually for each dataset, assuming uncertainties between the measurements are uncorrelated. We denote the data by $\{s_{GW}\} = \{a_{GW}\}$ or $\{j_{GW}\}$, the signal model for all the pulsars with a bar $(\{\bar{s}_{GW}\} = {\{\bar{a}_{GW}^{(a)}\}\text{ or }\{\bar{f}_{GW}^{(a)}\})}$, and
the uncertainty in the measurement as σ^{-7} . The likelihood is ⁸ the uncertainty in the measurement as σ_a .⁷ The likelihood is⁸

$$
\mathcal{L}(\bar{s}_{\rm GW}|\{s_{\rm GW}\}) = \prod_a \frac{1}{\sqrt{2\pi\sigma_a^2}} \exp\left[-\frac{1}{2\sigma_a^2} (s_{\rm GW}^{(a)} - \bar{s}_{\rm GW}^{(a)})^2\right].
$$
\n(18)

The model prediction $\{\bar{s}_{GW}\}\$ is a random vector of length 14 (46) for the \dot{P}_b (\ddot{P}) analysis, respectively. For each analysis, we average the likelihood over 10,000 realizations of the vector, each drawn from a multivariate Gaussian distribution with a correlator given by Eqs. [\(11\)](#page-2-4) or [\(12\)](#page-3-1). The averaging procedure yields a marginalized likelihood that, due to the presence of $S_h(f)$ in the correlators from which the mock data were sampled, is implicitly a function of the GW spectrum. We denote this marginalized likelihood \mathcal{L}_{M} . We compute the log-likelihood ratio using \mathcal{L}_{M} between a signal model specified by the dimensionless normalization of $S_h(f)$ (denoted S_0) and the null hypothesis of zero GW signal $(S_0 = 0)$,

$$
\hat{q}(S_0) = -2\log\left(\frac{\mathcal{L}_{\rm M}(S_0 | \{s_{\rm GW}\})}{\mathcal{L}_{\rm M}(S_0 = 0 | \{s_{\rm GW}\})}\right).
$$
(19)

We assume this statistic obeys the Wilks theorem for a parameter bounded on one side by zero [[65](#page-11-21)] to set the 95% confidence limit on S_0 at $\hat{q}(S_0) = 2.71$. This assumption has been confirmed in the case of a continuous wave source in Ref. [[23](#page-10-8)].

V. APPLICATIONS AND RESULTS

As with any gravitational-wave analysis, a bound on the stochastic background can only be set once one specifies a power spectrum $S_h(f)$. In this section, we consider three types of gravitational-wave distributions and set limits on each. The first is a monochromatic distribution, which is particularly useful for elucidating spectral dependence of the sensitivity. The second is a bounded distribution with support only at frequencies exceeding f_d . Finally, we consider power-law distributions, such as that expected from supermassive black hole binaries, and compare our limits on these distributions to the tentative signal currently observed at higher frequencies.

A. Monochromatic analysis

In this subsection, we place bounds on the relic energy density of a monochromatic spectrum at a given frequency f,

$$
S_h(f') = S_0 \delta(f' - f). \tag{20}
$$

The monochromatic spectrum illuminates the frequency dependence of our methodology and hence is useful for comparison to the expected spectra of various signals. The total energy density corresponding to Eq. [\(20\)](#page-4-1) is given by the integral,

$$
\Omega_{\rm GW} = \int_0^\infty \frac{df'}{f'} \frac{4\pi^2 f'^3}{3H_0^2} S_h(f') = \frac{4\pi^2 f^2 S_0}{3H_0^2}.
$$
 (21)

For each f, we set a bound on S_0 , which we translate into a bound on the total energy density that could be contributed by a monochromatic distribution of GWs at f using Eq. [\(21\).](#page-4-2) We use the bound on the total energy density Ω _{GW} as a proxy for the bound on the differential energy density per unit log frequency $\Omega_{\rm GW}(f)$.

At frequencies above 1 nHz, pulsar timing collaborations perform a similar estimation via "free-spectrum analysis," where the spectral power is taken as a sum over N monochromatic contributions with frequencies $f_n = n/T; n =$ $1, 2, \ldots, N$ [[66](#page-11-22)–[68](#page-11-23)]. Here T is the longest observation time for a pulsar in the dataset. For each f_n , they study the bound on the corresponding amplitude, allowing all other

⁶ Alternatively, an additional contribution, j_{RN} , can be added to the right-hand side Eq. [\(2\)](#page-1-3) with $\langle j_{\rm RN}^2 \rangle$ given by Eq. [\(17\)](#page-3-2). One can show that including a Gaussian prior on $i_{\rm PN}$ with a variance σ^2 . show that including a Gaussian prior on j_{RN} with a variance σ_{RN}^2 is equivalent to adding σ_{RN} in quadrature with the observed standard deviation.

The uncertainty on the measurement includes the red noise contribution σ_{RN} mentioned above.

^oIn our analysis, the influence of gravitational waves is in the offsets, $\bar{s}_{\text{GW}}^{(a)}$. One could alternatively introduce a Gaussian prior on the model prediction with a covariance determined by the twopoint correlator derived in the main text and integrate over $\bar{s}_{\text{GW}}^{(a)}$. This would result in a Gaussian likelihood for $s_{GW}^{(a)}$ with mean 0, but a nondiagonal covariance matrix.

FIG. 1. The sensitivity of pulsar timing parameters to the ultralow-frequency SGWB (red) as a function of frequency. We show analysis results using existing measurements of the second derivative of the pulsar period (\tilde{P}) and the binary orbital period derivative (\dot{P}_b) . For the P measurement, ultralow-frequency red noise can be important, and we use the width of the line to encompass the possible influence of this noise (see text for details). We also show results of free-spectrum analyses from NANOGrav (dark blue) [[66](#page-11-22)], EPTA (blue) [[67](#page-11-26)], and PPTA (light blue) [\[68\]](#page-11-23), which while not formally equivalent to the quantity we limit, provide a qualitative comparison. We also present the expected signal from supermassive black hole mergers, assuming the tentative signal above 1 nHz persists (yellow). The lower frequency part of the SMBH spectrum is taken to be driven by stellar scattering, and we show a few possible bending frequencies [\[69\]](#page-11-24). Finally, we show the best-fit region of the gravitational-wave amplitude of the recent detection by the NANOGrav Collaboration in gray [[70\]](#page-11-25). For further discussion of this figure, see Sec. [VA](#page-4-3).

amplitudes to vary simultaneously and marginalize over their posteriors. A bound on the amplitude is used as a proxy for the bound on the characteristic strain, which can be translated into a bound on $\Omega_{GW}(f)$. Note that while both our monochromatic methodology and the free-spectrum analysis used by PTA collaborations are effective proxies for the spectral energy density, they are not formally equivalent to one another. We have chosen to plot the PTA curves on our Fig. [1](#page-5-0) to provide a qualitative comparison to our results.

As discussed in Sec. [III](#page-2-0), for our methodology to apply, the signal must resemble a slow secular drift. We ensure this by restricting our analysis to frequencies below f_T . For the \dot{P}_b (\ddot{P}) dataset, $T_{\text{max}} = 22$ (17.7) yr, corresponding to $f_T = 360$ pHz (466 pHz). At frequencies above f_T , oscillatory features of the GW signal are important, and instantaneous derivatives of v_{GW} no longer determine the impact to the timing model.

