Constraining dark matter properties with the first generation of stars

Cosmin Ilie^{*,†} and Caleb Levy[®]

Department of Physics and Astronomy, Colgate University, 13 Oak Drive, Hamilton, New York 13346, USA

Jacob Pilawa

Department of Astronomy, University of California, Berkeley, Berkeley, California 94720, USA

Saiyang Zhang

Theory Group, Department of Physics, University of Texas Austin, Texas 78712, USA

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Dark matter (DM) can be trapped by the gravitational field of any star, since collisions with nuclei in dense environments can slow down the DM particle below the escape velocity (v_{esc}) at the surface of the star. If captured, the DM particles can self-annihilate, and, therefore, provide a new source of energy for the star. We investigate this phenomenon for capture of DM particles by the first generation of stars [Population III (Pop III) stars], by using the multiscatter capture formalism. Pop III stars are particularly good DM captors, since they form in DM-rich environments, at the center of $\sim 10^6 M_{\odot}$ DM minihalos, at redshifts $z \sim 15$. Assuming a DM-proton scattering cross section (σ) at the current deepest exclusion limits provided by the XENON1T experiment, we find that captured DM annihilations at the core of Pop III stars can lead, via the Eddington limit, to upper bounds in stellar masses that can be as low as a few M_{\odot} if the ambient DM density (ρ_X) at the location of the Pop III star is sufficiently high. Conversely, when Pop III stars are identified, one can use their observed mass (M_{\star}) to place bounds on $\rho_X \sigma$. Using adiabatic contraction to estimate the ambient DM density in the environment surrounding Pop III stars, we place projected upper limits on σ , for M_{\star} in the 100 M_{\odot} -1000 M_{\odot} range, and find bounds that are competitive with, or deeper than, those provided by the most sensitive current direct detection experiments for both spin-independent and spin-dependent (SD) interactions, for a wide range of DM masses. Most intriguingly, we find that Pop III stars with mass $M_{\star} \gtrsim 300 \ M_{\odot}$ could be used to probe the SD proton-DM cross section below the "neutrino floor," i.e. the region of parameter space where DM direct detection experiments will soon become overwhelmed by neutrino backgrounds.

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I. INTRODUCTION

One of the most profound mysteries nature has presented us with is usually wrapped in two very descriptive, although sometimes misleading, words: dark matter (DM). It was Fritz Zwicky who, in 1933, coined the term *dunkle Materie* (i.e. dark matter) when describing the nonluminous mass that he inferred must have been present in abundance in the Coma Cluster of galaxies [1,2]. It took almost four decades until this idea reemerged at the forefront of the literature. In 1970, Rubin and Ford showed that rotation curves of stars in galaxies are "flat," a fact that can be interpreted as evidence of nonluminous matter at galactic scales [3]. Since then, a large body of evidence has emerged that supports the dark matter hypothesis. Only 20% of the matter in the Universe is made of regular, baryonic matter. The other 80% is dark matter, whose existence is inferred via its gravitational effects, on all scales. DM leaves its imprint in the cosmic microwave background radiation [4–7], since it provides the gravitational restoring force for the acoustic oscillations of the photon-baryon plasma before recombination.

Under the influence of gravity, the primordial density fluctuations generated by cosmic inflation grow into overdense regions dominated by dark matter in what is commonly referred to as hierarchical structure formation. DM forms minihalos that grow, via mergers, into larger and larger halos with a rich substructure. Numerical simulations show that those overdense regions are connected by DM filaments, and separated by large, underdense regions. As such, DM provides the scaffolding upon which regular, baryonic matter gravitationally collapses to form galaxies and galaxy clusters. Using gravitational lensing, the Sloan

cilie@colgate.edu

[†]Also at Department of Theoretical Physics, National Institute for Physics and Nuclear Engineering, Magurele 76900, P.O. Box M.G. 6, Romania.

Digital Sky Survey confirmed the predominance of dark matter in galaxies [8]. Moreover, gravitational lensing has been used to map the structures DM forms at galaxy cluster [9] and cosmological [10–12] scales.

Today, the experimental hunt for dark matter has three prongs: particle production, direct detection, and indirect detection. So far, the Large Hadron Collider (LHC) has found no evidence of any physics outside of the standard model of particle physics, which, in turn, implies constraints on phenomenological models of DM. Indirect detection experiments seek to observe the products of annihilation (or decay) of DM that could emerge from nearby astrophysical sites where DM densities are high. Of such places, the center of our Galaxy and nearby dwarf spheroidal satellites of the Milky Way are prime targets. Expected signals include, but are not limited to, gamma rays. An antiproton and a gamma-ray excess compared to known backgrounds have been found in Alpha Magnetic Spectrometer and Fermi data, respectively. Both can be explained by the same DM particle model, a ~60 GeV DM particle self-annihilating [13–15]. Alternatively, the gamma-ray signal could come from point sources, such as pulsars [16,17], and the antiproton excess could be due to collisions between cosmic-ray protons accelerated in the presence of a local supernova remnant (SNR) and the protons in the SNR cloud [18]. Dwarf spheroidal satellite galaxies of the Milky Way are another prime target for detecting DM-DM annihilation signals. In a lack thereof, the Fermi satellite data was used to place the most stringent bounds on the dark matter annihilation cross section to date [19-21].

Direct detection experiments are extremely challenging. They are very sensitive, to the point of being able to detect the minute amount of energy a dark matter particle deposits inside the detector as it collides with an atomic nucleus [22,23]. Shielding from cosmic-ray backgrounds means that these experiments have to be performed in deep underground laboratories. Of the ten currently operational direct detection experiments, only the DAMA/LIBRA experiment in Gran Sasso, Italy, produced a detection signal [24–26]. Since 1998, the DAMA/LIBRA experiment has found an annual modulation in its signal that matches the modulation predicted by [23]. Although this is the cleanest hint of a dark matter detection yet, unfortunately, it has not been confirmed by other direct detection experiments exploring the same region of the parameter space, such as XENON1T. To settle this controversy, a new NaI experiment (the same detector material as DAMA/LIBRA) has been developed: COSINE [27]. It will soon either refute or confirm the DAMA signal.¹ Another hint of DM detection came recently from XENON1T, the world's most sensitive DM direct detection experiment. An excess in the electronic recoil events could be explained by, among other things, solar axions [29]. While solar axions are not a dark matter candidate, their detection, if confirmed, would be the first discovery of a particle outside of the standard model of particle physics. This would provide insights into the production of axions in the early Universe, which could serve as dark matter candidates.

In lack of a clear, independently confirmed detection signal from direct detection experiments, we are left with exclusion limits on how strong DM and baryonic matter can interact. As experiments become more and more sensitive, they rule out larger and larger swaths of the possible DM-nucleon scattering cross section σ vs DM particle mass (m_x) parameter space. However, an increase in sensitivity comes at a price. In the near future, it is expected that the XENON1T experiment will become sensitive to neutrinos. At that stage, any possible DM signal would be swamped by an overwhelming neutrino background, the so-called neutrino floor. As such, new detection strategies will have to be implemented. In this paper we discuss one such strategy, which relies on the capture of dark matter by the first generation of stars, the so-called Population III (Pop III) stars.

Astrophysical objects have a long history as DM probes in the literature. In the 1980s, some of the seminal papers developing the mathematical formalism for capture of dark matter [30–33] considered the potentially observable effects on the Sun from DM trapped inside it. All those works assumed that one collision with nuclei is sufficient to capture a DM particle inside a celestial object. This assumption can be bypassed by using the multiscatter capture formalism [34-38]. As such, one can estimate capture rates in very dense environments, where, on average, a DM particle will collide multiple times per crossing with regular matter inside the astrophysical capturing object. The potential observable effects of captured DM have been used in the literature to constrain DM properties by using Pop III stars [39-41], neutron stars [35,38,42–61], white dwarfs [35,36,62–64], and exoplanets [65], to name a few.

In this work, we demonstrate how the observation of any Pop III star can be used to place very stringent constraints on the strength of the proton-DM scattering cross section. Most importantly, if the ambient DM density (ρ_X) is sufficiently high, Pop III stars can be used to probe below the neutrino floor, which will soon limit direct detection experiments on Earth. The paper is organized as follows: In Sec. II we review the main properties, as inferred from numerical simulations, of Pop III stars. In Sec. III we briefly review the formalism used to calculate how efficiently DM is captured or evaporated by astrophysical objects and apply it to Pop III stars; in the process, we find that the heating from annihilations of captured DM inside the star leads to an upper bound on the stellar mass (M_{\star}). In Sec. IV we show how one can use the mere observation of a

¹Recently, another experiment (ANAIS) has analyzed their three-year data and found no annual modulation [28].

Pop III star of a given mass to place constraints on the product between the DM-nucleon cross section (σ) and the ambient DM density (ρ_X). Assuming direct detection experiments will identify DM in the near future, and using upper bounds from XENON1T on σ , we then obtain projected bounds on ρ_X , for Pop III stars of various masses. Conversely, using the adiabatic contraction formalism to estimate the possible range of ρ_X at the location of Pop III stars, and including the possible effects of DM annihilations on the ambient DM density, we calculate exclusion regions in the σ vs m_X parameter space corresponding to Pop III stars of masses between 100 M_{\odot} and 1000 M_{\odot} . We find that Pop III stars can be used to probe below the neutrino floor for spin-dependent (SD) experiments, such as PICO. For spin-independent (SI) experiments, at the higher end of m_X , i.e. $m_X \gtrsim 10^5$ GeV, we find that Pop III stars are placing constraints on σ that are stronger than those placed by the most sensitive direct detection experiments currently available, such as XENON1T. Regarding sub-GeV DM, we considered the case of strongly interacting thermal thermal DM models, such as strongly interacting massive particle (SIMP) and Co-SIMP DM, as well as the standard thermal weakly interacting massive particles (WIMPs), and found exclusion regions in the $\sigma - m_X$ parameter space that are deeper than any current experiments. Section V is dedicated to a discussion of the implications and limitations of our approach. The paper ends with five appendixes, in the following order: In Appendix A we review the technical details of the multiscatter DM capture formalism and present derivations of analytic closed form formulas for the total capture rates in various limiting regimes of interest. This could be very useful in practice, for future research, since calculating the capture rates numerically could turn out to be computationally expensive. In Appendix B we estimate the temperature of captured DM (T_X) , which will be necessary when evaluating evaporation rates for DM when considering sub-GeV DM models. In Appendix C we derive and validate a closed form analytic approximation of the evaporation rates of DM from Pop III stars. In Appendix D we discuss in more detail the DM models considered in this paper (thermal WIMPs, thermal sub-GeV Co-SIMP DM, and nonthermal superheavy DM) and the conditions necessary for the equilibrium between capture and annihilation/evaporation to be attained on timescales shorter than the lifetime of the star. Finally, in Appendix E, we apply the commonly used adiabatic compression formalism to estimate the ambient DM density relevant for the capture of DM by Pop III stars. Additionally, we estimate the role of DM annihilations in the ambient medium, and find the so-called annihilation plateau for each of the DM models considered.

II. THE FIRST STARS IN THE UNIVERSE

Below we give a brief summary of the status of the literature regarding the formation of the first stars, also

called Pop III stars, our candidate targets as DM probes. They formed at the center of DM minihalos $(M_{\rm halo} \sim 10^6 M_{\odot})$, when the Universe was roughly 400 Myr old, corresponding to redshifts $z \sim 15$. At that epoch, pristine, zero metallicity gas from big bang nucleosynthesis is cool enough to start its gravitational infall into the potential well provided by the high DM density regions at the center of the halo. As the gas collapses it will form one, or sometimes a few, clumps, separated by distances as large as a few parsecs. Those gas clumps are as massive as 20,000 M_{\odot} each, with the most massive one located close to the center of the DM halo (see Fig. 14 of [66]). The balance between heating and cooling, which for pristine, zero metallicity clouds is quite poor, determines the stage when this collapse stops. If fragmentation during this phase plays an important role, the outcome would be that each of those gas clumps forms several Pop III stars. Conversely, if fragmentation is suppressed, the formation of Pop III stars is monolithic. Currently the consensus is that, "At the end of the initial collapse, a small protostellar core has formed at the center of the minihalo" [67]. This protostellar core is surrounded by an accretion disk, roughly 10 A.U. in size, which can sometimes fragment. As shown in [68], for example, the most massive of those stellar fragments remains close to the center; in addition, there could be other, smaller fragments fragments in highly complex orbits, "most of which migrate towards the center of the cloud" (see Fig. 5 of [68]). This picture is confirmed by most hydrodynamical simulations, which demonstrate that typically one or just a few Pop III stars form per minihalo, with masses up to ~1000 M_{\odot} and within the inner 10 A.U. of the DM halo. More explicitly, simulations have shown that the most massive protostars remain close to the center of the cloud, which itself is aligned with the center of the DM halo [66,67,69–75], with some of the smaller fragments being dynamically ejected from the central region of the halo, while others will move inward and get accreted by the central, most massive object [68,76-78].

Fragmentation of the collapsing gas and/or of the accretion disk is the primary mechanism that controls the multiplicity of Pop III stars per micro DM halo, and prior to Pop III hosting halo mergers is the only mechanism that determines this important parameter. In the first decade of the 20th century a preliminary standard model has emerged in the literature, in view of the consensus in the results from the vast majority of simulations [66,69–72,79,80]. It was believed that Pop III stars generally form in isolation, and "at most one massive $(M \gg M_{\odot})$ metal free star forms per pre-galactic halo" (from abstract of Ref. [69]). This picture has recently undergone some scrutiny, since more recent simulations started to indicate that protostellar disks around primoridial stars can become gravitationally unstable and fragment to build up binary or higher-order multiple stellar systems [76,81,82]. However, the following consensus emerges from most simulations: the first stars have a top-heavy initial mass function, and they form in relatively small numbers per DM halo. The first to simulate fully threedimensional Pop III star formation including both fragmentation (up to the resolution of the simulation) and radiative feedback found an average of three stars forming in each of the cosmologically simulated DM halos of Ref. [83]. Additionally, each subsequent generation of stars that are formed in a given halo will be, on average, of smaller mass. Thus more massive Pop III stars are going to be found in more solitary environments, allowing a single, massive Pop III star to dominate the baryonic mass of a halo. More recent simulations have found similar halo statistics. Figure 7 of [84] demonstrates that halos form a median of four stars and a maximum of 16 stars, with a sharp decrease in the number of halos forming greater than six massive Pop III stars. The centrality of these objects is also of importance. Susa et al. [83] find that the most massive Pop III stars form, on average, more centrally than less massive stars with a significant fraction of stars larger than 100 M_{\odot} forming within 100 A.U. of the center of the minihalo. The same simulations found no halos with more than one star if the first star is formed over around 150 M_{\odot} (Fig. 11 of [83]). We note that the primary targets of our method of constraining DM will be Pop III stars more massive than ~150 M_{\odot} , and, as such, those are expected to form in isolation, one per DM halo, and with locations closely aligned with the center of the DM halo.

One of the key effects that needs to be taken into account when estimating the typical mass of a Pop III star is radiative feedback, which has the potential to shut off accretion, and, as such, limit the stellar mass. However, regarding this issue, a recent review by prominent authors of this field states [85], "any firm conclusions about the resulting mass spectrum of Pop. III stars in the presence of radiative feedback seems premature at this stage." However, note that cosmological 3D hydrodynamical simulations regularly find final masses in excess of $100 M_{\odot}$ [83], with some finding Pop III stars as massive as $1000 M_{\odot}$ [86].

There are two main mechanisms that suppress fragmentation in the cloud: magnetic field interactions in the gas cloud and dark matter self-annihilation. Several mechanisms have been studied which generate magnetic fields in these pristine gas clouds, however, a generic feature is that these magnetic fields are relatively weak [85]. In the presence of these fields, angular momentum transfer occurs by both protostellar jets and magnetic breaking. This causes gas to fall directly onto the protostar instead of forming a disk. Without a disk, fragmentation cannot occur, and the result is a single, massive, central star [74]. A weaker suppression can come from considering dark matter annihilation during the collapse of minihalos. Without dark matter annihilation, fragmentation is seen to occur in collapsing Pop III halos [76,81,82,87]. Adiabatic contraction can bring dark matter with the collapsing baryons, causing density and thus the annihilation rate to increase several orders of magnitude (since the annihilation rate scales with the square of the number density). It is unclear if dark matter annihilation is energetic enough to overcome H₂ cooling, however, simulations show that dark matter annihilation can impact the dynamics of the accretion disk and thus reduce the level of fragmentation [77,88,89]. In light of these (radiative feedback, magnetic fields, dark matter annihilation, and other) effects, any absolute statements regarding the mass spectrum of Pop III stars are premature beyond what we have seen in simulations to this point: a low number of massive, central Pop III stars forming in each halo. Consequently, these very massive, central stars are hot and emit a lot of photoionizing radiation. As such, Pop III stars usher in the epoch of reionization, when the baryonic gas in the Universe becomes fully ionized. This transition is complete by redshift $z \sim 7$.

We end this section with a brief discussion regarding the role of the heating from DM annihilation on the formation of the first stars. This has been initially investigated by Freese et al. [90], who found that under certain conditions, dark matter heating can overcome the dominant cooling mechanisms. This would subsequently halt the collapse of the protostellar gas cloud when the baryon number density is roughly $n \sim 10^{17} \text{ cm}^{-3}$, well below the typical $n \sim$ 10^{22} cm⁻³ when DM heating is not included. As such, DM heating could lead to the formation of a new phase in the stellar evolution, a dark star. These puffy objects are powered by dark matter annihilations. Dark stars can grow to be supermassive [91], and could be observed with the upcoming James Webb Space Telescope (JWST) [92]. Their observation would indirectly confirm the existence of dark matter. In contrast, if dark matter heating plays a little role in the formation of the first stars, a proto–Pop III star is born when the baryons have collapsed up to $n \sim 10^{22}$ cm⁻³. Pop III stars and dark stars have very different photometric signatures [92,93], and as such, JWST could be used to disambiguate between those two. For the reminder of this paper we will assume that at least some of the first stars will be Pop III stars, and that those objects will be found with an upcoming telescope, such as JWST. In fact, we want to point out that [94] has already found a candidate Pop III stellar system at $z \sim 7$ in the MUSE deep lensed Hubble Space Telescope field.

III. CAPTURE AND EVAPORATION OF DM BY POP III STARS AND THEIR OBSERVATIONAL EFFECTS

Via collisions with nuclei inside any compact, astrophysical object, such as a star, neutron star, or white dwarf, a DM particle can be slowed below the escape velocity at the surface of the object, and thus become trapped by its gravitational field. Subsequent collisions lead to further slowing down, and eventually the captured DM sinks toward the center of the star, forming a selfgravitating DM core. This is, in essence, what is commonly referred to as DM capture. This phenomenon was studied initially for WIMPs in the 1980s, when the single scattering capture formalism of [30,32,33] was developed. In practice, the formalism is limited to the case when DM particles are, on average, experiencing at most one collision with nuclei inside the star as they traverse it, hence "single scattering." This is a valid approximation when the capturing object is not too compact and/or when the cross section of interaction between DM and baryons is not too high, which is a direct consequence of the average number of collisions per crossing of an object of radius R_{\star} , with target nuclei number density n_T , also called the optical depth, given by: $\tau = 2R_{\star}\sigma n_{T}$. Whenever $\tau \ll 1$, one can safely apply the single scatter formalism of DM capture. Conversely, when $\tau \gg 1$, one should use the more general, multiscatter formalism, developed by [34].² In the next few paragraphs, we give a brief review of the multiscatter formalism, and the closed form analytical approximations we derived for the total capture rates, in various limiting regimes. The interested reader should consult Appendix A for technical details. As DM particles, coming from a reservoir with number density n_X , cross an astrophysical object with n_T number density of scattering nuclei, they will be captured at a rate given by [35]:

$$C_{\text{tot}} = \sum_{N=1}^{\infty} C_N$$

= $\sum_{N=1}^{\infty} \underbrace{\pi R_{\star}^2}_{\text{capture area}} \times \underbrace{n_X \int_0^\infty \frac{f(u) du}{u} (u^2 + v_{\text{esc}}^2)}_{\text{DM flux}}$
 $\times \underbrace{p_N(\tau)}_{\text{prob. for N collisions}} \times \underbrace{g_N(u)}_{\text{prob. of capture}}$. (1)

Throughout, we will denote by C_N the capture rate after exactly N collisions with nuclei inside the star. Note that for nonrelativistic DM, such as in the case of our work, $n_X = \frac{\rho_X}{m_X}$. Therefore, since Pop III stars form in DM-rich environments (see Appendix E for estimates of ρ_X), they are particularly efficient at capturing DM. In Ref. [41], we showed that the probability of N collisions between DM and nuclei inside the star has the following closed form:

$$p_N(\tau) = \frac{2}{\tau^2} \left(N + 1 - \frac{\Gamma(N+2,\tau)}{N!} \right),$$
 (2)

where $\Gamma(a, b)$ is the incomplete gamma function. For the probability that a DM particle is slowed down below $v_{\rm esc}$ by exactly N collisions we assume, following [35],

$$g_N(u) = \Theta(u_{\max;N} - u), \tag{3}$$

where $\Theta(x)$ is the Heaviside step function. Throughout, we denote by $u_{\max;N} = v_{esc}[(1 - \beta_+/2)^{-N} - 1]^{1/2}$ the maximum value of the velocity a DM particle can have, far from the star, such that it will be slowed down below the escape velocity after N collisions. Here $\beta_+ \equiv 4mm_X/(m+m_X)^2$, with m being the mass of the target nucleus. In our work, we assume a Maxwell-Boltzmann distribution $f_{MB}(u)$ for the velocities of DM particles surrounding the star. There is only one unique parameter describing such a distribution, the velocity dispersion (\bar{v}) . In Appendix E, we estimate that the dispersion velocity for DM in $10^6 M_{\odot}$ minihalos where Pop III stars form is, to within factors of order unity, $\bar{v} = 10 \text{ km s}^{-1}$. For more details on how we implement the calculation of C_{tot} from Eq. (1) numerically, and for useful analytical approximations and their derivation, see Appendix A. To facilitate the understanding of the main body of the paper, without the need to refer to appendixes, we summarize below the main results regarding the behavior of the capture rates.

