# Thermodynamic properties of Ba<sub>2</sub>CoSi<sub>2</sub>O<sub>6</sub>Cl<sub>2</sub> in a strong magnetic field: Realization of flat-band physics in a highly frustrated quantum magnet

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The search for flat-band solid-state realizations is a crucial issue to verify or to challenge theoretical predictions for quantum many-body flat-band systems. For frustrated quantum magnets flat bands lead to various unconventional properties related to the existence of localized many-magnon states. The recently synthesized magnetic compound  $Ba_2CoSi_2O_6Cl_2$  seems to be an almost perfect candidate to observe these features in experiments. We develop a theory for  $Ba_2CoSi_2O_6Cl_2$  by adapting the localized-magnon concept to this compound. We first show that our theory describes the known experimental facts and then we propose new experimental studies to detect a field-driven phase transition related to a Wigner-crystal-like ordering of localized magnons at low temperatures.

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#### I. INTRODUCTION

Destructive interference in quantum mechanics can lead to a disorder-free localization of particles. In the one-particle energy spectrum this is related to the existence of flat bands. Such a single-particle flat band can substantially influence the many-body physics of interacting quantum systems. For two-dimensional (2D) electronic systems in a magnetic field this scenario may lead to so-called Aharonov-Bohm cages [1,2] as well as to the celebrated fractional quantum Hall effect [3]. In correlated-electron systems with a flat band the interaction energy may dominate over the kinetic energy, thus a flat band may lead to ferromagnetic instability in the Hubbard model. Remarkably, here the existence of a flat band allows for exact results in this highly nontrivial many-body system [4–7].

Nowadays, flat-band (FB) physics is extensively discussed in the recent literature with a special focus on topological FB models, and many interesting phenomena related to flat bands have been observed; see, e.g., [8–12] and references therein. Realizations of FB systems can be achieved, e.g., with cold atoms in optical lattices [13,14] and photonic lattices [15–17]. On the other hand, solid-state realizations of ideal FB systems are notoriously rare, since a strictly flat band requires a perfect FB geometry providing immaculate Hamiltonian parameters.

Among the numerous FB systems, the highly frustrated quantum antiferromagnets (AFMs) play a particular role in solid-state physics. These FB spin systems exhibit several prominent features in high magnetic fields, such as a plateau and a subsequent magnetization jump at the saturation field [18,19], a magnetic-field driven spin-Peierls instability [20], a finite residual entropy at the saturation field [21–23], and an unconventional low-temperature thermodynamics [22–25]. These unconventional features are related to the existence of a huge manifold of exactly known many-body low-lying eigenstates (the so-called independent localized many-magnon

states) which (i) allow an exact description of the low-energy physics and (ii) the calculation of the low-temperature thermodynamic properties by mapping of the localized many-magnon states of the initial quantum spin system onto classical latticegas models of hard-core objects; for a review, see, e.g., [10,26].

An interesting consequence of the localized-magnon states for 2D Heisenberg FB systems is the prediction of a finitetemperature order-disorder phase transition which should occur at low temperatures in a finite field region just below the saturation field and is related to an ordering of the independent localized magnons [22,24,25]. The first prediction of such a transition [22] refers to the quantum kagome AFM where the compact localized states (located on hexagons) can be mapped onto the classical hard-hexagon problem [27]. However, a specific problem for the kagome AFM is the existence of additional noncompact independent localizedmagnon (LM) states [26] which are not taken into account by the corresponding hard-hexagon problem, and, therefore the prediction of the phase transition is to some extent problematic. More promising is the fully frustrated square-lattice bilayer quantum Heisenberg AFM (see Fig. 1, top), since for this model the compact localized states (located on the vertical interlayer bonds) are the only existing independent LM states. For this model the ordering of localized magnons falls into the 2D Ising universality class [24]. Remarkably, for this system one can take into account an additional class of exact low-energy localized states (interacting/non-independent LM states) which allows a comprehensive study of the "high field-low temperature" phase diagram of the fully frustrated square-lattice bilayer spin-1/2 Heisenberg AFM [25]. Very recently, a specific feature of this model, namely the existence of local conservation laws, has been exploited to develop a new sign-problem-free Monte Carlo method [28] that confirms the finite-temperature Ising transition in the square-lattice bilayer quantum spin system in a magnetic field predicted in [24,25].

