# Orientation of hole quantum Hall nematic phases in an out-of-plane electric field

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We present observations of an anisotropic resistance state at Landau-level filling factor $\nu = 5/2$ in a two-dimensional hole system (2DHS), which occurs for certain values of hole density $p$ and average out-of-plane electric field $E_\perp$. The 2DHS is induced by electric-field effect in an undoped GaAs/AlGaAs quantum well, where front and back gates allow independent tuning of $p$ and $E_\perp$, and hence the symmetry of the confining potential. For $p \approx 2 \times 10^{11}$ cm$^{-2}$ and $E_\perp \approx -2 \times 10^5$ V/m, the magnetoresistance along $\langle 01\bar{1} \rangle$ greatly exceeds that along $\langle 011 \rangle$, suggesting the formation of a quantum Hall nematic or "stripe" phase. Reversing the sign of $E_\perp$ rotates the stripes by 90°. We suggest this behavior may arise from the mixing of the hole Landau levels and a combination of the Rashba and Dresselhaus spin-orbit coupling effects.

## I. INTRODUCTION

High quality two-dimensional electron systems (2DESs) in perpendicular magnetic fields with half-filled Landau levels (LLs) display a rich variety of ground states arising from electron-electron interactions. In the lowest ($N = 0$) LL, at half filling of the spin-up (filling factor $\nu = 1/2$) or spin-down states ($\nu = 3/2$), a compressible Fermi liquid of composite fermions is observed [1–3]. Here, $\nu = nh/eB$, where $B$ is the magnetic field and $n$ is the carrier density. In the $N = 1$ LL, at $\nu = 5/2$ and $7/2$, high quality 2DESs show an incompressible fractional quantized Hall (FQH) state [4,5]. At half filling in the higher ($N \geqslant 2$) LLs, the magnetoresistance can become highly anisotropic [6,7], suggesting a transition to a density-modulated "stripe" phase. Indeed, Hartree-Fock theory had predicted the existence of a unidirectional charge density wave state at half filling of high LLs [8–10]. More recent theoretical work [11–15] suggests the stripe phase probably lacks long-range translational order and is more similar to a nematic phase [16]. For GaAs-based 2DESs grown on the (100) surface, in all but a few cases [17–20] the stripes are found to align along the $\langle 011 \rangle$ direction, so that the magnetoresistance along $\langle 01\bar{1} \rangle$ is much higher than along $\langle 011 \rangle$ [21]. Despite much investigation, it is still not clear what symmetry-breaking mechanism causes the stripes to align in this way [20,22–26]. An externally applied symmetry-breaking mechanism, such as an in-plane magnetic field [27–31] or periodic potential modulation [32], can reorient the stripes along $\langle 01\bar{1} \rangle$. In the $N = 1$ LL, the FQH and stripe phases are thought to be very close in energy [33], and with an in-plane magnetic field the FQH states at $\nu = 5/2$ and $7/2$ give way to an anisotropic state [27–29]. Hydrostatic pressure can also bring about a

transition from the $\nu = 5/2$ and $7/2$ FQH states to a nematic phase [34,35].

Two-dimensional hole systems (2DHSs) show somewhat similar behavior to 2DESs [36–40]. However, the FQH states at $\nu = 5/2$ and/or $7/2$ are often replaced by a stripe phase. This has been attributed to Landau-level mixing caused by spin-orbit coupling [38] and/or hole-hole interactions, which become more prominent due to the large effective hole mass [36].

In this paper we present observations of an anisotropic state in a 2DHS in a GaAs quantum well (QW) at $\nu = 5/2$, which we believe to be a nematic/stripe phase. Our 2DHS is completely undoped, and symmetric front and back gates give us freedom to vary independently the 2DHS density and the asymmetry of the confining potential [41,42]. The anisotropic state occurs for a narrow range of densities at sufficiently low temperature. The orientation of the stripes is found to rotate by 90° when the direction of the electric field perpendicular to the 2DHS plane is reversed. We suggest this behavior may arise from a combination of the Rashba and Dresselhaus spin-orbit coupling effects, as predicted in Ref. [43].

