Roton instabilities in the superfluid outer core of neutron stars

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We study the superfluid dynamics of the outer core of neutron stars by means of a generalized hydrodynamic model made of a neutronic superfluid and a protonic superconductor, coupled by both the dynamic entrainment and the Skyrme SLy4 nucleon-nucleon interactions. The resulting nonlinear equations of motion are probed in the search for dynamical instabilities triggered by the relative motion of the superfluids that could be of potential relevance to observational features of neutron stars. Through linear analysis, the origin and expected growth of the instabilities is explored for varying nuclear-matter density. Differently from previous findings, the dispersion of linear excitations in our model shows rotonic structures below the pair-breaking energy threshold, which lies at the origin of the dynamical instabilities and could eventually lead to emergent vorticity along with modulations of the superfluid density.

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I. INTRODUCTION

The study of neutron stars is becoming an interdisciplinary subject due to more available data obtained from precise astronomical observations as well as from more realistic computational simulations. The neutron-star interior is theoretically described as a layered structure determined by increasing density and temperature with depth. Its matter constituents, a mixture of neutron, proton, leptons, and eventually other exotic particles, arrange in different manners in concentric shells that are electrically neutral and in β equilibrium. Inside the outermost region, called outer crust, matter is organized as a solid lattice of atomic nuclei embedded in a free-electron gas. This region spans densities from $\rho \approx 10^4$ g/cm³, where the atomic nuclei are fully ionized, up to $\rho \approx 4 \times 10^{11}$ g/cm³, where nuclei, which are more and more neutron rich, cannot retain the neutrons anymore. At this point, the neutrons start to drip out of the nuclei. In this latter region, called the inner crust, matter is still arranged as a Coulomb lattice of nuclear clusters but is now permeated by free-neutron and free-electron gases. In the bottom layers of the inner crust the nuclear clusters may change their shape to minimize the Coulomb repulsion from spheres to cylinders, slabs, tubes and spherical or cylindrical bubbles. These exotic geometries at the crust-core transition are known as "nuclear pasta." When the density reaches $\rho \approx 1.4 \times 10^{14}$ g/cm³, about half the nuclear matter density, the solid lattice becomes energetically unfavorable and disappears; as a consequence, at the core, matter transforms into a liquid phase of neutron, protons, and leptons. Deeper in the core, hence at higher densities, strange baryons and even deconfined quarks may appear.

At different layers of the neutron-star interior, the quantum degeneracy of nuclear matter supports the Bose condensation of fermion pairs, which leads to the emergence of superfluidity. In this way, neutron pairs are assumed to condense at the inner crust, whereas both neutron and proton pairs can form condensates at the outer core. However, the precise equations of state relating the pressure and density of nuclear matter under such extreme conditions, including pairing correlations, are not completely well determined, and different proposals compete to provide a plausible picture compatible with the observational constraints.

The observed dynamics of a neutron star is consistent with the assumed superfluid interior. The superfluid dynamics can account for the observed low moment of inertia $[1-5]$ or the cooling down of the neutron star [\[6,7\]](#page-10-0). It can also play a role in star oscillations and collective modes of nuclear matter [\[8–10\]](#page-10-0). Additionally, it allows us to understand the extraordinarily regular rotation of pulsars, based on the existence of a superfluid reservoir. The sudden speed-ups (or glitches) in this rotation, first detected in the Vela and Crab pulsars in 1969 (see Refs. [\[11,12\]](#page-10-0) and references therein), are one of the most solid arguments in favor of the superfluid interior. The theory by Anderson and Itoh [\[13\]](#page-10-0) explains the glitches as the result of unpinning quantized vortices in the crust. The neutron-superfluid vortices, pinned to the underlying lattice of nuclei within the inner crust, can "creep" out of the superfluid, transferring angular momentum to the nonsuperfluid part of the star $[14]$. In spite of a general good agreement of this theory with observed glitches of different magnitudes, there still exist open questions about how different superfluid layers are involved in this phenomenon [\[4,5\]](#page-10-0). Recent observations (see, e.g., Refs. [\[12,15\]](#page-10-0)) seem to favor that the neutron superfluid in the inner crust is not enough to provide the observed increase in the angular momentum and suggest that the core superfluids have also to be considered. Since many-body analysis of these macroscopic, large-scale properties are unreachable, most of the studies try to model the coupling between different layers of the star interior from a hydrodynamical perspective [\[16–19\]](#page-10-0). This approach provides the scope for advancing in the understanding of the basic mechanisms responsible for dynamical instabilities of the superfluid interior. In turn, such instabilities may shed light on the thermal evolution of neutron stars [\[20\]](#page-10-0) or the rotation anomalies of pulsars detected in astronomical observations [\[21–24\]](#page-10-0).

In this context, the present work considers two superfluids coupled by nucleon-nucleon interactions that model the structure of the outer core. With typical densities around the symmetric nuclear matter saturation density $\rho \approx 0.16$ fm⁻³ $(2.8 \times 10^{14} \text{ g/cm}^3)$, and temperatures of the order of 10^8 K, below plausible estimates for the superfluid transition [\[25\]](#page-10-0), we assume that the outer core temperature is effectively zero, and therefore that the superfluid density matches the total density of the outer core (see, e.g., Ref. [\[26\]](#page-10-0) for the relation between superfluid density and total fermionic density in a Fermi gas). This assumption implies that all the nucleons belong to the condensates and therefore are collisionless. In such a regime, the mean-field interaction between particles is the origin of the collective excitations, and damping effects are absent. Additionally, the effects of charge perturbations derived from the underlying electron gas are equally treated in a collisionless regime relevant on subcentimeter length scales [\[20\]](#page-10-0).

We have chosen an equation of state (EOS) provided by Douchin and Haensel [\[27\]](#page-10-0) and which is based on the Skyrme SLy4 interaction [\[28\]](#page-10-0). This EOS is particularly well adapted to the neutron-star scenario and is compatible with a maximum neutron-star mass of about $2M_{\odot}$, in agreement with well-established observational data [\[29,30\]](#page-10-0). The Galilean invariance of the whole system imposes an additional dynamical coupling between the two overlapped condensates of fermionic pairs due to the entrainment of neutrons and protons, whose characteristic quantities are calculated following Ref. [\[31\]](#page-10-0) (see also Ref. [\[32\]](#page-10-0)). The resulting model aims at the generalization of previous studies on hydrodynamical instabilities in the coupled superfluids with relative motion [\[18,33\]](#page-10-0). To this end, the nonlinear Hamilton's equations of the system are linearized, and the dispersion relations and the spectrum of excitation modes are analytically derived as a function of the nuclear matter density. Differently from previous works that have focused on the longest wavelength excitations, essentially phonons, we show the plausible relevance of rotonic modes developed at shorter wavelengths in the dispersion relations. They emerge by virtue of the relative superfluid motion and are associated with instabilities that can give rise to the decay of the dynamical equilibrium. Such decay involves density modulations and could eventually lead to emergent quantized vortices.

To neatly show the origin of these unstable excitations, we are considering neither the mutual friction between superfluids, due to the superfluid vorticity inherent in the rotating neutron stars [\[14,34\]](#page-10-0), nor the presence of viscosity caused by the underlying normal fluid [\[35\]](#page-10-0), nor the star magnetic field, which could have a significant effect on the damping and suppression of linear instabilities [\[23\]](#page-10-0). Our study applies at mesoscopic scales, dominated by a collisionless particle dynamics, and hence it is not directly comparable to collisional,

classical hydrodynamics (see, for instance, Ref. [\[36\]](#page-10-0) for discussions on the differences between collision and collisionless dynamics).

