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In this paper, we systematically study gravitational waves (GWs) first produced by remote compact astrophysical sources and then propagating in our inhomogeneous Universe through cosmic distances, before arriving at detectors. To describe such GWs properly, we introduce three scales, λ , L_c , and L , denoting, respectively, the typical wavelength of GWs, the scale of the cosmological perturbations, and the size of the observable Universe. For GWs to be detected by the current and foreseeable detectors, the condition $\lambda \ll L_c \ll L$ holds. Then, such GWs can be approximated as high-frequency GWs and be well separated from the background $\gamma_{\mu\nu}$ by averaging the spacetime curvatures over a scale ℓ , where $\lambda \ll \ell \ll L_c$, and $g_{\mu\nu} = \gamma_{\mu\nu} + \epsilon h_{\mu\nu}$ with $h_{\mu\nu}$ denoting the GWs. In order for the backreaction of the GWs to the background spacetimes to be negligible, we must assume that $|h_{\mu\nu}| \ll 1$, in addition to the condition $\epsilon \ll 1$, which are also the conditions for the linearized Einstein field equations for $h_{\mu\nu}$ to be valid. Such studies can be significantly simplified by properly choosing gauges, such as the spatial, traceless, and Lorenz gauges. We show that these three different gauge conditions can be imposed simultaneously, even when the background is not a vacuum, as long as the high-frequency GW approximation is valid. However, to develop the formulas that can be applicable to as many cases as possible, in this paper we first write down explicitly the linearized Einstein field equations by imposing only the spatial gauge. Then, applying these formulas together with the geometrical optics approximation to such GWs, we find that they still move along null geodesics and its polarization bivector is parallel transported, even when both the cosmological scalar and tensor perturbations are present. In addition, we also calculate the gravitational integrated Sachs-Wolfe effects due to these two kinds of perturbations, whereby the dependences of the amplitude, phase, and luminosity distance of the GWs on these perturbations are read out explicitly.

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The detection of the first gravitational wave (GW) from the coalescence of two massive black holes (BHs) by the advanced Laser Interferometer Gravitational-Wave

Observatory (LIGO) marked the beginning of a new era, the GW astronomy [1]. Following this observation, soon more than 50 GWs were detected by the LIGO/Virgo scientific collaboration [2–4]. The outbreak of interest on GWs and BHs has further gained momenta after the detection of the shadow of the M87 BH [5–10].

One of the remarkable observational results is the discovery that the mass of an individual BH in these binary systems can be much larger than what was previously expected, both theoretically and observationally [11–13], leading to the proposal and refinement of various formation scenarios, see, for example, [14–17], and references therein.

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A consequence of this discovery is that the early inspiral phase may also be detectable by space-based observatories, such as LISA [18], TianQin [19], Taiji [20], and DECIGO [21], for several years prior to their coalescence [22,23]. Multiple observations with different detectors at different frequencies of signals from the same source can provide excellent opportunities to study the evolution of the binary in detail. Since different detectors observe at disjoint frequency bands, together they cover different evolutionary stages of the same binary system. Each stage of the evolution carries information about different physical aspects of the source. As a result, multiband GW detections will provide an unprecedented opportunity to test different theories of gravity in the strong field regime [24].

Recently, some of the present authors generalized the post-Newtonian (PN) formalism to certain modified theories of gravity and applied it to the quasicircular inspiral of compact binaries. In particular, we calculated in detail the waveforms, GW polarizations, response functions, and energy losses due to gravitational radiation in Brans-Dicke (BD) theory [25], screened modified gravity (SMG) [26–28], and gravitational theories with parity violations [29–32] to the leading PN order, with which we then considered projected constraints from the third-generation detectors. Such studies have been further generalized to triple systems [33,34] in Einstein-aether (α) theory [35–37]. When applying such formulas to the first relativistic triple system discovered in 2014 [38], we studied the radiation power, and found that quadrupole emission has almost the same amplitude as that in general relativity (GR), but the dipole emission can be as large as the quadrupole emission. This can provide a promising window to place severe constraints on α theory with multiband GW observations [39,40].

More recently, we revisited the problem of a binary system of nonspinning bodies in a quasicircular inspiral within the framework of α theory [41–46], and provided the explicit expressions for the time-domain and frequency-domain waveforms, GW polarizations, and response functions for both ground- and space-based detectors in the PN approximation [47]. In particular, we found that, when going beyond the leading order in the PN approximation, the non-Einsteinian polarization modes contain terms that depend on both the first and second harmonics of the orbital phase. With this in mind, we calculated analytically the corresponding parametrized post-Einsteinian parameters, generalizing the existing framework to allow for different propagation speeds among scalar, vector, and tensor modes, without assuming the magnitude of its coupling parameters, and meanwhile allowing the binary system to have relative motions with respect to the aether field. Such results will particularly allow for the easy construction of Einstein-aether templates that could be used in Bayesian tests of GR in the future.

It is remarkable to note that the space-based detectors mentioned above, together with the current and forthcoming

ground-based ones, such as KAGRA [48], Voyager [49], the Einstein Telescope (ET) [50], and Cosmic Explorer (CE) [51], are able to detect GWs emitted from such systems as far as the redshift is about $z \simeq 100$ [52],¹ which will result in a variety of profound scientific consequences. In particular, GWs propagating over such long cosmic distances will carry valuable information not only about their sources but also about the detail of the cosmological expansion and inhomogeneities of the Universe, whereby a completely new window to explore the Universe by using GWs is opened, as so far our understanding of the Universe almost all comes from observations of electromagnetic waves only (possibly with the important exceptions of cosmic rays and neutrinos) [53].

In this paper, we shall generalize our above studies to the cases in which the GWs are first generated by remote astrophysical sources and then propagate in the inhomogeneous universe through cosmic distances before arriving at detectors, either space- and/or ground-based ones. It should be noted that recently such studies have already attracted lots of attention, see, for example, [56] and references therein. In particular, using Isaacson’s high frequency GW formulas [57,58], Laguna *et al.* studied the gravitational analogue of the electromagnetic integrated Sachs-Wolf (ISW) effects in cosmology, and found that the phase, frequency, and amplitude of the GWs experience ISW effects, in addition to the magnifications on the amplitude from gravitational lensing [59]. More recently, Bertacca *et al.* connected the results of Laguna *et al.* obtained in real space frame to the observed frame, by using the cosmic rulers formulas [60], whereby the corrections to the luminosity distance due to velocity, volume, lensing, and gravitational potential effects were calculated [61].

On the other hand, Bonvin *et al.* [62] studied the effects of the Universe on the gravitational waveform, and found that the acceleration of the Universe and the peculiar acceleration of the binary with respect to the observer distort the gravitational chirp signals from the simplest GR prediction, not only a mere time independent rescaling of the chirp mass, but also the intrinsic parameter estimations for binaries visible by LISA. In particular, the effect due to the peculiar acceleration can be much larger than the one due to the Universe acceleration. Moreover, peculiar accelerations can introduce a bias in the estimation of parameters such as the time of coalescence and the individual masses of the binary. An error in the estimation of the time of coalescence made by LISA will have an impact on the prediction of the time at which the signal will

¹It must be noted that, according to structure formations, the first stars/galaxies should be formed at $z \simeq 20$ [53]. However, primordial BHs can be formed from the collapse of large overdensities in the radiation-dominated universe, which can explain the massive BHs observed so far from binary black holes (BBHs) [54]. For recent reviews on this topic, see, for example, [16,55] and references therein.

be visible by ground based interferometers, for signals spanning both frequency bands.

Moreover, the correlations of such GWs with lensing fields from the cosmic microwave background and galaxies were studied [63], whereby a new window to explore our Universe by gravitational weak lensing was proposed.

Lately, GWs propagating in the curved universe has been further generalized to scalar-tensor theories [64], including Horndeski [65–67] and SMG [67] theories.

However, it should be noted that in all these studies, the cosmological tensor perturbations have been neglected (except [65,66], in which the background is arbitrary). As observing the primordial GWs (the tensor perturbations) is one of the main goals in the current and forthcoming cosmological observations [68], in this paper we shall consider the cosmological background that consists of both the scalar and tensor perturbations, but restrict ourselves only to Einstein's theory, and leave the generalizations to other theories of gravity to other occasions. What we are planning to do in the current paper are the following:

- (i) First, to describe the GWs propagating through the inhomogeneous universe from cosmic distances to observers properly, we first introduce three scales, λ , L_c , and L , which denote, respectively, the typical wavelength of GWs, the scale of the cosmological perturbations, and the size of the observable Universe. For GWs to be detected by the current and foreseeable detectors, we find that the condition

$$\lambda \ll L_c \ll L \quad (1.1)$$

always holds. Then, such GWs can be approximated as high-frequency GWs,² and be well separated from the background $\gamma_{\mu\nu}$ by averaging the spacetime curvatures over a scale ℓ , where $\lambda \ll \ell \ll L_c$, and the total metric of the spacetime is given by

$$g_{\mu\nu} = \gamma_{\mu\nu} + \epsilon h_{\mu\nu}, \quad (1.2)$$

where $\epsilon \simeq \mathcal{O}(\lambda/L)$, and $\gamma_{\mu\nu}$ denotes the background, while $h_{\mu\nu}$ represents the GWs. In order for the backreaction of the GWs to the background spacetimes to be negligible, we must assume that

$$|h_{\mu\nu}| \ll 1, \quad (1.3)$$

in addition to the condition $\epsilon \ll 1$, which are also the conditions for the linearized Einstein field equations for $h_{\mu\nu}$ to be valid.

²It should be noted that pulsar timing arrays can detect GWs with wavelengths ranging from an astronomical unit to a parsec [69]. For such detections, the high-frequency approximations might not be valid any more [70]. We wish to come back to this subject soon.

- (ii) Such studies can be significantly simplified by properly imposing gauge conditions, such as the spatial, traceless, and Lorenz gauges, given, respectively, by

$$\chi_{0\mu} = 0, \quad (1.4)$$

$$\chi = 0, \quad (1.5)$$

$$\nabla^\nu \chi_{\mu\nu} = 0, \quad (1.6)$$

where

$$\chi_{\mu\nu} \equiv h_{\mu\nu} - \frac{1}{2}\gamma_{\mu\nu}h, \quad h \equiv \gamma^{\mu\nu}h_{\mu\nu}, \quad (1.7)$$

and ∇^ν denotes the covariant derivative with respect to $\gamma_{\mu\nu}$. We show that these three different gauge conditions can be imposed simultaneously, even when the background is not vacuum, as long as the high-frequency GW approximations are valid.

- (iii) However, to develop the formulas that can be applicable to as many cases as possible, in this paper we write down explicitly the linearized Einstein field equations for $\chi_{\mu\nu}$ by imposing only the spatial gauge. Applying these formulas together with the geometrical optic approximations to such GWs, we find the well-known results [71]: they still move along null geodesics and its polarization bivector is parallel transported, even when both the cosmological scalar and tensor perturbations are present. In addition, we also calculate the gravitational ISW effects due to these two kinds of perturbations, whereby the dependences of the amplitude, phase, and luminosity distance of the GWs on these perturbations are read off explicitly.

The rest of the paper is organized as follows: in Sec. II, after introducing the three different scales, λ, L_c, L , we show that, for the GWs to be detected by the current and foreseeable both ground- and space-based detectors, such GWs can be well approximated as high frequency GWs. Then, we derive the Einstein field equations and find that, to make the backreaction of the GWs to the background negligible, as well as to have the linearized Einstein field equations for $h_{\mu\nu}$ to be valid, the condition (1.3) must hold. In this section, we also provide a very brief review on the cosmological background that consists of both the cosmological and tensor perturbations. In Sec. III, we consider the gauge freedom for GWs, and show that the three different gauge conditions, (1.4)–(1.6), can be still imposed simultaneously, even when the background spacetime is not a vacuum, as long as the high-frequency approximations are valid. Then, by imposing only the spatial gauge condition (1.4), we write down the linearized Einstein field equations for the GWs, so the formulas can be applied to cases with

different choices of gauges. In Sec. IV we study the GWs with the geometrical optics approximation, and calculate the effects of the cosmological scalar and tensor perturbations on the amplitudes and phases of such GWs, and find the explicit expressions of the ISW effects due to both the cosmological scalar and tensor perturbations. When applying them to a binary system, we calculate explicitly the effects of these two kinds of the cosmological perturbations on the luminosity distance and the chirp mass [cf. Eq. (4.51)]. Finally, we summarize our main results in Sec. V, and present some concluding remarks.

There are also three Appendixes, A, B, and C, in which some mathematical computations are presented. In particular, in Appendix A, we give a very brief review over the inhomogeneous universe, when both the cosmological scalar and tensor perturbations are present, while in Appendix B, we present the field equations for the GWs $\chi_{\mu\nu}$ by imposing only the spatial gauge (1.4). In Appendix C, we first decompose $\chi_{\mu\nu}$ as $\chi_{\mu\nu} = \chi_{\mu\nu}^{(0)} + \epsilon_c \chi_{\mu\nu}^{(1)}$ and then write down explicitly the field equations for $\chi_{\mu\nu}^{(1)}$ only with the spatial gauge.

Before proceeding to the next section, we would like to note that GWs produced by remote astrophysical sources and then propagating through the homogeneous and isotropic Universe have been systematically studied by Ashtekar and his collaborators through a series of papers [72–78], and various subtle issues related to the de Sitter background were clarified [79–81] (see also [82–90]).

In addition, in this paper we shall adopt the following conventions, which are different from those adopted in [57,58], but the same as those used in [91]. In particular, in this paper the signature of the metric is $(-, +, +, +)$, while the Christoffel symbols, Riemann and Ricci tensors, as well as the Ricci scalar, are defined, respectively, by

$$\begin{aligned} \Gamma_{\mu\nu}^\alpha &\equiv \frac{1}{2} g^{\alpha\beta} (g_{\beta\nu,\mu} + g_{\beta\mu,\nu} - g_{\mu\nu,\beta}), \\ (D_\alpha D_\beta - D_\beta D_\alpha) X^\mu &= R^\mu{}_{\nu\alpha\beta} X^\nu, \\ R_{\mu\nu} &\equiv R_{\mu\alpha\nu}^\alpha, \quad R \equiv g^{\mu\nu} R_{\mu\nu}, \end{aligned} \quad (1.8)$$

where D_α denotes the covariant derivative with respect to metric $g_{\mu\nu}$, $g_{\mu\nu,\lambda} \equiv \partial g_{\mu\nu} / \partial x^\lambda$, and

$$R_{\mu\nu\lambda}^\alpha = \Gamma_{\mu\lambda,\nu}^\alpha - \Gamma_{\mu\nu,\lambda}^\alpha + \Gamma_{\beta\nu}^\alpha \Gamma_{\mu\lambda}^\beta - \Gamma_{\beta\lambda}^\alpha \Gamma_{\mu\nu}^\beta. \quad (1.9)$$

The Einstein field equations read

$$R_{\mu\nu} - \frac{1}{2} g_{\mu\nu} R = \kappa T_{\mu\nu}, \quad (1.10)$$

where $\kappa \equiv 8\pi G/c^4$, with G denoting the Newtonian constant, and c the speed of light. In addition to D_α and ∇_α , we also introduce the covariant derivative $\bar{\nabla}_\alpha$ with respect to the homogeneous metric $\bar{\gamma}_{\mu\nu}$, where

$$\gamma_{\mu\nu} = \bar{\gamma}_{\mu\nu} + \epsilon_c \hat{\gamma}_{\mu\nu}, \quad (1.11)$$

with $\epsilon_c \simeq \mathcal{O}(L_c/L) \ll 1$. We shall also adopt the conventions, $A_{(\mu\nu)} \equiv (A_{\mu\nu} + A_{\nu\mu})/2$, $A_{[\mu\nu]} \equiv (A_{\mu\nu} - A_{\nu\mu})/2$.

II. GRAVITATIONAL WAVES PROPAGATING IN INHOMOGENEOUS UNIVERSE

In this section, we shall consider GWs first produced by remote astrophysical sources and then propagating in cosmic distances through the inhomogeneous Universe, before arriving at detectors. To study such GWs, let us first consider several characteristic lengths that are highly relevant to their propagations and polarizations.

A. Characteristic scales of background

In this paper, we shall consider our inhomogeneous universe as the background, which includes two parts, the homogeneous and isotropic Universe and its inhomogeneous perturbations, given by $\bar{\gamma}_{\mu\nu}$ and $\hat{\gamma}_{\mu\nu}$, respectively, so the background metric $\gamma_{\mu\nu}$ can be written as

$$\begin{aligned} \gamma_{\mu\nu} &= \bar{\gamma}_{\mu\nu} + \epsilon_c \hat{\gamma}_{\mu\nu} + \mathcal{O}(\epsilon_c^2), \\ \gamma^{\mu\nu} &= \bar{\gamma}^{\mu\nu} - \epsilon_c \hat{\gamma}^{\mu\nu} + \mathcal{O}(\epsilon_c^2), \end{aligned} \quad (2.1)$$

where $\epsilon_c, |\hat{\gamma}| \ll 1$ [cf. Eq. (A21)], and

$$\begin{aligned} \gamma^{\mu\lambda} \gamma_{\nu\lambda} &= \delta_\nu^\mu + \mathcal{O}(\epsilon_c^2), \quad \bar{\gamma}^{\mu\lambda} \bar{\gamma}_{\nu\lambda} = \delta_\nu^\mu + \mathcal{O}(\epsilon_c^2), \\ \hat{\gamma}^\mu{}_\nu &\equiv \bar{\gamma}^{\mu\alpha} \hat{\gamma}_{\alpha\nu}, \quad \hat{\gamma}^{\mu\nu} \equiv \bar{\gamma}^{\mu\alpha} \bar{\gamma}^{\nu\beta} \hat{\gamma}_{\alpha\beta}, \end{aligned} \quad (2.2)$$

and so on.

