Eccentricity evolution of compact binaries and applications to gravitational-wave physics

Vitor Cardoso^{\mathbf{Q} ,^{[1](https://orcid.org/0000-0002-3150-9315)} Caio F. B. Macedo,² and Rodrigo Vicente¹}

 1 CENTRA, Departamento de Física, Instituto Superior Técnico—IST, Universidade de Lisboa—UL,

Avenida Rovisco Pais 1, 1049 Lisboa, Portugal ²

 F^2 Faculdade de Física, Universidade Federal do Pará, Salinópolis, Pará, 68721-000 Brazil

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Searches for gravitational waves from compact binaries focus mostly on quasicircular motion with the rationale that wave emission circularizes the orbit. Here, we study the generality of this result, when astrophysical environments (e.g., accretion disks) or other fundamental interactions are taken into account. We are motivated by possible electromagnetic counterparts to binary black hole coalescences and orbits, but also by the possible use of eccentricity as a smoking gun for new physics. We find that (i) backreaction from radiative mechanisms, including scalars, vectors and gravitational waves, circularize the orbital motion. (ii) By contrast, environmental effects such as accretion and dynamical friction increase the eccentricity of binaries. Thus, it is the competition between radiative mechanisms and environmental effects that dictates the eccentricity evolution. We study this competition within an adiabatic approach, including gravitational radiation and dynamical friction forces. We show that there is a critical semimajor axis below which gravitational radiation dominates the motion and the eccentricity of the system decreases. However, the eccentricity inherited from the environment-dominated stage can be substantial, and in particular can affect LISA sources. We provide examples for GW190521-like sources.

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I. INTRODUCTION

Merging black hole binaries (BHBs) are now "visible," thanks to gravitational-wave (GW) astronomy [\[1,2\]](#page-12-0). A good modeling of the dynamics of such compact binaries is important to increase our ability to actually see them, to infer the properties of the merging objects and to impose constraints on the underlying gravitational theory, or other fundamental interactions [\[2\]](#page-12-1).

It has long been known that orbits which are initially eccentric will quickly circularize on relatively short timescales $[3-5]$ $[3-5]$. This is true *in a vacuum*, and thought to describe well stellar mass BHBs, which form substantially prior to merger and evolve mostly only via GW emission. However, a reappreciation of eccentricity evolution is required for different reasons. To begin with, the formation of supermassive BHBs is poorly understood. Some of the mechanisms that contribute to such binaries forming and merging actually may also impart a substantial eccentricity, specially in their initial stages [\[2\]](#page-12-1). In addition, observations are progressively indicating that large eccentricities may not be rare. One known supermassive BHB (OJ287) was reported to have eccentricity $e \sim 0.65$, while evolving around the disk of the massive component [\[6\]](#page-12-3). Such observations were made in the electromagnetic spectrum, but there are indications that some of the GW events, such as GW190521 [\[7,8\]](#page-12-4) could also originate from eccentric orbits [\[9,10\]](#page-12-5). It is interesting to note that this same event

may have an associated electromagnetic counterpart, product of a nontrivial surrounding environment [\[11\]](#page-12-6). A nontrivial environment leads to large center-of-mass drift velocities [\[12\]](#page-12-7) and may lead to large eccentricities during evolution. Even in vacuum, spin-spin couplings at the second post-Newtonian order may induce a nontrivial eccentricity evolution [\[13](#page-12-8)–16].

The understanding of eccentricity evolution is also important to constrain the presence of new fields. Under the assumption of circular motion, it has been shown that GW observations can impose severe limits on the dipolar moment and charge of the inspiralling objects [\[17,18\].](#page-12-9) When the binary components are charged under new fields, emission in such channels dominates of GW emission at sufficiently low frequencies; hence the assumption that circular remains circular (i.e., that radiative processes conspire to circularize the orbit) must be proved. The purpose of this work is precisely to address the issues above.¹

II. EVOLUTION DRIVEN BY FUNDAMENTAL FIELDS

The problem of eccentricity and orbital radius evolution is tightly connected to the ratio of energy to angular

¹Throughout this work we use units $c = 1$, but we shall write c plicitly in some cases to facilitate the discussion. explicitly in some cases to facilitate the discussion.

momentum loss during the binary evolution. Take a compact binary of two objects of mass m_1 , m_2 , and define the total mass and mass ratio

$$
M \equiv m_1 + m_2, \qquad q = \frac{m_2}{m_1}.
$$
 (1)

For binaries dominated by the gravitational interaction, the (Newtonian) orbital frequency ω_0 satisfies Kepler's law

$$
\omega_0 = \sqrt{\frac{GM}{a^3}},\tag{2}
$$

where a is the orbital semimajor axis. In this case, the conserved energy and angular momentum on Keplerian motion are

$$
E = -\frac{Gm_1m_2}{2a},\tag{3}
$$

$$
L^{2} = \frac{Gm_{1}^{2}m_{2}^{2}a(1 - e^{2})}{M}, \qquad (4)
$$

where e is the eccentricity.

Suppose now that the only decay channel available for the binary evolution is a massless field of frequency ω and azimuthal dependence $e^{im\phi}$. This could be a GW, but could include also a scalar or even a vector field. In this circumstance, then the emitted angular momentum and energy satisfy [\[19\]](#page-12-10)

$$
\frac{\dot{L}^{\text{rad}}}{\dot{E}^{\text{rad}}} = \frac{m}{\omega} = \frac{1}{\omega_0}.
$$
\n(5)

How do the eccentricity and semimajor axis of the binary evolve? Energy and angular momentum balance yield

$$
\dot{E} = -\dot{E}^{\text{rad}} \le 0, \qquad \dot{L} = -\dot{L}^{\text{rad}}, \tag{6}
$$

so we find

$$
\dot{a} = -\frac{2a^2 \dot{E}^{\text{rad}}}{Gm_1 m_2} \le 0,\tag{7}
$$

$$
\dot{e} = \sqrt{\frac{M}{Ga}} \frac{\sqrt{1 - e^2}}{e} \frac{\dot{E}^{\text{rad}}}{m_1 m_2} \left(\frac{\dot{L}^{\text{rad}}}{\dot{E}^{\text{rad}}} - \frac{\sqrt{1 - e^2}}{\omega_0} \right). \tag{8}
$$

We see immediately that, if $\dot{L}^{\text{rad}}/\dot{E}^{\text{rad}}$ have eccentricitydependence starting at order higher than e^2 , then circular orbits are unstable (i.e., $\dot{e} \ge 0$ for $e \sim 0$) on account of condition [\(5\).](#page-1-0) In case of $\dot{L}^{\text{rad}}/\dot{E}^{\text{rad}}$ having eccentricitydependence starting at order e^2 , circular orbits will also be unstable if the coefficient multiplying e^2 is larger than $-\frac{1}{2\omega_0}$.

We therefore start our analysis by asking how does the emission of fundamental massless fields affect eccentricity evolution.

A. Eccentricity evolution in a vacuum

Let us first assume that our system is in vacuum, isolated from all other sources in the Universe. In this case, the evolution is driven solely by GW emission. Eccentricity in vacuum GR can be calculated in a two-step procedure. Take a binary of pointlike objects of mass m_1 , m_2 . To lowest post-Newtonian order, their motion is elliptical, of semimajor axis a and eccentricity e . Their binding energy E and angular momentum L are simply described by Eqs. (3) – (4) . Now, when relativistic effects are included, the system radiates energy and angular momentum, via GWs, at a rate

$$
\langle \dot{E} \rangle = -\frac{32}{5} \frac{G^4 m_1^2 m_2^2 M}{a^5 (1 - e^2)^{7/2}} \left(1 + \frac{73}{24} e^2 + \frac{37}{96} e^4 \right), \quad (9)
$$

$$
\langle \dot{L} \rangle = -\frac{32}{5} \frac{G^{7/2} m_1^2 m_2^2 M^{1/2}}{a^{7/2} (1 - e^2)^2} \left(1 + \frac{7}{8} e^2 \right). \tag{10}
$$

Assuming a slow, adiabatic evolution, one can now follow Peters [\[3\]](#page-12-2) and compute the major axis and eccentricity evolution. For small eccentricity, one finds

$$
\langle \dot{a} \rangle = -\frac{64G^3}{5} \frac{m_1 m_2 M}{a^3} < 0,\tag{11}
$$

$$
\langle \dot{e} \rangle = -\frac{304G^3}{15} \frac{m_1 m_2 M}{a^4} e \le 0. \tag{12}
$$

In other words, the major axis decreases with time due to energy loss in GWs. So does the eccentricity, thus orbits tend to become circular on long timescales. Note, however, that eccentricity evolution is very sensitive, in particular, it hardly evolves for quasicircular orbits. One is thus forced to consider what happens when other physics sets in.

