# Resonant photoluminescence and dynamics of a hybrid Mn hole spin in a positively charged magnetic quantum dot

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We analyze, through resonant photoluminescence, the spin dynamics of an individual magnetic atom (Mn) coupled to a hole in a semiconductor quantum dot. The hybrid Mn hole spin and the positively charged exciton in a CdTe/ZnTe quantum dot form an ensemble of  $\Lambda$  systems which can be addressed optically. Autocorrelation of the resonant photoluminescence and resonant optical pumping experiments are used to study the spin relaxation channels in this multilevel spin system. We identified for the hybrid Mn hole spin an efficient relaxation channel driven by the interplay of the Mn hole exchange interaction and the coupling to acoustic phonons. We also show that the optical  $\Lambda$  systems are connected through inefficient spin flips than can be enhanced under weak transverse magnetic field. The dynamics of the resonant photoluminescence in a *p*-doped magnetic quantum dot is well described by a complete rate equation model. Our results suggest that long-lived hybrid Mn hole spin could be obtained in quantum dot systems with large heavy-hole/light-hole splitting.

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## I. INTRODUCTION

Individual localized spins are promising for the implementation of emerging quantum information technologies in the solid state [1-4]. In this field, magnetic dopants in conventional semiconductors present many desirable features, such as reproducible quantum properties, stability, and potential scalability for further applications [5]. Thanks to their pointlike character, a longer spin coherence time (compared to carriers spins) can also be expected at low temperature, making them potentially good systems to store quantum information. Semiconductor quantum dots (QDs) permit efficient electrical or optical manipulation of individual carrier spins [6-9]. It has been shown that the optical properties of a QD can also be used to control the spin state of individual [10-15] or pairs [16,17] of magnetic atoms. The spin of a magnetic atom in a QD can be prepared by the injection of spin-polarized carriers and its state can be read through the energy and polarization of the photons emitted by the QD [18–20]. The insertion of a magnetic atom in a QD where the strain or the charge states can be controlled also offers degrees of freedom to tune the properties of the localized spin such as its magnetic anisotropy responsible for the spin memory at zero magnetic field [21].

Positively charged magnetic QDs present a large magnetic anisotropy induced by the exchange interaction between the confined heavy hole and the spin localized on a magnetic atom [22,23]. It has been shown in charge tunable Mndoped CdTe/ZnTe QDs that the hybrid Mn hole spin can be prepared by optical orientation under excitation with circularly polarized light [24]. It was also demonstrated that a positively charged Mn-doped QD forms an ensemble of optical  $\Lambda$ systems that can be independently addressed [25]. This level structure suggests that the hybrid Mn hole spin states could be coherently manipulated using two resonant optical fields [26]. For an efficient coherent control and a practical use of this hybrid spin in a quantum device one would require, however, sufficiently long relaxation and coherence times for the two ground states of the  $\Lambda$  systems.

In this paper, resonant photoluminescence (PL) of the positively charged exciton  $(X^+)$  coupled to a single Mn atom in charge tunable CdTe/ZnTe QDs [24] is exploited to analyze the spin relaxation mechanisms of the coupled hole and Mn spins. Autocorrelation of the resonant PL and resonant optical pumping experiments reveal an efficient spin relaxation channel of the Mn hole system: a Mn hole flip-flop induced by the interplay of the Mn hole exchange interaction and the lattice deformation induced by acoustic phonons. A model predicts Mn hole flip flops in the nanosecond range, in agreement with the spin dynamics observed experimentally. We also show that the optical  $\Lambda$  systems are connected by inefficient forbidden spin flips which are enhanced under a weak transverse magnetic field.

The paper is organized as follows: The sample and experiments are presented in Sec. II. The spin structure of the positively charged Mn-doped QDs is shortly described in Sec. III. The dynamics of the resonant PL probed with autocorrelation measurements is described in Sec. IV. In Sec. V we discuss resonant optical pumping experiments allowing probing the initialization and relaxation of coupled hole and Mn spins. In Sec. VI we present a model describing acoustic phonon induced Mn hole flip flops and show that this mechanism is responsible for the strong PL observed under resonant excitation of  $X^+$ -Mn. Finally, in Sec. VII we model the spin dynamics of positively charged Mn-doped QDs under resonant excitation and compare the calculated autocorrelation response and optical pumping signal with experimental results.

#### **II. SAMPLE AND EXPERIMENTS**

The sample consists of Mn-doped self-assembled CdTe QDs grown by molecular beam epitaxy on a p-doped ZnTe (001) substrate according to the procedure described in Ref. [27]. A bias voltage is applied between a 5-nm gold Schottky gate deposited on the surface of the sample and the

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FIG. 1. (a) Color-scale plot of the PL intensity of the studied Mn-doped QD inserted in Schottky structure showing the emission of the neutral (*X*-Mn) and positively charged (*X*<sup>+</sup>-Mn) exciton as a function of energy and bias voltage. (b) PL of the Mn-doped QD under a positive bias voltage of V = 5.5 V. Inset: scheme of the energy levels of the ground (*h*Mn) and excited states (*X*<sup>+</sup>-Mn) in a positively charged Mn-doped QD as a function of their angular momentum ( $M_z$ ). (c) Experimental (left) and calculated (right) color-scale plot of the linear polarization dependence of the PL of *X*<sup>+</sup>-Mn at B = 0 T (top) and under a transverse magnetic field  $B_{\perp} = 0.42$  T (bottom), maximum transverse field used in the spin dynamics experiments. The parameters used in the calculation are listed in Table I.

p-doped substrate to control the charge state of the QDs. Under a positive bias, as we already reported in Ref. [24], a single hole is trapped in the magnetic QDs and only the emission of the positively charged exciton is observed [Fig. 1(a)].

Individual QDs containing one Mn are isolated using microspectroscopy techniques [28]. A high refractive index hemispherical solid immersion lens is mounted on the surface of the sample to enhance the spatial resolution and the collection efficiency of single dot emission. The QDs are excited with a tunable continuous wave (cw) laser tuned to an excited state of the dots or on resonance with the ground state of the positively charged exciton. The resulting collected PL is dispersed and filtered by a one-meter double monochromator. The temporal statistics of the emission of photons is analyzed through photon-correlation measurements using a Hanbury, Brown, and Twiss (HBT) setup with a resolution of about 0.8 ns. Under our experimental conditions, with photon counts rates of a few kHz, the measured photon pair time distribution yields, after normalization, to the second-order correlation function of the PL intensity  $g^{(2)}(\tau)$ .

For optical pumping experiments, trains of resonant circularly polarized light are prepared with electro-optic or acousto-optic modulators with a switching time of about 10 ns and the resonant PL is detected with a fast avalanche photodiode. Permanent magnet mounted on a translation stage are used to apply a weak magnetic field in Faraday or Voight configurations.

## III. SPIN STRUCTURE OF A POSITIVELY CHARGED Mn-DOPED QUANTUM DOT

A Mn atom in a strained self-assembled CdTe QD exhibits a fine structure dominated by a weak magnetic anisotropy with an easy axis along the QD axis [28–30]. Neglecting the tetrahedral crystal field of the CdTe matrix [31,32], this fine structure is described by the effective spin Hamiltonian

$$\mathcal{H}_{\rm Mn,CF} = D_0 S_z^2 + E \left( S_y^2 - S_x^2 \right). \tag{1}$$

Here,  $D_0$  depicts the effect of the biaxial strain and *E* describes the anisotropy of the strain in the plane of the QD.  $D_0$  varies from 0  $\mu$ eV (strain-free QD [33]) to 12  $\mu$ eV (strained CdTe layer matched on a ZnTe substrate [29]) and typical values around 7  $\mu$ eV are usually observed in CdTe/ZnTe QDs [30,34].

