Stochastic constant-roll inflation and primordial black holes

Eemeli Tomberg[®]

Laboratory of High Energy and Computational Physics, National Institute of Chemical Physics and Biophysics, Rävala puiestee 10, 10143 Tallinn, Estonia

(Received 12 May 2023; accepted 20 July 2023; published 1 August 2023)

Stochastic inflation resolves primordial perturbations nonlinearly, probing their probability distribution deep into its non-Gaussian tail. The strongest perturbations collapse into primordial black holes. In typical black-hole-producing single-field inflation, the strongest stochastic kicks occur during a period of constant roll. In this paper, I solve the stochastic constant-roll system, drawing the stochastic kicks from a numerically computed power spectrum, beyond the usual de Sitter approximation. The perturbation probability distribution is an analytical function of the integrated curvature power spectrum σ_k^2 and the second slow-roll parameter ϵ_2 . With a large ϵ_2 , stochastic effects can reduce the height of the curvature power spectrum required to form asteroid mass black holes from 10^{-2} to 10^{-3} . I compare these results to studies with the nonstochastic ΔN formalism.

DOI: [10.1103/PhysRevD.108.043502](https://doi.org/10.1103/PhysRevD.108.043502)

I. INTRODUCTION

During cosmic inflation, quantum vacuum fluctuations stretch and grow, forming the seeds of the classical structure of the late Universe. Studying these fluctuations provides a glimpse into the quantum nature of gravity and offers insight into the interplay between quantum and classical physics. This interplay is made manifest in *stochastic inflation* [\[1](#page-9-0)], where a classically evolving coarse-grained Friedmann– Lemaître–Robertson–Walker (FLRW) universe receives random kicks from short-wavelength quantum fluctuations.

Combined with the ΔN formalism [\[2](#page-9-1)–[5](#page-9-2)], stochastic inflation describes the super-Hubble fluctuations nonperturbatively [[6](#page-9-3),[7\]](#page-9-4). This is important for primordial black holes (PBHs) [\[8](#page-9-5),[9](#page-9-6)], a dark matter candidate [\[10](#page-9-7)–[12\]](#page-9-8) forming from the rarest, strongest perturbations. Many recent works [[13](#page-9-9)–[40\]](#page-9-10) study the stochastic system, employing simplifying assumptions to make the computation manageable or relying on heavy-duty numerics. They show that the stochastic effects enhance PBH abundance over the usual Gaussian approximation.

The black-hole-forming inflationary models typically contain a phase of ultraslow-roll inflation, where the inflaton field climbs up toward a local maximum in its potential, and its perturbations grow (see, e.g., [\[41](#page-9-11)–[44](#page-9-12)]), followed by a dual phase of constant-roll inflation when the field rolls down the other side. The importance of the constant-roll phase was recently emphasized in [[45\]](#page-9-13). In [\[46](#page-9-14)], it was pointed out that the coarse-grained field experiences the strongest stochastic motion precisely during constant roll, when the perturbations amplified by ultraslow roll provide their kicks. It was also shown that in such a setup, the inflaton's stochastic motion is constrained on its classical trajectory and that the stochastic kicks can be drawn from a precomputed power spectrum $P_R(k)$, computed beyond the de Sitter approximation. This improves the computation's accuracy compared with previous studies.

In this paper, I refine the analysis of [\[46\]](#page-9-14), solving the stochastic equations exactly in the pure constant-roll limit. I present an analytical expression for the probability distribution of the perturbations, interpolating between a central Gaussian and an exponential tail, and study the stochastic trajectories corresponding to a given perturbation strength. Finally, I discuss the consequences for PBH formation and compare the results to previous studies.

II. STOCHASTIC INFLATION

I study an inflaton field φ with the canonical action

$$
S = \int d^4x \sqrt{-g} \left[\frac{1}{2} R - \frac{1}{2} \partial^\mu \varphi \partial_\mu \varphi - V(\varphi) \right], \qquad (1)
$$

where q is the metric determinant, R is the curvature scalar, V is the inflaton potential, and the reduced Planck mass has been set to 1. In the stochastic formalism, we divide the field into long and short wavelength parts, $\varphi = \phi + \delta \phi$, separated by the coarse-graining scale with Fourier wave number k_{σ} :

$$
\phi \equiv \int_{k < k_{\sigma}} \frac{\mathrm{d}^3 k}{(2\pi)^{2/3}} \varphi_k(N) e^{-i\vec{k}\cdot\vec{x}},
$$
\n
$$
\delta\phi \equiv \int_{k > k_{\sigma}} \frac{\mathrm{d}^3 k}{(2\pi)^{2/3}} \varphi_k(N) e^{-i\vec{k}\cdot\vec{x}},
$$
\n
$$
k_{\sigma} \equiv \sigma a H_0.
$$
\n(2)

eemeli.tomberg@kbfi.ee

In each super-Hubble patch, the long-wavelength part behaves like a local FLRW universe. Above, a is the scale factor of this universe, H is the Hubble parameter and H_0 its initial value,¹ and $\sigma \ll 1$ is a constant.

The long-wavelength part is classical, while the shortwavelength perturbations are quantum. If we neglect the latter, the former would follow the standard Friedmann equations

$$
\ddot{\phi} + 3H\dot{\phi} + V'(\phi) = 0,
$$
 $3H^2 = \frac{1}{2}\dot{\phi}^2 + V(\phi),$ (3)

where dot denotes a derivative with respect to the cosmic time. However, the evolution of ϕ is also affected by the short-wavelength modes through the time-dependent k_{σ} : the short modes are stretched by the expansion of the universe, and when they outgrow the coarse-graining scale, they join the background, changing it in a random quantum kick. The resulting stochastic equations for ϕ read as (see, e.g., [[19](#page-9-15),[31](#page-9-16),[46](#page-9-14)])

$$
\phi' = \pi + \xi_{\phi}, \quad \pi' = -(3 - \epsilon_1) \left(\pi + \frac{V_{,\phi}(\phi)}{V(\phi)} \right) + \xi_{\pi}, \quad (4)
$$

where we have eliminated H , separated the second-order equation in [\(3\)](#page-1-0) into two first-order equations by introducing the field momentum π , and adopted the number of e-folds of expansion $N \equiv \ln a$ as the new time variable. Prime denotes a derivative with respect to N, and $\epsilon_1 \equiv \frac{1}{2} \pi^2$ is the first slow-roll parameter. The ξ_{ϕ} and ξ_{π} terms provide the stochastic kicks.

The short-wavelength perturbations live in the local background, and we evolve them linearly, Fourier mode by Fourier mode, using the Sasaki–Mukhanov equation. Owing to linearity, the perturbations are Gaussian. The mode that is exiting the coarse-graining scale gives the twopoint correlators of the stochastic kicks,

$$
\langle \xi_{\phi}(N)\xi_{\phi}(N') \rangle = \mathcal{P}_{\phi}(N, k_{\sigma})\delta(N - N'),
$$

$$
\langle \xi_{\pi}(N)\xi_{\pi}(N') \rangle = \mathcal{P}_{\pi}(N, k_{\sigma})\delta(N - N'),
$$

$$
\langle \xi_{\phi}(N)\xi_{\pi}(N') \rangle = \mathcal{P}_{\phi\pi}(N, k_{\sigma})\delta(N - N'),
$$
 (5)

where \mathcal{P}_{XX} are the power spectra of the field and momentum perturbations in the spatially flat gauge,

$$
\mathcal{P}_{\phi}(N,k) \equiv \frac{k^3}{2\pi^2} |\delta\phi_k(N)|^2,
$$

\n
$$
\mathcal{P}_{\pi}(N,k) \equiv \frac{k^3}{2\pi^2} |\delta\phi'_k(N)|^2,
$$

\n
$$
\mathcal{P}_{\phi\pi}(N,k) \equiv \frac{k^3}{2\pi^2} \delta\phi_k(N) \delta\phi'^*_k(N).
$$
 (6)

Despite appearances, there is only one independent kick at each time step: the quantum state of the short-wavelength perturbations is highly squeezed, leading to the strong correlation $\xi_{\pi} = \frac{\delta \phi'_{k}}{\delta \phi_{k}} \xi_{\phi}$ [[23](#page-9-17)]. Moreover, the kicks are aligned in a very specific way. To see this, consider the ratio of the comoving curvature perturbation $\mathcal{R}_k = \delta \phi_k / \pi$ and its derivative in the nonstochastic limit:

$$
\frac{\mathcal{R}'_k}{\mathcal{R}_k} = \frac{\delta \phi'_k}{\delta \phi_k} - \frac{\pi'}{\phi'}.
$$
\n(7)

At super-Hubble scales, \mathcal{R}_k freezes to a time-independent value: $\mathcal{R}'_k/\mathcal{R}_k \to 0$. In this limit, $\xi_{\pi}/\xi_{\phi} = \delta \phi'_k/\delta \phi_k =$ π'/ϕ' . The momentum and field kicks are proportional to the momentum and field time derivatives, respectively. In other words, the stochastic kicks induce only adiabatic fluctuations along the classical, nonstochastic background trajectory [\[46\]](#page-9-14). This single-clock trajectory determines π as a function of ϕ , and the second equation in [\(4\)](#page-1-1) becomes redundant.