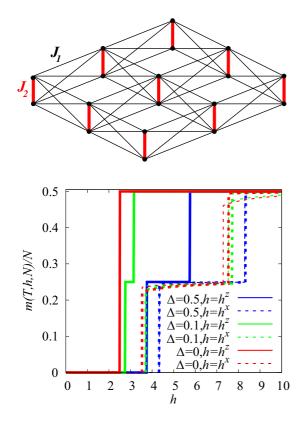


FIG. 1. (Top) Frustrated square-lattice bilayer. Red bonds, intradimer bonds  $J_2$ ; black bonds, interdimer bonds  $J_1$ . (Bottom) Magnetization curves at T = 0 for  $J_2 = 5$ ,  $J_1 = 1$  and several uniform anisotropy parameters  $\Delta_1 = \Delta_2 = \Delta$ : ED for the initial model (N =16, thin) vs the effective model ( $\mathcal{N} = 8$ , thick). Blue lines,  $\Delta = 0.5$ ; green lines,  $\Delta = 0.1$ ; red lines,  $\Delta = 0$ . The solid lines correspond to  $\mathbf{h} = (0,0,h)$  and the dashed lines to  $\mathbf{h} = (h,0,0)$ .

The question of the experimental observation of the particular LM physics in solid-state magnets is crucial for its relevance in material science. Fortunately, there is a plethora of one-, two-, and three-dimensional frustrated spin models hosting independent localized magnons [10,18,23,26]. Except the above mentioned kagome and bilayer AFMs, prominent examples are, e.g., the pyrochlore and the checkerboard AFMs as well as the diamond spin chain. On the other hand, the LM physics requires a certain fine-tuning of the Hamiltonian parameters and it takes place near the saturation field, that is often not accessible in experimental setups to measure thermodynamic quantities such as the specific heat. So far the most promising candidate was the natural mineral azurite [29], which represents a one-dimensional frustrated diamond-chain Heisenberg AFM. Although, its Hamiltonian parameters do not obey ideal FB conditions [30-32], it exhibits indeed a wide magnetization plateau ending in an almost perfect jump to saturation.

A very interesting candidate for 2D LM physics is  $Ba_2CoSi_2O_6Cl_2$  [33]. Recently, Tanaka *et al.* [33] have found that the magnetic Co<sup>2+</sup> ions of this compound can be described as a 2D fully frustrated square-lattice bilayer spin-1/2 AFM (see Fig. 1, top) with an antiferromagnetic vertical interlayer (intradimer) coupling  $J_2$  dominating the nearest-neighbor intralayer couplings and the frustrating interlayer couplings.

Thus, the exchange pattern of Ba<sub>2</sub>CoSi<sub>2</sub>O<sub>6</sub>Cl<sub>2</sub> perfectly fits to the LM (FB) conditions. Since the underlying magnetic model is 2D, the magnetic properties of  $Ba_2CoSi_2O_6Cl_2$ are expected to be even more diverse than for the onedimensional azurite. The most spectacular experimental results are the magnetization curves m(h) measured at 1.3 K for two field orientations until about 70 T, that exceeds noticeably the saturation field. The magnetization curve m(h) exhibits a stepwise shape with a plateau at half of the saturation magnetization, irrespective of the field direction which is typical for the fully frustrated bilayer AFM [24,25]. Although, the reported magnetic properties of  $Ba_2CoSi_2O_6Cl_2$  strongly resemble the theoretical predictions of [24,25] obtained for the fully frustrated isotropic Heisenberg bilayer AFM, there are several important differences in the appropriate spin model for  $Ba_2CoSi_2O_6Cl_2$ . First, the model is an anisotropic XXZ spin model close to the XY limit [33]. Second, the g factor for the field applied in the XY plane is almost 2 times larger than the g factor for the field applied along the z axis, and, therefore, the corresponding saturation fields are quite different, namely  $H_{sat} = 41.0$  T (in XY plane) and  $H_{sat} = 56.7$  T (along the z axis) [33].

#### II. EFFECTIVE THEORY FOR Ba2CoSi2O6Cl2

In the present paper we develop a theory for Ba<sub>2</sub>CoSi<sub>2</sub>O<sub>6</sub>Cl<sub>2</sub> that is based on the LM picture for the bilayer model, see [24,25]. Using this theory we want to describe the reported experimental magnetization curves and to propose new experiments to detect specific features of the LM physics, such as an extra low-temperature singularity in the specific heat and a magnetic-field driven order-disorder phase transition. Let us first mention that the LM scenario also holds for *XXZ* models with magnetic fields along the *z* direction [18,20], whereas the case when the Zeeman term does not commute with the *XXZ* interactions (e.g., with a magnetic field along the *x* direction) was not studied so far.