The size of the observational Universe is about $L \simeq 8.8 \times 10^{26} m$ [92]. On the other hand, in the momentum space of the cosmological perturbations, we have $L_c \simeq 1/k$, where k denotes the typical wave number of the perturbations, and L_c the length over which the change of the cosmological perturbations becomes appreciable. When the modes are outside the Hubble horizon, it can be shown that $L_c/L \simeq 10^{-5}$. But, once they reenter the horizon, these modes decay suddenly and then are oscillating rapidly about a minimum [93]. In addition, the current temperature anisotropy $\Delta T/T_0$ of the Universe is of order 10^{-5} [94]. So, it is quite reasonable to assume that

$$\epsilon_c \simeq \frac{L_c}{L} \ll 1. \quad (2.3)$$

B. Typical gravitational wavelengths

For the second generation of the ground-based detectors, such as LIGO, Virgo, and KAGRA, the wavelength of the detected GWs are $\lambda \simeq 10^5 - 10^7 m$, while the wavelength of GWs to be detected by the space-based detectors, such as LISA, TianQin, and Taiji, are

$\lambda \simeq 10^8 - 10^{12} m.$ ³ Therefore, for the ground-based detectors, we have $\epsilon \simeq \lambda/L \in (10^{-22}, 10^{-20})$, while for the space-based detectors, we have $\epsilon \in (10^{-19}, 10^{-15})$.

Therefore, in this paper we shall consider only the cases in which the following is true,

$$\frac{\lambda}{L_c} = \frac{\epsilon}{\epsilon_c} \ll 1, \quad (2.4)$$

so that all GWs considered in this paper can be well approximated as high frequency GWs.

C. Einstein field equations

Following the above analyses, we find that λ , L_c , and L denote, respectively, the characteristic length over which $h_{\mu\nu}$, $\hat{\gamma}_{\mu\nu}$, or $\bar{\gamma}_{\mu\nu}$ changes significantly. Thus, their derivatives are typically of the following orders:

$$\begin{aligned} \partial\bar{\gamma} &\sim \frac{\bar{\gamma}}{L}, & \partial^2\bar{\gamma} &\sim \frac{\bar{\gamma}}{L^2}, \\ \partial\hat{\gamma} &\sim \frac{\hat{\gamma}}{L_c}, & \partial^2\hat{\gamma} &\sim \frac{\hat{\gamma}}{L_c^2}, \\ \partial h &\sim \frac{h}{\lambda}, & \partial^2 h &\sim \frac{h}{\lambda^2}. \end{aligned} \quad (2.5)$$

To estimate orders of terms, following Isaacson [57], we regard L as order of unity, and say that the metric (1.2) contains a high-frequency GW, if and only if there exists a family of coordinate systems (related by infinitesimal coordinate transformations), in which we have

$$\epsilon \ll \epsilon_c \ll 1, \quad (2.6)$$

and

$$\begin{aligned} \bar{\gamma}_{\mu\nu}, \bar{\gamma}_{\mu\nu,\alpha}, & \quad \bar{\gamma}_{\mu\nu,\alpha\beta} \simeq \mathcal{O}(1), \\ \hat{\gamma}_{\mu\nu} &\simeq \mathcal{O}(\hat{\gamma}), \quad \hat{\gamma}_{\mu\nu,\alpha} \simeq \mathcal{O}(\hat{\gamma}/\epsilon_c), \\ \hat{\gamma}_{\mu\nu,\alpha\beta} &\simeq \mathcal{O}(\hat{\gamma}/\epsilon_c^2), \\ h_{\mu\nu} &\simeq \mathcal{O}(h), \quad h_{\mu\nu,\alpha} \simeq \mathcal{O}(h/\epsilon), \\ h_{\mu\nu,\alpha\beta} &\simeq \mathcal{O}(h/\epsilon^2), \end{aligned} \quad (2.7)$$

where $\gamma_{\mu\nu,\alpha} \equiv \partial\gamma_{\mu\nu}/\partial x^\alpha$, etc. Note that, in contrast to [57], here we do not assume $h_{\mu\nu} \simeq \mathcal{O}(1)$, in order to neglect the backreaction of the GWs to the background spacetime $\gamma_{\mu\nu}$, as to be shown below.

Expanding the Riemann and Ricci tensors $R_{\mu\nu\alpha\beta}(g_{\mu\nu})$ and $R_{\mu\nu}(g_{\mu\nu})$ in terms of ϵ , we find [57,91],

$$\begin{aligned} R_{\alpha\beta\gamma\delta}(g_{\mu\nu}) &= R_{\alpha\beta\gamma\delta}^{(0)} + \epsilon R_{\alpha\beta\gamma\delta}^{(1)} + \epsilon^2 R_{\alpha\beta\gamma\delta}^{(2)} \\ &\quad + \mathcal{O}(\epsilon^3), \\ R_{\alpha\beta}(g_{\mu\nu}) &= R_{\alpha\beta}^{(0)} + \epsilon R_{\alpha\beta}^{(1)} + \epsilon^2 R_{\alpha\beta}^{(2)} \\ &\quad + \mathcal{O}(\epsilon^3), \end{aligned} \quad (2.8)$$

where

$$\begin{aligned} R_{\alpha\beta\gamma\delta}^{(0)} &= R_{\alpha\beta\gamma\delta}(\gamma_{\mu\nu}), \\ R_{\alpha\beta\gamma\delta}^{(1)} &= \frac{1}{2} [h_{\beta\gamma;\alpha\delta} + h_{\alpha\delta;\beta\gamma} - h_{\alpha\gamma;\beta\delta} - h_{\beta\delta;\alpha\gamma} \\ &\quad + R_{\alpha\sigma\gamma\delta}^{(0)} h_\beta^\sigma - R_{\beta\sigma\gamma\delta}^{(0)} h_\alpha^\sigma], \end{aligned} \quad (2.9)$$

$$\begin{aligned} R_{\alpha\beta}^{(0)} &= R_{\alpha\beta}(\gamma_{\mu\nu}), \\ R_{\alpha\beta}^{(1)} &= \frac{1}{2} \gamma^{\rho\tau} (h_{\tau\alpha;\beta\rho} + h_{\tau\beta;\alpha\rho} - h_{\rho\tau;\alpha\beta} - h_{\alpha\beta;\rho\tau}), \end{aligned} \quad (2.10)$$

$$\begin{aligned} R_{\alpha\beta}^{(2)} &= \frac{1}{4} \{ h^{\rho\tau}{}_{;\beta} h_{\rho\tau;\alpha} + 2h^{\rho\tau} (h_{\tau\rho;\alpha\beta} + h_{\alpha\beta;\tau\rho} \\ &\quad - h_{\tau\alpha;\beta\rho} - h_{\tau\beta;\alpha\rho}) + 2h_\beta^{\tau;\rho} (h_{\tau\alpha;\rho} - h_{\rho\alpha;\tau}) \\ &\quad - (2h^{\rho\tau}{}_{;\rho} - h^{;\tau}) (h_{\tau\alpha;\beta} + h_{\tau\beta;\alpha} - h_{\alpha\beta;\tau}) \}. \end{aligned} \quad (2.11)$$

Here the semicolon “;” denotes the covariant derivative with respect to the background metric $\gamma_{\mu\nu}$. For the sake of convenience, we shall also use ∇_λ to denote the covariant derivative with respect to $\gamma_{\mu\nu}$, so we have $h_{\mu\nu;\lambda} \equiv \nabla_\lambda h_{\mu\nu}$, etc. The background metric $\gamma_{\mu\nu}$ ($\gamma^{\mu\nu}$) is also used to lower (raise) the indices of $h_{\mu\nu}$, such as

$$h_\nu^\mu \equiv \gamma^{\mu\alpha} h_{\alpha\nu} = \gamma_{\nu\alpha} h^{\mu\alpha}, \quad h \equiv h_\lambda^\lambda = \gamma^{\alpha\beta} h_{\alpha\beta}, \quad (2.12)$$

and so on.

The background curvatures $R_{\alpha\beta\gamma\delta}^{(0)}(\gamma)$ and $R_{\alpha\beta}^{(0)}(\gamma)$ can be further expanded in terms of ϵ_c , as

$$\begin{aligned} R_{\alpha\beta\gamma\delta}^{(0)}(\gamma) &= \bar{R}_{\alpha\beta\gamma\delta}(\bar{\gamma}) + \epsilon_c \hat{R}_{\alpha\beta\gamma\delta}(\hat{\gamma}) + \epsilon_c^2 \hat{R}_{\alpha\beta\gamma\delta}^{(2)}(\hat{\gamma}) + \mathcal{O}(\epsilon_c^3), \\ R_{\alpha\beta}^{(0)}(\gamma) &= \bar{R}_{\alpha\beta}(\bar{\gamma}) + \epsilon_c \hat{R}_{\alpha\beta}(\hat{\gamma}) \\ &\quad + \epsilon_c^2 \hat{R}_{\alpha\beta}^{(2)}(\hat{\gamma}) + \mathcal{O}(\epsilon_c^3), \end{aligned} \quad (2.13)$$

where

$$\begin{aligned} \hat{R}_{\alpha\beta\gamma\delta}(\hat{\gamma}) &= \frac{1}{2} [\hat{\gamma}_{\beta\gamma|\alpha\delta} + \hat{\gamma}_{\alpha\delta|\beta\gamma} - \hat{\gamma}_{\alpha\gamma|\beta\delta} - \hat{\gamma}_{\beta\delta|\alpha\gamma} \\ &\quad + \bar{R}_{\alpha\sigma\gamma\delta} \hat{\gamma}_\beta^\sigma - \bar{R}_{\beta\sigma\gamma\delta} \hat{\gamma}_\alpha^\sigma], \end{aligned} \quad (2.14)$$

$$\hat{R}_{\alpha\beta}(\hat{\gamma}) = \frac{1}{2} \bar{\gamma}^{\rho\tau} (\hat{\gamma}_{\tau\alpha|\beta\rho} + \hat{\gamma}_{\tau\beta|\alpha\rho} - \hat{\gamma}_{\rho\tau|\alpha\beta} - \hat{\gamma}_{\alpha\beta|\rho\tau}), \quad (2.15)$$

and $\hat{R}_{\alpha\beta}^{(2)}(\hat{\gamma})$ is given by Eq. (2.11) with the replacement $(h_{\alpha\beta}, \nabla_\mu) \rightarrow (\hat{\gamma}_{\alpha\beta}, \bar{\nabla}_\mu)$. Here the vertical bar “|” denotes the covariant derivative with respect to $\bar{\gamma}_{\mu\nu}$, which is also

³The frequencies of GWs detected by the second generation of the ground-based detectors is $f \simeq 20 - 2000$ Hz, while the frequencies of GWs to be detected by the space-based detectors are $f \simeq 1 - 10^{-4}$ Hz.

denoted by $\bar{\nabla}_\lambda$, so that $\hat{\gamma}_{\rho\tau|\alpha} \equiv \bar{\nabla}_\alpha \hat{\gamma}_{\rho\tau}$, etc. Taking $L \simeq \mathcal{O}(1)$ and considering Eq. (2.7) we find

$$\bar{R}^\alpha_{\beta\gamma\delta}, \quad \bar{R}_{\alpha\beta} \simeq \mathcal{O}(1), \quad (2.16)$$

$$\begin{aligned} \epsilon_c \hat{R}^\alpha_{\beta\gamma\delta}, & \quad \epsilon_c \hat{R}_{\alpha\beta} \sim \mathcal{O}(\hat{\gamma}/\epsilon_c), \\ \epsilon_c^2 \hat{R}^{(2)}_{\alpha\beta\gamma\delta}, & \quad \epsilon_c^2 \hat{R}^{(2)}_{\alpha\beta} \simeq \mathcal{O}(\hat{\gamma}^2), \end{aligned} \quad (2.17)$$

$$\begin{aligned} \epsilon R_{\alpha\beta\gamma\delta}^{(1)}, & \quad \epsilon R_{\alpha\beta}^{(1)} \simeq \mathcal{O}(h/\epsilon), \\ \epsilon^2 R_{\alpha\beta\gamma\delta}^{(2)}, & \quad \epsilon^2 R_{\alpha\beta}^{(2)} \simeq \mathcal{O}(h^2). \end{aligned} \quad (2.18)$$

To write down the Einstein field equations, let us first note that

$$(\nabla_\alpha \nabla_\beta - \nabla_\beta \nabla_\alpha) \chi_{\gamma\delta} = -R^\sigma_{\gamma\alpha\beta} \chi_{\sigma\delta} - R^\sigma_{\delta\alpha\beta} \chi_{\gamma\sigma}. \quad (2.19)$$

Then, we find that in terms of $\chi_{\mu\nu}$, $R_{\alpha\beta}^{(1)}$ is given by

$$\begin{aligned} R_{\alpha\beta}^{(1)} &= \frac{1}{2} (2R_{\gamma\alpha\beta\sigma}^{(0)} \chi^{\gamma\sigma} + R_\alpha^{\sigma(0)} \chi_{\beta\sigma} + R_\beta^{\sigma(0)} \chi_{\alpha\sigma} \\ &\quad + \nabla_\alpha \nabla^\delta \chi_{\beta\delta} + \nabla_\beta \nabla^\delta \chi_{\alpha\delta}) \\ &\quad - \frac{1}{2} \square \chi_{\alpha\beta} + \frac{1}{4} \gamma_{\alpha\beta} \square \chi, \end{aligned} \quad (2.20)$$

where $\square \chi_{\alpha\beta} \equiv \gamma^{\mu\nu} \chi_{\alpha\beta;\mu\nu}$, and

$$\chi_{\mu\nu} \equiv h_{\mu\nu} - \frac{1}{2} \gamma_{\mu\nu} h, \quad \chi \equiv \gamma^{\mu\nu} \chi_{\mu\nu} = -h. \quad (2.21)$$

It should be noted that in [57] Isaacson considered the vacuum case, for which we have $R_{\alpha\beta}^{(1)} = 0$, that is,

$$\begin{aligned} \square \chi_{\alpha\beta} - \frac{1}{2} \gamma_{\alpha\beta} \square \chi - \nabla_\alpha \nabla^\delta \chi_{\beta\delta} - \nabla_\beta \nabla^\delta \chi_{\alpha\delta} \\ + 2R_{\alpha\gamma\beta\sigma}^{(0)} \chi^{\gamma\sigma} - R_\alpha^{\sigma(0)} \chi_{\beta\sigma} - R_\beta^{\sigma(0)} \chi_{\alpha\sigma} = 0, \end{aligned} \quad (2.22)$$

which is precisely Eq. (5.7) of [57], after the difference between the conventions used here and the ones used in [57] is taken into account.

However, in the present paper we consider the propagation of GWs through the inhomogeneous universe, which has nonzero Riemann and Ricci tensors. So, we expect that the corresponding Einstein field equations for $h_{\mu\nu}$ are different from Eq. (2.22). To see this, we first note that

$$\begin{aligned} g^{\mu\nu} &= \gamma^{\mu\nu} - \epsilon h^{\mu\nu} + \epsilon^2 h_\alpha^\mu h^{\alpha\nu} + \mathcal{O}(\epsilon^3), \\ R &\equiv g^{\mu\nu} R_{\mu\nu} = R^{(0)} + \epsilon R^{(1)} + \epsilon^2 R^{(2)} + \mathcal{O}(\epsilon^3), \end{aligned} \quad (2.23)$$

where

$$\begin{aligned} R^{(0)} &\equiv \gamma^{\mu\nu} R_{\mu\nu}^{(0)}, \\ R^{(1)} &\equiv \gamma^{\mu\nu} R_{\mu\nu}^{(1)} - h^{\mu\nu} R_{\mu\nu}^{(0)}, \\ &= \nabla^\alpha \nabla^\beta \chi_{\alpha\beta} - \chi^{\alpha\beta} R_{\alpha\beta}^{(0)} + \frac{1}{2} (\square + R^{(0)}) \chi, \\ R^{(2)} &\equiv \gamma^{\mu\nu} R_{\mu\nu}^{(2)} - h^{\mu\nu} R_{\mu\nu}^{(1)} + h_\alpha^\mu h^{\alpha\nu} R_{\mu\nu}^{(0)}. \end{aligned} \quad (2.24)$$

Inserting Eqs. (2.8) and (2.23) into the Einstein field equations, we find that

$$\begin{aligned} R_{\mu\nu}^{(0)} - \frac{1}{2} \gamma_{\mu\nu} R^{(0)} + \epsilon \left[R_{\mu\nu}^{(1)} - \frac{1}{2} (\gamma_{\mu\nu} R^{(1)} + h_{\mu\nu} R^{(0)}) \right] \\ + \epsilon^2 \left[R_{\mu\nu}^{(2)} - \frac{1}{2} (\gamma_{\mu\nu} R^{(2)} + h_{\mu\nu} R^{(1)}) \right] + \mathcal{O}(\epsilon^3) \\ = \kappa (T_{\mu\nu}^{(0)} + \epsilon \mathcal{T}_{\mu\nu}), \end{aligned} \quad (2.25)$$

where $T_{\mu\nu}^{(0)}$ denotes the energy-momentum tensor that produces the background, while $\mathcal{T}_{\mu\nu}$ denotes the astrophysical source that produces the GWs.

