Dynamics and energy landscape of the jammed spin liquid

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 \bigcirc (Received 26 November 2018; revised manuscript received 8 February 2019; published 19 February 2019)

We study the low temperature static and dynamical properties of the classical bond-disordered antiferromagnetic Heisenberg model on the kagome lattice. This model has recently been shown to host a new type of spin liquid exhibiting an exponentially large number of *discrete* ground states. Surprisingly, despite the rigidity of the ground states, we establish the vanishing of the corresponding spin stiffness. Locally, the low-lying eigenvectors of the Hessian appear to exhibit a fractal inverse participation ratio. Its spin dynamics resembles that of Coulomb Heisenberg spin liquids but exhibits a new low-temperature dynamically arrested regime, which however gets squeezed out with increasing system size. We also probe the properties of the energy landscape underpinning this behavior and find energy barriers between distinct ground states vanishing with system size. In turn the local minima appear highly connected and the system tends to lose memory of its initial state in an accumulation of soft directions.

DOI: [10.1103/PhysRevB.99.054416](https://doi.org/10.1103/PhysRevB.99.054416)

I. INTRODUCTION

Complex energy landscapes are of interest in a variety of fields, from (combinatorial) optimization problems [\[1,2\]](#page-13-0) over the physics of spin glasses $[3-9]$, jamming $[8,10-12]$, and amorphous materials $[8,13,14]$, to the folding of biopolymers [\[15\]](#page-13-0), chemical reactions [\[16\]](#page-13-0), and the fitness landscape of evolution [\[17](#page-13-0)[–20\]](#page-14-0). Their phenomenology can be formulated in terms of the nature of these energy landscapes, their geometric features, e.g., their ruggedness, the structure of the minima and barriers between them, in terms of the dynamics of systems evolving within them, and the relation between the static and dynamic properties. Here, we study these questions in a classical frustrated magnet with bond disorder which hosts a jammed spin liquid, jammed in the sense that in ground states the number of spin degrees of freedom is exactly balanced by the number of independent constraints on the system, in analogy to the critical point of the jamming transition in granular media [\[10,14\]](#page-13-0) at which motion is arrested by contacts between particles at the jamming transition.

Finding energy minima of "glassy" systems is (often) NP hard [\[21\]](#page-14-0). Here, an extensive number of exactly degenerate ground states with a known minimal energy arises in the presence of disordered couplings. This allows us to make a sharp distinction between metastable, excited states, and ground states. This tends to be more difficult in disordered systems when the true minimal energy is not known. It also allows a sharp definition of energy barriers between different ground states as their energy is known *a priori* to be the same.

In geometrically frustrated magnets ordering is suppressed due to competing interactions, which in classical systems leads to a large number of degenerate ground states [\[22–25\]](#page-14-0). A paradigmatic example of geometric frustration in this sense is the nearest-neighbor Heisenberg antiferromagnet (HAFM) on the kagome lattice [\[24–27\]](#page-14-0), with a cooperative regime extending from $T \sim 0.1J$ down to $T \sim 0.001J$ eventually

terminated by an order-by-disordered octupolar regime [\[28,29\]](#page-14-0). Recently, it has been shown that there is an intimate connection between this ground-state degeneracy of the kagome HAFM and topological quantities via generalized origami mappings in the case of anisotropic interactions [\[30,31\]](#page-14-0).

Interestingly, weak bond disorder in the kagome HAFM does not produce a spin glass but rather defines a new type of spin liquid, dubbed a jammed spin liquid [\[32\]](#page-14-0). In this case disorder removes all zero modes and prevents the entropic orderby-disorder selection of coplanar states, and the ground state manifold remains disordered down to the lowest temperatures. This motivates the current study: We are seeking to understand in detail the properties of the ground-state manifold and the resulting dynamics of the jammed spin liquid in the complex disordered energy landscape.

We find the following phenomenology: The spin dynamics resembles that of other $U(1)$ Coulomb Heisenberg spin liquids with exponentially decaying spin-autocorrelation functions and broad features in the dynamical structure factor showing no indication of well defined quasiparticle excitations. At extremely low temperatures, which vanish in the thermodynamic limit as *L*[−]3, the system is dynamically arrested and trapped close to a single ground state. The low-lying part of the spectrum of the Hessian, describing nature of local fluctuations around a given energy minimum, involves modes whose inverse participation ratio [IPR, Eq. (9)] is the best fit by a fractal decay with system size, *L*[−]5/3. The energy barriers between different ground states are found to decrease with system size as L^{-3} . However, it appears that such transitions between ground states require delocalized changes of the whole spin configuration, while local perturbations encounter significantly enhanced energy barriers. Finally, we find that successive transitions enable states to explore a large part of the ground state manifold, completely loosing memory of the initial state in an exponential fashion. Thus, in this

FIG. 1. Illustration of finite-size kagome lattices with primitive FIG. 1. Inustration of limit-size kagome lattices with primitive lattice vectors $\mathbf{a}_1 = (1, 0)$ and $\mathbf{a}_2 = (1, \sqrt{3})/2$. Classical $O(3)$ spins in triangle α at sites *i*, *j*, *k* are coupled antiferromagnetically via $J_{ii} > 0$. Ground states are defined via local constraints $I_{\alpha} = 0$, such that spins on every triangular plaquette form a scalene triangle in the spin space and produce generically noncoplanar magnetic structures illustrated on the right-hand side.

disordered frustrated magnet an energy landscape of discrete degenerate ground states separated by thermodynamically vanishing energy barriers that appears to be (at least partly) connected emerges.

The remainder of the paper is structured as follows: We introduce model and the numerical procedures in Sec. II. We first discuss the spin stiffness of the ground states in Sec. [III.](#page-2-0) Then we explore the classical spin dynamics, including the spin autocorrelation and the dynamical structure factor as well a transition to a dynamically arrested state, in Sec. [IV.](#page-3-0) We then address the nature of the energy landscape, first in terms of the statistical properties of their Hessian matrices in Sec. [V.](#page-6-0) We continue with a detailed study of the ground states, first their response to applied fields in Sec. [VI,](#page-7-0) and in terms of a random walk in the space of ground states in Sec [VII.](#page-11-0) We summarize our main findings and conclude in Sec. [VIII.](#page-12-0)

II. MODEL

A. Hamiltonian

We consider the classical nearest neighbor Heisenberg model

$$
\mathcal{H} = \sum_{\langle ij \rangle} J_{ij} \, \mathbf{s}_i \cdot \mathbf{s}_j \,, \tag{1}
$$

with disordered antiferromagnetic couplings $J_{ij} > 0$ between $O(3)$ spins ($|\mathbf{s}_i| = 1$) at site *i*, *j* on the kagome lattice as illustrated in Fig. 1. The Hamiltonian can be rewritten as a sum of squares

$$
\mathcal{H} = \frac{1}{2} \sum_{\alpha} \mathbf{l}_{\alpha}^{2} + \text{const}, \quad \text{with} \quad \mathbf{l}_{\alpha} = \sum_{i \in \alpha} \gamma_{i\alpha} \mathbf{s}_{i}, \qquad (2)
$$

where in every triangle α formed by sites *i jk* we defined $\gamma_{i\alpha} =$ $\sqrt{J_{ij}J_{ik}/J_{jk}}$. Both forms are completely equivalent if $J_{ij} > 0$ allowing to define $\gamma_{i\alpha}$.

