Pinning, rotation, and metastability of BiFeO₃ cycloidal domains in a magnetic field

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Earlier models for the room-temperature multiferroic $BiFeO₃$ implicitly assumed that a very strong anisotropy restricts the domain wave vectors **q** to the threefold-symmetric axis normal to the static polarization **P**. However, recent measurements demonstrate that the domain wave vectors **q** rotate within the hexagonal plane normal to **P** away from the magnetic field orientation **m**. We show that the previously neglected threefold anisotropy *K*³ restricts the wave vectors to lie along the threefold axis in zero field. Taking **m** to lie along a threefold axis, the domain with **q** parallel to **m** remains metastable below $B_{c1} \approx 7$ T. Due to the pinning of domains by nonmagnetic impurities, the wave vectors of the other two domains start to rotate away from **m** above 5.6 T, when the component of the torque $\tau = M \times B$ along **P** exceeds a threshold value τ_{pin} . Since $\tau = 0$ when $m \perp q$, the wave vectors of those domains never become completely perpendicular to the magnetic field. Our results explain recent measurements of the critical field as a function of field orientation, small-angle neutron scattering measurements of the wave vectors, as well as spectroscopic measurements with **m** along a threefold axis. The model developed in this paper also explains how the three multiferroic domains of $BiFeO₃$ for a fixed **P** can be manipulated by a magnetic field.

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I. INTRODUCTION

The manipulation of magnetic domains with electric and magnetic fields is one of the central themes $[1-3]$ in the study of multiferroic materials. Applications of multiferroic materials depend on a detailed understanding of how domains respond to external probes. Despite recent advances [\[4\]](#page-8-0) in our understanding of the room-temperature multiferroic $BiFeO₃$, some crucial questions remain about how its cycloidal domains respond to a magnetic field.

A type I or "proper" multiferroic, BiFeO₃ exhibits a strong ferroelectric polarization of about 80 μ C/cm² along one of the pseudocubic diagonals below the ferroelectric transition at $T_{FE} = 1100$ K [\[5,6\]](#page-8-0). Below T_{FE} , broken symmetry produces two Dzaloshinskii-Moriya (DM) interactions between the $S = \frac{5}{2}$ Fe³⁺ ions. A magnetic transition at $T_N = 640$ K [\[7\]](#page-8-0) allows the cycloidal spin state to take advantage of this broken symmetry.

Until recently, it seemed that a complete theoretical description $[8-13]$ of rhombohedral BiFeO₃ was in hand. Utilizing the first available single crystals, the measured cycloidal frequencies $[14–16]$ of BiFeO₃ provided a stringent test for theory. A microscopic model for $BiFeO₃$ that includes two DM interactions D_1 and D_2 and single-ion anisotropy K_1 successfully predicted $[12,13]$ the mode frequencies in zero field [\[14,15\]](#page-8-0) and their evolution in magnetic field [\[16\]](#page-8-0) for several field orientations. Since all model parameters were determined $[17]$ from the zero-field behavior of BiFeO₃, the field evolution of the cycloidal modes [\[13\]](#page-8-0) provided a particularly good test of the microscopic model. But, new evidence suggests that this model is not complete.

With the electric polarization $P = Pz'$ along the pseudocubic diagonal $[1,1,1]$ ($[a,b,c]$ is a unit vector), the three magnetic domains of $BiFeO₃$ in zero field $[18]$ have wave vectors $\mathbf{Q}_k = \mathbf{Q}_0 + \mathbf{q}_k$ where $\mathbf{Q}_0 = (\pi/a)(1,1,1)$ is the antiferromagnetic (AF) Bragg vector,

$$
\mathbf{q}_1 = \frac{2\pi\delta}{a}(-1,1,0),\tag{1}
$$

$$
\mathbf{q}_2 = \frac{2\pi\delta}{a}(1,0-1),\tag{2}
$$

$$
\mathbf{q}_3 = \frac{2\pi\delta}{a}(0, -1, 1),\tag{3}
$$

 $a = 3.96$ Å is the lattice constant of the pseudocubic unit cell, and $\delta \approx 0.0045$ determines the cycloidal wavelength $\lambda = a/\sqrt{2}\delta \approx 620$ Å. As shown in Fig. [1,](#page-1-0) each q_k lies along a different hexagonal axis perpendicular to **z** . In zero field, the three domains of BiFeO₃ with wave vectors q_k are degenerate. For each domain k , the spins of the cycloid lie primarily in the plane defined by $z' = [1, 1, 1]$ and x' , which is the unit vector along \mathbf{q}_k . A magnetic field favors domains with $\mathbf{x}' \perp \mathbf{B}$ because $\chi_{\perp} \gg \chi_{\parallel}$ [\[19\]](#page-8-0) for BiFeO₃.

The model described above successfully predicted the field dependence of the mode frequencies [\[13,16\]](#page-8-0) when the stable domain has wave vector $\mathbf{q} \equiv \mathbf{Q} - \mathbf{Q}_0$ perpendicular to the magnetic field $\mathbf{B} = B\mathbf{m}$. For example, the mode frequencies for domain 1 with $\mathbf{m} = [0,0,1]$ or for domain 3 with $\mathbf{m} =$ [0*,*1*,*1] almost exactly match the theoretical predictions. But, for **m** along a threefold-symmetric axis like [1*,*0*,*−1], the mode frequencies are not as well described by taking the domain wave vector **q** along $[-1,1,0]$ or $[0,-1,1]$. Rather, the mode frequencies are then virtually identical to those predicted with **m** = $[-1, 2, -1]$ and **q** along $[1, 0, -1]$ ⊥ **m** $[20]$. In addition, the selection rules for the appearance of the spectroscopic modes do not follow the expected rules when the domain wave vectors lie along the threefold axis [\[21\]](#page-8-0). So, it appears that for **, the domain wave vectors** $**q**₁$ **and** $**q**₃$ **rotate away** from **m** towards $[-1, 2, -1]$, as indicated in Fig. [1.](#page-1-0)

FIG. 1. A hexagonal plane normal to **Z** with the magnetic field taken to lie along **X**. In zero field, three domains with wave vectors **q**^{*k*} are stable. Wave vectors **q**₁ and **q**₃ rotate towards **Y** ⊥ **m** with increasing field. A domain with wave vector **q Y** is stable above B_{c2} in the absence of pinning. Below B_{c1} , the domain with wave vector **q**² is metastable.

Another discrepancy appears in measurements of the critical field $B_{c3}(\mathbf{m})$ above which the canted AF (CAF) phase becomes stable. Predictions based on the "canonical" model indicate that $B_{c3}(\mathbf{m})$ depends on the stable domain as **m** is rotated about $\mathbf{z}' = [1,1,1]$ by the azimuthal angle ζ [\[22\]](#page-8-0). However, experimental measurements $[23,24]$ find that $B_{c3}(\mathbf{m})$ depends primarily on the polar angle $\vartheta = \cos^{-1}(\mathbf{m} \cdot \mathbf{z}')$ and does not sensitively depend on the azimuthal angle *ζ* .