D. Separation of GWs from background

To separate GWs produced by astrophysical sources from the inhomogeneous background, we can average the field equations over a length scale ℓ , which is much larger than the typical wavelength of the GWs but much smaller than L_c ,

$$\lambda \ll \ell \ll L_c. \quad (2.26)$$

Then, this process will extract the slowly varying background from GWs, as the latter will vanish when averaging over such a scale. In particular, we have

$$\begin{aligned} \langle \gamma_{\mu\nu} \rangle &= \gamma_{\mu\nu}, & \langle R_{\mu\nu\alpha\beta}^{(0)} \rangle &= R_{\mu\nu\alpha\beta}^{(0)}, \\ \langle R_{\mu\nu}^{(0)} \rangle &= R_{\mu\nu}^{(0)}, & \langle T_{\mu\nu}^{(0)} \rangle &= T_{\mu\nu}^{(0)}, \end{aligned} \quad (2.27)$$

$$\langle h_{\mu\nu} \rangle = \langle R_{\mu\nu}^{(1)} \rangle = \langle R^{(1)} \rangle = 0, \quad (2.28)$$

$$\begin{aligned} \langle R_{\mu\nu}^{(2)} \rangle &= \langle R_{\mu\nu}^{(2)} \rangle_\ell, & \langle R^{(2)} \rangle &= \langle R^{(2)} \rangle_\ell, \\ \langle h_{\mu\nu} R^{(1)} \rangle &= \langle h_{\mu\nu} R^{(1)} \rangle_\ell, & \langle \mathcal{T}_{\mu\nu} \rangle &= \langle \mathcal{T}_{\mu\nu} \rangle_\ell. \end{aligned} \quad (2.29)$$

Note that quadratic terms of $h_{\mu\nu}$ may survive such an averaging process, if two modes are almost equal but with different signs, although each of them represents a high frequency mode. For example, for $h_{\mu\nu} \propto e^{i\omega_1 x}$ and $h_{\alpha\beta} \propto e^{-i\omega_2 x}$, we have $h_{\mu\nu} h_{\alpha\beta} \propto e^{i\omega_{12} x}$, where $\omega_{12} \equiv \omega_1 - \omega_2$. Thus, although $\omega_1, \omega_2 \gg 1$, we can have $\omega_{12} \ll 1$, if $\omega_1 \simeq \omega_2$. Therefore, due to the nonlinear interactions among different modes, low frequency modes can be produced, which will survive with such averaging processes. If we are only interested in the linearized Einstein field equations of

$h_{\mu\nu}$, such modes must be taken care of properly. With this in mind, taking the average of Eq. (2.25) we find that

$$R_{\mu\nu}^{(0)} - \frac{1}{2}\gamma_{\mu\nu}R^{(0)} + \epsilon^2 \langle G_{\mu\nu}^{(2)} \rangle_{\ell} = \kappa(T_{\mu\nu}^{(0)} + \epsilon \langle T_{\mu\nu} \rangle_{\ell}), \quad (2.30)$$

where

$$G_{\mu\nu}^{(2)} \equiv R_{\mu\nu}^{(2)} - \frac{1}{2}(\gamma_{\mu\nu}R^{(2)} + h_{\mu\nu}R^{(1)}), \quad (2.31)$$

which is a quadratic function of $h_{\mu\nu}$. Then, substituting Eqs. (2.30) and (2.31) back into Eq. (2.25), we find that the high-frequency part takes the form

$$R_{\mu\nu}^{(1)} - \frac{1}{2}(\gamma_{\mu\nu}R^{(1)} + h_{\mu\nu}R^{(0)}) + \epsilon \langle G_{\mu\nu}^{(2)} \rangle^{\text{high}} = \kappa \langle T_{\mu\nu} \rangle^{\text{high}}, \quad (2.32)$$

where

$$\begin{aligned} \langle G_{\mu\nu}^{(2)} \rangle^{\text{high}} &\equiv G_{\mu\nu}^{(2)} - \langle G_{\mu\nu}^{(2)} \rangle_{\ell}, \\ \langle T_{\mu\nu} \rangle^{\text{high}} &\equiv T_{\mu\nu} - \langle T_{\mu\nu} \rangle_{\ell}. \end{aligned} \quad (2.33)$$

On the other hand, from Eqs. (2.16)–(2.18) we find that

$$\begin{aligned} G_{\mu\nu}^{(0)} &\equiv R_{\mu\nu}^{(0)} - \frac{1}{2}\gamma_{\mu\nu}R^{(0)} \simeq \mathcal{O}(\hat{\gamma}/\epsilon_c), \\ \langle G_{\mu\nu}^{(2)} \rangle_{\ell} &\simeq \mathcal{O}(h^2/\epsilon^2), \quad T_{\mu\nu}^{(0)} \simeq \mathcal{O}(\hat{\gamma}/\epsilon_c). \end{aligned} \quad (2.34)$$

Note that, after introducing the cosmological perturbation scale L_c , the leading order of $G_{\mu\nu}^{(0)}$ becomes $G_{\mu\nu}^{(0)} \simeq \epsilon_c \hat{R}_{\mu\nu} \simeq \mathcal{O}(\hat{\gamma}/\epsilon_c)$, instead of L^{-2} [64]. The same is true for $T_{\mu\nu}^{(0)}$, as it can be seen from Appendix A. Then, from Eq. (2.30) we find that each term has the following order,

$$\mathcal{O}(\hat{\gamma}/\epsilon_c) + \mathcal{O}(h^2) = \mathcal{O}(\hat{\gamma}/\epsilon_c) + \epsilon \mathcal{O}(\langle T_{\mu\nu} \rangle_{\ell}). \quad (2.35)$$

Therefore, to have the backreaction of the GWs to the background be negligible, so that the background space-time $\gamma_{\mu\nu}$ is uniquely determined by $T_{\mu\nu}^{(0)}$, i.e.,

$$R_{\mu\nu}^{(0)} - \frac{1}{2}\gamma_{\mu\nu}R^{(0)} = \kappa T_{\mu\nu}^{(0)}, \quad (2.36)$$

we must assume that

$$h^2 \ll \frac{\hat{\gamma}}{\epsilon_c}, \quad (2.37)$$

$$\epsilon \cdot |\langle T_{\mu\nu} \rangle_{\ell}| \ll \frac{\hat{\gamma}}{\epsilon_c}. \quad (2.38)$$

In addition, from Eq. (2.32) we find that

$$\epsilon \langle G_{\mu\nu}^{(2)} \rangle^{\text{high}} \simeq \mathcal{O}(h^2/\epsilon). \quad (2.39)$$

Therefore, in order for the quadratic terms from $G_{\mu\nu}^{(2)}$ not to affect the linear terms of the leading orders h/ϵ^2 and h/ϵ^1 in Eq. (2.32), we must assume that

$$|h| \ll 1. \quad (2.40)$$

With the above conditions, we find that Eq. (2.32) can be written as

$$\begin{aligned} \square \chi_{\alpha\beta} + \gamma_{\alpha\beta} \nabla^{\gamma} \nabla^{\delta} \chi_{\gamma\delta} - \nabla_{\alpha} \nabla^{\delta} \chi_{\beta\delta} - \nabla_{\beta} \nabla^{\delta} \chi_{\alpha\delta} + 2R_{\alpha\gamma\beta\sigma}^{(0)} \chi^{\gamma\sigma} \\ = \kappa (\mathcal{F}_{\alpha\beta} - 2 \langle T_{\alpha\beta} \rangle^{\text{high}}), \end{aligned} \quad (2.41)$$

where

$$\begin{aligned} \mathcal{F}_{\alpha\beta} &\equiv \frac{1}{\kappa} \{ R^{\sigma}{}_{\alpha}{}^{(0)} \chi_{\beta\sigma} + R^{\sigma}{}_{\beta}{}^{(0)} \chi_{\alpha\sigma} - \chi_{\alpha\beta} R^{(0)} + \gamma_{\alpha\beta} \chi^{\gamma\delta} R_{\gamma\delta}^{(0)} \} \\ &= \chi_{\beta\delta} T^{\delta}{}_{\alpha}{}^{(0)} + \chi_{\alpha\delta} T^{\delta}{}_{\beta}{}^{(0)} + \gamma_{\alpha\beta} \chi^{\gamma\delta} T_{\gamma\delta}^{(0)} \\ &\quad - \frac{1}{2} \gamma_{\alpha\beta} \chi T^{(0)}. \end{aligned} \quad (2.42)$$

From the above derivations, we can see that the linearized Einstein field equations (2.41) are valid only to the two leading orders, ϵ^{-2} and ϵ^{-1} . For orders higher than them, these equations are not applicable. This is particularly true for the zeroth order of ϵ .

In addition, since $\epsilon_c^{-1} \ll \epsilon^{-1}$, we find that in Eq. (2.41) the terms

$$\mathcal{F}_{\alpha\beta}, \quad 2R_{\alpha\gamma\beta\sigma}^{(0)} \chi^{\gamma\sigma} \simeq \mathcal{O}(\hat{\gamma}h/\epsilon_c) \ll \mathcal{O}(h/\epsilon), \quad (2.43)$$

which can be also neglected, in comparing with terms that are orders of ϵ^{-2} or ϵ^{-1} . However, in order to compare our results with the ones obtained in [57–59], we shall keep them, and drop the corresponding terms only at the end of our calculations.

E. The inhomogeneous universe

In this subsection, we shall give a very brief introduction over the flat Friedmann–Lemaître–Robertson–Walker (FLRW) universe with its linear scalar and tensor perturbations, described by the metric (1.11). In terms of the conformal coordinates $x^{\mu} = (\eta, x^i)$, ($i = 1, 2, 3$), we have

$$\bar{\gamma}_{\mu\nu} = a^2(\eta)\eta_{\mu\nu}, \quad \bar{\gamma}^{\mu\nu} = a^{-2}(\eta)\eta^{\mu\nu}, \quad (2.44)$$

with $\eta_{\mu\nu} = \text{diag}(-1, +1, +1, +1)$. The coordinate η is related to the cosmic time via the relation, $\eta = \int \frac{dt}{a(t)}$.

Following the standard process, we decompose the linear perturbations $\hat{\gamma}_{\mu\nu}$ into scalar, vector, and tensor modes,

$$\hat{\gamma}_{\mu\nu} = a^2(\eta) \left(\begin{array}{c|c} -2\phi & \partial_i B - S_i \\ \hline \text{sym} & -2\psi\delta_{ij} + 2\partial_{ij}E + 2\partial_{(i}F_{j)} + H_{ij} \end{array} \right), \quad (2.45)$$

where

$$\partial^i S_i = \partial^i F_i = 0, \quad \partial^i H_{ij} = 0 = H_i^i, \quad (2.46)$$

with $\partial^i \equiv \delta^{ij}\partial_j$ and $H_i^j \equiv \delta^{ik}H_{kj}$. However, the vector mode will decay quickly with the expansion of the Universe, and can be safely neglected [95,96]. Then, using the gauge transformations, as shown explicitly in Appendix A, we can always set

$$B = E = 0, \quad (2.47)$$

in which the gauge is completely fixed. This is often referred to as the Newtonian gauge, under which the gauge-invariant quantities defined in Eq. (A11) become

$$\Phi = \phi, \quad \Psi = \psi, \quad (B = E = 0), \quad (2.48)$$

that is, in the Newtonian gauge, the potentials ϕ and ψ are equal to the gauge-invariant ones, Φ and Ψ . Therefore, with this gauge and ignoring the vector part, we have

$$\begin{aligned} \hat{\gamma}_{\mu\nu} &= a^2(\eta) \left(\begin{array}{c|c} -2\phi & 0 \\ \hline 0 & H_{ij} - 2\psi\delta_{ij} \end{array} \right), \\ \hat{\gamma}^{\mu\nu} &= a^{-2}(\eta) \left(\begin{array}{c|c} -2\phi & 0 \\ \hline 0 & H^{ij} - 2\psi\delta^{ij} \end{array} \right). \end{aligned} \quad (2.49)$$

In the rest of this paper, we shall restrict ourselves to this gauge.

III. LINEARIZED FIELD EQUATIONS FOR GWS IN AN INHOMOGENEOUS UNIVERSE

In this section, we shall consider the field equations for $\chi_{\mu\nu}$ given by Eq. (2.41) in the inhomogeneous cosmological background of Eq. (1.11) with the Newtonian gauge (2.47), by neglecting the vector perturbations, for which $\hat{\gamma}_{\mu\nu}$ and $\hat{\gamma}^{\mu\nu}$ are given by Eq. (2.49).

A. Gauge fixings for GWs

Before writing down these linearized field equations explicitly, let us first consider the gauge freedom for $\chi_{\mu\nu}$. At the end of the last section, we had considered the gauge transformations for the cosmological perturbations, and had already used the gauge freedom,

$$\tilde{x}^\mu = x^\mu + \epsilon_c \zeta^\mu, \quad (3.1)$$

to set $B = E = 0$ [cf. Eq. (2.47)], the so-called Newtonian gauge, as shown explicitly in Appendix A. These choices

completely fix the gauge freedom for the cosmological perturbations.

In this subsection, we shall consider another kind of gauge transformations for the GWs, given by

$$\check{x}^\alpha = x^\alpha + \epsilon \xi^\alpha, \quad (3.2)$$

where⁴

$$\xi_\alpha \simeq \mathcal{O}(\epsilon h), \quad \xi_{\alpha;\beta} \simeq \mathcal{O}(h), \quad \xi_{\alpha;\beta;\gamma} \simeq \mathcal{O}(h/\epsilon). \quad (3.3)$$

Since $\epsilon_c \gg \epsilon$, we can see that to the first order of ϵ_c , the background metric $\gamma_{\mu\nu}$ does not change under the coordinate transformations (3.2), that is,

$$\check{\gamma}_{\mu\nu} = \gamma_{\mu\nu} + \mathcal{O}(\epsilon_c^2), \quad (3.4)$$

a property that is required for the transformations (3.2) to be the gauge transformations only for the GWs. On the other hand, under the coordinate transformations (3.2), we have

$$\begin{aligned} \check{g}_{\mu\nu} &\equiv \check{\gamma}_{\mu\nu} + \epsilon \check{h}_{\mu\nu} + \mathcal{O}(\epsilon^2), \\ &= \gamma_{\mu\nu} + \epsilon(h_{\mu\nu} - \xi_{\mu;\nu} - \xi_{\nu;\mu}) + \mathcal{O}(\epsilon^2), \end{aligned} \quad (3.5)$$

that is,

$$\check{h}_{\mu\nu} = h_{\mu\nu} - 2\xi_{(\mu;\nu)}. \quad (3.6)$$

Hence, we find

$$\begin{aligned} \check{R}_{\alpha\beta\gamma\delta}^{(1)} - R_{\alpha\beta\gamma\delta}^{(1)} &= -\mathcal{L}_\xi R_{\alpha\beta\gamma\delta}^{(0)} = \mathcal{O}(h\hat{\gamma}/\epsilon_c), \\ \check{R}_{\alpha\beta}^{(1)} - R_{\alpha\beta}^{(1)} &= -\mathcal{L}_\xi R_{\alpha\beta}^{(0)} = \mathcal{O}(h\hat{\gamma}/\epsilon_c), \end{aligned} \quad (3.7)$$

as can be seen from Eqs. (2.16)–(2.18), and (3.3), where \mathcal{L}_ξ denotes the Lie derivative. Therefore, Eq. (2.41) is gauge invariant only up to $\mathcal{O}(h\hat{\gamma}/\epsilon_c)$. However, since $\epsilon_c^{-1} \ll \epsilon^{-1}$, terms that are of the order of ϵ^{-2} and ϵ^{-1} are still gauge invariant, while the ones of order of ϵ^0 are not. This is because in the scale λ the spacetime appears locally flat, and the curvature is locally gauge invariant. Thus, provided that the following conditions hold,

$$|h|, |\hat{\gamma}| \ll 1, \quad \epsilon \ll \epsilon_c \ll 1, \quad (3.8)$$

the GW produced by an astrophysical source can be considered as a high-frequency GW, and their low-frequency components are negligible, so that the local-flatness behavior carries over to the case in which the background is even curved.

⁴In writing down the leading order of ξ_α , we had set the slowly changing part that is of order one to zero, as it is irrelevant to the high frequency GWs considered here.

