## **Superfluid drag in the two-component Bose-Hubbard model**

Karl Sellin and Egor Babaev

*Department of Physics, The Royal Institute of Technology, SE-10691 Stockholm, Sweden*

n (Received 9 January 2018; published 30 March 2018)

In multicomponent superfluids and superconductors, co- and counterflows of components have, in general, different properties. A. F. Andreev and E. P. Bashkin [Sov. Phys. JETP **42**, 164 (1975)] discussed, in the context of He<sup>3</sup>/He<sup>4</sup> superfluid mixtures, that interparticle interactions produce a dissipationless *drag*. The drag can be understood as a superflow of one component induced by phase gradients of the other component. Importantly, the drag can be both positive (entrainment) and negative (counterflow). The effect is known to have crucial importance for many properties of diverse physical systems ranging from the dynamics of neutron stars and rotational responses of Bose mixtures of ultracold atoms to magnetic responses of multicomponent superconductors. Although substantial literature exists that includes the drag interaction phenomenologically, only a few regimes are covered by quantitative studies of the microscopic origin of the drag and its dependence on microscopic parameters. Here we study the microscopic origin and strength of the drag interaction in a quantum system of two-component bosons on a lattice with short-range interaction. By performing quantum Monte Carlo simulations of a two-component Bose-Hubbard model we obtain dependencies of the drag strength on the boson-boson interactions and properties of the optical lattice. Of particular interest are the strongly correlated regimes where the ratio of coflow and counterflow superfluid stiffnesses can diverge, corresponding to the case of saturated drag.

DOI: [10.1103/PhysRevB.97.094517](https://doi.org/10.1103/PhysRevB.97.094517)

## **I. INTRODUCTION**

Superfluids are, in general, multicomponent systems and as such are characterized by a matrix of superfluid stiffnesses. The matrix describes superflows of individual components as well as their coflow and relative motion. Since the particles comprising superfluids in general have interspecies interaction, their superflows will interact as well. As a result, the coflow of components is different from the counterflow. This effect was first discussed by Andreev and Bashkin in the context of superfluid mixtures of  $He<sup>3</sup>$  and  $He<sup>4</sup>$  isotopes, namely, that there will be a dissipationless drag between superflows of two components [\[1\]](#page-7-0). The intercomponent entrainment (dissipationless drag) is often referred to as the Andreev-Bashkin effect. Later, it was realized that the effect has many important consequences in a wide variety of systems. In nuclear Fermi liquids there is an entrainment effect between the neutronic superfluid and the protonic superconductor, which is a crucial part of the current models of observed dynamics of neutron stars [\[2–11\]](#page-7-0). The entrainment effect has also been argued to be rather generically present and important for the physical properties of triplet superconducting and superfluid states [\[12\]](#page-7-0). In particular it was suggested to lead to a stabilization of half-quantum vortices and skyrmions in superconducting systems [\[13–15\]](#page-7-0).

Recently, it was realized that the drag effect is especially important in strongly correlated superfluid mixtures in optical lattices. Even a weak drag interaction substantially affects the vortex states in such systems  $[16–18]$ . A sufficiently strong interaction leads to the appearance of new phases; namely, it is possible to have phase transitions to states where only coflows exist (paired superfluids) or only counterflows exist (supercounterfluids)  $[16-24]$  $[16-24]$ . These phase transitions and phases have, in turn, connections to the coflow-only and counterflow-only phases in multicomponent superconductors, where they can be caused by intercomponent electromagnetic coupling [\[24–28\]](#page-8-0). Also, the fact that the drag interaction results in an interaction between topological excitations in different sectors of the model connects this problem to the more general problem of phase transitions in multicomponent gauge theories [\[24,29–33\]](#page-8-0).

Although the Andreev-Bashkin drag effect is widely expected to be a quite generic and important phenomenon in multispecies systems, the magnitude of the drag interaction and its relation to microscopic parameters has been studied only in some special cases. Apart from the rather extensive studies in the context of Fermi liquids in dense nuclear matter [\[3–6\]](#page-7-0), most of the previous studies include analytic treatment for weakly interacting systems where the effect is inherently weak [\[34,35\]](#page-8-0), as well as Monte Carlo simulation of a zero-temperature *J*-current analog of a two-species Bose-Hubbard model [\[19\]](#page-7-0), mean-field treatment [\[35\]](#page-8-0), plane-wave expansion [\[36\]](#page-8-0), and diffusion quantum Monte Carlo [\[37\]](#page-8-0). In this paper we calculate the drag strength dependence on microscopic parameters in the two-species Bose-Hubbard model by means of quantum Monte Carlo.

We now outline how superfluid-superfluid interactions are characterized on an effective-field-theory level. Superfluidity can be understood in terms of a complex field  $\psi = \sqrt{n}e^{i\theta}$ . The kinetic free-energy density of the superflow is  $f = \rho v^2/2$ , where  $v = \gamma \nabla \theta$ , with  $\gamma = h/m$ , is the superfluid velocity and  $\rho = n/\gamma$  is the superfluid density [\[22,](#page-7-0)[38\]](#page-8-0). It was suggested by Andreev and Bashkin [\[1\]](#page-7-0) that for an interacting binary system (such as superfluid currents in  $\text{He}^3/\text{He}^4$  mixtures), a cross term  $v_a \cdot v_b$  is necessarily included in the free energy, where *a* and *b* are labels for the two components, with  $v_a = \gamma_a \nabla \theta_a$  and  $v_b = \gamma_b \nabla \theta_b$ . The free-energy density for a two-component <span id="page-1-0"></span>superfluid can be written [\[1,](#page-7-0)[39\]](#page-8-0)

$$
f = \frac{1}{2}\rho_a \mathbf{v}_a^2 + \frac{1}{2}\rho_b \mathbf{v}_b^2 + \rho_{ab} \mathbf{v}_a \cdot \mathbf{v}_b, \tag{1}
$$

where the last term is the drag interaction. The parameter  $\rho_{ab}$ , the main focus of this paper, can be positive or negative. Since  $\rho_a$  and  $\rho_b$  are positive, it follows that  $\rho_{ab}^2 < \rho_a \rho_b$  in order for (1) to be bounded from below. The mass flow currents *j* are obtained by differentiation of (1) with respect to the velocities *v*, which gives

$$
\dot{\boldsymbol{J}}_a = \rho_a \boldsymbol{v}_a + \rho_{ab} \boldsymbol{v}_b, \tag{2a}
$$

$$
\boldsymbol{j}_b = \rho_b \boldsymbol{v}_b + \rho_{ab} \boldsymbol{v}_a. \tag{2b}
$$

Here the effect of the drag interaction term  $\rho_{ab}$  can be seen explicitly: part of the superflow  $j_a$  is due to a *drag* from component *b* and vice versa.

Key properties of superfluids depend on the physics of quantum vortices [\[40,41\]](#page-8-0), i.e., points in space around which the phase  $\theta$  *winds* by  $2\pi$  so that around a contour *C* enclosing the vortex it holds that  $\oint_C d\mathbf{r} \cdot \nabla \theta = 2\pi$ . Since there are multiple phase fields  $\theta$  in multicomponent superfluids, there are multiple types of vortices. The drag effect has important consequences for the interaction of such vortices since intercomponent vortex interactions are mediated by the drag effect. This is most easily seen by rewriting the free energy (1) in terms of a sum and a difference of the phase gradients [\[17\]](#page-7-0), which gives

$$
f = \frac{1}{2} \left( \frac{\rho_a}{m_a^2} + \frac{\rho_b}{m_b^2} - \frac{2\rho_{ab}}{m_a m_b} \right)^{-1}
$$
  
 
$$
\times \left\{ \left[ \left( \frac{\rho_a}{m_a^2} - \frac{\rho_{ab}}{m_a m_b} \right) \nabla \theta_a - \left( \frac{\rho_b}{m_b^2} - \frac{\rho_{ab}}{m_a m_b} \right) \nabla \theta_b \right]^2 + \frac{\rho_a \rho_b - \rho_{ab}^2}{m_a^2 m_b^2} (\nabla \theta_a + \nabla \theta_b)^2 \right\},
$$
 (3)

and for the special case with  $m_a = m_b = 1$  and  $\rho_a = \rho_b = \rho$ , Eq. (3) simplifies to

$$
f = \frac{\rho - \rho_{ab}}{4} [\nabla(\theta_a - \theta_b)]^2 + \frac{\rho + \rho_{ab}}{4} [\nabla(\theta_a + \theta_b)]^2.
$$
 (4)

The forms of Eqs. (3) and (4) are particularly illuminating since it is clear how vortices from different components are coupled through their phase windings. It is possible to derive vortex interaction potentials from (4). Denoting for a pair of individual vortex lines with cores separated by a distance *r* and with phase windings  $(M_1, M_2) = (\oint_{C_a} dr \cdot \nabla \theta_a / 2\pi, \oint_{C_b} dr \cdot \nabla \theta_b$  $\nabla \theta_b / 2\pi$ , we have, for example, for (1,0) and (0,1) vortices the interaction energies

$$
E_{(1,0)+(1,0)}^{\text{int}} = -\pi \rho \ln(r), \tag{5a}
$$

$$
E_{(1,0)+(0,1)}^{\text{int}} = -\pi \rho_{ab} \ln(r), \tag{5b}
$$

where *r* is the distance between the vortices. Vortices from the same component repel logarithmically, but since  $\rho_{ab}$  can be either positive or negative, vortices from different components can either repel or attract logarithmically. Since the vortex excitations determine the basic properties of superfluids such as rotational response, phase transitions, etc., it is thus clear that the sign and magnitude of *ρab* have crucial effects on the physics of multicomponent systems.

