

## Two boson stars in equilibrium

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We construct and explore the solution space of two nonspinning, miniboson stars in equilibrium, in fully nonlinear general relativity (GR), minimally coupled to a free, massive, complex scalar field. The equilibrium is due to the balance between the (long range) gravitational attraction and the (short-range) scalar mediated repulsion, the latter enabled by a  $\pi$  relative phase. Gravity is *mandatory*; it is shown no similar solutions exist in flat spacetime, replacing gravity by nonlinear scalar interactions. We study the variation of the proper distance between the stars with their mass (or oscillation frequency), showing it can be qualitatively captured by a simple analytic model that features the two competing interactions.

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### I. INTRODUCTION

The two-body equilibrium is an old and far reaching problem in general relativity (GR). As a nonlinear theory, there is no superposition principle. Thus, the putative existence of any two-body equilibrium solution must be anchored on a balance between different interactions.

It was therefore surprising when Bach and Weyl, following Weyl's formalism for static, axisymmetric solutions in GR [1], found a two-body equilibrium solution in fully nonlinear *vacuum* GR. This fact intrigued Einstein, who in 1936 addressed the problem with Rosen [2], realizing there is indeed an extra (nonvacuum) ingredient that allows the equilibrium: a conical singularity. The latter can be either interpreted as a strut in between the two bodies, or two strings connecting each body to infinity. Whichever the chosen interpretation, the solution is geodesically incomplete, by virtue of the (naked) conical singularity.

A nonsingular (on and outside the event horizon) two-body (or in fact  $N$ -body) solution of GR was eventually found, independently, in 1947 [3] by Majumdar and in 1948 by Papapetrou [4] in *electro-vacuum*. They found that, under an appropriate ansatz, the Einstein-Maxwell equations *fully* linearize into a Laplace equation in flat Euclidean 3-space, which admits a multicenter harmonic solution. Each center (in the full geometry) was later interpreted by Hartle and Hawking [5] as the horizon of an extremal Reissner-Nordström black hole (BH).

The existence of the two-center (or multicenter) Majumdar-Papapetrou solution can be interpreted as due to a balance between the gravitational attraction and the electric repulsion. In classical mechanics, two point masses

of magnitude  $M$ , each electrically charged with magnitude  $Q$ , at a distance  $r$ , interact via a potential energy  $U = U_g + U_e$ , where

$$U_g = -G \frac{M^2}{r}, \quad U_e = \frac{1}{4\pi\epsilon_0} \frac{Q^2}{r}. \quad (1.1)$$

In geometrized units, for which Newton's constant  $G$  and the vacuum electric permittivity  $\epsilon_0$  obey,  $G = 1 = 4\pi\epsilon_0$ , extremal objects obeying  $M = Q$  can be in equilibrium at *any*  $r$ , i.e.,  $\mathbf{F} = -\nabla U = 0$ . This is precisely what occurs for the Majumdar-Papapetrou solution, wherein the extremal BHs can be placed at any location. Thus, this heuristic classical mechanics argument provides an intuition for the Majumdar-Papapetrou solution. This argument also suggests the equilibrium is not stable against small perturbations—there is a flat potential—which in fact is also the case in the full GR problem [6,7]. Small perturbations lead to an interesting scattering problem which can be dealt, for small velocities, in the moduli space approximation—see also Ref. [8].

The simplest extension of vacuum GR, apart from electro-vacuum, is arguably scalar-vacuum. Allowing the scalar field to be massive and complex, but still free and minimally coupled to gravity, yields a novel feature: horizonless self-gravitating solitons exist, describing localized energy lumps, dubbed *boson stars* (BSs). These solutions were first described in 1968 by Kaup [9], in 1969 by Ruffini and Bonazzola [10] and (in a less known work) in 1968 by Feinblum and McKinley [11]. Single BSs rely on a dispersive scalar field—due to an oscillating amplitude with a harmonic phase  $\omega$ , but with a time

independent energy-momentum tensor—being confined by gravity. The harmonic phase  $\omega$  can neither be too large, with an upper bound set by the field’s mass  $\mu$ , nor too small, with a minimum frequency  $\omega_{\min}$ . For  $\omega_{\min} < \omega < \mu$ , self-gravitating, everywhere regular, asymptotically flat spherical solitons exist, for one or more values of the ADM mass (in units of the field’s mass)  $M\mu$ , defining one or more branches—see, e.g., Ref. [12].<sup>1</sup> Some of these solutions are dynamically robust—see Refs. [15–17] for reviews—and one may ask if one can set two such boson stars in equilibrium in this fully nonlinear theory.

Nonlinear BS solutions that are axisymmetric, static, asymptotically flat and describe two symmetric lumps of scalar field energy were first reported in [18] (see also Refs. [19,20] for a discussion in the Newtonian limit). More recently, more complex configurations of many scalar lumps in equilibrium were reported [21],<sup>2</sup> therein dubbed *multipolar BSs*. Although these are nonlinear configurations, and therefore not a simple superposition of two BSs, it is natural to interpret the two-center *dipolar BSs* (DBSs) as an equilibrium solutions of two (equal mass) BSs [18].

A key finding in the works described in the previous paragraph is that DBSs solutions exist only for a parity odd scalar field, with respect to the symmetry plane in between the two individual BSs. This is equivalent to saying the two BSs have a phase difference of  $\pi$ . Such a phase difference sustains a *repulsive* scalar interaction, as confirmed (say) by performing head-on collisions of BSs, using numerical relativity techniques [24]. Since the scalar field has mass  $\mu$ , one may expect to capture the leading interaction between the two BSs by an interaction potential including both gravity and a meson Yukawa term  $U = U_g + U_s$ , with

$$U_g = -G \frac{M^2}{r}, \quad U_s = g \frac{Q^2}{r} e^{-\alpha\mu r}, \quad (1.2)$$

where  $Q$  defines the scalar strength of each BS—its *Noether charge*—and  $g, \alpha$  are constants. This heuristic model suggests that: (1) For each pair of BSs with given  $M$  [and  $Q = Q(M)$ ] there is a specific equilibrium distance  $L = L[M, Q(M)]$  and (2) This equilibrium is stable, at least in the point particle approximation. Below we shall discuss how this simple model indeed captures the distance dependence of the fully nonlinear DBSs and why the stability problem of DBSs is more complex than what this model suggests.

<sup>1</sup>Here we are referring to the *fundamental* solutions, for which the scalar field has no nodes. Excited, spherical solutions with nodes also exist—see, e.g., Ref. [13]. Moreover, spinning, axially symmetric solutions also exist, see, e.g., Ref. [14], which can be seen as a different sort of excitation, with angular (rather than radial) nodes.

<sup>2</sup>See also Refs. [22,23] for chains of nonspinning and spinning BSs.

In this paper we shall construct the domain of solutions of DBSs and explore its physical properties, within the perspective that it is the simplest multi-BSs configuration. This serves both as a test ground for the properties of equilibrium multi-BSs and as a bridge toward the dynamical problem of collisions of two BSs. We shall further comment on both these perspectives in the final discussion.

This paper is organized as follows. In Sec. II we introduce the model, the ansatz and the explicit equations of motion to construct DBSs. In Sec. III we discuss the boundary conditions under which the equations of motion are solved and introduce some relevant physical quantities for the analysis of the solutions. In Sec. IV we present the numerical approach to solve the equations of motion. In Sec. V we discuss the solution space and illustrate specific solutions. Moreover, we discuss how a simple analytic model based on (1.2) captures (to some extent) the behavior of the fully nonlinear solutions. We also provide an argument for the absence of two static  $Q$ -balls in equilibrium on Minkowski spacetime, regardless of the specific self-interactions. We conclude with a discussion and final remarks in Sec. VI.

## II. THE FRAMEWORK

### A. The model and the ansatz

We consider the action for Einstein’s gravity minimally coupled to a complex massive scalar field  $\Phi$

$$S = \frac{1}{16\pi G} \int d^4x \sqrt{-g} \left[ R - \frac{1}{2} g^{\alpha\beta} (\Phi_{,\alpha}^* \Phi_{,\beta} + \Phi_{,\beta}^* \Phi_{,\alpha}) - \mu^2 \Phi^* \Phi \right], \quad (2.1)$$

where  $G$  is Newton’s constant,  $g_{\alpha\beta}$  the spacetime metric, with determinant  $g$  and Ricci scalar  $R$ , “\*” denotes complex conjugation and  $\mu$  is the scalar field mass.

