Photogalvanic effect in the HgTe/CdTe topological insulator due to edge-bulk optical transitions

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(Received 31 May 2015; published 20 October 2015)

We study theoretically the 2D HgTe/CdTe quantum well topological insulator illuminated by circularly polarized light with frequencies higher than the difference between the equilibrium Fermi level and the bottom of the conduction band (THz range). We show that electron-hole asymmetry results in spin-dependent electric dipole transitions between edge and bulk states, and we predict an occurrence of a circular photocurrent. If the edge state is tunnel-coupled to a conductor, then the photocurrent can be detected by measuring an electromotive force in the conductor, which is proportional to the photocurrent.

DOI: 10.1103/PhysRevB.92.155424

PACS number(s): 78.67.-n

I. INTRODUCTION

Topological insulators (TIs) became a focus of attention of many condensed matter physicists in recent years, not least due to their possible applications in spintronics and quantum computing. These are materials with time-reversal symmetry and nontrivial topological order, which have an insulating bulk but conducting topologically protected edge/surface states [1–3]. Spin-orbit interaction plays a significant role in these materials, and particularly manifests itself in spin-momentum locking of charge carriers in edge/surface states.

Optical excitation is an efficient tool for generating currents in materials. This process has been studied in 3D TIs [4–15]. In Ref. [4] effects in study are due to electric optical transitions between surface states, which are possible in the presence of a magnetic field. Besides, in the presence of strong magnetic fields, the electric dipole transitions between Landau levels are also possible [14]. In contrast to these papers, here we study 2D TIs and show that the optical generation of the current is possible without magnetic fields as well.

HgTe/CdTe quantum well structures [16] are one of the most well-known 2D TIs. These quantum wells exhibit an inverted band structure if their width exceeds a certain critical value. The inverted band structure and strong spin-orbit interaction give rise to unusual optoelectronic phenomena, e.g., a nonlinear magneto-gyrotropic photogalvanic effect (PGE) [17]. A circular PGE was also experimentally observed [18] when the sample was illuminated by mid-infrared or terahertz laser radiation. These photocurrents were induced due to direct transitions between different size-quantized subbands or due to indirect (Drude-like) transitions within the lowest size-quantized subband. In both cases the optical transitions responsible for the PGE involve only bulk states. However, in the case of a finite sample size of 2D TIs there exist topologically protected helical edge states which form two branches with opposite spins [16]. In a recent paper [19] it was predicted that edge states affect bulk magnetoconductivity. The paper focuses on the bulk properties in a strong magnetic field and does not discuss optoelectronic properties of the edge states. However, it is of interest whether the photocurrent can be induced at the edge states at zero magnetic field. A

1098-0121/2015/92(15)/155424(11)

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PGE due to transitions between edge states of the opposite chiralities has been predicted in Ref. [20], but electric dipole transitions between them are forbidden by selection rules, and only magnetic dipole transitions are possible in this case. Thus, the direct transitions between the edge states are weak. Unlike Ref. [20], in this paper we study electric dipole transitions between the edge and bulk states in HgTe/CdTe quantum well 2D TIs in zero magnetic field, which lead to the edge currents. To our knowledge, this mechanism of the PGE in TIs has not been studied yet.

Starting from the Bernevig-Hughes-Zhang (BHZ) model of HgTe/CdTe 2D TIs, we find a relation between matrix elements of the edge-bulk transitions. In the general case the electronhole symmetry is broken, and the probability of transition depends on the spin and, hence, on the chirality. Thus, the transitions will lead to a different population of spin-up and spin-down states and to occurrence of a photoinduced electric current. In order to study this effect, we derive a kinetic equation and then solve it in the quasiequilibrium approximation. We also propose a way to detect the photoinduced current by coupling 2D TIs with a conductor and measuring an electromotive force (EMF) induced in the conductor.

The paper is organized as follows. In Sec. II we consider optical transitions between edge and bulk states and derive the photoinduced electric current. In Sec. III we calculate the EMF that appears in the conductor tunnel-coupled to the edge state. Below we set $\hbar = 1$, c = 1.

II. OPTICAL TRANSITIONS BETWEEN EDGE AND BULK STATES

We consider a HgTe/CdTe quantum well TI with a conducting helical edge state illuminated by circularly polarized light with a frequency ω_0 slightly exceeding the the absorption threshold, so that optical transitions may occur between the edge state and the bulk conduction band (Fig. 1). We assume that the TI is located at x > 0; the y axis is taken along the edge of the TI, and the z axis is perpendicular to the 2D TI.

Both in HgTe and CdTe the relevant bands are the *s*-type band (Γ_6) and *p*-type band split by spin-orbit interaction into a J = 3/2 (Γ_8) and a J = 1/2 (Γ_7) band. The latter is usually neglected as it has negligible effects on the band structure [16,21]. CdTe has a band ordering similar to GaAs with the

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 Γ_6 conduction band and Γ_8 valence band. In HgTe the usual band ordering is inverted. The quantum well subbands derived from the heavy-hole Γ_8 are usually denoted by H_n , and the subbands derived from the electron Γ_6 are denoted by E_n .

We describe the HgTe/CdTe quantum well TI by the four-band BHZ model [16]. In the four-component basis consisting of $|E_1\uparrow\rangle$, $|H_1\uparrow\rangle$, $|E_1\downarrow\rangle$, $|H_1\downarrow\rangle$ with $m_J = 1/2, 3/2, -1/2, -3/2$ correspondingly, the Hamiltonian reads

$$\hat{H}_{BHZ} = -\mathcal{D}\hat{\mathbf{k}}^{2} + \begin{pmatrix} \mathcal{M} - \mathcal{B}\hat{\mathbf{k}}^{2} & \mathcal{A}\hat{k}_{+} & 0 & 0\\ \mathcal{A}\hat{k}_{-} & -(\mathcal{M} - \mathcal{B}\hat{\mathbf{k}}^{2}) & 0 & 0\\ 0 & 0 & \mathcal{M} - \mathcal{B}\hat{\mathbf{k}}^{2} & -\mathcal{A}\hat{k}_{-}\\ 0 & 0 & -\mathcal{A}\hat{k}_{+} & -(\mathcal{M} - \mathcal{B}\hat{\mathbf{k}}^{2}) \end{pmatrix},$$
(1)

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where $\hat{k}_{\pm} = \hat{k}_x \pm i\hat{k}_y$. Here $\mathcal{A}, \mathcal{B}, \mathcal{D}, \mathcal{M}$ are material parameters, which depend on quantum well geometry: $\mathcal{A} > 0, \mathcal{B} < 0$; parameter \mathcal{M} is negative if the quantum well is in a TI state, and $2|\mathcal{M}|$ is a value of a band gap in TI. Parameter $\mathcal{D} \neq 0$ if electron-hole symmetry is broken, and D = 0 otherwise.

Since the Hamiltonian (1) has been obtained in the kp approximation, and the nondiagonal part of (1) linear by quasimomentum $\hat{\mathbf{k}}$ corresponds to the kp term, the Hamiltonian of a light-matter interaction in the electric dipole approximation reads

$$\hat{H}_{e-A} = \hat{H}_1(A_x - iA_y) + \hat{H}_1^{\dagger}(A_x + iA_y), \qquad (2)$$

$$\hat{H}_1 = |e||H_1\uparrow\rangle\langle E_1\uparrow| - |e||E_1\downarrow\rangle\langle H_1\downarrow|, \qquad (3)$$

where e is the electron charge, and **A** is a vector potential of the electromagnetic field. In the case of right-hand-polarized light (as defined from the point of view of the source) propagating along the z axis the vector potential can be represented as

$$A_x = \frac{\sqrt{4\pi W}}{n_r \omega_0} \cos \omega_0 t, \quad A_y = -\frac{\sqrt{4\pi W}}{n_r \omega_0} \sin \omega_0 t, \quad A_z = 0,$$
(4)

where W is the intensity of light, and n_r is the refractive index.



FIG. 1. Schematic picture of optical transitions between two edge state branches and bulk states. Circularly polarized light of frequency ω_0 exceeding the absorption threshold by $\Delta \omega$ induces transitions between edge and bulk conduction band states. The different thickness of arrows depicts that probability of electric dipole transitions may depend on chirality/spin of the edge electron.

Under the illumination by the right-hand circularly polarized light the selection rules allow only those electric dipole transitions from the edge to bulk, which increase angular momentum by \hbar . In the Hamiltonian (2) these transitions are described by the first term. The conjugate term describes the reverse optical transitions.