For $m_X \gg m$, and in the multiscatter regime ($\tau \gg 1$) we find [see Eqs. (A8) and (A16a)] that the total capture rate has the following scaling:

$$C_{\rm tot} \sim \frac{\rho_X \sigma}{m_X^2 \bar{v}^3} \frac{M_\star^3}{R_\star^2},\tag{4}$$

whereas for single scattering capture ($\tau \ll 1$) we find two distinct scaling relations:

$$C_{\text{tot}} = C_1 \sim \frac{\rho_X \sigma}{m_X^2 \bar{v}^3} \frac{M_\star^3}{R_\star^2} \quad \text{if } m_X \gg 3m \left(\frac{v_{\text{esc}}}{\bar{v}}\right)^2, \tag{5a}$$

$$C_{\text{tot}} = C_1 \sim \frac{\rho_X \sigma}{m_X \bar{v}} \frac{M_\star^2}{R_\star} \quad \text{if } \frac{m}{3} \left(\frac{\bar{v}}{v_{\text{esc}}}\right)^2 \ll m_X \ll 3m \left(\frac{v_{\text{esc}}}{\bar{v}}\right)^2.$$
(5b)

It is noteworthy, and perhaps somewhat unexpected, that at the higher end of the DM particle mass where the single scattering approximation holds, we recover the same scaling with relevant parameters as one has in the multiscatter capture regime, as one can see from Eqs. (4) and (5a).

For sub-GeV DM particles, one needs to include the effects of "evaporation," i.e. the loss of captured DM, as they may be up-scattered to velocities above the escape velocity (v_{esc}) via collisions with nuclei, especially near the center of the star, where nuclei are the most energetic. In Appendix C we obtain and validate the following approximation for the evaporation rate of DM particles from a star:

$$E \approx \frac{3V_{\star}\bar{n}_{p}u_{c}\sigma}{2V_{1}\sqrt{\pi}}e^{-\frac{v_{esc}^{2}\mu}{u_{c}^{2}\Theta}(1+\xi_{1}/2)}.$$
 (6)

²See also [35–37,95].

We assumed that the internal structure of the star is well modeled by a n = 3 polytrope, as is the case for the radiation pressure dominated Pop III stars considered here. Throughout, V_{\star} represents the volume of the star, \bar{n}_p is the average proton number density, $u_c \equiv \sqrt{\frac{2T_c}{m_p}}$, i.e. the average thermal velocity of protons at the center of the star, $\mu \equiv m_X/m$, $\Theta \equiv T_X/T_c$, and $\xi_1 \approx 6.89$ is the first node of the Lane-Emden function for n = 3. Additionally, $V_i \equiv \int_{\star} dV e^{-im_X \Phi/T_X}$, with $\Phi(r)$ being the gravitational potential inside the star. Note how the exponential term suppresses the evaporation rates for $m_X \gtrsim 1$ GeV.

The interplay of capture, annihilation, and evaporation of DM inside the star can be modeled by the differential equation

$$\dot{N}_X = C_{\rm tot} - \Gamma_A - EN_X,\tag{7}$$

where C_{tot} is the total capture rate and Γ_A is the annihilation rate, which can be recast as: $\Gamma_A = C_A N_X^j$, with C_A being an N_X -independent annihilation coefficient, and *j* being the number of DM particles entering each annihilation event. In this paper we consider four different scenarios for the annihilation events: p/s-wave annihilations (*j* = 2; DM + DM \rightarrow SM + SM), SIMP DM [96] (*j* = 3; DM + DM + DM \rightarrow DM + DM), or Co-SIMP [97] (*j* = 2; DM + DM + SM \rightarrow DM + SM).

For j = 2 Eq. (7) has the following analytic solution:

$$N_X(t) = \sqrt{\frac{C_{\text{tot}}}{C_A}} \frac{\tanh(\frac{\kappa t}{\tau_{\text{eq}}})}{\kappa + \frac{1}{2}E\tau_{\text{eq}}\tanh(\frac{\kappa t}{\tau_{\text{eq}}})},$$
(8)

with $\tau_{\rm eq} \equiv 1/\sqrt{C_{\rm tot}C_A}$, and $\kappa \equiv \sqrt{1 + E^2 \tau_{\rm eq}^2/4}$. Whenever $t \gg \tau_{\rm eq}/\kappa$, the number of DM particles inside the star (N_X) attains a constant, limiting value. Previous work on Pop III stars showed that, for WIMP-like dark matter, equilibrium $(\dot{N}_{x} = 0)$ is quickly reached within the lifetime of the star [39]. The same holds true for superheavy dark matter $(m_X \gtrsim 10^8 \text{ GeV})$, assuming an annihilation cross section at the unitarity limit, as shown in [41]. In Appendix D we revisit and generalize on those investigations, including the role of evaporation for light DM. For nonthermal DM, where the annihilation cross section is not constrained by the thermal relic abundance, we obtain the minimum annihilation cross section such that equilibrium between capture/evaporation/annihilation can be reached within a fraction of the lifetime of the star. This can potentially have important repercussions on our ability to constrain DMproton interaction cross sections, since DM will annihilate outside of the star as well, at a rate controlled by the annihilation cross section. If this process operates for sufficiently long times, the DM ambient densities are reduced to a time-dependent plateau value (the annihilation plateau) from their initial, adiabatically contracted assumed profile. In Appendixes D and E we discuss in detail the interplay between the requirement of efficient equilibration of the DM capture and annihilation/evaporation processes inside the star and the annihilation of DM in the vicinity of the star. In all of the bounds on σ we present we will include, whenever significant, the effects of this annihilation plateau.

After this equilibrium is reached, the rate of change of DM particles in the stellar core becomes zero, and one obtains a stable energy source from dark matter annihilations with luminosity. At $m_X \gtrsim 1$ GeV, when we can neglect evaporation, this becomes

$$L_{\rm DM} = f\Gamma_A m_X = fC_{\rm tot} m_X,\tag{9}$$

with *f* being the model-dependent, order unity fraction of the rest mass energy (m_X) that is deposited inside the star as a result of DM annihilations. For simplicity we assume f = 1, i.e. all the energy from DM annihilations gets deposited inside the star. Our results scale linearly with *f*, and as such it would be straightforward to adjust them for any arbitrary *f*. An example calculation of dark matter luminosity from annihilations is presented in Fig. 1, for $m_X \gtrsim 10^2$ GeV. Assuming XENON1T [98] SI upper bounds on σ ,

$$\sigma \lesssim 8 \times 10^{-41} \text{ cm}^2 \left(\frac{m_X}{10^8 \text{ GeV}}\right),\tag{10}$$

we obtain the maximum possible luminosity due to captured DM ($L_{\rm DM}$) at a given DM particle mass (m_X), for Pop III stars of mass 100 M_{\odot} , 300 M_{\odot} , and 1000 M_{\odot} , respectively.



FIG. 1. Upper bounds on the luminosity from captured dark matter annihilations for Pop III stars of various masses in the mass range of 10^2-10^{15} GeV. We assume here $\bar{v} = 10^6$ cm s⁻¹ and $\rho_X = 10^{16}$ GeV cm⁻³. For the proton-DM cross section we used XENON1T SI bounds.

From Fig. 1, we note the two distinct trends for the upper bounds that any DM direct detection experiment places on $L_{\rm DM}$: a constant value at high m_X , and $L_{\rm DM}^{\rm max} \propto m_X$ for low m_X . This transition at $m_X = 3m(v_{\rm esc}/\bar{v})^2$ is to be expected, in view of our results for the scaling of $C_{\rm tot}$ [Eqs. (5a) and (5b)]. Moreover, since $L_{\rm DM} \propto \sigma/m_X$ for $m_X \gtrsim 3m(v_{\rm esc}/\bar{v})^2$, and in view of the upper bound from XENON1T $\sigma \propto m_X$, we can understand the trend from Fig. 1, where at the high-mass end $L_{\rm DM}^{\rm max} \propto m_X^0$. Conversely, for $m_X \lesssim 3m(v_{\rm esc}/\bar{v})^2$, a consequence of the capture rate being proportional to σ/m_X is that $L_{\rm DM}^{\rm max} \propto m_X$, as found numerically in Fig. 1.

As alluded to before, at $m_X \lesssim 1$ GeV we include the effects of DM evaporation. In the case of j = 2 (p/s-wave annihilation or Co-SIMP DM), in view of Eq. (8), one can include analytically the role of evaporation in the DM luminosity after equilibrium has been reached in the following way:

$$L_{\rm DM} = f\Gamma_A m_X = \frac{fC_{\rm tot}m_X}{(\kappa + \frac{1}{2}E\tau_{\rm eq})^2}.$$
 (11)

As expected, the effect of evaporation is to reduce the amount of the rest mass energy from captured DM particles that is deposited inside the star. Additionally, note that even if *E* is significant, its effects on the DM luminosity can be irrelevant if $E\tau_{eq} \ll 1$.

Using these calculations for the luminosity from dark matter self-annihilations, we can estimate an upper bound on the mass of Pop III stars shining at the Eddington limit. For stars that are radiation pressure dominated, the mass and luminosity become linearly proportional. Additionally, any further accretion or additional luminosity for a star is disrupted by the radiation pressure and is not allowed. We can write the Eddington luminosity as

$$L_{\rm Edd} = \frac{4\pi c G M_{\star}}{\kappa_{\rho}},\tag{12}$$

where G is the universal gravitational constant, c is the speed of light, M_{\star} is the mass of the star in question, and κ_{ρ} is the stellar atmospheric opacity. The dominant opacity source in metal-free, hot atmospheres is Thompson electron scattering, which is a function of the hydrogen fraction (X) of the star: $\kappa_{\rho} = \kappa_{es} = 0.2(1 + X) \text{ cm}^2 \text{ s}^{-1}$. As the star ages, the hydrogen fraction decreases while the fraction of other elements increases, making κ_{ρ} a function of the age/ metallicity of the star. In this work we assume a big bang nucleosynthesis (BBN) composition of Pop III stars, resulting in an Eddington luminosity of

$$L_{\rm Edd} = 3.7142 \times 10^4 (M_{\star}/M_{\odot}) L_{\odot}.$$
 (13)

Reinterpreting the Eddington luminosity not as a maximum luminosity, but as a maximum mass bound, we can

TABLE I. Stellar mass, radius, and luminosity in solar units for the ZAMS Pop III models of [40,99,100] we consider in this paper.

$M_{\star}[M_{\odot}]$	$R_{\star}[R_{\odot}]$	$v_{ m esc}[v_{ m esc,\odot}]$	$L_{ m nuc}[L_{\odot}]$
1	0.875	1.072	1.91×10^{0}
1.5	0.954	1.257	1.05×10^{1}
2	1.025	1.401	3.29×10^{1}
3	1.119	1.642	1.46×10^2
5	1.233	2.019	$8.46 imes 10^2$
10	1.400	2.680	7.27×10^{3}
15	1.515	3.156	2.34×10^4
20	1.653	3.488	$5.11 imes 10^4$
30	2.123	3.769	1.45×10^{5}
50	2.864	4.190	4.25×10^{5}
100	4.118	4.942	1.40×10^{6}
200	6.140	5.723	3.97×10^{6}
300	7.408	6.382	6.57×10^{6}
400	9.030	6.674	9.89×10^{6}
600	11.24	7.326	1.61×10^{7}
1000	12.85	8.845	2.02×10^{7}

calculate what the maximum mass of Pop III stars would be, via the following criterion:

$$L_{\rm nuc}(M_{\star}) + L_{\rm DM}(M_{\star}) \le L_{\rm Edd}(M_{\star}), \tag{14}$$

with the bound being saturated for a star of $M_{\star} = M_{\text{max}}$. We include contributions to the luminosity from both DM-DM annihilations and hydrogen burning in the core. For the contribution from nuclear fusion, we find an interpolating function that fits well the zero age main sequence (ZAMS) Pop III models as tabulated in Table I. We therefore assume that, to a good approximation, the rate of hydrogen fusion, and therefore L_{nuc} , will not be affected by dark matter annihilations taking place inside the stellar core. A full hydrodynamic simulation, which is beyond the scope of this paper, would be required to account for the possible effect of the DM annihilations on the nuclear luminosity. However, based on the stellar thermostat effect, we expect that the core temperature, and therefore the nuclear luminosity, will not change significantly even if there is an additional source of energy from DM annihilations. If anything, DM annihilations would lead to an increase in core temperature, and therefore to an increase in the nuclear luminosity. As such, our bounds should be viewed as conservative.

In Table I we list the relevant parameters, such as mass, radius, escape velocity, and luminosity due to nuclear fusion, for Pop III stellar models from [40,99,100].

As mentioned previously, in order to apply our Eddington limit criterion [Eq. (14)], and therefore find the maximum mass a Pop III can have if the effects of captured DM annihilations are taken into account, we need a fitting formula for $L_{\text{nuc}}(M_{\star})$. We find that

where $x \equiv \frac{M_{\star}}{M_{\odot}}$ and $L_{\odot} \equiv 3.846 \times 10^{33}$ erg/s. This formula interpolates between the lower mass regime $(L_{\text{nuc}} \propto M_{\star}^3)$ and the Eddington limited regime $(L_{\text{nuc}} \propto M_{\star})$. An example of the calculation of the Eddington limit, DM luminosity, and nuclear luminosity is presented in Fig. 2.

In Fig. 2, the maximum mass corresponds to the intersection of the sum $L_{\rm DM} + L_{\rm nuc}$ with the Eddington limit. We note a break in the power law for the dark matter luminosity around $M_{\star} \sim 20 \ M_{\odot}$. This power law comes from the dependence on radius with mass that we derived for our Pop III star data. The piecewise expression we adopt for the rest of this paper is

$$\frac{R_{\star}}{R_{\odot}} \approx \begin{cases} 0.88 (\frac{M_{\star}}{M_{\odot}})^{0.20} & \text{if } M_{\star} \lesssim 20 \ M_{\odot}, \\ 0.32 (\frac{M_{\star}}{M_{\odot}})^{0.55} & \text{if } M_{\star} \gtrsim 20 \ M_{\odot}. \end{cases}$$
(16)

These homology relations were found by fitting two distinct power laws to the data in Table I. Since in Fig. 2 we consider the case of a 10⁴ GeV DM particle, in view of Eq. (5b), $L_{\rm DM} \propto M_{\star}^2/R_{\star}$, and in view of Eq. (16) we predict, and confirmed numerically, that $L_{\rm DM} \propto M_{\star}^{1.8}$ (for $M_{\star} \leq 20 M_{\odot}$), and $L_{\rm DM} \propto M_{\star}^{1.45}$ (for $M_{\star} \gtrsim 20 M_{\odot}$). We note that for $m_X \gtrsim 3m(v_{\rm esc}/\bar{v})^2$, we expect a different scaling of $L_{\rm DM} \propto M_{\star}^{2.6}$ (for $M_{\star} \lesssim 20 M_{\odot}$) and $L_{\rm DM} \propto M_{\star}^{2.6}$ (for $M_{\star} \lesssim 20 M_{\odot}$) and $L_{\rm DM} \propto M_{\star}^{2.6}$ (for $M_{\star} \lesssim 20 M_{\odot}$) and $L_{\rm DM} \propto M_{\star}^{2.6}$ (for $M_{\star} \lesssim 20 M_{\odot}$) and $L_{\rm DM} \propto M_{\star}^{2.6}$ (for $M_{\star} \lesssim 20 M_{\odot}$) and $L_{\rm DM} \propto M_{\star}^{2.6}$ (for $M_{\star} \lesssim 20 M_{\odot}$) and $L_{\rm DM} \propto M_{\star}^{2.6}$ (for $M_{\star} \lesssim 20 M_{\odot}$) and $L_{\rm DM} \propto M_{\star}^{2.6}$ (for $M_{\star} \lesssim 20 M_{\odot}$) and $L_{\rm DM} \propto M_{\star}^{2.6}$ (for $M_{\star} \approx 20 M_{\odot}$) and $L_{\rm DM} \propto M_{\star}^{2.6}$ (for $M_{\star} \approx 20 M_{\odot}$).



FIG. 2. Luminosity as a function of stellar mass for 10^4 GeV dark matter and a DM density of $\rho_X = 10^{16}$ GeV cm⁻³. Two things to note are (a) the nuclear fusion luminosity approaches the Eddington limit for large stellar masses and (b) the sum of $L_{\rm DM}$ and $L_{\rm nuc}$ and its intersection with $L_{\rm Edd}$ defines the maximum mass for a given density and mass of dark matter. In this specific calculation, we find a maximum mass of $M_{\rm max} \sim 1100 M_{\odot}$. We can see the same result in Fig. 3—the maximum mass of a Pop III star considering 10^4 GeV dark matter at an ambient density of 10^{16} GeV cm⁻³ is of order $10^3 M_{\odot}$.

of those indicate an increase with stellar mass faster than M_{\star} . Therefore, for a sufficiently large M_{\star} , one is guaranteed to find that the sum $L_{\rm nuc} + L_{\rm DM}$ reaches the Eddington limit, which directly implies a maximum stellar mass.

Upper bounds on Pop III stellar masses obtained by imposing the sub-Eddington condition [Eq. (14)] and assuming XENON1T SI limits on σ are shown in Fig. 3. For \bar{v} we have assumed a fiducial value of 10 km/s, representative of the $10^6 M_{\odot}$ minihalos hosting Pop III stars [39] (see also Appendix E). Reading the plot vertically, we note that for a given m_X , an increase in the ambient DM density, ρ_X , leads to tighter bounds, as evidenced by the darkening of the colors in the heat map as we progress upward, toward higher ρ_X , in bins of fixed m_X . This is to be expected, since $L_{\rm DM} \propto \rho_X$, and therefore M_{max} is inversely proportional to the ambient DM density. We now move to discussing the trends in the heat map if we read it horizontally, keeping ρ_X fixed. Remember, $L_{\rm DM}^{\rm max} \propto m_X$, whenever $m_X \lesssim 3m(v_{\rm esc}/\bar{v})^2$, and $L_{\rm DM}^{\rm max} \propto m_X^0$, when $m_X \gtrsim 3m(v_{\rm esc}/\bar{v})^2$, as evidenced by the two distinct trends of $L_{\text{DM}}^{\text{max}}$ in Fig. 1. This implies upper bounds on Pop III stellar mass that are insensitive with m_X at the higher end of the DM particle mass range, and bounds that become weaker as we decrease m_X , whenever $m_X \lesssim 3m(v_{\rm esc}/\bar{v})^2$. Both of those trends can be seen in Fig. 3.

In the next section we demonstrate that the mere observation of a Pop III star of any mass can be, in



FIG. 3. Maximum stellar mass as a function of m_X and ρ_X assuming X1T SI DM-proton cross section bounds and $\bar{v} = 10^6$ cm s⁻¹ when including the effects of annihilation of captured dark matter by Pop III stars. The gray area corresponds to bounds weaker than $10^4 M_{\odot}$, where other mechanisms, such as fragmentation of the gas cloud or radiative feedback, would be dominant in determining the maximum stellar mass [78].

principle, used to place constraints on the DM-proton scattering cross section.