### **II. MODEL AND BACKGROUND**

In this paper we consider a two-species Bose-Hubbard (BH) model with intraspecies Hamiltonians  $H_a$  and  $H_b$  containing the on-site intraspecies interactions  $U_a$  and  $U_b$ , hopping terms  $t_a$  and  $t_b$ , and chemical potentials  $\mu_a$  and  $\mu_b$ . The interspecies coupling is through an on-site interaction  $U_{ab}$  (which is tunable in experiments  $[42, 43]$ , so the Hamiltonian is given by

$$
H = H_a + H_b + U_{ab} \sum_{i} n_i^{(a)} n_i^{(b)},
$$
 (6)

with the intraspecies Hamiltonians given by

$$
H_a = -t_a \sum_{\langle ij \rangle} a_i^{\dagger(a)} a_j^{(a)} + \frac{U_a}{2} \sum_i n_i^{(a)} (n_i^{(a)} - 1)
$$
  
-  $\mu_a \sum_i n_i^{(a)},$  (7)

where  $n_i^{(a)} = a_i^{\dagger(a)} a_i^{(a)}$  is the number of particles of type *a* on site *i*.

We consider here a two-dimensional square lattice with periodic boundary conditions. Equation (7) can be obtained as a space-discretized version of the second quantized field description of bosons with truncated interactions [\[44\]](#page-8-0), although, as previously mentioned, the Hamiltonian was realized in an optical lattice where the energy scales are experimentally tunable [\[45–47\]](#page-8-0). The phase diagram of the one-species Bose-Hubbard model has been studied using various techniques [\[48–55\]](#page-8-0). The double-species case has been studied experimentally [\[43,56\]](#page-8-0) and with quantum Monte Carlo simulations  $[57–60]$ .

### **III. NUMERICAL METHODS**

The BH Hamiltonian can be simulated using Monte Carlo sampling of configurations in the imaginary-time path-integral picture [\[61–63\]](#page-8-0) with worm [\[22,](#page-7-0)[53,54\]](#page-8-0) updates. For details, refer to Appendix  $\bf{B}$ . In the path-integral picture the system is mapped onto a  $(d + 1)$ -dimensional system, where the extra dimension is imaginary time, and the configuration space becomes a set of stringlike structures called world lines, which are periodic as the imaginary time goes from zero to *β*. If the system is also periodic in the spatial dimensions, some of these "strings" may, when varying the time from zero to *β*, *wind* across a periodic boundary in space. This is the cause of superfluidity, which is measurable with the celebrated Pollock-Ceperley formula [\[64\]](#page-8-0), which gives the superfluid density *ρ* for an isotropic system of particles with inverse mass  $\gamma = \hbar/m$ , volume  $L^d$ , and inverse temperature  $\beta$  as

$$
\rho = \frac{L^{2-d}}{d\beta} \frac{\langle W^2 \rangle}{\gamma^2},\tag{8}
$$

where  $\langle W^2 \rangle$  is the average of the squared *winding number* vector  $W^2 = \sum_i W_i^2$ . The winding number  $W_i = [W]_i$  is the net number of times the particles cross a periodic boundary in the direction *i* [\[65\]](#page-8-0). Formula (8) shows that the more the world lines are disordered, the more the superfluid is ordered.

<span id="page-2-0"></span>We are concerned with how quantities like  $(8)$  compare with each other, so the prefactor  $L^{2-d}/d\beta$  is unimportant for our purposes. The winding number  $W_i = n_{\rightarrow,i} - n_{\leftarrow,i}$  can be straightforwardly calculated in a quantum Monte Carlo simulation by counting the number of times  $n_{\rightarrow,i}$  ( $n_{\leftarrow,i}$ ) a particle crosses a plane perpendicular to the *i* direction along the positive (negative) direction.

We measure the Andreev-Bashkin interaction by keeping track of the winding numbers for two species, *a* and *b*, and calculate the corresponding densities  $\rho_{a/b}$  from  $\langle W_{a/b}^2 \rangle$  and  $\rho_{ab}$  from  $\langle W_a \cdot W_b \rangle$ . [A](#page-6-0) derivation in Appendix A shows that the free-energy density for the two-species case is given by

$$
f = \frac{L^{2-d}}{\beta d} \left( \frac{1}{2} \frac{\langle W_a^2 \rangle}{\gamma_a^2} \mathbf{v}_a^2 + \frac{1}{2} \frac{\langle W_b^2 \rangle}{\gamma_b^2} \mathbf{v}_b^2 + \frac{\langle \mathbf{W}_a \cdot \mathbf{W}_b \rangle}{\gamma_a \gamma_b} \mathbf{v}_a \cdot \mathbf{v}_b \right),\tag{9}
$$

which should be compared with [\(1\)](#page-1-0). We can thus represent  $\rho_{ab}$ in terms of the other prefactors  $\rho_a$  and  $\rho_b$  in [\(1\)](#page-1-0) with

$$
\varrho_{ab} \equiv \frac{\rho_{ab}}{\sqrt{\rho_a \rho_b}} = \frac{\langle \mathbf{W}_a \cdot \mathbf{W}_b \rangle}{\sqrt{\langle W_a^2 | W_b^2 \rangle}}.
$$
 (10)

Clearly,  $\varrho_{ab}$  can be either positive or negative and cannot exceed unity in this model.

### **IV. RESULTS**

We now present our results. First, we consider the symmetric case with  $U_a = U_b = U = 1$ ,  $\mu_a = \mu_b = \mu$ , and  $t_a =$  $t_b = t$ . In Fig. 1 we show the drag interaction versus  $\mu$  and *t* for a strong interspecies interaction  $U_{ab} = 0.9$ . We note in Fig. 1 two separate phases in terms of the drag interaction: a double-superfluid phase and a supercounterfluid phase. In the double-superfluid phase of Fig. 1, the drag interaction is typically a few percent and can be large and negative close to the supercounterfluid phase. In the supercounterfluid phase [\[21\]](#page-7-0) the drag interaction is saturated at  $\rho_{ab} = -100\%$ . The supercounterfluid state is characterized by  $\langle (W_a - W_b)^2 \rangle \neq 0$ and  $\langle (W_a + W_b)^2 \rangle \rightarrow 0$  in the thermodynamic limit [\[58,59\]](#page-8-0). For the parts of the double-superfluid phase where the filling factor is low and interactions are strong, the system tends to avoid paying interspecies interaction energy by having codirected paths, as shown in Fig.  $1(d)$ , giving a positive drag interaction. A strong negative drag is found for the part of the phase diagram where the system would be in a Mott insulating state for the one-species case; however, for the two-species case supercounterfluidity occurs via counterdirected paths, as illustrated in Fig.  $1(e)$ , giving a negative drag interaction. It is seen in Fig.  $1(a)$  that decreasing *t* destroys the supercounterflow; this is to be expected because when the system becomes more strongly correlated, a Mott insulating state should be favored over the supercounterfluid. The results of Fig. 1 are for a finite-size system with  $L = 10$ , and finite-size effects of the double-superfluid phase and at the transition to the supercounterfluid phase will be discussed later in Figs. [5](#page-3-0) and [9.](#page-5-0)



FIG. 1. (a) The value of the drag interaction  $\rho_{ab}$  for a system with  $U_{ab} = 0.9$ ,  $L = 10$ , and  $\beta = L/t$  versus chemical potential  $\mu$ and hopping parameter *t*. Note that the color map is logarithmic in (a). For comparison against the one-species phase diagram case we include the one-species critical line (separating the Mott insulating and superfluid phases) which is adapted from Fig. 1 of Ref. [\[55\]](#page-8-0). For reference we show the corresponding values of (b) the total filling factor  $\langle n_{a+b} \rangle$  and (c) the squared winding number difference. In (d) and (e) we give cartoon illustrations of world line configurations (in imaginary time  $\tau$  and in one spatial dimension  $x$ ) that give a positive and negative drag, respectively. In (d) the system can avoid paying interspecies interaction energy by having codirected paths, and this effect is strongest in the strongly correlated regime (small *t*) with a small filling factor, and in (e) a particle-particle counterflow (or a particle-hole coflow) can be seen.

