# <span id="page-0-0"></span>**Asymptotic and intermediate long-time behavior of nuclear free induction decays in polycrystalline solids and powders**

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Free induction decay (FID) measured by nuclear magnetic resonance in a polycrystalline solid is the isotropic average of the FIDs for individual single crystallites. It has been recently proposed theoretically and verified experimentally that the long-time behavior of single-crystal FIDs has the universal form of exponentially decaying sinusoidal oscillations. Polycrystalline averaging complicates the situation theoretically, while the available experimental evidence is also ambiguous. Exponentially decaying sinusoidal oscillations have been observed for  $129$ Xe in polycrystalline solid xenon but not for  $19F$  in a powder of CaF<sub>2</sub>. In this paper, we present first-principles FID calculations for powders of both CaF<sub>2</sub> and solid xenon. In both cases, the asymptotic long-time behavior has the expected form of exponentially decaying sinusoidal oscillations, which is determined by the single-crystallite FID with the slowest exponential decay. However, this behavior appears only at rather small values of the signal that have not yet been measured in experiments. At intermediate times accessible experimentally, a polycrystalline FID depends on the distribution of the exponential decay constants and oscillation frequencies for single-crystallite FIDs. In  $CaF<sub>2</sub>$ , these parameters are relatively broadly distributed, and as a result the sinusoidal long-time oscillations become somewhat washed out. In contrast, the single-crystallite parameters are more clustered in solid xenon, and, as a result, the experimentally observable range is characterized by a well-defined oscillation frequency and exponential decay constant, even though neither of these parameters represents the true long-time behavior. The above difference of the intermediate FID behavior originates from the difference of the crystal structures of solid xenon and CaF2.

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#### **I. INTRODUCTION**

First-principles calculations of the free induction decay (FID) measured by nuclear magnetic resonance (NMR) in solids is a long-standing theoretical problem<sup>1</sup> still lacking a controllable solution.<sup>1</sup> The most challenging aspect of this problem is the prediction of the long-time behavior of the FIDs. Recently some progress in this direction was made on the basis of the notion of microscopic chaos;  $2-4$  $2-4$  namely, it was predicted that the generic long-time behavior of FIDs in single crystals has the character of exponential decay with or without sinusoidal oscillations. In the most common case of magnetic dipolar interaction between nuclear spins, the oscillatory regime is realized, and hence the long-time FID behavior can be parametrized as

$$
F(t) = Ae^{-\gamma t} \cos(\omega t + \phi), \tag{1}
$$

where  $A$ ,  $\gamma$ ,  $\omega$ , and  $\phi$  are some constants whose values were not predicted. It was only estimated<sup>3</sup> that, generically, the values of  $\gamma$  and  $\omega$  are of the order of  $\sqrt{M_2}$ , where  $M_2$  is the second moment of the FID. The explicit expression for  $M<sub>2</sub>$  in terms of microscopic interaction parameters is given by Eq. [\(9\)](#page-2-0) in the next section. It was also estimated that the long-time behavior (1) becomes dominant after a time on the order of several  $1/\sqrt{M_2}$  from the beginning of the FID. The above predictions agree with the experimental $5^{-7}$ and numerical $8.9$  results for quantum and classical spin systems.

The situation becomes somewhat more involved theoretically for polycrystalline samples or crystal powders. Different orientations of single crystallites in polycrystals or powders with respect to an external magnetic field imply different microscopic Hamiltonians, and hence different values of *γ* and *ω*, which in turn leads to additional averaging over the oscillation frequencies. At sufficiently long times, the crystallites exhibiting the smallest value of *γ* should start dominating the overall response, and, therefore, the welldefined frequency of these crystallites should also control the overall decay. We call the latter regime the asymptotic longtime behavior. It is to be distinguished from the intermediate behavior, which we define as the regime when the individual crystallites have reached their respective long-time regimes but the asymptotic polycrystalline long-time behavior is not yet reached. The challenge here is to understand how long the above transition to the asymptotic behavior takes, and what the intermediate behavior looks like. It is, in particular, possible that the intermediate behavior exhibits a tentative "washing out" of the FID beats.

