Gravitational waves from isolated neutron stars: Mass dependence of *r*-mode instability

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(Received 28 November 2017; revised manuscript received 25 April 2018; published 18 June 2018)

In this work, we study the *r*-mode instability windows and the gravitational wave signatures of neutron stars in the slow rotation approximation using the equation of state obtained from the density-dependent M3Y effective interaction. We consider the neutron star matter to be β -equilibrated neutron-proton-electron matter at the core with a rigid crust. The fiducial gravitational and viscous timescales, the critical frequencies, the time evolutions of the frequencies, and the rates of frequency change are calculated for a range of neutron star masses. We show that the young and hot rotating neutron stars lie in the *r*-mode instability region. We also emphasize that if the dominant dissipative mechanism of the *r* mode is the shear viscosity along the boundary layer of the crust-core interface, then the neutron stars with low *L* value lie in the *r*-mode instability region and hence emit gravitational radiation.

DOI: 10.1103/PhysRevC.97.065804

I. INTRODUCTION

Quasinormal modes of rapidly rotating isolated and accreting compact stars act as sensitive probes for general relativistic effects such as gravitational waves and also of the properties of ultradense matter. Temporal changes in the rotational period of neutron stars (NSs) can reveal the internal changes of the stars with time. Gravitational waves from rotational instabilities of pulsars can provide insight about the nature of the highdensity equation of state (EoS). Detecting these waves by Laser Interferometer Gravitational-Wave Observatory (LIGO) and Virgo interferometer will provide new insights in the field of asteroseismology.

Rotational instabilities in NSs come in different flavors, but they have one general feature in common: They can be directly associated with unstable modes of oscillation [1–6]. In the present work, the *r*-mode instability has been discussed with reference to the EoS obtained using the density-dependent M3Y (DDM3Y) effective nucleon-nucleon (*NN*) interaction. The discovery of *r*-mode oscillation in neutron star (NS) by Anderson [1] and confirmed by Friedman and Morsink [3] opened the way for the study of gravitational waves emitted by NSs using an advance detecting system. Also, it provides a possible explanation for the spin-down mechanism in the hot young NSs as well as in spin-up cold old accreting NSs.

The *r*-mode oscillation is analogous to Rossby waves in the ocean and results from perturbation in the velocity field of a star with little disturbance in the star's density. In a nonrotating star,

the r modes are neutral rotational motions. In a rotating star, Coriolis effects provide a weak restoring force that gives them genuine dynamics. The r-mode frequency always has different signs in the inertial and rotating frames. That is, although the modes appear retrograde in the rotating system, an observer in the inertial frame shall view them as prograde. To the leading order, the pattern speed of the mode is [7,8]

$$\sigma = \frac{(l-1)(l+2)}{l(l+1)}\Omega.$$
 (1)

Since $0 < \sigma < \Omega$ for all $l \ge 2$, where Ω is the angular velocity of the star in the inertial frame, the *r* modes are destabilized by the standard Chandrasekhar-Friedman-Schutz (CFS) mechanism and are unstable because of the emission of gravitational waves. The gravitational radiation that the *r* modes emit comes from their time-dependent mass currents. This is the gravitational analog of magnetic monopole radiation. The quadrupole l = 2 r mode is more strongly unstable to gravitational radiation than any other mode in neutron stars. Further, these modes exist with velocity perturbation if and only if l = m mode [4,7]. This emission in gravitational waves causes a growth in the mode energy E_{rot} in the rotating frame, despite decrease in the inertial-frame energy E_{inertial} . This puzzling effect can be understood from the relation between the two energies,

$$E_{\rm rot} = E_{\rm inertial} - \Omega J, \qquad (2)$$

where the angular momentum of the star is J. From this, it is clear that E_{rot} may increase if both E_{inertial} and J decrease. The frequencies of these r modes, in the lowest order terms in an expansion in terms of angular velocity Ω , is [8,9]

$$\omega = -\frac{(l-1)(l+2)}{l+1}\Omega.$$
 (3)

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The instability in the mode grows because of gravitational wave emission which is opposed by the viscosity [10]. For the instability to be relevant, it must grow faster than it is damped out by the viscosity. So, the timescale for gravitationally driven instability needs to be sufficiently short to the viscous damping timescale. The amplitude of r modes evolves with time dependence $e^{i\omega t - t/\tau}$ as a consequence of ordinary hydrodynamics and the influence of the various dissipative processes. The imaginary part of the frequency $1/\tau$ is determined by the effects of gravitational radiation, viscosity, etc. [9,11,12]. The timescale associated with the different process involves the actual physical parameters of the neutron star. In computing these physical parameters, the role of nuclear physics comes into the picture, where one gets a platform to constrain the uncertainties existing in the nuclear EoS. The present knowledge on nuclear EoS in highly isospin asymmetric dense situations is quite uncertain, so correlating the predictions of the EoSs obtained under systematic variation of the physical properties to the *r*-mode observables can be of help in constraining the uncertainty associated with the EoS.

II. DISSIPATIVE TIMESCALES AND STABILITY OF THE *r* MODES

The concern here is to study the evolution of the r modes due to the competition of gravitational radiation and dissipative influence of viscosity. For this purpose, it is necessary to consider the effects of radiation on the evolution of mode energy. This is expressed as the integral of the fluid perturbation [9,13],

$$\widetilde{E} = \frac{1}{2} \int \left[\rho \delta \vec{v} \cdot \delta \vec{v}^* + \left(\frac{\delta p}{\rho} - \delta \Phi \right) \delta \rho^* \right] d^3 r, \qquad (4)$$

with ρ being the mass density profile of the star and $\delta \vec{v}$, δp , $\delta \Phi$, and $\delta \rho$ being perturbations in the velocity, pressure, gravitational potential, and density due to oscillation of the mode respectively. The dissipative timescale of an *r* mode is [9]

$$\frac{1}{\tau_i} = -\frac{1}{2\widetilde{E}} \left(\frac{d\widetilde{E}}{dt} \right)_i,\tag{5}$$

where the index *i* refers to the various dissipative mechanisms, i.e., gravitational wave emissions and viscosity (bulk and shear).

For the lowest order expressions for the *r* modes $\delta \vec{v}$ and $\delta \rho$, the expression for energy of the mode in Eq. (4) can be reduced to a one-dimensional integral [9,14]

$$\widetilde{E} = \frac{1}{2}\alpha_r^2 R^{-2l+2}\Omega^2 \int_0^R \rho(r)r^{2l+2}dr, \qquad (6)$$

where *R* is the radius of the NS, α_r is the dimensionless amplitude of the mode, Ω is the angular velocity of the NS, and $\rho(r)$ is the radial dependance of the mass density of NS. Since the expressions of $(\frac{d\tilde{E}}{dt})$ due to gravitational radiation [12,15] and viscosity [11,12,16] are known, Eq. (5) can be used to evaluate the imaginary part $\frac{1}{\tau}$. It is convenient to decompose $\frac{1}{\tau}$ as

$$\frac{1}{\tau(\Omega,T)} = \frac{1}{\tau_{GR}(\Omega,T)} + \frac{1}{\tau_{BV}(\Omega,T)} + \frac{1}{\tau_{SV}(\Omega,T)},$$
 (7)

where $1/\tau_{GR}$, $1/\tau_{BV}$, and $1/\tau_{SV}$ are the contributions from gravitational radiation, bulk viscosity, and shear viscosity, respectively, and are given by [11,12]

$$\frac{1}{\tau_{GR}} = -\frac{32\pi G \Omega^{2l+2}}{c^{2l+3}} \frac{(l-1)^{2l}}{[(2l+1)!!]^2} \left(\frac{l+2}{l+1}\right)^{(2l+2)} \\ \times \int_0^{R_c} \rho(r) r^{2l+2} dr, \qquad (8)$$
$$\frac{1}{\tau_{SV}} = \left[\frac{1}{2\Omega} \frac{2^{l+3/2} (l+1)!}{l(2l+1)!! I_l} \sqrt{\frac{2\Omega R_c^2 \rho_c}{\eta_c}}\right]^{-1} \\ \times \left[\int_0^{R_c} \frac{\rho(r)}{\rho_c} \left(\frac{r}{R_c}\right)^{2l+2} \frac{dr}{R_c}\right]^{-1}, \qquad (9)$$

where *G* and *c* are the gravitational constant and velocity of light respectively; R_c , ρ_c , and η_c in Eq. (9) are the radius, density, and shear viscosity of the fluid at the outer edge of the core respectively.