Extending the theory of [24,25] we consider an anisotropic spin-1/2 XXZ square-lattice bilayer AFM of N = 2N sites as shown in Fig. 1 and introduce different values of the g factor for the field directed along the x axis and along the z axis,

$$H = \sum_{\langle ij \rangle} J_{ij} \left( s_i^x s_j^x + s_i^y s_j^y + \Delta_{ij} s_i^z s_j^z \right) - \sum_{i=1}^N \mathbf{h} \cdot \mathbf{s}_i, \quad (1)$$

where  $J_{ij}$  and  $\Delta_{ij}$  acquire either the values  $J_2$  and  $\Delta_2$  (vertical dimer bonds) or  $J_1$  and  $\Delta_1$  (interdimer bonds), cf. Fig. 1. Note that the equality of all interdimer bonds corresponds just to the ideal FB geometry. Moreover, a sufficiently large value of  $J_2$  is needed to establish LM physics (e.g.,  $J_2 > 4J_1$  for  $\Delta_1 = \Delta_2 = 1$  [24,25]). In correspondence to [33] we consider two particular orientations of the field,  $\mathbf{h} = (0,0,h^z)$  and  $\mathbf{h} = (h^x,0,0)$ , and corresponding g factors  $g^z$  and  $g^x$ , i.e.,  $h^z = g^z \mu_{\rm B} H$  and  $h^x = g^x \mu_{\rm B} H$ , where  $\mu_{\rm B} \approx 0.67171$  K/T is the Bohr magneton and H is the value (measured in Tesla) of the applied magnetic field. According to [33], the g factors for Ba<sub>2</sub>CoSi<sub>2</sub>O<sub>6</sub>Cl<sub>2</sub> are  $g^z = 2.0 \pm 0.1$  and  $g^x = 3.86$ .

Next we elaborate an effective low-energy theory for the model (1) at high magnetic fields by using the strong-coupling approach for both cases of the field direction. For that we

assume that the main part of the Hamiltonian  $H_{\text{main}}$  consists only of the vertical bonds  $J_2$  and the Zeeman term at the field  $h_0$ , where the two eigenstates,  $|u\rangle$  and  $|d\rangle$ , of the spin dimer are degenerate. Hence, at  $h_0$  a magnetization jump to saturation (to almost saturation) takes place for the *z*-aligned (*x*-aligned) field. The remaining terms in (1) are treated as the perturbation  $V = H - H_{\text{main}}$ . The effective Hamiltonian is obtained by standard perturbation theory [34–36]  $H_{\text{eff}} =$  $PHP + \ldots$ , where  $P = |\varphi_0\rangle\langle\varphi_0|$  is the projector onto the ground-state manifold of  $H_{\text{main}}$  consisting of  $2^N$  states of the N dimers. In addition, we use the (pseudo)spin-1/2 operators  $T^z = (|u\rangle\langle u| - |d\rangle\langle d|)/2$ ,  $T^+ = |u\rangle\langle d|$ ,  $T^- = |d\rangle\langle u|$ , attached to each vertical dimer bond to represent  $H_{\text{eff}}$  in an easy recognizable form. After some straightforward manipulations (see Appendix) we obtain the effective model,

$$H_{\rm eff} = \mathbf{C} - \mathbf{h} \sum_{m=1}^{\mathcal{N}} T_m^z + \mathbf{J} \sum_{\langle mn \rangle} T_m^z T_n^z, \qquad (2)$$

that corresponds to the square-lattice spin-1/2 antiferromagnetic Ising model. The parameters C, h, and J are functions of the Hamiltonian parameters  $J_2$ ,  $\Delta_2$ ,  $J_1$ ,  $\Delta_1$ , and h. For the z-directed field these parameters are given by simple formulas:  $C = (-h/2 - J_2/4 + \Delta_1 J_1/2)\mathcal{N}$ ,  $h = h - J_2/4 + \Delta_1 J_1/2\mathcal{N}$  $(1 + \Delta_2)J_2/2 - 2\Delta_1J_1$ , and  $J = \Delta_1J_1$ . In case of an xdirected field, these expressions are more complicated (see Appendix). Since the field h in (2) is a function of  $J_i$ ,  $\Delta_i$ , and, of course, of the applied magnetic field H, for a certain value of H the resulting effective field h is zero, i.e., the effective model (2) is the exactly solvable zero-field square-lattice Ising model [37]. For  $h \neq 0$ , there are high-precision numerical results for the phase diagram in the "field-temperature" plane; see, e.g., [38–42]. The ordered phase of the effective Ising model corresponds to a Wigner-crystal ordering of localized magnons in the initial quantum model.

## III. FIELD-DRIVEN PHASE TRANSITION IN Ba<sub>2</sub>CoSi<sub>2</sub>O<sub>6</sub>Cl<sub>2</sub>

In a first step we check the quality of the elaborated effective description. For that we perform full exact diagonalization (ED) [43] for both the initial and the effective models on finite lattices imposing periodic boundary conditions. For the initial (quantum) model (1) that is the  $N = 16 = 2 \times 8$  bilayer and for the effective (classical) model (2) that is the  $\mathcal{N} = 8$  square lattice. In Fig. 1, bottom, we compare the ground-state magnetization curves taking as a representative the parameter set:  $J_2 = 5$ ,  $J_1 = 1$ ,  $\Delta_2 = \Delta_1 = \Delta$  with  $\Delta = 0.5$ , 0.1, 0 and z-aligned (solid curves) as well as x-aligned (dashed curves) magnetic fields. For the z-aligned field the curves of both models practically coincide, whereas for the x-aligned field the agreement is still very good, in particular at the one-half plateau, where the LM-crystal state is an exact eigenstate of (1).

