Nuclear deformation and neutrinoless double-*β* **decay of ⁹⁴***,***96Zr, ⁹⁸***,***100Mo, 104Ru, 110Pd, ¹²⁸***,***130Te, and 150Nd nuclei within a mechanism involving neutrino mass**

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The $(\beta - \beta)_{0\nu}$ decay of ^{94,96}Zr, ^{98,100}Mo, ¹⁰⁴Ru, ¹¹⁰Pd, ^{128,130}Te, and ¹⁵⁰Nd isotopes for the $0^+ \rightarrow 0^+$ transition is studied in the projected Hartree-Fock-Bogoliubov framework. In our earlier work, the reliability of HFB intrinsic wave functions participating in the *β*−*β*[−] decay of the above-mentioned nuclei has been established by obtaining an overall agreement between the theoretically calculated spectroscopic properties, namely yrast spectra, reduced $B(E2:0^+ \rightarrow 2^+)$ transition probabilities, quadrupole moments $Q(2^+)$, gyromagnetic factors $g(2^+)$ as well as half-lives $T^{2\nu}_{1/2}$ for the $0^+ \to 0^+$ transition and the available experimental data. In the present work, we study the $(\beta^{-}\beta^{-})_{0\nu}$ decay for the $0^{+} \to 0^{+}$ transition in a mechanism involving neutrino mass and extract limits on effective mass of light as well as heavy neutrinos from the observed half-lives $T_{1/2}^{0\nu}(0^+ \to 0^+)$ using nuclear transition matrix elements calculated with the same set of wave functions. Further, the effect of deformation on the nuclear transition matrix elements required to study the $(\beta^{-}\beta^{-})_{0\nu}$ decay in such a mass mechanism is investigated. It is noticed that the deformation effect on nuclear transition matrix elements is of approximately the same magnitude in $(\beta^{-}\beta^{-})_{2\nu}$ and $(\beta^{-}\beta^{-})_{0\nu}$ decay.

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I. INTRODUCTION

The experimental search for mass and the nature of neutrinos through terrestrial as well as extraterrestrial approaches has finally confirmed the neutrino oscillation in atmospheric $[1-3]$, solar $[4-6]$, reactor $[7,8]$, and accelerator $[9,10]$ neutrino sources and it has been established that neutrinos have mass. Further, it is generally agreed that oscillations among three neutrino species are sufficient to explain the atmospheric, solar, reactor, and accelerator neutrino puzzle. The neutrino oscillation experiments provide us with neutrino mass square differences Δm^2 , mixing angles, and a possible hierarchy in the neutrino mass spectrum. The global analysis of atmospheric, solar, reactor (Kam-LAND and CHOOZ), and accelerator (K2K and MINOS) neutrino oscillation data with 2*σ*(3*σ*) error provides $Δm_{12}^2 = 7.6^{+0.5}_{-0.3} \times 10^{-5}$ (7.6^{+0.7} × 10⁻⁵) eV², $\sin^2 \theta_{12} = 0.32^{+0.5}_{-0.4}$ (0.32^{+0.8}) for solar neutrinos, $\Delta m_{23}^2 = 2.4 \pm 0.3 \times 10^{-3}$ $(2.4 \pm 0.4 \times 10^{-3})$ eV², $\sin^2 \theta_{23} = 0.50^{+0.13}_{-0.12} (0.50^{+0.17}_{-0.16})$ for atmospheric neutrinos, and $\sin^2 \theta_{13} \leq 0.033$ (0.050) [\[11\]](#page-10-0). The oscillation data also suggest that the neutrinos may belong to either a normal hierarchy $(m_1 < m_2 < m_3)$ or an inverted hierarchy $(m_3 < m_1 < m_2)$. The data do not exclude the possibility that the mass of the light neutrino is much larger than $\sqrt{\Delta m_a^2}$ and this implies the possible existence of a quasidegenerate neutrino mass spectrum, i.e., $m_1 \simeq m_2 \simeq m_3$. However, the actual mass of neutrinos cannot be extracted from these data. On the other hand, the study of tritium single *β*-decay and nuclear double-*β* (*ββ*) decay together can provide the sharpest limits on the mass and nature of neutrinos.

The nuclear *ββ* decay is a rare second-order semileptonic transition between two even *Z*-even *N* isobars ${}^A_Z X$ and ${}^A_{Z\pm 2} Y$

involving strangeness conserving charged weak currents. The implications of the present studies about nuclear *ββ* decay, which is expected to proceed through four experimentally distinguishable modes, namely the two neutrino double beta (*ββ*)2*^ν* decay, neutrinoless double beta (*ββ*)0*^ν* decay, single Majoron accompanied ($ββφ$)_{0ν} decay, and double Majoron accompanied $(\beta \beta \phi \phi)_{0\nu}$ decay, are far reaching in nature. The half-life of the $(\beta \beta)_{2\nu}$ decay is a product of an accurately known phase space factor and appropriate nuclear transition matrix element (NTME) $M_{2\nu}$. It has been already measured in the case of $(\beta^{-}\beta^{-})_{2\nu}$ decay for about ten nuclei out of 35 possible candidates [\[12\]](#page-10-0). Hence, the values of NTMEs *M*2*^ν* can be extracted directly. Consequently, the validity of different models employed for nuclear structure calculations can be tested by calculating the $M_{2\nu}$. The $(\beta\beta)_{0\nu}$ decay, which violates the conservation of lepton number, can occur in a number of gauge theoretical models, namely, GUTs-left-right symmetric models and $E(6)$ -, R_p -conserving as well as violating SUSY models, in the scenarios of leptoquark exchange, existence of heavy sterile neutrino, compositeness, and Majoron models. Hence, it is a convenient tool to test the physics beyond the standard model (SM). In particular for the question whether the neutrino is a Majorana or Dirac particle, the $(\beta \beta)_{0\nu}$ decay is considered to be the most sensitive way of distinguishing between these two possibilities. The experimental as well as theoretical developments in the study of nuclear *ββ* decay have been excellently reviewed over the past years [\[13–32\]](#page-10-0).

The $(\beta^{-}\beta^{-})_{0\nu}$ decay has not been observed so far and the best observed limit on the half-life $T_{1/2}^{0\nu} > 1.9 \times$ 10^{25} yr for 76 Ge has been achieved in the Heidelberg-Moscow experiment [\[33\]](#page-10-0). Klapdor and his group have recently reported that $(\beta^{-}\beta^{-})_{0\nu}$ decay has been observed in ⁷⁶Ge and

 $T_{1/2}^{0\nu} = 1.19 \times 10^{25}$ yr [\[34\]](#page-10-0). However, it is felt that the latter result needs independent verification [\[28,35,36\]](#page-10-0). The aim of all the present experimental activities is to observe the $(\beta^{-}\beta^{-})_{0\nu}$ decay. Hence, the models predict half-lives assuming a certain value for the neutrino mass or conversely extract various parameters from the observed limits of the half-lives of $(\beta \beta)_{0\nu}$ decay. The reliability of predictions can be judged *a priori* only from the success of a nuclear model in explaining various observed physical properties of nuclei. The common practice is to calculate the $M_{2\nu}$ to start with and compare them with the experimentally observed value as the two decay modes involve the same set of initial and final nuclear wave functions although the structure of nuclear transition operators are quite different. Over the past few years, the $(\beta \beta)_{0\nu}$ decay has been studied mainly in three types of models, namely, the shell model and its variants, the quasiparticle random phase approximation (QRPA) and its extensions, and alternative models. In the recent past, the advantages as well as the shortcomings of these models have been excellently discussed by Suhonen *et al.* [\[21\]](#page-10-0) and Faessler *et al.* [\[22\]](#page-10-0).