The limits on $\Omega_{GW}(f)$ set by the \ddot{P} and \dot{P}_b analyses are shown in Fig. [1](#page-5-0) (red) alongside free-spectrum analyses performed by the pulsar timing collaborations [\[66](#page-11-22)–[68\]](#page-11-23) $(blue)⁹$. The theoretical expectation from SMBH binaries is a broken power-law spectrum with a known index at high frequencies and a spectral index at low frequencies sensitive to an undetermined energy loss mechanism around separations of 1 pc.¹⁰ Following Ref. [[69](#page-11-24)], we parametrize the spectrum as

$$
S_h(f) = \frac{A_{\star}^2}{2f_{\star}} \frac{(f/f_{\star})^{2-\gamma}}{1 + (f_b/f)^{\kappa}},
$$
 (22)

where f_b is an unknown "bending" frequency expected to be well below 1 nHz, $\kappa = 10/3$ if stellar scattering dominates the energy losses at large binary separations,¹¹ and $\gamma = 13/3$ if gravitational-wave emission dominates the energy loss at small separations. Recent results from NANOGrav find a best fit of the amplitude of $A_{\star} =$ $2.4^{+0.7}_{-0.6} \times 10^{-15}$ for $\gamma = 13/3$ [[70](#page-11-25)]. We show the spectrum for $\kappa = 10/3$, $\gamma = 13/3$, A_{\star} given by the NANOGrav best-fit value, and different bending frequencies in Fig. [1](#page-5-0) (orange). We also show the best fit results of NANOGrav's free-spectrum analysis in gray [\[70\]](#page-11-25).

The \ddot{P} sensitivity scales with the square of the frequency for frequencies well above the inverse SSB-pulsar distances, while the \dot{P}_b sensitivity is approximately constant. This can be understood from the scaling of the apparent velocity in the

 9 These limits are from 2015–2018 and hence predate the recent evidence of a signal. The more recent analyses are no longer setting limits and hence are not directly relevant for limit setting in Fig. [1.](#page-5-0) We will compare our results with the signal observation in Sec. [V C](#page-6-1).

¹⁰See Ref. [\[71\]](#page-11-27) for a discussion of possible modifications to this spectrum due to physics beyond the Standard Model.
¹¹The dominant energy loss mechanism during this stage has

been a topic of active discussion in the literature and is often referred to as the "final parsec problem" [[72](#page-11-28)] (see, e.g., Refs. [[73](#page-12-0)–[79\]](#page-12-1) for discussions on possible resolutions and Refs. [[80](#page-12-2),[81](#page-12-3)] for discussion of how it may be probed by PTA analyses at frequencies above 1 nHz).

monochromatic regime. From Eq. [\(11\)](#page-2-4), $\langle a_{\rm GW}^2 \rangle \propto S_0 f_0^2$ and $\langle a_{\rm GW}^2 \rangle \propto S_0 f_0^4$. Since S, is proportional to energy density $\langle j_{\rm GW}^2 \rangle \propto S_0 f_0^4$. Since S_0 is proportional to energy density
over frequency squared [see Eq. (21)] holding $q_{\rm GW}$ or $j_{\rm GW}$ over frequency squared [see Eq. [\(21\)\]](#page-4-2), holding a_{GW} or j_{GW} fixed yields $\Omega_{\text{GW}} \propto f^0 \left(f^{-2} \right)$ for an $a_{\text{GW}} \left(j_{\text{GW}} \right)$ search.

Below frequencies of $\mathcal{O}(10 \text{ pHz})$, the wavelength is longer than the typical SSB-pulsar distance of 1 kpc. As a result, the SSB and pulsar experience correlated motion that partially cancels the signal. In the \ddot{P} analysis, this results in the bend at approximately 10 pHz. In the \ddot{P}_b analysis, the sensitivity is largely driven by two pulsars, both with distances of around 1 kpc.¹² This results in a noticeable bump in the sensitivity at the corresponding frequency due to the nontrivial functional form of $\mathcal{K}_{ab}(f, \hat{\mathbf{n}})$ [Eq. [\(10\)\]](#page-2-5) and a subsequent bend in the sensitivity at even lower frequencies.

While the \ddot{P} analysis is significantly more sensitive than the \dot{P}_b analysis above a few picohertz, the two serve as complementary probes of a signal. If a signal is observed with both parameters, a joint search will provide significant insight into the spectral shape of the ultralow-frequency SGWB.

B. Distributions with $f \gtrsim f_d$

If a GW spectrum has support dominantly at frequencies greater than the inverse SSB-pulsar distance ($f \gg f_d \simeq$ 100 pHz), the a_{GW} and j_{GW} correlators [Eqs. [\(11\)](#page-2-4) and [\(12\)\]](#page-3-1) are separable into frequency- and angular-dependent components. In this limit, the frequency integral sets the overall amplitude of the correlator and scales with the normalization. Consequently, the entire integral can be constrained by following the procedure in Sec. [IV B](#page-4-4).

Performing this analysis, we find

$$
\int_0^{f_T} df(2\pi f)^2 S_h(f) < 1.0 \times 10^{-38} \text{ sec}^{-2} \quad \text{and} \quad (23)
$$

$$
\int_0^{f_T} df(2\pi f)^4 S_h(f) < 1.6 \times 10^{-61} \text{ sec}^{-4}.\tag{24}
$$

The powers of frequency within the integrals in Eqs. [\(23\)](#page-6-2) and [\(24\)](#page-6-3) show a general feature that the sensitivity of the \ddot{P} and \dot{P}_b analysis will be most sensitive to the highest frequencies unless the spectrum falls rapidly with increasing frequency. While these results are only applicable to distributions with support in a narrow range of frequencies, $100 \lesssim f \lesssim 450$ pHz (the upper bounds coming from f_T , see previous subsection), the expressions apply for *any* such distribution, $S_h(f)$.

C. Power-law distributions

The expected stochastic signal from supermassive black hole mergers or cosmological sources is often well

FIG. 2. Comparison of the tentative signal found at frequencies above 1 nHz as fit by NANOGrav [\[70\]](#page-11-25), EPTA [[82](#page-12-4)], and PPTA [\[83\]](#page-12-5) to the limits from the \ddot{P} analysis (red) performed in Sec. [V C.](#page-6-1) The width of the line in the \ddot{P} limit corresponds to taking the ultralow-frequency red noise σ_{RN} from its estimated value to 10 times the estimated value (see text for details). For comparison, we also show the range of $\{A, \gamma\}$ values found from a population study of supermassive black holes [[84](#page-12-6)].

approximated by a power law in the most sensitive experimental frequency range,

$$
S_h(f) = \frac{A_\star^2}{2f_\star} \left(\frac{f}{f_\star}\right)^{2-\gamma}.
$$
 (25)

For the SMBH spectrum discussed in Sec. [VA,](#page-4-3) this is a reasonable approximation when contributions from $f \lesssim f_b$ are negligible. For the \dot{P}_b (\ddot{P}) analysis, this tends to be the case when γ < 5 (< 7), both of which are satisfied by the theoretical expectation of $\gamma = 13/3$. By substituting $S_h(f)$ from Eq. (25) into the correlators in Eqs. (11) and (12) , we can carry out the analysis described in Sec. [IV B](#page-4-4) to produce limits on A_{\star} and γ .

The resulting limits from a \ddot{P} analysis are shown in Fig. [2](#page-6-5) as a red curve. Limits from \dot{P}_b are inferior to those from \ddot{P} except for very large values of γ . For γ < 7, the sensitivity of the \ddot{P} analysis is driven by frequencies near f_T . In this case, by inserting the spectrum in Eq. [\(25\)](#page-6-4) into Eq. [\(24\)](#page-6-3) one can see the approximately linear scaling of $log A_{\star}$ with γ . The blue regions denote the 2σ best-fit confidence intervals of the signal from NANOGrav [[70](#page-11-25)], EPTA [[82](#page-12-4)], and PPTA [\[83\]](#page-12-5). For comparison, we also show the expected range of predictions of $\{A, \gamma\}$ from simulations of supermassive black hole mergers performed with Holodeck simulations [\[84\]](#page-12-6). We conclude that doing a global analysis using both ultralow and higher frequencies would disfavor large values of $γ$.