In the absence of the boundary, the eigenstates of 2D TIs are bulk states separated by a gap, and the bulk states at the bottom of the conduction band are formed by H_1 states with a zero momentum and a well-defined projection of an angular momentum $m_J = \pm 3/2$.

In a finite-size sample, there appear edge states which are superpositions of E_1 and H_1 Bloch wave functions. These edge states can be found by solving the Schrödinger equation with zero boundary conditions for the Hamiltonian (1) in the coordinate representation in the *x* direction and the momentum representation in the *y* direction (see Ref. [22]):

$$\psi_{edge,s} \propto (is\sqrt{|\mathcal{B}-\mathcal{D}|}|E_1,s) + \sqrt{|\mathcal{B}+\mathcal{D}|}|H_1,s\rangle) \times (e^{-\lambda_{s,-}x} - e^{-\lambda_{s,+}x}),$$
(5)

where $\lambda_{s,\pm}$ are inverse decay lengths for the localized edge states.

In the presence of the boundary, conduction band wave functions are distorted near the boundary where they overlap with the edge states. Instead of explicitly calculating the conduction band wave functions by solving the Schrödinger equation with zero boundary conditions, we will use the time-reversal symmetry and orthogonality conditions for the eigenstates of the Hamiltonian.

The BHZ Hamiltonian and zero boundary condition are invariant under the time-reversal symmetry $\hat{\Theta}$. Therefore, if the spin-up eigenstate with energy ϵ is of the form $\Psi_{\text{bulk},\uparrow}(\epsilon,k_y,x) = f_{\epsilon,k_y}(x)|E\uparrow\rangle + g_{\epsilon,k_y}(x)|H\uparrow\rangle$, then the spindown eigenstate can be obtained as

$$\hat{\Theta}\Psi_{\text{bulk},\uparrow} = -f_{\epsilon,-k_{y}}^{*}(x)|E_{1}\downarrow\rangle - g_{\epsilon,-k_{y}}^{*}(x)|H_{1}\downarrow\rangle.$$

We denote the overlap integrals between the edge and bulk states as

$$F(\epsilon, k_y) = \int_0^{+\infty} (e^{-\lambda_- x} - e^{-\lambda_+ x}) f_{\epsilon, k_y}(x) dx,$$
$$G(\epsilon, k_y) = \int_0^{+\infty} (e^{-\lambda_- x} - e^{-\lambda_+ x}) g_{\epsilon, k_y}(x) dx.$$

Mutual orthogonality of edge and bulk states yields the relation between the integrals:

$$\frac{F}{G} = -i\frac{\sqrt{|\mathcal{B} + \mathcal{D}|}}{\sqrt{|\mathcal{B} - \mathcal{D}|}}.$$
(6)

Thus, both *f* and *g* are nonzero, and not only are the edge states superpositions of *E* and *H* Bloch wave functions with different well-defined projections of total angular momentum, but the bulk conduction states are also their superpositions even at the bottom of the band. Selection rules allow transitions from $|E\uparrow\rangle$ to $|H\uparrow\rangle$, and from $|H\downarrow\rangle$ to $|E\downarrow\rangle$. Thus, the transitions from both edge state branches to the conduction band satisfy the selection rules. Calculation of the matrix elements w_s of the first term of the Hamiltonian (2) corresponding to these transitions yields the main relation:

$$\frac{|w_{\downarrow}|}{|w_{\uparrow}|} = \frac{\sqrt{|\mathcal{B} - \mathcal{D}|}|G|}{\sqrt{|\mathcal{B} + \mathcal{D}|}|F|} = \frac{\mathcal{B} - \mathcal{D}}{\mathcal{B} + \mathcal{D}}.$$
(7)

Note that if electron-hole symmetry is present, the probabilities of optical transitions from both edge state branches are equal. Electron-hole symmetry implies that the edge states are superpositions of $|E,s\rangle$ and $|H,s\rangle$ with equal (up to a phase factor) amplitudes. The same is true for the bulk states (it is shown explicitly in Appendix A). Hence, the transition probability for both spin-up and spin-down branches will be the same. However, in real samples the electron-hole symmetry is broken, i.e., the electron and hole components of the bulk eigenstates as well as the edge eigenstates are not equal anymore, and the probability of an edge-bulk transition will depend on spin.

Values of matrix elements for the case of strong electronhole asymmetry are derived in Appendix B.

We estimate the ratio of probabilities for typical values of parameters [3]: A = 365 meV nm, $B = -686 \text{ meV nm}^2$, $D = -512 \text{ meV nm}^2$, M = -10 meV corresponding to thequantum well width $d_c = 7 \text{ nm}$. In this case $|w_{\uparrow}|^2 / |w_{\downarrow}|^2 \approx$ 47.4. Thus, the transitions in the case of HgTe/CdTe 2D TIs are strongly spin-dependent.

Our consideration can be applicable not only in the case of HgTe/CdTe 2D TIs but also in the case of other 2D TIs which can effectively be described by the BHZ model. One of the interesting examples is a recently predicted all-electron TI in an InAs double well [23] which allows one to easily tune BHZ parameters. In the case of this material the band gap $2|\mathcal{M}|$ is of order 1 meV and \mathcal{D}/\mathcal{B} is of order 0.5. These values of parameters correspond to characteristic frequencies ω_0 of order 100 GHz and a ratio of matrix elements $\frac{|w_{\downarrow}|^2}{|w_{\uparrow}|^2}$ of order 10; i.e., the probabilities of transitions are also strongly spin-dependent.

Note that we used zero boundary conditions (BCs) for 2D TIs. The result (7) does not qualitatively depend on the BCs for the wave functions provided they are invariant under time-reversal symmetry and yield helical edge states. Different BCs are discussed in Refs. [24–27]. Although the choice of the boundary conditions does not affect the topological nature and the existence of the edge states, the spectra of bulk and edge states, and the eigenstates themselves, depend on the BCs. Particularly, the matrix elements of the transitions may depend on the BCs. However, in our approach only Eq. (5)

depends on the BCs. In the general case the amplitudes of E_1 and H_1 Bloch functions will be different, but if the electronhole symmetry is broken these amplitudes will remain still unequal. Further, in order to obtain our main result (7) we exploit their inequality, time-reversal symmetry, and mutual orthogonality of eigenstates. Thus, we believe that the result does not qualitatively depend on the BCs provided they are invariant under time-reversal symmetry and yield helical edge states.

If the light is incident in an arbitrary direction $\mathbf{n}^{\theta,\phi} = (\cos \phi \sin \theta, \sin \phi \sin \theta, \cos \theta)$, then the matrix elements $w_s^{\theta,\phi}$ can be obtained by replacing vector potential in the light-matter interaction Hamiltonian (2) with its projection on the TI plane(for details see Appendix C):

$$w_s^{\theta,\phi} = \frac{w_s e^{-i\phi}(1+\cos\theta) + w_{-s}^* e^{i\phi}(1-\cos\theta)}{2}.$$
 (8)

Below we will use an expression for the value of the squared matrix element averaged over the direction:

$$\langle w_s^2 \rangle_{\theta,\phi} = \frac{1}{3} (|w_s|^2 + |w_{-s}|^2).$$
 (9)

Kinetic equations for distribution functions of electrons in the edge state $n(\varepsilon)$ and in the conduction band $N(\varepsilon)$ can be written as

$$\frac{dn_{s}(\varepsilon)}{dt} = -\frac{n_{s}(\varepsilon) - N_{s}(\varepsilon + \omega_{0})}{\tau_{ind,s}(\varepsilon, \varepsilon + \omega_{0})} \mathcal{W} + \int \frac{N_{s}(\varepsilon + \omega)[1 - n_{s}(\varepsilon)]}{\tau_{sp}(\varepsilon + \omega, \varepsilon)} d\omega + \frac{n_{-s}(\varepsilon) - n_{s}(\varepsilon)}{\tau_{e}},$$
(10)

where $W\tau_{ind}^{-1}$ is the rate of transitions induced by illumination, $\tau_{sp}^{-1}(\varepsilon',\varepsilon)$ is the rate of spontaneous transitions between the conduction bulk state with energy ε' and the edge state with energy ε , i.e., the recombination rate; τ_e is the spin relaxation time for the edge electrons. Since there is still discussion in the literature [28–32] on which mechanism agrees better with experimental data, in this paper we introduce this time assuming that in any realistic system it is finite.

