Long-distance quantum transport dynamics in macromolecules

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Using renormalization group methods, we develop a rigorous coarse-grained representation of the dissipative dynamics of quantum excitations propagating inside open macromolecular systems. We show that, at very low spatial resolution, this quantum transport theory reduces to a modified Brownian process, in which quantum delocalization effects are accounted for by means of an effective term in the Onsager-Machlup functional. Using this formulation, we derive a simple analytic solution for the time-dependent probability of observing the quantum excitation at a given point in the macromolecule. This formula can be used to predict the migration of natural or charged quantum excitations in a variety of molecular systems, including biological and organic polymers, organic crystalline transistors, or photosynthetic complexes. For illustration purposes, we apply this method to investigate inelastic electronic hole transport in a long homo-DNA chain.

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I. INTRODUCTION

The striking observation of long-lived coherent quantum energy transport in photosynthetic systems [1], and the perspective of realizing nanoscale molecular devices with specific optoelectronics properties [2], has motivated an increasing effort towards investigating the propagation of charged and neutral quantum excitations across many organic [3–7] and biological [8–18] macromolecules.

In contrast to the electric conduction in metals, quantum transport in soft condensed matter can be significantly influenced by the coupling to the molecular vibrations and to the surrounding environment. Consequently, the natural theoretical framework to describe the propagation of excitons, electrons, and holes through macromolecules is that of the open quantum systems [19].

In this context, theoretical models have been developed in which the dynamics of the quantum excitation is coarse grained at the level of a simple one-body Hamiltonian, while the coupling to the molecular motion and the environment is collectively represented by means of an effective bosonic bath (see, e.g., Refs. [9,13,18]). These models provide conceptually sound and computationally efficient tools to investigate the *general* mechanisms which underlie the long-range charge transport and the loss of quantum coherence in macromolecules. On the other hand, the lack of chemical detail makes it difficult to obtain quantitative predictions on the quantum transport properties in *specific* molecular systems.

Complementary theoretical approaches have been developed which encode much information about the specific chemical structure of the macromolecule, and hence are in principle better suited to obtain quantitative predictions. These models are generally based on combining the Schrödinger equation for the one-body wave function of the quantum excitation with molecular dynamics (MD) simulations for the motion of the atomic coordinates (see, e.g., Refs. [7,11,20]). The quantum excitation's dynamics in these models can be investigated in great detail through extensive numerical simulations. On the other hand, the lack of analytic insight makes it difficult to identify the physical mechanisms which are responsible for the transport dynamics.

In a recent paper [21], we developed a microscopic theoretical framework to describe quantum transport in macromolecules, which combines chemical detail with analytic insight. This approach is based on a coherent quantum field path integral representation of the system's reduced density matrix. The path integral formalism is convenient because it allows one to rigorously trace out from the density matrix the atomic coordinates, hence avoiding computationally expensive MD simulations. The quantum field theory (QFT) formalism is adopted because it drastically simplifies the description of the dynamics of open quantum systems. Indeed, we have shown that, using QFT, the problem of computing real-time evolution of observables in an open system can be mapped into the problem of computing vacuum-to-vacuum Green's functions in some virtual system.

In the short-time limit, such a Green's function can be computed in perturbation theory by using standard Feynman diagram techniques based on time-ordered propagators (rather than a time-directed propagator), without having to perform any numerical MD simulation. This feature makes the calculation of the density matrix computationally inexpensive or, in some cases, even analytic. In addition, the diagrammatic expansion offers physical insights, e.g., about the specific processes which are responsible for quantum decoherence and dissipation.

Unfortunately, such a perturbative approach breaks down in the long-time regime, when the propagation is dominated by multiple scattering processes and typically becomes inapplicable after 50–100 fs. Hence, the investigation of quantum transport over larger distances and longer time intervals using the QFT formalism requires a fully nonperturbative approach.

In this paper we tackle this problem using the renormalization group (RG) formalism to systematically coarse-grain the dynamics. The result is a rigorous "low-energy" approximation of our original microscopic QFT that yields the same dynamics in the limit in which the quantum excitation travels for a long

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time and covers distances which are large compared to its de Broglie's thermal wavelength.

The advantage of coarse graining is that the resulting "lowresolution" effective field theory (EFT) is much simpler than the corresponding microscopic QFT and admits an analytical solution. In particular, we shall show that the probability density $P(\mathbf{y}, t | \mathbf{x})$ for a quantum excitation initially produced at the point \mathbf{x} to be found at the \mathbf{y} after a time t can be written in the path integral form

$$P(\mathbf{y},t|\mathbf{x},0) = \int_{\mathbf{x}}^{\mathbf{y}} \mathcal{D}\mathbf{R}e^{-\int_{0}^{t} d\tau \left[\frac{\dot{\mathbf{k}}^{2}}{4D_{0}} - \xi^{2}(C_{2}\dot{\mathbf{k}}^{2} - C_{4}\dot{\mathbf{k}}^{4}) + \cdots\right]}.$$
 (1)

The inner products which appear at the exponent in this equation are defined by a metric tensor which is in general nondiagonal, while $\xi^2 \propto \hbar^2$ is a small expansion parameter to be defined below and the dots represent terms which are irrelevant in the large-distance and long-time limit. Hence, the propagation of the quantum excitation corresponds to a modified anisotropic diffusion process in which the quantum effects are by a set of effective parameters and operators.

The effective parameters D_0, C_2, C_4 , as long as the entries of the metric tensor defining the inner product, encode the information about the unresolved short-distance physics, such as the molecule's electronic structure and vibrational spectrum. All these parameters can be determined by measuring the quantum excitation's mobility.

In the physical regime in which the path integral Eq. (1) holds, it is even possible to derive a simple analytic expression for its solution by exploiting the fact that $\xi \ll 1$. Such a solution offers a powerful tool to investigate complex nonequilibrium quantum transport processes within a very simple framework.

The paper is organized as follows. In the next section we review the EFT formalism, which allows one to construct rigorous low-energy approximations to physical theories. In Secs. III and IV, we first define the Hamiltonian of a microscopic model for quantum transport and then review its equivalent QFT formulation, which can be used to compute perturbatively the time-dependent density matrix in the shorttime regime. In Sec. V, we use the EFT framework to derive a systematic approximation of such a QFT, which yields the same dynamics in the large-distance and long-time regimes. Next, in Secs. VI and VII, we analyze the long-time regime and we show that our EFT can be formulated as a modified diffusion process. In Sec. VIII we derive the analytic expression for the probability density and discuss the renormalization of the EFT. Section IX is devoted to the illustrative application of this framework to investigate hole propagation in homo-DNA. Finally, conclusions and outlooks are summarized in Sec. X.

II. THE EFFECTIVE FIELD THEORY FORMALISM

The internal dynamics of macromolecules is characterized by a multitude of time scales, which are spread over many orders of magnitude. Conformational transitions typically occur beyond the ns time scale, and hence are clearly decoupled from the local thermal vibrations and the solvent-induced dissipative relaxation times which occur at the ps scale. The hopping of quantum excitations across nearby molecular molecular orbitals and the loss of quantum coherence crucially depend on the specific chemical structure of the molecule, but typically range from a few fs to fractions of ps.

The existence of relatively large gaps between the different characteristic time scales in macromolecules naturally suggests one to apply RG methods to devise rigorous low-energy descriptions of the dynamics. In particular, the EFT formalism (for a pedagogical introduction, see, e.g., Refs. [22,23]) provides a very practical implementation of the RG scheme, which is both rigorous and systematically improvable. Despite these features, to date there have been only a few applications of this framework to quantum transport problems [24,25] and to conformational dynamics in macromolecules [26–28].

The main idea underlying the EFT approach is the familiar observation that an experimental probe with a given wavelength λ is insensitive to the *details* of the physics associated with length scales $\ll \lambda$ and time intervals $\ll \lambda/v$ (where v is the velocity of propagation of the probe). This fact can be exploited to build, in a rigorous way, predictive physical theories in which only the degrees of freedom that can be resolved by the probe's wavelength are treated explicitly, while all the ultraviolet (UV) effects (i.e., the physics which is not resolved by the probe) are treated at the implicit level, through a set of local interactions and effective parameters.

A familiar example of this type of approach is the multipole expansion in classical electrodynamics: The soft components of the classical radiation generated by an arbitrarily complicated current source $\mathbf{J}(\mathbf{r},t)$ of size d can be replaced by the radiation generated by a sum of pointlike multipole currents $E1, M1, \ldots$ In such an expansion, the multipole coefficients implicitly account for the UV physics, which is associated with short distances, of the order of d. Only a finite number of multipole terms are needed to reproduce to any arbitrary (but *finite*) level of accuracy of the electromagnetic radiation at distances $\gg d$. In the following, we shall refer to the physics at length scales much larger than the UV cutoff length scale as the infrared (IR) sector of the dynamics.

In the context of quantum theories, the EFT scheme is implemented in four steps. First, one introduces the cutoff scale λ which defines the separation between the IR physics one is interested in and the UV physics to be treated implicitly. Next, the most general possible description of the IR dynamics is derived by analyzing the structure and symmetries of the underlying (more) microscopic theory. Then, a so-called power-counting scheme is introduced in order to identify which coupling terms in the effective theory dominate in the IR limit. Typically, in the QFT formalism, the last step leads to retaining only operators with the lowest number of time and space derivatives of the fields or of the wave function. Finally, through the renormalization procedure, the effective coefficients are determined by matching against experiment or more microscopic calculations, and the dependence on the cutoff is replaced by a (typically much weaker) dependence on the renormalization scale.

It is important to emphasize that in EFTs there are no UV divergences, because the cutoff specifies the level of resolution of the theory, hence is kept finite at all times. However, the short-distance physics which is excluded by the finite cutoff is not simply neglected. Instead, it is accounted for by means of local effective vertices, called the counterterms, which enter in the low-energy effective action. These vertices parametrize the effects of very short-distance interactions on the long-distance dynamics.