On the experimental side, the available facts about the long-time FID behavior in polycrystals and powders do not reveal a consistent picture. On the one hand, no well-defined long-time beats of form  $(1)$  have been observed in CaF<sub>2</sub> powder (within the range limited by the experimental signal-to-noise ratio). $6,10$  On the other hand, in hyperpolarized solid xenon, which is supposedly polycrystalline, the experiments reveal well-defined beats of form (1) appearing rather quickly. $6,11$ 

In the latter case, the situation is complicated by the fact that hyperpolarized solid xenon is prepared in convection cells $^{12}$ by first optically polarizing xenon  $\text{gas}^{13}$  and then rapidly <span id="page-1-0"></span>cooling it into a liquid phase and subsequently quenching the liquid into the solid phase. As a result, an uncertainty remains about the proper thermalization of the resulting solid. In addition, the formation of crystal structure in solid xenon is controlled by the relatively weak van der Waals interaction, which is known to allow significant residual atomic motion $14$ that further complicates the theoretical analysis. A related unclear issue is the strength of the exchange coupling between xenon nuclei.

In this paper, we assume that the hyperpolarized solid xenon samples investigated in Refs. [6](#page-6-0) and [11](#page-6-0) can be described as polycrystalline fcc lattices of immobile nuclear spins coupled by magnetic dipole interaction. We perform first-principles calculations of  $^{129}$ Xe FID on the basis of the approximation procedure introduced in Refs. [2](#page-5-0) and [15.](#page-6-0) We also perform a firstprinciples <sup>19</sup>F FID calculation for a powder of CaF<sub>2</sub>, where  $19F$  nuclei form a simple cubic lattice. Our goal is to verify whether the above calculations are sufficient to explain why well-defined beats of form  $(1)$  were seen in polycrystalline solid xenon<sup>6,11</sup> but not in CaF<sub>2</sub> powder.<sup>[6,16](#page-6-0)</sup>

A comprehensive investigation of NMR FIDs for polycrystalline samples has also been made particularly urgent by very recent experiments, which have revealed the appearance of a second exponential mode in the FID tails<sup>[17](#page-6-0)</sup> and a universal relationship between spin-echo shapes initiated in the long-time FID regime.<sup>18</sup> The first of these new properties is supposed to be present in single crystals but not in polycrystals. The second property is expected to be present in both single crystals and polycrystals, but in polycrystals, it should be more difficult to observe because of the delay in the onset of the true asymptotic FID behavior.

Beyond the subject of the long-time FID behavior, this paper also contains a very accurate calculation of the extended initial behavior of the powder FID for solids of the type of  $CaF<sub>2</sub>$ , where "like" nuclear spins form a continuous network connected by the magnetic dipole interaction. The calculation is based on averaging over the FIDs of individual single crystallites. Previous attempts to compute powder FIDs for  $CaF<sub>2</sub>$  were based on a much cruder approach,  $16,19$  which involved matching the second and the fourth moments for the powder FID without computing the behavior of the contributing single crystallites. In principle, powder FIDs based on the direct averaging over single crystallites can be computed for small-size spin-1*/*2 clusters with the help of direct numerical solution of the Schrödinger equation. This is indeed done by various NMR software libraries.<sup>20–24</sup> However, either the clusters that can be handled by these routines are not yet large enough to represent infinite connected lattices of interacting nuclear spins,  $20-22,24$  or the FIDs in these routines are crudely approximated by the mixture of Gaussian and exponential decays.<sup>[23](#page-6-0)</sup>

## **II. THEORETICAL APPROXIMATION SCHEME**

We will use the approximation scheme for FID calculations that was introduced in Ref. [15](#page-6-0) with small modifications added in Ref. [2.](#page-5-0) This scheme is quite similar to the one introduced earlier in Ref. [25.](#page-6-0)

The approximation technique of Ref. [15](#page-6-0) results in a very accurate description of the extended initial behavior of singlecrystal FIDs in  $CaF<sub>2</sub>$ . It also leads to long-time behavior of form [\(1\),](#page-0-0) but with constants noticeably different from those observed experimentally (see below). As explained in Ref. [3,](#page-6-0) an accurate prediction of the parameters in Eq. [\(1\)](#page-0-0) is not expected here due to the oversimplified nature of the approximation. We are, however, mainly interested in the qualitative question of the difference between the solid xenon and the  $CaF<sub>2</sub>$  powders posed in the preceding section. The answer to this question presumably depends on the qualitative differences in the distributions of *γ* and *ω* for different orientations of single crystallites in an external magnetic field. The approximations used should, therefore, be adequate for detecting such differences, if they exist.