For supermassive black hole binaries, the stochastic gravitational-wave signal is expected to be within reach of existing PTA analyses. Importantly, it may be the source

 $12A$ few pulsars in the analysis are substantially closer with SSB-pulsar distance leading to the features observable at 100 pHz. Since these do not drive the sensitivity, passing through this threshold does not substantially change our limits.

of the common-process signal that the PTA collaborations are currently detecting at an amplitude $A_{\star} \simeq 2.8^{+1.2}_{-0.8}$ \times 10[−]¹⁵ [\[5](#page-10-16)]. Our results place constraints near this best-fit value, limiting $A_{\star} < 1.8 \times 10^{-14}$ at $\gamma = 13/3$.

VI. DISCUSSION

A stochastic background of gravitational waves below 1 nHz is well motivated by the expected signal from supermassive black hole mergers and potential cosmic sources. In this paper, we have shown that the secular drift of parameters in pulsar timing models can detect such an SGWB. We do not find significant evidence of a signal in existing data, and hence we place strong constraints on the SGWB spectrum. Our key results are as follows:

- (1) We limit the relic energy density for a monochromatic spectrum at 450 pHz to $\Omega_{\rm GW}(f) < 3.8 \times 10^{-9}$, with sensitivity that scales as the frequency squared until approximately 10 pHz.
- (2) For spectra with dominant support between $100 \le f \le 450$ pHz, we put a generic constraint on integrals over the power spectral density, $S_h(f)$.
- (3) We limit the amplitude of power-law spectra as a function of a spectral index. For $\gamma = 13/3$ (expected by SMBH mergers), we find $A_{\star} \lesssim 1.8 \times 10^{-14}$ for a reference frequency of $f_* = yr^{-1}$.
our study already significantly in

While our study already significantly influences the prospects for searching for an SGWB, the data used in the \ddot{P} analysis are not from the most recent EPTA and PPTA datasets, nor do they include any NANOGrav observations. An updated analysis with the new data releases might detect the SGWB at frequencies below 1 nHz. This regime is an important complementary GW probe to conventional PTA analyses. Furthermore, it would provide key insights into the spectral shape of the SGWB that are only possible in the ultralow-frequency regime. In the case of SMBH mergers, the ultralow-frequency signal is sensitive to the bending frequency f_b of the spectrum [Eq. [\(22\)](#page-5-1)]. This would provide insight into the undetermined physics driving the merger at these scales.

Whether or not a sub-nHz detection is made by studying the pulsar timing model parameters using the most recent PTA data, we know that the SGWB is out there and is very likely observable in the near future. As such, the methodology described in this paper provides a guaranteed detection in the years to come, opening an entirely new frequency range of the gravitational-wave spectrum to explore.

ACKNOWLEDGMENTS

The authors thank Steve Taylor and the GW group at Vanderbilt University for insight during the writing of this paper, Xiao-Jin Lui for communications about the procedure used in Ref. [\[62](#page-11-17)], and the anonymous referee for suggestions on incorporating the ultralow-frequency red noise as well as constructive comments on the manuscript. W. D. would like to thank Daniel Egana-Ugrinovic for lively discussion on the neutron magnetosphere. J. D. would like to thank the Indian Pulsar Timing Array Collaboration for enlightening discussions. The research of J. D. is supported in part by NSF CAREER Grant No. PHY-1915852 and in part by the U.S. Department of Energy Award No. DE-SC0023093. W. D. is supported in part by Department of Energy Award No. DE-SC0010107. Part of this work was performed at the Aspen Center for Physics, which is supported by National Science Foundation Grant No. PHY-1607611.

APPENDIX A: NONSTATIONARY RESIDUALS

In the main body of the text, we assumed the timing model is sufficiently extensive to capture all secular variation in the time of arrival data. If this is not the case, e.g., the model does not fit \ddot{P} in the presence of ultralowfrequency signals, then a secular trend persists in the residuals. In this section, we compute the correlator of the residuals in this case.

The residuals, which we denote as $R_n(\lambda)$, are given as the difference between the arrival time of the nth pulse and the expected time of arrival given the timing model $\bar{t}_n(\lambda)$, where λ denotes the model parameters. There are two contributions to this difference. The first is from the mismatch of the timing model with the true parameters. The second is from a GW signal and is equal to an integral over the induced redshift $z_a(t)$ (denoted by $v_{GW}^{(a)}$ in the main text). Normally, it is assumed that the pulsar parameters text). Normally, it is assumed that the pulsar parameters have already been measured with sufficient accuracy that we can expand about small deviations from these known values. In this limit,

$$
R_n(\lambda) \simeq M_{n\alpha}(\lambda_\alpha - \hat{\lambda}_\alpha) + \int_0^{t_n} dt' z(t'), \qquad (A1)
$$

where $\hat{\lambda}_{\alpha}$ denotes the true value of the α th parameter, and M_{na} is commonly known as the design matrix. Now suppose that the timing model is chosen to incorporate P and \dot{P} , but does not fit \ddot{P} . In this case, the signal is embedded in the integral over redshift. We now compute its corresponding covariance matrix.

Using Eq. [\(3\)](#page-1-1) and a Fourier decomposition of the gravitational field h , the redshift can be written as

$$
z_a(t) = \sum_{A = +,\times} \int_{-\infty}^{\infty} df \int d^2 \hat{\mathbf{n}} \tilde{h}_A(f, \hat{\mathbf{n}}) F_a^A e^{-2\pi i f t}
$$

$$
\times \left[1 - e^{2\pi i f d_a(1 + \hat{\mathbf{n}} \cdot \hat{\mathbf{n}}_a)}\right].
$$
(A2)

From here we can compute the ensemble average of a product of redshifts at two different times,

TABLE I. Pulsars used for \hat{P}_b analysis. (l, b) is the Galactic longitude and latitude, d_a is the distance between Earth and the pulsar (a), T is the observation time, $\dot{P}_{b,\text{obs}}/P_b$ is the observed value of the line-of-sight acceleration, $\dot{P}_{b,\text{int}}/P_b$ is the intrinsic relative change in the binary period induced by gravitational emission, v_{\perp}^2/d_L is the estimated contribution from Earth-pulsar proper motion, a_{MW} is the estimated contribution from Galactic accelerations, Δa is the leftover contribution to the orbital pulsar derivative when the prior three are subtracted from a_{obs} , and "Ref." is the reference from which we extracted the parameters. All contributions to \dot{P}_b/P_b listed below are in units of 10⁻¹⁸ s⁻¹. Pulsars for which the intrinsic contribution has been estimated using the quadrupole approximation to binary radiation are demarcated with a \dagger (*) with inputs taken from Ref. [\[86\]](#page-12-11) ([\[87\]](#page-12-12)).