The structure of nuclei in the mass region $94 \le A \le 150$ is quite complex. In the mass region $A \approx 100$, the reduced $B(E2:0^+ \rightarrow 2^+)$ transition probabilities of Zr, Mo, Ru, Pd, and Cd isotopes were observed to be as enhanced as in the rare-earth and actinide regions. This mass region offers a nice example of a shape transition through the sudden onset of deformation at neutron number $N = 60$. The nuclei are soft vibrators for neutron number $N < 60$ and quasirotors for $N > 60$. The nuclei with neutron number $N = 60$ are transitional nuclei. Similarly, the Te and Xe isotopes in the mass region $A \approx 130$ have a vibrational and rotational excitation spectra, respectively. The mass region $A \approx 150$ offers another example of shape transition, i.e., the sudden onset of deformation at neutron number $N = 90$. Nuclei range from spherical to well deformed, with large static quadrupole moments. In the mass region $94 \le A \le 150$ of our interest, the experimental deformation parameter β_2 varies from 0.081 ± 0.016 to 0.2848 ± 0.0021 [\[37\]](#page-10-0). The lowest and highest β_2 values correspond to ⁹⁶Zr and ¹⁵⁰Nd, respectively. It is well known that the pairing part of the interaction (*P*) accounts for the sphericity of the nucleus, whereas the quadrupole-quadrupole (*QQ*) interaction increases the collectivity in the nuclear intrinsic wave functions and makes the nucleus deformed. Hence, it is expected that the subtle interplay of pairing and deformation degrees of freedom will play a crucial role in reproducing the properties of nuclei in this mass region. All the nuclei undergoing *ββ* decay are of even-even type, in which the pairing degrees of freedom play an important role. Moreover, it has been already conjectured that the deformation can play a crucial role in case of the $\beta^{-} \beta^{-}$ decay of ¹⁰⁰Mo and ¹⁵⁰Nd isotopes [\[38,39\]](#page-10-0). Hence, it is desirable to have a model which incorporates the pairing and deformation degrees of freedom on equal footing in its formalism.

In light of the above discussions, the PHFB model is one of the most natural choices. However, it is not possible to study the structure of odd-odd nuclei in the present version of the PHFB model. Hence, the single *β*-decay rates and the distribution of Gamow-Teller strength cannot be calculated. On the other

hand, the study of these processes has implications in understanding the role of the isoscalar part of the proton-neutron interaction. This is a serious drawback in the present formalism of the PHFB model. Notwithstanding, the PHFB model in conjunction with the summation method has been successfully applied to the $(\beta^{-}\beta^{-})_{2\nu}$ decay of ^{94,96}Zr, ^{98,100}Mo, ¹⁰⁴Ru and ¹¹⁰Pd [\[40\]](#page-10-0), ^{128,130}Te and ¹⁵⁰Nd [\[41\]](#page-10-0) isotopes for the $0^+ \to 0^+$ transition not in isolation but together with other observed nuclear spectroscopic properties, namely, yrast spectra, reduced *B*(*E*2) transition probabilities, static quadrupole moments, and *g*-factors. The success of the PHFB model in conjunction with the *PPQQ* interaction in explaining $(\beta^{-}\beta^{-})_{2\nu}$ decay as well as the above-mentioned nuclear properties in the mass range $94 \leq A \leq 150$ has prompted us to apply the same to study the $(\beta^{-} \beta^{-})_{0\nu}$ decay of the same nuclei for the $0^{+} \rightarrow 0^{+}$ transition. Further, the PHFB model using the *PPQQ* interaction is a convenient choice to examine the explicit role of deformation on NTMEs $M_{2\nu}$. In the case of $(\beta^{-}\beta^{-})_{2\nu}$ decay, we have observed that the deformation plays an important role in the quenching of $M_{2\nu}$ by a factor of approximately 2 to 6 [\[40,41\]](#page-10-0). Therefore, we also study the variation of NTMEs of (*β*−*β*−)0*^ν* decay vis-a-vis the change in deformation through the changing strength of the *QQ* interaction.

Our aim is to extract limits on the effective mass of light as well as heavy neutrinos from the study of the $(\beta^{-}\beta^{-})_{0\nu}$ decay of ⁹⁴*,*96Zr*,* ⁹⁸*,*100Mo*,* 104Ru*,* 110Pd*,* ¹²⁸*,*130Te, and 150Nd isotopes for the $0^+ \rightarrow 0^+$ transition. The present paper is organized as follows. The theoretical formalism to calculate the halflife of the $(\beta \beta)_{0\nu}$ decay mode has been given by Vergados [\[15\]](#page-10-0) and Doi *et al.* [\[19\]](#page-10-0). Hence, we briefly outline steps of the above derivations in Sec. Π for clarity in notations used in the present paper following Doi *et al.* [\[19\]](#page-10-0). In Sec. [III,](#page-4-0) we present the results and discuss them vis-a-vis the existing calculations done in other nuclear models. The deformation effect on NTMEs of $(\beta^{-}\beta^{-})_{0\nu}$ decay in a mechanism involving neutrino mass (mass mechanism) is also discussed in the same section. Finally, the conclusions are given in Sec. [IV.](#page-9-0)

II. THEORETICAL FORMALISM

The effective weak interaction Hamiltonian density for *β*− decay due to the *W*-boson exchange restricted to left-handed currents is given by

$$
H_W = \frac{G}{\sqrt{2}} j_{L\mu} J_L^{\mu\dagger} + h.c.,
$$
 (1)

where

$$
\frac{G}{\sqrt{2}} = \frac{g^2}{8M_1^2} \left[\cos^2 \zeta + \left(\frac{M_1}{M_2} \right)^2 \sin^2 \zeta \right].
$$
 (2)

The gauge bosons W_L and W_R are the superposition of mass eigenstates W_1 and W_2 with masses M_1 and M_2 , respectively, and mixing angle ζ , and $G = 1.16637 \times 10^{-5} \text{ GeV}^{-2}$. The

left handed $V - A$ weak leptonic charged current is given by

$$
j_{L\mu} = \bar{e}\gamma_{\mu}(1 - \gamma_5)\nu_{eL},\tag{3}
$$

where

$$
v_{eL} = \sum_{i=1}^{2n} U_{ei} N_{iL}.
$$
 (4)

Here, N_i is a Majorana neutrino field with mass m_i . In Eq. (4), a Dirac neutrino is expressed as a superposition of a pair of mass degenerate Majorana neutrinos in the most general form. Further, the mixing parameters are constrained by the following orthonormality conditions:

$$
\sum_{i=1}^{2n} |U_{ei}|^2 = \sum_{i=1}^{2n} |V_{ei}|^2 = 1 \text{ and } \sum_{i=1}^{2n} U_{ei} V_{ei} = 0. \quad (5)
$$

The strangeness conserving $V - A$ hadronic currents are given by

$$
J_L^{\mu \dagger} = g_V \overline{u} \gamma^{\mu} (1 - \gamma_5) d, \qquad (6)
$$

where

$$
g_V = \cos \theta_c. \tag{7}
$$

In Eq. (7), the θ_c is the Cabibbo-Kobayashi-Maskawa (CKM) mixing angle for the left handed *d* and *s* quarks.