The effectiveness of the EFT scheme depends crucially on the size of the gap separating the IR and the UV physics. The smaller the gap, the larger is the number of effective interactions and parameters that have to be introduced in the EFT to reach the desired accuracy. In the absence of a decoupling between IR and UV scales, the dynamics of the EFT depends on infinitely many effective interactions and parameters, hence losing its predictive power.

In this paper, we exploit the separations in the length and time scales characterizing the internal dynamics of macromolecular systems to build an EFT for dissipative quantum transport in the large-distance and long-time regime. In particular, we restrict our attention to systems in which quantum excitations can propagate over distances much larger than the size of the individual molecular orbitals, and we consider time intervals that are much longer than those characterizing the damping of local thermal conformational oscillations of the macromolecule. Hence, our typical UV cutoff length scale is of the order of nm and the typical UV time scale is of the order of a few fractions of ps.

In the next two sections we begin by reviewing the microscopic field theory description of quantum transport we have introduced in Ref. [21]. Next, we shall apply the EFT framework to construct a rigorous low-energy approximation of this theory, and then discuss its implications in different time regimes.

Throughout this paper, we shall adopt a bosonic description of the quantum excitation degrees of freedom, which is clearly appropriate for exciton propagation. However, in the physical limits in which quantum statistics effects become irrelevant (e.g., in the low-density limit), the same model can also be used to describe the propagation of fermionic excitations such as electrons or holes.

III. A MICROSCOPIC MODEL FOR QUANTUM TRANSPORT IN MACROMOLECULES

An approach which has been often adopted to model the propagation of quantum excitations within open macromolecular systems (see, e.g., Refs. [7,11,20]) relies on two main approximations: (i) The electronic problem is coarse grained at the tight-binding approximation level, and (ii) the dynamics in the absence of quantum excitations is described by the lowest Born-Oppenheimer energy surface.

The starting point for such theories is a quantum Hamiltonian which consists of several parts:

$$\hat{H} = \hat{H}_{MC} + \hat{H}_M + \hat{H}_{CL}.$$
 (2)

The quantum transport is pictured as the hopping across different fractional molecular orbitals and follows from the second-quantized Hamiltonian:

$$\hat{H}_{MC} = f_{\mathbf{mn}}[Q]\hat{a}_{\mathbf{m}}^{\dagger}\hat{a}_{\mathbf{n}}.$$
(3)

In this definition the discrete vectors \mathbf{m} , \mathbf{n} label the different fractional molecular orbitals (throughout the paper, we shall

adopt Einstein's notation, implicitly assuming the summation over repeated indexes). $Q = (q_1, \ldots, q_{3N})$ is a vector in the molecule's configuration space (i.e., the set of all the 3N atomic coordinates). In the adiabatic limit, the matrix elements f_{mn} depend parametrically on the molecular orbital wave functions and on the electronic Hamiltonian \hat{H}_{el} through the transfer integrals and on-site energies, i.e.,

$$f_{\rm lm}(Q) = \langle \Phi_{\rm l} | \hat{H}_{\rm el} | \Phi_{\rm m} \rangle. \tag{4}$$

Hence, the dynamics of the atomic coordinates and that of the quantum excitations are coupled.

The Hamiltonian \hat{H}_M provides the time evolution of the atomic coordinates in the absence of quantum excitations and of the coupling to the heat bath and reads

$$\hat{H}_M = \frac{P_Q}{2M} + \hat{V}(Q), \tag{5}$$

where V(Q) is a potential energy corresponding to lowest Born-Oppenheimer energy surface, M is the atomic mass (here taken to be the same for all atoms, for the sake of notational simplicity).

 H_{CL} in Eq. (2) is the Caldeira-Leggett Hamiltonian [29], which couples the atomic coordinates $Q = (q_1, \ldots, q_{3N})$ to a heat bath of harmonic oscillators,

$$\hat{H}_{CL} = \sum_{\alpha=1}^{3N} \sum_{j=1}^{\infty} \left(\frac{\hat{\pi}_j^2}{2\mu_j} + \frac{1}{2} \mu_j \omega_j^2 \hat{x}_j^2 - c_j \hat{x}_j \hat{q}_\alpha + \frac{c_j^2}{2\mu_j \omega_j^2} \hat{q}_\alpha^2 \right).$$
(6)

 $X = (x_1, x_2, ...)$ and $\Pi = (\pi_1, \pi_2, ...)$ are the harmonic oscillator coordinates and momenta, μ_j and ω_j denote their masses and frequencies, and c_j are the couplings between atomic and heat-bath variables. In particular, we consider the so-called Ohmic-bath limit for the spectrum of frequencies of harmonic oscillations (see Ref. [30]). The last term in Eq. (6) is a standard counterterm introduced to compensate the renormalization of the molecular potential energy which occurs when the heat-bath variables are traced out.

IV. MICROSCOPIC QUANTUM FIELD THEORY FOR DISSIPATIVE TRANSPORT

The model defined in the previous section was used in Ref. [21] as the starting point to derive a quantum field theory which describes the dissipative real-time dynamics of the quantum excitations, after all the molecular and heat-bath degrees of freedom in this system have been rigorously traced out from the density matrix.

Let us consider the probability to observe at some time t at the site \mathbf{k}_f a quantum excitation, which was initially created at t = 0 at the site \mathbf{k}_i :

$$P_t(\mathbf{k}_f, t | \mathbf{k}_i) = \frac{\text{Tr}[|\mathbf{k}_f\rangle \langle \mathbf{k}_f | \hat{\rho}(t)]}{\mathcal{N}},$$
(7)

where

$$\mathcal{N} = \operatorname{Tr}[\hat{\rho}(t)] = \operatorname{Tr}[e^{iHt}\hat{\rho}(0)e^{-iHt}]$$
(8)

is the normalization of the density matrix and

$$\hat{\rho}(0) = |\mathbf{k}_i\rangle \langle \mathbf{k}_i| \times e^{-\beta \hat{H}_{CL}} \times e^{-\beta \hat{H}_M}$$
(9)

specifies our choice for the initial condition.

The Feynman-Vernon path integral representation of the probability density $P_t(\mathbf{k}_f, t | \mathbf{k}_i)$ is derived by applying the Trotter formula to the two evolution operators appearing in Eq. (8). In deriving the path integral, we choose to represent the system's state using the following basis set,

$$|Q, X, \phi_{\mathbf{l}}\rangle = |Q\rangle \otimes |\phi_{\mathbf{l}}\rangle \otimes |X\rangle, \tag{10}$$

where $|\phi_1\rangle$ is the bosonic coherent state associated to the quantum excitation, while $|Q\rangle$ and $|X\rangle$ denote the position eigenstates of the molecular atoms and the set of Caldeira-Leggett variables, respectively.

The functional integrals over the heat-bath Caldeira-Leggett auxiliary variables and that over small thermal oscillations of the molecule around its minimum-energy configuration can be put in a Gaussian form, and hence can be evaluated analytically. This procedure generates an influence functional containing new effective couplings between the coherent fields associated with the quantum excitation density. This effective functional accounts for the dissipative character of the quantum transport dynamics.

As usual, the path integral representation of the timedependent density matrix involves the doubling of the degrees of freedom, corresponding to splitting the Trotter representation of forward and backward time-evolution operators $e^{-it\hat{H}}$ and $e^{it\hat{H}}$ in Eq. (8). In particular, our approach involves forward- and backward-propagating complex coherent fields, hereby denoted with $\phi'_{\rm m}(t)$ and $\phi''_{\rm m}(t)$, respectively.

As a merely formal trick to avoid using the Keldysh contour formalism, in Ref. [21] we proposed to interpret the fields evolving backwards in time as describing (nonphysical) "antiparticle" excitations propagating forward in time. For notational convenience, we introduced field doublets which

collectively describe both the quantum excitation and its fictitious "antiparticle" component:

$$\Phi_{\mathbf{m}}(t) = [\phi'_{\mathbf{m}}(t), \phi''_{\mathbf{m}}(t)], \quad \bar{\Phi}_{\mathbf{m}}(t) \equiv \Phi^{\dagger}_{\mathbf{m}}(t)\tau_3, \qquad (11)$$

where $\tau_3 \equiv \text{diag}(1, -1)$ is the third Pauli matrix.

The path integral representation of the probability density $P_t(\mathbf{k}_f, t | \mathbf{k}_i)$ is given by

$$P_{t}(\mathbf{k}_{f},t|\mathbf{k}_{i}) = \frac{-1}{\mathcal{N}} \int \mathcal{D}\bar{\Phi}\mathcal{D}\Phi e^{-\mathcal{L}_{0}} n_{\mathbf{k}_{f}}(t) n_{\mathbf{k}_{i}}(0)$$
$$\times e^{\frac{i}{\hbar}S_{0}[\bar{\Phi},\Phi]} e^{\frac{i}{\hbar}S_{\mathrm{int}}[\bar{\Phi},\Phi]}, \qquad (12)$$

where

$$n_{\mathbf{k}}(\tau) \equiv \frac{1}{2}\bar{\Phi}_{\mathbf{k}}(\tau)\tau_{3}\tau_{1}\Phi_{\mathbf{k}}(\tau), \qquad (13)$$

and $\tau_1 \equiv \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}$ is the first Pauli matrix. \mathcal{L}_0 is a surface term which arises from the overcompleteness of the coherent states and reads

$$\mathcal{L}_0 = \bar{\Phi}_{\mathbf{m}}(0)\tau_3\tau_+\Phi_{\mathbf{m}}(0), \text{ with } \tau_{\pm} = \frac{1}{2}(1\pm\tau_3).$$
 (14)

The terms $n_{\mathbf{k}_i}(0)$ and $n_{\mathbf{k}_f}(t)$ in the path integral (12) arise from specifying the initial and final position of the quantum excitation, respectively. In the equivalent relativisticlike quantum field theory formalism, these terms contain both Φ and $\overline{\Phi}$ fields, hence corresponding to density operators in which a particle (quantum excitation) is created and its (fictitious) antiparticle is annihilated. The normalization of the probability density is given by

$$\mathcal{N} \equiv -\int \mathcal{D}\bar{\Phi}\mathcal{D}\Phi e^{-\mathcal{L}_0} n_{\mathbf{k}_i}(0) e^{\frac{i}{\hbar}S_0[\bar{\Phi},\Phi]} e^{\frac{i}{\hbar}S_{\rm int}[\bar{\Phi},\Phi]}.$$
 (15)