Now we turn to the specific situation of Ba<sub>2</sub>CoSi<sub>2</sub>O<sub>6</sub>Cl<sub>2</sub>. The strong intradimer interaction parameters, estimated as  $J_2 = 110$  K,  $\Delta_2 = 0.149$  [33], dictate the low-temperature magnetization process. As mentioned above, all interdimer bonds are practically equal, i.e., the ideal FB condition holds in good approximation, and their values given in [33] are

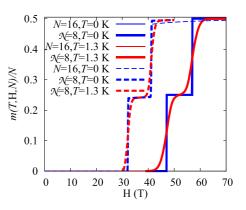


FIG. 2. Magnetization curves for the model parameters of Ba<sub>2</sub>CoSi<sub>2</sub>O<sub>6</sub>Cl<sub>2</sub> ( $J_2 = 110$  K,  $\Delta_2 = 0.149$ ,  $4J_1 = 23.7$  K,  $\Delta_1 = 0.56$ ) [33] at T = 0 K (blue) and T = 1.3 K (red). ED data for the initial model (N = 16, thin lines) are compared with corresponding ones for the effective model ( $\mathcal{N} = 8$ , thick lines). Note that corresponding thin and thick lines widely coincide. Solid lines represent data for  $\mathbf{h} = (0,0,h^z)$ ,  $g^z = 2.0$  and dashed lines for  $\mathbf{h} = (h^x,0,0)$ ,  $g^x = 3.86$ , where  $\mathbf{H} = h^{\alpha}/(g^{\alpha}\mu_{\rm B})$ ,  $\alpha = z,x$ .

 $4J_1 = 23.7$  K and  $\Delta_1 = 0.56$ . We also recall the *g* factors  $g^z = 2.0$  and  $g^x = 3.86$  [33]. Putting all pieces together and measuring the applied magnetic field H in Tesla, we arrive at the following estimates for the parameters of  $H_{\text{eff}}$ , Eq. (2): For the *z*-aligned field H we get  $C \approx (-0.67\text{H} - 25.84)\mathcal{N}$  K,  $h \approx -(1.34\text{H} - 69.85)$  K,  $J \approx 3.33$  K. In case of an *x*-aligned field H the effective parameters are given by more complicated formulas (see Appendix). However, in the field range from 30 T to 45 T, relevant for the localized magnon scenario, these parameters vary almost linearly with H as follows:  $C \approx -53.70 \dots -72.45$  K,  $h \approx -16.24 \dots 21.01$  K, and  $J \approx 5.43 \dots 5.70$  K. Note, however, that for the results discussed below we use the full formulas of the effective parameters given in the Appendix.

In Fig. 2 we report ED results for magnetization curves for both field directions. These curves fit well to the experimental ones; see Fig. 3 in [33] (note, however, that the experimental data are calibrated differently). We also mention that T =1.3 K used to calculate the isothermal m(H) curve cannot be identified as that temperature quoted in Fig. 3 of [33], because in [33] a pulsed magnetic field was used to measure m(H), i.e., the measurement process is rather adiabatic than isothermal. The magnetization jumps in Fig. 2 are located at the critical fields  $H_{c}\approx47.04~T$  and  $H_{sat}\approx56.94~T$  for the z-directed field and  $H_c \approx 32.16$  T and  $H_{sat} \approx 41.14$  T for the x-directed field. These values agree well with the corresponding experimental data [33]  $H_c = 46.8$  T,  $H_{sat} =$ 56.7 T and  $H_c = 32.0$  T,  $H_{sat} = 41.0$  T. Thus, we may conclude that our theoretical approach provides an excellent description of the measured magnetization process of Ba<sub>2</sub>CoSi<sub>2</sub>O<sub>6</sub>Cl<sub>2</sub>.

Next we analyze the specific heat *c* in the plateau region  $H_c < H < H_{sat}$  predicted by theory, but not measured yet. For the *z*-aligned field  $H \approx 51.99$  T and for the *x*-aligned field  $H \approx 36.61$  T the effective field h in Eq. (2) vanishes, and the corresponding effective coupling constants J yield the transition temperatures  $T_c \approx 1.89$  K (*z*-aligned field) and  $T_c \approx 3.17$  K (*x*-aligned field).