We will mainly work with the second form and restrict the model further by requiring $\gamma_{i\Delta} = \gamma_{i\bar{\nu}}$, which corresponds to some short-range correlations of the bond couplings. This is done mainly to reduce finite-size effects, in particular, for the ground state energy which is $E_{\text{g.s.}} = 0$ (ignoring the constant term) once all constraints are satisfied. The ground states of these models exhibit different spin-spin correlations, in the

first case being exponentially decaying, and in the second algebraically decaying. However, the finite temperature and dynamical behavior appear qualitatively and quantitatively similar. This modification is not expected to change the results of this study qualitatively which has been explicitly confirmed for the dynamics.

B. Ground-state manifold

From Eq. (2) states that satisfy $l_{\alpha} = 0$ on all triangles are seen to be ground states. This can be interpreted as the sum of spins with different length scaling factors $\gamma_{i\alpha}$ vanishing, i.e., forming a closed triangle in spin space as shown in Fig. 1. The resulting spin configuration of a single triangle is coplanar but generally noncollinear, while on the full lattice it becomes noncoplanar as well. It may be visualized as a three-dimensional structure with scalene triangles as faces, see Fig. 1.

The fact that all constraints on the kagome lattice can be satisfied simultaneously is nontrivial. The resulting set of ground states of the jammed spin liquid [\[32\]](#page-14-0) includes exponentially many exactly degenerate noncoplanar ground states in the presence of disorder (up to a critical disorder strength), which are rigid without any zero modes besides global rotations. In particular, they are not connected to the coplanar ground states, which are known to determine the low-temperature properties of the nondisordered model [\[24–28\]](#page-14-0) and have an extensive number of zero modes [\[24,26\]](#page-14-0); rather they form a disconnected discrete set instead of a continuous connected manifold [\[25\]](#page-14-0).

C. Dynamics

The semiclassical spin dynamics, describing precession of spins around their local exchange fields, is given by the Landau-Lifshitz equation [\[33\]](#page-14-0),

$$
\frac{d\mathbf{s}_i(t)}{dt} = -\mathbf{s}_i(t) \times \left(\sum_j J_{ij}\mathbf{s}_j(t)\right) \tag{3}
$$

which conserves the total energy *E*, magnetization **M**, as well as the spin norm.

D. Global symmetries and equivalence classes of states

The Hamiltonians in Eqs. (1) and (2) possess a global *O*(3) symmetry. The invariance of the energy under these rotations results in three global-zero modes of the ground states and the conservation of the total magnetization under the dynamics. In defining distinct states it is necessary to take these symmetries into account. Formally, one may use equivalence classes defining distinct states as spin-configurations modulus the *O*(3) symmetry. One may transform any spin configuration to a representative of the equivalence class, e.g., by rotating the spins such that s_1 points in a fixed direction by using a global rotation of all spins and s_2 lies in a fixed plane by rotating all spins around **s**1, and compare spin configurations after rotating into this fixed frame. Alternatively, the grammatrix $g_{ij} = s_i \cdot s_j$ uniquely characterizes distinct equivalence classes accounting for the rotational symmetry automatically. In practice, we choose to work with explicit representatives by rotating into a fixed frame for this study.

E. Details on the numerics

We perform both Monte-Carlo simulations to obtain finite temperature spin configurations and explicit energy minimization to obtain ground state spin configurations. Both are combined with molecular dynamics simulations [\[25,34–37\]](#page-14-0).

For the ground state simulations states are converged to an energy of $E < 10^{-14}$, or until the norm of the energy gradient is smaller than 10^{-8} (in case we end up in a local minimum). The Monte-Carlo simulations are performed using heat-bath updates combined with microcanonical overrelaxation updates. From these we obtain samples from the Boltzmann distribution \sim exp[$-\beta\mathcal{H}$] at inverse temperature β .

Taking the samples obtained via Monte Carlo as initial conditions, the equations of motion Eqs. [\(3\)](#page-1-0) are integrated numerically and quantities of interest computed from the time-evolved spin configuration. Thus, the ensemble averaged is approximated by an average over different initial states $\langle \mathbf{s}_i(t) \cdot \mathbf{s}_j(0) \rangle \approx 1/N_{\text{states}} \sum_{\text{states}} \mathbf{s}_i(t) \cdot \mathbf{s}_j(0)$. Time integration is performed using a fourth-order Runge-Kutta algorithm with adaptive time step size such that the error on the conserved energy, spin length, and magnetization remains below 10[−]⁶ per spin.

We study systems up to linear system size $L = 24$ (corresponding to $N_s = 1728$ spins) with explicit energy minimization, and systems up to $L = 96$ ($N_s = 27648$) and temperatures $\beta = 1, \ldots, 10000$ with MC. Throughout we work in dimensionless units with the lattice spacing $a = 1$. We choose the couplings $\gamma_i = 1 + \delta_i$ with δ_i uniformly in $[1 - \delta, 1 + \delta]$ for disorder strength δ . We also restrict to $\delta = 0.3$ in this work but have checked that results are qualitatively the same within the jammed spin liquid regime δ < 1/3. Results are averaged over 100 disorder realizations for the ground-state simulations and over a 1000 disorder realizations for the MC simulations.

III. SPIN STIFFNESS

A. Analytical derivation

The spin stiffness is defined via the energy response to a twist, i.e., via comparing the energy of states obtained with periodic boundary conditions (PBC) and those with twisted boundary conditions along one of the lattice directions. Specifically, we take $S_{i+Le_x} = R(\theta, e_\theta)S_i$ with a rotation matrix *R* depending on the twist angle θ and the rotation axis \mathbf{e}_{θ} . The energy difference between PBC and twisted BC follows as the minimum over all possible orientations of the rotation axis \mathbf{e}_{θ} .

The vanishing spin stiffness in the jammed spin liquid regime can be derived from considerations of the constraints defining the set of ground states, together with the implicit function theorem. Specifically, we have that for ground states $I_\alpha = 0$ on all triangles α . Imposing twisted boundary conditions amounts to changing the energy function in the border triangles in the following way:

$$
(\gamma_a \mathbf{S}_a + \gamma_b \mathbf{S}_b + \gamma_c \mathbf{S}_c)^2 \rightarrow (\gamma_a \mathbf{S}_a + \gamma_b \mathbf{S}_b + R(\theta, e_\theta) \gamma_c \mathbf{S}_c)^2.
$$
\n(4)

Thus, the zero-energy ground states can still be written as a sum of squares, and we have a mapping

$$
G: \mathbb{R} \times \mathbb{R}^{3N_{\rm s}} \to \mathbb{R}^{3N_{\rm s}}
$$

$$
\theta \times \{S_i\} \mapsto \begin{cases} S_i^2 - 1 & i \in 1, ..., N_S \\ I_\alpha(\theta) & \alpha \in 1, ..., 2N_S/3 \end{cases}
$$
(5)

where now I_α depends on the twisting angle θ . The ground state configurations for PBC then correspond to the preimage of the zero vector, e.g., $\{S_i^{gs}\} = G^{-1}(0)$.