On the other hand, from the field equations (2.41) we can see that they will be considerably simplified, if we choose the Lorenz gauge,

$$\nabla^\nu \check{\chi}_{\mu\nu} = 0, \quad (3.9)$$

where

$$\begin{aligned} \check{\chi}_{\mu\nu} &\equiv \check{h}_{\mu\nu} - \frac{1}{2}\gamma_{\mu\nu}\check{h}, \\ &= \chi_{\mu\nu} - 2\nabla_{(\mu}\xi_{\nu)} + \gamma_{\mu\nu}\nabla_\lambda\xi^\lambda, \end{aligned} \quad (3.10)$$

as it can be seen from Eq. (3.6), where $\xi_\mu \equiv \gamma_{\mu\nu}\xi^\nu$. Then, we find that the Lorenz gauge (3.9) requires

$$\square\xi_\mu + R^{(0)\nu}{}_\mu\xi_\nu = \nabla^\nu\chi_{\mu\nu}. \quad (3.11)$$

Note that $R^{(0)\nu}{}_\mu\xi_\nu \simeq \mathcal{O}(h\hat{\gamma}\epsilon/\epsilon_c) \ll \mathcal{O}(h/\epsilon)$, so to the order of ϵ^{-1} it can be neglected. Clearly, for any given $\chi_{\mu\nu}$ (with some proper continuous conditions [97], which are normally assumed always to exist), the above equation in general has nontrivial solutions [57].

In addition, Eq. (3.11) does not completely fix the gauge. In fact, the gauge residual,

$$\check{\chi}^\alpha = \check{x}^\alpha + \epsilon\zeta^\alpha, \quad (3.12)$$

exists, for which the Lorenz gauge (3.9) still holds,

$$\nabla^\nu \check{\chi}_{\mu\nu} = 0, \quad (3.13)$$

as long as ζ^α satisfies the conditions

$$\square\zeta_\mu + R^{(0)\nu}{}_\mu\zeta_\nu = 0. \quad (3.14)$$

Again, in this equation, the term $R^{(0)\nu}{}_\mu\zeta_\nu \simeq \mathcal{O}(h\epsilon\hat{\gamma}/\epsilon_c)$ is negligible, in comparing with the one $\square\zeta_\mu \simeq \mathcal{O}(h/\epsilon)$.

An interesting question is this: can we use this gauge residual further to set

$$\check{\chi}_{0\mu} = 0? \quad (3.15)$$

To answer this question, we first note that, if this is the case, ζ_μ must satisfy the additional conditions,

$$\nabla_0\zeta_\nu + \nabla_\nu\zeta_0 - \gamma_{0\nu}\nabla_\alpha\zeta^\alpha = \check{\chi}_{0\nu}. \quad (3.16)$$

Clearly, for any given $\gamma_{\mu\nu}$ and $\check{\chi}_{\mu\nu}$ (again with certain regular conditions [97]), in general the above equation has solutions. However, we must remember that ζ_ν also needs to satisfy Eq. (3.14). To see if these conditions are consistent or not, let us take the covariant derivative ∇^μ in both sides of Eq. (3.16), which results in

$$\begin{aligned} \nabla_\nu\nabla_0\zeta^\nu + \square\zeta_0 - \nabla_0\nabla_\nu\zeta^\nu \\ = \square\zeta_0 + R^{(0)}{}_{0\alpha}\zeta^\alpha = 0 = \nabla^\nu\check{\chi}_{0\nu}. \end{aligned} \quad (3.17)$$

Therefore, we conclude that it is consistent to impose the Lorenz and spatial gauges simultaneously, even when the background is curved [57].

Finally, we note that the traceless condition

$$\chi = 0, \quad (3.18)$$

was also introduced in [57]. In fact, provided that the Lorenz gauge $\nabla^\nu\chi_{\mu\nu} = 0$ holds, from the field equations (2.41) we find

$$\square\chi + 2R_{\alpha\beta}{}^{(0)}\chi^{\alpha\beta} = \kappa\gamma^{\alpha\beta}(\mathcal{F}_{\alpha\beta} - 2\langle\mathcal{T}_{\alpha\beta}\rangle^{\text{high}}). \quad (3.19)$$

Note that the two terms \mathcal{F} and $2R_{\gamma\sigma}{}^{(0)}\chi^{\gamma\sigma}$ are order of $h\hat{\gamma}/\epsilon_c$, as shown above, and can be dropped in comparing with terms of the order h/ϵ . Therefore, far from the source ($\mathcal{T}_{\alpha\beta} = 0$), if the Lorenz gauge holds, one can also consistently impose the traceless gauge. Together with the Lorenz and spatial gauges, it leads to the well-known traceless-transverse gauge, frequently used when the background is Minkowski [91,98,99].

It should be noted that in curved backgrounds the above three different gauge conditions can be imposed simultaneously only for high frequency GWs, and are valid only up to the order of ϵ^{-1} [57]. In other situations, when imposing them, one must pay great cautions, as these constraints in general represent much more degrees than the four degrees of the gauge freedom that the general covariance normally allows.

B. Field equations for GWs

To write down explicitly the field equations (2.41) for $\chi_{\mu\nu}$, and to make our expressions as much applicable as possible, in Appendix A, we only impose the spatial gauge,

$$\chi_{0\mu} = 0, \quad (\mu = 0, 1, 2, 3), \quad (3.20)$$

and then calculate each term appearing in Eq. (2.41), before putting them together to finally obtain the explicit expressions for each component of the field equations. In particular, the nonvanishing components of $\mathcal{F}_{\alpha\beta}$ and $2R_{\gamma\alpha\beta}{}^{(0)}\chi^{\gamma\sigma}$ are given by Eqs. (B2) and (B6), while the ones of $\square\chi_{\alpha\beta}$ are given by Eqs. (B8) and (B9). The term $\gamma_{\alpha\beta}\nabla^\gamma\nabla^\delta\chi_{\gamma\delta}$ is given by Eqs. (B11) and (B12), while the one $\nabla_\alpha\nabla^\delta\chi_{\beta\delta}$ is given by Eq. (B14). Setting

$$\begin{aligned} \mathcal{G}_{\alpha\beta} &\equiv \square\chi_{\alpha\beta} + \gamma_{\alpha\beta}\nabla^\gamma\nabla^\delta\chi_{\gamma\delta} - \nabla_\alpha\nabla^\delta\chi_{\beta\delta} - \nabla_\beta\nabla^\delta\chi_{\alpha\delta} \\ &\quad + 2R_{\alpha\gamma\beta\sigma}{}^{(0)}\chi^{\gamma\sigma}, \end{aligned} \quad (3.21)$$

we find that the field equations (2.41) take the form

$$\mathcal{G}_{\alpha\beta} = \kappa(\mathcal{F}_{\alpha\beta} - 2\langle \mathcal{T}_{\alpha\beta} \rangle^{\text{high}}), \quad (3.22)$$

where the nonvanishing components of $\mathcal{G}_{\alpha\beta}$ are given by Eqs. (B16)–(B18).

IV. GEOMETRICAL OPTICS APPROXIMATION

To study the propagation of GWs in our inhomogeneous universe, let us first note that, when far away from the source that produces the GWs, we have $\mathcal{T}_{\mu\nu} = 0$. Then, Eq. (3.22) reduces to

$$\mathcal{G}_{\alpha\beta} = \kappa\mathcal{F}_{\alpha\beta}, \quad (\mathcal{T}_{\mu\nu} = 0). \quad (4.1)$$

Following Isaacson [57] and Laguna *et al.* [59], we consider the geometrical optics approximation, for which we have

$$\chi_{\alpha\beta} = \text{Re}(A_{\alpha\beta}e^{i\varphi/\epsilon}) = \text{Re}(e_{\alpha\beta}\mathcal{A}e^{i\varphi/\epsilon}), \quad (4.2)$$

where $e_{\alpha\beta}$ denotes the polarization tensor with

$$e^{\alpha\beta}e_{\alpha\beta}^* = 1, \quad (4.3)$$

and \mathcal{A} and φ are real and characterize, respectively, the amplitude and phase of the GWs with $e^{\alpha\beta} \equiv \gamma^{\alpha\mu}\gamma^{\beta\nu}e_{\mu\nu}$. Note that in writing the above expression we made the change, $\varphi_I \rightarrow \varphi/\epsilon$, by following Laguna *et al.* [59], where φ_I is the quantity used by Isaacson [57]. With this in mind, we can see that both the amplitude \mathcal{A} and the phase φ are slowly changing functions [57],

$$\partial_\alpha\varphi \simeq \mathcal{O}(1), \quad A^{\alpha\beta}{}_{;\gamma} \simeq \mathcal{O}(1). \quad (4.4)$$

With the gauge (3.20), we must set

$$A_{0\beta} = 0 = e_{0\beta}. \quad (4.5)$$

Moreover, as shown in the last section, in addition to the spatial gauge, we can consistently impose the Lorenz and traceless gauges,

$$\nabla^\nu\chi_{\mu\nu} = 0, \quad \chi = 0. \quad (4.6)$$

Then, from Eqs. (4.2) and (4.5) we find that the Lorenz gauge yields,

$$\nabla^\nu A_{\mu\nu} + \frac{i}{\epsilon}k^\nu A_{\mu\nu} = 0, \quad (4.7)$$

where $k_\alpha \equiv \nabla_\alpha\varphi$ and $k^\alpha \equiv \gamma^{\alpha\beta}k_\beta$. Considering Eq. (4.4) we find that, to the leading order (ϵ^{-1}), we have

$$k^\nu A_{\mu\nu} = 0 \Rightarrow k^\nu e_{\mu\nu} = 0. \quad (4.8)$$

Therefore, the propagation direction of the GW is orthogonal to its polarization plane spanned by the bivector $e_{\mu\nu}$.

Note that the first term in Eq. (4.7) is of the order ϵ^0 , and should be discarded. Otherwise, it will lead to inconsistent results, as mentioned above. Therefore, in the rest of this paper we shall ignore such terms without further notifications. See [57,59,64] for more details.

In addition, the traceless condition requires

$$\gamma^{\alpha\beta}e_{\alpha\beta} = 0. \quad (4.9)$$

Plugging Eq. (4.2) into Eq. (3.22) and considering Eq. (4.4) and the Lorenz gauge (4.6), we find that the field equations to the orders of ϵ^{-2} and ϵ^{-1} are given, respectively, by

$$\epsilon^{-2}: k^\mu k_\mu A_{\alpha\beta} = 0, \quad (4.10)$$

$$\epsilon^{-1}: k^\mu \nabla_\mu e_{\alpha\beta} + \left(k^\mu \nabla_\mu \ln \mathcal{A} + \frac{1}{2} \nabla_\mu k^\mu \right) e_{\alpha\beta} = 0. \quad (4.11)$$

Since $A_{\mu\nu} \neq 0$, from Eq. (4.10) we find

$$k^\lambda k_\lambda = 0. \quad (4.12)$$

Then, for such a null vector k^μ , we can always define a curve $x^\mu = x^\mu(\lambda)$ by setting

$$\frac{dx^\mu(\lambda)}{d\lambda} \equiv k^\mu, \quad (4.13)$$

where λ denotes the affine parameter along the curve. It is clear that such a defined curve is a null geodesics,

$$k^\lambda \nabla_\mu k_\lambda = k^\lambda \nabla_\lambda k_\mu = 0, \quad (4.14)$$

as now we have $\nabla_\mu k_\lambda = \nabla_\mu \nabla_\lambda \varphi = \nabla_\lambda \nabla_\mu \varphi = \nabla_\lambda k_\mu$, that is, GWs are always propagating along null geodesics in our inhomogeneous universe, even when both the cosmological scalar and tensor perturbations are all present, as long as the geometrical optics approximation are valid.

On the other hand, multiplying $e^{\alpha\beta}$ on both sides of Eq. (4.11) and taking Eq. (4.3) into account, we find that

$$\frac{d}{d\lambda} \ln \mathcal{A} + \frac{1}{2} \nabla_\mu k^\mu = 0, \quad (4.15)$$

where $d/d\lambda \equiv k^\nu \nabla_\nu$. Introducing the current $J^\mu \equiv \mathcal{A}^2 k^\mu$ of the gravitons moving along the null geodesics, the above equation can be written in the form

$$\nabla_\mu J^\mu = 0. \quad (4.16)$$

Therefore, the current of the gravitons moving along the null geodesics defined by k^μ is conserved, even when the primordial GWs (or cosmological tensor perturbations) are present ($H_{ij} \neq 0$).

Inserting Eq. (4.15) into Eq. (4.11), we find that

$$k^\mu \nabla_\mu e_{\alpha\beta} = 0. \quad (4.17)$$

Thus, the polarization bivector $e_{\alpha\beta}$ is still parallel transported along the null geodesics, even when the primordial GWs are present.

It should be to note that Eqs. (4.7)–(4.17) hold not only for the inhomogeneous universe but also for any curved background, as long as the geometrical optics approximation are applicable to the high frequency GWs. For more detail, see [71].

To study them further, we expand $\chi_{\mu\nu}$ in terms of ϵ_c as

$$\hat{\chi}_{\mu\nu} = \chi_{\mu\nu}^{(0)} + \epsilon_c \chi_{\mu\nu}^{(1)} + \mathcal{O}(\epsilon_c^2), \quad (4.18)$$

and then consider them order by order.

A. GWs propagating in homogeneous and isotropic background

To the zeroth order of ϵ_c , we have $\gamma_{\mu\nu} \simeq \tilde{\gamma}_{\mu\nu} = a^2 \eta_{\mu\nu}$, and

$$\chi_{\mu\nu} \simeq \chi_{\mu\nu}^{(0)} + \mathcal{O}(\epsilon_c), \quad (4.19)$$

where we had set

$$\chi_{\mu\nu}^{(0)} \equiv A_{\mu\nu}^{(0)} e^{i\varphi^{(0)}/\epsilon} = e_{\mu\nu}^{(0)} \mathcal{A}^{(0)} e^{i\varphi^{(0)}/\epsilon}. \quad (4.20)$$

Then, from Eqs. (4.16) and (4.17) we immediately obtain,

$$\bar{\nabla}_\nu (\mathcal{A}^{(0)2} k^{(0)\nu}) = 0, \quad (4.21)$$

$$\frac{d}{d\lambda} e_{ij}^{(0)} = 0, \quad (4.22)$$

where $k_\mu^{(0)} \equiv \bar{\nabla}_\mu \varphi^{(0)} = (\varphi^{(0)},_{,n}, \varphi^{(0)},_{,i})$, and $k^{(0)\mu} \equiv \tilde{\gamma}^{\mu\nu} k_\nu^{(0)}$.

B. Gravitational ISW effects

The derivation of the ISW effect in cosmology is based crucially on the fact that the electromagnetic radiation propagating along null geodesics in the inhomogeneous universe. Laguna *et al.* [59] took the advantage of the fact that GWs are also propagating along null geodesics and derived the gravitational ISW effect for GWs when only the cosmological scalar perturbations are present ($H_{ij} = 0$). In this subsection, we shall generalize their studies further to the case where both the cosmological scalar and tensor perturbations are present. As shown by Eq. (4.12), even when both of them are present, the GWs produced by astrophysical sources are still propagating along the null geodesics. Therefore, such a generalization is straightforward.

In particular, let us first introduce the conformal metric $\tilde{\gamma}_{\mu\nu}$ by

$$d\tilde{s}^2 = \tilde{\gamma}_{\mu\nu} dx^\mu dx^\nu \equiv a^{-2} \gamma_{\mu\nu} dx^\mu dx^\nu = -(1 + 2\epsilon_c \phi) d\eta^2 + [(1 - 2\epsilon_c \psi) \delta_{ij} + H_{ij}] dx^i dx^j. \quad (4.23)$$

Since $\gamma_{\mu\nu}$ and $\tilde{\gamma}_{\mu\nu}$ are related to each other by a conformal transformation, so the null geodesics $x^\mu(\lambda)$ in the $\gamma_{\mu\nu}$ spacetime is the same as $\tilde{x}^\mu(\tilde{\lambda})$ in the $\tilde{\gamma}_{\mu\nu}$ spacetime, where

$$d\lambda = a^2 d\tilde{\lambda}, \quad k^\mu = \frac{1}{a^2} \tilde{k}^\mu, \quad (4.24)$$

and $\tilde{\lambda}$ is the affine parameter of the null geodesics \tilde{x}^μ in the spacetime of $\tilde{\gamma}_{\mu\nu}$.

