

# Thermodynamics of frustrated ferromagnetic spin- $\frac{1}{2}$ Heisenberg chains: Role of interchain coupling

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The thermodynamics of coupled frustrated ferromagnetic chains is studied within a spin-rotation-invariant Green's-function approach. We consider an isotropic Heisenberg spin-half system with a ferromagnetic in-chain coupling  $J_1 < 0$  between nearest neighbors and a frustrating antiferromagnetic next-nearest-neighbor in-chain coupling  $J_2 > 0$ . We focus on the moderate strength of frustration  $J_2 < |J_1|/4$  such that the in-chain spin-spin correlations are predominantly ferromagnetic. We consider two interchain couplings (ICs)  $J_{\perp,y}$  and  $J_{\perp,z}$ , corresponding to the two axes perpendicular to the chain, where ferromagnetic as well as antiferromagnetic ICs are taken into account. We discuss the influence of frustration on the ground-state properties for antiferromagnetic ICs, where the ground state is of a quantum nature. The major part of our study is devoted to the finite-temperature properties. We calculate the critical temperature  $T_c$  as a function of the competing exchange couplings  $J_2, J_{\perp,y}, J_{\perp,z}$ . We find that for fixed ICs,  $T_c$  decreases monotonically with increasing frustration  $J_2$ , where as  $J_2 \rightarrow |J_1|/4$  the  $T_c(J_2)$  curve drops down rapidly. To characterize the magnetic ordering below and above  $T_c$ , we calculate the spin-spin correlation functions  $\langle \mathbf{S}_0 \mathbf{S}_{\mathbf{R}} \rangle$ , the magnetic order parameter  $M$ , the uniform static susceptibility  $\chi_0$ , as well as the correlation length  $\xi$ . Moreover, we discuss the specific heat  $C_V$  and the temperature dependence of the excitation spectrum  $\omega_q$ . As  $J_2 \rightarrow |J_1|/4$ , some unusual frustration-induced features were found, such as an increase of the in-chain spin stiffness (in the case of ferromagnetic ICs) or of the in-chain spin-wave velocity (in the case of antiferromagnetic ICs) with growing temperature.

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## I. INTRODUCTION

One-dimensional (1D) frustrated quantum  $J_1$ - $J_2$  Heisenberg systems have been studied intensively for many years [1–29]. They exhibit a large variety of physical many-body phenomena. Many experimental studies have shown that there is a plethora of materials, such as the edge-shared cuprates  $\text{LiVCuO}_4$ ,  $\text{LiCu}_2\text{O}_2$ ,  $\text{NaCu}_2\text{O}_2$ ,  $\text{Li}_2\text{ZrCuO}_4$ ,  $\text{Ca}_2\text{Y}_2\text{Cu}_5\text{O}_{10}$ , and  $\text{Li}_2\text{CuO}_2$ , which can be adequately described by a chain model with ferromagnetic (FM) nearest-neighbor (NN) interaction  $J_1$  and antiferromagnetic (AFM) next-nearest-neighbor (NNN) interaction  $J_2$  [30–48].

From the experimental point of view, it is clear that an interchain coupling (IC) is unavoidably present in real materials, which leads to three-dimensional (3D) physics at least at low temperatures, and, in particular, it may lead to a phase transition to a magnetically long-range-ordered phase below a critical temperature  $T_c$ . Thus, for example, in Refs. [45,46,48] for the magnetic-chain material  $\text{Ca}_2\text{Y}_2\text{Cu}_5\text{O}_{10}$  the following parameters were reported:  $J_1 \approx -93$  K (FM),  $J_2 \approx 4.7$  K (AFM), and  $T_c \approx 30$  K, indicating the presence of a non-negligible IC. The discussion of the role of the IC makes the theoretical treatment more challenging, since several tools, such as the density-matrix renormalization group (DMRG) and the exact diagonalization (ED), are less effective in dimension  $D > 1$ . In fact, coupled frustrated spin chains are investigated much less in the literature. Moreover, most of these investigations were focused on ground-state (GS) properties [11,15,26,49–52].

In our paper, we want to discuss the role of the IC in coupled frustrated spin-1/2 chain magnets with a FM NN in-chain coupling  $J_1 < 0$  and an AFM NNN in-chain coupling  $J_2 > 0$ .

According to Fig. 1, the chains are aligned along the  $x$  axis, and they are coupled along the  $y$  and  $z$  axes by  $J_{\perp,y}$  and  $J_{\perp,z}$ , respectively. The two NN ICs  $J_{\perp,y}$  and  $J_{\perp,z}$  are treated as independent variables that can be FM as well as AFM. The corresponding model reads

$$H = J_1 \sum_{\langle i,j \rangle, x} \mathbf{S}_i \cdot \mathbf{S}_j + J_2 \sum_{[i,j], x} \mathbf{S}_i \cdot \mathbf{S}_j + J_{\perp,y} \sum_{\langle i,j \rangle, y} \mathbf{S}_i \cdot \mathbf{S}_j + J_{\perp,z} \sum_{\langle i,j \rangle, z} \mathbf{S}_i \cdot \mathbf{S}_j, \quad (1)$$

where  $\langle i,j \rangle, x, y, z$  labels NN bonds along the corresponding axis, and  $[i,j], x$  labels NNN bonds along the chain. Moreover, we consider  $J_1 < 0$  and  $J_2 \geq 0$ , whereas no sign restrictions are valid for  $J_{\perp,y}$  and  $J_{\perp,z}$ .

An appropriate method to study the thermodynamic properties of the model (1) in the whole temperature range is the second-order rotation-invariant Green's-function method; see, e.g., Refs. [9,19,20,53–67]. This method has been used recently for the 1D  $J_1$ - $J_2$  model [9,19] for the frustrated square-lattice ferromagnet [66] as well as for the 3D frustrated ferromagnet on the body-centered-cubic lattice [67].

For the classical model (1) in  $D = 1$  (i.e.,  $s \rightarrow \infty$  and  $J_{\perp,y} = J_{\perp,z} = 0$ ), the critical strength of frustration, where the FM GS breaks down, is  $J_2^{c, \text{clas}} = |J_1|/4$ , which is also the quantum-critical point  $J_2^c$  for the spin-1/2 model [2]. For  $J_2 < J_2^c$ , the GS is FM, whereas for  $J_2 > J_2^c$  the GS is a quantum spin singlet with incommensurate spiral correlations [2,3,5,6]. On the classical level, the spiral phase does not depend on the IC couplings  $J_{\perp,y}$  or  $J_{\perp,z}$ , respectively, whereas

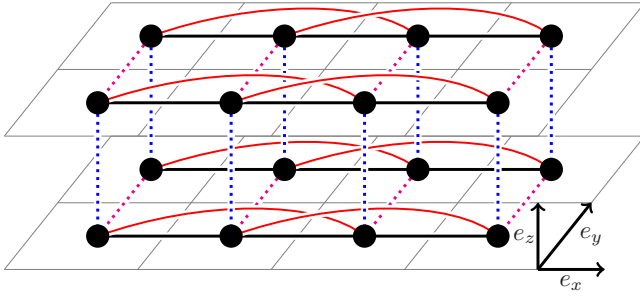


FIG. 1. Sketch of the considered model of coupled frustrated spin chains:  $J_1$ , NN in-chain coupling (solid black);  $J_2$ , NNN in-chain coupling (solid red);  $J_{\perp,y}$ , NN interchain coupling in the  $y$  direction (dotted magenta);  $J_{\perp,z}$ , NN interchain coupling in the  $z$  direction (dotted blue).

for the quantum model the spiral phase does depend on the IC coupling; see, e.g., Refs. [11,52].

In the present paper, we will focus on the parameter region of weak frustration  $J_2 < J_2^c$ . Although for those values of  $J_2$  the GS is FM (i.e., it is a classical state without quantum fluctuations), the frustrating NNN bond  $J_2$  may influence the thermodynamics substantially, in particular in the vicinity of the zero-temperature transition, i.e., at  $J_2 \lesssim J_2^c$  [9,19,66–68].

We mention here that the case of coupled AFM spin-1/2 Heisenberg chains is well studied; see, e.g., Refs. [69–72]. Since in this case the GS of the isolated chain is of a quantum nature and does not exhibit magnetic long-range order, the behavior for small IC is different from our case of FM chains.

It is appropriate to notice that in real edge-shared cuprates, often the interchain coupling is more sophisticated than what we consider in our paper. Moreover, there is a large variety in the topology of the IC; see, e.g., Ref. [51]. However, the simplest case of a perpendicular IC  $J_{\perp}$  corresponds, e.g., to  $\text{LiVCuO}_4$  and  $\text{Li}(\text{Na})\text{Cu}_2\text{O}_2$  [30,31,34,47]. Furthermore, we note that most of these compounds exhibit spiral spin-spin correlations along the chain direction, i.e., the frustration exceeds  $J_2^c$ . Hence, there is no direct relation of our results to those compounds with  $J_2 > J_2^c$ , and the focus here is on the general question for the crossover from a purely 1D  $J_1$ - $J_2$  ferromagnet to a quasi-1D and finally to a 3D system.

