Geometry of the black-to-white hole transition within a single asymptotic region

Muxin Han,^{1,2} Carlo Rovelli,^{3,4,5} and Farshid Soltani⁶

¹Physics Department, Florida Atlantic University, 777 Glades Road, Boca Raton, Florida 33431, USA

²Department Physik, Institut für Quantengravitation, Theoretische Physik III, Friedrich-Alexander

Universität Erlangen-Nürnberg, Staudtstrasse 7/B2, 91058 Erlangen, Germany

³Aix-Marseille University, Université de Toulon, CPT-CNRS, F-13288 Marseille, France

⁴Perimeter Institute, 31 Caroline Street North, Waterloo, Ontario N2L2Y5, Canada

⁵Department of Philosophy and the Rotman Institute of Philosophy, Western Ontario University,

London, Ontario N6A5B7, Canada

⁶Department of Physics and Astronomy, University of Western Ontario, London, Ontario N6A 3K7, Canada

(Received 4 February 2023; accepted 19 February 2023; published 7 March 2023)

We write explicitly the complete Lorentzian metric of a singularity-free spacetime where a black hole transitions into a white hole located in its same asymptotic region. In particular, the metric interpolates between the black and white horizons. The metric satisfies the Einstein field equations up to the tunneling region. The matter giving rise to the black hole is described by the Oppenheimer-Snyder model, corrected with loop-quantum-cosmology techniques in the quantum region. The interior quantum geometry is fixed by a local Killing symmetry, broken at the horizon transition. At large scale, the geometry is determined by two parameters: the mass of the hole and the duration of the transition process. The latter is a global geometrical parameter. We give the full metric outside the star in a single coordinate patch.

DOI: 10.1103/PhysRevD.107.064011

I. INTRODUCTION

There is evidence in the sky of the presence of a huge number of black holes, with matter spiraling into them. General relativity predicts, arguably reliably, that this matter crosses the hole's horizon and reaches Planckian densities in a short proper time. What happens next is outside the reach of established physical theories. It involves the quantum behavior of the gravitational field in the strong field domain.

A possibility that has attracted interest [1-18] is that the Einstein field equations are violated by a quantum tunneling event, with a probability that depends on the curvature. A natural scenario is the black-to-white hole transition [19-26], where the internal geometry of the hole undergoes a transition from trapped to antitrapped (possibly through an intermediate nontrapped region) and the (outer) horizon tunnels from trapping to antitrapping as well. In this scenario the black hole evolves into a white hole "remnant" living in the future of the parent black hole, in its same asymptotic region and location. Here we study the geometry of this process.

We consider the case of a spherical black hole formed by the collapse of a homogeneous and pressureless "star," as in the Oppenheimer-Snyder model [27]. We disregard dissipative phenomena such as the Hawking radiation or the Perez dissipation into Planckian degrees of freedom [28]. The inclusion of the former in the interior geometry of the black-to-white hole is studied in [29]. Dissipative phenomena are likely present in astrophysics and render the process irreversible. Here we only concentrate on the physics of the black-to-white transition alone, under the hypothesis that dissipative phenomena can be disregarded in a first approximation, as it can be done for a basketball bouncing on the floor. The hypothesis is that the bounce can be described in a first approximation in terms of a few "large-scale" degrees of freedom. We also neglect rotational degrees of freedom, but the causal structure of the spacetime we find has already similarities with the Kerr geometry, suggesting that rotation might not significantly alter the picture.

We explore quantum effects only as local violations of the Einstein field equations and not with a full quantum analysis. We take one input from loop quantum gravity, following [30,31]: the correction to the Friedmann equation studied in loop quantum cosmology [32–35]. This same correction predicts a bounce at the end of the collapse of a homogeneous and pressureless star, thus modifying the classical physics of the Oppenheimer-Snyder model. We match the exterior geometry to the star [9,12]. As shown in [36], the geometry of the interior of the hole outside the star is then uniquely determined by the evolution of the bouncing star and the local Killing symmetry. It turns out to be similar to the interior geometry of a Reissner-Nordström black hole.

We show that a quantum tunneling briefly and locally violating the Einstein field equations around the horizon permits the bounce to happen also if no second asymptotic region exists (see also [37]). The (surprising) compatibility of this scenario with the validity of the Einstein field equations outside the tunneling region was pointed out in [20,23]. Crucially, we show that the horizon tunneling region can be filled with an (effective) regular Lorentzian geometry. This geometry unravels the possible global horizon structure of the black-to-white hole: there are no event nor global Killing horizons; there are only apparent horizons, and these keep the trapped and antitrapped regions disconnected. The metric we construct in this region is a proof of existence for a geometry with these features; as any trajectory in quantum tunneling, it has no direct physical meaning.

The geometry we found is consistent with previous general results. For instance, it belongs to the category A.I in the classification carried out in [38], the bounce of the star takes place in a nontrapped interior region I bounded by two inner horizons, consistent with the analysis of matter collapse reported in [12], and the exterior geometry fails to be exactly static in the vicinity of the horizon at the transition [39].

Outside the star, the geometry we find depends on parameters that have transparent physical meaning. Two of them are measurable from a distance: in natural units, they are the mass *m* of the star and the duration \mathcal{T} of the full process, from the collapse of the star into its black horizon to its emersion from the white horizon. Other parameters do not affect the large-scale geometry; some of them may be measured locally around the horizon tunneling region: they determine its size. Interestingly, \mathcal{T} is a global geometric parameter (like the radius of a cylinder), not determined by the local geometry outside the quantum tunneling region. A quantum theory of gravity should determine the values, or the probability distribution, of all parameters. Steps in this direction have been taken in [22,24,25].

Section II deals with the physics of the bounce of the collapsing star. This was called "region C" in [24]. Section III deals with the physics of the interior of the black hole where the curvature reaches Planckian value. This was called "region A" in [24]. Section IV deals with the physics of the horizon tunneling region. This was called "region B" in [24]. Different physical processes happen in the three regions, and they must be dealt with separately. In Sec. V we describe the physical meaning and the large-scale geometry of the spacetime we have built. Global coordinates for this spacetime are given in Sec. VI. In Sec. VIII we build a Lorentzian metric for the B region and in Sec. VIII we study its horizon structure.

II. THE STAR

The metric inside a spherical pressureless star of uniform density ρ and total mass *m* can be written in comoving coordinates (T, R) as

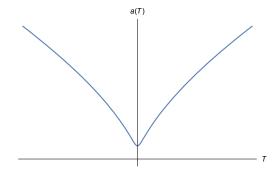


FIG. 1. The scale factor a(T) in Eq. (4) that gives the standard loop quantum cosmology bounce.

$$ds^{2} = -dT^{2} + a^{2}(T)(dR^{2} + R^{2}d\Omega^{2}), \qquad (1)$$

where $d\Omega^2$ is the metric of the unit 2-sphere, $R \in [0, R_{boundary}]$, and a(T) is known as the scale factor. The radial comoving coordinate of the boundary of the star can be chosen to be $R_{boundary} = 1$ without loss of generality. The uniform density of the star is then $\rho = m/\frac{4}{3}\pi a^3$.

The Einstein field equations imply that a(T) satisfies the Friedmann equation. Loop quantum gravity adds a quantum correction term to this equation [34], which becomes

$$\frac{\dot{a}^2}{a^2} = \frac{8\pi G}{3} \rho \left(1 - \frac{\rho}{\rho_c} \right),\tag{2}$$

where the critical density $\rho_c = \sqrt{3}c^2/(32\pi^2\gamma^3\hbar G^2) \sim c^2/\hbar G^2$, γ being the Barbero-Immirzi parameter, is a constant with the dimension of a density and Planckian value. Equivalently, defining a constant $A = 3/(2\pi\rho_c)$, and using units in which G = c = 1 from now on, we can write

$$\dot{a}^2 = \frac{2m}{a} - \frac{Am^2}{a^4}.$$
(3)

In these units, the constant $A \sim \hbar \sim m_{Pl}^2$ has dimension of a squared mass and Planckian value. The last equation can be integrated, giving

$$a(T) = \left(\frac{9mT^2 + Am}{2}\right)^{1/3}.$$
 (4)

As shown in Fig. 1, a(T) is positive for the whole range $T \in [-\infty, \infty]$: it decreases for T < 0, reaches a minimum $a_0 = \sqrt[3]{Am/2}$ for T = 0, and then increases for T > 0. This is the characteristic bounce of loop quantum cosmology. This feature of a(T) assures us that the line element in Eq. (1) is well defined everywhere.

The coordinate T is the proper time along the comoving worldlines, hence it is also the proper time on the boundary of the star. This means that Eqs. (3) and (4) give the

evolution of the physical radius $r_b(T) = a(T)R_{\text{boundary}} = a(T)$ of the star in its own proper time, hence

$$\dot{r}_{b}^{2} = \frac{2m}{r_{b}} - \frac{Am^{2}}{r_{b}^{4}}.$$
 (5)

III. THE EXTERIOR

Where the quantum corrections are negligible, an exact solution of the Einstein field equations is given by the geometry for the star described above (with negligible A) surrounded by the Schwarzschild geometry. The Schwarzschild geometry (i) matches the geometry of the star on the star's surface [27], (ii) is spherically symmetric, and (iii) is characterized by a Killing field in addition to those related to the spherical symmetry. (This is timelike outside the horizon, where it enforces the stationarity of the exterior geometry, and spacelike inside the horizon, where the geometry is *not* stationary.) In [36], it is shown that if we do include the quantum corrections, that is $A \neq 0$, these three features are realized by the metric

$$ds^{2} = -F(r)dt^{2} + \frac{dr^{2}}{F(r)} + r^{2}d\Omega^{2},$$
 (6)

where

$$F(r) = 1 - \frac{2m}{r} + \frac{Am^2}{r^4}.$$
 (7)

This geometry is clearly spherically symmetric and admits the Killing field $\xi = \partial_t$.

