

**Krylov complexity in conformal field theory**Anatoly Dymarsky<sup>1,2</sup> and Michael Smolkin<sup>3</sup><sup>1</sup>*Department of Physics and Astronomy, University of Kentucky, Lexington, Kentucky 40506, USA*<sup>2</sup>*Skolkovo Institute of Science and Technology, Skolkovo Innovation Center, Moscow 143026, Russia*<sup>3</sup>*The Racah Institute of Physics, The Hebrew University of Jerusalem, Jerusalem 91904, Israel* (Received 17 June 2021; accepted 7 September 2021; published 1 October 2021)

Krylov complexity, or K-complexity for short, has recently emerged as a new probe of chaos in quantum systems. It is a measure of operator growth in Krylov space, which conjecturally bounds the operator growth measured by the out of time ordered correlator (OTOC). We study Krylov complexity in conformal field theories by considering arbitrary 2d CFTs, free field, and holographic models. We find that the bound on OTOC provided by Krylov complexity reduces to bound on chaos of Maldacena, Shenker, and Stanford. In all considered examples including free and rational CFTs Krylov complexity grows exponentially, in stark violation of the expectation that exponential growth signifies chaos.

DOI: [10.1103/PhysRevD.104.L081702](https://doi.org/10.1103/PhysRevD.104.L081702)

Quantum chaos and complexity play increasingly important role in understanding dynamical aspects of quantum field theory and quantum gravity. The notion of quantum chaos is difficult to define and there are different complementary approaches. The conventional approach in the context of quantum many-body systems is rooted in spectral statistics, eigenstate thermalization hypothesis (ETH), and absence of integrability [1]. In the context of field theory and large N models another well-studied signature of chaos is the behavior of the out of time ordered correlator (OTOC) [2]. These approaches focus on different aspects of quantum dynamics and usually apply to different systems. It is an outstanding problem to develop a uniform approach to chaos which would connect and unite them. Dynamics of quantum operators in Krylov space has been recently proposed as a potential bridge connecting dynamics of OTOC with the conventional signatures of many-body chaos [3].

Krylov space is defined as the linear span of nested commutators  $[H \dots, [H, \mathcal{O}]]$ , where  $H$  is the system's Hamiltonian and  $\mathcal{O}$  is an operator in question. Accordingly, time evolution  $\mathcal{O}(t)$  can be described as dynamics in Krylov space. Krylov complexity  $K_{\mathcal{O}}(t)$  defined below in (6) is a measure of operator size growth in *Krylov space*. For the chaotic systems it is expected to grow exponentially [3],  $K_{\mathcal{O}}(t) \propto e^{\lambda_K t}$ . For systems with finite-dimensional local Hilbert space, e.g., SYK model [4–6],

it has been shown that at infinite temperature  $\lambda_K$  bounds Lyapunov exponent of OTOC

$$\lambda \leq \lambda_K. \quad (1)$$

This inequality conjecturally applies at finite temperature  $\beta > 0$ . From one side connection of Krylov complexity to OTOC is not that surprising given that the latter measures spatial operator growth [7]. From another side, dynamics in Krylov space is fully determined in terms of thermal 2pt function, see below. Hence, the bound on OTOC in terms of  $K_{\mathcal{O}}(t)$  is the bound on thermal 4pt function in terms of thermal 2pt function. In this sense it is similar to the proposals of [8] and also [9], which derived the Maldacena-Shenker-Stanford (MSS) bound on chaos [2]

$$\lambda \leq 2\pi/\beta \quad (2)$$

from the ETH. From the effective field theory point of view the 4pt function is independent from the 2pt one, hence such a bound could only be very general and apply universally. One may not expect that a general theory would saturate the bound, casting doubt on the proposal that the exponent  $\lambda_K$  of Krylov complexity is indicative of the Lyapunov exponent  $\lambda$ . Indeed, we will see that in case of CFTs the conjectural bound (1) holds but reduces to MSS bound (2) such that  $\lambda_K$  would remain finite even when  $\lambda$  would approach zero or may not be well defined.

To conclude the introductory part, we remark that studying Krylov complexity should be seen in a broader context of relating it to holographic complexity [10–12] and studies of thermal 2pt function in holographic settings with the goal of elucidating quantum gravity in the bulk [13–20].