## II. ROTATION-INVARIANT GREEN'S-FUNCTION METHOD

The rotation-invariant Green's-function method (RGM) has been widely applied to frustrated quantum spin systems [9,19,20,57,59–61,64–67]. Therefore, we illustrate here only some basic relevant features of the method. Toward that end, we follow Refs. [9] and [67]. The retarded two-time Green's function in momentum space,  $\langle\langle S_{\mathbf{q}}^+; S_{-\mathbf{q}}^- \rangle\rangle_{\omega} = -\chi_{\mathbf{q}}^{+-}(\omega)$ , determines the spin-spin correlation functions and the thermodynamic quantities. The equation of motion in the second order using spin rotational symmetry, i.e.,  $\langle S_i^z \rangle = 0$ , is expressed as  $\omega^2 \langle\langle S_{\mathbf{q}}^+; S_{-\mathbf{q}}^- \rangle\rangle_{\omega} = M_{\mathbf{q}} + \langle\langle -\dot{S}_{\mathbf{q}}^+; S_{-\mathbf{q}}^- \rangle\rangle_{\omega}$  with  $M_{\mathbf{q}} = \langle\langle [S_{\mathbf{q}}^+, H], S_{-\mathbf{q}}^- \rangle\rangle$  and  $-\dot{S}_{\mathbf{q}}^+ = [[S_{\mathbf{q}}^+, H], H]$ . For our

model (1) the moment  $M_{\mathbf{q}}$  is given by

$$M_{\mathbf{q}} = 4J_1 c_{100} [\cos(q_x) - 1] + 4J_2 c_{200} [\cos(2q_x) - 1] + 4J_{\perp,y} c_{010} [\cos(q_y) - 1] + 4J_{\perp,z} c_{001} [\cos(q_z) - 1], \quad (2)$$

where  $c_{hkl} \equiv c_{\mathbf{R}} = \langle S_0^+ S_{\mathbf{R}}^- \rangle = 2\langle \mathbf{S}_0 \mathbf{S}_{\mathbf{R}} \rangle / 3$  and  $\mathbf{R} = h\mathbf{a}_1 + k\mathbf{a}_2 + l\mathbf{a}_3$  ( $\mathbf{a}_i$  are the Cartesian unit vectors). For the second derivative  $-\dot{S}_i^+$  we apply the decoupling scheme in real space [53–59],

$$S_i^+ S_j^+ S_k^- = \alpha_{i,k} \langle S_i^+ S_k^- \rangle S_j^+ + \alpha_{j,k} \langle S_j^+ S_k^- \rangle S_i^+, \quad (3)$$

where  $i \neq j \neq k \neq i$  and the quantities  $\alpha_{i,j}$  are vertex parameters introduced to improve the decoupling approximation. In the minimal version of the RGM, we consider as many vertex parameters as independent conditions for them can be found, i.e., we have  $\alpha_x, \alpha_y$ , and  $\alpha_z$ , related to in-chain ( $\alpha_x$ ) and interchain correlators ( $\alpha_y$  and  $\alpha_z$ ).

By using the operator identity  $S_i^2 = S_i^+ S_i^- - S_i^z + (S_i^z)^2$ , we get the sum rule

$$\langle S_j^- S_j^+ \rangle = \langle S_j^+ S_j^- \rangle = \frac{1}{2}, \quad (4)$$

where  $\langle S_j^z \rangle = 0$  was used. The decoupling scheme (3) leads to the equation  $-\ddot{S}_{\mathbf{q}}^+ = \omega_{\mathbf{q}}^2 S_{\mathbf{q}}^+$  in momentum space. Then we get

$$\chi_{\mathbf{q}}^{+-}(\omega) = -\langle\langle S_{\mathbf{q}}^+; S_{-\mathbf{q}}^- \rangle\rangle_{\omega} = \frac{M_{\mathbf{q}}}{\omega_{\mathbf{q}}^2 - \omega^2} \quad (5)$$

with the dispersion relation

$$\begin{aligned} \omega_{\mathbf{q}}^2 = & \sum_n J_n^2 [1 - \cos(\mathbf{r}_n \mathbf{q})] (1 + 2p_{2\mathbf{r}_n} - 2p_{\mathbf{r}_n}) \\ & - \sum_n J_n^2 [1 - \cos(\mathbf{r}_n \mathbf{q})] [4 \cos(\mathbf{r}_n \mathbf{q}) p_{\mathbf{r}_n}] \\ & + \sum_{n \neq m} J_n J_m [1 - \cos(\mathbf{r}_n \mathbf{q})] [4 p_{\mathbf{r}_n + \mathbf{r}_m} - 4 \cos(\mathbf{r}_m \mathbf{q}) p_{\mathbf{r}_n}] \\ & + 2J_1 J_2 [1 - \cos(q_x)] [3 + 2 \cos(q_x)] (p_{(1,0,0)} - p_{(3,0,0)}), \end{aligned} \quad (6)$$

where the following abbreviations are used:

$$\begin{aligned} J_3 = J_{\perp,y}, \quad J_4 = J_{\perp,z}, \\ r_1 = (1,0,0), \quad r_2 = (2,0,0), \quad r_3 = (0,1,0), \quad r_4 = (0,0,1), \\ p_{(n,0,0)} = \alpha_x c_{n00}, \quad p_{(m,n,0)} = \alpha_y c_{mn0}, \\ p_{(m,0,n)} = \alpha_z c_{m0n}, \quad p_{(0,n,m)} = (\alpha_y + \alpha_z) c_{0nm} / 2. \end{aligned} \quad (7)$$

Moreover, lattice symmetry is exploited to reduce the number of nonequivalent correlators entering Eq. (6). Expanding  $\omega_{\mathbf{q}}$  around  $\mathbf{q} = \Gamma = (0,0,0)$ , we find  $\frac{\partial \omega_{\mathbf{q}}}{\partial q_i} |_{\mathbf{q}=\mathbf{0}} = v_i$  and  $\frac{\partial^2 \omega_{\mathbf{q}}}{2 \partial q_i^2} |_{\mathbf{q}=\mathbf{0}} = \rho_i$ . Here the quantities  $v_i$ ,  $i = x, y, z$ , are the spin-wave velocities relevant for AFM  $J_{\perp}$ , and  $\rho_i$ ,  $i = x, y, z$ , are the spin-stiffness parameters relevant for FM  $J_{\perp}$ . The corresponding equations for the spin-wave velocities  $v_i$  [Eqs. (A7), (A8), and (A9)] and for the spin stiffnesses  $\rho_i$  [Eqs. (A10), (A11), and (A12)] are provided in the Appendix.

The uniform static spin susceptibility is obtained via  $\chi_0 = \lim_{\mathbf{q} \rightarrow \mathbf{0}} \chi_{\mathbf{q}}$ ,  $\chi_{\mathbf{q}} = \chi_{\mathbf{q}}(\omega = 0) = \chi_{\mathbf{q}}^{+-}(\omega = 0)/2$ . The explicit expression for  $\chi_0$  is given in the Appendix; see

Eqs. (A1), (A2), (A3), and (A4). [Note that finally Eqs. (A1), (A2), and (A3) yield  $\chi_0 = \chi_0^{(1)} = \chi_0^{(2)} = \chi_0^{(3)}$  because of the isotropy constraint; see below.] The correlation functions  $c_{\mathbf{R}} = \frac{1}{N} \sum_{\mathbf{q}} c_{\mathbf{q}} e^{i\mathbf{q}\cdot\mathbf{R}}$  are given by the spectral theorem [73],

$$c_{\mathbf{q}} = \langle S_{\mathbf{q}}^+ S_{-\mathbf{q}}^- \rangle = \frac{M_{\mathbf{q}}}{2\omega_{\mathbf{q}}} [1 + 2n(\omega_{\mathbf{q}})], \quad (8)$$

where  $n(\omega) = (e^{\omega/T} - 1)^{-1}$  is the Bose-Einstein distribution function. In the long-range-ordered phase, the correlation function  $c_{\mathbf{R}}$  is written as [55,58,65,74]

$$c_{\mathbf{R}} = \frac{1}{N} \sum_{\mathbf{q} \neq \mathbf{Q}} c_{\mathbf{q}} e^{i\mathbf{q}\cdot\mathbf{R}} + e^{i\mathbf{Q}\cdot\mathbf{R}} C_{\mathbf{Q}}, \quad (9)$$

where  $c_{\mathbf{q}}$  is given by Eq. (8). The condensation term  $C_{\mathbf{Q}}$ , i.e., the long-range part of the correlation functions, is associated with the magnetic wave vector  $\mathbf{Q}$ , which describes the magnetically long-range-ordered phase. Depending on the sign of  $J_{\perp,y}$  and  $J_{\perp,z}$ , the magnetic wave vector is  $\mathbf{Q} = (0, Q_y, Q_z)$ , where  $Q_y = 0$  ( $Q_z = 0$ ) for FM  $J_{\perp,y} < 0$  ( $J_{\perp,z} < 0$ ) and  $Q_y = \pi$  ( $Q_z = \pi$ ) for AFM  $J_{\perp,y} > 0$  ( $J_{\perp,z} > 0$ ). The order parameter, i.e., the corresponding (sublattice) magnetization  $M$ , is connected with the condensation term by the formula  $M = \sqrt{3C_{\mathbf{Q}}/2}$ . The magnetic correlation length  $\xi_{\mathbf{Q}}$  in the paramagnetic regime ( $T > T_c$ ) is obtained by expanding the static susceptibility  $\chi_{\mathbf{q}}$  around the magnetic wave vector  $\mathbf{Q}$ , i.e.,  $\chi_{\mathbf{q}} \sim \chi_{\mathbf{Q}}/[1 + \xi_{\mathbf{Q}}^2(\mathbf{Q} - \mathbf{q})^2]$ ; see, e.g., Refs. [58,62,63,65].