To describe motion along the classical trajectory, I define the function $\tilde{\phi}$ as the field value on this trajectory at a given time N. Let \tilde{N} be the inverse of $\tilde{\phi}$, that is, the time when a particular field value is reached, and let $\tilde{\pi} = \tilde{\phi}'$ be the derivative of $\tilde{\phi}$. Below I will abuse the notation so that, by default, $\tilde{\phi}$ is evaluated at the current clock time N, but $\tilde{\pi}$ is evaluated at \tilde{N} , and \tilde{N} is evaluated at the current field value ϕ , so that $\tilde{\pi}$ is indeed a function of ϕ , as alluded to above. Switching π to $\tilde{\pi}$ in the first equation in [\(4\)](#page-1-1) corresponds to constraining the stochastic motion onto the classical trajectory. The equation becomes, term by term,

$$
d\phi = \tilde{\pi} dN + \sqrt{\mathcal{P}_{\phi}(N, k_{\sigma}) dN} \hat{\xi}_N, \tag{8}
$$

where I switched to finite time steps of length dN and renormed the noises to have unit variance, $\langle \hat{\xi}_N \hat{\xi}_{N'} \rangle = \delta_{NN'}$. I will switch between discrete and continuous time whenever it is beneficial for clarity.

Before solving Eq. [\(8\)](#page-1-2), one must first solve $\tilde{\pi}$ from the classical trajectory. I emphasize that even though we are left with a single first-order differential equation [\(8\)](#page-1-2), the full nonlinear dynamics of [\(4\)](#page-1-1) are included through the presolved $\tilde{\pi}$; the current procedure simply separates the problem into a classical part for $\tilde{\pi}$ and a stochastic part for ϕ . One must also solve $\mathcal{P}_{\phi}(N, k_{\sigma})$ before using [\(8\)](#page-1-2).

¹Some previous studies used $k_{\sigma} = \sigma aH$ (see, e.g., [\[19,](#page-9-15)[31,](#page-9-16)[46\]](#page-9-14)). I use a constant H_0 instead of a time-dependent H so that k_{σ} is a function of the number of e-folds $N = \overline{a}$ a only. This makes the treatment simpler and more consistent and removes a factor of $(1 - \epsilon_1)$ from the noise correlators [\(5\).](#page-1-3) Since H changes little during inflation, the practical effect is small.

I will discuss solving both $\tilde{\pi}$ and $\mathcal{P}_{\phi}(N, k_{\sigma})$ in the next section.

The stochastic process [\(8\)](#page-1-2) is related to cosmological perturbations through the ΔN formalism [\[2](#page-9-1)–[5](#page-9-2)]. We evolve ϕ starting from its classical value at N_{ini} up to a fixed time N. The final field value corresponds to a classical efold number N , now a stochastic variable. The initial and final times correspond to two coarse-graining scales, $k_{\text{ini}} =$ $k_{\sigma}(N_{\text{ini}})$ and $k = k_{\sigma}(N)$. The comoving curvature perturbation R , coarse-grained at k , equals the difference between N and \tilde{N} [[46](#page-9-14)]:

$$
\mathcal{R}_{< k} = \Delta N \equiv N - \tilde{N}.\tag{9}
$$

Indeed, through the noise in [\(8\)](#page-1-2), $\mathcal{R}_{< k}$ collects contributions from all perturbations with wave numbers from k_{ini} to k , but not beyond. Repeating the stochastic evolution generates statistics for $\mathcal{R}_{\leq k}$.

III. ΔN DISTRIBUTION WITH CONSTANT ROLL

Equation [\(8\)](#page-1-2) was solved numerically in [\[46\]](#page-9-14). I will now solve it analytically for *constant-roll inflation* [\[47,](#page-9-18)[48](#page-10-0)], defined by

$$
\tilde{\epsilon}_2 \equiv \frac{\tilde{\epsilon}'_1}{\tilde{\epsilon}_1} = \text{const.}, \text{ where } \tilde{\epsilon}_1 \equiv \frac{1}{2} \tilde{\pi}^2 \ll 1.
$$
 (10)

Note that these slow-roll parameters are computed on the classical trajectory, as the tildes indicate. Below I will drop the tilde over the constant ϵ_2 to lighten the notation. I demand ϵ_2 > -3 to ensure that super-Hubble perturbations freeze $[46]$ ² From [\(10\)](#page-2-0), we get

$$
\tilde{\pi}' = \frac{\epsilon_2}{2}\tilde{\pi} \quad \Rightarrow \quad \tilde{\pi} = \frac{\epsilon_2}{2}\tilde{\phi}
$$
\n
$$
\Rightarrow \quad \tilde{\phi}(N) = \phi_0 e^{\frac{\epsilon_2}{2}N} = \frac{2}{\epsilon_2} \sqrt{2\tilde{\epsilon}_1(N)}, \qquad (11)
$$

where I integrated repeatedly. In the first step, I omitted the integration constant, corresponding to a shift in ϕ ; in the second step, I introduced the constant ϕ_0 , absorbed into the first slow-roll parameter. On the last line, I evaluated everything at N , but relations (11) apply generically for the functions $\dot{\phi}$, $\tilde{\pi}$, and $\tilde{\epsilon}_1$ at any parameter value.

As [\(11\)](#page-2-1) shows, $\tilde{\pi}$ is linear in ϕ during constant roll.³ Also, as shown in [\[46\]](#page-9-14), the stochasticity of the background does not affect the evolution of the short-wavelength perturbations during constant roll, and P_{ϕ} can be precomputed in a nonstochastic background. It is then a known function of time, and we can write it as $\mathcal{P}_{\phi}(N, k_{\sigma}) =$ $2\tilde{\epsilon}_1(N)\mathcal{P}_R(k_\sigma)$, where I dropped the time dependency of \mathcal{P}_R , which we assume to be frozen. Then [\(8\)](#page-1-2) is a first-order linear differential equation and can be solved via standard methods. The homogeneous equation with $\xi_N = 0$ is solved by $\phi = \phi(N)$, so the general solution is $\phi = \phi(N) \times f(N)$. Substituting this into [\(8\)](#page-1-2) and using [\(11\)](#page-2-1) yields

$$
\phi(N) = \tilde{\phi}(N) \left[1 - \frac{\epsilon_2}{2} X(N) \right],\tag{12}
$$

$$
X(N) \equiv -\sum_{k=k_{\text{ini}}}^{k_{\sigma}(N)} \sqrt{\mathcal{P}_{\mathcal{R}}(k) d \ln k} \,\hat{\xi}_k. \tag{13}
$$

I delegated the solution's stochastic part to an auxiliary variable X , which follows the equation⁴

$$
dX = -\sqrt{\mathcal{P}_{\mathcal{R}}(k) d \ln k \hat{\xi}_k},\tag{14}
$$

and used the coarse-graining scale k_{σ} as a time variable indexing the steps, with $dN = d \ln k$ and $\langle \hat{\xi}_k \hat{\xi}_{k'} \rangle = \delta_{kk'}$. Note that all σ dependency is lost; from now on, I drop the subscript σ for brevity.

The integrated X is a sum of independent Gaussian random variables, itself a Gaussian with mean zero and variance equal to the sum of the component variances. Its probability density is

$$
p[X(k)] = \frac{1}{\sqrt{2\pi}\sigma_k} e^{-\frac{X^2(k)}{2\sigma_k^2}}, \quad \sigma_k^2 \equiv \int_{k_{\rm ini}}^k \mathcal{P}_{\mathcal{R}}(k') \, \mathrm{d} \ln k', \quad (15)
$$

where I again passed to the continuum limit. Writing $\phi(N) = \tilde{\phi}(\tilde{N}) = \phi_0 e^{\frac{c_2}{2}\tilde{N}}$ and $\tilde{\phi}(N) = \phi_0 e^{\frac{c_2}{2}N}$ from [\(11\)](#page-2-1), and using [\(9\)](#page-2-2), we get a relationship between X and ΔN :

$$
X = \frac{2}{\epsilon_2} (1 - e^{-\frac{\epsilon_2}{2} \Delta N}).
$$
 (16)

The probability density of ΔN is then

$$
p[\Delta N(k)] = p[X(k)] \left| \frac{dX}{d\Delta N} \right|
$$

=
$$
\frac{1}{\sqrt{2\pi}\sigma_k} \exp\left[-\frac{2}{\sigma_k^2 \epsilon_2^2} (1 - e^{-\frac{\epsilon_2}{2}\Delta N(k)})^2 - \frac{\epsilon_2}{2} \Delta N(k) \right].
$$
 (17)

I explicitly wrote out the k dependence to emphasize that $\Delta N(k)$ gives $\mathcal{R}_{< k}$ coarse grained over a specific scale k,

²This excludes, in particular, ultra-slow-roll inflation with $\epsilon_2 = -6$. As discussed in Sec. [V,](#page-5-0) it is positive ϵ_2 values that are important for PBH formation.

In our abused notation, $\tilde{\pi} = \tilde{\pi}(\tilde{N}(\phi)) = \frac{\epsilon_2}{2} \tilde{\phi}(\tilde{N}(\phi)) = \frac{\epsilon_2}{2} \phi$.

