# <span id="page-0-1"></span>Deriving the inflaton in compactified M-theory with a de Sitter vacuum

Gordon Kane<sup>1</sup> and Martin Wolfgang Winkler<sup>2[,\\*](#page-0-0)</sup>

 ${}^{1}$ Leinweber Center for Theoretical Physics, Department of Physics, University of Michigan, Ann Arbor, Michigan 48109, USA<br><sup>2</sup>The Oskar Klein Centre for Cosmoparticle Physics, Department of Physics, Stockholm University,

Alba Nova, 10691 Stockholm, Sweden

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Compactifying M-theory on a manifold of  $G_2$  holonomy gives a UV complete 4D theory. It is supersymmetric, with soft supersymmetry breaking via gaugino condensation that simultaneously stabilizes all moduli and generates a hierarchy between the Planck and the Fermi scale. It generically has gauge matter, chiral fermions, and several other important features of our world. Here we show that the theory also contains a successful inflaton, which is a linear combination of moduli closely aligned with the overall volume modulus of the compactified  $G_2$  manifold. The scheme does not rely on *ad hoc* assumptions, but derives from an effective quantum theory of gravity. Inflation arises near an inflection point in the potential which can be deformed into a local minimum. This implies that a de Sitter vacuum can occur in the moduli potential even without uplifting. Generically present charged hidden sector matter generates a de Sitter vacuum as well.

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## I. INTRODUCTION

Countless papers have suggested particles or fields that can lead to an inflating universe. Most have used ad hoc mechanisms without identifying a physical origin—what is the inflaton? Such bottom-up descriptions, furthermore, rely on strong hidden assumptions on the theory of quantum gravity. More thorough proposals have identified the inflaton as part of a string theory construction in which the ultraviolet (UV) physics can be addressed. In this case, the inflaton arises in a theory that itself satisfies major consistency conditions and tests. The theory should also connect with the Standard Models of particle physics and cosmology. Ideally, its properties would uniquely determine the nature of the inflaton.

In this work, we focus on M-theory compactified spontaneously on a manifold of  $G_2$  holonomy. The resulting quantum theory is UV complete and describes gravity plus the Standard Model plus Higgs physics. When its hidden sector matter is included it has a de Sitter vacuum [\[1\]](#page-16-0). It stabilizes all the moduli and is supersymmetric with supersymmetry softly broken via gluino condensation [\[1\]](#page-16-0). It produces a hierarchy of scales and has quarks and leptons interacting via Yang-Mills forces. It generically has radiative electroweak symmetry breaking and correctly anticipates the ratio of the Higgs boson mass to the Z mass [\[2\].](#page-16-1) It also solves the strong CP problem [\[3\]](#page-16-2).

In this theory, a particular linear combination of moduli, that which describes the volume of the compactified region, generates inflation. By means of Kähler geometry, we will prove that a tachyonic instability develops if the inflaton is not "volume-modulus-like." In contrast to related proposals in type II string theory [4–[7\],](#page-16-3) volume modulus inflation on  $G<sub>2</sub>$  does not rely on uplifting or higher order corrections to the Kähler potential. This follows from the smaller curvature on the associated Kähler submanifold.

Besides being intuitively a likely inflaton, the volume modulus also resolves a notorious problem of string inflation: the energy density injected by inflation can destabilize moduli fields and decompactify the extra dimensions. Prominent moduli stabilization schemes including KKLT [\[8\],](#page-16-4) the large volume scenario [\[9\]](#page-16-5), and Kähler uplifting [\[10,11\]](#page-16-6) share the property that the volume modulus participates in supersymmetry breaking. Its stability is threatened once the Hubble scale of inflation H exceeds  $m_{3/2}$  [\[12](#page-16-7)–14]. In contrast, the volume modulus of the compactified  $G_2$ manifold drives inflation in the models that we will discuss. Thereby, the inflationary energy density stabilizes the system and  $H \gg m_{3/2}$  is realized. The supersymmetry breaking fields—light moduli and mesons of a strong hidden sector gauge theory—receive stabilizing Hubble mass terms on the inflationary trajectory.

<span id="page-0-0"></span>[<sup>\\*</sup>](#page-0-1) martin.winkler@su.se

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Inflation takes place close to an inflection point in the potential and lasts for 100–200 e-foldings. If we impose the observational constraints on the spectral index, we can predict the tensor-to-scalar ratio  $r \sim 10^{-6}$ . It is unlikely that other observables will directly probe the nature of the inflaton. However, inflation emerges as a piece of a theory which also implies low energy supersymmetry with a gravitino mass  $m_{3/2} \lesssim 100$  TeV and a specific pattern of superpartner masses. Gauginos are at the TeV scale and observable at LHC. Furthermore, a matter dominated cosmological history is predicted. In a sense, all aspects and tests of the theory are also tests of the nature of its inflaton, although technically they may not be closely related.

Less is known about  $G_2$  manifolds than about Calabi-Yau manifolds. This is being at least partially remedied via a 4-year, \$9 million study sponsored by the Simons Foundation started in 2017, focusing on  $G_2$  manifolds. Remarkably, the above successes were achieved without detailed knowledge of the properties of the manifolds.

# <span id="page-1-3"></span>II. DE SITTER VACUA IN  $G_2$ COMPACTIFICATIONS

## A. The moduli sector

We study M-theory compactifications on a flux-free  $G_2$ -manifold. The size and the shape of the manifold is controlled by moduli  $T_i$ . In our convention, the imaginary parts of the  $T_i$  are axion fields.<sup>1</sup> A consistent set of Kähler potentials is of the form [\[15,16\]](#page-16-8)

$$
K = -3\log\left(4\pi^{1/3}\mathcal{V}\right),\tag{1}
$$

<span id="page-1-0"></span>where  $V$  denotes the volume of the manifold in units of the 11-dimensional Planck length. Since the volume must be a homogeneous function of the ReT<sub>i</sub> of degree  $7/3$ , the following simple ansatz has been suggested [\[16\]](#page-16-9):

$$
K = -\log\left[\frac{\pi}{2}\prod_{i}(\bar{T}_i + T_i)^{a_i}\right], \qquad \sum_{i} a_i = 7, \quad (2)
$$

which corresponds to  $V = \prod_i (\text{Re} T_i)^{a_i/3}$ . We will drop the factor  $\pi/2$  in the following since it merely leads to an overall  $\mathcal{O}(1)$  factor in the potential not relevant for this discussion. A realistic vacuum structure with stabilized moduli is realized through hidden sector strong dynamics such as gaugino condensation. The resulting theory generically has massless quarks and leptons, and Yang-Mills forces [\[1\]](#page-16-0), and it has generic electroweak symmetry breaking, and no strong CP problem [\[3\]](#page-16-2).

We consider one or several hidden sector  $SU(N)$  gauge theories. These may include massless quark states  $Q, \bar{Q}$ transforming in the N and  $\bar{N}$  representations. Each hidden sector induces a nonperturbative superpotential due to gaugino condensation [\[17,18\]](#page-16-10),

$$
W = A \det \left( Q \bar{Q} \right)^{-\frac{1}{N-N_f}} \exp \left( -\frac{2\pi f}{N - N_f} \right),\tag{3}
$$

where  $N_f$  denotes the number of quark flavors. The coefficient A is calculable, but depends on the renormalization scheme as well as threshold corrections to the gauge coupling. The gauge kinetic function  $f$  is a linear combination of the moduli [\[19\],](#page-16-11)

$$
f = c_i T_i,\tag{4}
$$

with integer coefficients  $c_i$ . We now turn to the construction of de Sitter vacua with broken supersymmetry.

### B. Constraints on de Sitter vacua

<span id="page-1-1"></span>In this section we introduce some tools of Kähler geometry which can be used to derive generic constraints on de Sitter vacua in supergravity [\[20\]](#page-16-12). The same framework also applies to inflationary solutions (see, e.g., [\[5\]\)](#page-16-13) and will later be employed to identify the inflaton field. In order to fix our notation, we introduce the  $(F$ -term part) of the scalar potential in supergravity,

$$
V = e^G(G^iG_i - 3),\tag{5}
$$

with the function  $G = K + \log |W|^2$ . The subscript is indicates differentiation with respect to the complex scalar field  $\phi_i$ . Indices can be raised and lowered by the Kähler metric  $K_{i\bar{i}}$  and its inverse  $K^{\bar{i}j}$ . Extrema of the potential satisfy the stationary conditions  $V_i = 0$  which can be expressed as

$$
e^G(G_i + G^j \nabla_i G_j) + G_i V = 0,
$$
\n(6)

<span id="page-1-2"></span>where we introduced the Kähler covariant derivatives  $\nabla_i$ . The mass matrix at stationary points derives from the second derivatives of the potential [\[21\],](#page-16-14)

$$
V_{i\bar{j}} = e^G(G_{i\bar{j}} + \nabla_i G_k \nabla_{\bar{j}} G^k - R_{i\bar{j}m\bar{n}} G^m G^{\bar{n}}) + (G_{i\bar{j}} - G_i G_{\bar{j}}) V,
$$
\n(7)

$$
V_{ij} = e^G (2\nabla_i G_j + G^k \nabla_i \nabla_j G_k) + (\nabla_i G_j - G_i G_j) V, \quad (8)
$$

where  $R_{i\bar{j}m\bar{n}}$  denotes the Riemann tensor of the Kähler manifold. (Meta)stable vacua are obtained if the mass matrix is positive semidefinite. A weaker necessary condition requires the submatrix  $V_{i\bar{j}}$  to be positive semidefinite. All complex scalars orthogonal to the sgoldstino may acquire a large mass from the superpotential. In addition, the above mass matrix contains the standard soft terms relevant, e.g.,  ${}^{1}T_{i}$  in this work corresponds to  $iz_{i}$  defined in [\[1\].](#page-16-0) for the superfields of the visible sector.