The resulting field equations are

$$E_{\alpha\beta} \equiv R_{\alpha\beta} - \frac{1}{2} g_{\alpha\beta} R - 8\pi G T_{\alpha\beta} = 0, \quad (2.2)$$

$$\square \Phi = \mu^2 \Phi, \quad (2.3)$$

where

$$T_{\alpha\beta} = 2\Phi_{,(\alpha}^* \Phi_{,\beta)} - g_{\alpha\beta} [\Phi_{,\nu}^* \Phi^{,\nu} + \mu^2 \Phi^* \Phi], \quad (2.4)$$

is the energy-momentum tensor of the scalar field.

The action (2.1) is invariant under the global  $U(1)$  transformation  $\Phi \rightarrow e^{i\alpha} \Phi$ , where  $\alpha$  is constant. This implies the existence of a conserved current,  $j^\nu = -i(\Phi^* \partial^\nu \Phi - \Phi \partial^\nu \Phi^*)$ , with  $j^\nu_{;\nu} = 0$ . It follows that integrating the time-like component of this 4-current in a spacelike slice  $\Sigma$  yields a conserved quantity—the *Noether charge*:

$$Q = \int_{\Sigma} j^t. \quad (2.5)$$

At a microscopic level, this Noether charge counts the number of scalar particles.

The line-element for the solutions to be constructed in this work possesses two commuting Killing vector fields,  $\xi$  and  $\eta$ , with

$$\xi = \partial_t, \quad \eta = \partial_{\varphi}, \quad (2.6)$$

in a system of adapted coordinates. The *analytical* study of GR solutions with these symmetries is usually considered within a metric ansatz of the form

$$ds^2 = -e^{-2U(\rho,z)} dt^2 + e^{2U(\rho,z)} [e^{2k(\rho,z)} (d\rho^2 + dz^2) + P(\rho, z)^2 d\varphi^2], \quad (2.7)$$

where  $(\rho, z)$  correspond asymptotically to the usual cylindrical coordinates. The corresponding expression for the scalar field is

$$\Phi = \phi(\rho, z) e^{-i\omega t}, \quad (2.8)$$

where the real function  $\phi$  is the field amplitude and  $\omega$  is the scalar field frequency, which we take to be positive, without loss of generality. The Einstein–Klein–Gordon equations take the following compact form<sup>3</sup>:

$$\begin{aligned} \nabla^2 k + (\nabla U)^2 + 8\pi G [(\nabla \phi)^2 + e^{2k+2U} (\mu^2 - 2e^{2U} \omega^2) \phi^2] &= 0, \\ \nabla^2 U + \frac{1}{P} (\nabla U) \cdot (\nabla P) - 8\pi G e^{2k+2U} (\mu^2 - 2e^{2U} \omega^2) \phi^2 &= 0, \\ \nabla^2 P + 16\pi G e^{2k+2U} (\mu^2 - 2e^{2U} \omega^2) \phi^2 &= 0, \\ \nabla^2 \phi + \frac{1}{P} (\nabla P) \cdot (\nabla \phi) - e^{2k+2U} (\mu^2 - e^{2U} \omega^2) \phi &= 0, \end{aligned} \quad (2.9)$$

where we define

$$\nabla^2 A = \frac{\partial^2 A}{\partial \rho^2} + \frac{\partial^2 A}{\partial z^2}, \quad (\nabla A) \cdot (\nabla B) = \frac{\partial A}{\partial \rho} \frac{\partial B}{\partial \rho} + \frac{\partial A}{\partial z} \frac{\partial B}{\partial z}.$$

In the (electro-)vacuum case, it is always possible to set  $P \equiv \rho$ , such that only two independent metric functions appear in the equations, and  $(\rho, z)$  become the canonical Weyl coordinates, the system being integrable [25].

However, setting  $P \equiv \rho$  is not possible for the case of interest here and no exact solutions appear to exist for nonzero  $(\omega, \mu)$ , in which case the problem is solved numerically. Then, it is convenient to use “quasi-isotropic” spherical coordinates  $(r, \theta)$  instead of  $(\rho, z)$ , with the usual transformation

$$\rho = r \sin \theta, \quad z = r \cos \theta, \quad (2.10)$$

and the usual coordinate ranges,  $0 \leq r < \infty$ ,  $0 \leq \theta \leq \pi$ . Also, in order to make contact with our previous work [26], we redefine  $U = -F_0$ ,  $k = F_1 + F_0$  and  $P = e^{F_2 + F_0}$  in (2.7). The line-element and scalar field become

$$ds^2 = -e^{2F_0(r,\theta)} dt^2 + e^{2F_1(r,\theta)} (dr^2 + r^2 d\theta^2) + e^{2F_2(r,\theta)} r^2 \sin^2 \theta d\varphi^2, \quad \Phi = \phi(r, \theta) e^{-i\omega t}, \quad (2.11)$$

which is the ansatz used in this work in the numerical treatment of the problem. The Minkowski spacetime background is approached for  $r \rightarrow \infty$ , with  $F_0 = F_1 = F_2 = 0$ . One also remarks that the symmetry axis of the spacetime is given by  $\theta = 0$ , which corresponds to the  $z$ -axis, with  $\theta = 0, \pi$ .

## B. The explicit equations of motion

Given the ansatz (2.11), the explicit form of the Klein-Gordon (KG) equation (2.3) reads

$$\phi_{,rr} + \frac{\phi_{,\theta\theta}}{r^2} + \left( F_{0,r} + F_{2,r} + \frac{2}{r} \right) \phi_{,r} + \frac{1}{r^2} (F_{0,\theta} + F_{2,\theta} + \cot \theta) \phi_{,\theta} + e^{-2F_0+2F_1} (\omega^2 - \mu^2 e^{2F_1}) \phi = 0. \quad (2.12)$$

The metric functions  $F_i$  ( $i = 1, 2, 3$ ) satisfy the following second order partial differential equations (PDEs):

$$F_{0,rr} + \frac{F_{0,\theta\theta}}{r^2} + \left( F_{0,r} + F_{2,r} + \frac{2}{r} \right) F_{0,r} + \frac{1}{r^2} (F_{0,\theta} + F_{2,\theta} + \cot \theta) F_{0,\theta} + 8\pi G e^{2F_1} (\mu^2 - 2e^{-2F_0} \omega^2) \phi^2 = 0, \quad (2.13)$$

$$F_{1,rr} + \frac{F_{1,\theta\theta}}{r^2} - \left( F_{2,r} + \frac{1}{r} \right) F_{0,r} + \frac{F_{1,r}}{r} - \frac{1}{r^2} (F_{2,\theta} + \cot \theta) F_{0,\theta} + 8\pi G e^{2F_1} \left( \phi_{,r}^2 + \frac{\phi_{,\theta}^2}{r^2} + e^{-2F_0+2F_1} \omega^2 \phi^2 \right) = 0, \quad (2.14)$$

<sup>3</sup>There are two further constraint equations which, however, we do not display here.

$$F_{2,rr} + \frac{F_{2,\theta\theta}}{r^2} + \frac{F_{0,r}}{r} + \left(F_{0,r} + F_{2,r} + \frac{3}{r}\right)F_{2,r} + \frac{1}{r^2}[(F_{0,\theta} + F_{2,\theta})F_{2,\theta} + (F_{0,\theta} + 2F_{2,\theta})\cot\theta] + 8\pi G e^{2F_1} \mu^2 \phi^2 = 0. \quad (2.15)$$

In addition, there are also two constraint equations:

$$F_{0,rr} + F_{2,rr} + (F_{0,r} - 2F_{1,r})F_{0,r} - (2F_{1,r} - F_{2,r})F_{2,r} - \frac{1}{r}(F_{0,r} + 2F_{1,r} - F_{2,r}) - \frac{1}{r^2}[F_{0,\theta\theta} + F_{2,\theta\theta} + (F_{0,\theta} - 2F_{0,\theta})F_{0,\theta} + (F_{2,\theta} - 2F_{1,\theta})F_{2,\theta} - 2\cot\theta(F_{1,\theta} - F_{2,\theta})] + 16\pi G \left(\phi_{0,r}^2 - \frac{\phi_{,\theta}^2}{r^2}\right) = 0, \quad (2.16)$$

$$F_{0,r\theta} + F_{2,r\theta} + F_{0,r}F_{0,\theta} + F_{2,r}F_{2,\theta} - (F_{1,r}F_{2,\theta} + F_{2,r}F_{1,\theta}) - (F_{1,r}F_{0,\theta} + F_{0,r}F_{1,\theta}) - \frac{1}{r}(F_{0,\theta} + F_{1,\theta}) - \cot\theta(F_{1,r} - F_{2,r}) + 16\pi G \phi_{,r}\phi_{,\theta} = 0, \quad (2.17)$$

which are not solved directly, being used to check the numerical accuracy of the results.

