# Black-hole-like saturons in Gross-Neveu

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It has been argued recently that objects of maximal microstate entropy permitted by unitarity, the so-called saturons, have properties similar to black holes. We demonstrate the existence of such objects in the Gross-Neveu model. From the large-N scaling of S-matrix, we deduce the connection between the entropy of the bound state and the unitarity of scattering. We observe that upon saturation of unitarity, the bound state exhibits a remarkable correspondence with a black hole. The scaling of its entropy is identical to Bekenstein-Hawking entropy. The saturon decays via Hawking's thermal rate of temperature given by the inverse size. The information retrieval time from the Gross-Neveu saturon is isomorphic to Page's time. Our observations indicate that black hole properties are exhibited by saturated states in simple calculable models.

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## I. INTRODUCTION

Black holes are considered to be mysterious due to the properties concerning their entropy, the thermal evaporation and the timescale of information retrieval. However, it has been argued recently [1] (for a summary, see Ref. [2]) that these properties are not specific to black holes or to gravity. Rather, they are the universal features of objects that have maximal microstate entropy compatible with unitarity. This proposal heavily relies on the evidence produced in two previous articles [3,4] and is based on several field theoretic examples. The connection goes as follows.

In a theory with a quantum coupling  $\alpha$ , the entropy attained by any self-sustained object of size R is bounded from above by [1],

$$S \le \frac{1}{\alpha},\tag{1}$$

where the coupling  $\alpha$  has to be evaluated at the scale 1/R. A violation of the above bound, would lead to a violation of unitarity. This, of course, is impossible. Instead, if pushed beyond (1), the theory has to resist and undergo a change of the regime.

It has been shown that the saturation of the bound (1) is correlated with a breakdown of loop expansion, as well as,

Published by the American Physical Society under the terms of the Creative Commons Attribution 4.0 International license. Further distribution of this work must maintain attribution to the author(s) and the published article's title, journal citation, and DOI. Funded by SCOAP<sup>3</sup>. with the saturation of unitarity by certain scattering amplitudes. An intuitive way of understanding this connection is the following. An object with unbounded entropy *S*, would lead to an unlimited growth of the cross section due to an exponentially increasing number of the degenerate final states.

On more quantitative side, near the saturation point, a typical scaling of the relevant cross section has the form [1],

$$\sigma \sim e^{-\frac{1}{\alpha} + S}.$$
(2)

This makes the bound (1) rather transparent. It has been argued [1] that objects saturating this bound, so-called "saturons," behave similar to black holes.

The basis for this connection becomes clear by realizing that Bekenstein-Hawking entropy [5,6] of a black hole of radius R,

$$S_{\rm BH} \sim \frac{\mathcal{A}rea}{G_{gr}},$$
 (3)

can be written as [1,7],

$$S \sim \frac{1}{\alpha_{qr}},$$
 (4)

where  $\alpha_{gr} = G_{gr}/R^{d-2}$  is the quantum gravitational coupling in d space-time dimensions, evaluated at the scale of momentum transfer 1/R. The quantity  $Area \sim R^{d-2}$  and  $G_{gr}$  stands for a d-dimensional Newton's constant.

Remarkably, the black holes and gravity turn out not to be exceptional. The entropy of a generic saturated state obeys a very similar area-law [1,3,4]. For a generic saturon, the role of Newton's constant  $G_{gr}$  is played by the coupling  $G_{\rm Gold}$  of the Nambu-Goldstone boson of spontaneously broken Poincaré symmetry. Correspondingly, the maximal entropy (1) can be presented in the following Goldstone form [1,3],

$$S \le \frac{Area}{G_{Gold}}. (5)$$

This form holds for saturons in arbitrary dimensions. The coupling  $G_{\rm Gold}$  is well defined due to an universal character of spontaneous breaking of Poincare symmetry by any saturated state. For a black hole, the Goldstone comes from graviton, and correspondingly,  $G_{\rm Gold}=G_{gr}$ . But the relation (5) is generic.

Thus, uncovering a hidden correspondence between black holes and other saturated objects, requires a formulation of entropy in terms of universal parameters, such as  $\alpha$  and  $G_{\rm Gold}$ .

It was argued [1] that saturons and black holes share other key features. Such are, the Hawking type evaporation, as well as, the minimal timescale of the information retrieval. For a generic saturated object, this minimal time is given by,

$$t_{\min} = \frac{R}{\alpha} = SR. \tag{6}$$

No relevant information can be obtained on any shorter timescale. For  $\alpha = \alpha_{gr}$  this expression reproduces the so-called Page's time [8] for a black hole.

The above similarities between black holes and generic saturons were demonstrated on several explicit examples [1,3,4,9]. These include solitons, instantons, baryons and other field configurations, such as the vacuum bubbles.

The fact that the black-hole-like properties follow from saturation, creates a supporting evidence for the description of a black hole as saturated bound state of gravitons [7]. It has been argued recently [10] that the color glass condensate state in ordinary QCD [11] saturates the bounds (1) and (5) and exhibits a correspondence with the black hole state in gravity, described as the saturated state of gravitons of [7].