When a hole is trapped in a QD containing a single Mn, the spin structure is controlled by the Mn hole exchange interaction that reads as

$$\mathcal{H}_{h\mathrm{Mn}}^{\mathrm{ex}} = I_{h\mathrm{Mn}} \vec{S} \cdot \vec{J} \tag{2}$$

with  $I_{hMn}$  the exchange energy between the hole and the Mn  $(S = \frac{5}{2})$  and  $\vec{J}$  the hole spin operator. In the presence of heavyhole/light-hole mixing,  $\vec{J}$ , represented in the basis of the two low-energy heavy-hole states, is related to the Pauli matrices by  $J_z = 3/2\tau_z$  and  $J_{\pm} = \xi \tau_{\pm}$  with  $\xi = -2\sqrt{3}e^{-2i\theta}\rho_c/\Delta_{lh}$ .  $\rho_c$ is the coupling energy between heavy holes and light holes separated by an effective energy splitting  $\Delta_{lh}$ .  $\theta$  is the angle relative to the [110] axis of the principal axis of the anisotropy (shape and/or strain) responsible for the heavy-hole/light-hole mixing [35,36]. For a weak valence band mixing, the Mn hole energy levels are mainly controlled by  $I_{hMn}S_zJ_z$  and form a spin ladder with a quantization axis along the QDs growth direction. These states are labeled  $|S_z, J_z\rangle$ .

The PL of a positively charged Mn-doped QD is presented in Fig. 1(b). When an exciton is injected in the QD loaded with a single hole, one has to consider the  $X^+$ -Mn complex. The energy levels of such a complex, where the two hole spins are paired in an antiparallel configuration, is dominated by the electron-Mn exchange interaction

$$\mathcal{H}_{e\mathrm{Mn}}^{\mathrm{ex}} = I_{e\mathrm{Mn}} \dot{S} \cdot \vec{\sigma} \tag{3}$$

with  $\vec{\sigma}$  the electron spin and  $I_{eMn}$  the exchange energy between the electron and the Mn spins. The 12 *e*Mn states

TABLE I. Values of the parameters used to model the positively charged Mn-doped QD presented in Fig. 1.  $I_{eMn}$ ,  $I_{hMn}$ ,  $\frac{\rho_c}{\Delta_{lh}}$ ,  $\theta$ ,  $\eta$ , and  $T_{eff}$  are chosen to reproduce the linear polarization intensity map of Fig. 1(c). The other parameters cannot be extracted from the PL measurements and values for typical Mn-doped QDs are chosen for the calculation of the spin dynamics presented in Sec. VII.

I <sub>eMn</sub>	-175 μeV
$I_{hMn}$	345 µeV
$\frac{\rho_c}{\Delta u}$	0.09
$\theta$	0 °
η	30 µeV
$T_{\rm eff}$	20 K
<i>Se</i>	-0.4
$g_h$	-0.6
$g_{ m Mn}$	2
$D_0$	$7 \ \mu eV$
E	1.5 μeV
	$egin{array}{c} \mathbf{I}_{e\mathrm{Mn}} & \mathbf{I}_{h\mathrm{Mn}} & & & & & & & & & & & & & & & & & & $

are split into a ground-state sextuplet (total spin M = 3) and a fivefold degenerated manifold (total spin M = 2) [see inset of Fig. 1(b)]. These energy levels are labeled  $|M, M_z\rangle$ .

The exchange coupling between the holes and the Mn introduce also a perturbation of their wave functions [33,37,38], that can be represented for one hole by an effective spin Hamiltonian  $\mathcal{H}_{scat} = -\eta S_z^2$  with  $\eta > 0$ . This perturbation has to be taken into account twice for  $X^+$ -Mn where two holes interact with the Mn. This perturbation affects the energy of the optical recombination of  $X^+$ -Mn to the Mn hole ground state and can be observed in the emission spectra [33].

Values of  $I_{h\text{Mn}}$ ,  $I_{e\text{Mn}}$ ,  $\rho_c/\Delta_{\text{lh}}$ , and  $\eta$  for a given QD can be obtained by comparing the linear polarization dependence of the experimental PL data to the optical transition probabilities calculated with the discussed effective spin model [Fig. 1(c)] [24]. A Boltzmann distribution function  $P_{e\text{Mn}}^i = e^{-E_{e\text{Mn}}^i/k_B T_{\text{eff}}} / \sum_i e^{-E_{e\text{Mn}}^i/k_B T_{\text{eff}}}$  with an effective spin temperature  $T_{\text{eff}}$  is used to describe the population of the emitting states (electron Mn energy levels  $E_{e\text{Mn}}^i$ ). The obtained parameters are listed in Table I for the QD presented in Fig. 1.

#### IV. DYNAMICS OF THE RESONANT PHOTOLUMINESCENCE OF X<sup>+</sup>-Mn

To access the dynamics of the hybrid Mn hole spin we exploit the resonant PL of  $X^+$ -Mn. When scanning a resonant laser through the high-energy transitions of the  $X^+$ -Mn, three absorption resonances are observed [25]. These, labeled (1), (2), and (3) in Fig. 2(a), give rise to a strong resonant PL which is cross circularly polarized with the excitation, except for an excitation on (1) which produces unpolarized PL. The corresponding energy levels involved in these absorption are identified in Fig. 2(b). They correspond, for a  $\sigma$ + laser, to the successive resonant excitation of the electron Mn levels  $|3,+1\rangle$ ,  $|3,+2\rangle$ , and  $|2,+2\rangle$  [25]. These states can be expressed as linear combinations of the Mn and electron spins  $|S_z,\sigma_z\rangle$  coupled by a flip flop:

$$|3,+1\rangle = \frac{1}{\sqrt{6}}(\sqrt{4}|+1/2,\uparrow_e\rangle + \sqrt{2}|+3/2,\downarrow_e\rangle), \quad (4)$$





FIG. 2. (a) Nonresonant (N-Res.) and resonant (Res.) PL of  $X^+$ -Mn. Co (blue) and cross (red) circularly polarized PL spectra are collected for three different energies of the cw resonant laser (green). (b) Autocorrelation of the resonant PL for a cross circularly polarized excitation and detection of the electron Mn states  $|3,+1\rangle$ ,  $|3,+2\rangle$ , and  $|2,+2\rangle$ . Insets: energy levels of  $X^+$ -Mn and identification of the three resonances observed in (a) corresponding to the optical  $\Lambda$  systems associated with the states  $|3,+1\rangle$ ,  $|3,+2\rangle$ , and  $|2,+2\rangle$ .

$$|3,+2\rangle = \frac{1}{\sqrt{6}}(\sqrt{5}|+3/2,\uparrow_e\rangle + \sqrt{1}|+5/2,\downarrow_e\rangle), \quad (5)$$

$$|2,+2\rangle = \frac{1}{\sqrt{6}}(\sqrt{1}|+3/2,\uparrow_e\rangle - \sqrt{5}|+5/2,\downarrow_e\rangle).$$
 (6)

Each of these electron Mn states are connected with circularly polarized optical transitions to two Mn hole states in the ground state of the QD. For instance,  $|3,+2\rangle$  is connected to  $|+\frac{3}{2}, \Uparrow_h\rangle$  with  $\sigma$  – photons and to  $|+\frac{5}{2}, \Downarrow_h\rangle$  with  $\sigma$  + photons. This level structure forms an optical  $\Lambda$  system.

Under resonant excitation of one high-energy level of  $X^+$ -Mn, only one cross-circularly polarized emission line is observed. It corresponds to the optically allowed recombination on the second branch of the  $\Lambda$  system. This recombination occurs with a flip flop of the electron and Mn spins [24,25]. The energy splitting between the resonant absorption and the emission corresponds to the splitting between the two ground states of the  $\Lambda$  system. It is given by  $4 \times 3/2I_{hMn} (\approx 2.1 \text{ meV}$  for the studied QD) for an excitation of  $|3,+2\rangle$  or  $|2,+2\rangle$ 

and  $2 \times 3/2I_{hMn}$ ( $\approx 1.05 \text{ meV}$  for the studied QD) for an excitation of  $|3,+1\rangle$ . For an excitation of  $|3,+2\rangle$  or  $|2,+2\rangle$ , the weak copolarized PL signal, which depends on the excitation intensity, comes from a possible direct excitation of the low-energy branch of the  $\Lambda$  system through the acoustic phonon side band [39].

For an isolated  $\Lambda$  system, under resonant excitation of one of the branches, a fast optical pumping controlled by the generation rate and the radiative lifetime of the excited state is expected: The population is expected to be stored in the level which is not excited and the resonant PL should vanish. In the case of  $X^+$ -Mn, the PL intensity observed under resonant excitation of the high-energy branch of the  $\Lambda$  systems is similar to the PL intensity obtained under nonresonant excitation. This suggests a very inefficient optical pumping of the Mn hole spin and an efficient spin-flip mechanism which links the two ground states of the  $\Lambda$  systems.