The above Eqs. (2.13)–(2.17) are derived as follows. The only Einstein equations which are not identically zero are  $E_t^t, E_r^r, E_\theta^\theta, E_\phi^\phi$ , and  $E_r^\theta$ . These five equations are divided into two groups: three of these equations are solved together with the KG equation (2.12), yielding a coupled system of four PDEs on the four unknown functions. The remaining two Einstein equations are treated as constraints. More precisely, one takes the following combinations of the Einstein equations:

$$\begin{aligned} E_r^r + E_\theta^\theta + E_\phi^\phi - E_t^t &= 0 \quad \Rightarrow \quad \text{Eq. (2.13),} \\ E_r^r + E_\theta^\theta - E_\phi^\phi - E_t^t &= 0 \quad \Rightarrow \quad \text{Eq. (2.14),} \\ E_r^r + E_\theta^\theta - E_\phi^\phi + E_t^t &= 0 \quad \Rightarrow \quad \text{Eq. (2.15),} \\ E_r^r - E_\theta^\theta &= 0 \quad \Rightarrow \quad \text{Eq. (2.16),} \\ E_r^\theta &= 0 \quad \Rightarrow \quad \text{Eq. (2.17).} \end{aligned} \quad (2.18)$$

### III. BOUNDARY CONDITIONS AND PHYSICAL QUANTITIES OF INTEREST

In order to perform the numerical integration of the system of equations described in Sec. II, appropriate

boundary conditions must be imposed, which implement the conditions of asymptotic flatness and regularity at  $r = 0$  and at the symmetry axis. These are now discussed in detail.

#### A. Boundary conditions and asymptotic expansion

The solutions reported in this work are constructed subject to the following boundary conditions:

$$\begin{aligned} \partial_r F_0|_{r=0} &= \partial_r F_1|_{r=0} = \partial_r F_2|_{r=0} = \phi|_{r=0} = 0, \\ F_0|_{r=\infty} &= F_1|_{r=\infty} = F_2|_{r=\infty} = \phi|_{r=\infty} = 0, \\ \partial_\theta F_0|_{\theta=0,\pi} &= \partial_\theta F_1|_{\theta=0,\pi} = \partial_\theta F_2|_{\theta=0,\pi} = \partial_\theta \phi|_{\theta=0,\pi} = 0. \end{aligned} \quad (3.1)$$

Moreover, the absence of conical singularities implies also that  $F_1 = F_2$  on the symmetry axis ( $\theta = 0, \pi$ ) (as implied by a constraint equation), a condition which was not imposed, being satisfied as a result of implementing a consistent numerical scheme.

An asymptotic expression of the solutions compatible with the above boundary conditions can be found. Starting with the small- $r$  expressions, the first terms in a power series expansion of  $(F_i, \phi)$  are

$$\begin{aligned} F_0 &= f_{00} + s_0(1 - 3\cos^2\theta)r^2 + \mathcal{O}(r^4), \\ F_1 &= f_{10} + [s_1 + (s_0 - 2s_1 - 4\pi G d_1^2)\cos^2\theta]r^2 + \mathcal{O}(r^4), \\ F_2 &= f_{10} + \frac{1}{3}[s_0(5\cos^2\theta - 2) + s_1(1 - 4\cos^2\theta) - 4\pi G d_1^2(1 + 2\cos 2\theta)]r^2 + \mathcal{O}(r^4), \\ \phi &= d_1 r \cos\theta + \mathcal{O}(r^3), \end{aligned} \quad (3.2)$$

where  $f_{00}, f_{10}, s_0, s_1$ , and  $d_1$  are constants fixed by numerics. A relatively simple expression can also be written for large  $r$ . The asymptotic behavior of the scalar field is of the form

$$\phi(r, \theta) = f(\theta) \frac{e^{-\sqrt{\mu^2 - w^2}r}}{r} + \dots, \quad \text{with} \quad f(\theta) = \sum_{k=0}^{\infty} c_k P_{2k+1}(\cos\theta), \quad (3.3)$$

where  $P_{2k+1}(\cos\theta)$  are the Legendre polynomials (e.g.,  $P_1 = \cos\theta$ ,  $P_3 = \cos\theta(5\cos(2\theta) - 1)/4$ , etc.), while  $c_k$  are constants fixed by the numerics. Neglecting the scalar field contribution—since it decays faster than any power of  $r$ —the leading order terms in a power series expansion of the metric functions are

$$\begin{aligned} F_0 &= \frac{M}{r} + \frac{1}{12}[1 + p_1 + p_2(1 + 3\cos 2\theta)]\left(\frac{M}{r}\right)^3 + \dots, \\ F_1 &= -\frac{M}{r} - \frac{1}{4}[1 + p_1 + p_2\cos 2\theta]\left(\frac{M}{r}\right)^2 - \frac{1}{12}[1 + p_1 + p_2(1 + 3\cos 2\theta)]\left(\frac{M}{r}\right)^3 + \dots, \\ F_2 &= -\frac{M}{r} - \frac{1}{4}(1 + p_1)\left(\frac{M}{r}\right)^2 - \frac{1}{12}[1 + p_1 + p_2(1 + 3\cos 2\theta)]\left(\frac{M}{r}\right)^3 + \dots, \end{aligned} \quad (3.4)$$

with  $M$  the ADM mass of solutions and  $p_1, p_2$  arbitrary constants.

The approximate expression of the solutions on the symmetry axis is more complicated, the first terms in a small- $\theta$  expansion being (a similar expansion holds for  $\theta \rightarrow \pi$ ):

$$F_0(r, \theta) = f_{00}(r) + f_{02}(r)\theta^2 + \mathcal{O}(\theta^4), \quad F_1(r, \theta) = f_{10}(r) + f_{12}(r)\theta^2 + \mathcal{O}(\theta^4), \quad (3.5)$$

$$F_2(r, \theta) = f_{10}(r) + f_{22}(r)\theta^2 + \mathcal{O}(\theta^4), \quad \phi(r, \theta) = \phi_0(r) + \phi_2(r)\theta^2 + \mathcal{O}(\theta^4), \quad (3.6)$$

where the essential data is encoded in the functions  $f_{00}(r)$ ,  $f_{10}(r)$ , and  $\phi_0(r)$  which result from the numerics. One finds, e.g., (where a prime denotes the derivative with respect to the  $r$ -coordinate):

$$\begin{aligned} f_{02} &= -\frac{1}{4}r\{rf''_{00} + f'_{00}[2 + r(f'_{00} + f'_{10})]\} - 2\pi G e^{2(f_{10}-f_{00})} r^2 (e^{2f_{00}}\mu^2 - 2\omega^2)\phi_0^2, \\ f_{12} &= -\frac{1}{2}r\left\{f'_{10} + \frac{r}{2}[f''_{00} + 2f''_{10} + f'_{00}(f'_{00} - f'_{10}) + 8\pi G(2\phi_0^2 + e^{2f_{10}}\mu^2\phi_0^2)]\right\}, \\ f_{22} &= -\frac{1}{6}r\left\{3f'_{10} - \frac{1}{2}r[f''_{00} - 2f''_{10} + (f'_{00} - 2f'_{10})(f'_{00} + f'_{10})] + 4\pi G e^{2(f_{10}-f_{00})} r(e^{2f_{00}}\mu^2 + 2\omega^2)\phi_0^2\right\}, \\ \phi_2 &= -\frac{1}{4}r\{r\phi''_{00} + [2 + r(f'_{00} + f'_{10})]\phi'_0 - e^{2(f_{10}-f_{00})} r(e^{2f_{00}}\mu^2 - \omega^2)\phi_0\}. \end{aligned} \quad (3.7)$$