A thin shell freely falling in it has the conserved quantity $E = F(r)\dot{t}$, where $E \sim 1$ if the shell starts with vanishing velocity at large distance. The normalization of its proper time gives

$$-1 = -\frac{1}{F(r)} + \frac{\dot{r}^2}{F(r)},$$
(8)

from which it follows that

$$\dot{r}^2 = \frac{2m}{r} - \frac{Am^2}{r^4},$$
(9)

which is exactly Eq. (5) (as it should be, since this equation gives the evolution of the physical radius r of the shell in its own proper time). This shows that the surface of the pressureless star is in free fall in this metric.

The exterior geometry depends on two parameters: the total mass *m* of the star and the constant $A \sim m_{\text{Pl}}^2$ characterizing the quantum correction to the Friedmann equation. If $m \gg m_{\text{Pl}}$, the last term in Eq. (7) gives a negligible correction to the Schwarzschild geometry for *r* of order *m* or larger.

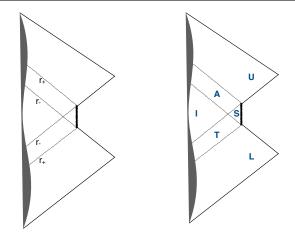


FIG. 2. Conformal diagram of the maximal extension of the spacetime representing the star and the exterior region defined by Eqs. (6) and (7).

Interestingly enough, the same exterior metric can be derived by starting from Schwarzschild spacetime and considering quantum corrections coming from loop quantum gravity [40].

Let us study this geometry. Killing horizons are defined by the vanishing of the norm of the Killing field $\xi = \partial_t$, namely by $g_{tt} = -F(r) = 0$. The investigation of the roots of F(r), which is thoroughly performed in Appendix A, shows that there are two real roots r_{\pm} , see Eq. (A20), and thus two Killing horizons. For $m \gg m_{\text{Pl}}$, that is $m^2 \gg A$,

$$r_{+} = 2m + O(A/m) \sim r_{\text{Schwarzschild}}$$
(10)

is the outer horizon of the black hole and it is located in the classical region, while

$$r_{-} = \sqrt[3]{Am/2} + O(A^{2/3}/m^{1/3}) \sim \sqrt[3]{m/m_{\rm Pl}} l_{\rm Pl} \qquad (11)$$

is an inner horizon and it is located inside the quantum region, that is the region where the spacetime curvature has Planckian size. A direct study of the metric in Eqs. (6) and (7) shows that $r = r_{\pm}$ are also apparent horizons. That is, they separate trapped, nontrapped, and antitrapped regions.

Studying the geodesics of the spacetime it is easy to see that the coordinate t diverges on all these horizons. The metric, however, is regular on them and it can be extended past them. This extension follows closely the extension of the Reissner-Nordström metric and it will be performed shortly. The spacetime resulting from the maximal extension of the metric is represented in the Penrose diagram in Fig. 2. The spacetime comprises several regions separated by the horizons:

(i) There are two asymptotic regions, a "lower" region *L* bounded by a lower outer horizon and an "upper" region *U* bounded by an upper outer horizon, where $r > r_+$.

- (ii) There is a trapped region *T* and an antitrapped region *A* where $r_{-} < r < r_{+}$.
- (iii) There are two interior nontrapped regions; one inner region I next to the star's bounce where $r_b(\tau) < r < r_-$, $r_b(\tau)$ being the wordline of the star's boundary satisfying Eq. (9), and an interior region S bounded by a timelike singularity where $0 < r < r_-$.

The bounce of the star takes place in the nontrapped interior region I bounded by the two inner horizons. As mentioned, this is consistent with the analysis of matter collapse in [12].

The coordinate system (t, r) separately covers each of the six regions represented in Fig. 2. In order to maximally extend the metric in Eqs. (6) and (7) we can proceed as follows. The metric can be trivially rewritten as

$$ds^{2} = F(r) \left(-dt^{2} + \frac{dr^{2}}{F^{2}(r)} \right) + r^{2} d\Omega^{2}, \qquad (12)$$

which suggests to introduce a generalized tortoise coordinate r_* satisfying

$$\mathrm{d}r_* = \frac{\mathrm{d}r}{F(r)}.\tag{13}$$

The integration of this differential equation is performed in Appendix B and the analytical expression of $r_*(r)$ can be found in Eq. (B12). The function $r_*(r)$ is separately well defined in each of the six regions represented in Fig. 2, but it diverges logarithmically on the horizons. By substituting Eq. (13) in Eq. (12) we get

$$ds^{2} = F(r(r_{*}))(-dt^{2} + dr_{*}^{2}) + r^{2}d\Omega^{2}, \qquad (14)$$

which allows us to introduce the null coordinates

$$u = r_*(r) - t,$$
 (15)

$$v = r_*(r) + t, \tag{16}$$

in terms of which the metric reads

$$\mathrm{d}s^2 = F(r(u,v))\mathrm{d}u\mathrm{d}v + r^2(u,v)\mathrm{d}\Omega^2. \tag{17}$$

The function r(u, v) is implicitly defined by

$$2r_*(r) = v + u.$$
 (18)

The sign of the coordinate u defined here is the inverse of the one normally used in the literature. This convention much simplifies later formulas.

The new coordinates u and v diverge respectively on the two upper horizons and the two lower horizons, so the coordinate system (u, v) is still ill defined on every horizon,

thus preventing any extension of the spacetime. We can, however, use the coordinate system (v, r), whose metric reads

$$\mathrm{d}s^2 = -F(r)\mathrm{d}v^2 + 2\mathrm{d}v\mathrm{d}r + r^2\mathrm{d}\Omega^2, \qquad (19)$$

to cover in a single patch either regions L, T, I or regions S, A or region U, and the coordinate system (u, r), whose metric reads

$$\mathrm{d}s^2 = -F(r)\mathrm{d}u^2 + 2\mathrm{d}u\mathrm{d}r + r^2\mathrm{d}\Omega^2, \qquad (20)$$

to cover in a single patch either regions U, A, I or regions S, T or region L. This allows all these regions to be glued as in Fig. 2 and shows that they define together the maximal extension of the spacetime.

It is convenient to choose v = 0 as the advanced time in which the star's boundary enters the lower outer horizon r_+ and u = 0 as the retarded time in which the star's boundary exits the upper outer horizon r_+ . That is, the origin of the advanced time in L is determined by the moment the star collapses into its own outer horizon forming a black hole and the origin of the retarded time in U is determined by the moment the star emerges from its own outer horizon ending the white hole.

There is a subtle but important fact to consider. The function $r_*(r)$ does not enter the definition of the metrics of the two patches in Eqs. (19) and (20). However, it enters the coordinate transformation on the overlap,

$$u = 2r_*(r) - v. (21)$$

The integral $r_*(r)$ of Eq. (13) depends on an integration constant which can be fixed by selecting r_* at some location [see Eq. (B12)]. The integral, however, diverges on the two (real) zeros of F(r), namely on the two horizons. Hence so does r_* . We can therefore define $r_*(r)$ in different patches across horizons, but we must remember that doing so adds a distinct constant in each patch. That is, r is defined globally, but $r_*(r)$ is defined up to a constant in each patch. This will play a key role below.

IV. THE HORIZON TUNNELING

The spacetime represented in Fig. 2 cannot be a realistic approximation of the dynamics of a black hole, because as soon as the Hawking evaporation process is taken into account, the lifetime of the black hole as seen from the lower asymptotic region L becomes finite. This is incompatible with the geometry of Fig. 2, where this lifetime is infinite.

The dynamics of the horizon at the end of the evaporation is governed by quantum gravity. Here, following [20–26], we consider the possibility that there is a nonvanishing probability for the geometry around the black hole horizon to tunnel into the geometry around white hole horizons, via a local process within a single asymptotic region.

We do not compute the probability for this transition (for steps in this direction, see [22,24,25].) Analogy with nonrelativistic quantum tunneling suggests that the tunneling probability could be of the order of $\exp\{-m^2/\hbar G\} = \exp\{-m^2/m_{\text{Plank}}^2\}$. If so, the transition probability is suppressed until the very last phases of the evaporation, where $m \sim m_{\text{Plank}}$, and the tunneling physics we specify below describes the tunneling geometry at the end of the evaporation. If instead the transition probability is not so suppressed at larger *m*, the tunneling may happen earlier (a heuristic argument in favor of a shorter timescale is given in [20,41]).

Notice, however, that even if we entirely disregard the Hawking radiation and the consequent decrease of *m* with time, any nonzero transition probability implies *anyway* that sooner or later the tunneling happens, because small probabilities pile up with time, as in ordinary radioactivity. Thus the inclusion of the evaporation process in the analysis should not alter the resulting qualitative picture. The tunneling we describe below can happen in any case, unless it is forbidden by something that at present we cannot see. Hence below we neglect the Hawking radiation and we make no assumption about the transition amplitude, which can be arbitrary small. We will see below which parameter of the resulting geometry depends on this quantum transition amplitude.