The dynamics of the Mn spin coupled to carriers was first analyzed, under resonant optical excitation, through the statistics of the time arrival of the photons given by the second-order correlation function of the resonant PL intensity  $g^{(2)}(\tau)$ . For the three resonant excitation conditions reported in Fig. 2(b),  $g^{(2)}(\tau)$  is mainly characterized by a large photon bunching with a full width at half maximum (FWHM) in the 20-ns range. The amplitude of the bunching reaches 9 for line (2) and is slightly weaker for the two other lines. This large bunching, reflecting an intermittency in the emission of the QD, is not sensitive to a longitudinal magnetic field  $B_z$ except for an excitation on 1.

The presence of a photon bunching is at first sight surprising: under resonant excitation of an isolated  $\Lambda$  system, an antibunching of the resonant PL controlled by the transfer time between the two ground states is indeed expected. For X<sup>+</sup>-Mn, the observed short antibunching [dip near zero delay in the autocorrelation function observed at low excitation power in Fig. 3(a)] suggests a fast transfer time in the nanosecond range between the two ground states of the  $\Lambda$  systems.

In the presence of a transfer process connecting the two Mn hole ground states in a nanosecond time scale, the photon bunching can be explained by leaks outside the resonantly excited  $\Lambda$  system. Under cw excitation, the population is cycled inside the  $\Lambda$  system until a spin flip occurs and drives the carrier Mn spin out of the  $\Lambda$  levels under investigation. The resonant PL is then switched off until multiple spin flips drives back the carriers and Mn spin inside the  $\Lambda$  system under excitation. The selected QD line can be either in a ON or OFF state depending on the fluctuations of the carrier and Mn spins. The amplitude of the bunching is then given by  $\Gamma_{out}/\Gamma_{in}$  the ratio of the transition rates from OFF to ON ( $\Gamma_{in}$ ) and from ON to OFF ( $\Gamma_{out}$ ). An amplitude of bunching larger than 1 is expected for the multilevel system considered here where, after a spin relaxation, multiple spin flips are in average required to come back to the initial state ( $\Gamma_{in} < \Gamma_{out}$ ). Within this picture, the width of the bunching is a measurement of the escape time out of the considered  $\Lambda$  level system.

A weak transverse magnetic field  $B_x$  significantly reduces the width of the bunching signal [Fig. 3(b)]. As the spin of the Mn hole complex is highly anisotropic, with a large energy splitting induced by the exchange interaction  $I_{hMn}S_z.J_z$ , the weak transverse magnetic field mainly affects the electron



FIG. 3. Excitation power dependence (a) and transverse magnetic field dependence (b) of the autocorrelation of the resonant PL obtained for an excitation on the high-energy branch of the  $\Lambda$  level system associated to the electron Mn state  $|2, +2\rangle$ .

Mn dynamics in the excited state of the charged QD. Indeed, the transverse magnetic field couples the different electron Mn states and induces a leak outside the resonantly excited  $\Lambda$  system. Both spin flips within the Mn hole (ground state) and the electron Mn (excited state) systems can contribute to the bunching signal. The significant effect of the weak transverse field shows that the probability of presence in the excited state of the  $\Lambda$  system is large. This is consistent with the large excitation intensity used for these autocorrelation measurements which require a high photon count rate.

A slight reduction of the width of the bunching signal is also observed with the increase of the excitation power [Fig. 3(a)]. This shows that the leaks outside a given A system slightly increase with the probability of presence of the positively charged exciton in the QD.

## V. RESONANT OPTICAL PUMPING AND RELAXATION OF THE HYBRID Mn HOLE SPIN

Resonant optical pumping experiments were done to estimate how long it takes, after a spin flip, to the hybrid Mn hole spin to relax back inside the resonantly excited  $\Lambda$  system. A demonstration of resonant optical pumping of the Mn hole system was first done by exciting the high-energy branch of the  $\Lambda$  systems with trains of resonant light, alternating the circular polarization and recording the circularly polarized PL of the low-energy branch. As observed in Fig. 4, for an excitation on resonance with the electron Mn states  $|3,+2\rangle$  or  $|2,+2\rangle$ , switching the polarization of the excitation from cocircular to cross circular produces a change of the PL intensity with two transients: first, an abrupt PL increase (or decrease), reflecting the population change of the observed spin-polarized charged



FIG. 4. Resonant optical pumping transients obtained under circular polarization switching of the resonant excitation for the three  $\Lambda$  systems identified in Fig. 2 at zero field and under a weak longitudinal magnetic field  $B_z = 0.23$  T. The insets present the corresponding states which are resonantly excited and detected in  $\sigma$  – polarization.

excitons; then, a slower transient with a characteristic time of a few tens of nanoseconds, depending on the laser excitation power.

The progressive decrease of the resonant PL intensity is the signature of an optical pumping of the Mn hole spin: the Mn hole state which is optically addressed is partially emptied when the population is ejected out of the excited  $\Lambda$  system. As presented in Fig. 4, this pumping signal is not sensitive to a longitudinal magnetic field  $B_z$  except for an excitation of  $|3,\pm1\rangle$  where a significant intensity difference between cocircular and cross circular polarization is only observed under a weak  $B_z$ .

The speed of the optical pumping increases with the excitation intensity. This is presented in Fig. 5(a) in the case of a resonant excitation of  $|3,\pm 2\rangle$  with alternate circular polarization. At high excitation intensity, the pumping time saturates to a value similar to the width of the bunching signal observed in the autocorrelation measurements.

As observed for the autocorrelation, the resonant pumping signal is also strongly sensitive to a transverse magnetic field. Under a weak transverse field [see Fig. 5(b)], we first observe an increase of the speed of the pumping together with a decrease of the amplitude of the signal when the transient time reaches the time resolution of the setup (around 10 ns).

For a large transverse field ( $B_{\perp} = 0.42$  T), the cocircularly and cross circularly polarized resonant PL intensities are identical [see the inset of Fig. 5(b)] and similar pumping transients are observed when switching from  $\sigma_{co}$  to  $\sigma_{cross}$  or from  $\sigma_{cross}$  to  $\sigma_{co}$  circular polarization.

To observe the relaxation of the prepared nonequilibrium distribution of the Mn hole spins, the circularly polarized pump laser is switched off during a dark time  $\tau_{dark}$ . The amplitude of the pumping transient which appears after  $\tau_{dark}$  depends on the Mn hole spin relaxation. A dark time of 50 ns is enough to observe the reappearance of a significant pumping transient (Fig. 6). For comparison and for a better sensitivity of the measurement, the pumping transient observed in the absence of initial preparation of the Mn hole spin (i.e., when switching of the circular polarization during the dark time) is also presented (red trace in Fig. 6). The normalized difference of the amplitude of these two transients,  $\Delta I/I$ , as a function of  $\tau_{dark}$  is presented in the inset of Fig. 6. This measurement shows that, when the optical excitation is off, it takes around 80 ns to the Mn hole spin to come back to the ground state of the excited  $\Lambda$  system.

If the optical pumping was storing the Mn hole spin in the branch of the  $\Lambda$  system which is not optically excited, its characteristic time would be controlled by the exciton radiative



FIG. 5. Excitation power dependence (a) and transverse magnetic field dependence (b) of the optical pumping signal obtained for a resonant excitation on  $|3,+2\rangle$ . Insets: excitation power dependence of the pumping time (a) and transverse magnetic field dependence of the difference of resonant PL intensity between a  $\sigma_{cross}$  and a  $\sigma_{co}$  excitation (b).



FIG. 6. Optical pumping for an excitation of  $|3,+2\rangle$  with modulated circular polarization. A dark time ( $\tau_{dark} = 50$  ns) is introduced in the pumping sequence. The polarization switching of the excitation occurs either before (black) or during (red) the dark time. The black and red diagrams present the corresponding resonant excitation sequences. The inset presents the variation of the ratio  $\Delta I/I$  as a function of  $\tau_{dark}$ . The solid line is an exponential fit with  $\tau_{relax} = 80$  ns.

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lifetime and the generation rate. With a Mn hole relaxation time in the 100-ns range, as observed experimentally, the pumping should take place within a few nanoseconds.