Direct evidence for domain rotation in a magnetic field was recently provided by small-angle neutron scattering (SANS) [\[25\]](#page-8-0). Those measurements indicate that the metastable domain with wave vector **q** along **m** is slowly depopulated with increasing field and disappears above about 7 T. The other two domain wave vectors **q** begin to rotate perpendicular to **m** but **q** · **m** never reaches zero.

This behavior is caused by the pinning of domains by nonmagnetic impurities. In a ferromagnet [\[26,27\]](#page-8-0), domain walls move when the component of**B**along the domain magnetization **M** exceeds the pinning field B_{pin} . In the strong-pinning limit with **m** along a threefold axis, cycloidal wave vectors **q** begin to rotate away from **m** when the component of the torque $\tau = M \times B$ along **z**' exceeds a threshold value τ_{pin} . Since **M** is induced by the component of **B** perpendicular to the cycloidal plane containing **q**, $\tau = 0$ when **q** \perp **m**. Consequently, the wave vector **q** never becomes completely perpendicular to the external field unless it lies along a threefold axis perpendicular to **m**.

This paper modifies the "canonical" model of $BiFeO₃$ to address the discrepancies described above. For a fixed **P**, the revised model now describes the pinning and rotation of multiferroic domains in an arbitrary magnetic field. Future measurements based on these results will be able to explore the precise mechanism underlying the pinning of macroscopic multiferroic domains.

Section II discusses the present "canonical" model for $BiFeO₃$. In Sec. [III,](#page-2-0) we present the higher-order anisotropy terms that break threefold symmetry. The next two sections describe the consequences of this modified model in the absence of pinning. Section [IV A](#page-3-0) treats the case where **m** lies along a threefold axis so that the wave vectors of the stable domains rotate away from the other two threefold axes with increasing field. Section [IV B](#page-3-0) treats the case where **m** is perpendicular to a threefold axis so that the wave vector of the stable domain does not rotate. Section [V](#page-4-0) discusses the effects of pinning and provides an exact solution for domain rotation in the strong-pinning limit. Section [VI](#page-6-0) modifies the conclusions of Sec. [IV](#page-3-0) to include the effects of pinning. Section [VII](#page-7-0) contains a conclusion. The magnetoelastic coupling of $BiFeO₃$ is examined in the Appendix.

II. "CANONICAL" MODEL

The "canonical" model of $BiFeO₃$ is given by the Hamiltonian

$$
\mathcal{H} = -J_1 \sum_{\langle i,j \rangle} \mathbf{S}_i \cdot \mathbf{S}_j - J_2 \sum_{\langle i,j \rangle'} \mathbf{S}_i \cdot \mathbf{S}_j
$$

+
$$
D_1 \sum_{\langle i,j \rangle} (\mathbf{z}' \times \mathbf{e}_{i,j}/a) \cdot (\mathbf{S}_i \times \mathbf{S}_j)
$$

+
$$
D_2 \sum_{\langle i,j \rangle} (-1)^{h_i} \mathbf{z}' \cdot (\mathbf{S}_i \times \mathbf{S}_j)
$$

-
$$
K_1 \sum_{i} (\mathbf{z}' \cdot \mathbf{S}_i)^2 - 2\mu_B B \sum_{i} \mathbf{m} \cdot \mathbf{S}_i,
$$
 (4)

where $\mathbf{e}_{i,j} = a\mathbf{x}, a\mathbf{y}$, or $a\mathbf{z}$ connects the spin \mathbf{S}_i on site \mathbf{R}_i with its nearest neighbor S_j on site $\mathbf{R}_j = \mathbf{R}_i + \mathbf{e}_{i,j}$. The integer layer number *h_i* is defined by $\sqrt{3}R_i \cdot z'/a$. The first DM interaction D_1 determines the cycloidal wavelength λ ; the second DM interaction D_2 produces a small tilt $\tau \approx 0.3^\circ$ of the spins out of the **x** -**z** plane [\[8,10,](#page-8-0)[28\]](#page-9-0). These DM interactions are created by the antiferrodistortive and polar modes of the $BiFeO₃$ lattice $[29-32]$ that develop below its ferroelectric transition temperature.

The first DM term in H ,

$$
\mathcal{H}_{D_1} = D_1 \sum_{\langle i,j \rangle} (\mathbf{z}' \times \mathbf{e}_{i,j}/a) \cdot (\mathbf{S}_i \times \mathbf{S}_j), \tag{5}
$$

does not depend on the choice of domain and q_k . In earlier [\[4\]](#page-8-0) versions of the "canonical" model, this term was restricted to a specific domain of the cycloid. For domain 2 with **q**² parallel to $\mathbf{x}' = [1, 0, -1]$ and $\mathbf{y}' = \mathbf{z}' \times \mathbf{x}' = [-1, 2, -1]$, it was written

$$
\mathcal{H}'_{D_1} = -\frac{D_1}{\sqrt{2}} \sum_{\mathbf{R}_j = \mathbf{R}_i + a(\mathbf{x} - \mathbf{z})} \mathbf{y}' \cdot (\mathbf{S}_i \times \mathbf{S}_j),\tag{6}
$$

where \mathbf{R}_i and \mathbf{R}_j are next-nearest neighbors of the pseudocubic unit cell that lie on the same hexagonal layer h_i . This earlier version of the "canonical" Hamiltonian \mathcal{H}' implicitly assumed that the anisotropy is so high that the domain wave vector **q** is restricted to one of the threefold axis. Because the wavelength of the cycloid is so long, \mathcal{H}' has the same static and dynamical properties as H provided that H is applied to the domain specified by \mathcal{H}'_{D_1} .

Why replace \mathcal{H}' with \mathcal{H} ? Unlike $\mathcal{H}', \mathcal{H}$ can be used to study any domain with q_k along a threefold axis. As shown below, H also describes the general case where **q** differs from a threefold axis. While \mathcal{H}'_{D_1} involves the sum over next-nearest neighbors, \mathcal{H}_{D_1} involves the sum over nearest neighbors, which should dominate the DM interaction. Most importantly, the general form of \mathcal{H}_{D_1} given above was obtained from first-principles calculations [\[33\]](#page-9-0).