### **A. Effect of varying interspecies with low filling factor and**  $t = 0.1$

We now study how the drag interaction depends on *Uab* when the mean particle number is fixed. We determine the values  $\mu$  needed to fix  $\langle n_{a+b} \rangle = 0.5$ , where  $n_{a+b} = n_a + n_b$ is the total number of particles per site. We perform grandcanonical simulations allowing particle number fluctuations, but  $\mu$  fixes the mean particle number within a few percent using  $\mu = -0.297 + 0.248U_{ab} - 0.108U_{ab}^2$ , which is obtained by running several simulations for different  $\mu$ , making a linear interpolation fit, and solving for  $\langle n_{a+b} \rangle = 0.5$ . In Fig. [2](#page-3-0) we plot the drag interaction  $\rho_{ab} = \rho_{ab}/\sqrt{\rho_a \rho_b}$  versus  $U_{ab}$ . In Fig. [2,](#page-3-0) estimated errors are on the order of or less than the marker size. Figure [2](#page-3-0) shows clearly that there is a drag that is induced by the interspecies interaction  $U_{ab}$ , and for the systems considered here its magnitude ranges around a few

<span id="page-3-0"></span>

FIG. 2. The drag interaction can be induced by a negative or positive intercomponent interaction *Uab*, shown here for the regime where  $t = 0.1$ ,  $\beta = 100$ , and  $L = 10$  and  $\mu$  is tuned to give an average total number of particles  $\langle n_{a+b} \rangle \approx 0.5$ .

percent of the one-species superfluid densities. Note how an attractive interaction and a repulsive interaction both result in a positive drag coefficient in the case of Fig. 2. This is natural when thinking in terms of the winding of the particle paths in imaginary time [Fig.  $1(a)$ ]. In the repulsive case the paths will tend to not cross, and in the attractive case the paths will tend to superimpose; either case leads to codirected paths.

### **B. Varying filling factor and** *t*

We now turn to the dependence of the drag interaction on the lattice filling. In Fig. 3 we fix  $U_{ab} = 0.8$  and  $t = 0.1$ and vary  $\mu$ , thereby varying the total filling factor  $\langle n_{a+b} \rangle$ . As can be seen, the drag interaction has a maximum around  $\langle n_{a+b} \rangle = 0.5$ . For low densities the world-line paths can avoid each other to minimize the interaction energy stemming from *Uab*, leading to correlations between the winding numbers and thus an effective interaction. For larger densities, this way of minimizing the interaction energy is not effective; the only way would be to phase separate the system. Note that for other values of *t* these results may look quite different, as the system enters a supercounterfluid phase for lower *t* (see Fig. [1\)](#page-2-0). Next,



FIG. 3. For the case of a positive drag interaction with parameters  $U_{ab} = 0.8, t = 0.1, L = 10, \text{ and } \beta = 100.0, \text{ we find that it is largest.}$ for low filling factors. In the top plot we show the superfluid drag interaction versus average filling factor, showing a maximum at around  $\langle n_{a+b} \rangle = 0.5$ . In the bottom plot the values of  $\mu$  used to set  $\langle n_{a+b} \rangle$  are shown.



FIG. 4. For  $U_{ab} = 0.9$  and  $\beta = L/t$  we find that the drag interaction is relatively large in the strongly correlated regime with small *t* and low filling factor. In the top plot we show the drag interaction versus *t*, and the bottom plot shows the value of  $\langle n_{a+b} \rangle$  (left axis) and values of  $\mu$  used in the simulation (right axis). For the two system sizes simulated we find no substantial finite-size effects.

let's consider effects of varying *t*; Fig. 4 shows that the drag interaction drops in the weak-coupling regime of large *t*.

### **C. Finite-size scaling in the double-superfluid phase**

Since the physics considered so far are away from criticality we do not expect them to be altered much by finite-size scaling beyond a saturation point. We perform a finite-size scaling analysis in Fig.  $5$ , where we plot  $\rho_{ab}$  for various system sizes for parameters corresponding to the system in Fig. 2 in the double-superfluid phase. In Fig. 5 a finite-size scaling analysis of the drag interaction is shown, where a quick saturation when scaling up the system size can be seen, suggesting that the drag interaction becomes independent of system size for large enough systems in the double-superfluid phase.

## **D. Temperature dependence of drag and emergence of drag interaction in systems with a phase-separated ground state**

Next, we consider the effects of changing temperature. In Fig. [6](#page-4-0) we display the dependence of  $\rho_{ab}$  on the inverse temperature *β* (for small *β* data points where  $\rho_{ab}/\sqrt{\rho_a \rho_b}$  = 0*/*0 are obtained, these data points have been represented as zero in Fig. [6\)](#page-4-0). The drag interaction is seen in Fig. [6](#page-4-0) to decrease with temperature. The same trend is seen in analytical studies of weakly coupled systems (Fig. 1 of [\[34\]](#page-8-0)).

However, the drag effect can, indeed, have a more complicated temperature dependence. For a sufficiently strong



FIG. 5. Finite-size scaling analysis of the drag interaction in the double-superfluid phase shows a saturation at around  $L = 8$  for a system with  $t = 0.1$ ,  $\beta = 100.0$ ,  $U_{ab} = 0.9$ , and  $\mu = -0.158$ .

<span id="page-4-0"></span>

FIG. 6. The drag interaction becomes larger and shows a tendency to saturate with increasing inverse temperature  $\beta$  and a system with  $L = 10$  and  $U_{ab} = 0.9$ . In the top plot we show the drag interaction versus inverse temperature *β* and various *t*, showing a maximum of  $\rho_{ab} = 15\%$ . In the bottom plot we show the chemical potentials used to set  $\langle n_{a+b} \rangle = 0.5$  for low temperatures.

intercomponent interaction *Uab*, the system can phase separate in the ground state. In a phase-separated system there is clearly no drag interaction. However, with increasing temperature thermal fluctuations in the form of a remixing with the decimated particle type should occur, inducing a drag interaction, which should then disappear as superfluidity is destroyed by further increasing temperature. In Fig. 7 we can observe precisely this effect, where the drag interaction emerges at



FIG. 7. For several systems with values of  $U_{ab}$  which give rise to phase separation in the ground state, we find that the drag interaction has a nonmonotonic dependence on temperature. In the top plot we show the drag interaction versus inverse temperature  $\beta$  for several values of  $U_{ab}$ . For  $U_{ab} \geq 1$ , the system is phase separated for small temperatures. Increasing the temperature leads to thermal mixing, and the system thus goes to the double-superfluid regime and acquires an intercomponent drag. Here  $L = 6$ , and  $t = 0.1$ . In the bottom plot we show the values of  $\mu$  used to give  $\langle n_{a+b} \rangle = 0.5$  for the lowest temperatures.



FIG. 8. For a system where  $t_a = 0.01$  is fixed and  $t_b$  varies,  $U_{ab} =$ 0.9,  $\beta = 1000$ ,  $L = 10$ , and  $\mu = \mu_a = \mu_b$  is tuned to set  $\langle n_{a+b} \rangle =$ 0*.*5, we find that the system phase separates. The drag is largest near the phase-separation phase transition and then disappears in the phaseseparated regime.

elevated temperatures. Overall, it depends nonmonotonically on temperature for systems which are phase separated in the ground state. The drag should, in fact, have broader relevance for phase-separated systems because the system can have rotation-induced remixing even at low temperatures, which follows from Gross-Pitaevskii-model-based studies [\[66\]](#page-8-0).

### **E. Effects of density imbalance**

Until now we have considered cases with symmetric system parameters  $U_a = U_b = 1$ ,  $t_a = t_b$ , and  $\mu_a = \mu_b$ . We now also consider the effects of model parameter asymmetries, such as for a <sup>87</sup>Rb/<sup>41</sup>K mixture [\[43\]](#page-8-0). We let  $U_a = U_b = 1.0$ ,  $U_{ab} =$ 0.9,  $t_a = 0.01$ , and  $\beta = 1000$  and vary  $t_b$ . To fix  $\langle n_{a+b} \rangle$  we also vary  $\mu_a = \mu_b = \mu$ . The results are shown in Fig. 8, and in this case the drag interaction effect diminishes with increasing model parameter asymmetry. Note that the mean numbers of particles of species *a* and *b* are not necessarily equal anymore.