Pulsar		l (deg) b (deg)	d_a (kpc)	T(yr)	$P_{b,obs}/P_b$	$\dot{P}_{b,\text{int}}/P_b$	v_{\perp}^2/d_L	a_{MW}	Δa	Reference
J0437-4715	253.39		-41.96 0.1570(22)	4.76	7.533(12)	$-0.00552(10)$	7.59(11)	$-0.055(11)$	0.0(1)	[51]
J0613-0200	210.41		-4.10 $0.80(8)$	16.10	0.46(11)	$-0.02(5)^{+}$	0.215(22)	0.046(9)	0.2(1)	$[52]$
J0737-3039AB	245.24		-4.50 1.15(18)	2.67	$-142.0(1.9)$	$-141.565(15)$	0.053(16)	$-0.056(11)$	$-0.5(19)$	$[53]$
$J0751 + 1807$	202.73		21.09 1.22(25)	17.60	$-1.54(11)$	$-1.91(17)$	0.56(12)	0.048(10)	$-0.24(23)$	$\lceil 52 \rceil$
$J1012 + 5307$	160.35		50.86 1.41(34)	16.80	1.17(8)	$-0.1955(33)$	2.3(5)	$-0.070(14)$	$-0.8(5)$	$\lceil 52 \rceil$
$J1022 + 1001$	231.79		51.50 0.719(21)	5.89	0.82(34)	$-0.0021(19)$	0.512(15)	$-0.130(26)$	0.4(3)	[51]
$J1537 + 1155$	19.85		48.34 1.16(24)	22.00	$-3.766(8)$	$-5.3060(8)$	1.8(4)	$-0.19(4)$	$-0.09(38)$	$\left[54\right]$
J1603-7202	316.63	-14.50 0.9(7)		6.00	0.57(28)	0.0(0)	0.13(10)	$-0.039(8)$	0.5(3)	[51]
J1614-2230	352.64		$2.19 \t0.65(4)$	8.80	2.10(17)	$-0.000558(5)$ *	1.66(12)	0.079(16)	0.4(2)	$\left[55\right]$
$J1713 + 0747$	28.75		25.22 1.15(5)	21.00	0.058(26)	$-1.03(6)e - 06$ [†]	0.111(5)	$-0.060(12)$	0.007(28)	[56]
$J1738 + 0333$	27.72		17.74 $1.47(11)$	10.00	$-0.56(10)$	$-0.91(6)$	0.270(20)	$-0.0049(10)$	0.09(12)	$\left[57\right]$
J1909-3744	359.73		-19.60 1.161(18)	15.00	3.8645(10)	$-0.02111(23)$	3.88(6)	0.034(7)	$-0.02(6)$	[58]
J2129-5721			$338.01 -43.57$ $0.53(25)$	5.87	1.4(6)	0.0(0)	0.19(9)	$-0.121(24)$	1.3(6)	[51]
J2222-0137			$62.02 -46.08$ $0.2672(11)$	4.00	0.9(4)	$-0.0365(19)$	1.324(5)	$-0.098(20)$	$-0.2(4)$	$[59]$

$$
\langle z_a(t)z_b(t')\rangle = \frac{1}{2}\int_{-\infty}^{\infty} df S_h(f) C(\theta_{ab}, f) e^{-2\pi i f(t-t')}, \quad \text{(A3)}
$$

where $C(\theta_{ab}, f)$ is the overlap function introduced previously, which reduces down the frequency-independent form at frequencies much greater than d_a^{-1} and d_b^{-1} . As usual, this correlator should be interpreted as an ensemble average.

The correlator of the residuals is then given by

$$
\langle R_a(t)R_b(t')\rangle = \frac{1}{2} \int_{-\infty}^{\infty} df \frac{S_h(f)}{(2\pi f)^2} (1 - e^{2\pi i f t})
$$

$$
\times (1 - e^{-2\pi i f t'}) C(\theta_{ab}, f). \tag{A4}
$$

This equation is the general form of the correlator that must be used if one wants to study ultralow-frequency GWs. Clearly, it is not stationary; the residual two-point function depends on t and t' explicitly. To search for gravitational waves both above and below $1/T$, one must include the full expression in Eq. $(A4)$.¹³

$$
\langle R_a(t)R_b(t')\rangle \simeq C(\theta_{ab})\int_0^\infty df \frac{S_h(f)}{(2\pi f)^2}\big(1+\cos(2\pi f(t-t'))\big),\,
$$

APPENDIX B: ANALYSIS DATASETS

In this work we carried out two analyses with the pulsar timing model parameters, one using \dot{P}_b and another using \ddot{P} . In this appendix, we provide tables of the parameter values used in each analysis. An extensive discussion of the selection criteria and validation of these datasets can be found in Appendix S-IB of Ref. [[23](#page-10-8)].

The \dot{P}_b analysis was carried out using the data for the 14 pulsars with binary companions shown in Table [I.](#page-8-2) The data were initially compiled by Ref. [[50](#page-11-12)]. We chose this set since each pulsar's intrinsic and kinematic contributions were already estimated via independent measurements.¹⁴ The contributions from acceleration in the Milky Way potential were estimated via MWPotential2014, as described in the main body of the text.

In Table [II](#page-9-0), we show the data for the 46 pulsars used in the \ddot{P} analysis. The \ddot{P} values for each pulsar were calculated by Ref. [[62](#page-11-17)]. In addition to the pulsars we list in this table, Ref. [\[62\]](#page-11-17) studied \ddot{P} for three other pulsars: J1024-0719, B1821-24A, and B1937 + 21. J1024-0719 is believed to be in a wide binary orbit with a period between 2000 and 20000 years that induces a large anomalous \ddot{P} [[88](#page-12-7)], while B1821-24A is situated in a dense cluster in which gravitational effects due to nearby stars are non-negligible [\[89\]](#page-12-8). The residuals of B1937 $+$ 21 are subject to significant ultralow-frequency red noise relative to its timing precision [\[90\]](#page-12-9). We, therefore, exclude these pulsars from our dataset.

¹³Note that in an analysis that targets frequencies such that $2\pi ft \gg 1$, $C(\theta_{ab}, f)$ becomes real and the correlator takes a simplified form. In this limit,

where we have dropped contributions from terms in the integrand proportional to $\cos(2\pi ft)$ or $\cos(2\pi ft')$ as they are highly oscillatory and subdominant for high frequencies. The timeoscillatory and subdominant for high frequencies. The timeindependent piece represents overall shifts in the residuals and is assumed to be difficult to measure. Dropping this piece gives the form typically found in the PTA literature (see, e.g., Ref. [[85\]](#page-12-10)).

 14 This reference did not estimate the intrinsic contribution to pulsars J0613-0200, J1614-2230, and J1713 $+$ 0747; we used the quadrupole radiation formula to estimate the intrinsic value.

TABLE II. Pulsars used for \ddot{P} analysis. *l* is Galactic longitude, *b* is Galactic latitude, *d* is the distance between Earth and the pulsar, *T* is the observation time, \ddot{P}_{obs}/P is the observed line-of-sight jerk, σ_{RN} is the additional uncertainty due to ultralow-frequency red noise (see Sec. [IV](#page-3-0)), and Ref. is the reference with we extracted the pulsar parameters.