<span id="page-2-4"></span>Stability constraints apply in particular to the sgoldstino direction which does not receive a supersymmetric mass. Via appropriate field redefinitions, we can set all derivatives of G to zero, except for one which we choose to be  $G_n$ . The curvature scalar of the one-dimensional submanifold associated with the sgoldstino is defined as

$$
R_n = \frac{K_{nn\bar{n}\bar{n}}}{K_{n\bar{n}}^2} - \frac{K_{nn\bar{n}}K_{n\bar{n}\bar{n}}}{K_{n\bar{n}}^3}.
$$
 (9)

<span id="page-2-5"></span>From the necessary condition, it follows that  $V_{n\bar{n}} \geq 0$  and, hence,

$$
e^G(2 - 3R_n) - VR_n \ge 0.
$$
 (10)

<span id="page-2-0"></span>For a tiny positive vacuum energy as in the observed Universe, the constraint essentially becomes [\[20\]](#page-16-12)

$$
R_n < \frac{2}{3}.\tag{11}
$$

This condition restricts the Kähler potential of the field responsible for supersymmetry breakdown. Indeed, it invalidates some early attempts to incorporate supersymmetry breaking in string theory. For the dilaton S in heterotic string theory, one can, e.g., derive the curvature scalar  $R_S = 2$  from its Kähler potential  $K = -\log(\bar{S} + S)$ . The scenario of dilaton-dominated supersymmetry breaking [\[22\]](#page-16-15) is, hence, inconsistent with the presence of a de Sitter minimum [\[20,23\]](#page-16-12). Kähler potentials of the noscale type  $K = -3 \log(\overline{T} + T)$ , with T denoting an overall Kähler modulus, feature  $R_T = 2/3$ . In this case [\(11\)](#page-2-0) is marginally violated. Corrections to the Kähler potential and/or subdominant  $F$  or  $D$  terms from other fields may then reconcile T-dominated supersymmetry breaking with the bound. Examples of this type include the large volume scenario [\[9\]](#page-16-5) as well as Kähler uplifting [\[10,11\]](#page-16-6).

A less constrained possibility to realize de Sitter vacua consists in the supersymmetry breaking by a hidden sector matter field. Hidden sector matter is present in compactified M-theory. When it is included using the approach of Seiberg [\[18\]](#page-16-16), it generically leads to a de Sitter vacuum. The identification of the Goldstino with the meson of a hidden sector strong gauge group allows for a natural explanation of the smallness of the supersymmetry breaking scale (and correspondingly the weak scale) through dimensional transmutation. The simple canonical Kähler potential, for instance, yields a vanishing curvature scalar consistent with [\(11\)](#page-2-0). Matter supersymmetry breaking is also employed in KKLT modulus stabilization [\[8\]](#page-16-4) with F-term uplifting [\[24\]](#page-16-17) and in heterotic string models [\[25\].](#page-16-18)

We note, however, that in  $G_2$  compactifications of M-theory, de Sitter vacua can arise even if the hidden sector matter decouples. As we show in Sec. [IV,](#page-10-0) the  $G<sub>2</sub>$ Kähler potential [\(2\)](#page-1-0) features linear combinations of moduli with curvature scalar as small as  $2/7$ . In contrast to the previously mentioned string theory examples, condition [\(11\)](#page-2-0) can hence be satisfied even in the absence of corrections to the Kähler potential. The modular inflation models we discuss in Sec. [IV](#page-10-0) are of this type. We will show that, by a small parameter deformation, the inflationary plateau can be turned into a metastable de Sitter minimum.

Let us also briefly allude to the controversy on the existence of de Sitter vacua in string/M-theory [\[26\]](#page-16-19). It is known that de Sitter vacua do not arise in the classical limit of string/M-theory [\[27\].](#page-16-20) This, however, leaves the possibility to realize de Sitter vacua at the quantum level. Indeed, in the  $G_2$  compactification we describe, the scalar potential is generated by quantum effects. The quantum nature is at the heart of the proposal and tied to the origin of physical scales.

## <span id="page-2-1"></span>C. Minimal example of modulus stabilization

We describe the basic mechanism of modulus stabilization in  $G_2$  compactifications leaning on [\[1\].](#page-16-0)<sup>2</sup> Some key features are illustrated within a simple one-modulus example. Since the single-modulus case faces cosmological problems which can be resolved in a setup with two or more moduli, we will later introduce a two-moduli example and comment on the generalization to many moduli.

The minimal example<sup>3</sup> of modulus stabilization in  $G_2$ compactifications invokes two hidden sector gauge groups  $SU(N_1 + 1)$ ,  $SU(N_2)$  with gauge kinetic functions

$$
f_1 = f_2 = T.
$$
 (12)

<span id="page-2-2"></span>The SU( $N_1 + 1$ ) gauge theory shall contain one pair of massless quarks  $Q$ ,  $Q$  transforming in the fundamental and antifundamental representation of  $SU(N_1 + 1)$ . When the  $SU(N_1 + 1)$  condenses, the quarks form an effective meson field  $\phi = \sqrt{2Q\overline{Q}}$ . Taking SU $(N_2)$  to be matter free, the superpotential and Kähler potential read

$$
W = A_1 \phi^{-\frac{2}{N_1}} e^{-\frac{2\pi T}{N_1}} + A_2 e^{-\frac{2\pi T}{N_2}},
$$
  

$$
K = -7 \log(\bar{T} + T) + \bar{\phi} \phi.
$$
 (13)

<span id="page-2-3"></span>We neglected the volume dependence of the matter Kähler potential which does qualitatively not affect the modulus stabilization [\[28\].](#page-16-21) The scalar potential including the modulus and meson field is

$$
V = e^{G} (G^{T} G_{T} + G^{\phi} G_{\phi} - 3).
$$
 (14)

 $2$ Some differences occur since [\[1\]](#page-16-0) mostly focused on the case of two hidden sector gauge groups with equal gauge kinetic functions, while we will consider more general cases.

 $^3$ Due to the absence of a constant term in the superpotential, a single gaugino condensate would give rise to a runaway potential.

The scalar mass spectrum contains two CP even and two CP odd (axion) states which are linear combinations of ReT,  $|\phi|$  and ImT, arg  $\phi$ , respectively. We will denote the  $CP$  even and odd mass eigenstates by  $s_{1,2}$  and  $\varphi_{1,2}$ , respectively. The scalar potential is invariant under the shift

$$
T \to T + i \frac{N_2}{N_1 - N_2} \Delta, \qquad \phi \to e^{i\pi \Delta} \phi. \tag{15}
$$

This can easily be seen from the fact that the superpotential merely picks up an overall phase under this transformation. The light axion

$$
\varphi_1 \propto N_2 \text{Im} T + \pi (N_1 - N_2) \arg \phi \tag{16}
$$

is, hence, massless which makes it a natural candidate for the QCD axion [\[3\].](#page-16-2) The remaining axionic degree of freedom (d.o.f.) receives a periodic potential which has an extremum at the origin of field space. Without loss of generality, we require  $sign(A_1/A_2)=-1$  such that the extremum is a minimum.<sup>4</sup> This allows us to set Im $T =$  $\arg \phi = 0$  when discussing the stabilization of the CP even scalars.

We now want to prove that this setup allows for the presence of a (local) de Sitter minimum consistent with observation. For practical purposes, we can neglect the tiny cosmological constant and require the presence of a Minkowski minimum with broken supersymmetry. There is generically no supersymmetric minimum at finite field values. Since the negative sign of  $A_1/A_2$  is required for axion stabilization, a solution to  $G_T = 0$  only exists if  $N_2 > N_1$ . With this constraint imposed, there is no simultaneous solution to  $G_{\phi} = 0$  with positive  $|\phi|$ . However, a minimum  $(T_0, \phi_0)$  with broken supersymmetry may occur close to the field value  $T_{\text{susy}}$  at which  $G_T$  vanishes. This is because the modulus mass term at  $T_{\text{susy}}$  dominates over the linear term which drives it away from this point. Given a minimum with a small shift  $\delta T = T_{\text{susy}} - T_0$ , we can expand

<span id="page-3-0"></span>
$$
G_T = G_{\bar{T}} = -(G_{TT} + G_{T\bar{T}})\delta T.
$$
 (17)

<span id="page-3-3"></span>Here and in the following, all terms are evaluated at the minimum if not stated otherwise. Since  $T_0$ ,  $\phi_0$ ,  $\delta T$  are real, there is no need to distinguish between  $G_T$  and  $G_{\bar{T}}$ . In order to determine the shift, we insert [\(17\)](#page-3-0) into the minimization condition  $V_T = 0$  and keep terms up to linear order in  $\delta T$ . Notice that all derivatives of G with respect to purely holomorphic or purely antiholomorphic variables are of zeroth order in  $T_0^{-1}$ . We find

$$
\delta T = \frac{G_{\phi T} G_{\bar{\phi}}}{G_{TT} K^{T \bar{T}} G_{\bar{T} \bar{T}}} + \mathcal{O}(T_0^{-4}).
$$
\n(18)

The leading contribution to the shift is  $\delta T = \mathcal{O}(T_0^{-2})$ . This justifies our expansion in  $\delta T$ . In the next step, we want to determine the location of the minimum. As an additional constraint, we require a vanishing vacuum energy. In order to provide simple analytic results, we will perform a volume expansion which is equivalent to an expansion in  $T_0^{-1}$ . We include terms up to  $\mathcal{O}(T_0^{-1})$ . Notice that, at this order, the modulus minimum satisfies  $T_0 = T_{\text{susy}}$ . We, nevertheless, have to keep track of the shift carefully since it may appear in a product with the inverse Kähler metric which compensates its suppression. The conditions  $V_T = V_{\phi} = V = 0$  lead to the set of equations at order  $T_0^{-1}$ 

<span id="page-3-1"></span>
$$
G_T = 0
$$
,  $G_{\phi\phi} + 1 - \frac{G_{\phi T}^2}{G_{TT}} = 0$ ,  $G_{\phi} = \sqrt{3}$ . (19)

The solutions for the modulus and meson minimum read

$$
\phi_0 = \frac{\sqrt{3}}{2}, \qquad T_0 = \frac{14}{\pi} \frac{N_2}{3(N_2 - N_1) - 8}.
$$
 (20)

The meson naturally settles at a finite field value slightly below  $1M<sub>P</sub>$  due to the interplay between terms involving  $W_{\phi}$  (which drive the meson out in field space) and the supergravity prefactor  $e^{K}$  (which rapidly grows towards large meson field values). Despite the large meson vacuum expectation value, higher order terms in the meson Kähler potential, which we neglected in this work, leave the picture qualitatively unchanged as shown in [\[28\].](#page-16-21) Notice, however, that a minimum of the full system only exists for  $N_2 \ge N_1 + 3$ . On the other hand  $N_2 - N_1 \lesssim 10$  since the nonperturbative terms in the superpotential would otherwise exceed unity. Equations [\(19\)](#page-3-1) fix one additional parameter which can be taken to be the ratio  $A_1/A_2$ . We find

<span id="page-3-2"></span>
$$
\frac{A_1}{A_2} = -\frac{N_1}{N_2} \left(\frac{3}{4}\right)^{\frac{1}{N_1}} \exp\left[\frac{28}{N_1} \frac{N_2 - N_1}{3(N_2 - N_1) - 8}\right].
$$
 (21)

A suppressed vacuum energy can be realized on those  $G_2$ manifolds which fulfill the above constraint<sup>3</sup> with acceptable precision. We now turn to the details of supersymmetry breaking. The gravitino mass is defined as

$$
m_{3/2} = |e^{G/2}|_{T_0, \phi_0}.\tag{22}
$$

Throughout this work,  $m_{3/2}$  refers to the gravitino mass in the vacuum of the theory. We will later also introduce the

<sup>&</sup>lt;sup>4</sup>If this condition is not satisfied, the relative sign of  $A_1$  and  $A_2$ can be inverted through field redefinition.