## II. METHODS

Our device, illustrated in Fig. 1(a), contains a 2DHS induced by electric-field effect in a 25-nm-wide GaAs QW between two 300-nm-wide Al$_{0.33}$Ga$_{0.67}$As barriers. The wafer is grown by molecular-beam epitaxy on the (100) GaAs surface. The device design and fabrication procedure are similar to those described in Ref. [41]. The semi-insulating substrate is completely removed, leaving a symmetric structure where the 2DHS density $p$ and the out-of-plane electric field $E$ can be varied independently using the voltages $V_{tg}$ and $V_{bg}$ applied to gates on the top and bottom surfaces of the device. We quantify the asymmetry of the confining potential by the dimensionless parameter $\alpha = (E_{top} + E_{bottom})/(E_{top} - E_{bottom})$, where $E_{top(bottom)}$ is the electric field in the barrier

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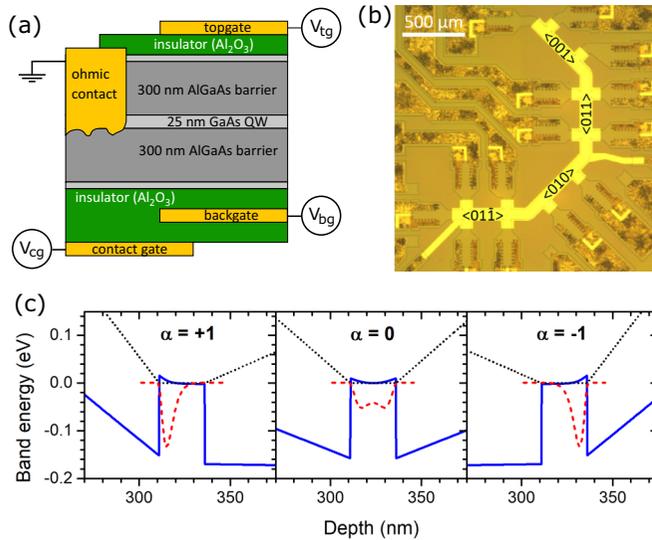
FIG. 1. (a) Schematic side view of the device. (b) Optical image of the top side of the device, before substrate removal and back-side processing. Labels indicate the crystallographic direction of hole transport in each section of the device. (c)–(e) Self-consistently calculated valence-band edge (blue, solid), Fermi energy (black, dotted) and lowest subband wave function (red, dashed) for $p = 2 \times 10^{11}$ cm$^{-2}$ and (c) $\alpha = 1$, (d) $\alpha = 0$, and (e) $\alpha = -1$.

above/below the QW. The electric-field difference ($E_{\text{top}} - E_{\text{bottom}}$) $\propto p$, and we denote the average electric field by $E_\perp = (E_{\text{top}} + E_{\text{bottom}})/2$. Figures 1(c)–1(e) illustrate the valence-band profile and 2DHS wave function for $\alpha = 1$, 0, and $-1$, calculated within an effective-mass approximation at zero magnetic field [44]. For all the densities studied here, only the lowest subband of the QW is occupied [41]. The 2DHS mobility depends on $p$, $\alpha$, and direction, but is generally $> 10^6$ cm$^2$/V s.

The device geometry [Fig. 1(b)] allows measurement of the resistivity $\rho$ along the $\langle 01\bar{1} \rangle$, $\langle 010 \rangle$, $\langle 011 \rangle$, and $\langle 001 \rangle$ directions. Measurements are carried out in a dilution refrigerator with a base temperature of 50 mK, using standard low-frequency ac techniques. Unless otherwise specified, the excitation current is 1.3 nA or less, to limit electron heating.