B. Evolution in the presence of scalar and vector radiation

Consider, then, binary components carrying some additional charge. The simplest examples include scalar charge, as is the case in scalar-tensor theories, or electromagnetic charge (the theory below also describes some dark matter models with millicharged components [\[18\]](#page-12-11)). We model this via the theory of massless fields

$$
S = \int d^4x \sqrt{-g} \left[\frac{R}{8\pi G} - g^{\mu\nu} \Phi_{,\mu} \Phi_{,\nu} - \frac{1}{2} F^{\mu\nu} F_{\mu\nu} \right. \left. - \frac{2}{\sqrt{-g}} \sum_{j=1}^2 (m_j + 4\pi q_j^0 \Phi) \int d\lambda \sqrt{-g_{\mu\nu} \dot{z}_j^{\mu} \dot{z}_j^{\nu} \delta^4 (x - z_j)} \right. \left. - \frac{8\pi}{\sqrt{-g}} \sum_{j=1}^2 q_j^1 A_{\alpha} \int d\lambda \dot{z}_j^{\alpha} \delta^4 (x - z_j) \right].
$$
\n(13)

Here, Φ is a massless scalar, A_u is a massless vector and the Maxwell tensor $F_{\mu\nu} = \nabla_{\mu}A_{\nu} - \nabla_{\nu}A_{\mu}$. Each of the binary

components carries a charge q_i^s of the corresponding spin-s field $(s = 0, 1$ for scalar and vectors, respectively).

The details of the calculation are shown in Appendix [A](#page-7-0). As might be anticipated, in the weak field regime the motion is Keplerian with energy and angular momentum

$$
E = -\frac{\tilde{G}m_1m_2}{2a}, \qquad L^2 = \frac{\tilde{G}m_1^2m_2^2a(1-e^2)}{M}, \qquad (14)
$$

where the effective Newton's constant is now

$$
\tilde{G} \equiv G - 4\pi \frac{q_1^s q_2^s}{m_1 m_2},\tag{15}
$$

where we assume (without loss of generality) that only one further interaction ($s = 0$ or $s = 1$) is turned on.

In the Newtonian approximation, radiation propagates in flat space and the Green's function for the problem is well known. Averaging over an orbit, we find the surprisingly compact expressions for the rate of energy and angular momentum emission

$$
\langle \dot{E}^{\text{rad}} \rangle = \frac{2\pi (s+1)}{3} \frac{\tilde{G}^2}{a^4} (q_1^s m_2 - q_2^s m_1)^2 \left(\frac{2+e^2}{(1-e^2)^{\frac{5}{2}}} \right), \qquad (16)
$$

$$
\langle \dot{L}^{\text{rad}} \rangle = \frac{4\pi (s+1)}{3} \frac{\tilde{G}^{\frac{3}{2}}}{\sqrt{M} a^{\frac{5}{2}} (1 - e^2)} (q_1^s m_2 - q_2^s m_1)^2, \quad (17)
$$

resulting in the spin-independent dipolar ratio

$$
\frac{\langle \dot{L}^{\text{rad}} \rangle}{\langle \dot{E}^{\text{rad}} \rangle} = \frac{\sqrt{1 - e^2}}{\omega_0} \left(\frac{1 - e^2}{1 + \frac{e^2}{2}} \right). \tag{18}
$$

The flux of scalar energy in the circular orbit limit agrees with that of Refs. [20–[22\].](#page-12-12) Our results for the electromagnetic flux of energy and angular momentum agree with those in Refs. [\[23,24\]](#page-12-13) (after a proper redefinition of charge). In the adiabatic approximation the major semiaxis and the eccentricity follow

$$
\langle \dot{a} \rangle = -\frac{2a^2 \langle \dot{E}^{\text{rad}} \rangle}{\tilde{G} m_1 m_2} < 0,\tag{19}
$$

$$
\langle \dot{e} \rangle = \sqrt{\frac{M}{\tilde{G}a}} \frac{\sqrt{1 - e^2}}{e} \frac{\langle \dot{E}^{\text{rad}} \rangle}{m_1 m_2} \left(\frac{\langle \dot{L}^{\text{rad}} \rangle}{\langle \dot{E}^{\text{rad}} \rangle} - \frac{\sqrt{1 - e^2}}{\omega_0} \right),
$$

=
$$
-\sqrt{\frac{M}{\tilde{G}a}} \left(\frac{1 - e^2}{e \omega_0} \right) \frac{\langle \dot{E}^{\text{rad}} \rangle}{m_1 m_2} \left(\frac{3e^2}{2 + e^2} \right) \le 0.
$$
 (20)

Thus, the emission of massless radiation by a binary causes the major semiaxis and the eccentricity to decrease in time: the orbit shrinks and circularizes. Although we will not explore the subject further, it is important to realize that electromagnetic fields couple strongly to plasmas. Thus, when applied to the Maxwell sector, the previous results should be taken with care [\[25\]](#page-12-14).

III. ECCENTRICITY EVOLUTION IN CONSTANT-DENSITY ENVIRONMENTS: ACCRETION AND DYNAMICAL FRICTION

The presence of surrounding dust or plasma affects the above picture in different ways. Binaries, such as the event GW190521 [\[7,8\],](#page-12-4) may in fact evolve within accretion disks, where the density of the surrounding environment may play an important role. The presence of matter surrounding a BHB will cause accretion to occur [\[26](#page-12-15)–28]. A second mechanism at play is dynamical friction (DF), whereby the moving BHs get dragged down by the surrounding matter [\[27,29](#page-12-16)–31].

Consider first accretion. We assume that the surrounding medium has constant density. This implies in particular that there is a supply mechanism that keeps the density constant even as the binary sweeps through and accretes some of the particles. We neglect here the gravitational potential generated by the accretion disk or surrounding matter; this approximation is expected to be extremely good for BHBs close to merger. We focus on Bondi-Hoyle accretion [\[28\]](#page-12-17). The mass flux at the horizon is

$$
\dot{m}_i = 4\pi G^2 \rho \frac{m_i^2}{(v_i^2 + c_s^2)^{3/2}},\tag{21}
$$

when the binary components are BHs. These are Newtonian formulas, expected to be valid up to factors of order 1 when the binary is noncompact. Here, v_i is the relative velocity between BH "i" and the environment, and c_s is the sound speed in the medium. We will always consider regimes for which $v_i \gg c_s$. Numerical studies indicate that the above description is solid, even in the presence of wake instabilities [\[28\]](#page-12-17).