In the mass mechanism, the following approximations are taken in deriving the half-life of $(\beta^{-}\beta^{-})_{0\nu}$ decay:

- (i) The light neutrino species of mass m_i < 10 MeV and heavy neutrinos of mass $m_i > 1$ GeV are considered.
- (ii) In the $0^+ \rightarrow 0^+$ transition, the $s_{1/2}$ waves are considered to describe the final leptonic states.
- (iii) The nonrelativistic impulse approximation is considered for the hadronic currents.
- (iv) The tensorial terms in the hadronic currents [\[42\]](#page-10-0) are neglected. While according to Ref. [\[43\]](#page-10-0) they can reduce the matrix elements up to 30%, in Ref. [\[44\]](#page-10-0) it was reported that its contribution is quite small and can be safely neglected.
- (v) In the case of $(\beta^{-}\beta^{-})_{0\nu}$ decay, the exchanged neutrinos are virtual particles. Their typical energy $\omega = (q^2 + q^2)$ $(m^2)^{1/2}$ is much larger than the typical excitation energy of the intermediate nuclear states

$$
\omega \sim 100 \,\text{MeV} \gg E_N - E_I \sim k^2/M \sim 10 \,\text{MeV} \quad (8)
$$

and the variation of E_N in the energy denominator can be safely neglected. Hence, the closure approximation is valid and it is usually used by replacing the E_N by an average $\langle E_N \rangle$.

- (vi) No finite de Broglie wavelength correction is considered. This assumption helps in the calculation of phase space factors.
- (vii) The CP conservation is assumed so that the *Uei* and *Vei* are both real or purely imaginary depending on the CP parity of the mass eigenstates of neutrinos *N* and consequently the effective neutrino masses $\langle m_{\nu} \rangle$ and $\langle M_N \rangle$ for the light and heavy neutrinos are real.

In the mass mechanism, the inverse half-life of $(\beta^{-}\beta^{-})_{0\nu}$ decay in the 2*n* mechanism for the $0^+ \rightarrow 0^+$ transition is given by [\[15,19\]](#page-10-0)

$$
\begin{aligned}\n\left[T_{1/2}^{0\nu}(0^+ \to 0^+)\right]^{-1} &= \left(\frac{\langle m_{\nu} \rangle}{m_e}\right)^2 G_{01} (M_{GT} - M_F)^2 \\
&+ \left(\frac{m_p}{\langle M_N \rangle}\right)^2 G_{01} (M_{GTh} - M_{Fh})^2 \\
&+ \left(\frac{\langle m_{\nu} \rangle}{m_e}\right) \left(\frac{m_p}{\langle M_N \rangle}\right) G_{01} \\
&\times (M_{GT} - M_F) (M_{GTh} - M_{Fh}), \quad (9)\n\end{aligned}
$$

where

$$
\langle m_{\nu} \rangle = \sum_{i}^{\prime} U_{ei}^{2} m_{i}, \qquad m_{i} < 10 \text{ MeV}, \qquad (10)
$$

$$
\langle M_N \rangle^{-1} = \sum_{i}^{N} U_{ei}^2 m_i^{-1}, \qquad m_i > 1 \text{ GeV}. \tag{11}
$$

In the closure approximation, NTMEs M_{α} are written as

$$
M_{\alpha} = \sum_{n,m} \langle 0_F^+ \| O_{\alpha,nm} \tau_n^+ \tau_m^+ \| 0_I^+ \rangle, \qquad (12)
$$

where the nuclear transition operators are given by

$$
O_F = \left(\frac{g_V}{g_A}\right)^2 H_m(r),\tag{13}
$$

$$
O_{GT} = \sigma_1 \cdot \sigma_2 H_m(r), \qquad (14)
$$

$$
O_{Fh} = 4\pi (M_p m_e)^{-1} \left(\frac{g_V}{g_A}\right)^2 \delta(\mathbf{r}),\tag{15}
$$

$$
O_{GTh} = 4\pi (M_p m_e)^{-1} \sigma_1 \cdot \sigma_2 \delta(\mathbf{r}). \tag{16}
$$

The neutrino potentials $H_m(r)$ arising due to the exchange of light neutrinos are defined as

$$
H_m(r) = \frac{4\pi R}{(2\pi)^3} \int d^3q \frac{\exp(i\mathbf{q} \cdot \mathbf{r})}{\omega(\omega + \overline{A})}
$$

=
$$
\frac{2R}{\pi r} \int \frac{\sin(qr)}{(q + \overline{A})} dq
$$

=
$$
\frac{R}{r} \phi(\overline{A}r).
$$
 (17)

In going from the first to the second line of Eq. (17) , the neutrino mass has been neglected in comparison with the typical neutrino momentum $q \approx 200 m_e$. Further

$$
\overline{A} = \langle E_N \rangle - \frac{1}{2} (E_I + E_F). \tag{18}
$$

The function $\phi(x)$ is defined by

$$
\phi(x) = \frac{2}{\pi} (\sin x \, ci(x) - \cos x \, si(x)),\tag{19}
$$

where

$$
ci(x) = -\int_{x}^{\infty} t^{-1} \cos t \, dt \quad \text{and}
$$

$$
si(x) = -\int_{x}^{\infty} t^{-1} \sin t \, dt.
$$
 (20)

In the PHFB model, the long-range correlations are taken into account through the configuration mixing while the short-range correlations due to the repulsive hard core is usually absent. In a microscopic picture, the short-range correlations (SRC) arise mainly from the repulsive nucleonnucleon potential arising due to the exchange of *ρ* and *ω* mesons. Hirsch *et al.* have included the short-range effects through the *ω*-meson exchange to study the $(\beta^{-}\beta^{-})_{0\nu}$ decay in heavy deformed nuclei [\[45\]](#page-10-0). The effect due to SRC has been recently studied by Kortelainen *et al.* [\[46\]](#page-10-0) and Simkovic *et al.* [\[56\]](#page-11-0) in the unitary correlation operator method (UCOM). This SRC effect can also be incorporated phenomenologically by using the Jastrow-type correlation given by the prescription

$$
\left\langle j_1^{\pi} j_2^{\pi} J \right| O \left| j_1^{\nu} j_2^{\nu} J' \right\rangle \to \left\langle j_1^{\pi} j_2^{\pi} J \right| f O f \left| j_1^{\nu} j_2^{\nu} J' \right\rangle, \quad (21)
$$

where

$$
f(r) = 1 - e^{-ar^2}(1 - br^2)
$$
 (22)

with $a = 1.1$ fm⁻² and $b = 0.68$ fm⁻². However, it is not clear which approach is the best [\[56\]](#page-11-0). Therefore, we include the short-range correlation by using the Jastrow correlations given by Eq. (22) in the present work. Wu and co-workers [\[47\]](#page-11-0) derived the effective transition operator $f O f$ for the $(\beta^{-} \beta^{-})_{0\nu}$ decay of ⁴⁸Ca using Reid and Paris potentials. The calculations show that phenomenologically determined $f(r)$ has strong two nucleon correlations. The consideration of the effect due to SRC requires the inclusion of finite size of the nucleon and is taken into account by the replacements

$$
g_V \to g_V \left(\frac{\Lambda^2}{\Lambda^2 + k^2}\right)^2
$$
 and $g_A \to g_A \left(\frac{\Lambda^2}{\Lambda^2 + k^2}\right)^2$ (23)

with $\Lambda = 850$ MeV. Including finite size effect, the neutrino potential for the exchange of heavy neutrinos $U_0(r, \Lambda)$ is written as

$$
U_0(r,\Lambda) = \frac{R}{(2\pi)^3} \int d\mathbf{k} e^{i\mathbf{k} \cdot \mathbf{r}} \left(\frac{\Lambda^2}{\Lambda^2 + k^2}\right)^4
$$