In is important to say that the correspondence between black holes and other saturons [1], does not imply the correspondence between gravity and the respective theories. Rather, it refers to a correspondence between the specific states in different theories. The connection emerges due to the universal relation between the maximal entropy (1) and unitarity.

The purpose of the present paper is to demonstrate the above connection in a theory for which the *S*-matrix is calculable while simultaneously the spectrum of bound states is known. An interesting candidate of this sort is the

Gross-Neveu model [12]. This theory has all the required features. In particular, it possesses the bound states of high degeneracy for which we can explicitly test the ideas about saturation.

We shall demonstrate that the bound state of maximal degeneracy in Gross-Neveu model is a saturon. Due to saturation, the Gross-Neveu bound state exhibits the black hole like properties. The correspondence includes all the key physical characteristics, such as, the entropy given by (1) and (5); a Hawking-like evaporation, with the effective temperature given by the inverse size of the saturon; the minimal timescale (6), required for information retrieval.

In this way, the Gross-Neveu model captures and explains the physical origin of these "mysterious" properties, in terms of the universal phenomenon of saturation.

#### II. THE GROSS-NEVEU MODEL

In a well-known work by Gross and Neveu [12], a 2-dimensional quantum field theory model was discussed (for the review, see, Refs. [13,14]). The model is integrable in large N limit. The chiral symmetry is spontaneously broken and the bound states are known [17].

The model consists of N Dirac  $\psi$  fermions in 2 dimensions. Alternatively, we can work in the bases of 2N Majorana fermions with SO(2N) flavor symmetry. The Lagrangian has the following form,

$$\mathcal{L} = i\bar{\psi}\partial\psi + \frac{\alpha}{2}(\bar{\psi}\psi)^2, \tag{7}$$

where  $\alpha$  is a dimensionless coupling constant of the theory. The contractions of flavor and space-time indexes are obvious and not shown explicitly. The theory has a discrete chiral symmetry, which in Dirac notations acts as  $\psi \to \gamma_5 \psi$ . The above theory can be written in the equivalent form.

$$\mathcal{L} = i\bar{\psi}\partial\psi - \frac{1}{2\alpha}\sigma^2 + \sigma\bar{\psi}\psi, \tag{8}$$

where  $\sigma$  is an auxiliary scalar field. It is a singlet under the flavor group and transforms under the discrete chiral symmetry as  $\sigma \to -\sigma$ .

We adopt the normalization for the  $\sigma$  field (8) used in [13]. Of course, the physical quantities, such as masses of particles and the vacuum expectation value of the  $\bar{\psi}\psi$  operator are independent of this normalization.

Analysis of the model is usually done in the large N limit, where the 't Hooft-like coupling [18] is defined as

$$\lambda = \alpha N. \tag{9}$$

<sup>&</sup>lt;sup>1</sup>Small-N cases, which are beyond our present interest, have been studied in [15], for more recent analysis, see e.g., Ref. [16].

We shall be working in the 't Hooft limit, in which  $N \to \infty$ , whereas the collective coupling  $\lambda$  is kept fixed. In this case, the full effective potential for  $\sigma$  is known [12] and has the form,

$$V = \frac{N}{2\lambda}\sigma^2 + \frac{N}{4\pi}\sigma^2 \left(\log\left(\frac{\sigma^2}{\mu^2}\right) - 1\right),\tag{10}$$

where  $\mu$  is the renormalization scale. The above potential has two minima at  $\sigma_0 = \pm \mu e^{-\frac{2\pi}{\lambda}}$ . This implies a spontaneous breaking of the chiral symmetry. The result is exact for infinite N.

The beta function corresponding to the coupling  $\lambda$  has the following form

$$\beta(\lambda) = -\frac{\lambda}{2\pi},\tag{11}$$

which can be derived from the effective potential (10). The sign of the beta function implies that the model is asymptotically free. This statement is also exact, since the effective potential is exact in large N.

Due to the spontaneous breaking of symmetry, the elementary fermions get the following masses,

$$m_f = \sigma_0. \tag{12}$$

We shall treat the fermions as the building blocks of the asymptotic S-matrix states. Due to the fermionic nature of the constituents, the wave functions form the totally antisymmetric representations of the flavor group. The number of states  $n_{st}$  in such a tensor multiplet of rank n is given by a binomial coefficient,

$$n_{st} = \frac{2N!}{n!(2N-n)!}. (13)$$

The semiclassical study of the theory shows that it has bound states. They form multiplets with the above degeneracy [17]. The mass spectrum has the following form

$$M_n = m_f \frac{2N}{\pi} \sin\left(\frac{n\pi}{N}\right),\tag{14}$$

where n < N. It is clear that for large N, the case n = 1 reproduces the mass of an elementary fermion.

All the above information makes the Gross-Neveu model a perfect laboratory for testing the entropy bounds (1) and (5) and studying their relation with unitarity.