IV. CONSTRAINING DM PROPERTIES USING POP III STARS

In this section we demonstrate a method for placing bounds on dark matter properties through the observation of Pop III stars. As discussed in the previous section, the capture and annihilation of dark matter particles by Pop III stars in dense DM environments provides an additional source of stellar luminosity. This extra power source places limits on the maximum mass it can attain via the Eddington luminosity, as demonstrated in Sec. III (Fig. 3). Here, instead, we pose the following question: what information about dark matter can we ascertain if we were to observe any Pop III star, of a given mass? The mere existence of the star already implies something about the luminosity due to captured DM: $L_{\rm DM} \leq L_{\rm Edd}(M_{\star}) - L_{\rm nuc}(M_{\star})$, which is just the sub-Eddington condition of Eq. (14), rearranged in order to demonstrate the idea of constraining DM properties. Whenever $\bar{v} \ll v_{\rm esc}$ (which is the case for Pop III stars), and $m_X \gg m$ ³, it turns out that this condition can be recast as

$$fm_{X}\sqrt{24\pi}GM_{\star}R_{\star}\frac{\rho_{X}}{m_{X}\bar{v}}\sum_{N=1}^{\infty}p_{N}(\tau)\left(1-\left(1+\frac{2A_{N}^{2}\bar{v}^{2}}{3v_{esc}^{2}}\right)e^{-A_{N}^{2}}\right)$$

total capture rate ($C_{tot}\equiv\sum_{N=1}^{\infty}C_{N}$)
 $\leq L_{Edd}(M_{\star})-L_{nuc}(M_{\star}),$ (17)

with $A_N^2 = (3Nmv_{esc}^2)/(m_X \bar{v}^2)$, when $m_X \gg m$, and $A_N^2 = (3Nm_X v_{esc}^2)/(m \bar{v}^2)$, when $m \gg m_X$. We have used the fact that $L_{\rm DM} = fm_X C_{\rm tot}$ [Eq. (9)],⁴ and for the total capture rate $C_{\text{tot}} = \sum_{N=1}^{N=\infty} C_N$, with C_N given by Eq. (A7). In all of our numerical results we used the full, nonapproximated, C_N from Eq. (A2). However, in order to gain physical insight and understand the behavior of our bounds, it is easiest if we use the approximated C_N of Eq. (A7), as done in Eq. (17). Since the sum on the lhs is directly proportional to the DM-proton scattering cross section,⁵ we can use Eq. (17) to place upper bounds on $\sigma \times \rho_X$. Using constraints on σ from direct detection experiments, we can break this degeneracy, and use our method to place upper bounds on ρ_X at the center of minihalos hosting Pop III stars. Additionally, one can estimate the ambient DM density at the location of the star. In Appendix E, we apply the well-established adiabatic contraction formalism to do just that. This leads to the exciting possibility of constraining the DM-proton scattering cross section (σ) via Eq. (17) by finding numerically the value of σ which saturates the inequality.

We start with our projected bounds on $\rho_X \times \sigma$, inferred from assuming the possible identification of of Pop III stars of various mass. To this aim, we recast Eq. (17) by isolating on the lhs all the unconstrained parameters (in this case ρ_X and $\tau \propto \sigma$):

$$\rho_X \sum_{N=1}^{\infty} p_N(\tau) \left(1 - \left(1 + \frac{2A_N^2 \bar{v}^2}{3v_{\rm esc}^2} \right) e^{-A_N^2} \right) \\ \leq \frac{L_{\rm Edd}(M_\star) - L_{\rm nuc}(M_\star)}{\sqrt{24\pi}f} \frac{\bar{v}}{GM_\star R_\star}.$$
(18)

Next, we approximate the sum in Eqs. (17) and (18), and find that it takes three possible values: 1 (region II, i.e. $\tau \gg 1$ and $k\tau \gg 1$), $2/3\tau$ (region III, i.e. $\tau \ll 1$ and $k \gg 1$), and $2/3k\tau$ (region IV, i.e. $k \ll 1$ and $\tau \ll 1$, and region I, i.e. $k\tau \gg 1$ and $\tau \gg 1$). This allows us to explicitly express $L_{\rm DM} \propto \rho_X \sigma$, as expected. See Appendix A for details on how we obtained the three approximate values mentioned above. In Fig. 4, we plot the various regions of validity for those three approximations in the σ -m_x parameter space. Note that the location of the k = 1, $\tau = 1$, and $k\tau = 1$ lines that separate the $\sigma - m_X$ parameter space into the four regions (labeled I-IV in Fig. 4) will be different for different mass stars, which can be most easily understood from the following scaling relations for $\tau = 2R_{\star}\sigma n_{T}$ (with n_T the number density of target nuclei) and $k \equiv$ $3 \frac{\min(m;m_X)}{\max(m;m_X)} \frac{v_{esc}^2}{\bar{v}^2}$ (with *m* being the mass of the target nuclei):

$$k \approx 10^4 \frac{M_{\star}}{M_{\odot}} \frac{R_{\odot}}{R_{\star}} \left(\frac{10 \text{ km s}^{-1}}{\bar{v}}\right)^2 \frac{\min(m_X; m)}{\max(m_X; m)}, \quad (19)$$

$$\tau \approx 10^{-5} \left(\frac{\sigma}{1.26 \times 10^{-40} \text{ cm}^2} \right) \frac{M_{\star}}{M_{\odot}} \left(\frac{R_{\odot}}{R_{\star}} \right)^2.$$
(20)

Throughout our work, we assume that collisions with the more abundant H nuclei (i.e. protons) dominates the capture. This simplification leads to an underestimate of the total capture rates, and therefore all of our bounds would become more stringent if the effects of collisions with He nuclei were taken into account. In obtaining the result of Eq. (20), we assumed the fraction of H in a Pop III star to be given by BBN, i.e. $X \approx 0.75$.

Having found approximations for $\sum_{N=1}^{\infty} p_N(\tau) \times (1 - (1 + \frac{2A_N^2 \bar{v}^2}{3v_{esc}^2})e^{-A_N^2})$, we can use them to calculate the capture rates in each of the four regions identified [see the underbraced part of Eq. (17) or (A8)]. Perhaps the most intriguing, and somewhat unexpected, region of the $\sigma - m_X$ parameter space is what we called region II, in which the sum attains its maximum value, 1. Physically, in that

³For the case of $m_X \ll m$ all we need to do is to replace $m_X \leftrightarrow m$ in A_N .

 $m_{X_4} \leftrightarrow m \text{ in } A_N.$ At low m_X we include the effects of DM evaporation as per Eq. (11).

⁵This subtle point can be most easily understood if we look at the limiting behaviors from Eq. (4) and Eqs. (5a) and (5b). For more details see Appendix A.



FIG. 4. Leading-order approximate values of $\sum_{N=1}^{\infty} p_N(\tau) \times (1 - (1 + \frac{2A_N^2 \bar{v}^2}{3v_{esc}^2})e^{-A_N^2})$ in various regions of the $\sigma - m_X$ parameter space are given in each corresponding region. The line of $\tau = 1$ separates the single scatter ($\tau \lesssim 1$) from multiscatter regime ($\tau \gtrsim 1$). The multiscatter region can be further subdivided into two regions: region I ($\tau \gtrsim 1$ and $k\tau \lesssim 1$) and region II ($\tau \gtrsim 1$ and $k\tau \gtrsim 1$), where the sum takes the value: $2/3k\tau$ and 1, respectively. We define k in the following way: $k \equiv A_1^2 = \frac{3v_{esc}^2 \min(m_X;m)}{\bar{v}^2 \max(m_X;m)}$. Furthermore, note that the line k = 1 separates the single scatter capture in two two distinct regions: $k \gg 1$, where the sum is $2/3\tau$ (region III), and $k \ll 1$, where the sum is $2/3k\tau$ (region IV). Most remarkably, we find that in region IV (single scatter, and $k\tau \ll 1$) and region I (multiscatter, and $k\tau \ll 1$) the sum, and therefore the capture rates, have the exact same parametric scaling.

region, the scattering cross section is sufficiently high to efficiently lead to the capture of *all* DM particles crossing the star. This leads to a particularly simple form for the total capture rate, which now becomes just the number of DM particles crossing the star per unit time, i.e. flux \times area:

$$C_{\text{tot}}^{\text{II}} \approx 8 \times 10^{43} \text{ s}^{-1} \left(\frac{\rho_X}{10^{14} \text{ GeV cm}^{-3}} \right) \left(\frac{10^2 \text{ GeV}}{m_X} \right) \\ \times \left(\frac{10 \text{ km s}^{-1}}{\bar{v}} \right) \frac{M_{\star} R_{\star}}{M_{\odot} R_{\odot}}.$$
(21)

Continuing to region III (single scatter and $k \gg 1$) we find that

$$C_{\text{tot}}^{\text{III}} \approx 5.4 \times 10^{38} \text{ s}^{-1} \left(\frac{\rho_X}{10^{14} \text{ GeV cm}^{-3}} \right) \left(\frac{\sigma}{1.26 \times 10^{-40} \text{ cm}^2} \right)$$
$$\times \left(\frac{10^2 \text{ GeV}}{m_X} \right) \left(\frac{10 \text{ km s}^{-1}}{\bar{v}} \right) \left(\frac{M_{\star}}{M_{\odot}} \right)^2 \left(\frac{R_{\star}}{R_{\odot}} \right)^{-1}. \quad (22)$$

This is just the scaling from Eq. (5b), with numerical factors explicitly shown here. Moving to regions IV (single

scatter and $k \ll 1$) and I (multiscatter and $k\tau \ll 1$), we find, remarkably, that the capture rates have the exact same form,

$$C_{\text{tot}}^{\text{I}} = C_{\text{tot}}^{\text{IV}}$$

$$\approx 6.26 \times 10^{28} \text{ s}^{-1} \left(\frac{\rho_X}{10^{14} \text{ GeV cm}^{-3}}\right)$$

$$\times \left(\frac{\sigma}{1.26 \times 10^{-40} \text{ cm}^2}\right) \left(\frac{10^8 \text{ GeV}}{m_X}\right)^2 \left(\frac{10 \text{ km s}^{-1}}{\bar{v}}\right)^3$$

$$\times \left(\frac{M_{\star}}{M_{\odot}}\right)^3 \left(\frac{R_{\star}}{R_{\odot}}\right)^{-2}.$$
(23)

This is a highly counterintuitive result, since in region IV the single scatter approximation holds, whereas region I is where the multiscatter approach is necessary. The fact that there is a smooth continuity between those two is not unexpected. What is surprising is the large swath of parameter space for which both the single scatter approximation and the multiscatter yield exactly the same result, even if in one case the controlling parameter τ is much larger than one (region I) vs much less than unity (region IV).

In Fig. 5 we present a numerical validation of our analytic approximations of the total capture rates of Eqs. (21)–(23). Note the excellent agreement between the full numeric result and our approximations, which only breaks down at boundaries of regions II and III.

From Eq. (17), and using the three different forms of C_{tot} from Eqs. (21)–(23), we can place numerical bounds on $\rho_X \sigma$. Note that from the independence of σ in $C_{\text{tot}}^{\text{II}}$, the total capture rate in region II, we could directly constrain the DM density at the location of the star, without any knowledge of σ . For compact objects, such as neutron stars, it turns out that region II is in parameter space that is not yet ruled out



FIG. 5. The relative error in the analytic approximations of the capture rate in the four regions of interest (I–IV), when compared to a full numerical calculation. Note how, apart from the naturally emerging boundary lines defined by $\tau = 1$, k = 1, and $k\tau = 1$, our approximations hold very well, with a relative error less than 10% throughout.

by direct detection experiments, for both SD and SI σ . This means that, in principle, if the effects of DM heating could be observed in neutron stars, besides acting as probes of DM, neutron stars (NSs) could also be used to constrain the DM density in their environment if capture becomes so efficient that the entire DM flux crossing the NS is trapped. Returning to the focus of our paper, Pop III stars, we get the following constraints on $\rho_X \sigma$:

$$\rho_X \sigma \lesssim \begin{cases} \left(\frac{\pi}{6}\right)^{1/2} \frac{\bar{v}}{v_{esc}^2} \frac{m}{XM_\star} \frac{L_{Edd}(M_\star) - L_{nuc}(M_\star)}{f} & \text{for region III,} \\ \left(\frac{\pi}{54}\right)^{1/2} \frac{\bar{v}^3}{v_{esc}^4} \frac{m_X}{XM_\star} \frac{L_{Edd}(M_\star) - L_{nuc}(M_\star)}{f} & \text{for regions IV and I.} \end{cases}$$

$$(24)$$

The above equation comes from Eq. (18) by using the appropriate approximations for the sum on the lhs: $2/3\tau$ (region III) and $2/3k\tau$ (regions IV and I). As usual, by X we denote the hydrogen mass fraction of the star, and f the fraction of the annihilation energy deposited in the star. In obtaining the bounds for region IV ($\tau \ll 1$ and $k \ll 1$) and region I ($\tau \gg 1$ and $k\tau \ll 1$), we have explicitly replaced k with its definition: $k \equiv 3 \frac{\min(m_X;m)}{\max(m_X;m)} \frac{v_{esc}^2}{\bar{v}^2}$. From Eq. (24), we expect that our bounds on $\rho_X \sigma$ vs m_X will be constant for lower m_X (i.e. region III, where $k \gg 1$) and will scale linearly with m_X at larger DM particle mass, corresponding to $k \ll 1$ (regions I and IV), a trend that can be seen explicitly in Fig. 6. As expected, the tightest bounds in Fig. 6 are placed through the observation of the most massive Pop III stars, since more massive stars lead to more efficient capture rates, and therefore a larger $L_{\rm DM}$. This is a major benefit of our method, as more massive stars are easier to detect than their less massive counterparts due to their greater luminosity.



FIG. 6. Projected bounds on $(\rho_X \times \sigma)$ vs m_X imposed by the potential observation of Pop III stars. In obtaining these limits we only assume the observation of a hypothetical Pop III star, of a given mass. The thin vertical lines correspond to $k \equiv 3 \frac{m}{m_X} \frac{v_{esc}^2}{b^2} = 1$ for each star.

As mentioned before, the DM luminosity is sensitive to the product $\rho_X \times \sigma$, both in the single scatter and multiscatter capture regimes. As such, without any other information aside from the mass of a hypothetically observed Pop III star, we can only constrain this product. We now proceed to break down the degeneracy between ρ_X and σ , and place exclusion limits on each of those two independent parameters. If direct detection experiments are to find the DM particle, both σ and m_X are going to be in a relatively narrow swath of the $\sigma - m_X$ parameter space, between current bounds and the neutrino floor. In Fig. 7, we calculate projected bounds on the ambient DM density at the location of Pop III stars, implied by the observation of a Pop III star, and assuming the DM-proton scattering cross section is anywhere in the band of parameter space where SI direct detection experiment could identify it. This represents a method for constraining the central DM density in halos, a parameter that is beyond the reach of current numerical simulations. In order to place the constraints on ρ_X presented in Fig. 7, we numerically solve Eq. (18) for the DM density that saturates the sub-Eddington bound for a variety of proton-DM cross sections and for hypothetical Pop III stars with mass ranging between 10 M_{\odot} and 1000 M_{\odot} . For σ , we assume values that are still allowed by direct detection experiments, but above the neutrino floor. Note that our projected bounds will actually become weaker as direct detection experiments further constrain σ to lower values. This is to be expected, since pushing σ to lower values implies higher ρ_X in order to maintain the capture rate, and $L_{\rm DM}$, constant.



FIG. 7. Projected constraints on ambient DM density at the center of Pop III host DM minihalos as a function of DM mass, assuming σ have been positively identified by SD direct detection experiments. For the solid/dashed exclusion limit lines we assume the DM-proton scattering cross section at the current XENON1T limit/XENON neutrino floor given by [98,101]. The shaded regions represent the regions in the $\rho_X - m_X$ parameter space ruled out by the detection of Pop III star with mass M_{\star} . The purple lines/regions represent the bounds when $M_{\star} = 1000 M_{\odot}$, while the blue lines/regions represent the bounds when $M_{\star} = 10 M_{\odot}$.

We note a broken power law behavior for our projected upper bounds on ρ_X with m_X : at high m_X the bounds are constant, whereas at lower m_X they scale like m_X^{-1} . Both of those are a consequence of the two different scaling relations valid for the total capture rate: $C_{\rm tot} \sim \rho_X \sigma / m_X$ (region III, where $k \gg 1$) and $C_{\text{tot}} \sim \rho_X \sigma / m_X^2$ (regions IV and I, where $k \ll 1$). Since we use bounds from direct detection: $\sigma \propto m_X$, leading to $L_{\text{DM}}^{\text{max}} \sim \rho_X m_X$ (region III) and $L_{\rm DM}^{\rm max} \sim \rho_X$ (regions IV and I). This, in turn, leads to the observed broken power law trend in the ρ_X projected upper bounds. Additionally, for higher mass stars, the bounds are stronger, which is a consequence of higher capture rates for the case of more massive Pop III stars. For the most massive star we consider here, $M_{\star} = 1000 \ M_{\odot}$, using the current best bounds on σ places a limit on ρ_X as low as $10^{14} \text{ GeV cm}^{-3}$ for DM masses $\gtrsim 10^6 \text{ GeV}$. This value ranges from $\sim 10^{14} - 10^{17} \text{ GeV cm}^{-3}$ for σ between the current best bounds and the neutrino floor. For the lowest DM mass ($m_X = 10^2$ GeV), our bounds range from ~10¹⁸–10²¹ GeV cm⁻³. A similar analysis on the $M_{\star} =$ 10 M_{\odot} case shows a limit of ~10¹⁷ - 10²⁰ GeV cm⁻³ for DM masses $\gtrsim 10^5$ GeV and $\sim 10^{19} - 10^{22}$ GeV cm⁻³ for $m_X = 10^2$ GeV. We want to emphasize once more that our constraints on ρ_X are forecast bounds, assuming identification of DM from direct detection experiments and the observation of a Pop III star of a given mass.

We discuss below the implications of our results regarding the possibility of constraining the DM density at the center of DM halos hosting Pop III stars. Figure 7 outlines the main findings: a way to constrain the DM ambient density toward the center of halos with maximum values as low as $\rho_x \sim 10^{14}$ GeV cm⁻³ for the most massive stars. Analytically, dark matter halo profiles can be well understood by the Navarro-Frenk-White (NFW) profile, as outlined in [102]. These profiles become altered due to the infall of baryonic matter to the center of the halo, which pulls the dark matter closer to the center in a process known as adiabatic contraction. Previous work has been done to study DM capture and annihilation in the first stars using these adiabatically contracted profiles [39]. However, although analytical methods can be used to estimate the ambient DM density at the edge of the baryonic core, as done in [103] and this paper (see Appendix E), numerical simulations, such as those done in [69], are unable to resolve the density toward the edge of the baryonic core. Hence, we provide a novel method for constraining this property through the observation of Pop III stars, in conjunction with the possible upcoming identification of σ and m_X by direct detection experiments. Our findings, outlined in Fig. 7, demonstrate that realistic bounds on the DM density can be placed across all DM masses.

We conclude this section with the most exciting application of our method: using Pop III stars to place upper bounds on the DM-proton scattering cross section. In [104] we apply this method to the candidate Pop III complex at $z \sim 7$ identified in the MUSE Hubble deep lensed field by [94] and find exclusion limits on σ that are competitive, or deeper than, those obtained by the most sensitive direct detection experiments to date: XENON1T (SI) and PICO60 (SD). Additionally, for SD constraints, our bounds probe well below the neutrino floor. Moreover, for sub-GeV DM, we placed bounds on the DM-proton interaction cross section for WIMP DM and the theoretically motivated Co-SIMP model [97].

In this paper, we will focus on the projected upper limits resulting from the potential detection of Pop III stars at redshifts of $z \sim 10-20$, which is where JWST is most likely to find Pop III stars. For constraining σ , we assume a central DM density corresponding to adiabatically contracted NFW profiles with enhanced densities of $\rho_x = 10^{13} - 10^{13}$ 10^{16} GeV cm⁻³ for Pop III stars formed at $z \sim 10-20$ (see Appendix E for details on DM densities at the center of Pop III-forming halos). The range in ρ_X corresponds to different assumptions on the number density of the collapsing baryonic cloud when compression of the DM densities due to infall of baryons will cease to be efficient. We represent our uncertainty in the central density by placing a range of constraints on σ , corresponding to the possible range of DM densities. Additionally, we take into consideration the possible effects DM annihilation would have on the ambient DM density. For $2 \rightarrow 2$ processes, such as p/swave annihilations, one finds that $\rho_X^{-1}(t) = \rho_{X0}^{-1} + \rho_{AP}^{-1}(t)$, with ρ_{x0}^{-1} being the initial DM density, and the annihilation plateau (value reached at later times) given by $\rho_{AP}(t) =$ $m_X/(\langle \sigma v \rangle t)$. Regarding $\langle \sigma v \rangle$, for WIMPs we use the value that leads to freeze-out of the observed thermal relic abundance appropriate for each case: the standard $\langle \sigma v \rangle \sim$ $10^{-26} \text{ cm}^3 \text{ s}^{-1}$ (s-wave) and $\langle \sigma v \rangle \sim 10^{-24} / x \text{ cm}^3 \text{ s}^{-1}$ (p-wave) [105]. Unless otherwise specified, $x = m_X/T_X$, with T_X being the captured DM temperature, which we calculate in Appendix B. For nonthermal DM, when $\langle \sigma v \rangle$ is not fixed by the relic abundance, in Appendix D we calculate the lower bound on $\langle \sigma v \rangle$ that leads to an equilibration of the capture and annihilation/evaporation processes in a timescale much shorter than the lifetime of the star. We find that this is in both cases much lower than the unitarity limit, therefore equilibration is physically possible. For the case of thermal DM we have explicitly checked in the same appendix that the freeze-out $\langle \sigma v \rangle$ is sufficiently high to ensure rapid equilibration.