The action functionals appearing at the exponent of Eq. (15) are defined as follows:

$$S_{0}[\bar{\Phi},\Phi] = \int_{0}^{t} dt' \bar{\Phi}_{\mathbf{m}} \left(i\hbar\partial_{t'}\delta_{\mathbf{mn}} - f_{\mathbf{mn}}^{0}\right) \Phi_{\mathbf{n}},$$

$$S_{\text{int}}[\bar{\Phi},\Phi] = \frac{1}{4} \int_{0}^{t} dt' dt'' \bar{\Phi}_{\mathbf{l}}(t') \tau_{3} f_{\mathbf{lh}}^{a} \Phi_{\mathbf{h}}(t') \mathcal{V}_{ab}(t'-t'') \bar{\Phi}_{\mathbf{m}}(t'') f_{\mathbf{mn}}^{b} \Phi_{\mathbf{n}}(t'')$$

$$+ \frac{iM\gamma}{\beta\hbar} \int_{0}^{t} dt' dt'' \bar{\Phi}_{\mathbf{l}}(t') f_{\mathbf{lh}}^{a} \Phi_{\mathbf{h}}(t') \Delta_{ab}(t'-t'') \bar{\Phi}_{\mathbf{m}}(t'') f_{\mathbf{mn}}^{b} \Phi_{\mathbf{n}}(t''),$$
(17)

where $\beta = 1/k_B T$. The indexes *a*,*b* run over the 3*N* components of the molecular configuration vector *Q*.

The explicit expression of the Green's functions $\Delta_{ab}(t - t')$ and $\mathcal{V}_{ab}(t - t')$, which mediate the interaction of the hole with the molecular vibrations and with the viscous heat bath, are given in Ref. [21] and depend on the viscosity γ and molecular normal modes and frequencies.

The matrix elements f_{mn}^0 and f_{mn}^a are defined as

$$f_{\mathbf{mn}}^0 = f_{\mathbf{mn}}[Q_0], \quad f_{\mathbf{mn}}^a = \frac{\partial}{\partial Q^a} f_{\mathbf{mn}}[Q_0],$$
 (18)

where Q_0 is the equilibrium molecular configuration in the absence of quantum excitations.

In Ref. [21] this QFT was used to analyze the effects of dissipation on the quantum transport, using perturbation

theory. Indeed, in the short-time regime, it is possible to develop Feynman diagram techniques which immediately yield the corrections to the unitary (i.e., free) quantum propagation of the excitation. The leading-perturbative correction corresponds to simple analytical formulas. This approach was also used to study the loss of quantum coherence induced by the coupling of the excitation to the environment.

This relativisticlike QFT description can in principle be used to investigate also the dynamics over long time intervals. However, in this case, the correlation functions are dominated by multiple scattering with the damped molecular oscillations, and hence must be evaluated nonperturbatively, for example, by means of a saddle-point approximation. While developing such a scheme is, in principle, possible, it is leads to microscopic self-consistent equations which depend on a large number of effective parameters and are computationally challenging to solve. In view of these difficulties, in the next sections we shall develop a much simpler EFT which describes the same physics at low space-time resolution power, i.e., in the long-distance and long-time limit. As we shall see, such a theory turns out to be much simpler and depends only on a few parameters and even admits analytic solutions.

V. EFT FOR DISSIPATIVE QUANTUM TRANSPORT

We are interested in constructing an EFT which describes the same IR dynamics of the microscopic theory defined in the previous section, at a much lower level of spatial and temporal resolution. In particular, we focus on macromolecular systems for which the quantum excitation can cover distances which are long compared to those at which the molecular three-dimensional structure is resolved. In Fourier space, this implies that the corresponding coherent fields have only soft momentum components. Consequently, the effective interaction terms with a larger and larger number of spatial derivatives are increasingly irrelevant. Similarly, since thermal oscillations are damped by the coupling with the heat bath, in order to investigate the long-time regime, the terms with a higher number of time derivatives can be dropped.

Let us now define the action functional of the effective theory. We begin by analyzing the kinetic term and we first consider the case in which the hopping of the excitations occurs between molecular orbitals which are spatially neighboring. In this case, the hopping matrix in the microscopic theory defined in Eq. (16) takes the simple form

$$f_{\mathbf{nm}}(Q) = \sum_{\hat{i}} \tau_{\mathbf{nm}}(Q) \left(\delta_{\mathbf{m}(\mathbf{n}+\hat{i})} + \delta_{\mathbf{m}(\mathbf{n}-\hat{i})} \right) - e_{\mathbf{n}}^{0}(Q) \delta_{\mathbf{nm}}, \quad (19)$$

where the sum runs over the unit vectors \hat{i} pointing to the nearest-neighbor sites from the site **m**.

Due to the low spatial resolution, in the corresponding effective theory we can replace the discrete site indexes m,n

with continuous variables \mathbf{x}, \mathbf{y} , i.e., to introduce continuous complex field doublets $\Phi_{\mathbf{n}}(t) \rightarrow \Phi(\mathbf{x},t)$, $\bar{\Phi}_{\mathbf{n}}(t) \rightarrow \bar{\Phi}(\mathbf{x},t)$. In the continuum limit, the matrices $f_{\mathbf{mn}}^0$ and $f_{\mathbf{nm}}^i$ become differential operators:

$$f_{\mathbf{mn}}^{0} \to \delta(\mathbf{x} - \mathbf{y}) \left[\epsilon(\mathbf{x}) - \frac{\hbar^{2} \mu_{ij}^{-1}(\mathbf{x})}{2} \partial_{i} \partial_{j} \right],$$
 (20)

$$f_{\mathbf{nm}}^{a} \rightarrow \delta(\mathbf{x} - \mathbf{y}) \left[\epsilon^{a}(\mathbf{x}) - \frac{\hbar^{2} \mu_{ij}^{a-1}(\mathbf{x})}{2} \partial_{i} \partial_{j} \right].$$
 (21)

Notice that $\mu_{ij}(\mathbf{x})$ can be interpreted as a position-dependent effective mass tensor.

With the notation defined above, the free component of the action functional S_0 is written as

$$S_{0}[\bar{\Phi},\Phi] \simeq \int_{0}^{t} dt' \int d\mathbf{x} \bar{\Phi}(\mathbf{x},t') \bigg(i\hbar\partial_{t} - \epsilon(\mathbf{x}) + \frac{\hbar^{2}}{2} \mu_{ij}^{-1}(\mathbf{x})\partial_{i}\partial_{j} \bigg) \Phi(\mathbf{x},t').$$
(22)

It immediately verifies that accounting for non-nearestneighbor hopping leads to higher derivative terms. According to our power-counting scheme, such terms are irrelevant in the IR limit and can be ignored.

Let us now analyze the interaction terms in Eq. (17). The Green's functions $\Delta_{ab}(t - t')$ and $\mathcal{V}_{ab}(t - t')$ are evaluated explicitly in Ref. [21], where they are shown to decay exponentially at time scales of the order of the inverse collision rate $t \sim 1/\gamma$. Since we are focusing on time intervals $t \gg 1/\gamma$, they can be replaced by

$$\Delta_{ab}(t-t') \simeq d_{ab}^{(0)}\delta(t-t') + d_{ab}^{(1)}i\hbar\frac{d}{dt}\delta(t-t') + \cdots,$$

$$\mathcal{V}_{ab}(t-t') \simeq v_{ab}^{(0)}\delta(t-t') + v_{ab}^{(1)}i\hbar\frac{d}{dt}\delta(t-t') + \cdots.$$
(23)

Corrections to these terms are irrelevant, as they involve higher time derivatives. The effective interaction becomes

$$S_{\text{int}}[\bar{\Phi},\Phi] \simeq \frac{1}{4} \int dt' \int d\mathbf{x} \left\{ \bar{\Phi}(\mathbf{x},t') \tau_3 \left(\epsilon^a(\mathbf{x}) - \frac{\hbar^2}{2} \mu_{ij}^{a-1}(\mathbf{x}) \partial_i \partial_j \right) \Phi(\mathbf{x},t') \left[\left(v_{ab}^{(0)} - i v_{ab}^{(1)} \frac{d}{dt'} \right) \delta(t'-t'') \right] \right. \\ \times \left. \bar{\Phi}(\mathbf{x},t'') \left(\epsilon^b(\mathbf{x}) - \frac{\hbar^2}{2} \mu_{i'j'}^{b-1}(x) \partial_{i'} \partial_{j'} \right) \Phi(\mathbf{x},t'') \right\} + \frac{i M \gamma}{\beta \hbar} \int dt' \int dt' \int d\mathbf{x} \left\{ \bar{\Phi}(\mathbf{x},t') \left(\epsilon^a(\mathbf{x}) - \frac{\hbar^2}{2} \mu_{ij}^{a-1}(\mathbf{x}) \partial_i \partial_j \right) \right. \\ \times \left. \Phi(\mathbf{x},t') \left[\left(d_{ab}^{(0)} - i d_{ab}^{(1)} \frac{d}{dt'} \right) \delta(t'-t'') \right] \bar{\Phi}(\mathbf{x},t'') \left(\epsilon^b(\mathbf{x}) - \frac{\hbar^2}{2} \mu_{i'j'}^{b-1}(\mathbf{x}) \partial_{i'} \partial_{j'} \right) \Phi(\mathbf{x},t'') \right\}.$$

$$(24)$$

The combination $D = 1/(\beta M \gamma)$ yields the diffusion coefficient of the atoms in their surrounding heat bath.

The scalar and tensor fields $\epsilon(\mathbf{x}), \mu_{ij}(\mathbf{x})$ appearing in Eq. (22) encode the information about the conformational and electronic structure of the molecule in the neighborhood of the point \mathbf{x} , while the uniform tensors $v_{ab}^{(k)}$ and $d_{ab}^{(k)}$ (with k = 0, 1) parametrize the fluctuation-dissipation effects arising from the coupling of the molecule with its heat bath. It is important to emphasize that, even though these quantities do not depend

explicitly on time, they are the result of preaveraging out the small thermal oscillations, hence encoding dynamical effects.