To construct the local reference frame of a cycloid with wave vector $\mathbf{q} = \mathbf{Q} - \mathbf{Q}_0$, we take

$$
\mathbf{q} = \frac{2\sqrt{2}\pi\delta}{a|\mathbf{n}|}(n_x, n_y, n_z) = \frac{2\pi}{\lambda}\mathbf{x}',\tag{7}
$$

where n_i are integers with no common factors. Then, the unit vector along **q** is $\mathbf{x}' = (n_x, n_y, n_z)/|\mathbf{n}|$ and $\mathbf{y}' = \mathbf{z}' \times \mathbf{x}' = (n_z - \mathbf{z}')$ *ny*, $n_x - n_z$, $n_y - n_x$)/($\sqrt{3}|\mathbf{n}|$). With the local reference frame of a cycloid defined by the unit vectors $\{x', y', z'\}$, the spin at site $\mathbf{R}_i = (l, m, o)a$ is indexed by the integer $r = \mathbf{n} \cdot \mathbf{R}_i/a =$ $n_x l + n_y m + n_z o$. Assuming that the spins $S_r^{(j)}$ on alternate layers $j = 1$ or 2 are identical functions of *r*, then *r* ranges layers $j = 1$ or 2 are identical functions of r, then r range from 1 to $M = |\mathbf{n}|/\sqrt{2\delta} = \lambda |\mathbf{n}|/a$ in the magnetic unit cell.

It is straightforward to show that

$$
\frac{1}{N} \mathcal{H}_{D_1} = \frac{D_1}{2\sqrt{3}M} \sum_{r=1}^{M} \times \left\{ \mathbf{x} \cdot \left[\mathbf{S}_r^{(1)} \times \left(\mathbf{S}_{r+n_z}^{(2)} - \mathbf{S}_{r-n_z}^{(2)} - \mathbf{S}_{r+n_y}^{(2)} + \mathbf{S}_{r+n_y}^{(2)} \right) \right] \right. \\
\left. + \mathbf{y} \cdot \left[\mathbf{S}_r^{(1)} \times \left(\mathbf{S}_{r+n_x}^{(2)} - \mathbf{S}_{r-n_x}^{(2)} - \mathbf{S}_{r+n_z}^{(2)} + \mathbf{S}_{r+n_z}^{(2)} \right) \right] \right. \\
\left. + \mathbf{z} \cdot \left[\mathbf{S}_r^{(1)} \times \left(\mathbf{S}_{r+n_y}^{(2)} - \mathbf{S}_{r-n_y}^{(2)} - \mathbf{S}_{r+n_x}^{(2)} + \mathbf{S}_{r+n_x}^{(2)} \right) \right] \right\}.
$$
\n(8)

Since $S_{r+M}^{(j)} = S_r^{(j)}$, the index $r + n_\alpha$ can be taken mod *M* to lie between 1 and *M*. Because $\lambda/a = M/|\mathbf{n}| \gg 1$, $|n_i| \ll M$ and

$$
\mathbf{S}_{r+n_i}^{(2)} - \mathbf{S}_{r-n_i}^{(2)} \approx n_i (\mathbf{S}_{r+1}^{(2)} - \mathbf{S}_{r-1}^{(2)}), \tag{9}
$$

with corrections of order $\delta^3 \sim 10^{-7}$. This leads to the simpler form [\[34\]](#page-9-0)

$$
\frac{1}{N} \mathcal{H}_{D_1} = \frac{D_1 |\mathbf{n}|}{2M} \mathbf{y}' \cdot \sum_{r=1}^{M} \{ \mathbf{S}_r^{(1)} \times (\mathbf{S}_{r+1}^{(2)} - \mathbf{S}_{r-1}^{(2)}) \}.
$$
 (10)

Hence, the first DM interaction produces a cycloid in the **x** -**z** plane for any wave vector $\mathbf{q} \parallel \mathbf{x}$ ['].

The second DM interaction can be similarly written as [\[28,33\]](#page-9-0)

$$
\frac{1}{N} \mathcal{H}_{D_2} = \frac{3D_2}{M} \mathbf{z}' \cdot \sum_{r=1}^{M} (\mathbf{S}_r^{(1)} \times \mathbf{S}_r^{(2)}), \tag{11}
$$

which rotates alternate layers of spins about the **z**' axis and tilts the cycloid out of the **x** -**z** plane.

Neither of these DM interactions fixes the orientation of **q** along a threefold axis in zero field! By replacing \mathcal{H}' with \mathcal{H} in order to set the domain wave vectors **q** free from the threefold axis, we have eliminated all sources of anisotropy within the hexagonal plane. To remedy that deficiency, we must add an additional term to the Hamiltonian that breaks the threefold symmetry in the hexagonal plane perpendicular to **z** .

TABLE I. Reference frames of $BiFeO₃$.

Description and values
Pseudocubic unit vectors
$\mathbf{x} = [1, 0, 0], \mathbf{y} = [0, 1, 0], \mathbf{z} = [0, 0, 1]$
Rotating reference frame of cycloid
$\mathbf{x}' \parallel \mathbf{q}, \mathbf{z}' = [1, 1, 1], \mathbf{y}' = \mathbf{z}' \times \mathbf{x}'$
Fixed reference frame of hexagonal plane
$X = [1, 0, -1], Y = [-1, 2, -1], Z = [1, 1, 1]$

III. ANISOTROPY ENERGIES

Because $\{x', y', z'\}$ already provides the reference frame for the cycloid, which can rotate in the plane perpendicular to **z**['], we define **X** = [1,0*,*−1] and **Y** = [−1,2*,*−1] as fixed axis in the hexagonal plane. Of course, $\mathbf{Z} = \mathbf{X} \times \mathbf{Y} = [1,1,1]$ coincides with **z**' and lies along **P**. The three reference frames are summarized in Table I.

The lowest-order anisotropy energy of $BiFeO₃$ was included in the "canonical" model:

$$
\mathcal{H}_{K_1} = -K_1 \sum_i S_{iZ}^2. \tag{12}
$$

The two next-order anisotropy terms consistent with the rhombohedral symmetry $[35]$ of BiFeO₃ are

$$
\mathcal{H}_{K_2} = -\frac{1}{2} K_2 \sum_i S_{iZ} \times \{ (S_{iX} + i S_{iY})^3 + (S_{iX} - i S_{iY})^3 \},
$$
\n(13)

$$
\mathcal{H}_{K_3} = -\frac{1}{2} K_3 \sum_i \{ (S_{iX} + i S_{iY})^6 + (S_{iX} - i S_{iY})^6 \}.
$$
 (14)

Whereas K_1 is of order $l^2 |J_1|$ in terms of the dimensionless spin-orbit coupling constant *l*, K_2 and K_3 are of order $l^3 |J_1|$ and l^4 | J_1 |, respectively [\[36,37\]](#page-9-0). These three terms have classical energies

$$
E_{K_1} = \langle \mathcal{H}_{K_1} \rangle = -S^2 K_1 \sum_i \cos^2 \theta_i, \tag{15}
$$

$$
E_{K_2} = \langle \mathcal{H}_{K_2} \rangle = -S^4 K_2 \sum_i \cos \theta_i \, \sin^3 \theta_i \, \cos 3\phi_i, \quad (16)
$$

$$
E_{K_3} = \langle \mathcal{H}_{K_3} \rangle = -S^6 K_3 \sum_i \sin^6 \theta_i \cos 6\phi_i, \qquad (17)
$$

where the spin

$$
\langle \mathbf{S}_i \rangle = S \{ \cos \phi_i \sin \theta_i \, \mathbf{X} + \sin \phi_i \sin \theta_i \, \mathbf{Y} + \cos \theta_i \, \mathbf{Z} \} \tag{18}
$$

is given in the fixed reference frame defined above. Other anisotropy energies $S^2 K_1' \sum_i \sin^2 \theta_i \cos 2\phi_i$ and $S^4 K_2' \sum_i \sin^4 \theta_i \cos 4\phi_i$ vanish for the *R3c* crystal structure of BiFe O_3 [\[35,38\]](#page-9-0).