II. MODEL OF THE SUPERFLUID OUTER CORE

Neutron (denoted hereafter by the subindex *n*) and proton (denoted by the subindex *p*) superfluids will be described by two real fields, the superfluid densities ρ_i and phases θ_i , with $j = n$, p , where the latter fields provide the irrotational superfluid velocities through the relationship $\mathbf{v}_i = \hbar \nabla \theta_i / m$, with *m* being the nucleon mass. Both fields could also be thought of as real components of effective, bosonic complex order parameters $\Psi_j = \sqrt{\rho_j/2} \exp(i2\theta_j)$. As commonly done in the literature [\[20,34\]](#page-10-0), we have assumed a zero-temperature model where the total density is superfluid, so that ρ_i and μ_j will stand for the fermionic densities and chemical potentials of neutrons $(j = n)$ and protons $(j = p)$, respectively.

The energy density $\mathcal{H}(\rho_n, \rho_p, \nabla \rho_n, \nabla \rho_p, \nabla \theta_n, \nabla \theta_p)$, which includes nuclear and Coulomb interactions along with characteristic terms of the superfluid motion, can be recast as

$$
\mathcal{H} = \mathcal{H}^{\rho}(\rho_n, \rho_p) + \mathcal{H}^{\rho'}(\nabla \rho_n, \nabla \rho_p) + \mathcal{H}^{\theta'}(\nabla \theta_n, \nabla \theta_p) + \mathcal{H}^e.
$$
\n(1)

Here, \mathcal{H}^{ρ} is a homogeneous-density energy term (depending only on the densities) provided by the underlaying effective nuclear interaction. The macroscopic energy density $\mathcal{H}^{\theta'}$ is a dynamical, Galilean-invariant term that depends on the phase gradients and densities. The term $\mathcal{H}^{\rho'}$ accounts for density inhomogeneities and is a functional of both densities and density gradients. It contains, on the one hand, the contributions due to the inhomogeneities of the effective order parameter, and, on the other hand, the contributions of the gradient terms in the nuclear energy-density functional that simulates the finite-range of the nucleon-nucleon interaction. Finally, the term $\mathcal{H}^e = e\rho_p \Phi/2$ accounts for the local charge imbalance through the Coulomb potential Φ , which follows the Poisson equation $\nabla^2 \Phi = 4\pi e(\rho_e - \rho_p)$. The electron density ρ_e is assumed to adjust instantaneously into a local density, homogeneous configuration of the ultrarelativistic Fermi gas as $\rho_e = (\mu_e/\hbar c)^3 / 3\pi^2$. Additionally, local β equilibrium is assumed, so that the chemical potentials fulfills the condition $\mu_n = \mu_p + \mu_e$. Since at the high nuclear density of the outer core the typical Fermi levels are at least one order of magnitude greater than the expected superfluid gaps (of the order of one MeV, see below), the pairing contribution to the total energy of the system will be neglected.

The particular functional forms of \mathcal{H}^{ρ} , $\mathcal{H}^{\rho'}$, and $\mathcal{H}^{\theta'}$ are based on the choice of the phenomenological model for the internucleon interactions (see details below). In a generic form, $\mathcal{H}^{\rho'}$ and $\mathcal{H}^{\theta'}$ are given by

$$
\mathcal{H}^{\theta'} = \frac{\hbar^2}{2m} \sum_{ij} \varrho_{ij} \nabla \theta_i \nabla \theta_j, \tag{2}
$$

$$
\mathcal{H}^{\rho'} = \frac{\hbar^2}{2m} \sum_{ij} \vartheta_{ij} \nabla \rho_i \nabla \rho_j.
$$
 (3)

In Eq. [\(2\)](#page-1-0), which corresponds to the dynamical energy density, the response functions ϱ_{ij} fulfill $\varrho_{nn} + \varrho_{np} = \varrho_n$, and ϱ_{pp} + $\rho_{pn} = \rho_p$, as independent functions of the velocities, so that the entrainment parameter ρ_{np} is constrained by the relation $\varrho_{np}^2 < \varrho_{nn}\varrho_{pp}$ [\[31,37\]](#page-10-0).

The inclusion of density gradients, Eq. (3) , in the energy density deserves further attention, since it is not the case in collisional hydrodynamic models that rely on a strictly density-dependent equation of state (see, e.g., Ref. [\[33\]](#page-10-0)). Our generalized hydrodynamical model studies the collisionless regime of the two-coupled condensates in the presence of an underlying, equally collisionless, electron gas. The particular choice of Skyrme force provides inherent density gradient terms [see Eqs. (2.1) and (2.2) in Ref. $[28]$] that simulate the short-range of the nuclear forces. Of course, these terms do not have any effect on the homogeneous stationary states that we later consider, but they do on the dynamics of linear excitations on the top of such states. Additionally, our energy density [\(3\)](#page-1-0) also includes a so-called von Weizsäcker term [\[38\]](#page-10-0). It is a corrective term to the kinetic-energy density in Fermi gases, proceeding directly from the curvature of the fermion wave functions. It translates into the so-called quantum pressure term that appears in a generalized superfluid hydrodynamic approach [see e.g., Eq. (52) in Ref. [\[26\]](#page-10-0)]. Again, the influence of this term cannot be seen in the homogeneous stationary states, but it plays a role in the linear perturbation analysis.

The nonhomogeneous contributions to the energy density, namely, the density gradients of the nuclear forces and the Weizsäcker terms, are gathered in Eq. [\(3\)](#page-1-0), where $\vartheta_{ij} = \vartheta_{ij}^0 + \vartheta_{ij}^0$ $\delta_{ij}/18\rho_j$, and the constant terms ϑ_{ij}^0 (reported below) are the coefficients of the gradients in the Skyrme force [\[28\]](#page-10-0). Notice that these density gradients and the Weizsäcker terms have been previously included in the energy density to estimate the core-crust transition density in neutron stars with the so-called dynamical method (see, e.g., Ref. [\[39\]](#page-10-0), and references therein). If only the homogeneous terms are considered (thermodynamical method), the transition density is found at higher density. Therefore, the nonhomogeneous terms are crucial to shift the transition density to smaller values, which are in better agreement with the estimates made from the crust side.

A. Equations of motion

In the absence of a normal fluid (hence without dissipation), the hydrodynamic equations of motion can be written following a Hamiltonian approach, based on the energy den-sity [\(1\)](#page-1-0), with canonically conjugate variables $\{\rho_i, \theta_j\}$. The variation of the Hamiltonian $H = \int d\mathbf{r} \mathcal{H}$ with respect to the densities gives

$$
\frac{\partial \rho_n}{\partial t} + \nabla \cdot \mathbf{j}_n = 0, \tag{4a}
$$

$$
\frac{\partial \rho_p}{\partial t} + \nabla \cdot \mathbf{j}_p = 0, \tag{4b}
$$

which corresponds to the conservation of particles in each superfluid component. Following the seminal paper by Andreev

and Bashkin [\[37\]](#page-10-0), the current densities are approximated as linear functions of the two superfluid velocities \mathbf{v}_n and \mathbf{v}_p as

$$
\mathbf{j}_n = \varrho_{nn} \mathbf{v}_n + \varrho_{np} \mathbf{v}_p,\tag{5a}
$$

$$
\mathbf{j}_p = \varrho_{pp} \mathbf{v}_p + \varrho_{np} \mathbf{v}_n. \tag{5b}
$$

It is worth noticing that $\mathbf{j}_i/\rho_i = \mathbf{v}_i + (\mathbf{v}_i - \mathbf{v}_i)\rho_{np}/\rho_i$ only matches the corresponding velocity v_i if there is no relative motion between the two superfluids.