⁴Since the expectation value of dX vanishes, this stochastic process is a martingale. Many rigorous mathematical results exist for such processes; see, e.g., [\[49\]](#page-10-1).

FIG. 1. The probability distribution $p[\Delta N(k)]$, solved numerically from (8) (10⁷ points in bins of width 0.05) for an example model (upper blue line; see Appendix [A\)](#page-7-0) and its pure-constantroll version (lower red line), the corresponding analytical result [\(17\)](#page-2-4) (middle black line), and a Gaussian approximation with variance σ_k^2 and mean matched to the distribution's peak (dashed line). Dotted lines, from left to right, correspond to $\epsilon_2 \Delta N(k) = 0.2$, 2 ln 2, 2 ln $\frac{2}{\sigma_k \epsilon_2}$, and 4 ln $\frac{2}{\sigma_k \epsilon_2}$.

adjustable by changing the upper limit of integration for σ_k in [\(15\)](#page-2-3).

In Fig. [1,](#page-3-0) I compare (17) to a numerical solution of (8) for an example model from [[46](#page-9-14)] with a dominant constantroll phase; see Appendix [A](#page-7-0) for details. The power spectrum $P_R(k)$ is peaked at scales that exit the coarse-graining scale during the constant roll; see Fig. [2](#page-3-1). I make a second comparison to a matching numerically solved pure constant-roll case, where [\(11\)](#page-2-1) applies exactly, but with the power spectrum from the above model. For small ΔN , the match is excellent. In the $\Delta N \rightarrow 0$ limit, the distribution is Gaussian, with variance σ_k^2 and a slightly shifted mean. For large ΔN , the distributions start to deviate. We see a

FIG. 2. The power spectrum of the example model. The region between k_{ini} and k_{PBH} is shaded. The parameter values are deduced from $\sigma_k^2 = \int_{k_{\rm ini}}^{k_{\rm PBH}} \mathcal{P}_R(k) d\ln k$ and $\epsilon_2 = -d\ln \mathcal{P}_R(k_{\rm PBH})/d\ln k$ (for the latter, see Sec. [V](#page-5-0)).

non-Gaussian, exponential tail, familiar from previous studies of stochastic inflation [\[13](#page-9-9)[,18,](#page-9-19)[20](#page-9-20),[26](#page-9-21)–[28](#page-9-22)[,32,](#page-9-23)[34](#page-9-24),[35](#page-9-25)].

To understand the large ΔN behavior, note that X has a boundary value $2/\epsilon_2$ at $\epsilon_2\Delta N \rightarrow \infty$ [see [\(16\)\]](#page-2-5), corresponding to $\phi = 0$ in the convention of [\(11\).](#page-2-1) This is an asymptotic limit of the classical trajectory: in constant-roll inflation, the field can only travel a finite distance. However, extreme $\hat{\xi}_k$ fluctuations in [\(14\)](#page-2-6) can take X beyond this point.⁵ For such fluctuations, results (15) and (17) become unreliable. I want these problems to take place in the tail of the probability distribution, at least one sigma away from the mean; to this end, I require $\sigma_k \lesssim |2/\epsilon_2|$, or $\sigma_k |\epsilon_2| \lesssim 2$. In addition, for the results to be valid at a given $X(k)$, I demand the distance to $2/\epsilon_2$ to be at least σ_k , that is, $\epsilon_2 X(k) \lesssim 2 - \sigma_k |\epsilon_2|$, or

$$
\epsilon_2 \Delta N \lesssim 2 \ln \frac{2}{\sigma_k |\epsilon_2|}.\tag{18}
$$

Beyond this, the stochastic motion of our example model starts to probe dynamics beyond the constant-roll phase, and the results become unreliable since the precomputed P_{ϕ} can no longer be trusted. In the pure constant-roll case, trajectories beyond [\(18\)](#page-3-2) diverge. In the numerics, this happened to three points in a thousand; these were discarded from Fig. [1](#page-3-0), making the pure constant-roll result also unreliable beyond [\(18\).](#page-3-2) Note also that because of the $\epsilon_2 X < 2$ limitation, the distributions [\(15\)](#page-2-3), [\(17\)](#page-2-4) are not properly normalized; however, in our limit of small $\sigma_k|\epsilon_2|$, the correction is negligible.

The transition to the exponential tail starts approximately when the exponent shifts from concave to convex behavior, that is $\partial_{\Delta N}^2 \ln p = 0$, and completes when $\frac{\epsilon_2}{2}$ dominates the exponent's derivative $\partial_{\Delta N}$ ln p. Solving these conditions from [\(17\)](#page-2-4) we get the following hierarchy:

- (1) $|\epsilon_2 \Delta N(k)| \gtrsim 0.1 \times 2$: Gaussianity of ΔN fails,
- (2) $\epsilon_2 \Delta N(k) \approx 2 \ln 2$: transition to exponential tail starts,
- (3) $\epsilon_2 \Delta N(k) \gtrsim 2 \ln \frac{2}{\sigma_k|\epsilon_2|}$: X too close to $2/\epsilon_2$; results [\(15\)](#page-2-3), [\(17\)](#page-2-4) fail,
- (4) $\epsilon_2 \Delta N(k) \gtrsim 4 \ln \frac{2}{\sigma_k|\epsilon_2|}$: transition to exponential tail is complete.

The exponential tail never comes to fully dominate since the limit [\(18\)](#page-3-2) is reached first and our single-clock stochastic description fails.

For completeness, I compute the expectation value of $\Delta N(k)$ by inverting [\(16\)](#page-2-5):

$$
\overline{\Delta N}(k) \approx -\int_{-\infty}^{\infty} \frac{2}{\epsilon_2} \ln\left[1 - \frac{\epsilon_2}{2} X(k)\right] p[X(k)] dX(k)
$$

$$
= \sum_{n=1}^{\infty} \frac{(2n-1)!}{n!} \frac{\sigma_k^{2n} \epsilon_2^{2n-1}}{2^{3n-1}},
$$
(19)

Similar behavior was studied in a simplified setup in [[20](#page-9-20)].

where I Taylor expanded the logarithm around $X(k) = 0$. The sum diverges as the factorial in the numerator grows; this is due to the improper bounds I used in the integral, going beyond $X = 2/\epsilon_2$. However, for small $\sigma_k |\epsilon_2|$, keeping only the first terms in the sum provides an excellent approximation for the properly bounded integral. The result is negligibly small. This is good: in [\(9\),](#page-2-2) ΔN was defined as the difference between the elapsed time and the nonstochastic background time, while technically, $\mathcal{R}_{< k}$ is better given by the difference between the elapsed time and its mean, equivalent to $\Delta N - \overline{\Delta N}$. The difference is not significant and will be neglected in this paper. Note also that $\epsilon_2 \overline{\Delta N}(k)$ is positive due to the heavy tail at $\epsilon_2 \Delta N > 0$, but the peak of the distribution [\(17\)](#page-2-4) actually has $\epsilon_2 \Delta N_{\text{peak}} < 0$, given by

$$
\Delta N_{\text{peak}} = -\frac{2}{\epsilon_2} \ln \left[\frac{1}{2} \left(1 + \sqrt{1 + \sigma_k^2 \epsilon_2^2} \right) \right]. \tag{20}
$$

IV. STOCHASTIC TRAJECTORIES

Let us study more closely the stochastic trajectories that end at a fixed $X(k)$, and thus a fixed $\Delta N(k)$. At an intermediary scale k' , $k_{\text{ini}} < k' < k$, the conditional probability density of X is

$$
p[X(k')|X(k)] = \frac{p[X(k')]p[X(k') \to X(k)]}{p[X(k)]}, \quad (21)
$$

where the transition probability from $X(k')$ to $X(k)$ is

$$
p[X(k') \to X(k)] = \frac{\exp\left\{-\frac{[X(k') - X(k)^2]}{2(\sigma_k^2 - \sigma_{k'}^2)}\right\}}{\sqrt{2\pi(\sigma_k^2 - \sigma_{k'}^2)}}.
$$
 (22)

The division by $p[X(k)]$ ensures the correct normalization, $\int_{-\infty}^{\infty} p[X(k')]X(k)]dX(k') = 1$. Using [\(15\)](#page-2-3) and [\(22\)](#page-4-0), [\(21\)](#page-4-1) becomes

$$
p[X(k')|X(k)] = \frac{1}{\sqrt{2\pi}\sigma_{k'|k}} e^{-\frac{|X(k') - \bar{X}(k')_{|k}|^2}{2\sigma_{k'|k}^2}},
$$

$$
\sigma_{k'|k}^2 \equiv \frac{\sigma_{k'}^2}{\sigma_k^2} (\sigma_k^2 - \sigma_{k'}^2), \quad \bar{X}(k')_{|k} \equiv \frac{\sigma_{k'}^2}{\sigma_k^2} X(k).
$$
(23)

Stochastic trajectories ending at $X(k)$ cluster around the "most probable path" given by the conditional expectation values $\bar{X}(k')_{|k}$.