## III. RESULTS

Our first experimental finding is that at $\nu = 5/2$, for certain densities and degrees of asymmetry, at low enough temperature, we see a large anisotropy in the 2DHS resistivity. Figure 2(a) shows the resistivity as a function of magnetic field $B$ in the $\langle 01\bar{1} \rangle$ and $\langle 011 \rangle$ directions, at $p = 1.91 \times 10^{11}$ cm$^{-2}$ when $\alpha = 0$. At $\nu = 5/2$ the resistivity in both directions is similar in magnitude. As $\alpha$ becomes increasingly positive (negative) the peak in the $\langle 011 \rangle (\langle 01\bar{1} \rangle)$ direction increases while the peak in the $\langle 01\bar{1} \rangle (\langle 011 \rangle)$ direction diminishes. This leads to a large resistivity anisotropy, which is maximized for $|\alpha| \approx 0.10$–0.15 [Figs. 2(b) and 2(c)]. As $|\alpha|$ is further increased, the resistivity peak in the high resistance direction diminishes, so that isotropic behavior is restored for $|\alpha| \gtrsim 0.5$ and signs of FQHSs appear at $\nu = 7/3$ and 8/3 [Figs. 2(d) and 2(e)]. We note that in the anisotropic state, where the
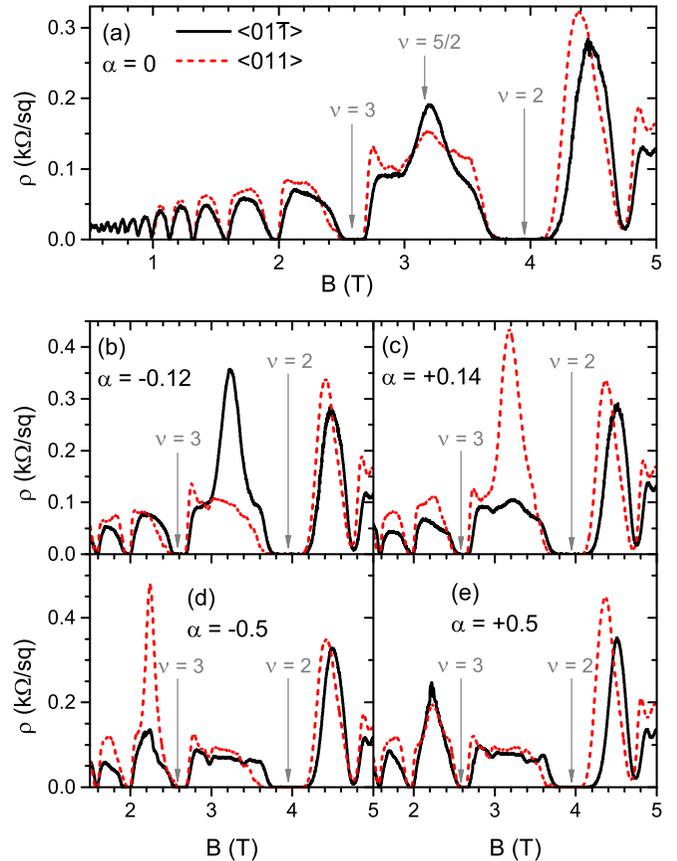


FIG. 2. 2DHS resistivity in the $\langle 01\bar{1} \rangle$ (black, solid) and $\langle 011 \rangle$ (red, dashed) directions as a function of perpendicular magnetic field, for $p = 1.91 \times 10^{11}$ cm$^{-2}$, for (a) $\alpha = 0$, (b) $\alpha = -0.12$, (c) $\alpha = 0.14$, (d) $\alpha = -0.5$, and (e) $\alpha = 0.5$. All data are measured at $T = 50$ mK.

resistivity shows a maximum in one direction, the resistance in the orthogonal direction does not show a minimum, as is often observed in quantum Hall nematic states. This may be because our device resembles a Hall bar, rather than a van der Pauw geometry. The van der Pauw geometry has been shown to accentuate the degree of anisotropy by current channelling effects [45,46].

Figure 3(a) summarizes the dependence of the resistivity in all four directions on $\alpha$ at $\nu = 5/2$, for the same density as Fig. 2. In contrast to the $\langle 01\bar{1} \rangle$ and $\langle 011 \rangle$ directions, we do not see any significant peak in $\rho(\alpha)$ along the $\langle 001 \rangle$ or $\langle 010 \rangle$ directions, in agreement with previous results [37]. For all four directions there is a general trend of increasing resistivity as $|\alpha|$ increases beyond approximately 0.5, both at $\nu = 5/2$ [Fig. 3(a)] and at $B = 0$ T [Fig. 3(b)]. This may be related to increased scattering from GaAs/AlGaAs interface roughness disorder as the 2DHS wave function is pushed towards the edges of the QW at large $|\alpha|$ [see Figs. 1(c) and 1(e)] [41]. However, the sharp peaks in $\rho(\alpha)$ along the $\langle 01\bar{1} \rangle$ and $\langle 011 \rangle$ directions, for small negative and positive $\alpha$ respectively, have no counterpart at $B = 0$ T.