For the distorted cycloid of the "canonical" model, both E_{K_1} and E_{K_3} are nonzero. Because the cycloid is mirror symmetric about $Z = 0$, the summation in E_{K_2} vanishes. Therefore, E_{K_2} will distort the cycloid to reduce the energy by order $-(K_2)^2/|J_1|$. Since $E_{K_2}/E_{K_3} \sim l^2 \ll 1$, E_{K_2} can be neglected as a source of threefold symmetry breaking compared to E_{K_3} .

IV. MAGNETIC FIELDS

In this section and the next, we neglect the effects of domain pinning. The behavior of the domain wave vectors in an external field is then completely determined by the model developed above. The effects of pinning will be examined in Sec. [V.](#page-4-0)

For $K_3 > 0$, E_{K_3} favors spins that lie along one of the three threefold axes $\phi_i = 0$ and $\pm 2\pi/3$. With this additional anisotropy, the wave vectors q_k rotate away from the threefold axis with increasing field when the field does not itself lie perpendicular to a threefold axis.

A. Field along a threefold axis or $m = X$

First take the field along a threefold axis such as **X** in Fig. [1.](#page-1-0) Assuming that the system has been cooled from high temperature in zero field, all three domains with wave vectors q_k will be equally occupied. But, in large field, we expect that the stable domain will have wave vector q' parallel to Y and perpendicular to **m**. For $K_3 = 10^{-6}$ meV, the energy $E = \langle \mathcal{H} \rangle$ is evaluated for several different wave vectors at each field. Defining E_0 as the energy for $K_3 = 0$ and $B = 0$, results for $\Delta E = E - E_0$ are presented in Fig. 2.

At zero field, ΔE is minimized when **x**' lies along a threefold axis. Since $m = X$ is itself a threefold axis, minima appear when $|\mathbf{m} \cdot \mathbf{x}'| = 1$ or $\frac{1}{2}$. With increasing field, the minimum at $|\mathbf{m} \cdot \mathbf{x}'| = 1$ ($\mathbf{x}' \parallel \mathbf{m}$) increases in energy so that this solution is only metastable. The stable solutions rotate from $|\mathbf{m} \cdot \mathbf{x}'| = \frac{1}{2}$ towards 0.

In addition to the critical field marking the transition into the CAF phase, we identify two lower critical fields. Below $B_{c1} \approx 4.6$ T, the minima at $|\mathbf{m} \cdot \mathbf{x}'| = 1$ survive so that the domain with wave vector along **m** remains metastable. Above *Bc*1, that metastable domain disappears. As the field increases, the wave vectors of the stable domains rotate towards the orientation $Y \perp m$. In the absence of domain pinning, that rotation is complete at $B_{c2} \approx 5.5$ T.

For each field, the dependence of energy on $\mathbf{m} \cdot \mathbf{x}'$ can be described by a sixth-order polynomial with even terms only. Based on the polynomial fits given by the solid curves in Fig. 2, we obtain the minimum energy solutions for $|\mathbf{m} \cdot \mathbf{x}'|$ at each field. We plot $|\mathbf{m} \cdot \mathbf{x}'|_{min}$ versus field in Fig. [3.](#page-4-0) Above $B_{c2} \approx$ 5.5 T, **q** lies perpendicular to **m** and $|\mathbf{m} \cdot \mathbf{x}'|_{\text{min}} = 0$.

The critical fields are plotted against the threefold anisotropy K_3 [\[39\]](#page-9-0) in Fig. [4\(a\).](#page-4-0) Both critical fields B_{c1} and B_{c2} and their difference $B_{c2} - B_{c1}$ increase quite rapidly $\sim \sqrt{K_3}$ for small K_3 . We schematically sketch the dependence of the satellite peaks on magnetic field and their energies in the insets to Fig. [4.](#page-4-0)

B. Field perpendicular to a threefold axis or $m = Y$

When the field lies along **Y**, the orientation of the stable domain does not change with field, i.e., domain 2 with $\mathbf{x}' =$ $[1,0,-1]$ \perp **m** or **m** \cdot **x**' = 0 is always stable. But as seen in Fig. [5,](#page-4-0) domains 1 and 3 with $\mathbf{x}' = [0, 1, -1]$ and $[1, -1, 0]$ or Fig. 5, domains 1 and 3 with $\mathbf{x} = [0, 1, -1]$ and $[1, -1, 0]$ or $|\mathbf{m} \cdot \mathbf{x}'| = \sqrt{3}/2$ are metastable for small fields and become unstable at high fields.

As in the previous subsection, $\Delta E/N$ can be fit by a sixth-order polynomial in $\mathbf{m} \cdot \mathbf{x}'$ (even terms only). When $K_3 =$

FIG. 2. The energy $\Delta E/N$ versus wave vector $|\mathbf{m} \cdot \mathbf{x}'|$ for $K_3 =$ 10[−]⁶ meV and field ranging from 0 to 6 T along **X**. Solid curves are fits to a sixth-order polynomial in $|\mathbf{m} \cdot \mathbf{x}'|$.

10^{−6} meV, domains 1 and 3 are metastable below $B_{c1} \approx 3.1$ T. With increasing field, the orientations \mathbf{x}' of the metastable domains rotate slightly towards the threefold axis perpendicular mains rotate slightly towards the threefold axis perpendicular
to **m**, as seen in the top curve of Fig. [3.](#page-4-0) At B_{c1} , $|\mathbf{m} \cdot \mathbf{x}'| = \sqrt{2}/2$ so that the domain wave vectors **q** have rotated from $\theta = \pm \pi/6$ away from **Y** at zero field to $\pm \pi/4$ away from **Y** at B_{c1} (although pinning will change this conclusion). Because the wave vector for domain 2 is already perpendicular to **m** at zero field, $B_{c2} = 0.$

The dependence of B_{c1} on K_3 is shown in Fig. [4\(b\)](#page-4-0) [\[39\]](#page-9-0). Once again, B_{c1} scales like $\sqrt{K_3}$ for small K_3 .