---

*Published by the American Physical Society under the terms of the Creative Commons Attribution 4.0 International license. Further distribution of this work must maintain attribution to the author(s) and the published article's title, journal citation, and DOI. Funded by SCOAP<sup>3</sup>.*

To remind the reader, we briefly introduce the main notions of Krylov space. More details can be found in [3,21]. Starting from an operator  $\mathcal{O}$  one introduces iterative relation

$$\mathcal{O}_{n+1} = [H, \mathcal{O}_n] - b_{n-1}^2 \mathcal{O}_{n-1}, \quad (3)$$

where positive real Lanczos coefficients  $b_n$  are uniquely fixed by the requirement that  $\mathcal{O}_n$  are mutually orthogonal with respect to scalar product  $\text{Tr}(e^{-\beta H/2} \mathcal{O}_n e^{-\beta H/2} \mathcal{O}_m) \propto \delta_{nm}$ . Lanczos coefficients depend on the choice of the system Hamiltonian  $H$ , the operator  $\mathcal{O}_0 = \mathcal{O}$ , and inverse temperature  $\beta$ . Time evolution of the operator can be represented in terms of Krylov space,

$$\mathcal{O}(t) \equiv e^{iHt} \mathcal{O} e^{-iHt} = \sum_{n=0}^{\infty} \varphi(t)_n \mathcal{O}_n, \quad (4)$$

where normalized ‘‘wave function’’  $\varphi_n(t)$  satisfies discretized ‘‘Schrödinger’’ equation

$$-i \frac{d\varphi_n}{dt} = b_n \varphi_{n+1} + b_{n-1} \varphi_{n-1}, \quad (5)$$

with the initial condition  $\varphi_n(0) = \delta_{n,0}$ . It describes hopping of a quantum-mechanical ‘‘particle’’ on a one-dimensional chain. Krylov complexity is defined as the averaged value of an ‘‘operator’’  $\hat{n}$  measured in the ‘‘state’’  $\varphi$ , where for convenience index  $n$  is shifted by 1,

$$K_{\mathcal{O}}(t) \equiv \langle \mathcal{O} | \hat{n} | \mathcal{O} \rangle = 1 + \sum_{n=0}^{\infty} n |\varphi_n(t)|^2. \quad (6)$$

Lanczos coefficients, and hence  $K_{\mathcal{O}}(t)$ , are encoded in thermal Wightman 2pt function

$$C_0(\tau) = \langle \mathcal{O}(-i(\tau + \beta/2)) \mathcal{O}(0) \rangle_{\beta} \\ \propto \text{Tr}(e^{-(\frac{\beta}{2} - \tau)H} \mathcal{O} e^{-(\frac{\beta}{2} + \tau)H} \mathcal{O}). \quad (7)$$

Precise relation evaluating  $b_n^2$  in terms of  $C_0$  and its derivatives is discussed in Supplemental Material [22]. We only note here that  $b_n^2$  do not change under multiplication of  $C_0$  by an overall constant.

In full generality for a physical system with local interactions  $C_0(\tau)$  is analytic in the vicinity of  $\tau = 0$ . This implies that power spectrum

$$f^2(\omega) = \int dt e^{i\omega t} C_0(it) \quad (8)$$

decays at large  $\omega$  at least exponentially,

$$f^2(\omega) \sim e^{-\tau^* \omega}, \quad \omega \rightarrow \infty, \quad (9)$$

where  $\tau^* > 0$  is the location of first singularity of  $C_0(\tau)$  along the imaginary axis, if any. It was anticipated long ago that the high frequency behavior of  $f^2(\omega)$  for a local operator in many-body system can be used as a signature of chaos. In particular exponential behavior (9) was proposed as a signature of chaos in *classical* systems in [23]. An equivalent formulation in terms of the singularity of  $C_0(\tau)$  was proposed as a signature of chaos for *quantum* many-body systems in [24] based on the rigorous bounds constraining the magnitude of  $C_0(\tau)$  in the complex plane. A further step had been taken in [3] who proposed the universal operator growth hypothesis: in generic, i.e., chaotic quantum many-body systems Lanczos coefficients  $b_n^2$  associated with a local  $\mathcal{O}$  exhibit maximal growth rate compatible with locality,

$$b_n \approx \left( \frac{\pi}{2\tau^*} \right) n + o(n), \quad n \gg 1. \quad (10)$$

This is stronger than the exponential behavior (9), i.e., it implies the latter, and reduces to it upon an additional assumption that the behavior of  $b_n^2$  as a function of  $n$  is sufficiently smooth for  $n \rightarrow \infty$ . Modulo similar assumption of smoothness of  $b_n^2$  Ref. [3] proved that in this case Krylov complexity grows exponentially as

$$K_{\mathcal{O}}(t) \propto e^{\lambda_K t}, \quad (11)$$

where  $\lambda_K = \pi/\tau^*$ .