The effective action (24) does not yet define our EFT. Indeed, so far, we have only performed a continuous formulation of the original microscopic theory, and have taken the so-called Ohmic-bath limit of the Caldeira-Leggett model. On the other hand, we have not yet exploited the decoupling of UV and IR length scales and taken the large-distance limit. To derive the effective couplings in the EFT, let us consider the Fourier transform of the space-dependent scalar and tensor parameters in Eq. (24) [in the following we focus on $\epsilon(\mathbf{x})$ for the sake of definiteness]:

$$\epsilon(\mathbf{p}) = \epsilon_0 \delta(\mathbf{p}) + \delta \epsilon(\mathbf{p}). \tag{25}$$

We note that ϵ_0 is the Fourier component which corresponds to a uniform field. We recall that the parameter fields are assumed to vary over length scales which are much shorter than those over which the quantum excitation's density changes. In Fourier space, this implies that $\epsilon(\mathbf{p})$ has only hard components,

$$\delta \epsilon(\mathbf{p}) \simeq 0 \quad \text{for} \quad |\mathbf{p}| \lesssim 1/\lambda,$$
 (26)

while the field $\Phi(\mathbf{p})$ has only soft Fourier components,

$$\Phi(\mathbf{p}) \simeq 0 \quad \text{for} \quad |\mathbf{p}| \sim 1/\lambda.$$
 (27)

Due to such a decoupling, all the short-distance local fluctuations of the parameter fields average away:

$$\int d\mathbf{x} \epsilon(\mathbf{x}) \bar{\Phi}(\mathbf{x},t) \Phi(\mathbf{x},t) \simeq \epsilon_0 \int d\mathbf{x} \bar{\Phi}(\mathbf{x},t) \Phi(\mathbf{x},t) \quad (28)$$

since

$$\int d\mathbf{x} \delta \epsilon(\mathbf{x}) \bar{\Phi}(\mathbf{x}, t) \Phi(\mathbf{x}, t)$$
$$= \int \frac{d\mathbf{p}}{2\pi} \int \frac{d\mathbf{q}}{2\pi} \bar{\Phi}(\mathbf{p}) \delta \epsilon(\mathbf{q}) \Phi(-(\mathbf{p} + \mathbf{q}), t) \simeq 0.$$
(29)

In addition, all coupling terms in Eq. (24) which include spatial derivatives of the fields are irrelevant in the large-distance limit, and hence can be neglected. Similarly, for the effective mass tensor field, one has

$$\mu_{ij}(\mathbf{x}) \simeq m_{ij}.\tag{30}$$

In conclusion, to lowest order in our power-counting scheme, the path integral which represents the excitation probability density reduces to

$$P(\mathbf{y},t|\mathbf{x}) = \frac{-1}{\mathcal{N}} \int \mathcal{D}\bar{\Phi}\mathcal{D}\Phi n(\mathbf{y},t)n(\mathbf{x},0)$$
$$\times e^{-\mathcal{L}_{1}+\frac{i}{\hbar}S_{0}^{\text{eff}}[\bar{\Phi},\Phi]+\frac{i}{\hbar}S_{\text{inf}}^{\text{eff}}[\bar{\Phi},\Phi]}, \qquad (31)$$

where

Ì

$$\mathcal{N} \simeq \int \mathcal{D}\bar{\Phi}\mathcal{D}\Phi n(\mathbf{x},0)e^{-\mathcal{L}_{1}+\frac{i}{\hbar}S_{0}^{\text{eff}}[\bar{\Phi},\Phi]}e^{\frac{i}{\hbar}S_{\text{int}}^{\text{eff}}[\bar{\Phi},\Phi]},$$
$$\mathcal{L}_{1}[\bar{\Phi},\Phi] = \int d\mathbf{x}\bar{\Phi}(\mathbf{x},0)\tau_{3}\tau_{+}\Phi(\mathbf{x},0), \qquad (32)$$

$$S_0^{\text{eff}}[\bar{\Phi},\Phi] = \int_0^t dt' \int d\mathbf{x} \bar{\Phi} \left[i\hbar\partial_{t'} - \epsilon_0 + \frac{\hbar^2}{2} m_{ij}^{-1} \partial_i \partial_j \right] \Phi,$$
(33)

$$S_{\text{int}}^{\text{eff}}[\bar{\Phi},\Phi] = \int_{0}^{t} dt' \int d\mathbf{x} \bigg[\bar{\Phi} \Phi \left(A_{v}^{0} - \hbar A_{v}^{1} i \partial_{t'} \right) \bar{\Phi} \tau_{3} \Phi + \frac{i}{D \hbar \beta^{2}} \bar{\Phi} \Phi \left(A_{d}^{0} - \hbar A_{d}^{1} i \partial_{t'} \right) \bar{\Phi} \Phi \bigg].$$
(34)

 A_v^0 , A_v^1 , A_d^0 , and A_d^1 are real effective coupling constants. It is important to emphasize that the couplings of low-energy effective theories may depend in general on the heat-bath temperature [31].

It is important to emphasize that the effective action defined so far only describes the long-time and large-distance dynamics of the excitations. Indeed, the short-distance and short-time physics has been quenched by introducing the cutoffs on the length and time scales and by neglecting the high derivative terms in the effective action.

In general, completely neglecting the high-frequency modes represents a very crude approximation, since the short-distance physics does have an influence on the longdistance dynamics. The crucial point to make is that, at a low-resolution power, the long-distance dynamics becomes insensitive to the *details* of the short-distance physics, which can be therefore encoded by means of local effective interactions.

These physical ideas are implemented by the renormalization procedure. In practice, one adds to the effective action in Eq. (31) the *most general* set of *local* effective vertices compatible with the symmetry of the underlying microscopic theory, and it retains only the terms among them which display the least number of derivatives and fields (see, e.g., the discussion in Ref. [22]).

However, in our specific case, the renormalization procedure is in fact redundant. Indeed, we observe that the effective Lagrangian in Eq. (31) already contains all possible local effective couplings with the least number of derivatives and fields. Hence, to lowest order, the renormalization procedure simply amounts to rescaling the corresponding effective parameters A_v^0 , A_v^1 , A_d^1 , and A_d^1 .

Let us summarize what we have obtained so far. We have shown that, in the large-distance and long-time limit, the probability density for the quantum excitations exciton can be *formally* mapped into a vacuum-to-vacuum twopoint function in a relativisticlike quantum field theory with local four-field interactions. Note that our theory contains an imaginary coupling constant, which breaks unitarity and describes the dissipation generated by the coupling with the damped molecular oscillations.

VI. EFFECTIVE STOCHASTIC DESCRIPTION

In this section we analyze the dynamics of the quantum excitation in the asymptotic long-time regime. In this limit, the large number of collisions with the molecular vibrations and with the environment depletes the quantum coherence. As a result, the emergent dynamics of the quantum excitation is diffusive and quasiclassical.

In order to investigate the quasiclassical limit, it is convenient to switch to the first-quantization formalism and represent the time-dependent probability (31) using the coordinate representation path integral.

To this end, it is important to recall that the position eigenstates of the EFT do not coincide with those of a fundamental theory. Indeed, in the EFT, each point **X** is indistinguishable from those which lie in a neighborhood of the size of the probe's resolution power λ . Most generally, the

position eigenstates in the EFT, $|\mathbf{R}\rangle_{\lambda}$ are defined as

$$|\mathbf{R}\rangle_{\lambda} \equiv \int d\mathbf{X}\Psi_{\lambda}(\mathbf{X}-\mathbf{R})|\mathbf{X}\rangle, \qquad (35)$$

where $|\mathbf{X}\rangle$ denotes the position eigenstates of the microscopic theory. The wave function $\Psi_{\lambda}(\mathbf{X} - \mathbf{R})$ is determined by the normalization condition

$$\begin{split} {}_{\lambda} \langle \mathbf{R}' | \mathbf{R} \rangle_{\lambda} &= \int d\mathbf{X} \Psi_{\lambda} (\mathbf{X} - \mathbf{R}) \Psi_{\lambda}^{*} (\mathbf{X} - \mathbf{R}') \\ &= \delta_{\lambda} (\mathbf{R}' - \mathbf{R}), \end{split}$$
(36)

where $\delta_{\lambda}(\mathbf{R}' - \mathbf{R})$ is some smeared representation of the δ function, of width λ . In particular, in the following, we adopt a Gaussian smearing (in three dimensions),

$$\delta_{\lambda}(\mathbf{R} - \mathbf{R}') \equiv \sqrt{\det m} \left(\frac{1}{2\pi \operatorname{Tr} m\lambda^2}\right)^{3/2} \times e^{-\frac{(R_i - R_i')m_{ij}(R_j - R_j')}{2\operatorname{Tr} m\lambda^2}}.$$
(37)

With this choice, the effective wave function $\Psi_{\lambda}(\mathbf{X})$ reads

$$\Psi_{\lambda}(\mathbf{X}) = \sqrt{\det m} \left(\frac{1}{\pi \operatorname{Tr} m \lambda^2}\right)^{3/2} e^{-\frac{X_i m_{ij} X_j}{\operatorname{Tr} m \lambda^2}}.$$
 (38)

Notice that this regularization choice corresponds to approximating the local delocalization with a harmonic oscillator wave function and takes into account the tensor structure of the effective mass. However, the specific short-distance structure of this wave function is irrelevant for the long-distance dynamics.