Also, for all solutions discussed in this work, the scalar field changes sign with respect to a reflection on the equatorial plane,  $\theta = \pi/2$ , while the metric tensor remains invariant. That is, the solutions possess the symmetry  $F_i(r, \theta) = F_i(r, \pi - \theta)$ ,  $\phi(r, \theta) = -\phi(r, \pi - \theta)$ . As a result, it is enough to consider the range  $0 \leq \theta \leq \pi/2$  for the angular variable; then the functions  $F_i$  and  $\phi$  satisfy the following boundary conditions on the equatorial plane:

$$\partial_\theta F_i|_{\theta=\pi/2} = \phi|_{\theta=\pi/2} = 0. \quad (3.8)$$

## B. Quantities of interest

Our solutions are static, globally regular and without an event horizon or conical singularities. Also, they approach asymptotically the Minkowski spacetime background. Then, their ADM mass  $M$  can be obtained from the respective Komar expression [27],

$$M = \frac{1}{4\pi G} \int_\Sigma R_{\alpha\beta} n^\alpha \xi^\beta dV, \quad (3.9)$$

where  $\Sigma$  denotes an asymptotically flat spacelike hypersurface,  $n^\alpha$  is normal to  $\Sigma$  (with  $n_\alpha n^\alpha = -1$ ) and  $dV$  is the natural volume element on  $\Sigma$ . After replacing in (3.9) the Ricci tensor by the energy-momentum tensor—via the Einstein equations (2.2)—, one finds

$$\begin{aligned} M &= 2 \int_\Sigma \left( T_{\alpha\beta} - \frac{1}{2} g_{\alpha\beta} T^\nu{}_\nu \right) n^\alpha \xi^\beta dV \\ &= 4\pi \int_0^\infty dr \int_0^\pi d\theta r^2 \sin\theta e^{F_0+2F_1+F_2} \\ &\quad \times (\mu^2 - 2e^{-2F_2}\omega^2)\phi^2. \end{aligned} \quad (3.10)$$

Alternatively, the ADM mass can be read off from the asymptotic subleading behavior of the metric function  $g_{tt}$



$$g_{tt} = -e^{2F_0} = -1 + \frac{2GM}{r} + \dots \quad (3.11)$$

In addition to mass, there is also a conserved Noether charge, which is computed from (2.5):

$$Q = 2\pi \int_0^\infty dr \int_0^\pi d\theta r^2 \sin\theta e^{F_0+2F_1+F_2} \omega \phi^2. \quad (3.12)$$

These two physical quantities are connected via the ‘‘first law’’

$$dM = \omega dQ. \quad (3.13)$$

To see how ‘‘compact’’ the dipole BSs are, one defines the *compactness* [28]

$$\text{Compactness} = \frac{2M_{99}}{R_{99}}, \quad (3.14)$$

where  $R_{99}$  is the circumferential radius containing 99% of the DBS mass,  $M_{99}$ , with  $R = e^{F_2}r$  for the ansatz (2.11). The separation between the two individual BSs, i.e., between the two individual components of the DBS, is given by the proper distance between them

$$L_z = \int_{-z_0}^0 dr e^{F_1(r,\pi)} + \int_0^{z_0} dr e^{F_1(r,0)} = 2 \int_0^{z_0} dr e^{F_1(r,0)}, \quad (3.15)$$

with  $\pm z_0$  the position on the  $z$ -axis of a single star. As we shall see below,  $z_0$  is given by the maximum of the corresponding energy density, which is reasonable, since individual spherical, fundamental BSs attain their maximum energy density at their center.

#### IV. THE NUMERICAL APPROACH

Apart from Newton’s constant, the model (2.1) possess two input parameters, corresponding to the field mass and frequency. However, the dependence on both  $G$  and  $\mu$  disappears from the equations when using natural units set by  $\mu$  and  $G$ , i.e., when taking the following field redefinition together with a scaling of both  $r$  and  $\omega$ :

$$\phi \rightarrow \frac{\phi}{\sqrt{4\pi G}}, \quad r \rightarrow \frac{r}{\mu}, \quad \omega \rightarrow \frac{\omega}{\mu}. \quad (4.1)$$

As such, we are left with a single input parameter, which is the (scaled) field frequency  $\omega$ . Also, the global charges and all other quantities of interest are expressed in units set by  $\mu$  and  $G$ ; however, in order to simplify the output, we set  $G = 1$  in what follows.

In our approach, the Einstein–Klein–Gordon equations reduce to a set of four coupled nonlinear elliptic PDEs for the functions  $(F_0, F_1, F_2; \phi)$ , which are displayed in

Sec. II B. These equations have been solved numerically subject to the boundary conditions introduced above. Apart from these, there are two more constraint Einstein equations (also presented in Sec. II B) which are not solved in our numerics. Following an argument originally proposed in [29], one can, however, show that the identities  $\nabla_\nu E^{\nu r} = 0$  and  $\nabla_\nu E^{\nu\theta} = 0$ , imply the Cauchy–Riemann relations  $\partial_{\bar{r}}\mathcal{P}_2 + \partial_\theta\mathcal{P}_1 = 0$ ,  $\partial_{\bar{r}}\mathcal{P}_1 - \partial_\theta\mathcal{P}_2 = 0$ . In these relations we have defined  $\mathcal{P}_1 = \sqrt{-g}E_\theta^r$ ,  $\mathcal{P}_2 = \sqrt{-g}r(E_r^r - E_\theta^\theta)/2$ , and  $d\bar{r} = dr/r$ . Therefore, the weighted constraints  $E_\theta^r$  and  $E_r^r - E_\theta^\theta$  still satisfy Laplace equations in  $(\bar{r}, \theta)$  variables. Then, they are fulfilled, when one of them is satisfied on the boundary and the other at a single point [29]. From the boundary conditions above, it turns out that this is the case, i.e., the numerical scheme is self-consistent.

Our numerical treatment can be summarized as follows. The first step is to introduce a new radial variable

$$x \equiv \frac{r}{c+x},$$

which maps the semi-infinite region  $[0, \infty]$  to the finite region  $[0, 1]$ ,  $c$  being an appropriate constant, which is chosen to be one for most of the solutions. The resulting equations are solved by using a fourth order finite difference scheme. The system of four equations is discretized on a grid with  $N_r \times N_\theta$  points, where typically  $N_r \sim 250$ ,  $N_\theta \sim 50$ . The solutions were constructed by using a Newton–Raphson method and two different software packages, the solver FIDISOL/CADSOL [30,31] and the Intel MKL PARDISO sparse direct solver [32,33], together with CEDSOL<sup>4</sup> library. The results are in very good agreement, the typical errors being of order of  $10^{-4}$ . The compilation of the numerical output is done by using the software *Mathematica*.

Let us close this section by remarking that other solutions can be studied within the ansatz (2.11) and the approach described above. The simplest ones are the spherically symmetric boson stars, in which case  $F_2 = F_1$ , with  $F_0, F_1, \phi$  being functions of  $r$  only. The boundary conditions in this case are similar to those displayed above, except that the scalar field does not vanish at  $r = 0$  and in the equatorial plane.

#### V. DBSS SOLUTIONS

##### A. Domain and illustrative solutions

The numerical results confirm the existence of solutions of Eqs. (2.13)–(2.17) with the boundary conditions (3.1) representing DBSSs. The individual solutions do not exhibit

<sup>4</sup>Complex Equations—Simple Domain partial differential equations SOLver is a c++ package being developed by I. Perapechka.

any sign of pathological behavior as discussed below; in particular, no conical singularities are detected at the level of numerical accuracy, while the Ricci and Kretschmann scalars are finite everywhere.

The ADM mass-frequency together with the Noether charge-frequency diagrams are displayed in Fig. 1. One notices that the solutions exist for  $\omega < \mu$ , which is the usual bound state condition. As we decrease the frequency, the mass reaches monotonically the maximum value  $M_{\max}\mu \simeq 1.035$ , for  $\omega/\mu \simeq 0.835$ . The maximal value of  $Q$  is also approached for the same solution, with  $Q_{\max}\mu^2 \simeq 1.072$ . Further decreasing  $\omega$  one finds a minimal frequency  $\omega_{\min} \sim 0.736\mu$ , below which no DBS solutions are found. Instead, a secondary branch of solutions occurs, with  $\omega$  increasing. The DBS curve then seems to spiral, and it is likely that the picture familiar from the spherically symmetric case (see the inset in Fig. 1) is recovered also in the dipole case. Then we expect that the  $(\omega, M)$  and  $(\omega, Q)$  curves would spiral toward a central region of the diagram, wherein the numerics become increasingly challenging.