Figure 8 shows our main results: competitive bounds can be placed on the $\sigma - m_X$ parameter space through the detection of Pop III stars in sufficiently high density DM regions detected long after they enter the zero age main sequence. For comparison, we have included the current best bounds on this parameter space available from the XENON1T one-year direct detection experiment for SI interactions and the PICO-60 experiments for SD interactions. We have also included the deepest bounds which could be placed by each experiment (black lines).



FIG. 8. Projected bounds on DM-nucleon scattering cross section as a function of DM mass placed by the potential observation of Pop III stars with masses ranging from 100 M_{\odot} (green) to 1000 M_{\odot} (purple). Ambient DM densities are found from adiabatically contracted NFW profiles. We represent the inherent uncertainty of this procedure by colored shaded regions. They each represent the range of upper bounds on σ which can be placed for a given Pop III stellar mass, when ρ_X takes the following range of possible values: $10^{13} \text{ GeV cm}^{-3} \leq \rho_X(0) \leq 10^{16} \text{ GeV cm}^{-3}$. For each star, we consider the effects of annihilations in the region surrounding the star on the ambient density for t = 1 Myr. Left panels: bounds placed for the s-wave annihilation channel, with the top panel being spin-independent bounds. Right panels: bounds placed on WIMP DM annihilating through the p-wave channel, again with the top panel being spin independent and the bottom spin dependent bounds below 6 GeV [98,106–108], and the solid black line represents the neutrino floor for the XENON1T experiment. For the SD parameter space, the blue region is the excluded region from the PICO-60 experiment, the gray region is from the most stringent bounds below 6 GeV [106,107,109,110], and the solid black line represents the neutrino floor for this experiment. Note that the detection of all Pop III masses considered here can be used to rule out previously unexplored parameter spaces for sufficiently high DM densities.

Direct detection experiments on Earth are fast-approaching limits on their ability to constrain DM parameter space due to the flood of atmospheric neutrinos [101]. Below the socalled neutrino floor, these experiments will be unable to discern DM signals from the background flux of neutrinos and will thus lose constraining power. Our results suggest that we can compete with the current bounds placed by the XENON1T one-year experiment for SI interactions. When considering SD interactions, for all DM densities and stellar masses considered, we predict that Pop III stars, if observed and confirmed, would rule out a large swath of parameter space currently untouched by the best bounds given by direct detection. Perhaps the most exciting finding of this work is that we are able to probe below the neutrino floor region limiting SD direct detection experiments.

Above $m_X \sim 10^6$ GeV, the linear relationship for our projected limits on σ from Fig. 8 can be easily understood. When $k \ll 1$, i.e. for higher m_X , the luminosity due to captured DM annihilations scales like $L_{\rm DM} \propto \sigma/m_X$, and therefore the bounds on σ scale linearly with m_X . Of course, this assumes ρ_X is independent of m_X , i.e. given by the initial, adiabatically contracted profile. For low-mass WIMP DM, annihilations are much more efficient in the ambient medium surrounding the star and so at late times the DM density becomes dependent on m_X , as per the "annihilation plateau" discussed in detail in Appendix E. The bounds in Fig. 8 are those for a star detected at around $t \sim 10^6$ yr after entering the main sequence, when it is most likely to be detected. The annihilation plateau effect is evident in the bounds on s-wave DM in Fig. 8 for 1 GeV $\lesssim m_X \lesssim 10^6$ GeV. For the higher densities, in this mass region the bounds scale like $\sigma \propto m_X^{-1}$. Without the annihilation plateau, when m_X is in this range, $k \gg 1$, and so $L_{\rm DM} \propto \frac{\sigma \rho_X}{m_{\odot}^0}$. However, at late times, for s-wave annihilation the ambient DM density scales like $\rho_X \propto m_X$, and so the bounds become inversely related to m_X . For the p-wave channel, the annihilation plateau becomes evident at lower DM masses than the s-wave channel due to its lower annihilation cross section. In the right panels of Fig. 8, the annihilation plateau effect can be seen for the $M_{\star} =$ 1000 M_{\odot} star in the mass region $10^{-1} \text{ GeV} \lesssim m_X \lesssim$ 1 GeV. Here, the bounds have the relationship $\sigma \propto m_X^{-2}$. This is because the p-wave annihilation cross section scales like $\langle \sigma v \rangle \propto m_X^{-1}$ and the annihilation plateau like $\rho_{\rm AP} \propto \frac{m_X}{\langle \sigma v \rangle}$. Thus, at late times, $\rho_X \propto m_X^2$. In both the p-wave and s-wave cases, below $m_{\chi} \sim 1$ GeV the effects of evaporation become prominent and thus our bounds become asymptotic as seen on both sides of Fig. 8. As the bounds cross the boundary of regions II and III of the $\sigma - m_X$ parameter space, they begin curving toward the right, forming a small section of lower bounds. As noted in the discussion of Fig. 4, in region II the DM capture rate is independent of σ , and so the bounds we find in this region have σ dependence from evaporation only and are from solving Eq. (14) with the DM luminosity given by Eq. (11).

Figure 8 shows that in the highest density environments predicted in adiabatically contracted Pop III star-forming DM halos, the observation of Pop III stars places tighter bounds on σ than possible with direct detection experiments. For the lowest densities we consider here $(\rho_X \sim 10^{13} \text{ GeV cm}^{-3})$, the bounds we place are deeper than current bounds on SD interactions across all DM masses. Referring to Appendix E, we can see that this density is approximately that of the DM density at the edge of the baryonic core for baryonic densities of $n_B =$ 10^{13} cm⁻³ for a potential $z \sim 15$ system. These bounds are quite conservative as the baryonic cloud continues to collapse up to the formation of a protostellar core, at $n_B \sim 10^{22} \text{ cm}^{-3}$, which would correspond to an adiabatically contracted value for ρ_X of ~10¹⁹ GeV cm⁻³. Realistically, we expect the typical density for a Pop III host DM minihalo to be somewhere between 10¹³ and 10^{19} GeV cm⁻³. To be conservative, we will consider an upper limit of $\rho_X \sim 10^{16} \text{ GeV cm}^{-3}$. Increasing the DM density from 10¹³ GeV cm⁻³ has the effect of placing tighter constraints on σ . For our highest DM density considered ($\rho_X = 10^{16} \text{ GeV cm}^{-3}$), the bounds placed by all stellar masses are deeper than the XENON1T one-year bounds for SI interactions once DM masses are $\gtrsim 10^5$ GeV. Since $L_{\rm DM} \propto \rho_X$, our projected bounds are deeper for higher ρ_X , as evidenced in Fig. 8. Also, higher mass Pop III stars lead to more stringent bounds, since more massive stars are more efficient DM captors. We assumed that the Pop III stars are within 10 A.U. of the center of the DM halo, as demonstrated by numerous hydrodynamical simulations [66–73,75] which show that Pop III stars form either in isolation or a few per DM minihalo, with most of them within the central 10 A.U. and the most massive ones closest to the center.

Next, for illustrative purposes, we will show the possibility of constraining σ through the detection of a young Pop III star, such that the annihilation plateau is not relevant. Figures 9 and 10 show projected bounds in the low-mass WIMP DM regime, for both spin-dependent (bottom panels) and spin-independent (top panels) DM, when considering s-wave and p-wave annihilation processes, respectively. BBN places the a stringent limit on the lowest value of m_x for WIMPs at roughly 10 MeV [111], which is a value we will adopt here. More information on these models can be found in Appendix D. In each case we consider three stars of mass $M = 100 M_{\odot}$, 300 M_{\odot} , and 1000 M_{\odot} . We assume an adiabatically contracted halo with ambient DM densities of $\rho_X \sim 10^{16} \text{ GeV cm}^{-3}$ for the left panels and $\rho_X \sim 10^{13} \text{ GeV cm}^{-3}$ for the right panels of the figures. Our bounds are placed using a hypothetical star that just formed, and as such do not include the effects of the annihilation plateau. We include those effects in Fig. 8, in which case the effects of DM annihilations on the ambient medium are considered for roughly 1 Myr, i.e. the expected lifetime on the zero age main sequence of such massive Pop III stars. For both s-wave and p-wave annihilations, for the (conservative) densities considered, our method rules our large portions of parameter space for both the spin-independent and spin-dependent DM models. These excluded regions include portions of parameter space currently inaccessible to ground-based direct detection experiments. Interestingly, our method results not in a strict upper bound on σ , but rather excluded regions of parameter space defined by an upper and lower bound.



FIG. 9. Projected bounds in the $\sigma - m_X$ parameter space for low-mass ($10^{-4} \text{ GeV} \lesssim m_X \lesssim 1 \text{ GeV}$) WIMP DM which annihilate via s-wave processes. The top and bottom panels compare our bounds to the most recent exclusion limits for both the SI [98,106–108] and SD [106,107,109,110] interactions, as well as the "discovery limit" of direct detection experiments [112,113]. We assume an adiabatically contracted halo with initial densities $\rho_X(0) \sim 10^{16} = \text{GeV cm}^{-3}$ (left panels) and $\rho_X(0) = 10^{13} \text{ GeV cm}^{-3}$ (right panels). The bounds are placed at t = 0 and thus do not include the annihilation plateau. In all observations of a Pop III star, large portions of previously unexplored parameter space are ruled out. The precise shape of these regions is described in the text.

The flat lower limit (upper bound on σ) of our excluded regions arise via the same mechanism as in Fig. 8: because we are not considering the annihilation plateau, $L_{DM} \sim \sigma m_X$ for low-mass DM, giving insensitivity to DM mass. We also see a region of parameter space in which we lose constraining power and instead are left with an open "funnel" region, joining the upper and lower limits. In this region, evaporation dominates capture, since evaporation is independent of the ambient DM density, whereas the capture rate scales linearly with density ρ_X . Thus, we lose the ability to constrain regions of parameter space as we move to lower mass stars and lower ambient DM densities due to the lower capture rates associated with these systems. This effect happens for a wider range of DM densities and stellar parameters in the p-wave case due to its lower annihilation cross section. We note that the $M_{\star} =$ $300 M_{\odot}$ case when considering s-wave annihilations shows part of the "transition" regime, where evaporation starts to



FIG. 10. Projected bounds in the $\sigma - m_X$ parameter space for low-mass (10^{-4} GeV $\lesssim m_X \lesssim 1$ GeV) WIMP DM which annihilate via p-wave processes. The top and bottom panels compare our bounds to the most recent exclusion limits for both the SI [98,106–108] and SD [106,107,109,110] interactions, as well as the discovery limit of direct detection experiments [112,113]. We assume an adiabatically contracted halo with initial densities $\rho_X(0) \sim 10^{16} = \text{GeV cm}^{-3}$ (left panels) and $\rho_X(0) = 10^{13}$ GeV cm⁻³ (right panels). The bounds are placed at t = 0 and thus do not include the annihilation plateau. In all observations of a Pop III star, large portions of previously unexplored parameter space are ruled out. The precise shape of these regions is described in the text.

become more dominant over capture rate. The upper limits (lower bounds on σ) of our excluded region arise from solving Eq. (17) in region II of the $\sigma - m_X$ parameter space (Fig. 4) and depends on both the DM capture rate and the DM evaporation rate.

We next move our focus to non-WIMP sub-GeV DM modes. Figure 11 shows the projected bounds in the low-mass region for strongly interacting thermal DM. We focus our attention on two such models: the SIMP [96] that can annihilate via the following $3 \rightarrow 2$ process,

 $DM + DM + DM \rightarrow DM + DM$, and the Co-SIMP model of [97], in which the following process is responsible for thermal production: $DM + DM + SM \rightarrow DM + SM$. For more details on those models see Appendix D. If we allow both of these processes to happen simultaneously, the Co-SIMP channel is dominant inside the star, in view of a high density of baryons, whereas outside of the star the SIMP annihilations would be dominant, with Co-SIMP annihilations essentially being negligible. Moreover, we point out that out of those two models, only the Co-SIMP DM



FIG. 11. Top and bottom panels contrast our bounds to the most recent exclusion limits for SI [98,106–108] and SD [106,107,109,110] interactions from various experiments, each with the name listed inside the corresponding region. Additionally, we plot the limiting region, inaccessible to direct detection experiments, labeled discovery limit, i.e. the neutrino floor [112,113]. Right and left panels correspond to the two ends of the ρ_X interval considered: $10^{13} - 10^{16}$ GeV cm⁻³. The initial ambient DM densities $[\rho_X(t=0)]$ used when placing these constraints are those given by adiabatically contracted NFW profiles. The densities considered here are at t = 1 Myr. Projected bounds on $\sigma - m_X$ parameter space from the potential observation of Pop III stars with masses ranging from $M_{\star} = 100 \ M_{\odot}$. The DM particle models considered when placing these bounds are the SIMP/Co-SIMP models when the effects of the annihilation plateau due to SIMP dark matter are most prominent and thus the projected bounds most conservative (see Appendix E).

interactions can lead to a transfer of energy to baryons inside a star, which is one of the fundamental assumptions we make in this work. We take an initial DM density in the $\rho_X \sim 10^{13} - 10^{16}$ GeV cm⁻³ range, and, assuming SIMP annihilations outside of the star, we time evolved ρ_X to t = 1 Myr to include the effects of the so-called annihilation plateau. For more details on the initial and the time evolved ρ_X see Appendix E. Note that, for all densities and stars considered, we rule out large swaths of previously unexplored parameter space. For reference, we have placed current direct detection limits on SI and SD searches. We also include a projected SI neutrino floor for future He-based experiments [114] and show that, in high density environments, we place projected constraints below this neutrino floor for DM masses in the range $m_X \sim 0.1-1$ GeV. Intriguingly, the projected bounds encapsulate a region defined by an upper and lower bound. The upper bound arises from solving the inequality $L_{\rm DM} \leq L_{\rm Edd} - L_{\rm nuc}$ in region III of $\sigma - m_X$ parameter space (see Fig. 4) and results from the sensitivity of both capture and evaporation on σ . The lower bound, on the other hand, results from solutions in region II and relies solely on the sensitivity of evaporation on σ . This is evident when considering the independence of the capture rate on σ in region II in contrast to the universal dependence of the evaporation rate on σ . The result is a bounded region ruling out swaths of parameter space that are not currently constrained by direct detection experiments. An important feature of these bounds is the funnel region of unconstrained parameter space for $\rho_X(t=0) =$ $10^{13} \text{ GeV cm}^{-3}$ and $M_{\star} = 100 M_{\odot}$ and $M_{\star} = 300 M_{\odot}$. This effect emerges from the loss of constraining power due to the dominance of evaporation over capture for these parameters. Note that $C_{\text{tot}} \sim \rho_X$, irrespective of m_X and σ , while $E \sim \rho_{y}^{0}$. Thus, a lower DM density implies a lower rate of capture but an unaffected evaporation rate. This leads to a diminishing effect on DM luminosity and effectively a loss of constraining power in the funnel region.

The broken power law of the upper bounds we place in Fig. 11 can be understood in the following way: at the higher end of m_X , the DM density is not affected by the annihilation plateau, and, as such, the upper bounds on σ are insensitive to m_X , a consequence of $L_{\rm DM} \sim \sigma m_X^0$ in region III of parameter space. At lower m_X , we note an inverse relationship between σ and m_x in the upper bounds. Specifically, for $m_X \sim 10^{-4} - 10^{-2} \text{ GeV for } \rho_X(0) = 10^{16} \text{ GeV cm}^{-3}$ and $m_X \sim 10^{-4} - 10^{-3}$ GeV for $\rho_X(0) = 10^{13}$ GeV cm⁻³. This inverse relationship is easily understood by considering Eq. (18) for region III and Eq. (E13) in the limit that $\rho_{\rm AP} \ll \rho_0$. Since $\sigma \sim 1/\rho_X$ and $\rho_X \approx \rho_{\rm AP}^{3 \to 2} \sim m_X$ at t =1 Myr for lower DM masses, the following relationship emerges $\sigma \sim 1/m_X$, as demonstrated in the plot. A similar analysis for the lower bound would show that the flattening of this bound (in the same mass ranges we see an inverse relationship for the upper bound) is also a result of the annihilation plateau.

An intriguing question to ask is: for a given stellar mass, what minimum ambient DM density is necessary for constraining below the neutrino floor or the current XENON1T bounds? We will focus here only on the case of $m_X \gtrsim 100$ GeV. To answer this question, we note that at large m_X , both our method and the direct detection experiments predict bounds that scale linearly with m_X . For the neutrino floor bounds we take

$$\sigma_{NF,X1T} \approx 10^{-50.7} \ \frac{\mathrm{cm}^2}{\mathrm{GeV}} m_X,\tag{25}$$

$$\sigma_{NF,C_3F_8} \approx 10^{-46.1} \ \frac{\mathrm{cm}^2}{\mathrm{GeV}} m_X, \tag{26}$$

while the current XENON1T limits are given by Eq. (10). Under the $\tau \gg 1$ limit, we can approximate the sum in Eq. (18) with $2/3k\tau$, and solve for ρ_X :

$$\rho_{X;NF,X1T} \equiv 10^{50.7} \frac{\text{GeV}}{\text{cm}^2} \sqrt{\frac{8\pi}{243} M_{\star}} \frac{\bar{v}^3}{v_{\text{esc}}^4} \frac{L_{\text{Edd}}(M_{\star}) - L_{\text{nuc}}(M_{\star})}{f},$$
(27)

$$\rho_{X;X1T} \equiv 10^{47.9} \frac{\text{GeV}}{\text{cm}^2} \sqrt{\frac{8\pi}{243}} \frac{1}{M_\star} \frac{\bar{v}^3}{v_{\text{esc}}^4} \frac{L_{\text{Edd}}(M_\star) - L_{\text{nuc}}(M_\star)}{f}.$$
(28)

This provides an analytical method to estimate the DM density necessary for our method to predict upper bounds on σ that are at the XENON neutrino floor and the current XENON1T one-year limits. For densities higher than $\rho_{X;NF}$ ($\rho_{X;X1T}$), the observation of a Pop III star of mass M_{\star} will place bounds deeper than the neutrino floor (XENON1T one-year bounds). In Table II, we give $\rho_{X;NF,X1T}$ and $\rho_{X;X1T}$ for Pop III stars in the mass range $M_{\star} = 100-1000 M_{\odot}$. Note that the values for $\rho_{X;NF}$ range from $\sim 10^{17}$ GeV cm⁻³ up to $\sim 10^{18}$ GeV cm⁻³. For $\rho_{X;X1T}$, the values range from $\sim 10^{14}$ GeV cm⁻³ to $\sim 10^{15}$ GeV cm⁻³. This means that placing bounds tighter than the current best bounds from the XENON1T one-year experiment is very plausible through the observation of Pop III stars.

Regarding the SD proton-DM interactions, we point out that all of our bounds, even for the smallest M_{\star} and lowest ρ_X considered, are many orders of magnitude deeper than those placed by the PICO-60 experiment for $m_X \gtrsim 10^5$ GeV. Moreover, Pop III stars more massive than ~300 M_{\odot} probe below the C3F8 neutrino floor, even for the lowest $\rho_X \sim 10^{13}$ GeV cm⁻³.

We conclude this paper with Sec. V, where we summarize our main results and discuss their implications and potential limitations.

TABLE II. Table showing the DM densities that would imply bounds on $\sigma - m_X$ parameter space competitive with the neutrino floor $[\rho_{X;NF}, \text{ Eq. (27)}]$ or the current XENON1T one-year experiment $[\rho_{X;X1T}, \text{ Eq. (28)}]$ for a given stellar mass. DM densities higher than the values quoted here would lead to bounds deeper than the neutrino floor/XENON1T experiment for a given Pop III mass.