= $\frac{R}{2\pi^2 r} \int \sin(qr) \left(\frac{\Lambda^2}{\Lambda^2 + k^2}\right)^4 q dq$
= $\frac{\Lambda^3 R}{64\pi} e^{-\Lambda r} \left[1 + \Lambda r + \frac{1}{3} (\Lambda r)^2\right].$ (24)

The expression to calculate the NTMEs M_{α} of $(\beta^{-}\beta^{-})_{0\nu}$ decay for the $0^+ \rightarrow 0^+$ transition in the PHFB model is obtained as follows. In the PHFB model, a state with good angular momentum **J** is obtained from the axially symmetric HFB intrinsic state $|\Phi_0\rangle$ with $K = 0$ through the following relation using the standard projection technique [\[48\]](#page-11-0):

$$
\left|\Psi_{00}^{J}\right\rangle = \left[\frac{(2J+1)}{8\pi^2}\right] \int D_{00}^{J}(\Omega)R(\Omega)|\Phi_0\rangle d\Omega, \qquad (25)
$$

where $R(\Omega)$ and $D_{MK}^{J}(\Omega)$ are the rotation operator and the rotation matrix, respectively. The axially symmetric HFB intrinsic state $|\Phi_0\rangle$ can be written as

$$
|\Phi_0\rangle = \prod_{im} (u_{im} + v_{im} b_{im}^\dagger b_{im}^\dagger)|0\rangle, \tag{26}
$$

where the creation operators b_{im}^{\dagger} and b_{im}^{\dagger} are defined as

$$
b_{im}^{\dagger} = \sum_{\alpha} C_{i\alpha,m} a_{\alpha m}^{\dagger} \quad \text{and} \quad b_{i\bar{m}}^{\dagger} = \sum_{\alpha} (-1)^{l+j-m} C_{i\alpha,m} a_{\alpha,-m}^{\dagger}.
$$
\n(27)

The amplitudes (u_{im}, v_{im}) and the expansion coefficient $C_{i,j,m}$ are obtained from the HFB calculations.

Employing the HFB wave functions, one obtains the following expression for NTMEs M_α of $(\beta^{-}\beta^{-})_{0\nu}$ decay [\[49\]](#page-11-0):

$$
M_{\alpha} = \left[n^{Ji=0} n^{Jj=0} \right]^{-1/2}
$$

\n
$$
\times \int_{0}^{\pi} n_{(Z,N),(Z+2,N-2)}(\theta) \frac{1}{4} \sum_{\alpha\beta\gamma\delta} \langle \alpha\beta | O_{\alpha} | \gamma\delta \rangle
$$

\n
$$
\times \sum_{\varepsilon\eta} \frac{\left(f_{Z+2,N-2}^{(\pi)*} \right)_{\varepsilon\beta}}{\left[\left(1 + F_{Z,N}^{(\pi)}(\theta) f_{Z+2,N-2}^{(\pi)*} \right) \right]_{\varepsilon\alpha}^{-1}}
$$

\n
$$
\times \frac{\left(F_{Z,N}^{(\nu)*} \right)_{\eta\delta}}{\left[\left(1 + F_{Z,N}^{(\nu)}(\theta) f_{Z+2,N-2}^{(\nu)*} \right) \right]_{\gamma\eta}^{-1}} \sin \theta d\theta, \qquad (28)
$$

where

$$
n^{J} = \int_{0}^{\pi} [det(1 + F^{(\pi)} f^{(\pi)^{\dagger}})]^{1/2}
$$

$$
\times [det(1 + F^{(\nu)} f^{(\nu)^{\dagger}})]^{1/2} d_{00}^{J}(\theta) sin(\theta) d\theta
$$
 (29)

and

$$
n_{(Z,N),(Z+2,N-2)}(\theta) = \left[\det \left(1 + F_{Z,N}^{(\nu)} f_{Z+2,N-2}^{(\nu)^{\dagger}} \right) \right]^{1/2}
$$

$$
\times \left[\det \left(1 + F_{Z,N}^{(\pi)} f_{Z+2,N-2}^{(\pi)^{\dagger}} \right) \right]^{1/2} . \quad (30)
$$

The $\pi(\nu)$ represents the proton (neutron) of nuclei involved in the $(\beta \beta)_{0\nu}$ decay process. The matrix $F_{Z,N}(\theta)$ and $f_{Z,N}$ are given by

$$
F_{Z,N}(\theta) = \sum_{m'_{\alpha}m'_{\beta}} d_{m_{\alpha},m'_{\alpha}}^{j_{\alpha}}(\theta) d_{m_{\beta},m'_{\beta}}^{j_{\beta}}(\theta) f_{j_{\alpha}m'_{\alpha},j_{\beta}m'_{\beta}},
$$
(31)

$$
f_{Z,N} = \sum_{i} C_{ij_{\alpha},m_{\alpha}} C_{ij_{\beta},m_{\beta}} \left(v_{im_{\alpha}} / u_{im_{\alpha}} \right) \delta_{m_{\alpha},-m_{\beta}}.\tag{32}
$$

The calculations of required NTMEs M_{α} are performed in the following manner. In the first step, matrices $f^{(\pi,\nu)}$ and $F^{(\pi,\nu)}(\theta)$ are set up for the nuclei involved in the $(\beta\beta)_{0\nu}$ decay making use of 20 Gaussian quadrature points in the range $(0, \pi)$. Finally, the required NTMEs can be calculated in a straightforward manner using Eq. (28).

It is worth underlining the fact that the building blocks for constructing the HFB states are spherical harmonic oscillator states, which depend only on the mass number *A* and there is no dependence on *N* and *Z*. For this reason the overlap expressions given above are exact in the present context, and the "two vacua" problem found in QRPA calculations [\[50\]](#page-11-0) is not present.

III. RESULTS AND DISCUSSIONS

In the present work, we calculate the NTMEs M_F , M_{GT} , M_{Fh} , and M_{GTh} for ^{94,96}Zr, ^{98,100}Mo, ¹⁰⁴Ru, ¹¹⁰Pd, ^{128,130}Te, and ¹⁵⁰Nd isotopes to study the $0^+ \rightarrow 0^+$ transition of $(\beta^{-}\beta^{-})_{0\nu}$ decay in the mass mechanism using a set of HFB wave functions, the reliability of which was tested by obtaining an overall agreement between theoretically calculated results for the yrast spectra, reduced $B(E2:0^+ \rightarrow 2^+)$ transition probabilities, static quadrupole moments $Q(2^+)$, g-factors $g(2^+)$, and NTMEs $M_{2\nu}$ as well as the half-lives $T_{1/2}^{2\nu}$ of $(\beta^{-} \beta^{-})_{2\nu}$ decay and the available experimental data [\[40,41\]](#page-10-0). However, we briefly discuss in the following the model space, single particle energies (SPE's), and parameters of two-body interactions used to generate the HFB wave functions for convenience.