Additional equations for the potential flow of each superfluid follow from the variation of the energy density H with respect to the superfluid phases (see, for instance, Refs. [\[34,40\]](#page-10-0) for the general procedure of obtaining the equations of motion):

$$
\frac{\partial \mathbf{v}_n}{\partial t} + \nabla \left(\frac{\mu_n}{m} + \mathfrak{Q}_n + \frac{|\mathbf{v}_n|^2}{2} - \frac{\partial \varrho_{np}}{\partial \rho_n} \frac{|\mathbf{v}_{pn}|^2}{2} \right) = \mathbf{0},
$$
\n
$$
+ \nabla \left(\frac{\mu_p}{m} + \frac{e}{m} + \mathfrak{Q}_n + \frac{|\mathbf{v}_p|^2}{2} - \frac{\partial \varrho_{np}}{\partial \rho_n} |\mathbf{v}_{pn}|^2 \right) = \mathbf{0}
$$
\n(6a)

$$
\frac{\partial \mathbf{v}_p}{\partial t} + \nabla \left(\frac{\mu_p}{m} + \frac{e}{m} \Phi + \mathcal{Q}_p + \frac{|\mathbf{v}_p|^2}{2} - \frac{\partial \varrho_{np}}{\partial \rho_p} \frac{|\mathbf{v}_{pn}|^2}{2} \right) = \mathbf{0},\tag{6b}
$$

where \mathcal{Q}_n is given by

$$
\mathcal{Q}_n = \frac{-\hbar^2}{m^2} \bigg[\frac{\nabla^2 \sqrt{\rho_n}}{9\sqrt{\rho_n}} + \vartheta_{nn}^0 \nabla^2 \rho_n + \vartheta_{np}^0 \nabla^2 \rho_p \bigg],
$$

and equivalently \mathcal{Q}_p by exchanging the subindexes *n* and *p*, which originate from the specific variation of Eq. (3) . The Coulomb term $e\Phi/m$ in the proton Eq. (6) will allow us to account for electric charge perturbations at a mesoscopic scale, while ignoring the equation of motion for the electrons. To this end, as we specify later, we will make use of the linear response of the underlying electron plasma in the absence of collisions, which is accurately provided by the random-phase approximation for ultrarelativistic electrons [\[41\]](#page-10-0).

The bulk chemical potentials μ_i are defined as usual from

$$
\mu_n(\rho_n, \rho_p) = \frac{\partial \mathcal{H}^\rho}{\partial \rho_n}, \quad \mu_p(\rho_n, \rho_p) = \frac{\partial \mathcal{H}^\rho}{\partial \rho_p}.
$$
 (7)

Equations (4) and (6) are the coupled equations of motion for the superfluid velocities $\{v_n, v_p\}$ and densities $\{\rho_n, \rho_p\}$. It is worth pointing out that superfluid momenta, instead of velocities, can be chosen alternatively as the dynamical variables of the two fluids [\[42\]](#page-10-0). The system of equations is determined once the nuclear interaction energy density is known.

B. Skyrme interaction

In this work we have chosen the phenomenological Skyrme interaction as the underlying nuclear interaction that describes the nonsuperfluid EOS [\[43,44\]](#page-11-0). For this type of effective forces the energy density reads

$$
\mathcal{H}^{\text{Skyrme}} = \mathcal{H}^{\rho} + \mathcal{H}^{\nabla},\tag{8}
$$

$$
\mathcal{H}^{\rho} = \mathcal{T} + \mathcal{H}_0 + \mathcal{H}_3 + \mathcal{H}_{eff}, \tag{9}
$$

where \mathcal{T} gathers the kinetic-energy densities $\tau_i =$ $3(3\pi^2)^{2/3}\rho_i^{5/3}/5$ of both nucleonic Fermi gases, \mathcal{H}_0 is a zero-range two-body term, H_3 is a three-body term, which is recast as a density-dependent, zero-range two-body contribution, and H_{eff} is an effective-mass term. As a whole, Eq. [\(9\)](#page-2-0) defines the bulk energy density $\mathcal{H}^{\rho}(\rho_n, \rho_p)$ of Eq. [\(1\)](#page-1-0). Additionally, the term \mathcal{H}^{∇} , which depends on the gradients of the neutron and proton densities, simulates finite-range effects of the interaction, and vanishes for uniform density distributions. Apart from the factor $2m/\hbar^2$, it provides the constant ϑ_{ij}^0 coefficients that enter the non-homogeneous energy density $\mathcal{H}^{\rho'}(\nabla \rho_n, \nabla \rho_p)$ in Eq. [\(1\)](#page-1-0).

The interaction terms are explicitly given by

$$
\mathcal{T} = \frac{\hbar^2}{2m} (\tau_n + \tau_p), \tag{10}
$$

$$
\mathcal{H}_0 = \frac{t_0}{4} \big[(2 + x_0) \rho^2 - (2x_0 + 1) \big(\rho_p^2 + \rho_n^2 \big) \big],\tag{11}
$$

$$
\mathcal{H}_3 = \frac{t_3 \rho^{1/6}}{24} \big[(2 + x_3) \rho^2 - (2x_3 + 1) \big(\rho_p^2 + \rho_n^2 \big) \big], \quad (12)
$$

$$
\mathcal{H}_{\text{eff}} = [t_1(2+x_1) + t_2(2+x_2)] \frac{\rho(\tau_n + \tau_p)}{8} + [t_2(2x_2 + 1) - t_1(2x_1 + 1)] \frac{\tau_p \rho_p + \tau_n \rho_n}{8}, \quad (13)
$$

$$
\mathcal{H}^{\nabla} = \frac{3}{32} [t_1(1 - x_1) - t_2(1 + x_2)][(\nabla \rho_n)^2 + (\nabla \rho_p)^2] + \frac{1}{16} [3t_1(2 + x_1) - t_2(2 + x_2)] \nabla \rho_n \cdot \nabla \rho_p, \quad (14)
$$

with parameters $[27,28]$ $t_0 = -2488.91$ MeV fm³, $t_1 = 486.82$ MeV fm⁵, $t_2 = -546.39$ MeV fm⁵, $t_3 =$ 13777.0 MeV fm⁴, $x_0 = 0.834$, $x_1 = -0.344$, $x_2 = -1.0$, and $x_3 = 1.354$.

By means of Eq. [\(8\)](#page-2-0), the β equilibrium in the bulk can be locally determined in terms of the asymmetric density $\delta =$ $(\rho_n - \rho_p)\rho$ by the condition $\mu_n = \mu_p + \mu_e$ as

$$
\left(\frac{\hbar^2}{2m} + \frac{C_1}{8}\rho\right) \left(3\pi^2 \frac{\rho}{2}\right)^{2/3} [(1+\delta)^{2/3} - (1-\delta)^{2/3}]
$$

\n
$$
-\frac{t_0}{2}\rho \delta (1+2x_0) - \frac{t_3}{12}(2x_3+1)\delta \rho^{7/6}
$$

\n
$$
+\frac{3\pi^2}{5}C_2\left(\frac{\rho}{2}\right)^{5/3} [(1+\delta)^{5/3} - (1-\delta)^{5/3}]
$$

\n
$$
-\hbar c (3\pi^2 \rho_e)^{1/3} = 0,
$$
\n(15)

where the coefficients $C_1 = t_1(2 + x_1) + t_2(2 + x_2)$ and $C_2 =$ $t_2(2x_2 + 1) - t_1(2x_1 + 1)$, which enter the Skyrme energy density through H_{eff} , are related to the neutron and proton effective masses by

$$
\left(\frac{m}{m^*}\right)_n = 1 + \frac{2m}{\hbar^2} [C_1 \rho + C_2 \rho_n],
$$

$$
\left(\frac{m}{m^*}\right)_p = 1 + \frac{2m}{\hbar^2} [C_1 \rho + C_2 \rho_p].
$$
 (16)

The numerical solution to Eq. (15) is represented in the top panel of Fig. 1 for static conditions and assuming local electric charge balance $\rho_e = \rho_p$. As can be seen, in the case of the SLy4 interaction the asymmetry decreases for increasing nuclear density. The corresponding chemical potentials are

FIG. 1. (a) Asymmetric density, (b) bulk chemical potential, and (c) particle current density as a function of the total density of nuclear matter in β and electric-charge equilibrium, as given by the effective nuclear interaction SLy4. The chemical potentials are represented for static and dynamical equilibrium with relative velocity $2|\mathbf{V}| = 0.2c$ between proton and neutron superfluids.

depicted in the middle panel of Fig. 1. For large asymmetries, well above its neutron drip value, the neutron chemical potential is positive, owing to the repulsive character of the neutron-neutron interactions, whereas the proton chemical potential is strongly negative due to the attractive neutron-proton interaction (see Ref. [\[45\]](#page-11-0) for more details).