The shear viscosity timescale in Eq. (9) is obtained by considering the shear dissipation in the viscous boundary layer between solid crust and the liquid core with the assumption that the crust is rigid and hence static in a rotating frame [11].

The motion of the crust due to mechanical coupling to the core effectively increases τ_{SV} by $(\frac{\Delta v}{v})^{-2}$, where $\frac{\Delta v}{v}$ is the difference in the velocities in the inner edge of the crust and outer edge of the core divided by the velocity of the core [17].

Bildsten and Ushomirsky [18] have first estimated this effect of solid crust on *r*-mode instability and shown that the shear dissipation in this viscous boundary layer decreases the viscous damping timescale by more than 10^5 in old accreting neutron stars and more than 10^7 in hot, young neutron stars. I_l in Eq. (9) has the value $I_2 = 0.80411$, for l = 2 [11].

Moreover, the bulk viscous dissipation is not significant for temperature of the star below 10^{10} K and in this range of temperature the shear viscosity is the dominant dissipative mechanism. We have restricted our study in this work to the range of the temperature $T < 10^{10}$ K and included only the shear dissipative mechanism. The studies is similar to the one done by Moustakidis [19], where we have mainly examined the influence of neutron star EoS and the gravitational mass on the instability boundary and other relevant quantities, such as critical frequency and temperature, for a neutron star using the DDM3Y effective interaction [20].

As mentioned above, we have studied the instability within $T \leq 10^{10}$ K, and the dominant dissipation mechanism is the shear viscosity in the boundary layer for which the timescale is given in Eq. (7), where η_c is the viscosity of the fluid. In the temperature range $T \geq 10^9$ K, the dominant contribution to shear is from neutron-neutron (*nn*) scattering and below $T \leq 10^9$, it is the electron-electron (*ee*) scattering that contributes to shear primarily [11]. Therefore,

$$\frac{1}{\tau_{SV}} = \frac{1}{\tau_{ee}} + \frac{1}{\tau_{nn}},\tag{10}$$

where τ_{ee} and τ_{nn} can be obtained from Eq. (9) using the corresponding value of η_{SV}^{ee} and η_{SV}^{nn} . These are given

by [10,21]

$$\eta_{SV}^{ee} = 6 \times 10^6 \rho^2 T^{-2} \quad (\text{g cm}^{-1} \text{s}^{-1}), \tag{11}$$

$$\eta_{SV}^{nn} = 347 \rho^{9/4} T^{-2} \quad (\text{g cm}^{-1} \text{s}^{-1}), \tag{12}$$

where all the quantities are given in CGS units and *T* is measured in K. In order to have transparent visualization of the role of angular velocity and temperature on various timescales, it is useful to factor them out by defining fiducial timescales. Thus, we define fiducial shear viscous timescale $\tilde{\tau}_{SV}$ such that [9,11]

$$\tau_{SV} = \tilde{\tau}_{SV} \left(\frac{\Omega_0}{\Omega}\right)^{1/2} \left(\frac{T}{10^8 \mathrm{K}}\right),\tag{13}$$

and fiducial gravitational radiation timescale $\tilde{\tau}_{GR}$ is defined through the relation [9,11]

$$\tau_{GR} = \tilde{\tau}_{GR} \left(\frac{\Omega_0}{\Omega}\right)^{2l+2},\tag{14}$$

where $\Omega_0 = \sqrt{\pi G \bar{\rho}}$ and $\bar{\rho} = 3M/4\pi R^3$ is the mean density of NS having mass *M* and radius *R*. Thus Eq. (7) (neglecting bulk viscosity contributions) becomes

$$\frac{1}{\tau(\Omega,T)} = \frac{1}{\tilde{\tau}_{GR}} \left(\frac{\Omega}{\Omega_0}\right)^{2l+2} + \frac{1}{\tilde{\tau}_{SV}} \left(\frac{\Omega}{\Omega_0}\right)^{1/2} \left(\frac{10^8 \text{K}}{T}\right).$$
(15)

Dissipative effects cause the mode to decay exponentially as $e^{-t/\tau}$, i.e., the mode is stable, as long as $\tau > 0$. From Eqs. (8) and (9), it can be seen that $\tilde{\tau}_{SV} > 0$, while $\tilde{\tau}_{GR} < 0$. Thus gravitational radiation drives these modes toward instability, while viscosity tries to stabilize them. For small Ω , the gravitational radiation contribution to $1/\tau$ is very small since it is proportional to Ω^{2l+2} . Thus, for sufficiently small angular velocity, viscosity dominates and the mode is stable. But for sufficiently large Ω , gravitational radiation will dominate and drive the mode unstable. For a given temperature and mode *l*, the equation for critical angular velocity Ω_c is obtained from the condition $\frac{1}{\tau(\Omega_c,T)} = 0$. At a given T and mode l, the equation for the critical velocity is a polynomial of order l + 1 in Ω_c^2 and thus each mode has its own characteristic Ω_c . Since the smallest of these, i.e., l = 2, is the dominant contributor, study is being done for this mode only. The critical angular velocity Ω_c for this mode is obtained as

$$\left(\frac{\Omega_c}{\Omega_0}\right) = \left(-\frac{\widetilde{\tau}_{GR}}{\widetilde{\tau}_{SV}}\right)^{2/11} \left(\frac{10^8 \text{K}}{T}\right)^{2/11}.$$
 (16)

The angular velocity of a neutron star can never exceed the Kepler velocity $\Omega_K \approx \frac{2}{3}\Omega_0$. Thus, there is a critical temperature below which the gravitational radiation is completely suppressed by viscosity. This critical temperature is given by [11]

$$\frac{T_c}{10^8 \mathrm{K}} = \left(\frac{\Omega_0}{\Omega_c}\right)^{11/2} \left(-\frac{\tilde{\tau}_{GR}}{\tilde{\tau}_{SV}}\right) \approx (3/2)^{11/2} \left(-\frac{\tilde{\tau}_{GR}}{\tilde{\tau}_{SV}}\right). \quad (17)$$

The critical angular velocity is now expressed in terms of critical temperature from Eqs. (13) and (14) as

$$\left(\frac{\Omega_c}{\Omega_0}\right) = \frac{\Omega_K}{\Omega_0} \left(\frac{T_c}{T}\right)^{2/11} \approx (2/3) \left(\frac{T_c}{T}\right)^{2/11}.$$
 (18)

So, once the neutron star EoS is ascertained, then all physical quantities necessary for the calculation of r-mode instability can be performed.

Further, following the work of Owen *et al.* [12], the evolution of the angular velocity, as the angular momentum is radiated to infinity by the gravitational radiation, is given by

$$\frac{d\Omega}{dt} = \frac{2\Omega}{\tau_{GR}} \frac{\alpha_r^2 Q}{1 - \alpha_r^2 Q},\tag{19}$$

where α_r is the dimensionless *r*-mode amplitude and $Q = 3\widetilde{J}/2\widetilde{I}$ with

$$\widetilde{J} = \frac{1}{MR^4} \int_0^R \rho(r) r^6 dr \tag{20}$$

and

$$\widetilde{I} = \frac{8\pi}{3MR^2} \int_0^R \rho(r) r^4 dr.$$
(21)

 α_r is treated as free parameter whose value varies within a wide range: $1-10^{-8}$. Under the ideal consideration that the heat generated by the shear viscosity is same as that taken out by the emission of neutrinos [19,22], Eq. (19) can be solved for the angular frequency $\Omega(t)$ as

$$\Omega(t) = \left(\Omega_{in}^{-6} - Ct\right)^{-1/6},$$
(22)

where

$$C = \frac{12\alpha_r^2 Q}{\tilde{\tau}_{GR} (1 - \alpha_r^2 Q)} \frac{1}{\Omega_0^6},$$
(23)

and Ω_{in} is considered as a free parameter whose value corresponds to be the initial angular velocity. The spin-down rate can be obtained from Eq. (19) to be

$$\frac{d\Omega}{dt} = \frac{C}{6} \left(\Omega_{in}^{-6} - Ct \right)^{-7/6}.$$
 (24)