The corresponding expectation values for $\Delta N(k')$ are

$$
\overline{\Delta N}(k')_{|k} \equiv -\int_{-\infty}^{\infty} \frac{2}{\epsilon_2} \ln \left[1 - \frac{\epsilon_2}{2} X(k') \right] p[X(k')|X(k)] dX(k')
$$

=
$$
-\frac{2}{\epsilon_2} \ln \left[1 - \frac{\epsilon_2}{2} \bar{X}(k')_{|k} \right]
$$

+
$$
\sum_{n=1}^{\infty} \frac{(2n-1)!}{2^{n-1} n!} \frac{\sigma_{k' | k}^{2n}}{[2 - \epsilon_2 \bar{X}(k')_{|k}]^{2n}},
$$
(24)

analogously to [\(19\),](#page-3-3) where this time I expanded around $X(k') = \bar{X}(k')_{|k}$. Again, the first terms in the formally divergent sum give a good approximation.

In [\[46\]](#page-9-14), $\overline{\Delta N}(k')_{|k}$ was approximated by minimizing an exponent in the probability density of the stochastic noise. In constant roll, [\(24\)](#page-4-2) is a strict improvement over the method of [[46](#page-9-14)] since it also takes into account the integration volume and reproduces the expectation value accurately. Indeed, in Appendix [B](#page-7-1) I show that [[46\]](#page-9-14) only reproduces the $\sigma_{k'|k} \to 0$ limit of [\(24\)](#page-4-2). In [[46](#page-9-14)], the most probable paths in ΔN were used as an ideal bias for importance sampling (see also [[36](#page-9-26)]), allowing efficient numerical studies of the far tail of the probability distribution. For numerical studies in constant roll, I recommend working in X and converting to ΔN only in the end to access $\mathcal{R}_{< k}$. With [\(23\),](#page-4-3) the ideal bias for the noise term $\hat{\xi}_{k'}$ is

$$
\overline{\xi}_{k'} = -\frac{\mathrm{d}\overline{X}(k')_{|k}}{\sqrt{\mathcal{P}_{\mathcal{R}}(k')\mathrm{d}\ln k}} = -\sqrt{\mathcal{P}_{\mathcal{R}}(k')\mathrm{d}\ln k} \frac{X(k)}{\sigma_k^2},\qquad(25)
$$

which is the largest for the modes with the strongest $\mathcal{P}_{\mathcal{R}}(k').$

With the typical trajectories (23) – (24) at hand, we may take a second look at the region of applicability of the original probability distributions [\(15\)](#page-2-3), [\(17\)](#page-2-4). The distributions are reliable for a given $X(k)$ as long as the typical paths do not go too close to the boundary value $X = 2/\epsilon_2$. From [\(23\),](#page-4-3) the variances on the paths are of order σ_k , so good paths have $\epsilon_2 X(k) \lesssim 2 - \sigma_k |\epsilon_2|$. This excludes the same ΔN region as above in [\(18\);](#page-3-2) applying the requirement at the distribution mean $X \approx 0$ reproduces our old limit $\sigma_k|\epsilon_2| \lesssim 2$. Knowledge of the most probable paths has allowed us to better understand these limits.

We may also ask what dominates the typical evolution: the classical drift or the stochastic kicks. These correspond to the first and second terms on the right-hand side of Eq. [\(8\)](#page-1-2), respectively, with the typical noise given by [\(25\).](#page-4-4) For the classical drift to dominate, the ratio of the terms should be larger than 1 in magnitude. After some algebra involving [\(11\),](#page-2-1) [\(16\)](#page-2-5), and [\(23\)](#page-4-3), this condition can be expressed as $\left| \frac{d}{d \ln k'} \overline{\Delta N}(k')_{|k} \right| < 1$, where $\overline{\Delta N}(k')_{|k}$ is the leading order expression from [\(24\)](#page-4-2); in other words, the evolution is classical if ΔN grows slower than N (remember that d ln $k = dN$). Expanding [\(16\)](#page-2-5) in different $\Delta N(k)$ regimes, we can also estimate the condition as

- (1) $|\epsilon_2 \Delta N(k)| \ll 1$: Trajectories are classical for $\mathcal{P}_R(k')$ < $\sigma_k^2/|\Delta N(k)|.$
- (2) $\epsilon_2 \Delta N(k) \ll -1$: Trajectories are classical for $\mathcal{P}_{\mathcal{R}}(k') < |\epsilon_2| \sigma_{k'}^2/2.$
- (3) $\epsilon_2 \Delta N(k) \gg 1$: The stochastic evolution takes X beyond the classical trajectory, and the current analysis breaks down. Trajectories are never classical.

These improve the approximate condition $\mathcal{P}_R(k') \ll 1$ commonly used in the literature; see, e.g., [[7](#page-9-4)] for a discussion.

V. IMPLICATIONS FOR PRIMORDIAL BLACK HOLE PRODUCTION

As discussed above, a typical single-field, PBHproducing model of inflation proceeds through two phases: first an ultraslow-roll phase with $\epsilon_2 \lesssim -6$, and then a dual constant-roll phase with $\epsilon_2 \gtrsim 0$ [\[45\]](#page-9-13). The power spectrum $P_R(k)$ is enhanced for scales that exit the Hubble radius during ultraslow roll. However, the coarse-graining parameter σ introduces a delay between the Hubble and coarsegraining exits of a given mode. The most enhanced modes get coarse grained only during the constant-roll phase, so that is when the stochastic effects are strongest and the PBH-producing nonlinear perturbations develop [[46](#page-9-14)]. Thus, the constant-roll formalism derived above is the right tool to compute PBH statistics.

For simplicity, I assume that all patches exceeding a collapse threshold of $\mathcal{R}_c = \Delta N_c \approx 1$ collapse into PBHs $[50-52]$ $[50-52]$ $[50-52]$ when the corresponding scale k re-enters the Hubble radius after inflation. The PBH is formed from all mass within the Hubble radius, with approximate mass⁶

$$
M_k \approx 6.8 \times 10^{49} \text{ g} \left(\frac{k}{0.05 \text{ Mpc}^{-1}}\right)^{-2}.
$$
 (26)

The PBH mass fraction today is

$$
\Omega_{\rm PBH} \approx 6.2 \times 10^{25} \beta \left(\frac{M_k}{g}\right)^{-1/2},\tag{27}
$$

where β is their mass fraction when they form. The enhancement is a result of PBH density diluting slower than the radiation energy density during radiation domination. To compute β , the probability density $p(\Delta N)$ is typically assumed to be Gaussian, leading to $[50]$ $[50]$ $[50]$

$$
\beta_k = 2 \int_{\Delta N_c}^{\infty} \frac{d\Delta N}{\sqrt{2\pi}\sigma_k} e^{-\frac{\Delta N^2}{2\sigma_k^2}} = \text{erfc}\left[\frac{\Delta N_c}{\sqrt{2}\sigma_k}\right].
$$
 (28)

With our more careful analysis, [\(15\)](#page-2-3)–[\(17\)](#page-2-4) give

$$
\beta_k = 2 \int_{X_c}^{2/\epsilon_2} dX(k) p[X(k)]
$$

= $\text{erfc}\left[\frac{X_c}{\sqrt{2}\sigma_k}\right] - \text{erfc}\left[\frac{2/\epsilon_2}{\sqrt{2}\sigma_k}\right]$

$$
\approx \frac{\sigma_k \epsilon_2}{\sqrt{2\pi}} \frac{\exp\left[-\frac{2}{\sigma_k^2 \epsilon_2^2} (1 - e^{-\frac{\epsilon_2}{2}\Delta N_c})^2\right]}{1 - e^{-\frac{\epsilon_2}{2}\Delta N_c}}, \quad (29)
$$

where X_c is related to ΔN_c by [\(16\).](#page-2-5) I approximated the second complementary error function as 0, corresponding to sending the upper integration limit to infinity, and I used a large-argument approximation for the first error function. The result merges with the Gaussian approximation [\(28\)](#page-5-1) in the $\epsilon_2 \rightarrow 0$ limit. As discussed around [\(18\)](#page-3-2), this result is reliable for $\epsilon_2 \sigma_k \lesssim 2$, $\Delta N_c \lesssim \frac{2}{\epsilon_2} \ln \frac{2}{\sigma_k \epsilon_2}$. These are comfortably satisfied for $\Delta N_c \approx 1$, small σ_k , and ϵ_2 at most of order 1. PBH production typically takes place in the transition region between the Gaussian middle and the large- ΔN exponential tail of the probability distribution.

Let us next find the parameter space that produces a desired PBH abundance $β$. From [\(16\)](#page-2-5) and [\(29\),](#page-5-2) we have

$$
\frac{\sqrt{2}}{\sigma_k \epsilon_2} (1 - e^{-\frac{\epsilon_2}{2} \Delta N_c}) \approx \text{erfc}^{-1}(\beta_k) \equiv E,\tag{30}
$$

linking σ_k and ϵ_2 together. Equation [\(18\)](#page-3-2) limits their variation to

$$
\epsilon_2 = 0 \dots \frac{2}{\Delta N_c} \ln \left(1 + \sqrt{2} E \right),
$$

$$
\sigma_k = \frac{\Delta N_c}{(\sqrt{2} E + 1) \ln (\sqrt{2} E + 1)} \dots \frac{\Delta N_c}{\sqrt{2} E}.
$$
(31)

The $\epsilon_2 = 0$ and high σ_k values correspond to slow-roll inflation with Gaussian statistics; the high ϵ_2 and low σ_k values correspond to a maximal stochastic effect still reliably captured by our method. For example, if PBHs of mass 10^{19} g—in the asteroid mass window [[11](#page-9-27),[12](#page-9-8)] constitute all dark matter, $\Omega_{\text{PBH}} \approx 0.27$, then by [\(27\)](#page-5-3) $\beta \approx 1.4 \times 10^{-17}$ and $E \approx 6.0$. With $\Delta N_c \approx 1$, [\(31\)](#page-5-4) gives $\epsilon_2 = 0...4.5$, $\sigma_k = 0.05...0.12$. Introducing a nonzero ϵ_2 allows us to decrease σ_k by 60%, corresponding to a drop of 84% in \mathcal{P}_R , say, from $\mathcal{P}_R \sim 0.01$ to 0.0016. This way, stochastic effects slightly alleviate the fine-tuning needed to produce PBHs from a high P_R peak.