Finally, we have to make sure that as many equations are provided as unknown quantities are given. Obviously the inverse Fourier transformation of Eq. (8) yields an equation for each spatial spin-spin correlation function appearing in the system of coupled equations that has to be solved numerically. Three more equations are required to determine the vertex parameters  $\alpha_x$ ,  $\alpha_y$ , and  $\alpha_z$ . One equation is provided by the sum rule Eq. (4), and the remaining two equations are obtained by the isotropy constraint; see, e.g., Refs. [62,63,65], i.e., the static susceptibility  $\chi_{\mathbf{q}}$  has to be isotropic in the limit  $\mathbf{q} \rightarrow \mathbf{0}$ :  $\lim_{q_z \rightarrow 0} \chi(q_x = 0, q_y = 0, q_z) = \chi_0^{(1)} = \lim_{q_y \rightarrow 0} \chi(q_x = 0, q_y, q_z = 0) = \chi_0^{(2)}$  and  $\lim_{q_x \rightarrow 0} \chi(q_x, q_y = 0, q_z = 0) = \chi_0^{(3)}$ , where analytical expressions for  $\chi_0^{(i)}$ ,  $i = 1, 2, 3$ , are given in the Appendix; see Eqs. (A1)–(A4). Moreover, in the magnetically ordered phase, we use the divergence of the static susceptibility  $\chi_{\mathbf{Q}}^{-1} = 0$  at the corresponding magnetic wave vector  $\mathbf{Q}$  to calculate the condensation term  $C_{\mathbf{Q}}$ ; see, e.g., Refs. [65,67,74]. For antiferromagnetic IC ( $J_{\perp,y} > 0$  and  $J_{\perp,z} > 0$ ), for instance, the relevant staggered susceptibility  $\chi_{(0,\pi,\pi)}$  is given by Eq. (A5), and the condition for long-range order reads as  $\Delta_{(0,\pi,\pi)} = 0$ , see Eq. (A6), which corresponds to the vanishing of the gap in  $\omega_{\mathbf{q}}$  at  $\mathbf{q} = \mathbf{Q} = (0, \pi, \pi)$ .

### III. RESULTS

Although the two ICs  $J_{\perp,y}$  and  $J_{\perp,z}$  are treated as independent variables in our theory, in what follows we will consider the case with identical ICs in the  $y$  and  $z$  directions, i.e.,  $J_{\perp,y} = J_{\perp,z} = J_{\perp}$ . Moreover, we set  $J_{\parallel} = -1$  and we focus on weak and moderate IC  $|J_{\perp}| \leq 1$ .

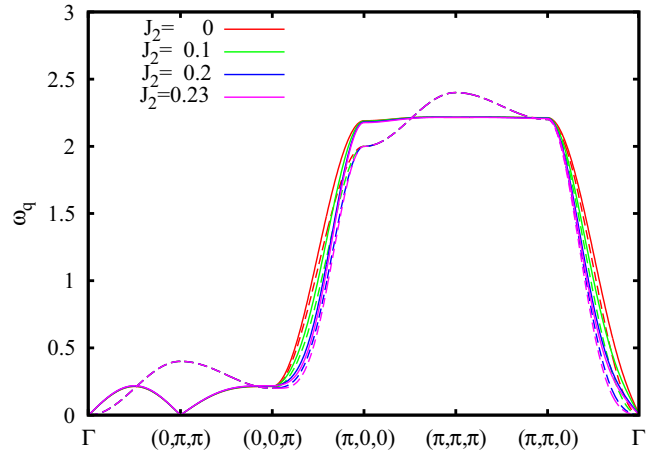


FIG. 2. Spin-wave dispersion  $\omega_{\mathbf{q}}$  as a function of the wave vector  $\mathbf{q}$  at zero temperature along several paths through the Brillouin zone (dashed lines, FM  $J_{\perp} = -0.1$ ; solid lines, AFM  $J_{\perp} = 0.1$ ). Note that in the regions  $\Gamma \cdots (0, 0, \pi)$  and  $(\pi, 0, 0) \cdots (\pi, \pi, 0)$ , all solid as well as all dashed lines coincide.

#### A. Zero-temperature properties

For ferromagnetic ICs  $J_{\perp}$  and  $0 \leq J_2 < -J_1/4$ , the GS is the fully polarized long-range-ordered ferromagnetic state, i.e., we have  $\langle S_0 S_{\mathbf{R}} \rangle = 1/4$  and the total magnetization is  $M = 1/2$  (i.e., the condensation term is  $C_{\mathbf{Q}^{\text{FM}}} = 1/6$ ). The corresponding spin-wave dispersion  $\omega_{\mathbf{q}}$  is shown in Fig. 2 (dashed lines) for  $J_{\perp} = -0.1$  and various values of  $J_2$ . Obviously, the influence of  $J_2$  on the general shape of  $\omega_{\mathbf{q}}$  is fairly weak. At the magnetic wave vector  $\mathbf{q} = \mathbf{Q}^{\text{FM}} = \mathbf{0}$  ( $\Gamma$  point), there is a quadratic dispersion (i.e.,  $\omega_{q_i} \propto \rho_i q_i^2$ , with  $i = x, y, z$ ) that is typical for ferromagnets. The stiffness parameters [see also Eqs. (A10) and (A11)] are given by  $\rho_x = |J_{\parallel} + 4J_2|/2$  (in-chain) and  $\rho_{\gamma} = |J_{\perp,\gamma}|/2$  ( $\gamma = y, z$ , interchain).

In the case of AFM ICs  $J_{\perp} > 0$ , the GS is of a quantum nature. The corresponding magnetic wave vector is  $\mathbf{Q}^{\text{AFM}} = (0, \pi, \pi)$ . The dispersion is linear for small values of  $|\mathbf{q}|$ , i.e., the low-lying excitations are determined by the spin-wave velocities  $v_x$  and  $v_y = v_z$ . Again, the influence of  $J_2$  on the general shape of  $\omega_{\mathbf{q}}$  is fairly weak; cf. the solid lines in Fig. 2. Since several GS correlation functions enter the expressions for the spin-wave velocities [cf. Eqs. (A7) and (A8)], no simple expressions can be given. However, it can be seen from these equations that  $v_x$ ,  $v_y$ , and  $v_z$  are vanishing in the limit  $J_{\perp} \rightarrow 0^+$ , as expected. We show the spin-wave velocities in Figs. 3 and 4. Obviously, the interchain spin-wave velocities are almost linear functions in  $J_{\perp}$ , i.e.,  $v_{\gamma} \sim a J_{\perp}$ ,  $\gamma = y, z$ , and their dependence on the frustration parameter  $J_2$  is weak; cf. the inset of Fig. 3. The prefactor  $a$  varies between  $a = 1.57$  at  $J_2 = 0$  and  $a = 1.60$  at  $J_2 = 0.23$ . On the other hand, the in-chain spin-wave velocity  $v_x$  exhibits a square-root-like dependence on  $J_{\perp}$ ; cf. the main panel of Fig. 3. The influence of the in-chain frustration  $J_2$  on  $v_x$  (relevant for AFM  $J_{\perp}$ ) and  $\rho_x$  (relevant for FM  $J_{\perp}$ ) is shown in Fig. 4.