## **F. Drag near phase transitions to supercounterfluid and paired states**

As seen in Fig. [1,](#page-2-0) the drag interactions change drastically when going from the double-superfluid phase with an unsaturated drag to the supercounterfluid phase with a saturated drag of  $-100\%$ . For  $t = 0.05$  and at unity filling  $\langle n_{a+b} \rangle = 1$ , this transition was found in a finite-size scaling analysis [\[59\]](#page-8-0) to occur at  $U_{ab}/t = 14.9 \pm 0.1$  (corresponding to  $U_{ab}/U =$ 0*.*74–0*.*75). To see more specifically how the drag interaction behaves at the transition we take  $t = 0.05$  and vary the filling factor for several intercomponent interactions  $U_{ab}$ . In Fig. [9](#page-5-0) we show values of  $\rho_{ab}$  versus  $\langle n_{a+b} \rangle$  (set by  $\mu$ ) for various  $U_{ab}$ . As we can see,  $U_{ab}$  induces an effective drag interaction for densities  $\langle n_{a+b} \rangle$  < 1, where the system is in the double-superfluid

<span id="page-5-0"></span>

FIG. 9. The drag interaction changes drastically when crossing the border between a double-superfluid phase with an unsaturated drag and a supercounterfluid phase in which the drag is saturated at −100%. Here we display for various *Uab*, one in each panel in the top six panels, the dependence of the drag interaction (blue solid lines, left *y* axes) versus the filling factor  $\langle n_{a+b} \rangle$  for  $t = 0.05$  and  $L = 16$ . The corresponding values for the chemical potentials are given on the right *y* axes (green dots). It is seen that for low filling factors with  $\langle n_{a+b} \rangle$  < 1, there is a positive drag interaction which becomes larger with increasing intercomponent interaction *Uab*. If the system approaches criticality, for large enough  $U_{ab}$  the drag first goes down to zero and then changes its signs to negative (i.e., coflow drag crosses over to counterflow); then the absolute value of negative drag starts growing rapidly when approaching  $\langle n_{a+b} \rangle = 1$ . When the system enters the supercounterfluid phase, the drag saturates to the lower extreme value of  $\rho_{ab} = -100\%$ . In the bottom panel, we show the value of the drag at  $\langle n_{a+b} \rangle = 1$  for three system sizes, showing that finite-size effects are important in the supercounterfluid regime.

phase. For large *Uab* there is an onset of a saturated negative drag regime around  $\langle n_{a+b} \rangle = 1$  which signals the phase transition into the supercounterfluid phase. We point out that there are many values of  $\mu$  that cause  $\langle n_{a+b} \rangle = 1$ , so the supercounterfluid would be a plateau rather than a point if  $\mu$  is the horizontal axis (compare with Fig. [1\)](#page-2-0). For the systems in Fig. 9, we considered three system sizes,  $L = 6, 10,$  and 16, and found that finite-size effects are within or close to being within statistical error in the double-superfluid phase, whereas they are sizable in the supercounterfluid phase. For a more careful finitesize scaling study of the supercounterfluid phase, see [\[59\]](#page-8-0).

Until now, we have mentioned the double-superfluid phase with an unsaturated drag interaction and the supercounterfluid



FIG. 10. For negative *Uab*, it is possible to have a positive drag that saturates to the upper extreme value of  $\rho_{ab} = +100\%$  in a so-called *paired-superfluid* phase, as demonstrated here for a system with  $t =$ 0.05,  $L = 10$ ,  $\beta = 200$ , and various negative  $U_{ab}$ .

phase with a drag saturated to  $-100\%$ . The drag can also be saturated to  $+100\%$ ; the corresponding state is called the *paired-superfluid* phase [\[20,21](#page-7-0)[,24,28,67\]](#page-8-0), which appears for a different sign of the interspecies interaction (compare with an analogous phase that appears for related reasons in multicomponent and pair-density-wave superconductors [\[25,26,68,69\]](#page-8-0)). To check for the presence of that phase in our model, we performed simulations similar to those in Fig. 9, but with a *negative* interspecies interaction *Uab*. In Fig. 10 we show the dependence of the drag interaction on the chemical potential for several systems with attractive interspecies interaction. Note that in Fig. 10 the filling factor behaves more abruptly with chemical potential than in Fig. 9, so it is more convenient to have  $\mu$  as the horizontal axis. The drag interaction can, indeed, take the value +100% for filling factors  $0 < \langle n_{a+b} \rangle < 2$  (which can be compared with the result of Fig. [3\)](#page-3-0) for the systems considered in Fig. 10. This gives an example of a phase with a drag saturated to  $+100\%$ . Importantly, the positive drag can also be expected to be very large in the vicinity of the phase transition to that phase.

#### **G. Statistical nature of the drag interaction**

Finally, we comment on the statistical nature of the drag interaction in the double-superfluid phase. In Fig. [11](#page-6-0) we plot histograms for  $W_a \cdot W_b$ , obtained from simulations for zero and nonzero  $U_{ab}$ . The values of  $\rho_{ab}/\sqrt{\rho_a \rho_b}$  in Fig. [2](#page-3-0) are calculated using Eq. [\(10\)](#page-2-0) from data sets like the ones depicted in Fig. [11.](#page-6-0) For  $U_{ab} = 0$  [Fig. [11\(a\)\]](#page-6-0), positive and negative values of  $W_a \cdot W_b$  are, of course, equally probable since the two species represent two identical and decoupled systems. For a sufficiently large nonzero  $U_{ab}$ , however [Fig. [11\(b\)\]](#page-6-0), the distribution is instead asymmetric with a higher probability of positive values of  $W_a \cdot W_b$ . Although the asymmetry between positive and negative values of  $W_a \cdot W_b$  in the doublesuperfluid phase is not necessarily striking, it can, as we have seen, nevertheless be sufficient to lead to a significant effective interaction. If picking out a particular configuration from a

<span id="page-6-0"></span>

FIG. 11. Histograms of the winding number mixing  $W_a \cdot W_b$  for simulations where the interspecies interaction  $U_{ab}$  is (a) zero and (b) nonzero. The histograms show an asymmetry for nonzero  $U_{ab}$ , which means that codirected paths are slightly more common than counterdirected paths, leading to an effective positive drag interaction. Other parameters are  $U = 1$ ,  $t = 0.1$ , and varying  $\mu$  to have the same  $\langle n_{a+b} \rangle$  in (a) and (b).

simulation in the double-superfluid phase, it is thus not at all certain that one will observe codirected paths; it is only on a statistical level that the drag interaction emerges [\[70\]](#page-8-0). This illustrates that the paired and supercounterfluid phases considered in this paper and in Refs [\[25,26,68,69\]](#page-8-0) can not in general be interpreted as a formation of locally bound pairs. For example, individual components can still support ordinary dissipative flows.

#### **V. CONCLUSIONS**

In conclusion, the intercomponent drag interaction is a rather generic phenomenon in multicomponent superfluid and superconducting mixtures. This interaction is very important for phase diagrams, the nature of phase transitions, rotational and magnetic responses, and properties of topological defects. Here we have considered the origin of the drag in a twocomponent boson system on a lattice that has only on-site boson-boson interactions. We obtained the strength of the intercomponent drag interaction as a function of microscopic parameters of the system. The drag gradually saturates to  $\pm 100\%$  close to the phase transitions to paired superfluid and supercounterfluid states, with  $+100\%$  drag leading to a complete entrainment of superfluid mass flow  $(2)$  and  $-100\%$ leading to a complete counterflow. We find that the drag can be substantial even away from these transitions and even in the case of on-site intercomponent boson-boson interactions. The most straightforward experimental visualization of the drag can be through observation of the structure of vortex lattices, for which symmetry and ordering are very sensitive to drag strength [\[17,18\]](#page-7-0).

## **ACKNOWLEDGMENTS**

We thank N. Prokof'ev, B. Svistunov, D. Weston, and E. Blomquist for useful discussions and A. Kuklov for comments on our manuscript. The work was supported by Swedish Research Council Grants No. 642-2013-7837 and No. VR2016- 06122 and the Göran Gustafsson Foundation for Research in Natural Sciences and Medicine. The computations were performed on resources provided by the Swedish National Infrastructure for Computing (SNIC) at the National Supercomputer Center in Linköping, Sweden.