We have looked for similar effects at $\nu = 7/2$ [Fig. 3(c)] and $\nu = 9/2$ [Fig. 3(d)]. At $\nu = 9/2$, for all values of $\alpha$ we have studied, there is no evidence of anisotropy significantly
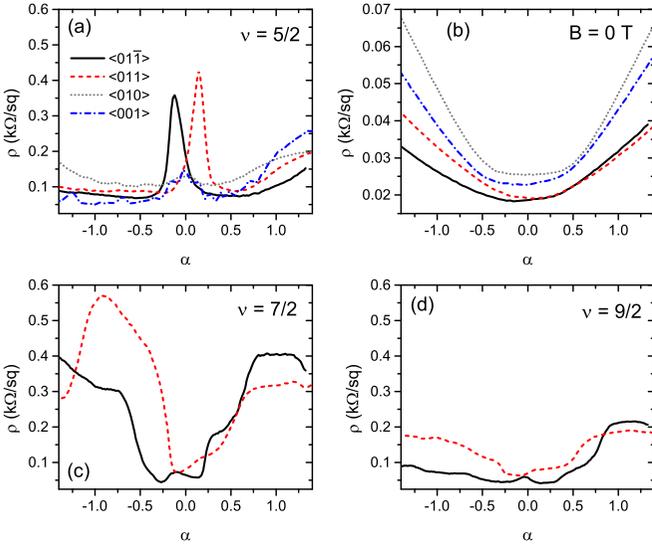
FIG. 3. 2DHS resistivity as a function of $\alpha$ in the $\langle 01\bar{1} \rangle$ (black, solid), $\langle 011 \rangle$ (red, dashed), $\langle 010 \rangle$ (grey, dotted), and $\langle 001 \rangle$ (blue, dash-dot) directions, at (a) $\nu = 5/2$ ($B = 3.20$ T), (b) $B = 0$ T, (c) $\nu = 7/2$ ($B = 2.22$ T), and (d) $\nu = 9/2$ ($B = 1.73$ T). The temperature is 50 mK and the 2DHS density is $1.91 \times 10^{11}$ cm$^{-2}$. The data in (b) are taken with excitation current 5 nA.

greater than that at $B = 0$ T. The behavior at $\nu = 7/2$ is complex. Both $\rho_{\langle 01\bar{1} \rangle}$ and $\rho_{\langle 011 \rangle}$ show a broad minimum at small $|\alpha|$, flanked by peaks at $|\alpha| \sim 1$. It may be significant that the peaks in $\rho(\alpha)$ for $\nu = 5/2$ occur at roughly the center of the broad minima in $\rho(\alpha)$ for $\nu = 7/2$. However, at $\nu = 7/2$, for $-1.2 \lesssim \alpha \lesssim -0.2$, $\rho_{\langle 011 \rangle}$ is significantly greater than $\rho_{\langle 01\bar{1} \rangle}$ [see also Fig. 2(d)], while, for positive $\alpha$, $\rho_{\langle 011 \rangle}$ and $\rho_{\langle 01\bar{1} \rangle}$ are very similar in magnitude. While these observations are suggestive of stripe ordering at $\nu = 7/2$ at certain $\alpha$, further investigations are required to determine the nature of this state.

We now consider the temperature dependence of the resistivity in the anisotropic state at $\nu = 5/2$. In the $\langle 001 \rangle$ and $\langle 010 \rangle$ directions, $\rho$ is only weakly temperature dependent up to 300 mK [Figs. 4(c) and 4(d)]. The same is true in the $\langle 01\bar{1} \rangle$ and $\langle 011 \rangle$ directions for $|\alpha| \gtrsim 0.3$, where the resistivity is isotropic [Figs. 4(a) and 4(b)]. However, the temperature dependence of the peak in $\rho_{\langle 01\bar{1} \rangle}(\rho_{\langle 011 \rangle})$ for small negative (positive) $\alpha$ is insulating ($d\rho/dT < 0$). In common with other studies of quantum Hall nematic states [6,7,13,14], the anisotropic state is destroyed by increasing temperature; in our case the resistance is isotropic for $T \gtrsim 200$ mK. Below this temperature, we find the peak resistivity follows $\rho \propto \rho_0 \exp(T_0/T)$ [see insets to Figs. 4(a) and 4(b)], with characteristic temperature scale $T_0 \sim 160$ mK for both $\langle 01\bar{1} \rangle$ and $\langle 011 \rangle$ at $p = 2.04 \times 10^{11}$ cm$^{-2}$. We note that at $\nu = 9/2$ the resistivity in all directions is only weakly temperature dependent, while at $\nu = 7/2$ the broad peaks in $\rho_{\langle 011 \rangle}$ and $\rho_{\langle 01\bar{1} \rangle}$ around $|\alpha| \sim 1$ have an insulating temperature dependence similar to that of the resistivity peaks at $\nu = 5/2$, suggestive of stripe behavior.