<sup>&</sup>lt;sup>5</sup>More accurately, the exact version of the above approximate constraint.

gravitino mass during inflation, but will clearly indicate the latter by an additional superscript I. Within the analytic approximation, the gravitino mass determined from [\(19\)](#page-3-1) and  $(21)$  is

$$
m_{3/2} \simeq |A_1| \frac{e^{3/8} \pi^{7/2}}{48N_1} \left(\frac{3N_2 - 3N_1 - 8}{7N_2}\right)^{7/2}
$$
  
×  $\exp\left[-\frac{N_2}{N_1} \frac{28}{3(N_2 - N_1) - 8}\right].$  (23)

Up to the overall prefactor, the gravitino mass is fixed by the rank of the hidden sector gauge groups. A hierarchy between the Planck scale and the supersymmetry breaking scale naturally arises from the dimensional transmutation. If we require a gravitino mass close to the electroweak scale, this singles out the choice  $N_2 = N_1 + 4$ . While this particular result only holds for the single-modulus case, similar relations between the gravitino mass and the hidden sector gauge theories can be established in realistic systems with many moduli  $\left[1\right]$ .<sup>6</sup> In order to determine the pattern of supersymmetry breaking we evaluate the  $F$  terms which are defined in the usual way,

$$
F^i = e^{G/2} K^{i\bar{j}} G_{\bar{j}}.
$$
\n<sup>(24)</sup>

From [\(17\)](#page-3-0) and [\(18\)](#page-3-3), we derive

$$
|F^T| \simeq \frac{2N_2}{\pi (N_2 - N_1)} m_{3/2}, \qquad |F^{\phi}| \simeq \sqrt{3} m_{3/2} \qquad (25)
$$

at leading order. The meson provides the dominant source of supersymmetry breaking as can be seen by comparing the canonically normalized  $F$  terms

$$
\frac{|F^T \sqrt{K_{\bar{T}T}}|}{|F^{\phi}|} \simeq \frac{3N_2 - 3N_1 - 8}{2\sqrt{21}(N_2 - N_1)}.
$$
 (26)

This has important implications for the mediation of supersymmetry breaking to the visible sector. Since gravity-mediated gaugino masses only arise from moduli  $F$  terms, they are suppressed against the gravitino and sfermion masses. We refer to [\[29\]](#page-16-22) for details.

As stated earlier, the modulus and the meson are subject to mixing. However, the mixing angle is suppressed by  $T_0$ , and the heavy  $CP$  even and odd mass eigenstates  $s_2$  and  $\varphi_2$  are moduluslike. Since their mass is dominated by the supersymmetric contribution  $m_{\overline{T}T}$ , they are nearly degenerate with

$$
m_{s_2} \simeq m_{\varphi_2}
$$
  
\n
$$
\simeq e^{G/2} \sqrt{\frac{G_{TT} K^{\bar{T}T} G_{\bar{T}\bar{T}}}{K_{\bar{T}T}}}
$$
  
\n
$$
\simeq \frac{56}{N_1} \frac{3N_2^2 - 3N_1^2 - 8N_1}{(3N_2 - 3N_1 - 8)^2} m_{3/2}.
$$
 (27)

The mesonlike axion  $\varphi_1$  is massless due to the shift symmetry. Since the meson is the dominant source of supersymmetry breaking, the supertrace of masses in the meson multiplet must approximately cancel. This implies

$$
m_{s_1} \simeq 2m_{3/2}.\tag{28}
$$

The scalar potential vanishes towards large modulus field values. Hence, the minimum  $(T_0, \phi_0)$  is only protected by a finite barrier. We first keep the meson fixed and estimate its height in a leading order volume expansion.<sup>7</sup> Then, we allow the meson to float, in order to account for a decrease of the barrier in the mixed modulus-meson direction. Numerically, we find that the shifting meson generically reduces the barrier height by another factor  $\sim T_0^{-1}$ . Our final estimate thus reads

$$
V_{barrier} \simeq \frac{16\pi^2 T_0}{7e^2 N_1^2} m_{3/2}^2.
$$
 (29)

<span id="page-4-1"></span>The prefactor in front of the gravitino mass is of order unity. Notice that the above expression is multiplied by two powers of the Planck mass which is set to unity in our convention.

<span id="page-4-0"></span>For illustration, we now turn to an explicit numerical example. We choose the following parameter set:

$$
N_1 = 8
$$
,  $N_2 = 12$ ,  $A_1 = 0.0001$ . (30)

The prefactor  $A_2$  is fixed by requiring a vanishing vacuum energy. Numerically, we find

$$
A_1/A_2 = -20.9,\t(31)
$$

in good agreement with the analytic approximation [\(21\)](#page-3-2). We list the resulting minimum, particle masses, supersymmetry breaking pattern, and barrier height in Table [I.](#page-5-0) The numerical results are compared with the analytic expressions provided in this section. The approximations are valid to within a few percent precision. Only for  $m_{3/2}$  is the error larger due to its exponential dependence on the modulus minimum.

The scalar potential in the modulus-meson plane is depicted in Fig. [1.](#page-5-1) Also shown is the potential along the

<sup>&</sup>lt;sup>6</sup>In realistic  $G_2$  compactifications, the gauge kinetic function is set by a linear combination of many moduli. We can effectively account for this by modifying the gauge kinetic function to  $f =$  $\mathcal{O}(10 - 100)T$  in the one-modulus example. In this case, the preferred value of  $N_2 - N_1$  changes to 3 in agreement with [\[1\].](#page-16-0)

<sup>&</sup>lt;sup>7</sup>We also assumed  $N_{1,2} \gg N_2 - N_1$  when estimating the barrier height.

<span id="page-5-0"></span>TABLE I. Location of the minimum, mass spectrum,  $F$  terms, and height of the potential barrier for the parameter choice [\(30\).](#page-4-0) The upper and lower rows correspond to the exact numerical result and analytic approximation, respectively.

$T_{\rm 0}$	$\varphi_0$	$m_{3/2}$	$m_{\omega}$	$m_{\omega}$	$m_{\rm c}$	$m_{s_2}$		barrier
12.9		0.85 57 TeV		0 $77.1m_{3/2}$ $1.98m_{3/2}$			$75.4m_{3/2}$ $1.98m_{3/2}$ $1.72m_{3/2}$ $0.5m_{3/2}^2$	
13.4	0.87	33 TeV	$\theta$	$77m_{3/2}$	$2m_{3/2}$		$77m_{3/2}$ $1.91m_{3/2}$ $1.73m_{3/2}$ $0.6m_{3/2}^2$	

"most shallow" mixed modulus-meson direction. The latter was determined by minimizing the potential in the meson direction for each value of T.

# D. Generalization to several moduli

<span id="page-5-4"></span>Realistic  $G_2$  manifolds must contain the full minimal supersymmetric standard model spectrum with its  $\mathcal{O}(100)$ couplings. They will generically feature a large number of moduli and nonperturbative terms in the superpotential. The low energy phenomenology, however, mostly depends on the lightest modulus. In this sense, the mass spectrum derived in the previous section is realistic, once  $T$  is identified with the lightest modulus. However, in the early Universe, high energy scales are accessed. This implies that, for cosmology, the heavier moduli do actually matter. We will later see that inflation in M-theory relies on large mass hierarchies in the moduli sector. In order to motivate their existence, we now introduce an example with two moduli  $T_{1,2}$ .

One linear combination of moduli  $T<sub>L</sub>$  plays the role of the light modulus as in the previous section. It participates (subdominantly) in supersymmetry breaking and its mass is tied to the gravitino mass. The orthogonal linear combination  $T_H$  can, however, be decoupled through a large supersymmetric mass term from the superpotential. In order to be explicit, we will identify

$$
T_{\rm H} = \frac{T_1 + T_2}{2}, \qquad T_{\rm L} = \frac{T_1 - T_2}{2}.
$$
 (32)

The superpotential is assumed to be of the form

$$
W = \mathcal{W}(T_{\rm H}) + w(T_{\rm H}, T_{\rm L}).\tag{33}
$$

The part  $W$  only depends on  $T_H$  and provides the large supersymmetric mass for the heavy linear combination. The part  $w$  is responsible for supersymmetry breaking and its magnitude is controlled by the (much smaller) gravitino mass. We require that  $T_H$  be stabilized supersymmetrically at a high mass scale. For this we impose that the high energy theory defined by  $W$  has a supersymmetric Minkowski minimum, i.e.,

$$
\mathcal{W} = \mathcal{W}_{H} = 0, \tag{34}
$$

<span id="page-5-3"></span><span id="page-5-2"></span>where the subscript H indicates differentiation with respect to  $T_H$ . The above condition has to be fulfilled at the minimum which we denote by  $T_{H,0}$ . It ensures that  $T_H$  can be integrated out at the superfield level. The mass of the heavy modulus is given as

$$
m_{T_{\rm H}} \simeq \left| e^{K/2} \mathcal{W}_{\rm HH} \left( \frac{1}{4K_{1\bar{1}}} + \frac{1}{4K_{2\bar{2}}} \right) \right|, \tag{35}
$$

with  $K_{i\bar{i}}$  denoting the entries of the Kähler metric in the original field basis. Since  $m_{T_H}$  is unrelated to the gravitino mass, it can be parametrically enhanced against the light modulus mass. The construction of a Minkowski minimum

<span id="page-5-1"></span>

FIG. 1. Left: The scalar potential (in Planck units) in the modulus and meson direction rescaled by  $m_{3/2}^2$ . A local minimum with broken supersymmetry is located at  $T_0 = 12.9$ ,  $\phi_0 = 0.85$ . The field direction with the shallowest potential barrier is indicated by the red line. Right: The potential along this direction is shown.

for  $T_{\text{L}}$  with softly broken supersymmetry proceeds analogously to the one-modulus case.