In field theory Wightman thermal 2pt function of local operators  $C_0(\tau)$  (7) necessarily has singularity at  $\tau = \beta/2$ , implying exponential decay of the power spectrum (9) with  $\tau^* = \beta/2$ . Assuming sufficient smoothness of  $b_n^2$ , one immediately arrives at (10) [25,26] (also see [3,24]), and exponential growth of Krylov complexity with  $\lambda_K = 2\pi/\beta$ . Hence the conjectural bound on OTOC (1) reduces to the MSS bound (2). This logic applies to *any* quantum field theory, including free, integrable or rational CFT models. Similarly, one can conclude that for field theories universal operator growth hypothesis (10) trivially holds, but the exponential behavior of Krylov complexity can not be regarded as an indication of chaos. We stress, these conclusions are premature as one needs to justify the smoothness assumption by e.g., evaluating  $b_n^2$  explicitly. Without this assumption asymptotic behavior of  $b_n^2$  is *not* determined by the high frequency tail of  $f^2(\omega)$ , or the singularity of  $C_0(\tau)$ , as is shown explicitly by a counterexample in [24]. We justify the smoothness assumption by considering several different CFT models placed on flat space  $\mathbb{R}^{d-1}$  and evaluating corresponding Lanczos coefficients.

(i) In case of 2d CFTs thermal 2pt function of primary operators  $\mathcal{O}$  is fixed by conformal invariance

$$C_0 = \frac{1}{\cos(\pi\tau/\beta)^{2\Delta}}, \quad (12)$$

where  $\Delta$  is the dimension of  $\mathcal{O}$ . This functional form of  $C_0$  has been thoroughly analyzed in [3] in the context of SYK model. In particular they found  $b_n^2 = (n+1)(n+2\Delta)(\pi/\beta)^2$  and  $K_{\mathcal{O}}(t) = 1 + 2\Delta \sinh^2(\pi t/\beta)$ . In other words  $b_n^2$  dependence on  $n$  is smooth and Krylov complexity grows exponentially with  $\lambda_K = 2\pi/\beta$ .

(ii) In case of free massless scalar in  $d$  dimensions, as well as generalized free field of conformal dimension  $\Delta$  [18], thermal 2pt function is given by,

$$C_0 = c_d(\zeta(2\Delta, 1/2 + \tau/\beta) + \zeta(2\Delta, 1/2 - \tau/\beta)). \quad (13)$$

Coefficient  $c_d$  ensures canonical normalization in case of free massless scalar and is not important in what follows. In the latter case  $\Delta = d/2 - 1$ .

For (13) with general  $\Delta$  explicit expression for Lanczos coefficients is not known. In the special case of  $d = 4$ ,  $C_0$  reduces to (12) with  $\Delta = 1$ , and the rest applies. For  $d = 6$ ,  $\Delta = 2$ , and Lanczos coefficients can be evaluated in terms of special functions, see Supplemental Material [22]. In this case  $b_n^2$  demonstrate “staggering” or “dimerization”—the sequences of  $b_n^2$  for even and odd  $n$  can be combined into two families, each approximately described by smooth functions  $b_n = h_n + (-1)^n \tilde{h}_n$ , where  $h_n \approx (\pi/2\tau^*)n + o(n)$  for  $n \gg 1$ . This is shown in Fig. 1. Such a behavior was analyzed in [27,28], where it was shown that for smooth functions  $h_n, \tilde{h}_n$  in the large  $n$  region “Schrödinger equation” (5) reduces to continuous Dirac equation with the space-dependent mass. In the case when asymptotically  $\tilde{h}_n \rightarrow 0$ , mass eventually approaches zero for large  $x$ , describing propagation of a quantum “particle” with the