In this section we construct the spacetime describing the horizon tunneling. We do so starting from the maximally extended spacetime in Fig. 2, cutting away a part of it, inserting a new spacetime region and gluing some resulting boundaries. We start by excising a part of the maximally extended spacetime described above.

Fix three constants r_{α} , r_{β} , and r_{δ} with the dimension of a length and satisfying $r_{\alpha} < r_{-} < r_{+} < r_{\delta} < r_{\beta}$. We shall also use $\delta \equiv r_{\delta} - r_{+} > 0$. The geometry we are going to define is thus based on these four parameters in natural units: $m, r_{\alpha}, r_{\beta}, r_{\delta}$ (plus $A \sim m_{\text{Pl}}^2 = \hbar G$ that determines a scale). We are particularly interested in the regime where r_{α} is close to r_{-} , and r_{β} (and so r_{δ}) is close to r_{+} .

In region *I*, consider the t = constant surface containing the bounce point of the star (see Fig. 3). On this surface, let α be the point with radial coordinate r_{α} (the first of the parameters for the geometry we are constructing). Let v_{α} be the advanced time of α . This is going to be the advanced time at which the horizon transition begins.

It is a simple exercise to express v_{α} as a function of r_{α} . First, we have to determine the advanced time v_b of the bounce point of the star. This can be determined from a standard calculation in general relativity and it is of order *m*. The *t* coordinate of the star's bounce is then, from Eq. (16),

$$t = v_b - r_*(r_b), (22)$$

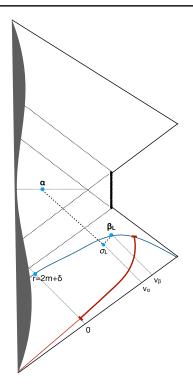


FIG. 3. The points (2-spheres) α , β_L , σ_L . In blue, the surface t = 0 and its intersection with v = 0. In red, the worldline of an observer at a constant distance.

and since α is on the same t surface, we also have

$$t = v_{\alpha} - r_*(r_{\alpha}). \tag{23}$$

The two relations imply

$$v_{\alpha} = v_b + r_*(r_{\alpha}) - r_*(r_b),$$
 (24)

which does not depend on the undetermined integration constant of $r_*(r)$ in *I*. If r_{α} approaches r_- , the advanced time v_{α} can be arbitrarily long, as r_* diverges in r_- . We are particularly interested in this regime, where the time from the collapse of the star to the onset of the horizon tunneling can be arbitrarily long. The radial coordinate r_{α} is going to be the maximum radius on the t = constant surface inregion *I* for which the metric constructed in Sec. III is a good approximation of the spacetime of a black hole.

Next, observe that all constant-*t* time surfaces in the *L* region intersect the line v = 0 outside the outer horizon. (Recall that v = 0 is the advanced time of the point where the boundary of the star enters the outer horizon.) We insist on this detail because it is a counterintuitive feature of classical general relativity. The later the time *t*, the closer to the horizon the constant-*t* surface intersects v = 0. Consider the constant time surface that intersects v = 0 at the radius $r_{\delta} = r_{+} + \delta$ (the second of the parameters that we introduce). An arbitrarily small δ determines an

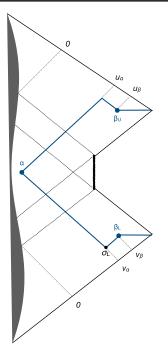


FIG. 4. The blue line is the boundary of the region that is excised, because it is not a good approximation of the spacetime of a physical black hole. The two horizontal portions of the blue line are identified; the excised region is replaced by a nonsingular geometry.

arbitrarily late t. (Later on, this time t will determine the reflection surface under time inversion.)

Without loss of generality, we can call this surface t = 0, because this simply amounts to fixing once and for all the integration constant of $r_*(r)$ in region *L*, and represent it in a conformal diagram as in Fig. 4. Explicitly, the intersection has coordinates v = t = 0 and $r \sim 2m + \delta$. Therefore Eq. (16) fixes $r_*(r_{\delta}) = 0$.

Consider then the point β_L with radius r_β (the third parameter we introduce) on the t = 0 surface. Let v_β be its advanced time. We assume that the constants we have introduced are such that $v_\beta > v_\alpha$. (Given r_α and r_β , this is always possible by taking δ small enough). We are particularly interested in the regime in which r_β is close to r_+ . Since $r_\beta > r_\delta = 2m + \delta > r_+$, this means that δ must be small. Let σ_L be the intersection of the past outgoing null geodesic originating in β_L and the past ingoing null geodesic originating in α . These null geodesics are represented as dashed lines in Fig. 3 and as blue lines in Fig. 4.

The above construction in the regions L, T, I can be repeated symmetrically in the upper regions U, A, I. See Fig. 4. By symmetry, the retarded time coordinate u of α in the upper region is $u_{\alpha} = v_{\alpha}$. We consider a constant-tsurface in the upper region U as well, which we can call t = 0 by fixing the integration constant of $r_*(r)$ in region U, and a point β_U with radius r_{β} . Its retarded time is $u_{\beta} = v_{\beta}$.

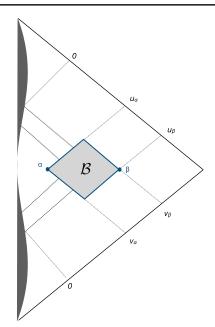


FIG. 5. Conformal diagram of the black-to-white hole spacetime.

With these definitions in place, we now come to the key point of the construction. We excise from the spacetime the entire region surrounded by the blue line in Fig. 4. We identify β_L with β_U and the $(t = 0, r > r_\beta)$ surface in the lower asymptotic region with the $(t = 0, r > r_\beta)$ surface in the upper asymptotic region. The gluing is possible, since these are isometric surfaces with vanishing extrinsic curvature in the two isometric outer regions. Call \mathcal{B} the spacetime diamond defined by α and $\beta \equiv \beta_L = \beta_U$ and discard any previous information about the metric inside \mathcal{B} . The resulting spacetime is the black-to-white hole spacetime we were looking for and it has the Penrose diagram depicted in Fig. 5.

The geometry outside the \mathcal{B} region depicted in Fig. 5 is everywhere locally isomorphic to the geometry in the exterior of the blue lines depicted in Fig. 4, but the two are not globally isomorphic. The interior region *S* bounded by a timelike singularity discovered in the spacetime constructed in Sec. III is not present in the black-to-white hole spacetime. There is a unique asymptotic region in the exterior of both the black and white hole. As we shall see below, a nonsingular metric can be assigned to the region \mathcal{B} . This will be done below, in Sec. VII.

V. PHYSICAL INTERPRETATION AND LARGE-SCALE GEOMETRY

Let us pause to discuss the physical interpretation and the logic of this construction and of the new parameters introduced. The advanced time v_{α} is the time at which the horizon transition is triggered. The radial coordinate r_{α} , which is uniquely specified by v_{α} and vice versa, is the

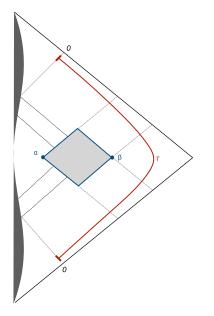


FIG. 6. In red, the worldline of an observer moving at a constant distance $R \gg 2m$.

maximum radius on the t = constant surface in region I containing the bounce point of the star for which the metric constructed in Sec. III is a good approximation of the spacetime of a black hole. The radial coordinate r_{σ} is the maximum radius on the $v = v_{\alpha}$ surface for which the quantum physics of the horizons is non-negligible. The metric constructed in Sec. III is not a good approximation of the spacetime of a black hole in the future light cone of σ_L , because it neglects the possibility of tunneling. Furthermore, since the black-to-white hole spacetime has a unique asymptotic region, the metric constructed in Sec. III must not be a good approximation of the spacetime of a real black hole also in the future of some surface reaching spacelike infinity in the lower region L. This is the t = 0surface identified by δ which intersects the outgoing component of the future light cone of σ_L in β_L . The radius r_{σ} is completely specified once r_{α} and r_{β} are given.

Let us now consider the features of this geometry that can be measured at large radius. At first sight, since the geometry at a large distance from the hole is the Schwarzschild geometry, one might think that the only parameter measurable at large distance is the mass m, but this is wrong.

Consider an observer that remains at distance $R \gg 2m$ from the hole. Consider their proper time *T* between their v = 0 advanced time and their u = 0 retarded time (that is, from the advanced time in which the star enters its horizon and the retarded time in which the star exits it). Their worldline is shown in red in Fig. 6. By symmetry, *T* is twice the proper time along this worldline between the v = 0advanced time and the t = 0 surface, namely the proper time of the worldline in red in Fig. 3. This is approximately (minus) the *t* coordinate t_R of the observer at v = 0, that is

$$T/2 \sim -t_R = r_*(R) - v = r_*(R).$$
 (25)

For $R \gg m \gg m_{\rm Pl}$, recalling that we have fixed $r_*(r_{\delta}) = 0$, we have

$$r_*(R) \sim R + 2m \ln(R - 2m) - 2m \ln \delta.$$
 (26)

Using this,

$$T \sim 2R + 4m\ln(R - 2m) - 4m\ln\delta.$$
 (27)

The first two terms of this expression depend on R. Not so the last term

$$\mathcal{T} \equiv -4m\ln\delta. \tag{28}$$

This is independent from the observer and is *large* and *positive* when δ is small. This means that δ can be measured by comparing the proper times of two distant observers.