We treat the doubly even nucleus 76 Sr($N = Z = 38$) as an inert core in the cases of ^{94,96}Zr, ^{94,96,98,100}Mo, ^{98,100,104}Ru, ¹⁰⁴*,*110Pd, and 110Cd nuclei, with the valence space spanned by $1p_{1/2}$, $2s_{1/2}$, $1d_{3/2}$, $1d_{5/2}$, $0g_{7/2}$, $0g_{9/2}$, and $0h_{11/2}$ orbits for protons and neutrons. The $1p_{1/2}$ orbit has been included in the valence space to examine the role of the $Z = 40$ proton core vis-a-vis the onset of deformation in the highly neutron rich isotopes. The set of single particle energies (SPE's) used were (in MeV) $\varepsilon(1p_{1/2}) = -0.8$, $\varepsilon(0g_{9/2}) = 0.0$, $\varepsilon(1d_{5/2}) = 5.4$, $\varepsilon(2s_{1/2}) = 6.4$, $\varepsilon(1d_{3/2}) = 7.9$, $\varepsilon(0g_{7/2}) =$ 8.4, and $\varepsilon(0h_{11/2}) = 8.6$ for proton and neutron.

In the cases of ¹²⁸*,*130Te, ¹²⁸*,*130Xe, 150Nd and 150Sm nuclei, we treated the doubly even nucleus 100 Sn (*N* = *Z* = 50) as an inert core with the valence space spanned by $2s_{1/2}$, $1d_{3/2}$, $1d_{5/2}$, $1f_{7/2}$, $0g_{7/2}$, $0h_{9/2}$, and $0h_{11/2}$ orbits for protons and neutrons. The change of model space was forced upon due to the following reason. In the model space used for mass region $A \approx 100$, the number of neutrons increased to about 40 for nuclei occurring in the mass region $A \approx 130$. With the increase in neutron number, the yrast energy spectra gets compressed due to an increase in the attractive part of the effective two-body interaction. The set of single particle energies (SPE's) used were in MeV: $\varepsilon(1d_{5/2}) = 0.0$, $\varepsilon(2s_{1/2}) =$ 1*.*4*, ε*($1d_{3/2}$) = 2*.*0*, ε*($0g_{7/2}$) = 4*.0, ε*($0h_{11/2}$) = 6*.5* (4*.8* for ¹⁵⁰Nd and ¹⁵⁰Sm), $\varepsilon(1f_{7/2}) = 12.0$ (11.5 for ¹⁵⁰Nd and ¹⁵⁰Sm), ε (0*h*_{9/2}) = 12.5 (12.0 for ¹⁵⁰Nd and ¹⁵⁰Sm) for proton and neutron.

The HFB wave functions were generated using an effective Hamiltonian with a *PPQQ* - [\[51\]](#page-11-0) of two-body interaction. Explicitly, the Hamiltonian can be written as

$$
H = H_{sp} + V(P) + \zeta_{qq} V(QQ), \qquad (33)
$$

where *Hsp* denotes the single particle Hamiltonian. The *V* (*P*) and *V* (*QQ*) represent the pairing and quadrupole-quadrupole part of the effective two-body interaction. The ζ_{qq} is an arbitrary parameter and the final results were obtained by setting $\zeta_{qq} = 1$. The purpose of introducing ζ_{qq} was to study the role of deformation by varying the strength of the *QQ* interaction. The strengths of the pairing interaction was fixed through the relation $G_p = 30/A$ MeV and $G_n = 20/A$ MeV, which were the same as used by Heestand *et al.* [\[52\]](#page-11-0) to explain the experimental $g(2^+)$ data of some even-even Ge, Se, Mo, Ru, Pd, Cd, and Te isotopes in Greiner's collective model [\[53\]](#page-11-0). For ⁹⁶Zr, we have used $G_n = 22/A$ MeV. The strengths of the pairing interaction fixed for ^{128,130}Te, ^{128,130}Xe, ¹⁵⁰Nd, and ¹⁵⁰Sm were $G_p = 35/A$ MeV and $G_n = 35/A$ MeV.

The strengths of the like particle components of the *QQ* interaction were taken as $\chi_{pp} = \chi_{nn} = 0.0105 \text{ MeV } b^{-4}$, where b is the oscillator parameter. The strength of the proton-neutron (pn) component of the QQ interaction χ_{pn} was varied so as to obtain the spectra of considered nuclei, namely, ⁹⁴*,*96Zr, ⁹⁴*,*96*,*98*,*100Mo, ⁹⁸*,*100*,*104Ru, ¹⁰⁴*,*110Pd, 110Cd, ¹²⁸*,*130Te, $128,130\,\text{Xe}$, $150\,\text{Nd}$, and $150\,\text{Sm}$ in optimum agreement with the experimental results. The theoretical spectra has been taken to be the optimum one if the excitation energy of the 2^+ state E_{2+} is reproduced as closely as possible to the experimental value. The prescribed set of parameters for the strength of the *QQ* interaction are in general different for the initial and final nuclei. They have been tabulated in the previous works describing the $(\beta^{-}\beta^{-})_{2\nu}$ decay [\[40,41\]](#page-10-0), and are consistent with those Arima suggested on the basis of an empirical analysis of effective two-body interaction [\[54\]](#page-11-0).

A. Results of $(\beta - \beta[−])_{0ν}$ decay

The phase space factors G_{01} of $(\beta^{-}\beta^{-})_{0\nu}$ decay for the $0^+ \rightarrow 0^+$ transition have been calculated by Doi *et al.* [\[14\]](#page-10-0) and Boehm and Vogel $[18]$ for $g_A = 1.25$. We use the latter in our calculations after reevaluating them for $g_A = 1.254$. The average energy denominator \overline{A} is calculated using Haxton's prescription given by $\overline{A} = 1.12A^{1/2}$ MeV [\[13\]](#page-10-0). In Table [I,](#page-5-0) we compile all the required NTMEs M_F , M_{GT} , M_{Fh} , and *MGT h*,for ⁹⁴*,*96Zr*,* ⁹⁸*,*100Mo*,* 104Ru*,* 110Pd*,* ¹²⁸*,*130Te, and 150Nd nuclei. The four NTMEs are calculated in the approximation of point nucleons, point nucleons plus Jastrow-type SRC, finite size of nucleons with dipole form factor, and finite size plus SRC. In the case of point nucleons, the NTMEs *MF* and *MGT* are calculated for \overline{A} and $\overline{A}/2$ in the energy denominator. It is observed that the NTMEs M_F and M_{GT} change by 7.5–10.3 % for *A/*2 in comparison to *A* in the energy denominator. Hence, the dependence of NTMEs on average excitation energy \overline{A} is small and the closure approximation is quite good in the case of $(\beta^{-}\beta^{-})_{0\nu}$ decay as expected. In the approximation of light neutrinos, the NTMEs M_F and M_{GT} are reduced by 17–22% and 11.6–14.4% for point nucleon plus SRC and finite size of nucleons, respectively. Finally the NTMEs change by 20.8– 26.5% with finite size plus SRC. In the case of heavy neutrinos, the M_{Fh} and M_{GTh} get reduced by 34.5–39.3% and 65.4– 69.5% with the inclusion of finite size and finite size plus SRC.

B. Limits on effective mass of light and heavy neutrinos

In Table [II,](#page-7-0) we compile the calculated NTMEs M_F , M_{GT} , M_{Fh} , and M_{GTh} of the above-mentioned isotopes for the $0^+ \rightarrow 0^+$ transition in the PHFB as well as other models. Further, we also present the results of shell model [\[55\]](#page-11-0), QRPA as well as RQRPA calculations by Rodin *et al.* [\[57\]](#page-11-0), Simkovic *et al.* [\[56\]](#page-11-0), and pseudo-SU(3) [\[45\]](#page-10-0) for light neutrinos. Besides using different model space, single particle energies, and effective two-body interactions, the value of *gA* used in these calculations is different. To be specific, $g_A = 1.0$ [\[45\]](#page-10-0), *gA* = 1*.*25 [\[55,57,60\]](#page-11-0), and *gA* = 1*.*254 [\[17,](#page-10-0)[56,58,59\]](#page-11-0).