The main effect of the frustration consists in a softening of the long-wavelength excitations, i.e.,  $v_x$  and  $\rho_x$  decrease with growing  $J_2$ , where  $v_x$  depends on  $J_{\perp}$  and  $\rho_x$  is independent

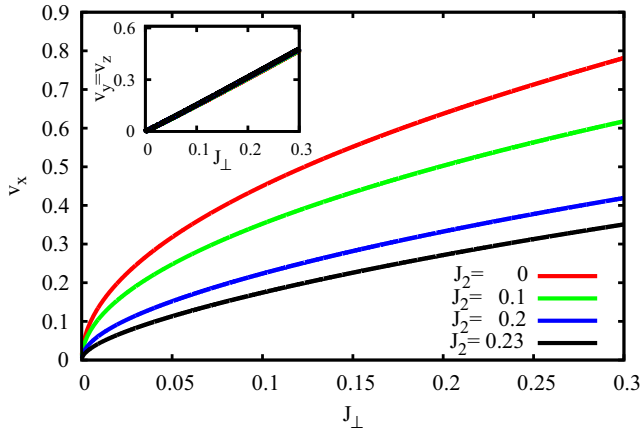


FIG. 3. GS spin-wave velocities  $v_x$  (in-chain, main panel) and  $v_y = v_z$  (interchain, inset) as a function of the AFM IC  $J_\perp > 0$  for different values of the frustrating NNN in-chain coupling  $J_2$ . Note that the curves of the interchain velocities in the inset nearly coincide.

of  $J_\perp$ . However, in contrast to  $\rho_x$ , the spin-wave velocity  $v_x$  remains finite at the transition point  $J_2^c$ , as is known, e.g., for the square-lattice  $J_1$ - $J_2$  model [75–77].

Next we consider the magnetic order parameter  $M$  for AFM IC, which is related to the condensation term  $C_{\mathbf{Q}}$  at the magnetic wave vector  $\mathbf{Q} = \mathbf{Q}^{\text{AFM}} = (0, \pi, \pi)$ ; cf. Sec. II. We show the dependence of  $M$  on the IC in Fig. 5. Starting from  $M = 1/2$  at  $J_\perp = 0$ , the order parameter decreases monotonously with increasing  $J_\perp$ , indicating the role of quantum fluctuations introduced to the system by AFM  $J_\perp$ . Moreover, it can be seen from Fig. 5 that the larger  $J_2$  is, the steeper is the decrease of  $M$  with growing  $J_\perp$ . A more explicit view of the influence of frustration  $J_2$  on  $M$  is presented in Fig. 6. As can be expected already from Fig. 5, we have a monotonic decrease of the order parameter with increasing  $J_2$ , i.e., naturally frustration acts against magnetic ordering. The breakdown of the  $\mathbf{Q}^{\text{AFM}} = (0, \pi, \pi)$  long-range order at a critical value  $J_2^c$  is indicated by a steep downturn of  $M$ .

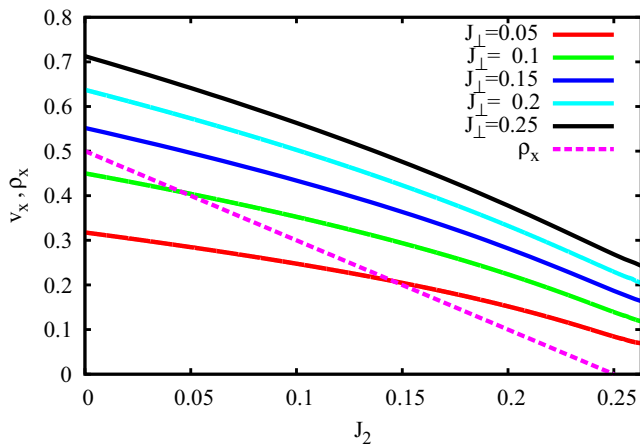


FIG. 4. GS in-chain spin-wave velocity  $v_x$  (solid lines, AFM  $J_\perp$ ) as well as the in-chain spin stiffness  $\rho_x$  (dotted line, FM  $J_\perp$ ) as a function of the frustration parameter  $J_2$  for different values of the IC  $J_\perp$ . Note that  $\rho_x$  given by  $\rho_x = (|J_1| - 4J_2)/2$  is independent of  $J_\perp$ .

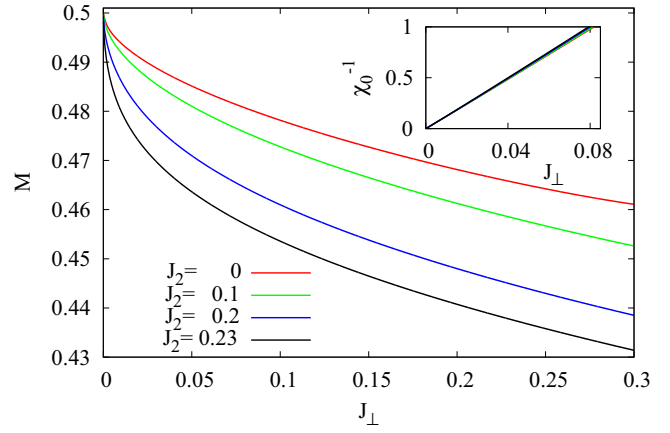


FIG. 5. GS magnetic order parameter  $M$  (main panel) and inverse uniform susceptibility  $\chi_0^{-1}$  (inset) as a function of the AFM IC  $J_\perp$  for different values of the frustrating NNN in-chain coupling  $J_2$ . Note that the curves of the inverse uniform susceptibility in the inset practically coincide.

A particular feature is the slight shift of the transition point  $J_2^c$  beyond the critical point of isolated chains,  $J_2^c = 1/4$ ; see Fig. 6. Thus we get  $J_2^c \approx 0.256$  for  $J_\perp = 0.1$  and  $J_2^c \approx 0.258$  for  $J_\perp = 0.2$ . Such a shift of  $J_2^c$  to higher values was previously also reported for the two-dimensional case, i.e.,  $J_{\perp,y} > 0$  and  $J_{\perp,z} = 0$ ; see Ref. [11].

Finally, we briefly discuss the uniform static susceptibility  $\chi_0$  for AFM  $J_\perp$ ; see Eq. (A1). Consistently,  $\chi_0$  diverges at  $J_\perp = 0$ . The inverse uniform susceptibility,  $1/\chi_0$ , as a function of  $J_\perp$  is shown in the inset of Fig. 5. Obviously,  $1/\chi_0$  is an almost linear function of  $J_\perp$ , and the dependence on the frustration parameter  $J_2$  is weak. A fit according to  $\chi_0^{-1} = aJ_\perp$  of the data shown in Fig. 5 yields  $a = 12.25, 12.35, 12.56,$  and  $12.69$  for  $J_2 = 0, 0.1, 0.2,$  and  $0.23$ , respectively.

### B. Finite-temperature properties

For the very existence of magnetic long-range order in an isotropic Heisenberg spin system at finite temperatures, a 3D

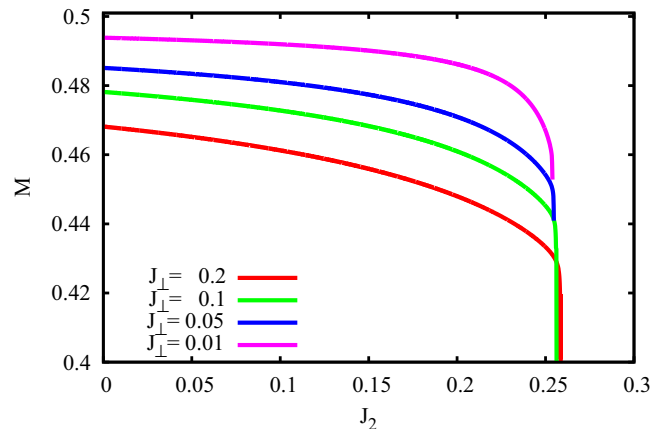


FIG. 6. GS magnetic order parameter  $M$  as a function of the frustrating NNN in-chain coupling  $J_2$  for different values of AFM IC  $J_\perp > 0$ .



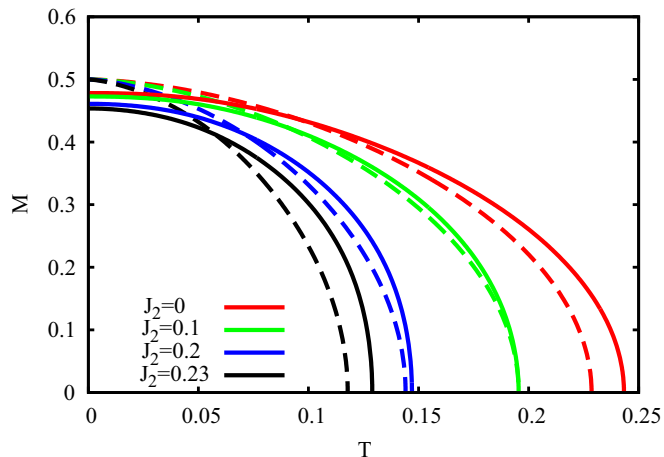


FIG. 7. Temperature dependence of the magnetic order parameter  $M$  for AFM  $J_{\perp} = +0.1$  (solid lines) and FM  $J_{\perp} = -0.1$  (dashed lines) and various values of the frustrating in-chain coupling  $J_2$ .

exchange pattern is necessary [78], i.e., finite ICs  $J_{\perp,y} \neq 0$  and  $J_{\perp,z} \neq 0$  are required. Again in this section we consider the special case of  $J_{\perp,y} = J_{\perp,z} = J_{\perp}$ . We mention that RGM data for the physical quantities at arbitrary sets of  $J_2, J_{\perp,y}$ , and  $J_{\perp,z}$  are available upon request.