Let us see this more explicitly, since it is a key point. The first term in Eq. (27), namely 2*R*, is the travel time of light from an observer at radius *R* to the center and back, in flat spacetime. The second (logarithmic) term is a relativistic correction to this travel time in the Schwarzschild geometry. This can be seen by comparing *T* with the corresponding proper time *T'* of a second distant observer at a constant radius *R'* satisfying $R \gg R' \gg 2m$. The difference of these proper times is

$$T - T' \sim 2R - 2R' + 2m \ln(R - 2m) - 2m \ln(R' - 2m)$$

$$\sim R + 2m \ln(R - 2m), \tag{29}$$

which shows that the first two terms in Eq. (27) simply account for the back- and forward travel time of light and they are not related to the actual lifetime of the hole.

The quantity \mathcal{T} is therefore a parameter that can be measured from a distance and characterizes the intrinsic duration of the full process of formation of the black hole, tunneling into a white hole and dissipation of the white hole. We can therefore properly call the quantity \mathcal{T} the duration of the bounce or "bounce time." We have thus found the geometrical interpretation of δ in terms of the total bounce time \mathcal{T} ,

$$\delta = e^{-\frac{T}{4m}}.\tag{30}$$

Notice that δ , unlike r_{α} and r_{β} and in spite of being small, is a macroscopic parameter. Namely it is a parameter of the global geometry that can be determined by measurements at large distance from the hole. The gluing of the upper and lower regions in Fig. 4 introduces this global parameter, in the same manner in which gluing two portions of flat space can introduce the radius of a cylinder: a global parameter not determined by the local geometry. The two other parameters r_{α} and r_{β} determine only the location of the \mathcal{B} region, without affecting the observations at large distance. Large distance observations are therefore determined by two parameters only: the mass *m* of the star and δ or the bounce time $\mathcal{T} = -4m \ln \delta$.

VI. GLOBAL COORDINATES

Using Eqs. (16)–(18) the v coordinate can be defined everywhere except for the region specified by $v \in [v_{\alpha}, v_{\beta}]$ and $u \in [u_{\text{star}}(v), u_{\alpha}]$, where $u_{\text{star}}(v)$ represents the wordline of the boundary of the star in (u, v) coordinates. This region is depicted in red in Fig. 7. If we continue the v coordinate into this red region, it diverges on the two horizons. Similarly, the u coordinate is well defined everywhere except for the region specified by $u \in [u_{\alpha}, u_{\beta}]$ and $v \in [v_{\text{star}}(u), v_{\alpha}]$, represented in blue in Fig. 7.

In this section we define well-behaved global coordinates outside region \mathcal{B} (and outside the star). This will allow us to write a regular and singularity-free metric in region \mathcal{B} in the next section.

Starting from the coordinate v, introduce a smooth function f(v) such that f(v) = v for $v < v_{\alpha}$ and $v > v_{\beta}$, while for $v \in [v_{\alpha}, v_{\beta}]$ the function f(v) ranges in $[v_{\alpha}, \infty] \cup [\infty, -\infty] \cup [-\infty, v_{\beta}]$, diverging logarithmically in two points, that we call v_{+} and v_{-} . Specifically, let

$$f(v) = v + R(v), \tag{31}$$

where R(v) = 0 outside the interval $v \in [v_{\alpha}, v_{\beta}]$, and in this interval is defined as

$$R(v) = 2h(v)(c_{+}\log|v - v_{+}| + c_{-}\log|v - v_{-}|), \qquad (32)$$

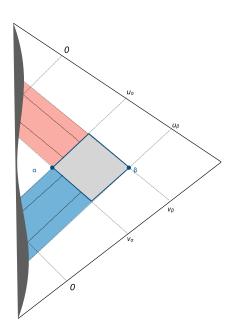


FIG. 7. In red, the region defined by $v \in [v_{\alpha}, v_{\beta}]$ and $u \in [u_{\text{star}}(v), u_{\alpha}]$. In blue, the region defined by $u \in [u_{\alpha}, u_{\beta}]$ and $v \in [v_{\text{star}}(u), v_{\alpha}]$.

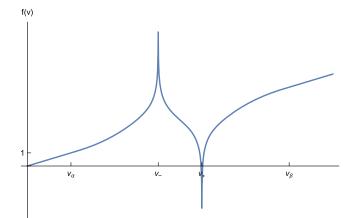


FIG. 8. The function f(v) defined in Eqs. (31) and (32).

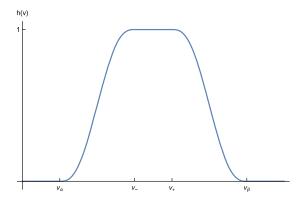


FIG. 9. The interpolating function h(v) defined in footnote 1.

with $v_{\alpha} < v_{-} < v_{+} < v_{\beta}$ and $c_{\pm} = 1/F'(r_{\pm})$. [The constants c_{\pm} multiply the divergent logarithms in the expression of $r_{*}(r)$ in Eq. (B12).] The function h(v) can be chosen to be any function that interpolates smoothly between $h(v_{\alpha}) = h(v_{\beta}) = 0$ and $h(v_{-}) = h(v_{+}) = 1$ and has vanishing derivatives up to an arbitrary order *n* in these four points.¹ See Figs. 8 and 9.

We then define a new v coordinate in the red region by

$$f(v) = 2r_*(r) - u,$$
 (33)

instead of Eq. (16). The coordinate v defined in this way covers the red region in its range $v \in [v_{\alpha}, v_{\beta}]$ and matches with the v coordinate defined elsewhere. Notice that $(2r_*(r) - u)$ diverges on the horizons, but v, so defined, does not: on the horizons it takes the finite values v_- and v_+ . Hence u and (this newly defined) v are finite

¹A simple example is h(v) = 0 for $v < v_{\alpha}$ and $v > v_{\beta}$, h(v) = 1 for $v \in [v_{-}, v_{+}]$, $h(v) = S_n((v - v_{\alpha})/(v_{-} - v_{\alpha}))$ for $h \in [v_{\alpha}, v_{-}]$, and $h(v) = 1 - S_n((v - v_{+})/(v_{\beta} - v_{+}))$ for $v \in [v_{+}, v_{\beta}]$, where $S_n(x)$ is the *n*th order "smooth step" function that interpolates between $S_n(0) = 0$ and $S_n(1) = 1$, with vanishing derivatives up to order *n* at x = 0 and x = 1 [42]. For instance, $S_2(x) = 6x^5 - 15x^4 + 10x^3$.

continuous coordinates in the red region. For v to be a good coordinate for the region, we also need to check that the metric is well defined there. This can be done as follows.

The line element in the red region reads

$$ds^{2} = F(r(u, v))f'(v)dudv + r^{2}(u, v)d\Omega^{2}.$$
 (34)

Near the horizon $r = r_{\pm}$ the function F(r) has a zero of the form $r - r_{\pm}$ while f'(v) diverges as the derivative of the logarithm, namely $1/(v - v_{\pm})$. In particular, the g_{uv} component of the metric behaves as

$$g_{uv} = \frac{F(r)f'(v)}{2} \sim \frac{r - r_{\pm}}{v - v_{\pm}}$$
(35)

near the horizon $r = r_{\pm}$. Let us now study the transformation in Eq. (33) around the horizons. For $r \sim r_{\pm}$, Eq. (B12) gives

$$r_*(r) \sim c_{\pm} \log |r - r_{\pm}| + \mu_1,$$
 (36)

with

$$\mu_{1} = r_{\pm} + c_{\mp} \log |r_{\pm} - r_{\mp}| + \frac{c_{1}}{2} \log(r_{\pm}^{2} + ar_{\pm} + b) + \frac{(2c_{1}/c_{2} - a)}{\sqrt{b - a^{2}/4}} \tan^{-1} \left(\frac{r_{\pm} + a/2}{\sqrt{b - a^{2}/4}}\right) + K.$$
(37)

If $v \sim v_{\pm}$, then Eqs. (31) and (32) give

$$f(v) \sim 2c_{\pm} \log |v - v_{\pm}| + \mu_2,$$
 (38)

with

$$\mu_2 = c_{\mp} \log |v_{\pm} - v_{\mp}|. \tag{39}$$

This means that near the horizon $r = r_{\pm}$ Eq. (33) reads

$$2c_{\pm} \log |v - v_{\pm}| + \mu_2 - 2c_{\pm} \log |r - r_{\pm}| - 2\mu_1 \sim u, \quad (40)$$

namely

$$\frac{r - r_{\pm}}{v - v_{\pm}} \sim e^{\frac{-2\mu_1 - \mu_2}{2c_{\pm}}} e^{-\frac{u}{2c_{\pm}}}.$$
(41)

The metric component g_{uv} , and so the complete metric, is thus well behaved around the horizons.

The same construction can be performed in the symmetric blue region. Given the values $u_{\pm} \equiv v_{\pm}$, and remembering that $u_{\alpha} = v_{\alpha}$ and $u_{\beta} = v_{\beta}$ by construction, we define a new *u* coordinate in the blue region by

$$f(u) = 2r_*(r) - v, (42)$$

where the function f is given in Eqs. (31) and (32). The coordinate u defined in this way covers the blue region in

its range $u \in [u_{\alpha}, u_{\beta}]$ and matches with the *u* coordinate defined elsewhere. The line element in the blue region reads

$$ds^{2} = F(r(u, v))f'(u)dudv + r^{2}(u, v)d\Omega^{2}$$
(43)

and it is well behaved everywhere. This completes the construction of a global coordinate chart for the black-to-white hole spacetime.