Here we write these kinetic equations (10) phenomenologically, and more rigorous derivation based on the Keldysh technique is given in Appendix D. The rate of the transitions induced by illumination can be related to the matrix elements using the Fermi golden rule:

$$\tau_{ind,s}^{-1} = 8\pi^2 \tilde{\nu}_{C,k_y}(\varepsilon + \omega_0) \frac{|w_s|^2}{n_r^2 \omega_0^2}$$

where $\tilde{\nu}_{C,k_y}$ is the density of states in the conduction band with a fixed k_y :

$$\tilde{\nu}_{C,k_y} = \sum_{k_x} \delta(\varepsilon - \epsilon_{k_x,k_y}) = \frac{\sqrt{m}L_x}{\sqrt{2}\pi\sqrt{\varepsilon - |\mathcal{M}| - k_y^2/(2m)}}$$

where *m* is the effective mass of conduction band electrons and L_x is the length of the 2D TI in the *x* direction. Note that summation over k_x in the definition of \tilde{v}_{C,k_y} instead of summation over both k_x and k_y reflects the fact that the transitions are vertical; i.e., the k_y projection of momentum is conserved. In order to deduce a relation between induced and spontaneous transition rates one can use a detailed balancing condition similar to that for Einstein coefficients for discrete levels [33]. The factors $\tau_{sp,ind}$ in the kinetic equation do not depend on the illumination and environment, since they are intrinsic properties of the 2D TI. Therefore, the kinetic equation (10) should remain valid if we put the system in thermal equilibrium with blackbody radiation. In this case the distribution functions of the edge and bulk electrons are the equilibrium Fermi function with the same Fermi level, and photons have the Bose distribution. The detailed balancing between the states with energy ε and $\varepsilon' = \varepsilon + \omega$ for an arbitrary ω yields

$$[n_{0}(\varepsilon) - n_{0}(\varepsilon + \omega)] \langle \tau_{ind,s} \rangle_{\theta,\phi} \frac{dW_{eq,+}}{d\omega} + [n_{0}(\varepsilon) - n_{0}(\varepsilon + \omega)] \langle \tau_{ind,-s} \rangle_{\theta,\phi} \frac{dW_{eq,-}}{d\omega} = \frac{n_{0}(\varepsilon + \omega)[1 - n_{0}(\varepsilon)]}{\tau_{sp}}, \qquad (11)$$

where $\langle \tau_{ind,s}^{-1} \rangle_{\theta,\phi}$ is the induced transition rate averaged over the direction of an incident equilibrium photon, $n_0 = \frac{1}{2}(1 - \tanh \frac{\varepsilon}{2T})$ is the equilibrium Fermi distribution, and $\frac{dW_{eq,+(-)}}{d\omega} = \frac{n_s^2 \omega^3}{2\pi^2} N_{ph}(\omega)$ is the spectral density of equilibrium right (left) polarized illumination with the photon distribution function $N_{ph}(\omega) = \frac{1}{2}(\coth \frac{\omega}{2T} - 1)$. The value of the induced transition rate $\langle \tau_{ind,s}^{-1} \rangle$ averaged over direction can be calculated using (9): Finally, we obtain the expression for the spontaneous illumination rate τ_{sp}^{-1} from (11):

$$\tau_{sp}^{-1} = \frac{8}{3} (|w_s|^2 + |w_{-s}|^2) n_r \omega \tilde{v}_{C,k_y}(\varepsilon + \omega).$$
(12)

We solve kinetic equation (10) in the quasiequilibrium approximation, i.e., assuming that the distribution function of edge electrons with spin *s* is a Fermi distribution with a quasi-Fermi level $\varepsilon_F + \mu_s$, and, similarly, the distribution function of conduction bulk electrons with spin *s* is a Fermi distribution with a quasi-Fermi level $|\mathcal{M}| + \zeta_s$ ($|\mathcal{M}|$ is the bottom of the conduction band). The quasiequilibrium approximation can be justified if the energy relaxation times in the edge and bulk states are much shorter than the lifetime of the excess photogenerated electrons. Since the results will depend on whether the initial Fermi level is above or below the Dirac point we consider both these cases.

A. Fermi level above Dirac point: Absorption without photocurrent

The electrons in the conduction band in the quasiequilibrium approximation lie in the bottom of the conduction band and they can recombine only with empty states in the vicinity of the Dirac point. If the Fermi level is above the Dirac point [see Fig. 2(a)] then all the states near the Dirac point are occupied $1 - n_s(\varepsilon) = 0$, and the spontaneous transition term in (10) vanishes.

After integrating the kinetic equation (10) over energies we obtain a relation between quasi-Fermi levels



FIG. 2. (a) Schematic picture of quasi-Fermi levels if Fermi level is above the Dirac point. All the spin-up and spin-down edge electrons with energies from $\varepsilon_F - \Delta \omega$ to ε_F are moved to the conduction band. States near the Dirac point are occupied, and, hence, spontaneous transitions from bulk to edge states are not allowed. The electric current of the edge electrons $j = G_0(\mu_{\uparrow} - \mu_{\downarrow}) = 0$. (b) Schematic picture of quasi-Fermi levels if Fermi level is below the Dirac point and for low intensities $W < W_{\downarrow} - W_{\uparrow}$ (region I in Fig. 3). All the spin-up electrons with energies from $\varepsilon_F - \Delta \omega$ to ε_F are excited by the light, and spin-down electrons in the conduction band appear mainly due to spin relaxation. Recombination of bulk spin-down electrons shifts the quasi-Fermi level of spin-down electrons above the initial Fermi level. (c) Schematic picture of quasi-Fermi levels for high intensities $W > W_{\downarrow}/2$ (region II in Fig. 3). Almost all spin-down electrons with energies from $\varepsilon - \Delta \omega$ to ε are excited by the light ($\mu_{\uparrow} \approx \mu_{\downarrow} \approx -\Delta \omega$). The spin imbalance at the edge states decays with intensity of the light as $\delta \mu \propto W^{-2}$.

where $\Delta \omega$ is the difference between the light frequency and the absorption threshold $\Delta \omega = \varepsilon_F + \omega_0 - |\mathcal{M}| - k_v^2/(2m)$ (see Fig. 1). The only solution is $\mu_{-s} = \mu_s = -\Delta\omega$. Almost all the electrons with energies from $\varepsilon_F - \Delta \omega$ to ε_F are moved to the conduction band by illumination ($\mu_{\uparrow} \approx -\Delta\omega$). They equilibrate in the conduction band and remain there, since the edge states near the Dirac point are occupied. The electric current $j = G_0(\mu_{\uparrow} - \mu_{\downarrow}) = 0$, where $G_0 = e^2/h$ is the conductance quantum.

B. Fermi level below Dirac point: Nonzero photocurrent

The situation differs if the Fermi level is below the Dirac point. In this case the edge states in the vicinity of the Dirac point are not occupied and the spontaneous transitions from the conduction band to edge states are allowed. Integration of (10) yields

$$\mathcal{W}\sqrt{\mu_s + \Delta\omega} = \frac{\nu_C}{\nu_e} \frac{\mathcal{W}_s}{\sqrt{\Delta\omega}} \left(\zeta_s + \tau_0 \frac{\mu_{-s} - \mu_s}{\tau_e} \right),$$
$$\mathcal{W}_s = \frac{\nu_e}{3\pi\nu_C} \omega_0^2 (|\mathcal{M}| - \varepsilon_D) \sqrt{\frac{mv_{TI}^2}{2}\Delta\omega} \times \frac{|w_s|^2 + |w_{-s}|^2}{|w_s|^2} n_r^3,$$
$$\tau_0^{-1} = \frac{8L_x n_r m v_{TI} (|\mathcal{M}| - \varepsilon_D) (|w|_s^2 + |w|_{-s}^2)}{3},$$
(13)

where $\Delta \omega = \varepsilon_F + \omega_0 - |\mathcal{M}|$ (see Fig. 1). Here ν_e and ν_C are the densities of the edge states and the conduction bulk states correspondingly. Note that in contrast to $\tilde{\nu}_{C,k_y}$ defined above, $\nu_C = \sum_{k_y} \tilde{\nu}_{C,k_y}$ is the 2D density of states in which summation over both components of momentum is performed. Another relation results from the conservation law for the number of particles:

$$\nu_e(\mu_{\uparrow} + \mu_{\downarrow}) + \nu_C(\zeta_{\uparrow} + \zeta_{\downarrow}) = 0.$$
(14)

In the stationary regime neither spin nor charge accumulates, and the same number of transitions per unit time occurs from spin-up states to spin-down states and vice versa. Therefore we can equate spin-relaxation rates of the edge and bulk electrons and obtain another quasiequilibrium condition:

$$\nu_e \frac{\mu_s - \mu_{-s}}{\tau_e} = \nu_C \frac{\zeta_{-s} - \zeta_s}{\tau_C},\tag{15}$$

where $\tau_C \ll \tau_e$ is the spin relaxation time for the conduction band electrons.