Binaries in a medium are also subject to the gravitational force due to the wakes generated by the moving bodies, as we mentioned. This DF depends on the characteristics of the fluid and on the moving bodies. In summary, DF can usually be represented by a external force of the type

$$
\mathbf{F}_{d,i} = -G^2 m_i^2 \rho I_d(v_i) \dot{\mathbf{r}}_i,\tag{22}
$$

where the form of the function I_d depends on the specifics of the DF model at hand. We consider the dynamical friction in a fluid (collisional) medium in the supersonic regime $(v_i \gg c_s)$, for which $[30,32-34]^2$ $[30,32-34]^2$

²This expression assumes linear motion in an extended medium. The fact that the binary components do not follow a linear motion and are inside a (possibly thin) disk introduces some modifications to the DF, which we neglect here for simplicity. For a more careful analysis of the DF in these type of systems, we direct the reader to, e.g., Ref. [\[35,36\]](#page-12-19).

$$
I_{\mathbf{d}}(v_i) = \frac{4\pi\lambda}{v_i^3},\tag{23}
$$

where λ is the Coulomb logarithm. It is easy to see that, for large velocities, the Chandrasekhar formula for collisionless media [\[29\]](#page-12-20) reduces to the last expression. We adopt $\lambda \sim 20$, unless stated otherwise, but note that changing λ is equivalent to renormalizing the density in the DF expression. As we show below, even a factor 10 variation in this parameter has only a mild effect on the overall evolution of the system.

Taking then a binary evolving under the influence of accretion and DF, the equations of motion can be written as

$$
m_i \ddot{\mathbf{r}}_i + \dot{m}_i \dot{\mathbf{r}}_i = \pm \frac{Gm_1 m_2}{r^3} \mathbf{r} + \mathbf{F}_{d,i},\tag{24}
$$

where $\mathbf{r} = \mathbf{r}_2 - \mathbf{r}_1$ is the orbital separation vector of the binary. Introducing the center of mass of the binary

$$
\mathbf{R} = \frac{m_1 \mathbf{r}_1 + m_2 \mathbf{r}_2}{m_1 + m_2},\tag{25}
$$

we can write a system of equations describing the vectors r and R, namely

$$
\ddot{\mathbf{r}} = f_1 \dot{\mathbf{r}} + f_2 \dot{\mathbf{R}} + f_3 \mathbf{r},\tag{26}
$$

$$
\ddot{\mathbf{R}} = f_4 \dot{\mathbf{r}} + f_5 \dot{\mathbf{R}} + f_6 \mathbf{r},\tag{27}
$$

where the functions f_i are given by

$$
f_1 = -\frac{G^2 M q \rho (I_{\text{al}} + I_{\text{a}2} + I_{\text{d}1} + I_{\text{d}2})}{(q+1)^2},\tag{28}
$$

$$
f_2 = \frac{G^2 M \rho [I_{\rm al} + I_{\rm dl} - q(I_{\rm a2} + I_{\rm d2})]}{q+1},\qquad(29)
$$

$$
f_3 = GM \left\{ \frac{G^3 M q \rho^2 (I_{\rm al} - q I_{\rm a2}) [I_{\rm al} + I_{\rm dl} - q (I_{\rm a2} + I_{\rm d2})]}{(q+1)^4} - \frac{1}{r^3} \right\},\tag{30}
$$

$$
f_4 = \frac{G^2 M q \rho [q(I_{a2} - I_{d2}) - I_{a1} + I_{d1}]}{(q+1)^3},\tag{31}
$$

$$
f_5 = -\frac{G^2 M \rho [q^2 (I_{a2} + I_{d2}) + I_{a1} + I_{d1}]}{(q+1)^2},\tag{32}
$$

$$
f_6 = -\frac{G^4 M^2 q \rho^2 (I_{\rm al} - qI_{\rm a2}) [q^2 (I_{\rm a2} + I_{\rm d2}) + 2q (I_{\rm a1} + I_{\rm a2}) + I_{\rm al} + I_{\rm d1}]}{(q+1)^5}.
$$
\n(33)

Here, we defined

$$
I_{ai} = \frac{4\pi}{(v_i^2 + c_s^2)^{3/2}}, \qquad I_{di} = I_d(v_i). \tag{34}
$$

Note that, due to accretion, both the mass ratio and the total mass evolve in time. We can compute their evolution via Eq. [\(22\)](#page-2-0), obtaining

$$
\dot{q} = \frac{G^2 M q \rho (q I_{a2} - I_{a1})}{q + 1},\tag{35}
$$

$$
\dot{M} = \frac{G^2 M^2 \rho (q^2 I_{a2} + I_{a1})}{(q+1)^2}.
$$
 (36)

To investigate the evolution of the system, Eqs. [\(26\)](#page-3-0), [\(27\)](#page-3-1), [\(35\)](#page-3-2), and [\(36\)](#page-3-3) must be solved together. Note that the equations for the center of mass vector predict a boost, as can be seen in [\[12\]](#page-12-7). To analyze the eccentricity evolution, however, we have to focus into **r** instead. Before going into the full regime, it is instructive to focus on some particular cases.

A. Equal-mass binaries

For equal mass ratio binaries, $q = 1$ during the whole evolution, due to symmetry [cf. Eq. (35)].³ In this case, the center of mass remains at rest (or constant velocity) and the equations simplify considerably. Considering $\mathbf{R} = 0$, we have

$$
\ddot{\mathbf{r}} = -\frac{G^2 M \rho}{2} (I_a + I_v) \dot{\mathbf{r}} - \frac{GM}{r^3} \mathbf{r},\tag{37}
$$

where we dropped the particle label index because drag and accretion forces are the same for both particles. Additionally, the total mass of the particles also evolves because of accretion. The total mass evolution is given by

³We note that we are considering a homogeneous medium. Density lumps in the medium can introduce asymmetries that can affect the outcome of the motion.

$$
\dot{M} = \frac{G^2 M^2 \rho I_a}{2}.
$$
\n(38)

To track the eccentricity of the system, it is useful to describe the evolution of the total mechanical energy and the angular moment of the reduced mass. The evolution of the mechanical energy can be found by analyzing the power extracted by the external force. We have that the energy per unit of reduced mass is determined by

$$
\dot{\varepsilon} = -\frac{G^2 M \rho (I_a + I_v)}{2} \dot{\mathbf{r}} \cdot \dot{\mathbf{r}} = -\frac{G^2 M \rho k}{2v},\qquad(39)
$$

where $v = |\dot{\mathbf{r}}|$, and we considered $(I_a + I_v) \approx k/v^3$, which is valid even for collisional DF in the limit $v/c_s \gg 1^4$. The evolution of the angular momentum per reduced mass $(|\mathbf{r} \times \dot{\mathbf{r}}|)$ follows from the differential Eq. [\(37\)](#page-3-4),

$$
\dot{h} = -\frac{G^2 M \rho k}{2v^3} h. \tag{40}
$$

Finally, the eccentricity can be found by tracking

$$
e = \sqrt{1 + 2\frac{\varepsilon h^2}{G^2 M^2}}.\tag{41}
$$

1. Averaging the energy and angular momentum evolution for elliptic orbits

In a similar fashion to that of Sec. [II](#page-0-0) where we dealt with fundamental fields, we can consider Eqs. [\(39\)](#page-4-0) and [\(40\)](#page-4-1) as "fluxes" in which the rhs is computed for a fixed orbit. For simplicity, let us consider only DF, i.e., M is constant during the evolution. For an elliptical orbit, using the average defined in Appendix [A,](#page-7-0) we find the energy and angular momentum loss for one complete cycle

$$
\langle \dot{\varepsilon} \rangle = -\frac{a(1 - e^2)^2 G k \rho \sqrt{\frac{GM}{a}}}{4\pi} \int_0^{2\pi} d\varphi g_{\varepsilon}, \qquad (42)
$$

$$
\langle \dot{h} \rangle = -\frac{a^2(1 - e^2)^{7/2} G k \rho}{4\pi} \int_0^{2\pi} d\varphi g_h, \tag{43}
$$

$$
g_h = (1 + e \cos \varphi)^{-2} (1 + e^2 + 2e \cos \varphi)^{-3/2}, \quad (44)
$$

$$
g_{\varepsilon} = (1 + e \cos \varphi)^{-2} (1 + e^2 + 2e \cos \varphi)^{-1/2}. \quad (45)
$$