⁶I assume standard expansion history, where PBHs form early in the radiation-dominated era, and the Hubble parameter today is $H_{0.7} \approx 70 \text{ km/s/Mpc.}$

The prefactor of 2 is a common correction employed in the Press–Schechter formalism [[50](#page-10-2)].

To provide another point of view, fixing $\sigma_k = 0.05$ in the above scenario, the slow-roll parameter is allowed to vary as $\epsilon_2 = 0...3.3$, giving (naively) $\Omega_{\text{PBH}} = 0.27...10^{11}$. A model that is tuned correctly in the Gaussian approximation can severely overproduce PBHs when stochastic effects are taken into account.

In [\(29\),](#page-5-2) the PBH abundance is given in terms of two parameters, σ_k and ϵ_2 . The first of these is an integral over the power spectrum peak; see [\(15\)](#page-2-3). However, the second one can also be deduced from the power spectrum. As shown in [[45](#page-9-13)], in the standard setup of ultraslow roll followed by constant roll, the power spectrum decays like $\mathcal{P}_{\mathcal{R}}(k) \propto k^{-\epsilon_2}$ after the peak. Computing the stochastic abundance [\(29\)](#page-5-2) is then no more demanding than computing the Gaussian estimate: for both, knowledge of the power spectrum is enough. Figure [2](#page-3-1) demonstrates this for the example model. I have here focused on PBHs of a fixed mass; to get the PBH statistics in different mass bins, it is enough to vary the k in σ_k .

In Appendix [C](#page-8-0), I compare results [\(17\)](#page-2-4) and [\(29\),](#page-5-2) starting from the power spectrum, to heavy-duty numerical computations of the full stochastic system [\(4\)](#page-1-1) of modified Higgs potentials from [[31](#page-9-16)]. The match is excellent.

VI. COMPARISON TO NONSTOCHASTIC ΔN COMPUTATIONS

PBH formation with constant roll was considered earlier in [\[29](#page-9-28)[,53](#page-10-4)–[59\]](#page-10-5), with the ΔN formalism but without stochasticity. These studies start with an initial Gaussian field perturbation $\Delta \phi$ and let the nonlinear, classical background dynamics turn it into a final ΔN . Using this strategy, [\[58\]](#page-10-6) derived a probability distribution⁸ identical to (17) . In this paper's notation,

$$
\Delta \phi(N) \equiv \phi(N) - \tilde{\phi}(N) = -\tilde{\pi}(N)X(N)
$$

$$
= \sqrt{2\tilde{\epsilon}_1(N)} \frac{2}{\epsilon_2} (1 - e^{-\frac{\epsilon_2}{2}\Delta N}), \tag{32}
$$

where I used (11) , (12) , and (16) . Since the stochastic equation [\(8\)](#page-1-2) is linear in ϕ during constant roll, $\Delta \phi$ separates into the stochastic X and a nonstochastic prefactor, and is, indeed, Gaussian, inheriting this feature from X. It does not matter when the stochastic kicks in X are applied: an initial, macroscopic kick of sufficient strength produces the same result as microscopic kicks distributed over time. The former, the method of [[29](#page-9-28),[53](#page-10-4)–[59](#page-10-5)], successfully reproduces the exponential ΔN tail in constant roll.

I have provided a stochastic interpretation for this method and clarified the time and scale dependence of the process. In particular, the later constant-roll phase turns out to be dynamically more important than the earlier ultraslow-roll phase. It was already pointed out in [\[29,](#page-9-28)[56\]](#page-10-7) that PBHs form from the transition region between the Gaussian part and the exponential tail of the probability distribution; I confirmed this and pointed out that the tail is, in fact, not reliably resolved by current methods.⁹ Finally, the approach of [[29](#page-9-28)[,53](#page-10-4)–[59](#page-10-5)] breaks down outside of constant roll (potentially even if multiple regions of constant roll are combined, such as in [\[58\]](#page-10-6)), where the stochastic Eq. [\(8\)](#page-1-2) is no longer linear. Outside of constant roll, there is no reason to assume $\Delta \phi$ to be fully Gaussian, or the method of a strong initial kick to reproduce a more accurate stochastic result.

VII. CONCLUSIONS

In this paper, I used the stochastic ΔN formalism to compute the probability distribution of the coarse-grained curvature perturbation $\mathcal R$ in constant-roll inflation, starting from the linear power spectrum P_R . I then studied the formation probability of primordial black holes. PBH production is controlled by a transition region between the probability distribution's Gaussian center and exponential tail.

The results apply very generally to all PBH-producing models of single-field inflation where the field rolls over a local maximum of its potential, or, equivalently, where an ultraslow-roll phase is followed by a dual constant-roll phase. The perturbation probability distribution is an analytical function of quantities derived from the power spectrum only, and thus using the improved, stochastic result [\(29\)](#page-5-2) is not computationally any more expensive than the Gaussian approximation [\(28\).](#page-5-1) The power spectrum can be precomputed (beyond the de Sitter approximation) and used as an input for the stochastic evolution since there is no backreaction between the shortwavelength perturbations and the stochastic background during constant roll.

Recently, a series of papers [\[60](#page-10-8)–[63](#page-10-9)] have suggested that a high power spectrum $\mathcal{P}_R \sim 10^{-2}$ may produce strong loop corrections that ruin the model's cosmic microwave background (CMB) predictions, ruling out inflationary PBHs (see [\[59](#page-10-5),[64](#page-10-10)–[66\]](#page-10-11) for a critical take). I have demonstrated that stochastic effects can lower the $\mathcal{P}_{\mathcal{R}}$ required for PBH production, down to ~10⁻³ in an example case of constant-roll inflation. This helps alleviate the reported tension and demonstrates that one needs to go beyond traditional perturbation theory to make definitive claims about the compatibility of the CMB and inflationary PBHs.

The PBH mass and abundance formulas [\(26\)](#page-5-5), [\(27\)](#page-5-3) are approximations commonly used in the literature. In truth,

⁸Perturbations active during ultraslow roll, $\epsilon_2 = -6$, follow a dual distribution with $p \sim e^{-3\Delta N}$ [\[56,](#page-10-7)[58\]](#page-10-6).

⁹I thank Andrew Gow for discussions on the properties of the far tail of the distribution and its relevance for PBH formation.

the masses follow a distribution around [\(26\)](#page-5-5), and the abundance is better computed from the compaction function [\[32](#page-9-23),[67](#page-10-12)–[71\]](#page-10-13), a quantity related but not identical to \mathcal{R}_k . I leave a compaction-function-based treatment for future work.

ACKNOWLEDGMENTS

I thank Daniel Figueroa, Sami Raatikainen, Syksy Räsänen, Joe Jackson, and Andrew Gow for discussions. I acknowledge the support of the European Consortium for Astroparticle Theory in the form of an Exchange Travel Grant. This work was supported by the Estonian Research Council Grant No. PRG1055 and by the EU through the European Regional Development Fund CoE program TK133 "The Dark Side of the Universe."

APPENDIX A: EXAMPLE MODEL

The example model of Figs. [1](#page-3-0) and [2](#page-3-1) is lifted from [\[46\]](#page-9-14) (the "Hubble-tailored model"). It is built starting from an analytical form of the first slow-roll parameter as a function of the number of e-folds N,

$$
\epsilon_{1} = \epsilon_{1,\text{top}} \times e^{-3(N-N_{1})} \frac{\cosh^{2}[\lambda(N_{2} - N)]}{\cosh^{2}[\lambda(N_{2} - N_{1})]}
$$

$$
\times \left[\frac{2}{1 + e^{-\theta_{\text{cut}}(\lambda + 3/2)(N-N_{1})}} \right]^{2/\theta_{\text{cut}}}
$$

$$
\times \left[\frac{1 + \sqrt{\alpha}(\theta_{\text{SR}}^{-1} \ln 2)^{\beta/2}}{1 + \sqrt{\alpha}(\theta_{\text{SR}}^{-1} \ln[1 + e^{-\theta_{\text{SR}}(N-N_{1})}])^{\beta/2}} \right]^{2}.
$$
 (A1)

The different parts set ϵ_1 to describe slow roll at early times, to shift to ultraslow roll with $\epsilon_2 \approx -3 - 2\lambda$ around N_1 , and to shift to the dual constant roll with $\epsilon_2 \approx -3 + 2\lambda$ around $N₂$. Behavior [\(A1\)](#page-7-2) determines everything about the model, including the underlying inflationary potential and the ensuing perturbation power spectrum $\mathcal{P}_{\mathcal{R}}(k)$, up to an overall energy scale that is fixed by CMB observations. I solve the power spectrum numerically from the Sasaki– Mukhanov equation, beyond the de Sitter approximation $\mathcal{P}_R \approx \frac{H^2}{8\pi^2 \epsilon_1}$. For more details, see Appendix A in [[46](#page-9-14)].