As an example we consider five hidden sector gauge groups  $SU(N_1 + 1)$  and  $SU(N_i)$   $(i = 2, \dots, 5)$  with gauge kinetic functions

$$
f_{1,2} = 2T_1 + T_2, \qquad f_{3,4,5} = T_1 + T_2. \tag{36}
$$

The SU( $N_1 + 1$ ) shall again contain one pair of massless quarks Q,  $\overline{Q}$  forming the meson  $\phi = \sqrt{2Q\overline{Q}}$ . The remaining gauge theories are taken to be matter free. The superpotential and Kähler potential take the form

$$
W = \underbrace{A_1 \phi^{\frac{2}{N_1}} e^{-\frac{2\pi f_1}{N_1}} + A_2 e^{-\frac{2\pi f_2}{N_2}}}_{W} + \underbrace{A_3 e^{-\frac{2\pi f_3}{N_3}} + A_4 e^{-\frac{2\pi f_4}{N_4}} + A_5 e^{-\frac{2\pi f_5}{N_5}}}_{W},
$$
\n
$$
K = -\log\left(\bar{T}_1 + T_1\right) - 6\log\left(\bar{T}_2 + T_2\right) + \bar{\phi}\phi,\qquad(37)
$$

respectively. We have assumed

$$
|A_1 e^{-\frac{2\pi f_1}{N_1}}|, \quad |A_2 e^{-\frac{2\pi f_2}{N_2}}| \ll |A_3 e^{-\frac{2\pi f_3}{N_3}}|, \quad |A_4 e^{-\frac{2\pi f_4}{N_4}}|, \quad |A_5 e^{-\frac{2\pi f_5}{N_5}}|,\tag{38}
$$

such that the first two gaugino condensates contribute to w and the last three to  $W$ . In order to obtain a supersymmetric minimum with vanishing vacuum energy for the heavy modulus, we impose [\(34\),](#page-5-2) which fixes one of the coefficients,

<span id="page-6-2"></span>
$$
A_5 = -A_3 \left(\frac{A_3 \mathcal{N}_{53}}{A_4 \mathcal{N}_{45}}\right)^{\frac{N_{53}}{N_{34}}} - A_4 \left(\frac{A_3 \mathcal{N}_{53}}{A_4 \mathcal{N}_{45}}\right)^{\frac{N_{54}}{N_{34}}} \text{ with}
$$
  

$$
\mathcal{N}_{ij} = \frac{1}{N_i} - \frac{1}{N_j}.
$$
 (39)

<span id="page-6-0"></span>The location of the heavy modulus minimum is found to be

$$
T_{\rm H,0} = \frac{\log \left(\frac{A_3}{A_4} \frac{\mathcal{N}_{53}}{\mathcal{N}_{45}}\right)}{4\pi \mathcal{N}_{34}}.
$$
 (40)

We can now integrate out  $T_H$  at the superfield level. In the limit where  $T_H$  becomes infinitely heavy, the low energy effective theory is defined by the superpotential  $W_{\text{eff}} = w$ (evaluated at  $T_H = T_{H,0}$ ) and the Kähler potential

$$
K_{\text{eff}} = -\log(2T_{\text{H},0} + \bar{T}_{\text{L}} + T_{\text{L}}) - 6\log(2T_{\text{H},0} - \bar{T}_{\text{L}} - T_{\text{L}}) + \bar{\phi}\phi.
$$
 (41)

The effective theory resembles the one-modulus example of the previous section. At leading order in the volume expansion, the minimum with softly broken supersymmetry <span id="page-6-1"></span>derives from the set of equations [\(19\)](#page-3-1) with T replaced by  $T<sub>L</sub>$ . We find

$$
\phi_0 = \frac{\sqrt{3}}{2}, \qquad T_{L,0} = -\frac{4K_L T_{L,0}}{\pi} \frac{N_2}{3(N_2 - N_1) - 8}, \quad (42)
$$

<span id="page-6-3"></span>where we wrote the equation for  $T_{L,0}$  in implicit form. In contrast to the single-modulus example, values  $N_2 < N_1 + 3$ may now be realized since the derivative of the Kähler potential  $K<sub>L</sub>$  can take both signs. In order for the vacuum energy to vanish, the coefficients  $A_{1,2}$  need to fulfill the relation

$$
\frac{A_1}{A_2} = -\frac{N_1}{N_2} \left(\frac{3}{4}\right)^{\frac{1}{N_1}} e^{2\pi (3T_{\text{H},0} + T_{\text{L},0})\mathcal{N}_{12}},\tag{43}
$$

with  $T_{H,0}$  and  $T_{L,0}$  taken from [\(40\)](#page-6-0) and [\(42\)](#page-6-1). Again, we neglected higher orders in the inverse volume. In analogy with Sec. [II C,](#page-2-1) one can show that the meson provides the dominant source of supersymmetry breaking. The spectrum of scalar fields now contains three  $CP$  even states  $s_{1,2,3}$  and three CP odd states  $\varphi_{1,2,3}$ , for which the following mass pattern occurs:

$$
m_{s_3} \simeq m_{T_{\rm H}} \quad m_{s_2} \simeq m_{T_{\rm L}} = \mathcal{O}\left(\frac{m_{3/2}}{K_{\rm LL}}\right),
$$
  
\n
$$
m_{s_1} = \mathcal{O}(m_{3/2}),
$$
  
\n
$$
m_{\varphi_3} \simeq m_{T_{\rm H}} \quad m_{\varphi_2} \simeq m_{T_{\rm L}} = \mathcal{O}\left(\frac{m_{3/2}}{K_{\rm LL}}\right),
$$
  
\n
$$
m_{\varphi_1} = \mathcal{O}\left(m_{3/2}\sqrt{\frac{m_{T_{\rm L}}}{m_{T_{\rm H}}}}\right).
$$
\n(44)

The heavy states  $s_3$ ,  $\varphi_3$  with their mass determined from [\(35\)](#page-5-3) are the two d.o.f. contained in  $T_H$ . The lighter states are composed of  $T<sub>L</sub>$  and  $\phi$ . They exhibit a similar spectrum as in the single-modulus example (Sec.  $\rm{II}$  C). However, once a finite  $m_{\tilde{\tau}_\text{u}}$  is considered, the effective superpotential and Kähler potential receive corrections which are suppressed by inverse powers of  $m_{T_H}$ . These corrections break the axionic shift symmetry which was present in the one-modulus case. As a result, a nonvanishing mass of the light axion appears. The latter can no longer be identified with the QCD axion. An unbroken shift symmetry can, however, easily be reestablished, once the framework is generalized to include several light moduli.

<span id="page-6-4"></span>In order to provide a numerical example, we pick the following hidden sector gauge theories:

$$
A_1 = A_3 = 1
$$
,  $A_4 = -0.445$ ,  $N_1 = 8$ ,  $N_2 = 10$ ,  
\n $N_3 = 11$ ,  $N_4 = 13$ ,  $N_5 = 15$ . (45)

The (exact numerical versions of the) conditions [\(39\)](#page-6-2) and [\(43\)](#page-6-3) then fix  $A_2 = -0.0306$ ,  $A_5 = 0.0754$ . One may

<span id="page-7-0"></span>TABLE II. Minimum and mass spectrum for the parameter set [\(45\).](#page-6-4) In the original basis, the minimum is located at  $T_{1,0} = 5.6$ ,  $T_{2,0} = 13.4$ . All masses are given in TeV.

		$T_{H,0}$ $T_{L,0}$ $\phi_0$ $m_{3/2}$ $m_{\varphi_1}$ $m_{\varphi_2}$ $m_{\varphi_3}$ $m_{s_1}$ $m_{s_2}$ $m_{s_3}$		
		9.5 -3.9 0.78 82 2.4 $1.4 \times 10^3$ $3.3 \times 10^6$ 148 $1.2 \times 10^3$ $3.3 \times 10^6$		

wonder whether the two-moduli example introduces additional tuning compared to the one-modulus case, since two of the  $A_i$ 's are now fixed in order to realize a vanishing cosmological constant. However, deviations from [\(39\)](#page-6-2) and [\(43\)](#page-6-3) can compensate without spoiling the moduli stabilization.<sup>8</sup> Effectively, there is still only a single condition which must be fulfilled to the precision to which the vacuum energy cancels. In Table [II](#page-7-0) we provide the location of the minimum and the resulting mass spectrum for the choice [\(45\)](#page-6-4). An important observation is that large mass hierarchies—in this example a factor of  $\mathcal{O}(10^3)$ —can indeed be realized in the moduli sector. The origin of such hierarchies lies in the dimensional transmutation of the hidden sector gauge theories. A larger modulus mass is linked to a higher gaugino condensation scale, originating from a gauge group of higher rank or larger initial gauge coupling.

In Fig. [2](#page-8-0), we depict the scalar potential along the light modulus direction. For each value of  $T<sub>L</sub>$  we have minimized the potential along the orthogonal field directions. The Minkowski minimum is protected by a potential barrier, in this case against a deeper minimum with negative vacuum energy at  $T_L = 4.6$ . Similar to the single-modulus example, the barrier height is controlled by the gravitino mass. Numerically, we find  $V_{barrier} = 0.2 m_{3/2}^2$ . The potential rises steeply once  $T<sub>L</sub>$  approaches the pole in the Kähler metric at  $T_L = T_H$  (corresponding to  $T_2 = 0$ ). The supergravity approximation breaks down close to the pole, which is, however, located sufficiently far away from the Minkowski minimum we are interested in. Of course, we need to require that the cosmological history place the Universe in the right vacuum. But once settled there, tunneling to the deeper vacuum does not occur on cosmological timescales as we verified with the formalism [\[30\]](#page-16-23). There also exists a supersymmetric runaway minimum for  $T_{1,2} \rightarrow \infty$  in the original field basis. The latter is, however, separated by a large potential barrier set by the heavy modulus stabilization scale.

The example of this section can straightforwardly be generalized to incorporate many moduli and hidden sector matter fields. A subset of fields may receive a supersymmetric mass term and decouple from the low energy effective theory. The remaining light d.o.f. are stabilized by supersymmetry breaking in the same way as  $T<sub>L</sub>$  and  $\phi$ . Indeed, it was shown in [\[1\]](#page-16-0) that an arbitrary number of light moduli can be fixed through the sum of two gaugino condensates in complete analogy to the examples discussed in this work.