Summarizing, the line element is

$$\mathrm{d}s^2 = g(u,v)\mathrm{d}u\mathrm{d}v + r^2(u,v)\mathrm{d}\Omega^2. \tag{44}$$

In the white regions of Fig. 7, namely where

$$u \in [u_{\beta}, +\infty), \qquad v \in [v_{\text{star}}(u), +\infty),$$
 (45)

$$u \in [u_{\text{star}}(v), +\infty), \qquad v \in [v_{\beta}, +\infty),$$
(46)

$$u \in [u_{\text{star}}(v_{\alpha}), u_{\alpha}], \quad v \in [v_{\text{star}}(u), v_{\alpha}], \quad (47)$$

we have

$$g(u, v) = F(r(u, v)),$$
 (48)

and the radius r(u, v) is implicitly given by

$$2r_*(r) = v + u. (49)$$

In the red region specified by

$$u \in [u_{\text{star}}(v), u_{\alpha}], \qquad v \in [v_{\alpha}, v_{\beta}], \tag{50}$$

we have

$$g(u, v) = F(r(u, v))f'(v),$$
 (51)

and the radius r(u, v) is implicitly given by

$$2r_*(r) = f(v) + u = v + u + R(v).$$
(52)

In the blue region specified by

$$u \in [u_{\alpha}, u_{\beta}], \quad v \in [v_{\text{star}}(u), v_{\alpha}],$$
 (53)

we have

$$g(u, v) = F(r(u, v))f'(u),$$
 (54)

and the radius r(u, v) is implicitly given by

$$2r_*(r) = v + f(u) = v + u + R(u).$$
(55)

This metric is well behaved everywhere and, thanks to the interpolating function h in Eq. (32), it joins regularly (up to an arbitrary order n) at the boundaries of the red and blue regions.

VII. AN EFFECTIVE METRIC IN THE B REGION

Can the \mathcal{B} region be filled with an effective Lorentzian metric that joins regularly with the exterior metric at their boundary? To show that the answer is affirmative, let us now construct one such metric.

We can write the metric constructed in the last section in a more compact form by choosing a regular-enough function S(x) such that S(x) = 1 for $x < v_{\alpha}$, S(x) = 0for $x > v_{\beta}$ and S(x) interpolates between these two values in $x \in [v_{\alpha}, v_{\beta}]$. For instance,

$$S(x) = 1 - S_n((x - v_{\alpha})/(v_{\beta} - v_{\alpha}))$$
(56)

in $x \in [v_{\alpha}, v_{\beta}]$, where $S_n(x)$ is the *n*th order smooth step function mentioned in footnote 1. The function S(x) is represented in Fig. 10. This allows us to write compactly [see Eq. (44)]

$$g(u, v) = F(r(u, v))f(u, v),$$
 (57)

where

$$f(u,v) = (1 + S(u)R'(v))(1 + S(v)R'(u)), \quad (58)$$

and r(u, v) is implicitly defined by

$$2r_*(r) = v + u + S(u)R(v) + S(v)R(u).$$
 (59)

The interpolating function S(x), so far, serves only to simplify notation: it does not actually affect the metric, which for the moment does not regard the \mathcal{B} region, defined by

$$u \in [u_{\alpha}, u_{\beta}], \qquad v \in [v_{\alpha}, v_{\beta}]. \tag{60}$$

It is now easy to perform the standard conformal transformation $u = \tan U$, $v = \tan V$ to bring the coordinates in a finite and compact domain, but we do not do this

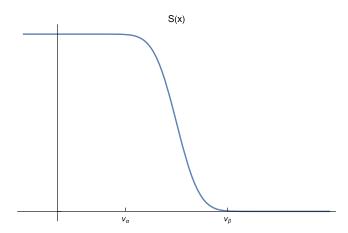


FIG. 10. The interpolating function S(x) defined in Eq. (56).

explicitly. The coordinates (U, V) are those in which all the Penrose diagrams of this article are drawn.

To extend the metric to the \mathcal{B} region, the idea is to extend Eqs. (44) and (57)–(59) to the \mathcal{B} region. The global coordinate system (u, v) constructed in the last section extends naturally to this region, because the coordinate intervals are the same on the opposite sides of the diamond boundary of the \mathcal{B} region. Furthermore, thanks to the properties of the function R, it is easy to show that the functions f(u, v) and r(u, v) defined on the whole blackto-white hole spacetime (outside the star) joins regularly (up to an arbitrary order n) at the boundary of the region \mathcal{B} .

Equations (44), (57), and (58) can then be used to extend the metric to the complete black-to-white hole spacetime outside the star, thus providing an (arbitrary) effective Lorentzian metric describing the interior of the region \mathcal{B} .

VIII. HORIZONS

Finally, we study the structure of the horizons defined by the Lorentzian metric we have constructed in region \mathcal{B} .

There are no event horizons: the past of future null infinity is the entire spacetime.

There are no global Killing horizons. This is due to the fact that the local Killing symmetry is broken in the \mathcal{B} region (and in the star). This can be shown as follows. The norm $|\xi|$ of a Killing field ξ is conserved along its own integral lines because the Lie derivative $\mathcal{L}_{\xi}[\xi] = \mathcal{L}_{\xi}(g_{ab}\xi^a\xi^b)$ vanishes, as the Lie derivative of each factor does. Take one of the Killing horizons outside region \mathcal{B} , say $u = u_{\pm}$. It is a null integral line of the Killing field. If the Killing symmetry was respected in \mathcal{B} , its integral line would remain null. So, it would follow the null geodetic. The null geodetic is u = constant, so the Killing horizon \mathcal{B} . But it does not. Hence, the Killing symmetry is broken inside the \mathcal{B} region and there is no global Killing horizon.²

This is comprehensible physically: what happens inside the \mathcal{B} region is a quantum tunneling, and a tunneling breaks stationarity. This, by the way, is why calculations that impose a global Killing symmetry outside the star miss the possibility of the tunneling.

The horizons in the red and blue regions are, however, not only local Killing horizons, but also apparent horizons. That is, they separate trapped, nontrapped, and antitrapped regions. These regions can be characterized by the causal character of the r = constant surfaces, which are timelike in the nontrapped regions and spacelike in the trapped and antitrapped regions. By continuity, the apparent horizons must continue inside the \mathcal{B} region. How?

The qualitative way they continue inside \mathcal{B} follows from a topological consideration. The overall spacetime is symmetric under a past \leftrightarrow future flip. Call Σ_0 the u = v

²We thank Alejandro Perez for pointing this out.

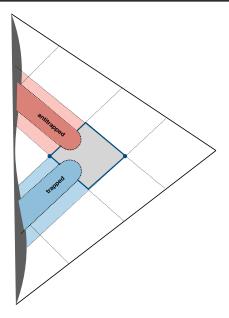


FIG. 11. One of the possible qualitative behaviors of the apparent horizons.

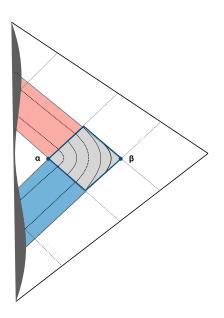


FIG. 12. One of the possible qualitative behaviors of the surfaces of equal radius.

reflection surface. By reflection symmetry, the r = constant surfaces can only be either parallel or orthogonal to Σ_0 . Outside region \mathcal{B} they are clearly orthogonal to Σ_0 , both in the asymptotic exterior region and in the interior region where the star's bounce takes place. By continuity, since the r = constant surfaces cannot jump from orthogonal to parallel to Σ_0 , they must be (almost) everywhere orthogonal to Σ_0 , also inside region \mathcal{B} . Given that only timelike surfaces can be orthogonal to Σ_0 , the internal nontrapped region is expected to be connected to the external one through the region \mathcal{B} . A possible way for

this to happen is that the apparent horizons qualitatively behave as in Fig. 11, making sure that the trapped and antitrapped regions are compact and do not share a finite boundary. The surfaces of constant radius would then have the qualitative form represented in Fig. 12.

Other possible topological structures for the constantradius surfaces and for the trapped and antitrapped regions can result from different choices of the interpolating metric and in particular distinct relative values of the parameters $v_{\alpha} < v_{-} < v_{+} < v_{\beta}$. Given that the metric in \mathcal{B} may be highly dynamical, there are possibly other compact trapped/antitrapped regions created in \mathcal{B} in addition to the ones shown in Fig. 11.

IX. CONCLUSIONS

We have constructed a spacetime geometry that describes the collapse of a spherically symmetric pressureless star, the subsequent formation of a black hole, the bounce of the star, the quantum transition of the black hole into a white hole, and the final expansion of the star out of the white hole. The entire geometry outside the star is given in a single global null coordinate patch. The metric satisfies the Einstein field equations at a distance from the quantum transition region. If the mass of the star is large compared to the Planck mass, this classical region includes a large portion of the interior of the black and the white holes.