Given a ground state for PBC, e.g., a point $\{\theta_0 = 0, \{\mathbf{S}_i\}\}\$ such that $G({\theta_0, {\{S_i\}}}) = 0$, the implicit function theorem guarantees that the ground state is given by a differentiable function of the twist angle θ in an open neighborhood of θ _o if the Jacobian $\left[\frac{\partial G_i}{\partial S_{jd}}\right]$ is invertible. Here $j = 1, \ldots, N_s$ is the site index and $d = x, y, z$ is the index of the spatial dimension. Since $R(0, e_{\theta}) = 1$ and our previous work already established the nonvanishing of the Jacobian determinant for JSL ground states [\[32\]](#page-14-0), we conclude that we can continue these states over a finite range of twisting angles θ with exactly vanishing energy, thus establishing the vanishing of the spin stiffness in the jammed spin liquid.

B. Numerical results

Beyond this proof of vanishing spin stiffness we consider the response of the system to a twist in more detail numerically. To do so we obtain a ground state for PBC via energy minimization starting from a random initial configuration, then apply the twist and start the energy minimization from the previously found state.

As a first check on the numerics, and to ensure that the θ range over which states can be continued is (sufficiently) large in practice, we compute the average rotation angle between the spin configuration found for twisted BC and the one for PBC defined as

$$
\bar{\alpha} = 1/N_s \sum_{i} \arccos \left(\mathbf{S}_{i}^{PBC} \cdot \mathbf{S}_{i}^{TBC}(\theta) \right). \tag{6}
$$

This should stay small and be linear in θ , such that the twisted state remains close to the initial state, and the energy difference actually is a measure of the spin stiffness of that state.

We show the cumulative distribution function of the scaled twist angle $\bar{\alpha}/\theta$ obtained from 100 different disorder realizations and states on a $L = 12$ $L = 12$ system in Fig. 2 for a range of twisting angles $\theta = 10^{-6}$ up to 10^{-3} . The collapse of the data confirms the expected linear scaling of the response to the twist which remains on the natural order of θ . Importantly, we find the energy difference to vanish within the numerical accuracy for sufficiently small twist angles, specifically we checked it for twisting angles $\theta = 10^{-6}$ up to $\theta = 10^{-3}$ for different initial states and disorder realizations and different

FIG. 2. Cumulative distribution $F(x) = \int_0^x p(y) dy$ of the scaled mean angle $\bar{\alpha}/\theta$ between states found for periodic boundary conditions and the one after applying a twist for twist angles $\theta = 10^{-3}$ down to $\theta = 10^{-6}$ obtained from 100 different ground states and disorder configurations.

system sizes $L = 6$, 12, i.e., we confirm the vanishing of the spin stiffness also numerically.

IV. SPIN DYNAMICS

A. Spin autocorrelation

The simplest indicator of the nature of spin dynamics is the spin autocorrelation function defined as

$$
A(t) = \frac{1}{N} \sum_{i} \langle \mathbf{s}_i(t) \cdot \mathbf{s}_i(0) \rangle, \qquad (7)
$$

which may be interpreted as the overlap between the initial and time-evolved state. In Fig. 3 we show the spin autocorrelation on a $L = 96$ system for a range of temperatures $\beta = 1, \ldots, 10000$ as a function of time *t*.

In the short time regime at large temperatures we observe an initial quadratic regime, followed at very long times by a diffusive tail $A(t) \sim 1/t$ due to the conservation of the total magnetization. This is expected at large temperatures and times [\[38,39\]](#page-14-0) and has been established for the clean kagome AFM [\[36,37\]](#page-14-0). For lower temperatures the quadratic regime shrinks (and we do not access sufficiently large times to see the diffusive tail), and the behavior crosses over into a purely relaxational exponential decay $A(t) \sim e^{-\kappa t}$.

We extract the decay rate κ from the auto correlation by fitting an exponential in the time window $0 < t < 5\beta$ and for $A(t) > 10^{-2}$. The decay rate $\kappa(T)$ is found to be temperature dependent as seen in the inset Fig. 3 showing the decay rate extracted for different system sizes versus temperature *T* . Whereas the intermediate temperature range $10 < \beta < 100$ is consistent with a linear scaling $\kappa(T) \sim T$, at the lowest temperatures $10^2 < \beta < 10^4$ the exponent seems to increase to about $\kappa(T) \sim T^{1.3}$. The upper intermediate linear scaling is consistent with the behavior found for the classical spin liquid on the nondisordered kagome [\[36,37\]](#page-14-0) and the pyrochlore lattice [\[35\]](#page-14-0), as well as the predictions of the large-N calculations [\[35,37\]](#page-14-0), whereas the $T^{1.3}$ at lowest temperatures deviates from previously seen behavior. However, we cannot definitely say that this defines a new regime, or if there is a further crossover as temperature approaches 0.

FIG. 3. Main: Spin autocorrelation on a $L = 96$ system at temperatures $\beta = 1, \ldots, 10000$ as indicated in the legend. Top on loglog scale versus time *t*, bottom on log-linear scale versus scaled time *t*/ $\beta^{1.3}$. Inset: Extracted exponential decay constant $A(t) \sim e^{-\kappa t}$ versus temperature *T* for different system sizes $L = 12, 24, 48, 96$ as in the legend.

B. Structure factor

Spin correlations are captured by the dynamical structure factor

$$
S(\mathbf{q}, t) = \langle \mathbf{s}(\mathbf{q}, t) \cdot \mathbf{s}(-\mathbf{q}, 0) \rangle, \tag{8}
$$

where $\mathbf{s}(\mathbf{q}, t) = \sum_i \mathbf{s}_i(t) e^{-i\mathbf{R}_i \cdot \mathbf{q}}$ is the spatial Fourier transform of the spin configuration. Its frequency transformed version $\mathcal{S}(\mathbf{q}, \omega)$ maps the spectrum of the dynamical spin-pair

FIG. 4. Quasielastic structure factor $\mathcal{S}(\mathbf{q}, \omega = 0)$ as a function of momentum for $\beta = 1, 10, 100, 1000$ as indicated in the panel.

correlations, while the quasielastic limit $\mathcal{S}(\mathbf{q}, \omega = 0)$ is sensitive to the presence of order in the system.

1. Quasielastic structure factor

The quasielastic structure factor $S(\mathbf{q}, \omega = 0)$ in momentum space for different temperatures, $\beta = 1, 10, 100, 1000$, is shown in Fig. 4. These temperatures span the regime from paramagnetic down to the fully established cooperative spin liquid regime for $\beta \gtrsim 10$.

At the largest temperature $\beta = 1$ the structure factor only has broad features in momentum space due to the strong thermal fluctuations in the paramagnetic state. In the cooperative regime triangular structures of strong intensity emerge, and with lowering temperature intensity is transferred to the centers of these regions, which however do not correspond to Bragg peaks as there is no long-range order. The quasielastic structure factor does not change considerably above $\beta = 100$, and does not indicate any long-range order down to $\beta =$ 10 000, consistent with our previous findings. In particular, note the absence of the $\sqrt{3}$ -satellite peaks which would be present in the clean model [\[28\]](#page-14-0).