I use the same parameter values as [[46](#page-9-14)],

$$
\epsilon_{1,\text{top}} = 0.01,
$$
 $N_1 = 32,$ $N_2 = 35.04,$ $\lambda = 2.308,$
\n $\alpha = 50,$ $\beta = 1.28,$ $\theta_{\text{cut}} = 1,$ $\theta_{\text{SR}} = 5,$ (A2)

where the e-folds are counted from the CMB scale and inflation ends ($\epsilon_1 = 1$) at $N = 50$. The model is compatible with the latest CMB bounds [[72](#page-10-14),[73](#page-10-15)] and produces a power spectrum peak giving PBHs around the asteroid mass window [[11](#page-9-27),[12](#page-9-8)]. For easier numerics, the model is tuned to have strong stochastic effects—the power spectrum peak is $\mathcal{P}_{\mathcal{R}}(k_{\text{peak}}) \sim 0.1$, and I evaluate $p[\Delta N(k_{\text{PBH}})]$ for $k_{\text{PBH}} \gg k_{\text{peak}}$ to include stochastic kicks over a wide range of scales; see Fig. [2.](#page-3-1) The relevant parameter values are

$$
k_{\text{ini}} = 7.725 \times 10^{11}, \qquad k_{\text{PBH}} = 8.472 \times 10^{14},
$$

$$
\sigma_{k=k_{\text{PBH}}}^2 \approx 0.1769, \qquad \epsilon_2 \approx 1.616. \tag{A3}
$$

The ensuing probability distribution in Fig. [1](#page-3-0) overproduces PBHs but clearly shows the Gaussian, exponential, and transition regions described in the text.

APPENDIX B: MOST PROBABLE PATHS

In [\[46\]](#page-9-14), Eq. [\(8\)](#page-1-2) was rewritten in terms of the classical e-fold number \tilde{N} , a proxy for ϕ , as

$$
d\tilde{N} = dN + \sqrt{\frac{\mathcal{P}_{\phi}(N, k_{\sigma})}{2\tilde{\epsilon}_{1}(\tilde{N})}} dN \hat{\xi}_{N}
$$
 (B1)

(up to the slightly different k_{σ} convention; see footnote 1 above). Working in \tilde{N} is appealing since it makes accessing $\Delta N = N - \tilde{N}$ easy. However, [\(B1\)](#page-7-3) is slightly inaccurate: it neglects a term arising from the nonlinear relation between $\tilde{\phi}$ and \tilde{N} and the stochastic nature of the differential equation. The correct form, given by Itô's lemma [[7,](#page-9-4)[74](#page-10-16)], can be arranged into

$$
d\Delta N = \frac{\mathcal{P}_{\phi}(N, k_{\sigma})}{4\tilde{\epsilon}_{1}(\tilde{N})} \frac{\tilde{\epsilon}_{2}(\tilde{N})}{2} dN - \sqrt{\frac{\mathcal{P}_{\phi}(N, k_{\sigma})}{2\tilde{\epsilon}_{1}(\tilde{N})}} dN \hat{\xi}_{N}.
$$
 (B2)

The smallness of the power spectrum suppresses the first, extra term, at least for small perturbations. When computing the probability distribution up to $\Delta N \sim 1$, the difference between [\(B1\)](#page-7-3) and [\(B2\)](#page-7-4) is negligible for the modified Higgs model of [[46](#page-9-14)], but noticeable for the Hubble-tailored one.

The \tilde{N} equation can be used to estimate the most probable path for a fixed final ΔN . Following [[46](#page-9-14)], we start from the probability distribution of the noises $\hat{\xi}_N$:

$$
p(\hat{\xi}) = \frac{1}{\sqrt{2\pi}} e^{-\frac{1}{2} \sum_{N} \hat{\xi}_{N}^{2}}.
$$
 (B3)

Using [\(B2\)](#page-7-4) and going to the continuum limit, the exponent becomes

$$
-\frac{1}{2}\sum_{N}\hat{\xi}_{N}^{2}=-\int\frac{(\tilde{N}'-1+D)^{2}}{\mathcal{P}_{\phi}(N)/\tilde{\epsilon}_{1}(\tilde{N})}\mathrm{d}N, \qquad \text{(B4)}
$$

$$
D \equiv \frac{\mathcal{P}_{\phi}(N)\tilde{\epsilon}_{2}(\tilde{N})}{8\tilde{\epsilon}_{1}(\tilde{N})}, \tag{B5}
$$

FIG. 3. Probability distributions $p[\Delta N(k)]$ in the three models considered in [[23](#page-9-17),[31](#page-9-16)] for asteroid mass, solar mass, and supermassive black holes: the numerical results from [\[31\]](#page-9-16) (blue dots), exponential fits to their tails (red dashed lines), analytical results [\(17\)](#page-2-4) (solid black lines), and Gaussian approximations (dashed black lines). The dotted lines mark the collapse threshold $\Delta N_c = 1$.

where the $k_{\sigma}(N)$ argument of \mathcal{P}_{ϕ} is implied and D is the additional contribution from Itô's lemma. Minimizing this with respect to $\tilde{N}(N)$ gives the differential equation

$$
\tilde{N}'' - \frac{\tilde{\epsilon}_2(\tilde{N})}{2} (1 - \tilde{N}'^2 - D^2) + \frac{\mathcal{P}'_{\phi}(N)}{\mathcal{P}_{\phi}(N)} (1 - \tilde{N}') \n+ \tilde{\epsilon}_3(\tilde{N}) D(1 - D) = 0,
$$
\n(B6)

where $\tilde{\epsilon}_3(\tilde{N}) \equiv \tilde{\epsilon}_2'(\tilde{N}) / \tilde{\epsilon}_2(\tilde{N})$. This is Eq. (3.22) from [[46](#page-9-14)], up to the different k_{σ} convention and the extra D terms. For a direct comparison to [[46](#page-9-14)], I will now approximate $D \approx 0$. Going from \tilde{N} to ΔN with [\(9\)](#page-2-2) and rearranging, we then get

$$
\frac{\Delta N''}{\Delta N'} = \frac{\tilde{\epsilon}'(\tilde{N})}{2\tilde{\epsilon}(\tilde{N})} \Delta N' + \frac{\mathcal{P}'_{\phi}(N)}{\mathcal{P}_{\phi}(N)} - \frac{\tilde{\epsilon}'(\tilde{N})}{\tilde{\epsilon}(\tilde{N})}.
$$
 (B7)

In constant roll, $\tilde{\epsilon}'(\tilde{N})/\tilde{\epsilon}(\tilde{N}) = \epsilon_2$ is a constant, and we can integrate [\(B7\)](#page-8-1) twice to get

$$
e^{-\frac{c_2}{2}\Delta N}\Delta N' = C\frac{\mathcal{P}_{\phi}(N)}{\tilde{\epsilon}_1(N)} = C\mathcal{P}_{\mathcal{R}}(N) \tag{B8}
$$

$$
\Rightarrow X(k') = \int_{k_{\rm ini}}^{k'} e^{-\frac{c_2}{2}\Delta N} \frac{d\Delta N}{d\ln k''} d\ln k'' = C\sigma_{k'}^2, \quad \text{(B9)}
$$

where I followed the conventions for $\tilde{\epsilon}_1(N)$, X, $\sigma_{k'}$, and $dN = d \ln k$ from above. Setting the constant of integration $C = X(k)/\sigma_k^2$ to fix the final value $X(k)$ (and thus ΔN) at $k' = k$, this is the exact result [\(23\)](#page-4-3) for the conditional expectation value $\bar{X}(k')_{|k}$: the method of [\[46\]](#page-9-14) correctly produces the most probable X paths in constant roll. However, the mean ΔN paths slightly differ from these due to the nonlinear relationship between X and ΔN [see [\(24\)](#page-4-2)]; taking the result [\(B9\)](#page-8-2) and converting to ΔN by inverting [\(16\)](#page-2-5) only reproduces [\(24\)](#page-4-2) in the $\sigma_{k'|k} \to 0$ limit. In [\(B3\),](#page-7-5) the difference can be attributed to the different volumes in the $\hat{\xi}_N$ space one has to integrate over to catch all the paths in an X bin versus a ΔN bin.

APPENDIX C: MODIFIED HIGGS MODELS

In [[23](#page-9-17),[31](#page-9-16)], three inflection point models of modified Higgs inflation were studied. A supercomputer was used to numerically solve the probability distributions $p[\Delta N(k)]$ at a scale $k = k_{\text{PBH}}$ somewhat past the power spectrum peak, from the full equations [\(4\)](#page-1-1), together with simultaneously evolved short-wavelength perturbations to provide the stochastic noise. All the example models follow the dual ultraslow-roll–constant-roll behavior, with power spectra similar to Fig. [2.](#page-3-1) Starting from the power spectra, I have re-estimated $p[\Delta N(k)]$ and the PBH abundance by the methods of this paper and compared them to the numerical results¹⁰ of [[23](#page-9-17),[31](#page-9-16)]. I present the results in Fig. [3](#page-8-3). The matches are excellent.