Denoting with $\mathbf{X}[\tau]$ and $\mathbf{Y}[\tau]$ the paths in coordinate space of quantum excitation described by the coherent fields ϕ' and ϕ'' , respectively, the probability density can be written as

$$P(\mathbf{y},t|\mathbf{x},0) = \int \mathcal{D}\mathbf{X} \int \mathcal{D}\mathbf{Y} e^{\frac{i}{\hbar} \int_0^t d\tau \frac{1}{2} m_{ij} (\dot{X}_i \dot{X}_j - \dot{Y}_i \dot{Y}_j)} \\ \times e^{\frac{i}{\hbar} (I[\mathbf{X},\mathbf{Y}] + J[\mathbf{X},\mathbf{Y}])}.$$
(39)

The functionals $I[\mathbf{X}, \mathbf{Y}]$ and $J[\mathbf{X}, \mathbf{Y}]$ originate from translating into the first-quantized representation the field-theoretic functional S_{int} appearing in Eq. (34). In the Appendix, we derive them explicitly and obtain J = 0 and $I = I_1 + I_2 + I_3$, with

$$I_1 = I_2 = \frac{it}{\beta^2 D\hbar} \frac{\sqrt{\det m}}{(4 \operatorname{Tr} m\lambda^2 \pi)^{3/2}} A_d^0,$$
(40)

$$I_{3} = \frac{\sqrt{\det m}}{\beta^{2} D\hbar (4 \operatorname{Tr} m\pi \lambda^{2})^{3/2}} \int_{0}^{t} dT \left\{ e^{\frac{-m_{ij}}{4 \operatorname{Trm} \lambda^{2}} (X-Y)_{i} (X-Y)_{j}} \times \left(-i2A_{d}^{0} + \frac{\hbar A_{d}^{1}}{2 \operatorname{Tr} m\lambda^{2}} m_{ij} (Y-X)_{i} (\dot{Y} + \dot{X})_{j} \right) \right\}.$$
(41)

We now perform the following change of variables in the path integral:

$$\mathbf{R} = \frac{1}{2}(\mathbf{X} + \mathbf{Y}),\tag{42}$$

$$\mathbf{Q} = \mathbf{X} - \mathbf{Y}.\tag{43}$$

In addition, for reasons which will become clear soon, it is convenient to introduce the following tensor combination:

$$\Gamma_{ij}^{0} = \frac{A_d^1 \sqrt{\det m}}{16 D \beta^2 (\operatorname{Tr} m)^{5/2} \lambda^5 \sqrt{\pi^3}} m_{ij}.$$
 (44)

Using (44), the path integral in Eq. (39) reads

$$P(\mathbf{y},t|\mathbf{x},0) = e^{-4t\frac{\lambda^2 \operatorname{Tr}\Gamma^0 A_d^0}{\hbar^2 \beta A_d^1}} \int_{\mathbf{x}}^{\mathbf{y}} \mathcal{D}\mathbf{R} \int_{\mathbf{0}}^{\mathbf{0}} \mathcal{D}\mathbf{Q}$$
$$\times e^{\int_{0}^{t} dT \left\{ \frac{i}{\hbar} m_{ij} \dot{R}_i \dot{Q}_j + \left(\frac{4\lambda^2 \operatorname{Tr}\Gamma_0 A_d^0}{\hbar^2 \beta A_d^1} - \frac{i\Gamma_{ij}^0}{\hbar} Q_i \dot{R}_j \right) e^{-\frac{m_{ij} Q_j Q_i}{4 \operatorname{Tr} m \lambda^2}} \right\}}.$$
(45)

We now observe that, by expanding the exponent in Eq. (45) to $O(\mathbf{Q}^2)$ we obtain

$$P(\mathbf{y},t|\mathbf{x},0) = \int_{\mathbf{x}}^{\mathbf{y}} \mathcal{D}\mathbf{R} \int_{\mathbf{0}}^{\mathbf{0}} \mathcal{D}\mathbf{Q}$$
$$\times e^{\int_{0}^{t} dT \left\{ \frac{i}{\hbar} m_{ij} \dot{R}_{i} \dot{Q}_{j} - \frac{\Gamma_{ij} A_{d}^{0}}{\hbar^{2} \beta A_{d}^{1}} \mathcal{Q}_{j} \mathcal{Q}_{i} - \frac{i\Gamma_{ij}^{0}}{\hbar} \mathcal{Q}_{i} \dot{R}_{j} \right\}}.$$
 (46)

Performing the Gaussian functional integration over \mathbf{Q} , one obtains (neglecting as usual any overall multiplication constant)

$$P_{\rm cl}(\mathbf{y},t|\mathbf{x},0) = \int_{\mathbf{x}}^{\mathbf{y}} \mathcal{D}\mathbf{R} e^{-\frac{\beta^2}{4}\int_0^t dT (m_{il}\ddot{R}_l + \Gamma_{il}^0\dot{R}_l) D_{ij}^0 (m_{jk}\ddot{R}_k + \Gamma_{jk}^0\dot{R}_k)}, \quad (47)$$

where we have introduced the tensor

$$D_{ij}^{0} \equiv \frac{1}{\beta} \left(\frac{A_d^1}{\beta A_d^0} \right) \Gamma_{ij}^{0-1}.$$
 (48)

We now recognize that Eq. (47) has the same structure of the Onsager-Machlup functional integral representation [32] of the solution of a Fokker-Planck equation with an anisotropic viscosity tensor Γ_{ij}^0 and diffusion tensor D_{ij}^0 . The request that the system should ultimately reach a thermal equilibrium with the surrounding heat bath implies the fluctuation-dissipation relationship

$$D_{ij}^{0} = \frac{1}{\beta} \Gamma_{ij}^{0-1}.$$
 (49)

This condition determines a relationship between the effective parameters $A_d^1 = \beta A_d^0$.

The friction tensor Γ_{ij}^0 has to be determined by matching the predictions of our EFT against the quantum excitation's, either measured experimentally [33] or computed theoretically using a (more) microscopic model [34]. This renormalization procedure will be illustrated in detail in Sec. VIII.

Let us now return to the full path integral (45) in order to determine the quantum corrections to Eq. (47). For the sake of simplicity, in the rest of this paper we focus on the high-friction limit, in which the dynamics is overdamped. In addition, without loss of generality, we can assume that the friction tensor Γ_{ij}^0 is diagonal. and introduce the inner product notation

$$\mathbf{A} \cdot \mathbf{B} \equiv g_{ij}^0 A_i B_j, \tag{50}$$

where g_{ii}^0 is a diagonal metric tensor defined as

$$\Gamma^0_{ij} = \frac{1}{\beta D_0} g^0_{ij},\tag{51}$$

and D_0 has the dimension of a diffusion constant.

Dropping the inertial term, the path integral (45) reduces to

$$P(\mathbf{y},t|\mathbf{x},0) = \int_{\mathbf{x}}^{\mathbf{y}} \mathcal{D}\mathbf{R} \int_{\mathbf{0}}^{\mathbf{0}} \mathcal{D}\mathbf{Q} e^{-\int_{0}^{t} dT \left\{ \frac{\mathbf{Q}^{2}}{\hbar^{2} D_{0} \beta^{2}} + \frac{i\mathbf{Q}\cdot\mathbf{\hat{R}}}{\hbar\beta D_{0}} \right\}} \\ \times e^{\int_{0}^{t} dT \left\{ \left(\frac{4\lambda^{2}}{\hbar^{2} D_{0} \beta^{2}} - \frac{i\mathbf{Q}\cdot\mathbf{\hat{R}}}{\hbar\beta D_{0}} \right) V(\mathbf{Q}) + \frac{i\mathbf{Q}\cdot\mathbf{\hat{R}}}{\hbar\beta D_{0}} \frac{\mathbf{Q}^{2}}{4\lambda^{2}} \right\}}, \quad (52)$$

where

$$V(\mathbf{Q}) = e^{-\frac{\mathbf{Q}^2}{4\lambda^2}} - 1 + \frac{\mathbf{Q}^2}{4\lambda^2}.$$
 (53)

The probability distribution (52) can be cast in the following convenient form,

$$P(\mathbf{y},t|\mathbf{x},0) = \int_{\mathbf{x}}^{\mathbf{y}} \mathcal{D}\mathbf{R} \, e^{-S_{\text{eff}}[\dot{\mathbf{R}}]}$$
(54)

where the effective "action" functional $S_{\rm eff}$ is defined as

$$e^{-S_{\text{eff}}[\hat{\mathbf{R}}]} \equiv \int_{0}^{0} \mathcal{D}\mathbf{Q} e^{-\int_{0}^{t} dT \left\{ \frac{\mathbf{Q}^{2}}{\hbar^{2} D_{0} \beta^{2}} + \frac{i \mathbf{Q} \cdot \hat{\mathbf{k}}}{\hbar \beta D_{0}} \right\}} \\ \times e^{\int_{0}^{t} dT \left(\frac{4\lambda^{2}}{\hbar^{2} D_{0} \beta^{2}} - \frac{i \mathbf{Q} \cdot \hat{\mathbf{k}}}{\hbar \beta D_{0}} \right) V(\mathbf{Q}) + \frac{i \mathbf{Q} \cdot \hat{\mathbf{k}}}{\hbar \beta D_{0}} \frac{\mathbf{Q}^{2}}{4\lambda^{2}}}.$$
 (55)

We emphasize that, at this level, no approximation has been made on the path integral (31). Hence, Eq. (54) represents the full real-time dynamics of the quantum excitation in our EFT, to leading order in the momentum-frequency power-counting scheme.

VII. COMPUTING THE QUANTUM EFFECTIVE FUNCTIONAL

In general, the effective action $S_{\text{eff}}[\mathbf{R}]$ which enters Eq. (55) is a nonlocal functional of the path $\mathbf{R}(\tau)$ and such a nonlocality reflects the quantum delocalization of the excitation's wave function. However, we shall now show that, in the limit of low spatial resolution, the effective action S_{eff} can be systematically represented as an expansion in local functionals. In this regime, the quantum dynamics of our EFT can be described as a modified diffusion process.

To derive this result, we begin by recalling that in a thermal heat bath the amplitude of quantum fluctuations are of the order of de Broglie's thermal wavelength

$$\lambda_B \equiv \hbar \sqrt{\frac{\beta}{2\pi\mu_0}},\tag{56}$$

where $\mu_0 = \frac{1}{3} \text{Tr} m_{ij}$ is an effective mass scale for the quantum excitation.

