Existence of an independent phonon bath in a quantum device

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At low temperatures, the thermal wavelength of acoustic phonons in a metallic thin film on a substrate can widely exceed the film thickness. It is thus generally believed that a mesoscopic device operating at low temperature does not carry an individual phonon population. In this work, we provide direct experimental evidence for the thermal decoupling of phonons in a mesoscopic quantum device from its substrate phonon heat bath at a sub-Kelvin temperature. A simple heat balance model assuming an independent phonon bath following the usual electron-phonon and Kapitza coupling laws can account for all experimental observations.

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The field of quantum nanoelectronics is increasingly concerned with the question of controlling, manipulating, and detecting thermal effects; electronic cooling using superconducting tunnel junctions,^{1,2} terahertz bolometers with an ultimate sensitivity,³ and heat interferometers⁴ are just three relevant examples. In every case, the question arises of the temperature of the phonon population coupled to the device electronic bath. At a temperature *T*, phonons have a thermal wavelength of the order of hc/k_BT , where *c* is the material-dependent sound velocity. This dominant wavelength amounts to about 200 nm in Cu at 1 K, which is the order of magnitude of usual device dimensions. It is thus generally assumed that phonons in a mesoscopic quantum device are strongly mixed with the substrate phonons and are thus thermalized at the bath temperature.⁵

Phonon cooling is at the heart of the possibility of cooling a bulk detector⁶ or a quantum device⁷ supported on a membrane cooled by superconducting tunnel junctions. In this case, the substrate no longer acts as a heat sink, and local phonons are actually cooled. This also holds for suspended metallic beams.^{8,9} In similar electronic coolers but fabricated on a bulk substrate, a detailed thermal analysis of the cooling performance indicated that while electron-phonon coupling is the main bottleneck for the heat flow, a decoupling of the device phonons from the substrate is necessary to account for the data.¹⁰ A direct proof for phonon cooling was, however, lacking. More recently, measurements of the electron-phonon coupling strength in a thin metallic film at $T \approx 0.1-0.3$ K demonstrated that it is nearly completely substrate insensitive.¹¹ This finding adds support to the idea of an independent phonon population in the metallic thin film. While this phonon bath could exhibit specific properties due to its reduced dimensionality,^{12,13} only small deviations from bulk material properties were observed in suspended devices.¹⁴

In this Rapid Communication, we demonstrate the existence of an independent phonon bath in a quantum device based on an electronic cooler. The device operation in both the cooling and the heating regimes enabled us to probe the thermal behavior over more than four decades of injected power. It is well described by bulklike laws for electron-phonon coupling and Kapitza thermal resistance at every interface.

Figure 1 shows the device geometry made of two levels with a similar structure on a bulk Si substrate with 500-nm-thick SiO₂ oxide. At the bottom level, a normal metal island (N) of dimensions 50 nm \times 500 nm \times 16 μ m is

connected to two pairs of superconducting electrodes (S) through tunnel junctions. The larger junction pair is used for cooling or heating the metal. The other pair is used for electronic thermometry of the same metal.¹⁵ The top level has a similar geometry, with the distinction of the metallic island being of smaller dimension: 50 nm × 400 nm × 8 μ m. The device geometry was devised so that the two Cu islands are thermally coupled (only) through phonons. Each island is weakly coupled to the external world through tunnel junctions so that its electron population reaches a quasiequilibrium state with a well-defined temperature. Moreover, one can heat or cool electrons in one island while monitoring its electronic temperature as well as the one of the other island.

The sample was fabricated through two successive electronic beam lithographies followed by a two-angle evaporation, with a precise alignment in between. The two levels are separated by a 40-nm-thick e-beam evaporated layer of Si ensuring galvanic isolation. The junction-pair resistance is 0.74 and 2.35 k Ω for the bottom cooler and thermometer and 38.8 and 2.26 k Ω for the top ones, respectively. Low-temperature measurements were performed in a ³He cryostat with a base temperature below 260 mK. Filtering was provided by π filters at room temperature and lossy micro-coaxial lines at the cold plate. Four-wire d.c. transport measurements were performed using homemade electronics combining three independent current bias sources, two of them being floating.