The neutron star spin shall decrease continually until it approaches its critical angular velocity Ω_c . The time t_c taken by neutron star to evolve from its initial value Ω_{in} to its minimum value Ω_c is given by

$$t_c = \frac{1}{C} \left(\Omega_{in}^{-6} - \Omega_c^{-6} \right).$$
 (25)

III. NUCLEAR EQUATION OF STATE

The EoS for nuclear matter is obtained by using the isoscalar and the isovector [23] components of M3Y effective *NN* interaction along with its density dependence. The nuclear matter calculation is then performed which enables complete determination of this density dependence. The minimization of energy per nucleon determines the equilibrium density of the symmetric nuclear matter (SNM). The variation of the zero-range potential with energy, over the entire range of the energy per nucleon ϵ , is treated properly by allowing it to vary freely with the kinetic energy part ϵ^{kin} of ϵ . This treatment is more plausible as well as provides excellent result for the SNM incompressibility K_{∞} . Moreover, the EoS for SNM is not plagued with the superluminosity problem. The energy per nucleon ϵ for isospin asymmetric nuclear matter (IANM) can be derived within a Fermi gas model of interacting neutrons and protons as [20]

$$\epsilon(\rho, X) = \left[\frac{3\hbar^2 k_F^2}{10m}\right] F(X) + \left(\frac{\rho J_v C}{2}\right) (1 - \beta \rho^n), \quad (26)$$

where isospin asymmetry $X = \frac{\rho_n - \rho_p}{\rho_n + \rho_p}$, $\rho = \rho_n + \rho_p$, with ρ_n , ρ_p , and ρ being the neutron, proton, and nucleonic densities respectively, *m* is the nucleonic mass, $k_F = (1.5\pi^2\rho)^{\frac{1}{3}}$, which equals Fermi momentum in the case of SNM, $\epsilon^{\text{kin}} = [\frac{3\hbar^2k_F^2}{10m}]F(X)$ with $F(X) = [\frac{(1+X)^{5/3}+(1-X)^{5/3}}{2}]$, and $J_v = J_{v00} + X^2 J_{v01}$, where J_{v00} and J_{v01} represent the volume integrals of the isoscalar and the isovector parts of the M3Y interaction. The isoscalar and isovector components t_{00}^{M3Y} and t_{01}^{M3Y} of the M3Y effective *NN* interaction are given by $t_{00}^{\text{M3Y}}(s,\epsilon) = 7999 \frac{\exp(-4s)}{4s} - 2134 \frac{\exp(-2.5s)}{2.5s} + J_{00}(1 - \alpha\epsilon)\delta(s)$, respectively, with $J_{00} = -276 \text{ MeV fm}^3$, $J_{01} = 228 \text{ MeV fm}^3$, and $\alpha = 0.005 \text{ MeV}^{-1}$. The DDM3Y effective *NN* interaction is given by $v_{0i}(s,\rho,\epsilon) = t_{0i}^{\text{M3Y}}(s,\epsilon)g(\rho)$, where $g(\rho) = C(1 - \beta\rho^n)$ is the density dependence with *C* and β being the constants of density dependence.

By differentiating Eq. (26) with respect to ρ , one obtains an equation for X = 0:

$$\frac{\partial \epsilon}{\partial \rho} = \left[\frac{\hbar^2 k_F^2}{5m\rho}\right] + \frac{J_{v00}C}{2} [1 - (n+1)\beta\rho^n] -\alpha J_{00}C[1 - \beta\rho^n] \left[\frac{\hbar^2 k_F^2}{10m}\right].$$
(27)

The saturation condition $\frac{\partial \epsilon}{\partial \rho} = 0$ at $\rho = \rho_0$, $\epsilon = \epsilon_0$, determines the equilibrium density of the cold SNM. Then for fixed values of the saturation energy per nucleon ϵ_0 and the saturation density ρ_0 of the cold SNM, Eqs. (26) and (27) with the saturation condition can be solved simultaneously to obtain the values of β and *C* which are given by

$$\beta = \frac{\left[(1-p) + \left(q - \frac{3q}{p}\right)\right]\rho_0^{-n}}{\left[(3n+1) - (n+1)p + \left(q - \frac{3q}{p}\right)\right]},$$
(28)

where

$$p = \frac{[10m\epsilon_0]}{[\hbar^2 k_{F_0}^2]}, \quad q = \frac{2\alpha\epsilon_0 J_{00}}{J_{v00}^0}, \tag{29}$$

where $J_{v00}^0 = J_{v00}(\epsilon_0^{\text{kin}})$, which means J_{v00} is evaluated at $\epsilon^{\text{kin}} = \epsilon_0^{\text{kin}}$, the kinetic energy part of the saturation energy per nucleon of SNM, $k_{F_0} = [1.5\pi^2 \rho_0]^{1/3}$, and

$$C = -\frac{\left[2\hbar^2 k_{F_0}^2\right]}{5m J_{\nu 00}^0 \rho_0 \left[1 - (n+1)\beta \rho_0^n - \frac{q\hbar^2 k_{F_0}^2 (1-\beta \rho_0^n)}{10m\epsilon_0}\right]},$$
 (30)

respectively. Obviously, the constants *C* and β determined by this methodology depend upon ϵ_0 , ρ_0 , the index *n* of the density-dependent part, and through the volume integral J_{v00}^0 on the strengths of the M3Y interaction.

The calculations have been carried out by using the values of saturation density $\rho_0 = 0.1533 \text{ fm}^{-3}$ [24] and saturation

energy per nucleon $\epsilon_0 = -15.26$ MeV [25] for the SNM. ϵ_0 is the coefficient a_v of the volume term of Bethe-Weizsäcker mass formula, calculated by fitting the recent experimental and estimated Audi-Wapstra-Thibault atomic mass excesses [26]. This term has been obtained by minimizing the mean square deviation incorporating correction for the electronic binding energy [27]. In a similar work, including surface symmetry energy term, Wigner term, shell correction, and also the proton form factor correction to Coulomb energy, a_v turns out to be 15.4496 MeV [28] $(a_v = 14.8497 \text{ MeV when } A^0 \text{ and } A^{1/3}$ terms are also included). Using the standard values of $\alpha =$ 0.005 MeV^{-1} for the parameter of energy dependence of the zero range potential and n = 2/3, the values deduced for the constants C and β and the SNM incompressibility K_{∞} are, respectively, 2.2497, 1.5934 fm², and 274.7 MeV. The term ϵ_0 is a_v and its value of -15.26 ± 0.52 MeV encompasses, more or less, the entire range of values. For this value of a_v , now the values of the constants of density dependence are C = 2.2497 ± 0.0420 and $\beta = 1.5934 \pm 0.0085$ fm² and the SNM incompressibility K_{∞} turns out to be 274.7 \pm 7.4 MeV.

A. Symmetric and isospin asymmetric nuclear matter

The EoSs of the SNM and the IANM which describes energy per nucleon ϵ as a function of nucleonic density ρ can be obtained by setting isospin asymmetry X = 0 and $X \neq 0$, respectively, in Eq. (26). It is observed that the energy per nucleon ϵ for SNM is negative (bound) up to nucleonic density of $\sim 2\rho_0$ while for pure neutron matter (PNM) $\epsilon > 0$ and is always unbound by nuclear forces.

The compression modulus or incompressibility of the SNM, which is a measure of the curvature of an EoS at saturation density, is defined as $k_F^2 \frac{\partial^2 \epsilon}{\partial k_F^2}|_{k_F=k_{F_0}}$. It measures the stiffness of an EoS and can be theoretically obtained by using Eq. (26) for X = 0. The IANM incompressibilities are evaluated at saturation densities ρ_s with the condition of vanishing pressure, which is $\frac{\partial \epsilon}{\partial \rho}|_{\rho=\rho_s} = 0$. The incompressibility K_s for IANM is therefore expressed as

$$K_{s} = -\frac{3\hbar^{2}k_{F_{s}}^{2}}{5m}F(X) - \frac{9J_{v}^{s}Cn(n+1)\beta\rho_{s}^{n+1}}{2} -9\alpha JC \Big[1 - (n+1)\beta\rho_{s}^{n}\Big] \Big[\frac{\rho_{s}\hbar^{2}k_{F_{s}}^{2}}{5m}\Big]F(X) + \Big[\frac{3\rho_{s}\alpha JC \Big(1 - \beta\rho_{s}^{n}\Big)\hbar^{2}k_{F_{s}}^{2}}{10m}\Big]F(X),$$
(31)

where k_{F_s} implies that the k_F is calculated at saturation density ρ_s . The term $J_v^s = J_{v00}^s + X^2 J_{v01}^s$ is J_v evaluated at $\epsilon^{kin} = \epsilon_s^{kin}$ which is the kinetic energy part of the saturation energy per nucleon ϵ_s and $J = J_{00} + X^2 J_{01}$.