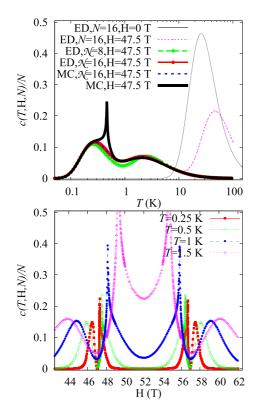


FIG. 3. (Top) ED (initial and effective model with N = 16 and  $\mathcal{N} = 8$ ) and MC data (effective model with  $\mathcal{N}$  up to 256 × 256) for the temperature dependence of the specific heat for the model parameters of Ba<sub>2</sub>CoSi<sub>2</sub>O<sub>6</sub>Cl<sub>2</sub> (see text) at H = 47.5 T along the *z* axis ( $T_c \approx 0.46$  K). (Bottom) MC data (effective model with  $\mathcal{N}$  up to 256 × 256) for the specific heat for the model parameters of Ba<sub>2</sub>CoSi<sub>2</sub>O<sub>6</sub>Cl<sub>2</sub> (see text) at T = 0.25, 0.5, 1, 1.5 K for the field applied along the *z* axis.

In the upper panel of Fig. 3 we show ED data for the specific heat c(T) at H = 47.5 T along the z axis for the effective model  $(\mathcal{N} = 8 \text{ and } 16)$  and for the initial model  $(\mathcal{N} = 16)$  as well as classical Monte Carlo (MC) data for the effective model of  $\mathcal{N} = \mathcal{L}^2$  sites with  $\mathcal{L}$  up to 256. For large enough system size the Ising-Onsager logarithmic singularity at  $T_c \approx 0.46$  K is evident. In contrast, no singularity is present for c(T) at H = 0. It is also evident that the finite-size data for the effective and the full initial model coincide up to about  $T \approx 10$  K [cf. green  $(\mathcal{N}=8)$  and magenta (N=16) lines in the upper panel of Fig. 3], i.e., far beyond  $T_c \approx 0.46$  K. Except the singularity at  $T_c$  we see clear signatures of a separation of energy scales indicated by two maxima in the effective model, and even three maxima in the full initial model, where the highest-temperature one is related to the strength of  $J_2$ . This scale is not present in the effective model, where the interaction strength  $J \propto J_1$ . The intermediate-temperature maximum is related to J, the lowest-temperature one corresponds to the energy scale set by the degenerated manifold of states being ground states at  $H_{sat}$  and  $H_c$ . The position of the lowest-temperature maximum depends on the value of H,  $H_c < H < H_{sat}$ , and it moves to T = 0 as  $H \to H_{sat}$  as well as  $H \to H_c$ . Another way to detect the phase transition is to fix T and use H as the driving parameter. A corresponding plot is shown in the lower panel of Fig. 3, where MC data of c(H) for the z-aligned field at fixed

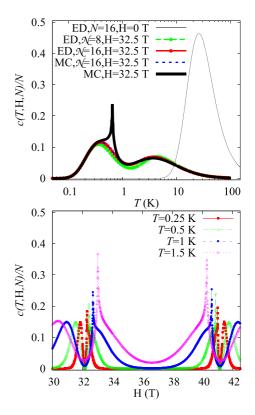


FIG. 4. (Top) ED (initial and effective model with N = 16 and  $\mathcal{N} = 8$ ) and MC data (effective model with  $\mathcal{N}$  up to 256 × 256) for the temperature dependence of the specific heat for the model parameters of Ba<sub>2</sub>CoSi<sub>2</sub>O<sub>6</sub>Cl<sub>2</sub> (see text) at H = 32.5 T along the *x* axis ( $T_c \approx 0.64$  K). (Bottom) MC data (effective model with  $\mathcal{N}$  up to 256 × 256) for the specific heat for the model parameters of Ba<sub>2</sub>CoSi<sub>2</sub>O<sub>6</sub>Cl<sub>2</sub> (see text) at T = 0.25, 0.5, 1, 1.5 K for the field applied along the *x* axis.

T = 0.25, 0.5, 1, 1.5 K are presented. Note that a very similar behavior of c(T) and c(H) is found for the *x*-aligned field; see Fig. 4. Thus corresponding measurements on Ba<sub>2</sub>CoSi<sub>2</sub>O<sub>6</sub>Cl<sub>2</sub> are highly desirable to verify our predictions.

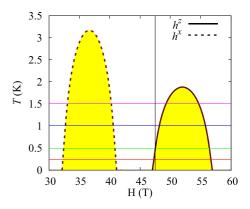


FIG. 5. Theoretically predicted phase diagram for  $Ba_2CoSi_2O_6Cl_2$  in the "field-temperature" plane for  $\mathbf{h} = (0,0,h^z)$  (solid) and  $\mathbf{h} = (h^x,0,0)$  (dashed). The presented curves were obtained from the results of [39,40]. The horizontal (vertical) lines correspond to the lines of the same color in Fig. 3, bottom (Fig. 3, top).