A Normal metal-Insulator-Superconductor (N-I-S) junction provides an easy way to perform electron thermometry in a normal metal.¹⁵ The charge current through such a junction biased at a voltage V is

$$I = \frac{1}{eR_N} \int_0^\infty n_S(E,\Delta) [f_N(E-eV) - f_N(E+eV)] dE,$$
(1)

where R_N is the normal-state resistance, f_N is the electron energy distribution in the normal metal, and $n_S(E, \Delta)$ is the normalized BCS density of states in the superconductor. No Dynes parameter was taken into account. When using it as a thermometer, a N-I-S junction is biased at a small and constant current I_{th} . Here, the current was adjusted to 500 pA for the top and bottom thermometers so that the related heat flow (see below) can be safely neglected. The voltage drop V_{th} in the thermometer junction pair is then measured and compared to its calibrated value against T_{bath} . This provides a measure of

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FIG. 1. (Color online) (a) Scanning electron microscope image of the device. Each of the two normal islands (colored red or green) is inserted between two sets of superconducting junctions. One junction pair is used as a cooler (or heater), and the other one is used as thermometer. (b) Schematic side view of the setup. The top (t) and bottom (b) levels are galvanically isolated from each other by a 40-nm-thick layer of Si. (c) Heat transfer model. Electrons and phonons of the bottom (top) island at the respective temperatures $T_{e,b}$ and $T_{ph,b}$ ($T_{e,t}$ and $T_{ph,l}$) exchange a heat power \dot{Q}^b_{e-ph} . (\dot{Q}^l_{e-ph}) . Phonons of each island are coupled together via the Kapitza power \dot{K}_{b-t} and to the bath phonons via \dot{K}_{b-s} and \dot{K}_{t-s} .

the electronic temperature T_e . Let us note that the calibration is realized close to equilibrium, with the superconductor being at the same temperature as the normal metal. In contrast, practical experiments are usually conducted in quasiequilibrium conditions where, to a first approximation, only the normal-metal temperature changes. If one considers temperatures above about half the superconductor critical temperature $T_c/2$, the related decrease of the superconductor gap Δ requires us to calculate the calibration voltage $V_{\text{th}}(T_e)$ using Eq. (1).

In addition, a N-I-S junction can be used to cool down or heat up a normal-metal electron population. The heat current through a single junction is written as

$$\dot{Q}_{N}^{0} = \frac{1}{e^{2}R_{N}} \int_{-\infty}^{\infty} (E - eV) n_{S}(E, \Delta) \\ \times [f_{N}(E - eV) - f_{S}(E)] dE, \qquad (2)$$

where f_S is the energy distribution function in the superconductor.² Equation (2) describes both the cooling and heating regimes. At large bias $V \gg \Delta/e$, the heat flow Q_N^0 is half the Joule power. As a whole, the full Joule power IV is deposited in the device, so that a power $\dot{Q}_S = IV - \dot{Q}_N^0$ is transferred to the superconductor.

In the following, the indexes e and ph refer to electronic and phonon temperatures, while s, b, and t refer to the substrate and the bottom and top levels, respectively. Our experiment consists of current biasing one of the two levels' cooler junction pair while monitoring simultaneously the related voltage drop V as well as the two levels' electronic temperatures $T_{e,b}$ and



FIG. 2. (Color online) (a) Electronic temperatures $T_{e,b}$ and $T_{e,t} = T_{\text{ph},t}$ as a function of the voltage V across the bottom cooler/heater junctions at a bath temperature $T_{\text{bath}} = 432$ mK. (b) Temperature variations $\Delta T_{e,b}$ and $\Delta T_{e,t} = \Delta T_{\text{ph},t}$ based on the same data, with the latter temperature change being amplified by a factor of 30. (c) Maximum of $\Delta T_{e,b}$ (circles) and $\Delta T_{e,t}$ (squares) as a function of the bath temperature.

 $T_{e,t}$. As no power is directly injected in the unbiased electronic bath, its temperature is equal to the same metal's phonon temperature. In this way, our approach can be viewed as a phonon thermometry experiment. Figure 2(a) shows the two sample levels' electronic temperatures $T_{e,b}$ and $T_{e,t} = T_{ph,t}$ as a function of the voltage drop V applied to the bottom level at a bath temperature $T_{bath} = 432$ mK. For voltages below 2Δ , we observe the expected electronic cooling: the bottom electronic temperature $T_{e,b}$ goes well below the bath temperature T_{bath} , reaching a minimum of 320 mK. At voltages V above 2Δ , we observe a hot-electron regime: the temperature $T_{e,b}$ increases and goes well above the bath temperature. In this regime, the top island electronic temperature $T_{e,t}$ also increases.