To estimate the PBH abundance, [\[31](#page-9-16)] extrapolated $p[\Delta N(k)]$ beyond the collapse threshold with an exponential fit e^{A-BN} . The fit soon starts to deviate from the curve [\(17\)](#page-2-4) which turns further down. As a consequence, the fit overestimates the PBH abundance in all but the solar mass case, where the tail was resolved reliably beyond the collapse threshold. Table [I](#page-9-29) lists key figures for the three models.

 10 I thank Sami Raatikainen for providing the data of [[31](#page-9-16)] in its original accuracy.

TABLE I. Various parameters for the three models considered in [\[23,](#page-9-17)[31\]](#page-9-16); see Table 1 of [[31](#page-9-16)]. Note that the formula [\[31\]](#page-9-16) used to relate the black hole mass M to the wave number k differs slightly from [\(26\).](#page-5-5) $M_{\odot} \approx 2.0 \times 10^{33}$ g is the solar mass. The variables ϵ_2 and σ_k were computed from the power spectrum, giving β_{CR} by the constant-roll result [\(29\)](#page-5-2). The collapse fraction β_{num} was computed from the exponential fit to the tail of the numerical distribution. ΔN_{lim} is the validity limit of the constant-roll approach from [\(18\)](#page-3-2), well over the collapse threshold in all cases.

		κ_PBH	σ_{k}	ϵ	p_{num}	β_{CR}	ΔN_{lim}
Asteroid	1.4×10^{19} g	2.0×10^{13} Mpc ⁻¹	0.1232	0.799	3.7×10^{-11}	2.2×10^{-11}	7.5
Solar	$4.7M_{\odot}$	8.0×10^5 Mpc ⁻¹	0.1748	0.284	9.0×10^{-8}	9.6×10^{-8}	26.0
Supermassive	$1.8 \times 10^3 M_{\odot}$	3.9×10^4 Mpc ⁻¹	0.11877	0.292	9.7×10^{-14}	0.5×10^{-14}	27.7