FIG. 3. The wave vector $|\mathbf{m} \cdot \mathbf{x}'|_{\text{min}}$ for stable ($\mathbf{m} = \mathbf{X}$, squares) and metastable ($m = Y$, circles) domains versus field with $K_3 =$ 10[−]⁶ meV.

V. PINNING

The effects of pinning are essential to understand the behavior of the cycloidal domains in a magnetic field. Evidence for pinning was provided by recent SANS measurements [\[25\]](#page-8-0). For $\mathbf{m} = \mathbf{X}$, the wave vectors of the stable $\mathbf{x}' = [1, -1, 0]$ and [0*,*−1*,*1] domains remain unchanged up to about 5.5 T, above which they rotate towards $Y \perp m$. For $m = Y$, the wave

FIG. 4. (a) The critical fields B_{c1} and B_{c2} versus threefold anisotropy K_3 for $\mathbf{m} = \mathbf{X}$. (b) The critical field B_{c1} versus K_3 for $m = Y$. Insets schematically show the dependence of the satellites on field and their energies.

FIG. 5. The energy $\Delta E/N$ versus wave vector $|\mathbf{m} \cdot \mathbf{x}'|$ for $K_3 =$ 10[−]⁶ meV and field ranging from 0 to 4 T along **Y**. Solid curves are fits to a sixth-order polynomial in **m** · **x** .

vectors of the metastable $\mathbf{x}' = [1, -1, 0]$ and $[0, -1, 1]$ domains rotate towards $X \perp m$ above about 5 T.

In a ferromagnet, domain pinning is caused by structural defects that locally change the exchange interactions and anisotropies, creating a complex energy landscape with barriers between different orientations of the magnetization $\mathbf{M} = 2\mu_\text{B} \langle \mathbf{S}_i \rangle$ [\[40\]](#page-9-0). No doubt, these effects are also important in cycloidal spin systems. But, the charge redistribution determined by the cycloidal wave vector **q** may be even more important. Due to the strong magnetoelastic coupling in BiFeO₃ [\[32,41\]](#page-9-0), this charge redistribution is pinned by nonmagnetic impurities. Although the total magnetoelastic energy is independent of **q** (see Appendix), the distortions ϵ_{xx} , ϵ_{yy} , and ϵ_{zz} of the rhombohedral structure separately depend on the wave-vector orientation. In order to rotate **q**, the magnetic field must drag this lattice distortion, pinned by nonmagnetic impurities, through the crystal. Of course, this charge redistribution is absent in a collinear AF.

The susceptibility χ_{\perp} for **B** \parallel **y**' or perpendicular to the plane of the cycloid is much larger than the susceptibility χ_{\parallel} for **B** within the cycloidal plane [\[19\]](#page-8-0). So, the induced magnetization can be approximated by $M = \chi_{\perp} B_{\perp}$ where B_{\perp} is the component of **B** along **y**'. The external field $\mathbf{B} = \mathbf{B}_{\perp} + \mathbf{B}_{\parallel}$ plays two roles: **B**[⊥] produces the perpendicular magnetization **M** and \mathbf{B}_{\parallel} exerts a torque $\tau = \mathbf{M} \times \mathbf{B}$ on **M**.

A. Microscopic model

To connect these considerations with our microscopic model, Fig. [6](#page-5-0) replots $\Delta E/N$ versus $\psi = \cos^{-1}(\mathbf{m} \cdot \mathbf{x}')$ while setting $\Delta E/N = 0$ at $\mathbf{m} \cdot \mathbf{x}' = 0$ or $\psi = \pi/2$. Using the angle

FIG. 6. The energy $\Delta E/N$ versus angle $\psi = \cos^{-1}(\mathbf{m} \cdot \mathbf{x}')$ with ΔE set to zero at **m** · **x**' = 0 or $\psi = \pi/2$ for (a) **m** = **X** and (b) $\mathbf{m} = \mathbf{Y}$, both with $K_3 = 10^{-6}$ meV. Dashed vertical lines are at $\psi = \pi/3$ and $\pi/6$, respectively. Insets plot the derivative ε versus ψ . The dashed-dotted curve in (a) is a fit of the energy $\Delta E/N$ to second order in $\mathbf{m} \cdot \mathbf{x}' = \cos \psi$.

definitions in Fig. 7, note that $\psi = \theta$ for $\mathbf{m} = \mathbf{X}$ and $\psi =$ $\phi = \pi/2 - \theta$ for **m** = **Y**. We propose that a domain is pinned until the downward slope $\varepsilon = -d(\Delta E/N)/d\psi$ exceeds the threshold $\varepsilon_{\text{pin}} > 0$. For $\mathbf{m} = \mathbf{X}$, ε decreases with ψ in the neighborhood of $\psi = \pi/3$, as seen in the inset to Fig. 6(a). As ψ increases, larger fields are required to fulfill the condition $\varepsilon > \varepsilon_{\text{pin}}$. A similar result is found for **m** = **Y** near $\psi = \pi/6$,

FIG. 7. The magnetization and the cycloidal \mathbf{x}' and \mathbf{y}' axes for domain 3 with (a) $\mathbf{m} = \mathbf{X}$ and (b) $\mathbf{m} = \mathbf{Y}$. Also shown are angles θ and $\phi = \pi/2 - \theta$.

as seen in Fig. $6(b)$. In both cases, ψ satisfies the depinning condition $\varepsilon = \varepsilon_{\text{pin}}$ as the field increases.

In the limit of strong pinning, the condition $\varepsilon = \varepsilon_{\text{pin}}$ can be solved exactly. For large fields, the anisotropy can be ignored and $\Delta E/N = -MB \sin \psi$. To linear order in the field, $M = \chi_{\perp} B \sin \psi$ so that $\Delta E/N = -\chi_{\perp} B^2 \sin^2 \psi$ and $\varepsilon = \chi_{\perp} B^2 \sin 2\psi$.

For $\mathbf{m} = \mathbf{X}$, the energy $\Delta E/N$ is fairly well described by the form given above $\propto \sin^2 \psi$ at high fields, as seen by the dasheddotted curve in Fig. $6(a)$ for 6 T. This agreement improves with increasing field. Consequently, $\varepsilon \propto \sin 2\psi$ is close to the form in the inset to Fig. 6(a) near $\psi = \theta = \pi/3$ or $\phi = \pi/6$. So for strong pinning, *φ* satisfies the condition

$$
\sin 2\phi = \frac{\sqrt{3}}{2} \left(\frac{B_{\text{pin}}}{B} \right)^2, \tag{19}
$$

where the pinning field $B_{\text{pin}}^2 = 2\varepsilon_{\text{pin}} / \sqrt{3}\chi_{\perp}$ is defined so that $\phi = \pi/6$ when $B = B_{\text{pin}}$.