In Table I, IANM incompressibility K_s as a function of X, for the standard value of n = 2/3 and energy dependence parameter $\alpha = 0.005 \text{ MeV}^{-1}$, is provided. The magnitude of the IANM incompressibility K_s decreases with X due to lowering of the saturation densities ρ_s with the isospin asymmetry X as well as decrease in the EoS curvature. At high values of X, the IANM does not have a minimum, which signifies that it can never be bound by itself due to interaction

TABLE I. IANM incompressibility at different isospin asymmetry X using the usual values of $n = \frac{2}{3}$ and $\alpha = 0.005 \text{ MeV}^{-1}$.

X	(fm^{-3})	K _s (MeV)
0.0	0.1533	274.69
0.1	0.1525	270.44
0.2	0.1500	257.68
0.3	0.1457	236.64
0.4	0.1392	207.62
0.5	0.1300	171.16
0.6	0.1170	127.84
0.7	0.0980	78.38

of nuclear force. However, the β equilibrated nuclear matter which is a highly neutron-rich IANM exists in the core of the neutron stars since its energy per nucleon is lower than that of SNM at high densities. It is unbound by the nuclear interaction but can be bound due to very high gravitational field that can be realized inside neutron stars.

It is worthwhile to mention that the RMF-NL3 incompressibility for SNM is 271.76 MeV [29,30], which is very close to 274.7 \pm 7.4 MeV obtained from the present calculation. In spite of the fact that the parameters of the density dependence of DDM3Y interaction have been tuned to reproduce the saturation energy per nucleon ϵ_0 and the saturation density ρ_0 of the cold SNM that are obtained from finite nuclei, the agreement of the present EoS [31] with the experimental flow data [32], where the high-density behavior looks phenomenologically confirmed, justifies its extrapolation to high density.

The SNM incompressibility is experimentally determined from the compression modes isoscalar giant monopole resonance (ISGMR) and isoscalar giant dipole resonance (ISGDR) of nuclei. The violations of self-consistency in Hartree-Fock Random Phase Approximation (HF-RPA) calculations [33] of the strength functions of ISGMR and ISGDR cause shifts in the calculated values of the centroid energies. These shifts may be larger in magnitude than the current experimental uncertainties. In fact, due to the use of a not fully self-consistent calculation with Skyrme interactions [33], low values of K_{∞} in the range of 210–220 MeV were predicted. Skyrme parmetrizations of the SLy4 type predict K_{∞} values in the range of 230-240 MeV [33] when this drawback is corrected. Besides that, bona fide Skyrme forces can be built so that the K_{∞} for SNM is rather close to the relativistic value of $\sim 250 - 270 \,\text{MeV}$. The conclusion may therefore be drawn from the ISGMR experimental data that the magnitude of $K_{\infty} \approx 240 \pm 20$ MeV.

The lower values [34,35] for K_{∞} are usually predicted by the ISGDR data. However, it is generally agreed upon that the extraction of K_{∞} in this case is more problematic for various reasons. Particularly, for excitation energies [33] above 30 and 26 MeV for ¹¹⁶Sn and ²⁰⁸Pb, respectively, the maximum cross section for ISGDR at high excitation energy decreases very strongly and can even fall below the range of current experimental sensitivity. The upper limit of the recent values [36] for the nuclear incompressibility K_{∞} for SNM extracted from experiments is rather close to the present nonrelativistic



FIG. 1. Plots of the nuclear symmetry energy NSE as a function of ρ/ρ_0 for the present calculation using DDM3Y interaction and its comparison, with those for Akmal-Pandharipande-Ravenhall (APR) [42] and the MDI interactions for the variable x = 0.0, 0.5 defined in Ref. [43].

mean field model estimate employing DDM3Y interaction, which is also in agreement with the theoretical estimates of relativistic mean field (RMF) models. With Gogny effective interactions [37], which include nuclei where pairing correlations are important, the results of microscopic calculations reproduce experimental data on heavy nuclei for K_{∞} in the range about 220 MeV [38]. It may therefore be concluded that the calculated value of 274.7 ± 7.4 MeV is a good theoretical result and is only slightly too high compared to the recent acceptable value [39,40] of K_{∞} for SNM in the range of 250–270 MeV.

B. Nuclear symmetry energy and its slope, incompressibility, and isobaric incompressibility

The EoS of IANM, given by Eq. (26) can be expanded, in general, as

$$\epsilon(\rho, X) = \epsilon(\rho, 0) + E_{\text{sym}}(\rho)X^2 + O(X^4), \qquad (32)$$

where $E_{\text{sym}}(\rho) = \frac{1}{2} \frac{\partial^2 \epsilon(\rho, X)}{\partial X^2}|_{X=0}$ is termed as the nuclear symmetry energy (NSE). The exchange symmetry between protons and neutrons in nuclear matter when one neglects the Coulomb interaction and assumes the charge symmetry of nuclear forces results in the absence of odd-order terms in X in Eq. (32). To a good approximation, the density-dependent NSE $E_{\text{sym}}(\rho)$ can be obtained using the following equation [41],

$$E_{\rm sym}(\rho) = \epsilon(\rho, 1) - \epsilon(\rho, 0) \tag{33}$$

as the higher order terms in X are negligible. The above equation can be obtained using Eq. (26). It represents a penalty levied on the system as it departs from the symmetric limit of

equal number of protons and neutrons. Thus, it can be defined as the energy required per nucleon to change the SNM to PNM. In Fig. 1, the plot of NSE as a function of ρ/ρ_0 is shown for the present calculation (DDM3Y) and compared with those for Akmal-Pandharipande-Ravenhall [42] and Momentum dependent interaction (MDI) [43].

A constraint on the NSE at nuclear saturation density $E_{\text{sym}}(\rho_0)$ is provided by the volume symmetry energy coefficient S_v , which can be extracted from measured atomic mass excesses. The theoretical estimate for value of the NSE at saturation density $E_{\text{sym}}(\rho_0) = 30.71 \pm 0.26$ MeV obtained from the present calculations (DDM3Y) is reasonably close to the value of $S_v = 30.048 \pm 0.004$ MeV extracted [44] from the measured atomic mass excesses of 2228 nuclei. The value of NSE at ρ_0 remains mostly the same, which is 30.03 ± 0.26 MeV if one uses the mathematical definition of $E_{\text{sym}}(\rho) = \frac{1}{2} \frac{\partial^2 \epsilon(\rho, X)}{\partial X^2}|_{X=0}$ alternatively. The value of $E_{\text{sym}}(\rho_0) \approx 30$ MeV [45–47] appears well established empirically. The different parametrizations of RMF models, which fit observables of isospin symmetric nuclei nicely, steers to a comparatively wide range of predictions of 24–40 MeV for $E_{\text{sym}}(\rho_0)$ theoretically. Our present result (DDM3Y) of 30.71 ± 0.26 MeV is

reasonably close to that obtained using Skyrme interaction SkMP (29.9 MeV) [48] and Av18+ δv + UIX^{*} variational calculation (30.1 MeV) [42].

The NSE $E_{\text{sym}}(\rho)$ can be expanded around the nuclear matter saturation density ρ_0 as

$$E_{\rm sym}(\rho) = E_{\rm sym}(\rho_0) + \frac{L}{3} \left(\frac{\rho - \rho_0}{\rho_0}\right) + \frac{K_{\rm sym}}{18} \left(\frac{\rho - \rho_0}{\rho_0}\right)^2$$
(34)

up to second order in density, where *L* and K_{sym} represents the slope and curvature parameters of NSE at ρ_0 and hence $L = 3\rho_0 \frac{\partial E_{\text{sym}}(\rho)}{\partial \rho}|_{\rho=\rho_0}$ and $K_{\text{sym}} = 9\rho_0^2 \frac{\partial^2 E_{\text{sym}}(\rho)}{\partial \rho^2}|_{\rho=\rho_0}$. The K_{sym} and *L* highlight the density dependence of NSE around ρ_0 and carry important information at both high and low densities on the properties of NSE. Particularly, it is found that the slope parameter *L* correlates linearly with neutron-skin thickness of heavy nuclei and it can be obtained from the measured thickness of neutron skin of heavy nuclei [49–51]. Although there are large uncertainties in the experimental measurements, this has been possible [52] recently.