Pulsar	l (deg)	b (deg)	d (kpc)	T(yr)	$\ddot{P}_{\rm obs}/P~(10^{-30}~{\rm s}^{-2})$	$\sigma_{\rm RN}$ $(10^{-30}~{\rm s}^{-2})$	Reference
$0030 + 0451$	113.141	-57.611	0.324	15.1	$-4(4)$	0.54	$[52]$
J0034-0534	111.492	-68.069	1.348	13.5	0(20)	$\boldsymbol{0}$	$[52]$
$J0218 + 4232$	139.508	-17.527	3.150	17.6	$-2(5)$	0.14	$[52]$
J0437-4715	253.394	-41.963	0.157	14.9	$-1(1)$	$\boldsymbol{0}$	$[51]$
J0610-2100	227.747	-18.184	3.260	6.9	0(50)	$\overline{0}$	$[52]$
J0613-0200	210.413	-9.305	0.780	16.1	0.6(6)	0.13	$[52]$
$J0621 + 1002$	200.570	-2.013	0.425	11.8	$-70(30)$	1.28	$[52]$
J0711-6830	279.531	-23.280	0.106	17.1	1(1)	$\boldsymbol{0}$	$[51]$
$J0751 + 1807$	202.730	21.086	1.110	17.6	0(2)	$\boldsymbol{0}$	$[52]$
J0900-3144	256.162	9.486	0.890	6.9	$-10(20)$	$\boldsymbol{0}$	$[52]$
$J1012 + 5307$	160.347	50.858	0.700	16.8	0.4(7)	0.01	$[52]$
$J1022 + 1001$	231.795	51.101	0.645	17.5	$-2(1)$	0.01	$[52]$
J1045-4509	280.851	12.254	0.340	17.0	$-2(7)$	0.05	$[51]$
J1455-3330	330.722	22.562	0.684	9.2	6(20)	0.17	$[52]$
J1600-3053	344.090	16.451	1.887	9.1	4(5)	0.06	$[51]$
J1603-7202	316.630	-14.496	0.530	15.3	1(4)	0.02	$[51]$
$J1640 + 2224$	41.051	38.271	1.515	17.3	$-0.9(9)$	$\boldsymbol{0}$	$[52]$
J1643-1224	5.669	21.218	0.740	17.3	$-2(2)$	0.01	$[52]$
$J1713 + 0747$	28.751	25.223	1.311	17.7	$-0.5(5)$	0.38	$[52]$
J1721-2457	0.387	6.751	1.393	12.7	$-30(70)$	0.01	$[52]$
J1730-2304	3.137	6.023	0.620	16.9	0(2)	θ	$[51]$
J1732-5049	340.029	-9.454	1.873	8.0	20(20)	0.03	$[51]$
$J1738 + 0333$	27.721	17.742	1.471	7.3	$-30(90)$	$\boldsymbol{0}$	$[52]$
J1744-1134	14.794	9.180	0.395	17.3	0.8(8)	0.02	$[52]$
J1751-2857	0.646	-1.124	1.087	8.3	$-10(50)$	$\boldsymbol{0}$	$[52]$
J1801-1417	14.546	4.162	1.105	7.1	$-30(100)$	0.02	$[52]$
J1802-2124	8.382	0.611	0.760	7.2	10(60)	0.01	$[52]$
J1804-2717	3.505	-2.736	0.805	8.1	$-40(40)$	$\overline{0}$	$[52]$
J1843-1113	22.055	-3.397	1.260	10.1	$-7(20)$	0.05	$[52]$
$J1853 + 1303$	44.875	5.367	2.083	8.4	$-30(20)$	$\boldsymbol{0}$	$[52]$
$B1855 + 09$	42.290	3.060	1.200	17.3	1(2)	0.03	$[52]$
J1909-3744	359.731	-19.596	1.140	9.4	0.6(9)	0.02	$[52]$
$J1910 + 1256$	46.564	1.795	1.496	8.5	30(20)	$\boldsymbol{0}$	$[52]$
$J1911 + 1347$	25.137	-9.579	1.069	7.5	14(8)	$\boldsymbol{0}$	$[52]$
J1911-1114	47.518	1.809	1.365	8.8	20(50)	$\mathbf{0}$	$[52]$
J1918-0642	30.027	-9.123	1.111	12.8	0(8)	2.46	$[52]$
$B1953 + 29$	65.839	0.443	6.304	8.1	$-20(50)$	$\boldsymbol{0}$	$[52]$
J2010-1323	29.446	-23.540	2.439	7.4	20(20)	$\boldsymbol{0}$	$[52]$
$J2019 + 2425$	64.746	-6.624	1.163	9.1	$-500(900)$	$\boldsymbol{0}$	$[52]$
$J2033 + 1734$	60.857	-13.154	1.740	7.9	40(100)	$\overline{0}$	$[52]$
J2124-3358	10.925	-45.438	0.410	16.8	0(3)	0.02	$[51]$
J2129-5721	338.005	-43.570	3.200	15.4	$-1(2)$	$\boldsymbol{0}$	$[51]$
J2145-0750	47.777	-42.084	0.714	17.5	$-2(1)$	0.28	$[52]$
$J2229 + 2643$	87.693	-26.284	1.800	$8.2\,$	$-20(20)$	$\boldsymbol{0}$	$[52]$
$J2317 + 1439$	91.361	-42.360	1.667	17.3	$-1(3)$	$\boldsymbol{0}$	$[52]$
$J2322 + 2057$	96.515	-37.310	1.011	7.9	30(70)	0	$[52]$