2. Dynamical structure factor

The dynamical structure factor $S(q, \omega)$ only shows broad features in momentum and frequency space as shown in Fig. 5 at a temperature of $\beta = 100$ along a momentum cut from the BZ center to the edge, $\mathbf{q} = (h, 0)$. This suggests that there are no sharp spin waves present in the disordered model, even at temperatures where they are seen in the clean system [\[36\]](#page-14-0).

In addition, some spectral weight is highly concentrated at small frequencies as seen in the bottom panel of Fig. 5. We associate this with the large number of soft normal modes

FIG. 5. Top: Intensity map of the dynamical structure factor $|S(\mathbf{q}, \omega)|$ versus momentum $\mathbf{q} = (h, 0)$ and frequency ω at a temperature $\beta = 100$. Color map on a logarithmic scale. Bottom: Selected cuts of the same data $S(q, \omega)$ as a function of ω for fixed momenta $\mathbf{q} = (h, 0)$ as indicated in the legend.

discussed below in terms of the Hessian matrix of ground states.

3. Diffusion

Cuts of the dynamical structure factor $S(\mathbf{q}, t)$ as a function of time *t* at fixed momentum $q = (h, h)$ close to the Brillouin zone center are shown in Fig. [6.](#page-5-0) We observe an exponential decay in time $S(\mathbf{q}, t) \sim e^{-\kappa(\mathbf{\bar{q}})t}$ with a momentum dependent decay rate.

The decay rate itself depends quadratically on momentum $\kappa(\mathbf{q}) = Dq^2$ (lower panel of Fig. [6\)](#page-5-0), at least for sufficiently small momenta close to the center of the BZ. This in turn allows us to obtain the diffusion constant *D*.

We note that the range of validity of this quadratic dependence shrinks with temperature, a behavior already observed in the clean kagome magnet [\[37\]](#page-14-0). In addition, the functional form above this threshold momentum changes, flattening into a plateau of constant decay rate. However, we cannot exclude that diffusion still takes place at smaller wave vectors or larger length scales than we can access in the simulations. We also note that since the decay rate of the autocorrelation function, which corresponds to some average of the decay rates of the momentum-resolved structure factor, continues to decrease with temperature, the range of the quadratic behavior must decrease and/or the the diffusion constant must decrease at low temperatures.

FIG. 6. Top: Cuts of dynamical structure factor $S(\mathbf{q}, t)$ for momenta $\mathbf{q} = (h, h)$ close to the Brillouin zone center versus time *t* for temperature $T = 0.1$; dashed gray lines are fits to an exponential decay $S(\mathbf{q}, t) \sim e^{-\kappa(q)t}$. Bottom: Extracted decay constant $\kappa(q)$ versus momentum |*q*| with a quadratic fit $\kappa(q) = Dq^2$ (dashed line); shaded area denotes where quadratic fit ceases to be valid.

The extracted diffusion constant *D* as a function of temperature *T* is shown in Fig. 7. Upon lowering the temperature, we first observe an increase, comparable to the one observed in the clean model on the transition from high-temperature paramagnetic states to the cooperative paramagnetic regime.

FIG. 7. Diffusion constant *D* as a function of temperature *T* as extracted from the quadratic dependence of the decay rate of the dynamical structure factor.

On further lowering the temperature, the diffusion constant starts to decrease. This is in stark contrast to the situation of the clean model for which the diffusion constant after reaching a "plateau" in the cooperative regime seems to diverge on approaching the octupolar regime [\[37\]](#page-14-0). In any case, the observed decrease is relatively slow, and the data does not allow us to conclude if it will continue down to lower temperatures or if it saturates to a finite value.

C. Finite-size transition to dynamically arrested states

On finite systems we observe a transition into a dynamically arrested state. In the arrested regime the dynamics is stuck close to a single ground state and does not explore the full phase space. Dynamics in this regime can be understood as fast small oscillations around a fixed state in combination with a slow global precession of all spins.

We characterize the dynamical arrest by considering a modified spin autocorrelation function $A_{mod}(t)$ obtained by globally rotating all spins of the time-evolved state such that the first spin $s_1(t)$ points in the same direction as $s_1(t = 0)$ and the second spin $s_2(t)$ lies in the same plane as $s_2(t = 0)$. Intuitively, in this way we remove the zero-energy modes due to the global *SO*(3) invariance of the Hamiltonian, and the rather trivial dynamics of a rigid rotation of all spins which should not be considered to lead to a different state. Since we globally rotate all spins, and then rotate all other spins around a single spin *S*1, this leaves the energy invariant.

This was not required for the dynamics discussed above but becomes so now for the parameters considered here. At the low temperatures/energy densities at which we observe the freezing transition the dynamics has slowed down so much that a global slow precession of the state masks the internal dynamics of the spin state, whereas at larger temperatures the internal dynamics are fast enough to be fully resolved before the global precession becomes relevant. We either sample states via MC from the Boltzmann distribution at a finite (small) temperature or add a (small) energy density to a GS obtained from numerical minimization of the energy by rotating all spins slightly in their local exchange fields.

For illustrational purposes we begin by discussing individual time traces at a fixed disorder realization of the modified autocorrelation function at low energy densities above a ground state close to the dynamic arrest in Fig. [8.](#page-6-0) Note in particular the extremely large times up to $t = 10^6$ over which we resolve the dynamics here. We emphasize that these are fixed disorder trajectories at smaller energy densities and on a different time scale than the disorder-averaged spin-spin autocorrelation results in Fig. [3,](#page-3-0) which still would have fully decayed by these times if the previously observed scaling did persist down to these energies.

In stark contrast to the previously discussed (exponentially) decaying autocorrelation, here we observe rapid oscillations around fixed plateaus for long time periods separated by rapid and sudden transitions to different plateaus. We interpret this behavior as the system being stuck close to distinct ground states as characterized by the distinct plateaus for long times, around which it performs small normal mode oscillations, until a sudden and sharp transition to different plateau/state occurs.

FIG. 8. Selected individual time traces of the modified spinautocorrelation function $A_{\text{mod}}(t)$ for a fixed disorder realization on a $L = 12$ system and an added energy density $e = 10^{-6}$ above different ground states.

Furthermore, in this regime the system remains close to the original state, in that we observe transitions out of and back into the original state, and in some cases repeatedly to the same distinct plateau/state. This would be exceedingly unlikely if the dynamics were to explore the full exponentially large ground-state manifold of the jammed spin liquid.

This behavior is somewhat reminiscent of (finite) spin glass systems which are stuck for (exponentially) long times in some part of phase space but may suddenly jump to a distinct region [\[40\]](#page-14-0). These distinct states might also lend themselves to the interpretation of two-level systems, as observed in Heisenberg spin glasses [\[41\]](#page-14-0), and do indicate some form of clustering of the ground states.