In Fig. 5 we explore the density dependence of the resistivity anisotropy at $\nu = 5/2$, comparing $\rho_{\langle 01\bar{1} \rangle}(\alpha)$ and $\rho_{\langle 011 \rangle}(\alpha)$ at a range of densities. For all densities there is a peak in
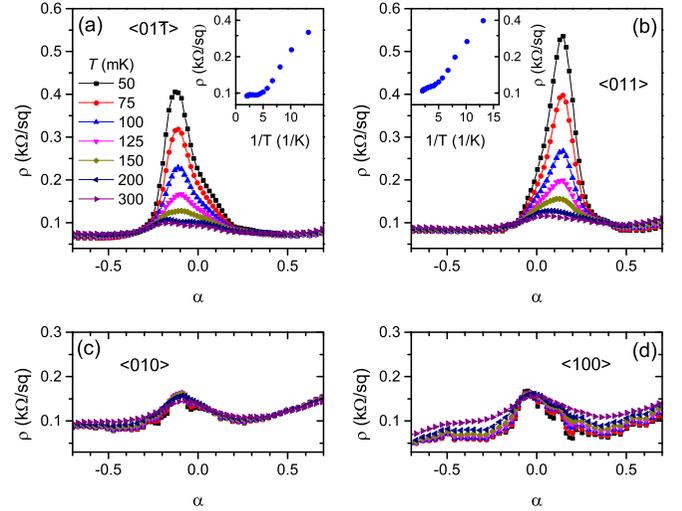


FIG. 4. 2DHS resistivity at $\nu = 5/2$ as a function of $\alpha$ at different temperatures, in the (a) $\langle 01\bar{1} \rangle$, (b) $\langle 011 \rangle$, (c) $\langle 010 \rangle$, and (d) $\langle 001 \rangle$ directions. The 2DHS density is $2.04 \times 10^{11}$ cm$^{-2}$ and $B = 3.38$ T. The insets in (a) and (b) show the peak resistivity (on a logarithmic scale) vs reciprocal temperature for the $\langle 01\bar{1} \rangle$ and $\langle 011 \rangle$ directions respectively.

$\rho_{\langle 01\bar{1} \rangle}$ ($\rho_{\langle 011 \rangle}$) centered at small negative (positive) $\alpha$. These peaks are strongest for $p \approx 2 \times 10^{11}$ cm$^{-2}$. At lower density the peaks diminish, while at higher density the peaks become broader so that the degree of anisotropy is reduced. In all cases the temperature dependence of the peak resistance is insulating. For $1.5 \times 10^{11}$ cm$^{-2} \lesssim p \lesssim 2.2 \times 10^{11}$ cm$^{-2}$ we again find $\rho \propto \rho_0 \exp(T_0/T)$, with $T_0$ increasing linearly with density [see inset to Fig. 5(a)]. This may be related to the increase of the magnetic field, and hence the cyclotron energy, at $\nu = 5/2$ as the density is increased [31]. At higher density
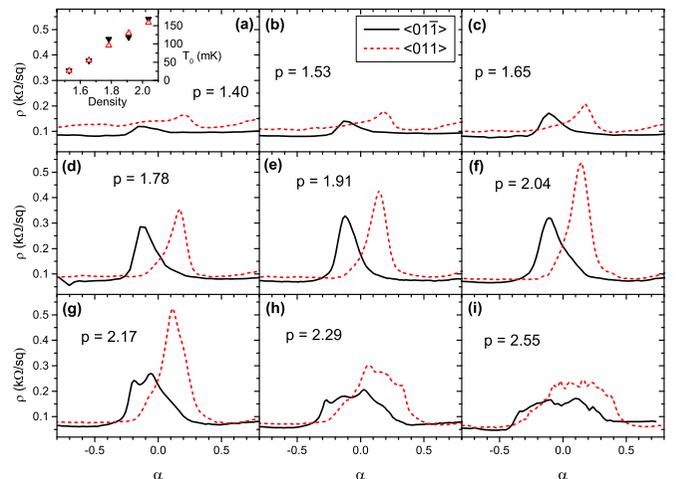