$M_{\star}[M_{\odot}]$ L	$\log_{10}(\rho_{X;NF,X1T}/\text{GeV cm}^{-1})$	$^{-3}$) Log ₁₀ ($\rho_{X;X1T}$ /GeV cm ⁻³)
100	18.0	15.2
200	17.6	14.8
300	17.3	14.5
400	17.2	14.4
600	16.9	14.1
1000	16.8	14.0

V. SUMMARY AND DISCUSSION

In this paper, we study the observable effects of DM capture on Pop III stars. In Sec. III, we find that the additional heat source due to captured DM annihilations can lead to upper limits on Pop III stellar masses. Assuming the DM-proton scattering cross section (σ) at the upper bound given by XENON1T for SI scattering, and for sufficiently high ambient DM densities at the location of the star (ρ_X) , we find that this maximum Pop III stellar mass can be as low as ~10 M_{\odot} (see Fig. 3). In Sec. IV, we provide a novel way to place competitive bounds on the product of two very important DM parameters: the DM density at the center of minihalos hosting Pop III stars (ρ_X), and the DM-proton scattering cross section (σ) (see Fig. 6). In practice, our projected bounds are obtained by assuming the upcoming, potential identification of Pop III stars and their corresponding masses, and by imposing the Eddington luminosity limit. Having constrained $\sigma \times \rho_X$, we can break this degeneracy if we know either of those two parameters. In Fig. 7, we forecast limits on the DM density at the center of Pop III star hosting minihalos by assuming direct detection experiments will identify DM somewhere in the allowed region of the $\sigma - m_X$ parameter space, between the current XENON1T bounds and the neutrino floor. If, conversely, SD experiments such as PICO-60 identify DM first, then our projected bounds on ρ_X will be even deeper, since our method is insensitive to the SI/SD distinction, and direct detection experiments can only find σ_{SD} with values larger than any possible σ_{SI} , that is not yet ruled out. In Fig. 8, we present upper limits on σ vs m_X , assuming adiabatically contracted DM densities in the Pop III star hosting minihalo. Most intriguingly, we show that with our method, Pop III stars can be used to probe below the neutrino floor. We note here that a major benefit of our method is that higher mass stars allow us to place tighter bounds due to their enhancement of DM luminosity. This is beneficial because the future detection of Pop III stars is more likely to occur for more massive stars. Lastly, in Fig. 11, we present our SI/SD bounds on σ for thermal sub-GeV DM, assuming Co-SIMP/SIMP DM. We point out that if we assume only Co-SIMP DM, our bounds will not be affected by the annihilation plateau, and therefore rule out even a larger swath of parameter space. In a future publication we plan to extend our sub-GeV analysis to other DM models.

We also recognize that this method makes assumptions about DM properties, such as the ability to self-annihilate, and so it is somewhat limited in that regard. However, note that for thermal DM, annihilations are a key ingredient in the DM production mechanism. Therefore, this is not an assumption of the model, but rather a necessity to explain the observed relic abundance. However, the unitarity limit places an upper bound on the mass of a thermal relic of roughly 300 TeV [115]. Mechanisms for thermal DM to bypass the unitarity limit have been identified in the literature. For example, see [116] for a thermal DM model, with m_x up to ~PeV. For higher mass DM, selfannihilations are not a requirement, but rather an assumption we make. It is, however, a natural one, as in most models the DM particle is its own antipartner. Secondly, we make the assumption that Pop III stars can reach masses in excess of 100 M_{\odot} , and that those objects usually are found within the inner 10 A.U. of the host DM microhalo. Regarding the mass spectrum of Pop III stars, simulations are not yet conclusive. However, once found, the mass will be the primary observable that we use, so no assumption needs to be made there. Regarding the centralicity of the first stars, this assumption is supported by N-body simulations [66,67,69–73,75] that find that even when the gas cloud fragments, and forms multiple stars, the most massive one is usually closest to the center, and most of those stars are within the central 10 A.U. of the center of the DM halo. Most importantly for our work, Pop III stars more massive than ~150 M_{\odot} almost exclusively form in isolation, one per microhalo [83]. For more details on this point see Sec. II. When we use our formalism to place bounds on the DM-proton interaction cross section, a potential limitation comes from the uncertainty in the ambient DM density at the center of DM halos. For this work we used the well established adiabatic contraction formalism (see Fig. 18 in Appendix E), which is supported by numerical simulations of high redshift DM microhalos [69,117–119] (also see Fig. 17). At lower redshifts, well after the first stars have formed, baryonic feedback effects are expected to be important, and, as such, adiabatic compression should be suppressed. Even so, for the Milky Way DM halo, rotation curve Gaia DR2 data offer the first experimental evidence of DM density compression in the presence of baryons [120]. However, one should point out that the current resolution of hydrodynamic *N*-body simulations is not sufficiently high to probe the inner parsec regions of the DM minihalos deep enough, and therefore one needs to resort to analytical approximations, such as adiabatic contraction, when estimating ρ_X in the ambient environment of Pop III stars near the center of their host halos. In the near future, more sophisticated simulations should be able to verify our estimates on ρ_X , and as such, narrow down the uncertainty bands in our σ vs m_X exclusion limits. We point out once more the complementarity of our method with direct detection experiments. If the proton-DM cross section interaction will be identified by such experiments, then we can use our method to place bounds on the DM density at the location of the first stars once those are observed with JWST and/or the Roman telescopes. Direct dynamical measurements of the DM density in those extremely distant microhalos would be nearly impossible, and as such our method could be used to bypass this limitation.

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APPENDIX A: MULTISCATTER CAPTURE OF DARK MATTER

We start this appendix with a brief review of the formalism we used to calculate the rates of DM capture by Pop III stars. Then we proceed to calculate closed form, analytic approximations for the total capture rates that can be very useful both from a practical standpoint and for explicitly displaying the dependence of the capture rates in the multiscatter regime with physical parameters of interest. We first introduced those closed form analytic approximations for the total capture rates in [37]; however, in view of the word count limitations for that Comment, we could not present derivations there. In this appendix we fill in those details.

For any astrophysical object, the main parameter that controls the capture is the optical depth $\tau \equiv 2R_{\star}\sigma n_T$, with R_{\star} being the radius of the star, σ being the DM-target nucleus scattering cross section, and n_T being the number density of target nuclei inside the stars. Whenever $\tau \ll 1$ one can use the single scattering formalism introduced by Gould [32,33] in the late 1980s. Whenever $\tau \gtrsim 1$, one has to use the more general multiscatter formalism [35,37]. In our work, we will exclusively use the latter, since, in the limit of $\tau \ll 1$, it naturally covers the single scattering regime.

DM particles in the vicinity of any massive object are attracted by its gravitational field. As a DM particle crosses a star, it interacts with the nuclei inside, and after each collision it loses an energy of $\Delta E_i = -\beta_+ E_i$. Here, E_i represents the energy of the DM particle before the *i*th collision, and β_+ is related to the mass of the DM particle (m_X) and mass of the target nuclei (m) in the following way: $\beta_+ \equiv 4mm_X/(m + m_X)^2$. If collisions are efficient enough to slow the DM particle below the escape velocity at the surface of the star, the DM particle becomes trapped.

The capture rates after exactly N collisions (C_N) depend on two distinct quantities: the flux of dark matter particles entering the surface of the star and the probability of capture after exactly N collisions with the nuclei inside the star (g_N) . Therefore, the total capture rate can be written as in Eq. (1), which we reproduce here for convenience:



where *u* represents the DM velocity far from the gravitational potential well of the star, $p_N(\tau)$ is the probability that a DM with optical depth τ experiences exactly *N* collisions [given by Eq. (2)], and $g_N(u)$ is the probability of capture after exactly *N* collisions. The latter has the following approximate form [35]: $g_N(u) = \Theta(u_{\max;N} - u)$, where $\Theta(x)$ is the Heaviside step function and $u_{\max;N} = v_{\text{esc}}[(1 - \beta_+/2)^{-N} - 1]^{1/2}$ is the maximum value of the velocity a DM particle can have, far from the star, such that it will be slowed down below the escape velocity after *N* collisions.

Assuming a Maxwellian velocity distribution, the general formula of capture after N scatters is [35,37]

$$C_{N} = \frac{1}{3}\pi R_{\star}^{2} p_{N}(\tau) \frac{\sqrt{6}n_{X}}{\sqrt{\pi}\bar{v}} \left((2\bar{v}^{2} + 3v_{\rm esc}^{2}) - (2\bar{v}^{2} + 3v_{N}^{2}) \exp\left(-\frac{3(v_{N}^{2} - v_{\rm esc}^{2})}{2\bar{v}^{2}}\right) \right), \quad (A2)$$

where \bar{v} represents the dispersion velocity of DM particles inside the halo and $v_N = v_{\rm esc}(1 - \langle z \rangle \beta_+)^{-N/2}$ is the velocity of DM after N scatters, where $\langle z \rangle$ accounts for the scatter angle and has an average value of $\frac{1}{2}$ [35].

We note that the probability of exactly N scatters, $p_N(\tau)$, can be approximated as follows:

$$p_N(\tau) \approx \frac{2\tau^N}{N!(N+2)} + \mathcal{O}(\tau^{N+1}) \quad \text{if } \tau \ll 1, \qquad (A3a)$$

$$p_N(\tau) \approx \frac{2}{\tau^2} (N+1) \Theta(\tau - N)$$
 if $\tau \gg 1$. (A3b)

We verified numerically that the sums defining the total capture rates from Eq. (A1) will generally converge if $N_{\rm cut} \approx \tau$. In our work, we perform the sums numerically until they have converged. However, it is very useful for future work to investigate if a closed form can be found for $C_{\rm tot}$, given the form of C_N from Eq. (A2). In Ref. [37], we presented such a closed form; in view of the word count limitations, we were not able to provide a derivation. We sketch it below. First, we define the exponential factor R_v in Eq. (A2), as $R_v \equiv \frac{3(v_N^2 - v_{\rm esc}^2)}{2\bar{v}^2}$. Under different mass limits, R_v behaves differently because of v_N . When $m_N \simeq m_X$, $\beta_+ \simeq 1$ and $v_N \sim v_{\rm esc}(2^N - 1)^{1/2}$. In the other limiting case where

 $m \ll m_X$, $\beta_+ \simeq 4m/m_X$ and $v_N \simeq v_{\rm esc}(1 + Nm/m_X)^{1/2}$. R_v then becomes

$$R_v \approx \frac{3}{2} (2^N - 1) \frac{v_{\rm esc}^2}{\bar{v}^2} \quad \text{if } m \sim m_X, \qquad (A4a)$$

$$R_v \approx \frac{3}{2} N \frac{m_N}{m_X} \frac{v_{\rm esc}^2}{\bar{v}^2} \quad \text{if } m \ll m_X. \tag{A4b}$$

Equation (A2) can then be expanded under the limit $R_v \gg 1$ and $R_v \ll 1$ as

$$C_N \approx \frac{1}{3} \left(\frac{6}{\pi}\right)^{1/2} \pi R^2 p_N(\tau) n_X \frac{3v_{\rm esc}^2 + 2\bar{v}^2}{\bar{v}},$$
 (A5a)

$$\begin{split} C_N &\approx \frac{3}{2} \left(\frac{6}{\pi} \right)^{1/2} \pi R^2 p_N(\tau) \frac{n_X v_{\rm esc}^4}{\bar{v}^3} \beta_+ \langle z \rangle \\ &\times (N + N^2 \beta_+ \langle z \rangle). \end{split} \tag{A5b}$$

Using the $\tau \gg 1$ approximation of $p_N(\tau)$ from Eq. (A3b), we get the total capture rate up to N_{max} number of scatters:

$$C_{\text{tot},N_{\text{max}}} \approx \left(\frac{2}{3\pi}\right)^{1/2} \frac{\pi R^2}{\tau^2} n_X \frac{3v_{\text{esc}}^2 + 2\bar{v}^2}{\bar{v}} N_{\text{max}}(N_{\text{max}} + 3),$$
(A6a)

$$C_{\text{tot},N_{\text{max}}} \approx \left(\frac{6}{\pi}\right)^{1/2} \frac{\pi R^2}{\tau^2} n_X \frac{v_{\text{esc}}^4}{\bar{v}^3} \beta_+ \langle z \rangle N_{\text{max}}(N_{\text{max}}+1) \\ \times (N_{\text{max}}+2) \left(1 + \frac{\beta_+ \langle z \rangle}{4} (1+3N_{\text{max}})\right). \quad (A6b)$$

The above equations would hold only when $\tau \gg 1$ and $N_{\max} < \tau$. When $N_{\max} \gtrsim \tau$, in view of the $\Theta(\tau - N)$ factor in the approximate form of $p_N(\tau)$ [Eq. (A3b)], the sum converges around $N_{\max} \sim \tau$ and $C_{\text{tot},N_{\max}}$ reduces to $C_{\text{tot},\tau} \approx C_{\text{tot}}$.

For Pop III stars, the escape velocity is much larger than the thermal velocity of dark matter ($v_{esc} \gg \bar{v}$). Assuming there is a definite hierarchy between m_X and m, i.e. if $m_X \gg m$ or $m_X \ll m$, Eq. (A2) could be simplified as

$$C_{N} = \sqrt{24\pi} n_{X} G M_{\star} R_{\star} \frac{1}{\bar{v}} p_{N}(\tau) \left(1 - \left(1 + \frac{2A_{N}^{2} \bar{v}^{2}}{3v_{\text{esc}}^{2}} \right) e^{-A_{N}^{2}} \right),$$

where $A_{N}^{2} = \frac{3N v_{\text{esc}}^{2}}{\bar{v}^{2}} \frac{\min(m_{X}; m)}{\max(m_{X}; m)}.$ (A7)

We point out that the above equation is slightly different from the corresponding one in [35], where the sign in front of the term $\frac{2A_N^2 \bar{v}^2}{3v_{esc}^2}$ appears as a "–." This is one of the typographical errors we found in [35] which are explained in [37]. Using Eq. (A7), the total capture rate becomes

$$= (\text{const}) \times n_X \sum_{N=1}^{\infty} p_N(\tau) \left(1 - \left(1 + \frac{2A_N^2 \bar{v}^2}{3v_{\text{esc}}^2} \right) e^{-A_N^2} \right),$$
(A8)

 $C_{\rm tot}(m_X)$

where, for simplicity, we introduced the following notation: $const = \sqrt{24\pi}GM_{\star}R_{\star}/\bar{v}$. To further simplify this expression, and extract some useful information, we divide the analytical derivation into two cases: single scatter and multiscatter. For the former ($\tau \ll 1$), $C_{tot} = C_1$ and $A_N^2 = A_1^2 \equiv k$. Since k appears in the exponent, we have two distinct cases. Therefore, when $\tau \ll 1$ and $k \gg 1$ (region III of Fig. 4), the total capture rate can be approximated as

$$C_{\text{tot}}(m_X) \simeq (\text{const}) \times n_X p_1(\tau) \simeq (\text{const}) \times n_X \frac{2\tau}{3}.$$
 (A9)

Conversely, when $\tau \ll 1$ and $k \ll 1$ (region IV of Fig. 4), using $\frac{2k\bar{v}^2}{3v_{esc}^2} = 2\frac{m}{m_{\chi}} \ll 1$, the total capture rate becomes

$$C_{\text{tot}}(m_X) \simeq (\text{const}) \times n_X p_1(\tau) \left(1 - \left(1 + 2\frac{m}{m_X} \right) (1-k) \right)$$
$$\simeq (\text{const}) \times n_X \frac{2k\tau}{3}. \tag{A10}$$

For the multiscatter $case(\tau \gg 1)$, let us introduce the following notation:

$$\sum_{N=1}^{\infty} p_N(\tau) \left(1 - \left(1 + \frac{2A_N^2 \bar{v}^2}{3v_{\rm esc}^2} \right) e^{-A_N^2} \right)$$

= $T_1 - T_2 - T_3$, (A11)

where $T_1 \equiv \sum_{N=1}^{\infty} p_N(\tau)$, $T_2 \equiv \sum_{N=1}^{\infty} p_N(\tau)e^{-A_N^2}$, and $T_3 \equiv \sum_{N=1}^{\infty} p_N(\tau) \frac{2A_N^2 \bar{v}_{esc}^2}{3v_{esc}^2} e^{-A_N^2}$. We can simplify A_N^2 as $A_N^2 = NA_1^2 = Nk = N \frac{3mv_{esc}^2}{m_X \bar{v}^2}$. For T_1 , we can directly get $T_1 = 1 - p_0(\tau) \simeq 1$. For T_2 and T_3 , we first need to expand the exponential terms into the sum of a series: $e^{-A_N^2} = e^{-Nk} = \sum_{j=0}^{\infty} \frac{(-Nk)^j}{j!} = \sum_{j=0}^{\infty} \frac{(-k)^j}{j!} N^j$. Then, for $\tau \gg 1$, and using the approximate form of $p_N(\tau)$ from Eq. (A3b) times N to some power j, and summing from N = 1 to ∞ , is approximately equal to doing the integration over the same range. By keeping the leading-order term of the integration, we get the following:

$$\sum_{N=1}^{\infty} p_N(\tau) N \approx \int_1^{\tau} \frac{2}{\tau^2} (N+1) N dN \approx \frac{2}{3} \tau,$$

$$\sum_{N=1}^{\infty} p_N(\tau) N^2 \approx \int_1^{\tau} \frac{2}{\tau^2} (N+1) N^2 dN \approx \frac{1}{2} \tau^2,$$

$$\sum_{N=1}^{\infty} p_N(\tau) N^3 \approx \frac{2}{5} \tau^3 \dots$$
(A12)

This leads to a more general format:

$$\sum_{N=1}^{\infty} p_N(\tau) N^j \approx \frac{2}{j+2} \tau^j.$$
(A13)

Finally, by substituting Eq. (A13) into the definitions of T_2 and T_3 , we obtained the following closed form:

$$T_{2} \equiv \sum_{N=1}^{\infty} p_{N}(\tau) e^{-A_{N}^{2}} \approx \sum_{j=0}^{\infty} \frac{2(-k\tau)^{j}}{j!(j+2)}$$
$$= \frac{2e^{-k\tau}(-1+e^{k\tau}-k\tau)}{(k\tau)^{2}},$$
(A14)

$$T_{3} \equiv \sum_{N=1}^{\infty} p_{N}(\tau) \frac{2A_{N}^{2} \bar{v}^{2}}{3v_{\text{esc}}^{2}} e^{-A_{N}^{2}} = \frac{2m}{m_{X}} \sum_{N=1}^{\infty} p_{N}(\tau) N e^{-A_{N}^{2}}$$
$$\approx \sum_{j=0}^{\infty} \frac{2\tau(-k\tau)^{j}}{j!(j+3)} = \frac{4m}{m_{X}} \frac{e^{-k\tau}(-2+2e^{k\tau}-2k\tau-k^{2}\tau^{2})}{k^{3}\tau^{2}}.$$
(A15)

We can further approximate the expansions of T_2 and T_3 in Eqs. (A14) and (A15), depending on the value of $k\tau$. By combining the T_1 , T_2 , and T_3 approximate values, and keeping only leading-order terms, we get

$$\sum_{N=1}^{\infty} p_N(\tau) \left(1 - \left(1 + \frac{2A_N^2 \bar{v}^2}{3v_{\rm esc}^2} \right) e^{-A_N^2} \right)$$
$$= \frac{2}{3} k\tau \quad \text{if } k\tau \ll 1 \quad \text{and} \quad \tau \gg 1,$$
(A16a)

$$\sum_{N=1}^{\infty} p_N(\tau) \left(1 - \left(1 + \frac{2A_N^2 \bar{v}^2}{3v_{\rm esc}^2} \right) e^{-A_N^2} \right)$$

= 1 if $k\tau \gg 1$ and $\tau \gg 1$. (A16b)

The two results above represent the values that $\sum_{N=1}^{\infty} p_N(\tau) (1 - (1 + \frac{2A_N^2 \bar{v}^2}{3v_{esc}^2})e^{-A_N^2})$ take in regions I and II, respectively, of Fig. 4. The values in regions III and IV can be inferred from Eqs. (A9) and (A10), respectively.

APPENDIX B: TEMPERATURE OF CAPTURED DARK MATTER

At any spatial point inside of a star, stellar material is in approximate local thermodynamic equilibrium at some temperature $T_X(\mathbf{r})$. Captured dark matter inside the star scatters off of those baryons, bringing the distribution of dark matter particles to a Maxwellian form:

$$f_X(\boldsymbol{v}_X, \boldsymbol{r}) \sim \exp\left(\frac{-E}{kT_X}\right),$$
 (B1)

where $E = \frac{1}{2}m_X v_X^2 + m_X \Phi(r)$ is the total energy of the dark matter particle, k is Boltzmann's constant, and T_x is the dark matter kinetic temperature. This temperature is not a well-defined quantity; dark matter particles traverse through a range of radii throughout their orbits, and thus experience a range of interactions at different local kinetic temperatures. In fact, there is no single value T_X for which the above expression is exactly true since these dark matter particles are undergoing processes that will equilibrate the dark matter to different local temperatures as it traverses a star. Following [31], we assume that the dark matter particle distribution is described by a single, orbit-averaged temperature T_X which satisfies not the collisional Boltzmann equation, but rather its first energy moment. For timeindependent distributions, requiring that the first moment is satisfied is equivalent to there being no net flow of energy into the dark matter distribution from the solar material. The effects of heat flow have been included by [122]. Comparing their results with those of [31], we note that, to leading order, the effects of heat flow on evaporated DM are subdominant. In what follows, for simplicity, we neglect those subleading effects, and follow the approach presented in [31].