The long-time average of the modified autocorrelation function averaged over disorder realizations is shown in Fig. 9, averaged over initial states obtained from MC simulations at a finite temperature (top panel) and as a function of energy density added to a true ground state $(E = 0)$ by randomly rotating the spins in their local exchange field (bottom panel). (We have checked that the same transition with the same scaling occurs for the random bond model.)

The finite temperature Monte Carlo results display a clear crossover as a function of temperature between dynamics which explores (some of) phase space and $A_{\text{mod}} \approx 0$, and dynamics at low temperatures which is stuck near a single ground state with $A_{\text{mod}} \approx 1$. Similarly, the ground-state simulations show a transition as a function of added energy density with the same scaling.

We note that the transition to a dynamically arrested state appears to be a finite size effect, in that the temperature below which the dynamics is arrested scales as $T \sim L^{-3}$ for the MC simulations and energy density $e \sim L^{-3}$ for the groundstate simulations. This leads us to conclude that the energy barriers between different JSL ground states vanish in the thermodynamic limit.

V. HESSIAN

To elucidate the behavior found above, we first investigate the statistical properties of an individual local extremum, before turning to their connectivity properties in the following

FIG. 9. Top: Long time average of the (modified) spin autocorrelation function A_{mod} versus scaled temperature βL^{-3} in the MC simulations. Bottom: Long time average of the (modified) spin autocorrelation function of ground states with an added energy density *e* created by randomly rotating spins in their local exchange fields.

 eL^3

sections. Following on from our original work [\[32\]](#page-14-0), we investigate the quadratic energy cost of fluctuations around groundstate configurations via the Hessian matrix. This provides insight into the spectrum of fluctuations, potential low-energy or zero modes, and via the associated eigenvectors also into the spatial properties of these normal modes.

For a spin configuration {**s***i*} we choose an orthonormal local basis at every lattice site (s_i, u_i, v_i) . This allows us to parametrize fluctuations as $\tilde{\mathbf{s}}_i = \sqrt{1 - \epsilon_i^2} \mathbf{s}_i + \epsilon_{ui} \mathbf{u}_i + \epsilon_{vi} \mathbf{v}_i$ with $\epsilon_i = (\epsilon_{ui}, \epsilon_{vi})$ which takes the spin normalization condition into account. Around a ground state the energy cost of fluctuations to quadratic order is then given by $E = \epsilon^T M \epsilon$, which defines the $(2N_s) \times (2N_s)$ Hessian matrix *M*.

Diagonalizing the Hessian matrix *M* provides eigenvalues λ and the corresponding eigenmodes. Due to the global rotational invariance of the energy there are three trivial zero modes which we do not consider below.

We analyze the spectrum by considering the cumulative distribution function $F(\lambda) = \int_0^{\lambda} P(x) dx$ of the Hessian eigenvalues averaged over disorder which is shown in Fig. [10.](#page-7-0) Note that this has the advantage of being mostly independent of system size, with larger systems simply extending the results down to smaller eigenvalues. We observe a large number of soft modes with a low energy scaling $F(\lambda) \sim \lambda^{1/2}$. In that sense the jammed spin liquid states are marginally stable, as soft modes extend as a power law to zero energy. Crucially,

FIG. 10. Top: Cumulative distribution function $F(\lambda)$ of the eigenvalues λ of the Hessian matrix of ground states for different linear system sizes *L* as indicated in the legend, and $\lambda^{1/2}$ power-law behavior (dashed) line. Middle and bottom: Inverse participation ratio (IPR) of eigenstate *n* of the Hessian ordered by eigenvalue, middle scaled with L^2 on log-log scale, bottom scaled with $L^{1.65}$ on linear scale focusing on the soft modes.

there are no nontrivial zero modes, in contrast to the coplanar states of the clean kagome system which hosts an extensive number of these. Secondly, we study the localization properties of these modes by considering the inverse participation ratio (IPR) [\[42,43\]](#page-14-0) defined as

$$
IPR = \sum_{i} (|\epsilon_i|^2)^2 / \sum |\epsilon_i|^2,
$$
 (9)

which is 1 for an eigenmode fully localized on a single site of the lattice and $1/N_s \sim L^{-2}$ if it is fully delocalized.

The IPR is shown in the bottom panels of Fig. 10 for different linear system sizes *L*. We observe a tendency towards delocalization for most of the spectrum, in particular for the soft modes, with a best fit fractal exponent IPR ∼ *L*[−]5/3. In contrast, the "hardest" modes at the upper edge of the spectrum are strongly localized to a few sites. This is notable since the coplanar states of the clean model have an extensive number of localized zero-energy modes, in particular the $\sqrt{3} \times \sqrt{3}$ state admits hexagon weatherwane modes involving only six sites, and the $q = 0$ state admits modes which involve *L* sites.

These results confirm the picture that the ground states of the jammed spin liquid have no nontrivial zero modes but a large number of relatively soft modes. Interestingly, these soft modes appear to be delocalized over the full lattice, rather than being local excitations like in the clean model.

VI. FORCING/SPECTROSCOPY OF ENERGY BARRIERS

The results on the dynamics indicated that at sufficient energy/temperatures the system can explore a large part of phase space, whereas at low energies finite energy barriers between distinct ground states, which scale to zero in the infinite system size limit, inhibit dynamics freezing the system close to one ground state. Furthermore, the study of the Hessian showed that each local minimum has no nontrivial zero modes, thus, locally appearing as a quadratic well in configuration space. We now set out to explicitly probe the energy barriers between distinct close ground-state configurations.

A. Method

To explore the ground-state manifold further and gain insight into the energy barriers between distinct ground states we use the following protocol, which we adapt from its application in the study of spin glasses [\[41\]](#page-14-0).

(i) Find a ground state GS of original Hamiltonian H (Eq. [\(2\)](#page-1-0)).

(ii) Find a ground state/local minimum GS(*h*) of a perturbed Hamiltonian \mathcal{H}_h [defined in Eq. [\(10\)](#page-8-0)] with a force/magnetic field *h* added starting from GS(0).

(iii) Find a ground state GS^* of original Hamiltonian H starting from GS(*h*).

(iv) Compare the newly obtained ground state GS[∗] with the original state GS.

Intuitively, this protocol can be motivated using a onedimensional analogy as illustrated in Fig. [11.](#page-8-0) Imagine a particle in a double well potential (corresponding to two distinct ground states of the jammed spin liquid which act as quadratically confining wells). Starting with the particle in one well, one can add a linear force to make it move up the barrier towards the other well [corresponding to state GS(*h*)]. As long as the particle does not cross the maximal height of the barrier between the wells after removing the linear force it will fall back to the initial state (e.g., $GS^* = GS$) as seen in the middle left panel of Fig. [11.](#page-8-0) At sufficiently large applied force the particle reaches the maximum of the potential between the two minima, at larger applied force it will then fall into the next well (e.g., $GS* \neq GS$) as seen in the lowest left panel of Fig. [11.](#page-8-0) The minimal value of the force

FIG. 11. Illustration of the proposed forcing protocol (see text). Left panels: One-dimensional double well potential $V(x)$ with an added linear force $E(x) = V(x) + hF(x)$ proportional to *h*. Red circle denotes the state $x(h)$ at the minimal energy of the perturbed potential. Right panels: Energy versus forcing strength; top for the one-dimensional toy model, bottom energy E computed from H of the perturbed state GS(*h*) for a single realization of the proposed forcing protocol in the full spin system.

required for this to happen then defines h_c and the height of the barrier corresponds to the energy of the particle at h_c . The right panels of Fig. 11 compare the resulting energy observed at a certain strength of the forcing for the toy model (top) to one realization of the forcing protocol for the full spin model (bottom) demonstrating qualitative agreement with this analogous model.