Differentiation of Eq. (33) twice with respect to the nucleonic density ρ using Eq. (26) provides [53]

$$\frac{\partial E_{\text{sym}}}{\partial \rho} = \frac{2}{5} (2^{2/3} - 1) \frac{E_F^0}{\rho} \left(\frac{\rho}{\rho_0}\right)^{2/3} + \frac{C}{2} [1 - (n+1)\beta\rho^n] J_{\nu01}(\epsilon_{X=1}^{\text{kin}}) - \frac{\alpha J_{01}C}{5} E_F^0 \left(\frac{\rho}{\rho_0}\right)^{2/3} [1 - \beta\rho^n] F(1) - (2^{2/3} - 1) \frac{\alpha J_{00}C}{5} E_F^0 \left(\frac{\rho}{\rho_0}\right)^{2/3} [1 - \beta\rho^n] - \frac{3}{10} (2^{2/3} - 1)\alpha J_{00} C E_F^0 \left(\frac{\rho}{\rho_0}\right)^{2/3} [1 - (n+1)\beta\rho^n],$$
(35)
$$\frac{\partial^2 E_{\text{sym}}}{\partial \rho^2} = -\frac{2}{15} (2^{2/3} - 1) \frac{E_F^0}{\rho^2} \left(\frac{\rho}{\rho_0}\right)^{2/3} - \frac{C}{2} n(n+1)\beta\rho^{n-1} J_{\nu01}(\epsilon_{X=1}^{\text{kin}}) - \frac{2\alpha J_{01}C}{5} \frac{E_F^0}{\rho} \left(\frac{\rho}{\rho_0}\right)^{2/3} [1 - (n+1)\beta\rho^n] F(1) + \frac{\alpha J_{01}C}{15} \frac{E_F^0}{\rho} \left(\frac{\rho}{\rho_0}\right)^{2/3} [1 - \beta\rho^n] F(1) + (2^{2/3} - 1) \frac{\alpha J_{00}C}{15} \frac{E_F^0}{\rho} \left(\frac{\rho}{\rho_0}\right)^{2/3} [1 - \beta\rho^n] F(1)$$

$$-\frac{2}{5}(2^{2/3}-1)\alpha J_{00}C\frac{E_F^0}{\rho}\left(\frac{\rho}{\rho_0}\right)^{2/3}[1-(n+1)\beta\rho^n] + \frac{3}{10}(2^{2/3}-1)\alpha J_{00}CE_F^0\left(\frac{\rho}{\rho_0}\right)^{2/3}n(n+1)\beta\rho^{n-1}.$$
 (36)

Here, the Fermi energy is $E_F^0 = \frac{\hbar^2 k_{F_0}^2}{2m}$ for the SNM at ground state. To evaluate the values of *L* and *K*_{sym}, the definitions of which are provided after Eq. (34), along with Eqs. (35) and (36) at $\rho = \rho_0$ have been used.

The isobaric incompressibility $K_{\infty}(X)$ for infinite IANM can be expanded in the power series of isospin asymmetry parameter X as $K_{\infty}(X) = K_{\infty} + K_{\tau}X^2 + K_4X^4 + O(X^6)$. Compared to K_{τ} [54], the magnitude of the higher order K_4 parameter is quite small in general. The former essentially characterizes the isospin dependence of the incompressibility at ρ_0 and is expressed as $K_{\tau} = K_{\text{sym}} - 6L - \frac{Q_0}{K_{\infty}}L = K_{\text{asy}} - \frac{Q_0}{K_{\infty}}L$, where the third-order derivative parameter of SNM at ρ_0 is Q_0 , given by

$$Q_0 = 27\rho_0^3 \frac{\partial^3 \epsilon(\rho, 0)}{\partial \rho^3} \Big|_{\rho=\rho_0}.$$
(37)

One obtains, using Eq. (26), the following:

$$\frac{\partial^{3}\epsilon(\rho,X)}{\partial\rho^{3}} = -\frac{CJ_{v}(\epsilon^{\mathrm{kin}})n(n+1)(n-1)\beta\rho^{n-2}}{2} + \frac{8}{45}\frac{E_{F}^{0}}{\rho^{3}}F(X)\left(\frac{\rho}{\rho_{0}}\right)^{\frac{2}{3}} + \frac{3\alpha JC}{5}n(n+1)\beta\rho^{n-1}\frac{E_{F}^{0}}{\rho}F(X)\left(\frac{\rho}{\rho_{0}}\right)^{\frac{2}{3}} + \frac{\alpha JC}{5}[1-(n+1)\beta\rho^{n}]\frac{E_{F}^{0}}{\rho^{2}}F(X)\left(\frac{\rho}{\rho_{0}}\right)^{\frac{2}{3}} - \frac{4\alpha JC}{45}[1-\beta\rho^{n}]\frac{E_{F}^{0}}{\rho^{2}}F(X)\left(\frac{\rho}{\rho_{0}}\right)^{\frac{2}{3}},$$
(38)

TABLE II. Comparison of the present results obtained using DDM3Y effective interaction with those of RMF models [56] for SNM incompressibility K_{∞} , NSE at saturation density $E_{\text{sym}}(\rho_0)$, slope L, and the curvature K_{sym} parameters of NSE, K_{asy} , and isobaric incompressibility K_{τ} of IANM (all in MeV).

Model	K_{∞}	$E_{\rm sym}(\rho_0)$	L	K _{sym}	K_{asy}	Q_0	K_{τ}
This work	274.7 ± 7.4	30.71 ± 0.26	45.11 ± 0.02	-183.7 ± 3.6	-454.4 ± 3.5	-276.5 ± 10.5	-408.97 ± 3.01
FSUGold	230.0	32.59	60.5	-51.3	-414.3	-523.4	-276.77
NL3	271.5	37.29	118.2	+100.9	-608.3	+204.2	-697.36
Hybrid	230.0	37.30	118.6	+110.9	-600.7	-71.5	-563.86

where the Fermi energy $E_F^0 = \frac{\hbar^2 k_{F_0}^2}{2m}$ for the SNM at ground state, $k_{F_0} = (1.5\pi^2 \rho_0)^{\frac{1}{3}}$, and $J = J_{00} + X^2 J_{01}$. Thus,

$$\frac{\partial^{3}\epsilon(\rho,0)}{\partial\rho^{3}}\Big|_{\rho=\rho_{0}} = -\frac{CJ_{\nu00}(\epsilon_{0}^{\mathrm{kin}})n(n+1)(n-1)\beta\rho_{0}^{n-2}}{2} + \frac{8}{45}\frac{E_{F}^{0}}{\rho_{0}^{3}} + \frac{3\alpha J_{00}C}{5}n(n+1)\beta\rho_{0}^{n-1}\frac{E_{F}^{0}}{\rho_{0}} + \frac{\alpha J_{00}C}{5}\left[1-(n+1)\beta\rho_{0}^{n}\right]\frac{E_{F}^{0}}{\rho_{0}^{2}} - \frac{4\alpha J_{00}C}{45}\left[1-\beta\rho_{0}^{n}\right]\frac{E_{F}^{0}}{\rho_{0}^{2}}.$$
(39)

For the calculations of K_{∞} , $E_{\text{sym}}(\rho_0)$, L, K_{sym} , and K_{τ} , the values of $\rho_0 = 0.1533 \text{ fm}^{-3}$, $\epsilon_0 = -15.26 \pm 0.52 \text{ MeV}$ for the SNM, and $n = \frac{2}{3}$ [54] have been used. Using the improved quantum molecular dynamics transport model, the collisions involving ¹¹²Sn and ¹²⁴Sn nuclei can be simulated to reproduce isospin diffusion data from two different observables and the ratios of proton and neutron spectra. The constraints on the density dependence of the NSE at subnormal density can be obtained [55] by comparing these data to calculations performed over a range of NSEs at ρ_0 and different representations of the density dependence of the NSE. The results for K_{∞} , L, $E_{\text{sym}}(\rho_0)$ and density dependence of $E_{\text{sym}}(\rho)$ [54] of the present calculations are consistent with these constraints [55]. In Table II, the values of K_{∞} , $E_{\text{sym}}(\rho_0)$, L, K_{sym} , and K_{τ} are tabulated and compared with the corresponding quantities obtained from the RMF models [56].