For $\mathbf{m} = \mathbf{Y}$, the expression $\varepsilon \propto \sin 2\psi$ is not satisfied until fields far above B_{c1} . Hence, the simplified expression of Eq. (19) cannot be applied when **m** = **Y** and $\psi = \phi = \pi/6$. Consequently, the depinning condition $\varepsilon = \varepsilon_{\text{pin}}$ must be solved numerically.

Nonetheless, we can still draw some qualitative conclusions. The inset to Fig. 6(b) indicates that domains 1 and 3 become unstable when $\varepsilon > 0$ for $\psi = \phi = \pi/4$. So, in the absence of pinning, ψ will grow from $\pi/6$ in zero field to $\pi/4$ at B_{c1} , in agreement with Fig. [3.](#page-4-0) Taking pinning into account, there are two possible ways for domains 1 and 3 to evolve with field. If $B_{\text{pin}} > B_{c1}$, then the domains will disappear only after becoming depinned at B_{pin} with $\psi = \pi/6$. If $B_{\text{pin}} < B_{c1}$, then ψ will start rotating from $\pi/6$ towards $\pi/4$ above B_{pin} and stop rotating at B_{c1} with $\psi < \pi/4$. The rotation towards $\pi/4$ is not then completed.

B. Landau-Lifshitz equation

Another way to approach pinning is through the Landau-Lifshitz (LL) equation [\[42\]](#page-9-0) for the time dependence of the magnetization:

$$
\frac{\partial \mathbf{M}}{\partial t} = -2\mu_{\rm B}\tau + 2\alpha\mu_{\rm B}\mathbf{M} \times \tau, \qquad (20)
$$

where $\tau = M \times B_{\text{eff}}$ is the torque and B_{eff} is an effective field that includes the effect of anisotropy. The first term in the LL equation produces the precession of M about B_{eff} and the second term gives the damping of **M** as it approaches equilibrium. The dimensionless parameter α is proportional to the inverse of the relaxation time of the spins.

In the strong-pinning limit (see the discussion at the end of this section), we can neglect anisotropy and set $\mathbf{B}_{\text{eff}} = \mathbf{B}$. Since **M** rotates within the **X**-**Y** plane, it can be written $M = M(\cos \varphi X + \sin \varphi Y)$ so that

$$
\tau = \mathbf{M} \times \mathbf{B} = M \{ B_Z (\sin \varphi \mathbf{X} - \cos \varphi \mathbf{Y}) + (B_Y \cos \varphi - B_X \sin \varphi) \mathbf{Z} \}.
$$
 (21)

The LL equation then gives

$$
\frac{d\varphi}{dt} = -2\mu_{\rm B}B_Z - 2\alpha\mu_{\rm B}M(B_Y\cos\varphi - B_X\sin\varphi)
$$

=
$$
-2\mu_{\rm B}B_Z - 2\alpha\mu_{\rm B}\tau_Z.
$$
 (22)

FIG. 8. With $\mathbf{m} = \mathbf{X}$, the evolution of the rotation angle ϕ for domains 1 and 3 with field *B* normalized by B_{pin} . The solid curve is for increasing field, the dashed lines are for decreasing or increasing field. Inset shows that $\Delta E/N$ would have to rise with decreasing field to keep its downward slope ε unchanged. For increasing field, $\Delta E/N$ drops.

When **m** = **X**,
$$
\varphi = -\phi
$$
, $M = \chi_{\perp} B \cos \phi$ and

$$
\tau_Z = \frac{\chi_\perp B^2}{2} \sin 2\phi = \frac{\varepsilon}{2}.\tag{23}
$$

Hence, the torque along **Z** and the energy derivative ε are simply related in the strong-pinning limit. Ignoring the precession of **M** about **Z** induced by B_Z , the relaxation of ϕ towards equilibrium within the **X-Y** plane is determined by $\tau_Z = \varepsilon/2$.

Pinning in a ferromagnet is described by an effective field [\[26,27\]](#page-8-0) that opposes the applied field, both along **M**. In the strong-pinning limit of a cycloidal spin system, the external torque *τ* along**Z**is opposed by a pinning torque with maximum magnitude τ_{pin} . The conditions $\tau_Z = \tau_{\text{pin}}$ and $\varepsilon = \varepsilon_{\text{pin}}$ are then equivalent. In terms of τ_{pin} , the pinning field is given by $B_{\text{pin}}^2 =$ 4*τ*pin*/* [√]3*χ*⊥.

For $\mathbf{m} = \mathbf{X}$, Eq. [\(19\)](#page-5-0) is solved for ϕ as a function of B/B_{pin} in Fig. 8. As shown in the next section, Eq. [\(19\)](#page-5-0) can be refined by expanding χ_{\perp} in powers of $B^2 \cos^2 \phi$. Since ϕ never reaches 0, $B_{c2} = \infty$.

Because the charge redistribution evaluated in the Appendix only depends on the direction of q , τ_Z does not depend on the interior details of the cycloid such as its period or higher harmonics, but only on the magnetization **M** induced by \mathbf{B}_{\perp} .

For $m = X$, experiments [\[25\]](#page-8-0) observe pinning when *B* is lowered from B_{pin} but not as it is raised. This can be easily explained based on our model. For a fixed slope $\varepsilon = \varepsilon_{\text{pin}}$, $\Delta E/N \propto \cos^2 \theta / \sin 2\theta$ decreases with increasing $\theta \ge \pi/3$, as shown in the inset to Fig. 8. So, when *B* is raised from B_{pin} , $\phi = \pi/2 - \theta$ relaxes to a smaller value with lower energy. But, when *B* is lowered from B_{pin} , ϕ would have to take a larger value with *higher* energy to satisfy the condition $\varepsilon = \varepsilon_{\text{pin}}$ or $\tau_Z = \tau_{\text{pin}}$. This process is energetically prohibited at low temperatures. The pinning of domains with decreasing field is shown by the dashed lines in Fig. 8. When the field is ramped up again with this value of ϕ , **q** will only start rotating towards smaller values of ϕ when the condition given by Eq. [\(19\)](#page-5-0) is reached at the solid curve.

FIG. 9. A comparison of model predictions with experimental data [\[25\]](#page-8-0). The angle ϕ does not change until *B* exceeds 5.6 T. We set $B_{\text{pin}} = 5.6$ T and $\gamma = 0$ (solid line), 0.2 (long dashed line), or 0.4 (short dashed line).

VI. RESULTS

Let us use these ideas to examine the experimental results for $BiFeO₃$. We separately discuss the two cases for field along **X** or **Y** examined in Sec. [IV.](#page-3-0)

First, take $m = X$ as in Sec. [IV A.](#page-3-0) Since domain 2 with $q_2 \parallel m$ becomes unstable when $B > B_{c1} \approx 7$ T [\[25\]](#page-8-0), the dependence of *B_{c1}* on *K*₃ from Fig. [4](#page-4-0) implies that $K_3 \approx$ 3.65 × 10⁻⁶ meV. The pinning field B_{pin} ≈ 5.6 T for domains 1 and 3 is estimated by comparing experimental results with Eq. [\(19\)](#page-5-0) plotted in the solid curve of Fig. 9. Experimental data points are averaged over the four rotating satellites associated with domains 1 and 3. Measurements by Bordacs *et al.* [\[25\]](#page-8-0) confirm that the wave vectors of domains 1 and 3 never become fully perpendicular to $\mathbf{m} = \mathbf{X}$ but that $\phi \to 0$ or $\theta \to \pi/2$ with increasing field.