The value of *gA* is not available for the calculation of Pantis *et al.* [\[61,62\]](#page-11-0). Recently, Simkovic *et al.* [\[56\]](#page-11-0) have evaluated $M^{(0\nu)}$ using both QRPA and RQRPA taking an average of 24 calculations. Their smallest and largest NTME $M^{(0\nu)}$, calculated in the QRPA(RQRPA) with Jastrow-type correlations, are included in Table II , and for this reason two values are given for each nuclei associated with Ref. [\[56\]](#page-11-0). The spreads in NTMEs $M^{(0\nu)}(M_{N_c}^{(0\nu)})$ of light(heavy) neutrinos for 96Zr*,* 100Mo*,* ¹²⁸*,*130Te, and 150Nd isotopes are 6.7(8.5), 127.2(40.1), 5.4(7.0), 2.8(4.2), and 3.9(9.3), respectively. Excluding the result of FQRPA [\[61\]](#page-11-0), the same spreads turn out

to be 2.4(2.1), 4.2(5.8), 2.9(5.9), 2.5(4.2), and 3.9(9.3), respectively. The convergence of the NTMEs calculated in different models to a factor smaller than 4 is encouraging. And it should be taken into account that some calculations do not include deformation effects, and that the size of contribution from the tensorial terms is still being debated and deserves further study.

We extract the limits on effective light neutrino mass $\langle m_{\nu} \rangle$ and heavy neutrino mass $\langle M_N \rangle$ using the phase space factors evaluated for $g_A = 1.254$. However, the NTMEs M_F and M_{Fh} need to be evaluated for the same g_A .

TABLE II. Upper and lower bounds on light and haevy neutrino masses $\langle m_\nu \rangle$ (eV) and $\langle M_N \rangle$ (GeV) respectively for the $(\beta^- \beta^-)_{0\nu}$ decay of ⁹⁴*,*96Zr*,* ⁹⁸*,*100Mo*,* 110Pd*,* ¹²⁸*,*130Te and 150Nd isotopes in different nuclear models.

Nuclei	Model	Ref.	M_F	M_{GT}	$ M^{(0\nu)} $	$\langle m_v \rangle$	M_{Fh}	M_{GTh}	$ M_N^{(0\nu)} $	$\langle M_N\rangle$
$\rm ^{94}Zr$	PHFB	\ast	0.3433	-1.6912	2.0345	1.40×10^{3}	11.1290	-51.5522	62.6812	1.05×10^4
$\rm ^{96}Zr$	PHFB QRPA FQRPA RQRPA QRPA RQRPA RQRPA QRPA QRPA	\ast [61] [61] $[57]$ $[57]$ $[56]$ $[56]$ $[56]$ $[56]$	0.2576 -0.312 0.639	-1.1958 2.097 $0.280\,$	1.4534 2.409 0.359 $1.20\substack{+0.14 \\ -0.14}$ $1.12^{+0.03}_{-0.03}$ 1.01 1.31 1.34 1.79	45.66 27.55 184.8 55.30 59.25 65.70 50.65 49.52 37.07	8.5271	-38.4867	47.0138 99.062 11.659	3.40×10^{5} 7.16×10^{5} 8.42×10^{4}
$^{98}\rm{Mo}$	PHFB	\ast	0.6159	-2.7502	3.3661	3.60×10^{6}	17.2313	-78.8982	96.1295	3.8
$^{100}\rm{Mo}$	PHFB QRPA QRPA QRPA QRPA FQRPA RQRPA RQRPA QRPA RQRPA RQRPA QRPA QRPA	\ast [58, 59] $[17]$ [62] [61] [61] [60] $[57]$ $[57]$ $[56]$ $[56]$ $[56]$ $[56]$	0.6013 -1.356 -0.588 0.272 -0.471 -0.548 -0.819	-2.6505 0.763 1.76 2.86 0.615 -0.584 2.620	3.2518 2.119 2.348 2.588 1.086 0.036 3.439 $2.78^{+0.19}_{-0.19}$ $3.34^{+0.19}_{-0.19}$ 2.22 2.77 3.53 4.58	1.08 1.65 1.49 1.35 3.22 97.16 1.02 1.26 1.05 1.58 1.26 0.99 0.76	17.9096 -64.0 -29.141 -28.352	-81.6304 269.0 126.819 34.200	99.5400 333.0 155.960 56.914 76.752 8.304 62.552	1.32×10^{7} 4.56×10^{7} 2.14×10^{7} 7.80×10^{6} 1.05×10^{7} 1.14×10^{6} 8.57×10^{6}
110Pd	PHFB	\ast	0.6880	-3.1611	3.8491	1.44×10^{3}	20.8651	-95.6358	116.5009	1.01×10^{4}
$^{128}\mathrm{Te}$	PHFB QRPA QRPA QRPA FQRPA SM RQRPA QRPA RQRPA RQRPA QRPA QRPA	\ast [58, 59] $[17]$ [61] [61] $[55]$ $[57]$ $[57]$ $[56]$ $[56]$ $[56]$ [56]	0.3107 -1.184 -0.440 -0.044 0.391 -0.31	-1.3142 3.103 1.488 2.437 1.270 2.36	1.6249 4.287 1.928 2.480 0.879 2.67 $3.23_{-0.12}^{+0.12}$ $3.64^{+0.13}_{-0.13}$ 2.46 3.06 3.77 4.76	22.05 8.36 18.58 14.45 40.76 13.42 11.09 9.84 14.56 11.71 9.50 7.53	9.1133 -55.0 -22.200	-42.0190 248.0 100.469	51.1323 303.0 122.669 101.233 43.205	6.84×10^{5} 4.05×10^{6} 1.64×10^{6} 1.35×10^{6} 5.78×10^{5}
130 Te	PHFB QRPA QRPA QRPA FQRPA ${\bf SM}$ RQRPA QRPA RQRPA RQRPA QRPA QRPA	\ast [58, 59] $[17]$ [61] [61] $[55]$ $[57]$ $[57]$ $[56]$ $[56]$ $[56]$ $[56]$	0.4105 -0.977 -0.385 -0.009 0.337 -0.28	-1.8055 2.493 1.289 2.327 1.833 2.13	2.2160 3.470 1.674 2.336 1.496 2.41 $2.95\substack{+0.12 \\ -0.12}$ $3.26^{+0.12}_{-0.12}$ 2.27 2.84 3.38 4.26	0.63 0.40 0.83 0.60 0.93 0.58 0.47 0.43 $0.61\,$ 0.49 0.41 0.33	11.1405 -48.0 -19.582	-52.2720 219.0 88.576	63.4125 267.0 108.158 92.661 102.135	2.18×10^{7} 9.19×10^{7} 3.73×10^{7} 3.19×10^{7} 3.51×10^{7}
$^{150}\mathrm{Nd}$	PHFB QRPA QRPA	\ast [58, 59] $[17]$	0.3039 -1.821 -0.629	-1.3119 4.254 1.989	1.6158 6.075 2.618	19.85 5.28 12.25	8.0695 -78.0 -28.385	-37.3676 344.0 124.700	45.4371 422.0 153.085	6.79×10^{5} 6.31×10^6 2.29×10^{6}