Finally, we can use the following relations

$$
a = -\frac{GM}{2\varepsilon}, \qquad e^2 = 1 - 2\frac{\varepsilon h^2}{G^2 M^2}, \tag{46}
$$

to rewrite Eqs. (42) – (43) in terms of a and e. For loweccentricity orbits, we find

$$
\langle \dot{a} \rangle = -k\rho \sqrt{\frac{Ga^5}{M}} \bigg(1 + \frac{3e^2}{4} + \mathcal{O}(e^4) \bigg), \tag{47}
$$

$$
\langle \dot{e} \rangle = \frac{3}{2} k \rho \sqrt{\frac{G a^3}{M}} e \left(1 + \frac{3e^2}{8} + \mathcal{O}(e^4) \right). \tag{48}
$$

From the above relations, we see that eccentricity increases in time under the effect of the dissipative environmental forces. This has been observed in some works considering motion under the influence of drag [\[12,27,37\].](#page-12-7)

Using the formalism of adiabatic invariants (see e.g., [\[38\]](#page-12-21)) one may be led to expect eccentricity to be constant under the adiabatic approximation (which would contradict some of the results discussed here). While eccentricity is a constant at leading order, the semimajor axis does evolve one this timescale, and some conclusions can be drawn for GW binary systems [\[39\]](#page-12-22). Although eccentricity is indeed an adiabatic invariant at leading order, it does not need to be (and it is not, in general) a constant of motion at next-toleading order [\[40,41\].](#page-12-23) Additionally, under the regime of validity of the adiabatic approximation, it is true that the eccentricity must change over a timescale much larger than, for instance, the semimajor axis (which is not a constant of motion at leading order). We have verified that eccentricity indeed increase by considering, for instance, a system subject to only accretion-driven forces (which is subdominant over DF), with the evolution of $e(a)$ converging for $\rho \rightarrow 0$, indicating that indeed eccentricity does change adiabatically.

2. Dissipative forces, GWs and the eccentricity evolution

As seen above, dissipative forces such as DF increase the orbital eccentricity of the binary. On the other hand, radiative mechanisms, such as GW emission, act to decrease the orbital eccentricity. We now quantify the combined effect, to understand how binaries behave in astrophysical environments, focusing in the GW channel only. We can use the equations for $\langle \dot{a} \rangle$ and $\langle \dot{e} \rangle$ to compute da/de . When only GW emission contributes [\[3,42\]](#page-12-2),

$$
\frac{da}{de} = \frac{12a}{19e} \left(1 + \frac{3323}{912} e^2 + \mathcal{O}(e^4) \right) \quad \text{(GW only).} \tag{49}
$$

On the other hand, DF alone produces

$$
\frac{da}{de} = -\frac{2a}{3e} \left(1 + \frac{3}{8}e^2 + \mathcal{O}(e^3) \right) \quad \text{(DF only).} \tag{50}
$$

Curiously, the DF result (expressed in this way) does not depend explicitly on the medium density. At linear order, we can combine the effects of GW emission and DF by

⁴For the model adopted here, considering only DF, we have $k = 32\pi\lambda$ (note that $v_i = v/2$ for symmetric binaries).

FIG. 1. Eccentricity evolution of a binary system, with an initial semiaxis $a/M = 10^7$. Bottom axis shows the semimajor axis as function of eccentricity, top axis shows the GW frequency. We run the binary up to a distance of $a = 100M$. Blue bands indicate LISA's frequency range [\[43\]](#page-12-24). Left panel: we consider a system with an initial eccentricity of $e = 10^{-3}$ and different values of the environment density. Dashed line in inset shows threshold values for which periastron is 100M. Right panel: we fix the density to be $\rho M^2 = 10^{-29}$. changing the initial eccentricity of the system. The vertical line indicates the critical distance, given by Eq. [\(52\)](#page-5-0).

simply adding the energy and angular momentum loss, and find, up to terms of order $\mathcal{O}(e^0)$,

$$
\frac{da}{de} = \frac{6a(5c^5k\rho\sqrt{GMa^{11}} + 32G^3M^4)}{e(304G^3M^4 - 45c^5k\rho\sqrt{GMa^{11}})} (GW + DF). \quad (51)
$$

Interestingly, when the two effects are combined the density of the medium manifests itself. This is because the density balances the contribution from the energy and angular momentum loss. For $\rho = 0$, we recover the standard GW case. Clearly, there is a critical value for the distance as function of the medium density in which da/de changes sign. We have

$$
\frac{a_{\rm c}}{\left(\frac{100GM_{\odot}}{c^2}\right)} = 3 \times 10^4 k^{-2/11} \left(\frac{M}{100 M_{\odot}}\right)^{7/11} \left(\frac{\rho_{10}}{\rho}\right)^{2/11},\tag{52}
$$

where $\rho_{10} = 10^{-10}$ g cm³. For $a \lesssim a_c$, GW emission is dominant over DF and the eccentricity decreases. The factor $k^{-2/11} \in [0.1, 0.5]$ for most reasonable scenarios.⁵

The critical distance given by Eq. [\(52\)](#page-5-0) dictates the balance between environmental forces and GW emission, indicative of whether quasicircular orbits are indeed expected close to coalescence. However, other factors may be important. One of them is the adiabatic assumption (explored in the Appendix [B,](#page-11-0) where we show evidence that it does not impact our findings substantially), the other concerns the eccentricity evolution, which depends on the initial conditions and which may lead to extremely small periastron distances.

Figure [1](#page-5-1) shows the result of the integration of Eq. [\(51\)](#page-5-2), including corrections for the DF part up to order $\mathcal{O}(e^{12})$. We focus on initial semimajor axis of $a(e_0) = 10^7 M$, for different values of the medium density and the initial eccentricity of the system, but the results hold for other initial distances, observing as the density scales with the separation of the system. Note that

$$
\frac{G^3}{c^6} \rho M^2 = 1.6 \times 10^{-24} \frac{\rho}{\rho_{10}} \left(\frac{M}{100 M_\odot}\right)^2, \quad (53)
$$

where we used values typical of event GW190521 [\[7,8,11\]](#page-12-4) as reference values.

It is clear from the figure that the eccentricity increases when the environmental effects dominate, for separations larger than those in Eq. [\(52\)](#page-5-0). In this region $e \propto (a/M)^{-3/2}$, regardless of the medium density and of the initial eccentricity, as predicted by Eq. [\(50\).](#page-4-4) It is also important to note that, while for small separations GW drives the process with $e \propto (a/M)^{19/12}$, the eccentricity inherited from the environment-dominated phase may be substantial. Thus, the system could still be observed with a considerable eccentricity in a wide range of binary evolution stages. Note that $\rho M^2 \sim 10^{-22}$ or larger are possible close to the inner edge of thin accretion disks, thus eccentricities larger than $e \sim 0.1$ are expected during a substantial portion of the time-in band for a detector such as LISA.

It is instructive to understand the initial and final stages of the binary evolution analytically. As indicated previously, the GW and medium dominated regions can be estimated by looking into their respective solutions for low eccentricities [i.e., Eqs. [\(49\)](#page-4-5) and [\(50\)](#page-4-4)]. The link between the two regimes can be estimated by analyzing Eq. [\(51\)](#page-5-2),

⁵Considering $\lambda \in [0.5, 2000]$.

imposing the initial eccentricities $e_0 = e(a_0)$. Let us assume that the motion starts far from the critical distance [\(52\)](#page-5-0). We obtain the following simple expressions for the two regimes

$$
e = \begin{cases} e_0(\frac{a}{a_0})^{-3/2}, & a \gg a_c, \\ 0.35e_0\tilde{a}_0^{3/2}\tilde{a}^{19/12}(k\tilde{\rho})^{37/66}, & a \ll a_c, \end{cases}
$$
(54)

with $\tilde{a} = a/(GM/c^2)$, and $\tilde{\rho} = G^3 M^2 \rho/c^6$. The above solutions are valid mostly for low densities and low initial eccentricities. These expressions can be used to understand all of the peculiarities of Fig. [1](#page-5-1).