The main result summarizing our findings is the phase diagram for Ba<sub>2</sub>CoSi<sub>2</sub>O<sub>6</sub>Cl<sub>2</sub> in the "field-temperature" plane shown in Fig. 5. From this phase diagram one concludes that applying an *x*-aligned (*z*-aligned) field H > 32.16 T (H > 47.04 T) to Ba<sub>2</sub>CoSi<sub>2</sub>O<sub>6</sub>Cl<sub>2</sub> one should observe an ordering of localized magnons (magnon Wigner crystal), where the corresponding phase transition belongs to the 2D Ising model universality class. This phase transition can be detected by measuring the specific heat *c*, which exhibits a logarithmic singularity in its temperature dependence at  $T_{trans}(H)$  or in its field dependence at  $H_{trans}(T)$ , both given by the transition lines shown in Fig. 5.

#### **IV. CONCLUSIONS**

To conclude, we demonstrate that  $Ba_2CoSi_2O_6Cl_2$  is a promising candidate to realize FB physics in a highly frustrated quantum magnet. Based on the concept of localized magnons we provide a theory to describe experimental data in high magnetic fields [33]. The most important result of our theory is the prediction of a phase transition related to an ordering of the localized magnons. This phase transition occurs in high magnetic fields H > 32.16 T and can be driven either by temperature or by magnetic field. To detect this transition in experiment we propose low-temperature measurements of the specific heat *c* at H > 32.16 T to find the characteristic singularity in *c*.

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## APPENDIX: DERIVATION OF THE EFFECTIVE MODEL (2)

In this Appendix, we present some technical details of calculations leading to the effective theories, which are reported in the main text.

Let us consider the spin-1/2 Heisenberg antiferromagnet for a more general square-lattice bilayer of N = 2N sites,

$$H = \sum_{\langle ij \rangle} J_{ij} \left( s_i^x s_j^x + s_i^y s_j^y + \Delta_{ij} s_i^z s_j^z \right) - \sum_{i=1}^N \mathbf{h} \cdot \mathbf{s}_i. \quad (A1)$$

The first sum in Eq. (A1) runs over all bonds of the lattice and hence  $J_{ij}$  acquires either the value  $J_2$  (dimer bonds) or  $J_{11}$ ,  $J_{12}$ ,  $J_{21}$ ,  $J_{22}$  (all other bonds); see Fig. 6. The important limiting case considered in the main text corresponds to the relation  $J_{11} = J_{12} = J_{21} = J_{22} = J_1$ . This ideal frustration case for the isotropic Heisenberg case (i.e.,  $\Delta_{ij} = 1$ ) was considered in Refs. [24,25]. The crucial difference from the previous studies [24,25] is the anisotropy of the exchange interaction controlled by the parameter  $0 \le \Delta_{ij} \le 1$  ( $\Delta_2 = 0.149$  and  $\Delta_1 = 0.56$  are the values relevant for Ba<sub>2</sub>CoSi<sub>2</sub>O<sub>6</sub>Cl<sub>2</sub>; see Ref. [33]). More-

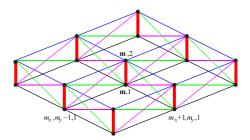


FIG. 6. Frustrated square-lattice bilayer. The sites are numerated by the cell index  $m_x, m_y$  and the site index within a cell i = 1, 2. The exchange interaction for the vertical bond (thick red bonds) is  $J_2$ , whereas the exchange interaction for the bond connecting the sites  $m_x, m_y, i$  and  $m_x + 1, m_y, j$  or the sites  $m_x, m_y, i$  and  $m_x, m_y + 1, j$ (thin bonds) is  $J_{ij}$ .

over, the external magnetic field  $\mathbf{h} = (h^x, h^y, h^z)$  may have, in principal, an arbitrary orientation. For the sake of simplicity, we consider in what follows two particular orientations of the field:  $\mathbf{h} = (0, 0, h^z)$  (directed along the *z* axis) and  $\mathbf{h} = (h^x, 0, 0)$ (directed along the *x* axis). While in the former case we start with the Hamiltonian given in Eq. (A1) with  $\mathbf{h} = (0, 0, h^z)$ , that is,

$$H = \sum_{\langle ij\rangle} J_{ij} \left( s_i^x s_j^x + s_i^y s_j^y + \Delta_{ij} s_i^z s_j^z \right) - h^z \sum_{i=1}^N s_i^z, \quad (A2)$$

in the latter case it is convenient to rotate the spin axes arriving at the Hamiltonian,

$$H = \sum_{\langle ij\rangle} J_{ij} \left[ \mathbf{s}_i \cdot \mathbf{s}_j + (\Delta_{ij} - 1) s_i^x s_j^x \right] - h^x \sum_{i=1}^N s_i^z. \quad (A3)$$

We have also to take into account the difference in g factors for the field applied along the z axis and the x axis. For this we set

$$h^z = g^z \mu_{\rm B} \mathsf{H}, \quad h^x = g^x \mu_{\rm B} \mathsf{H}, \tag{A4}$$

where  $g^z$  and  $g^x$  are the values of the g factor,  $\mu_B \approx 0.67171 \text{ K/T}$  is the Bohr magneton, and H is the value (measured in Tesla) of the applied magnetic field in experiments. According to Ref. [33], the g factors for Ba<sub>2</sub>CoSi<sub>2</sub>O<sub>6</sub>Cl<sub>2</sub> were determined as  $g^z = 2.0 \pm 0.1$  and  $g^x = 3.86$ .