An important limiting case is when one can neglect spin relaxation of the edge electrons assuming that $\tau_e \gg \tau_C$ and both times are great enough. In this case Eqs. (14)–(15) yield $\zeta_s = \zeta_{-s} = -\frac{v_e}{v_c} \frac{\mu_{\uparrow} + \mu_{\downarrow}}{2}$, and Eq. (13) can be solved analytically:

$$\mu_{0} = \frac{\mu_{\uparrow} + \mu_{\downarrow}}{2} = \frac{\mathcal{W}^{2} - \sqrt{\mathcal{W}^{4} + 2\mathcal{W}^{2}(\mathcal{W}^{2}_{\uparrow} + \mathcal{W}^{2}_{\downarrow})}}{(\mathcal{W}^{2}_{\uparrow} + \mathcal{W}^{2}_{\downarrow})} \Delta\omega,$$
(16)



FIG. 3. Dependence of photocurrent (solid line) and currents of spin-up/spin-down electrons (dashed lines) on light intensity if the initial Fermi level is below the Dirac point. The currents of each branch are proportional to the corresponding quasi-Fermi level shift. For the region I ($W < W_{\downarrow}/2$) edge branches contribute to net current with the same sign, while in the region II $(\mathcal{W} > \mathcal{W}_{\downarrow}/2)$ the current of spin-down electrons changes its sign. Currents are measured in the units of $G_0 \Delta \omega$.

$$\delta\mu = \frac{\mathcal{W}_{\uparrow}^2 - \mathcal{W}_{\downarrow}^2}{\Delta\omega\mathcal{W}^2}\mu_0^2. \tag{17}$$

An electric current $j = G_0 \delta \mu$ arises in the edge state, where $G_0 = e^2/h$ is the conductance quantum. If the intensity of light is small $\mathcal{W} \ll \mathcal{W}_{\uparrow}, \mathcal{W}_{\downarrow}$ [Fig. 2(b)], mainly the spin-up electrons are excited by the light. The spin relaxation time for the bulk states is much shorter than the lifetime of photogenerated electrons, hence, spin of the photogenerated electrons relaxes, and there appear additional spin-down electrons in the conduction band, whose recombination rate turns out to be greater than the excitation rate of spin-down edge electrons. Thus, the quasi-Fermi level for spin-up electrons is below ε_F , and the quasi-Fermi level for spin-down electrons is above it. The currents of electrons with the opposite spin contribute to the total electric current with the same sign [see Fig. 3(a), Fig. 3(c)], and the total current $j \approx 2G_0 \frac{W_1^2 - W_1^2}{W_1^2 + W_1^2} \Delta \omega$.

If the intensity of light $\mathcal{W} \gg \mathcal{W}_{\uparrow}, \mathcal{W}_{\downarrow}$ [Fig. 3(b)], all the edge electrons with energies from $|\mathcal{M}| - \omega_0$ to ε_F are excited to the conduction band, and the quasi-Fermi levels of the edge electrons saturate at the value $\mu_s = -\Delta\omega$. The currents $j_s = G_0 \mu_s$ are almost equal, but contribute to the total current with opposite signs. Thus, the total current decreases with the increase of the intensity as $j \propto W^{-2}$. For an HgTe/CdTe quantum well with width $d_c = 7$ nm, and the sample size of order $L \sim 1 \ \mu m$, the quasi-Fermi level for spin-up electrons saturates at $\mathcal{W} \sim \mathcal{W}_{\uparrow} \sim 10^{-9}$ W/cm². The quasi-Fermi level for spin-down electrons saturates at $W_{\downarrow} \sim 10^{-8} \text{ W/cm}^2$.

However, in case of extremely weak intensities spin relaxation rate turns out to be comparable with transition rates and hence cannot be neglected. We can solve (13)–(15)analytically assuming $\mathcal{W} < \mathcal{W}_{\uparrow} \ll \mathcal{W}_{\downarrow}$ and obtain

$$j = G_0 \Delta \omega \frac{\mathcal{W}^2}{4\mathcal{W}^2_{\uparrow}} \frac{\tau_e^2}{\tau_C^2} \left(1 - \sqrt{1 + 16\frac{\mathcal{W}^2_{\uparrow}}{\mathcal{W}^2} \frac{\tau_c^2}{\tau_e^2}} \right)$$



FIG. 4. A proposal to detect photocurrent in the edge state: 2D conductor of length L_y is coupled to the edge state via the tunnel contact of length Λ . The EMF appears between the opposite ends of the 2D conductor.

The full curve for the dependence of photocurrent on intensity is sketched in Fig. 3.

III. TUNNEL CONTACT TO AN EXTERNAL CIRCUIT

In the previous section we showed that circularly polarized illumination induces an electric current at the edge of HgTe/CdTe quantum well TIs. In order to observe the effect one should connect the sample to an external circuit. We consider a system of HgTe/CdTe tunnel-coupled by a contact of length Λ to a 2D metal conductor (see Fig. 4).

The Hamiltonian of the system reads

$$\hat{H} = \hat{H}_{TI} + \hat{H}_{2D} + \hat{H}_{tun}.$$
(18)

In order to describe the edge state we use an effective edge state Hamiltonian corresponding to the linear edge state spectrum

$$\hat{H}_{TI} = \sum_{s} \int \hat{\psi}_{s}^{\dagger}(y) (-iv_{TI}s\partial_{y} + \varepsilon_{D})\hat{\psi}_{s}(y)dy, \qquad (19)$$

where $\hat{\psi}$ is the effective field operator for an electron in the edge states, ε_D is the energy of the Dirac point measured from the middle of the band gap, and v_{TI} is the velocity of edge electrons. We assume that illumination results in quasiequilibrium occupation numbers of electrons corresponding to the quasi-Fermi levels and the tunnel coupling is so weak that it does not affect the optical transitions, so the results of the previous section are applicable. The Hamiltonian of the 2D conductor reads

$$\hat{H}_{2D} = \hat{H}_{2D,0} + \sum_{s} \int d^2 \mathbf{r} \, \hat{\Psi}_s^{\dagger} V_{\rm imp}(\mathbf{r}) \hat{\Psi}_s, \qquad (20)$$

where $\hat{H}_{2D,0}$ is the Hamiltonian of free 2D electrons, and $\hat{\Psi}$ is the field operator in the 2D conductor. Here we take into account a random delta-correlated potential of impurities V_{imp} characterized by a mean scattering time τ_{imp} .

The tunneling Hamiltonian reads

$$\hat{H}_{\text{tun}} = \sum_{s} \int dy \ \hat{\psi}_{s}^{\dagger}(y) \mathcal{T} \hat{\Psi}_{s}(x=0,y) + \text{H.c.}, \qquad (21)$$

where T is a matrix element of tunneling, and we assume that the tunneling is momentum conserving.

We start from the Hamiltonian (18)–(21), and then derive equations for Keldysh Green's functions $G^{R(A),K}$ taking into account the tunneling Hamiltonian and the impurity potential as perturbations. The self-energy of 2D electrons in the conductor resulting form the tunneling reads

$$\Sigma_{\text{tun}}^{R(A),K}(\mathbf{r}_1,\mathbf{r}_2) = |\mathcal{T}|^2 \delta(x_1) \delta(x_2) G_{TI}^{R(A),K}(y_1 - y_2).$$

The Green's functions of the electrons in the edge state electrons can be obtained by solving the corresponding Dyson equations:

$$G_{TI,s}^{R(A)}(\varepsilon, p_y) = (\varepsilon - \varepsilon_{p_y,s} + i\Gamma)^{-1}, \qquad (22)$$

$$G_{TI,s}^{K}(\varepsilon, p_{y}) = -2\pi i \delta_{\Gamma}(\varepsilon - \varepsilon_{p_{y},s}) \tanh \frac{\varepsilon - \varepsilon_{F}^{(TI)} - \mu_{s}}{2T},$$
(23)

where Γ is the inverse lifetime of electrons in the edge state, which consists of contributions from tunneling and optical transitions. The contribution from the optical transitions is determined by the self-energy operator $i\Gamma = \sum_{k_y} (\Sigma^R - \Sigma^A)$ [see Eqs. (D15), (D17)]. Besides, some mechanisms of spin relaxations, e.g., coupling to multiple puddles [32], also contribute to Γ , so here we introduce it phenomenologically. Note that the exact value of Γ does not affect the final results. The Lorentz-type factor $\delta_{\Gamma}(x) = \frac{1}{\pi} \frac{\Gamma}{x^2 + \Gamma^2}$ describes broadening of electronic states due to their finite lifetime.