The geometry of the classical region is determined by two parameters: the mass m of the star and the global duration \mathcal{T} of the process, from the collapse of the star to its emersion from the white hole. The duration \mathcal{T} can be determined by measurements at large distance from the hole. Since this duration is not determined by the initial conditions and the classical Einstein field equations, it must be determined (probabilistically) by the quantum theory as a function of m and \hbar , like the lifetime in radioactive decay. A quantum theory of gravity must provide the probability distribution of \mathcal{T} as a function of m [22,24,25]. In the classical limit, $\mathcal{T} \to \infty$ and black holes are eternal.

The geometry of the full spacetime depends also on microscopic parameters relating to quantum gravity effects but not affecting the observation at large distance. Two of these parameters, r_{α} and r_{β} , determine the location and the size of the horizon tunneling region \mathcal{B} . These two parameters are not, however, the only microscopic parameters determining the geometry in \mathcal{B} . The latter depends also e.g. on the arbitrarily chosen interpolating function S(v). Although this geometry depends on some choices, it is still remarkable that there exists a regular metric in \mathcal{B} , given that this region was a mystery in the earlier studies of the black-to-white hole transition.

The regular metric that interpolates the geometry within the horizon tunneling region that we have constructed is sensitive to short-distance quantum gravity effects. This is only a proof of existence: uniqueness is beyond the scope of this paper. It could be interesting to better understand the metric in this region in terms of effective equations that could fix the ambiguity. Still, getting a sense of the size of this tunneling region may be interesting. This can be done for instance by computing the length of the spacelike curve u = v from r_{α} to r_{β} and the proper time along the other formal diagonal of the diamond. We leave this as an exercise to the reader. On the other hand, the size and shape of the boundary of the region \mathcal{B} are crucial for the quantum calculation of the transition amplitude [22,24,25].

Although no dynamical equations are involved for constructing the geometry outside the star, the existence of the regular metric of the entire spacetime and, in particular, of region \mathcal{B} suggests that certain effective dynamics of spherical symmetric quantum gravity should be able to derive the geometry from first principles (see e.g. [6,8,13,14,17,31,43–45] for some recent progress on the effective dynamics of spherical symmetric black hole).

The metric we have constructed has much in common with the Reissner-Nordström and Kerr metrics, with the fundamental difference that it avoids all singularities of those geometries. See also [26]. Importantly, it also avoids the Cauchy horizon instability of these metrics [46–49]: no observer crossing the inner horizon receives an infinitely blueshifted energy from outside the hole.³

We have neglected Hawking radiation under the assumption that its effects are negligible in a first approximation of the phenomenon. If we take the Hawking radiation into account the relevant mass for the phenomenon is not the initial mass m_0 of the star anymore, but the actual shrinking mass *m* of the evaporating hole, determined by the horizon area, because the tunneling of the horizons is a phenomenon regarding the local geometry of the horizons. In a realistic black hole, the accumulation of quantum effects trying to trigger the horizon transition and the Hawking evaporation happen at the same time. The geometry described here must then be corrected to account for the earlier evaporation phase and the fact that the size of the interior of the hole is determined by its age and not by the area of the horizon [50,51]. Therefore we expect only the tunneling region of the geometry described here to be relevant for a realistic situation, not the long-term evolution. We nevertheless expect the two main large-scale parameters to remain key observables at large distance in general.

It is reasonable to expect that the closer is the shrinking mass m to the Planckian value, the more probable is the horizon transition to be triggered. For a macroscopic black hole of initial mass m_0 it takes a time of the order m_0^3 for the mass m to reach a Planckian value and therefore for the probability of the transition to be of order unity. In this scenario the lifetime of the black hole would thus be long. Furthermore, the resulting white hole would be of Planckian size and it may not suffer the

Eardley instability [52], being stabilized by quantum gravity as discussed in [53], opening an intriguing potential connection with dark matter. This is possible because most of the energy of the black hole is emitted via the Hawking radiation before the horizon transition, while the information can remain trapped inside the hole and be emitted slowly during the long life of the white hole [54–57].

Finally, notice that the effective metric described here differs from the model previously studied by one of the authors (C. R.), because the trapped and the antitrapped regions are not contiguous. The overall scenario considered is compatible with all reasonable constraints that known physics arguably sets on the evolution of realistic black holes: Hawking evaporation, conservation of information, no need of a different asymptotic region, no singularity, and validity of the Einstein field equations in the low curvature region. Furthermore, although the geometry outside the star is not derived from any existing effective model of black holes, it provides some guides to the effective models by the intriguing physical properties demonstrated in this paper. As a future perspective, it would be interesting to see if the results obtained could connect to the effective dynamics in loop quantum gravity, especially the one [14] recently proposed by one of the authors (M. H.).

ACKNOWLEDGMENTS

The authors thank Francesca Vidotto, Edward Wilson-Ewing, Viqar Husain, Hongguang Liu, Cong Zhang, Simone Speziale, and Alejandro Perez for useful exchanges. This research was made possible thanks to the project on the Quantum Information Structure of Spacetime (QISS) supported by the John Templeton Foundation (JFT) Grant No. 61466. M. H. receives support from the National Science Foundation through Grants No. PHY-1912278 and No. PHY-2207763, and the sponsorship provided by the Alexander von Humboldt Foundation. In addition, M.H. acknowledges IQG at FAU Erlangen-Nürnberg, IGC at Penn State University, Perimeter Institute for Theoretical Institute, and University of Western Ontario for the hospitality during his visits. C. R. acknowledges support by the Perimeter Institute for Theoretical Physics through its distinguished research chair program. Research at Perimeter Institute is supported by the Government of Canada through Industry Canada and by the Province of Ontario through the Ministry of Economic Development and Innovation. The work of F.S. at Western University is supported by the Natural Science and Engineering Council of Canada (NSERC) through the Discovery Grant "Loop Quantum Gravity: From Computation to Phenomenology." A special thanks to the quantum gravity group at Western University, where this research was done.

 $^{^{3}}$ We thank Cong Zhang for a discussion on this point. The issue is also discussed in [26].

APPENDIX A: ZEROS OF F(r)

We want to find the zeros of the function

$$F(r) = 1 - \frac{2m}{r} + \frac{Am^2}{r^4}$$
 (A1)

with *A* being a constant with dimensions of a squared mass and satisfying $A \ll m^2$. Finding the zeros of F(r) is equivalent to finding the roots of the fourth-degree equation

$$r^4 - 2mr^3 + Am^2 = 0. (A2)$$

Although the exact solutions to this problem are known, their expression is too complicated to be of any help in our analysis. Instead, we want to study these solutions perturbatively in the small parameter *A*.

To rigorously treat Eq. (A2) as a perturbation problem in a small dimensionless parameter, let x = r/m, such that the equation to solve becomes

$$x^4 - 2x^3 + \varepsilon = 0, \tag{A3}$$

where $\varepsilon := A/m^2 \ll 1$. The unperturbed equation

$$x^4 - 2x^3 = 0 (A4)$$

has the four solutions

$$x_{1,2,3} = 0, \qquad x_4 = 2.$$
 (A5)

We want to perturbatively search for solutions of Eq. (A3) of the form

$$x_i = \sum_{n=0}^{\infty} a_{i,n} \varepsilon^n, \tag{A6}$$

where i = 1, 2, 3, 4 and $a_{4,0} = 2$, $a_{j,0} = 0$ for j = 1, 2, 3. The coefficients $a_{i,n}$ can be determined by solving Eq. (A3) order by order.

Let us start with the ε order for x_4 . Inserting

$$x_4 = 2 + a_{4,1}\varepsilon + O(\varepsilon^2) \tag{A7}$$

in Eq. (A3) we find

$$(2 + a_{4,1}\varepsilon + O(\varepsilon^2))^4 - 2(2 + a_{4,1}\varepsilon + O(\varepsilon^2))^3 + \varepsilon = 0.$$
(A8)

Solving to order ε we obtain $a_{4,1} = -1/8$. This means that

$$x_4 = 2 - \frac{\varepsilon}{8} + O(\varepsilon^2). \tag{A9}$$

If we try to do the same for

$$x_j = a_{j,1} + O(\varepsilon^2), \tag{A10}$$

where j = 1, 2, 3, we get

$$(a_{j,1}\varepsilon + O(\varepsilon^2))^4 - 2(a_{j,1}\varepsilon + O(\varepsilon^2))^3 + \varepsilon = 0.$$
 (A11)

This equation is clearly not consistent, which means that the ansatz in Eq. (A6) is not consistent. It simply means that $x_j \sim \varepsilon$ (j = 1, 2, 3) for $\varepsilon \ll 1$ is not true. In order to find the right scaling we can study the dominate balance of Eq. (A3) when $\varepsilon \ll 1$ (see [58]):

(i) If $x^4 \sim x^3$, and thus

$$\varepsilon \ll x^4, x^3, \tag{A12}$$

we find one solution such that $x \sim 1$. Equation (A12) gives $\varepsilon \ll 1$, which is consistent. This solution is the solution x_4 we already found.

(ii) If $x^4 \sim \varepsilon$, and thus

$$x^3 \ll x^4, \varepsilon, \tag{A13}$$

we find three solutions such that x ~ ε^{1/4}. Equation (A13) gives ε^{3/4} ≪ ε, which is not consistent.
(iii) If x³ ~ ε, and thus

$$x^4 \ll x^3, \varepsilon, \tag{A14}$$

we find three solutions such that $x \sim \varepsilon^{1/3}$. Equation (A14) gives $\varepsilon^{4/3} \ll \varepsilon$, which is consistent. Hence, the remaining solutions x_j (j = 1, 2, 3) behave as $x_j \sim \varepsilon^{1/3}$ for $\varepsilon \to 0$.