For very large eccentricities, it is conceivable that the distance of closest approach would be so small that the components would effectively collide. For the systems we explored, this possibility is not realized. The minimum distance r_{min} obeys

$$
r_{\min} > 100 \frac{GM}{c^2},\tag{55}
$$

which can be translated to maximum eccentricity of $e = 1-100(GM/c^2)/a$, represented by the dashed line in the inset of the left panel of Fig. [1](#page-5-1). This indicates that we can expect the objects to pass relatively close to each other without colliding during the evolution, for the density range investigated in the figure. Interestingly, this collision avoidance is only possible due to the GW effect of decreasing the binary eccentricity: if only the medium effects were in play, the objects would collide much sooner and during a highly eccentric motion.

Newtonian circular binaries emit GWs at a frequency $f_{\rm GW} = \omega_0/\pi$. Eccentricity makes the spectrum more complex. Elliptical orbits will in general generate a spectrum

$$
f_{\rm GW} = n \frac{\omega_0}{2\pi}, \quad \text{with} \quad n \ge 1. \tag{56}
$$

Therefore, in general, all harmonics of the orbital frequency contribute to the GW frequency. The dominant frequency, or equivalently the $n = \bar{n}$, depends on the eccentricity of the system. The higher the eccentricity, the higher the value of \bar{n} . In other words, high-frequency bursts are emitted at periastron [\[44\]](#page-12-25), which means in practice that the source can enter the LISA band much sooner than what seems to be implied by the figure. In Fig. [1](#page-5-1) we also show the frequency of the system normalized by the value of n . We highlight that the frequencies fall into the LISA band while having a considerable eccentricity.

B. Asymmetric binaries and accretion

To implement the simple adiabatic approximation described in the previous sections, we have focused on symmetric binaries and neglected accretion. This approximation enabled us to understand the evolution under the

FIG. 2. Eccentricity evolution for different initial mass ratios $(q = 1.0, 1.5, and 2.0)$, when accretion is included. The dashed line is an analytical fit that enable us to predict at which distance the system will reach highly eccentric motion.

effect of both dynamical friction and GW backreaction. However, asymmetry leads to novel, important effects. It was realized recently that unequal-mass binaries may acquire a large center-of-mass velocity as the evolution proceeds [\[12\]](#page-12-7). We can also verify here that accretion might not play a central role in the earlier stages of eccentricity gain.

In order to understand asymmetric binaries and the influence of accretion, we integrate the full system of equations given by Eqs. [\(26\)](#page-3-0)–[\(27\)](#page-3-1) and [\(35\)](#page-3-2)–[\(36\)](#page-3-3), neglecting possible GW backreaction into the system. This approximation should be valid far from the critical distance [\(52\)](#page-5-0), where the environmental effects dominate over GW. We also focus in a regime in which the adiabatic approximation is valid for symmetric binaries in the absence of accretion.

In Fig. [2](#page-6-0) we plot the eccentricity as function of the orbital distance for a medium with density $\rho M^2 = 10^{-29}$, with initial separation major semiaxis $a_0 = 10^7 M$ and eccentricity $e = 0.001$. We verify that the results remain essentially the same for $\rho M^2 \in [10^{-28}, 10^{-30}]$, indicating that we are in the regime in which the adiabatic approximation is valid (see Appendix [B](#page-11-0)). We also consider initial mass ratios $q = 1, 1.5$ and 2. For higher mass-ratios eccentricity grows faster as the distance decreases, which is evident by analyzing the slope of the curves in Fig. [2](#page-6-0). We also display this eccentricity growth by using a fit (dashed lines in Fig. [2\)](#page-6-0) to extrapolate the evolution data up to higher eccentricities. This implies that asymmetric binaries will reach highly eccentric motion faster than symmetric ones.

Accretion has little impact in the evolution of eccentricity, when compared to dynamical friction, for the density range considered in this paper. However, we should highlight that this is model dependent: to perform the computations, we fix the DF model with $\lambda = 20$. In general, in the high-velocity limit, the ratio between the DF force and accretion force is λ , and, as such, $\lambda = 20$ indicates a medium in which dynamical friction generally dominates

over accretion. Additionally, because λ appears combined with the medium density in the DF force, it also influences the density scales in which the orbits evolve adiabatically.

IV. DISCUSSION

We studied the evolution of eccentricity of compact binaries, evolving via emission of massless fields and of environmental accretion and gravitational drag. We proved that the emission of massless scalars, vectors of tensors circularizes the orbits. In particular, the critical distance at which the orbits start to circularize is larger when additional scalar or vector charges are considered. The integration of Eqs. (19) – (20) shows that

$$
a/M = c \frac{e^{4/3}}{1 - e^2},
$$
\n(57)

with c a constant, for scalar or vector-driven binaries. Compare this against the gravitational-driven result, $a/M \sim$ $ce^{12/19}/(1 - e^2)$ at small eccentricities [\[3\].](#page-12-2) The eccentricity for these channels thus decays less quickly than in vacuum. Nevertheless, even when additional massless fields are considered, circular orbits remain stable.

By contrast, we show that sources of interest for GW detectors, evolving in thin accretion disks or other relatively large-density environment may inherit a substantial eccentricity by the time they reach the mHz band. As we showed, high eccentricity is also a key feature of large mass ratio binaries, which is one possible explanation of the GW190521 event [\[45\].](#page-12-26) Together with previous results on the center-of-mass velocity of asymmetric binaries [\[12\]](#page-12-7), these results show that modeling binaries in accretion disks or nontrivial environments is challenging but crucial. In particular, these effects may have an important impact in attempts at constraining environmental properties [\[31,46](#page-12-27)– [48\]](#page-12-27) or on testing fundamental properties of compact binaries [\[25,49\].](#page-12-14)

Our results complement previous findings [\[50,51\].](#page-12-28) In particular, eccentricity excitation via asymmetric torques from circumbinary discs was found to keep supermassive black holes on eccentric orbits for a relevant fraction of their evolutionary phase [\[50\]](#page-12-28). Along the same line, it was recently shown that circumbinary disk torques may lead an equal-mass binary to evolve towards an equilibrium orbital eccentricity of $e \approx 0.45$ [\[51\].](#page-12-29) Interestingly, in that same analysis it was found that, when the circumbinary gas is in a thin disk, DF causes a damping in the eccentricity if the orbital eccentricity is $e > 0.45$. This effect is not captured by our model, as we do not consider the full modeling of the fluid perturbations and its gravitational effects.

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APPENDIX A: SCALAR AND VECTOR RADIATION

In addition to GW emission, many theories predict that binary could also emit through other channels, such as scalar and vector radiation. These additional emission can take place, for instance, if the BHs composing the binaries have scalar charges, as it is the case for self-interacting scalar fields, or even electromagnetic charges, as predicted by the Kerr-Newman class of BHs. In what follows, we explore the consequences of additional radiative sectors for the evolution of binaries.

1. Scalar charge

a. The theory

Consider the following theory describing a real massless scalar field Φ sourced by two particles moving on a curved spacetime with metric $g_{\mu\nu}$:

$$
S = \int d^4x \sqrt{-g} \left[\frac{R}{8\pi G} - g^{\mu\nu} \Phi_{,\mu} \Phi_{,\nu} - \frac{2}{\sqrt{-g}} \sum_{j=1}^2 (m_j + 4\pi q_j^0 \Phi) \int d\lambda \sqrt{-g_{\mu\nu} \dot{z}_j^{\mu} \dot{z}_j^{\nu} \delta^4 (x - z_j)} \right],
$$
\n(A1)

with $\Phi_{\mu} \equiv \partial \Phi / \partial x^{\mu}$ and the determinant $g \equiv \det(g_{\mu\nu})$. Here $z_j^{\mu}(\lambda)$ is the world line of the particle $j = \{1, 2\}$ para-
matrized by 1 with $z^{\mu} = d z^{\mu} (d)$. Particle i has mass and metrized by λ , with $\dot{z}_j^{\mu} \equiv dz_j^{\mu}/d\lambda$. Particle j has mass and scalar charge, respectively, m_j and q_j^0 . This theory has been extensively studied (see, e.g., Refs. [\[52,53\]](#page-12-30)).