As seen in Fig. 1, along the fundamental branch (with  $\omega_{\min} < \omega < \mu$ ), the ratio  $\mu Q/M$  is greater than unity down to a critical frequency  $\omega_c \sim 0.752\mu$ .

A standard energetic argument stating that the BS has more energy than a system of  $Q$  free bosons, implies that the set of DBSs beyond that point—i.e., for  $\omega < \omega_c$  along the first branch and on the whole second branch—are unstable against fission, since the system prefers to relax into free bosons. Whereas, this does not mean that this is the true fate of such stars, it establishes they are unstable.

In Figs. 2 and 3 we display various relevant functions and physical quantities for a typical, illustrative solution with

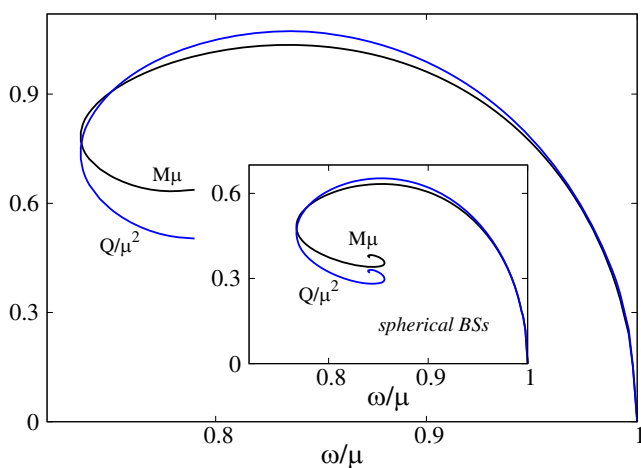


FIG. 1. The mass and Noether charge are shown vs scalar field frequency for the DBSs. The inset shows the corresponding picture for spherically symmetric, fundamental BSs [12], as a comparison.

$$\begin{aligned} \omega/\mu &= 0.8, & M\mu &= 1.0165, & Q\mu^2 &= 1.049, \\ L_z\mu &= 5.361. \end{aligned} \quad (5.1)$$

The left column displays 3D plots (in cylindrical coordinates), whereas the right column shows 2D plots of the same functions in terms of the radial variable for three different angular coordinates  $\theta = 0$  (red solid line),  $\theta = \pi/4$  (blue dotted line), and  $\theta = \pi/2$  (green dotted line). A compactified radial coordinate is used, such that the asymptotic behavior of the functions becomes transparent. Note in particular from Fig. 2 (bottom panel) that the scalar field is parity odd.

Figure 4 shows the morphology of the same illustrative solution by exhibiting the surfaces of constant energy density. DBSs always possess *two* distinct components, the energy of the scalar field being located around two distinct centers, located on the  $z$ -axis, at  $z = \pm z_0$ . This also corresponds to maximum of various other quantities like  $|\phi|, R, K$ —see Figs. 2 and 3. Then a surface of constant energy density (as given by the  $T'_t$  component of the energy-momentum tensor) yields two spheroidal surfaces located on the symmetry axis at  $z = \pm z_0$ —Fig. 4. Let us remark that the energy density (unlike the scalar field) does not vanish at  $r = 0$ :  $T'_t = -d_1^2 e^{-2f_{10}}$ , where  $d_1, f_{10}$  are the constants in the small- $r$  expansion (3.2).

In Fig. 5 we display the proper distance  $L_z$ , as defined by Eq. (3.15), as a function of the frequency. The two BSs become infinitely separated as  $\omega \rightarrow \mu$ ; then, the distance between them decreases with  $\omega$ . The minimal value of  $L_z$  is approached on the secondary branch, for  $\omega/\mu \simeq 0.77$ , with the proper distance increasing again after this point. The maximal value of the scalar field, on the other hand, which is approached on the  $z$ -axis, at  $z = z_0$ , always increases along the spiral—Fig. 5 (inset). The latter behavior is analogous to that of single spherical BSs.

The (inverse) compactness of DBSs is shown in Fig. 6. Although these odd parity solutions are less compact than single, spherical BSs, along the fundamental branch, the usual diagram for a spherical BS is recovered. The picture changes, however, along the secondary branch, where we notice an increase in compactness relatively to the first branch, in contrast to the spherical case, where the compactness decreases in the second branch relatively to the first one.

As one can see in the inset of Fig. 6, for a given frequency, the mass of a DBS is smaller than the mass of two spherical BSs with the same frequency. This is consistent with the DBSs being a bound state (with negative binding energy) of two individual BSs. Here we consider first branch solutions only, where such a comparison is more meaningful, and recall that the spherical BSs exist for  $\omega_{\min} < \omega < \mu$ , with a maximal mass  $M_{\max}\mu \sim 0.633$ . Then, we may expect that the binding energy goes to zero and the system becomes better

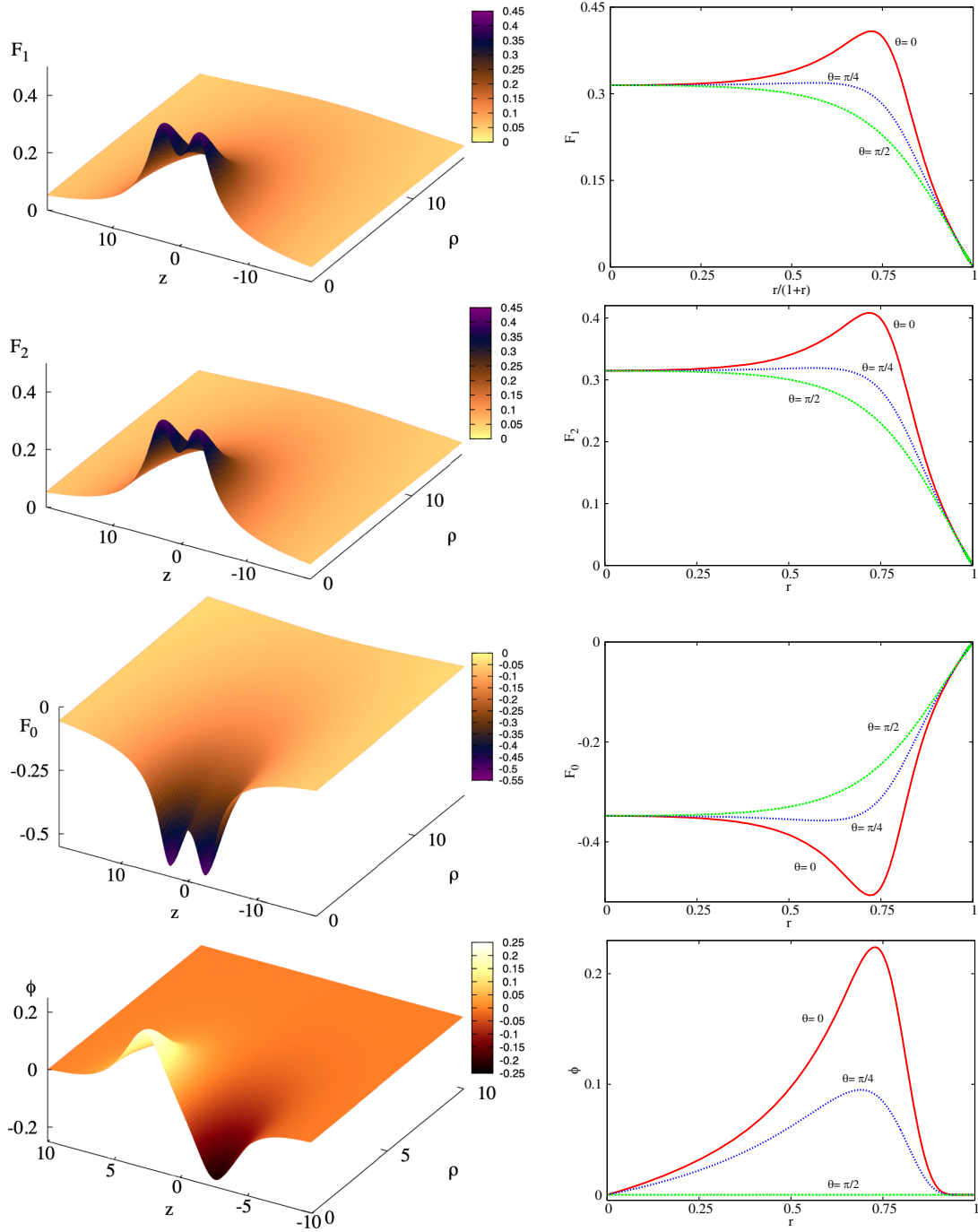


FIG. 2. The metric functions  $F_i$  and the scalar field  $\phi$  are shown for the illustrative solution (5.1).

approximated by a linear superposition of two BSs as  $\omega \rightarrow \mu$ . Let us give evidence this is the case.