Letting $\sigma_X(\theta)$ be the differential scattering cross section, and letting $\Delta E(\mathbf{v}_X, \mathbf{v}_p, \theta)$ be the energy transfer to a dark matter particle from a collision, the energy-moment equation is

$$\int d^3r \int d^3v_X f_X(\mathbf{v}_X, \mathbf{r}) \int d^3v_p f_p(\mathbf{v}_p, \mathbf{r})$$
$$\times \int d\cos\theta \sigma_X(\theta) |\mathbf{v}_X - \mathbf{v}_p| \Delta E(\mathbf{v}_X, \mathbf{v}_p, \theta) = 0.$$
(B2)

To proceed in a more general situation, we introduce the Knudsen number of a weakly interacting mixture of two Maxwell gases, defined as

$$\mathrm{Kn} = (n_p \sigma_X L)^{-1}, \tag{B3}$$

where n_p is the number density of background particles (protons), σ_X is the interaction dark matter–proton interaction cross section, and *L* is the length scale of the system over which interactions can occur. When Kn \gg 1, dark

matter undergoes many interactions over the length scale L. For dark matter–proton interactions inside the star, we adopt the length scale of [31] as the radius at which the dark matter is in approximate thermodynamic equilibrium with the core:

$$\frac{3}{2}kT_c = m_X \Phi(r_X) \to r_X = L$$
$$= \left(\frac{9}{4\pi} \frac{kT_c}{G\rho_c m_p}\right)^{1/2} \sqrt{\frac{m_p}{m_X}}.$$
(B4)

In the large Kn limit, we can treat the system with statistical mechanics. Such is the case for all of our systems. The lowest Knudsen number we encounter in our analysis is for a 100 M_{\odot} Pop III star in an ambient DM density of $\log_{10} (\rho_X [\text{GeV cm}^{-3}]) = 13$ which gives a value of Kn ~ 10^2 at both $m_X \sim 10^{-4}$ GeV and $m_X \sim 10^{15}$ GeV with a maximum value of Kn at $m_X \sim 10^5$ GeV. To estimate $\rho_{c,p}$, we use the polytropic approximation of Eq. (B9), and confirmed this approximation to hold from MESA simulations of ZAMS Pop III stars to order of magnitude. We take σ_X from our bounds without evaporation (see Fig. 8).

With such high Kn, the processes governing the velocity distribution of baryons and dark matter allow us to treat both the protons and the dark matter as Maxwellian gases. Plugging in Maxwellian distributions for both the protons and the dark matter, one obtains, from Eq. (B2),

$$\int d^3 r n_p(r) \int d^3 v_X \exp\left(\frac{-E}{kT_X}\right)$$
$$\times \int d^3 v_p \exp\left[\frac{-m_p v_p^2}{2kT(r)}\right] |\mathbf{v}_X - \mathbf{v}_p| \langle \Delta E \rangle = 0, \quad (B5)$$

where " $\langle \cdot \rangle$ " denotes the average over scattering angle θ . This is, in principle, a simple transcendental equation for T_X for a given energy transfer $\langle \Delta E \rangle$, relative velocity $|\mathbf{v}_X - \mathbf{v}_p|$, and T(r). As outlined in Sec. IV and Appendix A of [31], we can rewrite Eq. (B5) as

$$\int_{0}^{R_{\star}} n_{p}(r) \left[\frac{m_{p}T_{X} + m_{X}T(r)}{m_{X}m_{p}} \right]^{1/2} [T(r) - T_{X}]$$

$$\times \exp\left[\frac{-m_{X}\Phi(r)}{kT_{X}} \right] r^{2} dr = 0, \qquad (B6)$$

where $\Phi(r)$ is the gravitational potential defined by $\Phi(r) \equiv \int_0^r dr' GM(r')/r'^2$. Next we use the n = 3 polytropic model approximation in order to calculate Φ . This assumption is always valid whenever the ratio between the radiation pressure and the gas pressure is a constant throughout the star, and this is the case for the radiation pressure dominated $M_{\star} \gtrsim 100 M_{\odot}$ Pop III stars on the ZAMS. We have also checked this assumption by using the MESA stellar evolution code.

For a polytrope of an arbitrary index *n*, the following relationship holds: $\rho(\xi) = \rho_c \theta^n(\xi)$. We denoted by ρ_c the central density, $\xi \equiv (r/R_\star)\xi_1$ being the dimensionless radial variable, and ξ_1 being the first node of the Lane-Emden function θ , which corresponds to the surface of the star (R_\star). The Lane-Emden function obeys the following differential equation:

$$\frac{1}{\xi^2} \frac{d}{d\xi} \left(\xi^2 \frac{d\theta(\xi)}{d\xi} \right) = -\theta(\xi)^n.$$
 (B7)

For n = 3 one can show numerically that $\xi_1 \approx 6.89$. Moreover, the Lane-Emden function obeys the following boundary conditions at $\xi = 0$ (the center of the star): $\theta(0) = 1$, and $d\theta/d\xi = 0$. One can show that for a polytrope the amount of baryonic mass enclosed by a radius *r*, corresponding to a dimensionless radial variable ξ , is

$$M(r) = -4\pi\rho_c (R_\star/\xi_1)^3 \xi^2 d\theta/d\xi.$$

Using the definition of the gravitational potential from above, we find that the integral can be performed analytically, with the following result:

$$\Phi(\xi) = 4\pi G \rho_c \left(\frac{R_{\star}}{\xi_1}\right)^2 [1 - \theta(\xi)].$$
(B8)

Moreover, we find that the central density for a polytropic star can be expressed as

$$\rho_c = \frac{M_{\star}}{-4\pi (\frac{R_{\star}}{\xi_1})^3 \xi_1^2 (\frac{d\theta}{d\xi})_1}.$$
(B9)

Combining Eqs. (B8) and (B9), and the fact that for n = 3 we can use the following approximation: $\xi_1^2 \left(\frac{d\theta}{d\xi}\right)_1 \approx 2$. We get he following, simpler form of the gravitational potential for an n = 3 polytropic star:

$$\Phi(\xi) \approx v_{\rm esc}^2 \frac{\xi_1}{4} (1 - \theta(\xi)), \tag{B10}$$

with $v_{\rm esc}^2 = 2GM_{\star}/R_{\star}$ being the escape velocity at the surface of the star.

Using the n = 3 polytrope, and the assumption of $P \sim P_{\text{gas}} \sim P_{\text{rad}}$ (i.e. a constant ratio between the gas and radiation pressure throughout the star) we can show that $n(\xi) = n_c \theta^3(\xi)$ (i.e. n = 3 polytrope) implies that $T(\xi) = T_c \theta(\xi)$. We adopt $T_c \sim 10^8$ K, a value verified by simulations of Pop III stars with MESA. Introducing the following dimensionless variables,



FIG. 12. Numerical solution to Eq. (B12) for a 100 M_{\odot} , 300 M_{\odot} , and 1000 M_{\odot} star. Note that when $\mu \gtrsim 1$, $\Theta \approx 1$; when $\mu \ll 1$, $\Theta \approx 0.59$.

$$\begin{split} \xi &\equiv \frac{r}{R_{\star}} \xi_1, \qquad \mu \equiv \frac{m_X}{m}, \\ \tilde{\Phi}(r) &\equiv \frac{m \Phi(r)}{k T_c}, \quad \text{and} \quad \Theta \equiv \frac{T_X}{T_c}, \end{split} \tag{B11}$$

we can rewrite Eq. (B6) as

$$\int_{0}^{\xi_{1}} \theta(\xi)^{3} \exp\left(\frac{-\mu}{\Theta}\Phi(\xi)\right) \left(\frac{\Theta + \mu\theta(\xi)}{\mu}\right)^{1/2} \times [\Theta - \theta(\xi)]\xi^{2}d\xi = 0.$$
(B12)

Standard numerical techniques, such as FSOLVE and QUAD in the PYTHON SciPy package, can solve this equation easily, giving the dark matter temperature inside a star T_X as a function of dark matter mass m_X . The results of this calculation are presented in Fig. 12. They key takeaway is that, to order of magnitude, the dark matter temperature is the core temperature of the star. When the dark matter mass is much larger than the proton mass, the dark matter temperature of baryons inside the star; in the other limit when the dark matter mass is much less than the proton mass, the dark matter mass is much less than the proton mass, the dark matter mass is much less than the proton mass, the dark matter mass is much less than the proton mass, the dark matter mass is much less than the proton mass, the dark matter mass matter temperature is roughly half of the core temperature.

APPENDIX C: DM EVAPORATION RATES

For DM with $m_X \lesssim 1$ GeV one needs to consider the effects of evaporation [123], i.e. the process via which DM particles can be up-scattered to velocities above the escape velocity via collisions with nuclei. In this appendix we derive and validate an analytic approximation for the evaporation rate of dark matter from Pop III stars, by assuming they are well described by n = 3 polytropic models.

We start by estimating the m_X below which evaporation becomes relevant. In order to obtain an order of magnitude approximation, we compare the average thermal velocity of DM particles at the core of a Pop III star of a given mass to the escape velocity. Whenever the thermal velocity is higher than the escape velocity, evaporation becomes relevant. Technically one should use the escape velocity at the core, however, for the purpose of this order of magnitude analysis we will use the escape velocity at the surface, which is lower than the escape velocity at the core. This, in turn, means that we are overestimating the m_X below which DM evaporation becomes relevant. As we have seen in Appendix B, T_X becomes constant throughout the star, and a very good order of magnitude estimate is $T_X \sim T_c$, with $T_c \sim 10^8$ K, the central temperature of the Pop III star. The condition $v_X \gtrsim v_{esc}$, i.e. evaporation being efficient, can be recast into

$$m_X \lesssim 1 \text{ GeV}\left(\frac{R_\star/R_\odot}{M_\star/M_\odot}\right).$$
 (C1)

For the 100 M_{\odot} Pop III stars this becomes $m_X \lesssim 4 \times 10^{-2}$ GeV, whereas for the heaviest Pop III stars considered (1000 M_{\odot}), evaporation becomes relevant at $m_X \lesssim 1.4 \times 10^{-2}$ GeV. Therefore, at masses below $\sim 10^{-2}$ GeV we will need to include the effects of DM evaporation. Below we derive an analytic approximation for the evaporation rate, *E*.

In [123] Gould derives analytic closed form evaporation rates from a stellar shell, assuming captured DM particles follow a truncated Maxwell-Boltzmann distribution:

$$f_X(w) = \frac{e^{-w^2/v_X^2}\Theta(v_c - w)}{\sqrt{\pi^3}v_X^3 \left[\text{Erf}(v_c/v_X) - \frac{2}{\sqrt{\pi}}\frac{v_c}{v_X}e^{-v_c^2/v_X^2} \right]}.$$
 (C2)

Here *w* is the DM particle speed, $v_X \equiv \sqrt{2T_X/m_X}$ is the thermal average DM speed, v_c represents the cutoff in the DM distribution, and henceforth we will assume it to be equal to the escape velocity from a given shell: v_e . We point out that compared to Eq. (C2), Gould does not include the appropriate normalization factor for a truncated DM distribution (i.e. $1/[\text{Erf}(v_c/v_X) - \frac{2}{\sqrt{\pi}v_X}e^{-v_c^2/v_X^2}])$ in his Eq. (3.8) in [123]. In what follows we will account for this factor. Below we briefly describe the steps of the calculation that will lead to our approximation of the evaporation rate used throughout this paper: Eq. (6).

We start with the rate with which a DM particle of velocity w will scatter to velocity v, as a result of collisions with nuclei inside the star. This is derived by Gould in [123], his Eq. (3.1), which we reproduce here for clarity:

$$R^{\pm}(w \to v) = \frac{2}{\sqrt{\pi}} \frac{\mu_{+}^{2} v}{\mu w} n(r) \\ \times \sigma \bigg[\chi(\pm \alpha_{-}, \alpha_{+}) + \chi(\pm \beta_{-}, \beta_{+}) e^{\mu(w^{2} - v^{2})/u^{2}(r)} \bigg].$$
(C3)

The upper (lower) sign corresponds to up-scattering (v > w) [down-scattering (v < w)]. The most important mechanism relevant for DM evaporation is the former. Here n(r) represents the number density of target baryons inside the shell, and $u(r) \equiv \sqrt{2T(r)/m}$ is the thermal average velocity of a target nuclei of mass m. The following notations are used: $\chi(a,b) \equiv \int_a^b dy e^{-y^2}$, $\alpha_{\pm} \equiv (m/2T(r))^{1/2} \times (\mu_+ v \pm \mu_- w)$, $\beta_{\pm} \equiv (m/2T(r))^{1/2} (\mu_- v \pm \mu_+ w)$, $\mu_{\pm} \equiv \frac{\mu \pm 1}{2}$, $\mu \equiv \frac{m_x}{m}$. Next, we consider the rate at which a DM particle of a fixed velocity w escapes, i.e. up-scatters to any velocity v greater than the escape velocity at the shell $v_e(r)$:

$$\Omega^+_{v_e}(w) \equiv \int_{v_e}^{\infty} R(w \to v) dv.$$
 (C4)

Again, this has been calculated analytically by Gould [123]:

$$\begin{split} \Omega_{v_e}^+(w) &= \frac{1}{2\pi^{1/2}} \frac{2T(r)}{m} \frac{1}{\mu^2} \frac{\sigma n(r)}{w} [\mu(\alpha_+ e^{-\alpha_-^2} - \alpha_- e^{-\alpha_+^2}) \\ &+ (\mu - 2\mu\alpha_+\alpha_- - 2\mu_+\mu_-)\chi(\alpha_-, \alpha_+) \\ &+ 2\mu_+^2 \chi(\beta_-, \beta_+) e^{(-m_X/2T)(v^2 - w^2)}], \end{split}$$

where α_{\pm} and β_{\pm} are evaluated for $v = v_e$. Next we can calculate the total evaporation rate from the shell by integrating over the velocity distribution of DM particles:

$$R(v_c|v_e) \equiv \int_0^\infty f_X(w) \Omega_{v_e}^+(w) dw.$$

Assuming $v_c = v_e$ [i.e. the Maxwell-Boltzmann (MB) distribution is truncated to the escape velocity], and $\mu \ll 1$, which is valid for Pop III stars, in view of our discussion at the beginning of this section, we obtain the following estimate for the total evaporation rate from the shell:

$$R(v_c = v_e | v_e) \approx \frac{2}{\sqrt{\pi}} n(r) \sigma u(r) e^{-v_e^2/v_X^2}.$$
 (C5)

The evaporation coefficient (E) is defined in the following way:

$$E = \frac{\int dV n_X R(v_c = v_e | v_e)}{\int dV n_X},$$
 (C6)

with the integrals being done over the volume of the star, and n_X representing the number density of DM particles inside the star. In Appendix B we have shown that DM particles attain an isothermal sphere distribution:

$$n_X(r) = n_{X,c} e^{-m_X \Phi(r)/T_X}.$$
 (C7)

The gravitational potential is defined by $\Phi(r) \equiv \int_0^r dr' GM(r')/r'^2$ and we calculated it using the n = 3 polytropic model approximation in Appendix B:

Eq. (B10). Next we use this potential, in combination with n_X from Eq. (C7) to evaluate the integral in the definition of the evaporation coefficient from Eq. (6). For the escape velocity from a shell at radius ξ we get $v_e^2(\xi) =$ $v_{\rm esc}^2(1+\xi_1/2\theta(\xi)))$. Remarkably, we find that for the case of n = 3, the exponential term that comes from multiplying n_X and $R(v_c = v_e | v_e)$ is now ξ independent: $e^{-\Phi(r)m_X/T_X}e^{-v_e^2/v_X^2} = e^{-v_{esc}^2/v_X^2(1+\xi_1/2)}$. Therefore the integral at the numerator can be performed, if we know the radial dependence of n(r) (the number density of protons) and u(r)(their average thermal velocity). Using the n = 3 polytrope, and the assumption of $P \sim P_{\text{gas}} \sim P_{\text{rad}}$ (i.e. a constant ratio between the gas and radiation pressure throughout the star) we have $n(\xi) = n_c \theta^3(\xi)$ and $T(\xi) = T_c \theta(\xi)$, which implies $u(\xi) = u_c \theta^{1/2}(\xi)$. Lastly, we find that for an n = 3 polytrope, the central proton density n_c can be related to the average proton density: $n_c \approx \bar{n}_p(\frac{\xi_1}{6})$. Putting everything together, the radial integral at the numerator of Eq. (6) becomes, up to parameters that are ξ independent, and therefore can be factored out, $\int_0^{\xi_1} d\xi \xi^2 \theta^{7/2}(\xi)$. For n=3we can approximate numerically this integral to 3/2. Finally combining everything we have so far, we get the result quoted in Eq. (6), which we reproduce here:

$$E \approx \frac{3V_{\star}\bar{n}_{p}u_{c}\sigma}{2V_{1}\sqrt{\pi}} e^{\frac{v_{esc}^{2}\mu}{u_{c}^{2}\Theta}(1+\xi_{1}/2)}.$$
 (C8)

Throughout we denote $V_1 \equiv \int dV e^{-m_X \Phi(r)/T_X}$. This is an integral that can be performed numerically, but for which we will also find an analytic approximation. Defining the general case of the effective volume of index *j* as $V_j \equiv \int dV e^{-j\Phi(r)m_X/T_X}$, and using the standard second-order



FIG. 13. Comparison of the evaporation rate coefficient obtained numerically from Eq. (C6) vs our analytic approximation of Eq. (C8). Note the excellent agreement between the two, for Pop III stars with masses ranging from 100 M_{\odot} to 1000 M_{\odot} . Note that the rates are almost insensitive to the stellar mass, until the exponential decay factor kicks in. For higher mass stars this cutoff comes at lower m_{χ} , as expected.

approximation for the Lane-Emden functions of arbitrary index, $\theta(\xi) \approx 1 - 1/6\xi^2$, we find that

$$V_{j} \approx \frac{4\pi}{3j^{3/2}} r_{X}^{3} \left[\sqrt{\frac{\pi}{6}} \operatorname{Erf}\left(\sqrt{\frac{3j}{2}} \frac{R_{\star}}{r_{X}}\right) - \sqrt{j} \frac{R_{\star}}{r_{X}} \exp\left(-\frac{3R_{\star}^{2}}{2} \frac{j}{r_{X}^{2}}\right) \right],$$
(C9)

with $r_X^2 \equiv \frac{9T_X}{4\pi G\rho_c m_X}$. We want to point out that when using Eq. (C8) in order to place bounds on σ vs m_X for sub-GeV DM models, we always calculate numerically V_1 , and do not rely on the approximation of Eq. (C9).

We end this section with Fig. 13, a plot that validates our analytic approximation for the evaporation rate coefficient.

APPENDIX D: EQUILIBRATION TIMESCALE AND LOWER BOUNDS ON AN ANNIHILATION CROSS SECTION

Our formalism relies on the assumption of an efficient equilibration between capture and annihilations/evaporation of dark matter. This leads to a time-independent number of DM particles inside the star, and to a simple form of the heating injected by DM annihilations, as presented in Eq. (11). In this section, we investigate the conditions under which the timescale for this equilibration is much shorter than the lifetime of the star.

We start by briefly reviewing the DM models considered. First, for the WIMP window, which is bound at the lower end of m_X (the Lee-Weinberg bound [124]) by $m_X \gtrsim$ 10 GeV, and the higher end of m_X (the Griest-Kamionkowski bound [115]) by $m_X \lesssim 120$ TeV. We point out that the so-called Lee-Weinberg limit has actually been found, independently, by several groups [124–128] and that its value is actually model dependent. For instance, for Majorana fermions, where the annihilation cross section is p-wave suppressed, the Lee-Weinberg limit is enhanced by roughly 1 order of magnitude [129]. On the other hand, for scalar DM, Boehm and Fayet [130] find that the corresponding bound can be lowered to $\mathcal{O}(MeV)$. In fact, one of the most stringent bounds of WIMP DM lower mass limits comes from BBN, and it is roughly O(10 MeV) [111]. Within this window of parameter space DM can be produced thermally, via the standard freeze-out mechanism, without violating the unitarity limit, while still interacting only weakly. The thermal average DM annihilation cross section ($\langle \sigma v \rangle$) can be expanded around $v \leq 1$:

$$\langle \sigma v \rangle \approx a + b \langle v^2 \rangle + \mathcal{O}(\langle v^4 \rangle).$$
 (D1)

Two distinct scenarios are commonly considered in the literature: the s-wave annihilations, for which b = 0, so the thermal average cross section is a constant, independent of the DM velocity v. Remarkably, if the thermal average cross section is at the weak scale, i.e. $\langle \sigma v \rangle \approx a \sim 10^{-26}$ cm³ s⁻¹, one recovers, via the freeze-out

mechanism, a value of the relic abundance that matches observations, i.e. $\Omega_X \sim 0.3$. This is commonly known as the WIMP miracle, and was one of the main reasons WIMP DM models were theoretically favored in the past decades, before LHC data and direct detection experiments placed severe constraints on such models. Alternatively, one can consider the p-wave annihilation, when a = 0, and the thermal average cross section depends on the DM thermal velocity. In this case it us useful to recast Eq. (D1) as $\langle \sigma v \rangle = b \langle v^2 \rangle = b'/x$, with $x \equiv m_X/T_X$, the commonly defined dimensionless decoupling parameter. In order to match the observed relic abundance the parameter b' has to have a value of $b' \sim 10^{-24}$ cm³ s⁻¹ [105].