Taking the variation of the action with respect to $g_{\mu\nu}$ yields

$$
G_{\mu\nu} = 8\pi G \left[T_{\mu\nu}^S + \frac{1}{\sqrt{-g}} \sum_{j=1}^2 (m_j + 4\pi q_j^0 \Phi) \times \int d\lambda \frac{(\dot{z}_j)_{\mu} (\dot{z}_j)_{\nu}}{\sqrt{-g_{\alpha\beta} \dot{z}_j^{\alpha} \dot{z}_j^{\beta}}} \delta^4(x - z_j(\lambda)) \right], \qquad (A2)
$$

with the scalar stress-energy tensor

$$
T_{\mu\nu}^S = \Phi_{,\mu}\Phi_{,\nu} - \frac{g_{\mu\nu}}{2}g^{\alpha\beta}\Phi_{,\alpha}\Phi_{,\beta}.
$$
 (A3)

The variation of S with respect to $\delta\Phi$ gives

$$
\frac{1}{\sqrt{-g}} \partial_{\mu} (\sqrt{-g} g^{\mu\nu} \partial_{\nu} \Phi)
$$

=
$$
\frac{4\pi}{\sqrt{-g}} \sum_{j=1}^{2} q_j^0 \int d\lambda \sqrt{-g_{\mu\nu} \dot{z}_j^{\mu} \dot{z}_j^{\nu}} \delta^4(x - z_j(\lambda)), \quad (A4)
$$

and with respect to δz_j^{μ} gives

$$
(m_j + 4\pi q_j^0 \Phi) u_j^{\alpha} \nabla_{\alpha} u_j^{\mu} = -4\pi q_j^0 (g^{\mu \alpha} + u_j^{\mu} u_j^{\alpha}) \Phi_{,\alpha}, \quad (A5)
$$

where ∇ is the Levi-Civita covariant derivative, $u_j^{\mu} \equiv$ $dz_j^{\mu}/d\tau_j$ is the 4-velocity of particle j and τ_j is its proper time.

b. Newtonian binary with no radiation

Consider a slowly moving, Newtonian binary, such that energy and angular momentum fluxes can be neglected at leading order. In this limit Eq. [\(A2\)](#page-7-1) becomes a simple Poisson equation [\[54\].](#page-12-31)

$$
\nabla^2 U = 4\pi G \sum_{j=1}^2 m_j \delta^3(\mathbf{x} - \mathbf{r}_j(t)), \tag{A6}
$$

where $z_j^{\mu} \equiv (t, r_j(t))$. The gravitational potential $U(t, x)$ is
weak i.e. $|U| \ll 1$ and enters in the Newtonian metric weak, i.e., $|U| \ll 1$, and enters in the Newtonian metric

$$
ds^{2} = -(1+2U)dt^{2} + dr^{2} + r^{2}(d\theta^{2} + \sin^{2}\theta d\varphi^{2}).
$$
 (A7)

There is a (slowly time-varying) scalar field sourced by the point charges described by Eq. [\(A4\),](#page-8-0) which in this limit becomes also a Poisson equation

$$
\nabla^2 \Phi_0 = 4\pi \sum_{j=1}^2 q_j^0 \delta^3(\mathbf{x} - \mathbf{r}_j(t)).
$$
 (A8)

The equation of motion of the particles [\(A5\)](#page-8-1) simplifies to a geodesic equation

$$
u_j^{\alpha} \nabla_{\alpha} u_j^{\mu} = -\frac{4\pi q_j^0}{m_j + 4\pi q_j^0 \Phi_0} g^{\mu \alpha} \Phi_{,\alpha}.
$$
 (A9)

We see that the particles are accelerated by the scalar. With the Newtonian metric $(A7)$ and assuming $q_1, q_2 \ll |r_2 - r_1|$, this equation can be written in a familiar form⁶

$$
\frac{d^2}{dt^2}\mathbf{r}_j = -\nabla U(t,\mathbf{r}_j) - 4\pi \frac{q_j^0}{m_j} \nabla \Phi_0(t,\mathbf{r}_j), \quad \text{(A11)}
$$

where ∇ is the usual three-dimensional gradient operator. Using Eq. $(A6)$ we obtain

$$
U(t,\mathbf{r}_1) = \frac{Gm_2}{|\mathbf{r}_2(t) - \mathbf{r}_1|}, \quad U(t,\mathbf{r}_2) = \frac{Gm_1}{|\mathbf{r}_2 - \mathbf{r}_1(t)|}, \quad \text{(A12)}
$$

$$
\Phi_0(t, r_1) = \frac{q_2^0}{|r_2(t) - r_1|}, \quad \Phi_0(t, r_2) = \frac{q_1^0}{|r_2 - r_1(t)|}, \quad \text{(A13)}
$$

c. Elliptic motion and orbit averaging

As one expects, [\(A11\)](#page-8-4) with [\(A13\)](#page-8-5) describes the Keplerian orbital motion with energy and angular momentum given in Eq. [\(14\).](#page-2-3) These differ from [\(3\)](#page-1-1) and [\(4\)](#page-1-2) due to the scalar interaction. Using spherical coordinates with origin at the center of mass the trajectories can be written as $r_1 = (r_1(\varphi_p), \varphi_p, \pi/2)$ and $r_2 = (r_2(\varphi_p), \varphi_p + \pi, \pi/2)$ with

$$
r_1 = \frac{m_2}{M} r_p, \qquad r_2 = \frac{m_1}{M} r_p, \tag{A14}
$$

$$
r_p(\varphi_p) = \frac{a(1 - e^2)}{1 + e \cos \varphi_p}.
$$
 (A15)

Their angular velocity is

⁶One can see this directly by plugging the Newtonian metric [\(A7\)](#page-8-2) inside the particle's action in [\(A1\)](#page-7-2), obtaining

$$
S_{\text{part}} = \sum_{j} m_{j} \int dt \sqrt{(1+2U) - |dr_{j}/dt|^{2}}
$$

$$
\simeq \sum_{j} m_{j} \int dt \left(1 + U - \frac{1}{2} |dr_{j}/dt|^{2}\right). \tag{A10}
$$

This is just the action describing a nonrelativistic system of particles in a gravitational potential U .

Actually, in this step we cannot really consider point sources, otherwise we would find problems with a diverging "self-force." Fortunately, this is not a real problem, and we can proceed by assuming that the particles have a small, but finite, size.

$$
\dot{\varphi}_p = \sqrt{\frac{\tilde{G}M}{a^3}(1 - e^2)^{-3/2}(1 + e \cos \varphi)^2}.
$$
 (A16)

Finally, we define the average of a quantity X over one period T as

$$
\langle X \rangle = \frac{\omega_0}{2\pi} \int_0^{2\pi} \frac{d\varphi}{\dot{\varphi}} X(\varphi), \tag{A17}
$$

where ω_0 is the (Keplerian) orbital frequency.

d. Radiation emitted by a Newtonian binary

A Newtonian binary sources a scalar field described by Eq. [\(A4\)](#page-8-0), which can be put in the form

$$
\Box \Phi = 4\pi \rho(t, \mathbf{x}) \equiv \frac{4\pi}{\sqrt{-g}} \sum_{j=1}^{2} q_j^0 \delta^3(\mathbf{x} - \mathbf{r}_j(t)). \quad (A18)
$$

Thus, the binary will lose energy and angular momentum through this channel and the motion will not be truly Keplerian; the radiation reaction force entering [\(A5\)](#page-8-1) (which we are neglecting in the computation of the radiation, because we are using an adiabatic approximation) will be responsible for a deviation to the Keplerian orbit. Let us compute the radiation emitted by this binary of scalar charges in the (leading) dipole approximation.