### 1. Order parameters, critical temperatures, and spin-spin correlation functions

In Fig. 7 we show some typical temperature profiles of the order parameter calculated for  $J_{\perp} = \pm 0.1$  and various values of frustrating  $J_2$ . In accordance with previous studies on quasi-two-dimensional unfrustrated spin systems [74,79], we find that for  $J_2 = 0$  the transition temperature  $T_c$  is larger if AFM interactions are present. If  $J_2 > 0$ , the transition temperature is a result of a subtle interplay of frustration  $J_2$  and IC  $J_{\perp}$ , since these parameters influence  $T_c$  in an opposite direction. An illustration of the influence of  $J_2$  and  $J_{\perp}$  on  $T_c$  is provided in Figs. 8 and 9. From Fig. 8 (main panel), it is obvious that

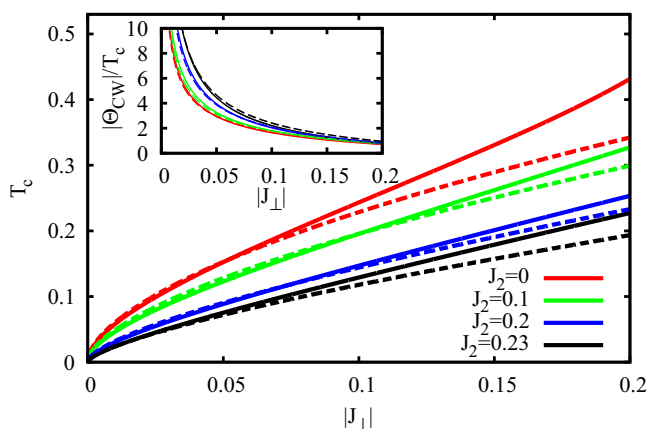


FIG. 8. Main panel: Critical temperature  $T_c$  as a function of the IC  $J_{\perp}$  (FM, dashed; AFM, solid) for several values of the frustrating in-chain coupling  $J_2 > 0$ . Inset: Ratio  $f = |\Theta_{\text{CW}}/T_c|$  of the Curie-Weiss temperature  $\Theta_{\text{CW}} = -\frac{1}{2}(J_1 + J_2 + 2J_{\perp})$  and the critical temperature  $T_c$ .

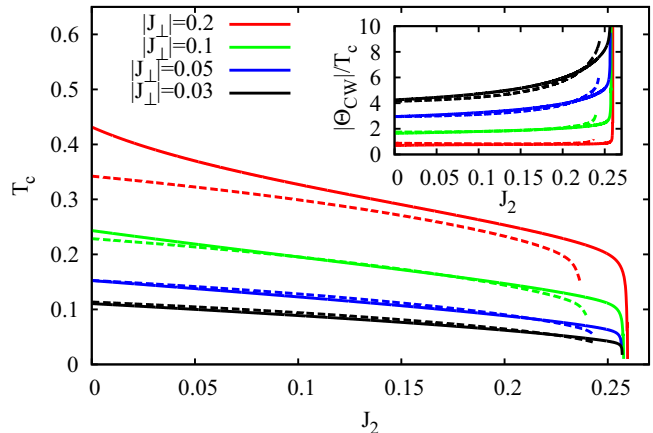


FIG. 9. Main panel: Critical temperature  $T_c$  as a function of the frustrating in-chain coupling  $J_2 > 0$  for several values of the IC  $J_{\perp}$  (FM, dashed; AFM, solid). Inset: Ratio  $f = |\Theta_{\text{CW}}/T_c|$  of the Curie-Weiss temperature  $\Theta_{\text{CW}} = -\frac{1}{2}(J_1 + J_2 + 2J_{\perp})$  and the critical temperature  $T_c$ .

the slope of the  $T_c(J_{\perp})$  curve is largest at  $J_{\perp} \sim 0$ . Moreover, following the trend observed at  $J_2 = 0$ , we find that  $T_c$  for AFM  $J_{\perp} \gtrsim 0.1$  is larger than  $T_c$  for corresponding FM IC irrespective of the strength of frustration. As we can see from Fig. 9 (main panel), the reduction of  $T_c$  due to frustration is moderate as long as  $J_2$  is not too close to the critical strength of frustration  $J_2^c$ , where the FM GS ordering along the chains breaks down. Only upon approaching  $J_2^c$  is there a drastic downturn of  $T_c$ ; cf. also Ref. [67].

It is useful to compare the calculated critical temperatures with the Curie-Weiss temperature  $\Theta_{\text{CW}}$  given for the model at hand by  $\Theta_{\text{CW}} = -\frac{1}{2}(J_1 + J_2 + J_{\perp,y} + J_{\perp,z})$ , where  $J_1 = -1$  (FM) and  $J_2 \geq 0$  (AFM). The absolute value of  $\Theta_{\text{CW}}$  can be considered as a measure for the strength of the exchange interactions. Thus, in ordinary unfrustrated 3D magnets, it determines the magnitude of the critical temperature  $T_c$ . The ratio  $f = |\Theta_{\text{CW}}/T_c|$  is often considered as the degree of frustration; see, e.g., Refs. [80–82]. In conventional 3D ferro- and antiferromagnets, this ratio is of the order of unity, whereas  $f \gtrsim 5$  indicates a suppression of magnetic ordering. One may expect that also for unfrustrated or weakly frustrated quasi-2D (quasi-1D) systems in the limit of small interlayer (interchain) coupling, the parameter  $f$  can be large. We show  $f$  in the insets of Figs. 8 and 9. Indeed from Fig. 8 we notice that for  $|J_{\perp}| < 0.05$  the ratio  $f$  increases drastically. Thus, even for  $J_2 = 0$  we find  $f > 5$  at  $J_{\perp} < 0.022$ . The role of the frustrating coupling  $J_2$  is illustrated in Fig. 9. It is obvious that the influence of  $J_2$  is weak in a wide range of  $J_2$  values. Only upon approaching the critical frustration  $J_2^c$  is there a tremendous increase of  $f$  beyond  $f > 10$ . We may conclude that the magnitude of the frustration parameter is a result of a subtle interplay of  $J_{\perp}$  and  $J_2$ , and a large value of  $f$  does not unambiguously indicate frustration.

The order-disorder transition is also evident in the spin-spin correlation functions  $\langle \mathbf{S}_0 \mathbf{S}_{\mathbf{R}} \rangle$ ; see Figs. 10 and 11. Thus, for small  $|J_{\perp}|$  the interchain correlations  $\langle \mathbf{S}_0 \mathbf{S}_{\mathbf{R}} \rangle$ ,  $\mathbf{R} = (0, 0, n)$ , become very small at  $T > T_c$ , whereas the correlations along the chain direction,  $\langle \mathbf{S}_0 \mathbf{S}_{\mathbf{R}} \rangle$ ,  $\mathbf{R} = (n, 0, 0)$ , remain pretty large

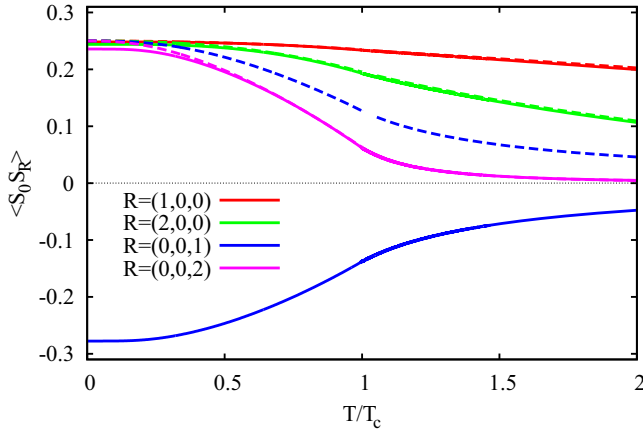


FIG. 10. Several spin-spin correlation functions as a function of the normalized temperature  $T/T_c$  for the IC  $|J_\perp| = 0.1$  (AFM, solid; FM, dashed) and for  $J_2 = 0$ . Note that the solid and dashed lines are very close to each other [except for  $\mathbf{R} = (0,0,1)$ ].

at  $T \gtrsim T_c$ , indicating the magnetic short-range order along the chains in the paramagnetic phase. The effect of in-chain frustration  $J_2$  is also visible by comparing the green lines in Figs. 10 and 11.