The response function ρ_{np} , which determines the entrainment, is also obtained consistently with the help of the same SLy4 effective force used to describe the nucleon-nucleon interaction. Following Ref. [\[31\]](#page-10-0) one gets

$$
\varrho_{np} = \alpha \rho_n \rho_p,\tag{17}
$$

where the constant α depends on the parameters of the Skyrme force as

$$
\alpha = -\frac{m}{2} \bigg[t_1 \bigg(1 + \frac{x_1}{2} \bigg) + t_2 \bigg(1 + \frac{x_2}{2} \bigg) \bigg],\tag{18}
$$

which in the case of the SLy4 interaction takes the value $\alpha \approx -1.566$ fm³.

III. STATIONARY STATES

The superfluid equations (4) and (6) admit constant density $\{\rho_n^0, \rho_p^0\}$ stationary solutions with constant relative velocity $\mathbf{v}_{pn}^0 = \mathbf{v}_p^0 - \mathbf{v}_n^0$. For the sake of simplification, we choose superfluid velocities with equal modulus and opposite direction $\mathbf{v}_p^0 = -\mathbf{v}_n^0 = |\mathbf{V}|$, which implies $\mathbf{v}_{pn}^0 = 2|\mathbf{V}|$. For these states, the total chemical potentials at equilibrium $\{\mu_n^0, \mu_p^0\}$ are

$$
\mu_n^0 = \mu_n(\rho_n^0, \rho_p^0) + \frac{m|\mathbf{V}|^2}{2} (1 - 4\alpha \rho_p^0),
$$

$$
\mu_p^0 = \mu_p(\rho_n^0, \rho_p^0) + \frac{m|\mathbf{V}|^2}{2} (1 - 4\alpha \rho_n^0),
$$
 (19)

and the corresponding particle current densities

$$
\mathbf{j}_n^0 = -(\rho_n^0 - 2\alpha \rho_p^0) |\mathbf{V}|, \quad \mathbf{j}_p^0 = (\rho_p^0 - 2\alpha \rho_n^0) |\mathbf{V}|, \quad (20)
$$

so that the total current density is $\mathbf{j}^0 = -(1 + 2\alpha)\delta^0 \rho^0 |\mathbf{V}|$. To give a more concrete idea of the influence of the relative superfluid velocity, we have represented the equilibrium quantities for $|\mathbf{V}| = 0.1c$ (where *c* is the speed of light) in the middle and lower panels of Fig. [1.](#page-3-0) The increase in the chemical potential with respect to the static case $(|V| = 0)$ is around 10% for protons and 17% for neutrons at saturation density. The chemical potential of electrons follows from the local charge and $β$ equilibrium.

A comment about the relative velocity $|V| = 0.1c$ and its potential relevance with respect to observational phenomena is in order. Such a value, typical of the stationary states considered, is of the order of the speed-of-sound modes in the condensates (see below), and therefore it is relevant at the mesoscopic level of our model, and then potentially relevant for the thermal evolution of the neutron stars [\[20\]](#page-10-0). However, it is considerably higher than the estimates for the relative superfluid velocity derived from plausible rotational lags associated with glitches [\[46\]](#page-11-0), so a direct causal connection between the generation of glitches and the sustainability of such superfluid flows cannot be established. In this respect, the scalability of our results up to the macroscopic length scales of the neutron star is an open question that will be addressed elsewhere.

A. Linear excitations

The dynamical stability of the stationary states can be studied by analyzing the spectrum of linear excitations. To do so, we introduce a generic perturbation on the equilibrium state, as $\{\rho_j, \mathbf{v}_j\} \to \{\rho_j^0 + \delta \rho_j, \mathbf{v}_j^0 + \delta \mathbf{v}_j\}$, substitute the perturbed quantities into the equations of motion [\(4\)](#page-2-0) and [\(6\)](#page-2-0), and keep terms up to linear order in the perturbations. In matrix form, the resulting linearized equations read

$$
\frac{\partial U}{\partial t} = -\nabla(\mathcal{B}U) \tag{21}
$$

where *U* is the vector of perturbations $[\delta \rho_n, \delta \rho_p, \delta \mathbf{v}_n, \delta \mathbf{v}_p]^T$, and the linear operator B is given in terms of the equilibrium quantities by

$$
\mathcal{B} = \begin{pmatrix} \frac{\mathbf{j}_n}{\rho_n} & \frac{\mathcal{Q}_{np}}{\rho_p} \mathbf{v}_{pn} & \mathcal{Q}_{nn} & \mathcal{Q}_{np} \\ -\frac{\mathcal{Q}_{np}}{\rho_n} \mathbf{v}_{pn} & \frac{\mathbf{j}_p}{\rho_p} & \mathcal{Q}_{np} & \mathcal{Q}_{pp} \\ \frac{\mathcal{Q}_{nm}}{m} & \frac{\mathcal{Q}_{np}}{m} - \frac{\alpha}{2} \mathbf{v}_{pn}^2 & \frac{\mathbf{j}_n}{\rho_n} & -\frac{\mathcal{Q}_{np}}{\rho_n} \mathbf{v}_{pn} \\ \frac{\mathcal{Q}_{pn}}{m} - \frac{\alpha}{2} \mathbf{v}_{pn}^2 & \frac{\mathcal{Q}_{pp} + e\Phi}{m} & \frac{\mathcal{Q}_{np}}{\rho_p} \mathbf{v}_{pn} & \frac{\mathbf{j}_p}{\rho_p} \end{pmatrix},
$$
\n(22)

where the stationary (0) superscripts have been omitted in the matrix elements for the sake of uncluttered expressions. We have introduced the operators

$$
g_{ij} = \frac{\partial \mu_i}{\partial \rho_j} - \frac{\hbar^2}{2m} \vartheta_{ij} \nabla^2,
$$
 (23)

which gather interaction and dispersion contributions. The former contribution plays the role of an interaction strength, either intracomponent g_{nn} and g_{pp} , or intercomponent g_{np} = *gpn*, reflecting the density coupling between neutrons and protons.

Although the stationary state (19) presents both β equilibrium and electric charge equilibrium, one can consider linear perturbations in Eq. (21) that break locally these equilibria. However, for the sake of simplicity, our approach does not consider the breaking of the β equilibrium as a source of perturbations (see, for instance, Ref. [\[47\]](#page-11-0) on the nonequilibrium β processes).

To account for electric charge perturbations, we make use of the linear response of collisionless electrons to estimate the corresponding perturbed electric potential. This response is accurately provided by the random-phase approximation for ultrarelativistic electrons as $4\pi e \delta \rho_e = k^2 (\varepsilon_e - 1) \delta \Phi$, with dielectric constant $\varepsilon_e(k) \sim 1 + 4\pi e^2 (3\rho_e/\pi)^{2/3} / (\hbar c k^2)$ at zero frequency $[20,41]$. This estimate applies for small wave numbers and energies against the corresponding electronic Fermi values; for instance, at $\rho = 0.16$ fm⁻³ and a proton fraction of $\rho_p/\rho = 0.05$, this means $k < 0.61$ fm⁻¹ and $\hbar \omega < 120$ MeV. The zero-frequency assumption is justified whenever $\omega \ll kc$, which lies within the error margins of the present model for the typical modes that we find in our calculations (up to $\omega \sim 0.3kc$). According to this prescription, in Eq. (22) we have made the approximation $e\Phi \approx 4\pi e^2/(\varepsilon_e k^2)$. For later use in the long-wavelength limit $k \to 0$, we also define the quantity $g_{ee} = \partial \mu_e / \partial \rho_e = (3 \rho_e / \pi)^{2/3} / (\hbar c)$, which is related to the compressibility κ of the ultrarelativistic Fermi gas by the relation $\kappa^{-1} = g_{ee} \rho_e$. Overall, we neglect the electronic damping associated with the imaginary part of the dielectric constant (Im[ε_e] $\propto \omega k^{-3}$) [\[41\]](#page-10-0) since it is expected to have significant effects at much smaller wave numbers (e.g., $k <$ 0.1 fm⁻¹ at $\rho = 0.16$ fm⁻³) than the relevant wave numbers for instabilities considered here.