# III. MODULUS (DE)STABILIZATION DURING INFLATION?

As was shown in the previous section, the lightest modulus is only protected by a barrier whose size is controlled by the gravitino mass. There is danger that, during inflation, the large potential energy lifts the modulus over the barrier and destabilizes the extra dimensions. We will show that in the single-modulus case, indeed, the bound  $H < m_{3/2}$  on the Hubble scale during inflation arises. This constraint was previously pointed out in the context of KKLT modulus stabilization [\[13\]](#page-16-24) (the analogous constraint from temperature effects had been derived in [\[12\]](#page-16-7)) and later generalized to the large volume scenario and the Kähler uplifting scheme [\[14\].](#page-16-25) The constraint for the single-modulus case would leave us with the undesirable choice of either coping with ultralow scale inflation or of giving up supersymmetry as a solution to the hierarchy problem.9 As another problematic consequence, supersymmetry breaking would then generically induce large soft terms into the inflation sector which tend to spoil the flatness of the inflaton potential. Fortunately, we will be able to demonstrate that the bound on  $H$  does not apply to more realistic examples with several moduli. The crucial point is that in the multifield case, the modulus which stabilizes the overall volume of the compactified manifold and the modulus participating in supersymmetry breaking in the vacuum are generically distinct fields.

# A. Single-modulus case

We will now augment the single-modulus example with an inflation sector. The latter consists of further moduli or hidden sector matter fields which we denote by  $\rho_{\alpha}$ . In order to allow for an analytic discussion of modulus destabilization we shall make some simplifying assumptions. Specifically, we take the superpotential and Kähler potential to be separable into modulus and inflaton parts,

$$
W = w(T, \phi) + \mathcal{W}(\rho_{\alpha}), \quad K = k(\bar{T}, T, \bar{\phi}, \phi) + \mathcal{K}(\bar{\rho}_{\alpha}, \rho_{\alpha}),
$$
\n(46)

<sup>&</sup>lt;sup>8</sup>In the low energy theory, such deviations would manifest as a constant in the superpotential which is acceptable as long as the latter is suppressed against the other superpotential terms.

<sup>&</sup>lt;sup>9</sup> Another option may consist in fine-tuning several gaugino condensates in order to increase the potential barrier as in models with strong moduli stabilization [\[13,31\].](#page-16-24)

<span id="page-8-0"></span>

FIG. 2. Scalar potential along the  $T<sub>L</sub>$ -direction. The remaining fields were set to their  $T<sub>L</sub>$ -dependent minima (see text). The Minkowski minimum with softly broken supersymmetry is located at  $T_{L,0} = -3.9$ .

<span id="page-8-1"></span>respectively. The modulus superpotential w and Kähler potential  $k$  are defined as in  $(13)$ . As an example inflaton sector, we consider the class of models with a stabilizer field defined in [\[32\]](#page-16-26). These feature

$$
W = \mathcal{K} = \mathcal{K}_\alpha = 0 \tag{47}
$$

along the inflationary trajectory.<sup>10</sup> For now, we focus on modulus destabilization during inflation. Whether this particular inflation model can be realized in M-theory does not matter at this point. In fact, we merely impose the conditions [\(47\)](#page-8-1) for convenience since they lead to particularly simple analytic expressions. The important element, which appears universally, is the  $e^{K} \propto (\bar{T} + T)^{-7}$  factor which multiplies all terms in the scalar potential. The latter reads

$$
V = V_{\text{mod}} + \frac{e^{|\phi|^2}}{(\overline{T} + T)^7} W^\alpha W_\alpha, \tag{48}
$$

where  $V_{\text{mod}}$  coincides with the scalar potential without the inflaton as defined in [\(14\).](#page-2-3) The second term on the righthand side sets the energy scale of inflation. It displaces the modulus and the meson. Once the inflationary energy reaches the height of the potential barrier defined in [\(29\)](#page-4-1), the minimum in the modulus direction gets washed out and the system is destabilized. This is illustrated in Fig. [3](#page-8-2). The constraint can also be expressed in the form

$$
H \lesssim m_{3/2},\tag{49}
$$

<span id="page-8-2"></span>

FIG. 3. Scalar potential in the modulus direction for different choices of the Hubble scale. For each value of  $T$ , the potential in the meson direction was minimized. The remaining parameters are chosen as in Fig. [1](#page-5-1).

where we employed  $V = 3H^2$ . The constraint remains qualitatively unchanged if we couple a different inflation sector to the modulus. $^{11}$ 

#### B. Two or more moduli

<span id="page-8-5"></span>In the previous example, the single modulus  $T$  is apparently the field which sets the overall volume of the manifold. Destabilization of T, which occurs at  $H \sim m_{3/2}$ , triggers unacceptable decompactification of the extra dimensions. However, once we extend our consideration to multiple fields, the modulus participating in supersymmetry breaking and the modulus controlling the overall volume can generically be distinct. Consider a simple twomodulus example for which the volume is determined as

$$
\mathcal{V} = (\text{Re} T_1)^{a_1/3} (\text{Re} T_2)^{a_2/3}.
$$
 (50)

<span id="page-8-4"></span><span id="page-8-3"></span>The scalar potential (before including the inflaton sector) shall have a minimum at  $(T_{1,0}, T_{2,0})$ . At the minimum, we may then define the overall volume modulus

$$
T_{\mathcal{V}} = a_1 \frac{T_1}{T_{1,0}} + a_2 \frac{T_2}{T_{2,0}},
$$
\n(51)

such that for an infinitesimal change of the volume  $dV \propto dT_V$ . Let us assume  $T_V$  receives a large supersymmetric mass and decouples from the low energy theory. The orthogonal linear combination shall be identified with the light modulus which is stabilized by supersymmetry breaking. It becomes clear immediately that in this setup the bound  $H < m_{3/2}$  cannot hold. The overall volume remains fixed as long as the inflationary energy density does not exceed the stabilization scale of the heavy volume modulus. Since the latter does not relate to supersymmetry

 $10$ In this section, we neglect the backreaction of the modulus sector on the inflaton potential. This is justified since, for the moment, we are interested in the stabilization of the modulus during inflation and not in the distinct question, whether the  $\mu$  backreaction spoils the flatness of the inflaton potential.  $\mu$  <sup>11</sup>See [\[33\]](#page-16-27) for a possible exception.

<span id="page-9-1"></span>

FIG. 4. Scalar potential during inflation in the light modulus (left panel) and heavy modulus direction (right panel). For each  $T_{\rm H,L}$  and H, the remaining fields have been set to their corresponding minima.

breaking, large hierarchies between H and  $m_{3/2}$  can in principle be realized.<sup>12</sup>

In reality, the heavy modulus which protects the extra dimensions does not need to coincide with the volume modulus. One can easily show that  $V$  in [\(50\)](#page-8-3) remains finite given that an arbitrary linear combination  $T_1 + \alpha T_2$  with  $\alpha > 0$  is fixed. If the heavy linear combination is misaligned with the volume modulus, the light modulus still remains protected, but receives a shift during inflation.

<span id="page-9-0"></span>In order to be more explicit, let us consider the twomodulus example of Sec. [II D.](#page-5-4) We add the inflation sector again imposing [\(47\).](#page-8-1) The scalar potential along the inflationary trajectory is

$$
V = V_{\text{mod}} + \frac{e^{|\phi|^2}}{(\bar{T}_1 + T_1)(\bar{T}_2 + T_2)^6} W^{\alpha} W_{\alpha}.
$$
 (52)

<span id="page-9-3"></span>Inflation tends to destabilize moduli since the potential energy is minimized at  $T_{1,2} \rightarrow \infty$ . However, the direction  $T_H = T_1 + T_2$  is protected by the heavy modulus mass  $m_{T_H}$ . As long as  $H \ll m_{T_H}$ , the heavy modulus remains close to its vacuum expectation value. For fixed  $T_H$ , the inflaton potential energy term [second term on the righthand side of [\(52\)\]](#page-9-0) is minimized at

$$
T_{\rm L} = -\frac{5}{7} T_{\rm H}.
$$
 (53)

Hence,  $T_{\text{L}}$  remains protected as long as  $T_{\text{H}}$  is stabilized. It, nevertheless, receives a shift during inflation since  $T_H$ is not exactly aligned with the volume modulus. In the left panel of Fig. [4,](#page-9-1) we depict the scalar potential in the light modulus direction for different choices of H. For each value of  $T<sub>L</sub>$  and H, we have minimized the potential in the meson and heavy modulus direction. It can be seen that the light modulus remains stabilized even for  $H > m_{3/2}$ . With growing H it becomes heavier due to the Hubble mass term induced by inflation. This holds as long as the heavy modulus is not pushed over its potential barrier. For our numerical example, destabilization of the heavy modulus occurs at  $H \simeq 470 m_{3/2}$  as can be seen in the right panel of the same figure. The minima of  $T_H$ ,  $T_L$ ,  $\phi$  as a function of the Hubble scale are depicted in Fig. [5](#page-9-2) up to the destabilization point. It can be seen that  $T_L$  slowly shifts from  $T_{L,0}$  to the field value maximizing the volume as given in [\(53\).](#page-9-3) Our findings can easily be generalized to systems with many moduli. In this case, an arbitrary number of light moduli remains stabilized during inflation, given at least one heavy modulus ( $m_{T_H} \gg H$ ) which bounds the overall volume.

<span id="page-9-2"></span>

FIG. 5. Minima of  $T_H$ ,  $T_L$ ,  $\phi$  as a function of the Hubble scale. Moduli destabilization occurs at  $H \simeq 470 m_{3/2}$  as indicated by the stars.

 $12$ The idea of trapping a light modulus through a heavy modulus during inflation has also been applied in [\[34\]](#page-16-28).

A particularly appealing possibility is that the modulus which protects the extra dimensions is itself the inflaton. In particular, it would seem very natural to identify the inflaton with the overall volume modulus. We will prove in the next section that this simple picture is also favored by the Kähler geometry of the  $G_2$  manifold. Indeed, we will show that inflationary solutions only arise in moduli directions closely aligned with the overall volume modulus.

### <span id="page-10-0"></span>IV. MODULAR INFLATION IN M-THEORY

So far we have discussed modulus stabilization during inflation without specifying the inflaton sector. In this section, we will select a modulus as the inflaton. The resulting scheme falls into the class of "inflection point inflation" which we will briefly review. We will then identify the overall volume modulus (or a closely aligned direction) as the inflaton by means of Kähler geometry, before finally introducing explicit realizations of inflation and moduli stabilization.