In the Newtonian approximation the scalar radiation propagates in flat space. So, the solution of (sourced) scalar wave equation is

$$
\Phi(t,\mathbf{x}) = \int d^3 \mathbf{x}' \sqrt{-g'} \frac{\rho(t - |\mathbf{x} - \mathbf{x}'|, \mathbf{x}')}{|\mathbf{x} - \mathbf{x}'|}.
$$
 (A19)

In the dipole approximation it is easy to see that

$$
\Phi(t, r \to \infty, \theta, \varphi) \simeq \frac{1}{r} \boldsymbol{e}_r \cdot \dot{\boldsymbol{p}}(t - r), \qquad \text{(A20)}
$$

with the dipole moment

$$
\boldsymbol{p}(t) \equiv \int d^3 \boldsymbol{x}' \sqrt{-g'} \rho(t, \boldsymbol{x}') \boldsymbol{x}' = \left(\frac{q_1^0 m_2 - q_2^0 m_1}{M}\right) \boldsymbol{r}_p(t).
$$

This approximation is valid for scalar waves with frequency $\omega \sim \omega_0 \ll 1/a$, where ω_0 is the orbital frequency (which is compatible with the Newtonian approximation). The radiated energy flux is

$$
\dot{E}^{\text{rad}} = -\lim_{r \to \infty} r^2 \int d\Omega T_{rt}^S, \tag{A21}
$$

and the angular momentum through

$$
\dot{L}^{\text{rad}} = \lim_{r \to \infty} r^2 \int d\Omega T^S_{r\varphi}.
$$
 (A22)

Plugging the dipole approximation in the scalar's stressenergy tensor [\(A3\)](#page-8-6) we can write the last two expressions in the form

$$
\dot{E}^{\text{rad}} = \left(\frac{q_1^0 m_2 - q_2^0 m_1}{M}\right)^2 \int d\Omega [\mathbf{e}_r \cdot \ddot{\mathbf{r}}_p]^2,
$$

= $\frac{4\pi}{3} \frac{\tilde{G}^2}{r_p^4} (q_1^0 m_2 - q_2^0 m_1)^2,$ (A23)

where we used $\ddot{\mathbf{r}}_p = -\tilde{G}M\mathbf{r}_p/r_p^3$ and integrated over the sphere and sphere, and

$$
\dot{L}^{\text{rad}} = -\left(\frac{q_1^0 m_2 - q_2^0 m_1}{M}\right)^2 \int d\Omega (\mathbf{e}_r \cdot \ddot{\mathbf{r}}_p) \partial_{\varphi} (\mathbf{e}_r \cdot \dot{\mathbf{r}}_p)
$$

= $\frac{4\pi}{3} \tilde{G}^{\frac{3}{2}} \frac{\sqrt{a(1 - e^2)}}{\sqrt{M} r_p^3} (q_1^0 m_2 - q_2^0 m_1)^2.$ (A24)

Averaging over an orbit we find

$$
\langle \dot{E}^{\text{rad}} \rangle = \frac{2\pi}{3} \frac{\tilde{G}^2}{a^4} (q_1^0 m_2 - q_2^0 m_1)^2 \left(\frac{2 + e^2}{(1 - e^2)^{\frac{5}{2}}} \right), \quad \text{(A25)}
$$

$$
\langle \dot{L}^{\text{rad}} \rangle = \frac{4\pi}{3} \frac{\tilde{G}^{\frac{3}{2}}}{\sqrt{M} a^{\frac{5}{2}} (1 - e^2)} (q_1^0 m_2 - q_2^0 m_1)^2, \quad \text{(A26)}
$$

resulting in the ratio

$$
\frac{\langle \dot{L}^{\text{rad}} \rangle}{\langle \dot{E}^{\text{rad}} \rangle} = \frac{\sqrt{1 - e^2}}{\omega_0} \left(\frac{1 - e^2}{1 + \frac{e^2}{2}} \right). \tag{A27}
$$

In the adiabatic approximation the major semiaxis and the eccentricity follow

$$
\langle \dot{a} \rangle = -\frac{2a^2 \langle \dot{E}^{\text{rad}} \rangle}{\tilde{G} m_1 m_2} < 0,\tag{A28}
$$

$$
\langle \dot{e} \rangle = \sqrt{\frac{M}{\tilde{G}a}} \frac{\sqrt{1 - e^2}}{e} \frac{\langle \dot{E}^{\text{rad}} \rangle}{m_1 m_2} \left(\frac{\langle \dot{L}^{\text{rad}} \rangle}{\langle \dot{E}^{\text{rad}} \rangle} - \frac{\sqrt{1 - e^2}}{\omega_0} \right),
$$

=
$$
-\sqrt{\frac{M}{\tilde{G}a}} \left(\frac{1 - e^2}{e \omega_0} \right) \frac{\langle \dot{E}^{\text{rad}} \rangle}{m_1 m_2} \left(\frac{3e^2}{2 + e^2} \right) \le 0.
$$
 (A29)

Thus, the emission of scalar radiation by a binary causes the major semiaxis and the eccentricity to decrease in time: the orbit shrinks and circularizes. In the circular orbit limit our results are in agreement with those of Refs. [20–[22\].](#page-12-12)

2. Electric charge

a. Theory

Here we consider the theory of an electromagnetic field A_{μ} sourced by two electric charges moving on a curved spacetime with metric $g_{\mu\nu}$,

$$
S = \int d^4x \sqrt{-g} \left[\frac{R}{8\pi} - \frac{1}{2} F^{\mu\nu} F_{\mu\nu} \right. \left. - \frac{2}{\sqrt{-g}} \sum_{j=1}^2 m_j \int d\lambda \sqrt{-g_{\mu\nu} \dot{z}_j^{\mu} \dot{z}_j^{\nu}} \delta^4(x - z_j) \right. \left. - \frac{8\pi}{\sqrt{-g}} \sum_{j=1}^2 q_j^1 A_\alpha \int d\lambda \dot{z}_j^{\alpha} \delta^4(x - z_j) \right],
$$
\n(A30)

where $F_{\mu\nu} \equiv \partial_{\mu}A_{\nu} - \partial_{\nu}A_{\mu}$ and q_j^1 is the electric charge of particle j.

Taking the variation of the action with respect to A_u yields the (sourced) Maxwell equations

$$
\partial_{\mu}F^{\mu\nu} = 4\pi J^{\nu},\tag{A31}
$$

$$
J^{\nu} \equiv \frac{1}{\sqrt{-g}} \sum_{j=1}^{2} q_{j}^{1} u_{j}^{\nu} \delta^{3} (\mathbf{x} - \mathbf{r}_{j}), \qquad (A32)
$$

where u_i is the 4-velocity of particle j. In the Newtonian approximation and neglecting radiation (valid for slowly moving charges) we can repeat the exact same steps that we applied to the scalar charges to find that the electric charges also describe a Keplerian orbit; the only difference being that in the definition of \tilde{G} we have now electric charges instead of scalar charges.

The stress-energy tensor of the electromagnetic field is

$$
T_{\mu\nu}^{\text{EM}} = -\frac{1}{4} F^{\alpha\beta} F_{\alpha\beta} g_{\mu\nu} + F_{\mu\alpha} F_{\nu}{}^{\alpha}.
$$
 (A33)

b. Radiation emitted by a Newtonian binary

Again, the binary will radiate energy and angular momentum—in this case through electromagnetic waves and the motion will not be truly Keplerian; in the regime we are considering, the orbits will change adiabatically.