The derivation of kinetic equation for quasiclassical distribution function $f_s(\mathbf{r}, \mathbf{p})$ in the 2D conductor is straightforward [34] and gives

$$[\partial_{t} + (\mathbf{v}, \nabla)] f_{s} + 2\pi |\mathcal{T}|^{2} \delta(x) \theta \left(\frac{\Lambda}{2} - |y|\right) \\ \times \delta_{\Gamma} \left(\varepsilon_{p_{y}, s} - \varepsilon_{\mathbf{p}, s}^{(2D)}\right) [f_{s} - n_{s}] \\ = \frac{\bar{f}_{s} - f_{s}}{\tau}.$$
(24)

Here n_s is a distribution function for the edge state electrons of the TI, and the Heaviside step function θ restricts the length of the contact to Λ .

If the TI is illuminated by circular-polarized light, the quasi-Fermi level of spin-up electrons is lower than the quasi-Fermi level of spin-down electrons. In a stationary regime the current through the tunnel contact should be equal to zero; therefore, the Fermi level in the 2D conductor is exactly in the middle between the quasi-Fermi levels in the edge states of the TI. However, the zero tunnel current consists of a spin-up current from the TI to the conductor and a spin-down current from the conductor to the TI. Electrons of the opposite spins in the TI are of the opposite chiralities and the tunneling is assumed to conserve momentum, so it should result in an electron drift and appearance of the counterbalancing EMF in the conductor. We consider a stationary case in which tunneling leads to charge redistribution, and, hence, the extra charge induces an electric field. The electric field **E** is related with the extra charge $-|e|\delta\rho$ by the Poisson equation:

$$\operatorname{div} \mathbf{E} = -4\pi |e|\delta\rho, \qquad (25)$$

where $\delta \rho$ is the deviation of electron density from its equilibrium value, and the full electron density can be expressed in

terms of the distribution function as

$$\rho = \sum_{s} \int \frac{d^2 \mathbf{p}}{(2\pi)^2} \bar{f_s}.$$
 (26)

The kinetic equation that takes into account the electric field in the conductor reads

$$[\partial_t + (\mathbf{v}, \nabla)]f_s + \Pi_s + \frac{f_s - \bar{f}_s}{\tau} - |e|\mathbf{v}\mathbf{E}\frac{\partial f_s}{\partial\varepsilon} = 0, \quad (27)$$

$$\Pi_{s} = \theta \left(\frac{\Lambda}{2} - |y|\right) 2\pi |\mathcal{T}|^{2} \delta(x) \delta_{\Gamma} \left(\varepsilon_{p_{y},s} - \varepsilon_{\mathbf{p},s}^{(2D)}\right) [f_{s} - n_{s}].$$
(28)

Here Π_s denotes the term responsible for the tunneling. Since the electric field **E** arises due to the deviation of the distribution function *f* from its equilibrium unperturbed value f_0 , we can replace f_s in the field term with f_0 , neglecting second-order corrections.

We consider a model where the 2D conductor is a narrow strip spanning from $x = -L_x/2$ and $x = L_x/2$ and is infinite in the y direction, and the contact is in the middle of the strip at x = 0. For simplicity we assume that the width L_x of the conductor is smaller than the scattering length $v_F \tau$. In a more general case the conductor can be qualitatively considered as the same narrow strip with a bypass resistance. Under these assumptions one can take into account only the electric field along the contact $E_y \gg E_x$.

We solve the kinetic equation together with the Poisson equation assuming quasineutrality and treating the angleaveraged distribution function $\bar{f_s}$ in the impurity term selfconsistently (for details see Appendix E).

Finally, we obtain the EMF as the integral over the conductor length of the electric field averaged in the transversal direction $\langle E_y \rangle_x = L_x^{-1} \int_{-L_x/2}^{L_x/2} E_y dx$:

$$|e|\mathcal{E} = \int_{-L_y/2}^{L_y/2} |e|\langle E_y \rangle_x \, dy$$

= $-\frac{|\mathcal{T}|^2}{v_F} \frac{2(\varepsilon_F^{(TI)} - \varepsilon_D)}{\sqrt{(p_F v_{TI})^2 - (\varepsilon_F^{(TI)} - \varepsilon_D)^2}} \frac{\Lambda}{L_x} \frac{\delta\mu}{v_{TI} p_F},$ (29)

where p_F , v_F are the Fermi momentum and velocity in the conductor, and $\delta \mu$ is the difference between quasi-Fermi levels given by (17)

IV. CONCLUSIONS

In summary, we considered electric dipole optical transitions from helical edge states of HgTe/CdTe TI illuminated by circularly polarized light to the bulk conduction band. If electron-hole symmetry is broken which typically is the case, these optical transitions are strongly spin-dependent.

This gives rise to a circular electric current in the edge state if the Fermi level is below the Dirac point. The value of the photocurrent reaches maximum and then decreases with the growth of the light intensity. It is worth noting that although the overlap between wave functions of the edge and bulk states determines the time required for the stationary regime to settle in, the magnitude of the current in this regime does not depend on the overlap, and, hence, we anticipate that the effect can be observed even in samples where this overlap is small. We showed that the photocurrent can be detected electrically by measuring the EMF in the conductor coupled to the edge state of the TI.

ACKNOWLEDGMENTS

We are grateful to K. E. Nagaev for helpful comments and discussions. This work was supported by the Russian Foundation for Basic Research (Grant No. 14-02-31481) and by the program of the Russian Academy of Sciences.

APPENDIX A: OPTICAL TRANSITIONS IN THE CASE OF ELECTRON-HOLE SYMMETRY

In this Appendix the matrix elements of the optical transitions are explicitly calculated for the case of electron-hole symmetry $\mathcal{D} = 0$. In this case, the Hamiltonian (1) with zero boundary conditions yields the edge state wave function

$$\begin{split} \psi_{edge,s}(x,k_{y}) &= \Psi_{edge,s}(e^{-\lambda_{s,-}x} - e^{-\lambda_{s,+}x}), \\ \Psi_{edge,\uparrow} \propto \begin{pmatrix} i\\1\\0\\0 \end{pmatrix}, \quad \Psi_{edge,\downarrow} \propto \begin{pmatrix} 0\\0\\-i\\1 \end{pmatrix}, \quad (A1) \end{split}$$

where $\lambda_{+} \approx \frac{A}{|B|}$, $\lambda_{-} \approx \frac{|\mathcal{M}|}{|\mathcal{A}|} \ll \lambda_{+}$. Here we assumed that $\mathcal{A}^{2} \gg \mathcal{B}\mathcal{M}$, which is the case for the typical parameters of TIs. Solving the Schrödinger equation with zero boundary condition for $\epsilon - |\mathcal{M}| \ll |\mathcal{M}|$, $k_{y} = 0$, we obtain bulk wave functions near the bottom of the conduction band:

$$\psi_{\text{bulk},\uparrow}(\epsilon) \propto \begin{pmatrix} \cos k_x x + \frac{k_x A}{2\mathcal{M}} \sin k_x x \\ i \cos k_x x - \frac{2i\mathcal{M}}{k_x A} \sin k_x x \\ 0 \\ 0 \end{pmatrix} - \begin{pmatrix} 1 \\ i \\ 0 \\ 0 \end{pmatrix} e^{-\kappa x},$$
(A2)
$$\psi_{\text{bulk},\downarrow}(\epsilon) \propto \begin{pmatrix} 0 \\ 0 \\ \cos k_x x + \frac{k_x A}{2\mathcal{M}} \sin k_x x \\ -i \cos k_x x + \frac{2i\mathcal{M}}{k_x A} \sin k_x x \end{pmatrix} - \begin{pmatrix} 0 \\ 0 \\ 1 \\ -i \end{pmatrix} e^{-\kappa x},$$

where $k_x \approx \frac{\sqrt{\epsilon^2 - M^2}}{A} \ll \lambda_-$ and $\kappa \approx \frac{A}{|B|} \approx \lambda_+$. The first terms in Eqs. (A2)–(A3) correspond to the superposition of incident and reflected waves, while the second terms correspond to the parts of wave functions localized near the boundary. In the presence of the boundary the angular momentum is ill defined. Although the wave functions of the conduction band behave like $|H_1, m_j = 3/2\rangle$ and $|H_1, m_j = -3/2\rangle$ with a well-defined angular momentum far away from the boundary at $x \gg k_x^{-1}$, the overlap integral between edge and bulk states is dominated by small distances from the boundary $x \sim \lambda_-^{-1}$, where these wave functions are superpositions of $|E_1\rangle$, $|H_1\rangle$ with equal (up to a phase factor) amplitudes:

$$\psi_{\text{bulk},\uparrow}(\epsilon) \sim \begin{pmatrix} 1\\i\\0\\0 \end{pmatrix} (1 - e^{-\kappa x}), \tag{A4}$$

$$\psi_{\text{bulk},\downarrow}(\epsilon) \sim \begin{pmatrix} 0\\0\\1\\-i \end{pmatrix} (1 - e^{-\kappa x}).$$
(A5)