## **APPENDIX A: DERIVATION OF A POLLOCK-CEPERLEY FORMULA FOR THE TWO-SPECIES CASE**

We follow the one-species derivation of Pollock and Ceper-ley [\[64\]](#page-8-0) (see also [\[22\]](#page-7-0)) but introduce *two* phase twists  $\varphi_{\alpha} =$  $L\mathbf{v}_{\alpha}/\gamma_{\alpha}$ , with  $\alpha = a,b$ , and associated winding numbers  $W_{\alpha}$ . As detailed in [\[64\]](#page-8-0), a Galilean transformation (putting the superfluid component in motion) will, due to periodic boundary conditions, multiply the partition function with the factors  $\exp(\pm i\varphi \cdot \hat{\mu})$ , one for each particle that crosses the periodic boundary in the direction  $\pm \hat{\mu}$  (where  $\hat{\mu} = \hat{x}, \hat{y}, \hat{z}$ ). Defining the winding number  $W$  as the net number of times the particles wind across the boundaries, a phase twist then gives, in total, the factor  $exp(i\varphi \cdot W)$  multiplying the partition function. We now proceed by decomposing the partition function in terms of fixed-winding-number partition functions,

$$
Z_{\varphi_a, \varphi_b \neq 0} = \sum_{W_a, W_b} e^{i(\varphi_a \cdot W_a + \varphi_b \cdot W_b)} Z_{W_a, W_b}, \tag{A1}
$$

and by writing the corresponding phase-twist-free partition function as

$$
Z_{\varphi_a = \varphi_b = 0} = \sum_{W_a, W_b} Z_{W_a, W_b}.
$$
 (A2)

Denoting the free-energy difference associated with introducing the phase twists by  $F = F_{\varphi_a, \varphi_b \neq 0} - F_{\varphi_a = \varphi_b = 0}$ , we can write

$$
e^{-\beta F} = \frac{e^{-\beta F_{\varphi_a, \varphi_b \neq 0}}}{e^{-\beta F_{\varphi_a = \varphi_b = 0}}} = \frac{Z_{\varphi_a, \varphi_b \neq 0}}{Z_{\varphi_a = \varphi_b = 0}}
$$
(A3)

$$
= \frac{\sum_{W_a, W_b} e^{i(\varphi_a \cdot W_a + \varphi_b \cdot W_b)} Z_{W_a, W_b}}{\sum_{W_a, W_b} Z_{W_a, W_b}}
$$
(A4)

$$
= \langle e^{i(\varphi_a \cdot W_a + \varphi_b \cdot W_b)} \rangle.
$$
 (A5)

Expanding the right-hand side for small phase twists, using the fact that  $\langle W \rangle = 0$ , and assuming a *d*-dimensional system which is isotropic so that winding numbers in different dimensions are uncorrelated leave second-order terms of the form

$$
\langle (\boldsymbol{\varphi}_a \cdot \boldsymbol{W}_a)(\boldsymbol{\varphi}_b \cdot \boldsymbol{W}_b) \rangle = \langle \varphi_{ai} W_{ai} \varphi_{bj} W_{bj} \rangle \tag{A6}
$$

$$
= \langle W_{ai} W_{bj} \rangle \varphi_{ai} \varphi_{bj} \tag{A7}
$$

$$
= \frac{\delta_{ij} \langle \mathbf{W}_a \cdot \mathbf{W}_b \rangle}{d} \varphi_{ai} \varphi_{bj} \quad \text{(A8)}
$$

$$
= \frac{\langle W_a \cdot W_b \rangle}{d} \varphi_a \cdot \varphi_b, \quad \text{(A9)}
$$

and, correspondingly,  $\langle (\varphi_a \cdot W_a)^2 \rangle = \langle W_a^2 \rangle \varphi_a^2 / d$  and  $\langle (\varphi_b \cdot W_b)^2 \rangle = \langle W_b^2 \rangle \varphi_b^2 / d$ . Expanding also  $e^{-\beta F}$  gives the <span id="page-7-0"></span>free-energy density

$$
f = \frac{L^{2-d}}{\beta d} \left( \frac{1}{2} \frac{\langle W_a^2 \rangle}{\gamma_a^2} \mathbf{v}_a^2 + \frac{1}{2} \frac{\langle W_b^2 \rangle}{\gamma_b^2} \mathbf{v}_b^2 + \frac{\langle \mathbf{W}_a \cdot \mathbf{W}_b \rangle}{\gamma_a \gamma_b} \mathbf{v}_a \cdot \mathbf{v}_b \right).
$$
(A10)

A generalization to *N* species follows straightforwardly; as (A10) is a binary quadratic form, the general case is a corresponding *N*-ary quadratic form.

# **APPENDIX B: DETAILS OF THE NUMERICS**

The equilibrium statistics of [\(6\)](#page-1-0) can be obtained from quantum Monte Carlo simulations by sampling imaginarytime path integrals. Since we are interested in simulating the superfluid phase, efficient sampling of winding numbers is needed. The winding number is a global topological quantity, and consequently, local Monte Carlo updates will lead to slow convergence of the winding number [\[64\]](#page-8-0). Here we use the "worm" algorithm [22[,53,54\]](#page-8-0) which efficiently generates configurations with different winding numbers. In short, the worm algorithm is a Metropolis [\[71\]](#page-8-0) sampling algorithm which efficiently generates path integrals by taking shortcuts through an extended configuration space where the particle number is not conserved at two points in space-time. The points where a particle is created (destroyed) are referred to as the tail (head) of a worm. The insertion of such discontinuities is referred to as the creation of a worm which is one of the Monte Carlo updates in a worm Monte Carlo simulation. After worm creation, either one or both of the discontinuities can then sample the extended configuration space by propagating through space-time by a set of local Monte Carlo updates.

The Monte Carlo updates include the aforementioned worm creation update, as well as a time-shift update which displaces a discontinuity in time, a jump update which shifts a discontinuity to a neighboring site, thereby inserting a kink, a corresponding antijump update which undoes the jump update, a reconnection update which inserts a hole next to the discontinuity, a corresponding antireconnection update, and, finally, a worm destruction update. Whenever the head and tail of the worm are lined up, meaning that they are in the same point in space and have no events occurring in between them in time, a worm destruction move may be carried out which removes the worm and the particle discontinuities from the system. The resulting state then belongs to the ordinary configuration space where the particle number is conserved, which contributes to the Monte Carlo statistics of the simulation. For a didactic summary of worm updates, see, e.g., [\[72\]](#page-8-0). Since the extended configuration space Monte Carlo moves are all balanced, the effective Monte Carlo moves which update between the ordinary configuration space states sampled are also balanced. The advantages of the worm algorithm are listed in [\[54\]](#page-8-0); for our purposes the most important ones are the fact that the simulations may sample any winding number and suffer less from critical slowing down and that it can work in the grand-canonical ensemble.

To simulate a double-species system, we insert worms that operate on particle numbers of one species type one at a time and may use the same updates as those used for a single-species case. The exception is the time-shift update, which for a singlespecies simulation normally, for simplicity, updates the time of a world-line discontinuity with the restriction of the nearestlying kinks. To preserve ergodicity in a multispecies simulation the discontinuity must be able to cross kinks that belong to other species. We have performed a simulation with  $10^8-10^{10}$ worm updates per site and species, after an equilibration warm-up of typically  $10<sup>8</sup>$  updates, and have calculated averages of  $10^5$ – $10^6$  data points from each simulation. The initial configurations are ordered states, typically, a checkerboard state with  $n_i^{(a)} + n_i^{(b)} = 1$ . To estimate errors we have used the bootstrap method [\[73\]](#page-8-0). The displayed errors for the quantity  $\rho_{ab} = \rho_{ab}/\sqrt{\rho_a \rho_b}$  are the estimated errors of  $\rho_{ab}$  divided by √*ρaρb*.