In CaF<sub>2</sub>, <sup>19</sup>F nuclei are characterized by spin  $1/2$ , gyromagnetic ratio  $\gamma$ <sub>g</sub> = 25 166.2 s<sup>-1</sup> G<sup>-1</sup>, and abundance *ν* = 1*.*0. These nuclei form a simple cubic lattice with period  $d = 2.723$  Å (at 293 K). For solid xenon, we perform the calculation for a fcc lattice with the nearest-neighbor distance  $d = 4.4$  Å and abundance  $v = 0.86$  of <sup>129</sup>Xe nuclei. This abundance is representative of the sample most studied in Refs. [6](#page-6-0) and [11.](#page-6-0) Other nuclear isotopes present in this xenon sample are assumed to be nonmagnetic. (Here, in particular, we neglect the contribution of the magnetic isotope<sup> $131$ </sup>Xe, which has spin 3*/*2 with a smaller gyromagnetic ratio. Its abundance is 2% in the sample analyzed.) The 129Xe nuclei have spin 1*/*2 with gyromagnetic ratio  $\gamma_g = 7452.11 \text{ s}^{-1} \text{ G}^{-1}$ .

We obtain the powder FID as the average over a large number of single-crystallite FIDs. The orientation of each crystallite in the external magnetic field is selected randomly.

For each crystallite, we calculate the FID as the infinitetemperature correlation function<sup>1</sup>

$$
F(t) = \frac{\text{Tr}\left\{e^{\frac{i}{\hbar}\mathcal{H}t}\sum_{n}I_{n}^{x}e^{-\frac{i}{\hbar}\mathcal{H}t}\sum_{m}I_{m}^{x}\right\}}{\text{Tr}\left\{\sum_{n}I_{n}^{x^{2}}\right\}}
$$
(2)

for the microscopic Hamiltonian of the truncated magnetic dipole interaction in the Larmor rotating reference frame:

$$
\mathcal{H} = \sum_{m < n} J_{mn} \left[ I_m^z I_n^z - \frac{1}{2} \left( I_m^x I_n^x + I_m^y I_n^y \right) \right],\tag{3}
$$

where *m* and *n* are the lattice site indices,  $I_m^{\delta}$  is the operator of the *δ*th (*x*, *y*, or *z*) component of the *m*th nuclear spin 1*/*2 with the *z* axis chosen along the direction of the external static magnetic field, and  $J_{mn}$  are the coupling constants given by

$$
J_{mn} = \frac{\gamma_g^2 \hbar^2 (1 - 3\cos^2 \theta_{mn})}{|\mathbf{r}_m - \mathbf{r}_n|^3}.
$$
 (4)

Here,  $\mathbf{r}_m$  is the position vector of the *m*th nucleus, and  $\theta_{mn}$  is the angle between the vector  $(\mathbf{r}_m - \mathbf{r}_n)$  and the *z* axis.

Extending the approximation scheme of Refs. [2](#page-5-0) and [15](#page-6-0) to the case of isotopic abundance  $\nu < 1$ , we obtain the FID function  $F(t)$  as the numerical solution of the following integral equation:

$$
F(t) = g(t) + \alpha \int_0^t F(t - t') \frac{dg(t')}{dt'} dt',
$$
 (5)

<span id="page-2-0"></span>where

$$
g(t) = \exp\left[-\frac{1}{2}M_{2f}(\eta t)^{2}\right]\prod_{n}\left[1 - \nu + \nu\cos\left(\frac{3}{4\hbar}J_{mn}\eta t\right)\right],
$$
\n(6)

$$
\alpha = \frac{\frac{M_{4g}}{M_{2g}^2} - \frac{M_4}{M_2^2}}{\frac{M_4}{M_2^2} - 1},\tag{7}
$$

$$
\eta = \sqrt{\frac{M_2}{(1+\alpha)(M_2 + M_{2f})}},\tag{8}
$$

$$
M_2 \equiv -\left. \frac{d^2 F}{dt^2} \right|_{t=0} = \frac{9\nu}{16\hbar^2} \sum_n J_{mn}^2,\tag{9}
$$

$$
M_4 \equiv \left. \frac{d^4 F}{dt^4} \right|_{t=0} = \frac{81}{256 \, h^4} \left\{ \frac{7}{3} v^2 \sum_{n,p}^{n \neq p} J_{mn}^2 J_{mp}^2 + \frac{2}{3} v^2 \sum_{n,p}^{n \neq p} J_{mn} J_{mp} J_{np}^2 + v \sum_n J_{mn}^4 \right\},
$$
\n(10)

$$
M_{2f} = \frac{2}{7}M_2
$$
 (11)