Thus, the matrix elements are equal up to a phase factor $|w_{\uparrow}|^2 = |w_{\downarrow}|^2 \sim \frac{1}{L_{\downarrow}\lambda^3}$.

APPENDIX B: OPTICAL TRANSITIONS IN THE CASE OF STRONG ELECTRON-HOLE ASYMMETRY

In this Appendix we analytically derive matrix elements of the optical transitions in the case of strong electron-hole asymmetry, i.e., $|\mathcal{B} - \mathcal{D}| \ll \mathcal{B}$. For the simplicity we consider transitions between the Dirac point $k_y = 0$ and the bottom of the conduction band $\varepsilon - |\mathcal{M}| \ll |\mathcal{M}| \sqrt{\mathcal{B}^2 - \mathcal{D}^2} / \mathcal{B}$. We also assume that typically $\mathcal{A}^2 \gg \mathcal{B}\mathcal{M}$. For the edge states we can use the expression (5), where $\lambda_- \approx \frac{|\mathcal{M}| \sqrt{\mathcal{B}^2 - \mathcal{D}^2}}{2\mathcal{A}\mathcal{B}}, \lambda_+ \approx \frac{\mathcal{A}}{\sqrt{\mathcal{B}^2 - \mathcal{D}^2}} \gg \lambda_-$.

The bulk eigenstate of Hamiltonian (1) for energy $\varepsilon > |\mathcal{M}|$ is a sum of a right-moving wave, a left-moving wave, and a term localized in the vicinity of the boundary:

$$\psi_{s,k_y}^{\text{(bulk)}} \propto \psi^L + t_R \psi^R + t_d \psi^d, \qquad (B1)$$

$$\psi^{L} = e^{-ik_{x}x} \left(-\frac{Ask_{x}}{M} |E_{1},s\rangle + |H_{1},s\rangle \right), \tag{B2}$$

$$\psi^{R} = e^{ik_{x}x} \left(\frac{Ask_{x}}{M} | E_{1}, s \rangle + | H_{1}, s \rangle \right), \tag{B3}$$

$$\psi^{d} = e^{-\kappa x} \left(\frac{iAs}{B\kappa} |E_{1}, s\rangle + |H_{1}, s\rangle \right), \tag{B4}$$

where $\kappa \approx \lambda_+$, $k_x = \frac{\sqrt{\epsilon^2 - M^2}}{A} \ll \kappa, \lambda_-$. Amplitudes t_R and t_d can be obtained using the zero-boundary condition $\psi^{(\text{bulk})}(x = 0) = 0$. It yields

$$t_{R} = \frac{\mathcal{B}k_{x}\kappa + i\mathcal{M}}{\mathcal{B}k_{x}\kappa - i\mathcal{M}} \approx -1, \quad t_{d} = -\frac{2\mathcal{B}k_{x}\kappa}{\mathcal{B}k_{x}\kappa - i\mathcal{M}} \approx -2\frac{\mathcal{B}ik_{x}\kappa}{\mathcal{M}}.$$
(B5)

Now the matrix elements can be calculated straightforwardly. First, we find the overlap integrals defined in Sec. II:

$$F = -\frac{2ik_x}{\lambda_-^2} \frac{1}{\sqrt{2L_x}}, \quad G = -\frac{2\mathcal{A}k_x}{\mathcal{M}\lambda_-} \frac{1}{\sqrt{2L_x}}.$$
 (B6)

The matrix elements of the transitions can be calculated as

$$|w_{\uparrow}|^{2} = |G|^{2} \frac{|\mathcal{B} - \mathcal{D}|}{4|\mathcal{B}|\lambda_{-}} = \frac{\mathcal{A}^{2}k_{x}^{2}}{2|\mathcal{M}|^{2}\lambda_{-}^{3}L_{x}} \frac{|\mathcal{B} - \mathcal{D}|}{|\mathcal{B}|}, \quad (B7)$$

$$|w_{\downarrow}|^{2} = |F|^{2} \frac{1}{2\lambda_{-}} = \frac{2k_{x}^{2}}{\lambda_{-}^{5}L_{x}}.$$
 (B8)

APPENDIX C: MATRIX ELEMENTS FOR THE LIGHT INCIDENT AT AN ARBITRARY ANGLE

In this Appendix we derive the matrix elements (8) for light incident in the direction $\mathbf{n}^{\theta,\phi}$. We can take an auxiliary orthonormal basis

$$\mathbf{e}_{x}^{\theta,\phi} = \mathbf{e}_{x}\cos\phi\cos\theta + \mathbf{e}_{y}\sin\phi\cos\theta - \mathbf{e}_{z}\sin\theta, \qquad (C1)$$

$$\mathbf{e}_{y}^{\theta,\phi} = -\mathbf{e}_{x}\sin\phi + \mathbf{e}_{y}\cos\phi, \qquad (C2)$$

$$\mathbf{e}_{z}^{\theta,\phi} = \mathbf{n}^{\theta,\phi} = \mathbf{e}_{x}\cos\phi\sin\theta + \mathbf{e}_{y}\sin\phi\sin\theta + \mathbf{e}_{z}\cos\theta.$$
(C3)

The vector potential reads

$$\mathbf{A}^{\theta,\phi} = \mathbf{e}_x^{\theta,\phi} A_0 \cos \omega_0 t - \mathbf{e}_y^{\theta,\phi} A_0 \sin \omega_0 t, \qquad (C4)$$

$$A_x^{\theta,\phi} = A_0(\cos\phi\cos\theta\cos\omega_0 t + \sin\phi\sin\omega_0 t), \qquad (C5)$$

$$A_{y}^{\theta,\phi} = A_{0}(\sin\phi\cos\theta\cos\omega_{0}t - \cos\phi\sin\omega_{0}t), \quad (C6)$$

$$A_z^{\theta,\phi} = -A_0 \sin \theta \cos \omega_0 t, \qquad (C7)$$

where the amplitude $A_0 = \frac{\sqrt{4\pi W}}{n_r \omega_0}$ [cf. Eq. (4)]. Since only in-plane components of the vector potential yield the optical transitions, the case of arbitrary direction of light is equivalent to the case of elliptical polarization with $\sin \theta$ standing for the eccentricity.