- [1] A. F. Andreev and E. P. Bashkin, Zh. Eksp. Teor. Fiz. **69**, 319 (1975) [\[Sov. Phys. JETP](http://jetp.ac.ru/cgi-bin/e/index/e/42/1/p164?a=list) **42**, 164 (1975)].
- [2] M. Alpar, S. A. Langer, and J. Sauls, [Astrophys. J.](https://doi.org/10.1086/162232) **[282](https://doi.org/10.1086/162232)**, [533](https://doi.org/10.1086/162232) [\(1984\)](https://doi.org/10.1086/162232).
- [3] O. Sjöberg, [Nucl. Phys. A](https://doi.org/10.1016/0375-9474(76)90558-3) **[265](https://doi.org/10.1016/0375-9474(76)90558-3)**, [511](https://doi.org/10.1016/0375-9474(76)90558-3) [\(1976\)](https://doi.org/10.1016/0375-9474(76)90558-3).
- [4] M. Borumand, R. Joynt, and W. Kluźniak, [Phys. Rev. C](https://doi.org/10.1103/PhysRevC.54.2745) **[54](https://doi.org/10.1103/PhysRevC.54.2745)**, [2745](https://doi.org/10.1103/PhysRevC.54.2745) [\(1996\)](https://doi.org/10.1103/PhysRevC.54.2745).
- [5] [M. Baldo, J. Cugnon, A. Lejeune, and U. Lombardo,](https://doi.org/10.1016/0375-9474(92)90387-Y) Nucl. Phys. A **[536](https://doi.org/10.1016/0375-9474(92)90387-Y)**, [349](https://doi.org/10.1016/0375-9474(92)90387-Y) [\(1992\)](https://doi.org/10.1016/0375-9474(92)90387-Y).
- [6] N. Chamel, [Mon. Not. R. Astron. Soc.](https://doi.org/10.1111/j.1365-2966.2008.13426.x) **[388](https://doi.org/10.1111/j.1365-2966.2008.13426.x)**, [737](https://doi.org/10.1111/j.1365-2966.2008.13426.x) [\(2008\)](https://doi.org/10.1111/j.1365-2966.2008.13426.x).
- [7] B. Link, [Phys. Rev. Lett.](https://doi.org/10.1103/PhysRevLett.91.101101) **[91](https://doi.org/10.1103/PhysRevLett.91.101101)**, [101101](https://doi.org/10.1103/PhysRevLett.91.101101) [\(2003\)](https://doi.org/10.1103/PhysRevLett.91.101101).
- [8] E. Babaev, [Phys. Rev. D](https://doi.org/10.1103/PhysRevD.70.043001) **[70](https://doi.org/10.1103/PhysRevD.70.043001)**, [043001](https://doi.org/10.1103/PhysRevD.70.043001) [\(2004\)](https://doi.org/10.1103/PhysRevD.70.043001).
- [9] P. B. Jones, [Mon. Not. R. Astron. Soc.](https://doi.org/10.1111/j.1365-2966.2006.10754.x) **[371](https://doi.org/10.1111/j.1365-2966.2006.10754.x)**, [1327](https://doi.org/10.1111/j.1365-2966.2006.10754.x) [\(2006\)](https://doi.org/10.1111/j.1365-2966.2006.10754.x).
- [10] M. G. Alford and G. Good, [Phys. Rev. B](https://doi.org/10.1103/PhysRevB.78.024510) **[78](https://doi.org/10.1103/PhysRevB.78.024510)**, [024510](https://doi.org/10.1103/PhysRevB.78.024510) [\(2008\)](https://doi.org/10.1103/PhysRevB.78.024510).
- [11] E. Babaev, [Phys. Rev. Lett.](https://doi.org/10.1103/PhysRevLett.103.231101) **[103](https://doi.org/10.1103/PhysRevLett.103.231101)**, [231101](https://doi.org/10.1103/PhysRevLett.103.231101) [\(2009\)](https://doi.org/10.1103/PhysRevLett.103.231101).
- [12] A. J. Leggett, [Rev. Mod. Phys.](https://doi.org/10.1103/RevModPhys.47.331) **[47](https://doi.org/10.1103/RevModPhys.47.331)**, [331](https://doi.org/10.1103/RevModPhys.47.331) [\(1975\)](https://doi.org/10.1103/RevModPhys.47.331).
- [13] S. B. Chung, H. Bluhm, and E.-A. Kim, [Phys. Rev. Lett.](https://doi.org/10.1103/PhysRevLett.99.197002) **[99](https://doi.org/10.1103/PhysRevLett.99.197002)**, [197002](https://doi.org/10.1103/PhysRevLett.99.197002) [\(2007\)](https://doi.org/10.1103/PhysRevLett.99.197002).
- [14] S. B. Chung, D. F. Agterberg, and E.-A. Kim, [New J. Phys.](https://doi.org/10.1088/1367-2630/11/8/085004) **[11](https://doi.org/10.1088/1367-2630/11/8/085004)**, [085004](https://doi.org/10.1088/1367-2630/11/8/085004) [\(2009\)](https://doi.org/10.1088/1367-2630/11/8/085004).
- [15] [J. Garaud, K. A. H. Sellin, J. Jäykkä, and E. Babaev,](https://doi.org/10.1103/PhysRevB.89.104508) *Phys. Rev.* B **[89](https://doi.org/10.1103/PhysRevB.89.104508)**, [104508](https://doi.org/10.1103/PhysRevB.89.104508) [\(2014\)](https://doi.org/10.1103/PhysRevB.89.104508).
- [16] E. K. Dahl, E. Babaev, S. Kragset, and A. Sudbø, [Phys. Rev. B](https://doi.org/10.1103/PhysRevB.77.144519) **[77](https://doi.org/10.1103/PhysRevB.77.144519)**, [144519](https://doi.org/10.1103/PhysRevB.77.144519) [\(2008\)](https://doi.org/10.1103/PhysRevB.77.144519).
- [17] E. K. Dahl, E. Babaev, and A. Sudbø, [Phys. Rev. B](https://doi.org/10.1103/PhysRevB.78.144510) **[78](https://doi.org/10.1103/PhysRevB.78.144510)**, [144510](https://doi.org/10.1103/PhysRevB.78.144510) [\(2008\)](https://doi.org/10.1103/PhysRevB.78.144510).
- [18] E. K. Dahl, E. Babaev, and A. Sudbø, [Phys. Rev. Lett.](https://doi.org/10.1103/PhysRevLett.101.255301) **[101](https://doi.org/10.1103/PhysRevLett.101.255301)**, [255301](https://doi.org/10.1103/PhysRevLett.101.255301) [\(2008\)](https://doi.org/10.1103/PhysRevLett.101.255301).
- [19] [V. M. Kaurov, A. B. Kuklov, and A. E. Meyerovich,](https://doi.org/10.1103/PhysRevLett.95.090403) *Phys. Rev.* Lett. **[95](https://doi.org/10.1103/PhysRevLett.95.090403)**, [090403](https://doi.org/10.1103/PhysRevLett.95.090403) [\(2005\)](https://doi.org/10.1103/PhysRevLett.95.090403).
- [20] A. Kuklov, N. Prokof'ev, and B. Svistunov, [Phys. Rev. Lett.](https://doi.org/10.1103/PhysRevLett.92.050402) **[92](https://doi.org/10.1103/PhysRevLett.92.050402)**, [050402](https://doi.org/10.1103/PhysRevLett.92.050402) [\(2004\)](https://doi.org/10.1103/PhysRevLett.92.050402).
- [21] A. Kuklov, N. Prokof'ev, and B. Svistunov, [Phys. Rev. Lett.](https://doi.org/10.1103/PhysRevLett.92.030403) **[92](https://doi.org/10.1103/PhysRevLett.92.030403)**, [030403](https://doi.org/10.1103/PhysRevLett.92.030403) [\(2004\)](https://doi.org/10.1103/PhysRevLett.92.030403).
- [22] B. V. Svistunov, E. S. Babaev, and N. V. Prokof'ev, *Superfluid States of Matter* (CRC Press, Boca Raton, FL, 2015).
- <span id="page-8-0"></span>[23] A. B. Kuklov and B. V. Svistunov, [Phys. Rev. Lett.](https://doi.org/10.1103/PhysRevLett.90.100401) **[90](https://doi.org/10.1103/PhysRevLett.90.100401)**, [100401](https://doi.org/10.1103/PhysRevLett.90.100401) [\(2003\)](https://doi.org/10.1103/PhysRevLett.90.100401).
- [24] [A. Kuklov, N. Prokof'ev, B. Svistunov, and M. Troyer,](https://doi.org/10.1016/j.aop.2006.04.007) Ann. Phys. (N.Y.) **[321](https://doi.org/10.1016/j.aop.2006.04.007)**, [1602](https://doi.org/10.1016/j.aop.2006.04.007) [\(2006\)](https://doi.org/10.1016/j.aop.2006.04.007).
- [25] E. Babaev, [arXiv:cond-mat/0201547.](http://arxiv.org/abs/arXiv:cond-mat/0201547)