## III. THE ENTROPY OF BOUND STATES

Following [1,3,4], we shall now apply the concept of entropy to the bound states. Due to degeneracy, the bound states of Gross-Neveu model carry the following entropy,

$$S = \ln(n_{st}),\tag{15}$$

where the number of microstates  $n_{st}$  is given by (13). This quantity reaches its maximum for n = N. Due to large N, we can use Stirling approximation, which gives,

$$S = 2N\ln(2). \tag{16}$$

This expression is valid up to relative corrections of order ln(N)/N, which are negligible. Equation (16) describes the limiting entropy of the bound state in the Gross-Neveu model. From (14), the mass of this bound state is given by

$$M_N = \frac{2N}{\pi} m_f. \tag{17}$$

Thus, both the mass and the entropy of the bound state scale as N in units of the fermion mass  $m_f$ . We also note that the size of the bound state is set by the Compton wavelength of the fermion,

$$R \sim \frac{1}{m_f} \,. \tag{18}$$

### A. Correspondence with black holes

We shall now argue that characteristics of this object are very similar to a black hole, when parameters are translated into their gravitational counterparts.

For this let us notice that the bound state saturates the unitarity entropy bound (1), when the 't Hooft coupling (9) becomes order one. This behavior is rather characteristic to saturated states in large-N theories, as discussed in [1,3,4]. In this limit, the entropy of the bound state becomes,

$$S \sim \frac{1}{\alpha} \sim N. \tag{19}$$

This is the same expression as the entropy of a black hole (4) expressed in terms of the gravitational coupling  $\alpha_{gr}$ . Thus, we discover that for the critical 't Hooft coupling (which, as we will show, saturates unitarity), there is a correspondence between the entropies of a black hole (4) and of the heaviest Gross-Neveu bound state. The correspondence is exact under the exchange,  $\alpha \to \alpha_{gr}$ .

# B. Area-law in Gross-Neveu

When written in terms of the Newton's constant,  $G_{gr}$ , the black hole entropy assumes a well-known area form (3). In order to understand the meaning of the area-scaling, we must appreciate that it originates from the form of the graviton coupling (4) at the point of saturation. Thus, the black hole entropy satisfies the combined relation.

$$S_{\rm BH} \sim \frac{\mathcal{A}rea}{G_{gr}} \sim \frac{1}{\alpha_{gr}}.$$
 (20)

One may wonder, what is the analog of  $G_{gr}$  for Gross-Neveu saturon. As explained in [1], the role of the Newton's coupling, in case of a generic saturon, is played by the coupling  $G_{\rm Gold}$  of the Goldstone boson of spontaneously broken Poincare symmetry. In terms of  $G_{\rm Gold}$ , the entropy bound (1) takes the form (5). In each case, the coupling  $G_{\rm Gold}$  is unambiguously defined. This is because any object of nonzero entropy, inevitably breaks a part of Poincare symmetry spontaneously.

In particular, for a generic self-sustained saturated state of N quanta, of characteristic wavelength R, the coupling  $G_{\text{Gold}}$  is universally given by,

$$G_{\text{Gold}} \sim \frac{R^{d-2}}{N} \sim \frac{R^{d-2}}{S}.$$
 (21)

Correspondingly, the form of entropy,

$$S \sim \frac{Area}{G_{\text{Gold}}} \sim \frac{1}{\alpha},$$
 (22)

is universal. This is also true in Gross-Neveu. The only peculiarity is that in this case, since d=2, the coupling of the Poincaré Goldstone, is dimensionless  $G_{\rm Gold}=1/\alpha=N$ . This is no obstacle for the validity of (22), since the quantity "Area", which for d>2 is interpreted as the surface area, continues to be well defined for d=2. It is simply equal to a dimensionless number,  $Area \equiv R^0 \sim 1 \neq 0$ . Therefore, all relations in (22) are valid for the Gross-Neveu saturon.

The correspondence between a black hole and a generic saturon, goes through the invariant notions that are independent of the space-time dimensionality and other peculiarities of the theory. Such trans-theory invariants are the couplings,  $\alpha$  and  $G_{\rm Gold}$ , evaluated at the scale of the object. It is this coupling that constrains the entropy of the object via (1). When the bound is saturated, the object becomes a saturon. The correspondence with a black hole then follows.

### C. Connection with Bekenstein

Another indication of the deep connection is that the bound state, just like a black hole, simultaneously with (1) and (5), saturates the Bekenstein bound on entropy. The Bekenstein bound says that the entropy of an object of mass  $M_N$  and radius R is bounded by [19],

$$S = 2\pi M_N R. \tag{23}$$

Taking into account the size (18) and the mass (17), this expression takes the form

$$S \sim N$$
, (24)

which coincides with (16). Thus, the Bekenstein enropy bound on the Gross-Neveu saturon coincides with the microstate entropy of the maximally degenerated state.

# D. Connection with unitarity and validity domains of degrees of freedom

Can the entropy of the maximally degenerate state (16) violate the bound (1)? Since the entropy scales as N, the violation of the bound (1) would require  $N \gg 1/\alpha$ . Equivalently, the running 't Hooft coupling, evaluated at the scale of the bound state, must be large,

$$\lambda \gg 1.$$
 (25)

This is not possible, since the theory develops a mass gap and forms bound states at the scale of dimensional transmutation. In other words, the violation of (1) by a bound state would require that at the scale of that bound state the 't Hooft coupling  $\lambda$  is much above the point  $\lambda \sim 1$  (we call it a "critical point"). However, this is not possible, since the bound states in entropy of which we are interested are formed at the scale where  $\lambda \sim 1$ .