Another source of spin pumping can be the leak outside the resonantly excited  $\Lambda$  system. In this case, the speed of the pumping is controlled by the leakage time and, as observed experimentally, the pumping time is similar to the width of the photon bunching signal. This mechanism of pumping for the Mn hole spin is confirmed by the transverse magnetic field dependence. The acceleration of the optical pumping in transverse magnetic field [Fig. 5(b)] has the same origin as the decrease of the width of the bunching signal. By mixing the different electron Mn states, the transverse field enhances the leakage probability out of the resonantly driven  $\Lambda$  system and decreases the corresponding optical pumping time.

## VI. MODELING OF THE DYNAMICS OF THE HYBRID Mn HOLE SPIN

The observed large resonant PL amplitude of  $X^+$ -Mn and its dynamics can be qualitatively explained if a fast (nanosecond) and efficient spin transfer mechanism connects the two Mn hole ground states of each  $\Lambda$  system. Let us note that efficient Mn hole flip flops are also required to explain the resonant luminescence observed on neutral Mn-doped QDs (see the Appendix).

We propose a mechanism for the Mn hole flip flop at low temperature resulting from a deformation-induced exchange interaction [40,41]. We show here that Mn hole states are efficiently coupled via the interplay of their exchange interaction and the lattice deformation-induced heavy-hole/light-hole mixing. We will focus in the following on the two Mn hole states  $|+\frac{3}{2};\uparrow_h\rangle$  and  $|+\frac{5}{2};\downarrow_h\rangle$  in the ground states of the  $\Lambda$ system associated with the electron Mn levels  $|3,+2\rangle$  and  $|2,+2\rangle$ . Similar results could be obtained with the Mn hole ground states of the other  $\Lambda$  systems.

First, let us notice that the nondiagonal term of the Mn hole exchange interaction  $I_{hMn}/2(S^+J^- + S^-J^+)$  couples the heavy-holes  $(\uparrow_h, \downarrow_h)$  and light-holes  $(\uparrow_h, \downarrow_h)$  levels split by  $\Delta_{\text{lh}}$  through a Mn hole flip flop. We consider this interaction as a perturbation on the Mn heavy-hole level structure given by  $I_{hMn}S_zJ_z$ . To the first order in  $I_{hMn}/\Delta_{\text{lh}}$ , the two perturbed ground states of the  $\Lambda$  system considered here  $|+\frac{3}{2};\uparrow_h\rangle$  and  $|+\frac{5}{2};\downarrow_h\rangle$  can be written [42] as

$$\begin{split} \widetilde{\left|+\frac{5}{2};\psi_{h}\right\rangle} &= \left|+\frac{5}{2};\psi_{h}\right\rangle - \frac{\sqrt{15}}{2}\frac{I_{hMn}}{\Delta_{lh}}\right| + \frac{3}{2};\psi_{h}\right\rangle, \\ \widetilde{\left|+\frac{3}{2};\uparrow_{h}\right\rangle} &= \left|+\frac{3}{2};\uparrow_{h}\right\rangle - \frac{\sqrt{15}}{2}\frac{I_{hMn}}{\Delta_{lh}}\right| + \frac{5}{2};\uparrow_{h}\right\rangle, \end{split}$$
(7)

where we neglect the exchange energy shifts of the Mn hole levels much smaller than  $\Delta_{lh}$ .

Phonon-induced deformations come into play via the offdiagonal terms of the Bir-Pikus Hamiltonian describing the

TABLE II. Material (CdTe or ZnTe) [45] and QD parameters used in the calculation of the coupled hole and Mn spin relaxation time.

CdTe		
Deformation potential constants	b	1.0 eV
-	d	4.4 eV
Longitudinal sound speed	$\mathbf{c}_l$	3300 m/s
Transverse sound speed	$\mathbf{c}_t$	1800 m/s
Density	ρ	$5860 \text{ kg/m}^3$
ZnTe		
Deformation potential constants	b	1.4 eV
	d	4.4 eV
Longitudinal sound speed	$c_l$	3800 m/s
Transverse sound speed	$\mathbf{c}_t$	2300 m/s
Density	ρ	5908 kg/m <sup>3</sup>
Quantum dot		
Mn hole exchange energy	I <sub>hMn</sub>	0.35 meV
hh-lh exciton splitting	$\Delta_{ m lh}$	15 meV
Hole wave function widths:		
in plane	$l_{\perp}$	3.0 nm
z direction	$\mathbf{l}_{z}$	1.25 nm

influence of strain on the valence band:

$$H_{\rm BP} = a_v \sum_i \epsilon_{ii} + b \sum_i \epsilon_{ii} \left( J_i^2 - \frac{1}{3} J^2 \right) + \frac{2d}{\sqrt{3}} \sum_{i>j} \{J_i, J_j\} \epsilon_{ij}, \qquad (8)$$

where  $\epsilon_{ij}$  are the strain tensor components with  $\epsilon_{ij} = \epsilon_{ji}$ ,  $\{J_i, J_j\} = 1/2(J_i J_j + J_j J_i)$ , and  $a_v$ , b, and d deformation potential constants characteristic of the material (see Table II). The strain produced by phonon vibrations couples the perturbed Mn hole states  $|+\frac{5}{2} \downarrow \downarrow_h\rangle$  and  $|+\frac{3}{2} \uparrow_h\rangle$  through the Hamiltonian term

$$\left\langle +\frac{5}{2}; \Downarrow_{h} \middle| H_{\rm BP} \middle| +\frac{3}{2}; \Uparrow_{h} \right\rangle = 2 \times \left( -\frac{\sqrt{15}}{2} \frac{I_{h\rm Mn}}{\Delta_{\rm lh}} \right) \times R^{*} \quad (9)$$

with

$$R = \frac{\sqrt{3}}{2}b(\epsilon_{xx} - \epsilon_{yy}) - id\epsilon_{xy}$$
(10)

a deformation-dependent nondiagonal term of  $H_{BP}$  [40,41]. The coupling of the Mn hole states is a result of an interplay between the Mn hole exchange interaction and the deformation: neither the exchange interaction nor the deformation perturbation alone can couple these states.

According to (9), an effective Hamiltonian describing the discussed interaction mechanism with phonons in the subspace  $\{|+\frac{5}{2}; \uparrow_h\rangle, |+\frac{5}{2}; \downarrow_h\rangle, |+\frac{3}{2}; \uparrow_h\rangle, |+\frac{3}{2}; \downarrow_h\rangle\}$  is

$$H_{\rm int} = -\sqrt{15} \frac{I_{h\rm Mn}}{\Delta_{\rm lh}} R^* \left| +\frac{5}{2}; \downarrow_h \right\rangle \left\langle +\frac{3}{2}; \uparrow_h \right| + \rm H.c. \quad (11)$$

The spin decay rates from  $|+\frac{3}{2}; \uparrow_h\rangle$  to  $|+\frac{5}{2}; \downarrow_h\rangle$  accompanied by the emission of an acoustic phonon are then given by

Fermi's golden rule

$$\tau^{-1} = \frac{2\pi}{\hbar} \sum_{k} \left| \left\langle +\frac{5}{2}; \psi_h; \psi; n_k + 1 | H_{\text{int}} | + \frac{3}{2}; \uparrow_h; \psi; n_k \right\rangle \right|^2 \times \delta(\hbar\omega_0 - \hbar\omega_k),$$
(12)

where  $\hbar\omega_0$  is the energy splitting between  $|+\frac{5}{2}; \Downarrow_h\rangle$  and  $|+\frac{3}{2}; \Uparrow_h\rangle$ ,  $n_k$  the number of phonons in mode k, and  $\psi$  the orbital part of the hole wave function.

To evaluate the matrix element in (12) we use the strain tensor components  $\epsilon_{ii}$  given by

$$\epsilon_{ij} = \frac{1}{2} \left( \frac{\partial u_i}{\partial r_j} + \frac{\partial u_j}{\partial r_i} \right), \tag{13}$$

where  $\vec{u}(\vec{r})$  is the local displacement field. For an acoustic phonon, the quantized displacement field can be written in the real space [41,43]:

$$\vec{u}(\vec{r}) = i \sum_{k,\lambda} \sqrt{\frac{\hbar}{2\rho\omega_{k,\lambda}N\nu_0}} \vec{e}_{k,\lambda}(b_{k,\lambda} + b^{\dagger}_{-k,\lambda})e^{i\vec{k}\vec{r}},$$
(14)

where *N* is the number of unit cells in the crystal,  $v_0$  is the volume of a cell, and  $\rho$  the mass density.  $b_{k,\lambda}^{\dagger}$  ( $b_{k,\lambda}$ ) is the creation (annihilation) operator of phonon in the mode ( $k,\lambda$ ) of energy  $\hbar \omega_{k\lambda}$  and unit polarization vector  $\vec{e}_{k,\lambda}$ . In zinc-blende crystals there are two transverse acoustic phonon branches  $\lambda = t_1, t_2$  and one longitudinal acoustic phonon branches are given by [44]

$$\vec{e}_{k,l} = \frac{\vec{k}}{k} = \frac{1}{k} (k_x, k_y, k_z),$$
  
$$\vec{e}_{k,t_1} = \frac{1}{kk_\perp} (k_x k_z, k_y k_z, -k_\perp^2),$$
  
$$\vec{e}_{k,t_2} = \frac{1}{k_\perp} (k_y, -k_x, 0)$$
(15)

with  $k_{\perp} = \sqrt{k_x^2 + k_y^2}$ .