We define the Hamiltonian $\mathcal{H}(h)$ as

$$
\mathcal{H}(h) = \mathcal{H} + h \sum_{i} \mathbf{s}_i \cdot \mathbf{h}_i, \tag{10}
$$

where we choose the magnetic fields \mathbf{h}_i to be orthogonal to the initial ground state GS, i.e., $\mathbf{h}_i \cdot \mathbf{s}_i^{\text{GS}} = 0$, and normalized as $\sum_i \mathbf{h}_i^2 = 1$. (This is to say that the $\{\mathbf{h}_i\}$ form a normalized element in the tangent space of $S_2^{N_s}$.) By choosing the field local and in the tangent space we avoid the issue that due to rotational invariance of the Hamiltonian the main response of any state to a global field will just be to align with the field direction.

We consider different scenarios for this forcing: (a) We choose the direction of the forcing to correspond to the softest direction of the Hessian matrix of the initial ground state GS, (b) the hardest direction of the Hessian, and (c) a random direction in the tangent space of the initial ground state GS. We emphasize that this protocol inherently goes beyond the linear response regime which would be fully captured by the eigenvalues of the Hessian. The purpose is to perturb the state strongly enough to leave the local basin of attraction of the initial state resulting in a (potentially sudden) nonlinear response.

In addition, it allows us to extract (local) information about the set of ground states which is not accessible from the states alone. Namely, we will obtain the critical fields and the height of energy barriers between "neighboring" (those connected by the protocol above) ground states and the locality of changes between these "neighboring" states.

FIG. 12. Comparison of critical force required to leave a ground state for forcing in the softest direction (blue circles) and the hardest direction (orange triangles). Dashed line is a guide to the eye power law $∼L^{-3}$.

We note that the perturbed state GS(*h*) we obtain numerically is not necessarily a ground state of $\mathcal{H}(h)$ but rather only a local minimum. However, we are actually not interested in the ground states of $H(h)$ in any case, as we only use it to perturb the original ground states in a deterministic fashion. Further starting from $GS(h)$ we are not guaranteed to obtain a true ground state GS^{*} of H with $E = 0$ but may also end up in a local minimum. These cases are however easily distinguished by the nonvanishing of the energy and for the discussion below we only consider cases for which the minimization results in a global minimum.

B. Critical forcing strength

To find the critical field h_c required to leave the basin of attraction of a given ground state GS, we follow the protocol outlined above. Thus, we initialize *h* at a very small value, compute the perturbed state GS(*h*) and associated state GS[∗], and increase *h* until we encounter a new state $GS^* \neq GS$ for the first time, as characterized by an overlap with the initial state unequal to 1.

In practice starting from a ground state obtained via energy minimization at $h = 0$, we start with a small field $h \sim 10^{-7}$, increase it in powers of 10 until we find a different state, and then perform a refined search between the last two values of *h* to determine *h_c*. Deciding whether a new state is encountered during this procedure poses no numerical problems as using the overlap *q* proves sufficient given the convergence criteria put on the states (though the authors have also checked the results comparing the full gram matrix $g_{ij} = s_i \cdot s_j$ which is in one-to-one correspondence to spin configurations modulo global rotations).

The results for forcing in the softest and the hardest direction are shown in Fig. 12 with errors obtained from the average over 100 different disorder realizations/initial states as a function of linear system size *L*. For forcing in the softest direction we observe a vanishing of the critical field strength with system size consistent with a L^{-3} scaling (dashed line).

For forcing in the hard direction the critical force first decreases but then saturates for system sizes $L \geqslant 12$ at a finite

FIG. 13. Comparison of energy barriers between ground-state configurations for forcing in the softest direction (blue circles) and the hardest direction (orange triangles). Dashed line is a guide to the eye power law ∼*L*[−]3.

value. Note also the order of magnitude difference between the critical fields.

C. Energy barriers

In addition to the critical force required to leave a GS we may estimate the energy barrier between the different GS in the following way: As we increase *h* we obtain a series of states $GS(h)$ and associated GS^* , at some critical h_c the new state GS[∗] differs from the initial ground state. We estimate the energy barrier between GS and GS[∗] by the bond energy of the state $GS(h)$, i.e., its energy with respect to \mathcal{H}_0 , for *h* just below the critical field h_c . The results of this are shown in Fig. 13 for forcing in the softest direction and forcing in the hardest direction as a function of system size/number of spins. We observe that for forcing in the softest direction the height of energy barriers decreases with system size as *L*^{−3}, implying that transitions between states are possible at thermodynamically vanishing energy cost.

In contrast, forcing in the hardest direction states faces a finite energy barrier which appears to saturate on larger systems consistent with the observed behavior of the critical fields. Whereas we cannot fully exclude any potential bias stemming from the initial ground states at larger systems which are harder to converge numerically, both the fact that the statistical errors actually decrease with increasing system size and the consistency of the ground state with Monte-Carlo simulations combined with the orders of magnitude difference between "soft" and "hard" forcing leads us to believe that this is a robust effect. Based on the results for the critical force and the associated energy barriers, it appears that while states on finite systems have no zero-energy modes, transitions can be induced by vanishingly small forces and at vanishingly small energy cost if the force is applied in the right direction, in keeping with our results above on the stability of the arrested regime.

D. Response of states to forcing

We can also characterize the response of the state to the introduced forcing by measuring its magnetization along the

FIG. 14. Comparison of the response to the applied force, i.e., the induced magnetization, of a ground state versus forcing strength for forcing in the softest direction (top panel) and the hardest direction (bottom panel). Note the different ranges and the differently scaled axes.

applied magnetic field

$$
m = \langle \mathbf{GS}(h) | h \rangle = \sum_{i} \mathbf{s}_i(h) \cdot \mathbf{h}_i. \tag{11}
$$

In Fig. 14 we again compare the forcing in the softest direction with the forcing in the hardest direction for different system sizes *L*. Note that as per the observed scaling of the critical fields above we scale the magnetic field with $L³$ for forcing in the soft direction and the resulting response by $L^{-1/3}$ to collapse data for different system sizes.

For forcing in the soft direction we observe a continuous response to the applied field. Because the energy landscape is extremely shallow in the direction of the smallest eigenvector of the Hessian, the state shows a strong response to the applied field as it smoothly moves along the bottom of the local basin of attraction of the initial state.

In contrast for forcing in the hard direction we observe two qualitatively distinct regimes: weak response at small fields and above a crossover field a rapid increase of the induced magnetization. In addition, the response is smaller in magnitude than for the soft forcing direction as expected as now the state moves along a steep direction in energy.