Secondly, the relevant  $\lambda$  cannot grow infinitely because the theory develops a mass gap at  $\lambda \sim 1$ . Namely, the beta function of the model (11) predicts the growth of coupling at low energies. The mass of the fermion is comparable to the energy scale where  $\lambda \sim 1$ . This is what defines the mass scale (12) uniquely. The running of  $\lambda$  is effectively frozen below this scale.

This situation shares similarities with QCD. At short distances, QCD is well-described using quarks and gluons perturbatively, since their interactions are weak. The same is not true at low energies (large distances), where the interaction coupling is no longer small. Instead, at large distances the right degrees of freedom are given by composites (such as pions) rather than by quarks and gluons. The domains of validity of the two sets of degrees of freedom are separated by the critical point  $\lambda \sim 1$ , with the coupling defined as the coupling of gluons and quarks. Analogous consideration holds for the coupling of pions, if we approach the critical point from low energies.

The case in Gross-Neveu is very similar, with the minor difference that there are no massless pions. The running of physical  $\lambda$  effectively terminates at the mass gap due to nonexistence of degrees of freedom below it.

At any scale, the valid degrees of freedom are defined as the ones that interact weakly at that scale. At high and low energies they differ and the domains of their validity are separated by the critical point. Crossing the critical point is what we refer to as the "change of the regime," since the weakly interacting degrees of freedom are

Usually, the theory signals when the entropy of a bound state approaches the limit (1) by correlating the

saturation of this bound with the point of the regime change [1,3,4]. First, for (25), the perturbative loop expansion breaks down and the series have to be resummed. Second, the saturation of the entropy bound (1) is correlated with the saturation of unitarity of the scattering amplitudes by the maximal entropy state. The Gross-Neveu model allows us to explicitly check these statements.

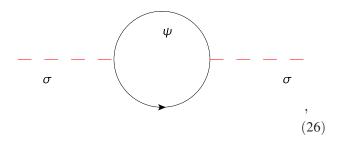
# IV. SATURATION OF SCATTERING AMPLITUDES

Following the general criteria of [1], we shall now establish the correlation between the entropy bound and unitarity in Gross-Neveu model.

The basic point is simple. The connection goes through the 't Hooft coupling  $\lambda$ . As (19) indicates, the satura tion of the entropy bound (1) coincides with the regime in which  $\lambda$  is becoming order one. Of course,  $\lambda$  has to be understood as the running coupling evaluated at the scale  $m_f$ . This scale sets the size of the bound state according to (18).

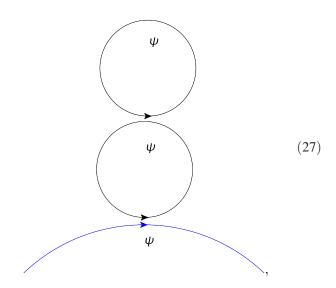
This gives the first indication that the entropy cannot exceed the bound (1). No further increase of  $\lambda$ , without jeopardizing the properties of the bound state, is possible. If we try to push the entropy (16) above (1), by increasing  $\lambda$ , we shall not succeed. Instead the theory will change the regime.

The fact that  $\lambda \sim 1$  represents a critical point, is visible from number of factors. The first clear sign is the breakdown of loop expansion, in series of  $\lambda$ . The fact that loop expansion is controlled by  $\lambda$ , is demonstrated by the following diagram (using the form of Lagrangian (8)),



where dashed and solid lines represent  $\sigma$  scalar and  $\psi$  fermions respectively. Since there are  $\sim N$  fermion flavors running in the loop, this diagram is of order  $\lambda = N\alpha$ . When this quantity hits the critical value,  $\lambda \sim 1$ , the loop expansion breaks down and series must be resummed.

Alternatively, we can see a similar breakdown from the corrections to the fermion self-energy [using the Lagrangian (7)]. For example, the two-loop contribution of the following type,



is of order  $\lambda^2$ . Each extra bubble brings an additional power of  $\lambda$ . The expansion breaks down around  $\lambda \sim 1$ .

Another indication that the excessive entropy must trigger the regime-change, comes from tree-level scattering amplitudes. For  $\lambda \sim 1$ , various *S*-matrix elements become order one. Let us first illustrate this for  $2 \to 2$  transition. The large-*N* expression for *S*-matrix in this case was derived in [20].