What is a reasonable value of incompressibility [33] remains controversial. In the following, we present our results in the backdrop of others, without justifying any particular value for K_{∞} , but for an objective view of the current situation, which, we stress, is still progressing. In Fig. 2, the plot of K_{τ} versus K_{∞} for the present calculation (DDM3Y) has been compared with the predictions of SkI3, SkI4, SLy4, SkM, SkM*, FSUGold, NL3, Hybrid [56], NLSH, TM1, TM2, DDME1, and DDME2 as given in Table I of Ref. [57]. The recent values of $K_{\infty} = 250-270 \text{ MeV} [40] \text{ and } K_{\tau} = -370 \pm 120 \text{ MeV} [54]$ are enclosed by the dotted rectangular region. Though both DDM3Y and SkI3 are within the above region, unlike DDM3Y the L value for SkI3 is 100.49 MeV, which is much above the acceptable limit of 58.9 ± 16 MeV [58–61]. Another recent review [62] also finds that $E_{sym}(\rho_0) = 31.7 \pm 3.2$ MeV and $L = 58.7 \pm 28.1$ MeV with an error for L that is considerably larger than that for $E_{sym}(\rho_0)$. However, DDME2 is reasonably close to the rectangular region which has L = 51 MeV. It is worthwhile to mention here that the DDM3Y interaction with the same ranges, strengths, and density dependence that provides $L = 45.11 \pm 0.02$ allows good descriptions of elastic and inelastic scattering, proton radioactivity [20], and α radioactivity of superheavy elements [63,64]. The present NSE increases initially with nucleonic density up to about $2\rho_0$, decreases monotonically (hence "soft"), and becomes negative at higher densities (about $4.7\rho_0$) [20,54] (hence "supersoft"). It is consistent with the recent evidence for a soft NSE at suprasaturation densities [43] and with the fact that the supersoft nuclear symmetry energy preferred by the FOPI/GSI experimental data on the π^+/π^- ratio in relativistic heavy-ion reactions can readily keep neutron stars stable if the non-Newtonian gravity proposed in the grand unification theories is considered [65].



FIG. 2. The plots of K_{τ} vs K_{∞} (K_{inf}). Present calculation (DDM3Y) is compared with other predictions as tabulated in Refs. [56,57] and the dotted rectangular region encompasses the values of $K_{\infty} = 250-270$ MeV [40] and $K_{\tau} = -370 \pm 120$ MeV [54].

TABLE III. Variations of the core-crust transition density, pressure, and proton fraction for β -equilibrated neutron star matter, symmetric nuclear matter incompressibility K_{∞} , isospin-dependent part K_{τ} of isobaric incompressibility, maximum neutron star mass, corresponding radius, and crustal thickness with parameter *n*.

n	$ ho_t$	P_t	$\mathbf{x}_{p(t)}$	K_∞	Kτ	Maximum NS mass	Radius	Crustal thickness
1/6	$0.0797 \ {\rm fm^{-3}}$	$0.4134 \text{ MeV fm}^{-3}$	0.0288	182.13 MeV	-293.42 MeV	$1.4336~M_{\odot}$	8.5671 km	0.4009 km
1/3	$0.0855 \ {\rm fm}^{-3}$	$0.4520 \text{ MeV fm}^{-3}$	0.0296	212.98 MeV	-332.16 MeV	$1.6002 \ M_{\odot}$	8.9572 km	0.3743 km
1/2	0.0901 fm^{-3}	$0.4801 \text{ MeV fm}^{-3}$	0.0303	243.84 MeV	-370.65 MeV	$1.7634~M_{\odot}$	9.3561 km	0.3515 km
2/3	0.0938 fm^{-3}	$0.5006 \text{ MeV fm}^{-3}$	0.0308	274.69 MeV	-408.97 MeV	$1.9227~M_{\odot}$	9.7559 km	0.3318 km
1	$0.0995 \ {\rm fm^{-3}}$	$0.5264 \text{ MeV fm}^{-3}$	0.0316	336.40 MeV	-485.28 MeV	$2.2335~M_{\odot}$	10.6408 km	0.3088 km

IV. β -EQUILIBRATED NEUTRON STAR MATTER

The β -equilibrated nuclear matter EoS is obtained by evaluating the asymmetric nuclear matter EoS at the isospin asymmetry X determined from the β -equilibrium proton fraction $x_p = \frac{\rho_p}{\rho}$, obtained approximately by solving

$$\hbar c (3\pi^2 \rho x_p)^{1/3} = 4E_{\rm sym}(\rho)(1 - 2x_p). \tag{40}$$

The exact way of obtaining β -equilibrium proton fraction is by solving

$$\hbar c (3\pi^2 \rho x_p)^{1/3} = -\frac{\partial \epsilon(\rho, x_p)}{\partial x_p} = +2\frac{\partial \epsilon}{\partial X}, \qquad (41)$$

where isospin asymmetry $X = 1 - 2x_p$.

The stability of the β -equilibrated dense matter in neutron stars is investigated and the location of the inner edge of their crusts and core-crust transition density and pressure are determined using the DDM3Y effective nucleon-nucleon interaction [66]. The stability of any single phase, also called intrinsic stability, is ensured by the convexity of $\epsilon(\rho, x_p)$. The thermodynamical inequalities allow us to express the require-

ment in terms of $V_{\text{thermal}} = \rho^2 [2\rho \frac{\partial \epsilon}{\partial \rho} + \rho^2 \frac{\partial^2 \epsilon}{\partial \rho^2} - \rho^2 \frac{(\frac{\partial^2 \epsilon}{\partial \rho \partial x_p})^2}{\frac{\partial^2 \epsilon}{\partial x_p^2}}].$

The condition for core-crust transition is obtained by making $V_{\text{thermal}} = 0$. The results for the transition density, pressure, and proton fraction at the inner edge separating the liquid core from the solid crust of neutron stars are calculated and presented in Table III for various *n*. The symmetric nuclear matter incompressibility K_{∞} , nuclear symmetry energy at saturation density $E_{\text{sym}}(\rho_0)$, the slope *L*, and isospin-dependent part K_{τ} of the isobaric incompressibility are already tabulated in Table II and these are all in excellent agreement with the constraints recently extracted from measured isotopic dependence of the giant monopole resonances in even-*A* Sn isotopes, from the neutron skin thickness of nuclei, and from analyses of experimental data on isospin diffusion and isotopic scaling in intermediate energy heavy-ion collisions.

The *r*-mode instability occurs when the gravitationalradiation driving timescale of the *r* mode is shorter than the timescales of the various dissipation mechanisms that may occur in the interior of a neutron star. The nuclear EoS affects the timescales associated with the *r* mode in two different ways; viz., EoS defines the radial dependence of the mass density distribution, which is the basic ingredient of the relevant integrals, and defines the core-crust transition density and core radius, which is the upper limit of these integrals. In Fig. 3, plot for mass versus radius of slowly rotating

neutron stars is shown using the DDM3Y EoS by solving the Tolman-Oppenheimer-Volkoff equation. The mass-radius relation can be obtained for fixed values of the crustal fraction of moment of inertia $\frac{\Delta I}{I}$, the core-crust transition density ρ_t , and transition pressure P_t . This is then plotted in the same figure for $\frac{\Delta I}{I}$ equal to 0.014. For Vela pulsar, the constraint $\frac{\Delta I}{I} > 1.4\%$ implies that the allowed mass radius is to the right of the line defined by $\frac{\Delta I}{I} = 0.014$ (for $\rho_t = 0.0938 \,\mathrm{fm}^{-3}$ and $P_t = 0.5006 \,\text{MeV}\,\text{fm}^{-3}$ [31]. The newer observational data [67] on Vela pulsar claims slightly higher estimate for $\frac{\Delta I}{I}$ > 1.6% based on glitch activity. This minute change neither affects the conclusions nor warrants any new idea of the neutron superfluidity extending partially into the core. However, if the phenomenon of crustal entrainment due to the Bragg reflection of unbound neutrons by the lattice ions is taken into account then [68,69], a much higher fraction of the moment of inertia (7% instead of 1.4–1.6%) has to be associated to the crust. The only reasonable constraint on the mass of the Vela pulsar is that it should exceed about one solar mass according to core-collapse supernova simulations. Therefore, the present calculations suggest that without entrainment, the crust is



FIG. 3. Mass-equatorial radius plot of slowly rotating neutron stars for the DDM3Y EoS.

enough to explain the Vela glitch data, and with entrainment, the crust is not enough since the mass of Vela pulsar would be below one solar mass (Fig. 3), in accordance with other studies [68–72].