The light-matter interaction Hamiltonian (2) can be now rewritten as

$$\hat{H}_{e-A}^{\theta,\phi} = \frac{A_0}{2} e^{i\omega_0 t} [\hat{H}_1 e^{-i\varphi} (\cos \theta + 1) \\ + \hat{H}_1^{\dagger} e^{i\varphi} (\cos \theta - 1)] + \text{H.c.}$$
(C8)

Time-reversal symmetry allows us to relate the matrix elements of \hat{H}_1 and \hat{H}_1^{\dagger} :

$$\langle \psi_{edge,s} | \hat{H}_1^{\dagger} | \psi_{\text{bulk},s} \rangle = -\langle \psi_{edge,-s} | \hat{H}_1 | \psi_{\text{bulk},-s} \rangle^*.$$
(C9)

This implies the relation between the matrix elements for different directions of the light:

$$w_s^{\theta,\phi} = \frac{w_s e^{-i\phi}(\cos\theta + 1) + w_{-s}^* e^{i\phi}(1 - \cos\theta)}{2}.$$
 (C10)

APPENDIX D: DERIVATION OF KINETIC EQUATION

In order to derive the kinetic equation it is convenient to write a second-quantized Hamiltonian by expanding the field operator in the eigenbasis of \hat{H}_{BHZ} : $\hat{\psi} = \sum_{k_y} \hat{a}_{k_y} \psi_{k_y}^{(e)} + \sum_{k_x,k_y} [\hat{c}_{k_x,k_y} \psi_{k_x}^{(c)} + \hat{v}_{k_x,k_y} \psi_{k_x}^{(v)}]$, where $\psi^{(e)}$ is the 4 × 1 wave function of the edge mode, and $\psi^{(c)}$, $\psi^{(v)}$ are 4 × 1 wave functions in the conduction and valence bands correspondingly. In this basis the Hamiltonian reads

$$\hat{H}_{BHZ} = \sum_{s,k_y} \varepsilon_{s,k_y} \hat{a}^{\dagger}_{s,k_y} \hat{a}_{s,k_y} + \sum_{s,k_x,k_y} \epsilon^{(c)}_{k_x,k_y} \hat{c}^{\dagger}_{s,k_y} \hat{c}_{s,k_y} + \sum_{s,k_x,k_y} \epsilon^{(v)}_{k_x,k_y} \hat{v}^{\dagger}_{s,k_x,k_y} \hat{v}_{s,k_x,k_y},$$
(D1)

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$$\hat{H}_{e-A} = \sum_{s,k_x,k_y} [w_s(\hat{A}_x - i\hat{A}_y) + w_{-s}(\hat{A}_x + i\hat{A}_y)]\hat{a}^{\dagger}_{s,k_y}\hat{c}_{s,k_x,k_y} + \text{H.c.}, \quad (D2)$$

where $\epsilon_{k_x,k_y}^{(c)}$, $\epsilon_{k_x,k_y}^{(v)}$ are the energies in the conduction and valence bands correspondingly. Here we disregard transitions between the edge states and the valence band as the frequency of illumination ω_0 is assumed to be much smaller than the difference between the Fermi level and the top of the valence band.

The correlations of quantum fluctuations $\delta \hat{\mathbf{A}}$ are given by the Green's functions $D^R_{\alpha\beta}(1,1') = -i\theta(t-t')\langle [\delta \hat{A}_{\alpha}(1), \delta \hat{A}_{\beta}(1')] \rangle$, $D^A_{\alpha\beta}(1,1') = i\theta(t'-t)\langle [\delta \hat{A}_{\alpha}(1), \delta \hat{A}_{\beta}(1')] \rangle$, $D^K = -i\langle \{\delta \hat{A}_{\alpha}(1), \delta \hat{A}_{\beta}(1')\} \rangle$. At zero temperature these Green's functions are of the form

$$D_{\alpha\beta}^{R(A)}(\omega,k) = \frac{4\pi}{(n_r\omega)^2} \frac{(n_r\omega)^2 \delta_{\alpha\beta} - k_\alpha k_\beta}{\epsilon\omega^2 - |k|^2 \pm i0}, \qquad (D3)$$

$$D^{K} = (D^{R} - D^{A}) \operatorname{sgn} \omega.$$
 (D4)

However, due to the form of the Hamiltonian (D2) it is convenient to introduce axillary scalar fields

$$\hat{A}_s = w_s(\hat{A}_x - i\hat{A}_y) + w_{-s}(\hat{A}_x + i\hat{A}_y).$$

Then the Green's functions for these fields $\tilde{D}_s^R(1,1') = -i\theta(t - t')\langle [\delta \hat{A}_s(1), \delta \hat{A}_s^{\dagger}(1')] \rangle$, $\tilde{D}_s^A(1,1') = i\theta(t'-t)\langle [\delta \hat{A}_s(1), \delta \hat{A}_s^{\dagger}(1')] \rangle$, $\tilde{D}_s^K = -i\langle \{\delta \hat{A}_s(1), \delta \hat{A}_{\beta}(1')\} \rangle$ take up the form

$$\tilde{D}_{s}^{R(A,K)} = D_{xx}|w_{s} + w_{-s}|^{2} + D_{yy}|w_{s} - w_{-s}|^{2} -i(D_{xy} + D_{yx})(w_{s}w_{-s}^{*} - w_{-s}w_{s}^{*}).$$
(D5)

We treat the interaction between electromagnetic field \hat{A} and electrons given by (D2) as a perturbation, and use the Keldysh perturbation theory in order to derive the retarded, advanced and Keldysh Green's functions $G_{edge}^{R,A,K}$ of electrons in the edge states. The Dyson equations read

$$(i\partial_t - \varepsilon_{s,k_y})G^{R(A)}_{edge,s}(t,t') - \int dt'' \Sigma^{R(A)}_s(t,t'')G^{R(A)}_{edge,s}(t'',t')$$

= $\delta(t-t'),$ (D6)

$$(i\partial_{t} - \varepsilon_{s,k_{y}})G^{K}_{edge,s}(t,t') - \int dt'' \Big[\Sigma^{R}_{s}(t,t'')G^{K}_{edge,s}(t'',t') + \Sigma^{K}_{s}(t,t'')G^{A}_{edge,s}(t'',t') \Big] = 0,$$
(D7)

$$(-i\partial_{t'} - \varepsilon_{s,k_y})G^K_{edge,s}(t,t') - \int dt'' \Big[G^R_{edge,s}(t,t'')\Sigma^K_s(t'',t') + G^K_{edge,s}(t,t'')\Sigma^A_s(t'',t')\Big] = 0.$$
(D8)

The self-energy Σ can be represented as the sum of a classical contribution Σ_{ind} and a contribution Σ_{sp} due to quantum fluctuations $\delta \hat{A}$, which is responsible for spontaneous

transitions

$$\Sigma = \Sigma_{\text{ind}} + \Sigma_{sp}, \qquad (D9)$$

$$\Sigma_{ind,s}^{R(A,K)} = \sum_{s,k_x} \langle \tilde{\mathcal{A}}_s(t) \rangle G_{c,s}^{R(A,K)}(k_x,t,t') \langle \tilde{\mathcal{A}}_s^*(t') \rangle, \quad (D10)$$

$$\Sigma_{sp,s}^{R}(t-t',y-y') = \frac{i}{2} \left(\tilde{D}_{s}^{R} G_{c,s}^{K} + \tilde{D}_{s}^{K} G_{c,s}^{R} \right), \quad (D11)$$

$$\Sigma_{sp,s}^{K}(t-t',y-y') = \frac{i}{2} \left(\tilde{D}_{s}^{K} G_{c,s}^{K} + \tilde{D}_{s}^{R} G_{c,s}^{R} + \tilde{D}_{s}^{A} G_{c,s}^{A} \right).$$
(D12)

Since the classical value of electromagnetic field $\langle \mathbf{A} \rangle$ depends on time the self-energy Σ_{ind} depends both on the sum of the times $t_s = t + t'$ and their difference $t_a = t - t'$. However, the dependence on the sum of the times describes the motion of electrons in a high-frequency electromagnetic field, and we disregard it leaving only the dependence on the time difference, which is responsible for induced transitions. After performing the Fourier transform over the difference time we obtain

$$\Sigma_{ind,s}^{R(A,K)}(\varepsilon,k_{y}) = \frac{4\pi\mathcal{W}}{(n_{r}\omega_{0})^{2}} \sum_{k_{x}} |w_{s}|^{2} G_{c,s}^{R(A,K)}(\varepsilon+\omega_{0},k_{y}) + |w_{-s}|^{2} G_{c,s}^{R(A,K)}(\varepsilon-\omega_{0},k_{y}).$$
(D13)

The kinetic equation for the distribution function $n_s(\varepsilon)$ of electrons in the edge state may be derived in the standard way by subtracting the Dyson equations with self-energy operators acting from the left (D7) and from the right (D8), integrating over k_y , and using the relation $G^K = (G^R - G^A)[1 - 2n_s(\varepsilon)]$:

$$2\partial_t n(\varepsilon) = i[1 - 2n(\varepsilon)][\Sigma^R(k_y) - \Sigma^A(k_y)] - i\Sigma^K(k_y).$$
(D14)