### 2. Correlation length and uniform static susceptibility

The correlation length, shown in Fig. 12 for the unfrustrated case, illustrates clearly the different behavior of the inter- and in-chain correlations if  $J_\perp$  is noticeably smaller than  $J_1$ . While the interchain correlation length drops down very rapidly toward one lattice spacing for  $T \gtrsim T_c$ , the in-chain correlation length remains quite large in a wider region above  $T_c$ , indicating the 1D nature of the magnetic behavior above the transition. The role of the in-chain frustration on the correlation lengths becomes evident by comparing Figs. 12 and 13. For strong frustration  $J_2 = 0.2$  used for the presentation in Fig. 13, the correlation lengths form a narrow bundle, i.e., the differences between the in-chain and the interchain

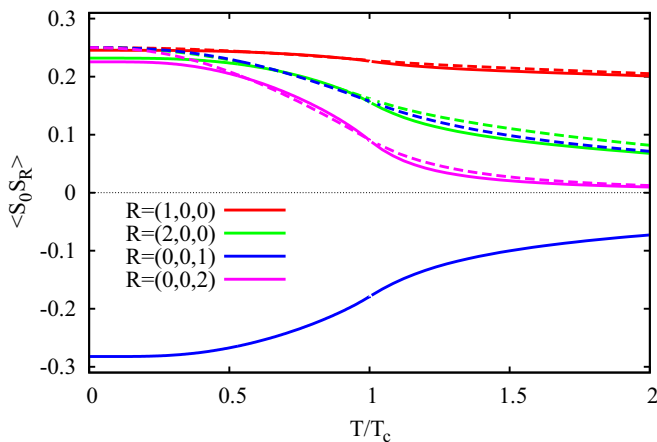


FIG. 11. Several spin-spin correlation functions as a function of the normalized temperature  $T/T_c$  for the IC  $|J_\perp| = 0.1$  (AFM, solid; FM, dashed) and for  $J_2 = 0.2$ . Note that the solid and dashed lines are very close to each other [except for  $\mathbf{R} = (0,0,1)$ ].

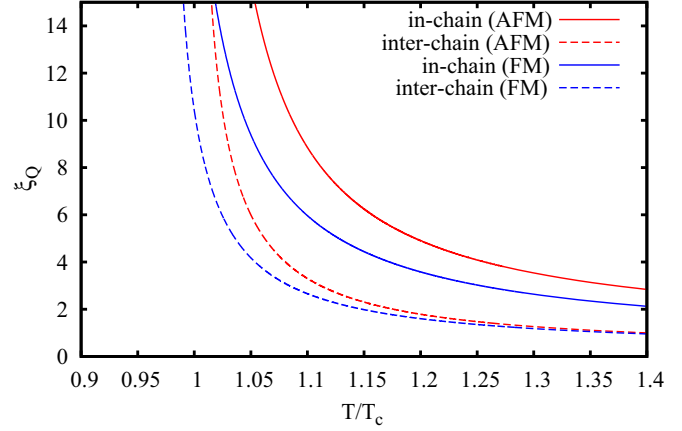


FIG. 12. Correlation length  $\xi_Q$  as a function of the normalized temperature  $T/T_c$  for  $J_2 = 0$  (FM  $J_\perp = -0.2$ , blue; AFM  $J_\perp = 0.2$ , red; in-chain correlation length, solid; interchain correlation length, dashed).

correlation lengths become much smaller compared to the case  $J_2 = 0$ , since the in-chain correlations on longer separations are substantially diminished by frustration.

The temperature dependence of the susceptibility  $\chi_0$  presented in Fig. 14 exhibits the typical behavior of antiferromagnets (main panel) and ferromagnets (left inset). The effect of frustration is evident for both FM and AFM  $J_\perp$ . For FM  $J_\perp$  the overall shape of the curve is very similar for different  $J_2$ . However, there is a noticeable shift toward higher values of  $T/T_c$  as  $J_2$  increases. For AFM  $J_\perp$ , the shape of  $\chi_0(T)$  above  $T_c$  is affected by  $J_2$ . For the IC of  $J_\perp = 0.1$  used in Fig. 14, the critical temperature  $T_c$  is small and there is a broad maximum in  $\chi_0$  noticeably above  $T_c$  related to the interchain antiferromagnetic correlations. By increasing  $J_2$ , the position of this maximum is shifted toward larger values of  $T/T_c$ : it is at  $T/T_c = 1.05$  for  $J_2 = 0$  and at  $T/T_c = 1.23$  for  $J_2 = 0.2$ ; see the right inset in Fig. 14. On the other hand, below  $T_c$  the influence of  $J_2$  on the  $\chi_0(T/T_c)$  curves is very weak. The influence of  $J_\perp$  on the temperature profile of  $\chi_0$  for AFM IC

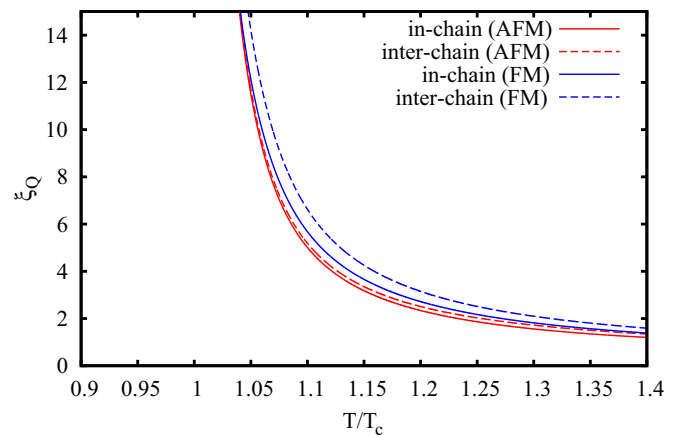


FIG. 13. Correlation length  $\xi_Q$  as a function of the normalized temperature  $T/T_c$  for  $J_2 = 0.2$  (FM  $J_\perp = -0.2$ , blue; AFM  $J_\perp = +0.2$ , red; in-chain correlation length, solid; interchain correlation length, dashed).

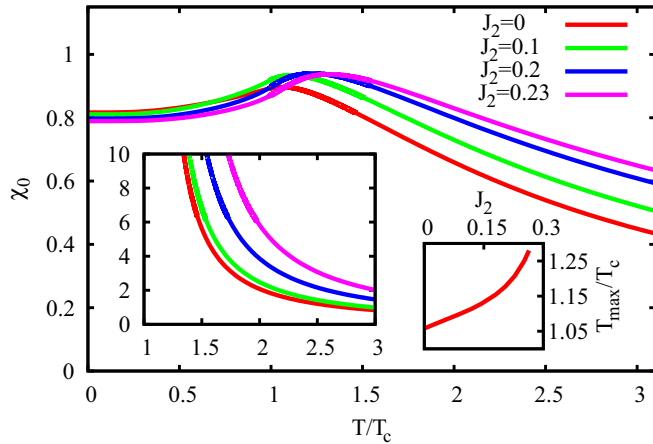


FIG. 14. Main panel: Uniform static susceptibility  $\chi_0$  as a function of the normalized temperature  $T/T_c$  for several values of the frustrating in-chain coupling  $J_2$  and AFM  $J_\perp = 0.1$ . Left inset: Uniform susceptibility  $\chi_0$  as a function of the normalized temperature  $T/T_c$  for several values of the frustrating in-chain coupling  $J_2$  and FM  $J_\perp = -0.1$ . Right inset: Position of the maximum of the uniform susceptibility  $\chi_0$ ,  $T_{\max}/T_c$ , as a function of  $J_2$  for AFM  $J_\perp = 0.1$ .

is depicted in Fig. 15. Except for the influence of the IC on the critical temperature discussed in Sec. III B 1, the strength of the AFM IC also has a strong influence on the magnitude of the uniform susceptibility at the transition point,  $\chi_0(T_c)$ , in the case of weak IC. That is related to the behavior of  $\chi_0$  in the limit  $J_\perp \rightarrow 0+$ , where we have  $T_c \rightarrow 0$  and  $\chi_0(T_c) \rightarrow \infty$ . Thus, as  $J_\perp$  is lowered from moderate values to zero,  $\chi_0(T_c)$  increases drastically. Below  $T_c$ , the AFM IC leads to a characteristic downturn of  $\chi_0$ ; cf. Fig. 15.

### 3. Excitation spectrum and specific heat

Finally, we consider the temperature dependence of energetic quantities such as the specific heat  $C_V(T)$ , the spin-wave velocities  $v_\gamma$  (for AFM  $J_\perp$ ), and the spin stiffnesses  $\rho_\gamma$

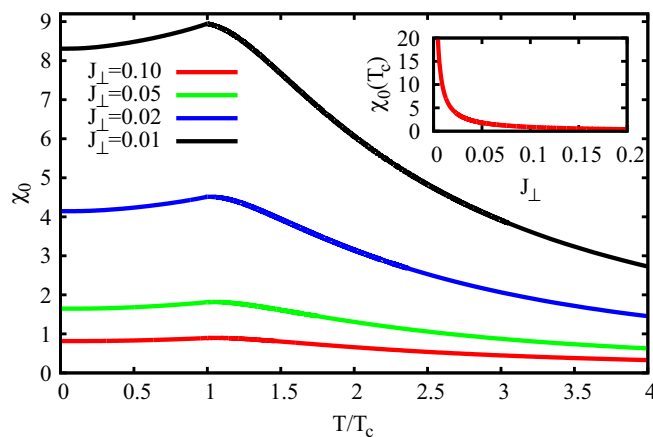


FIG. 15. Main panel: Uniform susceptibility  $\chi_0$  as a function of the normalized temperature  $T/T_c$  for several values of the AFM IC  $J_\perp$  and  $J_2 = 0$ . Inset: The value of the uniform susceptibility at the transition temperature,  $\chi_0(T_c)$ , as a function of the AFM IC  $J_\perp$  for  $J_2 = 0$ .