If the cutoff scale λ is chosen in such a way that $\lambda \gg \lambda_B$, one has

$$\xi = \frac{\lambda_B}{\lambda} \ll 1 \quad \text{and} \quad \frac{|\mathbf{Q}|}{\lambda} \sim \xi.$$
 (57)

Hence, ξ provides a small expansion parameter which enables us to evaluate the effective action S_{eff} within a systematic perturbation theory. We note that, in order to obtain the $O(\xi^2)$ expression, it is sufficient to expand the exponent in the second line of Eq. (55) to order in \mathbf{Q}^4 , since all higher-order terms lead to corrections which are of order $O(\xi^4)$. After discretizing the time interval *t* in N_t steps, the path integral factorizes as a product of N_t moments of Gaussian distribution, in the form

$$\int d\mathbf{Q}_{k} \exp\left[i\frac{(\mathbf{R}_{k+1}-\mathbf{R}_{k})}{D_{0}\sqrt{2\pi\beta\mu_{0}}}\frac{\mathbf{Q}_{k}}{\lambda_{B}}-\frac{\Delta t}{2\beta D_{0}\mu_{0}\pi}\frac{\mathbf{Q}_{k}^{2}}{\lambda_{B}^{2}}\right]$$
$$\times\left(1-\frac{i(\mathbf{R}_{k+1}-\mathbf{R}_{k})\mathbf{Q}_{k}}{4\beta D_{0}\sqrt{2\pi\mu_{0}\beta}\lambda_{B}}\frac{\mathbf{Q}_{k}^{2}}{\lambda^{2}}+\frac{\Delta t\mathbf{Q}^{2}}{16\beta D_{0}\mu_{0}\pi\lambda_{B}^{2}}\frac{\mathbf{Q}^{2}}{\lambda^{2}}\right),$$
(58)

where $\mathbf{Q}_k \equiv \mathbf{Q}(t_k)$.

The incremental time interval $\Delta t \equiv t/N_t$ plays the role of a regularization cutoff and is the time analog of the distance regularization cutoff λ . We recall that, in the EFT framework, both Δt and λ are kept finite at all stages of the calculation.

The result of the Gaussian integral (58) can be written in the form

$$\mathcal{N}e^{-\frac{(\mathbf{R}_{k+1}-\mathbf{R}_{k})^{2}}{4D_{0}\Delta t}}e^{\frac{\beta\mu_{0}\pi}{16\Delta t^{3}}\xi^{2}\left(5\Delta t(\mathbf{R}_{k+1}-\mathbf{R}_{k})^{2}-3\frac{(\mathbf{R}_{k+1}-\mathbf{R}_{k})^{4}}{4D_{0}}\right)},\qquad(59)$$

where N is an irrelevant constant factor. Multiplying all the N_t terms and restoring the continuum notation, we obtain

$$S_{\text{eff}} \simeq \int_0^t dT \left[\frac{\dot{\mathbf{R}}^2}{4D_0^b} - \xi^2 \left(C_2^b \dot{\mathbf{R}}^2 - C_4^b \dot{\mathbf{R}}^4 \right) \right], \qquad (60)$$

where the coefficients of the correction terms order $O(\xi^2)$ are

$$C_2^b \equiv \frac{5\beta\mu_0\pi}{16\,\Delta t}, \quad C_4^b \equiv \frac{3\beta\mu_0\pi}{64\,D_0^b}.$$
 (61)

In Eqs. (60) and (61), we have added the superscript *b* to emphasize that D_0^b , C_2^b , and C_4^b are *bare* effective constants.

Summarizing, up to corrections of order $O(\frac{\lambda_B}{\lambda})^4$, the exciton's probability density can be approximated as

$$P(\mathbf{y},t|\mathbf{x},0) \simeq \int_{\mathbf{x}}^{\mathbf{y}} \mathcal{D}\mathbf{R}e^{-\int_{0}^{t} dT \left[\frac{1}{4D_{0}^{b}}\dot{\mathbf{k}}^{2} - \xi^{2} \left(C_{2}^{b}\dot{\mathbf{k}}^{2} - C_{4}^{b}\dot{\mathbf{k}}^{4}\right)\right]}.$$
 (62)

The path integral (62) describes the propagation of the quantum excitation as a modified diffusion process and represents one of the main results of this paper.

An important question is what corrections to the effective theory are needed in order to reach an accuracy of order ξ^4 . In effective field theories this question is addressed by including higher-order terms in the derivative expansion and defining a power-counting rule. We emphasize that, in deriving our long-distance expression for the path integral, we have truncated two independent expansions: (i) We have retained only the lowest terms in the spatial- and time-derivative expansion of all the fields in Eqs. (23)–(30) and (ii) we have kept only the leading-order terms in the expansion in ξ^2 of the first-quantized path integral (52). Furthermore, unlike in relativistic effective field theories, the cutoffs defining the time and spatial resolutions are not directly related. Clearly, the existence of multiple expansions and cutoffs offers several alternatives for the power-counting schemes. A systematic analysis of all these possibilities is quite involved and goes beyond the scope of this paper. Here, we limit ourselves to note that by simply retaining the next order in \mathbf{Q}^2 in the expansion of the function $V(\mathbf{Q})$ in Eq. (53), and then truncating the resulting effective action to order ξ^4 , one may miss some important contributions if the fields vary sufficiently rapidly in time and space. Indeed, additional first-quantized operators at order in ξ^4 may generated by expanding the field operators in Eqs. (23)–(30) to include terms with a higher number of space and time derivatives.

In Sec. IX, we present an application of this framework to investigate hole transport in a long DNA molecule. We find that the lowest-order analytic effective theory gives results which are essentially indistinguishable from those obtained from numerical simulations in a more microscopic model. This finding suggests that, in practice, the inclusion of ξ^4 terms may not be crucial in order to achieve an accurate description of the long-distance, long-time physics in realistic macromolecular systems.

Finally, we emphasize that, even though the expansion in ξ^2 generates terms with increasing powers of \hbar^2 , the EFT expansion is not conceptually equivalent to the semiclassical approximation [35–38]. Indeed, the EFT approach is defined in terms of external cutoff scales, which set the resolution power of the theory and are chosen *a priori*.

VIII. SOLUTION OF THE PATH INTEGRAL AND RENORMALIZATION

The effective theory defined in Eq. (62) explicitly depends on the cutoff scales Δt and λ and needs to be renormalized. This can be done by introducing appropriate counterterms into the effective action and matching the prediction of the effective theory against experiment or more microscopic calculations, at some time scale t^* . Through such a renormalization procedure, the power-law dependence of the effective coefficients on the cutoffs Δt and λ is removed and is replaced by a much weaker dependence on the renormalization scale t^* .

To implement this program, let us consider for the sake of simplicity the simple case of isotropic diffusion (i.e., $g_{ij}^0 = \delta_{ij}$). The same procedure can be straightforwardly applied to the general case of anisotropic diffusion by repeating the same analysis component by component.

After introducing the renormalizing counterterms, the path integral (62) is modified as follows:

$$P(\mathbf{y},t|\mathbf{x},0) \simeq \int_{\mathbf{x}}^{\mathbf{y}} \mathcal{D}\mathbf{R} e^{-\mathcal{S}_{\text{eff}}\left[\dot{\mathbf{k}}\right] + \xi^{2} \left(\mathcal{Q}_{2} \dot{\mathbf{k}}^{2} + \mathcal{Q}_{4} \dot{\mathbf{k}}^{4}\right)}, \quad (63)$$

where Q_2 and Q_4 are insofar unknown coefficients. To order ξ^2 the renormalized expression for the effective action then reads

$$\bar{\mathcal{S}}_{\rm eff} = \int_0^t dT \left[\frac{\dot{\mathbf{k}}^2}{4D_{\rm ren}} + C_{\rm ren} \dot{\mathbf{k}}^4 \right],\tag{64}$$

where D_{ren} and C_{ren} are the renormalized coefficients. In the following, we show how they can be determined up to $O(\xi^2)$ accuracy.

To this end, we first analytically compute the path integral given in Eq. (63) to leading order in a perturbative expansion in ξ^2 . We obtain

$$P(\mathbf{y},t|\mathbf{x},0) \simeq P_0(\mathbf{y},t|\mathbf{x},0;D_0^b) \left[1 + \xi^2 (C_2^b + Q_2) \left(\frac{(\mathbf{x} - \mathbf{y})^2}{t} - 6D_0^b \right) - \xi^2 (C_4^b - Q_4) \left(\frac{(\mathbf{x} - \mathbf{y})^4}{t^3} - \frac{\Delta t - t}{\Delta t} \frac{20D_0^b(\mathbf{x} - \mathbf{y})^2}{t^2} + \frac{\Delta t - 2t}{\Delta t} \frac{60D_0^{b-2}}{t} \right) \right],$$
(65)

where

$$P_0(\mathbf{y},t|\mathbf{x},0;D_0^b) = \frac{e^{\frac{-\mathbf{x}^2}{4tD_0^b}}}{2\sqrt{tD_0^b\pi}}$$
(66)

is the unperturbed expression. To implement the renormalization, we choose to match the prediction of the two lowest moments of this distribution against the results of experiments or microscopic simulations at some time scale t^* :

$$\langle \Delta \mathbf{R}^2(t^*) \rangle_{\text{expt.}} \equiv \langle \Delta \bar{\mathbf{R}}^2(t^*) \rangle = 6D_{\text{ren}}t^*,$$
 (67)

$$\langle \Delta \mathbf{R}^4(t^*) \rangle_{\text{expt.}} \equiv \langle \Delta \bar{\mathbf{R}}^4(t^*) \rangle = 60 D_{\text{ren}}^2 t^{*2} - C_{\text{ren}} t^*, \quad (68)$$

where $\Delta \mathbf{R} = (\mathbf{y} - \mathbf{x})$ and

$$D_{\rm ren} = D_0 \left[1 + 4\xi^2 D_0 \left(C_2^b + Q_2 - \frac{20D_0}{\Delta t} (C_4^b - Q_4) \right) \right] + o(\xi^4), \tag{69}$$

$$C_{\rm ren} = 1920\xi^2 D_0^4 (C_4^b - Q_4) + o(\xi^4), \tag{70}$$

are the renormalized constants, which are finite combinations of bare effective coefficients and counterterms. Their numerical value is expected to run weakly with the matching time scale t^* .