It has been recently conjectured that there may be a good correlation between the core-crust transition density and the symmetry energy slope L and it is predicted that this behavior should not depend on the relation between L and K_{τ} [73]. On the contrary, no correlation of the transition pressure with L was obtained [73]. In Table III, variations of different quantities with parameter n which controls the nuclear matter incompressibility are listed. It is worthwhile to mention here that the incompressibility increases with n. The standard value of n = 2/3 used here has a unique importance because then the constant of density dependence β has the dimension of cross section and can be interpreted as the isospin-averaged effective nucleon-nucleon interaction cross section in groundstate symmetric nuclear medium. For a nucleon in ground-state nuclear matter $k_F \approx 1.3 \,\mathrm{fm}^{-1}$ and $q_0 \sim \hbar k_F c \approx 260 \,\mathrm{MeV}$ and the present result for the "in medium" effective cross section is reasonably close to the value obtained from a rigorous Dirac-Brueckner-Hartree-Fock [74] calculations corresponding to such k_F and q_0 values, which is $\approx 12 \text{ mb}$. Using the value of $\beta = 1.5934 \,\mathrm{fm^2}$ along with the nucleonic density 0.1533 $\mathrm{fm^{-3}}$, the value obtained for the nuclear mean free path λ is about 4 fm, which is in excellent agreement with that obtained using another method [75]. Moreover, comparison of the theoretical values of symmetric nuclear matter incompressibility and isobaric incompressibility with the recent experimental values for $K_{\infty} = 250-270 \text{ MeV} [40,76]$ and $K_{\tau} = -370 \pm 120 \text{ MeV}$ [77] further justifies importance for our choice of n = 2/3. It is interesting to mention here that the present EoS for n = 2/3provides the maximum mass for the static case is 1.9227 M_{\odot} with radius \sim 9.75 km and for the star rotating with Kepler's frequency it is 2.27 M_{\odot} with equatorial radius ~13.1 km [78]. However, for stars rotating with maximum frequency limited by the *r*-mode instability, the maximum mass turns out to be 1.95 (1.94) M_{\odot} , corresponding to rotational period of 1.5 (2.0) ms with radius about 9.9 (9.8) km [79], which reconciles with the recent observations of the massive compact stars $\sim 2 M_{\odot}$ [80,81].

V. THEORETICAL CALCULATIONS

The quantity which is of crucial importance in the evaluation of various timescales, as can be seen from Eqs. (8) and (9), is the integral $\int_0^{R_c} \rho(r) r^6 dr$. This integral can be rewritten in terms of energy density $\epsilon(r) = \rho(r)c^2$ and expressed in dimensionless form as

$$I(R_c) = \int_0^{R_c} \left[\frac{\epsilon(r)}{\text{MeV fm}^{-3}} \right] \left(\frac{r}{\text{km}} \right)^6 d\left(\frac{r}{\text{km}} \right).$$
(42)

The fiducial gravitational radiation timescale $\tilde{\tau}_{GR}$ from Eqs. (8) and (14) is given by

$$\widetilde{\tau}_{GR} = -0.7429 \left[\frac{R}{\mathrm{km}}\right]^9 \left[\frac{1M_{\odot}}{M}\right]^3 [I(R_c)]^{-1}(\mathrm{s}), \qquad (43)$$

where R and r are in km and M is in M_{\odot} .



FIG. 4. Plots of fiducial timescales with gravitational mass of neutron stars with DDM3Y EoS.

The fiducial shear viscous timescale $\tilde{\tau}_{SV}$ for electronelectron scattering and neutron-neutron scattering can be obtained from Eqs. (9), (11), and (13) as

$$\widetilde{\tau}_{ee} = 0.1446 \times 10^8 \left[\frac{R}{\mathrm{km}}\right]^{3/4} \left[\frac{1M_{\odot}}{M}\right]^{1/4} \left[\frac{\mathrm{km}}{R_c}\right]^6 \\ \times \left[\frac{\mathrm{g\,cm^{-3}}}{\rho_t}\right]^{1/2} \left[\frac{\mathrm{MeV\,fm^{-3}}}{\epsilon_t}\right] [I(R_c)](\mathrm{s}), \quad (44)$$
$$\widetilde{\tau}_{nn} = 19 \times 10^8 \left[\frac{R}{1}\right]^{3/4} \left[\frac{1M_{\odot}}{M}\right]^{1/4} \left[\frac{\mathrm{km}}{R_c}\right]^6$$

$$\sum_{m} = 19 \times 10^{6} \left[\frac{1}{\text{km}} \right] \left[\frac{1}{M} \right] \left[\frac{1}{R_{c}} \right] \times \left[\frac{\text{g cm}^{-3}}{\rho_{t}} \right]^{5/8} \left[\frac{\text{MeV fm}^{-3}}{\epsilon_{t}} \right] [I(R_{c})](s), \quad (45)$$

where the transition density ρ_t is expressed in g cm⁻³ and ϵ_t is the energy density expressed in MeV fm⁻³ at transition density.

VI. RESULTS AND DISCUSSION

In Fig. 4, plots of the fiducial timescales with the gravitational masses of neutron stars are shown for the DDM3Y EoS. It is seen that the gravitational radiation timescale falls rapidly with increasing mass while the viscous damping timescales increase approximately linearly. By knowing the fiducial gravitational radiation and shear viscous timescales, the temperature *T* dependence of the critical angular velocity Ω_c of the *r* mode (l = 2) can be studied from Eq. (16). In Fig. 5, $\frac{\Omega_c}{\Omega_0}$ is shown as a function of temperature *T* for several masses of neutron stars for the DDM3Y EoS. The plots act as boundaries of the *r*-mode instability windows. Neutron stars lying above the plots (whose angular frequency is greater than the critical frequency) possess unstable *r* modes and



FIG. 5. Plots of reduced critical angular frequency with temperature for different masses of neutron stars.

hence emit gravitational waves, thus reducing their angular frequencies. Once their angular velocities reach the critical frequency, they enter the region below the plots, where the *r* modes become stable and hence stop emitting gravitational radiation. In computing the instability windows in Fig. 5, the fiducial shear viscous timescale $\tilde{\tau}_{ee}$ given in Eq. (44) is substituted for $\tilde{\tau}_{SV}$ in Eq. (16) for temperatures $T \leq 10^9$ K and $\tilde{\tau}_{nn}$ from Eq. (45) is used for $T > 10^9$ K.

Figure 6 depicts the plot of the critical temperature as a function of mass. The electron-electron scattering shear viscosity timescale is used for the calculation of T_c . We see that the critical temperature rapidly decreases with mass. The explanation is straightforward. From Fig. 5 we see that for fixed T, $\frac{\Omega_c}{\Omega_0}$ rapidly decreases with increasing mass. Since $T = T_c$ when $\Omega_c = \Omega_K$ and Ω_K rapidly increases with mass and hence T_c falls, see Eq. (18).

From Figs. 5 and 6, we see that the critical frequency and critical temperature decrease with mass and hence the *r*-mode instability window increases with the same. This means that for the same EoS and temperature, the massive configurations are more probable to *r*-mode instability and hence emission of gravitational waves than the less massive ones. This can be indirectly inferred from Fig. 4 where $\tilde{\tau}_{GR}$ is much less than $\tilde{\tau}_{ee}$ and $\tilde{\tau}_{nn}$ for massive neutron stars and vice versa for low-mass neutron stars. Hence, isolated young massive neutron stars have high probability for emission of gravitational waves through *r*-mode instability.