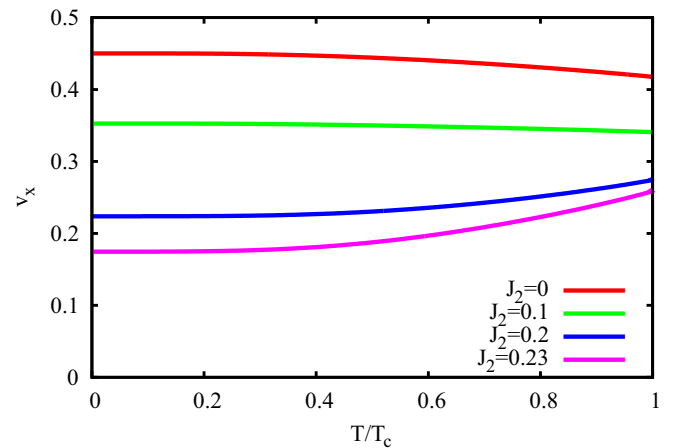


FIG. 16. In-chain spin-wave velocity  $v_x$  as a function of the normalized temperature  $T/T_c$  for AFM IC  $J_\perp = 0.1$  and for different values of the frustrating NNN in-chain coupling  $J_2$ .

(for FM  $J_\perp$ ), where  $\gamma = x, y, z$ . Let us start with a few remarks with respect to the comparison between the RGM and the standard random-phase approximation (RPA); see, e.g., Refs. [67,73,83–86]. The spin-wave excitation energies obtained within the framework of the RGM [see Eq. (6)] show a temperature renormalization that is wavelength-dependent and proportional to the correlation functions. Thus, as an example, the existence of spin-wave excitations does not imply a finite magnetization. By contrast, within the RPA, the temperature renormalization of the excitations is independent of the wavelength and proportional to the magnetization; see, e.g., Refs. [73,87]. Moreover, the RPA fails in describing magnetic excitations and magnetic short-range order for  $T > T_c$ , reflected, e.g., in the specific heat [73,85,87].

According to the above discussion on the temperature dependence of the excitation spectrum, the RGM is appropriate to provide also information on the temperature dependence of  $v_\gamma$  and  $\rho_\gamma$  ( $\gamma = x, y, z$ ); cf. Ref. [67]. We show the in-chain and interchain spin-wave velocities (relevant for AFM IC) in Figs. 16 and 17, respectively, and the corresponding stiffnesses (relevant for FM IC) in Figs. 18 and 19, respectively. Typically, the stiffness and the spin-wave velocity decrease with increasing temperature, indicating a softening of spin excitations at  $T > 0$ ; cf. Refs. [67,68,88–92]. Interestingly, an opposite trend of the temperature influence on  $v_x$  and  $\rho_x$  can emerge as  $J_2$  increases toward the transition point  $J_2^c$ . That is in accordance with recent studies on other frustrated ferromagnets [67,68], and it could therefore be interpreted as a signature of frustration in (anti)ferromagnets. The temperature dependence of  $\rho_x$  at  $J_2 = 0.23$ , i.e., very close to the transition point  $J_2^c$ , is somehow special, since it is first decreasing and then increasing with temperature.

As discussed already in Sec. III B 1, the degree of frustration is often related to the ratio of the Curie-Weiss temperature  $\Theta_{CW}$  and the transition temperature  $T_c$ , i.e., to  $f = |\Theta_{CW}/T_c|$ . We also mentioned in Sec. III B 1 that a large value of  $f$  does not unambiguously signal frustration, since small values of  $J_\perp$  may also lead to large values of  $f$  even without any frustrating couplings. Hence, the unusual temperature dependence of the

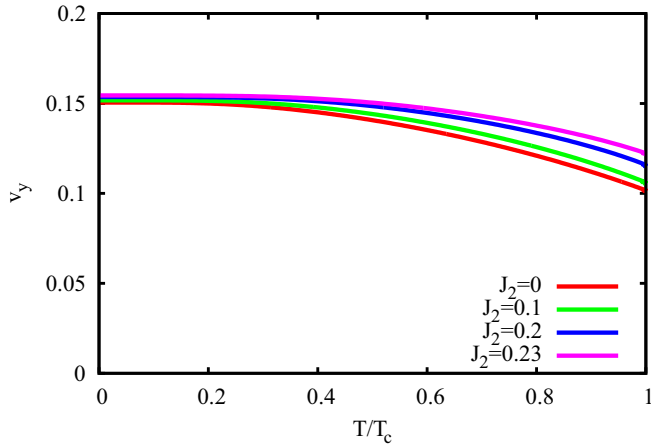


FIG. 17. Interchain spin-wave velocity  $v_y = v_z$  as a function of the normalized temperature  $T/T_c$  for AFM IC  $J_{\perp} = 0.1$  and for different values of the frustrating NNN in-chain coupling  $J_2$ .

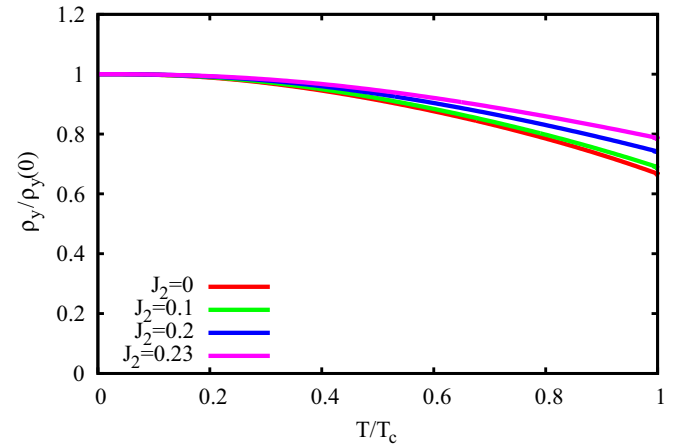


FIG. 19. Interchain spin stiffness  $\rho_y = \rho_z$  scaled by its value at  $T = 0$  as a function of the normalized temperature  $T/T_c$  for FM IC  $J_{\perp} = -0.1$  for different values of the frustrating NNN in-chain coupling  $J_2$ .

spin-wave velocity and the stiffness discussed above can be understood as another criterion to detect frustration.

The temperature dependence of the specific heat  $C_V$  is shown in Fig. 20 for  $J_2 = 0$  and two values of  $J_{\perp}$ . The  $C_V(T)$  curves show the characteristic cusplike behavior at the transition temperature  $T_c$  indicating the second-order phase transition. For very small values of  $J_{\perp}$  above the cusp, a separate broad maximum emerges that is related to the in-chain spin-spin correlations, i.e., the position of this maximum is determined mainly by the in-chain exchange parameters; cf. Ref. [9].

#### IV. SUMMARY

In our paper, we investigate coupled frustrated spin-1/2  $J_1$ - $J_2$  Heisenberg chains with FM NN exchange  $J_1$  and AFM NNN exchange  $J_2$ . We consider FM as well as AFM interchain couplings (ICs)  $J_{\perp,y}$  and  $J_{\perp,z}$  corresponding to the axis perpendicular to the chain. We focus on the regime of weak and moderate values of  $J_2$ , such that the

in-chain spin-spin correlations are predominantly FM. We use the rotation-invariant Green's-function method (RGM) to calculate thermodynamic quantities, such as the (sublattice) magnetization (magnetic order parameter)  $M$ , the critical temperature  $T_c$ , the correlation functions  $\langle \mathbf{S}_0 \mathbf{S}_{\mathbf{R}} \rangle$ , the uniform static susceptibility  $\chi_0$ , the correlation length  $\xi_{\mathbf{Q}}$ , the specific heat  $C_V$ , the spin stiffnesses, as well as the spin-wave velocities. The RGM goes one step beyond the random-phase approximation (RPA). As a result, several shortcomings of the RPA (see, e.g., Refs. [73,83,84,86,87]), such as the artificial equality of the critical temperatures  $T_c$  for FM and AFM couplings or the failure in describing the paramagnetic phase at  $T > T_c$ , can be overcome. Upon approaching the ground-state transition point to the helical in-chain phase at  $J_2 \sim |J_1|/4$ , the thermodynamic properties are strongly influenced by the frustration. Thus, there is a drastic decrease of  $T_c$  as  $J_2 \rightarrow |J_1|/4$ . Moreover, the temperature profile of the in-chain spin stiffness  $\rho_x$  (for FM IC) or the in-chain

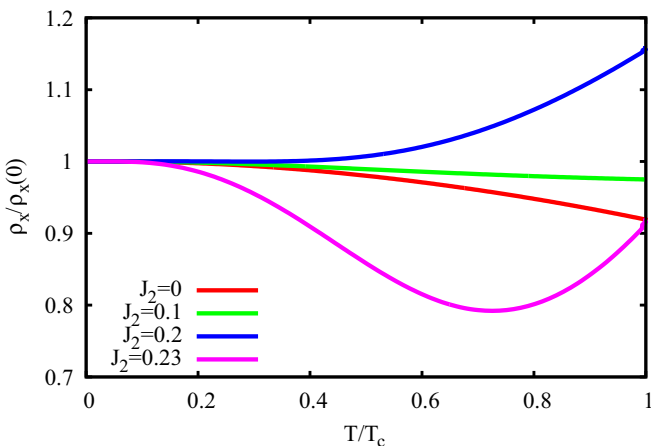


FIG. 18. In-chain spin stiffness  $\rho_x$  scaled by its value at  $T = 0$  as a function of the normalized temperature  $T/T_c$  for FM IC  $J_{\perp} = -0.1$  for different values of the frustrating NNN in-chain coupling  $J_2$ .