The advantage of working with the metric $\tilde{\gamma}_{\mu\nu}$ is that the zeroth-order spacetime now becomes the Minkowski spacetime, and the corresponding null geodesics are the straight lines, given by

$$\frac{d\tilde{x}^{(0)\mu}(\tilde{\lambda})}{d\tilde{\lambda}} \equiv \tilde{k}^{(0)\mu}. \quad (4.25)$$

Thus, to simplify our calculations, we shall work with $\tilde{\gamma}_{\mu\nu}$. In particular, to the zeroth order of ϵ_c , we have

$$\tilde{k}^{(0)\mu} = (1, -n^i), \quad (4.26)$$

where $\tilde{k}^{(0)i} \equiv -n^i$ represents the spatial direction of the GWs from the source propagating to the observer [cf. Fig. 1]. Then, from Eq. (4.21) we find,

$$\frac{d}{d\tilde{\lambda}} \ln(a\mathcal{A}^{(0)}) = -\frac{1}{2} \tilde{k}^{(0)\nu},_{,\nu} = 0, \quad (4.27)$$

which implies that the quantity defined by

$$\mathcal{Q} \equiv \mathcal{R}\mathcal{A}^{(0)} \quad (4.28)$$

is constant along the GW path, and will be determined by the local wave-zone source solution, where $\mathcal{R} \equiv ar$ denotes the physical distance between the observer and the

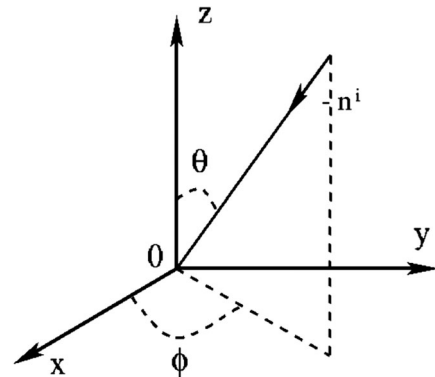


FIG. 1. A gravitational wave is propagating along the spatial direction $\tilde{k}^{(0)i} \equiv -n^i$ to the observer located at the origin.

source, while r denotes the comoving distance, given by $r \equiv \sqrt{(x_e - x_r)^2 + (y_e - y_r)^2 + (z_e - z_r)^2}$, where $x_e^i \equiv (x_e, y_e, z_e)$ and $x_r^i \equiv (x_r, y_r, z_r)$ are the spatial locations of the source and observer, respectively.

In the following, we shall set up the coordinates as follows [59]: the observer is located at the origin with its proper time denoted by τ and world line $x^\mu(\tau)$. Denoting the time to receive the GW by τ_r , this event will be recorded as $x^\mu(\tau) = (\tau_r, \vec{o})$. The emission time of the GW by an astrophysical source corresponds to the proper time τ_e of the observer with $x^\mu(\tau) = (\tau_e, \vec{o})$. Then, the GW will move along the null geodesics, described by $\tilde{x}^\mu(\tilde{\lambda}) = \tilde{x}^{(0)\mu}(\tilde{\lambda}) + \epsilon_c \tilde{x}^{(1)\mu}(\tilde{\lambda})$, which corresponds to the wave vector $\tilde{k}^\mu(\tilde{\lambda}) = \tilde{k}^{(0)\mu}(\tilde{\lambda}) + \epsilon_c \tilde{k}^{(1)\mu}(\tilde{\lambda})$, where $\tilde{x}^{(0)\mu}(\tilde{\lambda}) = (\tilde{\lambda}, (\tilde{\lambda}_r - \tilde{\lambda})n^i)$, and $\tilde{\lambda}_r$ is the moment when the GW arrives at the origin with $\tau(\tilde{\lambda}_r) = \tau_r$.

The effects of the scalar and tensor perturbations are manifested from the perturbations of the null geodesics. Considering the fact $\tilde{\Gamma}_{\nu\lambda}^{(0)\mu} = 0$ in the $\tilde{\gamma}_{\mu\nu}$ spacetime, we find that, to the first order of ϵ_c , $\tilde{k}^{(1)\mu}(\tilde{\lambda})$ is given by

$$\frac{d\tilde{k}^{(1)\mu}}{d\tilde{\lambda}} + \tilde{\Gamma}_{\alpha\beta}^{(1)\mu} \tilde{k}^{(0)\alpha} \tilde{k}^{(0)\beta} = 0, \quad (4.29)$$

where $\tilde{\Gamma}_{\alpha\beta}^{(1)\mu}$ denotes the Christoffel symbols of the first order of ϵ_c . As mentioned previously, for the scalar perturbations, we shall not assume that $\psi = \phi$, that is, the trace of the anisotropic stress of the Universe does not necessarily vanish, as shown by Eq. (A.15) in Appendix A. Then, for $\mu = 0$ we find that

$$\frac{d}{d\tilde{\lambda}} \tilde{k}^{(1)0} = \partial_\tau(\phi + \psi) - 2\frac{d\phi}{d\tilde{\lambda}} - \frac{1}{2}n^k n^l \partial_\tau H_{kl}, \quad (4.30)$$

where

$$\frac{d\Phi}{d\tilde{\lambda}} \equiv (\partial_\tau - n^i \partial_i)\Phi. \quad (4.31)$$

Thus, integrating Eq. (4.30) we find

$$\begin{aligned} \tilde{k}^{(1)0} &= -(\phi + \psi)|_{\tilde{\lambda}_e}^\lambda + \frac{1}{2}n^k n^l H_{kl}|_{\tilde{\lambda}_e}^\lambda \\ &\quad - 2\phi|_{\tilde{\lambda}_e}^\lambda + I_{\text{ISW}}^{(s)} - \frac{1}{2}I_{\text{ISW}}^{(t)}, \end{aligned} \quad (4.32)$$

where $I_{\text{ISW}}^{(s)}$ represents the gravitational ISW effect due to the cosmological scalar perturbations, and was first calculated in [59]. The new term $I_{\text{ISW}}^{(t)}$ is the gravitational integrated effect due to the cosmological tensor perturbations. They are given, respectively, by

$$I_{\text{ISW}}^{(s)} \equiv \int_{\tilde{\lambda}_e}^\lambda \partial_\tau(\phi + \psi)d\tilde{\lambda}', \quad (4.33)$$

$$I_{\text{ISW}}^{(t)} \equiv n^k n^l \int_{\tilde{\lambda}_e}^\lambda \partial_\tau H_{kl} d\tilde{\lambda}'. \quad (4.34)$$

On the other hand, the spatial components of the wave vector are given by

$$\begin{aligned} \frac{d}{d\tilde{\lambda}} \tilde{k}_\parallel^{(1)i} &= -n^i \left[\partial_\tau(\phi + \psi) + \frac{d}{d\tilde{\lambda}}(\phi - \psi) \right. \\ &\quad \left. - \frac{1}{2}n^k n^l \left(\frac{dH_{kl}}{d\tilde{\lambda}} + \partial_\tau H_{kl} \right) \right], \end{aligned} \quad (4.35)$$

$$\begin{aligned} \frac{d}{d\tilde{\lambda}} \tilde{k}_\perp^{(1)i} &= -\perp^{ij} \left[\partial_j(\phi + \psi) - n^k \frac{dH_{jk}}{d\tilde{\lambda}} \right. \\ &\quad \left. - \frac{1}{2}n^k n^l \partial_j H_{kl} \right], \end{aligned} \quad (4.36)$$

where we had set $\tilde{k}^{(1)i} = \tilde{k}_\parallel^{(1)i} + \tilde{k}_\perp^{(1)i}$, with the parallel component of the spatial wave vector being defined by $\tilde{k}_\parallel^{(1)i} = n^i n_j \tilde{k}^{(1)j}$, and the perpendicular component by $\tilde{k}_\perp^{(1)i} = \perp_j^i \tilde{k}^{(1)j}$. The projection operator \perp_j^i is defined by $\perp_j^i = \delta_j^i - n^i n_j$, with $n_i \equiv \delta_{ik} n^k$. After integrations, the above two equations yield

$$\begin{aligned} \tilde{k}_\parallel^{(1)i} &= -n^i \left[(\psi - \phi)|_{\tilde{\lambda}_e}^\lambda - \frac{1}{2}n^k n^l H_{kl}|_{\tilde{\lambda}_e}^\lambda \right. \\ &\quad \left. + I_{\text{ISW}}^{(s)} - \frac{1}{2}I_{\text{ISW}}^{(t)} \right], \end{aligned} \quad (4.37)$$

$$\begin{aligned} \tilde{k}_\perp^{(1)i} &= -\perp^{ij} \left[\int_{\tilde{\lambda}_e}^\lambda \partial_j(\phi + \psi)d\tilde{\lambda}' - n^k H_{jk}|_{\tilde{\lambda}_e}^\lambda \right. \\ &\quad \left. - \frac{1}{2}n^k n^l \int_{\tilde{\lambda}_e}^\lambda \partial_j H_{kl} d\tilde{\lambda}' \right]. \end{aligned} \quad (4.38)$$

The GW phase is then given by

$$\frac{d\varphi}{d\tilde{\lambda}} = \phi + \psi - \frac{1}{2}n^k n^l \int_{\tilde{\lambda}_e}^\lambda H_{kl} d\tilde{\lambda}', \quad (4.39)$$

which leads to

$$\begin{aligned} \delta\varphi &= \varphi - \varphi_e \\ &= \int_{\tilde{\lambda}_e}^\lambda (\phi + \psi)d\tilde{\lambda}' - \frac{1}{2}n^k n^l \int_{\tilde{\lambda}_e}^\lambda H_{kl} d\tilde{\lambda}'. \end{aligned} \quad (4.40)$$

The frequency of the GW is defined as $\omega = -u^\mu k_\mu$, where u^μ is the four velocity of the fluid of the Universe, given by Eqs. (A2)–(A4), from which we find that the ratio of receiving and emitting frequencies is given by

$$\frac{\omega_r}{\omega_e} = \frac{1 - \Upsilon}{1 + z}, \quad (4.41)$$

where $1 + z \equiv a_r/a_e$, and

$$\Upsilon \equiv \phi|_{\lambda_e}^{\lambda_r} + v^i n_i + \frac{1}{2} n^k n^l H_{kl}|_{\lambda_e}^{\lambda_r} - I_{\text{ISW}}^{(s)}|_{\lambda_r} + \frac{1}{2} I_{\text{ISW}}^{(t)}|_{\lambda_r}. \quad (4.42)$$

In addition, setting $\mathcal{A} = \mathcal{A}^{(0)}(1 + \xi)$, from Eq. (4.21) we find

$$-2 \frac{d\xi}{d\lambda} = \partial_\tau \tilde{k}^{(1)0} + \partial_i \tilde{k}_{\parallel}^{(1)i} + \partial_i \tilde{k}_{\perp}^{(1)i} + \tilde{\Gamma}_{\mu\nu}^{(1)\mu} \tilde{k}^{(0)\nu}, \quad (4.43)$$

where

$$\begin{aligned} \partial_\tau \tilde{k}^{(1)0} &= \partial_\tau \left(-2\phi + I_{\text{ISW}}^{(s)} - \frac{1}{2} I_{\text{ISW}}^{(t)} \right), \\ \partial_i \tilde{k}_{\parallel}^{(1)i} &= \frac{d}{d\lambda} (\psi - \phi + I_{\text{ISW}}^{(s)}) - \partial_\tau (\psi - \phi + I_{\text{ISW}}^{(s)}) \\ &\quad - \frac{1}{2} \frac{d}{d\lambda} (n^k n^l H_{kl} + I_{\text{ISW}}^{(t)}) \\ &\quad + \frac{1}{2} \partial_\tau (n^k n^l H_{kl} + I_{\text{ISW}}^{(t)}), \\ \partial_i \tilde{k}_{\perp}^{(1)i} &= -\perp^{ij} \left[\int_{\lambda_e}^{\lambda} \partial_i \partial_j (\phi + \psi) d\lambda' \right. \\ &\quad \left. - n^k \partial_i H_{kj} - \frac{1}{2} n^k n^l \int_{\lambda_e}^{\lambda} \partial_i \partial_j H_{kl} d\lambda' \right], \\ \tilde{\Gamma}_{\mu\nu}^{(1)\mu} \tilde{k}^{(0)\nu} &= \frac{d}{d\lambda} (\phi - 3\psi). \end{aligned} \quad (4.44)$$

Notice that in the last term, there are no contributions from the tensor perturbations. Collecting all of this together, Eq. (4.43) yields

$$\begin{aligned} -2 \frac{d\xi}{d\lambda} &= -\partial_\tau (\phi + \psi) + \frac{d}{d\lambda} (-2\psi + I_{\text{ISW}}^{(s)}) \\ &\quad - \perp^{ij} \int_{\lambda_e}^{\lambda} \partial_i \partial_j (\phi + \psi) d\lambda' \\ &\quad + \frac{1}{2} n^k n^l \partial_i H_{kl} - \frac{1}{2} \frac{d}{d\lambda} (n^k n^l H_{kl} + I_{\text{ISW}}^{(t)}) \\ &\quad + \perp^{ij} n^k \partial_i H_{jk} \\ &\quad + \frac{1}{2} \perp^{ij} n^k n^l \int_{\lambda_e}^{\lambda} \partial_i \partial_j H_{kl} d\lambda', \end{aligned} \quad (4.45)$$

which has the general solution

$$\begin{aligned} \xi &= -\psi|_{\lambda_e}^{\lambda} + \frac{1}{2} \perp^{ij} \int_{\lambda_e}^{\lambda} \int_{\lambda_e}^{\lambda'} \partial_i \partial_j (\phi + \psi) d\lambda' d\lambda'' \\ &\quad - \frac{1}{2} n^k \left[-\frac{1}{2} n^l H_{kl}|_{\lambda_e}^{\lambda} + \perp^{ij} \int_{\lambda_e}^{\lambda} \partial_i H_{jk} d\lambda' \right. \\ &\quad \left. + \frac{1}{2} \perp^{ij} n^l \int_{\lambda_e}^{\lambda} \int_{\lambda_e}^{\lambda'} \partial_i \partial_j H_{kl} d\lambda' d\lambda'' \right]. \end{aligned} \quad (4.46)$$

In terms of the gravitational tensorial ISW effect defined by Eq. (4.34), the above expression can be written in the form

$$\begin{aligned} \xi &= \left(\psi - \frac{1}{4} n^k n^l H_{kl} \right) \Big|_{\lambda_e}^{\lambda} + \frac{1}{2} I_{\text{ISW}}^{(t)} \\ &\quad - \frac{1}{4} \perp^{ij} \int_{\lambda_e}^{\lambda} \int_{\lambda_e}^{\lambda'} \partial_i \partial_j [n^k n^l H_{kl} - 2(\phi + \psi)] d\lambda'' d\lambda' \\ &\quad - \frac{1}{2} n^k \int_{\lambda_e}^{\lambda} \partial^l H_{kl} d\lambda'. \end{aligned} \quad (4.47)$$

Combining all of our results together, we are at the point to construct the gravitational waveform through Eq. (4.2), from which we find that

$$\begin{aligned} h_{\mu\nu} &= \chi_{\mu\nu} - \frac{1}{2} \chi \gamma_{\mu\nu} = e_{\mu\nu} \tilde{h}, \\ \tilde{h} &\equiv \mathcal{A} e^{i\varphi} = \frac{(1+z)\mathcal{Q}}{D_L} (1 + \xi) e^{i(\varphi_e + \delta\varphi)}, \end{aligned} \quad (4.48)$$

where $\delta\varphi$ and ξ are given, respectively, by Eqs. (4.40) and (4.47), and $D_L \equiv (1+z)\mathcal{R}$ is the luminosity distance. Note that in writing the expression for the response function \tilde{h} we had set $\epsilon = 1$.

For a binary system, we have [59,99]

$$\begin{aligned} \mathcal{Q} &= \mathcal{M}_e (\pi f_e \mathcal{M}_e)^{2/3}, \\ \varphi_e &= \varphi_c - (\pi f_e \mathcal{M}_e)^{-5/3}, \end{aligned} \quad (4.49)$$

where \mathcal{M}_e and f_e denote, respectively, the intrinsic chirp mass and frequency of the binary, and φ_c is the value of the phase at the merge, at which we have $f = \infty$. Therefore, the function \tilde{h} for a binary system can be cast in the form,

$$\tilde{h} = \frac{\mathcal{M}_r}{D_L} (\pi f_r \mathcal{M}_r)^{2/3} e^{i(\varphi_e + \delta\varphi)}, \quad (4.50)$$

where the modified luminosity distance D_L and the chirp mass \mathcal{M}_r measured by the observer are given, respectively, by

$$D_L \equiv \frac{d_L}{1 - \Upsilon - \xi}, \quad \mathcal{M}_r \equiv \left(\frac{1+z}{1 - \Upsilon} \right) \mathcal{M}_e, \quad (4.51)$$

where Υ is given by Eq. (4.42).

V. CONCLUSIONS

In this paper, we have systematically studied GWs, which are first produced by some remote compact astrophysical sources, and then propagate in our inhomogeneous universe through cosmic distances before arriving at the detectors. Such GWs will carry valuable information of both their sources and the cosmological expansion and inhomogeneities of the universe, whereby a completely

new window to explore our universe by using GWs is opened. As the third generation (3G) detectors, such as the space-based ones, LISA [18], TianQin [19], Taiji [20], DECIGO [21], and the ground-based ones, ET [50] and CE [51], are able to detect GWs emitted from such sources as far as at the redshift $z \simeq 100$ [52] (see also footnote 1), it is very important and timely to carry out such studies systematically. Such studies were already initiated some years ago [59,61,62] in the framework of Einstein's theory, and more recently in scalar-tensor theories [64–67].

In this paper, in order to characterize effectively such systems, we first introduced three scales, λ , L_c , and L , which represent, respectively, the typical wavelength of the GWs, the scale of the cosmological perturbations, and the size of our observable Universe. For GWs to be detected by the current and foreseeable (both ground- and space-based) detectors, in Sec. II we showed that the relation

$$\lambda \ll L_c \ll L, \quad (5.1)$$

is always true, that is, such GWs can be well approximated as high frequency GWs, for which the general formulas were already developed by Isaacson more than half century ago [57,58].