### A. Inflection point inflation

<span id="page-10-6"></span>Observations of the cosmic microwave background (CMB) suggest an epoch of slow roll inflation in the very early Universe. The nearly scale-invariant spectrum of density perturbations sets constraints on the first and second derivative of the inflaton potential,

$$
|V'|, |V''| \ll V. \tag{54}
$$

Unless the inflaton undergoes trans-Planckian excursions, the above conditions imply a nearly vanishing slope and curvature of the potential at the relevant field value. An obvious possibility to realize successful inflation invokes an inflection point with small slope, i.e., an approximate saddle point. Most features of this so-called inflection point inflation can be illustrated by choosing a simple polynomial potential,

<span id="page-10-2"></span>
$$
V = V_0 \left[ 1 + \frac{\delta}{\rho_0} (\rho - \rho_0) + \frac{1}{6\rho_0^3} (\rho - \rho_0)^3 \right] + \mathcal{O}((\rho - \rho_0)^4),
$$
\n(55)

where  $\rho$  is the inflaton which is assumed to be canonically normalized and  $\rho_0$  is the location of the inflection point. The coefficient in front of  $(\rho - \rho_0)^4$  can be chosen such that the potential has a minimum with vanishing vacuum energy at the origin. Since the quartic term does not play a role during inflation, it has not been specified explicitly. The height of the inflationary plateau is set by  $V_0$ . The potential slow roll parameters follow as

<span id="page-10-5"></span>
$$
\epsilon_V = \frac{1}{2} \left( \frac{V'}{V} \right)^2, \qquad \eta_V = \frac{V''}{V}.
$$
 (56)

<span id="page-10-1"></span>The number of  $e$ -folds  $N$  corresponding to a certain field value can be approximated analytically,

$$
N \simeq N_{\text{max}} \left( \frac{1}{2} + \frac{1}{\pi} \arctan \left[ \frac{N_{\text{max}} (\rho - \rho_0)}{2\pi \rho_0^3} \right] \right),
$$
  

$$
N_{\text{max}} = \frac{\sqrt{2}\pi \rho_0^2}{\sqrt{\delta}},
$$
 (57)

where  $N_{\text{max}}$  denotes the maximal e-fold number. Since we assume  $\rho_0$  to be sub-Planckian, the slope parameter  $\delta$  must be strongly suppressed for inflation to last 60 e-folds or longer. The CMB observables, namely, the normalization of the scalar power spectrum  $A_s$ , the spectral index of scalar perturbations  $n_s$ , and the tensor-to-scalar ratio  $r$ , are determined by the standard expressions

<span id="page-10-4"></span>
$$
A_s \simeq \frac{V}{24\pi^2 \epsilon_V}, \quad n_s \simeq 1 - 6\epsilon_V + 2\eta_V, \quad r \simeq 16\epsilon_V. \tag{58}
$$

<span id="page-10-3"></span>For comparison with observation, these quantities must be evaluated at the field value for which the scales relevant to the CMB cross the horizon, i.e., at  $N =$ 50–60 according to [\(57\).](#page-10-1) We can use the Planck measured values  $n_s = 0.96-0.97$ ,  $A_s \approx 2.1 \times 10^{-9}$  [\[35\]](#page-16-29) to fix two parameters of the inflaton potential. This allows us to predict the tensor-to-scalar ratio

$$
r \sim \left(\frac{\rho_0}{0.1}\right)^6 \times 10^{-11}.\tag{59}
$$

Inflation models rather generically require some degree of fine-tuning. This is also the case for inflection point inflation and manifests in the (accidental) strong suppression of the slope at the inflection point. In addition, the slow roll analysis only holds for the range of initial conditions which enable the inflaton to dissipate (most of) its kinetic energy before the last 60 e-folds of inflation. While initial conditions cannot meaningfully be addressed in the effective description [\(55\)](#page-10-2), we note that the problem gets ameliorated if the inflationary plateau spans a sizable distance in field space. This favors large  $\rho_0$  as is, indeed, expected for a modulus field. In this case, the typical distance between the minimum of the potential and an inflection point relates to the Planck scale (although  $\rho_0 \lesssim 1$  to avoid uncontrollable corrections to the setup). Setting  $\rho_0$  to a few tens of  $M_p$ , we expect  $r \sim 10^{-8}$ –10<sup>-6</sup> according to [\(59\).](#page-10-3) The maximal number of e-folds is  $N_{\text{max}} = 100{\text -}200$ . While the modulus potential differs somewhat from [\(55\)](#page-10-2) (e.g., due to noncanonical kinetic terms), we will still find similar values of  $r$  in the M-theory examples of the next sections.

### B. Identifying the inflaton

We now want to realize inflation with a modulus field as inflaton. Viable inflaton candidates shall be identified by means of Kähler geometry. This will allow us to derive some powerful constraints on the nature of the inflaton without restricting to any particular superpotential.

Inflationary solutions feature nearly vanishing slope and curvature of the inflaton potential in some direction of field space. To very good approximation we can neglect the tiny slope and apply the supergravity formalism for stationary points (see Sec. [II B\)](#page-1-1). All field directions orthogonal to the inflaton must be stabilized. Hence, the modulus mass matrix during inflation should at most have one negative eigenvalue corresponding to the inflaton mass. The latter must, however, be strongly suppressed against V due to the nearly scale-invariant spectrum of scalar perturbations caused by inflation. We can hence neglect it against the last term in [\(7\)](#page-1-2) and require the mass matrix to be positive semidefinite. This leads to the same necessary condition as for the realization of de Sitter vacua, namely, that  $V_{i\bar{j}}$  must be positive semidefinite. During inflation, we expect the potential energy to be dominated by  $F^{\rho}$ . The curvature scalar of the one-dimensional submanifold associated with the inflaton  $\rho$  [cf. [\(9\)\]](#page-2-4) should, hence, fulfill condition [\(10\)](#page-2-5). The latter can be rewritten as

$$
R_{\rho}^{-1} > \frac{3}{2} + \frac{3}{2} \left( \frac{H}{m_{3/2}^{I}} \right)^{2}.
$$
 (60)

<span id="page-11-0"></span>Here we introduced the inflationary Hubble scale through the relation  $H = \sqrt{V/3}$  and the "gravitino mass during inflation"  $m_{3/2}^I = e^{G/2}$ . Note that  $m_{3/2}^I$  is evaluated close to the inflection point. It is generically different from the gravitino mass in the vacuum which we denoted by  $m_{3/2}$ . We notice that field directions with a small Kähler curvature scalar are most promising for realizing inflation. For a simple logarithmic Kähler potential  $K = -a \log(\bar{p} + \rho)$ , one finds  $R<sub>o</sub> = 2/a$ . Condition [\(60\)](#page-11-0) then imposes at least  $a > 3$ . However, more generically, we expect  $\rho$  to be a linear combination of the moduli  $T_i$  appearing in the  $G_2$  Kähler potential [\(2\).](#page-1-0) We perform the following field redefinition:

$$
\rho_i = \sum_j O_{ij} \frac{\sqrt{a_j}}{2T_j^I} T_j. \tag{61}
$$

Here  $T_i^I$  denotes the field value of  $T_i$  during inflation (more precisely, at the quasistationary point). Without loss of generality, we assume that  $T_i^I$  is real.<sup>13</sup> The matrix O is an element of  $SO(M)$ , where M denotes the number of moduli. The coefficients  $a_i$  must again sum to 7 for  $G_2$ . The above field redefinition leads to canonically normalized  $\rho_i$ at the stationary point. We now choose  $\rho_1 \equiv \rho$  to be the inflaton and abbreviate  $O_{1i}$  by  $O_i$ . The curvature scalar can then be expressed as

$$
R_{\rho} = \sum_{i} \frac{6O_i^4}{a_i} - \sum_{i,j} \frac{4O_i^3 O_j^3}{\sqrt{a_i a_j}}.
$$
 (62)

Since successful inflation singles out field directions with small curvature scalar, it is instructive to identify the linear combination of moduli with minimal  $R_{\rho}$ . The latter is obtained by minimizing  $R_\rho$  with respect to the  $O_i$ , which yields  $O_i = \sqrt{a_i/7}$  and

$$
\rho \propto \sum_{i} \frac{a_i}{T_i^I} T_i. \tag{63}
$$

By comparison with [\(51\),](#page-8-4) we can identify this combination as the overall volume modulus (defined at the field location of inflation). The corresponding minimal value of  $R_{\rho} = 2/7$ .

<span id="page-11-2"></span>Hence, inflation must take place in the direction of the overall volume modulus or a closely aligned field direction—as was independently suggested by modulus stabilization during inflation (see Sec. [III B\)](#page-8-5). In order to be more explicit, we define  $\theta$  as the angle<sup>14</sup> between  $\rho$  and the volume modulus  $T_{\mathcal{V}}$ ,

$$
\cos \theta = O_i \sqrt{\frac{a_i}{7}}.\tag{64}
$$

In other words,  $\cos^2 \theta$  is the fraction of volume modulus contained in the inflaton. The constraint on the angle depends on the properties of the manifold. However, one can derive the lower bound

$$
R_{\rho}^{-1} < \frac{7}{6} (1 + 2\cos^2\theta),\tag{65}
$$

<span id="page-11-1"></span>which holds for an arbitrary number of moduli and independent of the coefficients  $a_i$  (only requiring that the  $a_i$  sum up to 7). If we combine this constraint with [\(60\),](#page-11-0) we find

$$
\cos^2 \theta > \frac{1}{7} + \frac{9}{14} \left( \frac{H}{m_{3/2}^I} \right)^2. \tag{66}
$$

From this condition, it may seem sufficient to have a moderate volume modulus admixture in the inflaton. However, in the absence of fine-tuning, the second term on the right-hand side is not expected to be much smaller than unity. Furthermore, for any concrete set of  $a_i$ , a stronger bound than [\(66\)](#page-11-1) may arise. Therefore, values of  $\cos \theta$  close to unity—corresponding to near alignment between the inflaton and volume modulus—are preferred.

<sup>&</sup>lt;sup>13</sup> Imaginary parts of  $T_i^I$  can be absorbed by shifting  $T_i$  along the imaginary axis, which leaves the Kähler potential invariant.