Using the Lorenz gauge $\partial_{\mu}A^{\mu} = 0$ the sourced Maxwell equations become

$$
\Box A^{\alpha} = 4\pi J^{\alpha}, \qquad (A34)
$$

which we can decompose into

$$
\Box \Phi = 4\pi \rho(t, x) \equiv \frac{4\pi}{\sqrt{-g}} \sum_{j=1}^{2} q_j^1 \delta^3(x - r_j), \quad (A35)
$$

$$
\Box A = 4\pi j(t, x) \equiv \frac{4\pi}{\sqrt{-g}} \sum_{j=1}^{2} q_j^1 v_j \delta^3(x - r_j), \qquad (A36)
$$

where we used that the sources are nonrelativistic. In the Newtonian approximation we consider that the electromagnetic waves propagate in flat space. So, the solution to the (sourced) Maxwell equations is

$$
\Phi(t,\mathbf{x}) = \int d^3 \mathbf{x}' \sqrt{-g'} \frac{\rho(t - |\mathbf{x} - \mathbf{x}'|, \mathbf{x}')}{|\mathbf{x} - \mathbf{x}'|}, \quad \text{(A37)}
$$

$$
A(t,x) = \int d^3x' \sqrt{-g'} \frac{j(t-|x-x'|,x')}{|x-x'|}.
$$
 (A38)

In the dipole approximation one can show that

$$
\Phi(t, r \to \infty, \theta, \varphi) \simeq \frac{1}{r} e_r \cdot \dot{p}(t - r), \quad (A39)
$$

$$
A(t, r \to \infty, \theta, \varphi) \simeq \frac{1}{r} \dot{p}(t - r), \tag{A40}
$$

with the dipole moment

$$
\boldsymbol{p}(t) \equiv \int d^3x' \sqrt{-g'} \rho(t, x') x' = \left(\frac{q_1^1 m_2 - q_2^1 m_1}{M}\right) \boldsymbol{r}_p(t).
$$

Now, the magnetic field is

$$
\mathbf{B}(t, r \to \infty, \theta, \varphi) \equiv \nabla \times \mathbf{A} \simeq -\frac{1}{r} \mathbf{e}_r \times \ddot{\mathbf{p}}(t - r), \quad \text{(A41)}
$$

and using Ampère-Maxwell's law we have

$$
\dot{E}(t, r \to \infty, \theta, \varphi) = \nabla \times \boldsymbol{B} = \dot{\boldsymbol{B}} \times \boldsymbol{e}_r, \qquad (A42)
$$

which, integrating in time, gives the electric field

$$
E(t, r \to \infty, \theta, \varphi) = B \times e_r.
$$
 (A43)

These result in the Poynting vector

$$
S(t, r \to \infty, \theta, \varphi) \equiv E \times B = |B|^2 e_r, \qquad (A44)
$$

where we used Lagrange's rule for the triple cross product and that $(\mathbf{B} \cdot \mathbf{e}_r) = 0$. Now using the scalar quadruple product identity we have

$$
|\boldsymbol{B}|^2 = \frac{1}{r^2} (|\ddot{\boldsymbol{p}}|^2 - (\ddot{\boldsymbol{p}} \cdot \boldsymbol{e}_r)^2).
$$
 (A45)

So the radiated energy flux is

$$
\dot{E}^{\text{rad}} = -\lim_{r \to \infty} r^2 \int d\Omega T_{rt}^{\text{EM}} = \lim_{r \to \infty} r^2 \int d\Omega S \cdot \boldsymbol{e}_r,
$$

=
$$
\left(\frac{q_1^1 m_2 - q_2^1 m_1}{M}\right)^2 \int d\Omega [\vert \ddot{\boldsymbol{r}}_p \vert^2 - (\ddot{\boldsymbol{r}}_p \cdot \boldsymbol{e}_r)^2],
$$

=
$$
\frac{8\pi}{3} \frac{\tilde{G}^2}{r_p^4} (q_1^1 m_2 - q_2^1 m_1)^2,
$$
 (A46)

where we used $\ddot{\mathbf{r}}_p = -\tilde{G}M\mathbf{e}_r/r^2$ and integrated over the sphere. The radiated angular momentum flux

$$
\dot{L}^{\text{rad}} = \lim_{r \to \infty} r^2 \int d\Omega T^{\text{EM}}_{r\varphi},
$$
\n
$$
= 2 \left(\frac{q_1^1 m_2 - q_2^1 m_1}{M} \right)^2
$$
\n
$$
\times \int d\Omega [(\mathbf{e}_r \cdot \ddot{\mathbf{r}}_p) \partial_{\varphi} (\mathbf{e}_r \cdot \dot{\mathbf{r}}_p) - (\mathbf{e}_r \cdot \ddot{\mathbf{r}}_p) (\mathbf{e}_{\varphi} \cdot \ddot{\mathbf{r}}_p)],
$$
\n
$$
= \frac{8\pi}{3} \tilde{G}^{\frac{3}{2}} \frac{\sqrt{a(1 - e^2)}}{\sqrt{M} r_p^3} (q_1^1 m_2 - q_2^1 m_1)^2. \tag{A47}
$$

Thus, averaging over one orbital period, we conclude that the electric charges radiate twice the energy and twice the angular momentum per unit of time in comparison with the scalar charges [compare with Eqs. [\(A23\)](#page-9-0) and [\(A24\)](#page-9-1)]. So, the ratio between the angular momentum and energy carried by the radiated electromagnetic field $\langle \dot{L}^{\text{rad}} \rangle / \langle \dot{E}^{\text{rad}} \rangle$ is the same as for the scalar field and is given by [\(A27\)](#page-9-2). So, the emission of electromagnetic waves by a binary causes both the major semiaxis and eccentricity to decrease in time: the orbit shrinks and circularizes [see [\(A28\)](#page-9-3) and [\(A29\)\]](#page-9-4). Our results for the electromagnetic radiation emitted by a binary are in agreement with the ones of Refs. [\[23,24\].](#page-12-13)

APPENDIX B: WHEN THE ADIABATIC ASSUMPTION FAILS

We have made extensive use of the adiabatic approximation in the main text to analyze the evolution of the eccentricity of the system subjected to the GW and environmental forces. However, depending on the environmental density and the initial separation of the binary, this approximation may not be valid. In this subsection, we address how much the adiabatic approximation may underestimate the eccentricity increase in the system. In order to investigate the validity of the adiabatic approximation for equal mass binaries, we integrate Eq. [\(37\)](#page-3-4) (neglecting accretion), considering specific initial conditions. With the numerical solution, we construct the eccentricity as function of the orbital distance, by tracking

FIG. 3. Comparison between the numerical integration of Eq. [\(37\)](#page-3-4) and the result from the adiabatic approach. We plot the deviation normalized by the adiabatic result.

the expression [\(41\).](#page-4-6) Since this system only takes into account the environmental effects, we compare this solution to the one obtained from the adiabatic approach by integrating Eq. [\(50\)](#page-4-4) under similar conditions (with higher order of eccentricity included). With the results, we compute the relative deviation of the eccentricity, i.e.,

$$
\frac{\delta e}{e_a} = \frac{|e_n - e_a|}{e_a},\tag{B1}
$$

where e_n is the result from Eq. [\(37\)](#page-3-4) and e_a the one from the adiabatic approximation [considering terms up to $\mathcal{O}(e^{12})$]. The deviation depends on the medium density and the initial conditions, but we expect it to approach zero as the medium density decreases.

In Fig. [3](#page-11-1) we plot the eccentricity deviation, considering initial separation of $a = 10⁷M$ and initial eccentricity $e_0 = 0.001$. For the dynamical friction, we consider $\lambda = 20$. We can see that for densities of $\rho M^2 = 10^{-27}$ the adiabatic approximation fails to quantitatively describe the eccentricity evolution of the system, underestimating the eccentricity increasing from the DF. For densities as small as $\rho M^2 = 10^{-29}$ the adiabatic approach works mostly in the initial stages of the binary evolution. At late times, meaning short distances, we can see that the eccentricity deviation increases, indicating a possible breaking of the adiabatic approximation.

The discrepancy between the adiabatic and the numerical computation of the eccentricity increases at late times (smaller orbital distances), showing that we cannot underestimate the contribution from the environmental forces. Going beyond the adiabatic approximation shows that the eccentricity increases even further; this effect is enhanced for asymmetric binaries and accretion, as we discussed in the main text.

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