 $\overline{\Gamma}$

TABLE II. *(Continued.)*

We tabulate the extracted limits on effective light neutrino mass $\langle m_v \rangle$ and heavy neutrino mass $\langle M_N \rangle$ in the same

$$
T_{1/2} > 1.0 \times 10
$$
 yr (~Zr) [05]
 T_{01}^{01} 1.0 - 10¹⁴ (0814) F (1)

$$
T_{1/2}
$$
 = 1.6 × 1.023 yr (100 Mo) [65]

No experimental half-life limit on $(\beta^{-} \beta^{-})_{0\nu}$ decay is available in the case of the 104Ru isotope. In the cases of 94Zr*,* 98Mo, and ¹¹⁰Pd isotopes, the observed experimental half-life limits are small and no theoretical calculation has been performed so far. The extracted upper and lower bounds on $\langle m_v \rangle$ and $\langle M_N \rangle$ from the observed half-life limits $T_{1/2}^{0\nu}$ using NTMEs calculated in the PHFB model are 1.40×10^3 eV, 3.60×10^6 eV, 1.44×10^3 eV, and 1.05×10^4 GeV, 3.8 GeV, and 1.01×10^4 GeV for 94Zr*,* 98Mo, and 110Pd, respectively.

In the case of the $96Zr$ isotope, the theoretically calculated $|M^{(0\nu)}|$ in the PHFB model and RQRPA [\[57\]](#page-11-0) are close. The $|M^{(0\nu)}|$ calculated in the FQRPA [\[61\]](#page-11-0) and QPRA [\[57\]](#page-11-0) are smaller than the presently calculated value by factors of 4.1 and 1.3, respectively, while the $|M^{(0\nu)}|$ calculated in the QRPA [\[61\]](#page-11-0) is larger by a factor of 1.7. In the case of heavy neutrinos, the only available $|M_N^{(0\nu)}|$ is due to Pantis *et al.* [\[61\]](#page-11-0). Using the NTMEs calculated in the PHFB model, the extracted limits on light and heavy neutrino mass from the observed half-life limit $T_{1/2}^{0\nu} > 1.0 \times 10^{21}$ yr [\[63\]](#page-11-0) are $\langle m_{\nu} \rangle < 45.66$ eV and $\langle M_N \rangle >$ 3.4×10^5 GeV, respectively.

The $(\beta^- \beta^-)_{0\nu}$ decay of ¹⁰⁰Mo is a theoretically well studied case. The NTME $|M^{(0\nu)}|$ calculated in the PHFB model lies in the range of $|M^{(0\nu)}|$ calculated in QRPA [\[57\]](#page-11-0) and close to RQRPA [\[60\]](#page-11-0). The NTMEs $|M^{(0\nu)}|$ calculated in other nuclear models [\[17](#page-10-0)[,58,61,62\]](#page-11-0) are small in comparison to the NTMEs calculated in the PHFB model. There are six matrix elements available in the case of heavy neutrinos. The NTMEs $|M_N^{(0\nu)}|$ calculated in the QRPA by Tomoda [\[17\]](#page-10-0) and Hirsch *et al.* [\[59\]](#page-11-0) are larger by a factor of 1.6 and 3.3, respectively, than the present work. All other matrix elements $|M_N^{(0\nu)}|$ are smaller than the presently calculated value. The extracted upper and lower bounds on light and heavy neutrino masses $\langle m_{\nu} \rangle$ and $\langle M_N \rangle$ from the observed half-life limit $T_{1/2}^{0\nu} > 4.6 \times 10^{23}$ yr [\[65\]](#page-11-0) in the PHFB model are 1.08 eV and $1.32 \times 10^7 \text{ GeV}$, respectively.

The NTME $|M^{(0\nu)}|$ calculated in the PHFB model and QRPA $[17]$ for 128 Te isotope are close and larger by a factor

Table II using experimental limits on half-lives $T_{1/2}^{0\nu}$ given below:

 $T_{1/2}^{0\nu} > 1.9 \times 10^{19}$ yr (⁹⁴Zr) [63] $T_{1/2}^{0\nu} > 6.0 \times 10^{17}$ yr (¹¹⁰Pd) [66] $T_{1/2}^{0\nu} > 1.0 \times 10^{21}$ yr (⁹⁶Zr) [63] $T_{1/2}^{0\nu} > 1.1 \times 10^{23}$ yr (¹²⁸Te) [67] $T_{1/2}^{0\nu} > 1.0 \times 10^{14}$ yr (⁹⁸Mo) [64] $T_{1/2}^{0\nu} > 3.0 \times 10^{24}$ yr (¹³⁰Te) [68] $T_{1/2}^{0\nu} > 4.6 \times 10^{23}$ yr (¹⁰⁰Mo) [65] $T_{1/2}^{0\nu} > 1.2 \times 10^{21}$ yr (¹⁵⁰Nd) [69]

> of 1.8 than the calculated NTME in FQRPA [\[61\]](#page-11-0). All other NTMEs $|M^{(0\nu)}|$ are large in comparison to the result of the PHFB model. In the case of heavy neutrinos, the NTMEs $|M_N^{(0\nu)}|$ have been calculated by Tomoda [\[17\]](#page-10-0), Hirsch *et al.* [\[59\]](#page-11-0), and Pantis *et al.* [\[61\]](#page-11-0). The $|M_N^{(0\nu)}|$ calculated in our PHFB model is larger than the calculated NTME in FQRPA [\[61\]](#page-11-0) by a factor of 1.2 and smaller than results of Tomoda [\[17\]](#page-10-0), Hirsch *et al.* [\[59\]](#page-11-0), and Pantis *et al.* [\[61\]](#page-11-0). The extracted neutrino mass limits using our NTMEs from the observed half-life limit $T_{1/2}^{0\nu} > 1.1 \times 10^{23}$ yr [\[67\]](#page-11-0) are $\langle m_{\nu} \rangle < 22.05$ eV and $\langle M_N \rangle > 6.84 \times 10^5$ GeV, respectively.

> In the case of the ¹³⁰Te isotope, the $|M^{(0\nu)}|$ calculated in the PHFB model, SM [\[55\]](#page-11-0), and QRPA [\[61\]](#page-11-0) are close. It is smaller than the $|M^{(0\nu)}|$ calculated in QRPA and its extensions [\[57,58,](#page-11-0) [61\]](#page-11-0). The presently calculated $|M^{(0\nu)}|$ is larger by a factor of 1.3 and 1.5 than the calculated values in QPPA [\[17\]](#page-10-0) and FQRPA [\[61\]](#page-11-0). In the case of heavy neutrinos, our calculated $|M_N^{(0\nu)}|$ in the PHFB model is smaller than the available NTMEs $|M_N^{(0\nu)}|$ calculated in other models. The extracted neutrino mass limits from the observed half-life limit $T_{1/2}^{0\nu} > 3.0 \times 10^{24}$ yr [\[68\]](#page-11-0) are $\langle m_{\nu} \rangle$ < 0.63 eV and $\langle M_N \rangle$ > 2.18 × 10⁷ GeV, respectively, using NTMEs of the present work.