Upon substitutions given by (13), (14), and (15), we obtain for the matrix element in (12)

$$|M_{k,\lambda}|^{2} = 15 \left(\frac{I_{hMn}}{\Delta_{lh}}\right)^{2} \frac{\hbar}{2\rho\omega_{k,\lambda}N\nu_{0}} [n_{B}(\omega_{k,\lambda}) + 1]$$

$$\times \left(\frac{3b^{2}}{4}(k_{x}e_{x,\lambda} - k_{y}e_{y,\lambda})^{2} + \frac{d^{2}}{4}(k_{x}e_{y,\lambda} + k_{y}e_{x,\lambda})^{2}\right)$$

$$\times |\mathcal{F}_{\lambda}(\vec{k})|^{2}$$
(16)

with

$$\mathcal{F}_{\lambda}(\vec{k}) = \int_{-\infty}^{\infty} d^3 r \, \psi^*(\vec{r}) e^{i\vec{k}\vec{r}} \, \psi(\vec{r}) \tag{17}$$

and  $n_B(\omega_{k,\lambda}) = 1/(e^{\hbar \omega_{k,\lambda}/K_BT} - 1)$ , the thermal phonon distribution function.

For a Gaussian hole wave function with in-plane and *z*-direction parameters  $l_{\perp}$  and  $l_z$ , respectively (full width at half

maximum  $2\sqrt{2\ln 2l_i}$ ),

$$\psi(\vec{r}) = \frac{1}{\pi^{3/4} l_{\perp} \sqrt{l_z}} e^{-\frac{1}{2} \left( \left( \frac{r_{\perp}}{l_{\perp}} \right)^2 + \left( \frac{z}{l_z} \right)^2 \right)}$$
(18)

the form factor  $\mathcal{F}_{\lambda}(\vec{k})$ , which is the Fourier transform of  $|\psi(\vec{r})|^2$ , becomes

$$\mathcal{F}_{\lambda}(\vec{k}) = e^{-\frac{1}{4}\left((l_{\perp}k_{\perp})^2 + (l_{z}k_{z})^2\right)}.$$
(19)

Considering a linear dispersion of acoustic phonons  $\omega_{k,\lambda} = c_{\lambda}k$  and in spherical coordinates with  $\vec{k} = k(\sin\theta\cos\varphi, \sin\theta\sin\varphi, \cos\theta)$ , the explicit formula of the decay rate (12) is

$$\tau^{-1} = \sum_{\lambda} \frac{15}{(2\pi)^2} \left(\frac{I_{hMn}}{\Delta_{lh}}\right)^2 \left(\frac{\omega_0}{c_{\lambda}}\right)^3 \frac{1}{2\hbar\rho c_{\lambda}^2} \frac{\pi}{4} (3b^2 + d^2)$$
$$\times [n_B(\omega_0) + 1] \int_0^{\pi} d\theta \,\sin\theta |\mathcal{F}_{\lambda}(\omega_0,\theta)|^2 G_{\lambda}(\theta),$$
(20)

where we used the continuum limit  $[\sum_k \rightarrow V/(2\pi)^3 \int d^3k$ with  $V = N\nu_0$  the crystal volume] and integrated over k and  $\varphi$ . The summation is taken over the acoustic phonon branches  $\lambda$  of corresponding sound velocity  $c_{\lambda}$ . The geometrical form factors for each phonon branch  $G_{\lambda}(\theta)$  are given by

$$G_{l}(\theta) = \sin^{4}\theta,$$
  

$$G_{t_{1}}(\theta) = \sin^{2}\theta\cos^{2}\theta,$$
  

$$G_{t_{2}}(\theta) = \sin^{2}\theta.$$
(21)

In the numerical calculation of the spin-flip time  $\tau_{\rm ff}$ presented in Fig. 7 we use the material parameters of CdTe or ZnTe and the typical parameters for self-assembled CdTe/ZnTe QDs listed in Table II. The calculated relaxation time strongly depends on the energy separation between the Mn hole levels  $\hbar\omega_0$ . This energy dependence is controlled by the size of the hole wave function given by  $l_{\perp}$  and  $l_{z}$ . The estimated flipflop time is also strongly sensitive on the exchange-induced mixing of the ground heavy-hole states with the higher-energy light-hole levels. In our model, this mixing is controlled by  $\Delta_{lh}$ , an effective energy splitting between heavy holes and light holes. This simple parameter can indeed describe more complex effects such as a coupling of the confined heavy hole with ground-state light holes in the barriers [46] or effective reduction of heavy-hole/light-hole splitting due to a presence of a dense manifold of heavy-hole-like QD states lying between the confined heavy-hole and light-hole levels [47]. From this modeling we deduce that for a hole confined in small  $Cd_xZn_{1-x}$  Te alloy QDs, the Mn hole flip-flop time  $\tau_{ff}$ can be easily below 2 ns for an effective heavy-hole/light-hole splitting  $\Delta_{lh} = 15$  meV and an energy separation in the meV range, typical for the Mn hole spin splitting in magnetic QDs. We will use in the following calculations  $\tau_{\rm ff} = 1.5$  ns for the ground states of each  $\Lambda$  system.

#### VII. MODEL OF THE CARRIER Mn SPIN DYNAMICS UNDER RESONANT EXCITATION

Using the level scheme presented in Fig. 1(b) for a positively charged Mn-doped QD and the estimated Mn hole flip-flop

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FIG. 7. (a) Scheme of the energy levels of the optical  $\Lambda$  system associated with the electron Mn state  $|3,+2\rangle$  extracted from the full level structure of a positively charged Mn-doped QD [Fig. 1(b)]. (b) Relaxation time  $\tau_{\rm ff}$ , between the two Mn hole ground states of the  $\Lambda$  system calculated with the material and QD parameters listed in Table II and a temperature T = 7 K. The vertical line shows the energy splitting in the studied QD of the Mn hole states involved in the  $\Lambda$  systems considered here [resonances (2) and (3) identified in Fig. 2].

rates, we can calculate the time evolution of the  $24 \times 24$  density matrix  $\rho$  describing the population and the coherence of the 12 electron Mn states on the excited state and the 12 Mn hole states on the ground state of a positively charged QD. In the Markovian approximation, the master equation which governs the evolution of  $\rho$  can be written in a general form (Lindblad form) as

$$\frac{\partial \varrho}{\partial t} = \frac{-i}{\hbar} [\mathcal{H}, \varrho] + L\varrho, \qquad (22)$$

where  $\mathcal{H}$  is the Hamiltonian of the complete system (*X*<sup>+</sup>-Mn  $\mathcal{H}_{X^+-Mn}$  and Mn hole  $\mathcal{H}_{hMn}$ ):

$$\mathcal{H}_{X^{+}\text{-}Mn} = I_{eMn}\vec{S}\cdot\vec{\sigma} - 2\eta S_{z}^{2} + D_{0}S_{z}^{2} + E\left(S_{y}^{2} - S_{x}^{2}\right)$$
$$+ g_{Mn}\mu_{B}\vec{S}\cdot\vec{B} + g_{e}\mu_{B}\vec{\sigma}\cdot\vec{B}$$
(23)

and

$$\mathcal{H}_{h\mathrm{Mn}} = I_{h\mathrm{Mn}} \vec{S} \cdot \vec{J} - \eta S_z^2 + D_0 S_z^2 + E \left( S_y^2 - S_x^2 \right) + g_{\mathrm{Mn}} \mu_B \vec{S} \cdot \vec{B} + g_h \mu_B \vec{J} \cdot \vec{B}.$$
(24)

In (22),  $L\rho$  describes the coupling or decay channels resulting from an interaction with the environment [34,48,49]. The population transfers from level *j* to level *i* in an irreversible process associated with a coupling to a reservoir is described by a Lindblad term of the form

$$L_{\text{inc}, j \to i} \varrho = \frac{\Gamma_{j \to i}}{2} (2|i\rangle \langle j|\varrho|j\rangle \langle i| - \varrho|j\rangle \langle j| - |j\rangle \langle j|\varrho),$$
(25)

where  $\Gamma_{j \to i}$  is the incoherent relaxation rate from level *j* to level *i*. Such term can describe the radiative decay of the

exciton (irreversible coupling to the photon modes) or the relaxation of the carriers or Mn spin (irreversible coupling to the phonon modes). It can also be used to describe the optical generation of an exciton in the low excitation regime where the energy shift induced by the coupling with the laser field is neglected.