- [1] A. A. Starobinsky, [Lect. Notes Phys.](https://doi.org/10.1007/3-540-16452-9_6) 246, 107 (1986).
- [2] M. Sasaki and E. D. Stewart, [Prog. Theor. Phys.](https://doi.org/10.1143/PTP.95.71) 95, 71 [\(1996\).](https://doi.org/10.1143/PTP.95.71)
- [3] M. Sasaki and T. Tanaka, [Prog. Theor. Phys.](https://doi.org/10.1143/PTP.99.763) 99, 763 (1998).
- [4] D. Wands, K. A. Malik, D. H. Lyth, and A. R. Liddle, [Phys.](https://doi.org/10.1103/PhysRevD.62.043527) Rev. D 62[, 043527 \(2000\)](https://doi.org/10.1103/PhysRevD.62.043527).
- [5] D. H. Lyth, K. A. Malik, and M. Sasaki, [J. Cosmol.](https://doi.org/10.1088/1475-7516/2005/05/004) [Astropart. Phys. 05 \(2005\) 004.](https://doi.org/10.1088/1475-7516/2005/05/004)
- [6] T. Fujita, M. Kawasaki, Y. Tada, and T. Takesako, [J. Cosmol. Astropart. Phys. 12 \(2013\) 036.](https://doi.org/10.1088/1475-7516/2013/12/036)
- [7] V. Vennin and A. A. Starobinsky, [Eur. Phys. J. C](https://doi.org/10.1140/epjc/s10052-015-3643-y) 75, 413 [\(2015\).](https://doi.org/10.1140/epjc/s10052-015-3643-y)
- [8] B. J. Carr and S. W. Hawking, [Mon. Not. R. Astron. Soc.](https://doi.org/10.1093/mnras/168.2.399) 168[, 399 \(1974\)](https://doi.org/10.1093/mnras/168.2.399).
- [9] B. J. Carr, [Astrophys. J.](https://doi.org/10.1086/153853) 201, 1 (1975).
- [10] G. F. Chapline, [Nature \(London\)](https://doi.org/10.1038/253251a0) 253, 251 (1975).
- [11] A. M. Green and B. J. Kavanagh, [J. Phys. G](https://doi.org/10.1088/1361-6471/abc534) 48, 043001 [\(2021\).](https://doi.org/10.1088/1361-6471/abc534)
- [12] B. Carr and F. Kuhnel, [SciPost Phys. Lect. Notes](https://doi.org/10.21468/SciPostPhysLectNotes.48) 48, 1 (2022).
- [13] C. Pattison, V. Vennin, H. Assadullahi, and D. Wands, [J. Cosmol. Astropart. Phys. 10 \(2017\) 046.](https://doi.org/10.1088/1475-7516/2017/10/046)
- [14] D. Cruces, C. Germani, and T. Prokopec, [J. Cosmol.](https://doi.org/10.1088/1475-7516/2019/03/048) [Astropart. Phys. 03 \(2019\) 048.](https://doi.org/10.1088/1475-7516/2019/03/048)
- [15] J. M. Ezquiaga and J. García-Bellido, [J. Cosmol. Astropart.](https://doi.org/10.1088/1475-7516/2018/08/018) [Phys. 08 \(2018\) 018.](https://doi.org/10.1088/1475-7516/2018/08/018)
- [16] M. Biagetti, G. Franciolini, A. Kehagias, and A. Riotto, [J. Cosmol. Astropart. Phys. 07 \(2018\) 032.](https://doi.org/10.1088/1475-7516/2018/07/032)
- [17] H. Firouzjahi, A. Nassiri-Rad, and M. Noorbala, [J. Cosmol.](https://doi.org/10.1088/1475-7516/2019/01/040) [Astropart. Phys. 01 \(2019\) 040.](https://doi.org/10.1088/1475-7516/2019/01/040)
- [18] J. M. Ezquiaga, J. García-Bellido, and V. Vennin, [J. Cosmol.](https://doi.org/10.1088/1475-7516/2020/03/029) [Astropart. Phys. 03 \(2020\) 029.](https://doi.org/10.1088/1475-7516/2020/03/029)
- [19] C. Pattison, V. Vennin, H. Assadullahi, and D. Wands, [J. Cosmol. Astropart. Phys. 07 \(2019\) 031.](https://doi.org/10.1088/1475-7516/2019/07/031)
- [20] T. Prokopec and G. Rigopoulos, [Phys. Rev. D](https://doi.org/10.1103/PhysRevD.104.083505) 104, 083505 [\(2021\).](https://doi.org/10.1103/PhysRevD.104.083505)
- [21] K. Ando and V. Vennin, [J. Cosmol. Astropart. Phys. 04](https://doi.org/10.1088/1475-7516/2021/04/057) [\(2021\) 057.](https://doi.org/10.1088/1475-7516/2021/04/057)
- [22] A. De and R. Mahbub, *Phys. Rev. D* **102**[, 123509 \(2020\).](https://doi.org/10.1103/PhysRevD.102.123509)
- [23] D. G. Figueroa, S. Raatikainen, S. Rasanen, and E. Tomberg, Phys. Rev. Lett. 127[, 101302 \(2021\)](https://doi.org/10.1103/PhysRevLett.127.101302).
- [24] G. Ballesteros, J. Rey, M. Taoso, and A. Urbano, [J. Cosmol.](https://doi.org/10.1088/1475-7516/2020/08/043) [Astropart. Phys. 08 \(2020\) 043.](https://doi.org/10.1088/1475-7516/2020/08/043)
- [25] D. Cruces and C. Germani, Phys. Rev. D 105[, 023533 \(2022\).](https://doi.org/10.1103/PhysRevD.105.023533)
- [26] G. Rigopoulos and A. Wilkins, [J. Cosmol. Astropart. Phys.](https://doi.org/10.1088/1475-7516/2021/12/027) [12 \(2021\) 027.](https://doi.org/10.1088/1475-7516/2021/12/027)
- [27] C. Pattison, V. Vennin, D. Wands, and H. Assadullahi, [J. Cosmol. Astropart. Phys. 04 \(2021\) 080.](https://doi.org/10.1088/1475-7516/2021/04/080)
- [28] A. Achucarro, S. Cespedes, A.-C. Davis, and G. A. Palma, [J. High Energy Phys. 05 \(2022\) 052.](https://doi.org/10.1007/JHEP05(2022)052)
- [29] S. Hooshangi, M. H. Namjoo, and M. Noorbala, [Phys. Lett.](https://doi.org/10.1016/j.physletb.2022.137400) B 834[, 137400 \(2022\)](https://doi.org/10.1016/j.physletb.2022.137400).
- [30] E. Tomberg, [J. Phys. Conf. Ser.](https://doi.org/10.1088/1742-6596/2156/1/012010) 2156, 012010 (2021).
- [31] D. G. Figueroa, S. Raatikainen, S. Rasanen, and E. Tomberg, [J. Cosmol. Astropart. Phys. 05 \(2022\) 027.](https://doi.org/10.1088/1475-7516/2022/05/027)
- [32] Y. Tada and V. Vennin, [J. Cosmol. Astropart. Phys. 02](https://doi.org/10.1088/1475-7516/2022/02/021) [\(2022\) 021.](https://doi.org/10.1088/1475-7516/2022/02/021)
- [33] D. Cruces, Universe 8[, 334 \(2022\)](https://doi.org/10.3390/universe8060334).
- [34] N. Ahmadi, M. Noorbala, N. Feyzabadi, F. Eghbalpoor, and Z. Ahmadi, [J. Cosmol. Astropart. Phys. 08 \(2022\) 078.](https://doi.org/10.1088/1475-7516/2022/08/078)
- [35] C. Animali and V. Vennin, [J. Cosmol. Astropart. Phys. 02](https://doi.org/10.1088/1475-7516/2023/02/043) [\(2023\) 043.](https://doi.org/10.1088/1475-7516/2023/02/043)
- [36] J. H. P. Jackson, H. Assadullahi, K. Koyama, V. Vennin, and D. Wands, [J. Cosmol. Astropart. Phys. 10 \(2022\) 067.](https://doi.org/10.1088/1475-7516/2022/10/067)
- [37] G. Rigopoulos and A. Wilkins, [J. Cosmol. Astropart. Phys.](https://doi.org/10.1088/1475-7516/2023/04/046) [04 \(2023\) 046.](https://doi.org/10.1088/1475-7516/2023/04/046)
- [38] V. Briaud and V. Vennin, [J. Cosmol. Astropart. Phys. 06](https://doi.org/10.1088/1475-7516/2023/06/029) [\(2023\) 029.](https://doi.org/10.1088/1475-7516/2023/06/029)
- [39] S. S. Mishra, E. J. Copeland, and A. M. Green, [arXiv:2303](https://arXiv.org/abs/2303.17375) [.17375.](https://arXiv.org/abs/2303.17375)
- [40] K. Asadi, A. Nassiri-Rad, and H. Firouzjahi, [arXiv:2304](https://arXiv.org/abs/2304.00577) [.00577.](https://arXiv.org/abs/2304.00577)
- [41] K. Kannike, L. Marzola, M. Raidal, and H. Veermäe, [J. Cosmol. Astropart. Phys. 09 \(2017\) 020.](https://doi.org/10.1088/1475-7516/2017/09/020)
- [42] F. Bezrukov, M. Pauly, and J. Rubio, [J. Cosmol. Astropart.](https://doi.org/10.1088/1475-7516/2018/02/040) [Phys. 02 \(2018\) 040.](https://doi.org/10.1088/1475-7516/2018/02/040)
- [43] G. Ballesteros and M. Taoso, [Phys. Rev. D](https://doi.org/10.1103/PhysRevD.97.023501) 97, 023501 [\(2018\).](https://doi.org/10.1103/PhysRevD.97.023501)
- [44] S. Rasanen and E. Tomberg, [J. Cosmol. Astropart. Phys. 01](https://doi.org/10.1088/1475-7516/2019/01/038) [\(2019\) 038.](https://doi.org/10.1088/1475-7516/2019/01/038)
- [45] A. Karam, N. Koivunen, E. Tomberg, V. Vaskonen, and H. Veermäe, [J. Cosmol. Astropart. Phys. 03 \(2023\) 013.](https://doi.org/10.1088/1475-7516/2023/03/013)
- [46] E. Tomberg, [J. Cosmol. Astropart. Phys. 04 \(2023\) 042.](https://doi.org/10.1088/1475-7516/2023/04/042)
- [47] J. Martin, H. Motohashi, and T. Suyama, [Phys. Rev. D](https://doi.org/10.1103/PhysRevD.87.023514) 87, [023514 \(2013\).](https://doi.org/10.1103/PhysRevD.87.023514)
- [48] H. Motohashi, A.A. Starobinsky, and J. Yokoyama, [J. Cosmol. Astropart. Phys. 09 \(2015\) 018.](https://doi.org/10.1088/1475-7516/2015/09/018)
- [49] Édgar Roldán, I. Neri, R. Chetrite, S. Gupta, S. Pigolotti, F. Jülicher, and K. Sekimoto, [arXiv:2210.09983](https://arXiv.org/abs/2210.09983).
- [50] A. M. Green, A. R. Liddle, K. A. Malik, and M. Sasaki, Phys. Rev. D 70[, 041502 \(2004\)](https://doi.org/10.1103/PhysRevD.70.041502).
- [51] T. Harada, C.-M. Yoo, and K. Kohri, [Phys. Rev. D](https://doi.org/10.1103/PhysRevD.88.084051) 88, [084051 \(2013\);](https://doi.org/10.1103/PhysRevD.88.084051) 89[, 029903\(E\) \(2014\).](https://doi.org/10.1103/PhysRevD.89.029903)
- [52] A. Escrivà, C. Germani, and R. K. Sheth, [Phys. Rev. D](https://doi.org/10.1103/PhysRevD.101.044022) 101, [044022 \(2020\).](https://doi.org/10.1103/PhysRevD.101.044022)
- [53] Y.-F. Cai, X. Chen, M. H. Namjoo, M. Sasaki, D.-G. Wang, and Z. Wang, [J. Cosmol. Astropart. Phys. 05 \(2018\) 012.](https://doi.org/10.1088/1475-7516/2018/05/012)
- [54] V. Atal, J. Garriga, and A. Marcos-Caballero, [J. Cosmol.](https://doi.org/10.1088/1475-7516/2019/09/073) [Astropart. Phys. 09 \(2019\) 073.](https://doi.org/10.1088/1475-7516/2019/09/073)
- [55] V. Atal, J. Cid, A. Escrivà, and J. Garriga, [J. Cosmol.](https://doi.org/10.1088/1475-7516/2020/05/022) [Astropart. Phys. 05 \(2020\) 022.](https://doi.org/10.1088/1475-7516/2020/05/022)
- [56] M. Biagetti, V. De Luca, G. Franciolini, A. Kehagias, and A. Riotto, Phys. Lett. B 820[, 136602 \(2021\).](https://doi.org/10.1016/j.physletb.2021.136602)
- [57] S. Hooshangi, A. Talebian, M. H. Namjoo, and H. Firouzjahi, Phys. Rev. D 105[, 083525 \(2022\).](https://doi.org/10.1103/PhysRevD.105.083525)
- [58] S. Pi and M. Sasaki, Phys. Rev. Lett. **131**[, 011002 \(2023\).](https://doi.org/10.1103/PhysRevLett.131.011002)
- [59] H. Firouzjahi and A. Riotto, [arXiv:2304.07801](https://arXiv.org/abs/2304.07801).
- [60] J. Kristiano and J. Yokoyama, [arXiv:2211.03395.](https://arXiv.org/abs/2211.03395)
- [61] J. Kristiano and J. Yokoyama, [arXiv:2303.00341.](https://arXiv.org/abs/2303.00341)
- [62] H. Firouzjahi, [arXiv:2303.12025.](https://arXiv.org/abs/2303.12025)
- [63] H. Motohashi and Y. Tada, [arXiv:2303.16035](https://arXiv.org/abs/2303.16035).
- [64] A. Riotto, [arXiv:2301.00599](https://arXiv.org/abs/2301.00599).
- [65] A. Riotto, [arXiv:2303.01727](https://arXiv.org/abs/2303.01727).
- [66] G. Franciolini, A. Iovino, Junior., M. Taoso, and A. Urbano, [arXiv:2305.03491.](https://arXiv.org/abs/2305.03491)
- [67] M. Shibata and M. Sasaki, Phys. Rev. D 60[, 084002 \(1999\).](https://doi.org/10.1103/PhysRevD.60.084002)
- [68] T. Harada, C.-M. Yoo, T. Nakama, and Y. Koga, [Phys. Rev.](https://doi.org/10.1103/PhysRevD.91.084057) D 91[, 084057 \(2015\)](https://doi.org/10.1103/PhysRevD.91.084057).
- [69] I. Musco, Phys. Rev. D **100**[, 123524 \(2019\)](https://doi.org/10.1103/PhysRevD.100.123524).
- [70] G. Ferrante, G. Franciolini, A. Iovino, Jr.,, and A. Urbano, Phys. Rev. D 107[, 043520 \(2023\)](https://doi.org/10.1103/PhysRevD.107.043520).
- [71] A. D. Gow, H. Assadullahi, J. H. P. Jackson, K. Koyama, V. Vennin, and D. Wands, [Europhys. Lett.](https://doi.org/10.1209/0295-5075/acd417) 142, 49001 [\(2023\).](https://doi.org/10.1209/0295-5075/acd417)
- [72] Y. Akrami et al. (Planck Collaboration), [Astron. Astrophys.](https://doi.org/10.1051/0004-6361/201833887) 641[, A10 \(2020\).](https://doi.org/10.1051/0004-6361/201833887)
- [73] P. A. R. Ade et al. (BICEP/Keck Collaboration), [Phys. Rev.](https://doi.org/10.1103/PhysRevLett.127.151301) Lett. 127[, 151301 \(2021\)](https://doi.org/10.1103/PhysRevLett.127.151301).
- [74] K. Itô, [Proc. Imperial Acad.](https://doi.org/10.3792/pia/1195572786) 20, 519 (1944).