The translational invariance of the matrix (22) allows for the expansion of the perturbation in plane waves $U(\mathbf{r}, t) =$ $\sum_{\mathbf{k}} U_{\mathbf{k}} \exp[i(\omega t - \mathbf{k} \cdot \mathbf{r})]$, and so the dispersion relations $\omega(\mathbf{k})$ can be readily obtained as the algebraic solution of the linear system (21) . Notice that this system consists of two scalar equations for the density perturbations and two vector equations for the velocity perturbations; therefore, for general vector perturbations, the excitation frequencies ω are

FIG. 2. Linear excitation energies in a uniform state with total density $\rho = 0.16$ fm⁻³ and several relative superfluid velocities $\mathbf{v}_{pn} = 2|\mathbf{V}|$. The dispersion contains only stable, real frequencies for $|\mathbf{V}| = 0$ and 0.075*c* (top panel), whereas it includes complex frequencies (unstable excitations) for $|V| = 0.125c$ (middle and bottom panels). The dashed lines in the top panel trace the speed of sound of superfluid neutrons (higher slope) and superfluid protons (lower slope) when considered alone (see text). The insets show enlargements of the rotonic regions, below (top-panel inset) and beyond (middle-panel inset) the relative velocity threshold for the onset of instabilities.

the solutions of an eigenvalue problem with a characteristic eighth-order polynomial. Since we are interested in the dynamical effects of the relative velocity, from now on we focus on density and velocity perturbations along the direction of the relative velocity; that is, with wave number $k = \mathbf{k} \cdot \mathbf{V}/|\mathbf{V}|$, and neglect the perturbations in the perpendicular direction. In this case, the dispersion relations derived from Eq. (21) are obtained as the roots of a fourth-order characteristic polynomial in the variable ω/k (see the Appendix for details). The dispersion shows two qualitatively different regions, a phonon part at low *k* where $\omega \propto k$, and a particle part at high *k* where $\omega \propto k^2$ (see top panel of Fig. 2).

Although these features are typical of the spectrum of linear excitations in a gas of condensed bosons [\[36\]](#page-10-0), the

underlying Fermi gases pose additional constraints on the excitation of collective modes. It is well known that, in the presence of fermionic pairing, there exist bosonic excitations at low wave number (phonons), the so-called Bogoliubov-Anderson modes [\[48\]](#page-11-0), which lay (in a system of electrically neutral particles) within the superfluid gap. But the Fermi gases also present fermionic (quasiparticle) excitations that lead to fermion-pair breaking, found typically at twice the gap energy. Therefore, the pair-breaking excitations represent an energy threshold beyond which the collective modes are damped [\[49\]](#page-11-0) (see also Ref. [\[50\]](#page-11-0) for a discussion in ultracold gases). It is then crucial to account for the typical values of the superfluid energy gaps in order to determine the undamped collective modes below the mentioned threshold.

We estimate the available energy range for collective excitations from the calculated nucleonic ${}^{1}S_{0}$ and ${}^{3}P F_{2}$ pairing gaps of Ref. [\[51\]](#page-11-0), for protons and neutrons, respectively, which are calculated at the BCS level with single-particle energies obtained with the Brückner-Hartree-Fock approach including two-body (Argonne v_{18}) and three-body (Urbana UIX) forces. In the range of nuclear densities of the outer core, the neutron ${}^{3}P F_2$ pairing increases approximately with a linear slope 0.23 MeV fm³ up to ≈0.8 MeV at $\rho = 0.24$ fm⁻³. The proton ${}^{1}S_{0}$ pairing shows a nonmonotonic behavior (approximately as an inverted parabola) that reaches a maximum of ≈ 0.8 MeV close to nuclear saturation density (see also Refs. [\[52,53\]](#page-11-0)). According to these values, the relevant collective modes of Fig. 2, for $\rho = 0.16$ fm⁻¹ and neutron energy gap ≈ 0.4 MeV [see Fig. 2(c) in Ref. [\[51\]](#page-11-0)], are those below the pair-breaking energy limit $|\hbar\omega| \lesssim 0.8$ MeV. Notice that these thresholds apply to static systems $(|V| = 0)$, whereas in moving systems they have to be measured [as the chemical potentials in Eq. [\(19\)](#page-4-0)] with respect to the kinetic-energy-shifted Fermi levels; for instance, for $|V| = 0.125c$, the kineticenergy shift amounts to 4.9 MeV in neutrons and 9.2 MeV in protons. Although the particle-like region of the spectrum of collective excitations is effectively suppressed above this threshold by the pair-breaking excitations, the lowest energy modes remain undamped. Within this energy window, along with phonons, as we show below, rotonlike modes can be found at intermediate wavelengths.

1. Simplified linear models

Before discussing the general dispersion, it is instructive to look first at simple cases of phonon modes. For the static equilibrium ($\mathbf{v}_i = \mathbf{0}$) in the absence of entrainment ($\varrho_{np} = 0$), the continuity equations [\(4\)](#page-2-0) are decoupled, whereas the mo-mentum equations [\(6\)](#page-2-0) are coupled by density terms $[g_{np}(k)]$ 0) < 0 for ρ < 0.21 fm⁻³]; then, within the long-wavelength limit $k \to 0$, the dispersion can be approximated by

$$
\omega_{(Q_{np}=0)} = \pm k \left[\frac{c_n^2 + c_p^{*2}}{2} \pm \sqrt{\left(\frac{c_n^2 - c_p^{*2}}{2}\right)^2 + c_{np}^4} \right]^{\frac{1}{2}}, \quad (24)
$$

where $c_n = \sqrt{g_{nn} \rho_n/m}$ and $c_p = \sqrt{g_{pp} \rho_p/m}$ are, respectively, the speed of sound in the neutron and proton $\sqrt{|g_{np}|}\sqrt{\rho_n\rho_p}/m$ is an analogous speed term associated with superfluids (when considered alone), and $c_{np} =$

the density coupling. The effective speed of sound for protons $c_p^* = (c_p^2 + g_{ee} \rho_p / m)^{1/2}$, assuming charge equilibrium, includes an electronic contribution accounted for by means of g_{ee} . For example, at $\rho = 0.16$ fm⁻³, one gets $c_n = 0.22c$, $c_p = 0.1c$, and $c_p^* = 0.23c$; the resulting speed of sound of the excitations is $c_{(\rho_{np}=0)} = \omega_{(\rho_{np}=0)}/k = \pm 0.24c$ for the top and bottom branches of the dispersion, and $\pm 0.21c$ for the intermediate branches. These values reflect a high influence of the electron gas at very low wave number, typically at $k < 0.1$ fm⁻¹; beyond this region, the dispersion branches show a tendency that is better captured by slopes given by *cn*, and c_p (represented by dashed lines in the top panel of Fig. [2\)](#page-5-0).