Remarkably, when the bottom level electronic temperature goes down, the top electronic temperature $T_{e,t}$ also diminishes with a variation $\Delta T_{e,t}$, reaching a maximum of -2.0 mK [see Fig. 2(b)]. This observation is the main experimental result of this Rapid Communication. As the operation of the electronic cooler is dissipative as a whole, i.e., heat is dissipated in the chip, this observation cannot be related to an improper thermalization of the chip or of electrical leads.¹⁶ The observed cooling of the top level can only arise thanks to phonon cooling in the normal conductors of the device. This demonstrates the existence of a distinct phonon population in the mesoscopic metallic island of a quantum device.

We have repeated this experiment at different bath temperatures. At higher bath temperatures T_{bath} , the maximum temperature decrease $\Delta T_{e,t}^{\max}$ gets larger as opposed to $\Delta T_{e,b}^{\max}$,

which gets weaker [see Fig. 2(c)]. As will be discussed later, this illustrates the fact that electron-phonon coupling and Kapitza thermal resistances have a different temperature dependence. In any case, the top level cooling remains of the order of a few mK, which is about 100 times smaller than the direct electronic cooling of the bottom level. We have also made the symmetric experiment by biasing the top island and monitoring its temperature as well as the temperature of the bottom metal. In this case, very little electron cooling could be observed because the top cooler junction pair was quite highly resistive.¹⁷ Phonon cooling could thus not be observed, but the heating regime was. In every configuration, we have checked that the measured differential conductance of the cooler/heater junctions compares well to the Eq. (1) prediction using the measured voltage-dependent normal-metal temperature.

In order to analyze our data, let us plot the temperatures' evolutions with respect to the injected power. The power \dot{Q}_N^0 was calculated as a function of the coolers' bias by using Eq. (2) and a value $\Delta = 214 \ \mu \text{eV}$ for the superconducting gap, extracted from the individual junction characteristics. The measured electronic temperature in the biased level was taken as an input for the calculation. Figure 3 shows the evolution of every temperature measured when either the bottom level [Fig. 3(a)] or the top level [Fig. 3(b)] is biased.

As a first approach, the gray dots in Fig. 3(a) show the bottom electronic temperature plotted as a function of the absolute value of the raw power \dot{Q}_N^0 applied to the bottom level. This plot shows a striking behavior, with up to three values of temperature for a single power absolute value. The electronic temperature equals the bath temperature at a point where the calculated power is negative, i.e., where some cooling is expected. It is indeed expected that a fraction of the hot quasiparticles injected in the superconductor tunnels back in the normal metal, so that part of the related power is actually absorbed there. We have tried to describe this effect as a correction to the power that is proportional either to the current¹⁸ or to the power \dot{Q}_{s} .¹⁹ Only in the latter hypothesis does the electronic temperature plot as a function of the net power \dot{Q}_N absolute value follow a single curve when one goes through the maximum cooling point [see Fig. 3(a)]. In this case, the net power reads $\dot{Q}_N = \dot{Q}_N^0 + \alpha \dot{Q}_S$. The fit parameter value $\alpha = 0.087$ is comparable to what appears in the literature.¹⁹

In the following, we consider the thermal model depicted in Fig. 1(c). It is based on the assumption of two distinct phonon populations at quasiequilibrium at temperatures $T_{ph,b}$ and $T_{ph,t}$ in the bottom and top metallic islands, respectively. The heat extracted from or injected into the electronic baths is calculated as discussed above. No Andreev-current-induced heat²⁰ is taken into account as it shows up only below about 200 mK in this type of device. The direct photonic coupling²¹ between the two sample levels, with a maximum heat conductance of a single conductance quantum $k_B^2 T \pi / 6\hbar = 0.28$ pW K⁻¹ at 300 mK, can also be neglected. One can also check that temperature drops within the substrate do not significantly contribute. Taking SiO₂ thermal conductivity to be κ = 25 T^{δ} mW m⁻¹ K⁻¹ with T in K and $\delta = 1.91$,²² the thermal conductance from the device contact area a_{bs} of 8 μ m² to the Si bulk substrate through the SiO₂ oxide thickness t = 500 nm is $G_s \approx \kappa a_{bs}/t = 40$ nW K⁻¹ at 0.3 K. At a typical 1-pW heat flow in the cooling regime, this corresponds to a negligible

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FIG. 3. (Color online) Electronic temperatures $T_{e,b}$ (green circles) and $T_{e,t}$ (red diamonds) as a function of the absolute value of the power injected (a) in the bottom island or (b) in the top island. Gray squares in (a) show $T_{e,b}$ plotted as a function of the raw power \dot{Q}_N^0 , while all other data are plotted as a function of the corrected power $\dot{Q}_N = \dot{Q}_N^0 + \alpha Q_S$. In (a), the dash-dotted and the dotted lines corresponds to the point where the powers \dot{Q}_N^0 and \dot{Q}_N , respectively, change sign. The solid lines are fits calculated using the thermal model discussed in the text and a single set of parameters. The black dotted lines indicate the calculated phonon temperature of the island that is cooled or heated. Bath temperature is 281 mK for (a) and 432 mK for (b). Insets depict the relevant experimental schemes.

temperature drop of 0.025 mK. The bulk substrate contributes even less as, below 1 K, Si thermal conductivity is more than two orders of magnitude larger than that of SiO₂.