However, Isaacson considered only the case where the background is vacuum, while in [59,61,62] only the cosmological scalar perturbations were considered. In this paper, we considered the most general case in which the background also includes the cosmological tensor perturbations. The inclusion of the latter is important, as now one of the main goals of cosmological observations is the primordial GWs (the tensor perturbations) [68]. In the nonvacuum case (in Sec. II), we showed explicitly that the conditions

$$|h_{\mu\nu}| \ll 1, \quad \epsilon \ll \epsilon_c \ll 1 \quad (5.2)$$

must hold in order for the backreaction of the GWs to the background to be neglected and the linearized Einstein field equations given by Eq. (2.41) to hold, where the total metric of the spacetime is expanded as $g_{\mu\nu} = \gamma_{\mu\nu} + \epsilon h_{\mu\nu}$, with $\gamma_{\mu\nu} (\equiv \tilde{\gamma}_{\mu\nu} + \epsilon_c \hat{\gamma}_{\mu\nu})$ representing the background.

In Sec. III, we considered the gauge choices, and found that the three different gauge conditions, spatial, traceless, and Lorenz, given, respectively, by Eqs. (1.4)–(1.6), can be still imposed simultaneously, even when both the cosmological scalar and tensor perturbations are present, as long as the GWs can be approximated as the high-frequency GWs. However, by imposing only the spatial gauge (1.4), the linearized Einstein field equations (2.41) are explicitly given in Appendix B. If $\chi_{\mu\nu}$ is decomposed into two parts,

$$\chi_{\mu\nu} = \chi_{\mu\nu}^{(0)} + \epsilon_c \chi_{\mu\nu}^{(1)} + \mathcal{O}(\epsilon_c^2), \quad (5.3)$$

the field equations for $\chi_{\mu\nu}^{(1)}$ are given explicitly in Appendix C.

As an application of our general formulas, developed in Secs. II and III, in Sec. IV we studied the GWs by using the geometrical optics approximation,

$$\chi_{\alpha\beta} = e_{\alpha\beta} \mathcal{A} e^{i\varphi/\epsilon}, \quad (5.4)$$

where $e_{\alpha\beta}$ represents the polarization tensor, \mathcal{A} and φ denote, respectively, the amplitude and phase of the GWs. We showed explicitly that even when both the cosmological scalar and tensor perturbations are present, such GWs are still propagating along null geodesics, and the current of gravitons moving along the null geodesics is conserved, and the polarization tensor is parallel transported, i.e.,

$$k^\lambda \nabla_\lambda k^\mu = 0, \quad k^\lambda \nabla_\lambda e_{\alpha\beta} = 0, \quad \nabla^\lambda J_\lambda = 0, \quad (5.5)$$

where $k_\mu \equiv \nabla_\mu \varphi$, $J_\mu \equiv \mathcal{A}^2 k_\mu$. In fact, these are true for any curved background, provided that (1) the GWs can be considered as high-frequency GWs, and (2) the geometrical optics approximation are valid [71].

With these remarkable features, we calculated the effects of the cosmological scalar and tensor perturbations on the amplitude \mathcal{A} and phase φ , given by Eqs. (4.40), (4.47), and (4.48). Restricting to GWs produced by a binary system, the effects of the cosmological perturbations, both scalar and tensor, on the luminosity distance and the chirp mass are given explicitly by Eq. (4.51), which represent a natural generalization of the results obtained in [59,61,62] to the case in which the cosmological tensor perturbations are also present.

It should be noted that in cosmology the effects of the scalar and tensor perturbations of the homogeneous universe on the luminosity distances were studied in [100–102]. Since in the geometrical optics approximations both GWs and electromagnetic waves (EWs) are all moving along the null geodesics, the effects of the cosmological scalar perturbations on the luminosity distance of GWs carried out in [59] should be the same as that obtained in [100,101] for EWs, while the ones of the cosmological tensor perturbations carried out in this paper should be the same as that obtained in [102] for EWs. However, the calculations of the GW phase are new. This is mainly due to the fact that the detection of GWs depends not only their amplitudes but also their phases [91], while the phases of EWs in cosmology do not play a significant role [93].

The applications of our general formulas developed in this paper to other studies are immediate, including the gravitational analog of the electromagnetic Faraday rotations [89,90,103,104], and their detections by the space- and ground-based detectors. We wish to return to these important issues in other occasions soon.

It would be also very important to extend such studies to include the relations between the GWs and their

sources, high-order corrections to the geometrical optics approximations, and more interesting the non-high-frequency GWs.

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APPENDIX A: DECOMPOSITIONS OF COSMOLOGICAL PERTURBATIONS AND GAUGE CHOICE

Following [95,96], the linear perturbations $\hat{\gamma}_{\mu\nu}$ can be decomposed into scalar, vector, and tensor modes, and given explicitly by Eq. (2.45).

The energy-momentum tensor $T_{\mu\nu}^{(0)}$ of a fluid takes the form [95]

$$T_{\nu}^{\mu(0)} = (\rho + p)u^{\mu}u_{\nu} + p\delta_{\nu}^{\mu} + \pi_{\nu}^{\mu}, \quad (\text{A1})$$

where u^{μ} is the four velocity of the fluid, ρ and p are its energy density and isotropic pressure, respectively, and π_{ν}^{μ} is the anisotropic stress tensor, which has only spatial components, i.e., $\pi_0^{\mu} = 0$. Setting

$$\rho = \bar{\rho} + \epsilon_c \delta\rho, \quad p = \bar{p} + \epsilon_c \delta p, \quad u^{\mu} = \bar{u}^{\mu} + \epsilon_c \delta u^{\mu}, \quad (\text{A2})$$

where $\bar{u}^{\mu} = a^{-1}\delta_{\eta}^{\mu}$ is the four velocity of the fluid of the homogenous and isotropic universe, and $\bar{\rho}$ and \bar{p} are its energy density and isotropic pressure, respectively, we find that δu^{μ} can be decomposed as

$$\delta u^{\mu} = \frac{1}{a}(-\phi, \partial^i v + v^i), \quad (\text{A3})$$

where $\partial_i v^i = 0$. Then, from $u_{\mu} \equiv \gamma_{\mu\nu}u^{\nu} = \bar{u}_{\mu} + \epsilon_c \delta u_{\mu}$, we find that

$$\delta u_{\mu} = a(-\phi, \partial_i v + \partial_i B + v_i - S_i), \quad (\text{A4})$$

which leads to $u^{\mu}u_{\mu} = -1 + \mathcal{O}(\epsilon_c^2)$, as expected.

On the other hand, setting $\pi_i^j = \epsilon_c \hat{\pi}_i^j$, similar to $\hat{\gamma}_{\mu\nu}$, the anisotropic stress tensor $\hat{\pi}_i^j$ can be decomposed into scalar, vector, and tensor modes,

$$\hat{\pi}_i^j = \left(\partial^j \partial_i - \frac{1}{3} \delta_i^j \partial^2 \right) \Pi + \frac{1}{2} (\partial_i \Pi^j + \partial^j \Pi_i) + \Pi_i^j, \quad (\text{A5})$$

where $\partial_i \Pi^i = 0 = \Pi_i^i$, $\partial_j \Pi_i^j = 0$, $\Pi^i \equiv \delta^{ik} \Pi_k$, $\Pi_i^j \equiv \delta^{ik} \Pi_{kj}$, $\partial^2 \equiv \partial^i \partial_i$, etc. Then, we find that

$$\begin{aligned} T_0^{(0)} &= -\bar{\rho} - \epsilon_c \delta\rho, \\ T_i^{(0)} &= \epsilon_c (\bar{\rho} + \bar{p}) [\partial_i (v + B) + v_i - S_i], \\ T_0^{(0)} &= -\epsilon_c (\bar{\rho} + \bar{p}) (\partial^i v + v^i), \\ T_j^{(0)} &= \bar{p} \delta_j^i + \epsilon_c (\delta p \delta_j^i + \hat{\pi}_j^i). \end{aligned} \quad (\text{A6})$$

1. Gauge transformations of cosmological perturbations

Considering the gauge transformations,

$$\tilde{\eta} = \eta + \epsilon_c \zeta^0, \quad \tilde{x}^i = x^i + \epsilon_c (\partial^i \zeta + \zeta^i), \quad (\text{A7})$$

where $\partial_i \zeta^i = 0$, we find that

$$\begin{aligned} \tilde{\phi} &= \phi - \mathcal{H} \zeta^0 - \zeta^{0'}, & \tilde{\psi} &= \psi + \mathcal{H} \zeta^0, \\ \tilde{B} &= B + \zeta^0 - \zeta', & \tilde{E} &= E - \zeta, \\ \tilde{\delta\rho} &= \delta\rho - \zeta^0 \bar{\rho}', & \tilde{\delta p} &= \delta p - \zeta^0 \bar{p}', \\ \tilde{v} &= v + \zeta', \end{aligned} \quad (\text{A8})$$

$$\tilde{F}_i = F_i - \zeta_i, \quad \tilde{S}_i = S_i + \zeta_i', \quad \tilde{v}^i = v^i + \zeta^{i'}, \quad (\text{A9})$$

$$\tilde{H}_{ij} = H_{ij}, \quad \tilde{\pi}_j^i = \pi_j^i, \quad (\text{A10})$$

where $\mathcal{H} \equiv a'/a$ with $a' \equiv da/d\eta$. From the above gauge transformations we can see that the following quantities are gauge invariant,

$$\begin{aligned} \Phi &\equiv \phi + \mathcal{H}(B - E') + (B - E)', \\ \Psi &\equiv \psi - \mathcal{H}(B - E'), \\ \Phi_i &\equiv S_i + F_i'. \end{aligned} \quad (\text{A11})$$

On the other hand, if we choose $\zeta = E$, $\zeta^0 = E' - B$, and $\zeta_i = F_i$, we have

$$\tilde{B} = \tilde{E} = 0, \quad \tilde{F}_i = 0, \quad (\text{A12})$$

in which the gauge is completely fixed. This is often referred to as the Newtonian gauge. Then, we are left with

six scalars ($\phi, \psi, v, \delta\rho, \delta p, \Pi$), two vectors (S_i, v_i), and two tensors (H_{ij}, Π_{ij}). However, the vector part decreases rapidly with the expansion of the Universe, so we can safely set them to zero [95,96],

$$S_i = F_i = v_i = \Pi_i = 0. \quad (\text{A13})$$

Then, for the scalar perturbations, there are six independent equations, given, respectively, by [95]

$$\begin{aligned} \psi'' + 2\mathcal{H}\psi' + \mathcal{H}\phi' + (2\mathcal{H}' + \mathcal{H}^2)\phi \\ = 4\pi G a^2 \left(\delta p + \frac{2}{3} \nabla^2 \Pi \right), \end{aligned} \quad (\text{A14})$$

$$\psi - \phi = 8\pi G a^2 \Pi, \quad (\text{A15})$$

$$3\mathcal{H}(\psi' + \mathcal{H}\phi) - \nabla^2 \psi = -4\pi G a^2 \delta\rho, \quad (\text{A16})$$

$$\psi' + \mathcal{H}\phi = -4\pi G a^2 (\bar{\rho} + \bar{p})v, \quad (\text{A17})$$

$$\delta\rho' + 3\mathcal{H}(\delta\rho + \delta p) = (\bar{\rho} + \bar{p})(3\psi' - \nabla^2 v), \quad (\text{A18})$$

$$[(\bar{\rho} + \bar{p})v]' + \delta p + \frac{2}{3} \nabla^2 \Pi = -(\bar{\rho} + \bar{p})(\phi + 4\mathcal{H}v). \quad (\text{A19})$$

Note that Eqs. (A14) and (A15) are obtained from the linearized (i, j) components of the Einstein field equations, and Eqs. (A16) and (A17) are the energy and momentum constraints, while Eqs. (A18) and (A19) are obtained from the conservation of the energy-momentum tensor.

For the tensor perturbations, we have

$$H_{ij}'' + 2\mathcal{H}H_{ij}' - \nabla^2 H_{ij} = 16\pi G a^2 \Pi_{ij}, \quad (\text{A20})$$

which is obtained from the equations $\delta G^{(0)i}_j = \kappa \delta T^{(0)i}_j$.

It must be noted that in writing the linearized field equations, (A14)–(A20), we had implicitly assumed that the quadratic terms $\epsilon_c^2 \hat{R}_{\mu\nu}^{(2)}(\hat{\gamma}) \simeq \mathcal{O}(\hat{\gamma}^2) \ll 1$, which is equivalent to

$$\hat{\gamma} \ll 1, \quad (\text{A21})$$

where $\hat{R}_{\mu\nu}^{(2)}(\hat{\gamma})$ is given by Eq. (2.11) with the replacement $(h_{\mu\nu}, \nabla_\alpha) \rightarrow (\hat{\gamma}_{\mu\nu}, \bar{\nabla}_\alpha)$. Otherwise, these quadratic terms cannot be neglected from the Einstein field equations for the background spacetimes,

$$\bar{G}_{\mu\nu}(\bar{\gamma}) + \epsilon_c \hat{G}_{\mu\nu}(\hat{\gamma}) + \epsilon_c^2 \hat{G}_{\mu\nu}^{(2)}(\hat{\gamma}) = \kappa T_{\mu\nu}^{(0)}, \quad (\text{A22})$$

where

$$\begin{aligned} \bar{G}_{\mu\nu}(\bar{\gamma}) \simeq \mathcal{O}(1), \quad \epsilon_c \hat{G}_{\mu\nu}(\hat{\gamma}) \simeq \mathcal{O}(\hat{\gamma}/\epsilon_c), \\ \epsilon_c^2 \hat{G}_{\mu\nu}^{(2)}(\hat{\gamma}) \simeq \mathcal{O}(\hat{\gamma}^2), \end{aligned} \quad (\text{A23})$$

as can be seen from Eq. (2.17).

APPENDIX B: FIELD EQUATIONS FOR χ_{ij}

In this Appendix, we shall calculate all the components of the quantities appearing in the field equations (3.22) for $\chi_{\alpha\beta}$, by imposing only the spatial gauge

$$\chi_{0\mu} = 0.$$

In particular, to calculate the nonvanishing components of the tensor $\mathcal{G}_{\alpha\beta}$, we first note that

$$\begin{aligned} \chi^{ij} &\equiv \gamma^{i\mu} \gamma^{j\nu} \chi_{\mu\nu} = \gamma^{ik} \gamma^{jl} \chi_{kl} = \frac{1}{a^2} \{ \delta^{ik} \delta^{jl} + \epsilon_c [4\psi \delta^{ik} \delta^{jl} - (\delta^{ik} H^{jl} + \delta^{jl} H^{ik})] \} \hat{\chi}_{kl}, \\ \gamma_{ij} \chi^{ij} &= \hat{\chi} + \epsilon_c (2\psi \hat{\chi} - H^{kl} \hat{\chi}_{kl}), \quad \chi \equiv \gamma^{\mu\nu} \chi_{\mu\nu} = \gamma^{ij} \chi_{ij} = \gamma_{ij} \chi^{ij}, \\ \gamma_{ij} \chi^{ik} \hat{\pi}_k^j &= [\hat{\pi}^{kl} + \epsilon_c (2\psi \hat{\pi}^{kl} - \hat{\pi}_m^k H^{ml})] \hat{\chi}_{kl}, \\ \chi^{\gamma\sigma} T_{\gamma\sigma}^{(0)} - \frac{1}{2} \chi T^{(0)} &= \frac{1}{2} (\bar{\rho} - \bar{p}) \hat{\chi} + \frac{1}{2} \epsilon_c [(\bar{\rho} - \bar{p})(2\psi \hat{\chi} - H^{kl} \hat{\chi}_{kl}) + (\delta\rho - \delta p) \hat{\chi} + 2\hat{\pi}^{kl} \hat{\chi}_{kl}], \end{aligned} \quad (\text{B1})$$

where $\hat{\chi} \equiv \delta^{ij} \hat{\chi}_{ij}$, $\chi_{ij} \equiv a^2 \hat{\chi}_{ij}$, $\hat{\pi}_{ij} \equiv \delta_{ik} \hat{\pi}_j^k$, etc. Then, from Eq. (2.42) we find that

$$\begin{aligned} \mathcal{F}_{00} &= -\frac{a^2}{2} \{ (\bar{\rho} - \bar{p}) \hat{\chi} + \epsilon_c [(\bar{\rho} - \bar{p})(2(\psi + \phi) \hat{\chi} - H^{kl} \hat{\chi}_{kl}) + (\delta\rho - \delta p) \hat{\chi} + 2\hat{\pi}^{kl} \hat{\chi}_{kl}] \}, \\ \mathcal{F}_{0i} &= -a^2 \epsilon_c (\bar{\rho} + \bar{p}) \hat{\chi}_{ik} \partial^k v, \\ \mathcal{F}_{ij} &= \frac{1}{2} a^2 [4\bar{p} \hat{\chi}_{ij} + (\bar{\rho} - \bar{p}) \hat{\chi} \delta_{ij}] + \frac{1}{2} a^2 \epsilon_c \{ [4\delta p \hat{\chi}_{ij} + (\delta\rho - \delta p) \hat{\chi} \delta_{ij}] + (\bar{\rho} - \bar{p}) (\hat{\chi} H_{ij} - H^{kl} \hat{\chi}_{kl} \delta_{ij}) \\ &\quad + 2(\hat{\pi}_i^k \hat{\chi}_{jk} + \hat{\pi}_j^k \hat{\chi}_{ik} + \hat{\pi}^{kl} \hat{\chi}_{kl} \delta_{ij}) \}. \end{aligned} \quad (\text{B2})$$