(see also Ref. [26\)](#page-6-0),

$$
M_{2g} \equiv -\left. \frac{d^2 g}{dt^2} \right|_{t=0} = \eta^2 (M_{2f} + M_2), \tag{12}
$$

$$
M_{4g} \equiv \frac{d^4 g}{dt^4}\Big|_{t=0}
$$
  
=  $\eta^4 \left[3(M_2 + M_{2f})^2 + \frac{81}{256 \hbar^4}(\nu - 3\nu^2) \sum_n J_{mn}^4\right].$  (13)

The initial condition for Eq. [\(5\)](#page-1-0) is  $F(0) = 1$ . The parameter  $\alpha$ given by Eq. (7) does not depend on *η*. Therefore, one can first set  $\eta = 1$ , then calculate  $\alpha$ , and finally use Eq. (8) to calculate the actual value of *η*.

#### **III. RESULTS AND DISCUSSION**

In order to illustrate the performance of the above approximation scheme, we show in Fig. 1 the results of the calculations of the initial and the long-time behavior of single-crystal FIDs in  $CaF<sub>2</sub>$  for three directions of the external magnetic field. While the linear plots (insets) in each panel of Fig. 1 illustrate that the overall agreement of the theoretical and the experimental curves is very good, the semilogarithmic plots

TABLE I. Experimental and theoretical values of the parameters *γ* and *ω* for single-crystal CaF<sub>2</sub>. The parameters are obtained by fitting the long-time tails of the FIDs presented in Fig. 1 by Eq. [\(1\).](#page-0-0)

	$[100]$		$[110]$		[111]	
				$\gamma (\mu s^{-1}) \omega (\mu s^{-1}) \gamma (\mu s^{-1}) \omega (\mu s^{-1}) \gamma (\mu s^{-1}) \omega (\mu s^{-1})$		
Expt. Theory	0.054 0.071	0.156 0.143	0.042 0.054	0.103 0.085	0.029 0.038	0.066 0.056



FIG. 1. (Color online) Single-crystal FIDs for  $CaF<sub>2</sub>$ . The directions of the external magnetic fields are indicated above the plots. Solid red lines represent the experimental results of Engelsberg and Lowe (Ref. [5\)](#page-6-0). Dashed blue lines represent the result of theoretical calculations based on Eq. [\(5\).](#page-1-0) Main panels contain semilogarithmic plots; the insets are linear plots.

(main panels) amplify the discrepancy in the long-time tails. The comparison of the theoretical and the experimental values of  $\gamma$  and  $\omega$  for long-time fits of form [\(1\)](#page-0-0) is presented in Table I. It indicates a typical discrepancy of about 20%.

<span id="page-3-0"></span>



FIG. 2. (Color online)<sup>19</sup>F FID for CaF<sub>2</sub> powder. The solid red line represents the experiment of Ref. [6.](#page-6-0) The solid magenta line represents the earlier experiment of Barnaal and Lowe (Ref. [10\)](#page-6-0). (The data points are actually extracted from Ref. [16.](#page-6-0)) The dashed blue line represents the theoretical calculation described in the text. (a) Linear plot. (b) Semilogarithmic plot with the thin green line representing a fit of form [\(1\)](#page-0-0) for the asymptotic long-time behavior of the theoretical FID. (c) Semilogarithmic plot with an attempt to fit the intermediate FID behavior by formula [\(1\).](#page-0-0)

The calculated FIDs for the CaF<sub>2</sub> powder and for polycrystalline solid xenon are shown in Figs. 2 and 3. These FIDs were obtained as averages over 1000 randomly oriented single crystallites.