A pure dephasing (i.e., not related to an exchange of energy with a reservoir) can also be introduced for the different spins and described by  $L_{deph,jj}\varrho$ :

$$L_{\text{deph},jj}\varrho = \frac{\gamma_{jj}}{2} (2|j\rangle\langle j|\varrho|j\rangle\langle j|-\varrho|j\rangle\langle j|-|j\rangle\langle j|\varrho),$$
(26)

where  $\gamma_{ii}$  is the pure dephasing rate of level *j*.

To identify the main spin relaxation channels responsible for the observed spin fluctuations, we first modeled the autocorrelation of the resonant PL using the full spin level structure of a *p*-doped magnetic QD. For a qualitative description of the observed spin dynamics, we use as an example the Mn-doped QD parameters extracted from the linear polarization intensity map listed in Table I and reasonable order of magnitude for the spin relaxation times.

As already observed in charged Mn-doped QDs under pulsed resonant excitation (Ref. [23]), we consider that the spin dynamics in the excited state is controlled by the time evolution of  $\mathcal{H}_{X^+-Mn}$ , the generation rate of excitons  $\gamma_g = 1/\tau_g$ , and their radiative lifetime  $\tau_r = 0.3$  ns. The coherence of the coupled electron Mn spins is limited by a pure dephasing term,  $T_2^{eMn} = 0.5$  ns, typical value measured in charged Mn-doped QDs [25].

For the Mn hole system in the ground state, we take into account a spin relaxation time of the Mn in the exchange field of the hole,  $\tau_{Mn}$ , describing relaxation channels involving a change of the Mn spin by one unit. This spin relaxation channel is introduced for a general description, however, its characteristic time (in the  $\mu s$  range) is long compared to the time scale of the dynamics considered in the resonant PL experiments and does not qualitatively affect the calculated time evolution.

Because of the presence of valence band mixing in the QDs, spin flip of the hole independently of the Mn is expected to be more efficient. A spin-flip time in the 10-ns range has indeed been calculated for a hole in the exchange field of a Mn [50,51]. Relaxation time of the hole spin around 5 ns has also been measured at zero magnetic field in negatively charged CdTe/ZnTe QDs [52]. We then include in the model possible spin flips of the hole by one unit with a characteristic time  $\tau_h = 10$  ns. The phonon-induced Mn hole flip flops, occurring at  $\tau_{\rm ff}$ , are also introduced between the two Mn hole ground states of each  $\Lambda$  system.

For a general qualitative description, an additional pure dephasing time  $T_2^{hMn}$  is also included in the dynamics of the Mn hole system with a Lindblad term of the form (26). We cannot extract this parameter from the experiments. We take  $T_2^{hMn} = 5$  ns, slightly longer than what was measured for electron Mn, as the Mn hole system is highly split and less sensitive to effective fluctuating magnetic field such as the one produced by nuclear spins, for instance [26,52].

The transition rates  $\Gamma_{\gamma \to \gamma'}$  between the different Mn hole states depend on their energy separation  $E_{\gamma\gamma'} = E_{\gamma'} - E_{\gamma}$ . Here, we use  $\Gamma_{\gamma \to \gamma'} = 1/\tau_i$  if  $E_{\gamma\gamma'} < 0$  and  $\Gamma_{\gamma \to \gamma'} = 1/\tau_i e^{-E_{\gamma\gamma'}/k_B T}$ if  $E_{\gamma\gamma'} > 0$  [50,53]. This accounts for a thermalization among the 12 Mn hole levels with an effective spin temperature *T*. The optical excitation ( $\tau_g$ ), the exciton recombination ( $\tau_r$ ), the Mn spin relaxation ( $\tau_{Mn}$ ), the hole spin relaxation ( $\tau_h$ ), and the phonon-induced transfer time ( $\tau_{ff}$ ) produce an irreversible population transfer between level  $\gamma$  and  $\gamma'$  and are described by Lindblad terms (25).

To model the autocorrelation of the  $\sigma$  – PL intensity of the electron Mn state  $|3;+2\rangle$  under cw  $\sigma$  + resonant excitation we calculate the time evolution of  $\rho_{|+\frac{3}{2};\uparrow_e\rangle}(t)$  with the initial condition  $\rho_{|+\frac{3}{2};\uparrow_h\rangle}(0) = 1$  corresponding to the Mn hole spin in the state  $|+\frac{3}{2}; \uparrow_h\rangle$  just after the emission of a  $\sigma$  – photon on the low-energy branch of the  $\Lambda$  system. This initial state is a slight approximation: in the presence of valence band mixing, the two ground states of a given  $\Lambda$  system are not completely pure Mn hole spin states but are slightly coupled by a Mn hole flip flop induced by the exchange interaction  $\mathcal{H}_{hMn}^{ex}$ . However, as the splitting between the states  $|+\frac{3}{2};\uparrow_h\rangle$ and  $|+\frac{5}{2}; \downarrow_h\rangle$  ( $\Delta = 4 \times 3/2I_{hMn}$ ) is large compared with the coupling term ( $W = \sqrt{15 \frac{\rho_c}{\Delta_{lh}}} I_{hMn}$ ), their coherent coupling is weak. With a large valence band mixing  $\frac{\rho_c}{\Delta_{lh}} = 0.1$  as observed in the dot discussed in this paper, this leads for the Mn hole system initialized in the state  $|+\frac{3}{2}; \uparrow_h\rangle$  to a fast oscillation of the population between the two corresponding Mn hole ground states of the  $\Lambda$  system with a maximum amplitude of about 1.6% and an average population transfer efficiency of 0.8% [42]. Under resonant excitation on the high-energy branch of the  $\Lambda$  system, the QD remains OFF more than 99% of the time. As we will see in the following, the contribution of this weak coherent population transfer to the calculated autocorrelation signal is not significant.

 $\rho_{|+\frac{3}{2};\uparrow_e\rangle}(t)$  obtained with the QD parameters listed in Table I is presented in Fig. 8(a). This quantity has to be normalized by  $\rho_{|+\frac{3}{2};\uparrow_e\rangle}(\infty)$  to directly account for the autocorrelation signal. After a fast increase, the calculated population presents a maximum at short delay. This model is based on a large number of parameters, whose values cannot all be extracted precisely from the measurements, however, with reasonable spin relaxation parameters (see details in the caption of Fig. 8), the width and the amplitude of the maximum are in good agreement with the photon bunching signals observed experimentally.

The width of the calculated bunching is controlled by all the spin-flip terms that can induce an escape out of the resonantly excited  $\Lambda$  system. At zero transverse magnetic field, it is dominated by spin flips in the Mn hole system. As illustrated in Fig. 8(a), suppressing  $\tau_h$  gives a width of bunching only controlled by the Hamiltonian evolution and the decoherence which is slightly larger than what is observed experimentally (Fig. 3).