In general, the concept of localized magnons can be introduced in the case when the *z* component of the total spin commutes with the Hamiltonian [as for the Hamiltonian (A2)]: Then the eigenstates of the Hamiltonian can be examined in the subspaces with different values of  $S^z = \sum_{i=1}^{N} s_i^z$  separately. However, even for the Hamiltonian (A3), the LM-crystal state (but not the ground state in the extremely strong field limit) is still an exact eigenstate.

Now we elaborate an effective low-energy theory of the introduced model [Eq. (A1), Fig. 6] at high magnetic fields. To achieve this goal, we use the strong-coupling approach. We consider separately two cases: The field directed along the *z* axis [see Eq. (A2)] and the field directed along the *x* axis [see Eq. (A3)]. Within the strong-coupling approach, we assume that the main part of the Hamiltonian  $H_{\text{main}}$  consists of the spins on vertical bond only at the "bare" saturation field  $h_0$ . At

this field,  $h = h_0$ , the energy of two states  $|u\rangle$  and  $|d\rangle$  of the two-spin system on the vertical bond coincides. The rest terms in the Hamiltonian (A2) or (A3) are treated as the perturbation  $V = H - H_{\text{main}}$ . The wanted effective Hamiltonian follows from the perturbation-theory formula [34–36],

$$H_{\rm eff} = P H P + P V \sum_{\alpha \neq 0} \frac{|\varphi_{\alpha}\rangle\langle\varphi_{\alpha}|}{\varepsilon_0 - \varepsilon_{\alpha}} V P + \dots \qquad (A5)$$

Here  $P = |\varphi_0\rangle\langle\varphi_0|$  is the projector onto the ground-state manifold of  $H_{\text{main}}$  consisting of  $2^N$  states, and  $\varepsilon_0$  and  $\varepsilon_{\alpha}$  are the energies of the ground state and excited states of  $H_{\text{main}}$ , respectively. In what follows we restrict ourselves to the first term in the right-hand side of Eq. (A5) only. In addition, we use the (pseudo)spin-1/2 operators  $T^z = (|u\rangle\langle u| - |d\rangle\langle d|)/2$ ,  $T^+ = |u\rangle\langle d|$ ,  $T^- = |d\rangle\langle u|$ , attached to each vertical bond to represent the effective Hamiltonian (A5) in an easy recognizable form.

We begin with the case of the *z*-directed field; see Eq. (A2). Two relevant states at each dimer,  $|u\rangle = |\uparrow\uparrow\rangle$  and  $|d\rangle = (|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle)/\sqrt{2}$ , have identical energies at  $h_0 = (1 + \Delta_2)J_2/2$ . The effective Hamiltonian is given by the formula,

$$H_{\text{eff}} = \left(-\frac{h}{2} - \frac{J_2}{4} + \frac{J_\Delta}{2}\right) \mathcal{N} - h \sum_{m=1}^{\mathcal{N}} T_m^z + \sum_{\langle mn \rangle} \left[ \mathsf{J}^z T_m^z T_n^z + \mathsf{J} \left( T_m^x T_n^x + T_m^y T_n^y \right) \right].$$
(A6)

Here the parameters of the effective Hamiltonian are defined as follows:

$$J_{\Delta} = \frac{\Delta_{11}J_{11} + \Delta_{12}J_{12} + \Delta_{21}J_{21} + \Delta_{22}J_{22}}{4},$$
  

$$h = h - h_1, \quad h_1 = \frac{1 + \Delta_2}{2}J_2 + 2J_{\Delta},$$
  

$$J^z = J_{\Delta},$$
  

$$J = \frac{J_{11} - J_{12} - J_{21} + J_{22}}{2}.$$
 (A7)

Clearly, we have arrived at the square-lattice spin-1/2 XXZHeisenberg model in a *z*-aligned magnetic field. This model is free of frustration and can be studied, for example, employing the quantum Monte Carlo method.

It is worth noting that in the case  $J_{11} = J_{12} = J_{21} = J_{22} = J_1$ , Eqs. (A6) and (A7) correspond to the square-lattice spin-1/2 antiferromagnetic Ising model in a field,

$$H_{\rm eff} = \left( -\frac{h}{2} - \frac{J_2}{4} + \frac{J_\Delta}{2} \right) \mathcal{N} - \left( h - \frac{1 + \Delta_2}{2} J_2 - 2J_\Delta \right) \sum_{m=1}^{\mathcal{N}} T_m^z + J_\Delta \sum_{\langle mn \rangle} T_m^z T_n^z,$$
$$J_\Delta = \frac{\Delta_{11} + \Delta_{12} + \Delta_{21} + \Delta_{22}}{4} J_1; \tag{A8}$$

see also Eq. (A1). The obtained result is in agreement with previous ones [25]. Really, Eq. (A8) at  $\Delta_2 = \Delta_{11} = \ldots = \Delta_{22} = 1$  yields the lattice-gas model with finite repulsion given in Eq. (6.7) of Ref. [25].