Let us first examine the discrepancies between the theoretical calculations and the experimental curves. For the  $CaF<sub>2</sub>$ powder, the discrepancies appear starting from the intermedi-

FIG. 3. (Color online) 129Xe FID for polycrystalline xenon. The solid red line represents the experiment of Ref. [6;](#page-6-0) the dashed blue line is the theoretical calculation described in the text. (a) Linear plot. (b) Semilogarithmic plot with the thin green line representing a fit of form [\(1\)](#page-0-0) to the asymptotic long-time behavior of the theoretical FID. (c) Semilogarithmic plot with an attempt to fit the intermediate FID behavior by formula [\(1\).](#page-0-0)

ate section of the FID. We believe that these discrepancies are due to the limitations of the theoretical approximation scheme based on Eq. [\(5\).](#page-1-0) On the other hand, the discrepancy for the solid xenon appears from the very beginning of the FID. It is related to the fact that the theoretical and the experimental values of the second moment  $M_2$  are different from each other (2.64 and 1*.*6 ms−2, respectively). Since the theoretical value of  $M_2$  is the input rather than the output parameter for

TABLE II. The long-time parameters *γ* and *ω* corresponding to the theoretical calculations and experiments for  $CaF<sub>2</sub>$  powder and polycrystalline solid xenon. The numbers in the "Theory (asymptotic)" row are obtained from fitting Eq. [\(1\)](#page-0-0) to the true theoretical long-time behavior as exhibited in Figs. [2\(b\)](#page-3-0) and [3\(b\).](#page-3-0) The numbers in the "Theory (intermediate)" row are obtained from fitting the intermediate behavior of the theoretical FIDs in Figs. [2\(c\)](#page-3-0) and  $3(c)$  by Eq. [\(1\).](#page-0-0) The experimental numbers for solid xenon are cited from Ref. [6.](#page-6-0)

		CaF <sub>2</sub>	solid Xe	
			$\gamma (\mu s^{-1})$ $\omega (\mu s^{-1})$ $\gamma (ms^{-1})$ $\omega (ms^{-1})$	
Theory (asymptotic)	0.040	0.055	1.35	2.66
Theory (intermediate)	0.050	0.053	1.55	2.48
Experiment			1.25	2.06

the theoretical approximation scheme, the above discrepancy indicates the inadequacy of our initial assumptions about either the form or the parameters of the Hamiltonian  $(3)$ . It may be related to insufficient thermalization and/or atomic motions in the quenched solid xenon samples.<sup>[6](#page-6-0)</sup> Leaving this discrepancy to be investigated in a later experimental work, below we focus on the outcome of the theoretical calculation and examine the differences between the long-time FID behavior for  $CaF<sub>2</sub>$ powder and polycrystalline solid xenon.

Figures  $2(b)$  and  $3(b)$  include fits of the true theoretical longtime behavior to the asymptotic formula  $(1)$ , while Figs.  $2(c)$ and  $3(c)$  attempt to fit the middle section of the theoretical FIDs with Eq. [\(1\).](#page-0-0) The parameters of these fits are given in Table II. In  $CaF<sub>2</sub>$ , the intermediate FID behavior is not well described by Eq. [\(1\).](#page-0-0) At the same time, the asymptotic longtime behavior becomes pronounced relatively quickly—after about three beats. On the contrary, the intermediate behavior of the solid xenon FID is well described by Eq.  $(1)$ , which covers about six beats and five orders of magnitude, while the asymptotic long-time behavior emerges only at relatively late times and small values of FID.

It is expected that the behavior of the middle section of the FIDs is controlled by the typical single-crystallite values of  $\gamma$ , while the true long-time behavior is controlled by the crystallites with the smallest value of  $\gamma$ . In order to clarify this issue further, we present in Figs.  $4(a)$  and  $5(a)$  the theoretical values of the long-time parameters  $\gamma$  and  $\omega$  for the single crystallites included in the powder average, while Figs. 4(b) and  $5(b)$  show the histograms of the resulting points.

One can now appreciate the qualitative difference between the powder of simple-cubic crystallites and the powder of fcc crystallites. The long-time parameters *γ* and *ω* for the simplecubic lattice are much broader and increase or decrease roughly proportionally to each other. Therefore, the typical values of *γ* and *ω* are sufficiently different from those representing the asymptotic decay. The poor performance of the middle section fit is in large part due to the larger difference of frequency *ω* between a typical value and the asymptotic long-time value.

On the contrary, all possible values of  $\gamma$  and  $\omega$  are more clustered for the fcc polycrystal and do not exhibit much of a systematic dependence on each other. As a result, the typical value of  $\gamma$  is rather close to the true long-time value. This



FIG. 4. (Color online) (a) Theoretical values of parameters *γ* and  $\omega$  for 1000 randomly chosen single-crystal orientations of CaF<sub>2</sub>. The blue shape appearing in the plot consists of 1000 points. Each point represents a pair of values (*γ,ω*) for one single-crystal orientation. (b) Histogram  $N_h(\gamma,\omega)$  of all sampled points in (a).

explains why the fit  $(1)$  to the intermediate FID behavior works so well over an extended time interval.