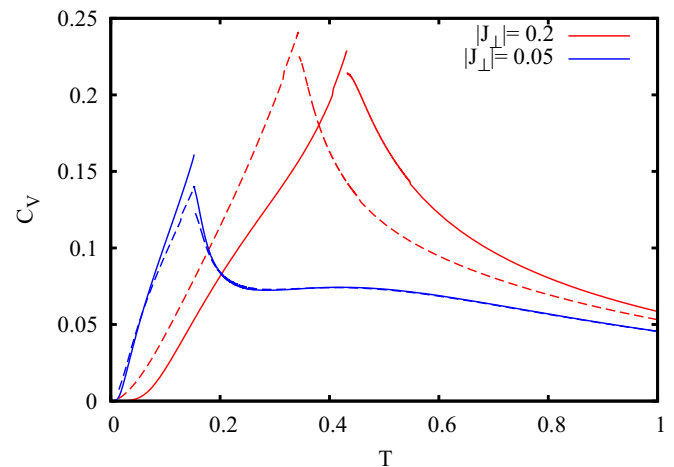


FIG. 20. Temperature dependence of the specific heat  $C_V$  for various values of  $J_{\perp}$  and  $J_2 = 0$  (dashed lines, FM  $J_{\perp}$ ; solid lines, AFM  $J_{\perp}$ ).



spin-wave velocity (for AFM IC) may exhibit an increase with  $T$  instead of the ordinary decrease. Note that the treatment of the model at the transition point, where the model undergoes a zero-temperature transition to a phase with incommensurate spiral in-chain correlations, is not possible within the RGM, since no solutions of the system of coupled nonlinear RGM equations can be found.

The present investigations are focused on theoretical aspects, and we consider the simplest case of perpendicular ICs. Although there are a few materials corresponding to

perpendicular ICs, e.g.,  $\text{LiVCuO}_4$  and  $\text{Li}(\text{Na})\text{Cu}_2\text{O}_2$  [30,31,34,47], in real magnetic  $J_1$ - $J_2$  compounds typically the ICs are more sophisticated than those we consider in our paper; see, e.g., Ref. [51].

### ACKNOWLEDGMENTS

We thank S.-L. Drechsler and O. Derzhko for fruitful discussions.

### APPENDIX: ANALYTICAL EXPRESSIONS

In this appendix, we provide analytical expressions of the uniform susceptibility  $\chi_0$ , the staggered susceptibility  $\chi_{\mathbf{Q}=(0,\pi,\pi)}$ , the spin-wave stiffnesses  $\rho_i$ , and the spin-wave velocities  $v_i$  ( $i = x, y, z$ ), which enter the equations given in Sec. II.

#### 1. Static susceptibility

$$\lim_{q_z \rightarrow 0} \chi(q_x = 0, q_y = 0, q_z) = \chi_0^{(1)} = -\frac{2c_{001}}{-4J_1 p_{001} + 4J_1 p_{101} - 4J_{\perp,y} p_{001} + 4J_{\perp,y} p_{011} - 6J_{\perp,z} p_{001} + 2J_{\perp,z} p_{002} - 4J_2 p_{001} + 4J_2 p_{201} + J_{\perp,z}}, \quad (\text{A1})$$

$$\lim_{q_y \rightarrow 0} \chi(q_x = 0, q_y, q_z = 0) = \chi_0^{(2)} = -\frac{2c_{010}}{-4J_1 p_{010} + 4J_1 p_{110} - 6J_{\perp,y} p_{010} + 2J_{\perp,y} p_{020} - 4J_{\perp,z} p_{010} + 4J_{\perp,z} p_{011} - 4J_2 p_{010} + 4J_2 p_{210} + J_{\perp,y}}, \quad (\text{A2})$$

$$\lim_{q_x \rightarrow 0} \chi(q_x, q_y = 0, q_z = 0) = \chi_0^{(3)} = \frac{2J_1 c_{100} + 8J_2 c_{200}}{\Delta_0^{(3)}}, \quad (\text{A3})$$

$$\Delta_0^{(3)} = J_1^2(6p_{100} - 2p_{200} - 1) + 2J_1[2J_{\perp,y}(p_{100} - p_{110}) + 2J_{\perp,z}p_{100} - 2J_{\perp,z}p_{101} - 3J_2p_{100} + 8J_2p_{200} - 5J_2p_{300}] + 4J_2[4(J_{\perp,y}p_{200} - J_{\perp,y}p_{210} + J_{\perp,z}p_{200} - J_{\perp,z}p_{201}) + J_2(6p_{200} - 2p_{400} - 1)], \quad (\text{A4})$$

$$\chi_{(0,\pi,\pi)} = -\frac{2(J_{\perp,y}c_{010} + J_{\perp,z}c_{001})}{\Delta_{(0,\pi,\pi)}}, \quad (\text{A5})$$

$$\Delta_{(0,\pi,\pi)} = 4J_{\perp,y}[-J_1 p_{010} + J_1 p_{110} + J_{\perp,z}(p_{001} + p_{010} + 2p_{011}) - J_2 p_{010} + J_2 p_{210}] + J_{\perp,z}(-4J_1 p_{001} + 4J_1 p_{101} + 2J_{\perp,z} p_{001} + 2J_{\perp,z} p_{002} - 4J_2 p_{001} + 4J_2 p_{201} + J_{\perp,z}) + J_{\perp,y}^2(2p_{010} + 2p_{020} + 1). \quad (\text{A6})$$

#### 2. Spin-wave velocities

$$v_x^2 = J_1^2 \left( -3p_{100} + p_{200} + \frac{1}{2} \right) + J_1[2J_{\perp,y}(p_{110} - p_{100}) - 2J_{\perp,z}p_{100} + 2J_{\perp,z}p_{101} + 3J_2p_{100} - 8J_2p_{200} + 5J_2p_{300}] + 2J_2(-4J_{\perp,y}p_{200} + 4J_{\perp,y}p_{210} - 4J_{\perp,z}p_{200} + 4J_{\perp,z}p_{201} - 6J_2p_{200} + 2J_2p_{400} + J_2), \quad (\text{A7})$$

$$2v_y^2/J_{\perp,y} = -4J_1 p_{010} + 4J_1 p_{110} - 6J_{\perp,y} p_{010} + 2J_{\perp,y} p_{020} - 4J_{\perp,z} p_{010} + 4J_{\perp,z} p_{011} - 4J_2 p_{010} + 4J_2 p_{210} + J_{\perp,y}, \quad (\text{A8})$$

$$2v_z^2/J_{\perp,z} = -4J_1 p_{001} + 4J_1 p_{101} - 4J_{\perp,y} p_{001} + 4J_{\perp,y} p_{011} - 6J_{\perp,z} p_{001} + 2J_{\perp,z} p_{002} - 4J_2 p_{001} + 4J_2 p_{201} + J_{\perp,z}. \quad (\text{A9})$$

#### 3. Spin stiffnesses

$$24\rho_x^2 = J_1^2(30p_{100} - 2p_{200} - 1) + 16J_2[4(J_{\perp,y}p_{200} - J_{\perp,y}p_{210} + J_{\perp,z}p_{200} - J_{\perp,z}p_{201}) + J_2(30p_{200} - 2p_{400} - 1)] + 2J_1[2J_{\perp,y}(p_{100} - p_{110}) + 2J_{\perp,z}p_{100} - 2J_{\perp,z}p_{101} + 33J_2p_{100} + 80J_2p_{200} - 17J_2p_{300}], \quad (\text{A10})$$

$$36\rho_y^2 = -6J_{\perp,y}[J_1(p_{110} - p_{010}) - J_{\perp,z}p_{010} + J_{\perp,z}p_{011} - J_2p_{010} + J_2p_{210}] - J_{\perp,y}^2 \left( 3(p_{020} - 15p_{010}) + \frac{3}{2} \right), \quad (\text{A11})$$

$$36\rho_z^2 = -6J_{\perp,z}[J_1(p_{101} - p_{001}) - J_{\perp,y}p_{001} + J_{\perp,y}p_{011} - J_2p_{001} + J_2p_{201}] - J_{\perp,z}^2 \left( 3(p_{002} - 15p_{001}) + \frac{3}{2} \right). \quad (\text{A12})$$

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