FIG. 5. Resistivity at $\nu = 5/2$ and $T = 50$ mK as a function of $\alpha$ in the $\langle 01\bar{1} \rangle$ (black, solid) and $\langle 011 \rangle$ (red, dashed) directions for 2DHS densities (a) 1.40, (b) 1.53, (c) 1.65, (d) 1.78, (e) 1.91, (f) 2.04, (g) 2.17, (h) 2.29, and (i) 2.55 (units $10^{11}$ cm$^{-2}$). The inset in (a) shows the characteristic temperature $T_0$ of the increase of peak resistance with temperature for $\langle 01\bar{1} \rangle$ (filled downward triangles) and $\langle 011 \rangle$ (open upward triangles) as a function of density.

the temperature dependence of the resistivity peaks is more similar to a power law, $\rho \propto \rho_0 (T_0/T)^\beta$, with $0 < \beta < 0.5$, so that we cannot identify a characteristic temperature scale.

It is not obvious whether the broad peaks in $\rho(\alpha)$ at high density arise from a nematic state, since the resistivity is approximately isotropic. However, given the continuous evolution of these peaks from the anisotropic state at $p \approx 2 \times 10^{11}$ cm$^{-2}$, and their insulating temperature dependence, we suggest the nematic state may persist for $p > 2 \times 10^{11}$ cm$^{-2}$. For 2DES quantum Hall nematics at $\nu = 9/2$, it is thought that the states with density modulations ("stripes") along $\langle 01\bar{1} \rangle$ and $\langle 011 \rangle$ are close in energy and that in certain circumstances domains of each orientation can coexist [18,47,48]. In our 2DHS at $\nu = 5/2$ there may be domains of both orientations, with the dominant orientation controlled by both density and $\alpha$. While the nematic orientation seems to weaken at low density, and be stronger in one ($\alpha$-dependent) direction than another for $p \sim 2 \times 10^{11}$ cm$^{-2}$, at higher density there could be a significant fraction of domains oriented in each direction.

Finally, we note that we could not find any signs of nematic ordering/anisotropic resistivity for 2DHSs in narrower QWs (10 and 15 nm), although this could be because of the lower mobility in narrower wells due to increased interface roughness scattering.

## IV. DISCUSSION

Our results raise two questions: (1) Why does the nematic phase form in the 2DHS at $\nu = 5/2$ only for small but nonzero $\alpha \propto E_\perp$ and certain hole densities? (2) What is the symmetry-breaking mechanism that orients the nematic and rotates it by 90° when $E_\perp$ is reversed?

In 2DESs, nematic phases in a purely perpendicular magnetic field are usually only observed at half filling in the $N \geqslant 2$ LLs, in agreement with theoretical studies [49]. In the $N = 1$ LL at $\nu = 5/2$ and $7/2$ the nematic state can be stabilized by an in-plane magnetic field [27,28,30,33]. Observations of nematic states without an in-plane field at $\nu = 5/2$ and/or $7/2$ in 2DESs at very low density or under hydrostatic pressure [34,35,50] have been attributed to strong interaction-driven LL mixing when the ratio $\kappa = (e^2/\epsilon l_B)/\hbar\omega_c$ of the electron-electron interaction energy to the LL spacing is large. Here, $l_B = (\hbar e/B)^{1/2}$ is the magnetic length, $\epsilon$ is the permittivity, and $\omega_c = eB/m^*$ is the cyclotron frequency. Stripe states have been observed at $\nu = 3/2$ in tilted magnetic field in systems where the Zeeman energy is large compared to the cyclotron energy, so that the chemical potential lies in the $N = 1$ LL [51,52]. Conversely, in wide QWs the nematic can be absent at $\nu = 9/2$ because the chemical potential lies in, or close to, the $N = 0$ LL of the second QW subband [29,53].

Two-dimensional hole systems in GaAs/AlGaAs often show nematic phases at $\nu = 5/2$ and/or $7/2$ [36–40]. The larger effective mass in the 2DHS reduces the cyclotron energy, significantly enhancing the LL mixing parameter $\kappa$. Holes in GaAs are also subject to significant spin-orbit coupling [54]. Manfra *et al.* observed an anisotropic state at $\nu = 7/2$, $11/2$ and $13/2$ (but not at $\nu = 5/2$ or $9/2$) in a 2DHS in a symmetrically doped 20-nm-wide QW with $p = 2.3 \times 10^{11}$ cm$^{-2}$, but not in samples with lower density or a strongly asymmetric confining potential [38]. This was attributed to

strong spin-orbit coupling that mixes the valence-band states and alters the orbital structure of the hole LLs at $B \neq 0$ [55,56], thus modifying the effective hole-hole interaction potential [57,58]. By self-consistent calculations of the LL structure, Manfra *et al.* showed that their observations of a nematic phase correlated with the half-filled LL containing mostly $N \geqslant 2$ orbitals, while isotropic states occurred for LLs containing significant amounts of the $N = 0$ and 1 orbitals. The LL mixing due to spin-orbit coupling depends strongly on the 2DHS density, the shape and width of the QW confining potential, and magnetic field [54], so these factors will affect whether the anisotropic phase can form at various half-integer filling factors [38].