We shall look for a transition from an SO(2N)-invariant two-particle state with the opposite momenta. We shall compute the transition element from this state into a similar state. That is, the initial and final states have the form,

$$|in\rangle = |f\rangle = \frac{1}{\sqrt{2N}} \sum_{i} |i, p\rangle |i, -p\rangle,$$
 (28)

where  $|i,p\rangle$  describes a one-particle state of a Majorana fermion of flavor i and momentum p. The transition amplitude at large N takes the following form,

$$Amp_{in \to f} = \lambda. \tag{29}$$

For simplicity, we wrote the expression up to an overall kinematic factor. The exact form of it can be reconstructed, e.g., from [20]. For our purposes, it suffices to know that in 't Hooft limit this factor is independent of N. We see that the S-matrix element tends to saturate unitarity for  $\lambda \sim 1$ . Of course,  $\lambda$  cannot be made arbitrarily large, as its critical value sets the scale of the dimensional transmutation  $m_f$ . Correspondingly, there is no way to push the entropy of any bound state beyond (1).

This resistance is reminiscent of the entropy of a baryon in SU(N) QCD in four space-time dimensions [1,4]. The entropy of the baryon, similarly to the entropy of the Gross-Neveu bound state, saturates (1) when the number of quark flavors is  $\sim N$ . A further increase of entropy of the baryon, would require a substantial increase of the flavor symmetry

relative to color. This is not possible, without abolishing the asymptotic freedom of the theory.

Next we move to multiparticle amplitudes. This connection is especially interesting, since the saturation of unitarity is observed precisely when the number of final state quanta becomes comparable to the number of constituent fermions in the maximal entropy bound state. This is a universal tendency also observed in theories of higher dimensionality [1]. Correspondingly, the saturation of unitarity by such diagrams can be interpreted as the unitarization of the scattering process by creation of a high entropy "classical" state, a saturon. A nice thing about the Gross-Neveu model is that semiclassically the spectrum is known exactly. Due to this, the candidate state for saturation of unitarity is naturally identified as the bound state of the highest entropy. As already discussed, it consists of N fermions. As a consistency check, we shall correlate its degeneracy with the scaling of a 2N-fermion scattering process.

We shall work in the Dirac basis. In the theory (7) we prepare a state in which we have the equal numbers  $n = \bar{n}$  of fermions  $(\psi)$  and antifermions  $(\bar{\psi})$ . We shall denote such a state by

$$|n,\bar{n}\rangle$$
. (30)

The fact that the fermions can assume different flavors, allows us to give them the similar characteristic momenta.

Let us consider an S-matrix process of a transition from the vacuum  $|\Omega\rangle$  to the state of n particle-antiparticle pairs,

$$\langle n, \bar{n} | \hat{S} | \Omega \rangle.$$
 (31)

This process obviously is not an on-shell one, but its amplitude allows us to catch the scaling with respect to the particle number n. A more "realistic" on-shell processes of the type  $1 + \bar{1} \rightarrow n + \bar{n}$ , in which the state  $|n, \bar{n}\rangle$  is created from two initial quanta of high center of mass energy, can be analyzed in the same manner.

We compute the amplitude at the lowest order in the perturbation series in  $\alpha$ ,

Amp 
$$\propto \langle n\bar{n}|\frac{1}{n!}\frac{1}{2^n}\alpha^n T(:\bar{\psi}\psi\bar{\psi}\psi:)^n|0\rangle.$$
 (32)

Notice, although in 't Hooft limit  $\alpha \to 0$ , the transition can be meaningfully analyzed due to the high degeneracy of the final state. As already said, our main interest is to extract the scaling with respect to n. We therefore shall not derive Green functions.

Following the usual routine and collecting all the factors, the resulting amplitude of the process scales in the following way,

$$\operatorname{Amp} \propto \frac{1}{n!} \frac{1}{2^n} \alpha^n \times (n!)^2 2^n = \alpha^n n!. \tag{33}$$

The corresponding cross section scales as,

$$\sigma \propto (\alpha^n n!)^2. \tag{34}$$

Notice that for any given value of  $\alpha$ , this cross section blows up for large n, due to the factorial growth. This growth is typical for n-particle processes [21]. It signals the breakdown of  $\alpha$ -expansion for sufficiently large n. Beyond this, the series must be re-summed.

We shall work at the point of optimal truncation, for which the above expression gives the most reliable approximation for the process. This point is given by,

$$n = \frac{1}{\alpha}. (35)$$

The error is  $\sim 1/n$ .

At the point of optimal truncation, the cross section scales in the following way,

$$\sigma \propto (n!n^{-n})^2 \sim e^{-2n} = e^{-\frac{2}{a}}$$
 (36)

where the Stirling approximation holds for large n, up to unimportant factors. This represents a particular example of the general scaling (2).

We wish to relate the above computation to the production of the Gross-Neveu bound state of the maximal entropy. For this we must take n = N. This already gives the first glimpse of the connection between the maximal entropy and the saturation of unitarity. Indeed, notice that, with this value of n, the point of optimal truncation (35) gives  $\lambda = 1$ . As already discussed, this value of 't Hooft coupling is critical. Beyond it, the theory must change the regime.

The total cross section of creation of the maximal entropy state, is obtained by the summation over all degenerate microstates. This is equivalent to multiplication of (36) by the degeneracy factor,  $e^{S}$ . We obtain,

$$\sigma_{\text{total}} = \sum_{\text{microstate}} \sigma \propto e^{-2N+S} = e^{-\frac{2}{\alpha}+S}.$$
 (37)

Let us have a closer look at the above expression.