Outside of the WIMP regime, we have, at the higher mass end, what is commonly know as the superheavy dark matter. Reproducing the correct thermal relic abundance via the freeze-out mechanism would violate unitarity at those high masses if DM is considered to be a point particle. One of the most well-known nonthermal production mechanisms for superheavy DM is the gravitational production during inflation, which leads to what is commonly known as WIMPZILLAs [131]. Those particles can be their own antipartners, and therefore annihilate, with a cross section that is not fixed by the relic abundance. So, in principle, they could annihilate with cross sections as high as the unitarity limit:

$$\langle \sigma v \rangle_{\text{U.L.}} = \frac{4\pi}{m_X^2 v} (2J+1),$$
 (D2)

with $v \equiv \sqrt{2T_X/m_X}$ and J = 0 (s-wave) or J = 1 (p-wave). At the other end of the mass spectrum, for sub-GeV DM, in this paper we will only consider two such models: SIMP dark matter [96] and the Co-SIMP model [97]. In both of those models DM is thermally produced, and the Lee-Weinberg limit is bypassed by allowing interactions with a coupling stronger than the weak scale. As opposed to the usual s/p-wave annihilations, which are $2 \rightarrow 2$ annihilations, those processes are $3 \rightarrow 2$. Namely, DM + DM + DM \rightarrow DM + DM (SIMP) or DM + DM + SM \rightarrow DM + SM (Co-SIMP).

We discuss next in some detail the first of those two models: SIMP DM. The DM number changing rate for this process is controlled by the thermal-averaged cross section $\langle \sigma_{\text{SIMP}} v^2 \rangle$, which, one usually assumes, based on dimensional grounds to be proportional to some effective, dimensionless coupling constant controlling the annihilation process,

$$\langle \sigma_{\text{SIMP}} v^2 \rangle \sim \frac{\alpha_{\text{SIMP}}^3}{m_X^5}.$$
 (D3)

Using the standard thermal relic abundance calculation one can show that if $\alpha_{\text{SIMP}} \sim 1$ and $m_X \sim 0.3$ GeV, this model can produce sub-GeV DM efficiently [132]:

$$\left(\frac{\Omega_X}{0.2}\right) \sim \left(\frac{m_X}{35 \text{ MeV}}\right)^{3/2} \left(\frac{x_{f.o.}}{20}\right)^2 \left(\frac{1}{\alpha_{\text{SIMP}}}\right)^{3/2}, \quad \text{(D4)}$$

with $x_{f.o.}$ the value of the decoupling parameter when the freeze-out condition is met: $\Gamma_{\text{annih}} = H(T)$, i.e. when the annihilation rate per DM particle is equal to the Hubble rate. Assuming $x_{f.o.} \sim 20$ we can combine Eqs. (D3) and (D4) to obtain the following mass dependence of the annihilation rate coefficient:

$$\langle \sigma_{\text{SIMP}} v^2 \rangle \sim 2.7 \times 10^4 \left(\frac{1 \text{ GeV}}{m_X} \right)^2 \text{ GeV}^{-5}.$$
 (D5)

This rough estimate, which we will use in our calculations, can be confirmed by fully solving numerically the corresponding Boltzmann equation, as done by [96] (see their Fig. 2).

We point out here that one could consider $4 \rightarrow 2$ processes as well, and show that thermal relics with masses at the $m_X \sim$ 100 keV scale can be produced thermally if DM interacts strongly: i.e. $\langle \sigma_{4\rightarrow 2} v^3 \rangle \sim \alpha_{4\rightarrow 2}^4 / m_X^8$, with $\alpha_{4\rightarrow 2} \sim 1$.

For the Co-SIMP model, the $3 \rightarrow 2$ process of interest is $DM + DM + SM \rightarrow DM + SM$. In order to produce $\Omega_X \sim 0.3$ the thermal-averaged annihilation factor must be [97]

$$\langle \sigma_{\text{CoSIMP}} v^2 \rangle \sim 10^{12} \left(\frac{\text{MeV}}{m_X} \right)^3 \left(\frac{0.12}{\Omega_X h^2} \right)^2 \text{ GeV}^{-5}.$$
 (D6)

Next, we proceed to calculate the equilibration timescale between the capture and annihilation/evaporation processes, and compare it to the lifetime of the star, for each of the DM models described above. As discussed in Appendix A, the number of DM particles inside a star will reach a constant equilibrium value whenever it is at a time larger than $t_{\rm eq} \equiv \tau_{\rm eq}/\kappa$. The usual equilibration timescale between capture and annihilation is defined by $\tau_{\rm eq} \equiv 1/\sqrt{C_{\rm tot}C_A}$, with $C_{\rm tot}$ being the total capture rate, and C_A the N_X independent annihilation coefficient defined in terms of the total annihilation rate Γ_A as $\Gamma_A = C_A N_X^J$, with j being the number of DM particles entering the annihilation process. Evaporation leads to a shortening of the equilibration timescale by a factor of $\kappa \equiv$ $\sqrt{1 + E^2 \tau_{eq}^2/4}$. Imposing equilibration in a time less than a fraction of the typical lifetime of the Pop III star, which, in view of their high masses, becomes independent of M_{\star} , and with a value approximately equal to 10^6 yr. The annihilation coefficient C_A for $2 \rightarrow 2$ (s/p-wave) annihilations takes the following form:

$$C_A^{2 \to 2} = \frac{\int dV n_X^2 \langle \sigma v \rangle}{\left(\int dV n_X\right)^2},\tag{D7}$$

whereas for the SIMP model we have

$$C_A^{\text{SIMP}} = \frac{\int dV n_X^3 \langle \sigma_{\text{SIMP}} v^2 \rangle}{(\int dV n_X)^3}, \qquad (D8)$$

$$C_A^{\text{Co-SIMP}} = \frac{\int dV n_X^2 n_{\text{SM}} \langle \sigma_{\text{Co-SIMP}} v^2 \rangle}{(\int dV n_X)^2}, \qquad (D9)$$

with n_{SM} the number density of the relevant SM particles entering the process. For us this will be the same as the number density of protons inside the star, since we approximate the star as being made of fully ionized *H*.

In general, both the SIMP and the Co-SIMP DM can be realized in nature, simultaneously. However, for our purposes, the DM heating due to Co-SIMP DM annihilations inside the star is many orders of magnitude higher than the heating due to SIMP DM annihilations. This can be traced to the much lower n_X when compared to n_{SM} , inside the star. Therefore, inside the star it is the Co-SIMP DM that has the dominant effect. Conversely, outside the star n_{SM} becomes much lower than the ambient n_X . So, if those two models coexist (SIMP/Co-SIMP), then, outside the star we need to take into account the effects of DM annihilations on the DM densities, i.e. the annihilation plateau. We do this analysis in Appendix E.

In Fig. 14 we plot the upper bound on $\langle \sigma v \rangle$ obtained by requiring $t_{eq} \lesssim 10^4$ yr. Note that for the case considered in that figure, $m_X \gtrsim 10$ GeV, DM evaporation can be safely neglected, so $t_{eq} \approx \tau_{eq}$. The fact that the upper bound is always below the thermal relic $\langle \sigma v \rangle$ demonstrates that for WIMPs equilibrium is attained well within the lifetime of the star. For superheavy DM particles that annihilate, the



FIG. 14. Lower bounds on $\langle \sigma v \rangle$ for $2 \rightarrow 2$ annihilations, such that the capture and annihilation processes equilibrate inside the star in $t_{eq} \sim 10^4$ yr, corresponding to about 1% of the typical lifetime of the Pop III stars considered here. The grayed-out region at the bottom is excluded, since the equilibrium is attained in more than 10^4 yr. Note that this excluded region is almost the same for Pop III stars with M_{\star} in the 100 M_{\odot} -1000 M_{\odot} range. Additionally, we compare those lower bounds with the unitarity limit, and with the $\langle \sigma v \rangle$ required by the freeze-out mechanism for thermal relics, in the WIMP mass window.



FIG. 15. Ratio between equilibration timescale $(t_{eq} \equiv \tau_{eq}/\kappa)$ and the lifetime of the star $(T_{\star} \sim 10^6 \text{ yr})$, as a function of m_X for Co-SIMP DM. Each band corresponds to ambient DM densities $10^{13} \text{ GeV cm}^{-3} \leq \rho_X \leq 10^{16} \text{ GeV cm}^{-3}$. The three different bands correspond to the three different values of M_{\star} labeled in the legend.

same conclusion holds, as can be seen from comparing the unitarity limit to our lower bounds on $\langle \sigma v \rangle$. In Fig. 15 we plot the equilibration timescale normalized to the lifetime of the star for Co-SIMP DM. For the entire mass range considered we took σ at the deepest edge of our excluded regions for each star. In order to estimate the number density of the relevant SM particles, we assumed we used the n = 3 polytrope approximation: $n_{\text{SM}} \sim \theta^3(\xi)$. Note that the equilibration timescale decreases rapidly with m_X . More importantly, at the highest m_X considered here for the Co-SIMP DM model, equilibrium is still attained well within the lifetime of the star. We can see the same effect, for the entire swath of parameter space excluded by Pop III stars for Co-SIMP DM-proton cross section, in Fig. 16.

To sum up, in this appendix we investigated our assumption of equilibration between capture and annihilations/evaporation is reached within a small fraction of the lifetime of the star. We find that this is certainly the case for two of the thermal DM models considered: WIMPs and Co-SIMP DM. If we allow for the possibility of SIMP interactions as well, we find that their annihilations inside the SM-rich environment of a star are negligible when compared with Co-SIMP DM. Therefore, equilibrium is reached mostly due to efficient Co-SIMP annihilations (at lower σ), and aided by the effects of evaporation (at higher σ). Regarding nonthermal DM we considered superheavy dark matter model, such as WIMPZILLAs. We find that an equilibrium can be attained well within the lifetime of the star if WIMPZILLAs self-annihilate. Moreover, we find the lower bound on $\langle \sigma v \rangle$ for such models, for which equilibrium is reached within 1% of the lifetime of the star.

In the next section we investigate the role of DM annihilations in the environment surrounding the star,



FIG. 16. Ratio between equilibration timescale $(t_{eq} \equiv \tau_{eq}/\kappa)$ and the lifetime of the star $(T_{\star} \sim 10^6 \text{ yr})$, as a function of m_X for Co-SIMP DM. At each point within the region we exclude in view Co-SIMP DM we calculate the corresponding ratio, and color code it according to the color bar on the right. Note that throughout this region $t_{eq} \ll T_{\star}$, i.e. equilibrium between capture and annihilations/evaporation is attained in a timescale that is much shorter than the lifetime of the star for the entire parameter space considered.

and check the robustness of our results when including this effects on the ambient DM density.

APPENDIX E: DM MINIHALOS

The first stars in the Universe are believed to have been formed in DM minihalos of mass $M_{\rm halo} = 10^5 M_{\odot} - 10^6 M_{\odot}$, at typical redshifts of z = 10-50 [69]. The DM profiles formed at these redshifts hosting Pop III stars have been studied extensively, particularly within the context of DM's effect on the stellar formation [103,121]. These works have also discussed the effects of baryonic infall to the halo's core on its density profile. The process of adiabatic contraction has been used to approximate this through calculations involving the conservation of adiabatic invariants, assuming an adiabatic process [133,134]. Recent work has also demonstrated that massive Pop III star formation can persist up to redshifts of $z \sim 6$ in extreme cases [135]. This supports the recent claim of detection of a Pop III stellar complex at $z \sim 7$ by [94].

In this section we will mainly utilize the methods in [103,134] to calculate the density profiles of DM minihalos at redshifts of $z \sim 7$ and $z \sim 10-50$ to find the DM density at the edge of the baryonic core, ρ_X . This parameter is necessary for accurately calculating the DM capture rates in Pop III stars and thus calculating constraints on the DM-nucleon scattering cross section. We also calculate the DM dispersion velocity, \bar{v} , for these different halos.

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We start by describing the initial DM halo profile before contraction using the standard NFW profile [102]⁶:

$$\rho_{\text{halo}} = \frac{\rho_0}{\frac{r}{r_s} \left(1 + \frac{r}{r_s}\right)^2},\tag{E1}$$

where ρ_{halo} is the DM density at a point *r* from the center, r_s is the scale radius, and ρ_0 is a normalization called the central density [39,41]. The virial radius r_{vir} is related to the virial mass of the halo (M_{halo}) in the following way:

$$\frac{M_{\text{halo}}}{\frac{4\pi}{3}r_{vir}^3} = 200\rho_{\text{crit}}(z), \tag{E2}$$

where ρ_{crit} is the critical density of the Universe at redshift *z*. The central density is calculated as a function of the halo's concentration parameter, $c \equiv \frac{r_{vir}}{r_s}$, and the redshift, *z*, via the following equation:

$$\rho_0 = \rho_{\rm crit}(z) \frac{200}{3} \frac{c^3}{\ln\left(1+c\right) - c/(c+1)}.$$
 (E3)

From the virial theorem, we can calculate the dispersion velocity of DM, \bar{v} :

$$\langle \bar{v}^2 \rangle = \frac{\bar{W}}{M_{\text{halo}}},$$
 (E4)

where

$$W = -4\pi G \int \rho_{\rm halo} M_{\rm halo}(r) r dr \tag{E5}$$

is the gravitational potential of the DM halo. The typical Pop III star-forming at $z \sim 10-50$, in halos of mass $M_{halo} = 10^5 M_{\odot} - 10^6 M_{\odot}$, with concentration parameters c = 1-10, will have dispersion velocities of $\bar{v} =$ 1-15 km/s, corroborated by [39,41]. For the case of a Pop III star forming at $z \sim 7$, Mebane *et al.* [135] showed a minimum halo mass for formation of $M_{halo} \sim 10^8 M_{\odot}$. Assuming concentration parameters in the range c =1-10 as well, the dispersion velocities in the range $\bar{v} =$ 22-55 km/s.

Under the assumption of adiabaticity for the collapse of a protostellar cloud, we can assume adiabatic invariants are well conserved and use this fact to calculate the effect of baryonic infall on the DM profiles, following [103]. We utilize the Blumenthal method [134], where conservation of angular momentum is assumed as the halo is compressed, to solve for the final mass profile given by the following

equation: $M_f(r_f)r_f = M_i(r_i)r_i$. This equation essentially says that a particle at an initial radius r_i is pulled into a final radius r_f , where M(r) is the total enclosed mass at r. Note that [103] has shown that, within factors of a few, this method reproduces results from the more elaborate Young [133] and Gnedin [136] methods, which allow for noncircular DM orbits.

It is worth mentioning that most numerical *N*-body simulations do not have the required resolution to follow the DM profiles directly, especially in the inner milliparsec of the microhalo. However, the numerical results of [69] support an adiabatically contracted DM density profile, for a baryon gas density up to $n_{\rm core} \sim 10^{13}$ cm⁻³, and as far inward as the resolution limit of the simulation, $\sim 10^{-2}$ pc, as one can see in Fig. 17.

As evidenced in Fig. 17, the adiabatically enhanced DM density profiles have a broken power law behavior. This is due to the sharp decrease of the baryonic density outside of the baryonic core. As found in [77,90] the value of the adiabatically contracted DM density at the edge of the baryonic core can be estimated in terms of the number density of the protons inside the core:

$$\rho_X \approx 5 \left(\frac{n_{\text{core}}}{\text{cm}^3}\right)^{0.81} \text{ GeV cm}^{-3}.$$
(E6)

Moreover, the profile outside of the baryonic core scales as



FIG. 17. Adiabatically contracted NFW profiles vs numerical simulation of DM densities during the runaway collapse of a pre– Pop III star molecular gas cloud. Each profile corresponds to a different value for the protostellar core density ($n_{\rm core}$), labeled in the legend. The simulation data points are taken from Fig. 2 of [69], which corresponds to $n_{\rm core} \sim 10^{13}$ cm⁻³. Resolution limits the simulation from probing the DM densities to scales smaller than $\sim 10^{-2}$ pc. Note the excellent agreement with the AC contracted profile for the same $n_{\rm core} = 10^{13}$ cm⁻³. We additionally plot the predicted DM density at the edge of the baryonic core from Eq. (E6), at the predicted radius of the core given by Eq. (E8).

⁶Our results regarding the adiabatic compression of DM densities are largely insensitive to the initial profile, as shown by Freese *et al.* [103], who demonstrates that even for the most extreme case of a purely cored profile, there is significant enhancement of DM densities, and that this enhancement is largely insensitive to the choice of the initial profile, as seen in their Figs. 2 and 3. See also Fig. 1 of [90].

$$\rho_X(r) \approx \rho_X(1 \text{ pc}) \left(\frac{r}{1 \text{ pc}}\right)^{-1.8},$$
(E7)

as found in [77,90], and additionally verified by us in this work. Remarkably, the numerical simulations of [69] and the adiabatic contraction formalism predict very similar values for the DM densities outside of the baryonic core (see Fig. 17). Moreover, the DM density at 1 pc can be estimated with $\rho_X(1 \text{ pc}) \sim 10^4 \text{ GeV cm}^{-3}$. Note that this is only mildly sensitive to the concentration parameter or the redshift where the Pop III star forms, as shown in Fig. 18. Equating the values of the DM density from Eqs. (E6) and (E7) one gets the following estimate for the radius of the baryonic core [77]:

$$r_c \approx 16.7 \left(\frac{n_{\rm core}}{10^{14} {\rm ~cm^{-3}}}\right)^{-0.81/1.8} {\rm A.U.}$$
 (E8)

We can now estimate the DM density at the edge of baryonic core from the simulation of [69], which corresponds to an $n_{\rm core} \sim 10^{13}$ cm⁻³, and for which the numerical resolution limits the computation of DM densities in the inner milliparsec, as seen in Fig. 17. However, in view of the agreement between simulation data and the adiabatic contraction (AC) profile, we expect this trend to continue at least up to the edge of the baryonic core. This means that in fact the numerical simulations of [69] support a DM density at the edge of the baryonic core of $\rho_X \approx 5 \times 10^{13 \cdot 0.81} \sim 10^{11} \text{ GeV cm}^{-3}$. If adiabatic compression operates up to higher n_{core} , then this value will be correspondingly enhanced by $(n_{\rm core}/10^{13})^{0.81}$. Specifically, assuming that AC ceases to operate at $n_{\rm core} \sim 10^{16} {\rm ~cm^{-3}}$, we estimate ρ_X at the edge of the core to be $5 \times 10^{13} \text{ GeV cm}^{-3}$, whereas for an $n_{\text{core}} \sim 10^{19} \text{ cm}^{-3}$ the corresponding DM density is $\rho_X \sim 10^{16} \text{ GeV cm}^{-3}$. As one can see from Fig. 17, DM densities continue to increase, albeit at a milder rate, at scales smaller than the baryonic core. Conservatively, we will always set the ambient DM density to be equal to the DM density at the edge of the baryonic core, corresponding to the $n_{\rm core}$ where AC is assumed to cease to operate. For the latter assume a value between $n_{\rm core} \sim 10^{16} - 10^{19} \text{ cm}^{-3}$, leading to ambient DM densities in the range $10^{13} - 10^{16}$ GeV cm⁻³, which are the values we used in this work to place bounds on the DM-proton interaction cross section. We want to additionally emphasize that results from other numerical simulations (see, for example, [117–119]), in addition to the aforementioned Ref. [69], are in good agreement with those obtained via the adiabatic contraction formalism, especially for high redshift halos, such as those where Pop III stars form, since baryonic feedback effects are not important in this case.