In the excitation spectrum associated with the asymptotic dispersion [\(24\)](#page-5-0), the velocity components follow the density component of the modes as $\delta v_p/\delta v_n = (\rho_n/\rho_p)\delta \rho_p/\delta \rho_n$, which can show a (proton to neutron) in-phase character $\delta \rho_p/\delta \rho_n > 0$, corresponding to the lower (in absolute value) energy branches, or an out-of-phase character $\delta \rho_p/\delta \rho_n < 0$, corresponding to the higher-energy branches in the top panel of Fig. [2.](#page-5-0) Notice that all the stable modes (having pure real frequencies in the dispersion) can be chosen to have only real components, so $U_k \in \mathbb{R}$ (see Fig. [4](#page-8-0) for the complete spectrum without approximation and varying wave number). Conversely, the unstable modes can be complex $U_k \in \mathbb{C}$, although the real constraint on the perturbed quantities implies $U_{\bf k} = \pm U^*_{-{\bf k}}.$

On the other hand, when the density coupling in the energy-density functional is neglected $(g_{np} = 0)$, so that the momentum equations [\(6\)](#page-2-0) become decoupled whereas the entrainment keeps the continuity equations [\(4\)](#page-2-0) coupled, the static equilibrium leads to the following dispersion of linear excitations in the phononic limit $k \to 0$:

$$
\omega_{(g_{np}=0)} = \pm k \left[\frac{c_{nn}^2 + c_{pp}^{* \ 2}}{2} \pm \sqrt{\left(\frac{c_{nn}^2 - c_{pp}^{* \ 2}}{2}\right)^2 + c_{\alpha}^4} \right]^{\frac{1}{2}},\tag{25}
$$

where now $c_{nn} = \sqrt{g_{nn} \rho_{nn}/m}$, and $c_{pp}^* = \sqrt{c_{pp} + g_{ee} \rho_{pp}/m}$, with $c_{pp} = \sqrt{g_{pp} \rho_{pp} / m}$, are the speeds of sound modified by the entrainment, and

$$
c_{\alpha} = \sqrt{\sqrt{g_{nn}(g_{pp} + g_{ee})} \varrho_{np}/m}
$$

is a specific speed term associated with the entrainment coupling. From examination of Eqs. (24) and (25) , one can see that both types of coupling, either density or entrainment coupling, produce a qualitatively similar type of phonon excitations. Again, the velocity components follow the density components of the modes as per $\delta v_p / \delta v_n =$ $(c_{pp}/c_{nn})^2(\rho_n/\rho_p)\delta\rho_p/\delta\rho_n$, with the in-phase (out-of-phase) modes corresponding to the lower (higher) energy branches. For concreteness, at $\rho = 0.16$ fm⁻³, the speeds of sound are $c_{(g_{np}=0)} = \omega_{(g_{np}=0)}/k = \pm 0.26c$ and $\pm 0.22c$ for the four branches. At low wave number $k < 1$, but beyond the zone of influence of the electron gas, the dispersion in the absence of density coupling is well approximated by linear branches

of slope $c_{nn} = 0.22c$ and $c_{pp} = 0.11c$. Note that the presence of entrainment changes neither quantitatively the phonon velocities, since $c_{nn} \approx c_n$ and $c_{pp} \approx c_p$, nor qualitatively the dispersion branches, which are monotonically growing in energy for increasing wave number.

Finally, if both entrainment and density coupling are neglected, but relative superfluid velocity 2|**V**| is considered, the dispersion at $k \to 0$ shows shifted sound speeds $\omega_{(p_{np}=0,g_{np}=0)} = k(\pm \mathbf{c}_n - |\mathbf{V}|)$ and $\omega_{(p_{np}=0,g_{np}=0)} = k(\pm \mathbf{c}_p^* + \mathbf{v}_p^*$ |**V**|), as corresponds to decoupled superfluids. For comparison with the previous cases, at $\rho = 0.16$ fm⁻³ and $|V| = 0.1c$ one gets $c_{(Q_{np}=0,g_{np}=0)} = -0.32c$ and $0.12c$ for neutrons, and $0.33c$ and −0.13*c* for protons. The effect of the relative velocity on the whole dispersion tends to separate the higher (in absolute value) energy branches, and to get closer the lower energy branches (see top panel of Fig. [2\)](#page-5-0); the latter ones can eventually collide and, as a result, produce instabilities.

2. Full linear model

In the general case, by combining density and entrainment coupling with a relative superfluid velocity, the plane-wave solutions to the linear system (21) gives rise to a generic fourth-order polynomial for the excitation frequencies. Its cumbersome analytical solution is, however, easily obtained numerically. Figure [2](#page-5-0) shows the linear-excitation frequencies for total nuclear matter density $\rho = 0.16$ fm⁻³ and several relative velocities. The top panel compares the excitations of the static equilibrium $|V| = 0$ and the dynamical equilibrium at $|\mathbf{V}| = 0.075c$. The symmetric branches (with respect to the zero frequency) at $|V| = 0$ contrast with the asymmetric dispersion in the presence of relative velocity. The dispersion of the static equilibrium is characterized by a phonon region at low wave number $k \to 0$, which can be reasonably approximated by Eq. (24) . In the dynamical equilibrium, as can be better seen in the inset, the lower-energy (in absolute value) branches bend towards each other and develop a rotonic structure with a minimum phase velocity ω/k at nonzero momentum, as can be seen for $|V| = 0.075c$. Further increase in the relative velocity of the system, as shown in the lower pan-els of Fig. [2](#page-5-0) for $|V| = 0.125c$, leads to a dynamical instability associated with complex excitation energies. The unstable region covers a limited range of intermediate wave numbers $k \in [0.16, 0.49]$ fm⁻¹ (see the bottom panel of Fig. [2\)](#page-5-0) between mode bifurcations. The growth rate of these instabilities is expected to be exponential at small times (roughly until the moment when the perturbation amplitudes reach values of the same order as the equilibrium quantities), and the typical time τ for their development is inversely proportional to the maximum value of the imaginary frequencies $\tau \propto \text{Im}[\omega]^{-1}$. For the unstable case depicted in the middle and bottom panels of Fig. [2,](#page-5-0) this linear time estimate is $2\pi \omega_{\text{max}}^{-1} = 4.1 \times 10^{-21}$ s. Notice that this value (calculated in the linear regime) is not the time it takes for the superfluids to decay from their equilibrium state, which is a subsequent nonlinear process. For comparison, it is worth pointing out that the linear estimate is 2.4 times longer than the period of the proton plasmon, $\tau_p = 1.7 \times 10^{-21}$ s (as calculated for decoupled protons).

B. Rotonic structures and instabilities

Roton excitations were introduced by Landau in order to explain the varying dynamics of superfluid helium with temperature [\[54\]](#page-11-0). While long-wavelength modes (phonons) were the main contribution to the superfluid excitations near zero temperature, short-wavelength modes around a minimum in the dispersion curve (rotons) were the dominant type of excitations at slightly higher temperatures (see, e.g., Ref. [\[55\]](#page-11-0) for a microscopic characterization of roton excitations in liquid helium). Differently from phonons and due to the minimum in the dispersion diagram, the group velocity of rotons vanishes, and the roton modes are localized in a region of the order of the inverse wave number k_r^{-1} corresponding to the local energy minimum. On the other hand, rotons present the lowest phase velocity of the collective superfluid excitations, and so, following the Landau's criterion, they are expected to mark a threshold for the critical velocity of an external probe capable to excite the superfluid. Still, this collective excitation threshold competes with the fermionic critical velocity associated with the pair-breaking excitations [\[50\]](#page-11-0).

As can be seen in Fig. $3(a)$, which zooms in the bottom inset of Fig. [2](#page-5-0) to represent the lowest positive-energy branch (solid line) of the dispersion at $\rho = 0.16$ fm⁻³, the two-superfluid system of the inner core develops rotonic structures in the presence of relative superfluid velocity. For $|\mathbf{V}| = 0.075c$, the minimum phase velocity $\omega/k \approx 0.0085c$ is reached at $k \approx 0.4$ fm⁻¹, nearby the roton minimum at k_r , and it is given by the tangent to the dispersion curve passing through the origin (dashed line). The tangent decreases for increasing relative superfluid velocity. Notice that, although the negative branches of the dispersion [not shown in Fig. $3(a)$] are not the mirror reflection of the positive branches with respect to the zero-energy axis (due to the effect of combined population imbalance and relative motion), they follow a symmetric trend by decreasing their negative phase velocities. For high enough relative superfluid velocity, the two mentioned dispersion branches intersect at their respective rotonic regions, marking the threshold for dynamical instabilities. Beyond this threshold, the growth of the unstable (rotonic) modes from small perturbations during the time evolution of the system can eventually produce the decay of the stationary state.