Using Eqs. (D11)–(D13) and the expression for the Green's functions in the conduction band $G_{c,s}^{R(A)} = 1/(\varepsilon - \epsilon_{k_x,k_y} \pm i0)$, $G^K = (G^R - G^A)[1 - 2N_s]$, where $N_s(\varepsilon)$ is the distribution function of electrons in the conduction band, the summation over k_x in the self-energy operators is straightforward:

$$\Sigma_{ind}^{R}(\varepsilon,k_{y}) - \Sigma_{ind}^{A}(\varepsilon,k_{y}) = -2\pi i \frac{4\pi \mathcal{W}}{(n_{r}\omega_{0})^{2}} |w_{s}|^{2} \tilde{v}_{c,k_{y}}(\varepsilon+\omega_{0}),$$
(D15)

$$\Sigma_{ind}^{K}(\varepsilon, k_{y}) = -2\pi i \frac{4\pi \mathcal{W}}{(n_{r}\omega_{0})^{2}} |w_{s}|^{2} \tilde{\nu}_{c,k_{y}}(\varepsilon + \omega_{0})$$
$$\times [1 - 2N_{s}(\varepsilon + \omega_{0})], \qquad (D16)$$

$$\Sigma_{sp}^{R}(\varepsilon,k_{y}) - \Sigma_{sp}^{A}(\varepsilon,k_{y}) = -\frac{8i}{3} \int (|w_{s}|^{2} + |w_{-s}|^{2}) \tilde{\nu}_{c,k_{y}}(\varepsilon+\omega) \times N(\varepsilon+\omega)\omega n_{r} \ d\omega, \tag{D17}$$

$$\Sigma_{sp}^{K}(\varepsilon, k_{y}) = -\frac{8i}{3} \int (|w_{s}|^{2} + |w_{-s}|^{2}) \tilde{\nu}_{\varepsilon, k_{y}}(\varepsilon + \omega)$$
$$\times N(\varepsilon + \omega) \omega n_{r} \, d\omega.$$
(D18)

The final kinetic equation can be obtained by substituting the self-energy operators into (D14):

$$\frac{dn_s(\varepsilon)}{dt} = -\frac{n_s(\varepsilon) - N_s(\varepsilon + \omega_0)}{\tau_{ind,s}(\varepsilon, \varepsilon + \omega_0)} \mathcal{W} + \int \frac{N_s(\varepsilon + \omega)[1 - n_s(\varepsilon)]}{\tau_{sp}(\varepsilon + \omega, \varepsilon)} d\omega, \quad (D19)$$

$$\tau_{ind,s}^{-1} = 8\pi^2 \tilde{\nu}_{C,k_y}(\varepsilon + \omega_0) \frac{|w_s|^2}{n_r^2 \omega_0^2},$$
 (D20)

$$\tau_{sp}^{-1} = \frac{8}{3} (|w_s|^2 + |w_{-s}|^2) \omega \tilde{\nu}_{C,k_y}(\varepsilon + \omega) n_r.$$
 (D21)

APPENDIX E: EMF CALCULATION

From the kinetic equation (27), one can express the distribution function f_s and its angle-averaged value $\langle f_s \rangle_{\varphi}$ via the tunneling source Π_s defined in (28):

$$\langle f_s \rangle_{\varphi} = \left(\left\langle \frac{1}{i \mathbf{v} \mathbf{k}_{\parallel} + \tau^{-1}} \right\rangle_{\varphi} - \tau^{-1} \right)^{-1} \left(-\Pi_s + |e| \mathbf{v} \mathbf{E} \frac{\partial f_0}{\partial \varepsilon} \right),$$
(E1)

where $\mathbf{k} = (\mathbf{k}_{\parallel}, k_z)$ is a parameter of spatial Fourier transform. The quasineutrality condition implies

$$\int \left\langle \frac{\mathbf{v}|e|\mathbf{E}\frac{\partial f_0}{\partial \varepsilon}}{i\mathbf{v}\mathbf{k}_{\parallel} + \tau^{-1}} \right\rangle_{\varphi} d\xi = \sum_{s} \int \left\langle \frac{\Pi_s}{i\mathbf{v}\mathbf{k}_{\parallel} + \tau^{-1}} \right\rangle_{\varphi} d\xi. \quad (E2)$$

Using the relation $\langle \frac{1}{i\mathbf{v}\mathbf{k}_{\parallel}+\tau^{-1}} \rangle_{\varphi} = \frac{\tau}{\sqrt{1+k_{\parallel}^2 l_{\tau}^2}}$, and $\langle \frac{\mathbf{v}\mathbf{E}}{i\mathbf{v}\mathbf{k}_{\parallel}+\tau^{-1}} \rangle_{\varphi} = -\frac{i\mathbf{k}_{\parallel}\mathbf{E}}{k_{\parallel}^2}(1-\frac{1}{\sqrt{1+k_{\parallel}^2 l_{\tau}^2}})$ we obtain the final equation for the electric field,

$$|e|\mathbf{k}_{\parallel}\mathbf{E} = \frac{i}{2}\sum_{s} \int \left\langle \frac{\Pi_{s}}{i\mathbf{v}\mathbf{k}_{\parallel} + \tau^{-1}} \right\rangle_{\varphi} d\xi \frac{k_{\parallel}^{2}\sqrt{1 + k_{\parallel}^{2}l_{\tau}^{2}}}{\sqrt{1 + k_{\parallel}^{2}l_{\tau}^{2}} - 1}.$$
 (E3)

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The electric field averaged over the lateral direction x corresponds to the $k_x = 0$ component:

$$\langle E_y \rangle_x(y) = \frac{i}{2L_x} \sum_s \int \left\langle \tilde{\Pi}_s \frac{e^{ik_y y}}{i v k_y \cos \varphi + \tau^{-1}} \right\rangle_\varphi$$
$$\times \frac{2 \sin \frac{k_y \Lambda}{2} \sqrt{1 + k_y^2 l_\tau^2}}{\sqrt{1 + k_y^2 l_\tau^2} - 1} \ d\xi \frac{dk_y}{2\pi},$$
(E4)

where $\tilde{\Pi}_s = 2\pi |\mathcal{T}|^2 \delta(x) \delta_{\Gamma}(\varepsilon_{p_{\gamma,s}} - \varepsilon_{\mathbf{p},s}^{(2D)})[f_s - n_s]$. We perform averaging over φ , assuming that the angles with $\cos \varphi$ close to $s \frac{\varepsilon^{2D} - \varepsilon_0}{p_F v_{TI}}$ give the main contribution. After summation over spin index and integrating over $\xi = v_F(|p| - p_F)$ we obtain

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$$E_{y}\rangle_{x}(y) = \frac{\pi |\mathcal{T}|^{2} \delta \mu}{L_{x} p_{F} v_{TI} \tan \varphi_{0}} \int \frac{v k_{y} e^{ik_{y}y}}{v^{2} k_{y}^{2} \cos^{2} \varphi_{0} + \tau^{-2}}$$
$$\times \frac{2 \sin \frac{k_{y} \Lambda}{2} \sqrt{1 + k_{y}^{2} l_{\tau}^{2}}}{\sqrt{1 + k_{y}^{2} l_{\tau}^{2}}} \frac{dk_{y}}{dk_{y}}.$$
 (E5)

 $\times \frac{1}{\sqrt{1 + k_y^2 l_\tau^2} - 1} \frac{1}{2\pi}.$ (E5) The EMF can be obtained as the integral of the mean electric field $\mathcal{E} = \int_{-L_y/2}^{L_y/2} \langle E_y \rangle_x dy$:

$$\mathcal{E} = \frac{2\pi v |\mathcal{T}|^2 \delta \mu}{L_x \tan \varphi_0} \int \frac{\sin \frac{k_y L_y}{2}}{v^2 k_y^2 \cos^2 \varphi_0 + \tau^{-2}} \frac{2 \sin \frac{k_y \Lambda}{2} \sqrt{1 + k_y^2 l_\tau^2}}{\sqrt{1 + k_y^2 l_\tau^2} - 1} \times d\xi \frac{dk_y}{2\pi}.$$
(E6)

The integration can be easily performed if $L_y, \Lambda \gg l_\tau$, i.e., when it is dominated by small values of k_y :

$$|e|\mathcal{E} = -\frac{|\mathcal{T}|^2}{v_F} \frac{2\left(\varepsilon_F^{(TI)} - \varepsilon_D\right)}{\sqrt{\left(p_F v_{TI}\right)^2 - \left(\varepsilon_F - \varepsilon_D\right)^2}} \frac{\Lambda}{L_x} \frac{\delta\mu}{v_{TI} p_F}.$$
 (E7)

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