In addition, the nonvanishing (independent) components of the Riemann tensor,

$$R_{\mu\nu\alpha\beta}^{(0)} = \bar{R}_{\mu\nu\alpha\beta} + \epsilon_c \hat{R}_{\mu\nu\alpha\beta}, \quad (\text{B3})$$

are given, respectively, by

$$\bar{R}_{0i0j} = a^2 \left(\mathcal{H}^2 - \frac{a''}{a} \right) \delta_{ij}, \quad \bar{R}_{minj} = a^2 \mathcal{H}^2 (\delta_{ij} \delta_{mn} - \delta_{in} \delta_{mj}), \quad (\text{B4})$$

and

$$\begin{aligned} \hat{R}_{0i0j} &= a^2 \left\{ \phi_{,ij} + \mathcal{H} \phi' \delta_{ij} + \left[(\psi'' + \mathcal{H} \psi') + 2 \left(\frac{a''}{a} - \mathcal{H}^2 \right) \psi \right] \delta_{ij} - \frac{1}{2} \left[(H_{ij}'' + \mathcal{H} H_{ij}') + 2 \left(\frac{a''}{a} - \mathcal{H}^2 \right) H_{ij} \right] \right\}, \\ \hat{R}_{0ijk} &= a^2 \left[\mathcal{H} (\phi_{,j} \delta_{ik} - \phi_{,k} \delta_{ij}) + (\psi'_{,j} \delta_{ik} - \psi'_{,k} \delta_{ij}) + \frac{1}{2} (H'_{ij,k} - H'_{ik,j}) \right], \\ \hat{R}_{ijkl} &= -2a^2 \mathcal{H}^2 \phi (\delta_{ik} \delta_{jl} - \delta_{il} \delta_{jk}) - a^2 [(\delta_{jk} \psi_{,il} + \delta_{il} \psi_{,jk} - \delta_{ik} \psi_{,jl} - \delta_{jl} \psi_{,ik}) + 2\mathcal{H}(\psi' + 2\mathcal{H}\psi) (\delta_{ik} \delta_{jl} - \delta_{il} \delta_{jk})] \\ &\quad + \frac{1}{2} a^2 \{ (H_{jk,il} + H_{il,jk} - H_{ik,jl} - H_{jl,ik}) - \mathcal{H} [\delta_{il} (H'_{jk} + 2\mathcal{H} H_{jk}) + \delta_{jk} (H'_{il} + 2\mathcal{H} H_{il}) \\ &\quad - \delta_{jl} (H'_{ik} + 2\mathcal{H} H_{ik}) - \delta_{ik} (H'_{jl} + 2\mathcal{H} H_{jl})] \}. \end{aligned} \quad (\text{B5})$$

Hence, we find that

$$\begin{aligned} 2R_{0i0j}^{(0)} \chi^{ij} &= 2 \left(\frac{a''}{a} - \mathcal{H}^2 \right) \hat{\chi} + \epsilon_c \left\{ 2(\partial^i \partial^j \phi) \hat{\chi}_{ij} + 2\mathcal{H} \phi' \hat{\chi} + 2(\psi'' + \mathcal{H} \psi') \hat{\chi} - 4 \left(\frac{a''}{a} - \mathcal{H}^2 \right) \psi \hat{\chi} \right. \\ &\quad \left. - (H^{ij''} + \mathcal{H} H^{ij'}) \hat{\chi}_{ij} + 2 \left(\frac{a''}{a} - \mathcal{H}^2 \right) H^{ij} \hat{\chi}_{ij} \right\}, \\ 2R_{0jik}^{(0)} \chi^{jk} &= 2\epsilon_c \left\{ \mathcal{H} [(\partial_i \phi) \hat{\chi} - (\partial^k \phi) \hat{\chi}_{ik}] + (\partial_i \psi') \hat{\chi} - (\partial^k \psi') \hat{\chi}_{ik} + \frac{1}{2} [(\partial^k H_i'^{j'}) - (\partial_i H^{jk'})] \hat{\chi}_{jk} \right\}, \\ 2R_{ikjl}^{(0)} \chi^{kl} &= 2\mathcal{H}^2 (\delta_{ij} \hat{\chi} - \hat{\chi}_{ij}) + \epsilon_c \{ 4\mathcal{H}^2 \phi (\hat{\chi}_{ij} - \hat{\chi} \delta_{ij}) + 4\mathcal{H} \psi' (\hat{\chi}_{ij} - \hat{\chi} \delta_{ij}) \\ &\quad + 2[(\partial_i \partial_j \psi) \hat{\chi} + (\partial^k \partial^l \psi) \hat{\chi}_{kl} \delta_{ij} - (\partial^k \partial_i \psi) \hat{\chi}_{jk} - (\partial^k \partial_j \psi) \hat{\chi}_{ik}] \\ &\quad - 2\mathcal{H}^2 H^{kl} \hat{\chi}_{kl} \delta_{ij} + 2\mathcal{H}^2 H_{ij} \hat{\chi} - 2\mathcal{H} H_{(i}^k \hat{\chi}_{j)k} + \mathcal{H} H_{ij}' \hat{\chi} + \mathcal{H} H^{kl'} \hat{\chi}_{kl} \delta_{ij} \\ &\quad + (2\partial_{(i} \partial^l H_{j)}^k - \partial^k \partial^l H_{ij} - \partial_i \partial_j H^{kl}) \hat{\chi}_{kl} \}. \end{aligned} \quad (\text{B6})$$

On the other hand, similar to the above expression, writing $\square \chi_{\alpha\beta}$ in the form,

$$\square \chi_{\alpha\beta} \equiv \bar{\square} \chi_{\alpha\beta} + \epsilon_c \hat{\square} \chi_{\alpha\beta}, \quad (\text{B7})$$

we find they are given, respectively, by

$$\bar{\square} \chi_{00} = 2\mathcal{H}^2 \hat{\chi}, \quad \bar{\square} \chi_{0i} = -2\mathcal{H} \partial^j \hat{\chi}_{ij}, \quad \bar{\square} \chi_{ij} = -\hat{\chi}_{ij}'' - 2\mathcal{H} \hat{\chi}'_{ij} + \partial^2 \hat{\chi}_{ij} + 2\mathcal{H}^2 \hat{\chi}_{ij}, \quad (\text{B8})$$

and

$$\begin{aligned} \hat{\square} \chi_{00} &= -2\mathcal{H} [2(\psi' - \mathcal{H}\psi) \hat{\chi} - (H^{ij'} - \mathcal{H} H^{ij}) \hat{\chi}_{ij}], \\ \hat{\square} \chi_{0i} &= (\partial^j \phi') \hat{\chi}_{ij} + 2(\partial^j \phi) (\hat{\chi}'_{ij} + \mathcal{H} \hat{\chi}_{ij}) + (\partial^j \psi') \hat{\chi}_{ij} + 2(\psi' - 2\mathcal{H}\psi) \partial^j \hat{\chi}_{ij} + 2\mathcal{H} [(\partial^j \psi) \hat{\chi}_{ij} - (\partial_i \psi) \hat{\chi}] \\ &\quad - (H^{jk'} - 2\mathcal{H} H^{jk}) \partial_k \hat{\chi}_{ij} + \mathcal{H} (\partial_i H^{jk}) \hat{\chi}_{jk}, \\ \hat{\square} \chi_{ij} &= 2\phi \hat{\chi}_{ij}'' + (\phi' + 4\mathcal{H}\phi) \hat{\chi}'_{ij} + (\partial^k \phi) \partial_k \hat{\chi}_{ij} - 4\mathcal{H}^2 \phi \hat{\chi}_{ij} + 2\psi \partial^2 \hat{\chi}_{ij} + 4\partial_{(i} \psi \partial^k \hat{\chi}_{j)k} + 3(\partial^k \psi) \partial_k \hat{\chi}_{ij} - 4(\partial^k \psi) \partial_{(i} \hat{\chi}_{j)k} \\ &\quad + 2\partial^k \partial_{(i} \psi \hat{\chi}_{j)k} + 2(\partial^2 \psi) \hat{\chi}_{ij} - 2\partial_{(i} \partial^k \psi \hat{\chi}_{j)k} - \psi' \hat{\chi}'_{ij} - 2(\psi'' + 4\mathcal{H}\psi') \hat{\chi}_{ij} - H^{kl} \partial_k \partial_l \hat{\chi}_{ij} - 2\partial^l H^k_{(i} \partial_l \hat{\chi}_{j)k} \\ &\quad - 2\partial_{(i} H^{kl} \partial_l \hat{\chi}_{j)k} + 2\partial^k H_{(i} \partial_l \hat{\chi}_{j)k} + 2H^k_{(i} \hat{\chi}'_{j)k} + H^k_{(i} \hat{\chi}''_{j)k} + 4\mathcal{H} H^k_{(i} \hat{\chi}_{j)k} - \partial^2 H^k_{(i} \hat{\chi}_{j)k}, \end{aligned} \quad (\text{B9})$$

where $2\partial^k\partial_{(i}\psi\hat{\chi}_{j)k} \equiv (\partial^k\partial_i\psi)\hat{\chi}_{jk} + (\partial^k\partial_j\psi)\hat{\chi}_{ik}$, that is, the partial derivative acts only to the first function. The same is true for other terms, for example, $2\partial^l H^k_{(i}\partial_l\hat{\chi}_{j)k} \equiv (\partial^l H^k_i)\partial_l\hat{\chi}_{jk} + (\partial^l H^k_j)\partial_l\hat{\chi}_{ik}$.

On the other hand, defining

$$\mathcal{G}_{\alpha\beta}^{(1)} \equiv \gamma_{\alpha\beta}\nabla^\gamma\nabla^\delta\chi_{\gamma\delta}, \quad (\text{B10})$$

we find that

$$\mathcal{G}_{00}^{(1)} = -\mathcal{G}_0^{(1)} - \epsilon_c(2\phi\mathcal{G}_0^{(1)} + \mathcal{G}_1^{(1)}), \quad \mathcal{G}_{0i}^{(1)} = \mathcal{G}_{i0}^{(1)} = 0, \quad \mathcal{G}_{ij}^{(1)} = \delta_{ij}\mathcal{G}_0^{(1)} + \epsilon_c[\delta_{ij}(\mathcal{G}_1^{(1)} - 2\psi\mathcal{G}_0^{(1)}) + H_{ij}\mathcal{G}_0^{(1)}], \quad (\text{B11})$$

where

$$\begin{aligned} \mathcal{G}_0^{(1)} &\equiv \mathcal{H}\hat{\chi}' + \left(\frac{a''}{a} + \mathcal{H}^2\right)\hat{\chi} + \partial^i\partial^j\hat{\chi}_{ij}, \\ \mathcal{G}_1^{(1)} &\equiv -2\mathcal{H}\phi\hat{\chi}' - \left[2\left(\frac{a''}{a} + \mathcal{H}^2\right)\phi + \mathcal{H}\phi'\right]\hat{\chi} + 2(\partial^i\phi)(\partial^j\hat{\chi}_{ij}) + (\partial^i\partial^j\phi)\hat{\chi}_{ij} \\ &\quad - (\psi' - 2\mathcal{H}\psi)\hat{\chi}' - \left[\psi'' + 3\mathcal{H}\psi' - \partial^2\psi - 2\left(\frac{a''}{a} + \mathcal{H}^2\right)\psi\right]\hat{\chi} + (\partial^i\psi)\partial_i\hat{\chi} + 4\psi\partial^i\partial^j\hat{\chi}_{ij} - (\partial^i\partial^j\psi)\hat{\chi}_{ij} \\ &\quad + \frac{1}{2}\left\{(H^{ij'} - 2\mathcal{H}H^{ij})\hat{\chi}'_{ij} + \left[H^{ij''} - 2\left(\frac{a''}{a} + \mathcal{H}^2\right)H^{ij} - \partial^2H^{ij}\right]\hat{\chi}_{ij} - 4H^{ik}\partial_k\partial^j\hat{\chi}_{ij} - (\partial_k H^{ij})(\partial^k\hat{\chi}_{ij}) - 2(\partial^i H^{jk})(\partial_k\hat{\chi}_{ij})\right\}. \end{aligned} \quad (\text{B12})$$

On the other hand, defining

$$\mathcal{G}_{\alpha\beta}^{(2)} \equiv \nabla_\alpha\nabla^\delta\chi_{\beta\delta}, \quad (\text{B13})$$

we find that it has the following nonvanishing components,

$$\begin{aligned} \mathcal{G}_{00}^{(2)} &= -\frac{a'}{a}\hat{\chi}' - \left(\frac{a''}{a} - 2\mathcal{H}^2\right)\hat{\chi} + \epsilon_c\left[\mathcal{H}\phi'\hat{\chi} - (\partial^i\phi)\partial^k\hat{\chi}_{ik} + (\psi' - 2\mathcal{H}\psi)\hat{\chi}' + (\psi'' - 3\mathcal{H}\psi')\hat{\chi} - 2\left(\frac{a''}{a} - 2\mathcal{H}^2\right)\psi\hat{\chi}\right. \\ &\quad \left. - \frac{1}{2}(H^{ij'} - 2\mathcal{H}H^{ij})\hat{\chi}'_{ij} - \frac{1}{2}(H^{ij''} - 3\mathcal{H}H^{ij'})\hat{\chi}_{ij} + \left(\frac{a''}{a} - 2\mathcal{H}^2\right)H^{ij}\hat{\chi}_{ij}\right], \\ \mathcal{G}_{0i}^{(2)} &= \partial^k\hat{\chi}'_{ik} - \mathcal{H}\partial^k\hat{\chi}_{ik} + \epsilon_c\left[(\partial^j\phi)\hat{\chi}'_{ij} + (\partial^j\phi' - \mathcal{H}\partial^j\phi)\hat{\chi}_{ij} + \mathcal{H}(\partial_i\phi)\hat{\chi} + 2\psi\partial^k\hat{\chi}'_{ik} - (\partial^k\psi)\hat{\chi}'_{ik}\right. \\ &\quad \left. + (3\psi' - 2\mathcal{H}\psi)\partial^k\hat{\chi}_{ik} + (\partial_i\psi)\hat{\chi}' - (\partial^k\psi' - \mathcal{H}\partial^k\psi)\hat{\chi}_{ik} + (\partial_i\psi' - \mathcal{H}\partial_i\psi)\hat{\chi}\right. \\ &\quad \left. - H^{jk}\partial_k\hat{\chi}'_{ij} - (H^{jk'} - \mathcal{H}H^{jk})\partial_k\hat{\chi}_{ij} - \frac{1}{2}H_i^{j'}\partial^k\hat{\chi}_{jk} - \frac{1}{2}H^{jk'}\hat{\chi}'_{jk} - \frac{1}{2}(H^{jk'} - \mathcal{H}H^{jk})_{,i}\hat{\chi}_{jk}\right], \\ \mathcal{G}_{i0}^{(2)} &= -\mathcal{H}(\partial^k\hat{\chi}_{ik} + \partial_i\hat{\chi}) + \epsilon_c\left[\mathcal{H}(\partial_i\phi)\hat{\chi} - \mathcal{H}(\partial^k\phi)\hat{\chi}_{ik} + (\psi' - 2\mathcal{H}\psi)(\partial^k\hat{\chi}_{ik} + \partial_i\hat{\chi}) + \mathcal{H}(\partial^k\psi)\hat{\chi}_{ik} + (\psi' - 3\mathcal{H}\psi)_{,i}\hat{\chi}\right. \\ &\quad \left. - \frac{1}{2}(H^{jk'} - 2\mathcal{H}H^{jk})\partial_i\hat{\chi}_{jk} - \frac{1}{2}H_i^{j'}\partial^k\hat{\chi}_{jk} + \mathcal{H}H^{jk}\partial_k\hat{\chi}_{ij} - \frac{1}{2}(H^{jk'} - 3\mathcal{H}H^{jk})_{,i}\hat{\chi}_{jk}\right], \\ \mathcal{G}_{ij}^{(2)} &= \partial_i\partial^k\hat{\chi}_{jk} + \mathcal{H}^2\hat{\chi}\delta_{ij} + \epsilon_c\left[(\partial^k\phi)\partial_i\hat{\chi}_{jk} + (\partial_i\partial^k\phi)\hat{\chi}_{jk} - 2\mathcal{H}^2\phi\hat{\chi}\delta_{ij} - \partial_i[(\partial^k\psi)\hat{\chi}_{jk}] + \partial_i[(\partial_j\psi)\hat{\chi}] + 2\partial_i(\psi\partial^k\hat{\chi}_{jk})\right. \\ &\quad \left. + (\partial_i\psi)\partial^k\hat{\chi}_{jk} + (\partial_j\psi)\partial^k\hat{\chi}_{ik} - (\partial^k\psi)\partial^l\hat{\chi}_{kl}\delta_{ij} - 2\mathcal{H}\psi'\hat{\chi}\delta_{ij} - \partial_i(H^{kl}\partial_l\hat{\chi}_{jk}) - \frac{1}{2}\partial_i[(\partial_j H^{kl})\hat{\chi}_{kl}]\right. \\ &\quad \left. + \frac{1}{2}(\partial^k H_{ij} - H^k_{i,j} - H^k_{j,i})\partial^l\hat{\chi}_{kl} + \frac{1}{2}\mathcal{H}(H^{kl'} - 2\mathcal{H}H^{kl})\hat{\chi}_{kl}\delta_{ij} + \frac{1}{2}\mathcal{H}(H'_{ij} + 2\mathcal{H}H_{ij})\hat{\chi}\right]. \end{aligned} \quad (\text{B14})$$

Note that $\mathcal{G}_{\alpha\beta}^{(2)}$ is not symmetric, $\mathcal{G}_{\alpha\beta}^{(2)} \neq \mathcal{G}_{\beta\alpha}^{(2)}$, as can be seen from its definition given by Eq. (B13).