The whole instability region predicted by the present model is depicted in the density-velocity map of Fig. $3(b)$. The system shows a relative velocity threshold for the onset of instabilities that increases (approximately) linearly with the total density. Most of the unstable region is dominated by rotonic instabilities, and only the region encircled by the continuous line contains unstable modes at zero quasimomentum, which is the only unstable region found if only homogeneous terms are considered in the energy density. Therefore, the results reported in this paper generalize previous work on dynamical instabilities in the two-superfluid outer core [\[20,33\]](#page-10-0), where only phonon instabilities were identified.

C. Spectrum of linear excitations

A common feature of the spectrum that appears at both zero and nonzero relative velocity is the crossing of in-

FIG. 3. (a) Rotonic structure in the dispersion of linear excitations of a uniform state with relative superfluid velocity $\mathbf{v}_{pn} =$ $2|V| = 0.15c$. The roton minimum belongs to the lowest positiveenergy branch and takes place at $k_r = 0.31$ fm⁻¹. Simultaneously there exists a rotonic structure in the highest negative-energy branch that presents a maximum. (b) Range of unstable uniform states (yellow) in the presence of relative superfluid velocity $\mathbf{v}_{pn} = 2|\mathbf{V}|$. The region encircled by the continuous line indicates the presence of unstable modes with wave number $k = 0$. The staircase boundary lines are due to numerical resolution.

and out-of-phase modes; see e.g., Fig. [4,](#page-8-0) where the crossing takes place in the range of $k \in [1, 1.2]$ fm⁻¹ at $\rho =$ 0.16 fm⁻³. As predicted by the simplified phononic models represented by Eqs. [\(24\)](#page-5-0) and [\(25\)](#page-6-0), in the limit $k \to 0$, the spectrum is made of proton to neutron in-phase modes at low energy, and out-of-phase modes at high energy. This fact reflects the phase locking character of both density and entrainment couplings, which take negative values in the mentioned limit, $g_{np}(k = 0) = (\partial \mu_n / \partial \rho_p) < 0$ [although $g_{np}(k = 0) > 0$ for $\rho > 0.21$ fm⁻³] and $\rho_{np} < 0$. However, the coupling terms in Eq. (22) are modified for varying wave number and nonzero relative velocity. In particular, the density coupling becomes [see Eq. [\(23\)](#page-4-0)] $g_{np} - \alpha m |\mathbf{V}|^2 / 2 =$ $(\partial \mu_n / \partial \rho_p) + \vartheta_{np} (\hbar k)^2 / 2m - \alpha m |\mathbf{V}|^2 / 2$, and even at zero velocity $|V| = 0$ the positive *k*-dependent term competes with the negative chemical-potential derivative to give a definite sign to the coupling. For high enough wave number k^2 > $2m|\partial \mu_n/\partial \rho_p|/(\hbar^2 \vartheta_{np})$, the density coupling changes sign and the spectrum modes reverse their phase character (either in phase or out of phase). Due to the entrainment coupling, this

FIG. 4. Excitation modes of constant density states with nuclear density $\rho = 0.16$ fm⁻³, and relative velocity (a) $|V| = 0$, top panels, and (b) $|V| = 0.075c$, bottom panels, corresponding to the dispersion relations depicted in the top panel of Fig. [2.](#page-5-0) The label ω_l (ω_h) indicates the correspondence of the mode branch with the lowest-energy (highest-energy) branches of the dispersion; analogously, the label ω_r refers to the rotonic branch of the dispersion. The continuation of this latter branch in the velocity component panels at high $k > 1.2$, at high positive values $\delta v_p/\delta v_n > 0$, is not captured by the graph scale. Since the systems are dynamically stable, all modes are chosen to have only real components. The insets zoom in to the low wave number range in order to see the in- and out-of-phase character between neutron and proton modes.

 1.0

 1.5

 k (fm⁻¹)

 2.0

 2.5

 $\mathbf 0$ -20

 -40

 0.0

 ω

 0.5

mode crossing is not simultaneous for velocity and density components, and there exists a transition region for a small range of wave numbers where the velocity perturbations do not follow the phase character of the density perturbations; that is, one can observe modes having in-phase velocity components and out-of-phase density components. However, in general, in the range of wave numbers where the crossing

expected to be damped. More relevantly, the presence of relative velocity breaks the degeneracy between excitation branches of the spectrum, reflecting the underlying asymmetric dispersion. When $|V| = 0$ (see top panels of Fig. 4), the spectrum shows only two curves, each of them corresponding to two overlapped branches of linear excitations with opposite phase velocities. The modes labeled by ω_l (ω_h) correspond to the lowest-energy (highestenergy) branches of the dispersion. This correspondence is reversed after the previously mentioned mode crossing. When $|\mathbf{V}| \neq 0$, as can be seen in the bottom panels of Fig. 4, the mode branches split and two new (with respect to the static case) curves can be seen to emerge. Two of the mode branches are close to pure neutronic excitations, since $\delta v_p/\delta v_n \sim$ $\delta \rho_p/\delta \rho_n \approx 0$ (see insets). The key difference introduced by the relative velocity is the fact that one of the branches contains modes (labeled ω_r) belonging to the rotonic region of the dispersion (cf. Fig. [3\)](#page-7-0), which combine in-phase density perturbations and out-of-phase velocity perturbations, in spite of the underlying density plus entrainment coupling in this wave-number range, which tends to lock in phase all mode components. This feature is relevant for triggering the dynamical instabilities since the associated rotonic modes occupy the lowest-energy region of the spectrum, and therefore they are not expected to be damped by pair-breaking mechanisms.

The onset of instability at high relative velocity can be understood as a resonant process that occurs at the matching of two excitation frequencies. As can be seen in the bot-tom panels of Fig. [2,](#page-5-0) for $|\mathbf{V}| = 0.125c$, the instability region is delimited by the collisions of the two lowest-energy (in absolute value) branches of the dispersion. The associated unstable modes, whose Fourier components $U_{\bf k}$ are characterized in Fig. [5,](#page-9-0) show clearly the merging process and the appearance of complex components. Notice that, with increasing relative velocity, the rotonic mode branch in the velocity panel of Fig. 4 (at $|V| = 0.075c$) has shifted its position closer to the horizontal axis to meet the other lowenergy branch. These modes involve perturbations that satisfy $\delta \mathbf{v_p}/\delta \mathbf{v_n} \times \delta \rho_p/\delta \rho_n < 0$. Such an opposite relation between the density and the velocity components of the excitation modes, on the top of the dynamical equilibrium of coupled superfluids, is unstable (once the relative velocity is beyond a density-dependent threshold), and it is the expected cause of decay of the stationary configuration.

For each of these modes with wave number **k**, there exist another degenerate unstable mode with opposite wave number −**k**, such that their linear combinations give rise to standing waves of typical wavelength $\approx 2\pi k_r^{-1}$, since the instability appears in the rotonic region of wave numbers. The standingwave pattern involves in-phase density modulations in the proton and neutron superfluids that are opposite (over-density versus under-density) at both sides of each of the standingwave nodes. But, simultaneously, the velocity excitations are out of phase for protons and neutrons, so that one superfluid "accelerates" while the other "decelerates" in between the standing-wave nodes, which become separated by regions of either increasing or decreasing relative velocities; the growth

FIG. 5. Same as Fig. [4](#page-8-0) for an unstable stationary state at total density $\rho = 0.16$ fm⁻³ and relative superfluid motion with $|V| =$ 0.125*c*. The represented modes correspond to the dispersion relations shown in the middle and bottom panels of Fig. [2.](#page-5-0) Inside the region of unstable wave numbers $k \in [0.16, 0.49]$ fm⁻¹, the modes are described by complex components. The main panels depict the real part of the mode components versus wave number, whereas the two insets within each main panel represent their real (top inset) and imaginary (bottom inset) parts.

of these excitations can eventually evolve into quantized superfluid vortices. However, the linear analysis cannot predict the outcome of the nonlinear time evolution of the system. Therefore, whether these density modulations can grow and the associated vortices can emerge, eventually giving rise to a new, stable stationary configuration is beyond the present analysis and will be studied elsewhere.