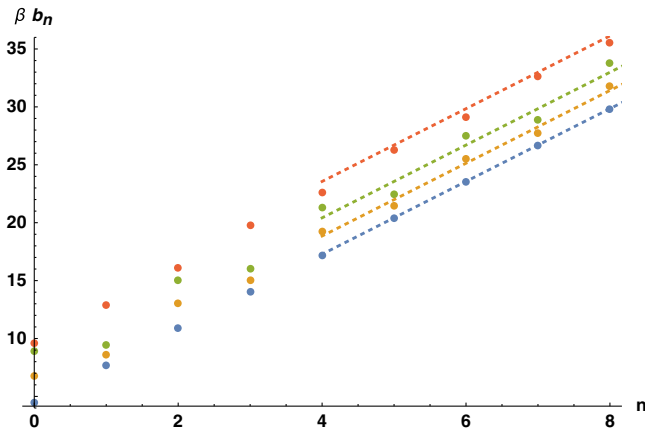


FIG. 1. Lanczos coefficients  $b_n$  for free massless scalar  $\phi$  in  $d = 4$  ( $\Delta = 1$ , blue),  $d = 5$  ( $\Delta = 3/2$ , orange),  $d = 6$  ( $\Delta = 2$ , green) dimensions, and for the composite operator  $\phi^2$  in  $d = 5$  dimensions ( $\Delta = 3$ , red); dashed lines of the appropriate color show asymptotic behavior of  $b_n$  as given by (16).

speed of light  $x(t) \sim t$  with respect to an auxiliary spatial continuous coordinate  $x$  which is related to  $n$  via  $n \propto (e^{(2\pi/\beta)x} - 1)$  [28]. From this follows that for late times Krylov complexity will grow exponentially

$$K_{\mathcal{O}}(t) \approx e^{2\pi/\beta(t-t_0)} \quad (14)$$

where  $t_0$  is the characteristic time “quantum particle” described by  $\varphi_n(t)$  will spend near the edge of the Krylov space  $n \sim O(1)$ . From the analytic expression for  $K_{\mathcal{O}}$  in case of 2d CFTs we conclude that  $t_0$  is growing negative for large  $\Delta$ ,  $t_0 \sim -\ln \Delta$ . The only scenario to avoid exponential growth of  $K_{\mathcal{O}}$  with  $t$  is for  $\varphi_n(t)$  to be localized near the edge  $n \sim O(1)$ , which would presumably require erratic behavior of  $b_n$  for small  $n$ .

Numerical simulation of  $K_{\mathcal{O}}$  for massless scalar in  $d = 6$  shown in Fig. 2 confirms exponential behavior (14) with  $t_0$  of order one. Thus, despite “staggering” Krylov complexity for free massless scalar in  $d = 6$  behaves qualitatively similar to  $d = 4$  case.

Next we numerically plot Lanczos coefficients for free scalar in  $d = 5$  with  $\Delta = 3/2$ , see Fig. 1. Similarly to  $d = 6$ ,  $b_n$ ’s exhibit staggering, which does not affect asymptotic exponential behavior of  $K_{\mathcal{O}}$ , see Fig. 2.

For large  $\Delta$  we analyze (13) by employing  $1/\Delta$  expansion to find at small  $n$

$$\beta^2 b_n^2 = \begin{cases} 16\Delta^2 + 8(1+3n)\Delta + O(n^2) + \dots & n \text{ even,} \\ 16(1+n)\Delta + O(n^2) + \dots & n \text{ odd.} \end{cases} \quad (15)$$

Thus, staggering grows with  $\Delta$ , but  $n$  dependence of  $b_n$  for odd and even  $n$  remain smooth.

For large  $n$  pole structure of  $C_0$  suggests, see Supplemental Material [22],

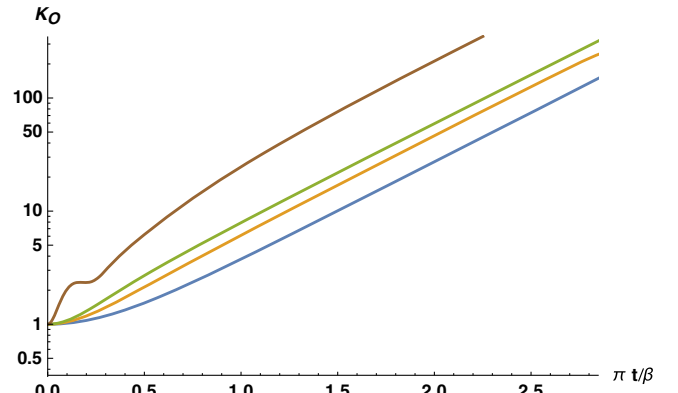


FIG. 2. Krylov complexity  $K_{\mathcal{O}}$  shown in logarithmic scale for free scalar in  $d = 4$  (blue),  $d = 5$  (orange),  $d = 6$  (green) dimensions and for generalized free field with  $\Delta = 10$  (brown). Blue curve is known analytically,  $\ln(1 + 2\sinh^2(\pi t/\beta))$ . All four curves exhibit an apparent linear growth of  $\ln K_{\mathcal{O}} \propto 2\pi t/\beta$  at late times.