The dependence on the excitation intensity  $\tau_g$  and transverse magnetic field  $B_{\perp}$  are also qualitatively well reproduced by the model [Figs. 8(c) and 8(d), respectively]. At zero magnetic field, the leaks outside the excited  $\Lambda$  systems are dominated by  $\tau_h$ .  $\mathcal{H}_{X^+-Mn}$  induces fluctuations in a slightly



FIG. 8. (a) Calculated time evolution of  $\rho_{|+\frac{3}{2},\uparrow_e\rangle}$  with the QD parameters listed in Table I and (unless specified)  $\tau_r = 0.3$  ns,  $\tau_{\rm Mn} = 5 \ \mu$ s,  $\tau_h = 10$  ns,  $\tau_g = 0.25$  ns,  $\tau_{\rm ff} = 1.5$  ns,  $T_2^{hMn} = 5$  ns,  $T_2^{eMn} = 0.5$  ns, T = 7 K, and  $B_{\perp} = 0$ . (b)–(d) Illustrate the influence on  $\rho_{|+\frac{3}{2},\uparrow_e\rangle}(t)$  of  $\tau_{\rm ff}$ ,  $\tau_g$ , and  $B_{\perp}$ , respectively. Note the different vertical scale in (b).

longer time scale. The situation is different under a weak transverse magnetic field where the electron Mn states are mixed introducing new channel of escape and significantly reducing the width of the photon bunching (see Fig. 3 for the corresponding experiments).

Let us note that suppressing the fast flip-flop process connecting the two Mn hole ground states  $[\tau_{\rm ff} = \infty$  in Fig. 8(b)] still produces a bunching as with the approximated initial condition used in the calculation  $[\rho_{|+\frac{3}{2};\uparrow\hbar\rangle}(0) = 1]$  a weak coherent transfer between the two ground states of the  $\Lambda$  system still exist. However, with this process only, the calculated PL intensity is always more than 50 times smaller than with  $\tau_{\rm ff}$  and its contribution to the calculated autocorrelation signal [Fig. 8(a)] can be safely neglected.

With this model, we can also calculate the population of the electron Mn states under resonant excitation with alternated circular polarization and estimate the efficiency and dynamics of the optical pumping. Figure 9 presents the calculated time evolution of the population of the electron Mn state  $|+\frac{3}{2}, \uparrow_e\rangle$  under alternated resonant excitation of  $|3,+2\rangle$  in  $\sigma$  + polarization or  $|3,-2\rangle$  in  $\sigma$  – polarization. This corresponds



FIG. 9. Calculated resonant optical pumping transients for a  $\sigma$  – detection and an excitation of  $|3,+2\rangle$  and  $|3,-2\rangle$  with modulated circular polarization. The QD parameters for the calculations are those listed in Table I and  $\tau_r = 0.3$  ns,  $\tau_{Mn} = 5 \ \mu$ s,  $\tau_h = 10$  ns,  $T_2^{hMn} = 5$  ns,  $T_2^{eMn} = 0.5$  ns,  $\tau_{ff} = 1.5$  ns, T = 10 K, and  $\tau_g = 0.25$  ns. (a) Influence of a variation of  $\tau_g$  and  $\tau_{ff}$ . (b) Influence of a transverse magnetic field  $B_{\perp}$ . The inset presents the transverse magnetic field dependence of the difference of population for a  $\sigma$ + or a  $\sigma$ -excitation.

to the experimental configuration where the QD is resonantly excited with modulated circular polarization at the energy of  $|3,+2\rangle$  and  $|3,-2\rangle$  [absorption (2) in Fig. 2(b)] and the lowenergy resonant PL is detected in  $\sigma$  – polarization. The main features of the time-resolved optical pumping experiments (see Figs. 4 and 5) are well reproduced by the model. The time scale of the pumping transient, in the few tens of nanosecond range, and its excitation intensity dependence are also in good agreement with the experiments [see Fig. 9(a)].

The influence of a transverse magnetic field  $B_{\perp}$  on the optical pumping transient can also be described by this model. First, a significant reduction of the pumping time is observed for a weak magnetic field ( $B_{\perp} = 0.2$  T in Fig. 9(b)]. As for the autocorrelation, this acceleration comes from the increase of the leakage out of the  $\Lambda$  system induced by the mixing of the electron Mn states. Second, the transients obtained when switching the polarization from  $\sigma_{co}$  to  $\sigma_{cross}$  and from  $\sigma_{cross}$  to  $\sigma_{co}$  become identical for  $B_{\perp} \approx 0.4$  T, as observed in the experiments [Fig. 5(b)].

To understand this behavior under  $B_{\perp}$ , let us remember that we resonantly excite  $|3,+2\rangle$  from  $|+\frac{5}{2}, \downarrow_h\rangle$  with  $\sigma$  + light and excite  $|3,-2\rangle$  from  $|-\frac{5}{2}, \uparrow_h\rangle$  with  $\sigma$  – photons. In both cases, we detect the population of  $|+\frac{3}{2}, \uparrow_e\rangle$  in  $\sigma$  – polarization [see



FIG. 10. (a) Calculated time evolution in the dark of the population of the Mn hole state  $|+\frac{5}{2}, \psi_h\rangle$  initialized by a sequence of  $\sigma - /\sigma + \text{resonant} \exp(|3, -2\rangle)$  and  $|3, +2\rangle$ . The dashed black line (shifted for clarity) is an exponential fit with a characteristic time  $\tau_{\text{relax}} = 85$  ns. (b) Corresponding calculated time evolution of the population of  $|+\frac{3}{2}, \uparrow_e\rangle$ . The parameters are those of Fig. 9.

the excitation/detection configuration illustrated in the inset of Fig. 4(b)]. If the states  $|3,+2\rangle$  and  $|3,-2\rangle$  are uncoupled, as it is the case at zero field, we do not detect any light during the  $\sigma$  – excitation. With a sufficiently large mixing of  $|3,+2\rangle$  and  $|3,-2\rangle$  induced by the transverse magnetic field, for a  $\sigma$  – excitation of  $|3,-2\rangle$ , the population can be coherently transferred to  $|3,+2\rangle$  during the charged exciton lifetime and  $\sigma$  – light is detected after a recombination towards  $|+\frac{3}{2}, \uparrow_h\rangle$  [25]. In the optical pumping sequence, we can then observe, in  $\sigma$  – polarization, a transient when the  $\sigma$  + excitation empties the state  $|+\frac{5}{2}, \psi_h\rangle$  but also a similar transient when the  $\sigma$  – excitation empties the state  $|-\frac{5}{2}, \Uparrow_h\rangle$ . The transverse magnetic field dependence of the difference of steady-state intensity observed in  $\sigma_{co}$  and  $\sigma_{cross}$  polarization [inset of Fig. 5(b)] is also well reproduced by the model [inset of Fig. 9(b)]. This depolarization curve is controlled by the anisotropy of the electron Mn spin which is induced by  $\eta$ and  $D_0$  [24]. Let us note finally that, as expected, suppressing  $\tau_{\rm ff}$  from the model, a very weak average resonant PL and a fast optical pumping are obtained [Fig. 9(a), top curve].

Including a dark time in the pumping sequence, we can also numerically evaluate the time required for the Mn hole spin to return to the ground state of the excited  $\Lambda$ system. The time evolution of the population of the Mn hole state  $|+\frac{5}{2}, \downarrow_h\rangle$  initially prepared by a sequence of  $\sigma - /\sigma +$ excitation resonant with  $|3; +2\rangle$  (and  $|3; -2\rangle$ ) is presented in Fig. 10. When the optical excitation is switched off, after an abrupt jump due to the optical recombination of the charge exciton, the ground Mn hole state  $|+\frac{5}{2}, \downarrow_h\rangle$  is repopulated in a time scale of about 100 ns, much shorter than the Mn spin relaxation time used in the model ( $\tau_{Mn} = 5$  ns). This relaxation is induced by the presence of valence band mixing. In the presence of valence band mixing,  $\mathcal{H}_{hMn}^{ex}$  couples two by two the different Mn hole levels. This coupling induces a transfer of population between the different Mn hole levels.



FIG. 11. (a) Calculated time evolution of  $\rho_{|+\frac{1}{2},\uparrow_{\ell}\rangle}$  with  $\rho_{|+\frac{1}{2},\Uparrow_{\hbar}\rangle} = 1$  (Mn hole spin in the state  $|+\frac{1}{2},\Uparrow_{\hbar}\rangle$  after a  $\sigma$ - recombination) for a resonant  $\sigma$ + excitation of the coupled electron Mn states  $|3,+1\rangle$  and  $|3,-1\rangle$  without and with a longitudinal magnetic field. (b) Time evolution of  $\rho_{|+\frac{1}{2},\uparrow_{\ell}\rangle}$  under excitation with modulated circular polarization. The parameters used in the calculations are those of Fig. 9.

The transfer of population becomes irreversible in the presence of dephasing and controls the observed Mn hole spin relaxation [24].