In Table IV, the spin frequencies and core temperatures (measurements and upper limits) of observed low-mass x-ray binaries (LMXBs) and millisecond radio pulsars (MSRPs) [82] are listed, and in Fig. 7, their positions in the critical frequency versus temperature plot are shown to compare with observational data. From Fig. 7, it is interesting to note that according to our model of the EoS with a rigid crust and a



FIG. 6. Plots of critical temperature versus mass.

relatively small *r*-mode amplitude, all of the observed neutron stars lie in the stable *r*-mode region, which is consistent with the lack of observation of gravitational radiation due to *r*-mode instability.

It is worth noting that Ω_c is dependent on the density dependence of the symmetry energy and thus on *L*. Again, *R*, *R*_c, *I*(*R*_c), and ρ_t depend on *L*. Hence, for a fixed mass and

TABLE IV. Spin frequencies and core temperatures (measurements and upper limits) of observed low-mass x-ray binaries (LMXBs) and millisecond radio pulsars (MSRPs) [82].

Source	ν (Hz)	$T_{\rm core} (10^8 {\rm K})$
Aql X-1	550	1.08
4U 1608-52	620	4.55
KS 1731-260	526	0.42
MXB 1659-298	556	0.31
SAX J1748.9-2021	442	0.89
IGR 00291+5934	599	0.54
SAX J1808.4-3658	401	< 0.11
XTE J1751-305	435	< 0.54
XTE J0929-314	185	< 0.26
XTE J1807-294	190	< 0.27
XTE J1814-338	314	< 0.51
EXO 0748-676	552	1.58
HETE J1900.1-2455	377	< 0.33
IGR J17191-2821	294	< 0.60
IGR J17511-3057	245	<1.10
SAX J1750.8-2900	601	3.38
NGC 6440 X-2	205	< 0.12
Swift J1756-2508	182	< 0.78
Swift J1749.4-2807	518	<1.61
J2124-3358	203	< 0.17
J0030+0451	205	< 0.70

0.9206 M

1.4369 M

1.6064 N

1.7285 N

9004 I

.9173 M .9226 M

100.0

1200

1000

800

600

400

200

0.1

v_c (Hz)

FIG. 7. Plots of critical frequency with temperature for different masses of neutron stars. The square dots represent observational data [82] of Table IV.

T (10⁸ K)

1.0

temperature, Ω_c is dependent on the above parameters via the relation

$$\Omega_c \sim \frac{R_c^{12/11}}{[I(R_c)]^{4/11}} \rho_t^{3/11}.$$
(46)

10.0

In our case, L, ρ_t , and R_c are constants for a fixed neutron star mass and temperature. As a neutron star enters into the instability region due to accretion of mass from its companion, the amplitude of the *r*-mode α_r increases until it reaches a saturation value. At this point, the neutron star emits a gravitational wave, releases its angular momentum and energy, and spins down to the region of stability. Using the ideal condition that the decrease in temperature due to emission of gravitational wave is compensated by the heat produced



FIG. 9. Plots of time evolution of spin-down rates.

due to viscous effects, the time evolution of spin angular velocity and spin-down rate can be calculated for a neutron star from Eqs. (22) and (24), respectively, provided M, T, Ω_{in} , and α_r of the star are known. For the schematic values $v_{in} = \frac{\Omega_{in}}{2\pi} = 700$ Hz and $\alpha_r = 2 \times 10^{-7}$ used by Moustakidis [19], the evolutions of spin are calculated for various neutron star masses and shown in Fig. 8. In Fig. 9, the spin-down rates has been shown for these masses. In Fig. 10, the spin-down rates as functions of spin frequency are shown.

Some mention is to be made about the dependency of the critical frequency Ω_c on the symmetry energy slope parameter L. Although the slope L depends on the strengths and ranges of the Yukawas for the DDM3Y EoS, it does not depend on the power of the density dependence n and has a constant value of 45.1066 MeV. In a recent work, the critical frequency as a function of L of the pulsar 4U 1608-52 was plotted using an estimated core temperature $\sim 4.55 \times 10^8$ K and with different models of the EoS. In accordance with Fig. 4 of Ref. [14], using the measured spin frequency and the estimated core temperature, if the mass of 4U 1608-52 is $1.4M_{\odot}$ then it should marginally be unstable (Ω_c is smaller than its spin frequency), since the radius obtained from our mass-radius relation (Fig. 3)



FIG. 8. Plots of time evolution of frequencies.



FIG. 10. Plots of spin-down rates vs frequencies.

is ~11.55 kms and higher than 11.5 kms. In the case of the highest mass configuration of 1.9227 M_{\odot} with a radius of ~9.75 kms, it is also likely to be in the instability region as L < 50 MeV for our EoS. Thus we stress the fact that the *r*-mode instability window is enlarged for isolated neutron stars with a rigid crust if we consider the dissipation to be at the crust-core interface, in agreement with Ref. [83].

The calculations are performed for five different n values that correspond to SNM incompressibility ranging from \sim 180 to 330 MeV. For each case, the constants C and β obtained by reproducing the ground-state properties of SNM become different, leading to five different sets of these three parameters. We certainly cannot change strengths and ranges of the M3Y interaction. In Table III, the variations of the core-crust transition density, pressure, and proton fraction for β -equilibrated neutron star matter, symmetric nuclear matter incompressibility K_{∞} , isospin-dependent part K_{τ} of isobaric incompressibility, and neutron star's maximum mass with corresponding radius and crustal thickness with parameter n are listed. It is important to mention here that recent observations of the binary millisecond pulsar J1614-2230 by Demorest et al. [80] suggest that the masses lie within $1.97 \pm 0.04 M_{\odot}$. Recently, the radio timing measurements of the pulsar PSR J0348 + 0432 and its white dwarf companion have confirmed the mass of the pulsar to be in the range 1.97–2.05 M_{\odot} at 68.27% or 1.90–2.18 M_{\odot} at 99.73% confidence [81]. The observed $1.97 \pm 0.04 \ M_{\odot}$ neutron star rotates with 3.1 ms. Rotating stars [53] present EoS predict masses higher than the lower limit of 1.93 M_{\odot} for maximum mass of neutron stars. We used the same value of $\rho_0 = 0.1533 \text{ fm}^{-3}$ since we wanted to keep consistency with all our previous works on nuclear matter. We would like to mention that if instead we would have used the value of 0.16 fm⁻³ for ρ_0 , the value of K_{∞} would have been slightly higher by \sim 2 MeV and correspondingly the maximum mass of neutron stars would have increased by $\sim 0.01 M_{\odot}$.

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VII. SUMMARY AND CONCLUSIONS

In the present work, we have studied the r-mode instability of slowly rotating neutron stars with rigid crusts with their EoS obtained from the DDM3Y effective nucleon-nucleon interaction. This EoS provides good descriptions for proton, α , and cluster radioactivities, elastic and inelastic scattering, symmetric and isospin asymmetric nuclear matter, and neutron star masses and radii [53]. We have calculated the fiducial gravitational radiation and shear viscosity timescales within the DDM3Y framework for a wide range of neutron star masses. It is observed that the gravitational radiation timescale decreases rapidly with increasing neutron star mass while the viscous damping timescales exhibit an approximate linear increase. Next, we have studied the temperature dependence of the critical angular frequency for different neutron star masses. It is observed that the majority of the neutron stars do not lie in the *r*-mode instability region. This fact is highlighted in Fig. 7, where the spin frequencies and core temperatures of observed low-mass x-ray binaries and millisecond radio pulsars [82] always lie below the region of r-mode instability. The implication is that neutron stars rotating with frequencies greater than their corresponding critical frequencies have unstable r modes, leading to the emission of gravitational waves. Further, our study of the variation of the critical temperature as a function of mass shows that both the critical frequency and temperature decrease with increasing mass. The conclusion is that massive hot neutron stars are more susceptible to *r*-mode instability through gravitational radiation. Finally, we have calculated the spin-down rates and angular frequency evolution of the neutron stars through r-mode instability. We have also pointed out the fact that the critical frequency depends on the EoS through the radius and the symmetry energy slope parameter L. If the dissipation of r modes from shear viscosity acts along the boundary layer of the crust-core interface, then the r-mode instability region is enlarged to lower values of L.

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