The new ansatz for the solutions x_i (j = 1, 2, 3) is then

$$x_j = \sum_{n=1}^{\infty} b_{j,n} (\varepsilon^{1/3})^n.$$
 (A15)

Inserting

$$x_{i} = b_{i,1} \varepsilon^{1/3} + O(\varepsilon^{2/3})$$
 (A16)

in Eq. (A3) we find

$$(b_{j,1}\varepsilon^{1/3} + O(\varepsilon^{2/3}))^4 - 2(b_{j,1}\varepsilon^{1/3} + O(\varepsilon^{2/3}))^3 + \varepsilon = 0.$$
(A17)

Keeping only the order ε we get $b_{j,1}^3 = 1/2$. The three solutions are thus

$$b_{3,1} = \frac{1}{2^{1/3}}$$
 and $b_{(1,2),1} = \frac{1}{2^{1/3}} e^{\pm 2\pi i/3}$. (A18)

All the subsequent orders of the solutions can be found in this way.

The roots of Eq. (A3) to their second nonvanishing order in ε are

$$\begin{aligned} x_{1,2} &= \left(\frac{\varepsilon}{2}\right)^{1/3} e^{\pm 2\pi i/3} + \frac{1}{6} \left(\frac{\varepsilon}{2}\right)^{2/3} e^{\pm 4\pi i/3} + O(\varepsilon), \\ x_3 &= \left(\frac{\varepsilon}{2}\right)^{1/3} + \frac{1}{6} \left(\frac{\varepsilon}{2}\right)^{2/3} + O(\varepsilon), \\ x_4 &= 2 - \frac{\varepsilon}{8} + O(\varepsilon^2). \end{aligned}$$
(A19)

Going back to the original variable r, the solutions to Eq. (A2) to their second nonvanishing order in A are

$$\begin{aligned} r_{1,2} &= \left(\frac{Am}{2}\right)^{1/3} e^{\pm 2\pi i/3} + \frac{1}{6} \left(\frac{A}{2\sqrt{m}}\right)^{2/3} e^{\pm 4\pi i/3} + O(A/m), \\ r_{-} &= r_{3} = \left(\frac{Am}{2}\right)^{1/3} + \frac{1}{6} \left(\frac{A}{2\sqrt{m}}\right)^{2/3} + O(A/m), \\ r_{+} &= r_{4} = 2m - \frac{A}{8m} + O(A^{2}/m^{3}). \end{aligned}$$
(A20)

APPENDIX B: THE GENERALIZED TORTOISE COORDINATE r_*

The generalized tortoise coordinate r_* was defined in Eq. (13) as the coordinate satisfying

$$\mathrm{d}r_* = \frac{\mathrm{d}r}{F(r)}.\tag{B1}$$

Let us integrate this differential equation. First of all, consider the fourth-degree equation

$$r^4 - 2mr^3 + Am^2 = 0. (B2)$$

The analysis in Appendix A tells us that this equation has two real solutions r_{\pm} and two complex conjugate solutions $r_{1,2}$. This means that the polynomial $r^4 - 2mr^3 + Am^2$ can be rewritten as

$$r^4 - 2mr^3 + Am^2 = (r - r_+)(r - r_-)(r^2 + ar + b), \qquad (B3)$$

where $r^2 + ar + b = (r - r_1)(r - r_2)$ is a positive-definite second-degree polynomial. The values of *a* and *b* can be easily computed by expanding the polynomial in the righthand side of Eq. (B3) and then equating it order-by-order to the left-hand side. This gives

$$a = (r_+ + r_-) - 2m \tag{B4}$$

and

$$b = \frac{Am^2}{r_+r_-}.$$
 (B5)

Equation (B1) can then be integrated as

$$r_{*}(r) = \int \frac{\mathrm{d}r}{1 - 2m/r + Am^{2}/r^{4}} = \int \frac{r^{4}\mathrm{d}r}{r^{4} - 2mr^{3} + Am^{2}} = \int \mathrm{d}r + \int \frac{2mr^{3} - Am^{2}}{r^{4} - 2mr^{3} + Am^{2}} \mathrm{d}r$$
$$= r + \int \frac{2mr^{3} - Am^{2}}{(r - r_{+})(r - r_{-})(r^{2} + ar + b)} \mathrm{d}r.$$
(B6)

Using partial fraction decomposition we look for an expansion of the form

$$\frac{2mr^3 - Am^2}{(r - r_+)(r - r_-)(r^2 + ar + b)} = \frac{c_+}{r - r_+} + \frac{c_-}{r - r_-} + \frac{c_1r + c_2}{r^2 + ar + b},$$
(B7)

where c_+ , c_- , and $c_{1,2}$ are constants whose value need to be determined. By rewriting the right-hand side of this expression using a common denominator and then equating order-by-order the polynomials in the numerator of, respectively, the leftand right-hand side we find

$$c_{+} = \frac{2mr_{+}^{3} - Am^{2}}{(r_{+} - r_{-})(r_{+}^{2} + ar_{+} + b)} = \frac{r_{+}^{4}}{(r_{+} - r_{-})(r_{+}^{2} + ar_{+} + b)} = \frac{1}{F'(r_{+})},$$
(B8)

$$c_{-} = \frac{2mr_{-}^{2} - Am^{2}}{(r_{-} - r_{+})(r_{-}^{2} + ar_{-} + b)} = \frac{r_{-}^{4}}{(r_{-} - r_{+})(r_{-}^{2} + ar_{-} + b)} = \frac{1}{F'(r_{-})},$$
(B9)

$$c_{1} = -\frac{-2a^{2}mr_{-}r_{+} + aAm^{2} - 2abmr_{-} - 2abmr_{+} + Am^{2}r_{-} + Am^{2}r_{+} - 2b^{2}m + 2bmr_{-}r_{+}}{(r_{+}^{2} + ar_{+} + b)(r_{-}^{2} + ar_{-} + b)},$$
(B10)

$$c_{2} = -\frac{a^{2}Am^{2} + aAm^{2}r_{-} + aAm^{2}r_{+} - 2abmr_{-}r_{+} - Abm^{2} + Am^{2}r_{-}r_{+} - 2b^{2}mr_{-} - 2b^{2}mr_{+}}{(r_{+}^{2} + ar_{+} + b)(r_{-}^{2} + ar_{-} + b)}.$$
 (B11)

064011-14

This leads to

$$\begin{aligned} r_*(r) &= r + c_+ \int \frac{\mathrm{d}r}{r - r_+} + c_- \int \frac{\mathrm{d}r}{r - r_-} + c_1 \int \frac{r + c_1/c_2}{r^2 + ar + b} \mathrm{d}r \\ &= r + c_+ \log|r - r_+| + c_- \log|r - r_-| + \frac{c_1}{2} \int \frac{(2r + a) + (2c_1/c_2 - a)}{r^2 + ar + b} \mathrm{d}r \\ &= r + c_+ \log|r - r_+| + c_- \log|r - r_-| + \frac{c_1}{2} \log(r^2 + ar + b) + (2c_1/c_2 - a) \int \frac{\mathrm{d}r}{(r + a/2)^2 + (b - a^2/4)} \\ &= r + c_+ \log|r - r_+| + c_- \log|r - r_-| + \frac{c_1}{2} \log(r^2 + ar + b) + \frac{(2c_1/c_2 - a)}{\sqrt{b - a^2/4}} \tan^{-1}\left(\frac{r + a/2}{\sqrt{b - a^2/4}}\right) + K. \end{aligned}$$
(B12)

The integration constant *K* plays a key role: the fact that it can be independently fixed in two different regions that end up glued together is the technical reason for the appearance of the global geometrical parameter \mathcal{T} [see Eq. (28)] measuring the overall duration of the process described.

More precisely, we have picked an integration constant by posing $r_*(r_{\delta}) = 0$. The constant δ , which determines \mathcal{T} , is determined by the choice of the reflection surface, namely the gluing of the lower and upper regions. Formally, the choice of the reflection surface is equivalent to choosing the overlap between the lower (v, r) coordinates and the upper (u, r) coordinates. This is given by identifying t = 0, namely [from $v = t + r_*(r)$ and $u = -t + r_*(r)$] having $v = -u + 2r_*(r)$. Hence, it is $r_*(r)$ that determines which surface in L we glue with which surface in U. If we look only at the metric at large radius (for all times), we do not understand where the parameter T comes from. It comes from the gluing, and the gluing is formally determined by the choice of the constant in $r_*(r)$.