As  $\omega \rightarrow \mu$ , the DBS is indeed a bound state of two (largely separated) BSs, then a single BS would carry half of the total Noether charge,

$$Q_{\text{BS}} = \frac{1}{2} Q_{\text{DBS}}. \quad (5.2)$$

This provides a range of  $Q_{\text{BS}}$  which indeed exists within the existing set of (spherical) BSs data. Then, from the numerical single BSs data we compute their mass  $M_{\text{BS}}$  corresponding to that  $Q_{\text{BS}}$ . It turns out that, as expected,

$$1 - \frac{2M_{\text{BS}}}{M_{\text{DBS}}} \simeq 10^{-3}. \quad (5.3)$$



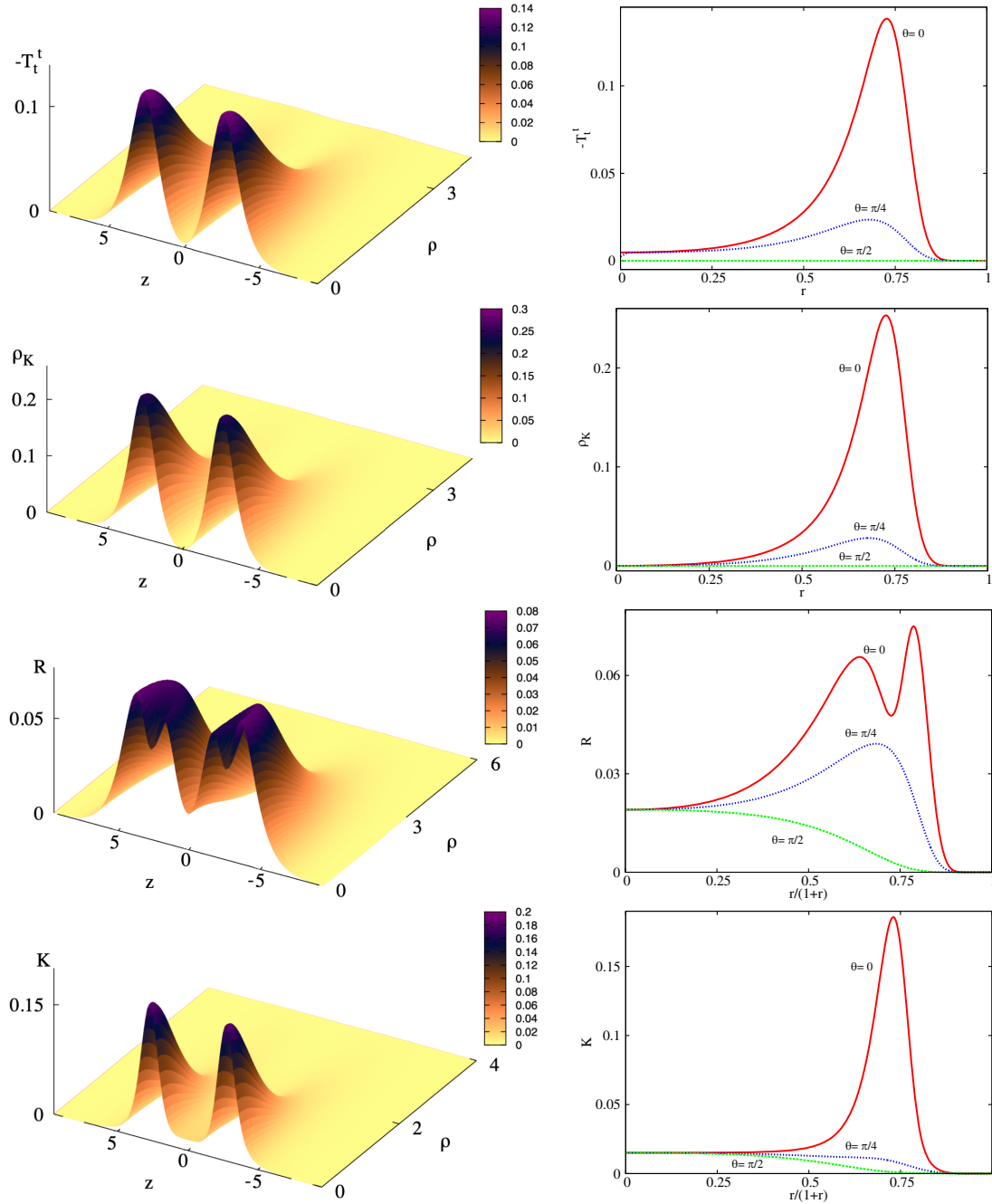


FIG. 3. The component  $T_t^t$  of the energy-momentum tensor, the Komar energy density  $\rho_K = T - 2T_t^t$  and the Ricci and Kretschmann scalars are shown for the illustrative solution (5.1).

The corresponding individual spherical BSs and DBS possess slightly different frequencies, which are expected to converge as  $\omega \rightarrow \mu$ . We can support this expectation considering a fitting of the existing data with  $\omega \rightarrow \mu$ . For DBSs one finds

$$M_{\text{DBS}} \simeq 3.80046 \sqrt{1 - \frac{\omega}{\mu}}, \quad (5.4)$$

while the corresponding relation for BSs reads [34]

$$M_{\text{BS}} \simeq 2.47864 \sqrt{1 - \frac{\omega}{\mu}}, \quad (5.5)$$

which agrees very well with our numerical results.

Then let us assume  $M_{\text{DBS}}(\omega_{\text{DBS}}) = 2M_{\text{BS}}(\omega_{\text{BS}}) = M$  and invert the relations (5.4), (5.5) to compute the ratio  $\omega_{\text{DBS}}/\omega_{\text{BS}}$ . For small  $M$ , this gives

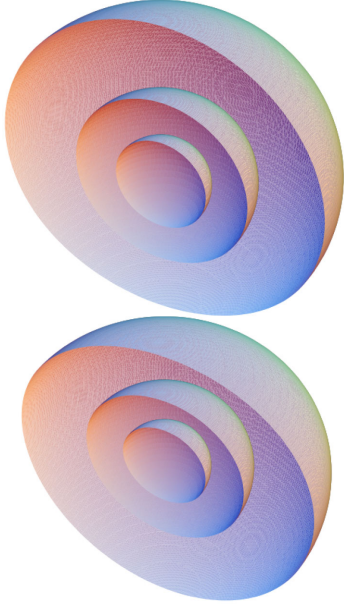


FIG. 4. Surfaces of constant energy density, with  $-T'_i = 0.1, 0.05, 0.01$ , from the innermost to the outermost surface, are shown for the illustrative solution (5.1).

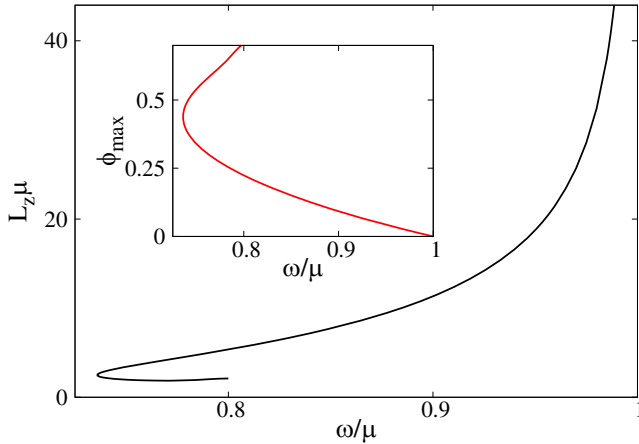


FIG. 5. The proper distance between the individual lumps and the maximal value of the scalar field (inset) are shown as a function of scalar field frequency  $\omega$  for the DBSs.

$$\frac{\omega_{(\text{DBS})}}{\omega_{(\text{BS})}} = 1 - 0.028543M^2 + \dots, \quad (5.6)$$

which is the expected result, with  $M_{\text{DBS}}(\omega) = 2M_{\text{BS}}(\omega)$  as  $M \rightarrow 0$ . We also remark that a fitting of the DBS data found for  $\omega \rightarrow \mu$  gives the following relation

$$M = \mu Q(1 - c_0 \mu^2 Q^2), \quad \text{with } c_0 = 0.0230503. \quad (5.7)$$

This agrees well with the result  $c_0 = 0.02298$  in [19] obtained within a Newtonian approximation.