First, this expression reproduces the bound (1) in the context of the Gross-Neveu theory. We see that the maximal entropy, permitted by unitarity, assumed by the state of N quanta, is  $S \sim 1/\alpha \sim N$ . It also indicates that the entropy of the bound state (16) is strikingly close to achieving the saturation. In particular, it has the right scaling with N.

Notice, the expression (16) carries an extra factor of  $\ln(2)$ , as compared to the critical value S=2N required for a complete saturation of (37). This mismatch however does not imply that the saturation of the cross section by pair-creation

of maximal entropy bound states is incomplete. The reason is that, at the level of the present analysis, there is an uncertainty, which can be interpreted in two ways.

First, the expression (37) is reliable when S approaches the saturation point from below. That is, from the region of weak  $\lambda$ . Very close to the saturation point, the higher corrections in  $\lambda$  must be resummed. This cannot change the fact that the saturation takes place somewhere in  $\lambda \sim 1$  domain. Correspondingly, the bound (1) is robust. However, it leaves an uncertainty in exact saturation of the process by n = N bound states.

Another reasoning is that the discrepancy follows from our approximation of describing the bound state as the state of N free fermions. This approximation creates an error. The magnitude can be estimated in the following way.

The fermions in the bound state are off-shell as compared to their free counterparts. This is due to the interaction energy. Since we are working in 't Hooft limit,  $\alpha$  is vanishingly small. Correspondingly, interactions between the individual fermion pairs are infinitely weak. However, the collective effect is non-zero. The binding potential experienced by each fermion from the rest of N fermions, is  $\sim N\alpha m_f \sim \lambda m_f$ .

For a weak 't Hooft coupling,  $\lambda \ll 1$ , this is a negligible correction to the fermion self-energy. Correspondingly, in this case, the fermion can be regarded as free. However, we have seen that the saturation of the entropy bound happens when  $\lambda \sim 1$ . In this case the collective interaction cannot be ignored. The resulting potential puts the fermion off-shell.

Due to this, there are good news and bad news. The bad news is that the approximation of a free fermion is no longer exact. That is, when approximating the production of bound states by the state of 2N free fermions, we are committing an error.

The good news however is that the off-shellness is only of order one. In particular, the wave function overlap between a fermion in the bound state and its would-be free version, is order one, rather than vanishingly small. Correspondingly, the cross section of producing a true bound state is expected to differ from the one of 2N free fermions by an exponential factor  $e^{c_{\lambda}2N}$ . Here  $c_{\lambda}$  is an unknown number that depends on the collective coupling and is ~1 for the critical value  $\lambda=1$ . Assuming that the maximal entropy bound state of Gross-Neveu theory is a saturon, we estimate  $c_{\lambda}=1-\ln(2)\simeq 0.3$ .

Regardless the exact saturation, the tendency is rather transparent. We see that the theory resists to an unlimited growth of the entropy of any *n*-particle state by hitting the unitarity bound. This is clear both from the breakdown of perturbation theory of loop expansion, as well as, from the saturation of unitarity by the scattering amplitudes.

Those are the signals how the theory protects itself from violating unitarity, thereby, restricting the degeneracy of the states. This restriction is manifested as the bound (1). In the present case this translates as the bound on N,

$$N \lesssim \frac{1}{\alpha}$$
. (38)

We must note that the evident saturation of the scattering cross section by the maximal entropy bound states in Gross-Neveu model, is strikingly similar to saturation of  $2 \rightarrow N$  graviton scattering by black holes [22,23]. In that analysis too, the cross section of the individual N-particle states is suppressed by the factor  $e^{-\frac{1}{\alpha_{gr}}}$ , which is compensated by the entropy of the black hole.

#### V. TIMESCALE OF INFORMATION RETRIEVAL

We have seen that the maximal degeneracy bound state in Gross-Neveu model, saturates the same entropy bounds as the black hole in gravity. Correspondingly, its entropy has exact same scaling properties in terms of parameters of the theory. We now wish to discuss, yet another similarity with the black hole: The time of information retrieval.

As argued in [1], for arbitrary saturons, the minimal timescale required for the start of the information retrieval is bounded from below by (6). In particular, for a black hole this is a familiar expression. However, the scale is not specific to gravity but rather comes from general features of saturation. We wish to show that the same applies to Gross-Neveu bound state.

The saturon of Gross-Neveu (as any other saturon) carries a maximal quantum information permitter by unitarity. The information is encoded in the flavor quantum numbers. Basically, the saturon represents an information pattern. The pattern can be read out, if we determine in which flavor state the saturon is. This can be done in two ways.

If the saturon is unstable, one can simply wait and analyze the decay products. We shall consider such a possibility in the next chapter, when we discuss the analog of Hawking evaporation in Gross-Neveu.