- [26] E. Babaev, A. Sudbø, and N. Ashcroft, [Nature \(London\)](https://doi.org/10.1038/nature02910) **[431](https://doi.org/10.1038/nature02910)**, [666](https://doi.org/10.1038/nature02910) [\(2004\)](https://doi.org/10.1038/nature02910).
- [27] [J. Smiseth, E. Smørgrav, E. Babaev, and A. Sudbø,](https://doi.org/10.1103/PhysRevB.71.214509) Phys. Rev. B **[71](https://doi.org/10.1103/PhysRevB.71.214509)**, [214509](https://doi.org/10.1103/PhysRevB.71.214509) [\(2005\)](https://doi.org/10.1103/PhysRevB.71.214509).
- [28] E. V. Herland, E. Babaev, and A. Sudbø, [Phys. Rev. B](https://doi.org/10.1103/PhysRevB.82.134511)**[82](https://doi.org/10.1103/PhysRevB.82.134511)**, [134511](https://doi.org/10.1103/PhysRevB.82.134511) [\(2010\)](https://doi.org/10.1103/PhysRevB.82.134511).
- [29] T. Senthil, A. Vishwanath, L. Balents, S. Sachdev, and M. P. Fisher, [Science](https://doi.org/10.1126/science.1091806) **[303](https://doi.org/10.1126/science.1091806)**, [1490](https://doi.org/10.1126/science.1091806) [\(2004\)](https://doi.org/10.1126/science.1091806).
- [30] A. B. Kuklov, M. Matsumoto, N. V. Prokof'ev, B. V. Svistunov, and M. Troyer, [Phys. Rev. Lett.](https://doi.org/10.1103/PhysRevLett.101.050405) **[101](https://doi.org/10.1103/PhysRevLett.101.050405)**, [050405](https://doi.org/10.1103/PhysRevLett.101.050405) [\(2008\)](https://doi.org/10.1103/PhysRevLett.101.050405).
- [31] [E. V. Herland, T. A. Bojesen, E. Babaev, and A. Sudbø,](https://doi.org/10.1103/PhysRevB.87.134503) Phys. Rev. B **[87](https://doi.org/10.1103/PhysRevB.87.134503)**, [134503](https://doi.org/10.1103/PhysRevB.87.134503) [\(2013\)](https://doi.org/10.1103/PhysRevB.87.134503).
- [32] K. Chen, Y. Huang, Y. Deng, A. B. Kuklov, N. V. Prokof'ev, and B. V. Svistunov, [Phys. Rev. Lett.](https://doi.org/10.1103/PhysRevLett.110.185701) **[110](https://doi.org/10.1103/PhysRevLett.110.185701)**, [185701](https://doi.org/10.1103/PhysRevLett.110.185701) [\(2013\)](https://doi.org/10.1103/PhysRevLett.110.185701).
- [33] K. A. H. Sellin and E. Babaev, [Phys. Rev. B](https://doi.org/10.1103/PhysRevB.93.054524) **[93](https://doi.org/10.1103/PhysRevB.93.054524)**, [054524](https://doi.org/10.1103/PhysRevB.93.054524) [\(2016\)](https://doi.org/10.1103/PhysRevB.93.054524).
- [34] D. V. Fil and S. I. Shevchenko, [Phys. Rev. A](https://doi.org/10.1103/PhysRevA.72.013616) **[72](https://doi.org/10.1103/PhysRevA.72.013616)**, [013616](https://doi.org/10.1103/PhysRevA.72.013616) [\(2005\)](https://doi.org/10.1103/PhysRevA.72.013616).
- [35] J. Linder and A. Sudbø, [Phys. Rev. A](https://doi.org/10.1103/PhysRevA.79.063610) **[79](https://doi.org/10.1103/PhysRevA.79.063610)**, [063610](https://doi.org/10.1103/PhysRevA.79.063610) [\(2009\)](https://doi.org/10.1103/PhysRevA.79.063610).
- [36] P. P. Hofer, C. Bruder, and V. M. Stojanović, [Phys. Rev. A](https://doi.org/10.1103/PhysRevA.86.033627) **[86](https://doi.org/10.1103/PhysRevA.86.033627)**, [033627](https://doi.org/10.1103/PhysRevA.86.033627) [\(2012\)](https://doi.org/10.1103/PhysRevA.86.033627).
- [37] J. Nespolo, G. E. Astrakharchik, and A. Recati, [New J. Phys.](https://doi.org/10.1088/1367-2630/aa93a0) **[19](https://doi.org/10.1088/1367-2630/aa93a0)**, [125005](https://doi.org/10.1088/1367-2630/aa93a0) [\(2017\)](https://doi.org/10.1088/1367-2630/aa93a0).
- [38] M. E. Fisher, M. N. Barber, and D. Jasnow, [Phys. Rev. A](https://doi.org/10.1103/PhysRevA.8.1111) **[8](https://doi.org/10.1103/PhysRevA.8.1111)**, [1111](https://doi.org/10.1103/PhysRevA.8.1111) [\(1973\)](https://doi.org/10.1103/PhysRevA.8.1111).
- [39] In some cases, e.g., [\[22,](#page-7-0)34], [\(1\)](#page-1-0) is written in the form  $f = (\rho_a (\rho_{ab})\mathbf{v}_a^2/2 + (\rho_b - \rho_{ab})\mathbf{v}_b^2/2 + \rho_{ab}\mathbf{v}_a \cdot \mathbf{v}_b$ ; we, however, find it more convenient to work in the form of  $(1)$  via the redefinitions  $\rho_{a/b} - \rho_{ab} \rightarrow \rho_{a/b}.$
- [40] L. Onsager, [Nuovo Cimento](https://doi.org/10.1007/BF02780991) **[6](https://doi.org/10.1007/BF02780991)**, [279](https://doi.org/10.1007/BF02780991) [\(1949\)](https://doi.org/10.1007/BF02780991).
- [41] R. Feynman, [Prog. Low Temp. Phys.](https://doi.org/10.1016/S0079-6417(08)60077-3) **[1](https://doi.org/10.1016/S0079-6417(08)60077-3)**, [17](https://doi.org/10.1016/S0079-6417(08)60077-3) [\(1955\)](https://doi.org/10.1016/S0079-6417(08)60077-3).
- [42] S. B. Papp, J. M. Pino, and C. E. Wieman, [Phys. Rev. Lett.](https://doi.org/10.1103/PhysRevLett.101.040402) **[101](https://doi.org/10.1103/PhysRevLett.101.040402)**, [040402](https://doi.org/10.1103/PhysRevLett.101.040402) [\(2008\)](https://doi.org/10.1103/PhysRevLett.101.040402).
- [43] G. Thalhammer, G. Barontini, L. De Sarlo, J. Catani, F. Minardi, and M. Inguscio, [Phys. Rev. Lett.](https://doi.org/10.1103/PhysRevLett.100.210402) **[100](https://doi.org/10.1103/PhysRevLett.100.210402)**, [210402](https://doi.org/10.1103/PhysRevLett.100.210402) [\(2008\)](https://doi.org/10.1103/PhysRevLett.100.210402).
- [44] H. A. Gersch and G. C. Knollman, [Phys. Rev.](https://doi.org/10.1103/PhysRev.129.959) **[129](https://doi.org/10.1103/PhysRev.129.959)**, [959](https://doi.org/10.1103/PhysRev.129.959) [\(1963\)](https://doi.org/10.1103/PhysRev.129.959).
- [45] D. Jaksch, C. Bruder, J. I. Cirac, C. W. Gardiner, and P. Zoller, [Phys. Rev. Lett.](https://doi.org/10.1103/PhysRevLett.81.3108) **[81](https://doi.org/10.1103/PhysRevLett.81.3108)**, [3108](https://doi.org/10.1103/PhysRevLett.81.3108) [\(1998\)](https://doi.org/10.1103/PhysRevLett.81.3108).
- [46] M. Greiner, O. Mandel, T. Esslinger, T. W. Hänsch, and I. Bloch, [Nature \(London\)](https://doi.org/10.1038/415039a) **[415](https://doi.org/10.1038/415039a)**, [39](https://doi.org/10.1038/415039a) [\(2002\)](https://doi.org/10.1038/415039a).
- [47] D. Jaksch and P. Zoller, [Ann. Phys. \(N.Y.\)](https://doi.org/10.1016/j.aop.2004.09.010) **[315](https://doi.org/10.1016/j.aop.2004.09.010)**, [52](https://doi.org/10.1016/j.aop.2004.09.010) [\(2005\)](https://doi.org/10.1016/j.aop.2004.09.010).
- [48] J. K. Freericks and H. Monien, [Europhys. Lett.](https://doi.org/10.1209/0295-5075/26/7/012) **[26](https://doi.org/10.1209/0295-5075/26/7/012)**, [545](https://doi.org/10.1209/0295-5075/26/7/012) [\(1994\)](https://doi.org/10.1209/0295-5075/26/7/012).
- [49] B. Damski and J. Zakrzewski, [Phys. Rev. A](https://doi.org/10.1103/PhysRevA.74.043609) **[74](https://doi.org/10.1103/PhysRevA.74.043609)**, [043609](https://doi.org/10.1103/PhysRevA.74.043609) [\(2006\)](https://doi.org/10.1103/PhysRevA.74.043609).