IV. CONCLUSIONS

In the search for physical phenomena that could be responsible for observational features of neutron stars, such as thermal evolution or timing anomalies, previous works have explored instabilities originated by unstable phonon excitations in the superfluid interior of neutron stars [\[18,20,33\]](#page-10-0). The present work contributes to this exploration in the outer core of neutron stars and generalizes the previous findings by showing that rotonic excitations may also lie at the origin of dynamical instabilities and could eventually lead to emergent vorticity along with modulations of the superfluid density. Since these collective modes are among the lowest-energy excitations, they can remain undamped by pair-breaking effects.

By means of an effective nuclear interaction Skyrme SLy4, and in the presence of dynamical entrainment (computed with the same Skyrme force), we have shown from the linear analysis of the two-superfluid hydrodynamics that the rotonic structures originate at intermediate wave numbers

 $(\approx 0.4 \text{ fm}^{-1})$ in the presence of relative motion between neutron and proton superfluids. Either rotational lag between the two superfluids or star precession could be at the origin of such relative motion, and hence of the associated instabilities [\[21,33,](#page-10-0)[46,56\]](#page-11-0). We have found rotonic instabilities above relative superfluid velocities of $\approx 0.1c$ at $\rho = 0.16$ fm⁻³, a velocity threshold that increases monotonically with the nuclear density. The associated unstable modes present in-phase superfluid densities and out-of-phase superfluid velocities and have a fast exponential growth in the linear regime (typical times of above twice the proton plasmon period have been found at saturation density). The final fate of these modes in the nonlinear regime is beyond the scope of this work.

The effect of alternative nuclear-interaction forces or the specific role of entrainment on roton instabilities present interesting prospects for further study. As far as the entrainment can be expressed in terms of the isovector effective mass [\[32\]](#page-10-0), it would be instructive to test the impact of energy functionals with different effective masses on the appearance of rotons.

Our simplified nonrelativistic model (see Ref. [\[57\]](#page-11-0) for a relativistic approach) does not include the Landau damping associated with the electron gas $[20,41]$, the mutual friction between superfluids from underlying vorticity [\[14,34\]](#page-10-0), the viscosity from a normal fluid [\[35\]](#page-10-0), nor magnetic-field effects [\[23,](#page-10-0)[58\]](#page-11-0). These features will be considered in future works.

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APPENDIX: DISPERSION OF LINEAR EXCITATIONS

It is useful to rewrite the linear matrix (22) as a block matrix:

$$
\mathcal{B} = \begin{pmatrix} \mathcal{V} & \mathcal{P} \\ \mathcal{G} & \mathcal{V}^T \end{pmatrix},\tag{A1}
$$

where the 2×2 blocks are

$$
\mathcal{V} = \begin{pmatrix} u & w \\ -w & v \end{pmatrix} = \begin{pmatrix} \frac{\mathbf{j}_n}{\rho_n} & \frac{\varrho_{np}}{\rho_p} \mathbf{v}_{pn} \\ -\frac{\varrho_{np}}{\rho_n} \mathbf{v}_{pn} & \frac{\mathbf{j}_p}{\rho_p} \end{pmatrix},
$$

$$
\mathcal{P} = \begin{pmatrix} \varrho_{nn} & \varrho_{np} \\ \varrho_{np} & \varrho_{pp} \end{pmatrix}, \quad \mathcal{G} = \begin{pmatrix} \mathcal{G}_{nn} & \mathcal{G}_{np} \\ \mathcal{G}_{np} & \mathcal{G}_{pp} \end{pmatrix}.
$$
(A2)

After the Fourier expansion of the perturbations in Eq. (21) , only the symmetric block G depends on the wave number *k*, with elements given by $m\mathcal{G}_{nn} = \partial_n \mu_n + \partial_{nn} \hbar^2 k^2 / 2m$, $m\mathcal{G}_{np} = \partial_p \mu_n - \alpha |\mathbf{v}_{pn}|^2/2 + \partial_{np} \hbar^2 k^2/2m$, and $m\mathcal{G}_{pp} =$ $\partial_p \mu_p + \partial_{pp} \hbar^2 k^2 / 2m + [\mu_e^2 / (\pi^2 \hbar^3 c^3) + k^2 / (4 \pi e^2)]^{-1}$, where ∂_j denotes the partial derivative with respect to the density ρ_j .

The dispersion follows from the characteristic polynomial $|\mathcal{B} - \lambda I| = 0$, with $\lambda \equiv \omega_k / k$; explicitly,

$$
\lambda^{4} - 2\lambda^{3}(u + v) + \lambda^{2}[(u + v)^{2} + 2|\mathcal{V}| - \text{Tr}(\mathcal{GP})]
$$

\n
$$
- 2\lambda[(u + v)(|\mathcal{V}| - \varrho_{np}\mathcal{G}_{np}) + w\varrho_{np}(\mathcal{G}_{nn} - \mathcal{G}_{pp})
$$

\n
$$
- w\mathcal{G}_{np}(\varrho_{nn} - \varrho_{pp}) - u\varrho_{pp}\mathcal{G}_{pp} - v\varrho_{nn}\mathcal{G}_{nn}]
$$

\n
$$
+ |\mathcal{GP}| + u^{2}v^{2} - u^{2}\varrho_{pp}\mathcal{G}_{pp} - v^{2}\varrho_{nn}\mathcal{G}_{nn}
$$

\n
$$
- 2uv\varrho_{np}\mathcal{G}_{np} + w^{2}(2uv - w^{2})
$$

\n
$$
+ 2\varrho_{np}\mathcal{G}_{np} - \varrho_{pp}\mathcal{G}_{nn} - \varrho_{nn}\mathcal{G}_{pp})
$$

\n
$$
+ 2w[u(\varrho_{pp}\mathcal{G}_{np} - \varrho_{np}\mathcal{G}_{pp}) + v(\varrho_{np}\mathcal{G}_{nn} - \varrho_{nn}\mathcal{G}_{np})]. (A3)
$$

Although there exist analytical solutions for a quartic equation (see, for instance, Ref. [\[59\]](#page-11-0)), they involve cumbersome expressions and we do not write them here, since they do not help with any physical insight. Instead, the numerical solutions are easily found with standard computer algebra software, and the simpler analytical cases, as those com-

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mented in the main text [see Eqs. (24) and (25)], provide a good insight into the trends followed by the solutions as a function of the relevant quantities.

The simplest example corresponds to the static system, $\mathbf{j}_n = \mathbf{j}_p = \mathbf{v}_{pn} = \mathbf{0}$, where the characteristic polynomial (A3) reduces to

$$
\lambda^4 - \lambda^2 \text{Tr}(\mathcal{GP}) + |\mathcal{GP}|,\tag{A4}
$$

and the solutions are

$$
\lambda_{0\pm}^2 = \frac{\text{Tr}(\mathcal{GP})}{2} \pm \sqrt{\frac{\text{Tr}(\mathcal{GP})^2}{4} - |\mathcal{GP}|}. \tag{A5}
$$

This case, without the explicit k dependency of the matrix \mathcal{G} , can be found in the literature (see, e.g., Refs. [18,20]) and can be compared with our results in the limit $k \to 0$; similar sound speeds to those found here (our ω/k for $k \to 0$) have been reported. Notice that the particular values depends on the equation of state selected.

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