The more clustered behavior of the parameters *γ* and *ω* for the fcc powder was, in fact, expected. The differences in  $\gamma$  and *ω* originate from the differences in the truncated Hamiltonians for different orientations of the magnetic field with respect to single crystallites. The orientation-dependent differences are expected to be smaller for the fcc lattice, because the fcc lattice is in a sense more isotropic: each lattice site has 12 nearest neighbors as opposed to 6 nearest neighbors in the case of simple cubic lattice. The 12-neighbor environment is obviously more isotropic than the 6-neighbor environment. The higher sensitivity of the simple cubic lattice to different orientations of the magnetic field can be illustrated by the

<span id="page-5-0"></span>

FIG. 5. (Color online) (a) Theoretical values of parameters *γ* and *ω* for 1000 randomly chosen single-crystal orientations of solid xenon. The blue shape appearing in the plot consists of 1000 points. Each point represents a pair of values  $(\gamma,\omega)$  for one single-crystal orientation. (b) Histogram  $N_h(\gamma,\omega)$  of all sampled points in (a).

example of the magnetic field oriented along the [111] crystal direction, in which case the coupling constants  $(4)$  to all six nearest neighbors become equal to zero—the so-called "magic angle" condition.

In principle, the polycrystal or powder average also depends on the distribution of parameters *A* and  $\phi$  in Eq. [\(1\),](#page-0-0) but we found that the parameter *A* has comparable values for all orientations and that its distribution does not add any new qualitative insight to the above discussion. Likewise, we were not able to find any particularly important aspect associated with the distribution of  $\phi$ , apart from the observation that it makes the frequency  $\omega$  of the intermediate section fit for CaF<sub>2</sub> powder smaller than the minimal value of *ω* for individual single crystallites.

#### **IV. CONCLUSIONS**

We have presented first-principles FID calculations for a powder of CaF2 and for polycrystalline solid xenon. The long-time FID decay for powders and polycrystals is the superposition of the long-time decays for individual single crystallites. The typical single-crystallite values of the longtime parameter  $\gamma$  control the middle section of the resulting FIDs, whereas the true long-time behavior is controlled by single crystallites with the smallest value of *γ* . We have found that the single-crystallite parameters  $\gamma$  and  $\omega$  are rather broadly distributed in  $CaF<sub>2</sub>$ , and as a result, the intermediate section beats become washed out and relatively quickly evolve to the asymptotic long-time behavior. Such behavior might be observable in future  $CaF<sub>2</sub>$  powder experiments with improved signal-to-noise ratio. On the contrary, in the case of solid xenon, the single-crystallite values are more clustered, and as a result the middle section is characterized by a well-defined beat frequency and an exponential decay constant over several orders of magnitude, while the true long-time behavior appears only at relatively later times. We explain the above clustering of the parameters  $\gamma$  and  $\omega$  by the more isotropic character of the fcc lattice in comparison with the simple-cubic lattice. Our findings suggests that the experiments conducted so far in solid xenon have been able to access only the intermediate section of the powder or polycrystalline FIDs, and hence observed the well-defined behavior [\(1\).](#page-0-0)

It is clear that, although observation of well-defined behavior [\(1\)](#page-0-0) in the intermediate FID section requires suitable crystal structures, such behavior would be extremely unlikely, if the long-time behavior of single crystallites were different from [\(1\).](#page-0-0) Therefore, experiments accessing the intermediate section of FIDs in polycrystalline fcc solids are appropriate to test the theoretical long-time predictions<sup>[3,4](#page-6-0)</sup> originally made mostly for single crystals. As discussed in Ref. [4,](#page-6-0) the same conclusion is likely true for solids with disordered arrangements of magnetic nuclear sites, but further experimental and theoretical investigation of this situation is necessary.

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- <sup>26</sup>The prefactor 2/7 in Eq. [\(11\)](#page-2-0) follows from the considerations of Ref. [2.](#page-5-0) In Ref. 15, this prefactor was 2*/*9. The effect of this difference is very small for all calculations presented in this paper.