The observation of a "gapped" response for forcing in the hard direction is consistent with the finite critical forces and energy barriers observed above. If the field is too small

FIG. 15. Comparison of overlaps for forcing in the softest direction (blue circles) and the hardest direction (orange triangles). Average overlap per spin $q = 1/N_s \sum_i \mathbf{s}_i \cdot \mathbf{s}_i^*$.

to leave the initial basin of attraction, responses are weak along the steeply confined direction in configuration space, whereas when exceeding a critical field the perturbed state can escape the initial state, showing an abrupt response. After this sudden response the spin configuration ends up in a distinct state for which the forcing direction might not correspond to a strongly confined direction anymore, and for which the field direction is also not perpendicular to the state anymore, thus completely changing it's response. We conclude that ground states show a strongly anisotropic behavior with order of magnitude differences in the response depending on the direction of the applied force.

E. Overlaps

We next turn to characterize the "neighboring" states in more detail, beginning with overlaps or distances between these states, allowing us to draw conclusions on the clustering of ground states. We compare the original ground state GS and the first different ground state GS[∗] encountered when increasing the forcing strength via their average overlap *q*,

$$
q = \frac{1}{N_s} \sum_i \mathbf{s}_i \cdot \mathbf{s}_i^* \,. \tag{12}
$$

Again, we define this after rotating both states into a standard form with $s_1 = e_z$, and s_2 in the *xz* plane exploiting the rotational invariance. This provides a global notion of the total change required to transition from one GS to another, and since $|\mathbf{s}_i - \mathbf{s}_i^*|^2 = 2 - 2 \mathbf{s}_i \cdot \mathbf{s}_i^*$ also geometrically corresponds to the distance between states, providing complementary information to the physical energy barriers and critical forcing fields discussed above.

In Fig. 15 we observe that forcing in a soft direction leads to a state GS[∗] with a high overlap with the original state GS. This increases with increasing system size, converging towards 1 as $q = 1 - c/N_s$ with a constant $c \approx 24$. This seems to suggest that, on average, only a constant number of rearrangements is required to transition into a "neighboring" ground state, but as discussed below these rearrangements are in fact not localized but rather require a change of all spins in the spin configuration. Thus, this result only indicates that there exist many ground states close by.

FIG. 16. Comparison of localization of changes between groundstate configurations for forcing in the softest direction (blue circles) and a random direction (orange triangles).

In contrast, forcing in the hardest direction results in an overlap $q < 1$, which actually tends to decrease on larger systems. However, we note that this is still relatively large considering that there are exponentially many ground states of the JSL, and for a random new state we would expect $q \approx 0$. This fits the interpretation that for forcing in the soft direction the GS smoothly evolves moving along a shallow basin of the energy landscape with an associated gradual change of the spins, whereas for forcing in a hard direction the evolution is along a steep direction with a sudden transition into a new basin of attraction resulting in a more strongly perturbed final spin configuration.

F. Localization of changes

Finally, we consider the locality of rearrangements required to change one ground state into the other. For the coplanar states of the clean model, in particular the $\sqrt{3} \times \sqrt{3}$ state, there are local zero-energy normal modes that allow us to move within the ground state manifold. For the noncoplanar ground states of the disordered model this is not the case any longer. However, we have observed above that for forcing in a soft direction only a small change in the spin configuration is required. Thus, it is natural to ask how this change is distributed over the lattice.

We define as the measure of localization

$$
w_{\rm loc} = \sum_{i} w_i^2 / \left(\sum w_i\right)^2 \tag{13}
$$

with $w_i = 1 - \mathbf{s}_i \cdot \mathbf{s}_i^* = (\mathbf{s}_i - \mathbf{s}_i^*)^2 / 2$, analogous to the IPR discussed for the normal modes of the Hessian. It is 1 if the change is fully local and only a single spin is changed, and 1/*Ns* if the change is homogeneously delocalized over all *Ns* spins.

We show the results for forcing in the soft and the hard direction in Fig. 16. In both cases we observe a scaling w_{loc} ∼ 1/*Ns* corresponding to changes of the spin configuration delocalized over the full lattice.

We note that this is in agreement with the nature of the soft modes of the Hessian which we also found to be delocalized over the full lattice. However, it is in contrast to the behavior observed in Heisenberg spin glasses, where local rearrangements between different low-lying states exist and have been found using a similar protocol [\[41\]](#page-14-0).

To reconcile the fact that the overlap suggests on average only a small number of changes in the spin configuration and the delocalization of this change over the full lattice recall that the nondisordered model has localized zero modes and that the ground states are defined via the set of strict constraints on each triangle of the lattice. If one now changes one spin locally, one has to change all spins in the triangles it belongs to to compensate. In turn all spins in the neighboring triangles have to be adjusted to satisfy the constraint, continuing throughout the full lattice. It is rather remarkable that in the clean model this series of changes terminates and can be localized, whereas for the disordered spin ground states in the presence of disordered constraints it appears to require a global but small change in the spin configuration.

G. Local forcing

Finally, we also consider a local perturbation to see whether the nonlocality of the re-arrangements observed above might have been due to our globally applied field rather than an inherent property of the probed states. Specifically, we choose $h_i \neq 0$ only on a single triangle α with a field direction h_i chosen randomly on the unit sphere. Note that applying a field local to a single spin only would, due to the rotational invariance of the field-free Hamiltonian, just lead to a global rotation of the state into field direction, such that at least two fields are required to induce a nontrivial response. Further, a single applied field still leaves the zero mode of rotation around that field, thus even applying two local fields one encounters a zero mode. Thus, we choose a single triangle with three spins as the smallest local unit which avoids these issues.

We again first consider the critical field strength and energy barriers in Fig. 17. We observe that even though they decrease with increasing system size, they are substantially larger than for the globally applied perturbations. Whereas we cannot make a precise statement on the asymptotic value, the fact that the Hessian of the ground states did not have localized soft modes, and the constraints within the ground-state manifold appear locally rigid, strongly suggests that this energy cost remains finite.

The induced rearrangements of the spin configurations after exceeding the critical field again appear to be delocalized over the full lattice (bottom panel of Fig. 17), in spite of the local nature of the applied field, lending additional confidence to the conclusion that such nonlocal changes are in fact required to transition to a distinct ground state. We note that this is different from the coplanar states of the clean model, which are unstable to an infinitesimal out-of-plane local perturbation due to the local zero modes. Indeed performing the same protocol on coplanar states of the clean model with local zero modes the critical field as well as the energy cost vanishes, in addition to observing a finite localized response for infinitesimal applied field (as long as the out-of-plane component of the applied field is nonzero). Thus, at least within the protocol described we do not find any local soft modes of the jammed spin liquid that would allow transitions between different ground states.

FIG. 17. Top: Critical force required to leave a ground state when applying a local field *h* to a single triangle oriented in a random direction, middle: Corresponding energy barrier, both versus linear system size *L* bottom: w_{loc} of rearrangements between "neighboring" ground states versus number of spins *Ns*.

VII. RANDOM WALK IN GROUND-STATE SPACE

The discussion above provided information on the local properties of the set of ground states, critical fields, and energy barriers between "neighboring" states. Next, we consider potential clustering and the size of the basins of attraction of different ground states and the "connectedness" of the ground states.