Finally, defining $\mathcal{G}_{\alpha\beta}$ as

$$\mathcal{G}_{\alpha\beta} \equiv \square\chi_{\alpha\beta} + \gamma_{\alpha\beta}\nabla'\nabla^\delta\chi_{\gamma\delta} - \nabla_\alpha\nabla^\delta\chi_{\beta\delta} - \nabla_\beta\nabla^\delta\chi_{\alpha\delta} + 2R_{\alpha\gamma\beta\sigma}^{(0)}\chi^{\gamma\sigma}, \quad (\text{B15})$$

we find that its nonvanishing components are given by

$$\begin{aligned} \mathcal{G}_{00} = & \mathcal{H}\hat{\chi}' - \left(\frac{a''}{a} + \mathcal{H}^2\right)\hat{\chi} - \partial^i\partial^j\hat{\chi}_{ij} \\ & + \epsilon_c \left\{ \mathcal{H}\phi'\hat{\chi} + (\partial^i\partial^j\phi)\hat{\chi}_{ij} - 2\phi(\partial^i\partial^j\hat{\chi}_{ij}) + \left[\psi'' + 7\mathcal{H}\psi' - 2\left(\frac{a''}{a} + \mathcal{H}^2\right)\psi - \partial^2\psi\right]\hat{\chi} - (\psi' - 2\mathcal{H}\psi)\hat{\chi}' \right. \\ & + (\partial^i\partial^j\psi)\hat{\chi}_{ij} - 4\psi(\partial^i\partial^j\hat{\chi}_{ij}) - (\partial^k\psi)\partial_k\hat{\chi} - \frac{1}{2}\left[(H^{ij}{}'' - \partial^2H^{ij}) + 4\mathcal{H}H^{ij}{}' - 2\left(\frac{a''}{a} + \mathcal{H}^2\right)H^{ij}\right]\hat{\chi}_{ij} \\ & \left. + \frac{1}{2}(H^{ij}{}' - 2\mathcal{H}H^{ij})\hat{\chi}'_{ij} + 2H_k^i(\partial^k\partial^j\hat{\chi}_{ij}) + \frac{1}{2}(\partial^kH^{ij})\partial_k\hat{\chi}_{ij} + (\partial^iH^{jk})\partial^k\hat{\chi}_{ij} \right\}, \quad (\text{B16}) \end{aligned}$$

$$\begin{aligned} \mathcal{G}_{0i} = & \mathcal{H}\partial_i\hat{\chi} - \partial^j\hat{\chi}'_{ij} \\ & + \epsilon_c \left\{ (\partial^j\phi)\hat{\chi}'_{ij} + 2\mathcal{H}(\partial^j\phi)\hat{\chi}_{ij} - 2\psi'(\partial^j\hat{\chi}_{ij}) + 2\mathcal{H}(\partial^i\psi)\hat{\chi} - 2\psi(\partial^j\hat{\chi}'_{ij}) + (\partial^i\psi)\hat{\chi}'_{ij} - (\partial_i\psi)\hat{\chi}' - (\psi' - 2\mathcal{H}\psi)\partial_i\hat{\chi} \right. \\ & \left. - \mathcal{H}(\partial_iH^{jk})\hat{\chi}_{jk} + (\partial^kH_i^j)\hat{\chi}_{jk} + H_i^j(\partial^k\hat{\chi}_{jk}) + H^{jk}(\partial_k\hat{\chi}'_{ij}) + \frac{1}{2}(\partial_iH^{jk})\hat{\chi}'_{jk} + \frac{1}{2}H^{jk}(\partial_i\hat{\chi}_{jk}) - \mathcal{H}H^{jk}(\partial_i\hat{\chi}_{jk}) \right\}, \quad (\text{B17}) \end{aligned}$$

$$\begin{aligned} \mathcal{G}_{ij} = & -\hat{\chi}'_{ij} + \partial^2\hat{\chi}_{ij} - 2\mathcal{H}\hat{\chi}'_{ij} + \mathcal{H}\delta_{ij}\hat{\chi}' + \delta_{ij}\left(\frac{a''}{a} + \mathcal{H}^2\right)\hat{\chi} + \partial^k\partial^l\hat{\chi}_{kl}\delta_{ij} - \partial_i\partial^k\hat{\chi}_{jk} - \partial_j\partial^k\hat{\chi}_{ik} \\ & + \epsilon_c \left\{ 2\phi\hat{\chi}'_{ij} + (\phi' + 4\mathcal{H}\phi)\hat{\chi}'_{ij} - \left[\mathcal{H}\phi' + 2\left(\frac{a''}{a} + \mathcal{H}^2\right)\phi\right]\delta_{ij}\hat{\chi} - 2\mathcal{H}\phi\delta_{ij}\hat{\chi}' \right. \\ & - (\partial_j\partial^k\phi)\hat{\chi}_{ik} - (\partial_i\partial^k\phi)\hat{\chi}_{jk} + (\partial^k\phi)\partial_k\hat{\chi}_{ij} + 2(\partial^k\phi)\partial^l\hat{\chi}_{kl}\delta_{ij} - (\partial^k\phi)\partial_i\hat{\chi}_{kj} - (\partial^k\phi)\partial_j\hat{\chi}_{ik} + (\partial^k\partial^l\phi)\hat{\chi}_{kl}\delta_{ij} \\ & + 2(\partial^2\psi - \psi'' - 2\mathcal{H}\psi')\hat{\chi}_{ij} + (\partial^2\psi - \psi'' - 3\mathcal{H}\psi')\hat{\chi}\delta_{ij} - \psi'(\hat{\chi}'_{ij} + \hat{\chi}'\delta_{ij}) + 2\psi\partial^2\hat{\chi}_{ij} \\ & + \partial^k\psi(3\partial_k\hat{\chi}_{ij} + \partial_k\hat{\chi}\delta_{ij} - \partial_i\hat{\chi}_{jk} - \partial_j\hat{\chi}_{ik} + 2\partial^l\hat{\chi}_{kl}\delta_{ij}) + 2\psi\partial^k\partial^l\hat{\chi}_{kl}\delta_{ij} + (\partial^k\partial^l\psi)\hat{\chi}_{kl}\delta_{ij} \\ & - 4\partial_{(i}\psi\partial^k\hat{\chi}_{j)k} - 2\partial_{(i}\partial^k\psi\hat{\chi}_{j)k} - 4\psi\partial_{(i}\partial^k\hat{\chi}_{j)k} - 2\partial_{(i}\psi\partial_{j)}\hat{\chi} \\ & + \frac{1}{2}(H^{kl}{}'' - 2\mathcal{H}H^{kl})\hat{\chi}'_{kl}\delta_{ij} + \left[\frac{1}{2}H^{kl}{}''' - \left(\frac{a''}{a} + \mathcal{H}^2\right)H^{kl}\right]\hat{\chi}_{kl}\delta_{ij} + H_{(i}{}''\hat{\chi}_{j)k} + 2\mathcal{H}H_{(i}{}^k\hat{\chi}_{j)k} \\ & + 2H_{(i}{}^k\hat{\chi}_{j)k} + \left[\mathcal{H}\hat{\chi}' + \left(\frac{a''}{a} + \mathcal{H}^2\right)\hat{\chi} + \partial^k\partial^l\hat{\chi}_{kl}\right]H_{ij} - 2H^{jk}\partial_k\partial^m\hat{\chi}_{lm}\delta_{ij} - \frac{1}{2}\partial^2H^{kl}\hat{\chi}_{kl}\delta_{ij} - \frac{1}{2}\partial_mH^{kl}\partial^m\hat{\chi}_{kl}\delta_{ij} \\ & - 2\partial^lH_{(i}^k\partial_{j)}\hat{\chi}_{l)k} + 2\partial^kH_{(i}^l\partial_{j)}\hat{\chi}_{l)k} - \partial^2H_{(i}^k\hat{\chi}_{j)k} + \partial_{(i}H^{kl}\partial_{j)}\hat{\chi}_{kl} + \partial_{(i}H_j^k)\partial^l\hat{\chi}_{kl} + 2\partial_{(i}\partial^lH_j^k)\hat{\chi}_{kl} - \partial^k\partial^lH_{ij}\hat{\chi}_{kl} \\ & \left. - \partial^kH_{ij}\partial^l\hat{\chi}_{kl} + 2H^{kl}\partial_{(i}\partial_l\hat{\chi}_{j)k} - \partial^kH^{ml}\partial_m\hat{\chi}_{kl}\delta_{ij} - H^{kl}\partial_k\partial_l\hat{\chi}_{ij} \right\}. \quad (\text{B18}) \end{aligned}$$

APPENDIX C: FIELD EQUATIONS TO THE FIRST ORDER OF ϵ_c

Following Eq. (4.18), we write $\hat{\chi}_{\alpha\beta}$ in the form,

$$\hat{\chi}_{\alpha\beta} \simeq \hat{\chi}_{\alpha\beta}^{(0)} + \epsilon_c\hat{\chi}_{\alpha\beta}^{(1)} + \mathcal{O}(\epsilon_c^2), \quad (\text{C1})$$

where, to the zeroth order, the traceless-transverse gauge,

$$\hat{\chi}_{0\beta}^{(0)} = 0, \quad \hat{\chi}^{(0)} = 0, \quad \partial^i\hat{\chi}_{ij}^{(0)} = 0, \quad (\text{C2})$$

will be chosen. But, to the first order, we shall not impose the traceless and Lorenz gauge conditions. The only gauge that now we choose is

$$\hat{\chi}_{0\beta}^{(1)} = 0. \quad (\text{C3})$$

With this gauge choice, to the first order of ϵ_c , the nonvanishing components of the tensor $\mathcal{G}_{\alpha\beta}$ given by Eqs. (B16)–(B18) yield

$$\mathcal{G}_{00}^{(1)} = \mathcal{H}\hat{\chi}'^{(1)} - \left(\frac{a''}{a} + \mathcal{H}^2\right)\hat{\chi}^{(1)} - \partial^i\partial^j\hat{\chi}_{ij}^{(1)} + [\partial^i\partial^j(\phi + \psi)]\hat{\chi}_{ij}^{(1)} + \hat{\mathcal{G}}_{00}^{(1)}, \quad (\text{C4})$$

$$\mathcal{G}_{0i}^{(1)} = \mathcal{H}\partial_i\hat{\chi}^{(1)} - \partial^j\hat{\chi}'_{ij}{}^{(1)} + \hat{\mathcal{G}}_{0i}^{(1)}, \quad (\text{C5})$$

$$\mathcal{G}_{ij}^{(1)} = -\hat{\chi}''_{ij}{}^{(1)} + \partial^2\hat{\chi}_{ij}^{(1)} - 2\mathcal{H}\hat{\chi}'_{ij}{}^{(1)} + \mathcal{H}\delta_{ij}\hat{\chi}'^{(1)} + \delta_{ij}\left(\frac{a''}{a} + \mathcal{H}^2\right)\hat{\chi}^{(1)} + \partial^k\partial^l\hat{\chi}_{kl}^{(1)}\delta_{ij} - \partial_i\partial^k\hat{\chi}_{jk}^{(1)} - \partial_j\partial^k\hat{\chi}_{ik}^{(1)} + \hat{\mathcal{G}}_{ij}^{(1)}, \quad (\text{C6})$$

where

$$\begin{aligned} \hat{\mathcal{G}}_{00}^{(1)} = & -\frac{1}{2}\left[(H^{ij''} - \partial^2 H^{ij}) + 4\mathcal{H}H^{ij'} - 2\left(\frac{a''}{a} + \mathcal{H}^2\right)H^{ij}\right]\hat{\chi}_{ij}^{(0)} \\ & + \frac{1}{2}(H^{ij'} - 2\mathcal{H}H^{ij})\hat{\chi}'_{ij}{}^{(0)} + \frac{1}{2}(\partial^k H^{ij})\partial_k\hat{\chi}_{ij}^{(0)} + (\partial^i H^{jk})\partial^k\hat{\chi}_{ij}^{(0)}, \end{aligned} \quad (\text{C7})$$

$$\begin{aligned} \hat{\mathcal{G}}_{0i}^{(1)} = & +(\partial^j\phi)\hat{\chi}'_{ij}{}^{(0)} + 2\mathcal{H}(\partial^j\phi)\hat{\chi}_{ij}^{(0)} + (\partial^j\psi)\hat{\chi}'_{ij}{}^{(0)} \\ & - \mathcal{H}(\partial_i H^{jk})\hat{\chi}_{jk}^{(0)} + (\partial^k H^j{}_i)\hat{\chi}_{jk}^{(0)} + H^{jk}(\partial_k\hat{\chi}'_{ij}{}^{(0)}) + \frac{1}{2}H'^{jk}(\partial_i\hat{\chi}_{jk}^{(0)}) - \mathcal{H}H^{jk}(\partial_i\hat{\chi}_{jk}^{(0)}), \end{aligned} \quad (\text{C8})$$

$$\begin{aligned} \hat{\mathcal{G}}_{ij}^{(1)} = & +2\phi\hat{\chi}''_{ij}{}^{(0)} + (\phi' + 4\mathcal{H}\phi)\hat{\chi}'_{ij}{}^{(0)} - (\partial_j\partial^k\phi)\hat{\chi}_{ik}^{(0)} - (\partial_i\partial^k\phi)\hat{\chi}_{jk}^{(0)} + (\partial^k\phi)\partial_k\hat{\chi}_{ij}^{(0)} - (\partial^k\phi)\partial_i\hat{\chi}_{kj}^{(0)} - (\partial^k\phi)\partial_j\hat{\chi}_{ik}^{(0)} + (\partial^k\partial^l\phi)\hat{\chi}_{kl}^{(0)}\delta_{ij} \\ & + 2(\partial^2\psi - \psi'' - 2\mathcal{H}\psi')\hat{\chi}_{ij}^{(0)} - \psi'\hat{\chi}'_{ij}{}^{(0)} + 2\psi\partial^2\hat{\chi}_{ij}^{(0)} + \partial^k\psi(3\partial_k\hat{\chi}_{ij}^{(0)} - \partial_i\hat{\chi}_{jk}^{(0)} - \partial_j\hat{\chi}_{ik}^{(0)}) + (\partial^k\partial^l\psi)\hat{\chi}_{kl}^{(0)}\delta_{ij} \\ & + \frac{1}{2}(H^{kl'} - 2\mathcal{H}H^{kl})\hat{\chi}'_{kl}{}^{(0)}\delta_{ij} + \left[\frac{1}{2}H^{kl''} - \left(\frac{a''}{a} + \mathcal{H}^2\right)H^{kl}\right]\hat{\chi}_{kl}^{(0)}\delta_{ij} + H_{(i}{}^k{}_{j)}\hat{\chi}_{jk}^{(0)} + 2\mathcal{H}H_{(i}{}^k{}_{j)}\hat{\chi}_{jk}^{(0)} \\ & + 2H_{(i}{}^k{}_{j)}\hat{\chi}'_{jk}{}^{(0)} - \frac{1}{2}\partial^2 H^{kl}\hat{\chi}_{kl}^{(0)}\delta_{ij} - \frac{1}{2}\partial_m H^{kl}\partial^m\hat{\chi}_{kl}^{(0)}\delta_{ij} - 2\partial^l H^k{}_i\partial_l\hat{\chi}_{jk}^{(0)} + 2\partial^k H^l{}_i\partial_l\hat{\chi}_{jk}^{(0)} - \partial^2 H^k{}_i\hat{\chi}_{jk}^{(0)} \\ & + \partial_{(i}H^{kl}\partial_{j)}\hat{\chi}_{kl}^{(0)} + 2\partial_{(i}\partial^l H^k{}_j)\hat{\chi}_{kl}^{(0)} - \partial^k\partial^l H_{ij}\hat{\chi}_{kl}^{(0)} + 2H^{kl}\partial_{(i}\partial^l\hat{\chi}_{jk}^{(0)} - \partial^k H^{ml}\partial_m\hat{\chi}_{kl}^{(0)}\delta_{ij}. \end{aligned} \quad (\text{C9})$$

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