An important observation to make is that the mean-square displacement $\langle \Delta \mathbf{R}^2(t) \rangle$ retains its linear dependence on time *t* (Einstein's law), even when quantum corrections are taken into account. In contrast, quantum corrections do affect the time dependence of $\langle \Delta \mathbf{R}^4(t) \rangle$, by introducing a linear term, which is absent in the classical diffusion limit.

Thus, the renormalized probability density including the leading-order quantum corrections reads

$$\bar{P}(\mathbf{y},t|\mathbf{x},0) \simeq P_0(\mathbf{y},t|\mathbf{x},0;D_{\text{ren}}) \left[1 - C_{\text{ren}} \left(\frac{(\mathbf{y}-\mathbf{x})^4}{t^3 D_{\text{ren}}} - 20 \frac{(\mathbf{y}-\mathbf{x})^2}{t^2} + \frac{60 D_{\text{ren}}}{t} \right) \right].$$
(71)

We emphasize that the ξ^2 expansion does not break down in the long-time limit. This can been seen directly from expression (71), which shows that the perturbative corrections decay



FIG. 1. (Color online) Time dependence of $\langle \Delta R^2(t) \rangle$ (left panel) and $\langle \Delta R^4(t) \rangle$ (right panel), in the microscopic model (red line) and in our effective theory (solid black line). The dashed line in the right panel represents the prediction of a purely diffusive model (zeroth-order contribution in ξ^2 expansion) and the black circles represent the matching point (i.e., the renormalization time scale is $t^* = 10$ ps). The predictions in the microscopic model have been obtained in a 200-base pair long molecule, by averaging over 800 different trajectories generated using the algorithm defined in Ref. [20]. Beyond 15 fs these result become affected by finite-size effects.

faster with time than the unperturbed term. In particular, the quantum excitation's dynamics reduces to the (unperturbed) classical overdamped diffusion, in the asymptotic long-time limit, implying that the stochastic collisions contribute to quench the quantum effects.

IX. HOLE TRANSPORT IN A LONG HOMO-DNA MOLECULAR WIRE

For illustration purposes, in this section we apply the effective theory developed above to investigate the dynamics of inelastic hole propagation along a long homo-DNA molecule, which is regarded as an infinite molecular wire. To this end we first define a microscopic theory, then match the corresponding effective theory at a given time scale t^* to define the renormalized parameters, and finally use the effective theory to study the long-time and large-distance dynamics.

We consider a very simple discrete model for the DNA conformational dynamics introduced in Ref. [39], in which the molecule vibrations are effectively represented by the onedimensional harmonic chain

$$V(Q) = \sum_{n=1}^{N} \frac{\kappa}{2} \left(x_i - x_{i-1} - a_0 \right)^2.$$
(72)

In this equation x_i denotes the position of the *i*th base pair, while $\kappa = 0.85 \text{ eV}/\text{Å}^2$ is the spring constant, and $a_0 = 3.4 \text{ Å}$ is the equilibrium distance between two neighboring bases. In natural units (in which $\hbar = c = 1$) the mass of each base pair is $M = 2.44 \times 10^{11} \text{ eV}$.

The transfer integrals at the equilibrium position $f_{\rm Im}(Q_0)$ and its derivatives $f^a_{\rm Im}(Q_0)$, entering Eq. (18), have been fixed in order to match the main features of the statistical distribution of transfer matrix elements for a homo-base DNA, computed microscopically in Ref. [11] from density-functional tight-binding (DFT-TB) electronic-structure calculations performed on a snapshot of atomistic MD trajectories. Namely, we have set

$$f_{\mathbf{lm}}^{0} = \langle t_{\mathbf{lm}} \rangle \equiv t_{0}(\delta_{\mathbf{l(m-1)}} + \delta_{\mathbf{l(m+1)}}) - e_{0}\delta_{\mathbf{lm}}, \qquad (73)$$

$$f_{\mathbf{lm}}^{a} = \sigma_{\mathbf{lm}} \sqrt{\beta \kappa} \equiv t' (\delta_{\mathbf{l(m-1)}} + \delta_{\mathbf{l(m+1)}}), \qquad (74)$$

where $\langle t_{lm} \rangle$ and σ_{lm} denote the average and the variance of the distribution reported in Ref. [11], leading to

 $e_0 = 4.5 \text{ eV}, \quad t_0 = 0.03 \text{ eV}, \quad t' = 0.15 \text{ } eV/\text{\AA}.$

The system's temperature was set to T = 300 K and numerical simulations were performed on a 200-base pair molecule.

We have studied the time evolution of the probability density of an electronic hole, initially prepared at the center of the molecule, using the algorithm introduced in Ref. [20], in which the stochastic conformational dynamics of the molecular wire is coupled to the quantum dynamics of the electronic hole.

The formalism presented in the previous sections can be used to define a low-resolution perturbative effective theory for this molecular wire. In Fig. 1, we show the matching between the numerical simulations and analytic calculations in such an effective theory for the observables $\langle \Delta R^2(t) \rangle$ and $\langle \Delta R^4(t) \rangle$, fitted at the time scale $t^* = 10$ ps (represented by a dot on the simulation curves). We note that the two approaches give consistent results. In particular, the inclusion of order ξ^2 corrections is necessary to reproduce the time evolution of the $\langle R^4(t) \rangle$ moment. At times larger than 15 ps, finite-size effects begin to affect the numerical simulations, and the microscopic model cannot be used to investigate the long-distance propagation.

In Table I we compare different values of the renormalized coefficients D_{ren} and C_{ren} corresponding to different

TABLE I. Renormalized coefficient in Eqs. (69) and (70) fitted at different time scales t^* .

<i>t</i> * (ps)	1	5	7.5	10	12.5	15
$\overline{D_{\text{ren}} (\text{\AA}^2/\text{ps}) \times 10^2}$ $C (\text{\AA}^4/\text{ps}) \times 10^6$	3.6 ± 0.2	3.0 ± 0.1	2.95 ± 0.05	2.90 ± 0.04	2.87 ± 0.04	2.85 ± 0.03
	-1.3 ± 0.1	-2.7 ± 0.3	- 3.1 ± 0.3	- 3.2 ± 0.4	- 3 2 + 0 4	- 3 1 + 0 4

renormalization time scales t^* . We observe that the effective parameters run only weakly with the renormalization scale t^* , as expected.

X. SUMMARY AND CONCLUSIONS

In this paper, we used the EFT formalism to develop a rigorous effective description of the dissipative propagation of quantum excitations in macromolecular systems, in the long-time and large-distance regime. The underlying RG provides a rigorous framework to vary the degree of space and time resolution, thereby allowing one to access the mesoscopic regime. In particular, the spatial and time resolution powers of the EFT are set by the length cutoff scale λ and the time scale Δt , respectively.

At low spatial resolution (i.e., for λ much larger than de Broglie's thermal wavelength λ_B) we have analytically computed the evolution of the density of quantum excitations by developing a perturbative expansion in the small parameter $\xi^2 = \lambda_B^2/\lambda^2$. Our results show that, in the asymptotically long-time, long-distance regime, the emerging dynamics of the quantum excitation reduces to a classical diffusion process. At intermediate times, such a diffusive dynamics is modified by quantum corrections.

We have illustrated our formalism by applying it to study hole propagation in a long homo-DNA molecular wire. Comparison with numerical simulations show that, even at the leading-order level, the effective theory yields very accurate predictions.

This framework can be applied to tackle a variety of problems involving quantum transport, ranging from charge transfer in biological or organic polymers, or crystalline organic transistors. Other potential applications involve the investigation of long-distance exciton transfer in natural or artificial photosynthetic complexes.

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APPENDIX: DERIVATION OF THE I AND J FUNCTIONALS IN EQ. (39)

In Sec. VI we have shown that the probability density for the quantum excitation at a given time t can be written in the following form:

$$P(\mathbf{y},t|\mathbf{x},0) = \int \mathcal{D}\mathbf{X} \int \mathcal{D}\mathbf{Y} e^{\frac{i}{\hbar} \int_0^t d\tau \frac{1}{2}m_{ij}(\dot{X}_i \dot{X}_j - \dot{Y}_i \dot{Y}_j)} e^{\frac{i}{\hbar} (I[\mathbf{X},\mathbf{Y}] + J[\mathbf{X},\mathbf{Y}])}, \tag{A1}$$

where $\mathbf{X}[\tau]$ and $\mathbf{Y}[\tau]$ denote paths in coordinate space of quantum excitation described by the coherent fields ϕ' and ϕ'' . In this Appendix, we explicitly derive the functionals $I[\mathbf{X}, \mathbf{Y}]$ and $J[\mathbf{X}, \mathbf{Y}]$, which originate from translating into the first-quantized formalism the field-theoretic functional S_{int} appearing in Eq. (34).