> The NTMEs $|M^{(0\nu)}|$ have been calculated by Tomoda [\[17\]](#page-10-0), Hirsch *et al.* [\[45\]](#page-10-0), Rodin *et al.* [\[57\]](#page-11-0), and Muto *et al.* [\[58\]](#page-11-0) for the ¹⁵⁰Nd isotope. The $|M^{(0\nu)}|$ calculated in the PHFB model and pseudo-SU(3 [\[45\]](#page-10-0) are close and smaller by a factor of 3.8 than the $|M^{(0\nu)}|$ calculated in the QRPA by Muto *et al.* [\[58\]](#page-11-0). The |*M*^(0*v*)| calculated by Rodin *et al.* [\[57\]](#page-11-0) in QRPA and RQRPA are large in comparison to our calculated results. However, the deformation effect has not been taken into account in the calculation of Rodin *et al.* [\[57\]](#page-11-0). Arguably, the results based on the spherical QRPA are larger than ours in the present case as expected. In the case of heavy neutrinos, our calculated $|M_N^{(0\nu)}|$ in the PHFB model is smaller than the reported NTMEs in the QRPA [\[17,](#page-10-0)[59\]](#page-11-0). Using the NTMEs of our PHFB model, the extracted upper and lower bounds on $\langle m_{\nu} \rangle$ and $\langle M_N \rangle$ from the

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Ratios	94Zr	967r	98M ₀	100 _{Mo}	104 Ru	110Pd	128 Te	130 Te.	150 _{Nd}
D_F	2.77	4.76	2.02	2.13	3.44	2.53	4.31	2.96	5.78
D_{GT}	2.46	4.45	1.92	2.16	3.90	2.66	4.45	2.96	6.25
D_{Fh}	2.37	3.93	1.94	1.97	3.18	2.35	3.89	2.92	6.19
D_{GTh}	2.34	3.97	1.92	1.98	3.21	2.36	3.95	2.91	6.27
$D_{2\nu}$	2.29	3.70	1.86	2.33	5.47	3.14	4.26	2.89	5.94

TABLE IV. Ratios D_{α} for ^{94,96}Zr, ^{98,100}Mo, ¹⁰⁴Ru, ¹¹⁰Pd, ^{128,130}Te and ¹⁵⁰Nd isotopes.

observed half-life limit $T^{0\nu}_{1/2} > 1.2 \times 10^{21}$ yr [\[69\]](#page-11-0) are 19.85 eV and 6.79×10^5 GeV, respectively.

C. Quadrupolar correlations and deformation

To understand the role of quadrupolar correlations on the NTMEs $M_\alpha(\alpha = F, GT, Fh, GTh)$ of $(\beta^{-} \beta^{-})_{0\nu}$ decay for the $0^+ \rightarrow 0^+$ transition, we investigate the variation of the *Mα* by changing the strength parameter *ζqq* of *QQ* part of the effective two-body interaction. In Table [III,](#page-8-0) we present the NTMEs M_{α} of ^{94,96}Zr, ^{98,100}Mo, ¹⁰⁴Ru, ¹¹⁰Pd, ^{128,130}Te, and ¹⁵⁰Nd nuclei for different ζ_{qq} . In general, it is observed that NTMEs M_{α} remain initially almost constant and then start decreasing as the strength parameter ζ_{qq} approaches the physical value 1. There are of course a few minor observed anomalies which cannot be explained at the present stage. This reduction in the magnitude of NTMEs from their maximum values obtained with pure pairing has a clear analogy with their behavior in the presence of particle-particle 1^+ proton-neutron correlations [\[70\]](#page-11-0) which has been widely discussed in the literature (see Ref. [\[43\]](#page-10-0) and references therein).

To quantify the effect of the quadrupolar interaction on M_{α} , which is closely related with the nuclear deformation, we define a quantity D_{α} as the ratio of M_{α} calculated with pure pairing ($\zeta_{qq} = 0$) and and with full presence of the quadrupolar

FIG. 1. $(\beta^{-}\beta^{-})_{0\nu}$ NTME for ¹⁵⁰Nd as a function of the difference in the deformation parameter β_2 between the parent and daughter nuclei.

interaction ($\zeta_{qq} = 1$). Explicitly, the D_{α} is given by

$$
D_{\alpha} = \frac{M_{\alpha}(\zeta_{qq}=0)}{M_{\alpha}(\zeta_{qq}=1)}.
$$
\n(34)

The values of D_{α} are tabulated in Table IV for the considered nuclei. These values of D_α suggest that the NTMEs M_α due to light and heavy neutrino exchange are quenched by factors of 1.92 to 6.25 and 1.92 to 6.27, respectively, in the mass region $94 \leq A \leq 150$ due to the presence of quadrupolar correlations. For comparison, we also give the ratio $D_{2\nu}$ [\[40,41\]](#page-10-0) associated with the same effect in the $(\beta^{-}\beta^{-})_{2\nu}$ matrix elements, in the last row of the same table, which also change by almost the same amount due to the quadrupolar interaction. Hence, it is clear that the deformation effects are important in cases of $(\beta^{-}\beta^{-})_{2\nu}$ as well as $(\beta^{-}\beta^{-})_{0\nu}$ decay so far as the nuclear structure aspect of $\beta^{-} \beta^{-}$ decay is concerned.

A suppression of the double beta matrix element with respect to the spherical case has been reported when the parent and daughter nuclei have different deformations [\[71\]](#page-11-0). To investigate this effect we present in Fig. 1 the NTMEs for ¹⁵⁰Nd as a function of the difference in the deformation parameter β_2 between the parent and daughter nuclei. The NTMEs are calculated keeping the deformation for parent nuclei fixed at $\zeta_{qq} = 1$ and the deformation of daughter nuclei are varied by taking $\zeta_{qq} = 0.0$ to 1.5.

It is clear that when the deformations of parent and daughter nuclei are similar the NTMEs have a well-defined maximum, and when the absolute value of the difference in deformation increases the NTMEs are strongly reduced, in full agreement with the results reported in $[71]$. In the case of the $^{150}Nd \rightarrow ^{150}Sm$ transition, the large difference in the observed deformation parameters $β_2$ of parent and daughter isotopes suggests that the reduction of NTMEs is substantial. In the present calculation, the magnitude of reduction could be underestimated due to the difference in the theoretically calculated [\[41\]](#page-10-0) and experimentally observed parametric values of deformations.

IV. CONCLUSIONS

The NTMEs required to study $(\beta^{-}\beta^{-})_{0\nu}$ decay of ⁹⁴*,*96Zr*,* ⁹⁸*,*100Mo*,* 104Ru*,* 110Pd*,* ¹²⁸*,*130Te, and 150Nd isotopes in the mass mechanism are calculated in the PHFB model. It is observed that the NTMEs have a weak dependence on the average excitation energy \overline{A} of an intermediate nucleus and the closure approximation is quite valid, as expected. Further, we extract limits on gauge theoretical parameters, namely, $\langle m_{\nu} \rangle$

and $\langle M_N \rangle$ from the available limits on experimental half-lives $T_{1/2}^{0\nu}$ using NTMEs calculated in the PHFB as well as other models. For the best candidates 100Mo and 130Te nuclei, the PHFB, SM [\[55\]](#page-11-0), and QRPA [\[61\]](#page-11-0) results are close. Finally, the calculated values of D_α suggest that the NTMEs M_α due to light and heavy neutrino exchange are quenched by factors of 1.92 to 6.25 and 1.92 to 6.27, respectively, in the mass region $94 \le A \le 150$ due to the deformation. In ¹⁵⁰Nd the difference in deformation between the parent and daughter

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nuclei is small and adds no extra suppression. We conclude that nuclear structure effects are also important for the $(\beta^{-}\beta^{-})_{0\nu}$ decay.

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