To this end we propose starting from a given initial GS ${S_i}_0$ to repeatedly apply the procedure above to generate a sequence of states ${S_i}_n$, which may either be local minima or true GS, e.g.,

(i) Find an initial ground state GS_0 of H

FIG. 18. Number of unique encountered states n_{states} when successively forcing the state in a random direction until a transition takes place versus number of forced transitions *n*. Light-gray lines are individual trajectories for different initial states and disorder configurations; shading is the standard deviation around the mean.

(ii) in step *i*: Apply a perturbing field *h* as detailed in Sec. [VI A](#page-7-0) starting from GS*i*[−]1, increasing the field strength until GS_i^* ≠ GS_{i-1} , obtaining a new distinct state $GS_i = GS_i^*$

(iii) repeat this *n* times obtaining a sequence of states

In this case we mainly discuss applying the force in a random direction. Forcing the states exclusively in the softest or hardest direction as discussed above, the procedure can get stuck in a trivial cycle, typically consisting of two states connected by a steep/shallow direction in phase space, respectively.

Intuitively, we expect this random walk in the space of (local) minima to be able to explore all states if the ground states form a single cluster, or get stuck in some part of the manifold if there are several disconnected clusters. We emphasize that this is slightly different to the dynamical freezing transition, as that was governed by the size of the energy barriers becoming larger than the available energy at low temperatures, whereas here we do not restrict the maximally applied field to induce a transition.

In Fig. 18 we show the number of unique encountered states n_{states} versus the number of forced transitions n . Individual trajectories for different disorder configurations and initial ground states are shown as light-gray lines, and the average with standard deviation as the blue line with shading. From these results it appears that while individual trajectories can be stuck for some time in a set of "known" states visible in the plateaus, after a few transitions they do escape and continue to encounter successively more new states with an increasing number of transitions. Consequently, the set of ground states appears to be connected in the sense that successive transitions through thermodynamically small energy barriers allow us to explore a large number of distinct states, e.g., that if they do cluster, that these clusters are relatively large.

Finally, we consider the overlap *q*in between the initial state and the state reached after *n* transitions in Fig. 19. This is observed to decay exponentially with the number of forced transitions. Changes in states appear global, i.e., all spins are changed in every step, but the loss of overlap is incremental, i.e., we perform a succession of "small" steps in an exponentially large space, ultimately completely decorrelating from

FIG. 19. Overlap q_{in} of the initial state with the state reached after *n* forced transitions. Light-gray lines are individual trajectories for different initial states and disorder configurations; shading is the standard deviation around the mean.

the initial state. We emphasize that this is very different to the situation expected on the basis of replica symmetry breaking in a spin glass [\[44\]](#page-14-0) which results in a hierarchical energy landscape $[4,5,7,45]$ $[4,5,7,45]$, and consequently states stuck in one local basin in which states have a high overlap, separated from distinct basins by large energy barriers [\[7,9,13,](#page-13-0)[40\]](#page-14-0). Thus, it appears that the set of ground states remains (at least partly) connected at finite temperatures and can via finite perturbations explore a large number of states via successive transitions reaching states fully unrelated to the initial state.

VIII. CONCLUSIONS

In this work we have studied the dynamics and energy landscape of the recently identified jammed spin liquid, which has exponentially many exactly degenerate ground states in the presence of disordered bond couplings. Since these states are rigid, e.g., they have no zero-energy modes besides global rotations, they form a discrete set, in contrast to previously studied classical spin liquids with continuous ground-state manifolds with zero modes. Despite the rigidity of the spin ground state configurations there still exist a large number of very soft normal modes, which appear delocalized with a best-fit fractional exponent *L*[−]5/3.

In spite of the rigidity of the ground states, we establish a vanishing spin stiffness. The spin autocorrelation shows typical classical spin-liquid behavior with an exponential decay rate scaling linearly with temperature in the intermediate low temperature regime and steepening to $T^{1.3}$ at the lowest temperatures we access. We also find evidence of spin diffusion and obtain a spin diffusion constant *D* that seems to decrease in the low temperature regime. However, we are not able to resolve whether diffusion persists down to the lowest temperatures on larger and larger length scales with a finite diffusion constant or disappears completely.

Furthermore, the dynamical structure factor has no sharply defined features, suggesting that there are no sharp spin waves present in the disordered model, but shows concentration of spectral weight at low frequencies, which we attribute to the large number of soft normal modes of the ground states. Interestingly, we find a transition (on finite systems) between dynamics that is able to explore (some parts) of phase space and fully decorrelate from the original state, and a dynamically arrested regime, in which the states mostly globally rotate and perform small oscillations being stuck close to an initial state.

This in turn motivated the detailed study of the energy landscape in terms of response to forcing of the ground states. We find that energy barriers between different ground states vanish with increasing system size, implying that excitations, due to finite temperature or perturbations, are able to induce ground-state transitions. However, there appear to be no local rearrangements between different ground states, transitions always requiring a global change in the spin configuration.

We find that the response is "anisotropic" and depends on the form of the applied force: It is "gapped" for forcing in a hard direction, defined via the spectrum of the Hessian, whereas in a "soft" or random direction it smoothly evolves as a function of the forcing strength. Moreover, local forcing encounters significantly higher energy barriers and requires larger forcing fields, which we attribute to the fact that ground-state configurations are locally rigid and, thus, resist deformation.

Finally, a random walk via successive transitions is able to fully decorrelate the resulting spin configuration from the initial state in an exponential fashion, suggesting that the set of ground states remains (at least partly) connected, and that clusters, if they exist, contain a large number of quite distinct ground states. Summarizing, we find a complex energy landscape with exponentially many degenerate discrete locally rigid ground states in a bond-disordered frustrated magnet, which at finite temperatures or energy densities appear to be connected within Landau-Lifshitz spin dynamics, with exponentially decaying spin auto correlations and no sharply defined features in the dynamical structure factor, and via applied fields, with vanishing energy barriers between "neighboring" distinct ground states.

We finish by pointing out avenues for further research and open questions. Firstly, in the kagome Heisenberg antiferromagnet bond disorder does completely eliminate all zero modes of the ground states. In light of the recent connections of frustrated magnetism to topology via spin origami in the case of anisotropic interactions in the kagome HAFM [\[30,31\]](#page-14-0), where extensive or subextensive numbers of zero modes were found protected by topological indices, a study of the (potential) topological features of the jammed spin liquid, which lifts these degeneracies completely, might provide further insight into the interplay of frustration and topology in magnets.

Secondly, the arrested regime, with dynamics observed to be "stuck" close to a state interrupted by sudden transitions between distinct states, is reminiscent of the behavior in Heisenberg spin glasses [\[40,41\]](#page-14-0). Whereas this regime vanishes in the thermodynamic limit in this model, the presence of this "glassy" phase in a model with exactly degenerate states on finite systems might provide further insight into mechanisms of spin freezing and spin glasses.

ACKNOWLEDGMENTS

This work was in part supported by Deutsche Forschungsgemeinschaft via SFB 1143.

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