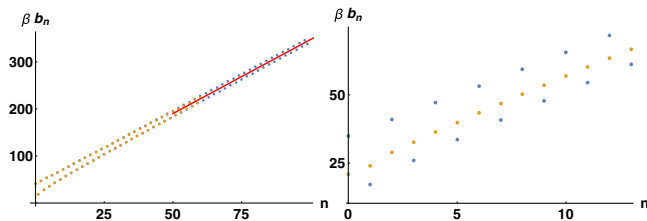


FIG. 3. Left panel. Lanczos coefficients  $b_n$  for generalized free field (13) with  $\Delta = 10$  (blue) vs approximation for small  $n$  (15) (orange) and asymptotic behavior for large  $n$  (16) (red line). Right panel. Lanczos coefficients  $b_n$  for generalized free field (13) of dimension  $\Delta = 8.5$  (blue) and for holographic operator  $O = \int d^3x \mathcal{O}$  of effective dimension  $\Delta = 8.5$ , while  $\mathcal{O}$  has dimension  $\Delta = 10$  (orange). The same effective dimension means both sequences have the same asymptotic behavior  $b_n \approx \pi(n + 9)$ .

$$\beta b_n \approx \pi(n + \Delta + 1/2). \quad (16)$$

These approximations accurately describe  $b_n$  for small and large  $n$  correspondingly, as is shown in the left panel of Fig. 3. Numerical simulation of  $K_{\mathcal{O}}(t)$  for  $\Delta = 10$  shown in Fig. 2 confirms exponential behavior with  $\lambda_K = 2\pi/\beta$  and  $t_0$  of order  $-\ln \Delta$ . In other words staggering, exhibited by  $b_n$  in case of free scalar field, which grows with  $\Delta$ , is not affecting dynamics at late times:  $K_{\mathcal{O}}$  grows exponentially with the exponent  $\lambda_K = 2\pi/\beta$ , although dynamics at early times becomes more complicated.

Finally, we discuss composite operators  $\mathcal{O}^m$  for some integer  $m$ . By Wick theorem Wightman function simply becomes  $C_0 \rightarrow C_0^m$  with an unimportant overall coefficient. In the case of 2d CFT or free massless scalar in  $d = 4$  we again obtain  $C_0$  of the form (12). In other cases Lanczos coefficients should be calculated numerically. We plot  $b_n$  for  $\mathcal{O} = \phi^2$  in free massless scalar theory in  $d = 5$  in Fig. 1.

(iii) In case of free fermions in  $d$  dimensions,

$$C_{\psi}(\tau) = r_d \sum_{n,k=0}^1 (-1)^n \zeta \left( 2\Delta, \frac{1+2n}{4} + (-1)^k \frac{\tau}{2\beta} \right), \quad (17)$$

where dimension of free fermion is  $\Delta = (d-1)/2$ . We notice that Lanczos coefficients for free fermion in dimension  $d$  are very close to those for the free boson of the same conformal dimension  $\Delta$ , i.e., in dimension  $d+1$ . The same applies for  $b_n$  for the composite operators  $\bar{\psi}\psi$  and  $\phi^2$ . Corresponding comparison is delegated to Supplemental Material [22].

(iv) In case of holographic CFT thermal two-point function can be calculated by solving wave equation in the bulk [15,16]. We perform this numerically in Supplemental Material [22] to find that  $b_n$  smoothly depend on  $n$ . This is shown in the right panel of Fig. 3 where we superimposed  $b_n$  for the holographic model with Lanczos coefficients for the generalized free field of the

same effective dimension, determined by the singularity of  $C_0$  near  $\tau \rightarrow \beta/2$ . Smooth behavior perfectly matches the expectation that for holographic theories exhibiting maximal chaos,  $\lambda = 2\pi/\beta$ , growth of Krylov complexity also must be governed by the same exponent.