<sup>&</sup>lt;sup>14</sup>The angle  $\theta$  is defined in the *M*-dimensional space spanned by the canonically normalized  $T_i$ . For two linear combinations of moduli  $\rho_1 = \alpha_i \hat{T}_i$  and  $\rho_2 = \beta_i \hat{T}_i$ , it is obtained from the scalar product  $\alpha \beta = |\alpha| |\beta| \cos \theta$ . Here,  $\hat{T}_i$  denotes the canonically normalized moduli  $\hat{T}_i = (\sqrt{a_i}/T_i^I)T_i/2$ .

<span id="page-12-2"></span>TABLE III. Input parameter sets PS1 and PS2 which give rise to the potential shown in Fig. [6](#page-13-0). Two input parameters are specified with higher precision. This is required to (nearly) cancel the cosmological constant and to ensure that the spectral index matches precisely with observation.

		<b>PS</b> $a_1$ $a_2$ $A_1$ $A_2$ $A_3$ $A_4$ $N_1$ $N_2$ $N_3$ $N_4$ $T_{H,0}$			
		1 1 6 1 -1.18 0.719766 -0.178645 11 15 19 23 7.8			
		2 2 5 -1.35 2.16245 -0.918729  15 17 19  8.2			

<span id="page-12-0"></span>Let us, finally, point out that the lower limit on the curvature scalar also implies the following bound on the Hubble scale:

$$
H < \frac{2m_{3/2}^I}{\sqrt{3}},\tag{67}
$$

which must hold for an arbitrary superpotential. One may now worry that this constraint imposes either low scale inflation or high scale supersymmetry breaking. This is, however, not the case since  $m_{3/2}^I$  can be much larger than the gravitino mass in the true vacuum. Indeed, if the inflaton is not identified with the lightest, but with a heavier modulus, it appears natural to have  $m_{3/2}^I \gg m_{3/2}$ . Nevertheless, [\(67\)](#page-12-0) imposes serious restrictions on the superpotential. In order for the potential energy during inflation to be positive, while satisfying  $(60)$ , one must require<sup>15</sup>

$$
3 < G^{\rho}G_{\rho} < 7. \tag{68}
$$

<span id="page-12-1"></span>A single instanton term  $W \supset e^{-S}$  in the superpotential would induce  $G^{\rho}G_{\rho} \sim S^2$ . Since perturbativity requires S ≫ 1, one typically needs to invoke a (mild) cancellation between two or more instanton terms in order to satisfy [\(68\)](#page-12-1).

## C. An inflation model

We now turn to the construction of an explicit inflation model. For the moment, we ignore supersymmetry breaking and require inflation to end in a supersymmetric Minkowski minimum. Previous considerations suggested the overall volume modulus as an inflaton candidate. The simplest scenario of just one overall modulus and a superpotential generated from gaugino condensation does, however, not give rise to an inflection point with the desired properties. The minimal working example, therefore, invokes two moduli  $T_{1,2}$ . One linear combination  $T_H$  is assumed to be stabilized supersymmetrically with a large mass  $m_{T_H} \gg H$  at  $T_{H,0}$ . This is achieved through the superpotential part  $W(T_H)$  which could, e.g., be of the form described in Sec. [II D](#page-5-4). The orthogonal, lighter linear combination  $\rho$  is the inflaton. It must contain a large admixture of the overall volume modulus.

As an example, we take the superpotential and Kähler potential to be of the form,

$$
W = \mathcal{W}(T_1 + T_2) + \sum_{i} A_i e^{-2\pi T_1/N_i},
$$
  

$$
K = -a_1 \log(\bar{T}_1 + T_1) - a_2 \log(\bar{T}_2 + T_2),
$$
 (69)

respectively. The heavy modulus can be defined as  $T<sub>H</sub>$  =  $(T_1 + T_2)/2$  in this case. In the limit where  $T_{\rm H}$  becomes infinitely heavy, integrating out  $T_H$  at the superfield level is equivalent to replacing  $T_H$  by  $T_{H,0}$  in the superpotential and Kähler potential, i.e.,  $T_1 \rightarrow T_{H,0} + \rho$  and  $T_2 \rightarrow T_{H,0} - \rho$ . We consider the case where inflation proceeds along the real axis. The scalar potential features terms which decrease exponentially towards large  $\rho$  which originate from W and its derivatives. At the same time, the prefactor  $e^{K}$  has positive slope if we choose  $a_2 > a_1$ . For appropriate parameters, the interplay between the superpotential and Kähler potential terms leads to an inflection point suitable for inflation.

We have previously shown model independently that the inflaton must be volume-modulus-like. But how do the constraints from Kähler geometry actually enter the concrete setup? For this, we have to look at the axion direction  $\varphi$  orthogonal to the inflaton. In Table [III](#page-12-2) we provide two parameter choices (PS1 and PS2) which give rise to a similar scalar potential along the real axis (see the left panel of Fig. [6\)](#page-13-0).

However, only PS1 leads to a viable inflationary scenario, while PS2 suffers from a tachyonic instability in the axion direction (at the inflationary plateau). This can be seen in the right panel of Fig. [6,](#page-13-0) where we depict the axion mass as a function of the inflaton field value.

<span id="page-12-3"></span>The reason for the tachyonic instability of PS2 becomes clear, when we study the nature of the inflaton. We express the inflaton in terms of canonically normalized moduli,

$$
\rho = O_1 \hat{T}_1 + O_2 \hat{T}_2, \qquad \hat{T}_i = \frac{\sqrt{a_i}}{2T_i^I} T_i. \tag{70}
$$

The coefficients  $O_i$  determine the angle between inflaton and overall volume modulus [cf. [\(64\)\]](#page-11-2). In Table [IV](#page-13-1) we provide the angle, the corresponding curvature scalar, and the ratio  $m_{3/2}^I/H$  for the two parameter sets. One can easily verify that, for PS1, the inflaton is sufficiently volume-modulus-like to satisfy the constraint [\(66\)](#page-11-1) on the

<sup>&</sup>lt;sup>15</sup>We assume that the inflaton dominantly breaks supersymmetry during inflation.

<span id="page-13-0"></span>

FIG. 6. Left: The inflaton potential for the two parameter sets of Table [III](#page-12-2). The inflection point at  $\rho - \rho_0 = 4$  is indicated by the thick gray dot. Right: The squared mass of the axion direction in units of  $H^2$ .

angle [analogously, the curvature scalar is small enough to satisfy [\(60\)\]](#page-11-0). Successful inflation can, therefore, be realized. For PS2, the situation is different since the same condition is violated. The tachyonic instability which prevents inflation for PS2 is, hence, due to the misalignment between the (would-be) inflaton and the volume modulus.

For the parameter choice PS1, the inflationary observables can be determined from the slow roll expressions [\(58\)](#page-10-4), where the normalization of the kinetic term has to be taken into account [the slow roll parameters are defined as derivatives with respect to the canonically normalized inflaton in [\(56\)](#page-10-5)]. The observables are consistent with present CMB bounds; specifically we find

$$
n_s = 0.96, \qquad r = 3 \times 10^{-7}, \qquad A_s = 2 \times 10^{-9}. \tag{71}
$$

The tensor-to-scalar ratio falls in the expected range for inflection point inflation with a modulus (see Sec. [IVA\)](#page-10-6).

From a theoretical point of view, it is interesting that the inflationary plateau can be turned into a de Sitter minimum through a small parameter deformation. If we, e.g., increase the value of  $T<sub>H,0</sub>$  (or change one of the  $A<sub>i</sub>$ ) for PS1 slightly, the potential develops a minimum close to the inflection point. The consistency of de Sitter vacua in the moduli potential follows from the  $G_2$  Kähler potential which has a curvature scalar as small as  $2/7$  on the submanifold associated with the volume modulus—in contrast to other prominent string theory constructions (see Sec. [II B](#page-1-1)).

<span id="page-13-1"></span>TABLE IV. Derived parameters for the inputs PS1 and PS2 from Table [III.](#page-12-2)

<b>PS</b>	$\mathcal{O}_1$	$\mathcal{O}_{\gamma}$	$\cos^2 \theta$		H	$m_{3/2}^{I}$
	0.12	$-0.99$	0.76	0.34	$5.9 \times 10^{-8}$	1.7H
	0.29	$-0.96$	0.42	0.47	$5.9 \times 10^{-8}$	1.1H

### D. Inflation and supersymmetry breaking

In the final step, we wish to construct a more realistic model which incorporates inflation and supersymmetry breaking simultaneously. The plan is to augment the inflation sector of the previous section by the supersymmetry breaking sector comprised of the light modulus and the meson field (cf. Sec. [II](#page-1-3)).

The minimal example contains three moduli fields  $T_{1,2,3}$ which form the linear combinations  $T_H$ ,  $\rho$ , and  $T_L$ . The inflaton  $\rho$  must be approximately aligned with the volume modulus. An orthogonal light modulus  $T<sub>L</sub>$  participates in supersymmetry breaking. The third modulus direction  $T_H$ is stabilized supersymmetrically at a mass scale above the inflationary Hubble scale. While it does not play a dynamical role, its vacuum expectation value manifests in the Kähler potential of the lighter d.o.f. It assists in generating the plateau in the inflaton potential. The superpotential is chosen such that a mass hierarchy  $m_{T<sub>u</sub>} \gg$  $m_{\rho} \gg m_{T_1}$  arises in the vacuum. This can be achieved via the form

$$
W = \mathcal{W}(T_{\rm H}) + \mathcal{W}(T_{\rm H}, \rho) + w(T_{\rm H}, T_{\rm L}).
$$
 (72)

All three superpotential parts originate from gaugino condensation. The desired mass pattern is realized through an appropriate hierarchy in the condensation scales in  $W$ ,  $W$ , and  $w$ , respectively. For concreteness, we will make the following identification:

<span id="page-13-2"></span>
$$
T_1 = \frac{T_H}{3} + \frac{\rho}{6} + \frac{T_L}{2}, \qquad T_2 = \frac{T_H}{3} + \frac{\rho}{6} - \frac{T_L}{2}, \qquad T_3 = \frac{T_H}{3} - \frac{\rho}{3},\tag{73}
$$

which is just one of many possibilities. Without specifying W explicitly, we assume  $W = W_H = 0$  at  $T_{H,0}$ . As shown previously, this can, e.g., be achieved via three gaugino condensation terms (see Sec. [II D](#page-5-4)). In the limit of very large mass  $m_{T_H}$ , integrating out the heavy modulus then simply

<span id="page-14-0"></span>TABLE V. Parameter choice giving rise to the inflaton potential shown in Fig. [8.](#page-14-2) The parameter  $A_5$  has been specified with higher precision in order to ensure that inflation with the correct spectral index arises. Cancellation of the cosmological constant fixes the remaining input parameter,  $A_6 = 2.4213062895$ .