The second option is to detect the flavor state of the saturon by performing a scattering experiment. That is, an external probe can be scattered at the saturon, and the products of scattering can be analyzed. Consider for example a scattering probe in form of a free fermion. This forms a vector representation of SO(2N) symmetry group. The interaction rate is suppressed by the coupling  $\alpha^2$ , but is enhanced by the number of fermions in the bound state N. The resulting scattering rate is,

$$\Gamma \sim m_f \alpha^2 N \sim \frac{m_f}{N},\tag{39}$$

where the factor  $m_f$  comes from the characteristic energy of the fermions and in the last expression we took into account the saturation condition  $N\alpha \sim 1$ . The above expression sets the minimal timescale of information retrieval,

$$t_{\rm min} \sim \frac{1}{\Gamma} \sim \frac{N}{m_f} \sim SR.$$
 (40)

This reproduces the general expression (6) for the minimal information retrieval time from any saturon. In particular, it agrees with the information retrieval time from a black hole, suggested by Page [8]. Of course, in the present case the black hole radius is replaced by the size of the bound state  $R \sim 1/m_f$ .

We must note that (40) represents an absolute lower bound for the start of information retrieval. The actual time scale for the information read-out is much longer.

### VI. HAWKING EVAPORATION IN GROSS-NEVEU

Another common feature that saturons share with black holes is their decay, which is strikingly similar to Hawking's thermal evaporation [1]. We must make this point very clear.

Just like black holes, saturons need not be unstable. For example, the saturon in the minimal Gross-Neveu model, which we have studied above, is stable, at least in semiclassical theory.<sup>2</sup> This is due to the flavor symmetry. Likewise, if the additional conserved quantum numbers are introduced in a theory of gravity, some black holes can become stable.

However, similarity with Hawking evaporation emerges whenever saturons are unstable. That is, if the theory obeys the saturation relation, the saturons decay at the rate that is isomorphic to Hawking's thermal evaporation rate. Originally, this mechanism of the emergent thermality was discussed in [7]. It has also been demonstrated on other

examples of saturons, such as the maximal entropy vacuum bubbles [9].

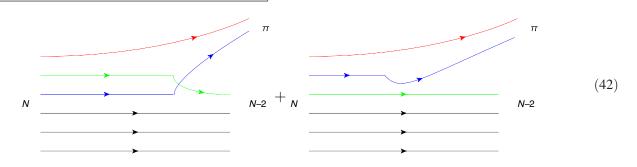
We shall now arrive to the same effect in Gross-Neveu by an explicit calculation. In order to make the saturon unstable, we shall use a minimal extension of the type discussed in the original article by Gross and Neveu. Namely, we shall introduce an additional massless pseudoscalar multiplet  $\pi_{ij}$ , transforming under the adjoint representation of SO(2N) symmetry. Here i, j = 1, 2, ..., 2N are SO(2N) indexes and  $\pi_{ij}$  is an antisymmetric tensor. We shall refer to it as "pion."

For convenience, we shall work in Majorana basis, in which the fermions are real spinors  $\psi_j$  in the vector representation of SO(2N). The coupling between the fermions and pions has the following form,

$$\frac{m_f}{f_{\pi}} \pi_{ij} \overline{\psi_i} \gamma_5 \psi_j, \tag{41}$$

where  $f_{\pi}$  is the dimensionless pion decay constant. The saturation demands that it scales as  $f_{\pi} \sim \sqrt{N}$ . The same scaling is demanded by the consistency of 't Hooft's planar limit [25].

The existence of the massless pion makes the saturon unstable. Let us estimate the decay rate. The leading order contribution comes from the re-scattering of the constituent fermions, resulting in a single pion emission. The typical diagrams contributing to such a process are depicted in (42).



The colored lines indicate the flow of SO(2N) flavor among the particles participating in the process. The black lines denote the background fermions. The emitted pion carries away the flavor quantum numbers of two fermions.

In order to merge in a single pion, the off-shellness of the bound state fermions must be taken into account. This is done by considering the interaction of one of them with other background fermions. The rate of the process can be easily estimated and to leading order in 1/N is given by,

$$\Gamma_{\pi} \sim m_f \alpha^2 \frac{1}{f_{\pi}^2} N^3 \sim m_f \sim \frac{1}{R}.$$
 (43)

Here the factor  $\alpha^2 \sim 1/N^2$  comes from the contact interaction among the fermions, the factor  $\frac{1}{f_\pi^2} \sim 1/N$  comes from the fermion-pion interaction, and, finally, the factor  $N^3$  is the combinatoric one.

<sup>&</sup>lt;sup>2</sup>In fact, the stability can be understood in terms of a so-called "memory burden" effect discussed in [24]. The essence of the phenomenon is that the quantum information carried by the system can stabilize it. Indeed, the information encoded in the flavor quantum numbers of the Gross-Neveu saturon, if released in form of elementary fermions, would cost more energy that the mass of the bound state. Stabilization of solitons by memory burden is discussed in detail in [9].

The above rate is similar to the Hawking evaporation rate of a black hole of temperature

$$T \sim 1/R \sim m_f. \tag{44}$$

Notice that, just as in the case of a black hole, the emission of more energetic quanta (of energy  $E \gg T \sim m_f$ ) is exponentially suppressed. This is because such emission requires a re-scattering of large number of fermions into a single pion. Such processes are exponentially suppressed by a factor  $e^{-E/m_f}$ . Taking into account (44), this gives a Boltzmann type suppression by  $e^{-E/T}$ . Note, at initial stages of the decay, the deviations from thermality are of order 1/N (1/S), as this must also be the case for black holes [26,27].