We suggest the nematic phase at $\nu = 5/2$ in our 2DHS occurs because of Landau-level mixing caused by both interactions and spin-orbit coupling. Both mixing mechanisms will be sensitive to the out-of-plane electric field, which may explain why the nematic is stable only at certain $\alpha$. The Rashba spin-orbit coupling term is proportional to $E_\perp$. As illustrated in Figs. 1(c)–1(e), increasing $|E_\perp|$ effectively decreases the QW width. While decreasing QW width may enhance the hole-hole interaction, it will also increase the QW subband spacing and hence suppress mixing of the valence bands. This could be the reason why the nematic disappears for large $|E_\perp|$. However, these factors cannot account for what sets the orientation of the nematic ordering, especially the rotation of the stripes by 90° when $E_\perp$ is reversed.

It is thought that the energy of the nematic state has local minima for orientation along $\langle 01\bar{1} \rangle$ or $\langle 011 \rangle$ [18,47,48], but which of these has the lowest energy is found to depend on factors such as density [17,18], 2DES depth [20], strain [40], filling factor/spin [19], and the orientation and magnitude of an in-plane magnetic field [24–28]. For unstrained samples on GaAs (100) surfaces, in a purely out-of-plane magnetic field, the $\langle 01\bar{1} \rangle$ and $\langle 011 \rangle$ directions are expected to be equivalent. We now discuss several proposed symmetry-breaking mechanisms and whether they are likely to be relevant in our system.

Koduvayur *et al.* observed nematic states in a 2DHS at $\nu = 5/2$ and $7/2$ subjected to an in-plane shear strain $\varepsilon$, where the high resistance direction was rotated by 90° upon reversing the sign of $\varepsilon$ (Ref. [40]). These effects were explained by a strain-induced anisotropy of the exchange interaction, which preferentially orients the nematic density modulation along either $\langle 01\bar{1} \rangle$ or $\langle 011 \rangle$ depending on the sign of $\varepsilon$. Koduvayur *et al.* argued that, since GaAs is a piezoelectric material, an out-of-plane electric field results in an in-plane strain, so the orientation of the nematic phases in unstrained devices could be related to asymmetries in the confining potential [40]. The experiments of Ref. [20] showed no effect of the confining potential asymmetry on the nematic orientation in GaAs 2DESs. However, the predicted strain-induced anisotropy of the Harteee-Fock energy is two orders of magnitude larger for holes than electrons [40]. In our samples the anisotropy is maximized for average electric fields $|E_\perp| < 10^4$ V/cm, resulting in $|\varepsilon| < 3 \times 10^{-6}$ (using $\varepsilon = d_{14} E_\perp$, where $d_{14} = -2.7 \times 10^{-10}$ cm/V, following Ref. [40]). This is two orders of magnitude smaller than the strains applied by Koduvayur *et al.*, so we do not think piezoelectric strain can account for our findings. Although we do not intentionally strain our samples, the fabrication technique of sample thinning before

depositing the back gates could lead to residual strain. However, this strain would presumably be only weakly affected by the applied electric field, so it is difficult to see how it could lead to nematic phases in the $\langle 01\bar{1}\rangle$ or $\langle 011\rangle$ sections of our Hall bar with different orientations at different electric fields.

Sufficiently strong periodic potential modulations can affect the stripe orientation [32,59]. It is possible that the interface roughness on opposite sides of our quantum well has corrugations that pin the stripes in one direction when the electric field pushes the wave function to one side of the well and in the orthogonal direction for the opposite electric field. However, we consider it unlikely that surface corrugations during MBE growth could rotate by $90°$ during just 25 nm of GaAs growth, or be so different in areas of the sample less than 1 mm apart, and anisotropic interface roughness in MBE-grown 2DESs has been shown experimentally to have no consistent effect on the nematic orientation [22,23].