- [1] Y. Akrami et al. (Planck Collaboration), Planck 2018 results. X. Constraints on inflation, [Astron. Astrophys.](https://doi.org/10.1051/0004-6361/201833887) 641[, A10 \(2020\).](https://doi.org/10.1051/0004-6361/201833887)
- [2] Z. Arzoumanian et al. (NANOGrav Collaboration), The NANOGrav 12.5 yr data set: Search for an isotropic stochastic gravitational-wave background, [Astrophys. J.](https://doi.org/10.3847/2041-8213/abd401) Lett. 905[, L34 \(2020\)](https://doi.org/10.3847/2041-8213/abd401).
- [3] B. Goncharov et al., On the evidence for a commonspectrum process in the search for the nanohertz gravitational-wave background with the Parkes Pulsar Timing Array, [Astrophys. J. Lett.](https://doi.org/10.3847/2041-8213/ac17f4) 917, L19 (2021).
- [4] S. Chen et al., Common-red-signal analysis with 24-yr highprecision timing of the European Pulsar Timing Array: inferences in the stochastic gravitational-wave background search, [Mon. Not. R. Astron. Soc.](https://doi.org/10.1093/mnras/stab2833) 508, 4970 (2021).
- [5] J. Antoniadis et al., The International Pulsar Timing Array second data release: Search for an isotropic gravitational wave background, [Mon. Not. R. Astron. Soc.](https://doi.org/10.1093/mnras/stab3418) 510, 4873 [\(2022\).](https://doi.org/10.1093/mnras/stab3418)
- [6] P. Tarafdar et al., The Indian Pulsar Timing Array: First data release, [Pub. Astron. Soc. Aust.](https://doi.org/10.1017/pasa.2022.46) 39, e053 (2022).
- [7] R. Abbott et al. (KAGRA, Virgo, and LIGO Scientific Collaborations), Upper limits on the isotropic gravitationalwave background from Advanced LIGO and Advanced Virgo's third observing run, Phys. Rev. D 104[, 022004 \(2021\).](https://doi.org/10.1103/PhysRevD.104.022004)
- [8] N. Aggarwal et al., Challenges and opportunities of gravitational-wave searches at MHz to GHz frequencies, [Living](https://doi.org/10.1007/s41114-021-00032-5) [Rev. Relativity](https://doi.org/10.1007/s41114-021-00032-5) 24, 4 (2021).
- [9] V. Domcke, C. Garcia-Cely, and N. L. Rodd, Novel search for high-frequency gravitational waves with low-mass axion haloscopes, Phys. Rev. Lett. 129[, 041101 \(2022\).](https://doi.org/10.1103/PhysRevLett.129.041101)
- [10] A. Berlin, D. Blas, R. Tito D'Agnolo, S. A. R. Ellis, R. Harnik, Y. Kahn, and J. Schütte-Engel, Detecting high-frequency gravitational waves with microwave cavities, Phys. Rev. D 105[, 116011 \(2022\)](https://doi.org/10.1103/PhysRevD.105.116011).
- [11] P. Amaro-Seoane et al., Laser interferometer space antenna, [arXiv:1702.00786.](https://arXiv.org/abs/1702.00786)
- [12] S. Dimopoulos, P. W. Graham, J. M. Hogan, M. A. Kasevich, and S. Rajendran, Gravitational wave detection with atom interferometry, [Phys. Lett. B](https://doi.org/10.1016/j.physletb.2009.06.011) 678, 37 (2009).
- [13] M. Maggiore et al., Science case for the Einstein Telescope, [J. Cosmol. Astropart. Phys. 03 \(2020\) 050.](https://doi.org/10.1088/1475-7516/2020/03/050)
- [14] T. Pyne, C. R. Gwinn, M. Birkinshaw, T. M. Eubanks, and D. N. Matsakis, Gravitational radiation and very long baseline interferometry, [Astrophys. J.](https://doi.org/10.1086/177443) 465, 566 (1996).
- [15] L. G. Book and E. E. Flanagan, Astrometric effects of a stochastic gravitational wave background, [Phys. Rev. D](https://doi.org/10.1103/PhysRevD.83.024024) 83, [024024 \(2011\).](https://doi.org/10.1103/PhysRevD.83.024024)
- [16] C. J. Moore, D. P. Mihaylov, A. Lasenby, and G. Gilmore, Astrometric search method for individually resolvable gravitational wave sources with gaia, [Phys. Rev. Lett.](https://doi.org/10.1103/PhysRevLett.119.261102) 119[, 261102 \(2017\).](https://doi.org/10.1103/PhysRevLett.119.261102)
- [17] S. A. Klioner, Gaia-like astrometry and gravitational waves, [Classical Quantum Gravity](https://doi.org/10.1088/1361-6382/aa9f57) 35, 045005 (2018).
- [18] Y. Wang, K. Pardo, T.-C. Chang, and O. Doré, Gravitational wave detection with photometric surveys, [Phys. Rev. D](https://doi.org/10.1103/PhysRevD.103.084007) 103, [084007 \(2021\).](https://doi.org/10.1103/PhysRevD.103.084007)
- [19] M. A. Fedderke, P. W. Graham, B. Macintosh, and S. Rajendran, Astrometric gravitational-wave detection via stellar interferometry, Phys. Rev. D 106[, 023002 \(2022\).](https://doi.org/10.1103/PhysRevD.106.023002)
- [20] M. A. Fedderke, P. W. Graham, and S. Rajendran, Asteroids for μHz gravitational-wave detection, [Phys. Rev. D](https://doi.org/10.1103/PhysRevD.105.103018) 105, [103018 \(2022\).](https://doi.org/10.1103/PhysRevD.105.103018)
- [21] D. Blas and A. C. Jenkins, Bridging the μHz gap in the gravitational-wave landscape with binary resonances, [Phys.](https://doi.org/10.1103/PhysRevLett.128.101103) Rev. Lett. 128[, 101103 \(2022\).](https://doi.org/10.1103/PhysRevLett.128.101103)
- [22] D. Blas and A. C. Jenkins, Detecting stochastic gravitational waves with binary resonance, [Phys. Rev. D](https://doi.org/10.1103/PhysRevD.105.064021) 105, 064021 [\(2022\).](https://doi.org/10.1103/PhysRevD.105.064021)
- [23] W. DeRocco and J. A. Dror, Using pulsar parameter drifts to detect sub-nanohertz gravitational waves, [arXiv:2212.09751.](https://arXiv.org/abs/2212.09751)
- [24] B. Bertotti, B. J. Carr, and M. J. Rees, Limits from the timing of pulsars on the cosmic gravitational wave background, [Mon. Not. R. Astron. Soc.](https://doi.org/10.1093/mnras/203.4.945) 203, 945 (1983).
- [25] S.M. Kopeikin, Binary pulsars as detectors of ultralow frequency gravitational waves, [Phys. Rev. D](https://doi.org/10.1103/PhysRevD.56.4455) 56, 4455 [\(1997\).](https://doi.org/10.1103/PhysRevD.56.4455)
- [26] S. M. Kopeikin, Millisecond and binary pulsars as nature's frequency standards—II. The effects of low-frequency timing noise on residuals and measured parameters, [Mon.](https://doi.org/10.1046/j.1365-8711.1999.02432.x) [Not. R. Astron. Soc.](https://doi.org/10.1046/j.1365-8711.1999.02432.x) 305, 563 (1999).
- [27] V. A. Potapov, Y. P. Ilyasov, V. V. Oreshko, and A. E. Rodin, Timing results for the binary millisecond pulsar $J1640 +$ 2224 obtained on the RT-64 radio telescope in Kalyazin, Astron. Lett. 29[, 241 \(2003\).](https://doi.org/10.1134/1.1564855)
- [28] S. M. Kopeikin and V. A. Potapov, Millisecond and binary pulsars as nature's frequency standards. 3. Fourier analysis and spectral sensitivity of timing observations to lowfrequency noise, [Mon. Not. R. Astron. Soc.](https://doi.org/10.1111/j.1365-2966.2004.08331.x) 355, 395 [\(2004\).](https://doi.org/10.1111/j.1365-2966.2004.08331.x)
- [29] M. S. Pshirkov, Investigating ultra-long gravitational waves with measurements of pulsar rotational parameters, [Mon.](https://doi.org/10.1111/j.1365-2966.2009.15221.x) [Not. R. Astron. Soc.](https://doi.org/10.1111/j.1365-2966.2009.15221.x) 398, 1932 (2009).
- [30] N. Yonemaru, H. Kumamoto, K. Takahashi, and S. Kuroyanagi, Sensitivity of new detection method for ultra-low-frequency gravitational waves with pulsar spindown rate statistics, [Mon. Not. R. Astron. Soc.](https://doi.org/10.1093/mnras/sty976) 478, 1670 [\(2018\).](https://doi.org/10.1093/mnras/sty976)
- [31] H. Kumamoto, Y. Imasato, N. Yonemaru, S. Kuroyanagi, and K. Takahashi, Constraints on ultra-low-frequency gravitational waves with statistics of pulsar spin-down rates, [Mon. Not. R. Astron. Soc.](https://doi.org/10.1093/mnras/stz2321) 489, 3547 (2019).
- [32] H. Kumamoto, S. Hisano, and K. Takahashi, Constraints on ultra-low-frequency gravitational waves with statistics of pulsar spin-down rates. II. Mann–Whitney U test, [Publ.](https://doi.org/10.1093/pasj/psab058) [Astron. Soc. Jpn.](https://doi.org/10.1093/pasj/psab058) 73, 1001 (2021).
- [33] T. Kikunaga, S. Hisano, H. Kumamoto, and K. Takahashi, Constraints on ultra-low-frequency gravitational waves from an eccentric supermassive black hole binary, [Mon.](https://doi.org/10.1093/mnras/stab3345) [Not. R. Astron. Soc.](https://doi.org/10.1093/mnras/stab3345) 509, 5188 (2021).
- [34] C. R. Gwinn, T. M. Eubanks, T. Pyne, M. Birkinshaw, and D. N. Matsakis, Quasar proper motions and low frequency gravitational waves, [Astrophys. J.](https://doi.org/10.1086/304424) 485, 87 (1997).
- [35] J. Darling, A. E. Truebenbach, and J. Paine, Astrometric limits on the stochastic gravitational wave background, [Astrophys. J.](https://doi.org/10.3847/1538-4357/aac772) 861, 113 (2018).
- [36] S. Jaraba, J. García-Bellido, S. Kuroyanagi, S. Ferraiuolo, and M. Braglia, Stochastic gravitational wave background constraints from Gaia DR3 astrometry, [Mon. Not. R.](https://doi.org/10.1093/mnras/stad2141) Astron. Soc. 524[, 3609 \(2023\)](https://doi.org/10.1093/mnras/stad2141).
- [37] M. C. Begelman, R. D. Blandford, and M. J. Rees, Massive black hole binaries in active galactic nuclei, [Nature](https://doi.org/10.1038/287307a0) (London) 287[, 307 \(1980\)](https://doi.org/10.1038/287307a0).
- [38] C.-F. Chang and Y. Cui, Stochastic gravitational wave background from global cosmic strings, [Phys. Dark Uni](https://doi.org/10.1016/j.dark.2020.100604)verse 29[, 100604 \(2020\)](https://doi.org/10.1016/j.dark.2020.100604).
- [39] A. Ghoshal, Y. Gouttenoire, L. Heurtier, and P. Simakachorn, Primordial black hole archaeology with gravitational waves from cosmic strings, [J. High Energy](https://doi.org/10.1007/JHEP08(2023)196) [Phys. 08 \(2023\) 196.](https://doi.org/10.1007/JHEP08(2023)196)
- [40] K. Freese and M. W. Winkler, Dark matter and gravity waves from a dark big bang, [Phys. Rev. D](https://doi.org/10.1103/PhysRevD.107.083522) 107, 083522 [\(2023\).](https://doi.org/10.1103/PhysRevD.107.083522)