In the model, we consider the usual laws for electronphonon coupling and Kapitza resistance:⁵ we assume that electrons exchange with the phonons of the same metallic island a power $\dot{Q}_{e-ph} = \Sigma v [T_e^5 - T_p^5]$, where Σ is the electronphonon coupling constant and v is the island volume. We also assume that two neighboring phonon populations (here xand y) are coupled through a Kapitza heat flow of the form $\dot{K}_{x-y} = k_{xy}a_{xy}[T_{ph,x}^4 - T_{ph,y}^4]$, where a_{xy} holds for the contact area between the two considered populations and k_{xy} is an interface-material-dependent parameter. The top and bottom phonons are thus coupled together via the Kapitza coefficient $k_{bt}a_{bt}$ and to the substrate phonons via the coefficients $k_{ts}a_{ts}$ and $k_{bs}a_{bs}$, respectively. In the fit procedure, we have taken into account the device's physical dimensions for calculating the volumes v_b , v_t and the surfaces a_{bt} , a_{bs} , a_{ts} of interest. The well-established value for the electron-phonon coupling constant in Cu, $\Sigma = 2$ nW μ m⁻³ K⁻⁵ (Ref. 5), was used. We have chosen to take a common value for the substrate-bottom and bottom-top Kapitza parameters, so that the two fit parameters were $k_{bt} = k_{bs}$ and k_{ts} . Independent Kapitza parameters k_{bt} and k_{bs} could also be used, leading to the determination of different fit values, but with a low fit discrimination. The effect of phonon overheating in the superconducting electrodes was neglected.

We obtained a very good fit for the whole data set over more than four orders of magnitude and the two signs for the net power [see solid lines in Figs. 3(a) and 3(b)]. The fit-derived Kapitza parameter $k_{bt} = k_{bs} = 45 \text{ pW} \ \mu \text{m}^{-2} \text{ K}^{-4}$ describes the physical Si oxide-Cu and Cu-Si-Cu interfaces and compares well to values from the literature.²³ As for the top-substrate coupling, it describes the thermal leakage from the top island to the bath. As a whole, the coupling coefficient is $k_{ts}a_{ts} = 1100 \text{ pW K}^{-4}$. Considering the contact area a_{ts} to be an area of 1.2 μ m² of the tunnel junctions connected to the top island, one obtains a Kapitza coefficient of 920 pW μ m⁻² K⁻⁴, which is much larger than anticipated. Thus the heat transfer occurs presumably also along the continuous Si layer separating the two levels. This overall large thermal coupling is consistent with the modest amplitude of the phonon cooling observed in the top island, compared to the corresponding cooling in the bottom island.

As for the experimental data measured at different bath temperatures, all data overlap in the high-power regime and could be fitted with the same parameter set (not shown). In order to further test our hypotheses, we have also tried to replace the fifth-power temperature law for the electron-phonon coupling by a sixth or a fourth power,²⁴ which could, respectively, be justified in the cases of a strongly disordered metal²⁵ and of a direct electron-substrate phonon

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coupling.²⁶ No satisfying fit could be obtained under these assumptions. This was also the case when considering a single phonon population in the whole device or when neglecting the direct thermal coupling between the top island and the substrate.

From the thermal balance relations, one can calculate the phonon temperature variation in the cooled or heated metal [see dotted lines in Figs. 3(a) and 3(b)]. The phonon population temperature decoupling is significant in the temperature range 0.3–1 K, consistent with previous estimates.¹⁰ At lower temperature, the electron-phonon bottleneck makes the phonon temperature tend to the bath temperature. At a bath temperature below 100 mK, phonon cooling becomes negligible.

In summary, we have devised an elaborate experiment providing access to the phonon temperature in a superconducting cooler device operated in both the cooling and heating regimes. The experimental data demonstrate the existence of an independent phonon bath in the device. The thermal couplings are well described with the usual laws for electronphonon coupling and Kapitza resistances. This understanding can have significant outcomes in the analysis of the thermal behavior of quantum nanoelectronic devices.

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