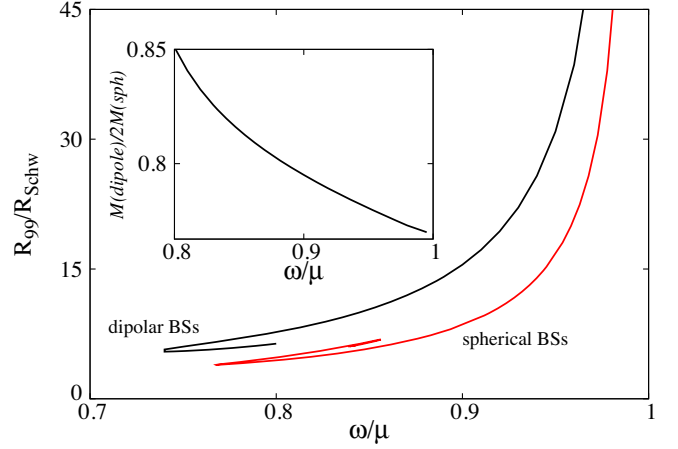


FIG. 6. Inverse compactness of DBSs. The inset shows the ratio between the mass of a (fundamental branch) DBS and (two times) a spherical one, both with the same frequency.

## B. Comparison with the simple effective model

We shall now show how the simple model based on the interaction energy (1.2) for two point masses in flat spacetime, captures the variation of the distance  $L_z$  between the two centers of the DBSs in the fully nonlinear solutions.

To allow the comparison, we take the interaction energy (1.2) with  $M \rightarrow M/2$  and  $Q \rightarrow Q/2$ , so that  $M, Q$  can be compared with the ADM mass and Noether charge of the DBS, thinking of each component has having half of the mass/Noether charge. Then the total force between the two constituents  $\mathbf{F} = -\nabla U$  has radial magnitude

$$F_g + F_s = -\frac{M^2}{4r^2} + g\frac{Q^2}{4r^2}(1 + \alpha r)e^{-\alpha r}. \quad (5.8)$$

Equilibrium amounts to the force balance condition

$$F_g + F_s = 0 \quad \text{for } r = L_z. \quad (5.9)$$

We have tested the naive equilibrium condition (5.9) for the family of static DBSs reported above. For each DBS (specified by  $\omega$ , say) we use its  $(M, Q, L_z)$  to compute  $F_g, F_s$  above and determine  $g, \alpha$  by enforcing (5.9). *A priori*, these parameters may vary significantly along the space of DBSs solutions. Considering various pairs of frequencies  $(\omega_1, \omega_2)$  on the first branch of solutions—where this simple mechanical model is more reasonable—we always found a value of  $g \simeq 1$  and  $\alpha \simeq 0.01$ , with a few percent variation for both parameters. Thus, in what follows we choose these values for  $g, \alpha$ .

In Fig. 7 we show the individual forces  $F_g, F_s$  as computed from (5.8) (with  $r = L_z$ ) and also the relative difference between them (in the inset). One observes that this simple model works relatively well for the set of solutions between  $\omega_{\text{max}} = \mu$  and  $\omega_{\text{min}}$ . For example, the relative error found for the solution with the maximal mass

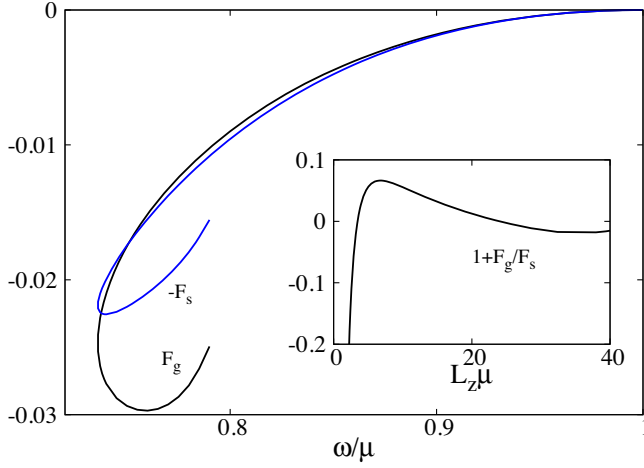


FIG. 7. The forces in the effective model—cf. (5.8)—and the relative difference between them.

and charge ( $\omega/\mu \simeq 0.835$ ) is  $1 + F_g/F_s \sim 6\%$ . Likely, this agreement is partly a consequence of the fact that the ratio  $Q/M$  is not too far from unity for all solutions between  $\omega_{\max}$  and  $\omega_{\min}$ .

### C. The role of gravity: No flat spacetime static $Q$ -balls in equilibrium

The last subsection corroborates the interpretation of DBSs as two (static) BSs in equilibrium, by virtue of a balance between their gravitational attraction and their scalar repulsion. We shall now put forward a different argument that emphasizes the importance of the long range gravitational interaction, for the existence of DBSs.

Single BSs have a flat spacetime cousin:  $Q$ -balls [35].  $Q$ -balls are interpreted as emerging from a balance between the dispersiveness of the oscillating scalar field (amplitude) and the attractiveness of the self-interactions. When turning on gravity, however, the scalar self-interactions are dispensable; their role is replaced by another attractive, nonlinear interaction. There is, however, an important difference: the scalar (gravitational) interaction is short (long) range.

This discussion suggests that whereas nonlinear scalar and gravitational interactions may be interchanged for obtaining single energy lumps in equilibrium, they might not mimic one another for distant energy lumps in equilibrium. This leads to the conjecture that no flat spacetime multi- $Q$ -balls in equilibrium exist. We shall now follow the arguments in [36], to prove this statement, for the case of two equilibrium  $Q$ -balls, in a nongravitating model with a complex scalar field. Thus, gravity is a crucial ingredient for the existence of equilibrium configurations of two such scalar lumps, a result which is independent of the precise scalar field potential.

The starting point of the argument assumes a generic field theory model on flat spacetime, with its metric in cylindrical coordinates

$$ds^2 = -dt^2 + d\rho^2 + \rho^2 d\varphi^2 + dz^2. \quad (5.10)$$

One focuses on static axially symmetric solitonic configurations, with a conserved energy-momentum tensor,

$$\nabla_\alpha T_\beta^\alpha = \frac{1}{\sqrt{-g}} \frac{\partial}{\partial x^\alpha} (\sqrt{-g} T_\beta^\alpha) - \frac{1}{2} \frac{\partial g_{\alpha\nu}}{\partial x^\beta} T^{\alpha\nu} = 0. \quad (5.11)$$

Then, the only nonzero components of the energy-momentum tensor are

$$T_{\rho\rho}(\rho, z), T_{zz}(\rho, z), T_{\rho z}(\rho, z), T_{\varphi\varphi}(\rho, z), T_{tt}(\rho, z). \quad (5.12)$$