- [41] A. Neronov, A. Roper Pol, C. Caprini, and D. Semikoz, NANOGrav signal from magnetohydrodynamic turbulence at the QCD phase transition in the early Universe, [Phys.](https://doi.org/10.1103/PhysRevD.103.041302) Rev. D 103[, 041302 \(2021\)](https://doi.org/10.1103/PhysRevD.103.041302).
- [42] A. Brandenburg, E. Clarke, Y. He, and T. Kahniashvili, Can we observe the QCD phase transition-generated gravitational waves through pulsar timing arrays?, [Phys. Rev. D](https://doi.org/10.1103/PhysRevD.104.043513) 104[, 043513 \(2021\).](https://doi.org/10.1103/PhysRevD.104.043513)
- [43] C. J. Moore and A. Vecchio, Ultra-low-frequency gravitational waves from cosmological and astrophysical processes, Nat. Astron. 5[, 1268 \(2021\)](https://doi.org/10.1038/s41550-021-01489-8).
- [44] J.D. Romano and N.J. Cornish, Detection methods for stochastic gravitational-wave backgrounds: A unified treatment, [Living Rev. Relativity](https://doi.org/10.1007/s41114-017-0004-1) 20, 2 (2017).
- [45] L. Lentati, P. Alexander, M. P. Hobson, F. Feroz, R. van Haasteren, K. J. Lee, and R. M. Shannon, TEMPONEST: A Bayesian approach to pulsar timing analysis, [Mon. Not. R.](https://doi.org/10.1093/mnras/stt2122) Astron. Soc. 437[, 3004 \(2013\)](https://doi.org/10.1093/mnras/stt2122).
- [46] R. W. Hellings and G. S. Downs, Upper limits on the isotropic gravitational radiation background from pulsar timing analysis, [Astrophys. J.](https://doi.org/10.1086/183954) 265, L39 (1983).
- [47] C. M. F. Mingarelli and T. Sidery, Effect of small interpulsar distances in stochastic gravitational wave background searches with pulsar timing arrays, [Phys. Rev. D](https://doi.org/10.1103/PhysRevD.90.062011) 90, [062011 \(2014\).](https://doi.org/10.1103/PhysRevD.90.062011)
- [48] S. R. Taylor, The nanohertz gravitational wave astronomer, [arXiv:2105.13270.](https://arXiv.org/abs/2105.13270)
- [49] M. Anholm, S. Ballmer, J. D. E. Creighton, L. R. Price, and X. Siemens, Optimal strategies for gravitational wave stochastic background searches in pulsar timing data, [Phys.](https://doi.org/10.1103/PhysRevD.79.084030) Rev. D 79[, 084030 \(2009\)](https://doi.org/10.1103/PhysRevD.79.084030).
- [50] S. Chakrabarti, P. Chang, M. T. Lam, S. J. Vigeland, and A. C. Quillen, A measurement of the galactic plane mass density from binary pulsar accelerations, [Astrophys. J. Lett.](https://doi.org/10.3847/2041-8213/abd635) 907[, L26 \(2021\)](https://doi.org/10.3847/2041-8213/abd635).
- [51] D. J. Reardon et al., Timing analysis for 20 millisecond pulsars in the Parkes Pulsar Timing Array, Mon. Not. R. Astron. Soc. 455, 1751 (2015).
- [52] G. Desvignes *et al.*, High-precision timing of 42 millisecond pulsars with the European Pulsar Timing Array, [Mon. Not.](https://doi.org/10.1093/mnras/stw483) [R. Astron. Soc.](https://doi.org/10.1093/mnras/stw483) 458, 3341 (2016).
- [53] M. Kramer *et al.*, Tests of general relativity from timing the double pulsar, Science 314[, 97 \(2006\).](https://doi.org/10.1126/science.1132305)
- [54] E. Fonseca, I. H. Stairs, and S. E. Thorsett, A comprehensive study of relativistic gravity using PSR $b1534 + 12$, [Astrophys. J.](https://doi.org/10.1088/0004-637X/787/1/82) 787, 82 (2014).
- [55] M.F. Alam et al., The NANOGrav 12.5 yr data set: Wideband timing of 47 millisecond pulsars, [Astrophys. J.](https://doi.org/10.3847/1538-4365/abc6a1) [Suppl. Ser.](https://doi.org/10.3847/1538-4365/abc6a1) 252, 5 (2020).
- [56] W. W. Zhu et al., Tests of gravitational symmetries with pulsar binary J1713 $+$ 0747, [Mon. Not. R. Astron. Soc.](https://doi.org/10.1093/mnras/sty2905) 482, [3249 \(2018\)](https://doi.org/10.1093/mnras/sty2905).
- [57] P. C. C. Freire, N. Wex, G. Esposito-Farèse, J. P. W. Verbiest, M. Bailes, B. A. Jacoby, M. Kramer, I. H. Stairs, J. Antoniadis, and G. H. Janssen, The relativistic pulsar white dwarf binary PSR J1738 $+$ 0333 II. The most stringent test of scalar-tensor gravity, [Mon. Not. R. Astron.](https://doi.org/10.1111/j.1365-2966.2012.21253.x) Soc. 423[, 3328 \(2012\)](https://doi.org/10.1111/j.1365-2966.2012.21253.x).
- [58] K. Liu et al., A revisit of PSR 11909-3744 with 15-yr highprecision timing, [Mon. Not. R. Astron. Soc.](https://doi.org/10.1093/mnras/staa2993) 499, 2276 (2020).
- [59] I. Cognard et al., A massive-born neutron star with a massive white dwarf companion, [Astrophys. J.](https://doi.org/10.3847/1538-4357/aa7bee) 844, 128 [\(2017\).](https://doi.org/10.3847/1538-4357/aa7bee)
- [60] D. F. Phillips, A. Ravi, R. Ebadi, and R. L. Walsworth, Milky way accelerometry via millisecond pulsar timing, Phys. Rev. Lett. 126[, 141103 \(2021\).](https://doi.org/10.1103/PhysRevLett.126.141103)
- [61] J. Bovy, GALPY: A PYTHON library for galactic dynamics, [Astrophys. J. Suppl. Ser.](https://doi.org/10.1088/0067-0049/216/2/29) 216, 29 (2015).
- [62] X. J. Liu, M. J. Keith, C. Bassa, and B. W. Stappers, Correlated timing noise and high precision pulsar timing: Measuring frequency second derivatives as an example, [Mon. Not. R. Astron. Soc.](https://doi.org/10.1093/mnras/stz1801) 488, 2190 (2019).
- [63] M. J. Keith, W. Coles, R. M. Shannon, G. B. Hobbs, R. N. Manchester, M. Bailes, N. D. R. Bhat, S. Burke-Spolaor, D. J. Champion, A. Chaudhary, A. Hotan, J. Khoo, J. Kocz, S. Osłowski, V. Ravi, J. E. Reynolds, J. Sarkissian, W. van Straten, and D. R. B. Yardley, Measurement and correction of variations in interstellar dispersion in high-precision pulsar timing, [Mon. Not. R. Astron. Soc.](https://doi.org/10.1093/mnras/sts486) 429, 2161 (2012).
- [64] X.-J. Liu (private communication).
- [65] S. Algeri, J. Aalbers, K. D. Morå, and J. Conrad, Searching for new phenomena with profile likelihood ratio tests, [Nat.](https://doi.org/10.1038/s42254-020-0169-5) Rev. Phys. 2[, 245 \(2020\)](https://doi.org/10.1038/s42254-020-0169-5).
- [66] Z. Arzoumanian et al. (NANOGRAV Collaboration), The NANOGrav 11-year data set: Pulsar-timing constraints on the stochastic gravitational-wave background, [Astrophys. J.](https://doi.org/10.3847/1538-4357/aabd3b) 859[, 47 \(2018\).](https://doi.org/10.3847/1538-4357/aabd3b)
- [67] L. Lentati et al., European Pulsar Timing Array limits on an isotropic stochastic gravitational-wave background, [Mon.](https://doi.org/10.1093/mnras/stv1538) [Not. R. Astron. Soc.](https://doi.org/10.1093/mnras/stv1538) 453, 2576 (2015).
- [68] R. M. Shannon et al., Gravitational waves from binary supermassive black holes missing in pulsar observations, Science 349[, 1522 \(2015\).](https://doi.org/10.1126/science.aab1910)
- [69] L. Sampson, N. J. Cornish, and S. T. McWilliams, Constraining the solution to the last parsec problem with pulsar timing, Phys. Rev. D 91[, 084055 \(2015\).](https://doi.org/10.1103/PhysRevD.91.084055)
- [70] G. Agazie et al. (NANOGrav Collaboration), The NANO-Grav 15 yr data set: Evidence for a gravitational-wave background, [Astrophys. J. Lett.](https://doi.org/10.3847/2041-8213/acdac6) 951, L8 (2023).
- [71] J. A. Dror, B. V. Lehmann, H. H. Patel, and S. Profumo, Discovering new forces with gravitational waves from supermassive black holes, [Phys. Rev. D](https://doi.org/10.1103/PhysRevD.104.083021) 104, 083021 [\(2021\).](https://doi.org/10.1103/PhysRevD.104.083021)
- [72] M. Milosavljevic and D. Merritt, The final parsec problem, [AIP Conf. Proc.](https://doi.org/10.1063/1.1629432) 686, 201 (2003).
- [73] M. Preto, I. Berentzen, P. Berczik, and R. Spurzem, Fast coalescence of massive black hole binaries from mergers of galactic nuclei: Implications for low-frequency gravitational-wave astrophysics, [Astrophys. J. Lett.](https://doi.org/10.1088/2041-8205/732/2/L26) 732, [L26 \(2011\)](https://doi.org/10.1088/2041-8205/732/2/L26).
- [74] F. M. Khan, A. Just, and D. Merritt, Efficient merger of binary supermassive black holes in merging galaxies, [Astrophys. J.](https://doi.org/10.1088/0004-637X/732/2/89) 732, 89 (2011).
- [75] J. A. Petts, J. I. Read, and A. Gualandris, A semi-analytic dynamical friction model for cored galaxies, [Mon. Not. R.](https://doi.org/10.1093/mnras/stw2011) Astron. Soc. 463[, 858 \(2016\).](https://doi.org/10.1093/mnras/stw2011)
- [76] E. Vasiliev, F. Antonini, and D. Merritt, The final-parsec problem in the collisionless limit, [Astrophys. J.](https://doi.org/10.1088/0004-637X/810/1/49) 810, 49 [\(2015\).](https://doi.org/10.1088/0004-637X/810/1/49)
- [77] A. Gualandris, J. I. Read, W. Dehnen, and E. Bortolas, Collisionless loss-cone refilling: There is no final parsec problem, [Mon. Not. R. Astron. Soc.](https://doi.org/10.1093/mnras/stw2528) 464, 2301 (2016).
- [78] M. Arca Sedda, P. Berczik, R. Capuzzo-Dolcetta, G. Fragione, M. Sobolenko, and R. Spurzem, Supermassive black holes coalescence mediated by massive perturbers: Implications for gravitational waves emission and nuclear cluster formation, [Mon. Not. R. Astron. Soc.](https://doi.org/10.1093/mnras/sty3458) 484, 520 [\(2018\).](https://doi.org/10.1093/mnras/sty3458)
- [79] A. Gualandris, F. M. Khan, E. Bortolas, M. Bonetti, A. Sesana, P. Berczik, and K. Holley-Bockelmann, Eccentricity evolution of massive black hole binaries from formation to coalescence, [Mon. Not. R. Astron. Soc.](https://doi.org/10.1093/mnras/stac241) 511, 4753 (2022).
- [80] L. Sampson, N. J. Cornish, and S. T. McWilliams, Constraining the solution to the last parsec problem with pulsar timing, Phys. Rev. D 91[, 084055 \(2015\).](https://doi.org/10.1103/PhysRevD.91.084055)
- [81] S. R. Taylor, J. Simon, and L. Sampson, Constraints on the dynamical environments of supermassive black-hole