Sodemann and MacDonald have argued that the combination of the Rashba and Dresselhaus spin-orbit interactions breaks rotational symmetry and could be responsible for orienting the nematic states of GaAs/AlGaAs 2D electron systems along the $\langle 011\rangle$ directions in most cases [43]. Individually the Rashba and Dresselhaus effects would maintain rotational invariance, but this is broken by the two in combination. The predicted anisotropic contribution to the energy is

$$E^{\mathrm{ani}}(\theta, a, \nu) = N_\phi \sin(2\theta)\varepsilon(a, \nu)\frac{\gamma_R \gamma_D}{(\omega_c l_B)^2}\frac{e^2}{\epsilon l_B}, \qquad (1)$$

where $\theta$ is the angle between the stripes and the [001] direction, $a$ is the stripe period, $N_\phi$ is the orbital LL degeneracy, $\gamma_{R(D)}$ is the coefficient of the Rashba(Dresselhaus) term in the spin-orbit Hamiltonian [60], and $\varepsilon(a, \nu)$ is a dimensionless number. The Rashba coefficient $\gamma_R$ is strongly dependent on $E_\perp$. Since $\gamma_R$ is an odd function of $E_\perp$, while $\gamma_D$ is even, the stripes are expected to rotate by $90°$ when the sign of the electric field is reversed. This theory was developed for 2D electron systems. Further theoretical work would be needed to determine whether a similar mechanism could operate in a 2DHS, where the functional forms of the Rashba and Dresselhaus terms are somewhat different and there is much stronger LL mixing. However, the symmetry of the Rashba and Dresselhaus terms with respect to $E_\perp$ should be the same for both electrons and holes [61], so we suggest it could explain our results. For example, our observation of the nematic phase for only a narrow range of $|E_\perp|$ could be because anisotropy is maximized when the Rashba and Dresselhaus terms are of similar strength.

We note that Pollanen *et al.* made a detailed study of the effects of heterostructure asymmetry on the orientation of the 2DES nematic phase at $\nu = 9/2$ (Ref. [20]). By varying the doping profile in quantum well structures, they found that the hard axis of the $\nu = 9/2$ nematic state was always along the $\langle 01\bar{1}\rangle$ direction, independent of the sign of the average perpendicular electric field at the location of the 2DES [20]. This implied that the spin-orbit model of Ref. [43] is not a dominant symmetry breaker in 2DESs. However, in GaAs the spin-orbit coupling is much stronger for holes than for electrons, so we do not think the findings of Pollanen *et al.* rule out a spin-orbit origin for our results.

Takhtamirov and Volkov [62] and Rosenow and Scheidl [63] have shown that the asymmetric confinement potential in a GaAs/AlGaAs heterostructure leads to anisotropy in the electron effective mass even without spin-orbit coupling, which may explain the preferential stripe orientation along $\langle 011\rangle$ in GaAs 2DESs. This mechanism is also expected to be stronger for holes than for electrons [62]. However, we might expect the effective mass anisotropy, and presumably the stripe stability, to increase with increasing $|E_\perp|$, while we find the anisotropy is destroyed beyond a critical $|E_\perp|$.

We must point out that our calculation of $E_\perp$ contains significant uncertainty because the Fermi-level pinning on opposite sides and in different regions of the sample may differ slightly, and because the QW subband energies vary as a function of $p$ and $E_\perp$. There is a small possibility that the peaks in resistance at $\nu = 5/2$ could be occurring at $E_\perp = 0$. However, it is very unlikely that our error in calculating $E_\perp$ could be so different in different parts of the sample, or that the high resistance direction could be different in different parts of the sample if both parts of the sample really had $E_\perp = 0$. Different sample geometries (e.g., van der Pauw) could be useful in ruling out such effects because the resistance for the $\langle 01\bar{1}\rangle$ and $\langle 011\rangle$ directions could be measured in the same area of the sample.

## V. CONCLUSION

In conclusion, we have reported observations of a quantum Hall nematic state in a 2DHS in a GaAs QW at $\nu = 5/2$ for a small, nonzero average perpendicular electric field $E_\perp$, of typical magnitude $\approx 2 \times 10^5$ V/m. The nematic orientation rotates by $90°$ when the direction of $E_\perp$ is reversed. This behavior may be related to the mixing of the hole Landau levels under the combined action of the Rashba and Dresselhaus spin-orbit coupling effects.

The data presented in this article are available [64].

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