*Conclusions.* In this paper we studied Lanczos coefficients and operator growth in Krylov space for local operators in various CFT models. For some models  $b_n$  were calculated analytically, while for others we had to resort to numerical analysis. We also found asymptotic behavior of  $b_n$  for large  $n$  (16). One of the main goals was to study if Krylov complexity is sensitive to the underlying chaos. A general argument presented in the introduction dictates that so far asymptotic behavior of  $b_n$  as a function of  $n$  is sufficiently smooth, Lanczos coefficients exhibit universal operator growth hypothesis (10) and Krylov complexity grows exponentially (14). The only possible caveat is the possibility that for large  $n$  different subsequences of  $b_n$  would have different asymptotic, for example  $b_n$  for even and odd  $n$  would grow as  $n^a$  with different  $a_{\text{even}} \neq a_{\text{odd}}$ . Another hypothetical possibility, which will not affect (10) but may affect (14), is that erratic behavior of  $b_n$  for small  $n$  will cause approximate or complete localization of the operator “wave function”  $\varphi_n$ , leading to large or infinite  $t_0$ . We did not see any behavior of this sort in any model we considered, including arbitrary 2d CFTs, free bosons and fermions, composite operators, generalized free field of arbitrary dimension, and a holographic model in  $d = 4$ . On the contrary we observed linear growth of  $b_n$  at large  $n$  in full agreement with (16) and exponential growth of Krylov complexity with  $\lambda_K = 2\pi/\beta$ . In other words for considered models universal operator growth hypothesis of [3] trivially holds, and the conjectural bound (1) on of OTOC at finite temperature in terms of growth of Krylov complexity reduces to MSS bound [2]. At the same time exponential growth of  $K_{\mathcal{O}}$  is not a signature of chaos as it grows with the same exponent  $\lambda_K = 2\pi/\beta$  for maximally chaotic holographic CFTs as well as for rational 2d CFTs and free field theories, for which Lyapunov exponent may not be even properly defined [29–31]. It would be interesting to extend our analysis for massive interacting models, especially those exhibiting non-maximal chaos [32–35]. Nevertheless we expect a continuous deformation not to change the asymptotic behavior of  $b_n$  and our results to remain valid in the case of general interacting quantum field theory.

## ACKNOWLEDGMENTS

We thank Alex Avdoshkin, Paweł Caputa, Mark Mezei and Alexander Zhiboedov for discussions. This work is supported by the United States-Israel BSF Grant No. 2016186.