This model can be further refined by expanding χ_{\perp} in powers of $B^2 \cos^2 \phi$. With $b = B/B_{\text{pin}}$,

$$
\chi_{\perp}(b) = \chi_0 + \chi_2 b^2 \cos^2 \phi, \qquad (24)
$$

where χ_2 is the nonlinear susceptibility. This nonlinear term includes the effects of higher harmonics [\[43\]](#page-9-0) on the induced magnetization. Defining $\gamma = \chi_2/\chi_0$, we numerically solve

$$
b^{2}{1 + \gamma b^{2} \cos^{2} \phi} \sin 2\phi = \frac{\sqrt{3}}{8}(4 + 3\gamma)
$$
 (25)

with pinning field

$$
B_{\text{pin}}^2 = \frac{4}{\sqrt{3}} \frac{\tau_{\text{pin}}}{\chi_0 + 3\chi_2/4}.
$$
 (26)

The solutions to Eq. (25) with $\gamma = 0.2$ and 0.4 are plotted in the dashed curves of Fig. 9. Evidently, a small value for *γ* further improves agreement with the measurements. As mentioned above, the dependence of ϕ on field given by Eq. (25) may only be approached at large fields if the condition for the strongpinning limit is not met at B_{pin} .

Now, take $\mathbf{m} = \mathbf{Y}$ as in Sec. [IV B.](#page-3-0) Then, domain 2 with $\mathbf{q}_2 \perp$ **m** is always stable. Unfortunately, the rotation of domains 1 and 3 cannot be treated in the strong-pinning limit. In particular,

 B_{pin} may differ from the earlier result for $\mathbf{m} = \mathbf{X}$. Experiments with $m = Y$ indicate that domains 1 and 3 rotate by about 9[°] before disappearing between 6 and 7 T. This implies that the second scenario discussed above with $B_{c1} > B_{pin}$ is applicable. As expected, $\psi = \phi$ has only increased to about 39[°] < 45[°] at *B_{c1}*. But for $K_3 = 3.65 \times 10^{-6}$ meV, Fig. [4\(b\)](#page-4-0) predicts that $B_{c1} \approx 5.6$ T, which is below the range of observed values where the domains disappear. This discrepancy can possibly be explained by a slight misalignment of the field out of the **X**-**Y** plane.

Since τ_{pin} depends on the concentration and distribution of nonmagnetic impurities, it may also change in different samples. Because the samples used in the spectroscopy [\[16\]](#page-8-0) and SANS measurements [\[25\]](#page-8-0) come from different sources, their pinning torques may be different as well. Based on the relative purities of these two samples, B_{pin} may be larger than indicated above for the sample used in the spectroscopy measurements. The observed spread [\[25\]](#page-8-0) in wave vectors **q**¹ and \mathbf{q}_3 near **Y** for $\mathbf{m} = \mathbf{X}$ also suggests that the pinning torque *τ*pin varies from one domain to another throughout the sample used in the SANS measurements. Unlike τ_{pin} , B_{c1} is determined by the relative energies of different domain wave vectors **q** and is independent of sample quality.

The "strong-pinning" limit is reached when the anisotropy *K*³ makes a negligible contribution to the energy compared to the pinning field B_{pin} . Considering the contributions of the magnetic field and the anisotropy to the energy, the strongpinning limit requires that $B_{\text{pin}}M \gg 2S^6K_3$ or

$$
B_{\rm pin}{}^2 \gg \frac{2S^6 K_3}{\chi_{\perp}}.\tag{27}
$$

Using the definition of B_{pin} in terms of the pinning torque *τ*_{pin}, the strong-pinning limit requires that $\tau_{\text{pin}} \gg \sqrt{3}S^6K_3/2$. Taking $K_3 = 3.65 \times 10^{-6}$ meV and χ_{\perp} from measurements [\[3\]](#page-8-0), these conditions require that $B_{\text{pin}} \gg 2.5$ T and $\tau_{\text{pin}} \gg$ 0*.*77 *μ*eV.

Even for small B_{pin} , the strong-pinning limit can be reached when the field is sufficiently large that it dominates the energy. This condition is given by Eq. (27) with *B* replacing B_{pin} . So, independent of B_{pin} , Eq. [\(19\)](#page-5-0) for the dependence of ϕ on field is approached when $B \gg 2.5$ T.

VII. DISCUSSION

This work resolves all of the discrepancies with earlier measurements listed in the Introduction. Not too close to the poles at $\pm \mathbf{z}'$, the critical field $B_{c3} > 16$ T above which the CAF phase becomes stable does not sensitively depend on the azimuthal angle ζ because **q** is then nearly perpendicular to **m**. This explains the earlier discrepancy with measurements by Tokunaga *et al.* [\[23\]](#page-8-0). For any *ζ* , Ref. [\[22\]](#page-8-0) then predicts that B_{c3} will increase monotonically as the polar angle ϑ decreases from $\pi/2$ at the equator to zero at the poles.

Because it couples to the wave-vector orientation but not to the individual spins, the strain does not directly affect the spin dynamics. However, it may be necessary to slightly raise K_1 to compensate for the effect of K_3 , which favors the spins lying in the **X**-**Y** plane [\[44\]](#page-9-0). Since the total magnetoelastic energy is independent of **q**, it does not alter the relative energies of different wave vectors in Figs. [2](#page-3-0) and [5.](#page-4-0) Measurements of the lattice strain in a magnetic field along a threefold axis like **X** can test this hypothesis.

How does our estimate for K_3 in BiFeO₃ compare with that in other materials? The constant K_3 can be estimated from the angular dependence of the basal-plane magnetization or the torque. For Co_2Y ($Y = Ba_2Fe_{12}O_{22}$) and Co_2Z (*Z* = Ba₃Fe₂₄O₄₁), $\tilde{K}_3 \equiv S^6K_3/V_c \approx 600 \text{ erg/cm}^3$ and 1500 erg/cm³, respectively $[45]$ (V_c is the volume for one magnetic ion). For pure Co, $\tilde{K}_3 \approx 1.2 \times 10^5$ erg/cm³ [\[46\]](#page-9-0). Anisotropy energies are much larger for the rare earths than for transition-metal oxides [\[47\]](#page-9-0). While $\tilde{K}_3 \approx 6300 \text{ erg/cm}^3$ for Gd, it is about 1000 times higher for the heavier rare earths Tb, Dy, Ho, Er, and Tm. By comparison, $K_3 = 3.65 \times 10^{-6}$ meV for BiFeO₃ corresponds to $\tilde{K}_3 = 2.4 \times 10^4$ erg/cm³, about four times larger than for Gd but smaller than for pure Co.