			$a_1$ $a_2$ $a_3$ $A_1$ $A_2$ $A_3$ $A_4$ $A_5$ $N_1$ $N_2$ $N_3$ $N_4$ $N_5$ $N_6$ $T_{A,0}$				
			$\frac{1}{2}$ 2 $\frac{9}{2}$ -7 0.117 -4.9 22.52 -20.52678 8 10 24 30 32 38 21.7				

amounts to replacing  $T_H$  by  $T_{H,0}$  in the superpotential and Kähler potential. In addition, we choose

$$
w = A_1 \phi^{-\frac{2}{N_1}} e^{-\frac{2\pi f_1}{N_1}} + A_2 e^{-\frac{2\pi f_2}{N_2}}, \quad \mathcal{W} = \sum_{i=3}^{6} A_i e^{-\frac{2\pi f_i}{N_i}}.
$$
 (74)

The gauge kinetic functions are defined as

$$
f_{1,2} = 2T_1 + T_3 = T_H + T_L,
$$
  
\n
$$
f_{3,4,5,6} = T_1 + T_2 = \frac{2}{3}T_H + \frac{1}{3}\rho,
$$
\n(75)

such that W only depends on  $\rho$ , while w only depends on  $T_{\rm L}$  and  $\phi$  (once  $T_{\rm H}$  has been integrated out). The  $G_2$  Kähler potential,

$$
K = -\sum_{i=1}^{3} a_i \log(\bar{T}_i + T_i), \tag{76}
$$

can be expressed in terms of  $\rho$ ,  $T_L$  via [\(73\).](#page-13-2) For an exact numerical evaluation, we choose the parameter set of Table [V.](#page-14-0)

The latter gives rise to a Minkowski minimum with broken supersymmetry at  $\phi_0 = 0.78$ ,  $\rho_0 = -3.5$ ,  $T_{L,0} =$ 6.7 (corresponding to  $T_1 = 10$ ,  $T_2 = 3.3$ ,  $T_3 = 8.4$  in the original field basis). An additional AdS minimum appears

<span id="page-14-1"></span>

FIG. 7. Spectrum of scalar  $(+)$  and pseudoscalar  $(-)$  masses in the vacuum and during inflation. The dominant field components of the mass eigenstates are given in the plot legend (the orange lines, e.g., refer to the mesonlike mass eigenstates). Also shown are the gravitino mass and the Hubble parameter during inflation.

outside the validity of the supergravity approximation  $(T_2 < 1)$ . In the Minkowski minimum, where we can trust our calculation, the mass spectrum shown in Fig. [7](#page-14-1) arises. The light modulus and meson are responsible for supersymmetry breaking. Their masses cluster around the gravitino mass  $m_{3/2} \sim 200$  TeV. A slight suppression of the mesonlike axion mass arises due to an approximate shift symmetry (see Sec. [II D\)](#page-5-4). The inflaton is substantially heavier compared to the other fields since it decouples from supersymmetry breaking.

Inflation occurs along the real axis of  $\rho$ . The potential along this direction is shown in Fig. [8,](#page-14-2) where the remaining fields have been set to their  $\rho$ -dependent minima. A (quasistationary) inflection point occurs at  $\rho - \rho_0 = 15.5$ , where we can still trust the supergravity approximation. Corrections to the moduli Kähler potential, which are expected at small compactification volume, are suppressed in this regime. Even if they slightly perturbed the inflaton potential, this could easily be compensated for by adjusting the superpotential parameters. Inflation, hence, appears to be robust with respect to any higher order effects.

For applying the constraints from Kähler geometry, we express the inflaton in terms of the (canonically normalized) original field basis

$$
\rho \propto 0.09\hat{T}_1 + 0.07\hat{T}_2 - 0.99\hat{T}_3,\tag{77}
$$

where the  $\hat{T}_i$  have been defined in [\(70\)](#page-12-3). As can be seen, the inflaton is dominantly  $T_3$ . The curvature scalar along the inflaton direction is  $R_\rho = 0.45$ . The Hubble scale and

<span id="page-14-2"></span>

FIG. 8. Scalar potential in the inflaton direction with the other fields eliminated through their minimization condition.

the gravitino mass during inflation are depicted in Fig. [7](#page-14-1). One easily verifies that the curvature constraint [\(60\)](#page-11-0) is satisfied and viable inflation without tachyons can thus be achieved. This can be related to the fact that the inflaton is sufficiently aligned with the volume modulus. The fraction of volume modulus contained in the inflaton is given by  $\cos^2 \theta = 0.54$ , in agreement with [\(66\).](#page-11-1)

In Fig. [7](#page-14-1), we also provide the scalar mass spectrum during inflation. The inflaton mass is not shown since its squared mass is negative as required by the constraints on the spectral index, specifically  $m_{\rho}^2 = -0.05H^2$  during inflation (corresponding to  $\eta_V = -0.015$ ). The other scalars receive positive Hubble scale masses during inflation (as described in Sec. [III B\)](#page-8-5). Only the mesonlike axion is about an order of magnitude lighter than  $H$  due to the approximate shift symmetry. The resulting isocurvature perturbations in the light axion are not expected to be dangerous since they are transferred into adiabatic perturbations once the axion has decayed into radiation. For the parameter example, this decay occurs before primordial nucleosynthesis.

In order to describe the dynamics of the multifield system, the coupled equations of motion need to be solved. For noncanonical fields, the most general set of equations reads [\[36\]](#page-16-30)

$$
\ddot{\psi}^{\alpha} + \Gamma^{\alpha}_{\beta\gamma}\dot{\psi}^{\beta}\dot{\psi}^{\gamma} + 3H\dot{\psi}^{\alpha} + \mathcal{G}^{\alpha\beta}\frac{\partial V}{\partial \psi^{\beta}} = 0. \tag{78}
$$

Here the fields  $\psi^{\alpha}$  label the real and imaginary parts of  $\rho$ ,  $T_{\text{L}}$ ,  $\phi$ . The field space metric  $\mathcal{G}_{\alpha\beta}$  can be determined from the Kähler metric and  $\Gamma^{\alpha}_{\beta\gamma}$  is the Christoffel symbol with respect to the field metric  $\mathcal{G}_{\alpha\beta}$  and its inverse  $\mathcal{G}^{\alpha\beta}$ . The solution to the field equations is depicted in Fig. [9](#page-15-0). For a range of initial conditions, the fields approach the inflationary attractor solution. This means that  $T_L$ ,  $\phi$  settle at finite field values which do not depend on the initial condition after a few oscillations. Their minima during inflation, however, differ from their vacuum expectation values. The inflaton  $\rho$  slowly rolls down its potential close to the inflection point. Inflation ends when it reaches the steeper part of the potential. Then,  $\rho$  oscillates around its vacuum expectation value with the amplitude decreasing due to the Hubble friction. The inflationary observables can again be determined from a slow roll analysis. The parametric example was chosen to be consistent with observation. It has

$$
n_s = 0.97
$$
,  $r = 5 \times 10^{-7}$ ,  $A_s = 2 \times 10^{-9}$ . (79)

The field evolution shown in Fig. [9](#page-15-0) spans 5 orders of magnitude in energy. All scalar fields remain stabilized over the full energy range. After inflation, the volume of the compactified manifold remains protected by the large inflaton mass. If the scalar potential features more than one

<span id="page-15-0"></span>

FIG. 9. Solution to the coupled system of equations of motion for the fields  $\rho$ ,  $T_{\rm L}$ ,  $\phi$ .

minimum, the postinflationary field evolution should ensure that the Universe ends up in the desired vacuum.<sup>16</sup> This might impose additional constraints on the moduli couplings including those to the visible sector. A comprehensive discussion of the reheating process is, however, beyond the scope of this work. Let us just note that the energy density stored in the light d.o.f. redshifts slower than the thermal energy of the radiation bath and may dominate the energy content of the Universe before they decay. We, therefore, expect a nonstandard cosmology with late time entropy production to occur (see [\[37\]](#page-16-31)). Notice that this scenario is consistent with the observed element abundances since all particles are sufficiently heavy to decay before primordial nucleosynthesis.

## V. CONCLUSION

M-theory compactified on a manifold of  $G_2$  holonomy successfully describes many microphysical features of our world. It has chiral fermions interacting via gauge forces and explains the hierarchy of scales. We have now identified the inflaton within this theory. The latter is essentially the overall volume modulus of the compactified region (or a closely aligned field direction). This statement is model independent and derives from the Kähler geometry of the  $G_2$  manifold.

We provided concrete realizations of volume modulus inflation which satisfy all consistency conditions. Inflation occurs close to an inflection point in the scalar potential. In the relevant parameter regime, string theory corrections to the supergravity approximation are under full control. We solved the system of coupled field equations and proved that all moduli are stabilized during inflation. The scalar fields orthogonal to the inflaton receive Hubble mass terms such that inflation is effectively described as a single field slow roll model. However, several scalar fields are displaced from their vacuum expectation values during

<sup>&</sup>lt;sup>16</sup>In the parameter example, an additional AdS minimum occurs. It may, however, get lifted since it appears outside the range, where we can trust the supergravity calculation.

inflation. They are expected to undergo coherent oscillations when the Hubble scale drops below their mass. The energy stored in these d.o.f. generically induces late time entropy production at their decay (which happens before primordial nucleosynthesis).

The scale of inflation emerges from hidden sector strong dynamics. The Planck scale is the only dimensionful input to the theory. We predict  $V^{1/4} \sim 10^{15}$  GeV and the corresponding tensor-to-scalar ratio  $r \sim 10^{-6}$ . Despite the large energy density of inflation, the theory is consistent with, and generically has low energy supersymmetry. It has a de Sitter vacuum in which the (s)goldstino dominantly descends from a hidden sector meson field. Supersymmetry breaking is transmitted to the visible sector via gravity mediation. It generates a hierarchy with heavy sfermions and lighter gauginos. The gauginos are expected to reside at the TeV scale, close to the present LHC sensitivity.

While experiments will not directly probe the inflaton of compactified M-theory, indirect evidence may be collected. This is because inflation sets the initial conditions for a nonthermal cosmology which affects many other phenomena including baryogenesis and dark matter. Further predictions of the compactified M-theory will soon be tested by laboratory experiments.

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