Next, one consider the  $x^\beta = z$  component of Eq. (5.11) and integrates it over the half-space  $z \geq 0$ . This implies the general relation

$$\int_0^\infty dz \rho T_z^\rho|_{\rho=0}^\infty + \int_0^\infty d\rho \rho T_z^z|_{z=0}^\infty = 0, \quad (5.13)$$

which must be satisfied by any static soliton. Now, we assume that  $T_z^\rho$  is finite at  $\rho = 0$  and vanishes faster than  $1/\rho^2$  as  $\rho \rightarrow \infty$ , both necessary conditions for a finite energy, everywhere regular soliton. This implies that the first integral in (5.13) vanishes. Additionally, we assume that  $T_z^z$  goes to zero as  $z \rightarrow \infty$ ; then (5.13) reduces to

$$\int_0^\infty d\rho \rho T_z^z(\rho, z)|_{z=0} = 0. \quad (5.14)$$

This is a generic constraint that we shall now evaluate for a complex scalar field  $\Phi$  model, with the Lagrangian density

$$\mathcal{L} = -\frac{1}{2} g^{\alpha\beta} (\Phi_{,\alpha}^* \Phi_{,\beta} + \Phi_{,\beta}^* \Phi_{,\alpha}) - U(|\Phi|^2), \quad (5.15)$$

where  $U(|\Phi|^2)$  is the self-interaction potential, with  $U(0) = 0$ . The scalar field satisfies the KG equation

$$\square \Phi = \frac{\partial U}{\partial |\Phi|^2} \Phi. \quad (5.16)$$

For a  $Q$ -ball solution, one assumes a (static) scalar field ansatz

$$\Phi = e^{-i\omega t} \phi(\rho, z), \quad (5.17)$$

which results in the following expression for  $T_z^z$ :

$$T_z^z = -\phi_{,\rho}^2 + \phi_{,\zeta}^2 + w^2 \phi^2 - U(\phi). \quad (5.18)$$

Let us assume the existence of a small- $z$  Taylor expansion of the scalar field

$$\phi(\rho, z) = \sum_{k \geq 0} \phi_k(\rho) z^k, \quad (5.19)$$

such that the integral (5.13) becomes

$$\int_0^\infty \rho[\phi_1^2 - \phi_{0,\rho}^2 + w^2\phi_0^2 - U(\phi_0)]d\rho = 0. \quad (5.20)$$

However, an odd-parity scalar field necessarily vanishes on the equatorial plane

$$\phi_0 = 0, \quad (5.21)$$

(or more general,  $\phi_{2k} = 0$ ) such that (5.20) becomes

$$\int_0^\infty \rho\phi_1^2 d\rho = 0. \quad (5.22)$$

The only way to satisfy the above relation is to assume  $\phi_1(\rho) = 0$ . However, from the KG equation (5.16) one finds that the higher order coefficients in (5.18) vanish order by order,  $\phi_{2k+1} = 0$ . Thus, we conclude that no odd-parity static scalar field smooth solutions may exist, in particular, no  $Q$ -dipoles.

We remark that the above nonexistence result does not apply to rotating configurations. Rotation introduces a dipole-dipole interaction that can be used to balance two spinning  $Q$ -balls in flat spacetime. Such solutions were briefly reported in [37]—see also Ref. [38]. Also, it does not exclude the existence of even-parity solutions, the simplest one being the spherically symmetric  $Q$ -balls.

## VI. FURTHER REMARKS AND CONCLUSIONS

BSs are perhaps the simplest self-gravitating solitons. As argued in [21] there is an infinite tower of multipolar solutions, in close analogy with the hydrogen orbitals. The DBSs discussed here can be seen as two BSs in equilibrium due to a balance between gravitational attraction and scalar repulsion.

An interesting perspective on BSs is that they are a manifestation of the *gravitational desingularization* mechanism [21]. Restricting to the original (and simplest) spherical solutions in [9,10], one can explain this mechanism as follows. A scalar field on flat spacetime (with mass  $\mu$  and frequency  $\omega$ ) possesses a spherically symmetric solutions (of the linear KG equation) which vanishes in the far field and diverges at  $r = 0$ :

$$\Phi = e^{-i\omega t} \frac{e^{-\sqrt{\mu^2 - \omega^2} r}}{r}.$$

When coupling the scalar field to gravity, the backreaction regularizes this central singularity,<sup>5</sup> resulting in spherically symmetric BSs. However, whereas for the flat space solution the scalar field is confined for any  $\omega < \mu$ , gravity

effects lead to the existence of a nonzero minimal value for the frequency. As argued in [21], this mechanism works also the multipoles of the scalar field (see also Ref. [22]). The simplest case is the dipole, with the flat spacetime solution

$$\Phi = \left(\frac{1}{r} + \sqrt{\mu^2 - \omega^2}\right) e^{-\sqrt{\mu^2 - \omega^2} r} \frac{\cos\theta}{r} e^{-i\omega t}. \quad (6.1)$$

Again, gravity regularizes the singularity at  $r = 0$ , resulting in physically reasonable configurations—the DBSs—consisting of a pair of oscillating lumps with a phase difference of  $\pi$ . It is the phase difference between these components which yields a repulsive force between them, balancing the gravitational attraction.

DBSs represent a gravitationally bound pair of solitons. Analogous configurations are known in classical field theory; the solitons possess a core in which most energy is localized, and an asymptotic tail, which is responsible for the long-range interaction between the well-separated solitons, see, e.g., Refs. [40,41]. This interaction can be either repulsive or attractive. In flat space, a pair of solitons may exist as a regular equilibrium solution of the field equations if there are several field components and the corresponding interactions balance, providing a zero net force<sup>6</sup>—see Ref. [42] for examples in various spacetime dimensions. For instance, bound pairs of solitons may exist in the  $3 + 1$  dimensional Skyrme model with a special form of the potential, which combines both repulsive and attractive interactions [43,44]. Similarly, the Faddeev-Skyrme model supports bound pairs of Hopfions [45]. Another type of bounded soliton solutions is a static pair of a Skyrmion and an anti-Skyrmion in equilibrium [36,46,47]. Similar soliton-antisoliton pairs exist in the  $SU(2)$  Yang-Mills-Higgs theory [48–50]. The magnetic dipole is a saddle point solution where the attractive short-range forces, mediated both by the  $A_\mu^3$  vector boson and the Higgs boson, are balanced by the repulsive interaction due to massive vector bosons  $A_\mu^\pm$  with opposite orientation in the group space [51]. The effective net potential of the interaction between a monopole and an anti-monopole is attractive for large separation between the constituents and it is repulsive on a short distance. Similar bound pairs of solutions exist in the  $SU(2) \times U(1)$  electroweak theory [52–54], in the Goldstone model with an isovector scalar field [55] and in the Euclidian  $SU(2)$  Yang–Mills theory [56]. These axially-symmetric configurations represent a deformation of the topologically trivial sector, a saddle point solution (sphaleron). Coupling to gravity yields an additional attractive effect in the system, introducing more

<sup>5</sup>The same mechanism works for other models with more complicated matter fields [39].

<sup>6</sup>Notably, there is a very special class of self-dual solitons whose energy of interaction is always zero for any separation between the solitons.



intricate patterns in the solution space of self-gravitating bound pairs of solitons, see Refs. [57–61].

The main purpose of this paper was to provide a deeper study of DBS solutions. This type of solutions likely provides the simplest example of composite configurations in a field theory coupled with gravity. In (electro-)vacuum GR, the two BH solution is plagued by conical singularities [62], except in the extremal case, that yields a no-force condition and connects to supersymmetry and BPS bounds [63,64]. The existence of the DBSs shows that the situation can be different for (rather simple) field theory models, also admitting self-gravitating solitons.

The simple effective model based on (1.2), managed to reproduce some features of DBSs. However, it suggests that these solutions could be dynamically stable, whereas the study in [65] has unveiled they are unstable. This is most likely due to the point particle approximation. The two centers in the DBSs are extended objects with a more complicated dynamics. This discussion suggests, nonetheless, that the dynamical properties of DBSs can be made more robust by making each center more compact (and hence point like). This is precisely the effect of introducing a (repulsive) self-interaction. Preliminary results indeed show this can improve the dynamical robustness of DBSs (as for other excited BSs [13,66]) and we expect to report on this soon.

If would be interesting to see if the DBSs allow for BH generalizations. For a single, spherically symmetric BS, the answer is negative, as shown by the results in Ref. [67]. Although the arguments in [67] do not seem to possess a simple extension for DBSs, it is likely that also in this case there are no BHs. For example, when assuming the existence of a power series expansion of the solutions in the vicinity of the event horizon, one finds that the scalar field vanishes order by order, as implied by the regularity

assumption. However, rotation allows for a loophole, the nonzero scalar field at the horizon being anchored to the *synchronization condition*  $\omega \sim \Omega_H$  (with  $\Omega_H$  the event horizon velocity). Indeed, solutions of the Einstein-scalar field equations with an event horizon inside a single spinning BS [68] or a spinning DBS [69] are known to exist.

Finally, let us remark that similar two-center solitonic solutions in equilibrium exist in the Einstein-(complex, massive)-Proca model [65], and deserve an analogous detailed study.

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