The particular behavior observed for a resonant excitation of the electron Mn states  $|3,+1\rangle$  or  $|3,-1\rangle$  [weak photon bunching and no optical pumping at zero field, Figs. 2(a) and 4(a), respectively] is also qualitatively explained by the model (see Fig. 11). As demonstrated in Ref. [25], the presence of a strain anisotropy term E in the  $\mu$ eV range in the Mn fine structure directly couples the states  $|3,+1\rangle$  and  $|3,-1\rangle$  which are initially degenerated. The splitting between the two new eigenstates in the  $\mu eV$  range is much weaker than width of the resonant laser used in our experiments (around 10  $\mu$ eV) and the width of the optical transitions (around 50  $\mu$ eV). Under circularly polarized resonant excitation we either excite  $|3,+1\rangle$ with  $\sigma$  + photons or  $|3, -1\rangle$  with  $\sigma$  - photons. At zero magnetic field, the population is transferred between the two states in a time scale of a few hundred picoseconds [25]. Under circularly polarized resonant excitation, the two  $\Lambda$  systems associated with  $|3,\pm1\rangle$  are simultaneously excited. For alternated circular polarization, a steady state is reached and no pumping transient induced by a leak outside the  $\Lambda$  systems is expected. Under a weak longitudinal magnetic field, the Mn Zeeman energy dominates the strain anisotropy term and the coherent transfer is blocked. The states  $|3,+1\rangle$  and  $|3,-1\rangle$  are decoupled and a large amplitude of bunching and an efficient optical pumping are restored. This behavior observed in the experiments is qualitatively reproduced by the model.

Let us finally note that in the modeling of optical pumping at zero magnetic field presented in Fig. 11(b), fast oscillations are obtained in the first nanoseconds after the polarization switching. These are due to the population transfer between  $|3,+1\rangle$  and  $|3,-1\rangle$  in the excited state (directly coupled by *E*) during the coherence time. These oscillations are too fast to be observed in the experiments. The calculated resonant PL intensity in  $\sigma$  – polarization (proportional to  $\rho_{|+\frac{1}{2},\uparrow_{e}\rangle}$ ) is also slightly larger for a  $\sigma$  + excitation than for a  $\sigma$  – excitation. The  $\sigma$  – resonant PL probes the population of  $|3,+1\rangle$  which is directly excited by a resonant  $\sigma$  + laser [see the excitation/detection configuration in the inset of Fig. 4(a)]. On the other hand, under a  $\sigma$  – laser, one excites  $|3,-1\rangle$  and the charged exciton has a probability to recombine before being transferred to  $|3,+1\rangle$  and detected in  $\sigma$  – PL. This transfer time results in a slight difference in the steady-state resonant PL intensity obtained in a  $\sigma_{co}$  or  $\sigma_{cross}$  configuration [see Fig. 4(a)].

The model we developed here explains the main behavior of a positively charged Mn-doped QD under resonant optical excitation. It shows in particular the importance of the effective heavy-hole/light-hole splitting  $\Delta_{lh}$  on the Mn hole spin dynamics. The studied CdTe/ZnTe QDs have a weak valence band offset. The resulting small value of  $\Delta_{lh}$  is first responsible for the large influence of the QDs' shape or strain anisotropy on the valence band mixing. The valence band mixing reduces the magnetic anisotropy of the Mn hole system and its spin lifetime. A small  $\Delta_{lh}$  also significantly enhances the coupling of the Mn hole spin with acoustic phonons and the phonon-induced Mn hole flip flops  $\tau_{\rm ff}$ . This fast spin dynamics limits the use of such hybrid spin system in practical quantum information devices. The use of different QD systems with a larger valence band offset and a larger heavy-hole/light-hole splitting [54] should significantly slow down the Mn hole spin dynamics.

## VIII. CONCLUSION

Using resonant PL of the positively charged exciton, we have identified an efficient spin relaxation channel for the hybrid Mn hole spin in a QD. A modeling confirms that Mn hole flip flops in a nanosecond time scale are induced by an interplay of Mn hole exchange interaction and the lattice deformation of acoustic phonons. These flip flops are responsible for the large PL intensity observed under resonant excitation of the  $\Lambda$  systems present in positively charged Mn-doped QDs. We showed that jumps out of an optically excited  $\Lambda$  system are possible. These leaks induce a large bunching of the resonant PL and are at the origin of the optical pumping of the Mn hole spin observed under circularly polarized resonant excitation. Escape out of the excited  $\Lambda$  system can be enhanced by a transverse magnetic field which mixes electron Mn states in the excited state of the charged QD. The fast Mn hole spin dynamics revealed by these experiments make difficult the practical use of this hybrid spin for quantum information devices. However, the use of a different QD systems with a better hole confinement and a larger heavy-hole/light-hole splitting would significantly reduce the influence of valence band mixing on the Mn hole spin relaxation and limit the interaction of the hybrid Mn hole spin with acoustic phonons.

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FIG. 12. PL intensity map detected on the dark exciton states of a Mn-doped QD. The excitation laser is scanned across the three high-energy bright exciton states. Excitation and detection are circularly cross polarized. The resonances (1)–(3) are discussed in the text. The bottom panel presents bright  $|+1\rangle$  (plain line) and dark  $|-2\rangle$  (dotted line) exciton energy levels calculated with  $I_{eMn} = -0.03$  meV,  $I_{hMn} = 0.12$  meV,  $\rho_c/\Delta_{lh} = 0.05$ ,  $\eta = 10 \ \mu$ eV, and an electron-hole exchange interaction  $I_{eh} = -0.78$  meV. See for instance Ref. [33] for a description of the model.

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## APPENDIX: Mn HOLE FLIP FLOPS OBSERVED IN NEUTRAL MAGNETIC QUANTUM DOTS

The mechanism of Mn hole flip flop that we identified and modeled in the case of positively charged magnetic QDs can also be directly observed in the resonant PL of neutral Mn-doped QDs. This is illustrated in Fig. 12 which presents the PL of the exciton in a QD where all the dark exciton states ( $|\pm 2\rangle$ ) are well separated from the bright exciton states ( $|\pm 1\rangle$ ) and can be observed at zero magnetic field on the low-energy side of the spectra.

In the PL excitation experiments presented in Fig. 12, the detection window is set on the dark states while a circularly cross-polarized laser is scanned on the three high-energy

levels of the bright exciton. Three successive resonances are observed:

(1) An excitation on  $|+1, S_z = +\frac{1}{2}\rangle$  produces the dominant PL on a dark state associated with a Mn spin state  $\pm \frac{3}{2}$ . As a Mn spin flip by two units is unlikely, we then attribute this PL to  $|-2, S_z = +\frac{3}{2}\rangle$ . The transfer between these states involves a Mn hole flip flop. The second weaker contribution comes from the state  $|+2, S_z = +\frac{1}{2}\rangle$ . It corresponds to a transfer conserving the Mn spin and involving a spin flip of the electron.

(2) An excitation on  $|+1, S_z = +\frac{3}{2}\rangle$  produces the dominant PL on a dark state associated with a Mn spin state  $\pm \frac{5}{2}$ . As discussed above, a Mn spin flip by four units is unlikely, we then attribute this PL to  $|-2, S_z = +\frac{5}{2}\rangle$ . The transfer involves a Mn hole flip flop. The second contribution comes from the state  $|+2, S_z = +\frac{3}{2}\rangle$ . It corresponds to a conservation of the Mn spin and a spin flip of the electron.

(3) From an excitation on  $|+1, S_z = +\frac{5}{2}\rangle$ , the dominant PL comes from the state  $|+2, S_z = +\frac{5}{2}\rangle$ . It corresponds to a transfer with conservation of the Mn spin and a spin flip of the electron. A PL is also observed from  $|-2, S_z = +\frac{5}{2}\rangle$  after a spin flip of the hole and from  $|+2, S_z = +\frac{3}{2}\rangle$ . The latter transfer involves an electron Mn flip flop. Let us note that in the state  $|+1, S_z = +\frac{5}{2}\rangle$  a Mn hole flip flop is forbidden (parallel hole and Mn spin).

If we resume the observed resonances in this neutral QD, we can distinguish two types of spin transfer which can occur within the lifetime of the exciton (typically 300 ps): first an efficient transfer from a bright to a dark state involving a Mn hole flip flop which produces a change of one unit of the Mn spin state. Second, a weaker transfer from a bright to a dark state involving a carrier spin flip with conservation of the Mn spin.

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