Next, we consider the case of the x-directed field; see Eq. (A3). Now the two relevant states at each dimer and their

energies are [32]

$$\begin{aligned} |u\rangle &= a|\uparrow\uparrow\rangle + b|\downarrow\downarrow\rangle,\\ a &= \frac{1}{C} \bigg[ h + \sqrt{\frac{(1-\Delta_2)^2}{16}} J_2^2 + h^2 \bigg], \ b &= \frac{1}{C} \frac{1-\Delta_2}{4} J_2,\\ C &= \sqrt{2} \sqrt{\frac{(1-\Delta_2)^2}{16}} J_2^2 + h \sqrt{\frac{(1-\Delta_2)^2}{16}} J_2^2 + h^2} + h^2,\\ \epsilon_u &= \frac{J_2 - \sqrt{(1-\Delta_2)^2} J_2^2 + 16h^2}{4}, \end{aligned}$$
(A9)  
ad

and

$$\begin{aligned} |d\rangle &= \frac{1}{\sqrt{2}} (|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle),\\ \epsilon_d &= -\frac{(2+\Delta_2)J_2}{4}. \end{aligned} \tag{A10}$$

Furthermore,  $h_0 = \sqrt{(1 + \Delta_2)/2}J_2$ . The effective Hamiltonian has the following form:

$$H_{\text{eff}} = -\frac{\sqrt{(1-\Delta_2)^2 J_2^2 + 16h^2 + (1+\Delta_2) J_2}}{8} \mathcal{N}$$
$$- h \sum_{m=1}^{\mathcal{N}} T_m^z + \sum_{\langle mn \rangle} \left[ J \left( \frac{1}{2} + T_m^z \right) \left( \frac{1}{2} + T_n^z \right) + J^{+-} (T_m^+ T_n^- + T_m^- T_n^+) + J^{++} (T_m^+ T_n^+ + T_m^- T_n^-) \right],$$
(A11)

where

$$h = \frac{\sqrt{(1 - \Delta_2)^2 J_2^2 + 16h^2} - (3 + \Delta_2)J_2}{4},$$
  

$$J = (a^2 - b^2)^2 \frac{J_{11} + J_{12} + J_{21} + J_{22}}{4},$$
  

$$J^{+-} = \frac{\mathcal{J}_{11}^+ - \mathcal{J}_{12}^+ - \mathcal{J}_{21}^+ + \mathcal{J}_{22}^+}{4},$$
  

$$J^{++} = \frac{\mathcal{J}_{11}^- - \mathcal{J}_{12}^- - \mathcal{J}_{21}^- + \mathcal{J}_{22}^-}{4},$$
  

$$\mathcal{J}_{ij}^{\pm} = \frac{(a - b)^2 \Delta_{ij} \pm (a + b)^2}{2} J_{ij}.$$
 (A12)

Thus,  $H_{\text{eff}}$  represents the square-lattice spin-1/2 XYZ Heisenberg model in a *z*-aligned magnetic field. In the case  $J_{11} = J_{12} = J_{21} = J_{22} = J_1$  and  $\Delta_{11} = \Delta_{12} = \Delta_{21} = \Delta_{22} = \Delta_1$ , important simplifications occur:  $J = (a^2 - b^2)^2 J_1$ ,  $J^{+-} = J^{++} = 0$ , and Eqs. (A11) and (A12) transform into the Hamiltonian of the square-lattice spin-1/2 antiferromagnetic Ising model in a field,

$$H_{\rm eff} = -\frac{\sqrt{(1-\Delta_2)^2 J_2^2 + 16h^2 + (1+\Delta_2)J_2 - 4J}}{8} \mathcal{N}$$
$$-(h-2J)\sum_{m=1}^{\mathcal{N}} T_m^z + J \sum_{\langle mn \rangle} T_m^z T_n^z,$$
$$J = (a^2 - b^2)^2 J_1,$$
$$h = \frac{\sqrt{(1-\Delta_2)^2 J_2^2 + 16h^2} - (3+\Delta_2)J_2}{4}, \qquad (A13)$$

with a and b given in Eq. (A9). If in addition  $\Delta_2 = 1$ , we have a = 1, b = 0,  $h = h - J_2$ ,  $J = J_1$ , and

Eq. (A13) transforms into Eq. (A8) at  $\Delta_2 = \Delta_{11} = \ldots = \Delta_{22} = 1$ .

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