binaries using pulsar-timing arrays, [Phys. Rev. Lett.](https://doi.org/10.1103/PhysRevLett.118.181102) 118, [181102 \(2017\).](https://doi.org/10.1103/PhysRevLett.118.181102)

- [82] J. Antoniadis et al. (EPTA Collaboration), The second data release from the European Pulsar Timing Array III. Search for gravitational wave signals, [Astron. Astrophys.](https://doi.org/10.1051/0004-6361/202346844) 678, A50 [\(2023\).](https://doi.org/10.1051/0004-6361/202346844)
- [83] D. J. Reardon et al., Search for an isotropic gravitationalwave background with the Parkes Pulsar Timing Array, [Astrophys. J. Lett.](https://doi.org/10.3847/2041-8213/acdd02) 951, L6 (2023).
- [84] G. Agazie et al. (The NANOGrav Collaboration), The NANOGrav 15 yr data set: Constraints on supermassive black hole binaries from the gravitational-wave background, [Astrophys. J. Lett.](https://doi.org/10.3847/2041-8213/ace18b) 952, L37 (2023).
- [85] J. S. Hazboun, J. D. Romano, and T. L. Smith, Realistic sensitivity curves for pulsar timing arrays, [Phys. Rev. D](https://doi.org/10.1103/PhysRevD.100.104028) 100, [104028 \(2019\).](https://doi.org/10.1103/PhysRevD.100.104028)
- [86] D. J. Reardon et al., The Parkes pulsar timing array second data release: Timing analysis, [Mon. Not. R. Astron. Soc.](https://doi.org/10.1093/mnras/stab1990) 507[, 2137 \(2021\)](https://doi.org/10.1093/mnras/stab1990).
- [87] E. Fonseca et al., The NANOGrav nine-year data set: Mass and geometric measurements of binary millisecond pulsars, [Astrophys. J.](https://doi.org/10.3847/0004-637X/832/2/167) 832, 167 (2016).
- [88] D. L. Kaplan et al., PSR J1024-0719: A millisecond pulsar in an unusual long-period orbit, [Astrophys. J.](https://doi.org/10.3847/0004-637X/826/1/86) 826, [86 \(2016\)](https://doi.org/10.3847/0004-637X/826/1/86).
- [89] A. V. Bilous, T. T. Pennucci, P. Demorest, and S. M. Ransom, A broadband radio study of the average profile and giant pulses from psr b1821-24a, [Astrophys. J.](https://doi.org/10.1088/0004-637X/803/2/83) 803, 83 (2015).
- [90] V. M. Kaspi, J. H. Taylor, and M. F. Ryba, High-precision timing of millisecond pulsars. III. Long-term monitoring of PSRs B1855 + 09 and B1937 + 21, [Astrophys. J.](https://doi.org/10.1086/174280) 428, 713 [\(1994\).](https://doi.org/10.1086/174280)