We must note that the origin of Hawking type radiation in the present case, as well as in case of a generic saturon, is very similar to the explanation of Hawking radiation in the picture of the black hole quantum N-portrait [7]. In this theory, the black hole is described as a saturated state of soft gravitons. Their occupation number and coupling satisfy the relation  $N = 1/\alpha_{gr}$ . This is identical to the relation satisfied by the Gross-Neveu saturon.

The Hawking radiation in black hole *N*-portrait is a consequence of re-scattering of the constituent gravitons. This results in graviton emission, similar to the emission of a pion in the present model. The two processes exhibit the identical scalings with *N*. Of course, in case of a black hole, there is no specific need in introducing either the fermions or pions, since the theory already possesses black hole constituents in form of gravitons.

However, the species composition is not important. Rather, the defining property for a black hole is that it represents a saturated state of gravitons [7]. This property controls how a nearly thermal radiation can emerge from the decay of a pure state. Due to saturation, up to 1/N (1/S)-effects, the emission is thermal-like.

In light of the above, the presented case of Gross-Neveu saturons indirectly supports the picture of black hole compositeness [7]. While in gravity one could be worried about the unknown effects, in Gross-Neveu model the same mechanism is calculable.

The Gross-Neveu example explains why a saturated system, despite carrying a maximal microstate entropy, does not release the quantum information until the very late stages of its evaporation. Indeed, it is obvious that the quantum information encoded in the flavor structure of the saturon, is slowly drained away by the emitted pion radiation. However, this information is not resolvable at the initial stages of the decay, because of the following two reasons.

First, each pion takes away only a 1/N-fraction of the flavor content. Based on this fraction, it is impossible to reconstruct the information pattern carried by the saturon.

Second, an observer has to pay an enormous probability price even for resolving the quantum number of a single outgoing pion. Since the pion coupling is  $\sim 1/\sqrt{N}$ , the minimal timescale required for deciphering its quantum number, even in a maximally efficient detector, is given by,

$$t_{\pi} \sim NR.$$
 (45)

Therefore, in order to be able to start decoding any significant fraction of quantum information of the saturon, an observer has to collect at lest  $\sim N$  pion quanta. The time required for emitting this amount of quanta, is the same as (45). Not surprisingly, this timescale coincides with (40).

Thus, to conclude, there exists an absolute lower bound (40) on the time required for the start of the information retrieval from the Gross-Neveu saturon. This expression matches the universal formula (6) for the information-retrieval time for a generic saturon, derived in [1]. Black holes are no exception from this rule. The same timescale (6) in gravity coincides with Page's time. However, the Gross-Neveu model makes its origin very transparent. This model shows that, as argued in [1], the origin of time (6) is not rooted in gravity but rather in the phenomenon of saturation.

### VII. CONCLUSIONS

In this paper we have tested the previously proposed [1] (see also, Refs. [3,4]) universal connection between unitarity and entropy, in Gross-Neveu model. We found that the Gross-Neveu model has states with maximal entropy, namely  $S_{\rm max}=2N$ , where N is a number of Dirac fermion flavors in the model. Analyzing the large-N scaling of the S-matrix, we established a correlation between entropy and unitarity of scattering amplitudes.

We observed that the entropy of the bound state saturates the unitarity bound (1) when the t'Hooft-like coupling is critical  $\lambda \sim 1$ . Upon saturation, the Gross-Neveu bound state becomes a saturon and assumes the properties similar to a black hole. In particular, the form of its entropy is identical to Bekenstein-Hawking entropy. An unstable saturon evaporates via Hawking's thermal rate with the temperature given by the inverse size.

In addition, the minimal timescale for the information retrieval (6) is in one-to-one correspondence with Page's time. In the strict limit of infinite N, the information stored in the Gross-Neveu bound state becomes unreadable. In order to retrieve it, one needs to resolve 1/N corrections. This is very similar to a situation with a black hole in its description as of bound state of N gravitons [7]. Our observations support the general points of [1] that black holes properties are not specific to gravity, but rather are the universal features of saturation.

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Note added.—We must stress that black hole like properties of a saturon, including Hawking radiation, where demonstrated recently in a parallel work [9]. In that paper, saturons represent the vacuum bubbles in a four dimensional theory with spontaneously broken SU(N) symmetry, originally introduced in [1] as a model for

saturation. Unlike the Gross-Neveu theory, the spectrum of bubbles is unbounded from above. However, the saturated bubble is the one with both its energy and entropy scaling as  $\sim N$ . It is shown in [9] that such bubbles behave as black holes. This is strikingly similar to the behavior of the saturon of the Gross-Neveu theory discussed in the present article, despite the fact that theories are fundamentally different. The origin of this similarity is in the saturation of the bound (1), which again supports the point of [1] about universality of saturated states. It is desirable to come back to a more detailed discussion of how the correspondence between the states in the above two very different theories emerges at the saturation point of the entropy bound.

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