Our discussion of domain pinning was motivated by previous results for ferromagnets. For a ferromagnet, thermally activated creep [\[48\]](#page-9-0) allows the domain walls to move even when $B < B_{\text{pin}}$. It seems likely that a similar effect in BiFeO₃ allows the domains to rotate at nonzero temperature even when τ_Z < τ_{pin} or $\varepsilon < \varepsilon_{\text{pin}}$. Another interesting question is how the domain pinning depends on the rate of change of the magnetic field.

We conclude that the "canonical" model of $BiFeO₃$ must be augmented by threefold anisotropy and magnetoelastic energies in order to explain the field evolution of a domain when **q** is not perpendicular to **m**. Over the past decade, our understanding of $BiFeO₃$ has greatly expanded but so have the number of new mysteries to be solved. At least at low temperatures, we believe that the modified Hamiltonian presented in this work can be used to study the manipulation of multiferroic domains by magnetic and electric fields.

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APPENDIX: MAGNETOELASTIC COUPLING

This Appendix describes the effects of the magnetoelastic coupling in $BiFeO₃$. The magnetoelastic energy is given by

$$
\frac{1}{V}H_{me} = \frac{1}{2}c_{11}(\epsilon_{xx}^2 + \epsilon_{yy}^2 + \epsilon_{zz}^2)
$$

+ $c_{12}(\epsilon_{xx}\epsilon_{yy} + \epsilon_{yy}\epsilon_{zz} + \epsilon_{zz}\epsilon_{xx})$
+ $\frac{g}{N}\sum_{i} {\{\epsilon_{xx}S_{ix}^2 + \epsilon_{yy}S_{iy}^2 + \epsilon_{zz}S_{iz}^2\}},$ (A1)

where c_{11} and c_{12} are the elastic coupling constants, g is the magnetoelastic coupling strength, and ϵ_{ii} are the strain components.

Minimizing this energy with respect to the strain components yields

$$
\epsilon_{xx} = -\frac{g}{F} \{ (c_{11} + c_{12}) M_{2x} - c_{12} (M_{2y} + M_{2z}) \}, \quad (A2)
$$

$$
\epsilon_{yy} = -\frac{g}{F} \{ (c_{11} + c_{12}) M_{2y} - c_{12} (M_{2x} + M_{2z}) \}, \quad (A3)
$$

$$
\epsilon_{zz} = -\frac{g}{F} \{ (c_{11} + c_{12}) M_{2z} - c_{12} (M_{2x} + M_{2y}) \}, \quad (A4)
$$

where

$$
M_{2\alpha} = \frac{1}{N} \sum_{i} \langle S_{i\alpha}^{2} \rangle
$$
 (A5)

and $F = (c_{11} + 2c_{12})(c_{11} - c_{12})$. In terms of these variables, the magnetoelastic energy $E_{me} = \langle H_{me} \rangle$ is given by

$$
\frac{1}{N}E_{me} = -g^2 \frac{V}{2N} \frac{c_{11} + c_{12}}{F} \{M_{2x}^2 + M_{2y}^2 + M_{2z}^2\} \n+ g^2 \frac{V}{N} \frac{c_{12}}{F} \{M_{2x}M_{2y} + M_{2x}M_{2z} + M_{2y}M_{2z}\}, \quad (A6)
$$

where $V/N = a^3$.

Transforming $M_{2\alpha}$ into the local reference frame of the cycloid, we find

$$
M_{2\alpha} = \frac{q_{\alpha}^2}{|\mathbf{q}|^2} M_{2x'} + \frac{1}{3} M_{2z'}, \tag{A7}
$$

which uses $M_{2y} \approx 0$. For weak anisotropy, $M_{2x} \approx M_{2z} =$ *S*2*/*2 and

$$
\frac{1}{N}E_{me} = -\frac{g^2 S^4}{4F} \frac{V}{N} (3c_{11} - 2c_{12}),
$$
 (A8)

which is independent of **q**.

However, the individual strain components

$$
\epsilon_{\alpha\alpha} = -\frac{gS^2}{2F} \left\{ \frac{q_{\alpha}^2}{|\mathbf{q}|^2} (c_{11} + 2c_{12}) + \frac{1}{3} (c_{11} - 4c_{12}) \right\}
$$
 (A9)

do depend on **q**. In fact, roughly 75% of the strain depends on the wave-vector orientation. Impurities clamp this lattice strain within the sample. Because the magnetic field must drag this distortion while rotating the cycloidal wave vector **q**, impurities pin the orientation of the wave vector at low fields. Note that the volume change

$$
\frac{\Delta V}{V} = \epsilon_{xx} + \epsilon_{yy} + \epsilon_{zz} = -\frac{gS^2}{c_{11} + 2c_{12}} \tag{A10}
$$

is independent of the wave-vector orientation.

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$$
\frac{\mathcal{H}_{D_1}}{N} \rightarrow \frac{D_1 a}{\lambda} \mathbf{y}' \cdot \int_0^{2\pi} d\rho \left(\mathbf{S}_{\rho}^{(1)} \times \frac{\partial \mathbf{S}_{\rho}^{(2)}}{\partial \rho} \right),
$$

$$
\frac{\mathcal{H}_{D_2}}{N} \rightarrow \frac{3D_2}{2\pi} \mathbf{z}' \cdot \int_0^{2\pi} d\rho \left(\mathbf{S}_{\rho}^{(1)} \times \mathbf{S}_{\rho}^{(2)} \right),
$$

where $\rho = \mathbf{q} \cdot \mathbf{R}$.

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 $(\mathbf{m} \cdot \mathbf{x}' = 0.99)$. Below B_{c1} , the domain with wave vector

[$1,0,-1$] has lower energy; above B_{c1} , it has higher energy. To evaluate B_{c2} with $\mathbf{m} = \mathbf{X}$, we compare the energies of domains with wave vectors $[-1, 2, -1]$ (**m** · **x**^{$′$} = 0) and $[-2, 5, -3]$ (**m** · **x**^{$′$} = 0.11). Below *B*_{*c*2}, the domain with wave vector [−2,5*,*−3] has lower energy; above B_{c2} , it has higher energy. To evaluate B_{c1} with $\mathbf{m} = \mathbf{Y}$, we compare the energies of domains with wave vectors $[-4,3,1]$ (**m** · **x**' = 0.72) and $[-3,2,1]$ (**m** · **x**' = 0.65). Below B_{c1} , the domain with wave vector $[-4,3,1]$ has the lower energy; above B_{c1} , it has higher energy.

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