- [1] L. D'Alessio, Y. Kafri, A. Polkovnikov, and M. Rigol, From quantum chaos and eigenstate thermalization to statistical mechanics and thermodynamics, *Adv. Phys.* **65**, 239 (2016).
- [2] J. Maldacena, S. H. Shenker, and D. Stanford, A bound on chaos, *J. High Energy Phys.* **08** (2016) 106.
- [3] D. E. Parker, X. Cao, A. Avdoshkin, T. Scaffidi, and E. Altman, A Universal Operator Growth Hypothesis, *Phys. Rev. X* **9**, 041017 (2019).
- [4] J. Maldacena and D. Stanford, Remarks on the Sachdev-Ye-Kitaev model, *Phys. Rev. D* **94**, 106002 (2016).
- [5] V. Rosenhaus, An introduction to the SYK model, *J. Phys. A* **52**, 323001 (2019).
- [6] D. A. Trunin, Pedagogical introduction to SYK model and 2d dilaton gravity, *Usp. Fiz. Nauk* **191**, 225 (2021) [*Phys. Usp.* **64**, 219 (2021)].
- [7] D. A. Roberts, D. Stanford, and L. Susskind, Localized shocks, *J. High Energy Phys.* **03** (2015) 051.
- [8] T. Hartman, S. A. Hartnoll, and R. Mahajan, Upper Bound on Diffusivity, *Phys. Rev. Lett.* **119**, 141601 (2017).
- [9] C. Murthy and M. Srednicki, Bounds on Chaos from the Eigenstate Thermalization Hypothesis, *Phys. Rev. Lett.* **123**, 230606 (2019).
- [10] J. L. F. Barbón, E. Rabinovici, R. Shir, and R. Sinha, On the evolution of operator complexity beyond scrambling, *J. High Energy Phys.* **10** (2019) 264.
- [11] S.-K. Jian, B. Swingle, and Z.-Y. Xian, Complexity growth of operators in the SYK model and in JT gravity, *J. High Energy Phys.* **03** (2021) 014.
- [12] E. Rabinovici, A. Sánchez-Garrido, R. Shir, and J. Sonner, Operator complexity: A journey to the edge of krylov space, *J. High Energy Phys.* **06** (2021) 062.
- [13] A. Nunez and A. O. Starinets, AdS/CFT correspondence, quasinormal modes, and thermal correlators in  $n = 4$  supersymmetric Yang-Mills theory, *Phys. Rev. D* **67**, 124013 (2003).
- [14] L. Fidkowski, V. Hubeny, M. Kleban, and S. Shenker, The black hole singularity in AdS/CFT, *J. High Energy Phys.* **02** (2004) 014.
- [15] G. Festuccia and H. Liu, Excursions beyond the horizon: Black hole singularities in Yang-Mills theories (I), *J. High Energy Phys.* **04** (2006) 044.
- [16] G. Festuccia and H. Liu, A bohr-sommerfeld quantization formula for quasinormal frequencies of AdS black holes, *Adv. Sci. Lett.* **2**, 221 (2009).
- [17] L. Iliesiu, M. Koloğlu, R. Mahajan, E. Perlmutter, and D. Simmons-Duffin, The conformal bootstrap at finite temperature, *J. High Energy Phys.* **10** (2018) 070.
- [18] L. F. Alday, M. Kologlu, and A. Zhiboedov, Holographic correlators at finite temperature, *J. High Energy Phys.* **06** (2021) 082.
- [19] R. Karlsson, A. Parnachev, and P. Tadić, Thermalization in large- $n$  CFTs, [arXiv:2102.04953](https://arxiv.org/abs/2102.04953).
- [20] D. Rodriguez-Gomez and J. G. Russo, Correlation functions in finite temperature CFT and black hole singularities, *J. High Energy Phys.* **06** (2021) 048.
- [21] A. Dymarsky and A. Gorsky, Quantum chaos as delocalization in krylov space, *Phys. Rev. B* **102**, 085137 (2020).
- [22] Please see Supplemental Material at <http://link.aps.org/supplemental/10.1103/PhysRevD.104.L081702> for technical details, including asymptotic expansion of  $b_n^2$ , derivation of (16), and the numerical treatment of the holographic case.
- [23] T. A. Elsayed, B. Hess, and B. V. Fine, Signatures of chaos in time series generated by many-spin systems at high temperatures, *Phys. Rev. E* **90**, 022910 (2014).
- [24] A. Avdoshkin and A. Dymarsky, Euclidean operator growth and quantum chaos, *Phys. Rev. Research* **2**, 043234 (2020).
- [25] D. S. Lubinsky, An update on orthogonal polynomials and weighted approximation on the real line, *Acta Appl. Math.* **33**, 121 (1993).
- [26] E. L. Basor, Y. Chen, and H. Widom, Determinants of Hankel matrices, *J. Funct. Anal.* **179**, 214 (2001).
- [27] D. J. Yates, A. G. Abanov, and A. Mitra, Lifetime of Almost Strong Edge-Mode Operators in One-Dimensional, Interacting, Symmetry Protected Topological Phases, *Phys. Rev. Lett.* **124**, 206803 (2020).
- [28] D. J. Yates, A. G. Abanov, and A. Mitra, Dynamics of almost strong edge modes in spin chains away from integrability, *Phys. Rev. B* **102**, 195419 (2020).
- [29] P. Caputa, T. Numasawa, and A. Veliz-Orsorio, Scrambling without chaos in RCFT, *Prog. Theor. Exp. Phys.* (2016), 113B06.
- [30] R. Fan, Out-of-time-order correlation functions for unitary minimal models, [arXiv:1809.07228](https://arxiv.org/abs/1809.07228).
- [31] J. Kudler-Flam, L. Nie, and S. Ryu, Conformal field theory and the web of quantum chaos diagnostics, *J. High Energy Phys.* **01** (2020) 175.
- [32] D. Stanford, Many-body chaos at weak coupling, *J. High Energy Phys.* **10** (2016) 009.
- [33] J. Murugan, D. Stanford, and E. Witten, More on supersymmetric and 2d analogs of the SYK model, *J. High Energy Phys.* **08** (2017) 146.
- [34] J. Steinberg and B. Swingle, Thermalization and chaos in QED 3, *Phys. Rev. D* **99**, 076007 (2019).
- [35] M. Mezei and G. Sárosi, Chaos in the butterfly cone, *J. High Energy Phys.* **01** (2020) 186.