1. J[X,Y] functional

The functional J follows from the Hermitian term:

$$S_{J} \equiv \int dt'' \int d\mathbf{z} \left\{ \bar{\Phi}(\mathbf{z},t') \Phi(\mathbf{z},t') \left[A_{v}^{0} \delta(t'-t'') - i\hbar A_{d}^{1} \frac{d}{d(t'-t'')} \right] \bar{\Phi}(\mathbf{z},t'') \tau_{3} \Phi(\mathbf{z},t'') \right\}$$
$$= \int dT \int d\mathbf{z} \left\{ \bar{\Phi}\left(\mathbf{z},T+\frac{\tau}{2}\right) \Phi\left(\mathbf{z},T+\frac{\tau}{2}\right) \left(A_{v}^{0} \delta(\tau) - i\hbar A_{v}^{1} \frac{d}{d\tau} \delta(\tau) \right) \bar{\Phi}\left(\mathbf{z},T-\frac{\tau}{2}\right) \tau_{3} \Phi\left(\mathbf{z},T-\frac{\tau}{2}\right) \right\}.$$
(A2)

After expanding the Φ and $\overline{\Phi}$ fields into their components ϕ', ϕ'' , we obtain two symmetric terms, $S_J = S_{J_1} - S_{J_2}$, where

$$S_{J_{1}} = \int dT \int d\tau \int d\mathbf{z} \left\{ \phi^{*\prime} \left(\mathbf{z}, T + \frac{\tau}{2} \right) \phi^{\prime} \left(\mathbf{z}, T + \frac{\tau}{2} \right) \left(A_{v}^{0} \delta(\tau) - i\hbar A_{v}^{1} \frac{d}{d\tau} \delta(\tau) \right) \phi^{\prime *} \left(\mathbf{z}, T - \frac{\tau}{2} \right) \phi^{\prime} \left(\mathbf{z}, T - \frac{\tau}{2} \right) \right\},$$

$$S_{J_{2}} = \int dT \int d\tau \int d\mathbf{z} \left\{ \phi^{*\prime\prime} \left(\mathbf{z}, T + \frac{\tau}{2} \right) \phi^{\prime\prime} \left(\mathbf{z}, T + \frac{\tau}{2} \right) \left(A_{v}^{0} \delta(\tau) - i\hbar A_{v}^{1} \frac{d}{d\tau} \delta(\tau) \right) \phi^{\prime\prime *} \left(\mathbf{z}, T - \frac{\tau}{2} \right) \phi^{\prime\prime} \left(\mathbf{z}, T - \frac{\tau}{2} \right) \right\}.$$
(A3)

In first-quantization representation, they translate into

$$S_{J_{1}} \rightarrow J_{1} = \int dT \int d\tau \int d\mathbf{z} \left[\delta_{\lambda} \left(\mathbf{z} - \mathbf{X} \left(T + \frac{\tau}{2} \right) \right) \left(A_{v}^{0} \delta(\tau) - i\hbar A_{v}^{1} \frac{d}{d\tau} \delta(\tau) \right) \delta_{\lambda} \left(\mathbf{z} - \mathbf{X} \left(T - \frac{\tau}{2} \right) \right) \right],$$

$$S_{J_{2}} \rightarrow J_{2} = \int dT \int d\tau \int d\mathbf{z} \left[\delta_{\lambda} \left(\mathbf{z} - \mathbf{Y} \left(T + \frac{\tau}{2} \right) \right) \left(A_{v}^{0} \delta(\tau) - i\hbar A_{v}^{1} \frac{d}{d\tau} \delta(\tau) \right) \delta_{\lambda} \left(\mathbf{z} - \mathbf{Y} \left(T - \frac{\tau}{2} \right) \right) \right],$$
(A4)

so that $S_J \rightarrow J = J_1 - J_2$.

We immediately check that the terms proportional to A_v^1 vanish identically, while the terms proportional to A_d^0 cancel out in the difference between J_1 and J_2 . Hence, J = 0. This result is expected; indeed, the interaction terms in the functional S_J do not couple forward- and backward-propagating excitations, hence only contributing to the dressing of the one-body propagator.

2. I[X,Y] functional

The dissipative character of the effective theory comes from the non-Hermitian term in the functional (34),

$$S_{I} = \frac{i}{\beta^{2}D\hbar} \int dt'' \int d\mathbf{z} \left\{ \bar{\Phi}(\mathbf{z},t') \Phi(\mathbf{z},t') \left[\left(A_{d}^{0} - i\hbar A_{d}^{1} \frac{d}{d(t'-t'')} \right) \delta(t'-t'') \right] \bar{\Phi}(\mathbf{z},t'') \Phi(\mathbf{z},t'') \right\}$$
$$= \frac{i}{\beta^{2}D\hbar} \int dT \int d\tau \int d\mathbf{z} \left\{ \bar{\Phi}\left(\mathbf{z},T + \frac{\tau}{2} \right) \Phi\left(\mathbf{z},T + \frac{\tau}{2} \right) \left(A_{d}^{0}\delta(\tau) - i\hbar A_{d}^{1} \frac{d}{d\tau}\delta(\tau) \right) \bar{\Phi}\left(\mathbf{z},T - \frac{\tau}{2} \right) \Phi\left(\mathbf{z},T - \frac{\tau}{2} \right) \right\}.$$
(A5)

After expanding the Φ and $\overline{\Phi}$ fields into their components we obtain

$$S_I = S_{I_1} + S_{I_2} + S_{I_3}, \tag{A6}$$

where

$$S_{I_{1}} = \frac{i}{\beta^{2}D\hbar} \int dT \int d\tau \int d\mathbf{z} \left\{ \phi'^{*} \left(\mathbf{z}, T + \frac{\tau}{2} \right) \phi' \left(\mathbf{z}, T + \frac{\tau}{2} \right) \left(A_{d}^{0} \delta(\tau) - i\hbar A_{d}^{1} \frac{d}{d\tau} \delta(\tau) \right) \phi'^{*} \left(\mathbf{z}, T - \frac{\tau}{2} \right) \phi' \left(\mathbf{z}, T - \frac{\tau}{2} \right) \right\},$$

$$S_{I_{2}} = \frac{i}{\beta^{2}D\hbar} \int dT \int d\tau \int d\mathbf{z} \left\{ \phi''^{*} \left(\mathbf{z}, T + \frac{\tau}{2} \right) \phi'' \left(\mathbf{z}, T + \frac{\tau}{2} \right) \left(A_{d}^{0} \delta(\tau) - i\hbar A_{d}^{1} \frac{d}{d\tau} \delta(\tau) \right) \phi''^{*} \left(\mathbf{z}, T - \frac{\tau}{2} \right) \phi'' \left(\mathbf{z}, T - \frac{\tau}{2} \right) \right\},$$

$$S_{I_{3}} = \frac{-2i}{\beta^{2}D\hbar} \int dT \int d\tau \int d\mathbf{z} \left\{ \phi'^{*} \left(\mathbf{z}, T + \frac{\tau}{2} \right) \phi' \left(\mathbf{z}, T + \frac{\tau}{2} \right) \left(A_{d}^{0} \delta(\tau) - i\hbar A_{d}^{1} \frac{d}{d\tau} \delta(\tau) \right) \phi''^{*} \left(\mathbf{z}, T - \frac{\tau}{2} \right) \phi'' \left(\mathbf{z}, T - \frac{\tau}{2} \right) \right\}.$$
(A7)

Let us begin by analyzing the S_{I_1} part. In first-quantization representation it translates as

$$S_{I_{1}} \rightarrow I_{1} = \frac{iA_{d}^{0}}{\beta^{2}D\hbar} \int_{0}^{t} dT \int d\mathbf{z} \delta_{\lambda} (\mathbf{X} - \mathbf{z}) \delta_{\lambda} (\mathbf{X} - \mathbf{z}) - \frac{A_{d}^{1}}{\beta^{2}D} \int_{0}^{t} dT \int d\tau \int d\mathbf{z} \delta(\tau) \frac{d}{d\tau} \bigg[\delta_{\lambda} \bigg(\mathbf{z} - \mathbf{X} \bigg(T + \frac{\tau}{2} \bigg) \bigg) \delta_{\lambda} \bigg(\mathbf{z} - \mathbf{X} \bigg(T - \frac{\tau}{2} \bigg) \bigg) \bigg]$$
(A8)

The term proportional to A_d^1 vanishes identically, while the term proportional to A_d^0 is independent of the paths and reads (setting to d = 3 the number of spatial dimensions)

$$I_1 = \frac{it}{\beta^2 D\hbar} \frac{\sqrt{\det m}}{(4\operatorname{Tr} m\lambda^2 \pi)^{3/2}} \tilde{A}_d^0.$$
(A9)

Clearly, by symmetry, we find that $S_{I_2} \rightarrow I_2 = I_1$.

Let us now consider the cross term S_{I_3} , which couples forward- and backward-propagating paths:

$$S_{I_{3}} = \frac{-2iA_{d}^{0}}{\beta^{2}D\hbar} \int dT \int d\mathbf{z} \phi^{\prime *}(\mathbf{z},T) \phi^{\prime}(\mathbf{z},T) \phi^{\prime \prime *}(\mathbf{z},T) \phi^{\prime \prime}(\mathbf{z},T) + \frac{2A_{d}^{1}}{\beta^{2}D} \int dT \int d\tau \int d\mathbf{z} \delta(\tau) \frac{d}{d\tau} \left[\phi^{\prime *} \left(\mathbf{z},T+\frac{\tau}{2} \right) \phi^{\prime} \left(\mathbf{z},T+\frac{\tau}{2} \right) \phi^{\prime \prime *} \left(\mathbf{z},T-\frac{\tau}{2} \right) \phi^{\prime \prime} \left(\mathbf{z},T-\frac{\tau}{2} \right) \right].$$
(A10)

Translating into the first-quantization form, we have $S_{I_3} \rightarrow I_3$, with

$$I_{3} = \frac{-2iA_{d}^{0}}{\beta^{2}D\hbar} \int dT \int d\mathbf{z}\delta_{\lambda}(\mathbf{z} - \mathbf{X}(T))\delta_{\lambda}(\mathbf{z} - \mathbf{Y}(T)) + \frac{2A_{d}^{1}}{\beta^{2}D} \int dT \int d\tau \int d\mathbf{z}\delta(\tau) \frac{d}{d\tau} \left[\delta_{\lambda}\left(\mathbf{z} - \mathbf{X}\left(T + \frac{\tau}{2}\right)\right)\delta_{\lambda}\left(\mathbf{z} - \mathbf{Y}\left(T - \frac{\tau}{2}\right)\right)\right]$$
(A11)

After writing explicitly the smeared representation of the δ function and evaluating the corresponding Gaussian integrals, we find

$$I_{3} = \frac{\sqrt{\det m}}{\beta^{2} D\hbar (4 \operatorname{Tr} m\pi \lambda^{2})^{3/2}} \int_{0}^{t} dT \left\{ e^{\frac{-m_{ij}}{4 \operatorname{Tr} m\lambda^{2}} (X-Y)_{i} (X-Y)_{j}} \left(-i2A_{d}^{0} + \frac{\hbar A_{d}^{1}}{2 \operatorname{Tr} m\lambda^{2}} m_{ij} (Y-X)_{i} (\dot{Y} + \dot{X})_{j} \right) \right\}.$$
 (A12)

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