- [50] S. Ejima, H. Fehske, F. Gebhard, K. zu Münster, M. Knap, E. Arrigoni, and W. von der Linden, [Phys. Rev. A](https://doi.org/10.1103/PhysRevA.85.053644) **[85](https://doi.org/10.1103/PhysRevA.85.053644)**, [053644](https://doi.org/10.1103/PhysRevA.85.053644) [\(2012\)](https://doi.org/10.1103/PhysRevA.85.053644).
- [51] M. P. A. Fisher, P. B. Weichman, G. Grinstein, and D. S. Fisher, [Phys. Rev. B](https://doi.org/10.1103/PhysRevB.40.546) **[40](https://doi.org/10.1103/PhysRevB.40.546)**, [546](https://doi.org/10.1103/PhysRevB.40.546) [\(1989\)](https://doi.org/10.1103/PhysRevB.40.546).
- [52] G. G. Batrouni and R. T. Scalettar, [Phys. Rev. B](https://doi.org/10.1103/PhysRevB.46.9051) **[46](https://doi.org/10.1103/PhysRevB.46.9051)**, [9051](https://doi.org/10.1103/PhysRevB.46.9051) [\(1992\)](https://doi.org/10.1103/PhysRevB.46.9051).
- [53] N. Prokof'ev, B. Svistunov, and I. Tupitsyn, [Phys. Lett. A](https://doi.org/10.1016/S0375-9601(97)00957-2) **[238](https://doi.org/10.1016/S0375-9601(97)00957-2)**, [253](https://doi.org/10.1016/S0375-9601(97)00957-2) [\(1998\)](https://doi.org/10.1016/S0375-9601(97)00957-2).
- [54] [N. V. Prokof'ev, B. V. Svistunov, and I. S. Tupitsyn,](https://doi.org/10.1134/1.558661) J. Exp. Theor. Phys. **[87](https://doi.org/10.1134/1.558661)**, [310](https://doi.org/10.1134/1.558661) [\(1998\)](https://doi.org/10.1134/1.558661).
- [55] B. Capogrosso-Sansone, Ş. G. Söyler, N. Prokof'ev, and B. Svistunov, [Phys. Rev. A](https://doi.org/10.1103/PhysRevA.77.015602) **[77](https://doi.org/10.1103/PhysRevA.77.015602)**, [015602](https://doi.org/10.1103/PhysRevA.77.015602) [\(2008\)](https://doi.org/10.1103/PhysRevA.77.015602).
- [56] J. Catani, L. De Sarlo, G. Barontini, F. Minardi, and M. Inguscio, [Phys. Rev. A](https://doi.org/10.1103/PhysRevA.77.011603) **[77](https://doi.org/10.1103/PhysRevA.77.011603)**, [011603](https://doi.org/10.1103/PhysRevA.77.011603) [\(2008\)](https://doi.org/10.1103/PhysRevA.77.011603).
- [57] S. Guertler, M. Troyer, and F.-C. Zhang, [Phys. Rev. B](https://doi.org/10.1103/PhysRevB.77.184505)**[77](https://doi.org/10.1103/PhysRevB.77.184505)**, [184505](https://doi.org/10.1103/PhysRevB.77.184505) [\(2008\)](https://doi.org/10.1103/PhysRevB.77.184505).
- [58] Ş. G. Söyler, B. Capogrosso-Sansone, N. V. Prokof'ev, and B. V. Svistunov, [New J. Phys.](https://doi.org/10.1088/1367-2630/11/7/073036) **[11](https://doi.org/10.1088/1367-2630/11/7/073036)**, [073036](https://doi.org/10.1088/1367-2630/11/7/073036) [\(2009\)](https://doi.org/10.1088/1367-2630/11/7/073036).
- [59] F. Lingua, M. Guglielmino, V. Penna, and B. Capogrosso Sansone, [Phys. Rev. A](https://doi.org/10.1103/PhysRevA.92.053610) **[92](https://doi.org/10.1103/PhysRevA.92.053610)**, [053610](https://doi.org/10.1103/PhysRevA.92.053610) [\(2015\)](https://doi.org/10.1103/PhysRevA.92.053610).
- [60] [M. Guglielmino, V. Penna, and B. Capogrosso-Sansone,](https://doi.org/10.1103/PhysRevA.82.021601) *Phys.* Rev. A **[82](https://doi.org/10.1103/PhysRevA.82.021601)**, [021601](https://doi.org/10.1103/PhysRevA.82.021601) [\(2010\)](https://doi.org/10.1103/PhysRevA.82.021601).
- [61] R. P. Feynman, [Phys. Rev.](https://doi.org/10.1103/PhysRev.91.1291) **[91](https://doi.org/10.1103/PhysRev.91.1291)**, [1291](https://doi.org/10.1103/PhysRev.91.1291) [\(1953\)](https://doi.org/10.1103/PhysRev.91.1291).
- [62] R. Feynman and A. Hibbs, *Quantum Mechanics and Path Integrals*, rev. ed. (Dover, New York, 2010).
- [63] D. M. Ceperley, [Rev. Mod. Phys.](https://doi.org/10.1103/RevModPhys.67.279) **[67](https://doi.org/10.1103/RevModPhys.67.279)**, [279](https://doi.org/10.1103/RevModPhys.67.279) [\(1995\)](https://doi.org/10.1103/RevModPhys.67.279).
- [64] E. L. Pollock and D. M. Ceperley, [Phys. Rev. B](https://doi.org/10.1103/PhysRevB.36.8343) **[36](https://doi.org/10.1103/PhysRevB.36.8343)**, [8343](https://doi.org/10.1103/PhysRevB.36.8343) [\(1987\)](https://doi.org/10.1103/PhysRevB.36.8343).
- [65] To avoid confusion, we point out that this winding number is unrelated to the previously mentioned phase winding of vortices.
- [66] P. N. Galteland, E. Babaev, and A. Sudbø, [New J. Phys.](https://doi.org/10.1088/1367-2630/17/10/103040) **[17](https://doi.org/10.1088/1367-2630/17/10/103040)**, [103040](https://doi.org/10.1088/1367-2630/17/10/103040) [\(2015\)](https://doi.org/10.1088/1367-2630/17/10/103040).
- [67] P. Chen and M.-F. Yang, [Phys. Rev. B](https://doi.org/10.1103/PhysRevB.82.180510) **[82](https://doi.org/10.1103/PhysRevB.82.180510)**, [180510](https://doi.org/10.1103/PhysRevB.82.180510) [\(2010\)](https://doi.org/10.1103/PhysRevB.82.180510).
- [68] D. Agterberg and H. Tsunetsugu, [Nat. Phys.](https://doi.org/10.1038/nphys999) **[4](https://doi.org/10.1038/nphys999)**, [639](https://doi.org/10.1038/nphys999) [\(2008\)](https://doi.org/10.1038/nphys999).
- [69] E. Berg, E. Fradkin, and S. A. Kivelson, [Nat. Phys.](https://doi.org/10.1038/nphys1389) **[5](https://doi.org/10.1038/nphys1389)**, [830](https://doi.org/10.1038/nphys1389) [\(2009\)](https://doi.org/10.1038/nphys1389).
- [70] A remark concerning the co- or counterdirection of superfluid currents is needed to avoid confusion. If the drag interaction  $\rho_{ab}$  in [\(1\)](#page-1-0) is positive, the system can decrease its energy by having *counterdirected* superfluid currents. However, a positive  $\rho_{ab}$  corresponds to positive  $W_a \cdot W_b$ , that is, *codirected* paths. This is not a contradiction since the imaginary-time paths are not the real superfluid currents, or, loosely speaking, the quantity  $d\mathbf{r}_a/d\tau \cdot d\mathbf{r}_b/d\tau$  switches sign when replacing  $\tau$  with *it*.
- [71] N. Metropolis, A. W. Rosenbluth, M. N. Rosenbluth, A. H. Teller, and E. Teller, [J. Chem. Phys.](https://doi.org/10.1063/1.1699114) **[21](https://doi.org/10.1063/1.1699114)**, [1087](https://doi.org/10.1063/1.1699114) [\(1953\)](https://doi.org/10.1063/1.1699114).
- [72] C. Trefzger, C. Menotti, B. Capogrosso-Sansone, and M. Lewenstein, [J. Phys. B](https://doi.org/10.1088/0953-4075/44/19/193001) **[44](https://doi.org/10.1088/0953-4075/44/19/193001)**, [193001](https://doi.org/10.1088/0953-4075/44/19/193001) [\(2011\)](https://doi.org/10.1088/0953-4075/44/19/193001).
- [73] G. Barkema and M. Newman, *Monte Carlo Methods in Statistical Physics* (Oxford University Press, Oxford, 2001).