We summarize our results from contracting the initial NFW profiles given by Eq. (E1) in Fig. 18 for Pop III starforming halos at $z \sim 7$ and $z \sim 15$. We find that, at both redshifts, the DM densities at the edge of the baryonic cores



FIG. 18. Adiabatically contracted NFW DM profiles for redshifts $z \sim 7$ and $z \sim 15$. The solid lines represent the profiles for c = 10, while the dotted lines are those for c = 1. The different colors of the lines represent varying the densities of the core baryonic gas cloud collapsing at the center of the DM halo, on its way to becoming a proto–Pop III star ($n_{core} \sim 10^{22} \text{ cm}^{-3}$). Despite the different redshifts, the DM profiles are very similar and demonstrate that the effect of the concentration parameter is mostly insignificant in the ranges discussed. Both cases show a significant enhancement and lead to DM densities at the edge of the core as high as $\rho_X = 10^{16} \text{ GeV cm}^{-3}$, assuming adiabatic contraction operates until the formation of a protostellar core.

are greatly enhanced by the process of adiabatic contraction, largely irrespective of the concentration parameter. It is also evident that there is little variation in the densities at the edge of the baryonic core when considering the different redshifts. As discussed in Sec. IV, these enhanced DM densities allow for competitive constraints on the DM-nucleon scattering cross section.

In contrast to the enhancement of the ambient DM density due to adiabatic contraction, we also consider the effect of DM annihilation on the density profile, which reduces the ambient density over time. We start by considering what effect this may have on the initial DM profile, i.e. before star formation. To estimate this, we first take an initial NFW profile that evolves from annihilations as baryons fall inward and collapse to form a protostellar core. In doing so, we assume that the collapse is rapid enough that the DM profile does not respond gravitationally, but rather only through annihilations. For a more conservative result, we also start with an initial AC profile with a baryon core density made artificially high. This is not physically realistic, as the DM profile would, in reality, take time to become enhanced, but we consider it to show that even for initially higher density profiles, the effects of annihilation are not relevant at the distances that the star would capture dark matter.

For DM annihilating via a $2 \rightarrow 2$ process, the differential equation governing the rate at which DM particles are annihilated out of the halo is given by

$$\frac{dN_X}{dt} = -\Gamma_{\rm ann}^{2\to 2} = -\int dV n_X^2 \langle \sigma v \rangle.$$
 (E9)

Solving for the DM density at a given time and position gives

$$\rho_X^{2 \to 2}(r, t) = \frac{\rho_0(r)\rho_{AP}^{2 \to 2}(t)}{\rho_0(r) + \rho_{AP}^{2 \to 2}(t)},$$
 (E10)

where $\rho_0(r) = \rho_0(0, r)$ is the initial DM density, and $\rho_{AP}^{2\rightarrow 2}$, the so-called annihilation plateau, is given by $\rho_{AP}^{2-2}(t) = \frac{m_x}{\langle \sigma v \rangle t}$. Since the 2 \rightarrow 2 process considered does not require baryonic matter for annihilation, there is no functional dependence on the baryon content, and so it is straightforward to calculate the radius at which the annihilation plateau begins to be relevant as a function of time. This radius can be found by finding where the initial profile $\rho_0(r)$ equals the annihilation plateau density $\rho_{AP}^{2\rightarrow 2}(t)$. Doing so for an initial NFW profile gives the following scaling relation:

$$r_{\rm AP} \approx 2 \times 10^{-9} \, \mathrm{pc} \left(\frac{r_s}{190 \, \mathrm{pc}}\right) \left(\frac{\rho_0}{30 \, \mathrm{GeV \, cm^{-3}}}\right) \\ \times \left(\frac{\langle \sigma v \rangle}{10^{-26} \, \mathrm{cm^3 \, s^{-1}}}\right) \left(\frac{t}{10^6 \, \mathrm{yr}}\right) \left(\frac{1 \, \mathrm{GeV}}{m_X}\right). \tag{E11}$$

Since DM particles are generally captured outside the 10 A.U. region ($\approx 5 \times 10^{-5}$ pc), it is safe to say that the initial NFW profile will not be affected at the distance scales relevant for capture during the time it takes for star formation ($t \sim 10^6$ yr). For the SIMP model, an equivalent analysis can be done, except with the following differential equation governing the rate of particle loss in the halo:

$$\frac{dN_X}{dt} = -\Gamma_{\rm ann}^{3\to 2} = -\int dV n_X^3 \langle \sigma v^2 \rangle.$$
(E12)

Solving for the ambient DM density gives

$$\rho_X^{3 \to 2}(r, t) = \frac{\rho_0(r)\rho_{\rm AP}^{3 \to 2}(t)}{\sqrt{\rho_0(r)^2 + (\rho_{\rm AP}^{3 \to 2}(t))^2}}, \qquad (E13)$$

where $\rho_{AP}^{3\to 2} = \frac{m_X}{\sqrt{2\langle\sigma v^2\rangle t}}$. Similar to the 2 \rightarrow 2 process, one can estimate the radius where the annihilation plateau begins to be relevant by solving $\rho_{AP}^{3\to 2}(t) = \rho_0(r)$. Doing so for a NFW and SIMP annihilation leads to the following scaling relation:

$$r_{\rm AP} \approx 7 \times 10^{-9} \, \mathrm{pc} \left(\frac{r_s}{190 \, \mathrm{pc}}\right) \left(\frac{\rho_0}{30 \, \mathrm{GeV \, cm^{-3}}}\right) \left(\frac{t}{10^6 \, \mathrm{yr}}\right)^{1/2} \\ \times \left(\frac{10^{-4} \, \mathrm{GeV}}{m_X}\right)^2.$$
 (E14)

Again, we find that the profile is not affected at timescales and distance scales relevant for captured DM, and so the initial profile can be well approximated by a NFW profile for both the SIMP and WIMP models.

For the Co-SIMP model, a more detailed calculation is required since a standard model particle is required for annihilation in this process. Therefore, to find how much DM is annihilated away when baryons began falling into the DM halo, we must know the baryonic profile at each point in time. The baryon profile can be well approximated by the following function [103]:

$$n_B(r) = \frac{n_{\rm core}}{1 + (r/r_c)^{2.3}},$$
 (E15)

where n_{core} is the baryonic core density and r_c the core radius [r_c ultimately depends on n_{core} via Eq. (E8)]. This function was obtained from fitting the data in the simulations of [69]. The core densities at different times can be found in [69], and the core radii is then given exactly by Eq. (E8). Since the core densities from the simulations in [69] are given at discrete times, to approximate the profile at any given time, we have fitted between data points a power function of the form, $n_{core}(t) = \alpha t^{\beta}$, where α and β are found from fitting a line in logarithmic space. The result of fitting this data can be seen in Fig. 19, where we have extrapolated to the time at which the core density is



FIG. 19. Core density of baryon profile n_{core} as a function of time based on a power law fit of simulation data from [69]. Here, the points represent data from [69], while the black line is a broken power law fit. Here we have defined t = 0 to be the time at which the core density reaches $n_{\text{core}} \sim 10^6 \text{ cm}^{-3}$, and have extrapolated past the last point in the simulation data $(n_{\text{core}} \sim 10^{13} \text{ cm}^{-3}, t \sim 334, 700 \text{ yr})$ by continuing with the same power law behavior fitted between the final two points. In reality, one would expect a larger power for the final region, making this estimate slightly conservative. We have extrapolated up to the point at which a proto–Pop III star forms, $n_{\text{core}} \sim 10^{22} \text{ cm}^{-3}$. Due to the rapid contraction of the baryons for $t \gtrsim 300, 000 \text{ yr}$, we conservatively estimate this to be at time $t \sim 335, 600 \text{ yr}$, only 900 yr after reaching $n_{\text{core}} \sim 10^{13} \text{ cm}^{-3}$.

high enough that a proto–Pop III star is formed, i.e. $n_{\rm core} \sim 10^{22} \text{ cm}^{-3}$. Annihilations past this point will still occur, but will be subdominant in the region of capture. This is because after the runaway collapse of baryons into a small, dense core, most of the baryons outside the core will be in an accretion disk within ~10 A.U. of the core, as shown by simulations [69]. This is much farther inward from where most DM will be captured, and so this effect will cease to be relevant for the Co-SIMP model past this point.

Equipped with the baryon profile as a function of time, we are able to estimate how much DM is annihilated away during the baryon cloud collapse. However, to do this, we make the assumption that the initial halo changes only due to annihilations and not through adiabatic contraction. In order to verify our claim that annihilations will not affect the initial profile, we will examine two extreme cases for the profile before baryon collapse: an initial profile that is NFW and one that is artificially enhanced by adiabatic contraction. The AC profile is used to show that even steeper profiles are not significantly altered at the distance scales relevant to capture. To solve for the DM density at a given time and radius, we point to the following equation:

$$\frac{dN_X}{dt} = -\Gamma_{\rm ann}^{3\to 2} = -\int dV n_X^2 n_B \langle \sigma v^2 \rangle, \qquad (E16)$$

which has the following solution for the DM density:

$$\rho_X(r,t) = \frac{\rho_0(r)m_X}{m_X + \rho_0(r)\langle \sigma v^2 \rangle \int_0^t n_B(r,t')dt'}, \quad (E17)$$

with $\rho_0(r)$ being the initial DM profile. One can then solve this numerically using the broken power law function used to fit the baryon core density as a function of time. The results of this when taking $\rho_0(r)$ to be a NFW profile is shown in Fig. 20. Here we see that the annihilation of DM and baryons during collapse does affect the initial NFW profile, but only at radii much smaller than the edge of the accretion disk, which is at ~10 A.U. (~5 $\times 10^{-5}$ pc). It is therefore safe to make the assumption that a NFW profile would not change at the distance scales relevant to capture from annihilations during collapse. However, as previously mentioned, this is an underestimate of these effects since, in actuality, the DM profile would respond to the infall of baryons through adiabatic contraction by becoming steeper, which would naturally lead to larger annihilation rates. Thus, to be the most conservative, we have also taken the initial profile $\rho_0(r)$ to be an AC profile with a baryon core density of $n_{\rm core} \sim 10^{22} {\rm ~cm^{-3}}$, which is approximately the core density for the formation of a proto-Pop III star. We would like to strongly emphasize here that we are not suggesting that this would be the physically motivated initial profile, and thus the resulting profiles do not represent the distribution of dark matter at star formation. However, the high density nature of such a profile provides the most conservative estimate for the effects of annihilation on the DM profile at star formation, and is thus useful to demonstrate that even for a nonphysical, steep profile, these effects can be ignored. A complete treatment of this



FIG. 20. Time evolution of an initial NFW DM profile due to DM annihilations in the Co-SIMP model during the collapse of baryons up to the formation of a stellar protocore when $n_{\rm core} \sim 10^{22} \text{ cm}^{-3}$. This supports the fact that the initial profile can be taken as a NFW as it is unchanged in the regions relevant to capture, $\gtrsim 10$ A.U.



FIG. 21. Time evolution of an initial AC DM profile $(n_{\rm core} \sim 10^{22} \text{ cm}^{-3})$ due to DM annihilations in the Co-SIMP model during the collapse of baryons up to the formation of a stellar protocore when $n_{\rm core} \sim 10^{22} \text{ cm}^{-3}$. This represents an extreme case where the initial profile is made much steeper than it would be to show that even in the most conservative case, the densities in the region where capture is relevant, $r \sim 5 \times 10^{-5}$ pc, is unaffected during the collapse of the baryons.

question would require coupling the time dependence of adiabatic contraction to Eq. (E16).

In Fig. 21 we plot the result of Eq. (E17) with an initial AC profile with $n_{\rm core} \sim 10^{22} \text{ cm}^{-3}$. Again, it is clear that annihilations during collapse do affect the initial profile, however, this is limited to the region $r \lesssim 10^{-7}$ pc, which is still inward of the distance relevant for capture, $r \sim$ 5×10^{-5} pc. Thus, even for the most extreme case of a steep AC profile, the DM densities in the regions relevant for capture are unaffected. An intriguing feature of the profile at t = 335, 600 yr is the peak in the density at $r \sim 10^{-7}$ pc, before it falls and flattens as it moves inward. This can be explained by examining the behavior of the denominator of Eq. (E17). When $m_X \gg \rho_0(r) \langle \sigma v^2 \rangle \times$ $\int_0^t n_B(r, t') dt'$, i.e. when the annihilation term is subdominant, the profile is simply described by the initial profile, which is the case for the larger radii $(r \gtrsim 10^{-7})$ in Fig. 21. However, as annihilation becomes more relevant, which depends not only on time, but on the radius (since the baryon distribution is considered), the initial profile actually vanishes from the equation and the profile is described by $\rho_X(r,t) \approx \frac{m_x}{\langle \sigma v^2 \rangle \int_0^r n_B(r,t')dt'}$. Thus, inward of a given radii at a specific time, the profile scales like $\rho_X(r) \sim n_B(r)^{-1}$. Now, the baryon profile is described by Eq. (E15), which scales like $n_B(r) \sim 1/r$ when $r \gg r_c$, and like $n_B(r) \sim r^0$ when $r \ll r_c$. Thus, when t = 335, 400 yr, for example, inward of $r \sim 10^{-7}$ pc the profile completely flattens as the annihilation term becomes dominant and the baryon profile in this region is flat. However, for the t = 335, 600 yr case, r_c has actually shifted farther inward since $r_c \sim n_{\text{core}}^{-0.81/1.8}$ and n_{core} depends on time via Fig. 19.

Thus, there is a small region $r \sim 10^{-8} - 10^{-7}$ pc where the $n_B(r) \sim 1/r$ relation is captured, but inverted, since $\rho_X(r, t) \sim 1/n_B(r)$ there. As shown in Fig. 21, going further inward, the profile flattens again as $r \ll r_c$ and so $n_B(r) \sim r^0$.

After star formation, DM particles in the region outside of the star will self-annihilate, thus reducing the density of DM in the capturing region. The differential equation governing the number of DM particles in the region outside the star for $2 \rightarrow 2$ processes is given by Eq. (E9) and has a solution shown in Eq. (E10). For $3 \rightarrow 2$ processes, namely the SIMP and Co-SIMP models, it can be shown that SIMP annihilation, which requires three DM particles, is far more efficient than Co-SIMP annihilation in the region outside the star due to the low baryonic density. Thus, the equivalent differential equation for the $3 \rightarrow 2$ models effectively reduces to that of SIMP annihilation, given in Eq. (E12) with the solution in Eq. (E13). An important feature of Eqs. (E10) and (E13) is that in the limit of $\rho_{AP} \gg$ $\rho_0 \ (\rho_0 \gg \rho_{AP})$, the DM density simply becomes $\rho_X \simeq \rho_0$ $(\rho_X \simeq \rho_{AP})$. In words, this means that, at a given position and time, the density is defined by the lower of the two. This fact is portrayed in Fig. 22 for $2 \rightarrow 2$ s-wave annihilations. Note that at t = 0, $\rho_{AP} \rightarrow \infty$, and thus the profile is unaffected by ambient DM annihilations. However, as time increases and more DM particles in the region around the star begin annihilating, the profile begins flattening around the higher densities (toward the profile's center), creating the annihilation plateau. This effect has implications for the DM capture rate, and thus the strength of our constraints on the DM scattering cross



FIG. 22. Time-evolved AC DM profiles under the influence of $2 \rightarrow 2$ s-wave annihilations for a 10 GeV WIMP. The initial AC profile (t = 0) is represented by the gray dash-dotted line, while the varying colors represent the same profile at a later time, t. The annihilations of DM particles in the region surrounding the star (≤ 10 A.U.) lead to a flattening of the DM profile in the inner region known as the annihilation plateau. This effect becomes more pronounced over time as more particles annihilate and leads to lower ambient DM densities.

section (see Sec. IV), as lower ambient densities cause the capture rate to drop. However, the suppression of the ambient density due to this process is within our uncertainty of the ambient DM density for $2 \rightarrow 2$ and SIMP annihilations. To see this, first note that the more pronounced effects of the annihilation plateau occur for lower DM masses ($\rho_{AP} \sim m_X$), larger times ($\rho_{AP} \sim 1/t$), and an efficient annihilation cross section. For $2 \rightarrow 2$ s-wave annihilation, Fig. 22 shows that, for the largest time considered ($t \sim T_{\star} = 10^6$ yr) and the smallest mass in this regime $(m_{\chi} = 10 \text{ GeV})$, the annihilation plateau reduces the ambient density to $\rho_X \sim 10^{13} \text{ GeV cm}^{-3}$, which is the lower limit we take for the ambient DM density. A similar analysis of the SIMP annihilation plateau shows a minimum density of $\rho_X \sim 10^{12} \text{ GeV cm}^{-3}$, which, while below our lower limit, is still within the uncertainty for the ambient DM density. Thus, while the annihilation plateau is an important process that must be factored into the constraints placed by this method, it does not reduce constraining in a drastic manner. We do, however, always include the effects of the DM annihilations on ρ_X on all of our $\sigma - m_X$ bounds.

An intriguing question that arises when considering the high DM density in the region surrounding the star is that of ambient annihilations producing diffuse emissions, which could potentially provide a signal that is distinct from the star's luminosity. To determine whether this effect is negligible relative to the star's luminosity, one must calculate the diffuse emissions from DM annihilations in the halo. This effect is relevant only for the $2 \rightarrow 2$ processes we consider, as SIMP DM produces no SM particles upon annihilation, and Co-SIMP DM requires a SM particle for annihilation and, as mentioned previously in the discussion of the annihilation plateau, the baryonic density outside the stellar region is too small for any considerable effects. For $2 \rightarrow 2$ processes, the luminosity from ambient annihilations within a given volume around the star is given by

$$L_{\rm amb} = m_X \Gamma_{\rm ann}^{2 \to 2} = m_X \int dV n_X^2 \langle \sigma v \rangle.$$
 (E18)

It is straightforward to compute this integral analytically by taking the outer profile of the halo from Eq. (E7). The final result is given by

$$L_{\rm amb} = 5V_{\star} \frac{\langle \sigma v \rangle \rho_0^2}{m_X} \left[1 - \left(\frac{R_{\star}}{r_{\rm cutoff}} \right)^{0.6} \right], \quad (E19)$$

where ρ_0 is the DM density at the edge of the core, and r_{cutoff} is the radius at which the integral is truncated. One can thus calculate the approximate diffuse luminosity for a given DM profile out to some point around the star. For the WIMP regime, the annihilation cross section can be taken from the standard cross section giving the correct relic



FIG. 23. Ratio of a $M_{\star} = 100 M_{\odot} - 1000 M_{\odot}$ star's nuclear luminosity (represented by a band of a given color) to the diffuse emissions due to WIMP annihilations in the region directly surrounding the star (out to three stellar radii, purple line) and from the entire halo (out to the virial radius, blue line). The annihilation cross section is taken from the standard WIMP miracle cross section. This plot demonstrates that, in the WIMP regime and for the highest ambient DM density considered, the star's nuclear luminosity is always dominant relative to the diffuse emissions.



FIG. 24. Ratio of a $M_{\star} = 100 \ M_{\odot}$ star's nuclear luminosity to the diffuse emissions due to heavy DM annihilations in the region directly surrounding the star (out to three stellar radii, purple band) and from the entire halo (out to the virial radius, blue band). The annihilation cross section is taken in a range between the bounds placed in Fig. 14 arising from the equilibrium condition and the unitarity limit (this is represented by the band of a given color). In this figure, it is evident that across all annihilation cross sections allowable for heavy DM that equilibrates in the star, the diffuse emissions are subdominant relative to the star's nuclear luminosity.

abundance. For more massive DM particles, a very conservative approach would be to take the annihilation cross section at the unitarity limit. For the study of Pop III stars considered in this paper, the annihilation cross section could also be taken by the lower bounds placed in Fig. 14. For DM to equilibrate in the star, the annihilation cross section would necessarily have to fall between the unitarity limit and the lower bounds placed in Fig. 15, which thus provides a natural range of cross sections to explore this effect.

We estimate the upper bound on the effect of the ambient annihilations to the star's total luminosity by considering the ratio $L_{\rm nuc}/L_{\rm amb}$. For the most conservative approach, where $L_{\rm amb}$ is maximized, we consider the highest density we take in this paper, $\rho_0 = 10^{16}$ GeV cm⁻³. The results of this calculation are presented in Figs. 23 and 24, which show in the respective mass regimes that the diffuse emissions are always subdominant to the star's total luminosity.

Although, as Figs. 23 and 24 show, the ratio between the nuclear luminosity (L_{nuc}) and the diffuse DM halo emission from DM annihilations inside the halo (L_{amb}) is always greater than 1, and typically much greater than 1, we point out the intriguing possibility of estimating the diffuse emission, by removing from the total spectrum the expected stellar spectra. If the remaining residuals are statistically significant, one could infer DM annihilations are the cause, and as such infer properties of the DM particle, in a very similar fashion to the DM explanation of center of the Galaxy excess gamma-ray excess in the FERMI data [13–15]. However, in the latter case, other more mundane astrophysical sources, such as unresolved pulsars, could explain the excess [16,17]. This is in contrast to the situation of a possible excess from DM microhalos at high redshifts, where pulsars are not expected to be present.

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