- L. Modesto, Disappearance of black hole singularity in quantum gravity, Phys. Rev. D 70, 124009 (2004).
- [2] A. Ashtekar and M. Bojowald, Black hole evaporation: A paradigm, Classical Quantum Gravity 22, 3349 (2005).
- [3] M. Campiglia, R. Gambini, and J. Pullin, Loop quantization of spherically symmetric midi-superspaces: The interior problem, AIP Conf. Proc. 977, 52 (2008).
- [4] R. Gambini and J. Pullin, Black Holes in Loop Quantum Gravity: The Complete Space-Time, Phys. Rev. Lett. 101, 161301 (2008).
- [5] A. Corichi and P. Singh, Loop quantization of the Schwarzschild interior revisited, Classical Quantum Gravity 33, 055006 (2016).
- [6] J. Olmedo, S. Saini, and P. Singh, From black holes to white holes: A quantum gravitational symmetric bounce, Classical Quantum Gravity 34, 225011 (2017).
- [7] A. Ashtekar, J. Olmedo, and P. Singh, Quantum Transfiguration of Kruskal Black Holes, Phys. Rev. Lett. 121, 241301 (2018).
- [8] A. Ashtekar, J. Olmedo, and P. Singh, Quantum extension of the Kruskal spacetime, Phys. Rev. D 98, 126003 (2018).
- [9] J. Münch, Effective quantum dust collapse via surface matching, Classical Quantum Gravity 38, 175015 (2021).
- [10] C. Zhang, Y. Ma, S. Song, and X. Zhang, Loop quantum Schwarzschild interior and black hole remnant, Phys. Rev. D 102, 041502(R) (2020).

- [11] W. C. Gan, N. O. Santos, F. W. Shu, and A. Wang, Properties of the spherically symmetric polymer black holes, Phys. Rev. D 102, 124030 (2020).
- [12] J. B. Achour, S. Brahma, S. Mukohyama, and J. P. Uzan, Towards consistent black-to-white hole bounces from matter collapse, J. Cosmol. Astropart. Phys. 09 (2020) 020.
- [13] M. Han and H. Liu, Improved effective dynamics of loopquantum-gravity black hole and Nariai limit, Classical Quantum Gravity **39**, 035011 (2022).
- [14] M. Han and H. Liu, Covariant $\bar{\mu}$ -scheme effective dynamics, mimetic gravity, and non-singular black holes: Applications to spherical symmetric quantum gravity and CGHS model, arXiv:2212.04605.
- [15] K. Giesel, B. F. Li, and P. Singh, Nonsingular quantum gravitational dynamics of an Lemaître-Tolman-Bondi dust shell model: The role of quantization prescriptions, Phys. Rev. D 104, 106017 (2021).
- [16] J. Fernando Barbero G. and A. Perez, Quantum geometry and black holes, in *Loop Quantum Gravity: The First 30 Years* (World Scientific, Singapore, 2017), pp. 241–279.
- [17] V. Husain, J. G. Kelly, R. Santacruz, and E. Wilson-Ewing, Quantum Gravity of Dust Collapse: Shock Waves from Black Holes, Phys. Rev. Lett. **128**, 121301 (2022).
- [18] V. Husain, J. G. Kelly, R. Santacruz, and E. Wilson-Ewing, Fate of quantum black holes, Phys. Rev. D 106, 024014 (2022).

- [19] C. Rovelli and F. Vidotto, Planck stars, Int. J. Mod. Phys. D 23, 1442026 (2014).
- [20] H. M. Haggard and C. Rovelli, Quantum-gravity effects outside the horizon spark black to white hole tunneling, Phys. Rev. D 92, 104020 (2015).
- [21] T. De Lorenzo and A. Perez, Improved black hole fireworks: Asymmetric black-hole-to-white-hole tunneling scenario, Phys. Rev. D 93, 124018 (2016).
- [22] M. Christodoulou, C. Rovelli, S. Speziale, and I. Vilensky, Planck star tunneling time: An astrophysically relevant observable from background-free quantum gravity, Phys. Rev. D 94, 084035 (2016).
- [23] E. Bianchi, M. Christodoulou, F. D'Ambrosio, H. M. Haggard, and C. Rovelli, White holes as remnants: A surprising scenario for the end of a black hole, Classical Quantum Gravity 35, 225003 (2018).
- [24] F. D'Ambrosio, M. Christodoulou, P. Martin-Dussaud, C. Rovelli, and F. Soltani, The end of a black hole's evaporation, Phys. Rev. D 103, 106014 (2021).
- [25] F. Soltani, C. Rovelli, and P. Martin-Dussaud, End of a black hole's evaporation. II., Phys. Rev. D 104, 106014 (2021).
- [26] A. Rignon-Bret and C. Rovelli, Black to white transition of a charged black hole, Phys. Rev. D 105, 086003 (2022).
- [27] J. R. Oppenheimer and H. Snyder, On continued gravitational contraction, Phys. Rev. 56, 455 (1939).
- [28] A. Perez, No firewalls in quantum gravity: The role of discreteness of quantum geometry in resolving the information loss paradox, Classical Quantum Gravity 32, 084001 (2015).
- [29] P. Martin-Dussaud and C. Rovelli, Interior metric and raytracing map in the firework black-to-white hole transition, Classical Quantum Gravity 35, 147002 (2018).
- [30] J. G. Kelly, R. Santacruz, and E. Wilson-Ewing, Black hole collapse and bounce in effective loop quantum gravity, Classical Quantum Gravity 38, 075008 (2021).
- [31] K. Giesel, M. Han, B.-F. Li, H. Liu, and P. Singh, Spherical symmetric gravitational collapse of a dust cloud: Polymerized dynamics in reduced phase space, Phys. Rev. D 107, 044047 (2023).
- [32] A. Ashtekar, T. Pawlowski, and P. Singh, Quantum Nature of the Big Bang, Phys. Rev. Lett. 96, 141301 (2006).
- [33] J. Yang, Y. Ding, and Y. Ma, Alternative quantization of the Hamiltonian in loop quantum cosmology, Phys. Lett. B 682, 1 (2009).
- [34] I. Agullo and A. Corichi, Loop quantum cosmology, arXiv:1302.3833.
- [35] M. Assanioussi, A. Dapor, K. Liegener, and T. Pawłowski, Emergent de Sitter Epoch of the Quantum Cosmos from Loop Quantum Cosmology, Phys. Rev. Lett. **121**, 081303 (2018).
- [36] J. Lewandowski, Y. Ma, J. Yang, and C. Zhang, Quantum Oppenheimer-Snyder and swiss cheese models, arXiv: 2210.02253.
- [37] S. Hergott, V. Husain, and S. Rastgoo, Model metrics for quantum black hole evolution: Gravitational collapse,

singularity resolution, and transient horizons, Phys. Rev. D **106**, 046012 (2022).

- [38] R. Carballo-Rubio, F. D. Filippo, S. Liberati, and M. Visser, Geodesically complete black holes, Phys. Rev. D 101, 084047 (2020).
- [39] T. Schmitz, Exteriors to bouncing collapse models, Phys. Rev. D 103, 064074 (2021).
- [40] J. G. Kelly, R. Santacruz, and E. Wilson-Ewing, Effective loop quantum gravity framework for vacuum spherically symmetric spacetimes, Phys. Rev. D 102, 106024 (2020).
- [41] H. M. Haggard and C. Rovelli, Quantum gravity effects around Sagittarius A*, Int. J. Mod. Phys. D 25, 1644021 (2016).
- [42] https://en.wikipedia.org/wiki/Smoothstep.
- [43] A. Ashtekar, J. Olmedo, and P. Singh, Quantum Transfiguration of Kruskal Black Holes, Phys. Rev. Lett. 121, 241301 (2018).
- [44] R. Gambini, J. Olmedo, and J. Pullin, Spherically symmetric loop quantum gravity: Analysis of improved dynamics, Classical Quantum Gravity 37, 205012 (2020).
- [45] N. Bodendorfer, F. M. Mele, and J. Münch, Effective quantum extended spacetime of polymer Schwarzschild black hole, Classical Quantum Gravity 36, 195015 (2019).
- [46] M. Simpson and R. Penrose, Internal instability in a Reissner-Nordström black hole, Int. J. Theor. Phys. 7, 183 (1973).
- [47] M. Dafermos, Stability and instability of the Cauchy horizon for the spherically symmetric Einstein-Maxwellscalar field equations, Ann. Math. 158, 875 (2003).
- [48] R. Carballo-Rubio, F. Di Filippo, S. Liberati, C. Pacilio, and M. Visser, On the viability of regular black holes, J. High Energy Phys. 07 (2018) 023.
- [49] R. Carballo-Rubio, F. Di Filippo, S. Liberati, C. Pacilio, and M. Visser, Inner horizon instability and the unstable cores of regular black holes, J. High Energy Phys. 05 (2021) 132.
- [50] M. Christodoulou and C. Rovelli, How big is a black hole?, Phys. Rev. D 91, 064046 (2015).
- [51] M. Christodoulou and T. De Lorenzo, Volume inside old black holes, Phys. Rev. D 94, 104002 (2016).
- [52] D. M. Eardley, Death of White Holes in the Early Universe, Phys. Rev. Lett. **33**, 44 (1974).
- [53] C. Rovelli and F. Vidotto, Small black/white hole stability and dark matter, Universe 4, 127 (2018).
- [54] C. Rovelli, Black holes have more states than those giving the Bekenstein-Hawking entropy: A simple argument, arXiv:1710.00218.
- [55] E. Bianchi, M. Christodoulou, F. D'Ambrosio, H. M. Haggard, and C. Rovelli, White holes as remnants: A surprising scenario for the end of a black hole, Classical Quantum Gravity 35, 225003 (2018).
- [56] C. Rovelli, The subtle unphysical hypothesis of the firewall theorem, Entropy **21**, 839 (2019).
- [57] S. Kazemian, M. Pascual, C. Rovelli, and F. Vidotto, Diffuse emission from black hole remnants, arXiv:2207.06978.
- [58] C. Bender and S. Orszag, Advanced Mathematical Methods for Scientists and Engineers I (Springer, New York, NY, 1999).